

os	rsal	Nombre	Tiempo															
Feminino 35 (14)				4,1 km 170 m 15 C (cont.)														
				1(79) 15(100)	2(71) Meta	3(60)	4(55)	5(73)	6(74)	7(72)	8(77)	9(45)	10(46)	11(81)	12(52)	13(82)	14(69)	
7	49	Figueroa Leiro, Mo Pontevedra AROMO	1:19:23	2:01 2:01 1:19:08 3:16	6:00 3:59 1:19:23 0:15	11:25 5:25	16:29 5:04	32:43 16:14	34:56 2:13	41:55 6:59	58:19 16:24	1:00:57 2:38	1:02:43 1:46	1:07:50 5:07	1:10:52 3:02	1:14:41 3:49	1:15:52 1:11	
8	547	Martínez García, La A Coruña BRIGANTI	1:21:13	1:55 1:55 1:21:02 2:45	4:55 3:00 1:21:13 0:11	24:35 19:40	29:53 5:18	45:19 15:26	47:20 2:01	52:17 4:57	1:03:19 11:02	1:05:13 1:54	1:07:01 1:48	1:09:56 2:55	1:13:25 3:29	1:17:19 3:54	1:18:17 0:58	
9	15	Míguez Sampedro, Porto do Son ADC_	1:37:06	3:00 3:00 1:36:52 2:28	8:41 5:41 1:37:06 0:14	15:34 6:53	21:47 6:13	47:08 25:21	50:06 2:58	55:29 5:23	1:07:10 11:41	1:10:09 2:59	1:12:58 2:49	1:23:11 10:13	1:29:21 6:10	1:33:21 4:00	1:34:24 1:03	
10	14	Lourido Gacíaño, Ele Porto do Son ADC_	1:47:18	3:16 3:16 1:46:58 3:20	9:09 5:53 1:47:18 0:20	16:55 7:46	27:02 10:07	43:47 16:45	48:35 4:48	56:14 7:39	1:19:38 23:24	1:23:36 3:58	1:27:20 3:44	1:32:24 5:04	1:36:41 4:17	1:42:05 5:24	1:43:38 1:33	
11	447	Corral Prado, Eva LUGO FLUVIAL_LU	1:53:12	2:48 2:48 1:52:58 2:44	7:48 5:00 1:53:12 0:14	13:57 6:09	21:02 7:05	49:16 28:14	52:33 3:17	1:00:16 7:43	1:26:52 26:36	1:29:52 3:00	1:32:13 2:21	1:38:28 6:15	1:42:07 3:39	1:46:14 4:07	1:50:14 4:00	
12	287	Ferrero Del Pozo, C Culleredo GALLAEC	2:04:09	3:12 3:12 2:03:49 3:55	9:45 6:33 2:04:09 0:20	16:54 7:09	33:39 16:45	1:02:34 28:55	1:06:36 4:02	1:15:17 8:41	1:34:04 18:47	1:37:25 3:21	1:40:37 3:12	1:45:39 5:02	1:50:15 4:36	1:58:05 7:50	1:59:54 1:49	
	172	Otero, Belen Culleredo GALLAEC	en tarj.	----- 1:15:46 2:07	----- 1:15:55 0:09	17:51 17:51	50:16 32:25	----- 21:40 *58	----- 23:43 *80	----- 32:48 *83	----- 37:57 *77	----- 37:57 *46	----- -----	----- -----	1:03:48 13:32	1:08:48 5:00	1:12:40 3:52	1:13:39 0:59
	30	Sánchez Ocaña, Dia Porto do Son ADC_	No sale															
Feminino 40 (5)				3,8 km 170 m 15 C														
				1(79) 15(100)	2(71) Meta	3(59)	4(72)	5(73)	6(74)	7(76)	8(77)	9(45)	10(46)	11(81)	12(52)	13(57)	14(69)	
1	399	López Eyo, Tania Cuntis XESTEIRAS	53:03	1:53 1:53 52:52 2:11	4:35 2:42 53:03 0:11	7:12 2:37	10:32 3:20	14:02 3:30	16:04 2:02	26:03 9:59	30:10 4:07	32:12 2:02	33:51 1:39	41:12 7:21	46:29 5:17	49:28 2:59	50:41 1:13	
2	42	Arias Lima, Sonia M Pontevedra AROMO	54:15	2:01 2:01 54:00 2:46	5:31 3:30 54:15 0:15	8:11 2:40	12:30 4:19	16:40 4:10	19:21 2:41	31:04 11:43	36:15 5:11	38:35 2:20	40:05 1:30	44:01 3:56	47:00 2:59	49:53 2:53	51:14 1:21	
3	512	Iglesias Junzalvos, Vigo U-VIGO	1:10:07	2:03 2:03 1:09:57 2:44	7:38 5:35 1:10:07 0:10	10:55 3:17	22:16 11:21	29:41 7:25	32:34 2:53	44:56 12:22	49:44 4:48	52:19 2:35	54:45 2:26	57:32 2:47	1:00:48 3:16	1:05:03 4:15	1:07:13 2:10	
4	133	Baspino Fernández Culleredo GALLAEC	1:15:39	8:57 8:57 1:15:26 2:33	13:42 4:45 1:15:39 0:13	18:08 4:26	24:40 6:32	30:38 5:58	33:33 2:55	45:03 11:30	51:40 6:37	55:19 3:39	57:53 2:34	1:01:23 3:30	1:05:21 3:58	1:09:33 4:12	1:12:53 3:20	
5	147	Fariña Balsa, Sandr Culleredo GALLAEC	1:23:27	3:06 3:06 1:23:12 2:30	7:36 4:30 1:23:27 0:15	13:32 5:56	20:10 6:38	35:50 15:40	38:30 2:40	52:02 13:32	57:35 5:33	1:02:06 4:31	1:04:36 2:30	1:09:27 4:51	1:13:44 4:17	1:17:57 4:13	1:20:42 2:45	
Feminino 45 (13)				3,3 km 140 m 14 C														
				1(79) Meta	2(71)	3(60)	4(72)	5(83)	6(55)	7(45)	8(46)	9(81)	10(58)	11(52)	12(82)	13(69)	14(100)	
1	189	Seoane Rodríguez, Culleredo GALLAEC	50:12	1:49 1:49 50:12 0:09	5:25 3:36 50:12 0:09	13:10 7:45	18:49 5:39	21:57 3:08	27:19 5:22	33:12 5:53	35:52 2:40	39:00 3:08	41:56 2:56	43:46 1:50	46:48 3:02	47:57 1:09	50:03 2:06	
2	507	Crespo Quindós, B Vigo U-VIGO	52:08	2:10 2:10 52:08 0:13	5:38 3:28 52:08 0:13	12:32 6:54	17:05 4:33	19:42 2:37	25:07 5:25	34:04 8:57	35:49 1:45	38:58 3:09	41:18 2:20	43:07 1:49	47:21 4:14	48:24 1:03	51:55 3:31	
3	91	Ferrer Vidal, Diana LUGO COMPÁS	56:41	2:28 2:28 56:41 0:13	6:45 4:17 56:41 0:13	14:10 7:25	18:07 3:57	21:14 3:07	30:27 9:13	36:36 6:09	38:32 1:56	42:10 3:38	45:04 2:54	47:07 2:03	52:26 5:19	53:35 1:09	56:28 2:53	
4	136	Bujía Rodríguez, El Culleredo GALLAEC	1:02:54	4:43 4:43 1:02:54 0:11	9:55 5:12 1:02:54 0:11	21:16 11:21	24:33 3:17	27:05 2:32	31:19 4:14	36:15 4:56	38:10 1:55	48:38 10:28	51:08 2:30	54:58 3:50	59:34 4:36	1:00:33 0:59	1:02:43 2:10	

os	rsal	Nombre	Tiempo														
Feminino 45 (13)																	
				1(79) Meta	2(71)	3(60)	4(72)	5(83)	6(55)	7(45)	8(46)	9(81)	10(58)	11(52)	12(82)	13(69)	14(100)
5	94	González Bello, Co LUGO COMPÁS	1:03:15	2:11 2:11 1:03:15 0:12	5:16 3:05	11:11 5:55	14:32 3:21	17:19 2:47	28:22 11:03	35:32 7:10	37:32 2:00	40:42 3:10	52:52 12:10	55:17 2:25	59:33 4:16	1:00:33 1:00	1:03:03 2:30
6	407	Pazos Fernández, S Pontevedra AROMO	1:06:23	2:51 1:06:23 0:11	6:27 3:36	13:01 6:34	18:11 5:10	22:29 4:18	28:43 6:14	39:35 10:52	41:44 2:09	45:44 4:00	48:22 2:38	51:06 2:44	1:01:23 10:17	1:03:11 1:48	1:06:12 3:01
7	106	Sánchez Marín, Mari LUGO COMPÁS	1:22:23	2:47 1:22:23 0:15	6:45 3:58	34:06 27:21	38:24 4:18	41:02 2:38	47:15 6:13	55:03 7:48	58:18 3:15	1:02:58 4:40	1:05:51 2:53	1:08:23 2:32	1:17:26 9:03	1:18:59 1:33	1:22:08 3:09
8	394	Seijo Souto, Dori As Neves VIZHOJA-	1:25:22	2:05 1:25:22 0:20	8:02 5:57	14:44 6:42	22:33 7:49	25:23 2:50	30:10 4:47	36:37 6:27	39:13 2:36	1:08:18 29:05	1:15:13 6:55	1:17:02 1:49	1:21:02 4:00	1:22:05 1:03	1:25:02 2:57
9	421	Fuertes Fernández, A Coruña ARTABRO	1:29:35	3:21 1:29:35 0:18	8:02 4:41	24:13 16:11	29:20 5:07	37:29 8:09	47:42 10:13	57:47 10:05	1:00:57 3:10	1:11:43 10:46	1:16:25 4:42	1:19:56 3:31	1:25:15 5:19	1:26:20 1:05	1:29:17 2:57
10	114	Fernández Fernánd LUGO FLUVIAL_LU	1:41:02	3:58 1:41:02 0:21	13:27 9:29	25:21 11:54	32:53 7:32	40:23 7:30	48:39 8:16	1:03:18 14:39	1:08:28 5:10	1:15:44 7:16	1:22:48 7:04	1:27:05 4:17	1:34:36 7:31	1:36:45 2:09	1:40:41 3:56
11	177	Peinó Villares, Mari Culleredo GALLAEC	1:43:51	4:02 1:43:51 0:15	9:02 5:00	17:45 8:43	48:05 30:20	53:27 5:22	58:06 4:39	1:08:29 10:23	1:13:38 5:09	1:18:39 5:01	1:29:24 10:45	1:31:43 2:19	1:37:38 5:55	1:39:37 1:59	1:43:36 3:59
12	413	Sanchez Vázquez, Pontevedra AROMO	1:53:04	3:09 1:53:04 0:21	8:49 5:40	15:43 6:54	23:41 7:58	40:34 16:53	47:14 6:40	1:06:17 19:03	1:09:01 2:44	1:27:46 18:45	1:35:13 7:27	1:38:13 3:00	1:45:52 7:39	1:47:59 2:07	1:52:43 4:44
	319	Navia Vega, Yoland Pontevedra AROMO	No sale														
Feminino 50 (12)																	
				1(48)	2(60)	3(72)	4(76)	5(77)	6(45)	7(46)	8(81)	9(52)	10(57)	11(69)	12(100)	Meta	
1	241	Arenas Rincón, Mari As Neves VIZHOJA-	59:06	6:58 59:06 *82	15:57 8:59	21:59 6:02	31:28 9:29	36:44 5:16	39:48 3:04	42:03 2:15	47:12 5:09	50:28 3:16	54:32 4:04	56:08 1:36	58:50 2:42	59:06 0:16	
2	385	Pernas Martínez, Ro Santiago de Comp	1:04:23	8:24 1:04:23 *82	16:33 8:09	21:59 5:26	32:11 10:12	38:17 6:06	41:46 3:29	44:36 2:50	49:35 4:59	53:15 3:40	57:55 4:40	1:01:06 3:11	1:04:06 3:00	1:04:23 0:17	
3	504	Alvarez Castro, Oli Vigo U-VIGO	1:15:07	9:22 1:15:07 *82	17:04 7:42	24:11 7:07	39:40 15:29	47:08 7:28	50:44 3:36	53:31 2:47	1:00:34 7:03	1:05:41 5:07	1:09:52 4:11	1:11:57 2:05	1:14:53 2:56	1:15:07 0:14	
4	24	Pérez Torres, María Porto do Son ADC_	1:15:17	8:23 1:15:17 *82	12:15 3:52	18:53 6:38	42:26 23:33	48:22 5:56	51:20 2:58	54:38 3:18	1:00:59 6:21	1:05:39 4:40	1:10:02 4:23	1:12:15 2:13	1:15:05 2:50	1:15:17 0:12	
5	168	Mosquera Azar, Pau Culleredo GALLAEC	1:21:00	9:55 1:21:00 *82	15:37 5:42	25:06 9:29	48:19 23:13	53:40 5:21	56:54 3:14	59:38 2:44	1:03:50 4:12	1:07:39 3:49	1:15:14 7:35	1:17:44 2:30	1:20:46 3:02	1:21:00 0:14	
6	429	Pedrares Fernández A Coruña ARTABRO	1:36:54	10:48 1:36:54 *82	21:04 10:16	28:39 7:35	51:18 22:39	1:02:36 11:18	1:06:56 4:20	1:11:38 4:42	1:18:00 6:22	1:24:21 6:21	1:29:22 5:01	1:32:03 2:41	1:36:24 4:21	1:36:54 0:30	
7	289	López Permy, Vict Culleredo GALLAEC	1:39:05	22:10 1:39:05 *82	27:30 5:20	33:57 6:27	1:07:58 34:01	1:13:38 5:40	1:16:42 3:04	1:19:29 2:47	1:22:59 3:30	1:29:35 6:36	1:33:35 4:00	1:35:15 1:40	1:38:52 3:37	1:39:05 0:13	
8	383	Balboa Barros, Mar Santiago de Comp	1:44:59	30:58 1:44:59 *82	43:47 12:49	49:06 5:19	1:04:48 15:42	1:12:51 8:03	1:17:00 4:09	1:20:17 3:17	1:28:03 7:46	1:32:54 4:51	1:38:11 5:17	1:40:52 2:41	1:44:41 3:49	1:44:59 0:18	
9	523	Saco Fernández, Mª Vigo U-VIGO	1:46:11	10:24 1:46:11 *82	28:43 18:19	34:56 6:13	1:07:48 32:52	1:15:26 7:38	1:19:26 4:00	1:22:37 3:11	1:28:14 5:37	1:33:18 5:04	1:38:40 5:22	1:42:10 3:30	1:45:53 3:43	1:46:11 0:18	
10	118	Follana Follana, Fe LUGO FLUVIAL_LU	1:48:22	8:23 1:48:22 *82	15:49 7:26	25:11 9:22	1:18:27 53:16	1:24:08 5:41	1:28:18 4:10	1:32:02 3:44	1:35:44 3:42	1:39:02 3:18	1:43:16 4:14	1:45:20 2:04	1:48:09 2:49	1:48:22 0:13	
	297	Reboredo Mosquer Culleredo GALLAEC	No sale														
	193	Silvarrey Redondo, Culleredo GALLAEC	No sale														
Feminino Élite (7)																	
				1(70) 15(100)	2(32) Meta	3(53)	4(33)	5(34)	6(35)	7(36)	8(51)	9(56)	10(43)	11(44)	12(52)	13(82)	14(50)
1	135	Bello Rodríguez, Oi Culleredo GALLAEC	1:26:06	9:27 1:26:06 *82	11:05 1:38	17:24 6:19	26:02 8:38	30:41 4:39	40:53 10:12	41:55 1:02	43:42 1:47	55:37 11:55	1:04:06 8:29	1:17:22 13:16	1:20:20 2:58	1:23:00 2:40	1:24:52 1:52

os		rsal	Nombre	Tiempo																			
Feminino Élite (7)						6,2 km 320 m		15 C		<i>(cont.)</i>													
						1(70) 15(100)	2(32) Meta	3(53)	4(33)	5(34)	6(35)	7(36)	8(51)	9(56)	10(43)	11(44)	12(52)	13(82)	14(50)				
2	304		Morales Jiménez, Ir Xinzó de Limia LIMI	1:39:42	6:28 6:28 1:39:32 1:18	8:00 1:32 1:39:42 0:10	18:10 10:10	27:12 9:02	34:10 6:58	47:46 13:36	48:45 0:59	50:27 1:42	1:05:38 15:11	1:17:15 11:37	1:27:15 10:00	1:30:21 3:06	1:34:52 4:31	1:38:14 3:22					
3	43		Bellón Santos, Tere Pontevedra AROMO	1:44:12	6:33 6:33 1:43:57 1:26	8:34 2:01 1:44:12 0:15	16:13 7:39	31:11 14:58	39:27 8:16	51:33 12:06	52:31 0:58	54:18 1:47	1:08:44 14:26	1:19:09 10:25	1:34:10 15:01	1:37:23 3:13	1:40:23 3:00	1:42:31 2:08					
4	99		Martínez Gómez, So LUGO COMPÁS	2:14:32	7:59 7:59 2:14:19 1:16	17:18 9:19 2:14:32 0:13	25:07 7:49	43:04 17:57	48:45 5:41	1:16:27 27:42	1:17:24 0:57	1:19:34 2:10	1:39:35 20:01	1:50:58 11:23	2:01:45 10:47	2:05:11 3:26	2:10:42 5:31	2:13:03 2:21					
5	145		Dopico Golpe, Alba Culleredo GALLAEC	2:21:37	6:54 6:54 2:21:24 1:32	8:24 1:30 2:21:37 0:13	22:13 13:49	36:19 14:06	51:01 14:42	1:08:26 17:25	1:10:04 1:38	1:13:33 3:29	1:36:47 23:14	1:54:46 17:59	2:07:27 12:41	2:12:00 4:33	2:17:10 5:10	2:19:52 2:42					
	556		Varela Yáñez, Ana A Coruña BRIGANTI	control	9:49 9:49 3:22:15 2:10	12:30 2:41 3:22:41 0:26	42:36 30:06	57:08 14:32	1:21:06 23:58	1:55:43 34:37	1:57:03 1:20	1:59:41 2:38	2:18:41 19:00	2:35:34 16:53	3:03:04 27:30	3:08:13 5:09	3:12:33 4:20	3:20:05 7:32					
	510		Fuertes Saco, Julia Vigo U-VIGO	andona	5:50 5:50 ----- 2:00:49 23:30	8:01 2:11 ----- 2:00:49 23:30	26:10 18:09	39:58 13:48	47:36 7:38	1:07:03 19:27	1:09:02 1:59	1:11:51 2:49	1:37:19 25:28	-----	-----	-----	-----	-----					
Masculino 12 (5)						2,9 km 110 m		11 C															
						1(61)	2(62)	3(63)	4(64)	5(65)	6(66)	7(59)	8(48)	9(68)	10(69)	11(100)	Meta						
1	120		Fouz Sanchez, Rod LUGO FLUVIAL_LU	44:31	2:19 2:19	5:23 3:04	10:04 4:41	13:53 3:49	17:17 3:24	21:40 4:23	27:40 6:00	31:56 4:16	35:42 3:46	40:26 4:44	44:18 3:52	44:31 0:13							
2	391		Rodríguez Seijo, An As Neves VIZHOJA-	48:07	1:43 1:43	4:01 2:18	6:54 2:53	16:07 9:13	18:08 2:01	21:11 3:03	25:57 4:46	30:54 4:57	41:50 10:56	44:32 2:42	47:54 3:22	48:07 0:13							
3	116		Fernández Paredes, LUGO FLUVIAL_LU	1:55:41	3:57 3:57	13:41 9:44	37:12 23:31	43:05 5:53	55:33 12:28	1:02:24 6:51	1:15:12 12:48	1:23:01 7:49	1:43:43 20:42	1:49:51 6:08	1:55:08 5:17	1:55:41 0:33							
	418		Couceiro Fuertes, A Coruña ARTABRO	en tarj.	3:08 3:08	9:46 6:38	22:17 12:31	26:11 3:54	28:24 2:13	33:07 4:43	37:21 4:14	-----	42:40 5:19	56:30 13:50	59:54 3:24	1:00:07 0:13							
	392		Rodríguez Seijo, la As Neves VIZHOJA-	en tarj.	2:49 2:49	6:19 3:30	24:17 17:58	27:11 2:54	30:30 3:19	39:12 8:42	43:18 4:06	-----	48:56 5:38	54:06 5:10	1:00:05 5:59	1:00:39 0:34							
Masculino 14 (3)						3,3 km 130 m		13 C															
						1(61)	2(68)	3(71)	4(63)	5(64)	6(65)	7(74)	8(83)	9(55)	10(77)	11(78)	12(69)	13(100)	Meta				
1	259		Gregores Lopez, Br As Neves VIZHOJA-	1:18:40	2:16 2:16	12:31 10:15	21:40 9:09	28:17 6:37	36:27 8:10	39:02 2:35	43:50 4:48	49:45 5:55	1:03:49 14:04	1:06:45 2:56	1:13:00 6:15	1:16:06 3:06	1:18:32 2:26	1:18:40 0:08					
2	529		Cruces Fernández, Porto do Son ADC_	1:28:16	4:10 4:10	10:15 6:05	13:51 3:36	24:04 10:13	28:41 4:37	31:44 3:03	35:31 3:47	40:53 5:22	49:56 9:03	1:03:34 13:38	1:20:04 16:30	1:24:13 4:09	1:28:01 3:48	1:28:16 0:15					
	419		Couceiro Fuertes, A Coruña ARTABRO	en tarj.	4:00:37 4:00:37 39:22 *100	4:09:29 8:52 6:06 *69	4:18:30 9:01 9:47 *76	4:29:51 11:21 12:48 *91	4:32:43 2:52 13:51 *93	4:35:17 2:34 14:59 *92	4:41:57 6:40 17:32 *78	4:48:31 6:34 20:21 *60	4:59:28 10:57 22:51 *43	5:03:23 3:55 26:43 *59	----- 22:40 28:19 *60	5:26:03 2:05 30:19 *67	5:28:08 2:05 34:51 *81	5:28:22 0:14 38:00 *87					
Masculino 16 (5)						4,1 km 170 m		15 C															
						1(79) 15(100)	2(71) Meta	3(60)	4(55)	5(73)	6(74)	7(72)	8(77)	9(45)	10(46)	11(81)	12(52)	13(82)	14(69)				
1	195		Somoza Seoane, An Culleredo GALLAEC	40:56	1:18 1:18 40:46 1:55	3:28 2:10 40:56 0:10	5:59 2:31	9:19 3:20	14:34 5:15	16:05 1:31	21:02 4:57	28:17 7:15	29:44 1:27	30:57 1:13	33:43 2:46	35:43 2:00	38:11 2:28	38:51 0:40					
2	306		Rodríguez Arenas, Betanzos OP BETAN	42:22	1:32 1:32 42:13 1:34	4:10 2:38 42:22 0:09	7:12 3:02	9:37 2:25	16:03 6:26	17:30 1:27	21:42 4:12	29:38 7:56	31:38 2:00	32:44 1:06	34:40 1:56	37:03 2:23	39:24 2:21	40:39 1:15					
3	211		López González, Ma Betanzos OP BETAN	47:19	1:19 1:19 47:10 1:49	3:28 2:09 47:19 0:09	7:25 3:57	10:06 2:41	16:05 5:59	17:48 1:43	23:54 6:06	32:05 8:11	34:47 2:42	35:56 1:09	38:05 2:09	40:13 2:08	44:36 4:23	45:21 0:45					
4	190		Silvarrey Oreiro, Di Culleredo GALLAEC	1:09:44	1:24 1:24 1:09:33 3:04	3:46 2:22 1:09:44 0:11	15:20 11:34	18:30 3:10	29:37 11:07	31:43 2:06	37:50 6:07	51:18 13:28	53:38 2:20	55:26 1:48	58:12 2:46	1:01:31 3:19	1:05:30 3:59	1:06:29 0:59					
5	204		Casado Núñez, Mart Betanzos OP BETAN	1:42:42	1:34 1:34 1:42:33 2:02	4:42 3:08 1:42:42 0:09	7:33 2:51	10:15 2:42	1:08:27 58:12	1:09:56 1:29	1:15:20 5:24	1:26:17 10:57	1:28:10 1:53	1:29:41 1:31	1:32:15 2:34	1:35:42 3:27	1:39:47 4:05	1:40:31 0:44					

Pos	Sexo	Nombre	Tiempo														
Masculino 18 (4)				4,7 km 180 m				16 C									
				1(79) 15(69)	2(54) 16(100)	3(56) Meta	4(53)	5(73)	6(74)	7(72)	8(76)	9(45)	10(46)	11(47)	12(60)	13(49)	14(75)
1	517	Pérez Álvarez, Dieg Vigo U-VIGO	1:07:08	1:26 1:05:15 1:25	6:58 5:32 1:44	14:08 7:10 0:09	15:41 1:33	24:54 9:13	26:41 1:47	33:55 7:14	39:13 5:18	44:57 5:44	46:30 1:33	52:06 5:36	55:30 3:24	1:00:23 4:53	1:03:50 3:27
2	191	Silvarrey Oreiro, Ma Culleredo GALLAEC	1:12:51	1:27 1:10:55 1:16	6:03 1:23:56 1:46	12:26 2:24:03 0:10	13:52 1:26	24:16 10:24	26:09 1:53	32:54 6:45	49:51 16:57	54:57 5:06	56:14 1:17	57:50 1:36	59:50 2:00	1:06:56 7:06	1:09:39 2:43
	305	Morales Jiménez, M Xinzo de Limia LIM1	en tarj.	1:45 1:45	19:22 17:37	28:14 8:52	30:30 2:16	46:58 16:28	48:49 1:51	56:57 8:08	1:18:59 22:02	1:31:31 12:32	1:36:04 4:33	1:39:28 3:24	1:47:25 7:57	2:00:22 12:57	-----
	159	López López, Adriá Culleredo GALLAEC	andona	2:20 2:20 2:20:43 54:56	17:12 14:52 2:25:14 4:31	41:29 24:17 2:25:42 0:28	44:08 2:39	1:13:43 29:35	1:17:45 4:02	1:25:47 8:02	-----	-----	-----	-----	-----	-----	-----
Masculino 21 A (8)				4,5 km 245 m			15 C										
				1(79) 15(100)	2(54) Meta	3(56)	4(53)	5(73)	6(74)	7(45)	8(46)	9(47)	10(60)	11(58)	12(52)	13(57)	14(69)
1	301	Garrido Blanco, Ju Xinzo de Limia LIM1	1:11:00	2:48 2:48 1:10:50 2:24	8:02 5:14 1:11:00 0:10	20:07 12:05	21:35 1:28	33:24 11:49	35:50 2:26	50:39 14:49	52:39 2:00	55:01 2:22	58:08 3:07	59:59 1:51	1:02:13 2:14	1:07:20 5:07	1:08:26 1:06
2	495	Martínez Seco, Marc Pontedeume MONT	1:21:51	1:58 1:58 1:21:37 2:20	10:36 8:38 1:21:51 0:14	18:01 7:25	19:59 1:58	32:44 12:45	41:53 9:09	57:28 15:35	59:20 1:52	1:01:49 2:29	1:04:03 2:14	1:12:08 8:05	1:14:42 2:34	1:17:59 3:17	1:19:17 1:18
3	37	Victorero Domíngu Porto do Son ADC_	1:33:07	2:03 2:03 1:32:52 2:45	14:47 12:44 1:33:07 0:15	28:50 14:03	31:00 2:10	42:26 11:26	45:36 3:10	1:04:36 19:00	1:07:10 2:34	1:10:50 3:40	1:15:09 4:19	1:22:20 7:11	1:24:43 2:23	1:28:33 3:50	1:30:07 1:34
4	298	Valiño Martinez, Da Culleredo GALLAEC	1:37:26	1:40 1:37:11 2:11	19:17 17:37 0:15	28:18 9:01	29:29 1:11	39:25 9:56	40:55 1:30	57:47 16:52	59:31 1:44	1:02:57 3:26	1:22:22 19:25	1:29:09 6:47	1:31:05 1:56	1:33:43 2:38	1:35:00 1:17
5	166	Maciel Andres, Jorg Culleredo GALLAEC	2:45:29	13:31 13:31 2:45:13 3:41	20:14 6:43 2:45:29 0:16	54:49 34:35	55:46 0:57	1:18:08 22:22	1:19:46 1:38	2:03:08 43:22	2:04:15 1:07	2:06:31 2:16	2:10:44 4:13	2:24:47 14:03	2:32:57 8:10	2:40:37 7:40	2:41:32 0:55
	475	Reboredo Patiño, F Culleredo GALLAEC	en tarj.	2:34 2:34 1:49:24 2:18	30:04 27:30 1:49:39 0:15	45:50 15:46	48:50 3:00	1:06:33 17:43	1:09:29 2:56	-----	-----	-----	1:35:15 25:46	1:38:24 3:09	1:41:31 3:07	1:45:10 3:39	1:47:06 1:56
	84	Vázquez López, Alv A Coruña COCO	No sale														
	415	Candela Iglesias, N A Coruña ARTABRO	No sale														
Masculino 21 B (15)				3,5 km 140 m			13 C										
				1(61)	2(71)	3(59)	4(66)	5(65)	6(74)	7(83)	8(55)	9(77)	10(58)	11(68)	12(50)	13(100)	Meta
1	81	Uriz Varela, Jairo A Coruña COCO	40:45	1:32 1:32	4:08 2:36	5:54 1:46	8:06 2:12	9:36 1:30	15:06 5:30	20:34 5:28	23:40 3:06	25:40 2:00	31:20 5:40	35:06 3:46	39:29 4:23	40:36 1:07	40:45 0:09
2	12	Lagos Carrera, Juli Porto do Son ADC_	55:18	1:52	4:07	6:09	9:07	11:04	14:56	20:32	28:37	31:54	36:09	47:30	53:52	55:06	55:18
3	128	Rodríguez Acevedo, LUGO FLUVIAL_LU	57:00	1:52	2:15	2:02	2:58	1:57	3:52	5:36	8:05	3:17	4:15	11:21	6:22	1:14	0:12
4	310	Camba Rodríguez, O Barco de Valde T	57:31	3:10	6:17	8:57	18:29	20:38	24:59	29:27	35:02	38:11	46:07	50:39	55:35	56:47	57:00
5	266	Otero Rios, Alberto As Neves VIZHOJA-	59:24	3:10	3:07	2:40	9:32	2:09	4:21	4:28	5:35	3:09	7:56	4:32	4:56	1:12	0:13
6	312	De La Torre Herrera O Barco de Valde T	1:03:23	4:46	8:07	11:49	15:34	17:57	23:02	28:39	36:55	40:05	47:22	52:29	56:00	57:20	57:31
7	463	Lopez Caamaño, An Culleredo GALLAEC	1:03:56	4:46	3:21	3:42	3:45	2:23	5:05	5:37	8:16	3:10	7:17	5:07	3:31	1:20	0:11
8	178	Pena, Daniel Culleredo GALLAEC	1:05:18	7:46	9:49	12:19	15:00	20:33	25:37	29:48	34:20	37:57	44:53	49:47	58:06	59:14	59:24
9	532	García Carod, Dani Pontevedra AROMO	1:08:08	7:46	2:03	2:30	2:41	5:33	5:04	4:11	4:32	3:37	6:56	4:54	8:19	1:08	0:10
10	445	Algora Aizpurua, An LUGO FLUVIAL_LU	1:11:20	2:22	4:55	7:22	14:06	16:06	25:10	32:32	38:05	40:29	49:48	58:38	1:01:49	1:03:08	1:03:23
11	533	García Molera, Man Pontevedra AROMO	1:12:35	2:22	2:33	2:27	6:44	2:00	9:04	7:22	5:33	2:24	9:19	8:50	3:11	1:19	0:15
12	171	Orizales Lopez, Osc Culleredo GALLAEC	1:14:28	2:32	6:37	10:03	14:34	17:02	22:54	29:29	41:48	45:01	53:24	59:07	1:02:18	1:03:41	1:03:56
13	472	Naveira Gonzalo, Iv Culleredo GALLAEC	1:28:34	2:09	5:21	17:59	22:34	24:34	28:59	34:33	39:35	43:31	52:16	58:53	1:03:51	1:05:03	1:05:18

os	rsal	Nombre	Tiempo														
Masculino 21 B (15)				3,5 km 140 m			13 C			<i>(cont.)</i>							
				1(61)	2(71)	3(59)	4(66)	5(65)	6(74)	7(83)	8(55)	9(77)	10(58)	11(68)	12(50)	13(100)	Meta
14	358	Mansilla Barreiro, J Culleredo GALLAEC	1:31:25	2:02 2:02	4:53 2:51	12:32 7:39	15:38 3:06	17:39 2:01	27:50 10:11	32:35 4:45	42:40 10:05	45:37 2:57	1:05:47 20:10	1:23:22 17:35	1:30:07 6:45	1:31:11 1:04	1:31:25 0:14
	227	Rodríguez Juncal, Ordes SEO	No sale														
Masculino 35 (20)				6,2 km 320 m			15 C										
				1(70) 15(100)	2(32) Meta	3(53)	4(33)	5(34)	6(35)	7(36)	8(51)	9(56)	10(43)	11(44)	12(52)	13(82)	14(50)
1	40	Álvarez Serto, Ánge Pontevedra AROMO	1:13:57	4:48 4:48 1:13:46	5:56 1:08 1:13:57	12:21 6:25	20:28 8:07	25:17 4:49	34:28 9:11	35:28 1:00	37:21 1:53	48:07 10:46	57:40 9:33	1:04:11 6:31	1:06:36 2:25	1:10:31 3:55	1:12:35 2:04
2	48	Figueroa Fernández Pontevedra AROMO	1:36:02	5:54 5:54 1:35:52	7:30 1:36 1:36:02	15:29 7:59	33:33 18:04 1:33:23	39:07 5:34	49:26 10:19	50:51 1:25	52:33 1:42	1:07:09 14:36	1:16:34 9:25	1:27:01 10:27	1:30:02 3:01	1:32:40 2:38	1:34:42 2:02
3	438	Sevilla Gómez, Fran A Coruña ARTABRO	1:36:16	6:32 6:32 1:36:06	8:57 2:25 1:36:16	16:23 7:26	26:11 9:48	32:32 6:21	42:05 9:33	43:31 1:26	45:20 1:49	1:02:26 17:06	1:11:24 8:58	1:25:25 14:01	1:27:58 2:33	1:32:39 4:41	1:34:59 2:20
4	352	Cagide Taboada, Ju Culleredo GALLAEC	1:40:00	5:52 5:52 1:39:47	7:41 1:49 1:40:00	15:43 8:02	27:37 11:54	34:19 6:42	48:35 14:16	49:49 1:14	51:39 1:50	1:07:03 15:24	1:17:58 10:55	1:27:20 9:22	1:30:44 3:24	1:35:01 4:17	1:38:15 3:14
5	74	Rodríguez Fernand A Coruña COCO	1:41:32	6:59 6:59 1:41:22	9:17 2:18 1:41:32	16:17 7:00	26:50 10:33	33:44 6:54	52:27 18:43	53:31 1:04	55:37 2:06	1:08:59 13:22	1:19:16 10:17	1:31:41 12:25	1:35:00 3:19	1:37:37 2:37	1:40:26 2:49
6	498	Tenreiro Díaz, Rube Pontedeume MONT	1:45:57	13:44 13:44 1:45:46	15:47 2:03 1:45:57	22:11 6:24	32:30 10:19	39:19 6:49	49:57 10:38	51:11 1:14	54:50 3:39	1:08:07 13:17	1:24:41 16:34	1:32:45 8:04	1:40:08 7:23	1:43:21 3:13	1:44:39 1:18
7	225	Morlán Rodríguez, Ordes SEO	1:49:08	4:50 4:50 1:48:55	6:03 1:13 1:49:08	18:09 12:06	33:55 15:46	39:33 5:38	55:12 15:39	56:06 0:54	57:31 1:25	1:11:03 13:32	1:24:41 13:38	1:39:02 14:21	1:42:24 3:22	1:45:05 2:41	1:47:35 2:30
8	557	Varela Yáñez, Marco A Coruña BRIGANTI	1:56:44	10:25 10:25 1:56:32	12:38 2:13 1:56:44	20:17 7:39	30:41 10:24	38:02 7:21	56:50 18:48	58:10 1:20	1:00:07 1:57	1:12:41 12:34	1:22:52 10:11	1:43:03 20:11	1:47:17 4:14	1:49:44 2:27	1:55:27 5:43
9	528	Cibreiro Mendez, Mi Porto do Son ADC_	1:58:29	6:34 6:34 1:58:13	9:22 2:48 1:58:29	20:55 11:33	35:38 14:43	42:58 7:20	58:34 15:36	1:01:25 2:51	1:03:29 2:04	1:22:24 18:55	1:34:01 11:37	1:46:38 12:37	1:50:03 3:25	1:53:46 3:43	1:56:39 2:53
10	395	Veiga Jalda, Martin As Neves VIZHOJA-	2:05:19	7:13 7:13 2:05:01	8:45 1:32 2:05:19	14:54 6:09	31:05 16:11	39:43 8:38	54:08 14:25	55:52 1:44	57:52 2:00	1:14:13 16:21	1:28:00 13:47	1:44:29 16:29	1:50:38 6:09	1:56:06 5:28	2:03:02 6:56
11	188	Senra Eiroa, David Culleredo GALLAEC	2:05:48	7:03 7:03 2:05:37	8:24 1:21 2:05:48	15:53 7:29	28:53 13:00	40:52 11:59	1:02:23 21:31	1:03:28 1:05	1:05:04 1:36	1:24:43 19:39	1:44:35 19:52	1:52:46 8:11	2:00:07 7:21	2:02:40 2:33	2:04:29 1:49
12	430	Piñeiro Portela, Jor A Coruña ARTABRO	2:07:08	5:25 5:25 2:06:56	7:03 1:38 2:07:08	15:29 8:26	28:12 12:43	47:58 19:46	1:08:58 21:00	1:10:18 1:20	1:13:00 2:42	1:30:19 17:19	1:46:26 16:07	1:56:42 10:16	1:59:32 2:50	2:03:16 3:44	2:05:40 2:24
13	87	Amarelle Garabán, LUGO COMPÁS	2:07:16	5:52 5:52 2:07:01	8:55 3:03 2:07:16	16:31 7:36	27:17 10:46	32:32 5:15	51:16 18:44	53:02 1:46	55:21 2:19	1:11:10 15:49	1:21:16 10:06	1:54:39 33:23	1:58:08 3:29	2:01:20 3:12	2:05:03 3:43
14	150	Fontán Pérez, Artur Culleredo GALLAEC	2:20:13	8:07 8:07 2:20:02	10:26 2:19 2:20:13	21:33 11:07	36:34 15:01	1:03:27 26:53	1:20:28 17:01	1:22:06 1:38	1:25:03 2:57	1:41:46 16:43	1:53:13 11:27	2:03:13 10:00	2:07:25 4:12	2:10:33 3:08	2:18:42 8:09
15	51	Lopez Furtuoso, Ge Pontevedra AROMO	2:21:27	12:28 12:28 2:21:06	14:15 1:47 2:21:27	25:47 11:32	42:34 16:47	51:22 8:48	1:08:04 16:42	1:09:18 1:14	1:11:24 2:06	1:31:18 19:54	1:48:00 16:42	2:02:49 14:49	2:09:25 6:36	2:14:40 5:15	2:19:18 4:38
16	102	Rocha Pena, Pablo LUGO COMPÁS	2:35:41	6:50 6:50 2:35:10	8:29 1:39 2:35:41	18:37 10:08	35:42 17:05	42:48 7:06	1:10:20 27:32	1:13:59 3:39	1:16:44 2:45	1:51:34 34:50	2:06:57 15:23	2:19:38 12:41	2:24:23 4:45	2:29:16 4:53	2:32:40 3:24
	491	Feal Díaz, Néstor Pontedeume MONT	andona	9:19 9:19 1:46:51	11:32 2:13 1:47:03	20:52 9:20	-----	-----	-----	-----	-----	1:11:39 50:47	1:24:31 12:52	-----	1:37:37 13:06	1:41:51 4:14	1:45:40 3:49

os	rsal	Nombre	Tiempo													
Masculino 35 (20)				6,2 km 320 m			15 C			<i>(cont.)</i>						
			1(70) 15(100)	2(32) Meta	3(53)	4(33)	5(34)	6(35)	7(36)	8(51)	9(56)	10(43)	11(44)	12(52)	13(82)	14(50)
449		Liz Díaz, Javier LUGO FLUVIAL_LU	andona 6:45 6:45 2:00:45 26:16	10:05 3:20 2:01:06 0:21	25:44 15:39	44:31 18:47	55:22 10:51	1:06:47 11:25	1:07:52 1:05	1:09:44 1:52	1:34:29 24:45	----	----	----	----	----
492		Fraga Ares, Hector Pontedeume MONT	andona 13:43 13:43 2:49:17 19:42	16:37 2:54 2:49:33 0:16	41:43 25:06	1:01:45 20:02	1:12:07 10:22	1:38:00 25:53	1:40:47 2:47	1:44:27 3:40	2:06:01 21:34	2:29:35 23:34	----	----	----	----
182		Perez Seijas, Albert Culleredo GALLAEC	No sale													
Masculino 40 (21)				5,0 km 160 m			17 C									
			1(32) 15(75)	2(54) 16(69)	3(56) 17(100)	4(53) Meta	5(73)	6(74)	7(72)	8(45)	9(46)	10(49)	11(48)	12(60)	13(55)	14(77)
1	72	Penas, Alfonso A Coruña COCO	53:59 4:23 4:23 50:28 3:44	7:15 2:52 51:53 5:47 1:25	13:02 5:47 53:45 6:21 1:52	14:04 1:02 53:59 0:14 0:10	21:25 7:21 1:06	22:31 1:06	26:35 4:04	34:17 7:42	35:34 1:17	38:24 2:50	39:15 0:51	42:06 2:51	44:48 2:42	46:44 1:56
2	465	López Franco, Pabl Culleredo GALLAEC	1:01:22 4:58 4:58 57:47 3:18	8:42 3:44 59:26 1:39	15:03 6:21 1:01:12 1:46	16:25 1:22 1:01:22 0:10	24:00 7:35	25:42 1:42	31:07 5:25	39:23 8:16	43:07 3:44	45:47 2:40	46:40 0:53	49:02 2:22	52:12 3:10	54:29 2:17
3	220	Carballo Morán, Ru Ordes SEO	1:06:50 5:45 5:45 1:02:02 5:51	8:12 2:27 1:03:18 1:16	13:44 5:32 1:06:38 3:20	14:48 1:04 1:06:50 0:12	21:43 6:55	23:34 1:51	30:11 6:37	38:03 7:52	39:22 1:19	42:27 3:05	43:29 1:02	46:14 2:45	53:54 7:40	56:11 2:17
4	22	Oujo Pouso, Gelasi Porto do Son ADC_	1:15:34 6:43 6:43 1:12:08 3:42	9:45 3:02 1:13:33 1:25	17:28 7:43 1:15:24 1:51	18:34 1:06 1:15:34 0:10	28:02 9:28	30:22 2:20	37:06 6:44	51:31 14:25	53:09 1:38	55:53 2:44	58:04 2:11	1:00:47 2:43	1:05:46 4:59	1:08:26 2:40
5	531	Cruces Molinos, Est Porto do Son ADC_	1:15:57 6:51 6:51 1:10:58 3:56	11:21 4:30 1:13:08 2:10	20:15 8:54 1:15:40 2:32	21:45 1:30 1:15:57 0:17	32:20 10:35	33:56 1:36	41:30 7:34	52:08 10:38	53:23 1:15	56:12 2:49	57:21 1:09	1:00:08 2:47	1:04:02 3:54	1:07:02 3:00
6	173	Patiño Varela, Juan Culleredo GALLAEC	1:17:11 5:49 5:49 1:12:50 5:04	8:43 2:54 1:14:46 1:56	15:57 7:14 1:17:00 2:14	18:03 2:06 1:17:11 0:11	28:50 10:47	30:14 1:24	36:36 6:22	51:02 14:26	52:40 1:38	56:04 3:24	57:23 1:19	59:39 2:16	1:05:23 5:44	1:07:46 2:23
7	433	Riestra González, S A Coruña ARTABRO	1:19:23 6:01 6:01 1:14:56 4:09	8:45 2:44 1:16:19 1:23	16:09 7:24 1:19:13 2:54	17:25 1:16 1:19:23 0:10	32:40 15:15	34:06 1:26	39:44 5:38	48:56 9:12	50:19 1:23	53:17 2:58	54:22 1:05	1:05:32 11:10	1:08:28 2:56	1:10:47 2:19
8	536	Louro Fuentes, Alfo A Coruña ARTABRO	1:21:52 8:57 8:57 1:17:35 5:56	11:58 3:01 1:19:32 1:57	19:51 7:53 1:21:37 2:05	21:48 1:57 1:21:52 0:15	32:37 10:49	35:15 2:38	40:08 4:53	49:34 9:26	51:17 1:43	55:17 4:00	58:04 2:47	1:03:20 5:16	1:08:12 4:52	1:11:39 3:27
9	485	Abeal Navarro, Fran Pontedeume MONT	1:22:48 11:23 11:23 1:19:01 4:30	19:56 8:33 1:20:31 2:07	31:24 11:28 1:22:38 1:22:48	33:00 1:36 1:22:48 0:10	41:42 8:42	44:12 2:30	48:31 4:19	1:00:52 12:21	1:02:02 1:10	1:04:49 2:47	1:05:42 0:53	1:08:09 2:27	1:11:44 3:35	1:14:31 2:47
10	17	Oujo Ageitos, Joaq Porto do Son ADC_	1:24:31 9:35 9:35 1:20:07 4:25	12:30 2:55 1:21:55 1:48	20:33 8:03 1:24:16 2:21	22:34 2:01 1:24:31 0:15	32:39 10:05	35:01 2:22	40:35 5:34	55:44 15:09	57:46 2:02	1:02:15 4:29	1:03:48 1:33	1:09:12 5:24	1:13:18 4:06	1:15:42 2:24
11	500	Cacheiro Calviño, R Betanzos OP BETAN	1:35:11 17:48 17:48 1:31:51 3:44	30:48 13:00 1:33:14 1:23	37:29 6:41 1:35:00 1:46	38:36 1:07 1:35:11 0:11	46:48 8:12	49:34 2:46	54:12 4:38	1:07:05 12:53	1:08:43 1:38	1:11:54 3:11	1:16:39 4:45	1:22:02 5:23	1:25:19 3:17	1:28:07 2:48
12	482	Rodríguez Bergara, Ferrol MONTAÑA_FE	1:39:18 7:10 7:10 1:34:56 4:14	36:04 28:54 1:36:39 1:43	47:41 11:37 1:39:01 2:22	49:09 1:28 1:39:18 0:17	58:26 9:17	1:00:36 2:10	1:06:40 6:04	1:15:58 9:18	1:17:34 1:36	1:20:44 3:10	1:21:59 1:15	1:24:18 2:19	1:27:41 3:23	1:30:42 3:01
13	112	Fernandez Arias, Di LUGO FLUVIAL_LU	1:41:49 8:18 8:18 1:37:16 7:50	16:18 8:00 1:39:27 2:11	26:55 10:37 1:41:35 2:08	28:40 1:45 1:41:49 0:14	39:32 10:52	41:49 2:17	46:50 5:01	59:50 13:00	1:02:12 2:22	1:17:26 15:14	1:18:34 1:08	1:21:57 3:23	1:26:47 4:50	1:29:26 2:39
14	452	Viana Gonzalez, Iag LUGO FLUVIAL_LU	1:49:47 7:48 7:48 1:44:03 7:46	12:17 4:29 1:46:39 2:36	21:56 9:39 1:49:31 2:52	23:56 2:00 1:49:47 0:16	36:44 12:48	39:59 3:15	54:00 14:01	1:08:42 14:42	1:11:16 2:34	1:16:21 5:05	1:20:11 3:50	1:24:48 4:37	1:30:17 5:29	1:36:17 6:00
15	281	Varela Varela, Franc Pontevedra AROMO	1:50:12 8:40 8:40 1:43:47 7:24	18:14 9:34 1:47:05 3:18	30:44 12:30 1:49:57 2:52	32:47 2:03 1:50:12 0:15	45:50 13:03	48:53 3:03	54:37 5:44	1:05:55 11:18	1:08:18 2:23	1:14:43 6:25	1:17:08 2:25	1:20:00 2:52	1:33:37 13:37	1:36:23 2:46
16	165	Lorenzo Rivero, Br Culleredo GALLAEC	2:03:34 13:19 13:19 1:59:21 14:15	24:39 11:20 2:00:59 1:38	31:25 6:46 2:03:19 2:20	32:58 1:33 2:03:34 0:15	55:51 22:53	57:47 1:56	1:03:43 5:56	1:19:42 15:59	1:21:28 1:46	1:26:38 5:10	1:29:58 3:20	1:36:54 6:56	1:41:57 5:03	1:45:06 3:09

os	rsal	Nombre	Tiempo														
Masculino 45 (20)				4,7 km 180 m		16 C		<i>(cont.)</i>									
				1(79) 15(69)	2(54) 16(100)	3(56) Meta	4(53)	5(73)	6(74)	7(72)	8(76)	9(45)	10(46)	11(47)	12(60)	13(49)	14(75)
15	75	Sánchez Mourazos, A Coruña COCO	1:44:14	2:17 2:17 1:40:25 1:53	6:55 4:38 1:43:58 3:33	13:59 7:04 1:44:14 0:16	15:17	27:51	31:38	35:31	43:30	50:33	52:23	1:09:38	1:23:47	1:33:57	1:38:32
16	132	Antón Casado, Artur Culleredo GALLAEC	1:46:27	3:01 1:42:32 2:50	13:25 1:46:00 3:28	26:29 1:46:27 24:45	29:43	48:45	51:40	59:38	1:10:19	1:19:47	1:22:06	1:25:31	1:29:31	1:35:08	1:39:42
17	162	Lopez Noche, Pedr Culleredo GALLAEC	2:04:39	3:27 3:27 2:01:56 2:52	16:14 12:47 2:04:24 2:28	24:45 8:31 2:04:39 0:15	27:01	38:40	41:45	48:11	56:16	1:03:05	1:07:00	1:10:58	1:16:17	1:55:14	1:59:04
18	134	Becerra Carril, Nac Culleredo GALLAEC	2:08:06	4:26 4:26 2:05:38 2:16	14:57 10:31 2:07:52 2:14	29:43 14:46 2:08:06 0:14	38:35	52:58	55:06	59:47	1:18:03	1:24:15	1:26:22	1:28:41	1:32:53	1:44:19	2:03:22
	468	Mariño Sanchez, Al Culleredo GALLAEC	andona	2:39 2:39 -----	----- ----- 1:12:14 1:09:35	----- ----- ----- -----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	400	Dosil Bouzas, Fern Porto do Son ADC_	No sale														
Masculino 50 (22)				3,3 km 140 m		14 C											
				1(79) Meta	2(71)	3(60)	4(72)	5(83)	6(55)	7(45)	8(46)	9(81)	10(58)	11(52)	12(82)	13(69)	14(100)
1	90	Fernández Souto, J LUGO COMPÁS	38:46	1:47 1:47 38:46 0:10	4:52 3:05 3:51	8:43 2:46 3:51	11:29	14:04	18:13	23:13	24:52	27:28	30:03	32:06	35:51	36:45	38:36
2	442	Traveso Rodríguez, A Coruña ARTABRO	39:55	2:02 2:02 39:55 0:13	5:31 3:29 3:40	9:11 3:33 3:14	12:44	15:58	19:59	24:25	26:01	29:00	31:38	33:19	36:32	37:27	39:42
3	1	Arufe Varela, Albert A Coruña LICEO	40:55	1:34 1:34 40:55 0:12	6:08 4:34 3:32	9:40 5:24 2:11	15:04	17:15	21:58	26:31	28:07	30:45	32:52	34:44	37:43	38:32	40:43
4	163	López Peiteado, Ant Culleredo GALLAEC	40:56	1:38 1:38 40:56 0:12	4:40 3:02 5:51	10:31 3:20 2:21	13:51	16:12	23:17	27:17	28:42	31:15	33:28	35:01	37:47	38:41	40:44
5	156	González Romano, Culleredo GALLAEC	42:52	1:45 1:45 42:52 0:13	4:44 2:59 4:12	8:56 2:37 5:38	11:33	17:11	21:01	26:54	29:26	31:55	34:59	37:07	40:09	41:00	42:39
6	291	Lopez Suarez, Andr Culleredo GALLAEC	49:58	1:48 1:48 49:58 0:12	4:46 2:58 12:59	17:45 2:50 2:57	20:35	23:32	27:52	33:23	35:12	37:58	40:37	43:24	46:35	47:28	49:46
7	450	Parga Andón, Pedro LUGO FLUVIAL_LU	55:11	1:40 1:40 55:11 0:12	4:33 2:53 3:40	8:13 5:26 5:50	13:39	19:29	23:59	29:15	30:54	43:49	45:46	47:47	51:47	52:47	54:59
8	424	Gómez Ramos, Anto A Coruña ARTABRO	57:00	1:52 1:52 57:00 0:12	5:00 3:08 4:57	9:57 3:33 3:57	13:30	17:27	21:30	26:41	28:59	43:48	47:02	49:15	53:11	54:17	56:48
9	146	Dopico Pena, Andre Culleredo GALLAEC	59:00	2:00 2:00 59:00 0:16	5:52 3:52 9:58	20:53 5:03 2:38	23:31	30:00	37:09	39:27	43:19	46:23	49:05	53:22	54:50	58:44	
10	568	Rodríguez Gutiérrez A Coruña BRIGANTI	1:03:43	2:04 2:04 1:03:43 0:16	5:07 3:03 7:01	12:08 5:25 2:42	17:33	20:15	24:25	29:55	31:30	49:43	53:15	55:30	59:57	1:01:15	1:03:27
11	353	Criado Canales, Sa Culleredo GALLAEC	1:04:32	2:24 2:24 1:04:32 0:14	5:27 3:03 5:40	11:07 4:22 3:17	15:29	18:46	23:03	36:37	38:47	42:12	54:41	57:04	1:01:04	1:02:05	1:04:18
12	307	Aller Estévez, Pablo O Barco de Valde T	1:04:51	2:30 2:30 1:04:51 0:12	7:07 4:37 6:33 58:45 *57	13:40 5:04 6:33 58:45 *57	18:44	22:25	28:36	42:51	44:54	48:27	52:34	55:10	1:00:05	1:01:17	1:04:39

os rsal Nombre			Tiempo													
Iniciación Longa (22)			3,3 km 130 m			11 C					<i>(cont.)</i>					
			1(61)	2(62)	3(63)	4(64)	5(65)	6(74)	7(83)	8(55)	9(77)	10(69)	11(100)	Meta		
902 Louro Seoane, Fiz A Coruña ARTABRO			No sale													
Feminino 12 NC (1)			2,9 km 110 m			11 C										
			1(61)	2(62)	3(63)	4(64)	5(65)	6(66)	7(59)	8(48)	9(68)	10(69)	11(100)	Meta		
109 Viana Gonzalez, Em LUGO COMPÁS			No sale													
Masculino 12 NC (1)			2,9 km 110 m			11 C										
			1(61)	2(62)	3(63)	4(64)	5(65)	6(66)	7(59)	8(48)	9(68)	10(69)	11(100)	Meta		
1	444	Rocha Cuiña, Lucas LUGO COMPÁS	2:18:34	15:15 15:15	24:08 8:53	38:26 14:18	1:02:07 23:41	1:06:41 4:34	1:15:17 8:36	1:29:35 14:18	1:42:54 13:19	1:58:46 15:52	2:09:43 10:57	2:17:57 8:14	2:18:34 0:37	
Masculino 55 (13)			2,9 km 140 m			12 C										
			1(48)	2(60)	3(72)	4(76)	5(77)	6(45)	7(46)	8(81)	9(52)	10(57)	11(69)	12(100)	Meta	
1	131	Álvarez Estévez, En Culleredo GALLAEC	40:21	5:51 5:51	8:05 2:14	11:07 3:02	17:13 6:06	21:10 3:57	23:40 2:30	28:24 4:44	30:41 2:17	34:10 3:29	36:57 2:47	38:02 1:05	40:10 2:08	40:21 0:11
2	151	Gil Díaz, José Anto Culleredo GALLAEC	51:42	8:45 8:45	13:32 4:47	17:47 4:15	25:57 8:10	31:23 5:26	35:30 4:07	37:31 2:01	41:05 3:34	44:17 3:12	47:27 3:10	48:57 1:30	51:29 2:32	51:42 0:13
3	34	Serantes Maneiro, C Porto do Son ADC_	51:54	6:45 6:45	13:56 7:11	19:08 5:12	27:37 8:29	31:52 4:15	34:18 2:26	36:36 2:18	40:01 3:25	42:43 2:42	45:33 2:50	47:01 1:28	51:41 4:40	51:54 0:13
4	483	Sande Rodríguez, F Ferrol MONTAÑA_FE	56:32	8:00 8:00	11:40 3:40	16:58 5:18	25:34 8:36	32:28 6:54	35:31 3:03	38:15 2:44	43:27 5:12	47:22 3:55	50:22 3:00	52:56 2:34	56:13 3:17	56:32 0:19
5	76	Sancosmed Torres, A Coruña COCO	59:08	6:22 6:22	23:21 16:59	27:25 4:04	35:50 8:25	40:43 4:53	43:15 2:32	45:22 2:07	48:54 3:32	51:19 2:25	54:20 3:01	56:24 2:04	58:56 2:32	59:08 0:12
6	386	Ramos Lozano, Ed Santiago de Comp	1:00:27	6:48 6:48	12:20 5:32	18:17 5:57	26:41 8:24	33:24 6:43	36:18 2:54	39:52 3:34	43:36 3:44	51:31 7:55	55:47 4:16	57:31 1:44	1:00:10 2:39	1:00:27 0:17
7	77	Sancosmed Torres, A Coruña COCO	1:03:06	7:18 7:18	17:53 10:35	22:36 4:43	34:52 12:16	40:31 5:39	44:38 4:07	46:39 2:01	50:58 4:19	53:51 2:53	57:38 3:47	59:59 2:21	1:02:51 2:52	1:03:06 0:15
8	141	Carballo Fernández Culleredo GALLAEC	1:08:53	9:46 9:46	13:12 3:26	17:26 4:14	36:14 18:48	46:17 10:03	49:34 3:17	51:58 2:24	55:41 3:43	59:13 3:32	1:04:01 4:48	1:05:39 1:38	1:08:36 2:57	1:08:53 0:17
9	174	Pazos Miser, Rafael Culleredo GALLAEC	1:12:08	8:27 8:27	17:53 9:26	23:24 5:31	34:02 10:38	39:36 5:34	50:32 10:56	53:01 2:29	58:52 5:51	1:02:47 3:55	1:07:02 4:15	1:09:07 2:05	1:11:51 2:44	1:12:08 0:17
10	38	Victorero Rey, Jorg Porto do Son ADC_	1:15:28	7:18 7:18	16:11 8:53	20:21 4:10	46:03 25:42	52:10 6:07	55:26 3:16	57:57 2:31	1:02:06 4:09	1:07:42 5:36	1:11:01 3:19	1:12:34 1:33	1:15:15 2:41	1:15:28 0:13
11	412	Romero Capa, Carl Pontevedra AROMO	1:23:58	17:42 17:42	26:05 8:23	41:57 15:52	52:27 10:30	57:12 4:45	1:03:08 5:56	1:05:47 2:39	1:09:51 4:04	1:14:58 5:07	1:19:56 4:58	1:21:35 1:39	1:23:45 2:10	1:23:58 0:13
12	315	Rodríguez Sarmient O Barco de Valde T	1:57:22	5:53 5:53	9:42 3:49	14:55 5:13	40:53 25:58	44:29 3:36	46:25 1:56	47:55 1:30	1:44:57 57:02	1:49:01 4:04	1:52:31 3:30	1:54:14 1:43	1:57:09 2:55	1:57:22 0:13
318 Díaz Falcon, Gilbert Pontevedra AROMO			No sale													
Feminino 55 (8)			2,8 km 140 m			12 C										
			1(58)	2(60)	3(80)	4(83)	5(77)	6(45)	7(46)	8(81)	9(52)	10(82)	11(69)	12(100)	Meta	
1	313	Durán Pernas, Rem O Barco de Valde T	1:07:50	10:23 10:23 9:18 *48	18:28 8:05 4:10	22:38 4:10	25:36 2:58	38:26 12:50	42:35 4:09	48:00 5:25	52:22 4:22	57:54 5:32	1:03:00 5:06	1:04:21 1:21	1:07:36 3:15	1:07:50 0:14
2	376	Naya López, Mª Jos A Coruña LICEO	1:15:16	10:54 10:54	16:56 6:02	23:29 6:33	27:09 3:40	38:39 11:30	43:30 4:51	47:35 4:05	53:40 6:05	1:03:18 9:38	1:09:14 5:56	1:11:14 2:00	1:14:56 3:42	1:15:16 0:20
3	113	Fernandez Riveiro, LUGO FLUVIAL_LU	1:17:24	10:23 10:23	22:47 14:09	26:56 6:29	33:25 13:08	46:33 3:36	50:09 3:36	53:47 3:38	58:42 4:55	1:06:03 7:21	1:11:32 5:29	1:13:31 1:59	1:17:11 3:40	1:17:24 0:13
4	47	Díaz Rodríguez, Yol Pontevedra AROMO	1:25:09	16:48 16:48 42:58 *55	22:11 5:23	28:34 6:23	33:00 4:26	52:08 19:08	57:33 5:25	1:01:44 4:11	1:08:18 6:34	1:13:18 5:00	1:19:36 6:18	1:21:23 1:47	1:24:50 3:27	1:25:09 0:19
5	461	González Senci3n, Culleredo GALLAEC	1:30:32	13:48 13:48	19:32 5:44	31:19 11:47	36:41 5:22	48:21 11:40	53:28 5:07	57:30 4:02	1:08:34 11:04	1:14:32 5:58	1:24:32 10:00	1:26:11 1:39	1:30:11 4:00	1:30:32 0:21
6	148	Fernández Santiago Culleredo GALLAEC	1:48:09	14:47 14:47	27:06 12:19	33:25 6:19	39:02 5:37	1:04:21 25:19	1:10:39 6:18	1:16:23 5:44	1:23:42 7:19	1:32:08 8:26	1:41:20 9:12	1:43:12 1:52	1:47:36 4:24	1:48:09 0:33
164	López Suárez, María Culleredo GALLAEC	en tarj.	17:24 17:24	22:42 5:18	29:16 6:34	39:55 10:39	57:04 17:09	1:18:27 21:23	1:35:48 17:21	-----	2:02:58 27:10	-----	2:09:51 6:53	2:14:30 4:39	2:14:58 0:28	
432 Ponte Pena, Mª Elen A Coruña ARTABRO			No sale													