

os		rsal	Nombre	Tiempo															
<b>Feminino 12 (8)</b>					<b>2,6 km 80 m</b>			<b>10 C</b>											
					1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta				
1	59		Rodríguez Díaz Sir	37:45	12:52	<b>14:36</b>	17:11	19:38	26:05	27:31	<b>29:04</b>	<b>30:15</b>	36:14	<b>36:50</b>	<b>37:45</b>				
					12:52	<b>1:44</b>	2:35	2:27	6:27	1:26	<b>1:33</b>	<b>1:11</b>	5:59	<b>0:36</b>	0:55				
2	283		Albarran Oroza Jan	37:47	12:50	<b>14:36</b>	<b>17:09</b>	<b>19:30</b>	<b>26:01</b>	<b>27:28</b>	29:05	30:22	<b>36:12</b>	36:54	37:47				
					12:50	1:46	<b>2:33</b>	<b>2:21</b>	6:31	1:27	1:37	1:17	5:50	0:42	<b>0:53</b>				
3	284		Albarran Oroza Noa	52:32	12:59	15:18	28:23	32:51	38:36	40:01	42:15	44:03	50:02	51:05	52:32	21:41			
					12:59	2:19	13:05	4:28	5:45	<b>1:25</b>	2:14	1:48	5:59	1:03	1:27	*32			
4	522		Rodríguez Loira BI	1:08:13	25:18	30:35	36:34	43:47	49:11	51:57	57:21	1:00:32	1:06:00	1:07:03	1:08:13				
					25:18	5:17	5:59	7:13	5:24	2:46	5:24	3:11	<b>5:28</b>	1:03	1:10				
5	414		Varela Pérez Noa	1:08:46	25:26	30:33	37:23	43:35	49:24	52:24	55:29	58:13	1:06:04	1:07:20	1:08:46				
					25:26	5:07	6:50	6:12	5:49	3:00	3:05	2:44	7:51	1:16	1:26				
631			García Castro Sara	andona	<b>12:49</b>	17:53	21:17	24:44	28:14	----	----	----	----	1:06:15	1:07:37				
					<b>12:49</b>	5:04	3:24	3:27	<b>3:30</b>						38:01	1:22			
411			Romero Armada Iné	andona	33:47	37:46	52:20	----	----	----	----	----	----	----	1:52:23				
					33:47	3:59	14:34						1:00:03						
7			Fernandez Santos A	No sale															
					Porto do Son ADC_														
<b>Feminino 14 (6)</b>					<b>2,6 km 80 m</b>			<b>10 C</b>											
					1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta				
1	282		Albarran Oroza Dan	31:18	<b>5:56</b>	9:15	<b>11:53</b>	14:33	<b>19:53</b>	<b>21:15</b>	<b>22:34</b>	<b>23:49</b>	<b>29:00</b>	<b>30:02</b>	<b>31:18</b>				
					<b>5:56</b>	3:19	<b>2:38</b>	2:40	<b>5:20</b>	<b>1:22</b>	<b>1:19</b>	1:15	<b>5:11</b>	1:02	1:16				
2	196		Somoza Seoane Car	32:49	6:00	<b>9:06</b>	11:59	<b>14:17</b>	21:11	22:43	24:11	25:43	31:01	31:49	32:49				
					6:00	<b>3:06</b>	2:53	2:18	6:54	1:32	1:28	1:32	5:18	0:48	1:00				
3	88		Díaz Pardo Marta	32:52	6:01	9:23	12:06	14:28	21:09	22:35	24:14	25:28	31:10	31:51	32:52				
					6:01	3:22	2:43	2:22	6:41	1:26	1:39	<b>1:14</b>	5:42	<b>0:41</b>	1:01				
4	521		Perez Pastoriza Sab	32:55	6:03	9:23	12:26	14:32	20:14	22:03	24:14	25:39	31:12	31:56	32:55				
					6:03	3:20	3:03	<b>2:06</b>	5:42	1:49	2:11	1:25	5:33	0:44	<b>0:59</b>				
5	104		Rodríguez Sobrado	34:01	6:05	9:25	12:17	14:34	20:18	22:00	24:16	25:50	31:29	32:33	34:01				
					6:05	3:20	2:52	2:17	5:44	1:42	2:16	1:34	5:39	1:04	1:28				
621			García Díaz Andrea	en tarj.	-----	9:21	12:45	27:23	41:45	43:15	48:48	53:48	1:00:41	1:03:37	1:04:40				
					-----	9:21	3:24	14:38	14:22	1:30	5:33	5:00	6:53	2:56	1:03				
<b>Feminino 16 (5)</b>					<b>2,6 km 80 m</b>			<b>10 C</b>											
					1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta				
1	123		Nogueras Porto Sar	29:08	<b>6:36</b>	8:29	11:38	<b>14:15</b>	<b>16:18</b>	<b>17:33</b>	<b>19:59</b>	<b>21:33</b>	<b>26:45</b>	<b>27:52</b>	<b>29:08</b>				
					<b>6:36</b>	1:53	<b>3:09</b>	<b>2:37</b>	<b>2:03</b>	1:15	2:26	1:34	5:12	1:07	1:16				
2	518		Pérez Álvarez Julia	38:38	6:40	<b>8:26</b>	<b>11:36</b>	14:34	24:26	25:31	30:41	32:05	36:23	37:19	38:38				
					6:40	<b>1:46</b>	3:10	2:58	9:52	1:05	5:10	<b>1:24</b>	<b>4:18</b>	<b>0:56</b>	1:19				
3	96		Lamela Belver Estre	39:20	6:37	8:33	11:51	14:38	24:29	25:31	30:42	32:19	37:18	38:20	39:20				
					6:37	1:56	3:18	2:47	9:51	<b>1:02</b>	5:11	1:37	4:59	1:02	<b>1:00</b>				
4	160		López López Silvia	42:09	12:33	15:27	19:25	22:53	28:38	30:09	32:20	34:10	39:57	41:02	42:09				
					12:33	2:54	3:58	3:28	5:45	1:31	2:11	1:50	5:47	1:05	1:07				
5	105		Rodríguez Sobrado	42:10	12:32	15:27	19:24	22:54	28:41	30:13	32:21	34:11	40:00	41:07	42:10				
					12:32	2:55	3:57	3:30	5:47	1:32	<b>2:08</b>	1:50	5:49	1:07	1:03				
<b>Feminino 18 (3)</b>					<b>2,9 km 90 m</b>			<b>11 C</b>											
					1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta			
1	203		Casado Nuñez Eva	25:21	<b>4:40</b>	<b>6:27</b>	<b>9:06</b>	<b>10:53</b>	<b>13:04</b>	<b>14:11</b>	<b>15:38</b>	<b>20:23</b>	<b>22:30</b>	<b>23:38</b>	<b>24:23</b>	<b>25:21</b>			
					<b>4:40</b>	<b>1:47</b>	<b>2:39</b>	<b>1:47</b>	<b>2:11</b>	<b>1:07</b>	<b>1:27</b>	<b>4:45</b>	2:07	<b>1:08</b>	<b>0:45</b>	<b>0:58</b>			
2	6		Fernández Rodal In	38:07	6:11	8:11	11:19	13:37	18:30	19:39	27:35	33:24	34:53	36:16	37:03	38:07			
					6:11	2:00	3:08	2:18	4:53	1:09	7:56	5:49	<b>1:29</b>	1:23	0:47	1:04			
3	422		García Lopez Carlot	45:07	8:02	10:42	14:32	19:00	25:21	26:48	31:10	38:40	40:34	42:26	43:49	45:07			
					8:02	2:40	3:50	4:28	6:21	1:27	4:22	7:30	1:54	1:52	1:23	1:18			
<b>Feminino 21 A (3)</b>					<b>3,8 km 145 m</b>			<b>13 C</b>											
					1(53)	2(52)	3(46)	4(49)	5(38)	6(39)	7(47)	8(48)	9(34)	10(41)	11(51)	12(45)	13(100)	Meta	
1	20		Oujo Perez Antia	52:57	7:26	<b>9:20</b>	<b>16:45</b>	<b>20:10</b>	<b>23:11</b>	<b>26:50</b>	<b>30:32</b>	<b>33:27</b>	<b>37:57</b>	<b>46:02</b>	<b>47:41</b>	<b>50:04</b>	<b>51:27</b>	<b>52:57</b>	
					7:26	<b>1:54</b>	<b>7:25</b>	3:25	<b>3:01</b>	3:39	<b>3:42</b>	<b>2:55</b>	4:30	<b>8:05</b>	<b>1:39</b>	2:23	<b>1:23</b>	1:30	
2	467		Loureiro Garrido AI	1:14:07	7:30	9:53	23:39	26:39	31:31	34:11	38:03	42:34	47:13	1:05:12	1:09:49	1:11:05	1:12:34	1:14:07	
					7:30	2:23	13:46	<b>3:00</b>	4:52	2:40	3:52	4:31	4:39	17:59	4:37	<b>1:16</b>	1:29	1:33	
2	125		Penela Fernández J	1:14:07	<b>7:25</b>	10:15	23:26	26:35	31:12	33:28	38:17	42:39	47:01	1:05:09	1:09:49	1:11:12	1:12:38	1:14:07	
					<b>7:25</b>	2:50	13:11	3:09	4:37	<b>2:16</b>	4:49	4:22	<b>4:22</b>	18:08	4:40	1:23	1:26	<b>1:29</b>	
<b>Feminino 21 B (3)</b>					<b>2,9 km 90 m</b>			<b>11 C</b>											
					1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta			
1	473		Peteiro Couceiro L	43:35	<b>10:04</b>	<b>17:33</b>	<b>20:31</b>	<b>25:11</b>	<b>28:17</b>	<b>29:26</b>	<b>31:11</b>	<b>38:15</b>	<b>39:41</b>	<b>41:11</b>	<b>42:08</b>	<b>43:35</b>			
					<b>10:04</b>	7:29	<b>2:58</b>	4:40	<b>3:06</b>	<b>1:09</b>	<b>1:45</b>	7:04	<b>1:26</b>	<b>1:30</b>	<b>0:57</b>	1:27			
2	293		Oroza Alonso Lara	54:42	17:26	21:47	26:23	30:24	38:34	39:57	42:25	48:38	50:13	52:20	53:22	54:42			
					17:26	4:21	4:36	<b>4:01</b>	8:10	1:23	2:28	<b>6:13</b>	1:35	2:07	1:02	<b>1:20</b>			
809			Franco Sáez Victori	en tarj.	24:16	26:45	31:43	1:19:14	1:27:24	1:29:39	1:31:35	1:38:05	1:39:50	1:45:24	-----	1:57:24	1:47:07		
					24:16	<b>2:29</b>	4:58	47:31	8:10	2:15	1:56	6:30	1:45	5:34	-----	12:00	*200		

os	rsal	Nombre	Tiempo																		
Feminino 35 (9)				5,0 km 175 m					18 C												
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)				
				15(44)	16(41)	17(45)	18(100)	Meta													
1	408	Pérez Alonso Alicia Pontevedra AROMO	1:03:40	5:36	15:42	16:27	17:43	21:39	<b>29:16</b>	<b>33:12</b>	<b>35:00</b>	<b>36:58</b>	<b>39:38</b>	<b>42:53</b>	<b>49:09</b>	<b>54:59</b>	<b>56:47</b>				
				5:36	10:06	<b>0:45</b>	1:16	3:56	<b>7:37</b>	3:56	1:48	1:58	2:40	<b>3:15</b>	<b>6:16</b>	<b>5:50</b>	1:48				
				<b>58:56</b>	<b>1:00:06</b>	<b>1:01:18</b>	<b>1:02:34</b>	<b>1:03:40</b>					<b>4:59</b>								
				2:09	1:10	1:12	1:16	<b>1:06</b>					<b>*53</b>								
2	237	Puime López Cande Vigo VIGORIENTA	1:10:38	<b>5:14</b>	<b>14:32</b>	<b>15:46</b>	<b>17:26</b>	<b>21:27</b>	33:58	37:16	39:08	40:48	42:37	46:24	54:30	1:02:20	1:03:38				
				5:14	9:18	1:14	1:40	4:01	12:31	<b>3:18</b>	1:52	<b>1:40</b>	1:49	3:47	8:06	7:50	<b>1:18</b>				
				1:05:45	1:06:43	1:08:01	1:09:24	1:10:38					<b>4:42</b>								
				<b>2:07</b>	<b>0:58</b>	1:18	1:23	1:14					<b>*53</b>								
3	63	Veiga García Carla Pontevedra AROMO	1:11:02	5:46	15:30	16:28	17:45	21:43	33:52	37:14	39:35	41:41	43:13	46:53	55:19	1:02:44	1:04:08				
				5:46	9:44	0:58	1:17	3:58	12:09	3:22	2:21	2:06	<b>1:32</b>	3:40	8:26	7:25	1:24				
				1:06:26	1:07:28	1:08:35	1:09:45	1:11:02					<b>5:11</b>								
				2:18	1:02	<b>1:07</b>	1:10	1:17					<b>*53</b>								
4	514	Pastoriza Santos Is Vigo U-VIGO	1:25:00	6:53	17:29	18:38	20:18	32:32	43:00	47:06	49:11	51:40	54:03	57:26	1:05:20	1:13:28	1:15:07				
				6:53	10:36	1:09	1:40	12:14	10:28	4:06	2:05	2:29	2:23	3:23	7:54	8:08	1:39				
				1:18:41	1:20:35	1:22:15	1:23:36	1:25:00					<b>6:19</b>								
				3:34	1:54	1:40	1:21	1:24					<b>*53</b>								
5	126	Pérez González M. J LUGO FLUVIAL_LU	1:30:52	7:32	19:54	21:12	22:49	26:42	38:11	43:02	46:12	49:12	54:16	1:03:31	1:11:54	1:18:52	1:22:02				
				7:32	12:22	1:18	1:37	<b>3:53</b>	11:29	4:51	3:10	3:00	5:04	9:15	8:23	6:58	3:10				
				1:25:44	1:26:45	1:28:01	1:29:20	1:30:52					<b>6:54</b>								
				3:42	1:01	1:16	1:19	1:32					<b>*53</b>								
6	15	Míguez Sampedro S Porto do Son ADC_	1:31:30	9:34	21:36	23:14	28:33	34:02	46:09	51:23	54:52	58:08	1:01:47	1:06:29	1:14:24	1:22:19	1:23:37				
				9:34	12:02	1:38	5:19	5:29	12:07	5:14	3:29	3:16	3:39	4:42	7:55	7:55	<b>1:18</b>				
				1:25:59	1:27:06	1:28:57	1:30:09	1:31:30													
				2:22	1:07	1:51	1:12	1:21													
7	169	Naya Mancebo Paul Culleredo GALLAEC	1:38:04	8:04	16:04	17:27	18:35	24:48	38:18	42:17	43:45	55:48	1:02:11	1:08:10	1:18:05	1:24:42	1:26:32				
				8:04	<b>8:00</b>	1:23	<b>1:08</b>	6:13	13:30	3:59	<b>1:28</b>	12:03	6:23	5:59	9:55	6:37	1:50				
				1:29:51	1:31:53	1:35:10	1:36:18	1:38:04													
				3:19	2:02	3:17	<b>1:08</b>	1:46													
8	447	Corral Prado Eva LUGO FLUVIAL_LU	1:50:48	7:43	17:26	18:54	20:41	26:01	59:00	1:04:56	1:07:28	1:12:33	1:15:53	1:20:03	1:28:50	1:38:11	1:40:33				
				7:43	9:43	1:28	1:47	5:20	32:59	5:56	2:32	5:05	3:20	4:10	8:47	9:21	2:22				
				1:43:16	1:45:31	1:48:00	1:49:23	1:50:48													
				2:43	2:15	2:29	1:23	1:25													
49	Figueroa Leiro Mon Pontevedra AROMO	andona	7:25	20:13	21:19	23:05	28:54	38:35	44:49	47:33	-----	-----	-----	-----	-----	-----					
				7:25	12:48	1:06	1:46	5:49	9:41	6:14	2:44										
				-----	-----	-----	-----	1:07:06					<b>6:48</b>								
								19:33					<b>*53</b>								
Feminino 40 (5)				5,0 km 175 m					18 C												
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)				
				15(44)	16(41)	17(45)	18(100)	Meta													
1	93	Gómez Naya Sonia LUGO COMPÁS	1:03:34	6:11	<b>11:53</b>	<b>13:08</b>	<b>14:45</b>	<b>18:46</b>	<b>28:03</b>	<b>31:27</b>	<b>33:27</b>	<b>35:29</b>	<b>37:40</b>	<b>40:45</b>	<b>47:12</b>	<b>53:53</b>	<b>55:16</b>				
				6:11	<b>5:42</b>	1:15	1:37	<b>4:01</b>	9:17	<b>3:24</b>	2:00	<b>2:02</b>	2:11	<b>3:05</b>	<b>6:27</b>	6:41	<b>1:23</b>				
				<b>57:52</b>	<b>59:47</b>	<b>1:01:22</b>	<b>1:02:29</b>	<b>1:03:34</b>													
				2:36	1:55	1:35	<b>1:07</b>	<b>1:05</b>													
2	512	Iglesias Junzalvos Vigo U-VIGO	1:14:10	6:46	15:58	17:27	21:21	25:54	35:00	39:20	42:28	44:52	46:59	50:54	59:13	1:05:03	1:06:52				
				6:46	9:12	1:29	3:54	4:33	<b>9:06</b>	4:20	3:08	2:24	2:07	3:55	8:19	<b>5:50</b>	1:49				
				1:09:16	1:10:23	1:11:37	1:12:47	1:14:10					<b>6:03</b>								
				2:24	<b>1:07</b>	<b>1:14</b>	1:10	1:23					<b>*53</b>								
3	399	López Eyo Tania Cuntis XESTEIRAS	1:20:41	<b>6:02</b>	15:20	16:24	17:50	22:23	36:32	45:19	47:41	50:23	52:29	57:14	1:05:09	1:11:50	1:13:31				
				<b>6:02</b>	9:18	<b>1:04</b>	<b>1:26</b>	4:33	14:09	8:47	2:22	2:42	<b>2:06</b>	4:45	7:55	6:41	1:41				
				1:15:39	1:16:56	1:18:12	1:19:27	1:20:41					<b>5:29</b>								
				<b>2:08</b>	1:17	1:16	1:15	1:14					<b>*53</b>								
4	130	Zolle Fernández Cri LUGO FLUVIAL_LU	1:45:25	13:01	25:33	26:48	28:28	37:28	49:55	56:43	59:13	1:01:52	1:04:22	1:10:27	1:25:28	1:32:54	1:34:24				
				13:01	12:32	1:15	1:40	9:00	12:27	6:48	2:30	2:39	2:30	6:05	15:01	7:26	1:30				
				1:37:03	1:38:23	1:40:29	1:43:52	1:45:25													
				2:39	1:20	2:06	3:23	1:33													
577	Dios González Ana Pontevedra AROMO	andona	7:09	17:00	18:39	21:13	27:08	1:19:24	1:25:08	1:26:56	1:30:55	-----	-----	-----	-----	-----					
				7:09	9:51	1:39	2:34	5:55	52:16	5:44	<b>1:48</b>	3:59									
				-----	1:43:55	1:45:39	1:47:10	1:49:34													
					13:00	1:44	1:31	2:24													
Feminino 45 (13)				3,8 km 145 m					13 C												
				1(53)	2(52)	3(46)	4(49)	5(38)	6(39)	7(47)	8(48)	9(34)	10(41)	11(51)	12(45)	13(100)	Meta				
1	94	González Bello Con LUGO COMPÁS	45:01	4:53	6:33	14:14	16:12	20:14	22:35	26:15	<b>28:38</b>	<b>32:14</b>	<b>40:07</b>	<b>41:43</b>	<b>42:44</b>	<b>43:53</b>	<b>45:01</b>				
				4:53	1:40	7:41	1:58	4:02	2:21	3:40	<b>2:23</b>	3:36	7:53	1:36	<b>1:01</b>	1:09	1:08				
2	507	Crespo Quindós Be Vigo U-VIGO	49:53	5:03	<b>6:27</b>	<b>11:35</b>	<b>13:24</b>	<b>17:44</b>	<b>20:48</b>	<b>26:00</b>	29:16	32:47	44:46	46:10	47:28	48:36	49:53				
				5:03	<b>1:24</b>	<b>5:08</b>	<b>1:49</b>	4:20	3:04	5:12	3:16	<b>3:31</b>	11:59	1:24	1:18	1:08	1:17				
					31:35	<b>*50</b>															
3	136	Bujía Rodríguez El Culleredo GALLAEC	51:33	<b>4:52</b>	6:35	20:06	23:47	27:26	29:08	32:46	35:58	39:41	46:52	48:18	49:21	50:27	51:33				
				<b>4:52</b>	1:43	13:31	3:41	3:39	<b>1:42</b>	3:38	3:12	3:43	7:11	1:26	1:03	<b>1:06</b>	1:06				
4	189	Seoane Rodríguez Culleredo GALLAEC	52:35	5:08	6:59	19:21	23:36	27:06	29:05	32:54	36:05	40:47	48:02	49:17	50:27	51:35	52:35				
				5:08	1:51	12:22	4:15	<b>3:30</b>	1:59	3:49	3:11	4:42	7:15	<b>1:15</b>	1:10	1:08	<b>1:00</b>				
5	170	Oreiro Chapela Cla Culleredo GALLAEC	52:55	5:53	8:02	20:08	24:03	27:36	29:36	33:36	36:40	40:47	48:00	49:20	50:32	51:41	52:55				
				5:53	2:09	12:06	3:55	3:33	2:00	4:00	3:04	4:07	7:13	1:20	1:12	1:09	1:14				
6	91	Ferrer Vidal Diana LUGO COMPÁS	1:00:00	6:10	7:56	17:54	27:56	31:46	34:33	37:53	40:22	46:25	53:59	55:35	56:56	58:27	1:00:00				
				6:10	1:46	9:58	10:02	3:50	2:47	<b>3:20</b>	2:29	6:03	7:34	1:36	1:21	1:31	1:33				

os	rsal	Nombre	Tiempo														
<b>Feminino 45 (13)</b>				<b>3,8 km 145 m</b>			<b>13 C</b>			<i>(cont.)</i>							
				1(53)	2(52)	3(46)	4(49)	5(38)	6(39)	7(47)	8(48)	9(34)	10(41)	11(51)	12(45)	13(100)	Meta
7	421	Fuertes Fernández A Coruña ARTABRO	1:02:13	8:28	10:19	22:46	26:15	31:46	34:32	38:19	41:26	45:59	55:02	56:57	59:04	1:00:51	1:02:13
8	118	Follana Follana Fer LUGO FLUVIAL_LU	1:22:07	8:28	1:51	12:27	3:29	5:31	2:46	3:47	3:07	4:33	9:03	1:55	2:07	1:47	1:22
				9:39	11:23	22:39	28:03	32:45	47:29	52:26	56:53	1:03:09	1:13:11	1:15:05	1:19:20	1:20:53	1:22:07
				9:39	1:44	11:16	5:24	4:42	14:44	4:57	4:27	6:16	10:02	1:54	4:15	1:33	1:14
					24:48	59:36											
					*50	*50											
9	319	Navia Vega Yolanda Pontevedra AROMO	1:41:52	8:52	10:49	34:03	41:52	46:41	49:48	55:39	1:12:25	1:21:09	1:31:33	1:35:12	1:37:01	1:39:24	1:41:52
				8:52	1:57	23:14	7:49	4:49	3:07	5:51	16:46	8:44	10:24	3:39	1:49	2:23	2:28
					38:30												
					*48												
10	443	Trueba Gayol Carm A Coruña ARTABRO	1:47:35	9:06	11:16	35:06	44:02	1:00:05	1:03:12	1:09:06	1:16:56	1:26:12	1:36:38	1:41:05	1:43:08	1:45:15	1:47:35
				9:06	2:10	23:50	8:56	16:03	3:07	5:54	7:50	9:16	10:26	4:27	2:03	2:07	2:20
11	413	Sanchez Vázquez M Pontevedra AROMO	1:50:42	19:45	23:47	42:56	59:59	1:06:55	1:10:47	1:18:38	1:23:09	1:29:03	1:39:33	1:43:14	1:45:17	1:47:49	1:50:42
				19:45	4:02	19:09	17:03	6:56	3:52	7:51	4:31	5:54	10:30	3:41	2:03	2:32	2:53
	394	Seijo Souto Dori As Neves VIZHOJA-	en tarj.	7:05	8:51	18:23	23:45	27:41	29:40	34:00	37:43	42:23	48:58	-----	50:40	51:58	54:16
				7:05	1:46	9:32	5:22	3:56	1:59	4:20	3:43	4:40	<b>6:35</b>		1:42	1:18	2:18
	114	Fernández Fernánd LUGO FLUVIAL_LU	No sale														
<b>Feminino 50 (11)</b>				<b>2,9 km 90 m</b>			<b>11 C</b>										
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta		
1	201	Barreira Vazquez M Betanzos OP BETAN	36:57	7:14	12:19	14:53	17:18	22:57	<b>24:14</b>	<b>25:26</b>	33:02	<b>34:21</b>	<b>35:13</b>	<b>36:00</b>	<b>36:57</b>		4:52
				7:14	5:05	<b>2:34</b>	<b>2:25</b>	5:39	<b>1:17</b>	<b>1:12</b>	7:36	<b>1:19</b>	<b>0:52</b>	<b>0:47</b>	<b>0:57</b>		*53
					27:33												
					*46												
2	24	Pérez Torres María Porto do Son ADC_	38:33	7:18	11:07	14:01	<b>17:15</b>	23:50	25:19	26:51	33:09	34:42	36:06	37:04	38:33		
				7:18	3:49	2:54	3:14	6:35	1:29	1:32	6:18	1:33	1:24	0:58	1:29		
3	385	Pernas Martínez Ro Santiago de Comp	38:58	7:29	<b>10:29</b>	<b>13:58</b>	17:36	<b>22:37</b>	24:19	26:14	<b>33:01</b>	34:35	36:13	37:22	38:58		
				7:29	<b>3:00</b>	3:29	3:38	<b>5:01</b>	1:42	1:55	6:47	1:34	1:38	1:09	1:36		
4	504	Alvarez Castro Olim Vigo U-VIGO	39:57	7:23	10:38	14:04	17:46	24:12	26:52	28:47	34:39	36:05	37:38	38:42	39:57		
				7:23	3:15	3:26	3:42	6:26	2:40	1:55	<b>5:52</b>	1:26	1:33	1:04	1:15		
5	383	Balboa Barros Marg Santiago de Comp	43:09	7:38	10:56	14:02	17:42	24:34	27:22	29:34	36:28	38:12	40:14	41:32	43:09		
				7:38	3:18	3:06	3:40	6:52	2:48	2:12	6:54	1:44	2:02	1:18	1:37		
6	241	Arenas Rincón Marí As Neves VIZHOJA-	49:41	10:30	15:02	18:17	21:36	33:22	35:02	37:17	43:58	45:29	47:01	48:15	49:41		
				10:30	4:32	3:15	3:19	11:46	1:40	2:15	6:41	1:31	1:32	1:14	1:26		
7	523	Saco Fernández Mª Vigo U-VIGO	51:16	9:09	16:58	21:03	25:08	30:10	32:31	35:05	44:30	46:07	48:37	49:55	51:16		
				9:09	7:49	4:05	4:05	5:02	2:21	2:34	9:25	1:37	2:30	1:18	1:21		
8	429	Pedrares Fernández A Coruña ARTABRO	53:33	10:09	13:20	18:19	22:07	33:27	35:05	37:37	45:50	47:49	50:01	51:39	53:33		
				10:09	3:11	4:59	3:48	11:20	1:38	2:32	8:13	1:59	2:12	1:38	1:54		
8	213	Núñez Otero Elia Betanzos OP BETAN	53:33	8:48	13:18	18:16	21:43	33:24	35:08	37:28	45:48	47:45	49:57	51:40	53:33		
				8:48	4:30	4:58	3:27	11:41	1:44	2:20	8:20	1:57	2:12	1:43	1:53		
10	193	Silvarrey Redondo Culleredo GALLAEC	54:25	7:20	10:53	13:59	17:29	28:56	38:20	40:25	47:57	49:48	51:50	53:03	54:25		
				7:20	3:33	3:06	3:30	11:27	9:24	2:05	7:32	1:51	2:02	1:13	1:22		
	168	Mosquera Azar Paul Culleredo GALLAEC	No sale														
<b>Feminino Élite (7)</b>				<b>2,2 km 60 m</b>			<b>10 C</b>										
				1(71)	2(72)	3(54)	4(55)	5(74)	6(54)	7(51)	8(45)	9(55)	10(200)	Meta			
1	810	Otero Cristina A Coruña INDEPEN	18:41	<b>3:52</b>	<b>5:04</b>	7:49	9:20	10:15	11:13	13:05	<b>13:55</b>	<b>15:49</b>	<b>17:35</b>	<b>18:41</b>			
				<b>3:52</b>	<b>1:12</b>	2:45	<b>1:30</b>	<b>0:54</b>	<b>0:57</b>	<b>1:52</b>	<b>0:49</b>	<b>1:53</b>	1:46	1:05			
2	43	Bellón Santos Teres Pontevedra AROMO	19:15	4:05	5:33	<b>7:04</b>	<b>8:40</b>	<b>9:51</b>	<b>10:52</b>	<b>12:59</b>	13:59	16:19	18:04	19:15		12:06	
				4:05	1:28	<b>1:31</b>	1:36	1:11	1:01	2:07	1:00	2:20	<b>1:45</b>	1:11		*45	
3	304	Morales Jiménez Ire Xinzó de Limia LIMI	21:10	4:09	6:25	8:16	10:29	11:43	12:48	14:41	15:52	18:07	19:57	21:10			
				4:09	2:16	1:51	2:13	1:14	1:05	1:53	1:11	2:15	1:50	1:13			
4	212	Montes Villar Veron Betanzos OP BETAN	23:07	4:00	6:26	9:23	11:54	13:30	14:41	17:01	17:51	19:53	22:06	23:07			
				4:00	2:26	2:57	2:31	1:36	1:11	2:20	0:50	2:02	2:13	<b>1:01</b>			
5	145	Dopico Golpe Alba Culleredo GALLAEC	27:24	4:44	6:35	9:58	12:46	14:10	15:44	18:34	19:54	23:19	26:00	27:24			
				4:44	1:51	3:23	2:48	1:24	1:34	2:50	1:20	3:25	2:41	1:24			
6	556	Varela Yáñez Ana A Coruña BRIGANTI	29:36	4:18	5:39	15:23	17:19	18:14	19:14	21:38	22:38	25:02	28:26	29:36		12:20	
				4:18	1:21	9:44	1:56	0:55	1:00	2:24	1:00	2:24	3:24	1:10		*74	
	135	Bello Rodríguez OI Culleredo GALLAEC	No sale														
<b>Masculino 12 (7)</b>				<b>2,6 km 80 m</b>			<b>10 C</b>										
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta			
1	391	Rodríguez Seijo Ant As Neves VIZHOJA-	34:54	9:30	<b>12:24</b>	<b>16:19</b>	<b>18:36</b>	<b>21:40</b>	<b>23:49</b>	<b>25:35</b>	<b>26:54</b>	<b>32:45</b>	<b>33:35</b>	<b>34:54</b>			
				9:30	<b>2:54</b>	3:55	2:17	<b>3:04</b>	2:09	1:46	1:19	5:51	0:50	1:19			
2	392	Rodríguez Seijo Iag As Neves VIZHOJA-	34:55	<b>9:29</b>	12:43	16:20	<b>18:36</b>	21:42	23:51	25:40	26:56	<b>32:45</b>	33:37	34:55			
				<b>9:29</b>	3:14	3:37	<b>2:16</b>	3:06	2:09	1:49	<b>1:16</b>	5:49	0:52	1:18			
3	808	Izquierdo Franco M Madrid IMPERDIBL	46:40	12:33	17:51	20:30	24:32	28:10	29:31	31:10	39:02	44:30	45:21	46:40			
				12:33	5:18	<b>2:39</b>	4:02	3:38	1:21	<b>1:39</b>	7:52	<b>5:28</b>	0:51	1:19			
4	116	Fernández Paredes LUGO FLUVIAL_LU	1:10:05	14:57	17:57	28:38	34:27	46:23	48:05	51:01	53:33	1:07:47	1:09:06	1:10:05			
				14:57	3:00	10:41	5:49	11:56	1:42	2:56	2:32	14:14	1:19	<b>0:59</b>			
5	120	Fouz Sanchez Rodr LUGO FLUVIAL_LU	1:10:24	14:20	17:54	28:35	34:17	46:31	48:08	50:58	53:28	1:07:45	1:09:25	1:10:24		11:01	
				14:20	3:34	10:41	5:42	12:14	1:37	2:50	2:30	14:17	1:40	0:59		*53	

os	rsal	Nombre	Tiempo														
<b>Masculino 12 (7)</b>				<b>2,6 km 80 m</b>		<b>10 C</b>		<i>(cont.)</i>									
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta			
6	418	Couceiro Fuertes D A Coruña ARTABRO	1:15:01	10:08	18:57	31:58	37:52	43:25	46:11	53:33	1:00:16	1:10:27	1:12:06	1:15:01			
				10:08	8:49	13:01	5:54	5:33	2:46	7:22	6:43	10:11	1:39	2:55			
7	595	Rodríguez Cruz Br O Barco de Valde T	1:28:53	10:09	18:21	33:39	39:09	45:03	46:05	48:07	59:37	1:26:47	1:27:36	1:28:53			
				10:09	8:12	15:18	5:30	5:54	<b>1:02</b>	2:02	11:30	27:10	<b>0:49</b>	1:17			
<b>Masculino 14 (7)</b>				<b>2,6 km 80 m</b>		<b>10 C</b>											
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta			
1	529	Cruces Fernández Porto do Son ADC_	29:12	6:06	<b>8:14</b>	<b>11:44</b>	<b>14:14</b>	<b>19:50</b>	<b>21:17</b>	<b>22:31</b>	<b>23:33</b>	<b>27:27</b>	<b>28:17</b>	<b>29:12</b>			
				6:06	<b>2:08</b>	3:30	2:30	5:36	1:27	<b>1:14</b>	<b>1:02</b>	<b>3:54</b>	0:50	<b>0:55</b>			
2	299	Barja Pérez Lucas Xinzo de Limia LIMI	34:17	6:23	9:33	12:25	14:48	20:19	21:55	24:22	25:50	31:40	32:50	34:17			
				6:23	3:10	2:52	2:23	5:31	1:36	2:27	1:28	5:50	1:10	1:27			
3	594	García Gonçalves Xi O Barco de Valde T	34:24	6:39	9:29	12:23	14:40	19:59	21:20	24:21	25:54	31:36	32:51	34:24			
				6:39	2:50	2:54	<b>2:17</b>	5:19	1:21	3:01	1:33	5:42	1:15	1:33			
4	370	Hervada Bouzon Ma A Coruña LICEO	41:18	<b>5:48</b>	13:15	15:55	19:53	23:43	24:39	26:00	31:27	39:23	40:07	41:18			
				<b>5:48</b>	7:27	2:40	3:58	3:50	<b>0:56</b>	1:21	5:27	7:56	<b>0:44</b>	1:11			
5	630	García Castro Marc Culleredo GALLAEC	50:17	7:44	12:38	15:17	27:45	30:18	32:35	35:03	36:33	41:09	49:22	50:17			
				7:44	4:54	<b>2:39</b>	12:28	<b>2:33</b>	2:17	2:28	1:30	4:36	8:13	<b>0:55</b>			
6	417	Chase Trueba Xaco A Coruña ARTABRO	57:06	11:04	13:28	28:32	38:24	42:45	44:29	47:44	49:27	54:50	56:01	57:06			
				11:04	2:24	15:04	9:52	4:21	1:44	3:15	1:43	5:23	1:11	1:05			
7	419	Couceiro Fuertes M A Coruña ARTABRO	1:02:23	15:08	18:53	24:52	28:48	33:52	35:14	36:51	50:37	57:09	1:01:13	1:02:23			
				15:08	3:45	5:59	3:56	5:04	1:22	1:37	13:46	6:32	4:04	1:10			
<b>Masculino 16 (3)</b>				<b>2,6 km 80 m</b>		<b>10 C</b>											
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta			
1	306	Rodríguez Arenas A Betanzos OP BETAN	23:25	<b>6:30</b>	8:15	10:35	12:19	<b>14:52</b>	16:10	<b>17:17</b>	<b>18:32</b>	<b>21:44</b>	<b>22:34</b>	<b>23:25</b>			
				<b>6:30</b>	1:45	<b>2:20</b>	1:44	<b>2:33</b>	1:18	<b>1:07</b>	1:15	3:12	0:50	<b>0:51</b>			
2	204	Casado Núñez Martí Betanzos OP BETAN	24:23	6:43	<b>8:14</b>	<b>10:34</b>	<b>12:15</b>	14:54	<b>16:07</b>	18:38	19:36	22:37	23:26	24:23			
				6:43	<b>1:31</b>	<b>2:20</b>	<b>1:41</b>	2:39	<b>1:13</b>	2:31	<b>0:58</b>	<b>3:01</b>	<b>0:49</b>	0:57			
	190	Silvarrey Oreiro Die Culleredo GALLAEC	No sale														
<b>Masculino 18 (3)</b>				<b>2,9 km 90 m</b>		<b>11 C</b>											
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta		
1	410	Romero Armada Car Pontevedra AROMO	22:30	3:49	6:30	<b>9:24</b>	<b>10:54</b>	13:28	<b>14:09</b>	15:56	19:31	20:20	21:16	21:52	<b>22:30</b>		
				3:49	<b>2:41</b>	2:54	<b>1:30</b>	2:34	<b>0:41</b>	1:47	<b>3:35</b>	0:49	0:56	<b>0:36</b>	<b>0:38</b>		
2	517	Pérez Álvarez Diego Vigo U-VIGO	22:31	4:48	7:42	9:41	11:38	<b>13:22</b>	14:17	<b>15:21</b>	<b>19:22</b>	<b>20:14</b>	<b>21:10</b>	<b>21:48</b>	22:31		
				4:48	2:54	<b>1:59</b>	1:57	<b>1:44</b>	0:55	1:04	4:01	0:52	0:56	0:38	0:43		
3	191	Silvarrey Oreiro Mar Culleredo GALLAEC	26:42	<b>3:34</b>	<b>6:28</b>	12:33	14:22	18:18	19:06	20:06	23:43	24:27	25:16	25:56	26:42		
				<b>3:34</b>	2:54	6:05	1:49	3:56	0:48	<b>1:00</b>	3:37	<b>0:44</b>	<b>0:49</b>	0:40	0:46		
															8:16		
															*35		
<b>Masculino 21 A (4)</b>				<b>3,8 km 145 m</b>		<b>13 C</b>											
				1(53)	2(52)	3(46)	4(49)	5(38)	6(39)	7(47)	8(48)	9(34)	10(41)	11(51)	12(45)	13(100)	Meta
1	495	Martínez Seco Marc Pontedeume MONT	41:26	6:11	7:18	<b>12:17</b>	<b>17:40</b>	<b>20:44</b>	<b>22:55</b>	<b>26:08</b>	<b>28:27</b>	<b>32:10</b>	<b>37:38</b>	<b>38:48</b>	<b>39:39</b>	<b>40:30</b>	<b>41:26</b>
				6:11	<b>1:07</b>	<b>4:59</b>	5:23	3:04	2:11	3:13	<b>2:19</b>	<b>3:43</b>	5:28	<b>1:10</b>	<b>0:51</b>	<b>0:51</b>	<b>0:56</b>
2	37	Victorero Domínguez Porto do Son ADC_	52:02	<b>4:48</b>	<b>6:39</b>	21:43	24:36	28:57	30:49	33:32	37:44	41:58	47:22	48:49	49:48	50:54	52:02
				<b>4:48</b>	1:51	15:04	<b>2:53</b>	4:21	1:52	<b>2:43</b>	4:12	4:14	<b>5:24</b>	1:27	0:59	1:06	1:08
3	301	Garrido Blanco Jua Xinzo de Limia LIMI	54:49	4:58	6:59	17:15	26:03	28:53	30:41	33:37	39:13	43:03	50:12	51:37	52:37	53:37	54:49
				4:58	2:01	10:16	8:48	<b>2:50</b>	<b>1:48</b>	2:56	5:36	3:50	7:09	1:25	1:00	1:00	1:12
4	462	Iglesias Muñiz Carl Culleredo GALLAEC	1:01:58	7:32	9:58	23:39	26:47	<b>31:22</b>	34:10	38:23	42:02	47:13	56:00	58:05	59:32	1:01:01	1:01:58
				7:32	2:26	13:41	3:08	4:35	2:48	4:13	3:39	5:11	8:47	2:05	1:27	1:29	0:57
<b>Masculino 21 B (6)</b>				<b>2,9 km 90 m</b>		<b>11 C</b>											
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta		
1	488	Barros Fonte Alejan Pontedeume MONT	33:16	9:24	11:01	13:49	<b>19:37</b>	<b>21:58</b>	<b>22:58</b>	<b>24:50</b>	<b>29:09</b>	<b>30:08</b>	<b>31:15</b>	<b>32:09</b>	<b>33:16</b>		
				9:24	<b>1:37</b>	2:48	5:48	<b>2:21</b>	<b>1:00</b>	<b>1:52</b>	4:19	<b>0:59</b>	<b>1:07</b>	0:54	1:07		
2	625	Meizoso Rodríguez Pontedeume MONT	42:29	<b>5:14</b>	<b>7:09</b>	<b>9:51</b>	20:28	29:30	31:54	34:41	38:22	39:25	40:52	41:34	42:29		
				<b>5:14</b>	1:55	<b>2:42</b>	10:37	9:02	2:24	2:47	<b>3:41</b>	1:03	1:27	<b>0:42</b>	<b>0:55</b>		
3	472	Naveira Gonzalo Iva Culleredo GALLAEC	45:06	9:17	14:15	17:51	20:48	27:05	29:00	30:55	38:56	40:20	42:17	43:23	45:06		
				9:17	4:58	3:36	<b>2:57</b>	6:17	1:55	1:55	8:01	1:24	1:57	1:06	1:43		
4	460	Ferreiro Viña Juan Culleredo GALLAEC	49:55	12:45	16:38	20:55	24:46	28:25	30:52	34:21	42:28	44:53	47:08	48:31	49:55		
				12:45	3:53	4:17	3:51	3:39	2:27	3:29	8:07	2:25	2:15	1:23	1:24		
5	159	López López Adrián Culleredo GALLAEC	53:15	13:16	15:27	20:27	27:57	35:04	36:48	39:13	47:01	49:55	51:23	52:13	53:15		
				13:16	2:11	5:00	7:30	7:07	1:44	2:25	7:48	2:54	1:28	0:50	1:02		
	128	Rodríguez Acevedo LUGO FLUVIAL_LU	No sale														
<b>Masculino 35 (13)</b>				<b>5,0 km 175 m</b>		<b>18 C</b>											
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)
				15(44)	16(41)	17(45)	18(100)	Meta									
1	387	Sordo Touza Ignaci Santiago de Comp	44:18	4:39	9:59	10:39	11:36	14:13	<b>19:17</b>	22:00	23:21	24:44	<b>25:55</b>	28:45	<b>34:17</b>	<b>38:19</b>	<b>39:23</b>
				4:39	5:20	0:40	0:57	<b>2:37</b>	<b>5:04</b>	2:43	1:21	<b>1:23</b>	<b>1:11</b>	2:50	5:32	4:02	<b>1:04</b>
				<b>40:55</b>	<b>41:48</b>	<b>42:33</b>	<b>43:27</b>	<b>44:18</b>		4:14							
				1:32	0:53	<b>0:45</b>	0:54	<b>0:51</b>		*53							

os	rsal	Nombre	Tiempo														
<b>Masculino 35 (13)</b>				<b>5,0 km</b>		<b>175 m</b>		<b>18 C</b>		<i>(cont.)</i>							
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)
				15(44)	16(41)	17(45)	18(100)	Meta									
2	807	Izquierdo García An Madrid IMPERDIBL	44:43	4:20	9:11	9:52	10:46	13:49	19:20	21:51	23:14	24:42	26:07	28:15	34:45	38:22	39:28
				4:20	4:51	0:41	0:54	3:03	5:31	2:31	1:23	1:28	1:25	2:08	6:30	3:37	1:06
				41:02	41:55	42:55	43:47	44:43									
				1:34	0:53	1:00	0:52	0:56									
3	438	Sevilla Gómez Fran A Coruña ARTABRO	46:55	4:31	8:10	8:49	10:12	13:15	19:51	23:36	25:11	26:49	28:02	30:24	35:21	39:35	41:14
				4:31	3:39	0:39	1:23	3:03	6:36	3:45	1:35	1:38	1:13	2:22	4:57	4:14	1:39
				42:43	43:58	45:06	45:59	46:55									
				1:29	1:15	1:08	0:53	0:56									
4	225	Morlán Rodríguez J Ordes SEO	47:54	4:27	8:40	9:31	10:38	13:40	19:30	22:10	23:18	24:41	28:10	30:22	35:20	41:39	42:51
				4:27	4:13	0:51	1:07	3:02	5:50	2:40	1:08	1:23	3:29	2:12	4:58	6:19	1:12
				44:23	45:13	46:06	46:56	47:54									
				1:32	0:50	0:53	0:50	0:58									
5	487	Arias Alvarez José E Pontedeume MONT	50:12	4:29	8:42	9:39	10:44	14:18	20:04	22:51	24:21	26:03	28:32	31:14	37:36	42:51	43:55
				4:29	4:13	0:57	1:05	3:34	5:46	2:47	1:30	1:42	2:29	2:42	6:22	5:15	1:04
				45:52	47:03	48:05	49:18	50:12									
				1:57	1:11	1:02	1:13	0:54									
6	498	Tenreiro Diaz Rube Pontedeume MONT	50:13	4:35	8:46	9:34	10:43	14:22	20:06	22:50	24:19	26:05	28:41	31:01	37:40	42:49	43:54
				4:35	4:11	0:48	1:09	3:39	5:44	2:44	1:29	1:46	2:36	2:20	6:39	5:09	1:05
				45:53	46:59	48:12	49:20	50:13									
				1:59	1:06	1:13	1:08	0:53									
7	48	Figueroa Fernánde Pontevedra AROMO	58:39	4:37	8:52	9:53	10:56	14:16	24:09	27:46	29:30	31:15	32:38	35:08	42:22	50:56	52:16
				4:37	4:15	1:01	1:03	3:20	9:53	3:37	1:44	1:45	1:23	2:30	7:14	8:34	1:20
				54:25	55:48	56:39	57:39	58:39									
				2:09	1:23	0:51	1:00	1:00									
8	108	Varela Lorenzo Fra LUGO COMPÁS	59:14	4:49	9:42	10:35	11:42	15:47	22:17	25:04	26:42	34:15	35:47	38:40	44:35	50:42	52:23
				4:49	4:53	0:53	1:07	4:05	6:30	2:47	1:38	7:33	1:32	2:53	5:55	6:07	1:41
				54:45	55:46	57:06	58:08	59:14									
				2:22	1:01	1:20	1:02	1:06									
9	536	Louro Fuentes Alfo A Coruña ARTABRO	1:03:37	4:41	11:09	12:20	13:28	16:49	24:53	31:44	33:41	35:48	37:32	40:11	47:28	53:01	54:27
				4:41	6:28	1:11	1:08	3:21	8:04	6:51	1:57	2:07	1:44	2:39	7:17	5:33	1:26
				57:21	1:00:10	1:01:11	1:02:42	1:03:37									
				2:54	2:49	1:01	1:31	0:55									
10	352	Cagide Taboada Ju Culleredo GALLAEC	1:11:15	4:44	10:56	12:41	14:03	17:27	25:01	35:22	37:13	40:26	42:34	45:18	52:04	59:24	1:00:52
				4:44	6:12	1:45	1:22	3:24	7:34	10:21	1:51	3:13	2:08	2:44	6:46	7:20	1:28
				1:03:29	1:05:09	1:06:35	1:07:32	1:11:15									
				2:37	1:40	1:26	0:57	3:43									
11	102	Rocha Pena Pablo LUGO COMPÁS	1:19:48	5:22	18:44	20:44	22:52	26:58	37:36	42:05	43:59	47:05	49:53	53:19	1:03:42	1:09:52	1:11:25
				5:22	13:22	2:00	2:08	4:06	10:38	4:29	1:54	3:06	2:48	3:26	10:23	6:10	1:33
				1:13:24	1:15:49	1:17:12	1:18:23	1:19:48									
				1:59	2:25	1:23	1:11	1:25									
	87	Amarelle Garabán R LUGO COMPÁS	en tarj.	5:16	23:08	24:01	25:13	37:45	44:40	48:41	50:10	55:28	57:16	-----	1:06:43	1:13:24	1:14:47
				5:16	17:52	0:53	1:12	12:32	6:55	4:01	1:29	5:18	1:48		9:27	6:41	1:23
				1:18:16	1:26:38	1:27:54	1:29:08	1:30:33									
				3:29	8:22	1:16	1:14	1:25									
	142	Carro García Rober Culleredo GALLAEC	No sale														
<b>Masculino 40 (12)</b>				<b>5,0 km</b>		<b>175 m</b>		<b>18 C</b>									
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)
				15(44)	16(41)	17(45)	18(100)	Meta									
1	614	Dominguez Portas Nigrán RAZA_PALLE	50:49	5:39	9:57	10:38	11:40	14:17	20:21	24:25	25:47	27:25	29:33	32:11	38:08	43:29	44:42
				5:39	4:18	0:41	1:02	2:37	6:04	4:04	1:22	1:38	2:08	2:38	5:57	5:21	1:13
				46:52	47:42	48:37	49:38	50:49									
				2:10	0:50	0:55	1:01	1:11									
2	403	Barreiro Fernández Pontevedra AROMO	54:24	5:32	9:44	10:22	11:42	14:19	20:00	25:33	26:48	28:13	29:30	32:08	38:47	46:09	47:30
				5:32	4:12	0:38	1:20	2:37	5:41	5:33	1:15	1:25	1:17	2:38	6:39	7:22	1:21
				49:15	51:47	52:41	53:31	54:24									
				1:45	2:32	0:54	0:50	0:53									
2	173	Patiño Varela Juan Culleredo GALLAEC	54:24	5:47	10:53	11:44	12:55	15:53	23:02	26:08	27:47	29:29	31:57	34:28	41:16	46:24	47:31
				5:47	5:06	0:51	1:11	2:58	7:09	3:06	1:39	1:42	2:28	2:31	6:48	5:08	1:07
				49:13	51:28	52:28	53:24	54:24									
				1:42	2:15	1:00	0:56	1:00									
4	433	Riestra González Sa A Coruña ARTABRO	54:57	5:21	9:50	10:39	11:45	14:44	20:26	24:22	25:55	27:41	29:24	32:22	38:44	46:07	47:27
				5:21	4:29	0:49	1:06	2:59	5:42	3:56	1:33	1:46	1:43	2:58	6:22	7:23	1:20
				49:24	51:43	52:39	53:47	54:57									
				1:57	2:19	0:56	1:08	1:10									
5	540	Roca Santiuste Ben A Coruña ARTABRO	57:38	9:06	13:52	16:00	17:28	21:35	28:11	31:22	33:29	35:12	37:10	39:57	45:49	49:18	50:49
				9:06	4:46	2:08	1:28	4:07	6:36	3:11	2:07	1:43	1:58	2:47	5:52	3:29	1:31
				52:54	54:06	55:15	56:33	57:38									
				2:05	1:12	1:09	1:18	1:05									
6	220	Carballo Morán Ru Ordes SEO	58:08	5:36	9:37	10:41	11:41	14:21	20:07	25:30	26:58	28:17	29:35	36:21	44:08	50:07	51:15
				5:36	4:01	1:04	1:00	2:40	5:46	5:23	1:28	1:19	1:18	6:46	7:47	5:59	1:08
				54:24	55:17	56:10	57:09	58:08									
				3:09	0:53	0:53	0:59	0:59									



os	rsal	Nombre	Tiempo														
Masculino 50 (19)				2,9 km 90 m			11 C										
				1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(51)	9(45)	10(41)	11(100)	Meta		
1	205	Chas Gómez Robert Betanzos OP BETAN	28:06	5:46	7:26	9:37	11:27	<b>13:33</b>	15:08	<b>18:29</b>	<b>23:34</b>	<b>24:39</b>	<b>26:04</b>	<b>26:53</b>	<b>28:06</b>		16:15
				5:46	1:40	<b>2:11</b>	1:50	<b>2:06</b>	1:35	3:21	5:05	1:05	1:25	0:49	1:13		*48
2	450	Parga Andón Pedro LUGO FLUVIAL_LU	28:25	5:18	7:17	9:43	<b>11:23</b>	13:34	<b>15:00</b>	19:34	24:22	25:22	26:24	27:14	28:25		
				5:18	1:59	2:26	<b>1:40</b>	2:11	1:26	4:34	4:48	1:00	<b>1:02</b>	0:50	1:11		
3	163	López Peiteado Ant Culleredo GALLAEC	29:04	5:35	<b>7:09</b>	<b>9:24</b>	14:04	16:24	18:08	19:39	23:49	26:12	27:22	28:09	29:04		
				5:35	<b>1:34</b>	2:15	4:40	2:20	1:44	1:31	4:10	2:23	1:10	0:47	<b>0:55</b>		
4	442	Traveso Rodríguez A Coruña ARTABRO	29:17	5:21	7:54	10:41	13:08	16:47	18:35	20:09	24:51	26:00	27:18	28:10	29:17		
				5:21	2:33	2:47	2:27	3:39	1:48	1:34	4:42	1:09	1:18	0:52	1:07		
5	509	Fuertes González E Vigo U-VIGO	29:19	6:08	8:03	11:09	13:23	16:48	17:55	19:41	24:36	25:52	27:20	28:10	29:19		
				6:08	1:55	3:06	2:14	3:25	1:07	1:46	4:55	1:16	1:28	0:50	1:09		
6	121	Montouto Gonzalez LUGO FLUVIAL_LU	30:42	5:43	7:59	11:01	13:40	16:55	18:27	19:59	25:24	26:41	28:37	29:43	30:42		
				5:43	2:16	3:02	2:39	3:15	1:32	1:32	5:25	1:17	1:56	1:06	0:59		
7	90	Fernández Souto J LUGO COMPÁS	30:44	5:28	8:11	11:13	13:45	16:50	18:17	19:55	25:31	27:01	28:32	29:47	30:44		
				5:28	2:43	3:02	2:32	3:05	1:27	1:38	5:36	1:30	1:31	1:15	0:57		
8	424	Gómez Ramos Anto A Coruña ARTABRO	31:22	6:04	8:07	11:15	13:29	18:03	19:09	20:43	26:02	27:19	29:14	30:08	31:22		
				6:04	2:03	3:08	2:14	4:34	<b>1:06</b>	1:34	5:19	1:17	1:55	0:54	1:14		
9	156	González Romano Culleredo GALLAEC	35:30	6:21	9:11	11:32	14:04	23:40	24:49	26:05	30:50	32:09	33:32	34:26	35:30		
				6:21	2:50	2:21	2:32	9:36	1:09	<b>1:16</b>	4:45	1:19	1:23	0:54	1:04		
10	575	Garcia Dominguez Culleredo GALLAEC	37:38	<b>5:15</b>	7:10	9:25	13:59	16:40	19:56	29:52	33:55	34:49	35:54	36:40	37:38		21:58
				<b>5:15</b>	1:55	2:15	4:34	2:41	3:16	9:56	<b>4:03</b>	<b>0:54</b>	1:05	<b>0:46</b>	0:58		*46
				28:14													
				*34													
11	57	Ricoy Bugarín José Pontevedra AROMO	38:30	7:41	10:00	12:32	15:58	23:39	25:00	26:27	32:13	34:26	35:48	36:51	38:30		
				7:41	2:19	2:32	3:26	7:41	1:21	1:27	5:46	2:13	1:22	1:03	1:39		
12	3	Antoñón Clemente J Porto do Son ADC_	42:16	7:09	10:47	14:03	17:29	24:02	26:46	28:34	36:00	37:30	39:08	40:34	42:16		
				7:09	3:38	3:16	3:26	6:33	2:44	1:48	7:26	1:30	1:38	1:26	1:42		
13	353	Criado Canales San Culleredo GALLAEC	42:38	11:42	13:19	16:23	24:44	29:40	31:07	32:58	37:48	39:00	40:29	41:33	42:38		
				11:42	1:37	3:04	8:21	4:56	1:27	1:51	4:50	1:12	1:29	1:04	1:05		
14	151	Gil Díaz José Anton Culleredo GALLAEC	44:34	11:04	14:56	18:15	21:17	28:47	30:46	33:02	39:17	40:45	42:16	43:08	44:34		
				11:04	3:52	3:19	3:02	7:30	1:59	2:16	6:15	1:28	1:31	0:52	1:26		
15	606	Sampedro Muñiz Jo Santiago de Comp	51:18	8:56	14:27	18:44	22:21	31:37	33:52	36:15	44:15	46:04	48:14	49:47	51:18		
				8:56	5:31	4:17	3:37	9:16	2:15	2:23	8:00	1:49	2:10	1:33	1:31		
16	307	Aller Estévez Pablo O Barco de Valde T	54:51	8:12	10:58	13:53	17:24	24:24	27:32	29:37	48:53	50:20	52:19	53:35	54:51		
				8:12	2:46	2:55	3:31	7:00	3:08	2:05	19:16	1:27	1:59	1:16	1:16		
17	119	Fouz Rodriguez Ma LUGO FLUVIAL_LU	55:07	10:48	13:45	17:28	31:44	35:30	37:15	41:01	49:00	50:41	52:35	53:45	55:07		
				10:48	2:57	3:43	14:16	3:46	1:45	3:46	7:59	1:41	1:54	1:10	1:22		
18	425	López Pérez Jose M A Coruña ARTABRO	1:10:44	14:14	19:13	26:04	31:41	38:05	41:32	44:43	58:12	1:01:25	1:04:55	1:07:30	1:10:44		
				14:14	4:59	6:51	5:37	6:24	3:27	3:11	13:29	3:13	3:30	2:35	3:14		
	146	Dopico Pena Andre Culleredo GALLAEC	en tarj.	-----	8:22	11:44	14:28	29:47	30:57	32:36	39:02	40:26	41:56	43:04	44:20		
					8:22	3:22	2:44	15:19	1:10	1:39	6:26	1:24	1:30	1:08	1:16		
Élite (17)				2,2 km 60 m			10 C										
				1(71)	2(72)	3(54)	4(55)	5(74)	6(54)	7(51)	8(45)	9(55)	10(200)	Meta			
1	564	Piñeiro Fraga Brais Nigrán RAZA_PALLE	12:28	2:45	3:43	<b>4:47</b>	<b>5:52</b>	<b>6:32</b>	<b>7:14</b>	<b>8:37</b>	<b>9:14</b>	<b>10:33</b>	<b>11:43</b>	<b>12:28</b>			
				2:45	0:58	<b>1:04</b>	<b>1:05</b>	0:40	<b>0:42</b>	1:23	<b>0:37</b>	<b>1:19</b>	<b>1:10</b>	<b>0:45</b>			
2	238	Rodríguez Doming Vigo VIGORIENTA	13:30	2:53	3:44	4:56	6:04	6:52	7:39	9:21	10:02	11:27	12:42	13:30			
				2:53	<b>0:51</b>	1:12	1:08	0:48	0:47	1:42	0:41	1:25	1:15	0:48			
3	524	Sardinero Gonzalez Vigo U-VIGO	14:41	<b>2:42</b>	<b>3:36</b>	5:28	6:46	7:31	8:17	10:03	10:43	12:23	13:53	14:41			
				<b>2:42</b>	0:54	1:52	1:18	0:45	0:46	1:46	0:40	1:40	1:30	0:48			
4	194	Somoza Argibay Ivá Culleredo GALLAEC	14:59	2:47	3:44	4:55	6:05	6:49	7:36	8:57	9:42	11:07	14:08	14:59			
				2:47	0:57	1:11	1:10	0:44	0:47	<b>1:21</b>	0:45	1:25	3:01	0:51			
5	202	Casado Bravo Davi Betanzos OP BETAN	15:07	3:11	4:14	5:49	7:14	7:56	8:44	10:23	11:07	12:51	14:15	15:07			
				3:11	1:03	1:35	1:25	0:42	0:48	1:39	0:44	1:44	1:24	0:52			
6	574	Pérez Alonso Adrián Nigrán RAZA_PALLE	15:14	3:16	4:19	6:13	7:37	8:22	9:11	10:50	11:32	13:07	14:25	15:14			
				3:16	1:03	1:54	1:24	0:45	0:49	1:39	0:42	1:35	1:18	0:49			
7	605	García Acevedo Pela Santiago de Comp	16:13	3:12	4:19	5:45	7:15	8:02	8:57	10:26	11:18	13:24	15:13	16:13			
				3:12	1:07	1:26	1:30	0:47	0:55	1:29	0:52	2:06	1:49	1:00			
8	561	Fernández Casalder Nigrán RAZA_PALLE	16:18	3:11	4:17	5:40	7:00	7:47	8:32	10:10	11:02	14:03	15:21	16:18		13:13	
				3:11	1:06	1:23	1:20	0:47	0:45	1:38	0:52	3:01	1:18	0:57		*74	
9	303	Morales Ferreiro Ma Xinzo de Limia LIMI	16:57	3:15	4:23	5:34	8:54	9:40	10:27	12:01	12:45	14:38	16:02	16:57		7:34	
				3:15	1:08	1:11	3:20	0:46	0:47	1:34	0:44	1:53	1:24	0:55		*75	
10	122	Nogueras Marentes LUGO FLUVIAL_LU	19:31	4:05	5:36	7:00	9:07	9:56	10:49	12:20	13:11	15:03	18:42	19:31			
				4:05	1:31	1:24	2:07	0:49	0:53	1:31	0:51	1:52	3:39	0:49			
10	195	Somoza Seoane Anx Culleredo GALLAEC	19:31	3:17	4:22	5:45	7:11	8:03	8:54	14:15	15:07	17:15	18:34	19:31			
				3:17	1:05	1:23	1:26	0:52	0:51	5:21	0:52	2:08	1:19	0:57			
12	215	Taboada Pintor Albe Betanzos OP BETAN	22:09	4:21	5:56	7:37	11:16	12:04	12:49	14:42	15:28	19:26	21:07	22:09			
				4:21	1:35	1:41	3:39	0:48	0:45	1:53	0:46	3:58	1:41	1:02			
13	272	Rodríguez Silva Isa As Neves VIZHOJA-	24:52	10:07	11:19	13:16	15:03	16:09	17:09	19:33	20:24	22:12	23:58	24:52			
				10:07	1:12	1:57	1:47	1:06	1:00	2:24	0:51	1:48	1:46	0:54			
14	33	Serantes Abal Eloi Porto do Son ADC_	27:32	3:19	4:28	6:35	8:19	9:16	10:18	21:43	22:40	24:32	26:28	27:32			
				3:19	1:09	2:07	1:44	0:57	1:02	11:25	0:57	1:52	1:56	1:04			
15	485	Abeal Navarro Fran Pontedeume MONT	28:10														





Pos		Nombre	Tiempo																
<b>Masculino 35 NC (1)</b>					<b>5,0 km 175 m</b>		<b>18 C</b>												
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(38)	12(35)	13(31)	14(52)			
			15(44)	16(41)	17(45)	18(100)	Meta												
1	812	Barja Alvarez Javier A Coruña INDEPEN	1:08:54	<b>5:08</b>	<b>15:34</b>	<b>16:44</b>	<b>18:05</b>	<b>21:46</b>	<b>33:55</b>	<b>37:14</b>	<b>39:02</b>	<b>40:45</b>	<b>42:31</b>	<b>45:24</b>	<b>52:29</b>	<b>59:07</b>	<b>1:00:42</b>		
				<b>5:08</b>	<b>10:26</b>	<b>1:10</b>	<b>1:21</b>	<b>3:41</b>	<b>12:09</b>	<b>3:19</b>	<b>1:48</b>	<b>1:43</b>	<b>1:46</b>	<b>2:53</b>	<b>7:05</b>	<b>6:38</b>	<b>1:35</b>		
			<b>1:03:32</b>	<b>1:05:03</b>	<b>1:06:53</b>	<b>1:07:49</b>	<b>1:08:54</b>												
			<b>2:50</b>	<b>1:31</b>	<b>1:50</b>	<b>0:56</b>	<b>1:05</b>												
<b>Masculino 55 (11)</b>					<b>2,6 km 80 m</b>		<b>10 C</b>												
			1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta						
1	131	Álvarez Estévez Enr Culleredo GALLAEC	26:59	<b>5:44</b>	<b>7:33</b>	<b>10:28</b>	<b>13:18</b>	<b>17:14</b>	<b>18:19</b>	<b>20:08</b>	<b>21:38</b>	<b>25:15</b>	<b>26:01</b>	<b>26:59</b>					
				<b>5:44</b>	<b>1:49</b>	<b>2:55</b>	2:50	3:56	<b>1:05</b>	1:49	1:30	<b>3:37</b>	0:46	<b>0:58</b>					
2	412	Romero Capa Carlo Pontevedra AROMO	31:20	<b>5:44</b>	7:46	10:47	13:42	19:00	21:01	22:44	25:02	29:33	30:13	31:20					
				<b>5:44</b>	2:02	3:01	2:55	5:18	2:01	1:43	2:18	4:31	<b>0:40</b>	1:07					
3	318	Diaz Falcon Gilbert Pontevedra AROMO	31:40	<b>6:05</b>	8:17	12:47	15:59	19:43	21:13	22:49	24:45	29:20	30:19	31:40					
				6:05	2:12	4:30	3:12	<b>3:44</b>	1:30	<b>1:36</b>	1:56	4:35	0:59	1:21					
4	34	Serantes Maneiro C Porto do Son ADC_	32:29	6:38	8:43	12:30	15:18	19:33	20:44	25:05	26:20	30:23	31:27	32:29	5:30				
				6:38	2:05	3:47	2:48	4:15	1:11	4:21	<b>1:15</b>	4:03	1:04	1:02	*53				
5	426	Mancera Bello Alfon A Coruña ARTABRO	33:19	6:08	8:23	12:39	15:26	19:38	20:55	25:14	26:29	31:18	32:12	33:19					
				6:08	2:15	4:16	<b>2:47</b>	4:12	1:17	4:19	<b>1:15</b>	4:49	0:54	1:07					
6	38	Victorero Rey Jorge Porto do Son ADC_	35:55	6:13	8:46	12:15	15:28	19:44	21:29	26:06	27:35	33:06	34:46	35:55					
				6:13	2:33	3:29	3:13	4:16	1:45	4:37	1:29	5:31	1:40	1:09					
7	607	Sampedro Muñiz Ra Santiago de Comp	36:19	9:27	12:03	15:04	18:03	22:26	24:00	26:10	27:56	33:33	34:43	36:19					
				9:27	2:36	3:01	2:59	4:23	1:34	2:10	1:46	5:37	1:10	1:36					
8	141	Carballo Fernández Culleredo GALLAEC	37:49	8:08	11:05	14:28	17:44	23:10	24:56	26:53	28:49	34:34	35:53	37:49					
				8:08	2:57	3:23	3:16	5:26	1:46	1:57	1:56	5:45	1:19	1:56					
9	436	Roibas Yañez Juan A Coruña ARTABRO	39:41	9:11	11:32	15:01	18:19	26:43	28:12	30:09	31:58	37:10	38:15	39:41					
				9:11	2:21	3:29	3:18	8:24	1:29	1:57	1:49	5:12	1:05	1:26					
10	174	Pazos Miser Rafael Culleredo GALLAEC	42:36	9:06	12:00	16:09	19:34	24:48	26:34	32:31	34:09	40:07	41:14	42:36					
				9:06	2:54	4:09	3:25	5:14	1:46	5:57	1:38	5:58	1:07	1:22					
11	483	Sande Rodríguez F Ferrol MONTAÑA_FE	45:35	8:42	11:43	15:10	17:58	28:40	31:15	33:27	37:08	42:31	43:48	45:35					
				8:42	3:01	3:27	2:48	10:42	2:35	2:12	3:41	5:23	1:17	1:47					
<b>Feminino 55 (6)</b>					<b>2,6 km 80 m</b>		<b>10 C</b>												
			1(52)	2(44)	3(46)	4(47)	5(48)	6(49)	7(50)	8(46)	9(41)	10(100)	Meta						
1	113	Fernandez Riveiro LUGO FLUVIAL_LU	37:14	<b>7:36</b>	<b>10:38</b>	<b>14:20</b>	<b>17:24</b>	<b>23:08</b>	<b>24:43</b>	<b>26:27</b>	<b>29:04</b>	<b>34:31</b>	<b>35:47</b>	<b>37:14</b>					
				<b>7:36</b>	<b>3:02</b>	3:42	<b>3:04</b>	5:44	<b>1:35</b>	<b>1:44</b>	2:37	<b>5:27</b>	1:16	<b>1:27</b>					
2	164	López Suárez María Culleredo GALLAEC	47:17	9:57	13:13	16:48	23:39	28:54	31:21	33:54	36:15	43:54	45:09	47:17					
				9:57	3:16	<b>3:35</b>	6:51	<b>5:15</b>	2:27	2:33	<b>2:21</b>	7:39	<b>1:15</b>	2:08					
3	461	González Sención A Culleredo GALLAEC	54:11	9:04	12:06	16:45	20:48	34:33	38:32	41:25	44:38	50:22	52:33	54:11					
				9:04	<b>3:02</b>	4:39	4:03	13:45	3:59	2:53	3:13	5:44	2:11	1:38					
4	47	Díaz Rodríguez Yol Pontevedra AROMO	54:16	13:13	16:53	22:38	28:49	34:14	37:22	40:32	43:10	50:56	52:27	54:16					
				13:13	3:40	5:45	6:11	5:25	3:08	3:10	2:38	7:46	1:31	1:49					
5	148	Fernández Santiago Culleredo GALLAEC	56:10	12:05	15:34	21:56	27:59	35:15	37:10	40:06	43:07	50:49	53:32	56:10					
				12:05	3:29	6:22	6:03	7:16	1:55	2:56	3:01	7:42	2:43	2:38					
6	432	Ponte Pena Mª Elen A Coruña ARTABRO	58:54	10:32	15:18	20:36	26:08	37:13	39:27	42:25	45:49	54:57	56:41	58:54					
				10:32	4:46	5:18	5:32	11:05	2:14	2:58	3:24	9:08	1:44	2:13					