

Horarios de Salida del club –2ª PROBA DA LIGA GALEGA DE SPRINT VIGO

2022-03-12

| .COM | | | | | | |
|-------------|-------|------------------------|-----------|--------|---------|---------|
| 1034 | 16:30 | Covas Costa Tania | F-ELITE | 1580 m | Start 1 | 2006621 |
| 1033 | 17:06 | Andrade Octávio | M-50 | 1340 m | Start 1 | 544041 |
| 1037 | 17:01 | Serra Campos Paula | F-45 | 1330 m | Start 1 | 1009875 |
| 1031 | 16:35 | Fernandes Joana | F-21A | 1340 m | Start 1 | 8182087 |
| 1040 | 16:30 | Quintas Ricardo | M-18 | 1460 m | Start 1 | 8681413 |
| 1041 | 16:36 | Silva Tiago | M-18 | 1460 m | Start 1 | 8182088 |
| 1039 | 16:40 | Lencastre João | M-18 | 1460 m | Start 1 | 8681435 |
| 1080 | 16:46 | Almeida Nuno | M-18 | 1460 m | Start 1 | 2006623 |
| 1038 | 17:01 | Serra Campos Alexandra | F-16 | 1280 m | Start 1 | 8201029 |
| 1051 | – | Mota Margarida | INI-CURTA | 840 m | Start 1 | 2006626 |

| ADC_ARNELA | | | | | | |
|-------------------|-------|-------------------------------|-------|--------|---------|---------|
| 205 | 16:58 | Lareo Martinez David | ELITE | 1840 m | Start 1 | 8269041 |
| 286 | 16:31 | Oujo Pouso Gelasio | M-40 | 1380 m | Start 1 | 1411190 |
| 282 | 16:53 | Oujo Ageitos Joaquín | M-40 | 1380 m | Start 1 | 8001730 |
| 80 | 17:09 | Carro Mahía Alejandra | F-35 | 1260 m | Start 1 | 8664984 |
| 250 | 17:19 | Míguez Sampedro Susana | F-35 | 1260 m | Start 1 | 8658636 |
| 283 | 16:40 | Oujo Castelo Santiago Amador | M-50 | 1340 m | Start 1 | 2082881 |
| 314 | 17:11 | Pérez Torres María Del Pilar | F-50 | 1270 m | Start 1 | 2082882 |
| 426 | 17:12 | Victorero Rey Jorge | M-55 | 1270 m | Start 1 | 2082751 |
| 376 | 17:20 | Serantes Maneiro Camilo | M-55 | 1270 m | Start 1 | 8210264 |
| 230 | 16:33 | Lourido Gaciño Elena | F-21A | 1340 m | Start 1 | 2099578 |
| 285 | 16:39 | Oujo Perez Nerea | F-21A | 1340 m | Start 1 | 2099576 |
| 284 | 16:45 | Oujo Perez Antia | F-21A | 1340 m | Start 1 | 2099575 |
| 425 | 17:09 | Victorero Domínguez Alejandro | M-21B | 1190 m | Start 1 | 2082760 |
| 133 | 17:06 | Fernández Rodal Indira | F-18 | 1260 m | Start 1 | 2500913 |

| AMONTANHA | | | | | | |
|------------------|-------|----------------------|-----------|--------|---------|---------|
| 1050 | 17:11 | Cruz Ricardo | M-35 | 1560 m | Start 1 | 7404040 |
| 1057 | 16:58 | Lima Rafael | M-45 | 1350 m | Start 1 | 8052765 |
| 1029 | 17:06 | Silva Jorge | M-55 | 1270 m | Start 1 | 2108652 |
| 1064 | 16:38 | Esteves Lucilia | F-55 | 1090 m | Start 1 | 2108657 |
| 1059 | 17:05 | Vieira Maia José | M-21B | 1190 m | Start 1 | 1425346 |
| 1056 | 16:42 | Mendes Lima Rodrigo | M-18 | 1460 m | Start 1 | 8632865 |
| 1035 | 16:58 | Reis Duarte | M-16 | 1280 m | Start 1 | 2800579 |
| 1058 | 16:41 | Maia João | M-14 | 1080 m | Start 1 | 2108669 |
| 1052 | – | Vasconcelos Carolina | INI-CURTA | 840 m | Start 1 | 2091971 |

| AROMON | | | | | | |
|---------------|-------|----------------------------------|-------|--------|---------|---------|
| 256 | 16:32 | Moreira Alonso Adrián | ELITE | 1840 m | Start 1 | 8667913 |
| 127 | 16:36 | Fernandez Casalderrey Gonzalo | ELITE | 1840 m | Start 1 | 8667911 |
| 561 | 16:40 | Pérez Alonso Adrián | ELITE | 1840 m | Start 1 | 2009933 |
| 570 | 16:44 | Varela Rivera Manuel | ELITE | 1840 m | Start 1 | 8130013 |
| 421 | 17:05 | Veiga Jalda Martín | M-35 | 1560 m | Start 1 | 8656807 |
| 149 | 17:09 | Figueroa Fernández Ricardo | M-35 | 1560 m | Start 1 | 8670525 |
| 84 | 17:15 | Casal Fernández Francisco Javier | M-35 | 1560 m | Start 1 | 8006833 |
| 47 | 16:35 | Barreiro Fernández Pablo | M-40 | 1380 m | Start 1 | 8668992 |
| 634 | 16:41 | Ruiz Lago Emilio | M-40 | 1380 m | Start 1 | 9200205 |
| 232 | 16:49 | Marín Alex | M-40 | 1380 m | Start 1 | 8656798 |
| 305 | 17:03 | Pérez Alonso Alicia | F-35 | 1260 m | Start 1 | 8654201 |
| 420 | 17:13 | Veiga García Carla | F-35 | 1260 m | Start 1 | 8670545 |
| 104 | 17:21 | Denis Sanroman Marina | F-35 | 1260 m | Start 1 | 8667786 |
| 564 | 16:40 | Rodríguez Salas Alberto | M-45 | 1350 m | Start 1 | 8680100 |
| 568 | 16:46 | Rozas Abella Xaime | M-45 | 1350 m | Start 1 | 2042489 |
| 51 | 16:54 | Beloso García Manuel | M-45 | 1350 m | Start 1 | 7207542 |
| 630 | 17:00 | Ferrer Vidal Francisco José | M-45 | 1350 m | Start 1 | 8089667 |
| 569 | 17:12 | Seijo Souto Dori | F-40 | 1360 m | Start 1 | 8662014 |
| 347 | 16:30 | Rodriguez Pérez Eladio | M-50 | 1340 m | Start 1 | 1402891 |
| 36 | 16:50 | Antoñón Clemente Javier | M-50 | 1340 m | Start 1 | 8656800 |
| 32 | 16:58 | Alvelo Fragueta Javier | M-50 | 1340 m | Start 1 | 8656780 |
| 266 | 16:37 | Navia Vega Yolanda | F-45 | 1330 m | Start 1 | 2053900 |
| 309 | 16:47 | Pérez Otero Amalia | F-45 | 1330 m | Start 1 | 8099885 |
| 560 | 16:55 | Pazos Fernández Susana Consuelo | F-45 | 1330 m | Start 1 | 8516402 |
| 364 | 17:07 | Sanchez Vázquez María Luisa | F-50 | 1270 m | Start 1 | 8657203 |
| 198 | 17:15 | Iglesias Nieto Carmen | F-50 | 1270 m | Start 1 | 341173 |
| 567 | 17:08 | Romero Capa Carlos Mario | M-55 | 1270 m | Start 1 | 8089656 |
| 105 | 17:24 | Diaz Falcon Gilberto | M-55 | 1270 m | Start 1 | 8073978 |
| 110 | 16:30 | Díaz Rodríguez Yolanda | F-55 | 1090 m | Start 1 | 2057831 |

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|-----|-------|-----------------------|-----------|--------|---------|---------|
| 106 | 17:03 | Díaz Hernández Dailo | M-21A | 1420 m | Start 1 | 8182162 |
| 188 | 16:31 | Grimaldi Pérez Alba | F-21A | 1340 m | Start 1 | 8656808 |
| 363 | 16:37 | Sánchez Ocaña Diana | F-21A | 1340 m | Start 1 | 8023333 |
| 563 | 16:49 | Rodríguez Queipo Noel | F-21A | 1340 m | Start 1 | 8414080 |
| 354 | 16:34 | Romero Armada Carlos | M-18 | 1460 m | Start 1 | 8328688 |
| 52 | 17:02 | Beloso Iglesias Mauro | M-16 | 1280 m | Start 1 | 2104714 |
| 565 | 17:04 | Rodríguez Seijo Antón | M-12 | 840 m | Start 1 | 2023617 |
| 566 | 17:08 | Rodríguez Seijo Iago | M-12 | 840 m | Start 1 | 2023667 |
| 394 | 16:45 | Tapia Denis Xana | F-12 | 840 m | Start 1 | 2008799 |
| 660 | – | Tapia Denis Daniel | INI-CURTA | 840 m | Start 1 | 2023624 |
| 413 | – | Varela Pérez Noa | INI-CURTA | 840 m | Start 1 | 2020230 |

ARTABROS

| | | | | | | |
|-----|-------|--------------------------------|---------|--------|---------|---------|
| 587 | 16:32 | Piñeiro Varela María | F-ELITE | 1580 m | Start 1 | 8655836 |
| 586 | 17:07 | Piñeiro Portela Jorge | M-35 | 1560 m | Start 1 | 8655837 |
| 594 | 17:17 | Sevilla Gómez Francisco Javier | M-35 | 1560 m | Start 1 | 2009942 |
| 589 | 16:43 | Riestra González Santiago | M-40 | 1380 m | Start 1 | 8154940 |
| 582 | 16:46 | Gómez Ramos Antonio | M-50 | 1340 m | Start 1 | 8657171 |
| 583 | 17:04 | López Pérez Jose Miguel | M-50 | 1340 m | Start 1 | 213604 |
| 579 | 17:12 | Garcia Lopez Carlota | F-18 | 1260 m | Start 1 | 2015866 |

BUDIÑORAI

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|-----|-------|----------------------------------|-----------|--------|---------|---------|
| 15 | 17:01 | Alonso Alonso David | M-35 | 1560 m | Start 1 | 7208619 |
| 312 | 16:37 | Pérez Rodríguez Jesús Eduardo | M-40 | 1380 m | Start 1 | 7208649 |
| 381 | 16:57 | Sio Otero Pablo | M-40 | 1380 m | Start 1 | 8665529 |
| 675 | 16:44 | Gómez Pereiro Carlos Mario | M-45 | 1350 m | Start 1 | 1415174 |
| 251 | 16:38 | Monje Garcia Ricardo | M-50 | 1340 m | Start 1 | 7002996 |
| 418 | 17:02 | Vazquez De Parga Benitez Antonio | M-50 | 1340 m | Start 1 | 7206945 |
| 119 | – | Durán Durán Eva | INI-LONGA | 1190 m | Start 1 | 2053920 |

COCO

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|-----|-------|----------------------|-------|--------|---------|---------|
| 417 | 16:49 | Vázquez López Alvaro | M-21A | 1420 m | Start 1 | 2008782 |
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COMPÁS

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|------|-------|-----------------------------|-----------|--------|---------|---------|
| 135 | 17:00 | Fernández Sánchez Pablo | ELITE | 1840 m | Start 1 | 8643492 |
| 203 | 16:38 | Lamela Arias Alberto | M-45 | 1350 m | Start 1 | 8237742 |
| 172 | 17:20 | González Bello Concepción | F-40 | 1360 m | Start 1 | 8071669 |
| 141 | 16:52 | Fernández Souto José Manuel | M-50 | 1340 m | Start 1 | 8647684 |
| 147 | 16:53 | Ferrer Vidal Diana | F-45 | 1330 m | Start 1 | 8519657 |
| 361 | 16:59 | Sánchez Marín María Josefa | F-45 | 1330 m | Start 1 | 8670990 |
| 33 | 16:59 | Amarelle Garabán Roberto | M-21A | 1420 m | Start 1 | 7203305 |
| 338 | 17:07 | Rocha Pena Pablo | M-21B | 1190 m | Start 1 | 7208351 |
| 352 | 16:57 | Rodríguez Sobrado Noa | F-16 | 1280 m | Start 1 | 8670992 |
| 204 | 16:46 | Lamela Belver Estrella | F-14 | 1080 m | Start 1 | 8237662 |
| 351 | 16:50 | Rodríguez Sobrado Lia | F-14 | 1080 m | Start 1 | 8010232 |
| 1090 | – | Cal Lueiro Helena | INI-LONGA | 1190 m | Start 1 | 7209306 |

FLUVIAL_LUGO

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|-----|-------|-------------------------------|-------|--------|---------|---------|
| 437 | 16:38 | Fernandez Arias Diego | ELITE | 1840 m | Start 1 | 8010237 |
| 454 | 16:46 | Nogueras Marentes Jose Manuel | ELITE | 1840 m | Start 1 | 8670996 |
| 450 | 16:51 | Liz Díaz Javier | M-40 | 1380 m | Start 1 | 8647695 |
| 433 | 17:05 | Corral Prado Eva | F-35 | 1260 m | Start 1 | 8071651 |
| 459 | 17:15 | Pérez González M. José | F-35 | 1260 m | Start 1 | 8670991 |
| 445 | 16:34 | Fouz Rodríguez Marcos | M-50 | 1340 m | Start 1 | 1421319 |
| 439 | 16:35 | Fernández Fernández Gloria | F-45 | 1330 m | Start 1 | 8647692 |
| 460 | 16:45 | Porto Vázquez Rosa | F-45 | 1330 m | Start 1 | 8670964 |
| 438 | 16:44 | Fernandez Riveiro Fermina | F-55 | 1090 m | Start 1 | 8112328 |
| 455 | 16:59 | Nogueras Porto Sara | F-16 | 1280 m | Start 1 | 8006819 |
| 446 | 17:10 | Fouz Sanchez Rodrigo | M-12 | 840 m | Start 1 | 8022607 |

GALLAECIA_RAID

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|-----|-------|---------------------------|---------|--------|---------|---------|
| 383 | 16:30 | Somoza Argibay Iván | ELITE | 1840 m | Start 1 | 8670896 |
| 132 | 16:42 | Fernández Otero Oscar | ELITE | 1840 m | Start 1 | 8519663 |
| 24 | 16:34 | Alvarez Oreiro Laura | F-ELITE | 1580 m | Start 1 | 8517308 |
| 115 | 16:36 | Dopico Golpe Alba | F-ELITE | 1580 m | Start 1 | 8670999 |
| 49 | 16:38 | Bello Rodríguez Olalla | F-ELITE | 1580 m | Start 1 | 8103012 |
| 35 | 17:13 | Antón Casado Arturo | M-35 | 1560 m | Start 1 | 8027213 |
| 67 | 17:19 | Cambor Quirós Miguel | M-35 | 1560 m | Start 1 | 8519653 |
| 10 | 16:39 | Albarran Rodriguez Angel | M-40 | 1380 m | Start 1 | 8667769 |
| 293 | 16:47 | Patíño Varela Juan | M-40 | 1380 m | Start 1 | 8665408 |
| 148 | 17:11 | Ferrero Del Pozo Carmen | F-35 | 1260 m | Start 1 | 8519594 |
| 268 | 17:17 | Naya Mancebo Paula | F-35 | 1260 m | Start 1 | 8670963 |
| 228 | 16:32 | Lorenzo Rivero Bruno | M-45 | 1350 m | Start 1 | 8163599 |
| 91 | 16:42 | Chas Gómez Roberto | M-45 | 1350 m | Start 1 | 8670989 |
| 323 | 16:56 | Ramos Asensio Luis Javier | M-45 | 1350 m | Start 1 | 8658626 |

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|------|-------|--------------------------------|-----------|--------|---------|---------|
| 374 | 17:14 | Seoane Rodríguez Silvia | F-40 | 1360 m | Start 1 | 8670962 |
| 224 | 16:32 | López Peiteado Antonio Javier | M-50 | 1340 m | Start 1 | 7831000 |
| 379 | 16:36 | Silvarrey Redondo Fernando | M-50 | 1340 m | Start 1 | 8655439 |
| 182 | 16:42 | González Romano Rodrigo | M-50 | 1340 m | Start 1 | 8027203 |
| 156 | 16:48 | García Domínguez Jose Luis | M-50 | 1340 m | Start 1 | 8659376 |
| 22 | 16:54 | Álvarez Estévez Enrique Luis | M-50 | 1340 m | Start 1 | 8163595 |
| 295 | 17:00 | Pazos Miser Rafael | M-50 | 1340 m | Start 1 | 2057890 |
| 636 | 16:33 | García González Yolanda | F-45 | 1330 m | Start 1 | 8670897 |
| 60 | 16:43 | Bujía Rodríguez Elena | F-45 | 1330 m | Start 1 | 2042401 |
| 225 | 16:51 | López Permuy Victoria | F-45 | 1330 m | Start 1 | 7207685 |
| 380 | 17:17 | Silvarrey Redondo Teresa | F-50 | 1270 m | Start 1 | 8658619 |
| 179 | 17:10 | Gonzalez Fernandez Evaristo | M-55 | 1270 m | Start 1 | 8519586 |
| 76 | 17:16 | Carballo Fernández Juan Carlos | M-55 | 1270 m | Start 1 | 8519664 |
| 165 | 17:22 | Gil Díaz José Antonio | M-55 | 1270 m | Start 1 | 8519598 |
| 227 | 16:32 | López Suárez María Dolores | F-55 | 1090 m | Start 1 | 2080668 |
| 136 | 16:36 | Fernández Santiago María | F-55 | 1090 m | Start 1 | 2115634 |
| 183 | 16:40 | González Sención Adriana Luisa | F-55 | 1090 m | Start 1 | 8027202 |
| 117 | 17:01 | Dopico Pena Andres | M-21A | 1420 m | Start 1 | 8654398 |
| 603 | 16:41 | Loureiro Garrido Alexia | F-21A | 1340 m | Start 1 | 8092092 |
| 46 | 16:47 | Barreira Vazquez Maria Esther | F-21A | 1340 m | Start 1 | 8163600 |
| 601 | 17:13 | Iglesias Muñiz Carlos | M-21B | 1190 m | Start 1 | 8092101 |
| 328 | 17:00 | Rayón Fernández Paloma | F-21B | 1190 m | Start 1 | 2044330 |
| 324 | 17:02 | Ramos Morado Gorette | F-21B | 1190 m | Start 1 | 4650377 |
| 315 | 17:04 | Pico Martínez Iria | F-21B | 1190 m | Start 1 | 4645773 |
| 378 | 16:32 | Silvarrey Oreiro Marcos | M-18 | 1460 m | Start 1 | 8027204 |
| 219 | 16:44 | López López Adrián | M-18 | 1460 m | Start 1 | 2016933 |
| 384 | 16:56 | Somoza Seoane Anxo | M-16 | 1280 m | Start 1 | 8670997 |
| 184 | 17:00 | González Souto Rui | M-16 | 1280 m | Start 1 | 8519599 |
| 220 | 17:03 | López López Silvia | F-16 | 1280 m | Start 1 | 2042408 |
| 154 | 16:35 | García Castro Marcos | M-14 | 1080 m | Start 1 | 8519662 |
| 377 | 16:39 | Silvarrey Oreiro Diego | M-14 | 1080 m | Start 1 | 8163606 |
| 7 | 16:48 | Albarran Oroza Daniela | F-14 | 1080 m | Start 1 | 8515508 |
| 385 | 16:52 | Somoza Seoane Carla | F-14 | 1080 m | Start 1 | 8163607 |
| 155 | 16:47 | García Castro Sara | F-12 | 840 m | Start 1 | 2008771 |
| 8 | 16:51 | Albarran Oroza Jana | F-12 | 840 m | Start 1 | 8027205 |
| 325 | – | Ramos Rayón Vega | INI-CURTA | 840 m | Start 1 | 2128218 |
| 326 | – | Ramos Rayón Zoe | INI-CURTA | 840 m | Start 1 | 1399714 |
| 1019 | – | Lopez Alvarez Cesar | INI-LONGA | 1190 m | Start 1 | 2023516 |
| 1023 | – | Fernández Oreiro Claudia | INI-LONGA | 1190 m | Start 1 | 2020252 |

GD4CAMINHOS

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|------|-------|-----------------|-------|--------|---------|---------|
| 1024 | 16:50 | Leite Luis | ELITE | 1840 m | Start 1 | 1302802 |
| 1032 | 16:36 | Fernandes Vasco | M-45 | 1350 m | Start 1 | 7300391 |
| 1026 | 16:48 | Marques Jorge | M-45 | 1350 m | Start 1 | 1151515 |
| 1036 | 17:02 | César Alberto | M-45 | 1350 m | Start 1 | 8003913 |
| 1025 | 17:22 | Gonçalves Paula | F-40 | 1360 m | Start 1 | 1429026 |
| 1028 | 17:14 | Delgado Manuel | M-55 | 1270 m | Start 1 | 8211161 |
| 1027 | 16:34 | Rocha Margarida | F-55 | 1090 m | Start 1 | 1304110 |

LICEO

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|-----|-------|-------------------------|------|--------|---------|---------|
| 69 | 16:50 | Cañas Lara Julio | M-45 | 1350 m | Start 1 | 2009977 |
| 341 | 17:16 | Rodríguez Blanco Gracia | F-40 | 1360 m | Start 1 | 2117857 |
| 290 | 16:39 | Pardo Villaverde Maria | F-45 | 1330 m | Start 1 | 2042467 |
| 267 | 16:42 | Naya López Mª José | F-55 | 1090 m | Start 1 | 2010212 |

LIMIACTIVA

| | | | | | | |
|-----|-------|---------------------------|-------|--------|---------|---------|
| 126 | 17:23 | Feijoo Cantarilla Roberto | M-21B | 1190 m | Start 1 | 2066923 |
| 163 | 16:38 | Garrido Blanco Juan | M-18 | 1460 m | Start 1 | 1080504 |
| 45 | 17:06 | Barja Pérez Lucas | M-12 | 840 m | Start 1 | 7778887 |

MONTAÑA FERROL

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|-----|-------|----------------------|------|--------|---------|---------|
| 469 | 17:18 | García Couce Antonio | M-55 | 1270 m | Start 1 | 2023512 |
|-----|-------|----------------------|------|--------|---------|---------|

NAST

| | | | | | | |
|------|-------|----------------------|-----------|--------|---------|---------|
| 1049 | 16:33 | Marco José | M-40 | 1380 m | Start 1 | 226327 |
| 1047 | 17:04 | Rocha Amândio | M-45 | 1350 m | Start 1 | 234066 |
| 1046 | 17:18 | Miranda Sandra | F-40 | 1360 m | Start 1 | 2018939 |
| 1081 | 17:26 | Pinto Fernando Jorge | M-55 | 1270 m | Start 1 | 409950 |
| 1048 | – | Rodríguez Ismael | INI-CURTA | 840 m | Start 1 | 242160 |

OP BETANZOS

| | | | | | | |
|-----|-------|--------------------------------|-------|--------|---------|---------|
| 211 | 16:48 | López Costoya Francisco Javier | ELITE | 1840 m | Start 1 | 8623102 |
| 81 | 16:54 | Casado Bravo David | ELITE | 1840 m | Start 1 | 8659365 |
| 216 | 16:31 | López González Mario | M-14 | 1080 m | Start 1 | 8664269 |
| 83 | 16:37 | Casado Núñez Martín | M-14 | 1080 m | Start 1 | 8670227 |

ORIMARAO

| | | | | | | |
|------|-------|---------------|------|--------|---------|---------|
| 1054 | 16:59 | André Bruno | M-35 | 1560 m | Start 1 | 1811181 |
| 1055 | 17:25 | André Anabela | F-35 | 1260 m | Start 1 | 7110981 |

SEN CLUB

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|------|---|---------------------------|-----------|--------|---------|---------|
| 1017 | – | Agras Pérez Ione | INI-CURTA | 840 m | Start 1 | 2009943 |
| 1021 | – | Méndez Mato Eduardo | INI-CURTA | 840 m | Start 1 | 2023514 |
| 1007 | – | Redondo Barral Sara | INI-CURTA | 840 m | Start 1 | 2009998 |
| 1093 | – | Rodríguez Díaz Sira | INI-CURTA | 840 m | Start 1 | 2020322 |
| 1004 | – | Alves Leis María | INI-LONGA | 1190 m | Start 1 | 2023513 |
| 1016 | – | Guerner González Samuel | INI-LONGA | 1190 m | Start 1 | 2057670 |
| 1062 | – | Martínez Trigo Roberto | INI-LONGA | 1190 m | Start 1 | 2042500 |
| 1020 | – | Méndez Mato Pedro | INI-LONGA | 1190 m | Start 1 | 2023519 |
| 1091 | – | Pazo Pérez Antón | INI-LONGA | 1190 m | Start 1 | 2023522 |
| 1092 | – | Pazo Pérez Sabela | INI-LONGA | 1190 m | Start 1 | 2023521 |
| 1018 | – | Rodríguez Núñez Luis | INI-LONGA | 1190 m | Start 1 | 2023515 |
| 1067 | – | Ferreira Rodríguez Javier | INI-LONGA | 1190 m | Start 1 | 2053930 |

SEO

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|-----|-------|-----------------------------|-------|--------|---------|---------|
| 484 | 16:52 | Morlán Rodriguez Jose Angel | ELITE | 1840 m | Start 1 | 8010233 |
| 481 | 17:07 | Del Puerto Lopez Barbara | F-35 | 1260 m | Start 1 | 8010231 |

TREVINCA

| | | | | | | |
|-----|-------|----------------------------|-------|--------|---------|---------|
| 11 | 16:44 | Aller Estévez Pablo Adrián | M-50 | 1340 m | Start 1 | 8627775 |
| 398 | 16:56 | Trigo Recarey Xan Mariano | M-50 | 1340 m | Start 1 | 8000162 |
| 322 | 16:55 | Ramos Abelaira Iván | M-21A | 1420 m | Start 1 | 8657194 |
| 399 | 16:48 | Trigo Vázquez Iago | M-18 | 1460 m | Start 1 | 8000160 |
| 12 | 17:08 | Aller Pfirter Mailén | F-18 | 1260 m | Start 1 | 8447447 |
| 13 | 16:53 | Aller Pfirter Martina | F-12 | 840 m | Start 1 | 4660004 |

USC

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|-----|-------|-------------------------------------|-------|--------|---------|---------|
| 616 | 17:05 | Balboa Barros Margarita | F-50 | 1270 m | Start 1 | 2010012 |
| 618 | 17:13 | Pernas Martínez Rosa M ^a | F-50 | 1270 m | Start 1 | 8200743 |
| 620 | 16:43 | Sevil Martín Sescún | F-21A | 1340 m | Start 1 | 8517496 |

U-VIGO

| | | | | | | |
|-----|-------|--------------------------------------|-----------|--------|---------|---------|
| 519 | 16:45 | Pastoriza Santos Vicente | M-40 | 1380 m | Start 1 | 8081972 |
| 518 | 17:11 | Pastoriza Santos Isabel | F-35 | 1260 m | Start 1 | 8011626 |
| 526 | 16:30 | Pérez Juste German | M-45 | 1350 m | Start 1 | 8019221 |
| 505 | 16:52 | Fuertes González Enrique | M-45 | 1350 m | Start 1 | 8233105 |
| 512 | 17:10 | Iglesias Junzalvos Ana | F-40 | 1360 m | Start 1 | 8657295 |
| 508 | 16:41 | García Pacios María Ángeles | F-45 | 1330 m | Start 1 | 2042441 |
| 493 | 16:49 | Alvarez Castro Olimpia | F-45 | 1330 m | Start 1 | 2020176 |
| 502 | 16:57 | Crespo Quindós Begoña | F-45 | 1330 m | Start 1 | 8011725 |
| 534 | 17:09 | Saco Fernández M ^a Isabel | F-50 | 1270 m | Start 1 | 2020157 |
| 537 | 16:57 | Sardinero Gonzalez Alan | M-21A | 1420 m | Start 1 | 8311996 |
| 524 | 16:50 | Pérez Álvarez Diego | M-18 | 1460 m | Start 1 | 8089048 |
| 517 | 16:49 | Pastoriza Cordero María | F-12 | 840 m | Start 1 | 2016935 |
| 499 | 16:55 | Caballero Táboas Martina | F-12 | 840 m | Start 1 | 256185 |
| 528 | – | Perez Pastoriza Sabela | INI-CURTA | 840 m | Start 1 | 2009987 |

VigOriente

| | | | | | | |
|------|-------|----------------------|-----------|--------|---------|---------|
| 57 | 17:03 | Braña Veiga Alberto | M-35 | 1560 m | Start 1 | 1603376 |
| 1065 | – | García Puime Samira | INI-LONGA | 1190 m | Start 1 | 2009989 |
| 1066 | – | Varela López Marcial | INI-LONGA | 1190 m | Start 1 | 2053927 |

VIZHOJA-CORNELIOS

| | | | | | | |
|-----|-------|--------------------------------|-----------|--------|---------|---------|
| 350 | 16:56 | Rodriguez Silva Isaac | ELITE | 1840 m | Start 1 | 8017343 |
| 406 | 16:55 | Valiño Eiro Jacobo | M-40 | 1380 m | Start 1 | 7005091 |
| 39 | 16:31 | Arenas Rincón María Inmaculada | F-45 | 1330 m | Start 1 | 8009146 |
| 281 | 16:53 | Otero Ríos Alberto | M-21A | 1420 m | Start 1 | 8300444 |
| 339 | 16:33 | Rodriguez Arenas Aaron | M-14 | 1080 m | Start 1 | 8217799 |
| 186 | 16:43 | Gregores Lopez Brais | M-14 | 1080 m | Start 1 | 7204922 |
| 29 | 16:45 | Albariño Rodríguez Xian | M-14 | 1080 m | Start 1 | 8307056 |
| 185 | 16:54 | Gregores Lopez Alba | F-14 | 1080 m | Start 1 | 7212204 |
| 340 | – | Rodriguez Arenas Saul | INI-CURTA | 840 m | Start 1 | 1417124 |
| 238 | – | Martínez Da Torre Sara | INI-LONGA | 1190 m | Start 1 | 7005105 |

XESTEIRAS

| | | | | | | |
|-----|-------|----------------------|-------|--------|---------|---------|
| 498 | 16:34 | Breijo Martinez Yago | ELITE | 1840 m | Start 1 | 8163593 |
| 514 | 17:08 | López Eyo Tania | F-40 | 1360 m | Start 1 | 8085181 |
| 513 | 17:10 | Iglesias López Saray | F-18 | 1260 m | Start 1 | 9001989 |