

os	rsal	Nombre	Tiempo														
F12 (4)					2,8 km					9 C							
			1(31)	2(32)	3(101)	4(35)	5(36)	6(46)	7(38)	8(39)	9(100)	Meta					
1	432	Casado Nuñez Eva OPBZ Betanzos	23:02	1:09	4:15	5:54	8:38	11:31	12:26	14:35	16:16	20:45	23:02				
			1:09	3:06	1:39	2:44	2:53	0:55	2:09	1:41	4:29	2:17					
2	94	Nogueras Porto Sar FLUVIAL_LUGO Lu	40:48	3:59	9:08	14:19	20:00	24:48	27:13	29:36	32:48	38:35	40:48				
			3:59	5:09	5:11	5:41	4:48	2:25	2:23	3:12	5:47	2:13					
3	231	Aller Pfirter Mailén TREVINCA O Barco	49:52	3:23	11:45	13:12	25:36	34:01	35:04	37:35	39:37	46:56	49:52				
			3:23	8:22	1:27	12:24	8:25	1:03	2:31	2:02	7:19	2:56					
4	415	Muñiz Balboa Carla USC Santiago de C	1:07:47	18:06	21:00	28:13	33:56	53:56	54:38	57:32	59:30	1:05:24	1:07:47				
			18:06	2:54	7:13	5:43	20:00	0:42	2:54	1:58	5:54	2:23					
F14 (6)					4,3 km					11 C							
			1(41)	2(42)	3(43)	4(47)	5(48)	6(52)	7(44)	8(35)	9(36)	10(46)	11(100)	Meta			
1	157	Martínez Gómez Sof GALLAECIA_RAID a	45:00	1:59	4:35	10:41	14:40	16:03	20:27	26:55	33:42	36:35	37:24	43:07	45:00		
			1:59	2:36	6:06	3:59	1:23	4:24	6:28	6:47	2:53	0:49	5:43	1:53			
2	223	Agudo Calvelo Esth TREVINCA O Barco	1:04:41	2:07	6:36	13:29	20:27	22:26	30:48	37:33	45:40	50:32	51:49	1:01:14	1:04:41		
			2:07	4:29	6:53	6:58	1:59	8:22	6:45	8:07	4:52	1:17	9:25	3:27			
3	355	García Lopez Carlot ARTABROS A Coruñ	1:06:24	3:11	9:50	15:26	23:19	27:18	33:16	39:52	46:38	52:08	53:23	1:03:17	1:06:24		
			3:11	6:39	5:36	7:53	3:59	5:58	6:36	6:46	5:30	1:15	9:54	3:07			
4	132	Dopico Golpe Roci GALLAECIA_RAID a	1:09:51	3:27	8:37	17:13	23:55	26:03	30:06	36:51	48:51	53:10	54:09	1:07:41	1:09:51		
			3:27	5:10	8:36	6:42	2:08	4:03	6:45	12:00	4:19	0:59	13:32	2:10			
5	379	Traveso Pedrares Ir ARTABROS A Coruñ	1:11:14	1:31	9:56	19:30	30:09	39:45	43:43	48:08	54:59	59:13	1:00:23	1:09:07	1:11:14		
			1:31	8:25	9:34	10:39	9:36	3:58	4:25	6:51	4:14	1:10	8:44	2:07			
6	208	Pérez García Uxía ADC_ARNELA Porto	1:11:20	2:28	10:13	19:27	29:22	33:56	39:25	45:59	52:42	58:20	59:33	1:09:00	1:11:20		
			2:28	7:45	9:14	9:55	4:34	5:29	6:34	6:43	5:38	1:13	9:27	2:20			
F16 (4)					4,7 km					15 C							
			1(33)	2(42)	3(50)	4(51)	5(43)	6(52)	7(53)	8(44)	9(35)	10(62)	11(79)	12(83)	13(55)	14(39)	
			15(100)	Meta													
1	205	Oujo Perez Nerea ADC_ARNELA Porto	1:13:31	6:42	10:32	15:28	25:17	26:10	30:20	35:09	43:33	49:21	56:17	57:39	1:00:08	1:03:58	1:05:51
			6:42	3:50	4:56	9:49	0:53	4:10	4:49	8:24	5:48	6:56	1:22	2:29	3:50	1:53	
			1:11:11	1:13:31	5:20	2:20											
2	244	Neta Pérez Cristina TREVINCA O Barco	1:15:57	7:11	10:42	14:29	18:03	19:11	25:56	27:37	37:20	45:46	54:31	56:38	1:00:18	1:04:36	1:07:08
			7:11	3:31	3:47	3:34	1:08	6:45	1:41	9:43	8:26	8:45	2:07	3:40	4:18	2:32	
			1:13:07	1:15:57	5:59	2:50											
3	380	Traveso Pedrares S ARTABROS A Coruñ	1:42:28	6:52	15:24	22:53	27:50	28:59	39:31	40:59	50:43	57:57	1:06:58	1:10:50	1:17:35	1:23:50	1:29:49
			6:52	8:32	7:29	4:57	1:09	10:32	1:28	9:44	7:14	9:01	3:52	6:45	6:15	5:59	
			1:40:04	1:42:28	10:15	2:24											
4	228	Agudo Calvelo Raq TREVINCA O Barco	2:10:50	12:03	43:17	50:18	57:11	58:48	1:15:43	1:16:24	1:25:17	1:34:48	1:46:09	1:49:38	1:53:05	1:56:51	2:00:37
			12:03	31:14	7:01	6:53	1:37	16:55	0:41	8:53	9:31	11:21	3:29	3:27	3:46	3:46	
			2:07:39	2:10:50	7:02	3:11											
F18 (6)					5,0 km					14 C							
			1(56)	2(33)	3(44)	4(43)	5(45)	6(95)	7(47)	8(58)	9(44)	10(65)	11(60)	12(54)	13(37)	14(100)	
			Meta														
1	31	Grimaldi Pérez Alba AROMON Pontevedr	57:57	2:19	3:44	6:05	8:59	16:09	18:39	22:33	25:44	31:57	35:57	42:09	45:13	48:37	55:32
			2:19	1:25	2:21	2:54	7:10	2:30	3:54	3:11	6:13	4:00	6:12	3:04	3:24	6:55	
			57:57	2:25													
2	144	Hermida Balseiro U GALLAECIA_RAID a	59:57	2:40	3:51	6:35	8:47	18:22	21:30	26:32	28:21	33:32	37:12	42:35	46:57	50:22	57:16
			2:40	1:11	2:44	2:12	9:35	3:08	5:02	1:49	5:11	3:40	5:23	4:22	3:25	6:54	
			59:57	2:41													
3	131	Dopico Golpe Alba GALLAECIA_RAID a	1:05:20	4:43	6:51	9:46	12:00	19:49	25:20	29:31	34:06	38:54	43:37	48:37	53:07	56:44	1:02:57
			4:43	2:08	2:55	2:14	7:49	5:31	4:11	4:35	4:48	4:43	5:00	4:30	3:37	6:13	
			1:05:20	2:23													
4	246	Osorio Míguez Alba TREVINCA O Barco	1:11:31	2:41	8:24	10:33	13:09	22:23	34:25	37:44	39:32	45:20	48:10	53:05	58:51	1:02:28	1:08:58
			2:41	5:43	2:09	2:36	9:14	12:02	3:19	1:48	5:48	2:50	4:55	5:46	3:37	6:30	
			1:11:31	2:33													
5	413	Gallego Portabales USC Santiago de C	1:11:38	8:52	11:31	14:21	17:55	26:48	32:12	37:51	41:11	46:32	49:42	54:33	58:54	1:02:26	1:09:14
			8:52	2:39	2:50	3:34	8:53	5:24	5:39	3:20	5:21	3:10	4:51	4:21	3:32	6:48	
			1:11:38	2:24													
6	233	Aller Pfirter Milagro TREVINCA O Barco	1:28:30	4:56	6:55	10:03	14:52	26:54	31:49	37:52	42:48	50:38	57:44	1:03:14	1:08:22	1:14:29	1:25:02
			4:56	1:59	3:08	4:49	12:02	4:55	6:03	4:56	7:50	7:06	5:30	5:08	6:07	10:33	
			1:28:30	3:28													

os	rsal	Nombre	Tiempo																	
F21A (4)					6,5 km		18 C													
					1(63)	2(50)	3(64)	4(43)	5(87)	6(53)	7(49)	8(57)	9(67)	10(69)	11(53)	12(59)	13(34)	14(37)		
					15(62)	16(55)	17(71)	18(100)	Meta											
1	574	Puime López Cande BUDIÑORAID O Por	1:43:20	7:12	13:20	14:18	17:03	18:15	22:40	24:18	30:47	45:32	50:48	56:15	1:20:47	1:23:03	1:30:32			
					7:12	6:08	0:58	2:45	1:12	4:25	1:38	6:29	14:45	5:16	5:27	24:32	2:16	7:29		
					1:31:58	1:35:37	1:37:40	1:41:22	1:43:20											
					1:26	3:39	2:03	3:42	1:58											
2	263	Gil Pato Marta Mª APA_LICEO A Coruña	1:59:38	10:01	15:22	16:56	20:09	21:02	32:33	34:14	41:55	47:07	53:35	1:00:32	1:30:59	1:34:18	1:44:00			
					10:01	5:21	1:34	3:13	0:53	11:31	1:41	7:41	5:12	6:28	6:57	30:27	3:19	9:42		
					1:45:33	1:49:15	1:52:29	1:56:51	1:59:38											
					1:33	3:42	3:14	4:22	2:47											
3	503	Del Puerto Lopez B SEO Ordes	2:00:46	12:10	19:07	20:25	24:38	25:37	30:55	33:29	51:43	1:05:29	1:12:10	1:22:07	1:33:23	1:36:22	1:45:57			
					12:10	6:57	1:18	4:13	0:59	5:18	2:34	18:14	13:46	6:41	9:57	11:16	2:59	9:35		
					1:47:18	1:50:59	1:53:28	1:57:51	2:00:46											
					1:21	3:41	2:29	4:23	2:55											
199		Lourido Gaciño Ele ADC_ARNELA Porto	No sale																	
F21B (17)					4,7 km		15 C													
					1(33)	2(42)	3(50)	4(51)	5(43)	6(52)	7(53)	8(44)	9(35)	10(62)	11(79)	12(83)	13(55)	14(39)		
					15(100)	Meta														
1	135	Ferrer Vidal Diana GALLAECIA_RAID a	1:03:43	11:04	14:29	17:29	21:33	22:42	28:23	29:18	35:32	40:20	46:40	48:09	50:36	53:48	56:28			
					11:04	3:25	3:00	4:04	1:09	5:41	0:55	6:14	4:48	6:20	1:29	2:27	3:12	2:40		
					1:01:10	1:03:43														
					4:42	2:33														
2	677	Denis Sanroman Ma AROMON Pontevedr	1:06:11	6:34	10:40	14:49	24:00	25:02	28:35	29:52	36:13	40:45	49:02	50:29	52:46	56:28	59:05			
					6:34	4:06	4:09	9:11	1:02	3:33	1:17	6:21	4:32	8:17	1:27	2:17	3:42	2:37		
					1:03:50	1:06:11														
					4:45	2:21														
3	57	Rodríguez Queipo AROMON Pontevedr	1:06:57	3:30	8:47	12:43	16:07	17:46	22:38	24:54	31:58	37:31	45:30	47:26	50:02	54:13	57:25			
					3:30	5:17	3:56	3:24	1:39	4:52	2:16	7:04	5:33	7:59	1:56	2:36	4:11	3:12		
					1:03:50	1:06:57														
					6:25	3:07														
4	95	Paredes García Mon FLUVIAL_LUGO Lu	1:13:16	8:07	13:10	17:51	21:28	23:33	28:48	30:08	39:27	44:31	51:13	54:24	58:04	1:03:03	1:05:39			
					8:07	5:03	4:41	3:37	2:05	5:15	1:20	9:19	5:04	6:42	3:11	3:40	4:59	2:36		
					1:10:41	1:13:16														
					5:02	2:35														
5	237	Calvelo Vázquez Ev TREVINCA O Barco	1:14:15	14:40	18:00	21:10	25:31	26:38	30:03	30:57	37:19	49:32	56:24	57:58	1:00:22	1:03:20	1:05:59			
					14:40	3:20	3:10	4:21	1:07	3:25	0:54	6:22	12:13	6:52	1:34	2:24	2:58	2:39		
					1:11:35	1:14:15														
					5:36	2:40														
6	673	Seijo Souto Dori AROMON Pontevedr	1:15:33	5:54	9:50	17:12	20:05	22:56	29:13	30:31	36:57	42:30	57:19	59:44	1:02:44	1:06:20	1:08:48			
					5:54	3:56	7:22	2:53	2:51	6:17	1:18	6:26	5:33	14:49	2:25	3:00	3:36	2:28		
					1:13:11	1:15:33														
					4:23	2:22														
7	459	Baspino Fernández A_PEDROSA_ORRO	1:17:42	15:10	20:17	24:06	28:12	29:08	35:51	36:47	43:31	49:14	56:17	57:44	1:02:35	1:05:05	1:07:58			
					15:10	5:07	3:49	4:06	0:56	6:43	0:56	6:44	5:43	7:03	1:27	4:51	2:30	2:53		
					1:14:37	1:17:42														
					6:39	3:05														
8	259	Castro Santos Lucí APA_LICEO A Coruña	1:27:22	6:06	12:11	17:04	21:45	23:00	40:07	41:00	48:36	52:30	1:00:49	1:02:14	1:05:27	1:08:43	1:19:37			
					6:06	6:05	4:53	4:41	1:15	17:07	0:53	7:36	3:54	8:19	1:25	3:13	3:16	10:54		
					1:25:21	1:27:22														
					5:44	2:01														
9	599	Zolle Fernández Cri FLUVIAL_LUGO Lu	1:28:04	5:56	10:56	15:19	20:41	22:36	29:14	30:57	42:42	50:07	58:49	1:02:24	1:07:13	1:12:58	1:16:12			
					5:56	5:00	4:23	5:22	1:55	6:38	1:43	11:45	7:25	8:42	3:35	4:49	5:45	3:14		
					1:24:04	1:28:04														
					7:52	4:00														
10	101	Porto Vázquez Ros FLUVIAL_LUGO Lu	1:29:06	5:38	9:02	32:46	36:31	38:44	43:41	45:27	55:06	59:30	1:08:30	1:10:40	1:15:39	1:19:31	1:21:33			
					5:38	3:24	23:44	3:45	2:13	4:57	1:46	9:39	4:24	9:00	2:10	4:59	3:52	2:02		
					1:26:31	1:29:06														
					4:58	2:35														
11	272	Rodríguez Blanco APA_LICEO A Coruña	1:34:24	31:25	37:51	43:29	47:46	48:58	54:13	55:35	1:02:57	1:08:23	1:15:27	1:17:01	1:19:47	1:23:03	1:25:39			
					31:25	6:26	5:38	4:17	1:12	5:15	1:22	7:22	5:26	7:04	1:34	2:46	3:16	2:36		
					1:31:58	1:34:24														
					6:19	2:26														
12	204	Oujo Perez Antia ADC_ARNELA Porto	1:35:24	5:05	19:33	24:54	29:35	41:53	47:59	49:11	58:21	1:06:26	1:14:35	1:16:49	1:20:00	1:24:14	1:26:47			
					5:05	14:28	5:21	4:41	12:18	6:06	1:12	9:10	8:05	8:09	2:14	3:11	4:14	2:33		
					1:32:39	1:35:24														
					5:52	2:45														
13	240	Durán Pernas Reme TREVINCA O Barco	1:38:36	8:43	12:34	20:36	34:31	35:57	43:49	45:47	55:36	1:02:16	1:11:14	1:13:07	1:18:15	1:22:45	1:26:39			
					8:43	3:51	8:02	13:55	1:26	7:52	1:58	9:49	6:40	8:58	1:53	5:08	4:30	3:54		
					1:35:30	1:38:36														
					8:51	3:06														
14	74	Fernández Fernánd FLUVIAL_LUGO Lu	1:39:32	7:21	14:56	20:09	29:50	31:53	39:39	41:08	53:51	1:01:21	1:11:45	1:14:27	1:18:38	1:25:10	1:28:53			
					7:21	7:35	5:13	9:41	2:03	7:46	1:29	12:43	7:30	10:24	2:42	4:11	6:32	3:43		
					1:36:22	1:39:32														
					7:29	3:10														

Pos	Clasificación	Nombre	Tempo														
F21B (17)						4,7 km		15 C		<i>(cont.)</i>							
				1(33)	2(42)	3(50)	4(51)	5(43)	6(52)	7(53)	8(44)	9(35)	10(62)	11(79)	12(83)	13(55)	14(39)
				15(100)	Meta												
15	417	Portabales Dobaño USC Santiago de C	1:44:49	8:17	17:55	27:47	32:55	34:49	43:55	45:22	57:59	1:10:26	1:22:13	1:24:59	1:28:37	1:32:36	1:36:21
				8:17	9:38	9:52	5:08	1:54	9:06	1:27	12:37	12:27	11:47	2:46	3:38	3:59	3:45
				1:42:29	1:44:49												
				6:08	2:20												
16	98	Penela Fernández J FLUVIAL_LUGO Lu	1:49:08	6:20	12:19	16:23	27:06	32:07	42:09	46:03	55:08	1:22:16	1:28:51	1:31:02	1:33:55	1:37:46	1:41:13
				6:20	5:59	4:04	10:43	5:01	10:02	3:54	9:05	27:08	6:35	2:11	2:53	3:51	3:27
				1:46:30	1:49:08												
				5:17	2:38												
		Calviño Sampedro USC Santiago de C	No sale														
F35 (7)						7,2 km		16 C									
				1(94)	2(91)	3(57)	4(103)	5(78)	6(80)	7(74)	8(52)	9(48)	10(59)	11(37)	12(92)	13(83)	14(81)
				15(71)	16(100)	Meta											
1	24	Figueroa Leiro Mon AROMON Pontevedr	1:22:54	9:27	22:12	24:04	28:39	30:33	35:48	41:55	45:06	48:04	56:43	1:03:05	1:05:45	1:09:10	1:13:34
				9:27	12:45	1:52	4:35	1:54	5:15	6:07	3:11	2:58	8:39	6:22	2:40	3:25	4:24
				1:15:58	1:19:52	1:22:54											
				2:24	3:54	3:02											
2	65	Veiga García Carla AROMON Pontevedr	1:36:17	8:40	30:42	32:22	37:48	39:53	45:57	52:31	55:54	59:29	1:12:09	1:18:21	1:20:35	1:23:19	1:27:52
				8:40	22:02	1:40	5:26	2:05	6:04	6:34	3:23	3:35	12:40	6:12	2:14	2:44	4:33
				1:30:00	1:33:54	1:36:17											
				2:08	3:54	2:23											
3	162	Naya Mancebo Paul GALLAECIA_RAID a	1:36:29	9:46	28:52	34:07	38:16	41:03	46:33	53:03	56:03	58:49	1:11:42	1:18:46	1:21:31	1:24:32	1:28:58
				9:46	19:06	5:15	4:09	2:47	5:30	6:30	3:00	2:46	12:53	7:04	2:45	3:01	4:26
				1:31:02	1:34:29	1:36:29											
				2:04	3:27	2:00											
4	583	Corral Prado Eva FLUVIAL_LUGO Lu	1:39:29	9:13	24:43	26:15	31:26	33:48	41:27	48:08	53:17	57:18	1:10:31	1:19:17	1:22:00	1:26:06	1:30:50
				9:13	15:30	1:32	5:11	2:22	7:39	6:41	5:09	4:01	13:13	8:46	2:43	4:06	4:44
				1:33:26	1:37:08	1:39:29											
				2:36	3:42	2:21											
5	99	Pérez González M. J FLUVIAL_LUGO Lu	1:42:44	9:38	25:55	27:28	46:02	48:08	54:32	1:01:03	1:04:59	1:08:33	1:17:47	1:24:58	1:28:01	1:30:55	1:34:14
				9:38	16:17	1:33	18:34	2:06	6:24	6:31	3:56	3:34	9:14	7:11	3:03	2:54	3:19
				1:36:37	1:40:17	1:42:44											
				2:23	3:40	2:27											
6	200	Míguez Sampedro S ADC_ARNELA Porto	2:08:27	12:19	28:16	30:31	37:09	39:52	47:56	57:12	1:02:36	1:09:15	1:27:57	1:33:46	1:36:11	1:51:55	1:56:54
				12:19	15:57	2:15	6:38	2:43	8:04	9:16	5:24	6:39	18:42	5:49	2:25	15:44	4:59
				1:59:11	2:02:50	2:08:27											
				2:17	3:39	5:37											
	29	González Lorenzo AROMON Pontevedr	en tarj.	-----	-----	1:21:03	1:32:27	-----	-----	-----	-----	-----	-----	2:15:41	2:18:43	2:22:14	2:26:00
				-----	2:34:39	2:38:08	11:24	19:04	21:17	34:32	39:02	58:57	1:01:50	1:29:03	1:40:14	1:43:59	1:50:48
				-----	8:39	3:29		*51	*73	*69	*40	*76	*77	*90	*45	*95	*58
				1:55:59	2:04:17	2:06:38											
				*73	*96	*65											
F40 (3)						6,3 km		14 C									
				1(61)	2(51)	3(53)	4(52)	5(74)	6(75)	7(95)	8(102)	9(103)	10(49)	11(34)	12(55)	13(46)	14(100)
				Meta													
1	330	Iglesias Junzavlos U-VIGO Vigo	1:39:32	9:34	12:44	22:18	23:50	27:55	30:31	37:37	47:21	49:12	1:08:07	1:24:04	1:28:33	1:30:46	1:37:03
				9:34	3:10	9:34	1:32	4:05	2:36	7:06	9:44	1:51	18:55	15:57	4:29	2:13	6:17
				1:39:32													
				2:29													
2	49	Pérez Otero Amalia AROMON Pontevedr	1:52:18	27:49	31:25	39:23	41:08	45:27	48:19	57:18	1:06:09	1:08:17	1:19:59	1:31:27	1:37:04	1:39:39	1:48:56
				27:49	3:36	7:58	1:45	4:19	2:52	8:59	8:51	2:08	11:42	11:28	5:37	2:35	9:17
				1:52:18													
				3:22													
3	85	González Bello Con FLUVIAL_LUGO Lu	1:57:30	22:41	25:20	37:32	39:10	42:12	44:51	52:09	1:00:57	1:02:30	1:26:44	1:40:50	1:46:00	1:47:38	1:55:23
				22:41	2:39	12:12	1:38	3:02	2:39	7:18	8:48	1:33	24:14	14:06	5:10	1:38	7:45
				1:57:30													
				2:07													
F45 (14)						5,6 km		13 C									
				1(34)	2(88)	3(74)	4(75)	5(58)	6(95)	7(91)	8(51)	9(63)	10(36)	11(81)	12(71)	13(100)	Meta
1	416	Pernas Martínez Ro USC Santiago de C	1:12:57	4:24	8:52	19:54	22:15	29:40	34:00	35:46	45:42	52:32	1:01:53	1:03:52	1:06:06	1:10:23	1:12:57
				4:24	4:28	11:02	2:21	7:25	4:20	1:46	9:56	6:50	9:21	1:59	2:14	4:17	2:34
2	108	Valcarcel López Mar FLUVIAL_LUGO Lu	1:15:04	3:20	11:37	22:31	25:01	31:38	36:03	37:59	48:02	53:12	1:04:22	1:06:10	1:08:43	1:12:32	1:15:04
				3:20	8:17	10:54	2:30	6:37	4:25	1:56	10:03	5:10	11:10	1:48	2:33	3:49	2:32
3	45	Pazos Fernández S AROMON Pontevedr	1:31:37	3:16	11:47	23:21	25:38	36:17	47:25	48:49	1:00:55	1:13:28	1:20:58	1:23:39	1:26:05	1:29:42	1:31:37
				3:16	8:31	11:34	2:17	10:39	11:08	1:24	12:06	12:33	7:30	2:41	2:26	3:37	1:55
4	317	Alvarez Castro Olim U-VIGO Vigo	1:33:47	3:40	8:39	23:11	27:33	36:56	43:15	45:04	57:35	1:06:21	1:20:34	1:22:59	1:25:46	1:30:35	1:33:47
				3:40	4:59	14:32	4:22	9:23	6:19	1:49	12:31	8:46	14:13	2:25	2:47	4:49	3:12
5	324	Crespo Quindós Be U-VIGO Vigo	1:37:08	4:14	8:16	37:02	40:15	48:01	55:56	57:35	1:08:22	1:13:49	1:25:06	1:26:52	1:30:31	1:34:37	1:37:08
				4:14	4:02	28:46	3:13	7:46	7:55	1:39	10:47	5:27	11:17	1:46	3:39	4:06	2:31

os	rsal	Nombre	Tiempo														
F45 (14)				5,6 km			13 C			<i>(cont.)</i>							
				1(34)	2(88)	3(74)	4(75)	5(58)	6(95)	7(91)	8(51)	9(63)	10(36)	11(81)	12(71)	13(100)	Meta
6	298	López Permuy Victo BRIGANTIA A Coruñ	1:51:57	4:17	14:30	28:03	31:21	46:23	51:37	53:06	1:14:52	1:23:15	1:37:22	1:39:24	1:44:10	1:48:59	1:51:57
				4:17	10:13	13:33	3:18	15:02	5:14	1:29	21:46	8:23	14:07	2:02	4:46	4:49	2:58
7	407	Balboa Barros Marg USC Santiago de C	1:57:04	3:46	8:41	20:14	22:50	32:02	59:56	1:01:46	1:23:24	1:32:14	1:45:10	1:47:07	1:49:53	1:54:17	1:57:04
				3:46	4:55	11:33	2:36	9:12	27:54	1:50	21:38	8:50	12:56	1:57	2:46	4:24	2:47
8	145	Hermida Villanustre GALLAECIA_RAID a	2:13:11	6:48	11:00	30:59	35:36	45:28	50:27	55:44	1:25:13	1:39:52	1:56:48	2:03:15	2:06:00	2:10:44	2:13:11
				6:48	4:12	19:59	4:37	9:52	4:59	5:17	29:29	14:39	16:56	6:27	2:45	4:44	2:27
9	366	Pedrares Fernández ARTABROS A Coruñ	2:16:05	7:16	19:10	50:19	53:00	1:05:08	1:12:29	1:15:00	1:38:50	1:47:28	2:01:25	2:03:42	2:08:09	2:13:13	2:16:05
				7:16	11:54	31:09	2:41	12:08	7:21	2:31	23:50	8:38	13:57	2:17	4:27	5:04	2:52
10	444	Núñez Otero Elia OPBZ Betanzos	2:22:07	4:41	9:50	41:33	49:07	1:05:16	1:12:15	1:15:08	1:35:15	1:44:42	2:01:35	2:05:18	2:09:16	2:17:04	2:22:07
				4:41	5:09	31:43	7:34	16:09	6:59	2:53	20:07	9:27	16:53	3:43	3:58	7:48	5:03
11	347	Saco Fernández Mª U-VIGO Vigo	2:25:10	8:46	17:13	1:03:45	1:07:34	1:25:52	1:34:14	1:36:36	1:51:59	1:59:51	2:11:53	2:14:10	2:17:04	2:22:02	2:25:10
				8:46	8:27	46:32	3:49	18:18	8:22	2:22	15:23	7:52	12:02	2:17	2:54	4:58	3:08
12	661	García Pacios María U-VIGO Vigo	2:33:11	8:54	13:09	33:24	37:28	54:52	1:11:40	1:16:25	1:36:47	1:47:53	2:05:23	2:19:51	2:26:26	2:30:41	2:33:11
				8:54	4:15	20:15	4:04	17:24	16:48	4:45	20:22	11:06	17:30	14:28	6:35	4:15	2:30
13	209	Pérez Torres María ADC_ARNELA Porto	2:54:05	22:04	38:47	54:17	58:12	1:16:47	1:32:38	1:37:21	1:57:45	2:08:56	2:26:20	2:40:56	2:47:23	2:51:42	2:54:05
				22:04	16:43	15:30	3:55	18:35	15:51	4:43	20:24	11:11	17:24	14:36	6:27	4:19	2:23
	34	Iglesias Nieto Carm AROMON Pontevedr	en tarj.	30:09	42:04	1:19:24	1:22:42	1:43:12	2:01:04	2:03:58	2:23:13	2:31:04	-----	-----	-----	-----	
				30:09	11:55	37:20	3:18	20:30	17:52	2:54	19:15	7:51					
F50 (4)				4,5 km			11 C										
				1(61)	2(51)	3(91)	4(57)	5(95)	6(87)	7(88)	8(65)	9(36)	10(81)	11(100)	Meta		
1	58	Sanchez Vázquez M AROMON Pontevedr	1:25:04	8:14	11:37	32:17	33:33	42:12	52:22	1:04:03	1:06:00	1:12:53	1:15:43	1:22:26	1:25:04		
				8:14	3:23	20:40	1:16	8:39	10:10	11:41	1:57	6:53	2:50	6:43	2:38		
2	268	Naya López Mª José APA_LICEO A Coruñ	1:44:48	19:06	39:59	55:53	58:39	1:01:00	1:10:46	1:20:09	1:22:47	1:30:33	1:34:18	1:41:53	1:44:48		
				19:06	20:53	15:54	2:46	2:21	9:46	9:23	2:38	7:46	3:45	7:35	2:55		
3	78	Fernández Riveiro FLUVIAL_LUGO Lu	2:05:11	21:53	25:57	1:02:50	1:05:25	1:22:21	1:31:50	1:41:39	1:43:16	1:51:19	1:53:57	2:02:14	2:05:11	1:38:37	
				21:53	4:04	36:53	2:35	16:56	9:29	9:49	1:37	8:03	2:38	8:17	2:57	*65	
4	150	López Suárez María GALLAECIA_RAID a	2:25:37	14:51	23:12	45:22	48:34	52:32	1:30:44	1:36:25	1:46:15	2:03:20	2:08:59	2:22:33	2:25:37		
				14:51	8:21	22:10	3:12	3:58	38:12	5:41	9:50	17:05	5:39	13:34	3:04		
FE (3)				7,2 km			18 C										
				1(97)	2(87)	3(49)	4(48)	5(57)	6(67)	7(102)	8(78)	9(103)	10(80)	11(69)	12(65)	13(46)	14(92)
				15(83)	16(55)	17(39)	18(100)	Meta									
1	9	Bellón Santos Teres AROMON Pontevedr	1:12:43	6:25	9:31	13:45	14:37	17:53	22:37	25:40	26:51	28:59	33:27	40:11	50:45	56:59	59:08
				6:25	3:06	4:14	0:52	3:16	4:44	3:03	1:11	2:08	4:28	6:44	10:34	6:14	2:09
				1:01:32	1:03:37	1:05:55	1:10:34	1:12:43									
				2:24	2:05	2:18	4:39	2:09									
2	485	Diz Cao Isabel VIZHOJA-CORNELI	1:15:36	7:14	11:17	15:43	16:39	20:52	23:14	25:49	27:18	29:09	33:42	40:37	54:02	59:12	1:01:32
				7:14	4:03	4:26	0:56	4:13	2:22	2:35	1:29	1:51	4:33	6:55	13:25	5:10	2:20
				1:03:55	1:07:09	1:09:02	1:13:29	1:15:36									
				2:23	3:14	1:53	4:27	2:07									
3	188	Carro Mahía Alejand ADC_ARNELA Porto	1:18:06	9:07	12:00	16:09	17:12	20:38	24:46	30:23	31:48	33:54	38:33	45:07	56:14	1:01:38	1:04:02
				9:07	2:53	4:09	1:03	3:26	4:08	5:37	1:25	2:06	4:39	6:34	11:07	5:24	2:24
				1:06:55	1:09:16	1:11:14	1:15:50	1:18:06									
				2:53	2:21	1:58	4:36	2:16									
M12 (8)				2,8 km			9 C										
				1(31)	2(32)	3(101)	4(35)	5(36)	6(46)	7(38)	8(39)	9(100)	Meta				
1	225	Agudo Calvelo Juan TREVINCA O Barco	26:39	1:58	4:26	7:05	11:31	14:36	15:51	17:32	20:03	24:47	26:39				
				1:58	2:28	2:39	4:26	3:05	1:15	1:41	2:31	4:44	1:52				
2	433	Casado Núñez Martí OPBZ Betanzos	31:37	2:29	5:07	8:50	11:59	16:24	17:46	20:05	22:38	27:48	31:37				
				2:29	2:38	3:43	3:09	4:25	1:22	2:19	2:33	5:10	3:49				
3	296	González Souto Rui BRIGANTIA A Coruñ	33:26	1:43	3:42	5:22	7:37	10:38	11:28	26:38	28:11	31:40	33:26				
				1:43	1:59	1:40	2:15	3:01	0:50	15:10	1:33	3:29	1:46				
4	441	López González Mar OPBZ Betanzos	47:17	2:10	4:56	17:17	19:46	22:54	23:44	38:40	40:22	44:46	47:17				
				2:10	2:46	12:21	2:29	3:08	0:50	14:56	1:42	4:24	2:31				
5	12	Beloso Iglesias Mau AROMON Pontevedr	54:03	3:04	6:31	23:18	25:54	32:11	34:27	42:09	45:07	51:23	54:03				
				3:04	3:27	16:47	2:36	6:17	2:16	7:42	2:58	6:16	2:40				
6	595	Sanmartín García El FLUVIAL_LUGO Lu	1:04:11	4:47	10:21	20:01	29:20	38:41	42:13	45:25	50:15	1:02:20	1:04:11				
				4:47	5:34	9:40	9:19	9:21	3:32	3:12	4:50	12:05	1:51				
7	596	Sanmartín García T FLUVIAL_LUGO Lu	1:16:40	16:40	22:07	31:51	41:18	50:34	54:10	57:24	1:02:14	1:14:19	1:16:40				
				16:40	5:27	9:44	9:27	9:16	3:36	3:14	4:50	12:05	2:21				
	181	Somoza Seoane Anx GALLAECIA_RAID a	No sale														
M14 (7)				4,3 km			11 C										
				1(41)	2(42)	3(43)	4(47)	5(48)	6(52)	7(44)	8(35)	9(36)	10(46)	11(100)	Meta		
1	451	Fariña Rodríguez D LIMIACTIVA Xinzo d	33:19	0:42	2:58	6:07	9:18	10:21	14:24	19:11	22:42	25:19	26:07	31:32	33:19		
				0:42	2:16	3:09	3:11	1:03	4:03	4:47	3:31	2:37	0:48	5:25	1:47		
2	442	Lopez Gonzalez Nic OPBZ Betanzos	35:08	0:55	4:03	7:27	10:33	13:44	16:08	19:53	25:38	28:12	28:56	33:41	35:08		
				0:55	3:08	3:24	3:06	3:11	2:24	3:45	5:45	2:34	0:44	4:45	1:27		
3	340	Pérez Álvarez Diego U-VIGO Vigo	45:41	1:43	4:43	11:00	15:41	17:06	20:19	25:23	33:06	36:39	37:32	43:33	45:41		
				1:43	3:00	6:17	4:41	1:25	3:13	5:04	7:43	3:33	0:53	6:01	2:08		

Pos	Clasificación	Nombre	Tiempo	7,2 km 16 C (cont.)													
				1(94) 15(71)	2(91) 16(100)	3(57) Meta	4(103)	5(78)	6(80)	7(74)	8(52)	9(48)	10(59)	11(37)	12(92)	13(83)	14(81)
3	6	Antoñón Clemente J AROMON Pontevedr	1:15:27	6:57 6:57 1:08:57	20:18 13:21 1:13:11	21:18 1:00 1:15:27	25:07 3:49	27:15 2:08	32:44 5:29	37:43 4:59	40:34 2:51	43:12 2:38	52:12 9:00	57:49 5:37	1:00:26 2:37	1:03:16 2:50	1:06:44 3:28
4	51	Ricoy Bugarín José AROMON Pontevedr	1:17:54	9:15 9:15 1:11:33	19:52 10:37 1:15:32	21:12 1:20 1:17:54	25:04 3:52	26:52 1:48 59:44 *70	31:20 4:28	36:39 5:19	40:20 3:41	46:04 5:44	54:13 8:09	1:00:54 6:41	1:03:06 2:12	1:05:50 2:44	1:09:22 3:32
5	96	Parga Andón Pedro FLUVIAL_LUGO Lu	1:20:26	16:13 16:13 1:15:06	26:59 10:46 1:18:21	28:07 1:08 1:20:26	31:32 3:25	33:07 1:35 3:39 *34	37:30 4:23	42:44 5:14	46:54 4:10	49:26 2:32	57:37 8:11	1:05:24 7:47	1:07:21 1:57	1:10:14 2:53	1:13:08 2:54
6	133	Dopico Pena Andre GALLAECIA_RAID a	1:23:31	6:52 6:52 1:17:47	20:05 13:13 1:21:10	22:02 1:57 1:23:31	25:33 3:31	27:38 2:05	32:16 4:38	37:35 5:19	40:14 2:39	42:30 2:16	1:02:32 20:02	1:08:08 5:36	1:10:13 2:05	1:12:39 2:26	1:15:57 3:18
7	43	Omil Beloso Antoni AROMON Pontevedr	1:24:50	8:43 8:43 1:20:01	20:08 11:25 1:22:58	23:29 3:21 1:24:50	28:00 4:31	29:39 1:39	35:32 5:53	41:06 5:34	44:46 3:40	48:25 3:39	1:00:51 12:26	1:07:06 6:15	1:09:24 2:18	1:14:00 4:36	1:17:55 3:55
8	421	Sampedro Muñiz Ra USC Santiago de C	1:28:25	10:30 10:30 1:22:15	24:38 14:08 1:25:48	26:08 1:30 1:28:25	30:18 4:10	32:07 1:49	37:21 5:14	42:49 5:28	46:45 3:56	49:50 3:05	1:05:02 15:12	1:11:15 6:13	1:13:24 2:09	1:16:06 2:42	1:20:18 4:12
9	597	Sanmartín Matalobo FLUVIAL_LUGO Lu	1:29:15	8:02 8:02 1:24:23	22:04 14:02 1:27:30	23:37 1:33 1:29:15	28:17 4:40	30:26 2:09	36:46 6:20	42:45 5:59	46:54 4:09	50:27 3:33	1:03:25 12:58	1:10:35 7:10	1:12:51 2:16	1:15:50 2:59	1:22:06 6:16
10	326	Fuertes González E U-VIGO Vigo	1:32:10	11:13 11:13 1:27:41	24:46 13:33 1:30:17	26:25 1:39 1:32:10	31:19 4:54	33:13 1:54	39:39 6:26	45:40 6:01	50:01 4:21	53:23 3:22	1:06:12 12:49	1:13:36 7:24	1:15:36 2:00	1:18:46 3:10	1:24:51 6:05
11	216	Serantes Maneiro C ADC_ARNELA Porto	1:33:08	10:32 10:32 1:28:07	24:53 14:21 1:31:10	28:56 4:03 1:33:08	33:36 4:40	35:55 2:19	43:40 7:45	49:33 5:53	53:31 3:58	58:20 4:49	1:07:54 9:34	1:14:14 6:20	1:18:54 4:40	1:22:14 3:20	1:25:52 3:38
12	92	Montouto Gonzalez FLUVIAL_LUGO Lu	1:33:18	9:52 9:52 1:26:02	40:19 30:27 1:30:19	42:39 2:20 1:33:18	46:15 3:36	47:36 1:21 3:56	51:32 4:30	56:02 4:30	58:46 2:44	1:01:10 2:24	1:10:04 8:54	1:15:09 5:05	1:17:10 2:01	1:19:38 2:28	1:22:32 2:54
13	230	Aller Estévez Pablo TREVINCA O Barco	1:34:28	9:36 9:36 1:27:42	26:29 16:53 1:32:05	27:39 1:10 1:34:28	32:29 4:50	34:29 2:00	41:03 6:34	47:02 5:59	51:03 4:01	54:16 3:13	1:08:21 14:05	1:14:11 5:50	1:16:50 2:39	1:20:20 3:30	1:24:34 4:14
14	294	González Romano BRIGANTIA A Coruña	1:36:42	6:09 6:09 1:31:51	25:57 19:48 1:34:51	31:04 5:07 1:36:42	34:22 3:18	35:40 1:18	41:13 5:33	47:00 5:47	52:40 5:40	1:01:44 9:04	1:09:13 7:29	1:15:00 5:47	1:16:52 1:52	1:23:23 6:31	1:27:58 4:35
15	420	Sampedro Muñiz Jo USC Santiago de C	1:36:52	9:27 9:27 1:30:18	26:52 17:25 1:34:23	28:17 1:25 1:36:52	34:48 6:31	36:59 2:11	43:17 6:18	49:25 6:08	52:50 3:25	56:16 3:26	1:09:32 13:16	1:17:00 7:28	1:19:18 2:18	1:22:38 3:20	1:28:05 5:27
16	462	Carballo Fernández A_PEDROSA_ORRO	1:41:35	11:13 11:13 1:34:34	25:10 13:57 1:39:06	26:25 1:15 1:41:35	38:03 11:38	39:58 1:55	45:45 5:47	54:52 9:07	59:21 4:29	1:02:24 3:03	1:15:23 12:59	1:22:05 6:42	1:25:07 3:02	1:27:59 2:52	1:32:26 4:27
17	608	Rodriguez Sarmient TREVINCA O Barco	1:42:50	11:24 11:24 1:36:46	22:25 11:01 1:40:55	23:47 1:22 1:42:50	29:27 5:40	31:39 2:12	36:34 4:55	43:09 6:35	47:04 3:55	53:31 6:27	1:13:48 20:17	1:24:16 10:28	1:26:49 2:33	1:30:13 3:24	1:34:40 4:27
18	339	Peláez Méndez Patri U-VIGO Vigo	1:48:44	9:02 9:02 1:43:09	40:27 31:25 1:46:40	42:31 2:04 1:48:44	46:28 3:57	48:35 2:07	53:32 4:57	58:57 5:25	1:06:19 7:22	1:09:39 3:20	1:20:32 10:53	1:28:01 7:29	1:30:32 2:31	1:34:53 4:21	1:40:38 5:45
19	314	Abad Vives Carles U-VIGO Vigo	1:52:24	9:25 9:25 1:45:31	29:18 19:53 1:49:57	30:55 1:37 1:52:24	37:01 6:06	39:12 2:11	46:58 7:46	54:24 7:26	59:02 4:38	1:03:11 4:09	1:19:38 16:27	1:26:54 7:16	1:30:59 4:05	1:35:50 4:51	1:41:37 5:47
20	56	Rodríguez Pérez El AROMON Pontevedr	2:04:12	18:29 18:29 1:57:58	42:15 23:46 2:01:54	43:46 1:31 2:04:12	48:17 4:31	50:06 1:49	54:40 4:34	1:01:43 7:03	1:07:07 5:24	1:12:12 5:05	1:38:37 26:25	1:45:13 6:36	1:47:46 2:33	1:50:51 3:05	1:55:40 4:49
21	360	López Pérez Jose M ARTABROS A Coruña	2:36:36	14:52 14:52 2:15:49	34:46 19:54 2:27:30	36:54 2:08 2:36:36	44:23 7:29	47:57 3:34	58:54 10:57	1:10:37 11:43	1:16:14 5:37	1:21:06 4:52	1:37:36 16:30	1:50:58 13:22	1:57:31 6:33	2:03:43 6:12	2:11:08 7:25

os	rsal	Nombre	Tiempo														
M45 (22)			7,2 km					16 C					<i>(cont.)</i>				
			1(94)	2(91)	3(57)	4(103)	5(78)	6(80)	7(74)	8(52)	9(48)	10(59)	11(37)	12(92)	13(83)	14(81)	
			15(71)	16(100)	Meta												
		292 Gonzalez Fernande	No sale														
		BRIGANTIA A Coruñ															
M50 (6)			5,6 km					13 C									
			1(34)	2(88)	3(74)	4(75)	5(58)	6(95)	7(91)	8(51)	9(63)	10(36)	11(81)	12(71)	13(100)	Meta	
1	16	Diaz Falcon Gilbert	1:02:45	2:30	6:26	17:17	19:18	25:56	29:25	30:43	38:49	43:51	52:17	54:04	57:08	1:00:26	1:02:45
		AROMON Pontevedr		2:30	3:56	10:51	2:01	6:38	3:29	1:18	8:06	5:02	8:26	1:47	3:04	3:18	2:19
2	166	Pazos Miser Rafael	1:09:34	2:57	6:47	17:27	20:57	27:28	32:19	33:53	44:41	51:58	1:00:04	1:01:44	1:03:40	1:07:13	1:09:34
		GALLAECIA_RAID a		2:57	3:50	10:40	3:30	6:31	4:51	1:34	10:48	7:17	8:06	1:40	1:56	3:33	2:21
3	418	Ramos Lozano Edu	1:24:16	5:34	8:57	20:56	24:12	32:15	38:10	40:01	51:32	1:00:30	1:11:57	1:14:32	1:17:09	1:21:33	1:24:16
		USC Santiago de C		5:34	3:23	11:59	3:16	8:03	5:55	1:51	11:31	8:58	11:27	2:35	2:37	4:24	2:43
4	290	Gil Díaz José Anton	1:27:25	3:18	7:30	18:10	20:23	30:35	34:25	36:25	49:10	54:40	1:16:55	1:18:11	1:20:33	1:24:33	1:27:25
		BRIGANTIA A Coruñ		3:18	4:12	10:40	2:13	10:12	3:50	2:00	12:45	5:30	22:15	1:16	2:22	4:00	2:52
5	547	Fernández Casalder	1:47:16	4:37	8:02	42:22	45:14	54:37	58:43	1:00:25	1:14:30	1:23:16	1:32:48	1:35:27	1:38:15	1:44:05	1:47:16
		AROMON Pontevedr		4:37	3:25	34:20	2:52	9:23	4:06	1:42	14:05	8:46	9:32	2:39	2:48	5:50	3:11
		59 Varela Maceira Man	No sale														
		AROMON Pontevedr															
E (15)			10,8 km					23 C									
			1(93)	2(64)	3(50)	4(73)	5(96)	6(34)	7(69)	8(40)	9(48)	10(95)	11(91)	12(53)	13(76)	14(77)	
			15(84)	16(78)	17(90)	18(45)	19(81)	20(62)	21(54)	22(36)	23(100)	Meta					
1	14	Chamorro García X	1:15:57	2:46	3:51	4:38	7:05	10:45	12:42	22:07	24:27	28:53	30:27	31:30	34:50	40:12	41:15
		AROMON Pontevedr		2:46	1:05	0:47	2:27	3:40	1:57	9:25	2:20	4:26	1:34	1:03	3:20	5:22	1:03
				47:02	49:15	50:18	56:10	1:06:15	1:07:59	1:09:27	1:10:58	1:14:36	1:15:57				
				5:47	2:13	1:03	5:52	10:05	1:44	1:28	1:31	3:38	1:21				
2	576	Rodríguez Doming	1:18:24	4:54	5:49	6:37	8:59	11:15	14:50	23:46	26:54	30:16	31:41	32:36	34:37	39:53	41:37
		BUDIÑORAID O Por		4:54	0:55	0:48	2:22	2:16	3:35	8:56	3:08	3:22	1:25	0:55	2:01	5:16	1:44
				47:02	50:30	51:47	57:05	1:07:07	1:09:09	1:11:55	1:13:38	1:17:02	1:18:24				
				5:25	3:28	1:17	5:18	10:02	2:02	2:46	1:43	3:24	1:22				
3	190	Estevez Perez Manu	1:21:34	4:52	6:08	7:07	10:25	13:36	16:25	26:26	28:27	32:04	33:37	34:46	37:11	42:22	43:45
		ADC_ARNELA Porto		4:52	1:16	0:59	3:18	3:11	2:49	10:01	2:01	3:37	1:33	1:09	2:25	5:11	1:23
				49:29	52:17	53:23	58:12	1:09:50	1:11:47	1:13:54	1:15:25	1:19:45	1:21:34				
				5:44	2:48	1:06	4:49	11:38	1:57	2:07	1:31	4:20	1:49				
4	431	Casado Bravo Davi	1:21:49	4:43	5:59	6:47	10:46	13:36	15:41	25:03	26:30	29:43	31:34	32:31	34:34	40:37	41:59
		OPBZ Betanzos		4:43	1:16	0:48	3:59	2:50	2:05	9:22	1:27	3:13	1:51	0:57	2:03	6:03	1:22
				48:54	51:25	52:28	59:33	1:10:35	1:12:15	1:14:18	1:15:33	1:19:58	1:21:49				
				6:55	2:31	1:03	7:05	11:02	1:40	2:03	1:15	4:25	1:51				
5	22	Fernández Casalder	1:23:30	5:55	6:53	7:42	10:07	13:26	15:29	24:22	25:59	33:23	37:22	38:09	41:40	45:56	47:11
		AROMON Pontevedr		5:55	0:58	0:49	2:25	3:19	2:03	8:53	1:37	7:24	3:59	0:47	3:31	4:16	1:15
				52:18	56:27	57:32	1:01:54	1:13:04	1:14:46	1:16:43	1:17:59	1:21:54	1:23:30				
				5:07	4:09	1:05	4:22	11:10	1:42	1:57	1:16	3:55	1:36				
6	40	Moreira Alonso Adri	1:23:57	4:08	5:21	6:06	8:52	11:36	15:54	25:34	27:48	31:32	33:06	34:41	36:58	42:58	44:53
		AROMON Pontevedr		4:08	1:13	0:45	2:46	2:44	4:18	9:40	2:14	3:44	1:34	1:35	2:17	6:00	1:55
				51:25	53:48	55:00	1:01:35	1:12:19	1:15:33	1:17:16	1:18:43	1:22:31	1:23:57				
				6:32	2:23	1:12	6:35	10:44	3:14	1:43	1:27	3:48	1:26				
7	439	López Costoya Fran	1:27:01	5:21	7:12	7:59	10:55	14:04	16:11	25:44	27:59	35:39	37:54	38:54	41:45	46:54	48:25
		OPBZ Betanzos		5:21	1:51	0:47	2:56	3:09	2:07	9:33	2:15	7:40	2:15	1:00	2:51	5:09	1:31
				55:15	58:02	59:12	1:04:18	1:14:57	1:16:58	1:19:33	1:20:54	1:25:14	1:27:01				
				6:50	2:47	1:10	5:06	10:39	2:01	2:35	1:21	4:20	1:47				
8	46	Pérez Alonso Adrián	1:32:54	6:58	8:42	9:39	12:41	17:39	21:17	30:22	32:07	36:47	38:23	39:26	42:33	48:20	49:43
		AROMON Pontevedr		6:58	1:44	0:57	3:02	4:58	3:38	9:05	1:45	4:40	1:36	1:03	3:07	5:47	1:23
				56:58	59:42	1:01:34	1:07:41	1:20:51	1:22:59	1:25:24	1:27:01	1:31:14	1:32:54				
				7:15	2:44	1:52	6:07	13:10	2:08	2:25	1:37	4:13	1:40				
9	197	Lareo Martínez Davi	1:34:02	6:15	7:25	8:17	11:07	17:20	19:36	30:44	33:20	36:58	39:18	40:12	42:57	49:00	50:53
		ADC_ARNELA Porto		6:15	1:10	0:52	2:50	6:13	2:16	11:08	2:36	3:38	2:20	0:54	2:45	6:03	1:53
				57:50	1:00:42	1:02:16	1:09:14	1:21:16	1:23:09	1:25:44	1:27:26	1:32:09	1:34:02				
				6:57	2:52	1:34	6:58	12:02	1:53	2:35	1:42	4:43	1:53				
10	419	Ramos Pernas Migu	1:35:58	5:12	6:14	7:18	10:32	13:27	15:25	27:04	29:12	32:56	34:29	35:37	39:24	46:10	48:41
		USC Santiago de C		5:12	1:02	1:04	3:14	2:55	1:58	11:39	2:08	3:44	1:33	1:08	3:47	6:46	2:31
				55:18	58:34	1:00:15	1:06:46	1:20:42	1:22:46	1:25:56	1:27:40	1:33:29	1:35:58				
				6:37	3:16	1:41	6:31	13:56	2:04	3:10	1:44	5:49	2:29				
11	378	Sevilla Gómez Fran	1:44:03	10:37	12:05	13:27	16:40	20:16	22:50	35:39	37:47	44:02	45:12	46:10	50:11	57:22	58:58
		ARTABROS A Coruñ		10:37	1:28	1:22	3:13	3:36	2:34	12:49	2:08	6:15	1:10	0:58	4:01	7:11	1:36
				1:05:11	1:08:44	1:09:47	1:15:32	1:30:50	1:33:54	1:35:50	1:38:01	1:42:12	1:44:03				
				6:13	3:33	1:03	5:45	15:18	3:04	1:56	2:11	4:11	1:51				
12	142	González Miramont	1:53:55	10:25	12:05	13:17	16:41	20:12	23:09	35:43	37:54	44:07	46:31	48:08	51:35	1:00:45	1:02:15
		GALLAECIA_RAID a		10:25	1:40	1:12	3:24	3:31	2:57	12:34	2:11	6:13	2:24	1:37	3:27	9:10	1:30
				1:09:24	1:12:50	1:15:03	1:27:25	1:41:13	1:43:19	1:45:54	1:47:58	1:52:24	1:53:55				
				7:09	3:26	2:13	12:22	13:48	2:06	2:35	2:04	4:26	1:31				
13	136	Freire Lage Lucas	2:00:25	8:32	10:17	11:52	17:09										

os	rsal	Nombre	Tempo											Meta
INIB (30)				1(31)	2(42)	3(85)	4(82)	5(44)	6(35)	7(79)	8(38)	9(39)	10(100)	Meta
				4,2 km					10 C					
1	906	Domínguez Cambra VIZHOJA-CORNELI	45:55	3:16	5:00	13:34	15:55	20:34	25:05	31:53	36:57	38:56	43:41	45:55
				3:16	1:44	8:34	2:21	4:39	4:31	6:48	5:04	1:59	4:45	2:14
2	487	Domínguez Gil Jos VIZHOJA-CORNELI	45:56	3:17	5:00	13:35	15:56	20:35	25:05	31:54	36:58	38:56	43:41	45:56
				3:17	1:43	8:35	2:21	4:39	4:30	6:49	5:04	1:58	4:45	2:15
3	368	Piñeiro Varela María ARTABROS A Coruña	1:04:42	5:43	8:35	16:15	18:48	28:27	34:57	43:54	49:54	52:44	1:00:28	1:04:42
				5:43	2:52	7:40	2:33	9:39	6:30	8:57	6:00	2:50	7:44	4:14
4	903	Enríquez Díaz Eva LIMIACTIVA Xinzo d	1:11:18	5:57	9:14	20:47	25:03	32:27	39:43	51:25	58:08	1:00:59	1:08:01	1:11:18
				5:57	3:17	11:33	4:16	7:24	7:16	11:42	6:43	2:51	7:02	3:17
5	900	Fariña Barreiro Lui LIMIACTIVA Xinzo d	1:12:29	3:58	10:49	18:56	21:45	28:19	37:33	56:07	1:02:11	1:04:26	1:09:49	1:12:29
				3:58	6:51	8:07	2:49	6:34	9:14	18:34	6:04	2:15	5:23	2:40
6	41	Navia Vega Yolanda AROMON Pontevedr	1:19:13	4:42	8:34	16:39	19:50	26:31	41:26	55:21	1:07:47	1:09:44	1:16:25	1:19:13
				4:42	3:52	8:05	3:11	6:41	14:55	13:55	12:26	1:57	6:41	2:48
7	914	García Álvarez Blan	1:20:35	12:24	14:51	32:04	35:23	45:15	52:19	1:02:16	1:08:56	1:11:17	1:17:49	1:20:35
				12:24	2:27	17:13	3:19	9:52	7:04	9:57	6:40	2:21	6:32	2:46
8	907	Teo Conde José Ca	1:29:05	6:31	12:05	26:35	31:15	43:09	55:33	1:08:55	1:16:43	1:20:09	1:26:15	1:29:05
				6:31	5:34	14:30	4:40	11:54	12:24	13:22	7:48	3:26	6:06	2:50
9	908	Teo Nicolás	1:29:12	6:41	12:15	26:43	30:31	43:13	55:45	1:08:59	1:16:49	1:20:15	1:26:29	1:29:12
				6:41	5:34	14:28	3:48	12:42	12:32	13:14	7:50	3:26	6:14	2:43
10	901	Romero Hermida M USC Santiago de C	1:29:14	6:38	12:06	26:42	30:32	43:14	55:41	1:09:02	1:16:49	1:20:16	1:26:34	1:29:14
				6:38	5:28	14:36	3:50	12:42	12:27	13:21	7:47	3:27	6:18	2:40
11	902	Romero Antonio USC Santiago de C	1:29:24	6:51	12:08	26:49	31:26	44:37	55:52	1:09:00	1:16:57	1:20:23	1:26:34	1:29:24
				6:51	5:17	14:41	4:37	13:11	11:15	13:08	7:57	3:26	6:11	2:50
12	916	Muñiz Lens Toño	1:37:09	5:17	10:43	19:57	23:15	35:49	58:07	1:10:24	1:25:42	1:27:48	1:34:22	1:37:09
				5:17	5:26	9:14	3:18	12:34	22:18	12:17	15:18	2:06	6:34	2:47
13	911	Gomez Alicia	1:46:33	3:59	9:24	31:26	33:35	1:11:29	1:17:18	1:28:58	1:34:28	1:39:09	1:43:55	1:46:33
				3:59	5:25	22:02	2:09	37:54	5:49	11:40	5:30	4:41	4:46	2:38
14	919	González Paz Brian	1:47:45	8:48	14:18	29:32	38:51	49:17	57:18	1:14:25	1:27:44	1:31:55	1:44:14	1:47:45
				8:48	5:30	15:14	9:19	10:26	8:01	17:07	13:19	4:11	12:19	3:31
15	920	González Paz Naile	1:48:18	8:58	14:23	29:32	38:50	49:23	57:26	1:14:40	1:27:48	1:31:58	1:44:13	1:48:18
				8:58	5:25	15:09	9:18	10:33	8:03	17:14	13:08	4:10	12:15	4:05
16	141	González Corral Bi GALLAECIA_RAID a	1:48:45	9:00	14:22	29:28	38:52	49:21	57:27	1:14:35	1:27:47	1:32:18	1:44:22	1:48:45
				9:00	5:22	15:06	9:24	10:29	8:06	17:08	13:12	4:31	12:04	4:23
17	912	Vila Rodríguez Son AROMON Pontevedr	1:58:25	12:35	18:42	39:00	45:52	57:27	1:10:14	1:29:03	1:39:50	1:45:32	1:56:03	1:58:25
				12:35	6:07	20:18	6:52	11:35	12:47	18:49	10:47	5:42	10:31	2:22
18	913	Mora Combarros R AROMON Pontevedr	1:58:27	12:39	18:42	39:06	45:56	57:36	1:10:15	1:29:08	1:39:50	1:45:37	1:56:05	1:58:27
				12:39	6:03	20:24	6:50	11:40	12:39	18:53	10:42	5:47	10:28	2:22
19	60	Varela Rivera Manu AROMON Pontevedr	1:58:30	12:48	18:57	39:16	46:03	57:43	1:10:31	1:29:15	1:40:00	1:45:32	1:56:11	1:58:30
				12:48	6:09	20:19	6:47	11:40	12:48	18:44	10:45	5:32	10:39	2:19
20	915	Lata Cortes Rubén	2:17:13	10:39	17:27	35:17	43:43	58:31	1:11:52	1:35:09	1:48:35	1:53:53	2:08:41	2:17:13
				10:39	6:48	17:50	8:26	14:48	13:21	23:17	13:26	5:18	14:48	8:32
21	497	Naya Téllez Inés IES_SABON Arteixo.	2:18:23	11:28	18:46	36:21	44:46	59:38	1:13:02	1:35:45	1:49:42	1:54:55	2:09:37	2:18:23
				11:28	7:18	17:35	8:25	14:52	13:24	22:43	13:57	5:13	14:42	8:46
22	905	Cercos Montañes X	2:31:01	51:14	55:19	1:05:38	1:11:22	1:21:02	1:29:03	1:45:56	2:08:48	2:12:47	2:25:54	2:31:01
				51:14	4:05	10:19	5:44	9:40	8:01	16:53	22:52	3:59	13:07	5:07
	910	Estévez Méndez Fab AROMON Pontevedr	en tarj.	7:38	26:51	36:39	-----	48:28	57:19	1:08:54	1:16:14	1:19:51	1:30:34	1:35:50
				7:38	19:13	9:48	-----	11:49	8:51	11:35	7:20	3:37	10:43	5:16
	369	Piñeiro Varela Teres ARTABROS A Coruña	andona	5:43	11:31	29:42	32:47	42:30	-----	-----	-----	-----	1:37:30	1:41:29
				5:43	5:48	18:11	3:05	9:43	-----	-----	-----	-----	55:00	3:59
	384	Varela Varela María ARTABROS A Coruña	andona	5:45	11:32	29:50	32:48	42:31	-----	-----	-----	-----	1:37:35	1:44:23
				5:45	5:47	18:18	2:58	9:43	-----	-----	-----	-----	55:04	6:48
	922	Iglesias Ferradás A	andona	3:32	6:01	-----	-----	-----	-----	-----	-----	-----	-----	-----
				3:32	2:29	-----	-----	-----	-----	-----	-----	-----	-----	-----
	904	Enríquez Díaz María LIMIACTIVA Xinzo d	No sale											
	909	Paz Lourido Raquel	No sale											
	327	Fuertes Saco Julia U-VIGO Vigo	No sale											
	489	Martinez Da Torre S VIZHOJA-CORNELI	No sale											

1:26:20

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1:26:38

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1:26:38

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2:08:42

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2:09:40 2:09:44

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