

## RESULTADOS DE LA PRIMERA PRUEBA, PONTEVEDRA, 11 DE MARZO.

Categoría	Puesto	Tiempo	Apellidos	Nombre	Club	Puntos
Cadete F	1	00:30:11	DOPICO GOLPE	ALBA	GALLAECIA RAID	100
<b>Cadete F</b>	<b>0</b>	<b>00:48:16</b>	<b>MARTIN VARO</b>	<b>PAULA</b>	<b>SHERPA RAID KIDS</b>	<b>0</b>
Cadete F	2	99:99:99	MARTINEZ GOMEZ	SOFIA	GALLAECIA RAID	10
Cadete M	1	00:27:29	LOPEZ GONZALEZ	NICOLAS	ADVENTURE ADDICTS	100
<b>Cadete M</b>	<b>0</b>	<b>00:33:13</b>	<b>FERNANDEZ SANCHEZ</b>	<b>PABLO</b>	<b>FLUVIAL LUGO</b>	<b>0</b>
Cadete M	2	00:41:52	BELOSO IGLESIAS	ALEXANDRE	AROMON	65
Cadete M	3	00:47:34	ALVAREZ BRAÑA	IVAN	GALLAECIA RAID	57
Cadete M	4	01:03:14	GONZALEZ SOUTO	GERMAN	BRIGANTIA	43
Cadete M	5	01:06:19	SERANTES ABAL	ELOI	ADC ARNELA	41
Cadete M	6	99:99:99	NOVOA GUTIERREZ	XIAN	AROMON	10
<b>Junior M</b>	<b>0</b>	<b>00:45:32</b>	<b>CHOUSA ESTEBAN</b>	<b>ENRIQUE</b>	<b>T TRAGAME</b>	<b>0</b>
Junior M	1	00:55:57	ALVAREZ BRAÑA	MARTIN ENRIQUE	GALLAECIA RAID	100
Junior M	2	01:01:56	PORTELA LOPEZ	BRUNO	FLUVIAL LUGO	90
<b>Junior M</b>	<b>0</b>	<b>01:10:32</b>	<b>GUIJARRO LLAMAS</b>	<b>ADRIAN</b>	<b>LORCA-O</b>	<b>0</b>
<b>Senior B F</b>	<b>0</b>	<b>00:56:36</b>	<b>GONZALEZ CORRAL</b>	<b>BIBIANA</b>	<b>GALLAECIA RAID</b>	<b>0</b>
Senior B F	1	01:08:36	PEREZ GONZALEZ	MARIA JOSE	FLUVIAL LUGO	100
Senior B F	2	01:22:13	ALVAREZ OREIRO	LAURA	GALLAECIA RAID	83
Senior B F	3	01:48:45	MIGUEZ SAMPEDRO	SUSANA	ADC ARNELA	63
Senior B M	1	01:16:05	BAAMONDE ARUFE	PABLO	ADC ARNELA	100
Senior B M	2	01:16:29	RODRIGUEZ RODRIGUEZ	RODRIGO	BRIGANTIA	99
Senior B M	3	01:20:46	FERNANDEZ REGO	DAVID	ADC ARNELA	94
Senior B M	4	01:28:27	AMARELLE GARABAN	ROBERTO	FLUVIAL LUGO	86
Senior B M	5	01:29:24	VALIÑO MARTINEZ	DAVID	A PEDROSA ORRO	85
Senior B M	6	01:30:02	GONZALEZ RODRIGUEZ	SANTIAGO	BRIGANTIA	84
Senior B M	7	01:31:17	LIZ DIAZ	JAVIER	FLUVIAL LUGO	83
<b>Senior B M</b>	<b>0</b>	<b>01:37:55</b>	<b>MUÑOZ BARDERA</b>	<b>DIEGO</b>	<b>NAVALCAN-O</b>	<b>0</b>
Senior B M	8	01:39:39	NOGUEROL DIZ	IVAN	GALLAECIA RAID	76
Senior B M	9	01:41:20	ESTEVEZ PEREZ	MANUEL	ADC ARNELA	75
<b>Senior B M</b>	<b>0</b>	<b>01:45:24</b>	<b>SERRANO MOLINERO</b>	<b>JAVIER</b>	<b>ESCONDITE-M</b>	<b>0</b>
Senior B M	10	01:47:32	DOPICO PENA	ANDRES	GALLAECIA RAID	70
Senior B M	11	01:48:40	GONZALEZ RODRIGUEZ	JAVIER	BRIGANTIA	70
<b>Senior B M</b>	<b>0</b>	<b>01:51:22</b>	<b>GABARRON JIMENEZ</b>	<b>AGUSTIN</b>	<b>ADVENTURE BIKE H</b>	<b>0</b>
Senior B M	12	01:51:56	CAMBON MANEIRO	ENRIQUE	ADC ARNELA	67
Senior B M	13	01:56:32	DOSIL BOUZAS	FERNANDO	ADC ARNELA	65
<b>Senior B M</b>	<b>0</b>	<b>02:09:58</b>	<b>OÑATE RUIZ</b>	<b>DIEGO</b>	<b>MALVARICHE-O</b>	<b>0</b>
Senior B M	14	99:99:99	FERNANDEZ MARTINEZ	CARLOS	FLUVIAL LUGO	10
<b>Senior B M</b>	<b>0</b>	<b>99:99:99</b>	<b>BLANCO QUIROGA</b>	<b>MANUEL</b>	<b>NAVALCAN-O</b>	<b>0</b>
<b>Senior B M</b>	<b>0</b>	<b>99:99:99</b>	<b>MARTIN GARCIA</b>	<b>MANUEL</b>	<b>SHERPA RAID KIDS</b>	<b>0</b>
Senior F	1	01:23:53	FELPETO GONZALEZ	LUISA	FLUVIAL LUGO	100
<b>Senior F</b>	<b>0</b>	<b>01:25:34</b>	<b>ARROYO SCHNELL</b>	<b>SUSANA</b>	<b>SOTOBOSQUE</b>	<b>0</b>
Senior F	2	01:27:14	DELGADO GONZALEZ	MARIA DEL MAR	IES SABON	96
Senior F	3	01:31:46	LOPEZ EYO	TANIA	GALLAECIA RAID	91
Senior F	4	01:32:02	BARREIRA SALGADO	TERESA	MONTAÑA FERROL	91
<b>Senior F</b>	<b>0</b>	<b>01:33:39</b>	<b>ISABA ARAMENDIA</b>	<b>NATALIA</b>	<b>NORTE-SUR</b>	<b>0</b>
Senior F	5	02:02:59	NAYA MANCEBO	PAULA	GALLAECIA RAID	68
Senior F	6	02:15:38	MONTES VILLAR	VERONICA	ADVENTURE ADDICTS	61
Senior F	7	99:99:99	SUAREZ PAZOS	ALMUDENA	BRIGANTIA	10
Senior F	8	XX:XX:XX	VARELA YAÑEZ	ANA	BRIGANTIA	0
Senior M	1	01:07:33	GARCIA GARCIA	ANGEL	BRIGANTIA	100
<b>Senior M</b>	<b>0</b>	<b>01:07:51</b>	<b>ROOSE</b>	<b>RIVOO</b>	<b>COB</b>	<b>0</b>
<b>Senior M</b>	<b>0</b>	<b>01:12:57</b>	<b>TOLL CLOS</b>	<b>DAVID</b>	<b>CEOBT</b>	<b>0</b>
<b>Senior M</b>	<b>0</b>	<b>01:17:35</b>	<b>SAMPER SANZ</b>	<b>PABLO</b>	<b>GOCAN</b>	<b>0</b>

11 marzo(A)

Senior M	2 01:19:36	TABOADA PINTOR	ALBERTO	ADVENTURE ADDICTS	84
Senior M	3 01:19:50	DIZ LOPEZ	FRANCISCO	GALLAECIA RAID	84
Senior M	0 01:20:10	LOPEZ SUADES	MARC	CEOBTT	0
Senior M	4 01:20:53	SANCOSMED VAZQUEZ	JUAN JOSE	COCO	83
Senior M	5 01:25:33	AMIL FERNANDEZ	CARLOS	BUDIÑORAID	78
Senior M	6 01:28:55	MUIÑO GARCIA	MARCOS	GALLAECIA RAID	75
Senior M	0 01:31:17	GARCIA PARDOS	JORGE	PEÑA GUARA	0
Senior M	7 01:33:33	BREIJO MARTINEZ	YAGO	GALLAECIA RAID	72
Senior M	8 01:35:39	FERNANDEZ OTERO	OSCAR	MONTAÑA FERROL	70
Senior M	9 01:35:50	VARELA YAÑEZ	MARCOS	BRIGANTIA	70
Senior M	10 01:37:47	IGLESIAS CASTRO	RUBEN	FLUVIAL LUGO	69
Senior M	11 01:39:13	RODRIGUEZ LOPEZ	RODRIGO IVAN	FLUVIAL LUGO	68
Senior M	12 01:40:48	CARBALLO ALVIAREZ	XAN	A PEDROSA ORRO	67
Senior M	13 01:41:42	CASTRILLO ARIAS	PEDRO	COCO	66
Senior M	0 01:48:03	ARA TESA	JAVIER	PEÑA GUARA	0
Senior M	14 01:59:37	DOCE SERRANO	JUAN ANTONIO	A PEDROSA ORRO	56
Senior M	15 02:02:44	VAZQUEZ SOUTO	JUAN CARLOS	GALLAECIA RAID	55
Senior M	16 02:04:21	VERGARA VILLARNOVO	MOISES	MONTAÑA FERROL	54
Senior M	17 02:06:41	GUARIN PEREZ	RUBEN	JARNACHAS	53
Senior M	18 02:07:03	FERNANDEZ TORRES	RAMON	ADC ARNELA	53
Senior M	19 02:07:19	NICOLAU GALLEGO	VICENTE	GALLAECIA RAID	53
Senior M	20 02:19:54	VIANA GONZALEZ	IAGO	FLUVIAL LUGO	48
Senior M	21 99:99:99	CORRAL ALONSO	ALBERTO	FLUVIAL LUGO	10
Senior M	21 99:99:99	LAREO MARTINEZ	DAVID	ADC ARNELA	10
Senior M	21 99:99:99	GARCIA RAMOS	ALBERTO	JARNACHAS	10
Senior M	21 99:99:99	CANEDO GARCIA	JUAN	JARNACHAS	10
Senior M	21 99:99:99	MUCIENTES SANDOVAL	GONZALO	HABELAS HAINAS	10
Senior M	21 99:99:99	LEDO FREIRIA	GABRIEL	BUDIÑORAID	10
Senior M	21 99:99:99	PEREZ GONZALEZ	DIONISIO	BUDIÑORAID	10
Senior M	0 99:99:99	MARIN VARGAS	JUAN FRANCISCO	SHERPA RAID KIDS	0
Vet. A F	1 00:53:04	GARCIA GONZALEZ	YOLANDA	GALLAECIA RAID	100
Vet. A F	2 00:55:21	CARRO MAHIA	ALEJANDRA	ADC ARNELA	95
Vet. A F	0 00:57:50	UREÑA PEREZ	CONCEPCION	SOTOBOSQUE	0
Vet. A F	3 01:01:48	MOSQUERA	PAULINA ANDREA	GALLAECIA RAID	85
Vet. A F	4 01:02:00	GOMEZ NAYA	SONIA	GALLAECIA RAID	85
Vet. A F	0 01:57:42	NIETO CALVO	PILAR	NAVALCAN-O	0
Vet. A M	1 01:03:52	PIÑEIRO POUSO	MANUEL ANTONIO	ADC ARNELA	100
Vet. A M	0 01:06:27	ABELLAN ORTIN	JUAN FRANCISCO	LORCA-O	0
Vet. A M	2 01:12:06	BALSEIRO PEREZ	JOSE ANTONIO	GALLAECIA RAID	88
Vet. A M	3 01:18:07	LAMAS ANTON	FRANCISCO J.	FLUVIAL LUGO	81
Vet. A M	4 01:18:57	TORVISO BERDEAL	JOSE ANTONIO	MONTAÑA FERROL	80
Vet. A M	5 01:19:15	ALVAREZ ESTEVEZ	ENRIQUE LUIS	GALLAECIA RAID	80
Vet. A M	6 01:20:00	FERRER VIDAL	FRANCISCO JOSE	HABELAS HAINAS	79
Vet. A M	7 01:22:15	NOGUERAS MARENTES	JOSE MANUEL	FLUVIAL LUGO	77
Vet. A M	8 01:23:21	CHAS GOMEZ	ROBERTO	GALLAECIA RAID	76
Vet. A M	0 01:23:28	BENAVENTE MARTINEZ	LUIS	T TRAGAME	0
Vet. A M	0 01:26:29	CASERO VIDAL	OSCAR	ALTAIR	0
Vet. A M	9 01:26:37	PEDRE VAZQUEZ	MANUEL	GALLAECIA RAID	73
Vet. A M	10 01:26:39	FERNANDEZ SOUTO	JOSE MANUEL	FLUVIAL LUGO	73
Vet. A M	11 01:26:50	LOPEZ VAZQUEZ	CELSO	BRIGANTIA	73
Vet. A M	0 01:28:07	PEREZ JARAMILLO	DAVID	LOS ANGELES	0
Vet. A M	12 01:29:57	RODRIGUEZ SILVA	ISAAC	VIZHOJA-CORNELIOS	71
Vet. A M	13 01:30:32	CASAL FERNANDEZ	FRANCISCO JAVIER	GALLAECIA RAID	70
Vet. A M	14 01:31:30	SIO OTERO	PABLO	BUDIÑORAID	69
Vet. A M	15 01:34:57	IGLESIAS DURAN	JOSE LUIS	HABELAS HAINAS	67
Vet. A M	16 01:35:39	ARUFE VARELA	JAVIER	APA LICEO	66
Vet. A M	0 01:44:19	GARCIA FERNANDEZ	PEDRO	ADOL	0
Vet. A M	17 01:48:38	VILLAR ESMORIS	LUIS ANGEL	BRIGANTIA	58

11 marzo(A)

Vet. A M	18 02:00:07	PEREZ JUSTE	GERMAN	UNIVERSIDAD DE VIGO	53
Vet. A M	19 02:25:19	CAAMAÑO LAGO	JOSE MANUEL	FLUVIAL LUGO	43
Vet. A M	20 99:99:99	LOPEZ PEREZ	JOSE MIGUEL	ARTABROS	10
Vet. A M	20 99:99:99	LAFUENTE BELLO	JUAN JOSE	FLUVIAL LUGO	10
Vet. A M	20 99:99:99	LOPEZ RODRIGUEZ	FRANCISCO	GALLAECIA RAID	10
Vet. A M	20 99:99:99	MONTOUTO GONZALEZ	JOSE CARLOS	FLUVIAL LUGO	10
Vet. A M	20 99:99:99	PARAPAR FUSTES	VICENTE	ARTABROS	10
Vet. A M	20 99:99:99	RIOBOO IGLESIAS	DANIEL	GALLAECIA RAID	10
Vet. A M	26 XX:XX:XX	VARELA FERREIRO	JORGE MANRIQUE	ADC ARNELA	0
Vet. A M	26 XX:XX:XX	ARUFE VARELA	ALBERTO	APA LICEO	0
Vet. B F	0 01:00:07	PARA MARTIN	EVA MARIA	MONTE EL PARDO	0
Vet. B M	0 00:50:47	CHOUSA ALVAREZ	URBANO	T TRAGAME	0
Vet. B M	0 00:56:35	MORCILLO LAIZ	JOSE LUIS	SOTOBOSQUE	0
Vet. B M	0 01:03:12	RICA CAMARA	MIGUEL ANGEL	BOM	0
Vet. B M	0 01:08:22	AMORES FUSTE	JULIAN	SOTOBOSQUE	0
Vet. B M	1 01:08:49	VIQUEIRA NOUCHE	CARLOS	SEO	100
Vet. B M	0 01:09:07	CALDERON BARREIRO	SEBASTIAN	MALARRUTA	0
Vet. B M	2 01:09:13	SERANTES MANEIRO	CAMILO	ADC ARNELA	99
Vet. B M	3 01:14:59	SANCOSMED TORRES	JOSE MANUEL	COCO	91
Vet. B M	4 01:18:56	PARGA ANDON	PEDRO	FLUVIAL LUGO	87
Vet. B M	5 01:29:10	CARBALLO FERNANDEZ	JUAN CARLOS	A PEDROSA ORRO	77
Vet. B M	6 01:30:25	GONZALEZ FERNANDEZ	EVARISTO	BRIGANTIA	76
Vet. B M	7 01:53:07	MANCERA BELLO	ALFONSO	ARTABROS	60
Vet. B M	8 02:05:47	VICTORERO REY	JORGE	ADC ARNELA	54
Vet. B M	0 99:99:99	SELGA SAN JOSE	JOSEP	CEOBTT	0
Vet. C M	1 01:08:24	RODRIGUEZ NUÑEZ	EUGENIO A.	FLUVIAL LUGO	100
Xuvenil M	1 00:29:20	LOPEZ GONZALEZ	JAVIER	ADVENTURE ADDICTS	100
ABSOLUTA PAR	1 99:99:99	OSCAR VAZQUEZ / ALBERTO BARCALA		FEDO	0
INICIACION E	1 00:50:00	AARON RODRIGUEZ / MARIA I. ARENAS		VIZHOJA-CORNELIO	0
INICIACION E	2 00:55:19	RUI GONZALEZ / RODRIGO GONZALEZ		BRIGANTIA	0
INICIACION E	3 01:28:02	LARA FERNANDEZ / CRISTINA LOPEZ		MONTAÑA FERROL	0
INICIACION E	4 99:99:99	ADRIAN VIDAL / DIEGO PENA / OSCAR MOSQUERA		FEDO	0
PROMOCION FE	1 99:99:99	GONZALEZ PRIETO	MARIA SOLEDAD	FEDO	0

**RESULTADOS DE LA SEGUNDA PRUEBA, PONTEVEDRA, 11 DE MARZO.**

<b>Categoría</b>	<b>Puesto</b>	<b>Tiempo</b>	<b>Apellidos</b>	<b>Nombre</b>	<b>Club</b>	<b>Puntos</b>
Cadete F	0	00:39:17	MARTIN VARO	PAULA	SHERPA RAID KIDS	0
Cadete F	1	00:43:47	DOPICO GOLPE	ALBA	GALLAECIA RAID	100
Cadete F	2	99:99:99	MARTINEZ GOMEZ	SOFIA	GALLAECIA RAID	10
Cadete M	1	00:28:31	LOPEZ GONZALEZ	NICOLAS	ADVENTURE ADDICTS	100
Cadete M	0	00:31:31	FERNANDEZ SANCHEZ	PABLO	FLUVIAL LUGO	0
Cadete M	2	00:34:39	RODRIGUEZ DIAZ	MATEO	HABELAS HAINAS	82
Cadete M	3	00:36:50	SERANTES ABAL	ELOI	ADC ARNELA	77
Cadete M	4	00:37:53	BELOSO IGLESIAS	ALEXANDRE	AROMON	75
Cadete M	5	00:44:09	ALVAREZ BRAÑA	IVAN	GALLAECIA RAID	64
Cadete M	6	00:49:05	NOVOA GUTIERREZ	XIAN	AROMON	58
Junior M	0	01:11:11	CHOUSA ESTEBAN	ENRIQUE	T TRAGAME	0
Junior M	1	01:29:04	PORTELA LOPEZ	BRUNO	FLUVIAL LUGO	100
Junior M	2	01:34:29	ALVAREZ BRAÑA	MARTIN ENRIQUE	GALLAECIA RAID	94
Junior M	0	01:39:59	GUIJARRO LLAMAS	ADRIAN	LORCA-O	0
Senior B F	1	02:27:57	PEREZ GONZALEZ	MARIA JOSE	FLUVIAL LUGO	100
Senior B F	0	02:36:58	GONZALEZ CORRAL	BIBIANA	GALLAECIA RAID	0
Senior B F	2	02:47:08	ALVAREZ OREIRO	LAURA	GALLAECIA RAID	88
Senior B F	3	03:17:08	MIGUEZ SAMPEDRO	SUSANA	ADC ARNELA	75
Senior B M	1	01:54:53	VALIÑO MARTINEZ	DAVID	A PEDROSA ORRO	100
Senior B M	2	01:57:14	FERNANDEZ MARTINEZ	CARLOS	FLUVIAL LUGO	97
Senior B M	3	02:01:30	RODRIGUEZ RODRIGUEZ	RODRIGO	BRIGANTIA	94
Senior B M	4	02:05:45	FERNANDEZ REGO	DAVID	ADC ARNELA	91
Senior B M	5	02:10:00	AMARELLE GARABAN	ROBERTO	FLUVIAL LUGO	88
Senior B M	0	02:11:15	GABARRON JIMENEZ	AGUSTIN	ADVENTURE BIKE H	0
Senior B M	6	02:13:45	DOSIL BOUZAS	FERNANDO	ADC ARNELA	85
Senior B M	0	02:14:53	SERRANO MOLINERO	JAVIER	ESCONDITE-M	0
Senior B M	7	02:23:02	DOPICO PENA	ANDRES	GALLAECIA RAID	80
Senior B M	8	02:25:30	GONZALEZ RODRIGUEZ	SANTIAGO	BRIGANTIA	78
Senior B M	9	02:30:18	ESTEVEZ PEREZ	MANUEL	ADC ARNELA	76
Senior B M	0	02:33:04	OÑATE RUIZ	DIEGO	MALVARICHE-O	0
Senior B M	10	02:33:26	GONZALEZ RODRIGUEZ	FRANCISCO JAVIER	BRIGANTIA	74
Senior B M	0	02:56:49	MUÑOZ BARDERA	DIEGO	NAVALCAN-O	0
Senior B M	11	03:01:58	CAMBON MANEIRO	ENRIQUE	ADC ARNELA	63
Senior B M	0	99:99:99	BLANCO QUIROGA	MANUEL	NAVALCAN-O	0
Senior B M	12	99:99:99	NOGUEROL DIZ	IVAN	GALLAECIA RAID	10
Senior B M	0	99:99:99	MARTIN GARCIA	MANUEL	SHERPA RAID KIDS	0
Senior B M	12	99:99:99	LIZ DIAZ	JAVIER	FLUVIAL LUGO	10
Senior B M	14	XX:XX:XX	BAAMONDE ARUFE	PABLO	ADC ARNELA	0
Senior F	1	01:28:51	DELGADO GONZALEZ	MARIA DEL MAR	IES SABON	100
Senior F	2	01:44:28	BARREIRA SALGADO	TERESA	MONTAÑA FERROL	85
Senior F	0	01:45:46	ARROYO SCHNELL	SUSANA	SOTOBOSQUE	0
Senior F	3	01:56:51	SUAREZ PAZOS	ALMUDENA	BRIGANTIA	76
Senior F	0	02:00:50	ISABA ARAMENDIA	NATALIA	NORTE-SUR	0
Senior F	4	02:01:46	FELPETO GONZALEZ	LUISA	FLUVIAL LUGO	72
Senior F	5	02:46:22	MONTES VILLAR	VERONICA	ADVENTURE ADDICTS	53
Senior F	6	02:47:22	NAYA MANCEBO	PAULA	GALLAECIA RAID	53
Senior F	7	XX:XX:XX	VARELA YAÑEZ	ANA	BRIGANTIA	0
Senior M	1	01:33:15	GARCIA GARCIA	ANGEL	BRIGANTIA	100
Senior M	0	01:39:08	MARIN VARGAS	JUAN FRANCISCO	SHERPA RAID KIDS	0
Senior M	2	01:42:15	SANCOSMED VAZQUEZ	JUAN JOSE	COCO	91
Senior M	0	01:42:54	TOLL CLOS	DAVID	CEOBTT	0

11 marzo(B)

Senior M	0 01:45:33	SAMPER SANZ	PABLO	GOCAN	0
Senior M	3 01:46:04	TABOADA PINTOR	ALBERTO	ADVENTURE ADDICTS	87
Senior M	0 01:47:55	GARCIA PARDOS	JORGE	PEÑA GUARA	0
Senior M	4 01:51:56	CORRAL ALONSO	ALBERTO	FLUVIAL LUGO	83
Senior M	5 01:52:24	DIZ LOPEZ	FRANCISCO	GALLAECIA RAID	82
Senior M	6 01:58:48	AMIL FERNANDEZ	CARLOS	BUDIÑORAID	78
Senior M	7 02:04:10	MUIÑO GARCIA	MARCOS	GALLAECIA RAID	75
Senior M	8 02:06:30	VARELA YAÑEZ	MARCOS	BRIGANTIA	73
Senior M	9 02:16:17	FERNANDEZ TORRES	RAMON	ADC ARNELA	68
Senior M	10 02:17:11	FERNANDEZ OTERO	OSCAR	MONTAÑA FERROL	67
Senior M	0 02:22:42	LOPEZ SUADES	MARC	CEOBTT	0
Senior M	11 02:26:55	LAREO MARTINEZ	DAVID	ADC ARNELA	63
Senior M	12 02:27:07	DOCE SERRANO	JUAN ANTONIO	A PEDROSA ORRO	63
Senior M	13 02:28:02	RODRIGUEZ LOPEZ	RODRIGO IVAN	FLUVIAL LUGO	62
Senior M	14 02:28:29	NICOLAU GALLEGRO	VICENTE	GALLAECIA RAID	62
Senior M	15 02:29:23	VAZQUEZ SOUTO	JUAN CARLOS	GALLAECIA RAID	62
Senior M	16 02:42:21	CASTRILLO ARIAS	PEDRO	COCO	57
Senior M	0 02:45:07	ARA TESA	JAVIER	PEÑA GUARA	0
Senior M	17 02:47:09	VIANA GONZALEZ	IAGO	FLUVIAL LUGO	55
Senior M	18 02:57:37	GUARIN PEREZ	RUBEN	JARNACHAS	52
Senior M	19 03:07:04	VALLE RODRIGUEZ	JESUS	JARNACHAS	49
Senior M	20 03:10:08	CANEDO GARCIA	JUAN	JARNACHAS	49
Senior M	21 03:45:07	MUCIENTES SANDOVAL	GONZALO	HABELAS HAINAS	41
Senior M	22 99:99:99	RABUÑAL LOPEZ	OSCAR	JARNACHAS	10
Senior M	22 99:99:99	GARCIA RAMOS	ALBERTO	JARNACHAS	10
Senior M	0 99:99:99	ROOSE	RIVOO	COB	0
Vet. A F	1 01:27:45	CARRO MAHIA	ALEJANDRA	ADC ARNELA	100
Vet. A F	2 01:49:49	GOMEZ NAYA	SONIA	GALLAECIA RAID	79
Vet. A F	0 01:51:40	UREÑA PEREZ	CONCEPCION	SOTOBOSQUE	0
Vet. A F	3 01:59:38	GARCIA GONZALEZ	YOLANDA	GALLAECIA RAID	73
Vet. A F	4 02:34:29	MOSQUERA AZAR	PAULINA ANDREA	GALLAECIA RAID	56
Vet. A F	0 XX:XX:XX	NIETO CALVO	PILAR	NAVALCAN-O	0
Vet. A M	0 01:48:58	BENAVENTE MARTINEZ	LUIS	T TRAGAME	0
Vet. A M	1 01:54:03	TORVISO BERDEAL	JOSE ANTONIO	MONTAÑA FERROL	100
Vet. A M	0 01:55:12	CASERO VIDAL	OSCAR	ALTAIR	0
Vet. A M	0 01:55:36	ABELLAN ORTIN	JUAN FRANCISCO	LORCA-O	0
Vet. A M	2 01:58:23	IGLESIAS DURAN	JOSE LUIS	HABELAS HAINAS	96
Vet. A M	3 01:58:49	FERRER VIDAL	FRANCISCO JOSE	HABELAS HAINAS	95
Vet. A M	4 02:01:37	PIÑEIRO POUSO	MANUEL ANTONIO	ADC ARNELA	93
Vet. A M	5 02:01:59	FERNANDEZ SOUTO	JOSE MANUEL	FLUVIAL LUGO	93
Vet. A M	6 02:02:23	CASAL FERNANDEZ	FRANCISCO JAVIER	GALLAECIA RAID	93
Vet. A M	7 02:03:46	RODRIGUEZ SILVA	ISAAC	VIZHOJA-CORNELIOS	92
Vet. A M	8 02:05:14	BALSEIRO PEREZ	JOSE ANTONIO	GALLAECIA RAID	91
Vet. A M	9 02:06:18	CHAS GOMEZ	ROBERTO	GALLAECIA RAID	90
Vet. A M	10 02:07:11	LAFUENTE BELLO	JUAN JOSE	FLUVIAL LUGO	89
Vet. A M	11 02:11:16	LAMAS ANTON	FRANCISCO J.	FLUVIAL LUGO	86
Vet. A M	0 02:19:02	PEREZ JARAMILLO	DAVID	LOS ANGELES	0
Vet. A M	12 02:20:53	ARUFE VARELA	JAVIER	APA LICEO	80
Vet. A M	13 02:24:08	ALVAREZ ESTEVEZ	ENRIQUE LUIS	GALLAECIA RAID	79
Vet. A M	14 02:25:51	NOGUERAS MARENTES	JOSE MANUEL	FLUVIAL LUGO	78
Vet. A M	15 02:29:04	LOPEZ VAZQUEZ	CELSO	BRIGANTIA	76
Vet. A M	16 02:36:02	VILLAR ESMORIS	LUIS ANGEL	BRIGANTIA	73
Vet. A M	0 02:38:48	GARCIA FERNANDEZ	PEDRO	ADOL	0
Vet. A M	17 02:39:47	RAMOS ASENSIO	LUIS JAVIER	IES SABON	71
Vet. A M	18 02:42:03	PARAPAR FUSTES	VICENTE	ARTABROS	70
Vet. A M	19 03:11:54	PEREZ JUSTE	GERMAN	U-VIGO	59
Vet. A M	20 03:35:48	MONTOUTO GONZALEZ	JOSE CARLOS	FLUVIAL LUGO	52

11 marzo(B)

Vet. A M	21 03:54:19	PEDRE VAZQUEZ	MANUEL	GALLAECIA RAID	48
Vet. A M	22 99:99:99	LOPEZ RODRIGUEZ	FRANCISCO	GALLAECIA RAID	10
Vet. A M	22 99:99:99	LOPEZ PEREZ	JOSE MIGUEL	ARTABROS	10
Vet. A M	24 XX:XX:XX	VARELA FERREIRO	JORGE MANRIQUE	ADC ARNELA	0
Vet. A M	24 XX:XX:XX	ARUFE VARELA	ALBERTO	APA LICEO	0
Vet. A M	24 XX:XX:XX	CAAMAÑO LAGO	JOSE MANUEL	FLUVIAL LUGO	0
Vet. B F	0 01:20:46	PARA MARTIN	EVA MARIA	MONTE EL PARDO	0
Vet. B M	0 01:01:33	SELGA SAN JOSE	JOSEP	CEOBTT	0
Vet. B M	0 01:06:03	CHOUSA ALVAREZ	URBANO	T TRAGAME	0
Vet. B M	0 01:12:16	MORCILLO LAIZ	JOSE LUIS	SOTOBOSQUE	0
Vet. B M	1 01:17:08	VIQUEIRA NOUCHE	CARLOS	SEO	100
Vet. B M	0 01:21:06	AMORES FUSTE	JULIAN	SOTOBOSQUE	0
Vet. B M	2 01:21:33	SANCOSMED TORRES	JOSE MANUEL	COCO	94
Vet. B M	3 01:23:17	PARGA ANDON	PEDRO	FLUVIAL LUGO	92
Vet. B M	4 01:41:27	SERANTES MANEIRO	CAMILO	ADC ARNELA	76
Vet. B M	5 01:42:49	GONZALEZ FERNANDEZ	EVARISTO	BRIGANTIA	75
Vet. B M	6 01:50:37	CARBALLO FERNANDEZ	JUAN CARLOS	A PEDROSA ORRO	69
Vet. B M	0 01:55:56	RICA CAMARA	MIGUEL ANGEL	BOM	0
Vet. B M	7 02:07:48	MANCERA BELLO	ALFONSO	ARTABROS	60
Vet. B M	8 02:44:27	VICTORERO REY	JORGE	ADC ARNELA	46
Vet. B M	0 99:99:99	CALDERON BARREIRO	SEBASTIAN	MALARRUTA	0
Vet. C M	1 01:15:46	RODRIGUEZ NUÑEZ	EUGENIO A.	FLUVIAL LUGO	100
Xuvenil M	1 00:53:33	LOPEZ GONZALEZ	JAVIER	ADVENTURE ADDICTS	100
ABSOLUTA PAR	1 01:10:00	ELADIO RODRIGUEZ / JUAN CARLOS DIAZ		HABELAS HAINAS	0
INICIACION E	1 01:20:19	SUSO PENA / ABEL PENA		FEDO	0
INICIACION E	2 01:31:45	PABLO PAZ / JULIO PAZ		BRIGANTIA	0
INICIACION E	3 01:32:12	AARON RODRIGUEZ / MARIA I. ARENAS		VIZHOJA-CORNELIOS	0
INICIACION E	4 99:99:99	LARA FERNANDEZ / CRISTINA LOPEZ		MONTAÑA FERROL	0
PROMOCION FE	1 01:08:55	GONZALEZ PRIETO	MARIA SOLEDAD	FEDO	0
PROMOCION M/	1 01:16:01	PANADERO FONTAN	JOSE	FEDO	0

6 mayo

## RESULTADOS DE LA TERCERA PRUEBA, LUGO, 6 DE MAYO.

<b>Categoría</b>	<b>Puesto</b>	<b>Tiempo</b>	<b>Apellidos</b>	<b>Nombre</b>	<b>Club</b>	<b>Puntos</b>
Cadete F	1	01:11:19	OUJO PEREZ	NEREA	ADC ARNELA	100
Cadete M	1	00:58:55	LOPEZ GONZALEZ	NICOLAS	ADVENTURE ADDICTS	100
Cadete M	2	01:05:49	SERANTES ABAL	ELOI	ADC ARNELA	89
Cadete M	3	01:23:32	ALVAREZ BRAÑA	IVAN	GALLAECIA RAID	70
Cadete M	3	01:23:32	BELOSO IGLESIAS	ALEXANDRE	AROMON	70
Cadete M	5	01:28:04	CANDELA IGLESIAS	NATNAEL	ARTABROS	66
Cadete M	6	02:20:36	PASCUAL PEREIRA	ANGEL	FLUVIAL LUGO	41
Cadete M	7	XX:XX:XX	VEIGA COUÑAGO	MANUEL	FLUVIAL LUGO	0
Junior M	1	01:04:21	ALVAREZ BRAÑA	MARTIN ENRIQUE	GALLAECIA RAID	100
Junior M	2	01:22:12	PORTELA LOPEZ	BRUNO	FLUVIAL LUGO	78
Senior B F	1	01:55:46	PEREZ GONZALEZ	MARIA JOSE	FLUVIAL LUGO	100
Senior B F	2	02:19:25	MIGUEZ SAMPEDRO	SUSANA	ADC ARNELA	83
Senior B F	3	99:99:99	CASTRO CASTRO	ELENA	ADC ARNELA	10
Senior B F	4	XX:XX:XX	ALVAREZ OREIRO	LAURA	GALLAECIA RAID	0
Senior B F	4	XX:XX:XX	REMESAL GUZMAN	ESTEFANIA	FLUVIAL LUGO	0
Senior B F	4	XX:XX:XX	GRANDIO MONTES	RAQUEL	FLUVIAL LUGO	0
Senior B F	4	XX:XX:XX	PAREDES GARCIA	MONTSERRAT	FLUVIAL LUGO	0
Senior B M	1	01:36:24	BAAMONDE ARUFE	PABLO	ADC ARNELA	100
Senior B M	2	01:37:33	RODRIGUEZ RODRIGUEZ	RODRIGO	BRIGANTIA	98
Senior B M	3	01:41:10	FOLGAR ROMAY	JAVIER	FLUVIAL LUGO	95
Senior B M	4	01:44:27	FERNANDEZ REGO	DAVID	ADC ARNELA	92
Senior B M	5	01:51:54	DOCAL RUBIDO	JOSE MANUEL	BRIGANTIA	86
Senior B M	6	01:52:59	ROCHA PENA	PABLO	FLUVIAL LUGO	85
Senior B M	7	01:53:46	SANCHEZ DIAZ	RICARDO	BRIGANTIA	84
Senior B M	8	01:55:30	NOGUEROL DIZ	IVAN	GALLAECIA RAID	83
Senior B M	9	02:04:53	VERDE LAREU	ROBERTO	AROMON	77
Senior B M	10	02:31:39	FOUZ RODRIGUEZ	MARCOS M.	FLUVIAL LUGO	63
Senior B M	11	99:99:99	PAZ GUZMAN	JULIO	BRIGANTIA	10
Senior B M	11	99:99:99	GONZALEZ ALVITE	ESTANISLAO	BRIGANTIA	10
Senior B M	13	XX:XX:XX	AMARELLE GARABAN	ROBERTO	FLUVIAL LUGO	0
Senior B M	13	XX:XX:XX	FERNANDEZ PARADELA	PEDRO	FLUVIAL LUGO	0
Senior F	1	01:53:47	DELGADO GONZALEZ	MARIA DEL MAR	IES SABON	100
Senior F	2	01:58:49	VARELA YAÑEZ	ANA	BRIGANTIA	95
Senior F	3	02:19:14	FELPETO GONZALEZ	LUISA	FLUVIAL LUGO	81
Senior F	4	02:20:46	DIZ CAO	ISABEL	VIZHOJA-CORNELIOS	80
Senior F	5	02:28:37	LOPEZ EYO	TANIA	GALLAECIA RAID	76
Senior F	6	02:56:13	GONZALEZ CORRAL	BIBIANA	GALLAECIA RAID	64
Senior F	7	99:99:99	BARREIRA SALGADO	TERESA	MONTAÑA FERROL	10
Senior F	8	XX:XX:XX	SUAREZ PAZOS	ALMUDENA	BRIGANTIA	0
Senior M	1	01:42:48	GARCIA GARCIA	ANGEL	BRIGANTIA	100
Senior M	2	01:49:40	LOPEZ COSTOYA	FRANCISCO JAVIER	ADVENTURE ADDICTS	93
Senior M	3	02:08:22	DIZ LOPEZ	FRANCISCO	GALLAECIA RAID	80
Senior M	4	02:09:36	FERNANDEZ CASALDERREY	GONZALO	AROMON	79
Senior M	5	02:12:01	RODRIGUEZ LOPEZ	RODRIGO IVAN	FLUVIAL LUGO	77
Senior M	6	02:16:27	BREIJO MARTINEZ	YAGO	GALLAECIA RAID	75
Senior M	7	02:18:01	RODRIGUEZ PENA	JOSE MARIA	MONTAÑA FERROL	74
Senior M	8	02:32:06	CARRO GARCIA	ROBERTO	GALLAECIA RAID	67
Senior M	9	02:36:36	NICOLAU GALLEGU	VICENTE	GALLAECIA RAID	65
Senior M	10	02:47:13	VERGARA VILLARNOVO	MOISES	MONTAÑA FERROL	61
Senior M	11	02:52:39	DOCE SERRANO	JUAN ANTONIO	A PEDROSA ORRO	59

## 6 mayo

Senior M	12 02:53:28	GUARIN PEREZ	RUBEN	JARNACHAS	59
Senior M	13 03:06:06	CANEDO GARCIA	JUAN	JARNACHAS	55
Senior M	14 99:99:99	LAREO MARTINEZ	DAVID	ADC ARNELA	10
Senior M	14 99:99:99	CARBALLO ALVIAREZ	XAN	A PEDROSA ORRO	10
Senior M	14 99:99:99	RABUÑAL RIOS	GONZALO	JARNACHAS	10
Senior M	14 99:99:99	CARBALLEIRA RODRIGUEZ	IVAN	BG	10
Senior M	14 99:99:99	PENAS VARELA	XOSE	C.O.CO	10
Senior M	19 XX:XX:XX	MUIÑO GARCIA	MARCOS	GALLAECIA RAID	0
Vet. A F	1 01:51:41	CARRO MAHIA	ALEJANDRA	ADC ARNELA	100
Vet. A F	2 02:00:08	GOMEZ NAYA	SONIA	GALLAECIA RAID	92
Vet. A F	3 02:15:36	MOSQUERA	PAULINA ANDREA	GALLAECIA RAID	82
Vet. A F	4 02:29:48	VEIGA GARCIA	CARLOTA	AROMON	74
Vet. A F	5 XX:XX:XX	GARCIA GONZALEZ	YOLANDA	GALLAECIA RAID	0
Vet. A M	1 01:55:39	PIÑEIRO POUSO	MANUEL ANTONIO	ADC ARNELA	100
Vet. A M	2 01:57:54	TORVISO BERDEAL	JOSE ANTONIO	MONTAÑA FERROL	98
Vet. A M	3 01:58:24	IGLESIAS DURAN	JOSE LUIS	HABELAS HAINAS	97
Vet. A M	4 01:58:36	LAMAS ANTON	FRANCISCO J.	FLUVIAL LUGO	97
Vet. A M	5 02:03:37	ALVAREZ ESTEVEZ	ENRIQUE LUIS	GALLAECIA RAID	93
Vet. A M	6 02:04:51	FERNANDEZ SOUTO	JOSE MANUEL	FLUVIAL LUGO	92
Vet. A M	7 02:08:50	BELOSO GARCIA	MANUEL	AROMON	89
Vet. A M	8 02:13:17	LOPEZ PEITEADO	ANTONIO	MONTAÑA FERROL	86
Vet. A M	9 02:14:56	ARUFE VARELA	JAVIER	APA LICEO	85
Vet. A M	10 02:18:03	SOMOZA ARGIBAY	IVAN	GALLAECIA RAID	83
Vet. A M	11 02:19:19	FIGUEROA FERNANDEZ	RICARDO	AROMON	83
Vet. A M	12 02:24:56	SANCHEZ MOURAZOS	CLAUDIO	C.O.CO	79
Vet. A M	13 02:25:39	ARUFE VARELA	ALBERTO	APA LICEO	79
Vet. A M	14 02:40:45	MORLAN OTERO	ALBERTO	GALLAECIA RAID	71
Vet. A M	15 02:42:02	PAZOS MISER	RAFAEL	GALLAECIA RAID	71
Vet. A M	16 02:47:52	RODRIGUEZ SARMIENTO	JAVIER	TREVINCA	68
Vet. A M	17 02:50:14	VILLAR VAZQUEZ	EMILIO	BG	67
Vet. A M	18 02:57:46	VARELA FERREIRO	JORGE MANRIQUE	ADC ARNELA	65
Vet. A M	19 02:59:43	RAMOS ASENSIO	LUIS JAVIER	IES SABON	64
Vet. A M	20 03:11:27	GOMEZ RAMOS	ANTONIO	ARTABROS	60
Vet. A M	21 99:99:99	PEDRE VAZQUEZ	MANUEL	GALLAECIA RAID	10
Vet. A M	21 99:99:99	VARELA LORENZO	FRANCISCO	FLUVIAL LUGO	10
Vet. A M	21 99:99:99	CASANOVA CORRAL	JAVIER	BRIGANTIA	10
Vet. A M	21 99:99:99	LOPEZ VAZQUEZ	JESUS	GALLAECIA RAID	10
Vet. A M	21 99:99:99	AGUDO FERNANDEZ	JOSE ANTONIO	TREVINCA	10
Vet. A M	21 99:99:99	RIOBOO IGLESIAS	DANIEL	GALLAECIA RAID	10
Vet. A M	21 99:99:99	LOPEZ PEREZ	JOSE MIGUEL	ARTABROS	10
Vet. A M	28 XX:XX:XX	CHAS GOMEZ	ROBERTO	GALLAECIA RAID	0
Vet. A M	28 XX:XX:XX	PARAPAR FUSTES	VICENTE	ARTABROS	0
Vet. A M	28 XX:XX:XX	MARTINEZ RIVERA	JESUS	BG	0
Vet. A M	28 XX:XX:XX	LAFUENTE BELLO	JUAN JOSE	FLUVIAL LUGO	0
Vet. B F	1 01:18:08	SANCHEZ VAZQUEZ	LUISA	AROMON	100
Vet. B F	2 01:58:13	ALVIAREZ MILANO	SORAYA ELVIRA	A PEDROSA ORRO	66
Vet. B M	1 01:48:11	PARGA ANDON	PEDRO	FLUVIAL LUGO	100
Vet. B M	2 01:55:40	SERANTES MANEIRO	CAMILO	ADC ARNELA	93
Vet. B M	3 01:56:28	ALVELO FRAGUELA	JAVIER	AROMON	92
Vet. B M	4 02:23:39	CARBALLO FERNANDEZ	JUAN CARLOS	A PEDROSA ORRO	75
Vet. B M	5 03:06:56	GIL DIAZ	JOSE ANTONIO	BRIGANTIA	57
Vet. C M	1 01:08:26	RODRIGUEZ NUÑEZ	EUGENIO A.	FLUVIAL LUGO	100
Vet. C M	2 01:44:53	MOURENTE PRIETO	ROBERTO	GALLAECIA RAID	65
Xuvenil F	1 01:44:24	OUJO PEREZ	ANTIA	ADC ARNELA	100
Xuvenil M	1 00:54:15	LOPEZ GONZALEZ	JAVIER	ADVENTURE ADDICTS	100
Xuvenil M	2 00:59:31	FERNANDEZ SANCHEZ	PABLO	FLUVIAL LUGO	91
Xuvenil M	3 01:53:44	BUJAN CASTRO	RAFAEL	BG	47



## 6 mayo

INIC	1 01:12:48	LOPEZ GONZALEZ	MARIO	ADVENTURE ADDICTS	0
INIC	2 01:13:26	GONZALEZ CANDA	Mª REYES	ADVENTURE ADDICTS	0
INIC	3 01:20:38	CASAL MONTERO	ANTONIO	BRIGANTIA	0
INIC	4 01:20:49	CASAL MONTERO	ROBERTO	BRIGANTIA	0
INIC	5 01:22:43	PAZ ARIAS	PABLO	BRIGANTIA	0
INIC	6 02:12:24	COUCEIRO FUERTES	MANUEL	ARTABROS	0
INIC	7 99:99:99	COUCEIRO FUERTES	DAVID	ARTABROS	0
INIL	1 01:02:31	ALONSO CARRASCO	MIGUEL	INDEP	0
INIL	2 01:02:40	CARBALLEIRO MUGICO	JAVIER	INDEP	0
INIL	3 01:03:02	VARELA VERDES	JOSE	INDEP	0
INIL	4 01:05:11	RODRIGUEZ GAYOSO	JOSE	FLUVIAL LUGO	0
INIL	5 01:08:36	MODIA LOPEZ	RUBEN	FLUVIAL LUGO	0
INIL	6 01:08:38	GARCIA ABUIN	RAUL	FLUVIAL LUGO	0
INIL	7 01:08:41	GONZALEZ MONTERO	JUAN CARLOS	FLUVIAL LUGO	0
INIL	8 01:11:30	SENIN CANOSA	IGNACIO	BRIGANTIA	0
INIL	9 01:21:22	MOSQUERA AREA	RODRIGO	INDEP	0
INIL	10 01:22:39	FERNANDEZ LOPEZ	CARLOS	FLUVIAL LUGO	0
INIL	11 01:22:56	BANDIN MARENTES	JAVIER	ROBALIZA	0
INIL	12 01:24:17	ABELLA BAYO	JAVIER	INDEP	0
INIL	13 01:34:31	PENA BODENLLE	ABEL	INDEP	0
INIL	14 01:34:36	PUMARES RODERO	JESUS	INDEP	0
INIL	15 01:34:47	PENA BRAÑA	JESUS	INDEP	0
INIL	16 01:39:20	RIVERA PARDAVILA	ABRAHAM	INDEP	0
INIL	17 01:46:36	FERRERO DEL POZO	CARMEN	BRIGANTIA	0
INIL	18 XX:XX:XX	CAMBLO QUIROS	MIGUEL	ROBALIZA	0
INIL	18 XX:XX:XX	CAMBLO BELLO	ENOL	ROBALIZA	0

## RESULTADOS DE LA CUARTA PRUEBA, GUITIRIZ, 16 DE SEPTIEMBRE.

Categoría	Puesto	Tiempo	Apellidos	Nombre	Club	Puntos
Cadete M	1	00:46:52	LOPEZ GONZALEZ	NICOLAS	ADVENTURE ADDICTS	100
Cadete M	2	00:47:34	SERANTES ABAL	ELOI	ADC ARNELA	98
Cadete M	3	00:53:21	BELOSO IGLESIAS	ALEXANDRE	AROMON	87
Cadete M	4	01:09:57	ALVAREZ BRAÑA	IVAN	GALLAECIA RAID	67
Cadete M	5	02:06:13	GONZALEZ SOUTO	GERMAN	BRIGANTIA	37
Cadete M	6	99:99:99	GONZALEZ SOUTO	RUI	BRIGANTIA	10
Junior M	1	01:13:57	ALVAREZ BRAÑA	MARTIN ENRIQUE	GALLAECIA RAID	100
Junior M	2	01:42:41	PORTELA LOPEZ	BRUNO	FLUVIAL LUGO	72
Senior B F	1	01:16:44	ALVAREZ OREIRO	LAURA	GALLAECIA RAID	100
Senior B F	2	01:18:55	DEL PUERTO LOPEZ	BARBARA	SEO	97
Senior B F	3	01:29:42	PEREZ GONZALEZ	MARIA JOSE	FLUVIAL LUGO	85
Senior B F	4	01:51:53	MIGUEZ SAMPEDRO	SUSANA	ADC ARNELA	68
Senior B M	1	01:18:59	BAAMONDE ARUFE	PABLO	ADC ARNELA	100
Senior B M	2	01:25:33	FOLGAR ROMAY	JAVIER	FLUVIAL LUGO	92
Senior B M	3	01:31:57	FERNANDEZ MARTINEZ	CARLOS	FLUVIAL LUGO	85
Senior B M	4	01:33:53	ROCHA PENA	PABLO	FLUVIAL LUGO	84
Senior B M	5	01:36:18	CAMBON MANEIRO	ENRIQUE	ADC ARNELA	82
Senior B M	6	01:38:01	VERDE LAREU	ROBERTO	AROMON	80
Senior B M	7	01:40:03	FERNANDEZ REGO	DAVID	ADC ARNELA	78
Senior B M	0	01:47:30	PENAS VARELA	XOSE	C.O.CO	0
Senior B M	8	01:55:02	CASTEDO LOPEZ	PABLO	APA LICEO	68
Senior B M	0	01:57:04	MORLAN OTERO	ALBERTO	GALLAECIA RAID	0
Senior B M	9	02:08:37	NOGUEROL DIZ	IVAN	GALLAECIA RAID	61
Senior B M	0	02:21:21	MONTOUTO GONZALEZ	JOSE CARLOS	FLUVIAL LUGO	0
Senior B M	10	03:24:10	FREIRE FERNANDEZ	JORGE	FLUVIAL LUGO	38
Senior B M	11	99:99:99	AMARELLE GARABAN	ROBERTO	FLUVIAL LUGO	10
Senior B M	11	99:99:99	BANDIN MARENTES	JAVIER	ROBALIZA	10
Senior B M	13	XX:XX:XX	FOUZ RODRIGUEZ	MARCOS M.	FLUVIAL LUGO	0
Senior F	1	01:21:57	DELGADO GONZALEZ	MARIA DEL MAR	IES SABON	100
Senior F	2	01:34:47	LOPEZ EYO	TANIA	GALLAECIA RAID	86
Senior F	3	02:02:02	GONZALEZ CORRAL	BIBIANA	GALLAECIA RAID	67
Senior F	4	02:13:39	NAYA MANCEBO	PAULA	GALLAECIA RAID	61
Senior F	5	99:99:99	SHOEMAKER	ASHLEY	INDEPENDIENTE	0
Senior M	1	01:17:53	LOPEZ COSTOYA	FRANCISCO JAVIER	ADVENTURE ADDICTS	100
Senior M	2	01:20:08	AMIL FERNANDEZ	CARLOS	BUDIÑORAID	97
Senior M	3	01:20:15	PEÑA PITA	FELIPE	GALLAECIA RAID	97
Senior M	4	01:22:27	BREIJO MARTINEZ	YAGO	GALLAECIA RAID	94
Senior M	5	01:22:30	LOPEZ FRANCO	PABLO	GALLAECIA RAID	94
Senior M	6	01:23:28	MUIÑO GARCIA	MARCOS	GALLAECIA RAID	93
Senior M	7	01:23:30	TABOADA PINTOR	ALBERTO	ADVENTURE ADDICTS	93
Senior M	8	01:24:07	DIZ LOPEZ	FRANCISCO	GALLAECIA RAID	92
Senior M	9	01:28:51	FREIRE LAGE	LUCAS	GALLAECIA RAID	87
Senior M	10	01:35:20	VIANA GONZALEZ	IAGO	FLUVIAL LUGO	81
Senior M	11	01:35:23	MORLAN RODRIGUEZ	JOSE ANGEL	SEO	81
Senior M	12	01:37:17	FERNANDEZ OTERO	OSCAR	MONTAÑA FERROL	80
Senior M	13	01:39:07	RODRIGUEZ PENA	JOSE MARIA	MONTAÑA FERROL	78
Senior M	14	01:40:09	LAREO MARTINEZ	DAVID	ADC ARNELA	77
Senior M	15	01:54:59	GUARIN PEREZ	RUBEN	JARNACHAS	67
Senior M	0	01:56:02	SIO OTERO	PABLO	BUDIÑORAID	0
Senior M	16	99:99:99	PEREZ DE AYALA RECASENS	JOSE	INDEPENDIENTE	0
Senior M	16	99:99:99	CARBALLEIRA RODRIGUEZ	IVAN	BG	10
Senior M	16	99:99:99	LEDO FREIRIA	GABRIEL	BUDIÑORAID	10

## 16 septiembre(A)

Senior M	19 XX:XX:XX	RODRIGUEZ LOPEZ	RODRIGO IVAN	FLUVIAL LUGO	0
Senior M	19 XX:XX:XX	FEIJOO PALLEIRO	DANIEL	JARNACHAS	0
Vet. A F	1 01:57:18	CARRO MAHIA	ALEJANDRA	ADC ARNELA	100
Vet. A F	2 02:54:55	CANALES CRIADO	ALMUDENA	AROMON	67
Vet. A F	3 XX:XX:XX	FOLLANA NEIRA	FERNANDA	FLUVIAL LUGO	0
Vet. A M	1 01:10:48	BALSEIRO PEREZ	JOSE ANTONIO	GALLAECIA RAID	100
Vet. A M	2 01:25:10	ARUFE VARELA	JAVIER	APA LICEO	83
Vet. A M	3 01:28:48	BELOSO GARCIA	MANUEL	AROMON	79
Vet. A M	4 01:28:49	NOGUERAS MARENTES	JOSE MANUEL	FLUVIAL LUGO	79
Vet. A M	5 01:30:40	CASANOVA CORRAL	JAVIER	BRIGANTIA	78
Vet. A M	6 01:31:26	FERNANDEZ SOUTO	JOSE MANUEL	FLUVIAL LUGO	77
Vet. A M	7 01:32:54	CASAL FERNANDEZ	FRANCISCO JAVIER	GALLAECIA RAID	76
Vet. A M	8 01:36:20	BOUZA PADIN	DIEGO	MONTAÑA FERROL	73
Vet. A M	9 01:37:32	LOPEZ PEITEADO	ANTONIO	MONTAÑA FERROL	72
Vet. A M	10 01:37:38	LAMAS ANTON	FRANCISCO J.	FLUVIAL LUGO	72
Vet. A M	11 01:40:36	PEDRE VAZQUEZ	MANUEL	GALLAECIA RAID	70
Vet. A M	12 01:41:04	ALVAREZ ESTEVEZ	ENRIQUE LUIS	GALLAECIA RAID	70
Vet. A M	13 01:44:57	RAMOS ASENSIO	LUIS JAVIER	IES SABON	67
Vet. A M	14 01:51:14	SANCHEZ MOURAZOS	CLAUDIO	C.O.CO	63
Vet. A M	15 01:52:47	PARAPAR FUSTES	VICENTE	ARTABROS	62
Vet. A M	16 01:53:06	PICOS ROMERO	VICTOR MANUEL	GALLAECIA RAID	62
Vet. A M	17 01:53:35	MARTINEZ RIVERA	JESUS	BG	62
Vet. A M	18 01:53:37	IGLESIAS DURAN	JOSE LUIS	HABELAS HAINAS	62
Vet. A M	19 01:57:41	LOPEZ RODRIGUEZ	FRANCISCO	GALLAECIA RAID	60
Vet. A M	20 02:23:38	GOMEZ RAMOS	ANTONIO	ARTABROS	49
Vet. A M	21 99:99:99	VILLAR VAZQUEZ	EMILIO	BG	10
Vet. A M	21 99:99:99	ARUFE VARELA	ALBERTO	APA LICEO	10
Vet. A M	21 99:99:99	RIOBOO IGLESIAS	DANIEL	GALLAECIA RAID	10
Vet. A M	21 99:99:99	LOPEZ VAZQUEZ	JESUS	GALLAECIA RAID	10
Vet. A M	25 XX:XX:XX	VARELA FERREIRO	JORGE MANRIQUE	ADC ARNELA	0
Vet. A M	25 XX:XX:XX	FERRER VIDAL	FRANCISCO JOSE	HABELAS HAINAS	0
Vet. A M	25 XX:XX:XX	PAZOS MISER	RAFAEL	GALLAECIA RAID	0
Vet. B F	1 01:01:16	SANCHEZ VAZQUEZ	LUISA	AROMON	100
Vet. B M	1 01:06:11	ALVELO FRAGUELA	JAVIER	AROMON	100
Vet. B M	2 01:06:57	PARGA ANDON	PEDRO	FLUVIAL LUGO	98
Vet. B M	3 01:13:03	SANCOSMED TORRES	MANUEL	C.O.CO	90
Vet. B M	4 01:13:44	CARBALLO FERNANDEZ	JUAN CARLOS	A PEDROSA ORRO	89
Vet. B M	5 01:20:05	SERANTES MANEIRO	CAMILO	ADC ARNELA	82
Vet. B M	6 01:27:06	VIQUEIRA NOUCHE	CARLOS	SEO	75
Vet. C M	1 00:56:49	RODRIGUEZ NUÑEZ	EUGENIO A.	FLUVIAL LUGO	100
Vet. C M	2 01:11:19	MOURENTE PRIETO	ROBERTO	GALLAECIA RAID	79
Xuvenil M	1 00:53:41	LOPEZ GONZALEZ	JAVIER	ADVENTURE ADDICTS	100
Xuvenil M	2 01:16:51	FERNANDEZ SANCHEZ	PABLO	FLUVIAL LUGO	69
INIC	1 00:47:09	LOPEZ GONZALEZ	MARIO	ADVENTURE ADDICTS	0
INIC	2 01:08:51	PENA BODENLLE	ABEL	INDEPENDIENTE	0
INIC	3 01:12:12	PUMARES RODERO	JESUS	INDEPENDIENTE	0
INIC	4 01:29:49	CASAL MONTERO	ANTONIO	BRIGANTIA	0
INIC	5 01:29:52	CASAL MONTERO	ROBERTO	BRIGANTIA	0
INIC	6 01:47:43	COUCEIRO FUERTES	MANUEL	ARTABROS	0
INIC	7 99:99:99	COUCEIRO FUERTES	DAVID	ARTABROS	0
INIC	7 99:99:99	VAAMONDE VILLAR	ANDRES	INDEPENDIENTE	0
INIC	7 99:99:99	PAZ ARIAS	PABLO	BRIGANTIA	0
INIC	7 99:99:99	VALIÑO CASTRO	RUBEN	INDEPENDIENTE	0
INIL	1 00:43:50	GOMEZ VARELA	ROBERTO	INDEPENDIENTE	0
INIL	2 00:50:17	RODRIGUEZ FERNANDEZ	RUBEN	INDEPENDIENTE	0
INIL	3 01:02:21	PEDREIRA ROMERO	FERNANDO	ARTABROS	0
INIL	4 01:02:23	LAMAS PEREZ	MARIA	ARTABROS	0
INIL	5 01:22:31	MOSQUERA AREA	RODRIGO	INDEPENDIENTE	0

## 16 septiembre(A)

INIL	6 01:22:57	ABELENDA PEREZ	PATRICIA	INDEPENDIENTE	0
INIL	7 01:23:00	MAREQUE GARCIA	OSCAR	GALLAECIA RAID	0
INIL	8 01:36:33	LOPEZ DACOSTA	CRISTINA	MONTAÑA FERROL	0
INIL	9 01:53:37	GIL DIAZ	JOSE ANTONIO	BRIGANTIA	0
INIL	10 01:53:46	GIL DIAZ	JESUS	BRIGANTIA	0
INIL	10 01:53:46	VARELA GARCIA	SERVANDO	BRIGANTIA	0
INIL	12 02:10:31	LOPEZ SUAREZ	MARIA DOLORES	GALLAECIA RAID	0
INIL	13 99:99:99	OUJO AGEITOS	JOAQUIN	INDEPENDIENTE	0
INIL	13 99:99:99	SENIN CANOSA	IGNACIO	BRIGANTIA	0

## RESULTADOS DE LA QUINTA PRUEBA, GUITIRIZ, 16 DE SEPTIEMBRE.

Categoría	Puesto	Tiempo	Apellidos	Nombre	Club	Puntos
Cadete M	1	00:44:40	LOPEZ GONZALEZ	NICOLAS	ADVENTURE ADDICTS	100
Cadete M	2	00:55:17	BELOSO IGLESIAS	ALEXANDRE	AROMON	80
Cadete M	3	00:56:08	SERANTES ABAL	ELOI	ADC ARNELA	79
Cadete M	4	99:99:99	ALVAREZ BRAÑA	IVAN	GALLAECIA RAID	10
Cadete M	5	XX:XX:XX	GONZALEZ SOUTO	RUI	BRIGANTIA	0
Cadete M	5	XX:XX:XX	GONZALEZ SOUTO	GERMAN	BRIGANTIA	0
Junior M	1	00:47:56	ALVAREZ BRAÑA	MARTIN ENRIQUE	GALLAECIA RAID	100
Senior B F	1	01:18:02	DEL PUERTO LOPEZ	BARBARA	SEO	100
Senior B F	2	01:18:03	PEREZ GONZALEZ	MARIA JOSE	FLUVIAL LUGO	99
Senior B F	3	01:24:02	ALVAREZ OREIRO	LAURA	GALLAECIA RAID	92
Senior B F	4	01:43:02	MIGUEZ SAMPEDRO	SUSANA	ADC ARNELA	75
Senior B F	5	XX:XX:XX	MARTINEZ GARCIA	LAURA	USC	0
Senior B M	1	00:49:49	FERNANDEZ MARTINEZ	CARLOS	FLUVIAL LUGO	100
Senior B M	2	00:49:50	AMARELLE GARABAN	ROBERTO	FLUVIAL LUGO	99
Senior B M	3	00:50:04	BAAMONDE ARUFE	PABLO	ADC ARNELA	99
Senior B M	4	00:53:27	ROCHA PENA	PABLO	FLUVIAL LUGO	93
Senior B M	5	00:54:17	FERNANDEZ REGO	DAVID	ADC ARNELA	91
Senior B M	0	00:54:45	MORLAN OTERO	ALBERTO	GALLAECIA RAID	0
Senior B M	6	00:57:14	VERDE LAREU	ROBERTO	AROMON	87
Senior B M	7	01:03:34	NOGUEROL DIZ	IVAN	GALLAECIA RAID	78
Senior B M	0	01:14:48	MONTOUTO GONZALEZ	JOSE CARLOS	FLUVIAL LUGO	0
Senior B M	8	XX:XX:XX	FREIRE FERNANDEZ	JORGE	FLUVIAL LUGO	0
Senior B M	8	XX:XX:XX	FOUZ RODRIGUEZ	MARCOS M.	FLUVIAL LUGO	0
Senior B M	8	XX:XX:XX	PEREZ SEIJAS	ALBERTO	GALLAECIA RAID	0
Senior F	1	00:46:24	DELGADO GONZALEZ	MARIA DEL MAR	IES SABON	100
Senior F	2	00:54:40	LOPEZ EYO	TANIA	GALLAECIA RAID	84
Senior F	3	01:10:36	GONZALEZ CORRAL	BIBIANA	GALLAECIA RAID	65
Senior F	4	01:21:28	NAYA MANCEBO	PAULA	GALLAECIA RAID	56
Senior M	1	00:37:10	LOPEZ COSTOYA	FRANCISCO JAVIER	ADVENTURE ADDICTS	100
Senior M	2	00:38:27	TABOADA PINTOR	ALBERTO	ADVENTURE ADDICTS	96
Senior M	3	00:40:02	PEÑA PITA	FELIPE	GALLAECIA RAID	92
Senior M	4	00:40:22	FERNANDEZ OTERO	OSCAR	MONTAÑA FERROL	92
Senior M	5	00:40:26	BREIJO MARTINEZ	YAGO	GALLAECIA RAID	91
Senior M	6	00:41:23	LOPEZ FRANCO	PABLO	GALLAECIA RAID	89
Senior M	7	00:41:47	MUIÑO GARCIA	MARCOS	GALLAECIA RAID	88
Senior M	8	00:42:46	AMIL FERNANDEZ	CARLOS	BUDIÑORAID	86
Senior M	9	00:43:22	FREIRE LAGE	LUCAS	GALLAECIA RAID	85
Senior M	10	00:46:02	MORLAN RODRIGUEZ	JOSE ANGEL	SEO	80
Senior M	0	00:48:16	SIO OTERO	PABLO	BUDIÑORAID	0
Senior M	11	00:50:46	VIANA GONZALEZ	IAGO	FLUVIAL LUGO	73
Senior M	12	00:52:44	LAREO MARTINEZ	DAVID	ADC ARNELA	70
Senior M	13	01:03:31	LEDO FREIRIA	GABRIEL	BUDIÑORAID	58
Senior M	14	99:99:99	DIZ LOPEZ	FRANCISCO	GALLAECIA RAID	10
Senior M	14	99:99:99	PEREZ DE AYALA RECASENS	JOSE	INDEPENDIENTE	0
Senior M	16	XX:XX:XX	CARBALLEIRA RODRIGUEZ	IVAN	BG	0
Senior M	16	XX:XX:XX	RODRIGUEZ LOPEZ	RODRIGO IVAN	FLUVIAL LUGO	0
Senior M	16	XX:XX:XX	GUARIN PEREZ	RUBEN	JARNACHAS	0
Vet. A F	1	01:00:50	FOLLANA NEIRA	FERNANDA	FLUVIAL LUGO	100
Vet. A F	2	01:03:32	CARRO MAHIA	ALEJANDRA	ADC ARNELA	95
Vet. A M	1	00:41:07	BALSEIRO PEREZ	JOSE ANTONIO	GALLAECIA RAID	100
Vet. A M	2	00:47:22	LOPEZ PEITEADO	ANTONIO	MONTAÑA FERROL	86

## 16 septiembre(B)

Vet. A M	3 00:47:41	ARUFE VARELA	JAVIER	APA LICEO	86
Vet. A M	4 00:49:02	FERNANDEZ SOUTO	JOSE MANUEL	FLUVIAL LUGO	83
Vet. A M	5 00:49:26	LOPEZ RODRIGUEZ	FRANCISCO	GALLAECIA RAID	83
Vet. A M	6 00:49:45	ALVAREZ ESTEVEZ	ENRIQUE LUIS	GALLAECIA RAID	82
Vet. A M	6 00:49:45	IGLESIAS DURAN	JOSE LUIS	HABELAS HAINAS	82
Vet. A M	8 00:50:05	LAMAS ANTON	FRANCISCO J.	FLUVIAL LUGO	82
Vet. A M	9 00:50:29	BELOSO GARCIA	MANUEL	AROMON	81
Vet. A M	10 00:50:32	CASAL FERNANDEZ	FRANCISCO JAVIER	GALLAECIA RAID	81
Vet. A M	11 00:51:43	PEDRE VAZQUEZ	MANUEL	GALLAECIA RAID	79
Vet. A M	12 00:52:39	VILLAR VAZQUEZ	EMILIO	BG	78
Vet. A M	13 00:55:40	RAMOS ASENSIO	LUIS JAVIER	IES SABON	73
Vet. A M	14 00:57:26	NOGUERAS MARENTES	JOSE MANUEL	FLUVIAL LUGO	71
Vet. A M	15 00:57:42	ARUFE VARELA	ALBERTO	APA LICEO	71
Vet. A M	16 00:58:33	PICOS ROMERO	VICTOR MANUEL	GALLAECIA RAID	70
Vet. A M	17 01:01:42	PARAPAR FUSTES	VICENTE	ARTABROS	66
Vet. A M	18 01:12:48	MARTINEZ RIVERA	JESUS	BG	56
Vet. A M	19 01:16:53	GOMEZ RAMOS	ANTONIO	ARTABROS	53
Vet. A M	20 01:18:13	RIOBOO IGLESIAS	DANIEL	GALLAECIA RAID	52
Vet. A M	21 01:28:42	LOPEZ VAZQUEZ	JESUS	GALLAECIA RAID	46
Vet. A M	22 XX:XX:XX	VARELA FERREIRO	JORGE MANRIQUE	ADC ARNELA	0
Vet. A M	22 XX:XX:XX	FERRER VIDAL	FRANCISCO JOSE	HABELAS HAINAS	0
Vet. A M	22 XX:XX:XX	BOUZA PADIN	DIEGO	MONTAÑA FERROL	0
Vet. B F	1 01:33:32	SANCHEZ VAZQUEZ	LUISA	AROMON	100
Vet. B M	1 00:58:31	VIQUEIRA NOUCHE	CARLOS	SEO	100
Vet. B M	2 00:58:42	PARGA ANDON	PEDRO	FLUVIAL LUGO	99
Vet. B M	3 01:01:36	SERANTES MANEIRO	CAMILO	ADC ARNELA	94
Vet. B M	4 01:11:40	ALVELO FRAGUELA	JAVIER	AROMON	81
Vet. B M	5 99:99:99	CARBALLO FERNANDEZ	JUAN CARLOS	A PEDROSA ORRO	10
Vet. C M	1 00:55:24	RODRIGUEZ NUÑEZ	EUGENIO A.	FLUVIAL LUGO	100
Vet. C M	2 01:36:34	MOURENTE PRIETO	ROBERTO	GALLAECIA RAID	57
Xuvenil M	1 00:48:07	LOPEZ GONZALEZ	JAVIER	ADVENTURE ADDICTS	100
Xuvenil M	2 99:99:99	FERNANDEZ SANCHEZ	PABLO	FLUVIAL LUGO	10
INIC	1 01:33:50	SOMOZA SEOANE	ANXO	GALLAECIA RAID	0
INIC	2 01:45:37	PAZ ARIAS	PABLO	BRIGANTIA	0
INIC	3 99:99:99	LOPEZ GONZALEZ	MARIO	ADVENTURE ADDICTS	0
INIC	3 99:99:99	SOMOZA ARGIBAY	IVAN	GALLAECIA RAID	0
INIC	3 99:99:99	PENA BODENLLE	ABEL	INDEPENDIENTE	0
INIL	1 00:38:54	GOMEZ VARELA	ROBERTO	INDEPENDIENTE	0
INIL	2 00:46:28	OUJO AGEITOS	JOAQUIN	INDEPENDIENTE	0
INIL	3 01:28:41	MOSQUERA AREA	RODRIGO	INDEPENDIENTE	0
INIL	4 01:42:15	LOPEZ DACOSTA	CRISTINA	MONTAÑA FERROL	0
INIL	5 XX:XX:XX	GIL DIAZ	JOSE ANTONIO	BRIGANTIA	0
INIL	5 XX:XX:XX	GIL DIAZ	JESUS	BRIGANTIA	0
INIL	5 XX:XX:XX	VARELA GARCIA	SERVANDO	BRIGANTIA	0