

Pos	Jorsal	Nombre	Tempo														
UNI MASC (22)				4,0 km		150 m		22 C									
				1(36)	2(47)	3(53)	4(54)	5(48)	6(42)	7(49)	8(46)	9(52)	10(41)	11(39)	12(33)	13(34)	14(58)
				15(56)	16(59)	17(44)	18(51)	19(35)	20(50)	21(43)	22(100)	Meta					
1	25	MATEO RODRÍGUEZ VÍGO U-VIGO	26:27	1:27	3:35	6:40	7:40	9:11	10:35	11:26	13:05	13:49	15:00	15:45	16:46	17:14	18:50
				1:27	2:08	3:05	1:00	1:31	1:24	0:51	1:39	0:44	1:11	0:45	1:01	0:28	1:36
				19:36	20:41	21:24	22:07	23:23	24:48	25:24	26:12	26:27					
				0:46	1:05	0:43	0:43	1:16	1:25	0:36	0:48	0:15					
2	18	XOEL CHAMORRO VÍGO U-VIGO	28:26	1:41	4:26	8:07	9:07	10:45	11:42	12:26	13:34	14:35	16:10	17:12	18:18	18:38	20:20
				1:41	2:45	3:41	1:00	1:38	0:57	0:44	1:08	1:01	1:35	1:02	1:06	0:20	1:42
				21:10	22:21	23:09	23:50	25:09	26:38	27:17	28:11	28:26					
				0:50	1:11	0:48	0:41	1:19	1:29	0:39	0:54	0:15					
3	43	DIEGO PÉREZ ACORUÑA USC	31:47	1:34	4:27	8:04	9:21	11:26	12:43	13:27	14:58	15:49	17:08	18:49	19:56	20:18	22:21
				1:34	2:53	3:37	1:17	2:05	1:17	0:44	1:31	0:51	1:19	1:41	1:07	0:22	2:03
				23:16	24:50	25:43	26:58	28:29	30:06	30:45	31:34	31:47					
				0:55	1:34	0:53	1:15	1:31	1:37	0:39	0:49	0:13					
4	40	PABLO FERNÁNDEZ ACORUÑA USC	35:47	1:58	5:04	8:55	10:11	12:21	14:25	15:32	17:56	19:23	21:02	22:22	23:44	24:09	26:16
				1:58	3:06	3:51	1:16	2:10	2:04	1:07	2:24	1:27	1:39	1:20	1:22	0:25	2:07
				27:12	28:41	29:51	30:38	32:16	33:53	34:35	35:32	35:47					
				0:56	1:29	1:10	0:47	1:38	1:37	0:42	0:57	0:15					
5	41	PELAYO GARCÍA ACORUÑA USC	36:39	2:28	5:35	9:35	10:51	13:25	14:53	16:08	18:22	20:06	21:39	22:47	24:19	24:40	26:55
				2:28	3:07	4:00	1:16	2:34	1:28	1:15	2:14	1:44	1:33	1:08	1:32	0:21	2:15
				27:53	29:22	30:19	31:22	32:48	34:42	35:26	36:23	36:39					
				0:58	1:29	0:57	1:03	1:26	1:54	0:44	0:57	0:16					
6	42	XIÁN NOVOA ACORUÑA USC	39:51	1:48	4:30	12:01	13:20	16:33	18:51	19:43	21:18	22:20	23:52	24:57	26:24	26:48	29:03
				1:48	2:42	7:31	1:19	3:13	2:18	0:52	1:35	1:02	1:32	1:05	1:27	0:24	2:15
				30:07	31:51	33:10	34:12	35:56	37:46	38:34	39:32	39:51					
				1:04	1:44	1:19	1:02	1:44	1:50	0:48	0:58	0:19					
7	28	Jaime Caamaño A Coruña UDC	41:20	2:37	6:15	10:58	13:45	15:54	17:25	18:42	20:34	21:44	23:11	24:55	26:49	27:12	29:44
				2:37	3:38	4:43	2:47	2:09	1:31	1:17	1:52	1:10	1:27	1:44	1:54	0:23	2:32
				30:49	32:35	33:54	35:10	36:59	39:05	39:54	41:03	41:20					
				1:05	1:46	1:19	1:16	1:49	2:06	0:49	1:09	0:17					
8	27	Eloi Serantes A Coruña UDC	42:00	1:57	5:37	11:20	12:37	14:51	16:17	17:14	21:22	22:12	23:34	25:12	26:59	27:27	30:08
				1:57	3:40	5:43	1:17	2:14	1:26	0:57	4:08	0:50	1:22	1:38	1:47	0:28	2:41
				31:25	33:27	35:06	36:09	37:56	39:50	40:40	41:42	42:00					
				1:17	2:02	1:39	1:03	1:47	1:54	0:50	1:02	0:18					
9	31	Arturo Norberto For A Coruña UDC	42:19	2:54	6:00	10:44	12:19	14:19	16:16	17:23	19:33	22:00	23:35	26:55	28:37	29:09	31:29
				2:54	3:06	4:44	1:35	2:00	1:57	1:07	2:10	2:27	1:35	3:20	1:42	0:32	2:20
				32:41	34:20	35:30	36:47	38:19	40:04	41:06	42:02	42:19					
				1:12	1:39	1:10	1:17	1:32	1:45	1:02	0:56	0:17					
10	19	JUAN GARRIDO VÍGO U-VIGO	44:35	2:40	7:15	12:26	14:01	16:51	18:25	19:19	23:07	24:06	25:34	27:04	28:31	28:53	31:25
				2:40	4:35	5:11	1:35	2:50	1:34	0:54	3:48	0:59	1:28	1:30	1:27	0:22	2:32
				32:39	34:15	37:48	38:46	40:25	42:35	43:23	44:20	44:35					
				1:14	1:36	3:33	0:58	1:39	2:10	0:48	0:57	0:15					
11	29	Francisco Enriqu B A Coruña UDC	46:16	3:23	7:34	12:10	14:04	17:10	19:00	20:03	22:30	23:58	26:01	27:31	29:16	29:47	32:45
				3:23	4:11	4:36	1:54	3:06	1:50	1:03	2:27	1:28	2:03	1:30	1:45	0:31	2:58
				34:17	36:31	37:48	38:52	41:10	43:37	44:31	45:51	46:16					
				1:32	2:14	1:17	1:04	2:18	2:27	0:54	1:20	0:25					
12	22	GERMÁN PÉREZ VÍGO U-VIGO	47:05	3:54	7:21	12:52	14:20	16:43	18:50	20:14	22:47	24:14	26:12	28:43	31:59	32:35	35:09
				3:54	3:27	5:31	1:28	2:23	2:07	1:24	2:33	1:27	1:58	2:31	3:16	0:36	2:34
				36:15	38:01	39:27	40:52	42:41	44:29	45:17	46:39	47:05					
				1:06	1:46	1:26	1:25	1:49	1:48	0:48	1:22	0:26					
13	26	Juan Patiño A Coruña UDC	47:37	2:43	6:07	13:18	17:27	19:57	21:07	22:12	24:55	25:57	27:54	31:06	32:54	33:19	35:47
				2:43	3:24	7:11	4:09	2:30	1:10	1:05	2:43	1:02	1:57	3:12	1:48	0:25	2:28
				36:59	39:15	40:50	41:54	43:35	45:26	46:12	47:16	47:37					
				1:12	2:16	1:35	1:04	1:41	1:51	0:46	1:04	0:21					
14	13	Alberte Carballo A Coruña UDC	48:44	3:10	8:23	15:37	17:27	19:47	21:51	23:23	26:34	28:48	30:35	32:25	34:04	34:30	36:53
				3:10	5:13	7:14	1:50	2:20	2:04	1:32	3:11	2:14	1:47	1:50	1:39	0:26	2:23
				38:01	39:45	41:21	42:31	44:35	46:35	47:26	48:25	48:44					
				1:08	1:44	1:36	1:10	2:04	2:00	0:51	0:59	0:19					
15	44	EUGENIO ANSELMO ACORUÑA USC	49:41	3:13	7:15	12:32	14:16	17:17	20:32	21:35	24:22	26:37	29:05	30:59	32:42	33:16	36:23
				3:13	4:02	5:17	1:44	3:01	3:15	1:03	2:47	2:15	2:28	1:54	1:43	0:34	3:07
				37:40	39:42	41:06	42:28	44:34	47:03	48:05	49:20	49:41					
				1:17	2:02	1:24	1:22	2:06	2:29	1:02	1:15	0:21					
16	46	FRANCISCO J. CAS/ VÍGO U-VIGO	55:15	4:30	8:06	19:20	20:57	23:53	24:52	26:29	28:14	33:58	35:38	37:17	38:45	39:12	41:50
				4:30	3:36	11:14	1:37	2:56	0:59	1:37	1:45	5:44	1:40	1:39	1:28	0:27	2:38
				42:50	44:34	47:18	49:29	51:09	53:00	53:49	54:54	55:15					
				1:00	1:44	2:44	2:11	1:40	1:51	0:49	1:05	0:21					
17	45	ÓSCAR VICTORERO ACORUÑA USC	1:12:16	3:10	7:16	14:07	17:38	20:52	22:48	24:22	39:06	41:34	44:17	50:03	52:41	53:30	56:51
				3:10	4:06	6:51	3:31	3:14	1:56	1:34	14:44	2:28	2:43	5:46	2:38	0:49	3:21
				58:19	1:00:11	1:02:09	1:04:11	1:06:52	1:09:19	1:10:26	1:11:51	1:12:16					
				1:28	1:52	1:58	2:02	2:41	2:27	1:07	1:25	0:25					
18	15	Guillermo Iglesias A Coruña UDC	1:14:45	3:44	9:25	17:58	21:36	25:03	27:50	29:28	40:02	42:44	47:16	49:57	52:39	53:18	57:01
				3:44	5:41	8:33	3:38	3:27	2:47	1:38	10:34	2:42	4:32	2:41	2:42	0:39	3:43
				59:00	1:00:54	1:03:41	1:05:47	1:08:10	1:11:12	1:12:50	1:14:15	1:14:45					
				1:59	1:54	2:47	2:06	2:23	3:02	1:38	1:25	0:30					
19	11	EMILIO JOSE LENC A CORUÑA USC	1:30:37	5:38	12:41	24:23	27:29	33:07	36:10	39:40	44:04	48:37	53:11	55:47	58:54	59:46	1:05:08
				5:38	7:03	11:42	3:06	5:38	3:03	3:30	4:24	4:33	4:34	2:36	3:07	0:52	5:22
				1:07:28	1:10:46	1:14:14	1:17:13	1:21:10	1:24:54	1:26:36	1:29:43	1:30:37					
				2:20	3:18	3:28	2:59	3:57	3:44	1:42	3:07	0:54					
20	14	Miguel Correa A Coruña UDC	1:46:45	31:30	41:28	50:36	53:40	57:03	59:50	1:01:30	1:12:21	1:15:02	1:19:17	1:22:00	1:24:42	1:25:23	1:29:06
				31:30	9:58	9:08	3:04	3:23	2:47	1:40	10:51	2:41	4:15	2:43	2:42	0:41	3:43
				1:31:04	1:33:08	1:35:42	1:38:02	1:40:16	1:43:30	1:44:50	1:46:19	1:46:45					
				1:58	2:04												

Pos	Jorsal	Nombre	Tempo	3,5 km 150 m 20 C													
				1(38)	2(42)	3(49)	4(47)	5(46)	6(53)	7(54)	8(48)	9(36)	10(40)	11(51)	12(58)	13(60)	14(50)
				15(55)	16(35)	17(39)	18(44)	19(43)	20(100)	Meta							
1	47	Olalla Bello Rodríguez A Coruña UDC	32:08	2:57	4:27	5:26	6:43	9:36	11:46	13:35	15:47	18:19	19:33	21:03	21:47	22:30	23:54
				2:57	1:30	0:59	1:17	2:53	2:10	1:49	2:12	2:32	1:14	1:30	0:44	0:43	1:24
				25:02	26:45	29:07	30:05	30:57	31:52	32:08							
				1:08	1:43	2:22	0:58	0:52	0:55	0:16							
2	38	SOFÍA MARTÍNEZ A CORUÑA USC	35:19	3:09	4:39	5:42	7:25	9:55	14:00	15:18	17:42	20:42	21:32	22:50	23:41	24:29	26:10
				3:09	1:30	1:03	1:43	2:30	4:05	1:18	2:24	3:00	0:50	1:18	0:51	0:48	1:41
				27:58	30:23	32:22	33:10	34:01	35:03	35:19							
				1:48	2:25	1:59	0:48	0:51	1:02	0:16							
3	35	JULIA FUERTES A CORUÑA USC	37:45	3:48	5:22	6:31	8:04	11:44	13:49	15:41	18:28	21:39	22:42	24:39	25:39	26:31	28:23
				3:48	1:34	1:09	1:33	3:40	2:05	1:52	2:47	3:11	1:03	1:57	1:00	0:52	1:52
				29:54	32:20	34:45	35:25	36:31	37:28	37:45							
				1:31	2:26	2:25	0:40	1:06	0:57	0:17							
4	32	Alba Dopico A Coruña UDC	41:39	3:48	5:34	7:06	8:38	11:57	14:33	18:41	21:32	25:07	26:14	27:53	28:53	29:52	31:48
				3:48	1:46	1:32	1:32	3:19	2:36	4:08	2:51	3:35	1:07	1:39	1:00	0:59	1:56
				33:19	35:39	37:51	38:47	40:07	41:20	41:39							
				1:31	2:20	2:12	0:56	1:20	1:13	0:19							
5	37	CONCEPCIÓN GONZÁLEZ A CORUÑA USC	43:24	3:36	5:21	6:32	9:22	14:02	16:54	18:39	21:14	25:55	27:36	29:40	30:44	31:32	33:14
				3:36	1:45	1:11	2:50	4:40	2:52	1:45	2:35	4:41	1:41	2:04	1:04	0:48	1:42
				34:37	36:36	39:28	40:11	42:04	43:06	43:24							
				1:23	1:59	2:52	0:43	1:53	1:02	0:18							
6	30	Indira Fernández A Coruña UDC	43:31	6:45	7:58	9:15	12:03	14:41	20:04	21:24	24:59	28:09	29:54	31:04	32:07	32:57	34:36
				6:45	1:13	1:17	2:48	2:38	5:23	1:20	3:35	3:10	1:45	1:10	1:03	0:50	1:39
				35:54	37:52	39:41	41:12	42:09	43:13	43:31							
				1:18	1:58	1:49	1:31	0:57	1:04	0:18							
7	39	NEREA OUJO A CORUÑA USC	48:51	3:55	5:42	7:16	8:46	17:45	21:11	22:39	25:43	30:03	31:15	32:43	35:01	35:58	37:54
				3:55	1:47	1:34	1:30	8:59	3:26	1:28	3:04	4:20	1:12	1:28	2:18	0:57	1:56
				39:11	42:25	44:56	45:54	47:02	48:26	48:51							
				1:17	3:14	2:31	0:58	1:08	1:24	0:25							
8	23	CANDELA PUIME Vigo U-VIGO	52:14	3:16	7:29	8:38	10:36	24:35	27:34	29:31	31:57	36:12	37:23	38:58	40:11	40:51	43:01
				3:16	4:13	1:09	1:58	13:59	2:59	1:57	2:26	4:15	1:11	1:35	1:13	0:40	2:10
				44:20	46:14	48:58	49:44	50:50	51:58	52:14							
				1:19	1:54	2:44	0:46	1:06	1:08	0:16							
9	17	OLIMPIA ÁLVAREZ Vigo U-VIGO	58:44	3:52	6:10	8:31	10:44	25:28	27:49	29:56	32:56	39:22	40:38	42:37	44:02	45:04	47:08
				3:52	2:18	2:21	2:13	14:44	2:21	2:07	3:00	6:26	1:16	1:59	1:25	1:02	2:04
				48:42	50:57	54:16	55:50	57:08	58:23	58:44							
				1:34	2:15	3:19	1:34	1:18	1:15	0:21							
10	5	NOELIA MIRANDA A CORUÑA USC	1:07:28	5:41	8:18	10:06	17:41	23:40	27:30	30:59	34:11	46:11	47:41	50:13	51:33	52:38	54:50
				5:41	2:37	1:48	7:35	5:59	3:50	3:29	3:12	12:00	1:30	2:32	1:20	1:05	2:12
				56:53	59:23	1:02:22	1:03:41	1:05:33	1:07:02	1:07:28							
				2:03	2:30	2:59	1:19	1:52	1:29	0:26							
11	34	M. MARGARITA BALB A CORUÑA USC	1:07:50	9:30	11:39	14:15	16:08	20:03	24:42	28:02	34:43	42:41	44:22	47:07	48:40	49:54	52:45
				9:30	2:09	2:36	1:53	3:55	4:39	3:20	6:41	7:58	1:41	2:45	1:33	1:14	2:51
				54:30	57:12	1:01:53	1:04:13	1:05:45	1:07:24	1:07:50							
				1:45	2:42	4:41	2:20	1:32	1:39	0:26							
12	36	CARLOTA GARCÍA A CORUÑA USC	1:11:18	5:52	8:41	21:17	23:16	30:05	33:06	36:12	39:49	45:41	47:24	50:05	51:21	52:23	55:03
				5:52	2:49	12:36	1:59	6:49	3:01	3:06	3:37	5:52	1:43	2:41	1:16	1:02	2:40
				57:05	1:00:50	1:05:24	1:07:09	1:08:58	1:10:51	1:11:18							
				2:02	3:45	4:34	1:45	1:49	1:53	0:27							
13	6	LAURA RODRÍGUEZ A CORUÑA USC	1:29:26	4:51	17:28	18:52	20:25	45:42	49:32	53:09	56:17	1:08:08	1:09:49	1:12:08	1:13:40	1:14:43	1:16:53
				4:51	12:37	1:24	1:33	25:17	3:50	3:37	3:08	11:51	1:41	2:19	1:32	1:03	2:10
				1:18:50	1:21:32	1:24:27	1:25:44	1:27:28	1:29:00	1:29:26							
				1:57	2:42	2:55	1:17	1:44	1:32	0:26							
14	2	SARA FALCÓN A CORUÑA USC	1:32:34	5:21	8:36	11:36	21:11	28:27	37:08	39:38	43:07	53:46	55:57	1:00:29	1:06:34	1:07:58	1:14:59
				5:21	3:15	3:00	9:35	7:16	8:41	2:30	3:29	10:39	2:11	4:32	6:05	1:24	7:01
				1:17:28	1:20:46	1:25:14	1:26:47	1:29:29	1:31:43	1:32:34							
				2:29	3:18	4:28	1:33	2:42	2:14	0:51							
15	1	MARTA BLANCO A CORUÑA USC	1:34:34	7:01	9:24	17:03	23:58	35:18	45:27	48:20	51:11	1:00:59	1:02:48	1:06:17	1:10:15	1:10:59	1:14:15
				7:01	2:23	7:39	6:55	11:20	10:09	2:53	2:51	9:48	1:49	3:29	3:58	0:44	3:16
				1:16:29	1:19:57	1:22:39	1:31:04	1:32:40	1:34:07	1:34:34							
				2:14	3:28	2:42	8:25	1:36	1:27	0:27							
16	7	CAROLINA SERANTE A CORUÑA USC	1:59:32	6:21	12:45	17:38	20:07	41:23	57:19	1:00:40	1:05:21	1:16:29	1:18:05	1:24:24	1:34:40	1:36:09	1:39:45
				6:21	6:24	4:53	2:29	21:16	15:56	3:21	4:41	11:08	1:36	6:19	10:16	1:29	3:36
				1:43:30	1:46:37	1:50:15	1:51:36	1:56:57	1:58:56	1:59:32							
				3:45	3:07	3:38	1:21	5:21	1:59	0:36							
17	4	MARÍA MANEIRO A CORUÑA USC	2:04:25	6:52	10:50	13:36	41:57	51:41	1:03:32	1:08:01	1:14:08	1:27:00	1:29:33	1:35:17	1:37:29	1:38:59	1:42:29
				6:52	3:58	2:46	28:21	9:44	11:51	4:29	6:07	12:52	2:33	5:44	2:12	1:30	3:30
				1:44:58	1:48:16	1:53:42	1:58:45	2:00:59	2:03:33	2:04:25							
				2:29	3:18	5:26	5:03	2:14	2:34	0:52							
18	3	NAIRA FERNÁNDEZ A CORUÑA USC	2:07:31	5:39	7:47	15:40	18:58	49:33	1:05:17	1:08:35	1:13:17	1:24:09	1:25:56	1:32:17	1:42:29	1:43:58	1:47:42
				5:39	2:08	7:53	3:18	30:35	15:44	3:18	4:42	10:52	1:47	6:21	10:12	1:29	3:44
				1:51:18	1:54:31	1:58:24	1:59:25	2:04:56	2:06:55	2:07:31							
				3:36	3:13	3:53	1:01	5:31	1:59	0:36							
	20	ANA IGLESIAS PERE Vigo U-VIGO	bandona	8:36	11:35	19:10	31:12	47:49	-----	-----	-----	-----	-----	-----	-----	-----	-----
				8:36	2:59	7:35	12:02	16:37	-----	-----							
				-----	-----	-----	-----	-----	-----								

FEGADO MASC (28)				4,0 km 150 m 22 C													
				1(36)	2(47)	3(53)	4(54)	5(48)	6(42)	7(49)	8(46)	9(52)	10(41)	11(39)	12(33)	13(34)	14(58)
				15(56)	16(59)	17(44)	18(51)	19(35)	20(50)	21(43)	22(100)	Meta					
1	6510	ANXO SOMOZA Culleredo GALLAEC	33:49	2:09	5:12	9:45	11:11	13:25	14:34	15:30	17:06	17:55	19:12	20:15	21:31	21:53	23:59
				2:09	3:03	4:33	1:26	2:14	1:09	0:56	1:36	0:49	1:17	1:03	1:16	0:22	2:06
				24:53	26:44	27:35	28:26	30:07	31:55	32:35	33:31	33:49					
				0:54	1:51	0:51	0:51	1:41	1:48	0:40	0:56	0:18					

Pos	Jorsal	Nombre	Tiempo	4,0 km 150 m 22 C (cont.)													
				1(36)	2(47)	3(53)	4(54)	5(48)	6(42)	7(49)	8(46)	9(52)	10(41)	11(39)	12(33)	13(34)	14(58)
				15(56)	16(59)	17(44)	18(51)	19(35)	20(50)	21(43)	22(100)	Meta					
FEGADO MASC (28)																	
2	4633	Alberto Taboada Pin Betanzos OP BETAN	36:07	2:15 27:08	4:49 29:08	8:46 30:15	10:06 31:18	11:58 32:42	13:49 34:17	14:36 35:02	17:23 35:51	18:50 36:07	20:37 1:47	22:45 2:08	23:54 1:09	24:15 0:21	26:08 1:53
3	6518	MARTIN CASADO NU Betanzos OP BETAN	39:22	8:07 30:42	11:05 32:16	15:41 33:11	17:02 34:23	18:58 35:54	20:17 37:31	21:04 38:11	22:28 39:06	23:18 39:22	24:34 1:16	26:11 1:37	27:22 1:11	27:45 0:23	29:52 2:07
4	4427	Jose Mansilla Barrei Culleredo GALLAEC	42:10	2:59 33:06	3:05 35:00	7:43 36:04	3:01 37:06	2:16 38:30	1:28 40:08	1:02 40:58	1:56 41:55	1:17 42:10	1:28 1:36	1:36 2:01	2:01 2:01	0:27 0:27	1:55 1:55
5	4383	Juan Antonio Doce Culleredo GALLAEC	42:50	2:40 33:01	6:15 34:48	14:40 36:05	15:55 37:02	18:08 38:42	20:04 40:33	21:12 41:26	23:26 42:29	24:56 42:50	26:40 1:44	27:55 1:15	29:30 1:35	29:58 0:28	32:06 2:08
6	4420	Antonio Javier López Culleredo GALLAEC	44:36	2:58 33:51	6:05 35:33	11:51 36:57	13:16 38:07	15:35 39:49	19:41 41:31	20:49 43:15	23:21 44:18	24:43 44:36	26:33 1:50	27:56 1:23	29:56 2:00	30:28 0:32	32:44 2:16
7	6511	JULIO LAGOS Culleredo GALLAEC	45:43	1:07 2:52	1:42 4:17	1:24 5:40	1:10 1:56	1:42 3:00	1:42 1:50	1:44 1:24	1:03 2:15	0:18 1:18	26:23 1:51	28:04 1:41	29:37 1:33	30:03 0:26	32:33 2:30
8	4588	Santiago Amador Ot Porto do Son ADC_	46:20	1:24 2:52	2:09 3:16	1:38 8:00	1:27 1:31	1:59 2:25	2:13 2:08	2:13 0:55	0:56 3:20	1:08 1:05	27:21 1:49	28:35 1:14	30:25 1:50	30:52 0:27	33:51 2:59
9	6517	DIEGO SILVARREY C Culleredo GALLAEC	47:58	4:02 37:28	8:09 39:27	13:10 41:04	14:42 42:05	17:12 43:59	19:11 45:54	21:08 46:40	24:09 47:41	25:28 47:58	29:49 4:21	30:52 1:03	33:03 2:11	33:29 0:26	36:17 2:48
10	4804	Alberto Lamela Arias LUGO COMPÁS	48:18	1:11 2:46	1:59 3:35	1:37 8:52	1:01 1:57	1:54 2:12	1:55 2:34	0:46 0:58	1:01 3:32	0:17 1:42	30:09 2:01	31:30 1:21	33:39 2:09	34:08 0:29	36:42 2:34
11	4334	José Luis Armada Li Vigo U-VIGO	49:36	1:06 2:38	2:03 4:57	1:26 6:46	1:04 1:47	1:48 2:57	1:50 2:09	0:49 1:22	1:10 2:34	0:20 1:36	28:37 1:51	29:54 1:17	31:57 2:03	32:33 0:36	35:49 3:16
12	4814	Pablo Rocha Pena LUGO COMPÁS	50:41	2:00 7:35	2:00 11:38	1:42 16:54	1:21 18:49	2:01 21:39	2:17 23:38	0:56 24:45	1:09 26:49	0:21 28:01	30:16 2:15	31:43 1:27	33:54 2:11	34:27 0:33	37:12 2:45
13	4444	Manuel Pedre Vazqu Culleredo GALLAEC	51:34	1:38 2:53	2:07 5:16	1:25 7:37	1:32 2:59	1:58 2:26	2:04 2:58	0:59 1:07	1:23 3:30	0:23 1:14	32:32 2:32	35:07 2:35	36:41 1:34	37:15 0:34	39:55 2:40
14	4397	Jose Luis Garcia Do Culleredo GALLAEC	58:36	3:22 49:12	9:08 50:54	17:00 52:01	18:29 53:01	20:35 54:34	23:26 56:17	24:23 57:08	28:48 58:17	30:40 58:36	42:07 1:27	43:49 1:42	45:50 2:01	46:14 0:24	48:18 2:04
15	6365	Carlos Alberto Alons Culleredo GALLAEC	58:58	0:54 4:41	1:42 10:28	1:07 20:48	1:00 23:18	1:33 26:35	1:43 29:14	0:51 30:49	1:09 34:20	0:19 36:25	38:32 2:07	40:17 1:45	42:08 1:51	42:40 0:32	45:40 3:00
16	4359	Julen Andollo De Culleredo GALLAEC	1:00:11	1:04 8:51	2:15 4:32	1:33 6:45	1:39 1:59	2:01 2:26	2:08 3:14	0:53 1:45	1:18 2:45	0:27 2:30	37:00 2:13	39:16 2:16	41:12 1:56	41:41 0:29	44:22 2:41
17	4435	Ivan Naveira Gonzal Culleredo GALLAEC	1:02:29	0:54 8:42	1:42 13:30	1:07 18:39	1:00 21:02	1:33 24:01	1:43 27:22	0:51 28:48	1:09 32:24	0:19 34:46	37:33 2:47	40:04 2:31	42:01 1:57	42:35 0:34	46:14 3:39
18	4266	Luis Adolfo Couceir A Coruña ARTABROS	1:04:14	1:04 4:51	2:15 5:47	1:33 8:58	1:39 3:38	2:01 3:59	2:08 3:09	0:53 2:39	1:18 5:52	0:27 3:04	44:31 2:34	46:11 1:40	48:20 2:09	49:33 1:13	52:30 2:57
19	4418	Isidro López Muinel Culleredo GALLAEC	1:05:17	0:56 3:45	1:55 7:23	1:09 16:41	1:21 18:14	1:52 20:51	1:57 27:11	1:02 30:07	1:10 39:31	0:22 40:50	43:11 2:21	46:11 3:00	48:03 1:52	49:09 1:06	52:25 3:16
20	4605	Camilo Serantes Mai Porto do Son ADC_	1:06:07	1:11 10:37	1:50 4:52	1:46 10:16	1:21 2:06	2:18 2:42	1:59 2:06	0:56 1:18	1:10 2:57	0:21 2:28	41:12 1:50	42:55 1:43	44:52 1:57	45:26 0:34	51:44 6:18
21	4373	Juan Carlos Carball Culleredo GALLAEC	1:09:19	1:50 5:42	2:13 11:40	1:25 16:52	1:37 19:34	2:24 24:12	2:14 26:57	1:01 28:33	1:14 33:00	0:25 35:19	39:06 3:47	42:53 3:47	45:25 2:32	46:08 0:43	50:01 3:53
22	999	Manuel Parga Rilo Culleredo GALLAEC	1:09:27	2:01 4:29	3:13 8:33	2:50 20:14	1:44 22:34	2:54 30:13	3:09 31:50	1:18 33:10	1:37 36:47	0:32 38:30	40:34 2:04	43:55 3:21	46:49 2:54	48:00 1:11	51:19 3:19
23	4415	Adrián López López Culleredo GALLAEC	1:27:13	1:49 5:50	2:09 6:00	1:44 15:07	2:21 3:16	2:43 3:52	2:58 4:18	1:07 2:24	2:49 5:51	0:28 4:00	53:43 3:05	57:37 3:54	1:00:32 2:55	1:01:26 0:54	1:05:58 4:32

Pos	Jorsal	Nombre	Tempo														
FEGADO MASC (28)				4,0 km 150 m 22 C (cont.)													
				1(36)	2(47)	3(53)	4(54)	5(48)	6(42)	7(49)	8(46)	9(52)	10(41)	11(39)	12(33)	13(34)	14(58)
				15(56)	16(59)	17(44)	18(51)	19(35)	20(50)	21(43)	22(100)	Meta					
24	4337	Enrique Fuertes Goi Vigo U-VIGO	1:28:09	24:26	29:39	37:30	43:36	46:51	49:21	50:35	54:28	56:45	59:12	1:06:09	1:08:08	1:08:42	1:12:50
				24:26	5:13	7:51	6:06	3:15	2:30	1:14	3:53	2:17	2:27	6:57	1:59	0:34	4:08
				1:14:59	1:17:17	1:18:37	1:20:19	1:22:26	1:25:04	1:26:18	1:27:41	1:28:09		1:13:49			
				2:09	2:18	1:20	1:42	2:07	2:38	1:14	1:23	0:28		*60			
25	4271	Jose Miguel López F A Coruña ARTABROS	1:59:54	7:31	16:23	28:52	33:12	41:25	46:03	48:37	53:06	56:45	1:02:31	1:11:19	1:16:57	1:18:12	1:25:38
				7:31	8:52	12:29	4:20	8:13	4:38	2:34	4:29	3:39	5:46	8:48	5:38	1:15	7:26
				1:28:58	1:34:38	1:39:17	1:43:16	1:48:05	1:53:06	1:55:27	1:58:48	1:59:54					
				3:20	5:40	4:39	3:59	4:49	5:01	2:21	3:21	1:06					
4401	Evaristo Gonzalez F Culleredo GALLAEC	en tarj.		9:28	15:10	20:58	23:29	26:30	28:55	30:25	----	36:35	38:41	41:12	43:31	43:57	47:23
				9:28	5:42	5:48	2:31	3:01	2:25	1:30		6:10	2:06	2:31	2:19	0:26	3:26
				48:58	50:37	52:08	53:17	55:02	57:01	57:55	59:00	59:21					
				1:35	1:39	1:31	1:09	1:45	1:59	0:54	1:05	0:21					
4609	Jorge Victorero Rey Porto do Son ADC_	en tarj.		4:31	14:07	21:51	23:54	27:02	29:53	31:20	33:59	36:24	39:38	41:53	45:03	45:58	50:13
				4:31	9:36	7:44	2:03	3:08	2:51	1:27	2:39	2:25	3:14	2:15	3:10	0:55	4:15
				52:01	54:15	55:45	57:15	59:36	----	1:01:07	1:03:02	1:03:24					
				1:48	2:14	1:30	1:30	2:21		1:31	1:55	0:22					
4632	Izan Taboada Monte Betanzos OP BETAN	bandona		----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
FEGADO FEM (26)				3,5 km 150 m 20 C													
				1(38)	2(42)	3(49)	4(47)	5(46)	6(53)	7(54)	8(48)	9(36)	10(40)	11(51)	12(58)	13(60)	14(50)
				15(55)	16(35)	17(39)	18(44)	19(43)	20(100)	Meta							
1	6532	JENNY BORGENSEN Galicia VACANTE	33:23	----	13:57	14:50	----	16:39	----	----	----	----	----	28:14	----	----	31:20
				----	13:57	0:53	----	1:49	----	----	----	----	----	11:35	----	----	3:06
				----	----	----	----	32:10	33:06	33:23	----	1:53	4:30	9:26	10:42	12:45	17:30
				18:49	20:15	21:30	21:54	23:57	24:56	26:16	27:07	29:46	*36	*47	*53	*54	*48
				*41	*39	*33	*34	*58	*56	*59	*44	*35					*52
2	6528	EVA CASADO Culleredo GALLAEC	35:32	3:27	4:56	6:25	7:37	9:58	11:32	13:08	15:44	20:20	21:21	22:53	23:44	24:26	26:04
				3:27	1:29	1:29	1:12	2:21	1:34	1:36	2:36	4:36	1:01	1:32	0:51	0:42	1:38
				27:27	30:01	32:06	33:22	34:16	35:17	35:32							
				1:23	2:34	2:05	1:16	0:54	1:01	0:15							
3	4365	Elena Bujía Rodríguez Culleredo GALLAEC	40:46	3:30	5:38	7:12	10:21	14:51	17:14	19:02	21:37	24:51	25:59	28:12	29:04	29:47	31:21
				3:30	2:08	1:34	3:09	4:30	2:23	1:48	2:35	3:14	1:08	2:13	0:52	0:43	1:34
				32:48	35:16	37:38	38:22	39:25	40:28	40:46							
				1:27	2:28	2:22	0:44	1:03	1:03	0:18							
4	6513	NURIA OUJO MIGUE Porto do Son ADC_	43:51	4:27	6:21	7:37	9:11	12:03	15:39	17:42	20:41	24:09	26:18	28:40	29:45	30:52	32:58
				4:27	1:54	1:16	1:34	2:52	3:36	2:03	2:59	3:28	2:09	2:22	1:05	1:07	2:06
				34:39	36:59	40:08	41:04	42:05	43:28	43:51							
				1:41	2:20	3:09	0:56	1:01	1:23	0:23							
5	4453	Iria Pico Martínez Culleredo GALLAEC	47:01	4:34	8:04	9:39	11:09	14:26	17:04	19:42	23:04	27:39	29:04	30:59	32:12	33:17	35:51
				4:34	3:30	1:35	1:30	3:17	2:38	2:38	3:22	4:35	1:25	1:55	1:13	1:05	2:34
				37:26	39:56	42:31	43:36	45:25	46:41	47:01							
				1:35	2:30	2:35	1:05	1:49	1:16	0:20							
6	4436	Paula Naya Mancebc Culleredo GALLAEC	50:25	4:00	5:40	7:00	8:55	18:28	21:08	25:51	28:33	33:40	35:34	37:13	38:26	39:28	41:23
				4:00	1:40	1:20	1:55	9:33	2:40	4:43	2:42	5:07	1:54	1:39	1:13	1:02	1:55
				42:56	45:04	46:59	48:16	49:04	50:04	50:25							
				1:33	2:08	1:55	1:17	0:48	1:00	0:21							
7	6533	SILVIA LOPEZ Culleredo GALLAEC	51:07	5:17	8:05	10:10	13:04	17:30	20:44	23:35	26:58	33:59	35:55	38:28	41:32	42:58	46:27
				5:17	2:48	2:05	2:54	4:26	3:14	2:51	3:23	7:01	1:56	2:33	3:04	1:26	3:29
				48:57	----	----	----	----	50:19	51:07							
				2:30					1:22	0:48							
8	4400	Alicia Gómez Suárez Culleredo GALLAEC	56:06	3:51	6:03	11:44	13:53	17:40	26:07	28:31	31:32	37:07	38:52	40:59	42:08	43:09	44:59
				3:51	2:12	5:41	2:09	3:47	8:27	2:24	3:01	5:35	1:45	2:07	1:09	1:01	1:50
				46:56	49:03	51:24	52:43	54:28	55:44	56:06							
				1:57	2:07	2:21	1:19	1:45	1:16	0:22							
9	4340	Ana Iglesias Junzalv Vigo U-VIGO	57:37	4:42	7:02	9:31	21:47	24:53	27:01	28:54	32:09	38:33	39:46	42:06	43:31	44:29	46:28
				4:42	2:20	2:29	12:16	3:06	2:08	1:53	3:15	6:24	1:13	2:20	1:25	0:58	1:59
				48:09	50:26	52:58	54:37	55:59	57:15	57:37							
				1:41	2:17	2:32	1:39	1:22	1:16	0:22							
10	6524	ANDREA GARCIA DIA LUGO COMPÁS	57:54	5:13	8:01	10:07	13:09	17:32	20:41	23:36	26:54	33:55	35:55	38:25	41:14	42:25	44:49
				5:13	2:48	2:06	3:02	4:23	3:09	2:55	3:18	7:01	2:00	2:30	2:49	1:11	2:24
				47:15	50:32	52:54	54:17	55:51	57:28	57:54							
				2:26	3:17	2:22	1:23	1:34	1:37	0:26							
11	4798	Diana Ferrer Vidal LUGO COMPÁS	59:33	4:50	7:42	9:25	13:55	22:32	26:05	28:47	32:23	37:59	39:20	41:25	42:49	44:05	46:14
				4:50	2:52	1:43	4:30	8:37	3:33	2:42	3:36	5:36	1:21	2:05	1:24	1:16	2:09
				48:32	51:12	54:12	55:21	57:28	59:04	59:33							
				2:18	2:40	3:00	1:09	2:07	1:36	0:29							
12	4590	Antía Oujo Pérez Porto do Son ADC_	1:00:03	4:07	6:24	7:53	11:57	15:12	19:35	21:40	25:09	38:20	39:38	42:42	43:52	45:06	47:13
				4:07	2:17	1:29	4:04	3:15	4:23	2:05	3:29	13:11	1:18	3:04	1:10	1:14	2:07
				49:06	51:44	56:22	57:09	58:19	59:39	1:00:03		55:23					
				1:53	2:38	4:38	0:47	1:10	1:20	0:24		*44					
13	4452	Lucia Peteiro Couce Culleredo GALLAEC	1:01:27	14:14	16:39	18:34	21:24	26:17	30:40	32:49	36:23	41:20	43:18	45:44	47:09	48:14	50:03
				14:14	2:25	1:55	2:50	4:53	4:23	2:09	3:34	4:57	1:58	2:26	1:25	1:05	1:49
				51:48	54:23	57:27	58:26	59:40	1:01:02	1:01:27							

