

os rsal Nombre		Tiempo														
		3,3 km	14 C	(cont.)												
		1(31) Meta	2(64)	3(65)	4(66)	5(34)	6(58)	7(69)	8(74)	9(75)	10(60)	11(51)	12(52)	13(73)	14(100)	
Feminino 16 (11)																
4	29 Queiruga Romay, Raquel Porto do Son ADC_ARNELA	1:14:06	3:12	6:34	9:31	16:23	20:02	23:06	25:46	32:01	33:22	44:45	55:16	1:04:45	1:09:08	1:12:44
		3:12	3:22	2:57	6:52	3:39	3:04	2:40	6:15	1:21	11:23	10:31	9:29	4:23	3:36	
		1:14:06	1:22													
5	30 Queiruga Romay, María Porto do Son ADC_ARNELA	1:25:26	3:42	7:19	12:03	18:42	23:46	29:57	32:45	41:26	43:16	52:39	1:07:14	1:13:43	1:19:33	1:23:30
		3:42	3:37	4:44	6:39	5:04	6:11	2:48	8:41	1:50	9:23	14:35	6:29	5:50	3:57	
		1:25:26	1:56													
6	370 Alvarez Toyos, Irene Vigo U-VIGO	1:38:12	5:01	15:48	22:13	29:09	42:21	44:59	52:38	1:00:04	1:02:29	1:07:50	1:19:08	1:28:01	1:31:39	1:37:02
		5:01	10:47	6:25	6:56	13:12	2:38	7:39	7:26	2:25	5:21	11:18	8:53	3:38	5:23	
		1:38:12	1:10													
7	27 Piñeiro Álvarez, Claudia Porto do Son ADC_ARNELA	1:38:23	7:58	19:16	24:11	31:33	36:14	42:24	45:30	54:14	55:30	1:06:21	1:21:01	1:25:41	1:32:59	1:36:25
		7:58	11:18	4:55	7:22	4:41	6:10	3:06	8:44	1:16	10:51	14:40	4:40	7:18	3:26	
		1:38:23	1:58													
8	217 Dopico Golpe, Rocio a coruña GALLAECIA_RAID	1:41:34	3:36	8:09	15:29	26:39	30:18	33:00	35:01	45:36	47:15	1:05:51	1:19:31	1:31:34	1:35:28	1:40:26
		3:36	4:33	7:20	11:10	3:39	2:42	2:01	10:35	1:39	18:36	13:40	12:03	3:54	4:58	
		1:41:34	1:08													
9	633 Iglesias López, Saray Cuntis XESTEIRAS	2:14:06	15:50	20:28	28:03	38:12	46:19	53:45	57:51	1:04:23	1:06:34	1:14:50	1:53:22	2:02:19	2:07:48	2:11:29
		15:50	4:38	7:35	10:09	8:07	7:26	4:06	6:32	2:11	8:16	38:32	8:57	5:29	3:41	
		2:14:06	2:37													
167	Díaz Pardo, Carla Lugo FLUVIAL_LUGO	Error en tarj.	3:59	8:27	16:50	21:13	23:23	24:33	26:38	37:35	38:35	47:07	-----	-----	-----	1:47:29
		3:59	4:28	8:23	4:23	2:10	1:10	2:05	10:57	1:00	8:32				1:00:22	
		1:48:39	1:10													
499	Traveso Pedrares, Irene A Coruña ARTABROS	Error en tarj.	3:40	11:34	18:18	24:18	28:06	38:52	41:26	45:20	47:04	51:35	-----	1:36:08	1:46:07	1:52:42
		3:40	7:54	6:44	6:00	3:48	10:46	2:34	3:54	1:44	4:31		44:33	9:59	6:35	
		1:53:58	1:16													
Feminino 18 (5)																
		5,0 km	21 C													
		1(31) 15(48)	2(32) 16(60)	3(65) 17(50)	4(34) 18(85)	5(58) 19(62)	6(49) 20(61)	7(35) 21(100)	8(37) Meta	9(38)	10(39)	11(36)	12(41)	13(57)	14(59)	
1	216 Dopico Golpe, Alba a coruña GALLAECIA_RAID	1:26:15	3:41	7:22	10:36	20:01	21:35	26:11	30:05	35:27	37:13	39:30	43:03	59:04	1:01:13	1:03:54
		3:41	3:41	3:14	3:14	9:25	1:34	4:36	3:54	5:22	1:46	2:17	3:33	16:01	2:09	2:41
		1:07:00	1:11:04	1:12:50	1:15:53	1:18:23	1:24:24	1:25:09	1:26:15							
		3:06	4:04	1:46	3:03	2:30	6:01	0:45	1:06							
2	181 Martínez Gómez, Sofía Lugo FLUVIAL_LUGO	1:45:38	2:54	7:17	13:47	20:19	21:28	24:47	42:36	48:56	50:40	53:06	57:40	1:12:47	1:15:01	1:18:09
		2:54	4:23	6:30	6:32	1:09	3:19	17:49	6:20	1:44	2:26	4:34	15:07	2:14	3:08	
		1:21:44	1:27:26	1:30:15	1:34:08	1:37:36	1:43:34	1:44:29	1:45:38							
		3:35	5:42	2:49	3:53	3:28	5:58	0:55	1:09							
3	500 Traveso Pedrares, Sara A Coruña ARTABROS	2:31:36	5:07	12:36	22:50	35:52	39:53	46:04	53:04	1:01:33	1:04:32	1:10:22	1:19:02	1:36:48	1:42:19	1:48:21
		5:07	7:29	10:14	13:02	4:01	6:11	7:00	8:29	2:59	5:50	8:40	17:46	5:31	6:02	
		1:54:57	2:05:48	2:09:59	2:16:56	2:22:12	2:28:21	2:30:12	2:31:36							
		6:36	10:51	4:11	6:57	5:16	6:09	1:51	1:24							

Pos		Nombre	Tiempo													
Feminino 18 (5)			5,0 km	21 C	<i>(cont.)</i>											
			1(31) 15(48)	2(32) 16(60)	3(65) 17(50)	4(34) 18(85)	5(58) 19(62)	6(49) 20(61)	7(35) 21(100)	8(37) Meta	9(38)	10(39)	11(36)	12(41)	13(57)	14(59)
21	Oujo Perez, Nerea Porto do Son ADC_ARNELA	Abandona	3:21 3:21 -----	8:26 5:05 2:03:18	13:09 4:43 2:06:07	18:57 5:48 2:10:49	26:14 7:17 2:14:17	32:04 5:50 -----	38:17 6:13 2:24:20	1:13:22 35:05 2:26:36	1:14:59 1:37 2:27	1:17:26 6:41	1:24:07	-----	-----	-----
25	Pérez García, Uxía Porto do Son ADC_ARNELA	Abandona	3:55 3:55 -----	20:28 16:33 -----	25:27 4:59 -----	37:30 12:03 -----	49:09 11:39 -----	1:01:45 12:36 -----	1:17:20 15:35 -----	1:28:06 10:46 2:47:22	1:30:52 2:46	1:35:09 4:17	1:41:28 6:19	-----	-----	-----
Feminino 21 A (8)			4,5 km	17 C												
			1(31) 15(62)	2(54) 16(61)	3(63) 17(100)	4(34) Meta	5(58)	6(49)	7(35)	8(40)	9(57)	10(45)	11(59)	12(60)	13(50)	14(85)
1	488 Piñeiro Varela, María A Coruña ARTABROS	1:00:35	2:33 2:33 56:18 2:27	5:45 3:12 58:32 2:14	7:49 2:04 59:32 1:00	12:44 4:55 1:00:35 1:03	14:04 1:20	16:36 2:32	21:54 5:18	29:02 7:08	34:43 5:41	38:19 3:36	41:41 3:22	49:05 7:24	50:37 1:32	53:51 3:14
2	327 Del Puerto Lopez, Barbara Ordes SEO	1:32:14	15:51 15:51 1:25:59	19:54 4:03 1:29:40	23:24 3:30 1:30:53	29:53 6:29 1:32:14	32:42 2:49	36:01 3:19	42:41 6:40	55:14 12:33	1:02:51 7:37	1:06:24 3:33	1:08:01 1:37	1:14:19 6:18	1:16:41 2:22	1:20:40 3:59
3	357 Gallego Portabales, Leire Santiago de Comp USC	1:42:01	6:00 6:00 1:35:17	16:43 10:43 1:39:35	21:41 4:58 1:40:41	28:58 7:17 1:42:01	32:51 3:53	38:23 5:32	44:43 6:20	55:39 10:56	1:04:41 9:02	1:10:06 5:25	1:12:13 2:07	1:18:33 6:20	1:23:37 5:04	1:32:28 8:51
4	626 Calviño Sampedro, Lorena Santiago de Comp USC	1:42:38	4:12 4:12 1:34:18	10:29 6:17 1:40:14	13:23 2:54 1:41:12	23:50 10:27 1:42:38	28:21 4:31	32:11 3:50	38:42 6:31	50:08 11:26	1:02:36 12:28	1:07:18 4:42	1:09:17 1:59	1:22:07 12:50	1:24:19 2:12	1:29:58 5:39
5	704 González Fernández, Cristina Lugo FLUVIAL_LUGO	1:47:26	4:52 4:52 1:39:58	10:20 5:28 1:45:02	20:29 10:09 1:46:16	26:26 5:57 1:47:26	30:07 3:41	34:44 4:37	1:00:31 25:47	1:09:44 9:13	1:16:59 7:15	1:20:32 3:33	1:23:05 2:33	1:30:48 7:43	1:33:27 2:39	1:37:09 3:42
6	191 Zolle Fernández, Cristina Lugo FLUVIAL_LUGO	1:57:07	9:36 9:36 1:49:46	17:45 8:09 1:53:34	23:50 6:05 1:55:03	33:55 10:05 1:57:07	37:35 3:40	44:04 6:29	52:30 8:26	1:09:33 17:03	1:20:05 10:32	1:24:54 4:49	1:28:03 3:09	1:37:02 8:59	1:40:35 3:33	1:46:21 5:46
7	14 Lourido Gaciño, Elena Porto do Son ADC_ARNELA	1:57:19	4:03 4:03 1:46:11	13:35 9:32 1:55:00	22:32 8:57 1:55:55	31:38 9:06 1:57:19	38:19 6:41	43:03 4:44	50:29 7:26	1:09:35 19:06	1:20:04 10:29	1:25:32 5:28	1:29:15 3:43	1:36:13 6:58	1:38:34 2:21	1:42:51 4:17
517	Denis Sanroman, Marina Pontevedra AROMON	No sale														
Feminino 21 B (10)			3,0 km	13 C												
			1(79)	2(64)	3(80)	4(77)	5(81)	6(82)	7(68)	8(69)	9(89)	10(71)	11(72)	12(86)	13(100)	Meta
1	555 Penela Fernández, Jessica Lugo FLUVIAL_LUGO	1:10:12	3:22 3:22	10:03 6:41	16:40 6:37	18:48 2:08	22:00 3:12	30:31 8:31	34:41 4:10	38:29 3:48	46:14 7:45	51:05 4:51	59:28 8:23	1:04:24 4:56	1:08:41 4:17	1:10:12 1:31
2	358 García Álvarez, Blanca Santiago de Comp USC	1:12:40	3:14 3:14	6:57 3:43	9:35 2:38	12:19 2:44	17:31 5:12	23:35 6:04	37:54 14:19	43:21 5:27	46:26 3:05	49:22 2:56	1:01:31 12:09	1:07:37 6:06	1:11:10 3:33	1:12:40 1:30

os rsal Nombre		Tiempo														
		3,0 km	13 C											(cont.)		
		1(79)	2(64)	3(80)	4(77)	5(81)	6(82)	7(68)	8(69)	9(89)	10(71)	11(72)	12(86)	13(100)	Meta	
Feminino 21 B (10)																
3	361 Portabales Dobaño, Amparo Santiago de Comp USC	1:24:42	8:18	11:33	13:26	18:35	24:35	38:55	48:10	55:56	58:51	1:01:40	1:11:40	1:19:33	1:23:09	1:24:42
			8:18	3:15	1:53	5:09	6:00	14:20	9:15	7:46	2:55	2:49	10:00	7:53	3:36	1:33
4	231 González Sención, Adriana Luis a coruña GALLAECIA_RAID	1:35:03	10:25	15:20	18:55	23:00	26:09	34:37	45:10	49:54	59:41	1:04:14	1:18:44	1:27:48	1:32:30	1:35:03
			10:25	4:55	3:35	4:05	3:09	8:28	10:33	4:44	9:47	4:33	14:30	9:04	4:42	2:33
5	225 García Santos, Rocio a coruña GALLAECIA_RAID	1:41:12	4:07	11:13	15:00	19:30	22:43	36:43	51:21	1:01:19	1:06:19	1:17:49	1:24:22	1:35:38	1:39:35	1:41:12
			4:07	7:06	3:47	4:30	3:13	14:00	14:38	9:58	5:00	11:30	6:33	11:16	3:57	1:37
			1:11:46 *84													
6	12 García Paz, Margarita Porto do Son ADC_ARNELA	3:02:42	5:12	50:04	1:05:21	1:08:56	1:13:09	1:19:07	1:24:03	1:59:55	2:07:34	2:17:38	2:29:55	2:48:12	3:00:46	3:02:42
			5:12	44:52	15:17	3:35	4:13	5:58	4:56	35:52	7:39	10:04	12:17	18:17	12:34	1:56
298	Domínguez Cortizas, Sara Pontedeume MONTBREAMO	Error en tarj.	3:14	19:37	27:49	31:21	34:07	46:27	1:08:15	1:31:48	1:34:54	1:37:59	-----	-----	-----	1:45:51
			3:14	16:23	8:12	3:32	2:46	12:20	21:48	23:33	3:06	3:05				7:52
			1:44:34 *200													
299	Fachal Piñeiro, Cristina Pontedeume MONTBREAMO	Error en tarj.	11:21	29:20	36:25	39:26	42:10	54:34	1:17:18	1:39:54	1:42:58	1:46:18	-----	-----	-----	1:53:51
			11:21	17:59	7:05	3:01	2:44	12:24	22:44	22:36	3:04	3:20				7:33
			1:52:58 *200													
166	Devesa Ferreiro, Maria Jesus Lugo FLUVIAL_LUGO	No sale														
170	Fernández Fernández, Gloria Lugo FLUVIAL_LUGO	No sale														
Feminino 35 (11)																
		5,0 km	21 C													
		1(31)	2(32)	3(65)	4(34)	5(58)	6(49)	7(35)	8(37)	9(38)	10(39)	11(36)	12(41)	13(57)	14(59)	
		15(48)	16(60)	17(50)	18(85)	19(62)	20(61)	21(100)	Meta							
1	90 Veiga García, Carla Pontevedra AROMON	1:30:56	5:03	11:02	14:47	20:52	22:27	25:32	31:01	37:19	38:34	40:51	44:38	1:02:47	1:06:23	1:10:18
			5:03	5:59	3:45	6:05	1:35	3:05	5:29	6:18	1:15	2:17	3:47	18:09	3:36	3:55
			1:13:35	1:17:45	1:19:34	1:23:24	1:26:20	1:28:52	1:29:42	1:30:56						
			3:17	4:10	1:49	3:50	2:56	2:32	0:50	1:14						
2	165 Corral Prado, Eva Lugo FLUVIAL_LUGO	1:37:11	3:20	7:47	11:35	22:56	24:35	27:58	35:58	42:51	44:33	47:06	52:27	1:03:40	1:06:33	1:10:43
			3:20	4:27	3:48	11:21	1:39	3:23	8:00	6:53	1:42	2:33	5:21	11:13	2:53	4:10
			1:16:09	1:22:48	1:25:04	1:28:20	1:31:10	1:35:01	1:35:55	1:37:11						
			5:26	6:39	2:16	3:16	2:50	3:51	0:54	1:16						
3	247 Naya Mancebo, Paula a coruña GALLAECIA_RAID	1:49:58	5:06	16:05	19:37	29:07	32:01	35:55	42:00	48:19	49:55	52:20	56:30	1:16:49	1:21:00	1:24:36
			5:06	10:59	3:32	9:30	2:54	3:54	6:05	6:19	1:36	2:25	4:10	20:19	4:11	3:36
			1:28:32	1:33:24	1:36:20	1:41:58	1:44:40	1:47:45	1:48:53	1:49:58						
			3:56	4:52	2:56	5:38	2:42	3:05	1:08	1:05						
4	15 Míguez Sampedro, Susana Porto do Son ADC_ARNELA	1:55:58	5:18	13:11	21:46	29:00	39:50	43:31	49:29	57:13	59:49	1:04:15	1:09:36	1:17:20	1:20:03	1:28:22
			5:18	7:53	8:35	7:14	10:50	3:41	5:58	7:44	2:36	4:26	5:21	7:44	2:43	8:19
			1:31:46	1:38:24	1:41:52	1:45:05	1:49:15	1:53:15	1:54:45	1:55:58						
			3:24	6:38	3:28	3:13	4:10	4:00	1:30	1:13						
5	531 Dominguez Pereira, Diana Pontevedra AROMON	2:06:49	5:19	9:33	18:57	24:41	26:52	31:53	40:31	46:20	48:17	52:07	56:40	1:05:37	1:08:22	1:14:22
			5:19	4:14	9:24	5:44	2:11	5:01	8:38	5:49	1:57	3:50	4:33	8:57	2:45	6:00
			1:18:20	1:39:04	1:41:24	1:45:08	1:47:16	2:03:43	2:05:28	2:06:49						
			3:58	20:44	2:20	3:44	2:08	16:27	1:45	1:21						
6	175 Follana Neira, Fernanda Lugo FLUVIAL_LUGO	2:36:13	8:49	14:04	19:35	30:56	39:53	44:15	1:03:22	1:21:57	1:25:15	1:28:17	1:35:01	1:45:24	1:54:58	1:58:46
			8:49	5:15	5:31	11:21	8:57	4:22	19:07	18:35	3:18	3:02	6:44	10:23	9:34	3:48
			2:04:01	2:13:27	2:17:25	2:22:03	2:24:30	2:34:05	2:34:52	2:36:13						
			5:15	9:26	3:58	4:38	2:27	9:35	0:47	1:21						

os		rsal	Nombre	Tiempo														
				5,0 km	21 C	(cont.)												
				1(31) 15(48)	2(32) 16(60)	3(65) 17(50)	4(34) 18(85)	5(58) 19(62)	6(49) 20(61)	7(35) 21(100)	8(37) Meta	9(38)	10(39)	11(36)	12(41)	13(57)	14(59)	
Feminino 35 (11)																		
	104		Ferrero Del Pozo, Carmen A Coruña BRIGANTIA	Abandona	4:37 4:37 -----	----- ----- -----	----- 51:11 46:34 -----	----- ----- -----	----- ----- -----	1:09:53 18:42 -----	----- ----- -----	----- ----- -----	----- ----- 20:56 *54	----- ----- 27:22 *64	----- ----- 32:34 *33	----- ----- -----	----- ----- -----	----- ----- -----
	548		Grandío Montes, Raquel Lugo FLUVIAL_LUGO	Abandona	4:56 4:56 -----	10:19 5:23 -----	14:02 3:43 -----	21:19 7:17 -----	24:49 3:30 -----	29:06 4:17 -----	34:01 4:55 -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----
	227		González Corral, Bibiana a coruña GALLAECIA_RAID	Abandona	43:53 43:53 -----	50:14 6:21 -----	57:51 7:37 -----	1:05:04 7:13 -----	1:10:04 5:00 1:57:05 41:36	1:15:29 5:25 -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----
	185		Pérez González, M. José Lugo FLUVIAL_LUGO	No sale														
	354		Blanco Pérez, Ana Santiago de Comp USC	No sale														
Feminino 40 (14)																		
				3,8 km	16 C													
				1(54) 15(53)	2(64) 16(100)	3(33) Meta	4(90)	5(67)	6(68)	7(58)	8(74)	9(57)	10(48)	11(60)	12(50)	13(52)	14(62)	
1	514		Arias Lima, Sonia Mª Pontevedra AROMON	54:52	5:18 5:18 52:09	10:12 4:54 53:33	13:40 3:28 54:52	18:04 4:24 1:35	19:39 1:35 2:26	22:05 2:26 0:43	22:48 0:43 4:57	27:45 4:57 4:55	32:40 4:55 3:24	36:04 4:53 1:59	40:57 1:59 5:58	42:56 5:58 1:03	48:54 1:03 1:03	49:57 1:03 1:03
2	263		Seoane Rodríguez, Silvia a coruña GALLAECIA_RAID	1:12:49	2:12 7:30 7:30 1:10:49	1:24 10:08 2:38 1:11:50	1:19 19:37 9:29 1:12:49	4:24 24:12 4:35	1:35 26:23 2:11	2:26 29:08 2:45	0:43 35:06 5:58	4:57 42:38 7:32	4:55 48:11 5:33	3:24 52:51 4:40	4:53 56:58 4:07	1:59 58:44 1:46	5:58 1:05:11 6:27	1:03 1:06:29 1:18
3	177		González Bello, Concepción Lugo FLUVIAL_LUGO	1:13:02	4:20 6:40 6:40 1:10:26	1:01 9:33 2:53 1:11:56	0:59 17:05 7:32 1:13:02	22:19 5:14 2:07	24:26 6:41 2:07	31:07 6:41 0:51	31:58 0:51 5:45	37:43 5:45 5:10	42:53 5:10 8:05	50:58 8:05 5:25	56:23 58:30 2:07	58:30 1:04:01 5:31	1:05:06 1:05:06 1:05	
4	286		Bujía Rodríguez, Elena Ferrol MONTAÑA_FERROL	1:13:08	5:20 6:16 6:16 1:10:59	1:30 10:20 4:04 1:12:03	1:06 15:59 5:39 1:13:08	22:06 6:07 3:06	25:12 3:06 2:19	27:31 2:27 5:36	29:58 2:27 5:36	35:34 5:36 6:01	41:35 6:01 10:56	52:31 10:56 5:26	57:57 5:26 1:48	59:45 1:48 7:26	1:07:11 7:26 1:31	1:08:42 1:31 1:31
5	66		Lores Romay, Rocio Pontevedra AROMON	1:13:37	2:17 9:00 9:00 1:10:45	1:04 12:15 3:15 1:12:23	1:05 18:52 6:37 1:13:37	23:04 4:12 2:15	25:19 2:15 3:13	28:32 3:13 1:08	29:40 1:08 5:31	35:11 5:31 11:37	46:48 11:37 3:37	50:25 3:37 6:43	57:08 6:43 2:41	59:49 2:41 6:58	1:06:47 6:58 1:37	1:08:24 1:37 1:37
6	377		Fernández López, Cristina Vigo U-VIGO	1:15:46	2:21 7:35 7:35 1:13:32	1:38 10:29 2:54 1:14:37	1:14 16:55 6:26 1:15:46	20:57 4:02 1:51	22:48 1:51 10:38	33:26 10:38 0:39	34:05 0:39 6:35	40:40 6:35 4:37	45:17 4:37 7:02	52:19 7:02 5:23	57:42 5:23 6:45	1:04:27 6:45 5:30	1:09:57 5:30 1:32	1:11:29 1:32 1:32
7	382		Iglesias Junzalvos, Ana Vigo U-VIGO	1:16:09	2:03 6:34 6:34 1:13:45	1:05 9:17 2:43 1:15:05	1:09 15:33 6:16 1:16:09	19:52 4:19 2:49	22:41 2:49 6:08	28:49 6:08 0:53	29:42 0:53 5:15	34:57 5:15 4:41	39:38 4:41 5:11	44:49 5:11 7:37	52:26 7:37 2:20	54:46 2:20 15:36	1:10:22 15:36 1:10	1:11:32 1:10 1:10

os		rsal	Nombre	Tiempo														
				3,8 km	16 C	(cont.)												
				1(54) 15(53)	2(64) 16(100)	3(33) Meta	4(90)	5(67)	6(68)	7(58)	8(74)	9(57)	10(48)	11(60)	12(50)	13(52)	14(62)	
8	236		Lopez Dacosta, Cristina a coruña GALLAECIA_RAID	1:27:30	8:25 8:25 1:24:56 3:29	11:00 2:35 1:26:27 1:31	24:29 13:29 1:27:30 1:03	28:36 4:07	31:28 2:52	34:10 2:42	34:53 0:43	39:48 4:55	57:12 17:24	1:06:57 9:45	1:11:50 4:53	1:14:05 2:15	1:20:13 6:08	1:21:27 1:14
9	570		Baspino Fernández, Irene a coruña GALLAECIA_RAID	1:29:12	8:42 8:42 1:25:28 3:41	13:23 4:41 1:27:12 1:44	18:19 4:56 1:29:12 2:00	27:00 8:41	30:38 3:38	34:43 4:05	36:32 1:49	45:25 8:53	53:17 7:52	1:02:54 9:37	1:08:59 6:05	1:11:27 2:28	1:20:10 8:43	1:21:47 1:37
10	502		Trueba Gayol, Carmen A Coruña ARTABROS	1:30:41	6:28 6:28 1:26:20 4:00	9:45 3:17 1:28:26 2:06	14:00 4:15 1:30:41 2:15	19:41 5:41	23:38 3:57	27:23 3:45	31:48 4:25	39:41 7:53	46:05 6:24	53:27 7:22	1:01:18 7:51	1:04:21 3:03	1:21:01 16:40	1:22:20 1:19
11	467		Rodríguez Blanco, Gracia A Coruña APA_LICEO	1:34:46	12:20 12:20 1:26:08 7:09	15:46 3:26 1:33:06 6:58	19:55 4:09 1:34:46 1:40	23:58 4:03	26:35 2:37	30:51 4:16	36:30 5:39	43:31 7:01	49:10 5:39	54:53 5:43	1:04:03 9:10	1:07:12 3:09	1:17:23 10:11	1:18:59 1:36
12	201		Arcos Trillo, Maria Elena a coruña GALLAECIA_RAID	1:36:45	14:25 14:25 1:33:40 12:39	17:49 3:24 1:35:18 1:38	22:01 4:12 1:36:45 1:27	27:28 5:27	31:34 4:06	34:32 2:58	35:37 1:05	41:56 6:19	54:56 13:00	1:00:19 5:23	1:07:59 7:40	1:10:39 2:40	1:18:36 7:57	1:21:01 2:25
	184		Paredes García, Montserrat Lugo FLUVIAL_LUGO	Abandona	33:43 33:43 -----	47:51 14:08 -----	1:02:20 14:29	1:11:11 8:51	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	449		Barreiro Mogrovejo, Alejandra A Coruña APA_LICEO	Abandona	23:19 23:19 -----	31:14 7:55 -----	50:06 18:52	57:10 7:04	1:03:03 5:53	1:10:40 7:37	1:12:30 1:50	1:28:02 15:32	-----	-----	-----	-----	-----	-----
Feminino 45 (15)				3,5 km	16 C													
				1(62) 15(61)	2(78) 16(100)	3(64) Meta	4(76)	5(77)	6(87)	7(67)	8(58)	9(60)	10(49)	11(69)	12(50)	13(72)	14(73)	
1	563		Valcarcel López, Mar Lugo FLUVIAL_LUGO	56:49	2:47 2:47 54:33 4:05	6:20 3:33 55:31 0:58	8:22 2:02 56:49 1:18	11:43 3:21	14:04 2:21	18:00 3:56	21:15 3:15	24:15 3:00	27:16 3:01	29:22 2:06	36:00 6:38	38:17 2:17	45:23 7:06	50:28 5:05
2	465		Pedre Fernández, Natalia A Coruña APA_LICEO	59:43	3:09 3:09 57:40 4:07	6:42 3:33 58:29 0:49	8:31 1:49 59:43 1:14	11:12 2:41	13:35 2:23	18:09 4:34	21:49 3:40	29:45 7:56	37:56 8:11	39:33 1:37	41:52 2:19	43:32 1:40	49:13 5:41	53:33 4:20
3	318		Núñez Otero, Elia Betanzos OP BETANZOS	1:01:32	3:40 3:40 58:45 3:29	7:35 3:55 59:50 1:05	10:19 2:44 1:01:32 1:42	13:14 2:55	15:51 2:37	19:40 3:49	26:51 7:11	30:05 3:14	33:37 3:32	35:33 1:56	38:28 2:55	41:04 2:36	50:06 9:02	55:16 5:10
4	244		Mosquera Azar, Paulina Andrea a coruña GALLAECIA_RAID	1:04:59	3:18 3:18 1:02:31 3:19	6:48 3:30 1:03:36 1:05	8:54 2:06 1:04:59 1:23	17:03 8:09	19:25 2:22	23:43 4:18	31:01 7:18	34:08 3:07	37:41 3:33	39:38 1:57	42:53 3:15	44:51 1:58	54:18 9:27	59:12 4:54

os rsal Nombre		Tiempo													
<i>Feminino 50 (8)</i>		3,3 km	14 C	<i>(cont.)</i>											
		1(31) Meta	2(64)	3(65)	4(66)	5(34)	6(58)	7(69)	8(74)	9(75)	10(60)	11(51)	12(52)	13(73)	14(100)
2	51 Díaz Rodríguez, Yolanda Pontevedra AROMON	1:23:10 6:06 6:06 1:23:10 1:42	11:11 5:05	15:22 4:11	25:03 9:41	30:22 5:19	34:37 4:15	37:47 3:10	45:22 7:35	47:48 2:26	53:37 5:49	1:02:29 8:52	1:09:05 6:36	1:15:54 6:49	1:21:28 5:34
3	344 Durán Pernas, Remedios O Barco de Valde TREVINCA	1:27:25 6:49 6:49 1:27:25 1:45	12:05 5:16	15:44 3:39 46:04 *75	27:37 11:53	34:25 6:48	38:02 3:37	40:32 2:30	52:34 12:02	53:31 0:57	59:34 6:03	1:10:54 11:20	1:17:16 6:22	1:22:11 4:55	1:25:40 3:29
4	353 Balboa Barros, Margarita Santiago de Comp USC	1:27:41 4:22 4:22 1:27:41 1:29	10:46 6:24	15:26 4:40	20:17 4:51	22:52 2:35	24:47 1:55	26:59 2:12	31:47 4:48	33:55 2:08	40:22 6:27	1:14:45 34:23	1:20:04 5:19	1:23:02 2:58	1:26:12 3:10
5	267 Silvarrey Redondo, Teresa a coruña GALLAECIA_RAID	1:35:29 6:51 6:51 1:35:29 2:52	23:04 16:13	28:22 5:18	33:45 5:23	38:13 4:28	50:55 12:42	53:11 2:16	1:04:59 11:48	1:05:48 0:49	1:11:54 6:06	1:18:26 6:32	1:25:20 6:54	1:29:29 4:09	1:32:37 3:08
6	103 Fernández Santiago, María A Coruña BRIGANTIA	1:58:26 6:49 6:49 1:58:26 2:58	13:03 6:14	19:12 6:09	29:53 10:41	38:41 8:48	46:14 7:33	51:24 5:10	1:04:10 12:46	1:07:25 3:15	1:17:16 9:51	1:30:25 13:09	1:41:09 10:44	1:50:26 9:17	1:55:28 5:02
	461 Liñeira Iglesias, Pilar A Coruña APA_LICEO	Error en tarj. 6:38 6:38 2:20:51 20:28	34:44 28:06	45:11 10:27	57:53 12:42	1:03:36 5:43	1:13:22 9:46	1:18:03 4:41	1:29:48 11:45	1:32:04 2:16	1:37:54 5:50	2:00:23 22:29	-----	-----	-----
	240 López Suárez, María Dolores a coruña GALLAECIA_RAID	Abandona 19:30 19:30	33:45 14:15	54:10 20:25	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
<i>Feminino Élite (9)</i>		5,2 km	21 C												
		1(31) 15(47)	2(54) 16(48)	3(64) 17(49)	4(33) 18(50)	5(34) 19(52)	6(35) 20(53)	7(37) 21(100)	8(38) Meta	9(39)	10(36)	11(55)	12(41)	13(57)	14(46)
1	420 Diz Cao, Isabel As Neves VIZHOJA-CORNELIOS	1:12:53 2:46 2:46 53:44 3:19	5:20 2:34 57:59 4:15	8:33 3:13 1:00:49 2:50	11:25 2:52 1:03:18 2:29	17:00 5:35 1:07:36 4:18	23:18 6:18 1:10:33 2:57	27:50 4:32 1:11:50 1:17	28:59 1:09 1:12:53 1:03	30:48 1:49	34:11 3:23	39:55 5:44	42:35 2:40	45:13 2:38	50:25 5:12
2	44 Bellón Santos, Teresa Pontevedra AROMON	1:22:45 2:50 2:50 1:01:24 7:34	6:50 4:00	8:56 2:06	12:20 3:24	17:47 5:27	24:05 6:18	30:48 6:43	32:14 1:26	33:56 1:42	37:58 4:02	44:37 6:39	47:11 2:34	49:26 2:15	53:50 4:24
3	635 López Eyo, Tania Cuntis XESTEIRAS	1:27:32 6:38 6:38 1:06:03 3:55	13:59 7:21 1:09:54	16:00 2:01 1:13:19	18:53 2:53 1:16:18	24:35 5:42 1:21:29	31:17 6:42 1:24:59	37:54 6:37 1:26:22	39:12 1:18 1:27:32	41:36 2:24	44:26 2:50	51:27 7:01	55:08 3:41	57:31 2:23	1:02:08 4:37
4	284 Morales Jiménez, Irene Xinzo de Limia LIMIACTIVA	1:30:34 3:11 3:11 1:05:47 5:00	7:03 3:52 1:09:54 4:07	9:24 2:21 1:13:14	12:47 3:23 1:16:18	18:04 5:17 1:24:41	25:45 7:41 1:27:49	31:30 5:45 1:29:12	33:10 1:40 1:30:34	35:05 1:55	39:23 4:18	46:16 6:53	51:29 5:13	54:08 2:39	1:00:47 6:39

os		rsal Nombre													Tiempo														
		5,2 km				21 C				<i>(cont.)</i>																			
		1(31) 15(47)	2(54) 16(48)	3(64) 17(49)	4(33) 18(50)	5(34) 19(52)	6(35) 20(53)	7(37) 21(100)	8(38) Meta	9(39)	10(36)	11(55)	12(41)	13(57)	14(46)														
5	389	Pastoriza Santos, Isabel Vigo U-VIGO													1:30:58	3:26 3:26	8:05 4:39	10:31 2:26	13:58 3:27	20:23 6:25	27:15 6:52	33:34 6:19	35:20 1:46	37:33 2:13	42:26 4:53	48:38 6:12	52:43 4:05	55:48 3:05	1:01:00 5:12
6	4	Carro Mahía, Alejandra Porto do Son ADC_ARNELA													1:37:55	3:59 3:59	7:18 3:19	10:29 3:11	13:49 3:20	19:03 5:14	24:34 5:31	29:54 5:20	31:25 1:31	33:45 2:20	37:13 3:28	44:07 6:54	47:20 3:13	49:53 2:33	55:01 5:08
7	402	Puime López, Candela Vigo V.O.													1:51:57	4:27 4:27	7:50 3:23	10:18 2:28	13:27 3:09	24:09 10:42	34:01 9:52	40:15 6:14	41:43 1:28	43:47 2:04	47:42 3:55	55:51 8:09	58:22 2:31	1:00:45 2:23	1:06:07 5:22
	204	Bello Rodríguez, Olalla a coruña GALLAECIA_RAID													Error en tarj.	9:41 9:41	----- 4:33	14:14 3:04	17:18 3:04	22:48 5:30	30:08 7:20	35:53 5:45	37:22 1:29	39:30 2:08	46:22 6:52	52:12 5:50	55:06 2:54	57:33 2:27	1:02:32 4:59
	199	Alvarez Oreiro, Laura a coruña GALLAECIA_RAID													No sale	5:53	3:19	3:16	2:26	5:04	2:56	1:06	1:00		*32				
Masculino 12 (9)		2,8 km				12 C																							
		1(79)	2(80)	3(81)	4(90)	5(82)	6(87)	7(88)	8(89)	9(84)	10(85)	11(86)	12(100)	Meta															
1	443	Rodríguez Arenas, Aaron As Neves VIZHOJA-CORNELIOS													38:32	3:01 3:01	6:00 2:59	10:39 4:39	14:56 4:17	16:54 1:58	17:40 0:46	21:18 3:38	23:10 1:52	26:10 3:00	31:32 5:22	34:28 2:56	37:21 2:53	38:32 1:11	
2	565	Varela Montoto, Sergio Lugo FLUVIAL_LUGO													47:43	3:09 3:09	6:08 2:59	11:50 5:42	15:08 3:18	17:44 2:36	18:22 0:38	25:11 6:49	30:20 5:09	34:38 4:18	40:13 5:35	43:07 2:54	46:32 3:25	47:43 1:11	
3	314	López González, Mario Betanzos OP BETANZOS													48:26	6:10 6:10	9:22 3:12	14:58 5:36	17:58 3:00	20:04 2:06	21:31 1:27	25:52 4:21	30:24 4:32	33:09 2:45	39:29 6:20	42:40 3:11	47:07 4:27	48:26 1:19	
4	264	Silvarrey Oreiro, Diego a coruña GALLAECIA_RAID													58:04	2:34 2:34	7:58 5:24	19:03 11:05	21:48 2:45	23:50 2:02	25:32 1:42	29:32 4:00	32:38 3:06	34:06 1:28	43:24 9:18	55:00 11:36	56:39 1:39	58:04 1:25	
5	561	Sanmartín García, Tomás Lugo FLUVIAL_LUGO													1:00:50	4:09 4:09	8:00 3:51	15:06 7:06	26:49 11:43	29:56 3:07	30:56 1:00	40:17 9:21	44:03 3:46	46:36 2:33	52:22 5:46	56:47 4:25	59:41 2:54	1:00:50 1:09	
6	560	Sanmartín García, Eloi Lugo FLUVIAL_LUGO													1:24:42	14:04 14:04	19:38 5:34	26:41 7:03	34:11 7:30	39:28 5:17	41:13 1:45	53:32 12:19	1:00:14 6:42	1:04:55 4:41	1:13:59 9:04	1:19:19 5:20	1:23:42 4:23	1:24:42 1:00	
7	475	Couceiro Fuertes, Manuel A Coruña ARTABROS													1:55:53	21:51 21:51	25:50 3:59	43:02 17:12	48:18 5:16	52:13 3:55	54:05 1:52	1:15:21 21:16	1:19:04 3:43	1:25:46 6:42	1:39:09 13:23	1:43:15 4:06	1:54:45 11:30	1:55:53 1:08	
	308	Casado Núñez, Martín Betanzos OP BETANZOS													Error en tarj.	2:35 2:35	5:14 2:39	8:06 2:52	13:24 5:18	14:32 1:08	15:10 0:38	35:56 20:46	42:13 6:17	43:32 1:19	47:03 3:31	49:55 2:52	----- -----	51:02 1:07	
	503	García Castro, Marcos a coruña GALLAECIA_RAID													Error en tarj.	5:45:13 *158	5:56:51 *160	6:11:59 *163	48:02 *180	54:54 *164	55:40	1:05:17	1:08:57	1:23:48	1:32:29	1:39:04	1:47:31	1:48:52	

os	rsal	Nombre	Tiempo														
Masculino 21 A (18)			4,7 km		17 C												
			1(31)	2(54)	3(33)	4(34)	5(58)	6(49)	7(35)	8(40)	9(41)	10(57)	11(45)	12(47)	13(48)	14(60)	
			15(52)	16(61)	17(100)	Meta											
1	150	Castrillo Arias, Pedro A Coruña COCO	1:02:22	3:51	7:49	11:04	16:10	18:27	23:07	27:27	32:08	34:54	37:24	39:50	43:13	47:09	50:44
			3:51	3:58	3:15	5:06	2:17	4:40	4:20	4:41	2:46	2:30	2:26	3:23	3:56	3:35	
			57:41	1:00:41	1:01:27	1:02:22											
			6:57	3:00	0:46	0:55											
2	50	Díaz Hernández, Dailo Pontevedra AROMON	1:05:42	3:10	5:31	8:37	16:49	20:36	23:56	28:02	36:17	39:33	41:47	44:05	49:03	53:17	56:29
			3:10	2:21	3:06	8:12	3:47	3:20	4:06	8:15	3:16	2:14	2:18	4:58	4:14	3:12	
			1:00:54	1:04:07	1:04:51	1:05:42											
			4:25	3:13	0:44	0:51											
3	303	López Allegue, Jaime Pontedeume MONTBREAMO	1:06:24	3:21	7:54	11:28	17:10	21:32	24:18	28:40	34:32	39:41	41:53	44:33	47:00	50:59	55:38
			3:21	4:33	3:34	5:42	4:22	2:46	4:22	5:52	5:09	2:12	2:40	2:27	3:59	4:39	
			1:00:57	1:04:47	1:05:30	1:06:24											
			5:19	3:50	0:43	0:54											
4	262	Senra Eiroa, David a coruña GALLAECIA_RAID	1:09:39	2:41	5:22	8:28	12:54	14:06	17:45	20:23	26:07	31:11	33:23	39:07	48:04	51:03	55:09
			2:41	2:41	3:06	4:26	1:12	3:39	2:38	5:44	5:04	2:12	5:44	8:57	2:59	4:06	
			1:00:23	1:08:04	1:08:43	1:09:39											
			5:14	7:41	0:39	0:56											
5	91	Veiga Jaldá, Martín Pontevedra AROMON	1:18:17	3:03	6:11	14:56	20:07	22:21	25:11	29:18	43:17	49:03	52:10	54:57	59:10	1:02:29	1:06:00
			3:03	3:08	8:45	5:11	2:14	2:50	4:07	13:59	5:46	3:07	2:47	4:13	3:19	3:31	
			1:12:02	1:16:37	1:17:16	1:18:17											
			6:02	4:35	0:39	1:01											
6	523	Castedo López, Pablo A Coruña APA_LICEO	1:18:28	3:31	7:11	12:52	18:31	21:00	24:16	31:09	40:55	48:31	51:09	53:45	56:55	1:04:02	1:07:44
			3:31	3:40	5:41	5:39	2:29	3:16	6:53	9:46	7:36	2:38	2:36	3:10	7:07	3:42	
			1:13:17	1:16:45	1:17:29	1:18:28											
			5:33	3:28	0:44	0:59											
7	190	Viana Gonzalez, Iago Lugo FLUVIAL_LUGO	1:26:59	2:51	6:53	10:14	15:19	17:45	23:13	40:46	49:34	55:17	58:09	1:01:33	1:06:49	1:11:20	1:16:27
			2:51	4:02	3:21	5:05	2:26	5:28	17:33	8:48	5:43	2:52	3:24	5:16	4:31	5:07	
			1:22:13	1:25:18	1:25:58	1:26:59											
			5:46	3:05	0:40	1:01											
8	162	Amarelle Garabán, Roberto Lugo FLUVIAL_LUGO	1:28:03	4:23	7:59	15:17	21:35	23:06	25:55	30:09	35:36	39:13	41:16	44:01	56:56	1:01:16	1:04:41
			4:23	3:36	7:18	6:18	1:31	2:49	4:14	5:27	3:37	2:03	2:45	12:55	4:20	3:25	
			1:20:18	1:26:20	1:26:56	1:28:03											
			15:37	6:02	0:36	1:07											
9	160	Vázquez López, Alvaro A Coruña COCO	1:29:52	3:31	7:43	12:35	17:34	20:40	23:18	30:03	42:48	49:00	52:21	55:29	59:35	1:09:55	1:15:33
			3:31	4:12	4:52	4:59	3:06	2:38	6:45	12:45	6:12	3:21	3:08	4:06	10:20	5:38	
			1:23:21	1:28:21	1:28:59	1:29:52											
			7:48	5:00	0:38	0:53											
10	280	Dobaño González, Alex Xinzo de Limia LIMIACTIVA	1:32:56	2:53	6:30	12:53	17:28	19:11	22:52	27:49	49:49	54:17	56:13	1:00:29	1:08:09	1:11:57	1:15:34
			2:53	3:37	6:23	4:35	1:43	3:41	4:57	22:00	4:28	1:56	4:16	7:40	3:48	3:37	
			1:27:48	1:31:21	1:32:03	1:32:56											
			12:14	3:33	0:42	0:53											
11	152	Penas Varela, Jose A Coruña COCO	1:36:45	2:50	6:26	13:16	22:20	25:13	27:38	31:50	42:14	47:26	50:25	53:13	59:57	1:04:19	1:20:15
			2:50	3:36	6:50	9:04	2:53	2:25	4:12	10:24	5:12	2:59	2:48	6:44	4:22	15:56	
			1:29:12	1:34:56	1:35:41	1:36:45											
			8:57	5:44	0:45	1:04											
12	109	González Alvite, Estanislao A Coruña BRIGANTIA	1:43:09	5:59	9:26	13:52	19:47	21:55	24:47	35:32	48:08	54:36	1:10:33	1:13:30	1:17:46	1:22:51	1:26:50
			5:59	3:27	4:26	5:55	2:08	2:52	10:45	12:36	6:28	15:57	2:57	4:16	5:05	3:59	
			1:36:14	1:41:38	1:42:17	1:43:09											
			9:24	5:24	0:39	0:52											
13	328	Figueira Prego, Manuel Ordes SEO	1:56:57	3:31	7:03	10:01	34:37	36:02	40:16	44:20	53:33	1:01:17	1:11:39	1:23:18	1:28:10	1:33:21	1:37:13
			3:31	3:32	2:58	24:36	1:25	4:14	4:04	9:13	7:44	10:22	11:39	4:52	5:11	3:52	
			1:43:09	1:55:32	1:56:02	1:56:57											
			5:56	12:23	0:30	0:55											

os		rsal		Nombre		Tiempo										
		4,7 km		17 C		(cont.)										
		1(31)	2(54)	3(33)	4(34)	5(58)	6(49)	7(35)	8(40)	9(41)	10(57)	11(45)	12(47)	13(48)	14(60)	
		15(52)	16(61)	17(100)	Meta											
434	Otero Ríos, Alberto	Abandona	13:08	19:09	29:55	35:56	38:02	40:51	51:22	1:04:20	1:10:42	----	----	----	----	
	As Neves VIZHOJA-CORNELIOS		13:08	6:01	10:46	6:01	2:06	2:49	10:31	12:58	6:22					
			----	----	1:42:56	1:44:20										
					32:14	1:24										
331	Rodríguez Juncal, José Antonio	Abandona	4:31	23:36	31:35	41:06	44:33	49:09	59:07	1:13:01	1:21:42	1:26:08	1:30:32	----	----	
	Ordes SEO		4:31	19:05	7:59	9:31	3:27	4:36	9:58	13:54	8:41	4:26	4:24			
			----	----	----	1:49:56										
					19:24											
304	Tenreiro Diaz, Ruben	Abandona	3:02	5:30	16:31	27:42	----	----	1:04:06	----	1:32:49	----	----	----	----	
	Pontedeume MONTBREAMO		3:02	2:28	11:01	11:11			36:24	28:43						
			----	----	----			14:08	1:07:40	1:08:28	1:10:21	1:13:33	1:30:29			
								*64	*37	*38	*39	*36	*55			
707	Lopez Guerreiro, Martin	No sale														
	Lugo FLUVIAL_LUGO															
522	Tapia Soto, David	No sale														
	Pontevedra AROMON															
Masculino 21 B (12)		3,5 km		13 C												
		1(79)	2(64)	3(77)	4(81)	5(68)	6(69)	7(91)	8(82)	9(89)	10(71)	11(72)	12(86)	13(100)	Meta	
1	556 Rocha Pena, Pablo	40:44	1:59	4:22	7:29	9:38	12:56	15:00	17:20	20:58	25:09	27:27	34:26	37:11	39:42	40:44
	Lugo FLUVIAL_LUGO		1:59	2:23	3:07	2:09	3:18	2:04	2:20	3:38	4:11	2:18	6:59	2:45	2:31	1:02
2	507 Noguero Diz, Iván	42:56	2:27	4:47	7:59	10:10	13:58	16:18	18:49	23:09	27:39	29:33	36:39	40:13	41:49	42:56
	a coruña GALLAECIA_RAID		2:27	2:20	3:12	2:11	3:48	2:20	2:31	4:20	4:30	1:54	7:06	3:34	1:36	1:07
3	294 Valiño Martínez, David	45:14	3:58	6:21	9:24	11:58	17:27	19:33	21:50	25:29	30:04	32:25	39:21	42:33	44:12	45:14
	Ferrol MONTAÑA_FERROL		3:58	2:23	3:03	2:34	5:29	2:06	2:17	3:39	4:35	2:21	6:56	3:12	1:39	1:02
4	297 Arias Alvarez, José Eladio	47:01	2:20	5:17	8:01	9:40	15:53	18:36	24:32	29:54	34:32	36:47	40:34	44:23	46:08	47:01
	Pontedeume MONTBREAMO		2:20	2:57	2:44	1:39	6:13	2:43	5:56	5:22	4:38	2:15	3:47	3:49	1:45	0:53
5	37 Victorero Domínguez, Alejandro	1:03:23	2:27	7:32	11:44	14:16	19:49	24:57	27:43	32:02	40:07	46:50	54:31	59:54	1:02:13	1:03:23
	Porto do Son ADC_ARNELA		2:27	5:05	4:12	2:32	5:33	5:08	2:46	4:19	8:05	6:43	7:41	5:23	2:19	1:10
6	153 Rodríguez Fernandez, Ruben	1:10:01	2:36	5:32	8:16	10:06	20:16	26:00	38:54	41:23	49:51	51:41	1:04:05	1:07:10	1:08:41	1:10:01
	A Coruña COCO		2:36	2:56	2:44	1:50	10:10	5:44	12:54	2:29	8:28	1:50	12:24	3:05	1:31	1:20
7	513 Álvarez González, Carlos	1:28:14	3:34	21:12	26:53	31:10	41:29	44:24	57:00	1:03:56	1:08:59	1:12:25	1:19:04	1:23:03	1:26:51	1:28:14
	Pontevedra AROMON		3:34	17:38	5:41	4:17	10:19	2:55	12:36	6:56	5:03	3:26	6:39	3:59	3:48	1:23
8	547 Freire Fernández, Jorge	1:34:31	2:59	6:09	10:52	13:11	27:34	29:55	53:55	1:02:46	1:07:16	1:10:12	1:26:22	1:30:09	1:33:25	1:34:31
	Lugo FLUVIAL_LUGO		2:59	3:10	4:43	2:19	14:23	2:21	24:00	8:51	4:30	2:56	16:10	3:47	3:16	1:06
700	Martínez Seco, Marcos	Error en tarj.	----	10:53	15:35	18:37	25:48	38:10	41:12	44:24	49:31	52:07	58:02	1:02:10	1:07:06	1:08:29
	Pontedeume MONTBREAMO			10:53	4:42	3:02	7:11	12:22	3:02	3:12	5:07	2:36	5:55	4:08	4:56	1:23
				6:01	30:37											
				*31	*67											
589	Ruiz Lago, Emilio	No sale														
	Vigo HABELAS_HAINAS															
302	Hermida Carrasco, Alberto José	No sale														
	Pontedeume MONTBREAMO															
586	Gonzalez Alonso, Diego	No sale														
	Vigo HABELAS_HAINAS															

os rsal Nombre		Tiempo														
Masculino 35 (17)		5,2 km 21 C														
		1(31)	2(54)	3(64)	4(33)	5(34)	6(35)	7(37)	8(38)	9(39)	10(36)	11(55)	12(41)	13(57)	14(46)	
		15(47)	16(48)	17(49)	18(50)	19(52)	20(53)	21(100)	Meta							
1	56 Figueroa Fernández, Ricardo Pontevedra AROMON	1:00:14	2:51	4:58	6:50	9:07	13:08	18:18	23:01	23:54	25:44	28:57	32:39	35:01	37:48	42:41
			2:51	2:07	1:52	2:17	4:01	5:10	4:43	0:53	1:50	3:13	3:42	2:22	2:47	4:53
			45:15	47:56	51:08	53:03	56:46	58:37	59:22	1:00:14						
			2:34	2:41	3:12	1:55	3:43	1:51	0:45	0:52						
2	497 Sevilla Gómez, Francisco Javier A Coruña ARTABROS	1:11:25	2:42	8:30	10:22	12:41	17:08	24:00	28:04	29:06	30:58	33:24	37:33	40:23	43:12	48:29
			2:42	5:48	1:52	2:19	4:27	6:52	4:04	1:02	1:52	2:26	4:09	2:50	2:49	5:17
			52:10	57:59	1:00:53	1:03:05	1:06:38	1:09:36	1:10:32	1:11:25						
			3:41	5:49	2:54	2:12	3:33	2:58	0:56	0:53						
3	215 Diz López, Francisco a coruña GALLAECIA_RAID	1:15:19	2:48	6:16	8:47	11:09	15:40	21:05	25:03	26:09	27:29	34:14	43:15	48:57	51:12	55:25
			2:48	3:28	2:31	2:22	4:31	5:25	3:58	1:06	1:20	6:45	9:01	5:42	2:15	4:13
			58:26	1:01:23	1:04:14	1:07:10	1:11:26	1:13:18	1:14:14	1:15:19						
			3:01	2:57	2:51	2:56	4:16	1:52	0:56	1:05						
4	31 Rosado Frade, Alfonso Porto do Son ADC_ARNELA	1:18:40	2:40	5:25	8:27	12:52	18:10	24:27	33:07	34:38	36:27	39:45	45:31	49:16	51:22	55:53
			2:40	2:45	3:02	4:25	5:18	6:17	8:40	1:31	1:49	3:18	5:46	3:45	2:06	4:31
			1:00:13	1:03:09	1:07:20	1:09:46	1:14:16	1:16:38	1:17:39	1:18:40						
			4:20	2:56	4:11	2:26	4:30	2:22	1:01	1:01						
			3:26	6:36	9:01	11:40	19:04	25:59	33:09	34:50	37:02	40:12	45:23	48:05	50:55	55:50
			3:26	3:10	2:25	2:39	7:24	6:55	7:10	1:41	2:12	3:10	5:11	2:42	2:50	4:55
			1:00:19	1:05:00	1:09:13	1:11:46	1:16:06	1:19:14	1:20:29	1:21:34						
			4:29	4:41	4:13	2:33	4:20	3:08	1:15	1:05						
6	3 Baamonde Arufe, Pablo Porto do Son ADC_ARNELA	1:27:01	2:56	8:08	12:51	16:12	22:28	29:27	35:09	36:51	40:18	43:42	49:15	51:56	54:26	1:00:08
			2:56	5:12	4:43	3:21	6:16	6:59	5:42	1:42	3:27	3:24	5:33	2:41	2:30	5:42
			1:04:09	1:09:49	1:14:09	1:17:06	1:21:48	1:24:39	1:25:53	1:27:01						
			4:01	5:40	4:20	2:57	4:42	2:51	1:14	1:08						
7	254 Perez Seijas, Alberto a coruña GALLAECIA_RAID	1:28:32	3:20	6:57	12:24	16:35	22:08	31:46	37:26	39:10	41:57	45:58	51:44	54:17	56:49	1:01:44
			3:20	3:37	5:27	4:11	5:33	9:38	5:40	1:44	2:47	4:01	5:46	2:33	2:32	4:55
			1:06:56	1:11:20	1:16:08	1:18:55	1:23:08	1:26:10	1:27:31	1:28:32						
			5:12	4:24	4:48	2:47	4:13	3:02	1:21	1:01						
8	249 Patiño Varela, Juan a coruña GALLAECIA_RAID	1:29:36	2:53	6:47	8:45	11:25	25:09	31:57	36:56	38:11	42:37	46:05	53:11	56:07	58:21	1:03:07
			2:53	3:54	1:58	2:40	13:44	6:48	4:59	1:15	4:26	3:28	7:06	2:56	2:14	4:46
			1:07:28	1:14:16	1:17:43	1:20:07	1:24:10	1:27:22	1:28:23	1:29:36						
			4:21	6:48	3:27	2:24	4:03	3:12	1:01	1:13						
9	48 Casal Fernández, Francisco Jav Pontevedra AROMON	1:32:57	2:35	7:55	10:44	14:45	19:50	28:21	34:30	36:03	38:05	42:13	48:57	52:00	54:45	1:01:52
			2:35	5:20	2:49	4:01	5:05	8:31	6:09	1:33	2:02	4:08	6:44	3:03	2:45	7:07
			1:10:17	1:15:11	1:20:41	1:22:57	1:27:51	1:30:44	1:31:59	1:32:57						
			8:25	4:54	5:30	2:16	4:54	2:53	1:15	0:58						
10	261 Salvador Rodríguez, Carlos a coruña GALLAECIA_RAID	1:37:33	3:26	7:33	13:48	16:39	23:53	36:03	42:00	43:24	45:49	49:49	57:47	1:00:18	1:02:48	1:08:04
			3:26	4:07	6:15	2:51	7:14	12:10	5:57	1:24	2:25	4:00	7:58	2:31	2:30	5:16
			1:14:26	1:19:48	1:24:11	1:27:09	1:31:50	1:35:16	1:36:19	1:37:33						
			6:22	5:22	4:23	2:58	4:41	3:26	1:03	1:14						
11	404 Alonso Carrasco, Miguel Guitiriz VÍCHELAS	1:47:34	2:51	5:50	8:38	13:55	18:55	31:23	46:01	46:58	49:06	52:26	58:20	1:08:59	1:15:07	1:20:57
			2:51	2:59	2:48	5:17	5:00	12:28	14:38	0:57	2:08	3:20	5:54	10:39	6:08	5:50
			1:26:34	1:31:05	1:35:18	1:37:15	1:41:34	1:45:31	1:46:32	1:47:34						
			5:37	4:31	4:13	1:57	4:19	3:57	1:01	1:02						
12	301 Fraga Ares, Hector Pontedeume MONTBREAMO	2:03:57	3:31	7:14	13:31	16:45	23:53	29:52	37:40	39:31	42:57	49:09	56:58	59:43	1:02:52	1:09:43
			3:31	3:43	6:17	3:14	7:08	5:59	7:48	1:51	3:26	6:12	7:49	2:45	3:09	6:51
			1:37:06	1:42:27	1:48:13	1:51:46	1:57:17	2:01:30	2:02:35	2:03:57						
			27:23	5:21	5:46	3:33	5:31	4:13	1:05	1:22						
13	208 Canedo García, Juan a coruña GALLAECIA_RAID	2:09:40	4:01	10:08	13:13	16:40	22:49	29:10	44:51	46:25	49:55	53:22	1:01:13	1:09:47	1:13:05	1:34:26
			4:01	6:07	3:05	3:27	6:09	6:21	15:41	1:34	3:30	3:27	7:51	8:34	3:18	21:21
			1:44:16	1:49:26	1:54:23	1:58:16	2:04:08	2:07:19	2:08:27	2:09:40						
			9:50	5:10	4:57	3:53	5:52	3:11	1:08	1:13						

os rsal Nombre		Tiempo														
<i>Masculino 40 (36)</i>		<i>5,2 km</i>	<i>21 C</i>	<i>(cont.)</i>												
		1(31) 15(48)	2(54) 16(60)	3(64) 17(50)	4(33) 18(85)	5(34) 19(52)	6(68) 20(61)	7(49) 21(100)	8(35) Meta	9(37)	10(38)	11(39)	12(36)	13(55)	14(41)	
8	491 Riestra González, Santiago A Coruña ARTABROS	1:11:31	9:28	13:19	15:24	18:55	24:35	25:59	29:13	32:43	37:44	38:58	40:41	43:21	48:10	51:35
			9:28	3:51	2:05	3:31	5:40	1:24	3:14	3:30	5:01	1:14	1:43	2:40	4:49	3:25
			55:48	59:05	1:00:40	1:04:13	1:06:28	1:09:43	1:10:21	1:11:31						
			4:13	3:17	1:35	3:33	2:15	3:15	0:38	1:10						
9	272 Antón Casado, Arturo Arteixo. A Coruña IES_SABON	1:13:01	3:07	10:04	13:31	18:11	24:19	25:42	29:15	33:42	38:36	39:57	42:20	45:04	50:46	53:39
			3:07	6:57	3:27	4:40	6:08	1:23	3:33	4:27	4:54	1:21	2:23	2:44	5:42	2:53
			57:46	1:01:39	1:03:17	1:06:23	1:08:22	1:11:24	1:12:02	1:13:01						
			4:07	3:53	1:38	3:06	1:59	3:02	0:38	0:59						
10	115 Paz Guzmán, Julio A Coruña BRIGANTIA	1:13:21	3:09	6:01	9:40	14:05	20:21	21:37	24:38	28:43	34:38	36:04	37:41	41:43	46:40	53:22
			3:09	2:52	3:39	4:25	6:16	1:16	3:01	4:05	5:55	1:26	1:37	4:02	4:57	6:42
			57:35	1:01:29	1:03:22	1:06:01	1:07:57	1:11:24	1:12:30	1:13:21						
			4:13	3:54	1:53	2:39	1:56	3:27	1:06	0:51						
11	207 Camblor Quirós, Miguel a coruña GALLAECIA_RAID	1:13:49	2:20	5:03	7:59	10:56	15:37	16:45	22:18	26:52	31:12	32:25	33:44	36:39	45:28	48:08
			2:20	2:43	2:56	2:57	4:41	1:08	5:33	4:34	4:20	1:13	1:19	2:55	8:49	2:40
			54:37	58:52	1:00:39	1:03:37	1:07:52	1:12:11	1:12:51	1:13:49						
			6:29	4:15	1:47	2:58	4:15	4:19	0:40	0:58						
12	369 Álvarez Cabero, José Maria Vigo U-VIGO	1:15:06	2:42	7:22	18:37	21:10	25:40	26:42	29:35	33:20	43:10	44:27	46:42	49:10	53:48	56:36
			2:42	4:40	11:15	2:33	4:30	1:02	2:53	3:45	9:50	1:17	2:15	2:28	4:38	2:48
			1:01:02	1:04:07	1:05:39	1:08:10	1:09:54	1:13:05	1:14:01	1:15:06						
			4:26	3:05	1:32	2:31	1:44	3:11	0:56	1:05						
13	454 Castrillón Manso, José Antonio A Coruña APA_LICEO	1:15:11	2:56	7:24	10:08	15:49	21:15	22:59	26:23	30:27	35:10	36:36	38:29	41:19	49:05	52:38
			2:56	4:28	2:44	5:41	5:26	1:44	3:24	4:04	4:43	1:26	1:53	2:50	7:46	3:33
			58:47	1:02:36	1:04:16	1:07:22	1:09:42	1:13:05	1:14:00	1:15:11						
			6:09	3:49	1:40	3:06	2:20	3:23	0:55	1:11						
14	139 Martinez Lorenzo, Daniel O Porriño BUDIÑORAI	1:18:45	3:26	6:27	8:13	11:28	17:15	21:00	25:51	29:16	33:15	34:12	39:18	41:39	45:58	55:01
			3:26	3:01	1:46	3:15	5:47	3:45	4:51	3:25	3:59	0:57	5:06	2:21	4:19	9:03
			1:00:09	1:04:50	1:06:30	1:09:21	1:13:40	1:17:08	1:17:50	1:18:45						
			5:08	4:41	1:40	2:51	4:19	3:28	0:42	0:55						
15	292 Rodríguez Bergara, Andres Ferrol MONTAÑA_FERROL	1:19:04	3:04	6:57	12:48	16:04	21:17	22:59	28:02	33:06	38:11	39:34	43:36	46:16	52:27	55:18
			3:04	3:53	5:51	3:16	5:13	1:42	5:03	5:04	5:05	1:23	4:02	2:40	6:11	2:51
			1:00:06	1:04:52	1:06:42	1:09:43	1:11:21	1:15:10	1:17:57	1:19:04						
			4:48	4:46	1:50	3:01	1:38	3:49	2:47	1:07						
16	257 Rioboo Iglesias, Daniel a coruña GALLAECIA_RAID	1:20:27	10:30	13:54	16:26	19:43	27:46	29:32	32:52	37:26	43:40	45:02	46:48	50:33	55:35	58:32
			10:30	3:24	2:32	3:17	8:03	1:46	3:20	4:34	6:14	1:22	1:46	3:45	5:02	2:57
			1:03:31	1:07:45	1:09:24	1:13:09	1:15:41	1:18:34	1:19:28	1:20:27						
			4:59	4:14	1:39	3:45	2:32	2:53	0:54	0:59						
17	120 Sánchez Díaz, Ricardo A Coruña BRIGANTIA	1:23:32	3:08	7:20	13:19	17:30	23:34	25:15	28:40	33:08	38:08	39:47	42:53	46:15	52:38	57:02
			3:08	4:12	5:59	4:11	6:04	1:41	3:25	4:28	5:00	1:39	3:06	3:22	6:23	4:24
			1:04:04	1:09:15	1:11:54	1:15:07	1:17:07	1:21:15	1:22:19	1:23:32						
			7:02	5:11	2:39	3:13	2:00	4:08	1:04	1:13						
18	182 Nogueiras Marentes, Jose Manue Lugo FLUVIAL_LUGO	1:24:34	3:13	6:16	8:31	10:41	15:03	20:35	25:27	29:20	33:35	34:53	38:47	49:27	55:10	58:44
			3:13	3:03	2:15	2:10	4:22	5:32	4:52	3:53	4:15	1:18	3:54	10:40	5:43	3:34
			1:03:26	1:11:04	1:14:00	1:16:18	1:19:39	1:22:59	1:23:36	1:24:34						
			4:42	7:38	2:56	2:18	3:21	3:20	0:37	0:58						
19	61 Grimaldi Delgado, Juan Sebasti Pontevedra AROMON	1:26:35	3:33	8:07	10:52	14:44	20:33	23:14	26:52	32:43	39:24	41:11	43:25	49:50	58:12	1:00:43
			3:33	4:34	2:45	3:52	5:49	2:41	3:38	5:51	6:41	1:47	2:14	6:25	8:22	2:31
			1:09:29	1:13:52	1:15:41	1:18:51	1:21:02	1:24:33	1:25:31	1:26:35						
			8:46	4:23	1:49	3:10	2:11	3:31	0:58	1:04						

os rsal Nombre		Tiempo														
Masculino 40 (36)		5,2 km	21 C	<i>(cont.)</i>												
		1(31) 15(48)	2(54) 16(60)	3(64) 17(50)	4(33) 18(85)	5(34) 19(52)	6(68) 20(61)	7(49) 21(100)	8(35) Meta	9(37)	10(38)	11(39)	12(36)	13(55)	14(41)	
20	168 Fernandez Arias, Diego Lugo FLUVIAL_LUGO	1:38:19	3:42	6:11	8:08	11:36	27:23	28:14	35:09	38:55	43:29	44:29	45:51	49:05	1:07:52	1:11:33
			3:42	2:29	1:57	3:28	15:47	0:51	6:55	3:46	4:34	1:00	1:22	3:14	18:47	3:41
			1:16:06	1:20:13	1:22:25	1:26:07	1:28:09	1:36:43	1:37:15	1:38:19						
			4:33	4:07	2:12	3:42	2:02	8:34	0:32	1:04						
21	630 Martin Arias, Fernando Vigo V.O.	1:45:22	4:06	14:39	16:51	20:11	27:50	29:42	35:25	47:14	53:17	54:59	57:21	1:00:43	1:07:07	1:11:15
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			6:08	6:13	9:13	3:11	2:26	4:32	1:07	1:17						
22	396 Pérez Juste, Jorge Vigo U-VIGO	1:49:57	3:00	15:39	18:19	22:00	31:24	33:24	44:50	50:02	57:13	59:05	1:02:11	1:05:47	1:11:20	1:14:19
			3:00	12:39	2:40	3:41	9:24	2:00	11:26	5:12	7:11	1:52	3:06	3:36	5:33	2:59
			1:19:00	1:25:38	1:28:50	1:31:33	1:35:17	1:48:12	1:48:53	1:49:57						
			4:41	6:38	3:12	2:43	3:44	12:55	0:41	1:04						
23	566 Varela, Bartolome Lugo FLUVIAL_LUGO	1:54:39	3:24	6:13	10:28	13:06	35:33	37:02	39:59	51:36	56:14	57:59	1:00:18	1:03:51	1:11:00	1:16:56
			3:24	2:49	4:15	2:38	22:27	1:29	2:57	11:37	4:38	1:45	2:19	3:33	7:09	5:56
			1:23:52	1:30:11	1:31:40	1:34:35	1:36:27	1:53:01	1:53:42	1:54:39						
			6:56	6:19	1:29	2:55	1:52	16:34	0:41	0:57						
24	155 Sánchez Mourazos, Claudio A Coruña COCO	2:00:30	4:04	9:06	11:27	20:11	26:24	40:44	45:56	1:04:08	1:14:01	1:15:18	1:17:42	1:23:23	1:30:39	1:35:14
			4:04	5:02	2:21	8:44	6:13	14:20	5:12	18:12	9:53	1:17	2:24	5:41	7:16	4:35
			1:40:48	1:47:14	1:49:33	1:52:33	1:54:43	1:58:36	1:59:23	2:00:30						
			5:34	6:26	2:19	3:00	2:10	3:53	0:47	1:07						
25	102 Docal Rubido, Jose Manuel A Coruña BRIGANTIA	2:09:33	3:34	14:09	17:50	21:12	39:10	46:06	53:57	58:04	1:08:30	1:09:27	1:14:35	1:28:08	1:36:31	1:39:00
			3:34	10:35	3:41	3:22	17:58	6:56	7:51	4:07	10:26	0:57	5:08	13:33	8:23	2:29
			1:45:24	1:51:55	1:53:40	1:56:37	2:03:10	2:07:21	2:08:35	2:09:33						
			6:24	6:31	1:45	2:57	6:33	4:11	1:14	0:58						
391	Pazó Pazó, Martín Vigo U-VIGO	Error en tarj.	2:52	5:28	7:44	12:07	16:32	17:53	20:43	24:12	28:18	29:21	30:55	34:13	38:38	44:36
			2:52	2:36	2:16	4:23	4:25	1:21	2:50	3:29	4:06	1:03	1:34	3:18	4:25	5:58
			49:56	56:35	-----	1:00:35	1:04:55	1:11:43	1:12:28	1:13:24						
			5:20	6:39	4:00	4:20	6:48	0:45	0:56							
81	Rodríguez Salas, Alberto Pontevedra AROMON	Error en tarj.	4:28	7:40	9:49	13:22	18:45	21:21	25:21	28:33	44:42	45:54	47:22	50:54	56:06	59:13
			4:28	3:12	2:09	3:33	5:23	2:36	4:00	3:12	16:09	1:12	1:28	3:32	5:12	3:07
			1:04:38	1:08:14	1:10:02	1:12:48	1:16:08	1:19:45	-----	1:23:08						
			5:25	3:36	1:48	2:46	3:20	3:37		3:23						
214	Cobas García, Roberto a coruña GALLAECIA_RAID	Error en tarj.	3:00	7:59	10:46	15:16	21:14	25:26	29:21	33:50	37:53	39:05	42:35	54:32	59:39	1:02:46
			3:00	4:59	2:47	4:30	5:58	4:12	3:55	4:29	4:03	1:12	3:30	11:57	5:07	3:07
			1:11:19	1:18:52	1:21:06	1:23:46	-----	-----	1:34:03	1:35:14						
			8:33	7:33	2:14	2:40			10:17	1:11						
593	Teijeiro Ruíz, Diego Ferrol MONTAÑA_FERROL	Error en tarj.	7:00	13:49	16:30	23:13	30:47	44:43	53:44	59:00	1:05:57	1:07:51	1:14:01	1:17:50	1:25:02	1:29:13
			7:00	6:49	2:41	6:43	7:34	13:56	9:01	5:16	6:57	1:54	6:10	3:49	7:12	4:11
			1:34:29	1:43:17	1:45:21	1:49:00	1:51:04	-----	1:59:38	2:01:02						
			5:16	8:48	2:04	3:39	2:04		8:34	1:24						
638	Vázquez Souto, Juan Carlos a coruña GALLAECIA_RAID	Desc.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
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621	Senin Canosa, Ignacio A Coruña BRIGANTIA	Abandona	3:19	7:34	10:45	19:36	26:43	30:27	36:01	-----	-----	-----	-----	-----	-----	-----
			3:19	4:15	3:11	8:51	7:07	3:44	5:34							
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										1:05:41						
										29:40						

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Masculino 45 (34)						3,8 km	16 C	<i>(cont.)</i>												
						1(54) 15(53)	2(64) 16(100)	3(33) Meta	4(90)	5(67)	6(68)	7(58)	8(74)	9(57)	10(48)	11(60)	12(50)	13(52)	14(62)	
9	251	Pedre Vazquez, Manuel		a coruña GALLAECIA_RAID		57:27	6:07	13:07	16:00	19:51	23:52	25:58	26:51	31:51	36:03	40:14	43:52	45:42	52:19	53:24
							6:07	7:00	2:53	3:51	4:01	2:06	0:53	5:00	4:12	4:11	3:38	1:50	6:37	1:05
							55:38	56:29	57:27											
							2:14	0:51	0:58											
10	549	Lamela Arias, Alberto		Lugo FLUVIAL_LUGO		57:41	3:29	9:03	11:49	15:28	17:00	21:14	24:11	28:15	34:25	39:59	44:30	47:55	52:48	53:42
							3:29	5:34	2:46	3:39	1:32	4:14	2:57	4:04	6:10	5:34	4:31	3:25	4:53	0:54
							55:46	56:44	57:41											
							2:04	0:58	0:57											
11	42	Antoñón Clemente, Javier		Pontevedra AROMON		59:20	6:06	8:14	13:44	18:01	20:12	22:22	24:24	29:37	37:21	41:46	46:05	48:05	53:35	54:40
							6:06	2:08	5:30	4:17	2:11	2:10	2:02	5:13	7:44	4:25	4:19	2:00	5:30	1:05
							56:45	58:03	59:20											
							2:05	1:18	1:17											
12	22	Oujo Pouso, Gelasio		Porto do Son ADC_ARNELA		59:37	3:31	5:22	8:37	12:30	15:27	17:58	19:48	23:50	36:30	46:13	49:31	50:50	55:00	55:48
							3:31	1:51	3:15	3:53	2:57	2:31	1:50	4:02	12:40	9:43	3:18	1:19	4:10	0:48
							57:44	58:45	59:37											
							1:56	1:01	0:52											
13	28	Piñeiro Pouso, M. Antonio		Porto do Son ADC_ARNELA		1:00:47	3:33	9:39	12:49	16:06	20:01	21:42	23:32	27:26	37:53	41:15	44:33	46:39	56:32	57:11
							3:33	6:06	3:10	3:17	3:55	1:41	1:50	3:54	10:27	3:22	3:18	2:06	9:53	0:39
							58:42	59:43	1:00:47											
							1:31	1:01	1:04											
14	473	Chase, Neil		A Coruña ARTABROS		1:03:28	10:39	16:06	19:51	23:50	26:25	29:33	30:33	35:59	41:23	45:42	50:12	52:12	57:43	59:06
							10:39	5:27	3:45	3:59	2:35	3:08	1:00	5:26	5:24	4:19	4:30	2:00	5:31	1:23
							1:01:05	1:02:18	1:03:28											
							1:59	1:13	1:10											
15	266	Silvarrey Redondo, Fernando		a coruña GALLAECIA_RAID		1:03:53	9:32	11:49	15:34	18:50	20:41	22:38	24:05	28:47	32:51	36:26	44:55	46:38	53:29	55:06
							9:32	2:17	3:45	3:16	1:51	1:57	1:27	4:42	4:04	3:35	8:29	1:43	6:51	1:37
							1:01:18	1:02:53	1:03:53											
							6:12	1:35	1:00											
16	80	Rodríguez Pérez, Eladio		Pontevedra AROMON		1:04:17	8:15	17:55	23:58	28:09	30:24	32:40	33:16	38:51	42:50	45:59	50:12	52:02	58:02	59:13
							8:15	9:40	6:03	4:11	2:15	2:16	0:36	5:35	3:59	3:09	4:13	1:50	6:00	1:11
							1:01:36	1:03:00	1:04:17											
							2:23	1:24	1:17											
17	336	Aller Estévez, Pablo Adrián		O Barco de Valde TREVINCA		1:05:15	6:29	9:31	13:23	18:15	20:15	23:03	23:50	29:53	41:39	45:36	50:27	52:27	58:50	59:46
							6:29	3:02	3:52	4:52	2:00	2:48	0:47	6:03	11:46	3:57	4:51	2:00	6:23	0:56
							1:02:25	1:03:54	1:05:15											
							2:39	1:29	1:21											
18	17	Oujo Castelo, Santiago Amador		Porto do Son ADC_ARNELA		1:06:57	9:35	11:53	16:40	20:19	22:58	24:50	26:47	31:23	42:32	46:50	54:01	55:59	1:00:40	1:01:35
							9:35	2:18	4:47	3:39	2:39	1:52	1:57	4:36	11:09	4:18	7:11	1:58	4:41	0:55
							1:04:59	1:06:02	1:06:57											
							3:24	1:03	0:55											
19	2	Arufe Varela, Javier		A Coruña APA_LICEO		1:08:25	8:35	13:16	18:02	23:38	25:50	28:30	29:30	35:35	40:13	46:05	51:35	54:08	1:01:15	1:02:13
							8:35	4:41	4:46	5:36	2:12	2:40	1:00	6:05	4:38	5:52	5:30	2:33	7:07	0:58
							1:04:38	1:06:20	1:08:25											
							2:25	1:42	2:05											
20	342	Camba Rodríguez, Francisco Jo		O Barco de Valde TREVINCA		1:09:46	10:43	15:35	19:08	23:24	26:00	28:45	32:44	39:27	44:45	49:22	55:06	56:59	1:03:41	1:04:34
							10:43	4:52	3:33	4:16	2:36	2:45	3:59	6:43	5:18	4:37	5:44	1:53	6:42	0:53
							1:07:14	1:08:39	1:09:46											
							2:40	1:25	1:07											

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Masculino 45 (34)						3,8 km	16 C	<i>(cont.)</i>												
						1(54) 15(53)	2(64) 16(100)	3(33) Meta	4(90)	5(67)	6(68)	7(58)	8(74)	9(57)	10(48)	11(60)	12(50)	13(52)	14(62)	
21	372	Armada Luaces, José Luis		Vigo U-VIGO		1:10:10	5:09	8:45	20:11	24:30	26:19	29:41	30:21	35:06	40:37	48:56	53:29	55:04	1:02:17	1:03:15
							5:09	3:36	11:26	4:19	1:49	3:22	0:40	4:45	40:37	8:19	4:33	1:35	7:13	0:58
							1:07:24	1:08:57	1:10:10											
							4:09	1:33	1:13											
22	476	Couceiro Herrero, Luis Adolfo		A Coruña ARTABROS		1:11:35	10:13	13:27	16:22	21:17	23:40	31:11	34:21	39:57	44:11	48:16	53:53	55:40	1:00:14	1:06:10
							10:13	3:14	2:55	4:55	2:23	7:31	3:10	5:36	4:14	4:05	5:37	1:47	4:34	5:56
							1:09:22	1:10:37	1:11:35											
							3:12	1:15	0:58											
23	702	González Maurel, Sergio		A CORUÑA FEGADO		1:13:47	9:26	12:44	21:45	26:28	28:22	33:54	36:56	43:45	51:05	55:58	1:00:16	1:02:28	1:07:07	1:08:34
							9:26	3:18	9:01	4:43	1:54	5:32	3:02	6:49	7:20	4:53	4:18	2:12	4:39	1:27
							1:10:45	1:12:22	1:13:47											
							2:11	1:37	1:25											
24	89	Veiga Bugallo, Francisco Javier		Pontevedra AROMON		1:15:48	8:37	11:37	18:42	24:35	27:21	30:39	31:47	40:21	46:29	50:58	57:55	1:00:26	1:07:51	1:09:03
							8:37	3:00	7:05	5:53	2:46	3:18	1:08	8:34	6:08	4:29	6:57	2:31	7:25	1:12
							1:12:34	1:14:15	1:15:48											
							3:31	1:41	1:33											
25	545	Fouz Rodriguez, Marcos		Lugo FLUVIAL_LUGO		1:16:39	8:54	11:52	15:36	20:15	24:14	27:24	28:26	34:21	45:35	50:54	56:20	58:21	1:10:24	1:11:25
							8:54	2:58	3:44	4:39	3:59	3:10	1:02	5:55	11:14	5:19	5:26	2:01	12:03	1:01
							1:13:50	1:15:18	1:16:39											
							2:25	1:28	1:21											
26	592	Perez Marcote, David		Ferrol MONTAÑA_FERROL		1:17:46	11:07	14:17	17:38	21:39	25:35	29:53	31:58	38:39	43:26	47:38	52:06	1:01:53	1:07:33	1:09:04
							11:07	3:10	3:21	4:01	3:56	4:18	2:05	6:41	4:47	4:12	4:28	9:47	5:40	1:31
							1:14:18	1:16:28	1:17:46											
							5:14	2:10	1:18											
27	409	Villar Vazquez, Emilio		Guitiriz VÍCHELAS		1:25:03	12:44	15:58	21:13	32:21	35:23	38:17	42:21	48:26	56:33	1:01:01	1:06:47	1:08:42	1:16:26	1:17:41
							12:44	3:14	5:15	11:08	3:02	2:54	4:04	6:05	8:07	4:28	5:46	1:55	7:44	1:15
							1:20:09	1:23:57	1:25:03											
							2:28	3:48	1:06											
28	524	Navia Álvarez, Alfonso		A Coruña APA_LICEO		1:29:44	22:31	28:11	35:28	40:45	43:19	47:42	50:48	56:16	1:02:41	1:06:54	1:14:09	1:16:04	1:23:04	1:24:20
							22:31	5:40	7:17	5:17	2:34	4:23	3:06	5:28	6:25	4:13	7:15	1:55	7:00	1:16
							1:26:59	1:28:35	1:29:44											
							2:39	1:36	1:09											
29	364	Sampedro Muñoz, José Manuel		Santiago de Comp USC		1:30:56	14:37	21:10	25:54	31:50	34:08	37:10	38:14	51:33	58:48	1:03:12	1:11:42	1:13:45	1:20:47	1:22:01
							14:37	6:33	4:44	5:56	2:18	3:02	1:04	13:19	7:15	4:24	8:30	2:03	7:02	1:14
							1:27:24	1:29:17	1:30:56											
							5:23	1:53	1:39											
30	378	Fuertes González, Enrique		Vigo U-VIGO		1:34:33	6:59	16:09	23:56	28:17	31:44	36:49	37:19	43:23	51:19	1:03:36	1:11:54	1:13:28	1:21:17	1:29:42
							6:59	9:10	7:47	4:21	3:27	5:05	0:30	6:04	7:56	12:17	8:18	1:34	7:49	8:25
							1:31:43	1:33:26	1:34:33											
							2:01	1:43	1:07											
31	505	Garcia Dominguez, Jose Luis		a coruña GALLAECIA_RAID		1:40:14	33:32	40:38	44:45	50:14	52:00	54:02	55:28	59:34	1:04:36	1:11:50	1:15:49	1:17:36	1:35:32	1:36:24
							33:32	7:06	4:07	5:29	1:46	2:02	1:26	4:06	5:02	7:14	3:59	1:47	17:56	0:52
							1:38:09	1:39:15	1:40:14											
							1:45	1:06	0:59											
32	501	Traveso Rodríguez, Santiago		A Coruña ARTABROS		1:49:08	24:07	29:03	36:27	42:18	45:50	51:35	52:56	1:02:54	1:12:14	1:19:16	1:26:43	1:29:47	1:37:41	1:39:15
							24:07	4:56	7:24	5:51	3:32	5:45	1:21	9:58	9:20	7:02	7:27	3:04	7:54	1:34
							1:43:59	1:46:08	1:49:08											
							4:44	2:09	3:00											

os rsal Nombre		Tiempo															
		3,5 km	14 C	(cont.)													
		1(31) Meta	2(64)	3(65)	4(66)	5(34)	6(35)	7(49)	8(75)	9(70)	10(60)	11(71)	12(52)	13(73)	14(100)		
Masculino 50 (16)																	
10	118 Rodríguez Gutiérrez, Gabriel A Coruña BRIGANTIA	1:06:09	4:03 4:03 1:06:09	7:21 3:18	9:41 2:20	15:23 5:42	19:21 3:58	26:59 7:38	41:41 14:42	43:18 1:37	46:53 3:35	49:47 2:54	54:45 4:58	59:25 4:40	1:02:28 3:03	1:04:57 2:29	
11	455 Delgado Izarra, Alberto A Coruña APA_LICEO	1:14:11	4:04 4:04 1:14:11	8:22 4:18	10:53 2:31	19:32 8:39	27:04 7:32	31:45 4:41	36:50 5:05	37:52 1:02	44:46 6:54	51:20 6:34	54:45 3:25	1:04:42 9:57	1:10:53 6:11	1:13:09 2:16	
12	129 Alonso Veiga, José O Porriño BUDIÑORAID	1:15:45	4:23 4:23 1:15:45	8:08 3:45	12:08 4:00	16:08 4:00	25:05 8:57	42:07 17:02	49:05 6:58	52:25 3:20	56:49 4:24	1:00:55 4:06	1:04:48 3:53	1:08:59 4:11	1:11:35 2:36	1:14:44 3:09	
13	157 Sancosmed Torres, Manuel A Coruña COCO	1:17:23	10:28 10:28 1:17:23	14:17 3:49	17:54 3:37	25:10 7:16	28:04 2:54	42:38 14:34	46:22 3:44	48:25 2:03	52:27 4:02	1:00:26 7:59	1:03:41 3:15	1:09:15 5:34	1:12:50 3:35	1:16:19 3:29	
14	38 Victorero Rey, Jorge Porto do Son ADC_ARNELA	1:37:21	30:08 30:08 1:37:21	33:13 3:05	37:03 3:50	42:40 5:37	46:42 4:02	56:03 9:21	1:04:13 8:10	1:06:12 1:59	1:11:49 5:37	1:13:48 1:59	1:17:21 3:33	1:29:34 12:13	1:32:57 3:23	1:36:13 3:16	
	590 Barca Herreria, Jose Luis Ferrol MONTAÑA_FERROL	No sale															
	483 López Pérez, Jose Miguel A Coruña ARTABROS	No sale															
Élite (20)																	
		5,6 km	24 C														
		1(31) 15(45)	2(32) 16(46)	3(33) 17(47)	4(34) 18(48)	5(35) 19(49)	6(36) 20(50)	7(37) 21(51)	8(38) 22(52)	9(39) 23(53)	10(40) 24(100)	11(41) Meta	12(42)	13(43)	14(44)		
1	403 Rodríguez Dominguez, Maikel Vigo V.O.	59:13	1:55 1:55 37:23	4:20 2:25	6:21 2:01	9:32 3:11	13:20 3:48	15:07 1:47	17:15 2:08	18:07 0:52	19:27 1:20	23:10 3:43	26:16 3:06	27:42 1:26	30:25 2:43	32:44 2:19	
2	283 Morales Ferreiro, Martín Xinzo de Limia LIMIACTIVA	1:07:45	4:39 2:18	1:21 5:31	4:18 7:54	2:34 11:48	2:18 15:13	2:37 18:23	3:20 20:58	1:43 22:02	2:14 23:56	0:38 28:54	0:47 35:05		36:48 1:43	39:44 2:56	41:07 1:23
3	13 Lareo Martinez, David Porto do Son ADC_ARNELA	1:09:12	4:15 2:04	1:55 9:27	3:28 12:06	3:30 15:48	2:35 19:36	2:07 22:15	3:08 24:46	2:24 25:40	1:37 27:03	0:47 31:29	0:52 34:32	36:29 1:57	40:31 4:02	42:25 1:54	
4	54 Fernández Casalderrey, Gonzal Pontevedra AROMON	1:09:21	4:14 1:55	1:30 6:33	2:32 9:33	3:22 13:29	3:26 16:39	1:57 22:17	3:31 25:32	2:12 26:49	2:16 27:53	0:54 33:16	0:53 36:31	38:47 2:16	40:58 2:11	42:20 1:22	
5	306 Casado Bravo, David Betanzos OP BETANZOS	1:12:20	46:12 3:52	47:58 1:46	50:04 2:06	52:52 2:48	55:29 2:37	57:06 1:37	1:00:32 3:26	1:05:21 4:49	1:07:35 2:14	1:08:27 0:52	1:09:21 0:54		40:23 1:57	44:17 3:54	46:27 2:10
			2:29 50:51	5:03 53:53	5:43 56:11	4:12 58:42	4:58 1:00:54	2:28 1:03:13	2:32 1:06:32	0:50 1:09:00	1:38 1:10:33	6:07 1:11:24	2:26 1:12:20				
			4:24	3:02	2:18	2:31	2:12	2:19	3:19	2:28	1:33	0:51	0:56				

os		rsal	Nombre	Tiempo															
Élite (20)				5,6 km	24 C	(cont.)										12(42)	13(43)	14(44)	
				1(31) 15(45)	2(32) 16(46)	3(33) 17(47)	4(34) 18(48)	5(35) 19(49)	6(36) 20(50)	7(37) 21(51)	8(38) 22(52)	9(39) 23(53)	10(40) 24(100)	11(41) Meta					
6	221		Fernández Otero, Oscar a coruña GALLAECIA_RAID	1:15:20	2:16	5:10	8:10	11:55	17:36	21:25	24:02	25:10	26:47	34:12	37:41	39:37	42:02	44:26	
					2:16	2:54	3:00	3:45	5:41	3:49	2:37	1:08	1:37	7:25	3:29	1:56	2:25	2:24	
					50:11	52:13	54:54	57:56	1:00:42	1:02:47	1:07:00	1:10:28	1:12:34	1:14:33	1:15:20				
					5:45	2:02	2:41	3:02	2:46	2:05	4:13	3:28	2:06	1:59	0:47				
7	313		López Costoya, Francisco Javier Betanzos OP BETANZOS	1:16:46	4:38	7:17	10:47	15:13	19:42	25:49	28:39	29:37	30:59	35:47	38:36	40:36	43:30	45:23	
					4:38	2:39	3:30	4:26	4:29	6:07	2:50	0:58	1:22	4:48	2:49	2:00	2:54	1:53	
					50:01	52:04	54:37	58:07	1:04:05	1:06:01	1:09:37	1:11:48	1:14:50	1:15:46	1:16:46				
					4:38	2:03	2:33	3:30	5:58	1:56	3:36	2:11	3:02	0:56	1:00				
8	52		Dominguez Portas, Antonio Pontevedra AROMON	1:17:26	3:31	6:06	8:34	12:54	18:13	22:13	24:41	25:48	27:34	32:56	36:45	38:33	42:30	44:16	
					3:31	2:35	2:28	4:20	5:19	4:00	2:28	1:07	1:46	5:22	3:49	1:48	3:57	1:46	
					50:20	51:41	55:51	59:40	1:02:39	1:05:53	1:09:44	1:12:13	1:15:16	1:16:22	1:17:26	48:26	*46		
					6:04	1:21	4:10	3:49	2:59	3:14	3:51	2:29	3:03	1:06	1:04				
9	363		Ramos Pernas, Miguel Santiago de Comp USC	1:18:55	2:08	5:18	8:16	12:54	17:12	20:30	23:43	25:15	27:07	34:22	38:00	40:53	44:25	45:50	
					2:08	3:10	2:58	4:38	4:18	3:18	3:13	1:32	1:52	7:15	3:38	2:53	3:32	1:25	
					51:59	53:45	57:21	1:00:07	1:04:05	1:07:32	1:10:59	1:14:50	1:16:51	1:17:52	1:18:55				
					6:09	1:46	3:36	2:46	3:58	3:27	3:27	3:51	2:01	1:01	1:03				
10	246		Muñoz García, Marcos a coruña GALLAECIA_RAID	1:19:20	4:06	8:18	12:16	17:21	22:39	25:20	28:43	31:17	32:51	40:31	43:54	45:46	48:25	50:04	
					4:06	4:12	3:58	5:05	5:18	2:41	3:23	2:34	1:34	7:40	3:23	1:52	2:39	1:39	
					55:06	58:01	1:00:13	1:03:02	1:06:22	1:08:17	1:12:24	1:15:38	1:17:27	1:18:19	1:19:20				
					5:02	2:55	2:12	2:49	3:20	1:55	4:07	3:14	1:49	0:52	1:01				
11	5		Estevez Perez, Manuel Porto do Son ADC_ARNELA	1:19:57	4:04	10:48	13:44	18:01	21:25	25:42	31:46	32:49	34:51	39:21	42:49	45:01	47:30	49:56	
					4:04	6:44	2:56	4:17	3:24	4:17	6:04	1:03	2:02	4:30	3:28	2:12	2:29	2:26	
					54:57	57:22	1:00:34	1:04:52	1:07:20	1:09:27	1:12:45	1:15:55	1:18:06	1:19:04	1:19:57				
					5:01	2:25	3:12	4:18	2:28	2:07	3:18	3:10	2:11	0:58	0:53				
12	268		Somoza Argibay, Iván a coruña GALLAECIA_RAID	1:21:34	2:35	6:13	10:36	15:31	20:42	23:17	26:28	27:57	32:49	37:43	42:05	43:51	46:38	48:49	
					2:35	3:38	4:23	4:55	5:11	2:35	3:11	1:29	4:52	4:54	4:22	1:46	2:47	2:11	
					53:52	57:01	1:00:46	1:04:09	1:06:46	1:08:54	1:13:34	1:16:17	1:18:45	1:20:39	1:21:34				
					5:03	3:09	3:45	3:23	2:37	2:08	4:40	2:43	2:28	1:54	0:55				
13	200		Álvarez Braña, Martín Enrique a coruña GALLAECIA_RAID	1:22:46	2:27	8:52	13:21	18:02	24:55	28:11	32:44	33:56	35:41	41:36	44:42	46:30	49:03	50:43	
					2:27	6:25	4:29	4:41	6:53	3:16	4:33	1:12	1:45	5:55	3:06	1:48	2:33	1:40	
					55:36	57:59	1:00:47	1:04:04	1:10:22	1:12:09	1:16:32	1:19:01	1:20:53	1:21:46	1:22:46				
					4:53	2:23	2:48	3:17	6:18	1:47	4:23	2:29	1:52	0:53	1:00				
14	223		Freire Lage, Lucas a coruña GALLAECIA_RAID	1:26:23	2:56	5:57	8:50	13:59	19:42	23:28	26:21	27:33	29:01	36:10	39:48	41:51	45:52	49:18	
					2:56	3:01	2:53	5:09	5:43	3:46	2:53	1:12	1:28	7:09	3:38	2:03	4:01	3:26	
					1:00:32	1:02:20	1:05:18	1:08:29	1:12:06	1:14:38	1:18:35	1:21:26	1:24:14	1:25:19	1:26:23				
					11:14	1:48	2:58	3:11	3:37	2:32	3:57	2:51	2:48	1:05	1:04				
15	536		Rodríguez Otero, David Pontevedra AROMON	1:27:55	3:33	7:03	10:43	16:23	26:11	29:21	32:18	33:20	35:27	41:35	44:37	48:12	52:54	54:37	
					3:33	3:30	3:40	5:40	9:48	3:10	2:57	1:02	2:07	6:08	3:02	3:35	4:42	1:43	
					1:00:42	1:05:02	1:07:58	1:11:37	1:14:21	1:16:50	1:20:49	1:23:12	1:25:41	1:26:47	1:27:55				
					6:05	4:20	2:56	3:39	2:44	2:29	3:59	2:23	2:29	1:06	1:08				
16	395		Pérez Juste, German Vigo U-VIGO	1:32:24	2:42	6:14	13:14	17:21	24:18	27:13	31:14	32:31	34:20	38:53	41:55	44:08	47:37	50:15	
					2:42	3:32	7:00	4:07	6:57	2:55	4:01	1:17	1:49	4:33	3:02	2:13	3:29	2:38	
					58:25	1:02:52	1:07:07	1:10:57	1:16:27	1:19:26	1:24:37	1:27:02	1:30:00	1:31:14	1:32:24				
					8:10	4:27	4:15	3:50	5:30	2:59	5:11	2:25	2:58	1:14	1:10				
17	300		Feal Díaz, Néstor Pontedeume MONTBREAMO	1:36:08	4:36	9:01	11:57	16:37	28:49	34:58	37:47	39:07	40:34	46:26	50:06	52:07	55:30	59:57	
					4:36	4:25	2:56	4:40	12:12	6:09	2:49	1:20	1:27	5:52	3:40	2:01	3:23	4:27	
					1:07:12	1:10:19	1:13:36	1:18:12	1:21:37	1:23:46	1:28:15	1:31:33	1:34:15	1:35:10	1:36:08				
					7:15	3:07	3:17	4:36	3:25	2:09	4:29	3:18	2:42	0:55	0:58				

os		rsal	Nombre	Tiempo														
				5,6 km	24 C	(cont.)												
				1(31) 15(45)	2(32) 16(46)	3(33) 17(47)	4(34) 18(48)	5(35) 19(49)	6(36) 20(50)	7(37) 21(51)	8(38) 22(52)	9(39) 23(53)	10(40) 24(100)	11(41) Meta	12(42)	13(43)	14(44)	
Élite (20)																		
18	193	Albarran Rodriguez, Angel	1:36:23	2:10	5:14	8:03	12:55	19:56	24:00	26:49	27:58	30:17	41:33	45:44	48:52	53:43	57:07	
		a coruña GALLAECIA_RAID		2:10	3:04	2:49	4:52	7:01	4:04	2:49	1:09	2:19	11:16	4:11	3:08	4:51	3:24	
				1:02:41	1:04:34	1:10:09	1:13:07	1:16:20	1:18:33	1:23:40	1:32:00	1:34:18	1:35:12	1:36:23				
				5:34	1:53	5:35	2:58	3:13	2:13	5:07	8:20	2:18	0:54	1:11				
19	228	González Miramontes, Eduardo	1:46:42	3:13	13:03	21:19	27:39	34:12	38:22	41:23	42:31	45:07	50:00	54:08	56:02	58:46	1:00:50	
		a coruña GALLAECIA_RAID		3:13	9:50	8:16	6:20	6:33	4:10	3:01	1:08	2:36	4:53	4:08	1:54	2:44	2:04	
				1:07:10	1:10:10	1:18:17	1:22:41	1:26:55	1:29:39	1:34:41	1:41:30	1:44:33	1:45:53	1:46:42				
				6:20	3:00	8:07	4:24	4:14	2:44	5:02	6:49	3:03	1:20	0:49				
594		Bouza Padín, Diego	Error en tarj.	4:10	12:49	16:34	22:11	28:24	53:45	57:59	59:20	1:01:25	1:07:52	1:12:47	1:15:58	1:22:03	1:25:31	
		Pontedeume MONTBREAMO		4:10	8:39	3:45	5:37	6:13	25:21	4:14	1:21	2:05	6:27	4:55	3:11	6:05	3:28	
				-----	1:32:21	1:36:59	1:42:11	1:47:14	1:50:26	1:56:06	2:07:03	2:11:13	2:12:34	2:13:42				
					6:50	4:38	5:12	5:03	3:12	5:40	10:57	4:10	1:21	1:08				
Masculino 55 (9)				3,5 km	13 C													
				1(62)	2(63)	3(64)	4(65)	5(66)	6(67)	7(68)	8(69)	9(70)	10(71)	11(72)	12(73)	13(100)	Meta	
1	156	Sancosmed Torres, José Manuel	42:32	3:39	5:31	7:47	10:22	16:26	18:09	21:08	23:02	27:02	29:38	35:40	39:06	41:24	42:32	
		A Coruña COCO		3:39	1:52	2:16	2:35	6:04	1:43	2:59	1:54	4:00	2:36	6:02	3:26	2:18	1:08	
2	209	Carballo Fernández, Juan Carlo	49:07	2:47	5:10	8:10	11:52	16:14	18:25	22:29	25:08	30:26	33:34	41:02	45:02	47:49	49:07	
		a coruña GALLAECIA_RAID		2:47	2:23	3:00	3:42	4:22	2:11	4:04	2:39	5:18	3:08	7:28	4:00	2:47	1:18	
3	107	Gil Díaz, José Antonio	54:12	2:49	4:39	7:22	10:03	16:38	20:30	24:23	27:56	36:44	39:41	45:03	49:51	52:57	54:12	
		A Coruña BRIGANTIA		2:49	1:50	2:43	2:41	6:35	3:52	3:53	3:33	8:48	2:57	5:22	4:48	3:06	1:15	
4	293	Sande Rodríguez, Francisco	56:46	3:19	6:21	9:51	13:01	18:03	20:58	24:21	29:02	36:45	41:11	47:46	52:18	55:27	56:46	
		Ferrol MONTAÑA_FERROL		3:19	3:02	3:30	3:10	5:02	2:55	3:23	4:41	7:43	4:26	6:35	4:32	3:09	1:19	
5	485	Mancera Bello, Alfonso	1:04:37	6:22	10:12	13:01	16:23	21:49	24:35	28:25	31:52	39:52	44:22	53:09	1:00:12	1:03:10	1:04:37	
		A Coruña ARTABROS		6:22	3:50	2:49	3:22	5:26	2:46	3:50	3:27	8:00	4:30	8:47	7:03	2:58	1:27	
6	613	Sampedro Muñoz, Ramón	1:19:44	4:41	7:15	12:43	17:10	22:32	26:27	29:46	33:08	46:17	50:48	1:04:37	1:13:24	1:17:40	1:19:44	
		Santiago de Comp USC		4:41	2:34	5:28	4:27	5:22	3:55	3:19	3:22	13:09	4:31	13:49	8:47	4:16	2:04	
7	287	García Couce, Antonio	1:19:53	5:21	8:16	12:20	15:42	26:45	29:05	32:39	36:10	50:47	54:19	1:05:13	1:14:07	1:17:44	1:19:53	
		Ferrol MONTAÑA_FERROL		5:21	2:55	4:04	3:22	11:03	2:20	3:34	3:31	14:37	3:32	10:54	8:54	3:37	2:09	
8	229	González Núñez, José Manuel	1:43:00	4:35	9:11	13:51	22:43	29:22	34:27	41:51	45:50	1:11:15	1:16:06	1:24:01	1:36:27	1:40:09	1:43:00	
		a coruña GALLAECIA_RAID		4:35	4:36	4:40	8:52	6:39	5:05	7:24	3:59	25:25	4:51	7:55	12:26	3:42	2:51	
35		Serantes Maneiro, Camilo	Error en tarj.	2:32	4:41	7:14	15:16	23:27	27:51	-----	30:09	38:23	41:14	50:27	54:25	56:29	57:34	
		Porto do Son ADC_ARNELA		2:32	2:09	2:33	8:02	8:11	4:24		2:18	8:14	2:51	9:13	3:58	2:04	1:05	
Feminino 55 (3)				3,5 km	13 C													
				1(62)	2(63)	3(64)	4(65)	5(66)	6(67)	7(68)	8(69)	9(70)	10(71)	11(72)	12(73)	13(100)	Meta	
1	169	Fernandez Riveiro, Fermina	2:14:46	20:40	24:07	32:27	36:43	1:07:14	1:13:36	1:23:21	1:27:26	1:38:13	1:48:55	1:58:28	2:09:08	2:12:51	2:14:46	
		Lugo FLUVIAL_LUGO		20:40	3:27	8:20	4:16	30:31	6:22	9:45	4:05	10:47	10:42	9:33	10:40	3:43	1:55	
2	464	Naya López, Mª José	2:22:49	4:07	8:19	13:32	19:01	38:58	43:23	51:17	59:14	1:46:09	1:56:57	2:06:30	2:17:10	2:21:02	2:22:49	
		A Coruña APA_LICEO		4:07	4:12	5:13	5:29	19:57	4:25	7:54	7:57	46:55	10:48	9:33	10:40	3:52	1:47	
490		Ponte Pena, Mª Elena	Error en tarj.	5:36	10:16	30:09	47:53	1:06:52	1:13:20	1:24:37	1:31:05	-----	1:57:44	-----	-----	2:21:44	2:24:31	
		A Coruña ARTABROS		5:36	4:40	19:53	17:44	18:59	6:28	11:17	6:28		26:39			24:00	2:47	