

os	rsal	Nombre	Tiempo														F
M-21 (16)				5,0 km 135 m			13 C			<i>(cont.)</i>							
				1(59)	2(34)	3(35)	4(58)	5(56)	6(61)	7(62)	8(52)	9(63)	10(64)	11(65)	12(67)	13(200)	
8	113	Gonzalez Fernande Pontevedra AROMO	2:32:41	6:27 6:27	13:50 7:23 0.00 *104	26:23 12:33	28:32 2:09	44:53 16:21	55:58 11:05	1:15:48 19:50	1:41:21 25:33	1:49:08 7:47	2:09:53 20:45	2:20:05 10:12	2:24:45 4:40	2:26:54 2:09	2:32:41 5:47
9	459	Pereira Ameijenda, Cambre ROBALIZA	2:55:26	28:26 28:26	36:11 7:45	59:34 23:23	1:04:21 4:47	1:07:55 3:34	1:20:25 12:30	1:36:25 16:00	1:50:31 14:06	1:59:47 9:16	2:25:27 25:40	2:36:27 11:00	2:42:14 5:47	2:45:52 3:38	2:55:26 9:34
10	74	Zolle Fernández, R Lugo FLUVIAL LUG	3:10:57	11:52 11:52	17:30 5:38 10:04 *74	49:02 31:32 19:52 *77	53:24 4:22 33:55 *57	1:00:08 6:44 1:01:16 *36	1:30:53 30:45 1:07:00 *78	1:49:57 19:04 1:15:28 *60	2:06:24 16:27 1:28:58 *46	2:12:09 5:45 1:39:48 *81	2:27:54 15:45 1:48:28 *38	2:53:44 25:50 1:54:18 *63	2:58:26 4:42 2:00:19 *41	3:02:34 4:08 2:14:16 *80	3:10:57 8:23 2:18:06 *100
11	458	Pan Iglesias, Lucia Cambre ROBALIZA	3:25:00	11:53 11:53	19:51 7:58 0.00 *104	40:31 20:40	46:30 5:59	54:54 8:24	1:22:23 27:29	1:46:16 23:53	2:12:54 26:38	2:31:03 18:09	2:57:22 26:19	3:08:24 11:02	3:14:15 5:51	3:17:27 3:12	3:25:00 7:33
619		Vázquez Núñez, Mar Ferrol MONTAÑA FE	en tarj.	10:26 10:26	13:20 2:54 0.00 *104	20:07 6:47	22:45 2:38	26:13 3:28	35:09 8:56	56:59 21:50	1:05:34 8:35	1:11:19 5:45	----	----	----	----	2:42:20 1:31:01
611		Remesal Guzmán, E Lugo FLUVIAL LUG	en tarj.	15:06 15:06	17:57 2:51 0.00 *104	38:15 20:18	48:07 9:52	53:19 5:12	1:08:13 14:54	1:37:42 29:29	2:10:11 32:29	2:23:15 13:04	----	----	----	----	3:22:34 59:19
75		Zolle Fernández, Cr Lugo FLUVIAL LUG	en tarj.	12:58 12:58	16:27 3:29 0.00 *104	44:14 27:47	48:49 4:35	1:00:57 12:08	1:34:11 33:14	1:47:57 13:46	2:00:08 12:11	2:48:06 47:58	----	----	----	3:58:57 1:10:51	4:08:08 9:11
445		Santos Cambón, Ma Porto do Son ADC A	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
431		Fernandez Torres, Porto do Son ADC A	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
M-21C (18)				5,1 km 130 m			12 C										F
				1(59)	2(57)	3(58)	4(56)	5(61)	6(62)	7(63)	8(54)	9(53)	10(65)	11(67)	12(200)		
1	136	Rodríguez Mouríño, Pontevedra AROMO	1:42:42	7:14 7:14 0.00 *104	13:33 6:19	24:30 10:57	27:43 3:13	39:37 11:54	48:06 8:29	56:07 8:01	1:04:23 8:16	1:21:21 16:58	1:29:27 8:06	1:35:12 5:45	1:37:12 2:00	1:42:42 5:30	
2	152	Alvarez Castro, Oli Vigo UNIVERSIDAD	1:59:35	11:49 11:49 0.00 *104	19:30 7:41	30:48 11:18	43:15 12:27	53:26 10:11	1:03:47 10:21	1:11:24 7:37	1:27:38 16:14	1:34:30 6:52	1:45:07 10:37	1:50:10 5:03	1:53:14 3:04	1:59:35 6:21	
3	527	Ortegano Pérez, Ara Culleredo A PEDRO	2:08:16	9:26 9:26 0.00 *104	18:55 9:29	41:58 23:03	46:30 4:32	1:00:09 13:39	1:10:48 10:39	1:23:43 12:55	1:32:02 8:19	1:42:44 10:42	1:53:29 10:45	1:58:25 4:56	2:00:54 2:29	2:08:16 7:22	
4	52	Pérez González, M. Lugo FLUVIAL LUG	2:08:50	13:55 13:55 40:30 *43 2:34:54 *54	23:23 9:28 51:00 *53 2:36:56 *100	45:27 22:04 57:18 *55 0.00 *104	50:00 4:33 1:00:13 *50	1:07:03 17:03 1:14:49 *48	1:23:38 16:35 1:27:26 *60	1:32:50 9:12 1:40:41 *41	1:41:37 8:47 1:48:24 *61	1:49:45 8:08 1:56:06 *51	1:58:07 8:22 2:06:04 *58	2:02:16 4:09 2:11:43 *57	2:04:04 1:48 2:14:47 *56	2:08:50 4:46 2:18:59 *49	2:24:48 *47
5	489	Ferrero Del Pozo, C Arteixo JARNACHAS	2:14:17	17:21 17:21 0.00 *104	25:05 7:44	47:56 22:51	52:31 4:35	1:05:57 13:26	1:16:41 10:44	1:29:44 13:03	1:38:00 8:16	1:48:47 10:47	1:59:31 10:44	2:04:20 4:49	2:06:57 2:37	2:14:17 7:20	
6	196	Bugallo Iglesias, An A Coruña APA LICE	2:18:04	9:04 9:04 0.00 *104	32:24 23:20	43:37 11:13	52:36 8:59	1:01:39 9:03	1:14:31 12:52	1:22:21 7:50	1:37:00 14:39	1:43:19 6:19	1:59:33 16:14	2:08:48 9:15	2:11:58 3:10	2:18:04 6:06	
7	260	Pernas Gomez, Beg Ferrol MONTAÑA FE	2:28:44	6:56 6:56 0.00 *104	24:15 17:19	37:23 13:08	41:11 3:48	54:59 13:48	1:03:40 8:41	1:28:21 24:41	1:37:31 9:10	2:03:59 26:28	2:11:06 7:07	2:22:49 11:43	2:24:22 1:33	2:28:44 4:22	
266		Rodríguez Castrelo Ferrol MONTAÑA FE	control	----	----	----	----	----	----	----	----	----	----	----	----	----	
685		García, Estibaliz A Coruña GALLAECI	andona	9:11 9:11 0.00 *104	18:39 9:28	1:02:49 44:10	1:06:19 3:30	1:16:26 10:07	1:27:27 11:01	1:45:52 18:25	----	----	----	----	----	2:56:37 1:10:45	
287		Brion Garcia, Bego A Coruña GALLAECI	andona	26:08 26:08 0.00 *104	2:08:48 1:42:40	2:28:42 19:54	2:46:22 17:40	----	----	----	----	----	----	----	----	3:09:12 22:50	

Pos	Nombre	Tempo													F	
M-21C (18)			5,1 km 130 m			12 C			<i>(cont.)</i>							
			1(59)	2(57)	3(58)	4(56)	5(61)	6(62)	7(63)	8(54)	9(53)	10(65)	11(67)	12(200)		
280	Aller Silván, Leticia A Coruña GALLAECI	andona	32:05 32:05 0.00 *104	2:15:33 1:43:28	2:34:46 19:13	2:52:36 17:50	-----	-----	-----	-----	-----	-----	-----	-----	3:15:11 22:35	
267	Sande Castro, Laur Ferrol MONTAÑA FE	andona	12:36 12:36 0.00 *104	20:22 7:46	39:11 18:49	46:39 7:28	1:02:05 15:26	1:31:44 29:39	2:17:23 45:39	-----	-----	-----	-----	-----	3:16:36 59:13	
301	Ferro Pérez, Estefa A Coruña GALLAECI	andona	48:02 48:02 4:47 *104	2:31:39 1:43:37	2:50:13 18:34	3:05:51 15:38	-----	-----	-----	-----	-----	-----	-----	-----	3:31:10 25:19	
674	García Gómez, Marí Lugo FLUVIAL LUG	andona	19:32 19:32 11:57:20 *104	31:02 11:30	56:36 25:34	1:19:20 22:44	1:42:40 23:20	2:05:41 23:01	-----	-----	-----	-----	-----	-----	3:35:00 1:29:19	
20	Fernández Fernánd Lugo FLUVIAL LUG	andona	24:27 24:27 0.00 *104	35:06 10:39	1:00:33 25:27	1:23:21 22:48	1:46:59 23:38	2:09:45 22:46	-----	-----	-----	-----	-----	-----	3:38:58 1:29:13	
566	Rayón Fernández, P Arteixo SABON	andona	24:14 24:14 1:12 *104	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
536	Rodríguez Docamp Ordes SEO	andona	11:55 11:55 23:57:31 *104	25:45 13:50	49:20 23:35	57:18 7:58	1:18:23 21:05	1:53:28 35:05	2:08:13 14:45	-----	-----	-----	-----	-----	-----	
388	Calvelo Vázquez, E O Barco de Valde T	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
M-21L (4)			7,1 km 220 m			16 C										
			1(48)	2(53)	3(32)	4(54)	5(33)	6(34)	7(36)	8(41)	9(43)	10(55)	11(56)	12(36)	13(57)	14(48)
1	14 Ceide Vilela, Mª Van Lugo FLUVIAL LUG	1:48:46	6:57 6:57 1:42:20 11:49	12:36 5:39 1:43:55 1:35	15:37 3:01 1:48:46 4:51	20:12 4:35 11:58:05 4:35	29:08 8:56 11:58:17 *104	35:06 5:58 *104	38:35 3:29	49:46 11:11	58:59 9:13	1:09:01 10:02	1:14:55 5:54	1:21:26 6:31	1:23:16 1:50	1:30:31 7:15
2	16 Corral Prado, Eva Lugo FLUVIAL LUG	2:19:24	11:51 11:51 2:11:38 7:45	19:41 7:50 ----- 7:46	22:39 2:58 2:19:24 7:46	27:10 4:31 0.00 *104	34:27 7:17 10:00 *104	44:27 10:00	48:57 4:30	1:06:11 17:14	1:27:34 21:23	1:39:33 11:59	1:46:23 6:50	1:53:21 6:58	1:55:45 2:24	2:03:53 8:08
3	493 Meirás Casanova, A Arteixo JARNACHAS	2:32:23	14:08 14:08 2:26:05 12:45	21:55 7:47 2:27:20 1:15	27:21 5:26 2:32:23 5:03	31:14 3:53 0.00 *104	40:04 8:50 *104	45:36 5:32	50:19 4:43	1:01:35 11:16	1:22:41 21:06	1:34:34 11:53	1:42:21 7:47	1:51:30 9:09	1:54:57 3:27	2:13:20 18:23
4	114 González Lorenzo, Pontevedra AROMO	2:47:59	6:19 6:19 2:40:31 16:07	18:25 12:06 2:42:40 2:09	23:01 4:36 2:47:59 5:19	26:49 3:48 0.00 *104	36:43 9:54 *104	45:06 8:23	50:17 5:11	1:06:40 16:23	1:42:20 35:40	1:50:42 8:22	1:59:18 8:36	2:12:05 12:47	2:14:37 2:32	2:24:24 9:47
M-35 (11)			5,5 km 210 m			13 C										
			1(34)	2(35)	3(58)	4(41)	5(43)	6(55)	7(56)	8(36)	9(57)	10(59)	11(48)	12(50)	13(200)	F
1	432 Garcia Gonzalez, Yo Porto do Son ADC A	1:24:22	14:56 14:56 0.00 *104	19:46 4:50	21:57 2:11	29:31 7:34	39:45 10:14	48:46 9:01	54:58 6:12	1:02:32 7:34	1:04:10 1:38	1:07:50 3:40	1:11:26 3:36	1:17:08 5:42	1:19:09 2:01	1:24:22 5:13
2	357 Gómez Naya, Sonia A Coruña BRIGANTI	1:26:18	16:47 16:47 0.00 *104	21:20 4:33	23:25 2:05	31:00 7:35	41:19 10:19	50:41 9:22	57:00 6:19	1:04:27 7:27	1:06:08 1:41	1:09:47 3:39	1:13:19 3:32	1:19:07 5:48	1:21:02 1:55	1:26:18 5:16
3	100 Dios González, Ana Pontevedra AROMO	1:32:17	8:54 8:54 0.00 *104	16:05 7:11	20:30 4:25	31:38 11:08	41:52 10:14	49:32 7:40	55:31 5:59	1:05:50 10:19	1:08:41 2:51	1:13:17 4:36	1:17:17 4:00	1:25:04 7:47	1:26:53 1:49	1:32:17 5:24
4	29 González Bello, Co Lugo FLUVIAL LUG	1:46:23	13:20 13:20 0.00 *104	18:23 5:03	20:39 2:16	28:52 8:13	46:29 17:37	57:08 10:39	1:02:14 5:06	1:08:19 6:05	1:09:48 1:29	1:21:10 11:22	1:33:13 12:03	1:39:47 6:34	1:41:37 1:50	1:46:23 4:46
5	54 Pérez Rodríguez, M Lugo FLUVIAL LUG	2:01:14	11:08 11:08 0.00 *104	17:08 6:00	22:57 5:49	32:09 9:12	1:15:53 43:44	1:23:06 7:13	1:29:32 6:26	1:38:15 8:43	1:40:05 1:50	1:45:01 4:56	1:47:39 2:38	1:54:12 6:33	1:55:42 1:30	2:01:14 5:32
6	206 Pardo Villaverde, M A Coruña APA LICE	2:50:22	10:54 10:54 0.00 *104	28:30 17:36	31:54 3:24	42:48 10:54	1:03:45 20:57	1:42:16 38:31	1:53:10 10:54	2:07:05 13:55	2:09:36 2:31	2:22:45 13:09	2:26:59 4:14	2:43:40 16:41	2:45:14 1:34	2:50:22 5:08

os	rsal	Nombre	Tempo														
M-E (10)				7,8 km 275 m			17 C			<i>(cont.)</i>							
				1(60)	2(32)	3(33)	4(34)	5(36)	6(41)	7(43)	8(44)	9(51)	10(55)	11(35)	12(52)	13(59)	14(48)
				15(31)	16(50)	17(200)	F										
2	364	Montes Villar, Vero Paderne AABT	2:03:52	12:32	16:13	23:16	28:08	32:59	42:12	54:12	59:16	1:04:27	1:11:50	1:20:14	1:39:48	1:43:15	1:48:04
				12:32	3:41	7:03	4:52	4:51	9:13	12:00	5:04	5:11	7:23	8:24	19:34	3:27	4:49
				1:55:11	1:58:12	2:00:36	2:03:52		0.00								
				7:07	3:01	2:24	3:16		*104								
3	427	Carro Mahía, Alejan Porto do Son ADC A	2:05:57	17:51	24:32	31:14	39:47	43:13	53:09	1:03:49	1:10:54	1:16:02	1:26:39	1:34:15	1:43:59	1:47:14	1:49:49
				17:51	6:41	6:42	8:33	3:26	9:56	10:40	7:05	5:08	10:37	7:36	9:44	3:15	2:35
				1:57:09	2:00:08	2:01:24	2:05:57		0.00								
				7:20	2:59	1:16	4:33		*104								
4	376	Varela Yáñez, Ana A Coruña BRIGANTI	2:19:59	9:37	16:56	22:33	29:56	32:43	51:13	1:07:11	1:10:26	1:16:58	1:30:30	1:36:18	1:59:40	2:03:29	2:05:36
				9:37	7:19	5:37	7:23	2:47	18:30	15:58	3:15	6:32	13:32	5:48	23:22	3:49	2:07
				2:09:29	2:14:35	2:16:00	2:19:59		0.00								
				3:53	5:06	1:25	3:59		*104								
5	500	Barros Diz, Natalia Oleiros FAICAMIÑO	2:30:06	9:45	14:40	20:19	25:07	28:02	38:19	46:52	1:01:48	1:06:04	1:23:17	1:49:50	2:11:37	2:15:30	2:17:34
				9:45	4:55	5:39	4:48	2:55	10:17	8:33	14:56	4:16	17:13	26:33	21:47	3:53	2:04
				2:21:30	2:24:20	2:25:58	2:30:06		0.00								
				3:56	2:50	1:38	4:08		*104								
6	146	Veiga García, Carla Pontevedra AROMO	3:16:48	39:32	44:10	52:45	1:01:29	1:06:04	1:24:12	1:37:45	1:46:01	1:56:47	2:23:59	2:36:19	2:50:00	2:57:12	3:00:00
				39:32	4:38	8:35	8:44	4:35	18:08	13:33	8:16	10:46	27:12	12:20	13:41	7:12	2:48
				3:04:49	3:10:17	3:11:55	3:16:48										
				4:49	5:28	1:38	4:53										
296		Diz Cao, Isabel A Coruña GALLAECI	en tarj.	10:51	17:54	23:39	31:44	37:51	58:42	1:28:59	1:35:31	1:40:32	1:58:12	2:06:36	2:36:08	2:40:53	----
				10:51	7:03	5:45	8:05	6:07	20:51	30:17	6:32	5:01	17:40	8:24	29:32	4:45	
				----	----	----			23:57:55								
									*104								
129		Pérez Alonso, Alicia Pontevedra AROMO	andona	14:23	20:53	27:29	33:01	37:28	1:34:25	1:45:24	1:50:03	1:55:58	2:21:20	----	----	----	----
				14:23	6:30	6:36	5:32	4:27	56:57	10:59	4:39	5:55	25:22				
				----	----	----			23:57:58								
									*104								
448		Bello Rodríguez, OI Cambre ROBALIZA	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----											
236		Veiga Barbazán, Pil Santiago de Comp	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----											
H-12 (12)				2,5 km 60 m			10 C										
				1(71)	2(85)	3(72)	4(77)	5(78)	6(79)	7(80)	8(83)	9(84)	10(100)	F			
1	563	Morales Jiménez, J Xinzo de Limia LIMI	27:57	5:17	7:03	11:25	13:04	16:21	17:35	19:24	23:27	24:20	26:06	27:57			0.00
				5:17	1:46	4:22	1:39	3:17	1:14	1:49	4:03	0:53	1:46	1:51			*104
2	81	Antoñón Casal, Hug Pontevedra AROMO	31:20	3:47	5:27	11:14	13:13	16:09	20:45	22:03	25:10	26:59	29:28	31:20			
				3:47	1:40	5:47	1:59	2:56	4:36	1:18	3:07	1:49	2:29	1:52			
3	87	Beloso Iglesias, Xa Pontevedra AROMO	35:52	4:41	7:15	15:12	18:54	22:44	23:55	25:57	30:50	32:25	34:34	35:52			11:57:09
				4:41	2:34	7:57	3:42	3:50	1:11	2:02	4:53	1:35	2:09	1:18			*104
4	128	Novoa Gutiérrez, Xi Pontevedra AROMO	36:30	4:56	7:20	12:07	14:06	16:41	18:22	23:49	27:34	28:33	30:24	36:30			0.00
				4:56	2:24	4:47	1:59	2:35	1:41	5:27	3:45	0:59	1:51	6:06			*104
5	483	Rodríguez Díaz, Ma Vigo HABELAS HAIN	36:35	5:01	7:51	20:11	21:38	23:01	24:21	29:11	31:54	33:30	35:02	36:35			0.00
				5:01	2:50	12:20	1:27	1:23	1:20	4:50	2:43	1:36	1:32	1:33			*104
6	400	Trigo Vázquez, Iago O Barco de Valde T	39:54	17:11	18:59	23:26	25:01	28:01	29:26	31:26	34:44	36:24	38:32	39:54			11:57:09
				17:11	1:48	4:27	1:35	3:00	1:25	2:00	3:18	1:40	2:08	1:22			*104
7	275	Alvarez Braña, Ivan A Coruña GALLAECI	51:50	8:28	11:19	23:00	26:50	31:03	32:44	35:36	42:02	44:23	48:43	51:50			0.00
				8:28	2:51	11:41	3:50	4:13	1:41	2:52	6:26	2:21	4:20	3:07			*104
8	88	Beloso Iglesias, Ma Pontevedra AROMO	56:51	7:37	12:45	25:15	29:54	34:22	36:30	41:19	48:50	50:50	53:49	56:51			11:58:58
				7:37	5:08	12:30	4:39	4:28	2:08	4:49	7:31	2:00	2:59	3:02			*104
9	440	Patiño Carro, Danie Porto do Son ADC A	1:11:47	12:06	16:29	31:59	36:52	43:48	45:51	50:54	1:00:11	1:03:53	1:09:58	1:11:47			0.00
				12:06	4:23	15:30	4:53	6:56	2:03	5:03	9:17	3:42	6:05	1:49			*104
439		Patiño Carro, Anton Porto do Son ADC A	andona	----	----	----	----	----	----	----	----	----	----	----			
291		Corral García, Gasp A Coruña GALLAECI	No sale	----	----	----	----	----	----	----	----	----	----	----			
379		Agudo Calvelo, Jua O Barco de Valde T	No sale	----	----	----	----	----	----	----	----	----	----	----			
H-14 (5)				2,7 km 65 m			11 C										
				1(71)	2(69)	3(72)	4(73)	5(74)	6(76)	7(79)	8(80)	9(83)	10(84)	11(100)	F		
1	482	Rodilla Iriso, Santia Vigo HABELAS HAIN	30:28	4:21	7:33	11:29	12:17	13:25	15:37	18:01	20:09	26:29	27:24	29:13	30:28		0.00
				4:21	3:12	3:56	0:48	1:08	2:12	2:24	2:08	6:20	0:55	1:49	1:15		*104
2	538	Varela Gutiérrez, Ju Ordes SEO	31:58	3:57	8:31	12:33	13:13	14:36	16:38	20:07	22:26	26:18	28:01	29:58	31:58		0.00
				3:57	4:34	4:02	0:40	1:23	2:02	3:29	2:19	3:52	1:43	1:57	2:00		*104
3	39	López Guerreiro, M Lugo FLUVIAL LUG	35:48	4:54	8:24	13:25	16:00	20:32	22:10	24:58	26:41	31:34	32:49	34:35	35:48		11:56:56
				4:54	3:30	5:01	2:35	4:32	1:38	2:48	1:43	4:53	1:15	1:46	1:13		*104
4	80	Antoñón Casal, Mate Pontevedra AROMO	41:42	3:54	10:03	19:19	22:05	26:24	28:02	30:57	32:34	37:31	38:36	40:22	41:42		0.00
				3:54	6:09	9:16	2:46	4:19	1:38	2:55	1:37	4:57	1:05	1:46	1:20		*104
5	402	Candela Iglesias, N	49:03	3:47	6:46	11:35	12:17	13:46	37:17	39:52	41:48	45:18	46:23	47:55	49:03		0.00

os	rsal	Nombre	Tiempo														
H-21 (23)				7,1 km 220 m			16 C			<i>(cont.)</i>							
				1(48)	2(53)	3(32)	4(54)	5(33)	6(34)	7(36)	8(41)	9(43)	10(55)	11(56)	12(36)	13(57)	14(48)
				15(50)	16(200)	F											
7	501	Barrós Diz, Rubén Oleiros FAICAMIÑO	2:06:41	5:31	22:38	25:04	27:17	32:23	37:32	46:11	56:07	1:27:12	1:33:03	1:39:32	1:46:41	1:48:07	1:54:13
				5:31	17:07	2:26	2:13	5:06	5:09	8:39	9:56	31:05	5:51	6:29	7:09	1:26	6:06
				2:00:13	2:01:48	2:06:41											
				6:00	1:35	4:53											
8	516	Vinagre Rey, Mario Oleiros FAICAMIÑO	2:08:04	8:16	13:13	18:42	21:42	30:27	38:38	43:37	55:37	1:12:43	1:20:17	1:27:36	1:36:42	1:43:07	1:55:43
				8:16	4:57	5:29	3:00	8:45	8:11	4:59	12:00	17:06	7:34	7:19	9:06	6:25	12:36
				2:03:23	2:04:45	2:08:04											
				7:40	1:22	3:19											
9	610	Pérez, Adrián Lugo FLUVIAL LUG	2:18:39	23:19	30:21	37:08	48:43	59:48	1:05:26	1:08:40	1:17:36	1:25:28	1:42:23	1:48:36	1:56:54	1:58:55	2:06:04
				23:19	7:02	6:47	11:35	11:05	5:38	3:14	8:56	7:52	16:55	6:13	8:18	2:01	7:09
				2:13:02	2:14:35	2:18:39											
				6:58	1:33	4:04											
10	522	Doce Serrano, Juan Culleredo A PEDRO	2:25:56	5:55	10:57	18:04	30:58	1:00:10	1:06:38	1:09:29	1:20:38	1:35:54	1:42:46	1:48:22	1:59:29	2:01:15	2:08:32
				5:55	5:02	7:07	12:54	29:12	6:28	2:51	11:09	15:16	6:52	5:36	11:07	1:46	7:17
				2:19:18	2:20:38	2:25:56											
				10:46	1:20	5:18											
11	490	Garcia Ramos, Albe Arteixo JARNACHAS	2:57:12	6:30	15:42	18:47	59:58	1:06:22	1:23:08	1:28:36	1:41:23	1:56:50	2:04:22	2:10:30	2:24:13	2:25:28	2:39:13
				6:30	9:12	3:05	41:11	6:24	16:46	5:28	12:47	15:27	7:32	6:08	13:43	1:15	13:45
				2:48:17	2:51:43	2:57:12											
				9:04	3:26	5:29											
12	544	Rodríguez Martínez O Porriño BUDIÑOR	3:00:32	5:59	29:33	31:51	49:17	1:12:36	1:23:01	1:26:34	1:36:48	1:52:10	1:58:20	2:08:55	2:30:06	2:37:09	2:48:18
				5:59	23:34	2:18	17:26	23:19	10:25	3:33	10:14	15:22	6:10	10:35	21:11	7:03	11:09
				2:55:27	2:57:04	3:00:32											
				7:09	1:37	3:28											
13	34	Iglesias Rey, Ferna Lugo FLUVIAL LUG	3:13:29	13:07	35:11	39:40	1:04:08	1:11:08	1:17:27	1:25:10	1:53:23	2:06:22	2:14:57	2:23:15	2:36:12	2:38:39	2:48:22
				13:07	22:04	4:29	24:28	7:00	6:19	7:43	28:13	12:59	8:35	8:18	12:57	2:27	9:43
				3:04:34	3:06:41	3:13:29											
				16:12	2:07	6:48											
14	498	Valle Rodriguez, Je Arteixo JARNACHAS	3:23:32	6:37	14:51	17:02	21:09	29:19	35:38	40:11	50:45	1:12:39	1:24:31	1:31:48	1:48:07	2:02:46	2:10:08
				6:37	8:14	2:11	4:07	8:10	6:19	4:33	10:34	21:54	11:52	7:17	16:19	14:39	7:22
				3:17:34	3:19:11	3:23:32											
				1:07:26	1:37	4:21											
497	Sánchez Marcote, B Arteixo JARNACHAS	en tarj.	10:09	37:05	40:57	53:54	1:04:30	1:14:32	1:20:22	1:43:50	1:56:50	2:10:09	2:19:16	2:39:18	2:41:43	-----	
				10:09	26:56	3:52	12:57	10:36	10:02	5:50	23:28	13:00	13:19	9:07	20:02	2:25	-----
				-----	-----	-----											
				-----	-----	-----											
231	Sampedro Fraga, Ai Santiago de Comp	andona	6:26	40:51	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				6:26	34:25	-----											
				-----	-----	1:23:17											
				-----	-----	42:26											
384	Alvarez Gonzalez, M O Barco de Valde T	andona	15:21	31:58	34:43	1:06:05	1:16:42	1:24:44	-----	-----	-----	-----	-----	-----	-----	-----	
				15:21	16:37	2:45	31:22	10:37	8:02	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	1:49:01											
				-----	-----	24:17											
283	Bermúdez Martínez, A Coruña GALLAECI	andona	14:32	1:40:44	1:46:07	1:50:36	2:07:04	2:16:36	-----	-----	-----	-----	-----	-----	-----	-----	
				14:32	1:26:12	5:23	4:29	16:28	9:32	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	2:26:05											
				-----	-----	9:29											
232	Sampedro Muñiz, J Santiago de Comp	andona	8:58	19:04	21:25	31:57	1:08:42	1:41:49	1:45:42	2:01:56	-----	2:17:27	-----	-----	-----	-----	
				8:58	10:06	2:21	10:32	36:45	33:07	3:53	16:14	-----	15:31	-----	-----	-----	-----
				-----	-----	2:33:18											
				-----	-----	15:51											
657	González Castro, L Lugo FLUVIAL LUG	andona	9:58	20:35	23:13	28:43	36:09	39:59	1:45:54	1:58:25	2:05:27	2:13:38	2:19:49	-----	-----	-----	
				9:58	10:37	2:38	5:30	7:26	3:50	1:05:55	12:31	7:02	8:11	6:11	-----	-----	-----
				-----	-----	3:11:03											
				-----	-----	51:14											
204	Navia Álvarez, Alfon A Coruña APA LICE	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----											
223	Freire González, Ja Santiago de Comp	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----											
478	Gonzalez Alonso, D Vigo HABELAS HAIN	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----											

H-21C (28)				5,0 km 135 m			13 C										
				1(59)	2(34)	3(35)	4(58)	5(56)	6(61)	7(62)	8(52)	9(63)	10(64)	11(65)	12(67)	13(200)	F
1	145	Veiga Bugallo, Fran Pontevedra AROMO	1:08:27	6:24	8:48	16:21	19:33	21:56	29:10	34:49	40:18	43:45	51:37	57:44	1:00:23	1:03:32	1:08:27
				6:24	2:24	7:33	3:12	2:23	7:14	5:39	5:29	3:27	7:52	6:07	2:39	3:09	4:55
				-----	-----	-----											
				-----	-----	0:00											
				-----	-----	*104											

os	rsal	Nombre	Tiempo														F
H-21C (28)				5,0 km 135 m			13 C			<i>(cont.)</i>							
				1(59)	2(34)	3(35)	4(58)	5(56)	6(61)	7(62)	8(52)	9(63)	10(64)	11(65)	12(67)	13(200)	
2	679	Garcia Calviño, Vic A Coruña BRIGANTI	1:22:12	6:26 6:26	8:20 1:54	17:35 9:15	21:48 4:13	27:00 5:12	34:01 7:01	43:23 9:22	51:59 8:36	56:35 4:36	1:03:50 7:15	1:13:59 10:09	1:16:40 2:41	1:18:05 1:25	1:22:12 4:07
				11:57:19 *104													
3	265	Rodríguez Bergara, Ferrol MONTAÑA FE	1:32:15	8:52 8:52	10:38 1:46	16:00 5:22	18:05 2:05	24:11 6:06	29:24 5:13	35:48 6:24	41:57 6:09	46:54 4:57	1:19:08 32:14	1:24:00 4:52	1:26:27 2:27	1:27:58 1:31	1:32:15 4:17
				0:00 *104													
4	800	Armada Luaces, Alv A Coruña APA LICE	1:32:36	12:10 12:10	14:53 2:43	20:26 5:33	26:02 5:36	29:10 3:08	36:20 7:10	45:01 8:41	53:21 8:20	57:37 4:16	1:07:54 10:17	1:19:29 11:35	1:23:21 3:52	1:25:25 2:04	1:32:36 7:11
				0:00 *104													
5	143	Varela Varela, Franc Pontevedra AROMO	1:35:12	8:20 8:20	11:26 3:06	19:08 7:42	22:04 2:56	29:00 6:56	36:24 7:24	43:55 7:31	1:01:53 17:58	1:07:56 6:03	1:18:58 11:02	1:25:52 6:54	1:29:11 3:19	1:30:42 1:31	1:35:12 4:30
				0:00 *104													
6	394	Mata Núñez, Jose L O Barco de Valde T	1:45:45	5:58 5:58	25:03 19:05	35:07 10:04	46:01 10:54	50:58 4:57	57:57 6:59	1:05:29 7:32	1:16:54 11:25	1:20:40 3:46	1:29:09 8:29	1:38:01 8:52	1:40:44 2:43	1:42:04 1:20	1:45:45 3:41
				0:00 *104													
7	444	Santos Blanco, Pab Porto do Son ADC A	1:58:17	5:10 5:10	9:27 4:17	16:17 6:50	18:35 2:18	30:00 11:25	37:43 7:43	1:02:42 24:59	1:22:54 20:12	1:25:55 3:01	1:37:50 11:55	1:50:32 12:42	1:53:05 2:33	1:54:32 1:27	1:58:17 3:45
				0:00 *104													
8	25	Freire Fernández, J Lugo FLUVIAL LUG	2:09:04	15:22 15:22	18:39 3:17	48:24 29:45	51:01 2:37	53:14 2:13	1:00:49 7:35	1:11:51 11:02	1:28:02 16:11	1:35:24 7:22	1:52:04 16:40	1:59:28 7:24	2:02:56 3:28	2:04:55 1:59	2:09:04 4:09
				5:43 *104													
9	248	Gallego Miguez, Ro Ferrol MONTAÑA FE	2:11:24	6:50 6:50	9:13 2:23	16:34 7:21	22:18 5:44	45:19 23:01	53:29 8:10	1:01:46 8:17	1:11:58 10:12	1:27:24 15:26	1:48:39 21:15	1:59:19 10:40	2:03:17 3:58	2:05:11 1:54	2:11:24 6:13
				0:00 *104													
10	116	Gutiérrez Costas, J Pontevedra AROMO	2:12:17	7:13 7:13	9:36 2:23	19:16 9:40	41:44 22:28	53:33 11:49	1:03:48 10:15	1:13:50 10:02	1:36:19 22:29	1:40:48 4:29	1:47:30 6:42	2:03:49 16:19	2:06:51 3:02	2:08:35 1:44	2:12:17 3:42
				0:00 *104													
11	322	Noguerol, Iván A Coruña GALLAECI	2:15:15	7:09 7:09	10:46 3:37	21:24 10:38	29:30 8:06	34:10 4:40	54:41 20:31	1:10:02 15:21	1:31:26 21:24	1:35:27 4:01	1:51:16 15:49	1:58:28 7:12	2:06:35 8:07	2:08:45 2:10	2:15:15 6:30
				0:00 *104													
12	686	Camba Rodríguez, O Barco de Valde T	2:19:58	28:47 28:47	31:21 2:34	50:12 18:51	53:31 3:19	56:08 2:37	1:14:08 18:00	1:21:52 7:44	1:28:20 6:28	1:33:00 4:40	2:05:14 32:14	2:10:10 4:56	2:12:53 2:43	2:14:28 1:35	2:19:58 5:30
				0:00 *104													
13	107	Fernández Costas, Pontevedra AROMO	2:20:49	6:41 6:41	9:14 2:33	17:54 8:40	20:32 2:38	25:40 5:08	35:43 10:03	43:29 7:46	1:24:05 40:36	1:27:08 3:03	2:05:04 37:56	2:11:42 6:38	2:15:29 3:47	2:16:50 1:21	2:20:49 3:59
				11:57:29 *104													
14	606	Fernández Paradela Lugo FLUVIAL LUG	2:23:06	13:55 13:55	18:38 4:43	28:47 10:09	33:01 4:14	40:00 6:59	52:31 12:31	1:13:40 21:09	1:33:25 19:45	1:40:27 7:02	1:55:22 14:55	2:07:26 12:04	2:14:18 6:52	2:19:04 4:46	2:23:06 4:02
				0:00 *104													
15	612	Rifón Añón, Francis Lugo FLUVIAL LUG	2:24:34	7:25 7:25	14:02 6:37	34:51 20:49	38:06 3:15	46:30 8:24	57:26 10:56	1:05:58 8:32	1:30:27 24:29	1:35:24 4:57	2:07:21 31:57	2:12:19 4:58	2:15:00 2:41	2:16:32 1:32	2:24:34 8:02
				11:58:09 *104													
16	668	Patiño Varela, Juan A Coruña GALLAECI	2:28:38	11:24 11:24	18:29 7:05	23:50 5:21	26:52 3:02	35:35 8:43	43:23 7:48	48:28 5:05	1:09:46 21:18	1:28:32 18:46	2:09:46 41:14	2:17:39 7:53	2:22:49 5:10	2:24:22 1:33	2:28:38 4:16
				0:00 *104													
342		Suárez Fernández, A Coruña GALLAECI	en tarj.	5:44 5:44	----- -----	----- 22:39	27:56 5:17	47:30 19:34	58:01 10:31	----- -----	1:02:10 4:09	----- -----	1:20:54 18:44	1:23:46 2:52	1:25:25 1:39	1:29:24 3:59	
				0:00 13:37 1:11:25 *104 *57 *54 *53													
205		Núñez Pol, Fernand A Coruña APA LICE	en tarj.	13:20 13:20	16:23 3:03	28:28 12:05	31:13 2:45	36:18 5:05	45:49 9:31	55:28 9:39	1:33:59 38:31	1:38:52 4:53	1:48:52 10:00	1:59:05 10:13	2:03:33 4:28	----- -----	2:08:08 4:35
				0:00 *104													
613		Vázquez Fernández Lugo FLUVIAL LUG	en tarj.	21:58 21:58	----- -----	----- 1:04:24	1:12:03 7:39	1:33:54 21:51	1:43:45 9:51	----- -----	1:52:50 9:05	----- -----	2:22:23 29:33	2:26:37 4:14	2:30:08 3:31	2:35:10 5:02	
				0:00 34:23 *104 *57 *54 *53													
2		Algora Aizpurua, An Lugo FLUVIAL LUG	andona	7:33 7:33	9:51 2:18	32:47 22:56	39:54 7:07	42:35 2:41	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	1:26:09 43:34
				0:00 *104													

os		rsal	Nombre	Tempo																		
H-21C (28)					5,0 km 135 m		13 C		<i>(cont.)</i>													
					1(59)	2(34)	3(35)	4(58)	5(56)	6(61)	7(62)	8(52)	9(63)	10(64)	11(65)	12(67)	13(200)	F				
530			García Ramírez, Ma Ordes SEO	andona	7:56 7:56	13:38 5:42	39:41 26:03	43:06 3:25	45:43 2:37	53:31 7:48	-----	-----	-----	-----	-----	-----	-----	-----				
					23:56:59 *104																	
35			Labrada Cedrón, Ra Lugo FLUVIAL LUG	andona	44:59 44:59	49:58 4:59	1:00:30 10:32	1:03:39 3:09	1:26:58 23:19	1:42:29 15:31	2:24:05 41:36	3:00:51 36:46	-----	-----	-----	-----	-----	-----				
					32:02 *104																	
200			Castedo López, Juli A Coruña APA LICE	andona	9:24 9:24	14:22 4:58	28:48 14:26	34:03 5:15	37:21 3:18	47:52 10:31	58:39 10:47	1:09:30 10:51	-----	-----	-----	-----	-----	-----				
					0:05 *104																	
451			Cañas Veira, Daniel Cambre ROBALIZA	andona	21:47 21:47	29:18 7:31	50:51 21:33	56:31 5:40	1:04:34 8:03	1:32:29 27:55	1:56:30 24:01	2:22:52 26:22	-----	-----	-----	-----	-----	-----				
					23:57:25 2:31:36 *104 *33																	
46			Ordóñez Zuleta, Osc Lugo FLUVIAL LUG	andona	7:05 7:05	11:51 4:46	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
					23:57:10 *104																	
95			Costas Gonzalez, J Pontevedra AROMO	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
300			Dopico Pena, Andre A Coruña GALLAECI	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
333			Rey García, Manuel A Coruña GALLAECI	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
H-21L (15)					7,8 km 275 m		17 C															
					1(60)	2(32)	3(33)	4(34)	5(36)	6(41)	7(43)	8(44)	9(51)	10(55)	11(35)	12(52)	13(59)	14(48)				
					15(31)	16(50)	17(200)	F														
1	543		Amil Fernández, Ca O Porriño BUDIÑOR	1:16:41	6:32 6:32	13:47 7:15	17:49 4:02	22:26 4:37	25:03 2:37	32:27 7:24	38:49 6:22	42:34 3:45	45:52 3:18	52:42 6:50	57:32 4:50	1:02:41 5:09	1:05:35 2:54	1:07:33 1:58				
					1:10:22 1:12:17 1:13:18 1:16:41 0:00 *104																	
2	76		Alfonso Álvarez, Da Pontevedra AROMO	1:23:37	2:49 6:21	1:55 8:21	1:01 25:45	3:23 29:44	32:36 2:52	41:01 8:25	46:28 5:27	49:46 3:18	53:10 3:24	58:56 5:46	1:03:27 4:31	1:11:01 7:34	1:12:59 1:58	1:14:49 1:50				
					1:17:14 1:19:08 1:20:22 1:23:37 0:00 *104																	
3	139		Ruda Orozco, Omar Pontevedra AROMO	1:25:05	12:49 1:19:48	14:18 1:21:23	19:56 5:38	23:33 3:37	25:45 2:12	32:43 6:58	37:32 4:49	40:42 3:10	43:57 3:15	57:43 13:46	1:02:55 5:12	1:07:58 5:03	1:14:26 6:28	1:16:46 2:20				
					3:02 1:35 0:54 2:48 *104																	
4	663		Rodríguez Díaz, Ca A Coruña APA LICE	1:52:36	10:45 1:44:57	13:42 1:47:18	18:06 1:48:42	23:50 1:52:36	28:22 4:32	38:30 10:08	57:01 18:31	1:04:50 7:49	1:09:10 4:20	1:20:10 11:00	1:26:30 6:20	1:34:48 8:18	1:38:36 3:48	1:41:00 2:24				
					3:57 2:21 1:24 3:54 *104																	
5	186		Pérez Juste, Jorge Vigo UNIVERSIDAD	1:53:28	12:00 1:46:01	16:21 1:48:42	22:12 1:49:55	27:37 1:53:28	31:09 3:32	43:31 12:22	53:57 10:26	1:00:35 6:38	1:05:17 4:42	1:14:52 9:35	1:22:46 7:54	1:31:39 8:53	1:36:58 5:19	1:40:29 3:31				
					5:32 2:41 1:13 3:33 *104																	
6	90		Braña Veiga, Albert Pontevedra AROMO	1:54:49	16:40 1:48:07	19:02 1:50:07	23:22 1:51:11	28:29 1:54:49	31:01 2:32	50:43 19:42	1:06:10 15:27	1:13:05 6:55	1:17:01 3:56	1:25:12 8:11	1:31:25 6:13	1:39:22 7:57	1:41:59 2:37	1:44:57 2:58				
					3:10 2:00 1:04 3:38 *104																	
7	290		Carro García, Robe A Coruña GALLAECI	1:59:15	12:35 1:52:08	16:15 1:54:35	23:02 1:55:47	48:35 1:59:15	52:04 3:29	1:00:19 8:15	1:07:08 6:49	1:11:57 4:49	1:15:59 4:02	1:22:40 6:41	1:29:52 7:12	1:42:05 12:13	1:45:54 3:49	1:48:23 2:29				
					3:45 2:27 1:12 3:28 *104																	
8	117		Herrero Dapia, Alfo Pontevedra AROMO	2:04:33	7:23 1:57:35	14:15 1:59:56	49:41 2:01:15	57:02 2:04:33	1:00:10 3:08	1:09:44 9:34	1:17:26 7:42	1:22:32 5:06	1:26:06 3:34	1:34:55 8:49	1:41:21 6:26	1:47:22 6:01	1:50:07 2:45	1:52:57 2:50				
					4:38 2:21 1:19 3:18 *104																	
9	518		Canedo Monasterio, Culleredo A PEDRO	2:05:37	11:07 1:55:42	13:56 1:59:26	19:52 2:00:54	24:14 2:05:37	27:35 3:21	43:55 16:20	58:32 14:37	1:06:12 7:40	1:10:34 4:22	1:22:06 11:32	1:31:48 9:42	1:42:59 11:11	1:47:53 4:54	1:50:21 2:28				
					5:21 3:44 1:28 4:43 *104																	
10	638		Ramos Sanchez, Da Paderne AABT	2:26:40	14:53 2:19:48	23:56 2:21:53	45:37 2:23:03	57:43 2:26:40	1:01:36 3:53	1:13:21 11:45	1:24:18 10:57	1:30:24 6:06	1:35:10 4:46	1:42:11 7:01	1:49:05 6:54	1:57:36 8:31	2:00:18 2:42	2:03:15 2:57				
					16:33 2:05 1:10 3:37 *104																	
11	33		Iglesias Castro, Ru Lugo FLUVIAL LUG	2:27:07	11:00 2:20:23	13:33 2:22:28	18:09 2:23:57	37:37 2:27:07	40:11 2:34	47:27 7:16	1:01:34 14:07	1:05:53 4:19	1:10:26 4:33	1:19:48 9:22	1:29:13 9:25	1:37:52 8:39	2:10:32 32:40	2:16:41 6:09				
					3:42 2:05 1:29 3:10 *104																	
12	59		Rocha Pena, Pablo Lugo FLUVIAL LUG	2:32:15	17:27 2:23:24	19:43 2:26:14	24:17 2:27:45	31:40 2:32:15	34:33 2:53	44:44 10:11	1:10:23 25:39	1:18:45 8:22	1:23:10 4:25	1:31:52 8:42	1:51:48 19:56	2:13:35 21:47	2:17:03 3:28	2:19:24 2:21				
					4:00 2:50 1:31 4:30 *104																	

os	rsal	Nombre	Tempo														
H-35 (33)				7,6 km 240 m				17 C				<i>(cont.)</i>					
				1(48)	2(32)	3(33)	4(34)	5(36)	6(41)	7(42)	8(43)	9(44)	10(51)	11(35)	12(36)	13(52)	14(31)
				15(49)	16(50)	17(200)	F										
16	618	Pozo Valenciano, J Ferrol MONTAÑA FE	2:01:39	7:59	12:54	18:21	25:12	32:33	43:38	48:13	1:00:43	1:07:10	1:13:31	1:30:42	1:34:40	1:38:53	1:49:36
				7:59	4:55	5:27	6:51	7:21	11:05	4:35	12:30	6:27	6:21	17:11	3:58	4:13	10:43
				1:51:41	1:54:06	1:55:32	2:01:39		11:58:07								
				2:05	2:25	1:26	6:07		*104								
17	443	Santos Blanco, Albe Porto do Son ADC A	2:07:52	5:53	9:42	14:35	21:05	23:49	39:54	42:35	47:14	50:57	54:48	1:11:34	1:15:51	1:26:53	1:55:32
				5:53	3:49	4:53	6:30	2:44	16:05	2:41	4:39	3:43	3:51	16:46	4:17	11:02	28:39
				2:01:00	2:03:52	2:04:51	2:07:52		0:00								
				5:28	2:52	0:59	3:01		*104								
18	307	González Miramont A Coruña GALLAECI	2:13:44	6:35	18:30	39:03	47:08	53:29	1:04:22	1:08:35	1:14:07	1:20:15	1:25:44	1:39:57	1:43:30	1:49:16	2:00:05
				6:35	11:55	20:33	8:05	6:21	10:53	4:13	5:32	6:08	5:29	14:13	3:33	5:46	10:49
				2:03:27	2:09:20	-----	2:13:44		0:00								
				3:22	5:53		4:24		*104								
19	446	Varela Ferreiro, Jor Porto do Son ADC A	2:20:12	18:11	25:41	31:13	38:11	41:49	52:03	59:23	1:04:19	1:10:46	1:15:10	1:40:16	1:44:29	1:59:28	2:08:55
				18:11	7:30	5:32	6:58	3:38	10:14	7:20	4:56	6:27	4:24	25:06	4:13	14:59	9:27
				2:12:11	2:14:11	2:15:55	2:20:12		12:25								
				3:16	2:00	1:44	4:17		*104								
20	506	Paz Guzmán, Julio Oleiros FAICAMIÑO	2:21:31	6:15	10:02	15:36	20:54	23:46	31:39	34:25	1:05:52	1:11:11	1:15:05	1:31:39	1:34:41	1:57:32	2:13:00
				6:15	3:47	5:34	5:18	2:52	7:53	2:46	31:27	5:19	3:54	16:34	3:02	22:51	15:28
				2:15:06	2:17:26	2:18:23	2:21:31		0:00								
				2:06	2:20	0:57	3:08		*104								
21	222	Fraga Castro, Santi Santiago de Comp	2:22:09	6:32	15:20	22:13	29:16	36:37	47:23	52:11	1:04:45	1:11:19	1:19:19	1:34:45	1:40:11	1:45:31	2:04:51
				6:32	8:48	6:53	7:03	7:21	10:46	4:48	12:34	6:34	8:00	15:26	5:26	5:20	19:20
				2:11:05	2:14:35	2:16:12	2:22:09		0:00								
				6:14	3:30	1:37	5:57		*104								
22	21	Fernández Martínez Lugo FLUVIAL LUG	2:31:27	25:27	31:22	36:45	41:49	46:15	58:51	1:03:48	1:15:59	1:21:35	1:26:20	1:50:01	1:56:43	2:01:43	2:18:43
				25:27	5:55	5:23	5:04	4:26	12:36	4:57	12:11	5:36	4:45	23:41	6:42	5:00	17:00
				2:23:34	2:25:59	2:27:37	2:31:27		0:00								
				4:51	2:25	1:38	3:50		*104								
23	51	Parga Ures, Eladio Lugo FLUVIAL LUG	2:38:51	17:55	22:50	33:27	47:51	52:35	1:10:59	1:22:06	1:28:10	1:33:45	1:37:50	2:01:46	2:06:11	2:13:12	2:24:40
				17:55	4:55	10:37	14:24	4:44	18:24	11:07	6:04	5:35	4:05	23:56	4:25	7:01	11:28
				2:29:51	2:32:18	2:33:37	2:38:51		0:00								
				5:11	2:27	1:19	5:14		*104								
24	485	Rodríguez Pérez, El Vigo HABELAS HAIN	2:41:00	5:48	41:21	46:00	49:26	1:05:43	1:15:50	1:19:37	1:27:15	1:33:10	1:37:48	1:57:37	2:00:56	2:05:13	2:17:44
				5:48	35:33	4:39	3:26	16:17	10:07	3:47	7:38	5:55	4:38	19:49	3:19	4:17	12:31
				2:30:20	2:34:22	2:36:16	2:41:00		0:00								
				12:36	4:02	1:54	4:44		*104								
25	491	Iglesias Candal, Iva Arteixo JARNACHAS	3:04:13	7:55	15:10	22:28	36:30	40:01	50:02	53:38	1:16:00	1:30:38	1:38:51	2:08:30	2:18:20	2:27:49	2:46:35
				7:55	7:15	7:18	14:02	3:31	10:01	3:36	22:22	14:38	8:13	29:39	9:50	9:29	18:46
				2:54:58	2:57:41	2:59:51	3:04:13		0:00								
				8:23	2:43	2:10	4:22		*104								
546		Barja Alvarez, Javie Xinzo de Limia LIMI	en tarj.	8:17	26:09	37:07	43:25	59:05	1:06:49	1:09:37	1:13:14	1:18:05	1:22:10	-----	1:39:06	2:08:02	2:14:17
				8:17	17:52	10:58	6:18	15:40	7:44	2:48	3:37	4:51	4:05		16:56	28:56	6:15
				2:21:56	2:23:45	2:24:52	2:28:37		0:00								
				7:39	1:49	1:07	3:45		*104								
37		Lamas Antón, Franc Lugo FLUVIAL LUG	en tarj.	17:16	35:47	41:31	45:14	47:59	1:03:30	1:07:16	1:11:02	1:30:16	1:35:24	1:51:40	2:12:33	2:17:25	-----
				17:16	18:31	5:44	3:43	2:45	15:31	3:46	3:46	19:14	5:08	16:16	20:53	4:52	
				2:37:02	2:41:14	2:42:42	2:46:59		0:00								
				19:37	4:12	1:28	4:17		*104								
807		Peinó Villares, Henr A Coruña ARTABRO	en tarj.	14:30	20:54	27:05	34:58	38:46	51:46	55:07	1:26:00	1:30:48	1:36:36	2:24:46	2:28:33	2:35:30	2:52:52
				14:30	6:24	6:11	7:53	3:48	13:00	3:21	30:53	4:48	5:48	48:10	3:47	6:57	17:22
				-----	-----	-----	3:17:36		0:00								
				-----	-----	-----	24:44		*104								
36		Lafuente, Juan José Lugo FLUVIAL LUG	andona	8:08	42:57	48:54	55:46	59:42	1:08:29	1:11:53	1:15:39	1:22:05	1:29:16	-----	-----	-----	-----
				8:08	34:49	5:57	6:52	3:56	8:47	3:24	3:46	6:26	7:11				
				-----	-----	-----	-----		23:57:40								
				-----	-----	-----	-----		*104								
382		Agudo, Jose Antoni O Barco de Valde T	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
62		Rodríguez López, R Lugo FLUVIAL LUG	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
462		Sanjurjo Gómez, Is Cambre ROBALIZA	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
430		Fernández Torres, J Porto do Son ADC A	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

H-45 (27)				5,5 km 210 m				13 C									
				1(34)	2(35)	3(58)	4(41)	5(43)	6(55)	7(56)	8(36)	9(57)	10(59)	11(48)	12(50)	13(200)	F

os	rsal	Nombre	Tiempo														F
H-45 (27)				5,5 km 210 m			13 C			<i>(cont.)</i>							
				1(34)	2(35)	3(58)	4(41)	5(43)	6(55)	7(56)	8(36)	9(57)	10(59)	11(48)	12(50)	13(200)	
1	539	Varela Lorenzo, Fra Ordes SEO	58:21	5:47 5:47	9:27 3:40	11:12 1:45	18:27 7:15	24:44 6:17	29:39 4:55	33:43 4:04	40:45 7:02	42:08 1:23	45:27 3:19	47:49 2:22	53:04 5:15	54:28 1:24	58:21 3:53
				11:57:12 *104													
2	399	Trigo Recarey, Xan O Barco de Valde T	1:01:44	6:36 6:36	11:17 4:41	13:15 1:58	20:24 7:09	26:53 6:29	32:13 5:20	36:50 4:37	43:07 6:17	44:46 1:39	48:38 3:52	51:32 2:54	57:09 5:37	58:22 1:13	1:01:44 3:22
				0:00 *104													
3	104	Fariña Martínez, Ma Pontevedra AROMO	1:03:13	6:27 6:27	10:35 4:08	12:43 2:08	21:22 8:39	28:21 6:59	34:15 5:54	39:11 4:56	44:52 5:41	46:10 1:18	49:28 3:18	51:20 1:52	57:05 5:45	58:23 1:18	1:03:13 4:50
				11:55:20 *104													
4	133	Ricoy Bugarín, Jos Pontevedra AROMO	1:05:53	6:32 6:32	11:08 4:36	12:47 1:39	23:31 10:44	30:14 6:43	35:14 5:00	39:42 4:28	47:31 7:49	48:51 1:20	52:09 3:18	54:47 2:38	1:00:31 5:44	1:01:42 1:11	1:05:53 4:11
				0:00 *104													
5	521	Carballo Fernández Culleredo A PEDRO	1:13:54	7:26 7:26	15:13 7:47	17:23 2:10	25:59 8:36	32:50 6:51	40:34 7:44	45:56 5:22	55:07 9:11	56:49 1:42	1:00:18 3:29	1:02:33 2:15	1:07:28 4:55	1:09:05 1:37	1:13:54 4:49
				11:57:15 *104													
6	58	Puente Salvado, Xo Lugo FLUVIAL LUG	1:15:50	6:35 6:35	11:04 4:29	13:19 2:15	21:02 7:43	31:27 10:25	40:17 8:50	46:51 6:34	54:29 7:38	56:06 1:37	59:46 3:40	1:03:30 3:44	1:08:56 5:26	1:11:07 2:11	1:15:50 4:43
				0:00 *104													
7	164	Fuertes González, E Vigo UNIVERSIDAD	1:19:33	7:13 7:13	11:36 4:23	13:44 2:08	25:10 11:26	39:21 14:11	49:24 10:03	53:39 4:15	1:01:40 8:01	1:03:10 1:30	1:06:36 3:26	1:09:03 2:27	1:14:36 5:33	1:15:41 1:05	1:19:33 3:52
				0:00 *104													
8	66	Sanmartín Matalobo Lugo FLUVIAL LUG	1:21:48	7:15 7:15	19:12 11:57	26:22 7:10	33:41 7:19	39:43 6:02	49:51 10:08	55:44 5:53	1:01:26 5:42	1:02:57 1:31	1:07:11 4:14	1:10:05 2:54	1:16:42 6:37	1:18:03 1:21	1:21:48 3:45
				11:58:21 *104													
9	278	Álvarez Estévez, En A Coruña GALLAECI	1:22:54	12:49 12:49	17:51 5:02	19:48 1:57	26:28 6:40	37:48 11:20	44:31 6:43	48:47 4:16	58:10 9:23	1:00:24 2:14	1:04:44 4:20	1:07:12 2:28	1:18:03 10:51	1:19:20 1:17	1:22:54 3:34
				0:00 *104													
10	182	Peláez Méndez, Patr Vigo UNIVERSIDAD	1:25:28	8:17 8:17	17:15 8:58	19:52 2:37	26:20 6:28	43:48 17:28	50:58 7:10	58:44 7:46	1:04:34 5:50	1:06:16 1:42	1:12:36 6:20	1:15:35 2:59	1:20:49 5:14	1:21:58 1:09	1:25:28 3:30
				0:00 *104													
11	268	Sande Rodríguez, F Ferrol MONTAÑA FE	1:25:45	9:00 9:00	14:58 5:58	21:01 6:03	30:14 9:13	40:41 10:27	49:19 8:38	56:22 7:03	1:04:06 7:44	1:06:23 2:17	1:10:58 4:35	1:13:45 2:47	1:18:53 5:08	1:20:14 1:21	1:25:45 5:31
				0:00 *104													
12	542	Viqueira Nouche, C Ordes SEO	1:26:52	9:37 9:37	15:27 5:50	17:54 2:27	25:35 7:41	36:03 10:28	43:21 7:18	49:20 5:59	1:00:24 11:04	1:02:24 2:00	1:06:20 3:56	1:08:39 2:19	1:19:22 10:43	1:20:45 1:23	1:26:52 6:07
				0:00 *104													
13	385	Aller Estévez, Pablo O Barco de Valde T	1:28:19	16:41 16:41	22:26 5:45	25:20 2:54	34:52 9:32	44:56 10:04	51:29 6:33	57:18 5:49	1:04:30 7:12	1:06:24 1:54	1:10:07 3:43	1:13:18 3:11	1:20:56 7:38	1:22:54 1:58	1:28:19 5:25
				8:19 *104													
14	233	Sampedro Muñiz, R Santiago de Comp	1:31:57	8:20 8:20	16:09 7:49	18:13 2:04	27:03 8:50	38:38 11:35	47:26 8:48	53:47 6:21	1:01:41 7:54	1:05:04 3:23	1:15:30 10:26	1:17:57 2:27	1:23:23 5:26	1:26:49 3:26	1:31:57 5:08
				0:00 *104													
15	99	Díaz Falcon, Gilbert Pontevedra AROMO	1:33:29	7:20 7:20	14:06 6:46	16:41 2:35	27:32 10:51	39:51 12:19	51:55 12:04	57:59 6:04	1:09:47 11:48	1:11:50 2:03	1:17:36 5:46	1:20:55 3:19	1:27:19 6:24	1:28:56 1:37	1:33:29 4:33
				0:00 *104													
16	481	Rodilla Guerricagoi Vigo HABELAS HAIN	1:38:48	8:40 8:40	21:06 12:26	23:30 2:24	30:53 7:23	49:14 18:21	59:34 10:20	1:04:43 5:09	1:13:11 8:28	1:15:15 2:04	1:21:53 6:38	1:25:07 3:14	1:32:43 7:36	1:34:02 1:19	1:38:48 4:46
				0:00 *104													
17	229	Ramos Lozano, Ed Santiago de Comp	1:44:24	9:41 9:41	21:12 11:31	24:22 3:10	32:05 7:43	47:57 15:52	1:00:31 12:34	1:07:15 6:44	1:16:28 9:13	1:20:20 3:52	1:27:06 6:46	1:30:43 3:37	1:38:00 7:17	1:39:28 1:28	1:44:24 4:56
				0:00 *104													
18	105	Fernández Casalder Pontevedra AROMO	1:50:06	13:04 13:04	19:25 6:21	23:14 3:49	33:39 10:25	59:17 25:38	1:11:01 11:44	1:18:05 7:04	1:23:53 5:48	1:28:50 4:57	1:35:17 6:27	1:37:54 2:37	1:44:07 6:13	1:45:20 1:13	1:50:06 4:46
				0:00 *104													
19	119	Iglesias Pesqueira, Pontevedra AROMO	1:54:06	18:36 18:36	30:54 12:18	34:44 3:50	42:15 7:31	50:24 8:09	56:29 6:05	1:01:43 5:14	1:22:56 21:13	1:24:21 1:25	1:35:53 11:32	1:40:54 5:01	1:48:12 7:18	1:49:52 1:40	1:54:06 4:14
				0:00 *104													
20	221	Fanego Rioboo, Fr Santiago de Comp	1:59:16	32:31 32:31	39:50 7:19	42:57 3:07	51:10 8:13	1:05:51 14:41	1:14:22 8:31	1:21:27 7:05	1:30:25 8:58	1:37:09 6:44	1:42:23 5:14	1:45:42 3:19	1:52:53 7:11	1:55:09 2:16	1:59:16 4:07
				0:00 *104													

os		rsal	Nombre	Tempo																		
H-45 (27)					5,5 km 210 m		13 C		<i>(cont.)</i>													
					1(34)	2(35)	3(58)	4(41)	5(43)	6(55)	7(56)	8(36)	9(57)	10(59)	11(48)	12(50)	13(200)	F				
21	505		Lopez Vazquez, Cel Oleiros FAICAMIÑO	2:02:30	6:46	10:39	12:39	49:35	1:13:47	1:20:32	1:25:08	1:32:00	1:33:15	1:39:23	1:53:43	1:58:10	1:59:19	2:02:30				
					6:46	3:53	2:00	36:56	24:12	6:45	4:36	6:52	1:15	6:08	14:20	4:27	1:09	3:11				
					<i>0.00</i>																	
					<i>*104</i>																	
22	378		Velázquez González A Coruña BRIGANTI	2:03:07	9:24	16:32	19:02	30:37	1:15:14	1:21:47	1:29:51	1:38:21	1:40:50	1:45:11	1:48:31	1:55:48	1:57:31	2:03:07				
					9:24	7:08	2:30	11:35	44:37	6:33	8:04	8:30	2:29	4:21	3:20	7:17	1:43	5:36				
					<i>0.00</i>																	
					<i>*104</i>																	
23	412		González Ramil, Ju A Coruña ARTABRO	2:06:34	5:51	10:20	12:01	24:46	31:22	45:42	50:53	58:03	59:18	1:52:33	1:55:10	2:01:40	2:02:44	2:06:34				
					5:51	4:29	1:41	12:45	6:36	14:20	5:11	7:10	1:15	53:15	2:37	6:30	1:04	3:50				
					<i>0.00</i>																	
					<i>*104</i>																	
24	224		Gallego Priego, Ma Santiago de Comp	2:13:36	46:33	54:08	57:06	1:05:17	1:23:01	1:32:21	1:40:15	1:50:23	1:52:25	1:56:35	1:59:29	2:06:49	2:09:14	2:13:36				
					46:33	7:35	2:58	8:11	17:44	9:20	7:54	10:08	2:02	4:10	2:54	7:20	2:25	4:22				
					<i>0.00</i>																	
					<i>*104</i>																	
25	325		Pazos Miser, Rafael A Coruña GALLAECI	2:14:45	21:21	34:05	38:13	46:47	1:12:50	1:22:21	1:28:42	1:46:47	1:48:53	1:53:23	1:58:15	2:08:25	2:10:03	2:14:45				
					21:21	12:44	4:08	8:34	26:03	9:31	6:21	18:05	2:06	4:30	4:52	10:10	1:38	4:42				
					<i>0.00</i>																	
					<i>*104</i>																	
82			Antoñón Clemente, Pontevedra AROMO	andona	6:30	11:54	14:34	1:07:11	1:21:51	1:32:50	1:39:19	----	----	----	----	----	----					
					6:30	5:24	2:40	52:37	14:40	10:59	6:29											
					<i>23:57:25</i>																	
					<i>*104</i>																	
254			Lopez Suarez, Andr Ferrol MONTAÑA FE	andona	6:00	10:15	13:21	----	----	----	----	----	----	----	----	----	----					
					6:00	4:15	3:06															
					<i>23:57:44</i>																	
					<i>*104</i>																	
H-55 (6)					4,1 km 145 m		13 C															
					1(60)	2(32)	3(54)	4(33)	5(52)	6(34)	7(36)	8(57)	9(59)	10(48)	11(31)	12(50)	13(200)	F				
1	63		Rodríguez Núñez, E Lugo FLUVIAL LUG	50:01	8:13	10:59	14:38	20:34	25:08	27:34	30:42	32:05	35:35	37:47	41:21	43:37	45:00	50:01				
					8:13	2:46	3:39	5:56	4:34	2:26	3:08	1:23	3:30	2:12	3:34	2:16	1:23	5:01				
					<i>0.00</i>																	
					<i>*104</i>																	
2	187		Pinal Otero, David Vigo UNIVERSIDAD	1:29:17	15:34	19:07	22:11	51:48	55:13	57:40	1:01:24	1:10:33	1:14:35	1:17:09	1:20:47	1:23:22	1:24:43	1:29:17				
					15:34	3:33	3:04	29:37	3:25	2:27	3:44	9:09	4:02	2:34	3:38	2:35	1:21	4:34				
					<i>0.00</i>																	
					<i>*104</i>																	
3	50		Parga Andón, Pedro Lugo FLUVIAL LUG	1:30:04	10:48	25:37	29:11	37:02	40:36	43:42	46:49	1:10:54	1:13:59	1:17:18	1:22:01	1:24:33	1:25:46	1:30:04				
					10:48	14:49	3:34	7:51	3:34	3:06	3:07	24:05	3:05	3:19	4:43	2:32	1:13	4:18				
					<i>0.00</i>																	
					<i>*104</i>																	
4	131		Pérez Pérez, Juan R Pontevedra AROMO	1:37:07	12:04	19:12	24:43	35:42	42:12	47:20	51:00	53:10	59:06	1:13:29	1:17:30	1:29:02	1:30:52	1:37:07				
					12:04	7:08	5:31	10:59	6:30	5:08	3:40	2:10	5:56	14:23	4:01	11:32	1:50	6:15				
					<i>0.00</i>																	
					<i>*104</i>																	
235			Souto Castro, Manu Santiago de Comp	andona	10:27	16:30	----	----	----	----	----	----	----	----	----	----	----	1:03:56				
					10:27	6:03											47:26					
					<i>0.00</i>																	
					<i>*104</i>																	
208			Pérez Chamorro, Ju A Coruña APA LICE	andona	12:11	16:32	36:43	57:18	----	----	----	----	----	----	----	----	----	----				
					12:11	4:21	20:11	20:35														
					<i>11:58:07</i>																	
					<i>*104</i>																	
E (22)					9,6 km 305 m		21 C															
					1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)				
					15(45)	16(46)	17(47)	18(48)	19(49)	20(50)	21(200)	F										
1	77		Álvarez Serto, Ánge Pontevedra AROMO	1:09:43	3:58	7:59	11:21	14:31	17:06	20:35	25:26	26:46	29:38	31:16	33:36	35:58	38:42	41:16				
					3:58	4:01	3:22	3:10	2:35	3:29	4:51	1:20	2:52	1:38	2:20	2:22	2:44	2:34				
					46:10	49:09	54:10	1:01:41	1:04:44	1:06:05	1:07:02	1:09:43	<i>0.00</i>									
					4:54	2:59	5:01	7:31	3:03	1:21	0:57	2:41	<i>*104</i>									
2	135		Rodriguez Doming Pontevedra AROMO	1:19:49	4:13	8:49	14:31	19:04	21:39	24:03	29:38	30:55	33:50	35:34	38:31	40:45	47:37	50:55				
					4:13	4:36	5:42	4:33	2:35	2:24	5:35	1:17	2:55	1:44	2:57	2:14	6:52	3:18				
					56:07	59:46	1:04:47	1:11:37	1:14:58	1:16:22	1:17:07	1:19:49	<i>0.00</i>									
					5:12	3:39	5:01	6:50	3:21	1:24	0:45	2:42	<i>*104</i>									
3	234		Sordo Touza, Ignac Santiago de Comp	1:20:37	4:27	8:52	12:31	16:32	19:18	23:24	27:39	28:53	31:50	33:29	36:22	38:29	44:53	48:18				
					4:27	4:25	3:39	4:01	2:46	4:06	4:15	1:14	2:57	1:39	2:53	2:07	6:24	3:25				
					53:57	56:52	1:02:57	1:11:38	1:14:53	1:16:48	1:17:37	1:20:37	<i>0.00</i>									
					5:39	2:55	6:05	8:41	3:15	1:55	0:49	3:00	<i>*104</i>									
4	561		Morales Ferreiro, M Xinzo de Limia LIMI	1:22:04	4:07	8:33	12:29	15:27	18:21	21:05	25:27	26:35	29:19	31:10	33:44	35:36	38:07	41:34				
					4:07	4:26	3:56	2:58	2:54	2:44	4:22	1:08	2:44	1:51	2:34	1:52	2:31	3:27				
					48:03	50:54	56:18	1:12:43	1:17:04	1:18:24	1:19:16	1:22:04	<i>0.00</i>									
					6:29	2:51	5:24	16:25	4:21	1:20	0:52	2:48	<i>*104</i>									

os	rsal	Nombre	Tempo																
E (22)				9,6 km 305 m				21 C				(cont.)							
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)		
				15(45)	16(46)	17(47)	18(48)	19(49)	20(50)	21(200)	F								
5	326	Peña Pita, Felipe A Coruña GALLAECI	1:26:09	10:28	14:39	20:52	25:02	28:33	31:37	36:42	38:07	40:54	42:35	45:00	47:27	49:59	53:10		
				10:28	4:11	6:13	4:10	3:31	3:04	5:05	1:25	2:47	1:41	2:25	2:27	2:32	3:11		
				58:47	1:01:35	1:06:19	1:14:56	1:20:45	1:22:16	1:23:17	1:26:09	0.00							
				5:37	2:48	4:44	8:37	5:49	1:31	1:01	2:52	*104							
6	405	Esmoris Lois, José A Coruña ARTABRO	1:27:40	5:32	10:26	14:15	20:12	24:00	26:50	32:36	34:17	37:26	39:31	42:25	45:08	48:52	52:52		
				5:32	4:54	3:49	5:57	3:48	2:50	5:46	1:41	3:09	2:05	2:54	2:43	3:44	4:00		
				59:03	1:02:50	1:08:21	1:16:37	1:21:23	1:23:03	1:24:18	1:27:40	11:58:13							
				6:11	3:47	5:31	8:16	4:46	1:40	1:15	3:22	*104							
7	429	Fernández Torres, Porto do Son ADC A	1:37:20	5:05	11:36	16:04	23:04	27:39	30:36	36:01	38:15	41:38	43:54	46:48	51:46	57:10	1:00:13		
				5:05	6:31	4:28	7:00	4:35	2:57	5:25	2:14	3:23	2:16	2:54	4:58	5:24	3:03		
				1:07:07	1:10:24	1:17:22	1:27:18	1:31:35	1:33:07	1:34:06	1:37:20	0.00							
				6:54	3:17	6:58	9:56	4:17	1:32	0:59	3:14	*104							
8	106	Fernández Casalder Pontevedra AROMO	1:38:15	8:03	12:26	15:40	20:33	26:16	30:05	38:20	39:22	42:42	44:31	47:40	50:06	52:01	1:01:12		
				8:03	4:23	3:14	4:53	5:43	3:49	8:15	1:02	3:20	1:49	3:09	2:26	1:55	9:11		
				1:07:00	1:10:31	1:15:30	1:25:38	1:33:01	1:34:31	1:35:18	1:38:15	0.00							
				5:48	3:31	4:59	10:08	7:23	1:30	0:47	2:57	*104							
9	212	Riestra González, S A Coruña APA LICE	1:43:18	5:30	12:59	17:29	22:34	26:28	30:12	36:46	39:12	42:46	45:21	48:55	51:32	56:41	1:03:14		
				5:30	7:29	4:30	5:05	3:54	3:44	6:34	2:26	3:34	2:35	3:34	2:37	5:09	6:33		
				1:11:12	1:15:04	1:22:10	1:31:57	1:36:58	1:38:27	1:39:19	1:43:18	0.00							
				7:58	3:52	7:06	9:47	5:01	1:29	0:52	3:59	*104							
10	533	Morlán Rodríguez, Ordes SEO	1:49:47	8:52	16:59	21:42	29:22	33:07	37:00	45:25	47:20	50:58	53:18	56:07	58:58	1:02:54	1:06:16		
				8:52	8:07	4:43	7:40	3:45	3:53	8:25	1:55	3:38	2:20	2:49	2:51	3:56	3:22		
				1:13:36	1:17:18	1:25:22	1:38:51	1:43:01	1:45:29	1:46:16	1:49:47	0.00							
				7:20	3:42	8:04	13:29	4:10	2:28	0:47	3:31	*104							
11	313	López Franco, Pabl A Coruña GALLAECI	1:50:56	4:10	8:45	23:50	27:39	30:58	33:28	43:35	45:13	48:37	50:44	54:02	57:13	1:00:40	1:10:56		
				4:10	4:35	15:05	3:49	3:19	2:30	10:07	1:38	3:24	2:07	3:18	3:11	3:27	10:16		
				1:17:15	1:22:33	1:28:00	1:39:56	1:44:07	1:46:58	1:47:54	1:50:56	0.00							
				6:19	5:18	5:27	11:56	4:11	2:51	0:56	3:02	*104							
12	251	García Lorenzo, Ca Ferrol MONTAÑA FE	1:51:07	4:44	11:10	15:45	20:43	24:37	27:33	34:49	41:57	45:16	47:37	50:32	53:30	57:04	1:01:35		
				4:44	6:26	4:35	4:58	3:54	2:56	7:16	7:08	3:19	2:21	2:55	2:58	3:34	4:31		
				1:08:24	1:11:57	1:19:03	1:30:21	1:43:46	1:45:32	1:47:09	1:51:07	0.00							
				6:49	3:33	7:06	11:18	13:25	1:46	1:37	3:58	*104							
13	515	Vinagre Rey, Marco Oleiros FAICAMIÑO	2:07:58	8:13	22:14	26:58	31:22	36:42	40:31	58:53	1:01:20	1:05:58	1:07:45	1:10:38	1:13:14	1:16:06	1:19:53		
				8:13	14:01	4:44	4:24	5:20	3:49	18:22	2:27	4:38	1:47	2:53	2:36	2:52	3:47		
				1:26:48	1:29:53	1:43:21	1:55:05	2:01:23	2:03:53	2:04:42	2:07:58	0.00							
				6:55	3:05	13:28	11:44	6:18	2:30	0:49	3:16	*104							
14	230	Ramos Pernas, Mig Santiago de Comp	2:21:10	5:54	45:22	52:02	55:08	59:02	1:02:10	1:10:26	1:11:53	1:15:08	1:17:25	1:20:54	1:25:14	1:28:39	1:32:38		
				5:54	39:28	6:40	3:06	3:54	3:08	8:16	1:27	3:15	2:17	3:29	4:20	3:25	3:59		
				1:41:13	1:45:13	1:53:39	2:06:53	2:12:36	2:15:11	2:16:28	2:21:10	0.00							
				8:35	4:00	8:26	13:14	5:43	2:35	1:17	4:42	*104							
15	185	Pérez Juste, Germa Vigo UNIVERSIDAD	2:21:22	13:53	18:43	24:15	33:05	37:17	41:30	57:23	59:08	1:02:38	1:05:33	1:09:37	1:13:57	1:22:58	1:27:51		
				13:53	4:50	5:32	8:50	4:12	4:13	15:53	1:45	3:30	2:55	4:04	4:20	9:01	4:53		
				1:38:50	1:43:09	1:49:08	2:01:56	2:12:17	2:16:08	2:17:35	2:21:22	0:17							
				10:59	4:19	5:59	12:48	10:21	3:51	1:27	3:47	*104							
16	577	Mera García, Iván A Coruña APA LICE	2:22:10	18:36	36:28	41:23	44:39	49:29	52:39	1:04:22	1:05:40	1:08:44	1:10:36	1:13:34	1:16:10	1:20:55	1:25:08		
				18:36	17:52	4:55	3:16	4:50	3:10	11:43	1:18	3:04	1:52	2:58	2:36	4:45	4:13		
				1:32:52	1:37:04	1:46:21	2:00:14	2:09:46	2:14:21	2:16:13	2:22:10	0.00							
				7:44	4:12	9:17	13:53	9:32	4:35	1:52	5:57	*104							
17	565	Ramos Asensio, Lui Arteixo SABON	2:25:50	10:37	17:59	23:24	28:10	33:48	38:29	46:47	49:46	53:29	55:32	59:36	1:03:29	1:17:12	1:24:11		
				10:37	7:22	5:25	4:46	5:38	4:41	8:18	2:59	3:43	2:03	4:04	3:53	13:43	6:59		
				1:36:25	1:39:51	1:47:36	2:03:10	2:19:56	2:21:35	2:22:34	2:25:50	0:15							
				12:14	3:26	7:45	15:34	16:46	1:39	0:59	3:16	*104							
18	148	Verde Lareu, Rober Pontevedra AROMO	2:44:00	20:11	27:27	54:12	58:55	1:06:15	1:10:20	1:19:01	1:21:07	1:25:40	1:28:37	1:33:09	1:37:28	1:41:19	1:46:23		
				20:11	7:16	26:45	4:43	7:20	4:05	8:41	2:06	4:33	2:57	4:32	4:19	3:51	5:04		
				1:57:18	2:02:31	2:10:57	2:24:45	2:35:30	2:38:22	2:40:05	2:44:00	0.00							
				10:55	5:13	8:26	13:48	10:45	2:52	1:43	3:55	*104							
19	433	Lareo Martínez, Dav Porto do Son ADC A	2:59:48	21:40	28:17	50:12	55:08	1:00:14	1:04:23	1:29:08	1:30:59	1:34:59	1:37:12	1:40:21	1:43:38	1:47:55	1:52:50		
				21:40	6:37	21:55	4:56	5:06	4:09	24:45	1:51	4:00	2:13	3:09	3:17	4:17	4:55		
				1:59:41	2:03:52	2:18:42	2:31:52	2:50:30	2:53:30	2:55:07	2:59:48	0.00							
				6:51	4:11	14:50	13:10	18:38	3:00	1:37	4:41	*104							
	243	Burgos Martos, Fra Ferrol MONTAÑA FE	andona	4:47	----	----	----	----	----	----	----	----	----	----	----	----	----		
				4:47															
				----	----	----	----	----	----	1:13:48	1:17:58	0.00							
				----	*104														
	61	Rodríguez Lopez, Lugo FLUVIAL LUG	andona	1:07:49	1:12:59	1:17:36	----	----	----	----	----	----	----	----	----	----	----		
				1:07:49	5:10	4:37													
				----	----	----													
				----	23:58:05														
				----	*104														
	450	Camblor Quirós, Mi Cambre ROBALIZA	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----		

INI CORTA (20)

				2,5 km 60 m				10 C												
				1(71)	2(85)	3(72)	4(77)	5(78)	6(79)	7(80)	8(83)	9(84)	10(100)	F						
1	625	Martínez Gómez, So A Coruña BRIGANTI	41:03	6:37	9:45	19:28	23:26	26:59	28:31	30:44	34:25	36:06	38:23	41:03						
				6:37	3:08	9:43	3:58	3:33	1:32	2:13	3:41	1:41	2:17	2:40						

os	rsal	Nombre	Tiempo														
INI LARGA (44)				3,6 km 105 m		14 C		<i>(cont.)</i>									
			1(71) F	2(69)	3(72)	4(73)	5(74)	6(75)	7(76)	8(77)	9(78)	10(79)	11(80)	12(81)	13(82)	14(100)	
6	355	Gil Díaz, José Anto A Coruña BRIGANTI	54:52	4:06 4:06 54:52	7:07 3:01	12:01 4:54	13:02 1:01	17:30 4:28	20:32 3:02	22:29 1:57	25:47 3:18	28:23 2:36	29:40 1:17	31:20 1:40	36:05 4:45	50:33 14:28	53:22 2:49
7	808	Rodríguez Álvarez, A Coruña ARTABRO	55:05	5:20 55:05	11:36 6:16	17:24 5:48	18:53 1:29	22:15 3:22	27:22 5:07	28:54 1:32	32:06 3:12	35:07 3:01	36:40 1:33	38:29 1:49	44:02 5:33	50:57 6:55	53:26 2:29
8	812	Diaz Mera, Julia As Neves CORNELI	57:17	6:39 6:39 57:17	11:25 4:46	19:38 8:13	21:18 1:40	22:43 1:25	27:06 4:23	29:02 1:56	32:15 3:13	35:22 3:07	36:55 1:33	39:17 2:22	46:11 6:54	53:39 7:28	56:08 2:29
9	845	Morales Martinez, E A Coruña INDEP	58:02	5:44 5:44 58:02	11:02 5:18	16:34 5:32	19:04 2:30	20:18 1:14	30:39 10:21	32:05 1:26	35:19 3:14	37:45 2:26	39:06 1:21	41:22 2:16	47:06 5:44	53:42 6:36	56:21 2:39
10	841	Iregui Perez, Diana A Coruña INDEP	58:03	5:43 5:43 58:03	11:15 5:32	16:36 5:21	19:06 2:30	20:16 1:10	30:42 10:26	32:05 1:23	35:23 3:18	37:53 2:30	39:11 1:18	41:15 2:04	47:21 6:06	53:37 6:16	56:27 2:50
11	834	Abeledo Ulla, Irene A Coruña INDEP	1:05:09	8:14 8:14 1:05:09	12:11 3:57	19:27 7:16	20:32 1:05	21:38 1:06	26:54 5:16	27:37 0:43	30:16 2:39	32:36 2:20	34:09 1:33	35:54 1:45	45:20 9:26	58:38 13:18	1:04:12 5:34
12	277	Álvarez Carballo, El A Coruña GALLAECI	1:11:22	14:54 14:54 1:11:22	19:39 4:45	28:03 8:24	29:10 1:07	33:26 4:16	38:29 5:03	40:21 1:52	44:33 4:12	48:08 3:35	49:10 1:02	51:09 1:59	58:22 7:13	1:06:08 7:46	1:08:56 2:48
13	821	Rodríguez López, C Lugo FLUVIAL LUG	1:14:12	7:00 7:00 1:14:12	11:39 4:39	18:32 6:53	19:41 1:09	21:35 1:54	24:47 3:12	26:07 1:20	28:35 2:28	31:37 3:02	34:04 2:27	44:12 10:08	52:22 8:10	1:02:27 10:05	1:06:27 4:00
14	836	Carballés Ferreiro, A Coruña INDEP	1:17:01	18:54 18:54 1:17:01	24:04 5:10	29:28 5:24	30:39 1:11	31:54 1:15	37:09 5:15	38:57 1:48	47:31 8:34	51:22 3:51	52:43 1:21	54:32 1:49	1:01:52 7:20	1:11:06 9:14	1:14:47 3:41
15	842	Lama Del Corral, Ve A Coruña INDEP	1:17:04	18:58 18:58 1:17:04	24:03 5:05	29:32 5:29	30:44 1:12	31:55 1:11	37:18 5:23	38:43 1:25	47:36 8:53	51:28 3:52	52:40 1:12	54:34 1:54	1:02:52 8:18	1:11:12 8:20	1:14:49 3:37
16	261	Prida Lobelos, Hug Ferrol MONTAÑA FE	1:22:31	9:06 9:06 1:22:31	16:56 7:50	27:05 10:09	29:29 2:24	31:53 2:24	36:34 4:41	38:46 2:12	45:46 7:00	52:32 6:46	54:41 2:09	57:05 2:24	1:06:14 9:09	1:14:14 8:00	1:20:08 5:54
17	194	Bugallo García, Jos A Coruña APA LICE	1:23:48	8:44 8:44 1:23:48	14:20 5:36	21:02 6:42	24:30 3:28	26:10 1:40	30:07 3:57	33:39 3:32	40:48 7:09	46:30 5:42	48:38 2:08	52:07 3:29	1:03:40 11:33	1:17:48 14:08	1:21:27 3:39
18	811	Vidal Méndez, Javier A Coruña ARTABRO	1:24:46	1:09:33 1:09:33 1:24:46	39:41 4:00	43:41 4:00	45:01 1:20	46:11 1:10	55:16 9:05	56:09 0:53	1:02:59 6:50	1:06:12 3:13	1:07:37 1:25	1:10:22 2:45	1:14:34 4:12	1:20:17 5:43	1:22:20 2:03
19	252	Gonzalez Orozco, J Ferrol MONTAÑA FE	1:25:51	9:06 9:06 1:25:51	16:57 7:51	27:06 10:09	29:32 2:26	31:57 2:25	36:34 4:37	38:47 2:13	45:46 6:59	52:36 6:50	54:53 2:17	57:50 2:57	1:06:57 9:07	1:18:06 11:09	1:23:13 5:07
20	828	Lobelos Insua, Luc Ferrol MONTAÑA FE	1:26:04	9:42 9:42 1:26:04	17:07 7:25	27:10 10:03	29:59 2:49	32:05 2:06	36:53 4:48	39:21 2:28	46:15 6:54	51:30 5:15	55:46 4:16	59:32 3:46	1:07:44 8:12	1:18:16 10:32	1:23:31 5:15
21	802	Calvo Marta, Silvia A Coruña ARTABRO	1:30:32	6:36 6:36 1:30:32	11:56 5:20	17:55 5:59	20:08 2:13	21:18 1:10	47:21 26:03	48:48 1:27	51:29 2:41	54:44 3:15	56:29 1:45	59:40 3:11	1:06:54 7:14	1:24:35 17:41	1:27:59 3:24
22	835	Candal Rodriguez, A Coruña INDEP	1:45:11	16:38 16:38 1:45:11	23:34 6:56	34:59 11:25	37:24 2:25	39:30 2:06	54:50 15:20	57:18 2:28	1:10:12 12:54	1:14:41 4:29	1:16:26 1:45	1:19:13 2:47	1:27:45 8:32	1:39:54 12:09	1:43:35 3:41
23	840	Iglesias Prego, Man A Coruña INDEP	1:45:16	16:46 16:46 1:45:16	23:52 7:06	35:01 11:09	37:31 2:30	39:29 1:58	54:32 15:03	57:21 2:49	1:10:07 12:46	1:14:36 4:29	1:16:23 1:47	1:19:11 2:48	1:27:46 8:35	1:39:25 11:39	1:43:23 3:58
24	820	Pérez González, Ca Lugo FLUVIAL LUG	2:06:25	8:01 8:01 2:06:25	12:24 4:23	21:01 8:37	24:39 3:38	28:22 3:43	1:24:27 56:05	1:26:18 1:51	1:29:17 2:59	1:33:15 3:58	1:35:22 2:07	1:38:37 3:15	1:46:22 7:45	1:58:02 11:40	2:02:00 3:58

