

os	rsal	Nombre	Tiempo																
<b>M-12 (6)</b>				<b>2,2 km 45 m</b>					<b>7 C</b>										
				1(86)	2(87)	3(88)	4(89)	5(90)	6(91)	7(100)	F								
1	511	Vázquez Hermida, L A Coruña (Oleiro FA	40:28	4:44	7:49	19:44	28:59	33:13	38:34	39:24	40:28								
				4:44	3:05	11:55	9:15	4:14	5:21	0:50	1:04								
2	625	Martínez Gómez, So A Coruña BRIGANTI	42:16	6:10	14:13	18:41	26:59	32:33	39:27	40:59	42:16								
				6:10	8:03	4:28	8:18	5:34	6:54	1:32	1:17								
3	381	Agudo Calvelo, Est O Barco de Valde T	49:22	5:37	9:19	19:40	25:11	41:40	45:36	47:45	49:22								
				5:37	3:42	10:21	5:31	16:29	3:56	2:09	1:37								
4	85	Barragáns Sánchez, Pontevedra AROMO	59:07	19:00	22:56	30:43	37:15	45:05	53:35	57:44	59:07								
				19:00	3:56	7:47	6:32	7:50	8:30	4:09	1:23								
5	298	Dopico Golpe, Roci A Coruña GALLAECI	1:12:53	7:01	10:08	30:15	53:38	59:46	1:06:26	1:11:33	1:12:53	1:11:37							
				7:01	3:07	20:07	23:23	6:08	6:40	5:07	1:20	*100							
	308	Hermida Balseiro, A Coruña GALLAECI	No sale	----	----	----	----	----	----	----	----								
<b>M-14 (7)</b>				<b>3,1 km 70 m</b>				<b>8 C</b>											
				1(87)	2(88)	3(69)	4(72)	5(89)	6(90)	7(91)	8(100)	F							
1	673	Atanes Conde, Mari Lugo FLUVIAL LUG	43:48	5:51	10:45	12:34	25:24	31:43	35:40	41:10	42:55	43:48							
				5:51	4:54	1:49	12:50	6:19	3:57	5:30	1:45	0:53							
2	299	Dopico Golpe, Alba A Coruña GALLAECI	47:35	9:31	14:50	17:12	29:32	36:08	39:49	45:13	46:52	47:35							
				9:31	5:19	2:22	12:20	6:36	3:41	5:24	1:39	0:43							
3	675	López López, Alba Lugo FLUVIAL LUG	50:11	7:37	13:47	16:26	31:58	38:17	43:24	48:08	49:17	50:11							
				7:37	6:10	2:39	15:32	6:19	5:07	4:44	1:09	0:54							
4	30	González Fernández Lugo FLUVIAL LUG	50:13	6:07	9:44	11:59	26:57	32:55	37:31	46:28	49:07	50:13							
				6:07	3:37	2:15	14:58	5:58	4:36	8:57	2:39	1:06							
5	386	Aller Pfrirter, Milagro O Barco de Valde T	53:30	8:15	13:20	16:43	33:00	40:42	45:29	49:44	51:45	53:30							
				8:15	5:05	3:23	16:17	7:42	4:47	4:15	2:01	1:45							
6	40	Meilán Sánchez, Iria Lugo FLUVIAL LUG	55:43	14:08	17:52	20:17	35:56	42:51	48:19	53:34	54:28	55:43							
				14:08	3:44	2:25	15:39	6:55	5:28	5:15	0:54	1:15							
	190	Arufe Seijas, Alba A Coruña APA LICE	No sale	----	----	----	----	----	----	----	----								
<b>M-16 (6)</b>				<b>4,6 km 110 m</b>				<b>11 C</b>											
				1(85)	2(69)	3(55)	4(68)	5(59)	6(60)	7(79)	8(72)	9(47)	10(91)	11(100)	F				
1	562	Morales Jiménez, Ir Xinzo de Limia LIMI	1:18:19	15:10	20:33	23:54	29:44	34:56	45:16	49:04	59:51	1:09:18	1:16:18	1:17:12	1:18:19				
				15:10	5:23	3:21	5:50	5:12	10:20	3:48	10:47	9:27	7:00	0:54	1:07				
2	202	Gil Pato, Marta Mª A Coruña APA LICE	1:19:20	8:24	13:28	16:25	26:02	36:10	42:55	49:38	1:01:52	1:10:22	1:17:23	1:18:06	1:19:20				
				8:24	5:04	2:57	9:37	10:08	6:45	6:43	12:14	8:30	7:01	0:43	1:14				
3	607	García Sánchez, Nu Lugo FLUVIAL LUG	1:20:59	12:29	18:23	21:55	31:18	40:57	47:31	51:12	1:00:40	1:10:43	1:19:15	1:19:58	1:20:59				
				12:29	5:54	3:32	9:23	9:39	6:34	3:41	9:28	10:03	8:32	0:43	1:01				
4	576	Garrido Martínez, L A Coruña APA LICE	1:32:03	16:56	22:37	25:29	31:37	36:50	47:14	51:02	1:03:28	1:24:24	1:30:02	1:30:50	1:32:03				
				16:56	5:41	2:52	6:08	5:13	10:24	3:48	12:26	20:56	5:38	0:48	1:13				
	862	Lima, Helena A Coruña INDEP	No sale	----	----	----	----	----	----	----	----	----	----	----	----				
	120	Iglesias Sánchez, S Pontevedra AROMO	No sale	----	----	----	----	----	----	----	----	----	----	----	----				
<b>M-18 (2)</b>				<b>5,2 km 130 m</b>				<b>14 C</b>											
				1(85)	2(69)	3(68)	4(75)	5(59)	6(60)	7(79)	8(81)	9(55)	10(72)	11(74)	12(47)	13(65)	14(100)		
				F															
1	134	Ricoy Rajoy, Sara Pontevedra AROMO	1:20:34	6:11	11:35	25:41	28:48	31:27	39:18	46:41	52:35	54:35	1:01:06	1:04:01	1:10:33	1:19:08	1:19:37		
				6:11	5:24	14:06	3:07	2:39	7:51	7:23	5:54	2:00	6:31	2:55	6:32	8:35	0:29		
				1:20:34															
				0:57															
2	5	Bellón Santos, Tere Lugo FLUVIAL LUG	1:55:27	27:44	32:11	37:41	40:35	53:27	57:55	1:00:22	1:04:53	1:06:19	1:22:45	1:24:45	1:48:30	1:54:06	1:54:37		
				27:44	4:27	5:30	2:54	12:52	4:28	2:27	4:31	1:26	16:26	2:00	23:45	5:36	0:31		
				1:55:27															
				0:50															
<b>M-21 (14)</b>				<b>5,6 km 150 m</b>				<b>15 C</b>											
				1(76)	2(55)	3(77)	4(75)	5(62)	6(56)	7(79)	8(78)	9(81)	10(67)	11(74)	12(46)	13(61)	14(65)		
				15(100)	F														
1	619	Vázquez Núñez, Mar Ferrol. A Coruña M	1:22:35	6:57	14:24	17:52	20:45	26:17	40:45	52:07	57:00	58:51	1:05:01	1:10:01	1:15:59	1:17:59	1:20:53		
				6:57	7:27	3:28	2:53	5:32	14:28	11:22	4:53	1:51	6:10	5:00	5:58	2:00	2:54		
				1:21:48	1:22:35														
				0:55	0:47														
2	303	Carcía Costoya, Mar A Coruña GALLAECI	1:30:02	12:38	21:02	26:47	32:19	37:46	42:12	47:21	58:18	59:25	1:07:31	1:14:56	1:21:17	1:23:45	1:28:13		
				12:38	8:24	5:45	5:32	5:27	4:26	5:09	10:57	1:07	8:06	7:25	6:21	2:28	4:28		
				1:29:03	1:30:02														
				0:50	0:59														
3	165	Fuertes Saco, Julia Vigo UNIVERSIDAD	1:33:25	6:11	13:32	20:04	24:02	31:20	38:29	45:13	51:12	52:08	58:23	1:13:03	1:22:46	1:26:07	1:31:55		
				6:11	7:21	6:32	3:58	7:18	7:09	6:44	5:59	0:56	6:15	14:40	9:43	3:21	5:48		
				1:32:44	1:33:25														
				0:49	0:41														
4	504	Delgado Gonzalez, A Coruña (Oleiro FA	1:36:43	7:15	15:22	18:45	34:39	43:45	50:19	1:00:43	1:06:48	1:07:25	1:12:54	1:19:01	1:27:46	1:30:22	1:34:53		
				7:15	8:07	3:23	15:54	9:06	6:34	10:24	6:05	0:37	5:29	6:07	8:45	2:36	4:31		
				1:35:35	1:36:43														
				0:42	1:08														

os	rsal	Nombre	Tiempo																			
<b>M-21 (14)</b>					<b>5,6 km 150 m</b>		<b>15 C</b>		<i>(cont.)</i>													
			1(76) 15(100)	2(55) F	3(77)	4(75)	5(62)	6(56)	7(79)	8(78)	9(81)	10(67)	11(74)	12(46)	13(61)	14(65)						
5	108	Fernández Díaz, Ta Pontevedra AROMO	1:37:34	18:43 18:43 1:35:33	39:03 20:20 1:37:34	44:00 4:57	48:00 4:00	52:58 <b>4:58</b>	57:53 4:55	1:03:05 5:12	1:05:48 <b>2:43</b>	1:06:26 0:38	1:15:55 9:29	1:21:05 5:10	1:27:55 6:50	1:30:10 2:15	1:34:55 4:45					
6	162	Estevez Méndez, Fa Vigo UNIVERSIDAD	1:37:39	7:42 7:42 1:36:39	16:25 8:43 1:37:39	21:18 4:53	25:56 4:38	41:44 15:48	47:28 5:44	1:00:44 13:16	1:05:10 4:26	1:05:54 0:44	1:12:02 6:08	1:20:07 8:05	1:28:26 8:19	1:31:35 3:09	1:36:06 4:31					
7	113	Gonzalez Fernande Pontevedra AROMO	1:45:42	7:54 7:54 1:44:42	16:25 12:57 1:45:42	25:44 4:53	29:40 3:56	41:58 12:18	51:44 9:46	1:01:42 9:58	1:07:28 5:46	1:09:47 2:19	1:20:05 10:18	1:25:51 5:46	1:35:24 9:33	1:39:01 3:37	1:44:05 5:04					
8	611	Remesal Guzmán, E Lugo FLUVIAL LUG	1:47:57	14:49 14:49 1:45:25	28:02 13:13 1:47:57	32:37 4:35	40:58 8:21	51:05 10:07	56:44 5:39	1:06:48 10:04	1:11:13 4:25	1:12:03 0:50	1:20:06 8:03	1:26:32 6:26	1:34:16 7:44	1:39:58 5:42	1:44:43 4:45					
9	658	Parga Basanta, Luci Lugo FLUVIAL LUG	1:49:41	12:11 12:11 1:48:48	25:06 12:55 1:49:41	34:23 9:17	38:00 3:37	44:20 6:20	51:58 7:38	59:31 7:33	1:06:33 7:02	1:08:48 2:15	1:15:49 7:01	1:21:24 5:35	1:29:26 8:02	1:43:23 13:57	1:48:07 4:44					
10	74	Zolle Fernández, R Lugo FLUVIAL LUG	2:08:21	17:00 17:00 2:04:54	28:28 11:28 2:08:21	38:22 9:54	44:36 6:14	52:02 7:26	58:17 6:15	1:05:14 6:57	1:17:47 12:33	1:19:40 1:53	1:31:57 12:17	1:41:26 9:29	1:52:56 11:30	1:56:52 3:56	2:02:30 5:38					
11	281	Arcos Trillo, Maria E A Coruña GALLAECI	2:17:59	21:43 21:43 2:15:48	48:18 26:35 2:17:59	52:10 3:52	57:56 5:46	1:12:12 14:16	1:26:17 14:05	1:33:02 6:45	1:37:15 4:13	1:38:34 1:19	1:49:59 11:25	1:57:03 7:04	2:05:41 8:38	2:09:41 4:00	2:14:13 4:32					
12	458	Pan Iglesias, Lucia Cambre ROBALIZA	2:24:10	13:41 13:41 2:22:40	32:12 18:31 2:24:10	39:35 7:23	48:42 9:07	59:54 11:12	1:10:22 10:28	1:21:21 10:59	1:31:22 10:01	1:33:38 2:16	1:45:54 12:16	1:56:30 10:36	2:07:38 11:08	2:15:20 7:42	2:21:43 6:23					
13	75	Zolle Fernández, Cr Lugo FLUVIAL LUG	3:39:52	13:56 13:56 3:38:03	29:07 15:11 3:39:52	1:17:22 48:15	1:22:01 4:39	1:34:53 12:52	1:44:22 9:29	1:58:42 14:20	2:10:06 11:24	2:14:01 3:55	2:23:37 9:36	2:37:38 14:01	3:21:22 43:44	3:26:26 5:04	3:36:48 10:22					
	508	Teijo Vazquez, Tani A Coruña (Oleiro FA	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----					
<b>M-21C (21)</b>					<b>5,2 km 130 m</b>		<b>14 C</b>															
			1(85) F	2(69)	3(68)	4(75)	5(59)	6(60)	7(79)	8(81)	9(55)	10(72)	11(74)	12(47)	13(65)	14(100)						
1	388	Calvelo Vázquez, E O Barco de Valde T	1:03:12	6:43 6:43 1:03:12	12:30 5:47	18:16 <b>5:46</b>	21:11 <b>2:55</b>	23:20 <b>2:09</b>	30:11 6:51	32:55 <b>2:44</b>	36:57 <b>4:02</b>	38:21 1:24	47:00 8:39	49:10 2:10	54:52 5:42	1:01:38 <b>6:46</b>	1:02:16 0:38					
2	136	Rodríguez Mouríño, Pontevedra AROMO	1:19:26	7:44 7:44 1:19:26	14:22 6:38	22:08 7:46	25:26 3:18	28:13 2:47	33:57 <b>5:44</b>	37:37 3:40	43:48 6:11	45:51 2:03	58:23 12:32	1:01:00 2:37	1:08:21 7:21	1:18:09 9:48	1:18:38 <b>0:29</b>					
3	52	Pérez González, M. Lugo FLUVIAL LUG	1:31:25	7:15 7:15 1:31:25	12:41 5:26	19:48 7:07	31:52 12:04	34:35 2:43	41:33 6:58	46:41 5:08	54:38 7:57	57:03 2:25	1:03:47 <b>6:44</b>	1:06:18 2:31	1:13:41 7:23	1:29:49 16:08	1:30:32 0:43					
4	489	Ferrero Del Pozo, C Arteixo JARNACHAS	1:32:47	7:31 7:31 1:32:47	14:29 6:58	24:07 9:38	27:41 3:34	30:45 3:04	36:51 6:06	41:03 4:12	50:50 9:47	53:00 2:10	1:04:18 11:18	1:08:03 3:45	1:15:49 7:46	1:29:22 13:33	1:31:18 1:56					
5	608	Grandío Montes, Ra Lugo FLUVIAL LUG	1:33:42	7:01 7:01 1:33:42	13:13 6:12	22:30 9:17	26:33 4:03	37:45 11:12	45:12 7:27	51:07 5:55	57:39 6:32	59:39 2:00	1:08:56 9:17	1:12:03 3:07	1:19:34 7:31	1:31:13 11:39	1:31:47 0:34					
6	529	Del Puerto Lopez, Ordes SEO	1:38:28	6:35 6:35 1:38:28	11:45 <b>5:10</b>	18:49 7:04	24:19 5:30	33:59 9:40	40:28 6:29	44:36 4:08	50:12 5:36	52:31 2:19	1:08:17 15:46	1:11:21 3:04	1:25:08 13:47	1:36:51 11:43	1:37:24 0:33					
7	152	Alvarez Castro, Oli Vigo UNIVERSIDAD	1:44:51	9:35 9:35 1:44:51	17:40 8:05	26:37 8:57	32:48 6:11	36:21 3:33	51:30 15:09	57:04 5:34	1:06:56 9:52	1:09:06 2:10	1:19:09 10:03	1:23:38 4:29	1:31:51 8:13	1:41:51 10:00	1:43:33 1:42					
8	260	Pernas Gomez, Beg Ferrol. A Coruña M	1:48:58	8:51 8:51 1:48:58	14:35 5:44	21:35 7:00	26:02 4:27	28:49 2:47	55:50 27:01	1:00:35 4:45	1:10:54 10:19	1:12:46 1:52	1:21:21 8:35	1:24:46 3:25	1:30:24 <b>5:38</b>	1:46:07 15:43	1:46:57 0:50					

os	rsal	Nombre	Tiempo														
<b>M-21C (21)</b>				<b>5,2 km 130 m</b>		<b>14 C</b>		<i>(cont.)</i>									
				1(85) F	2(69)	3(68)	4(75)	5(59)	6(60)	7(79)	8(81)	9(55)	10(72)	11(74)	12(47)	13(65)	14(100)
9	567	Rodríguez Lillaz, S Arteixo. A Coruña SA	2:09:31	7:24 7:24 2:09:31 0:56	13:23 5:59	19:45 6:22	28:58 9:13	31:23 2:25	1:02:53 31:30	1:06:41 3:48	1:11:41 5:00	1:13:18 1:37	1:41:27 28:09	1:43:36 <b>2:09</b>	1:51:47 8:11	2:08:03 16:16	2:08:35 0:32
10	509	Travieso Martínez, E A Coruña (Oleiro FA	2:11:50	25:53 25:53 2:11:50 1:07	31:17 5:24	49:02 17:45	52:47 3:45	1:02:39 9:52	1:11:41 9:02	1:15:49 4:08	1:35:41 19:52	1:37:00 <b>1:19</b>	1:46:23 9:23	1:50:11 3:48	1:56:02 5:51	2:10:06 14:04	2:10:43 0:37
11	264	Roca Balsa, Ana Ma Ferrol. A Coruña M	2:14:23	13:22 13:22 2:14:23 0:58	29:26 16:04	40:25 10:59	45:24 4:59	49:49 4:25	59:45 9:56	1:05:48 6:03	1:18:10 12:22	1:20:15 2:05	1:34:09 13:54	1:37:34 3:25	1:50:29 12:55	2:12:29 22:00	2:13:25 0:56
12	527	Ortegano Pérez, Ara Culleredo (A Cor A	2:16:27	15:31 15:31 2:16:27 0:59	31:32 16:01	42:27 10:55	47:18 4:51	51:47 4:29	1:01:47 10:00	1:07:45 5:58	1:19:58 12:13	1:22:11 2:13	1:36:08 13:57	1:39:30 3:22	1:52:31 13:01	2:14:30 21:59	2:15:28 0:58
13	277	Álvarez Carballo, El A Coruña GALLAECI	2:21:41	11:11 11:11 2:21:41 1:14	20:20 9:09	31:45 11:25	36:12 4:27	43:06 6:54	54:21 11:15	1:22:00 27:39	1:37:05 15:05	1:39:22 2:17	1:49:27 10:05	1:52:24 2:57	1:59:55 7:31	2:17:58 18:03	2:20:27 2:29
14	623	Silvarrey Redondo, A Coruña GALLAECI	2:25:40	9:04 9:04 2:25:40 1:15	15:16 6:12	22:04 6:48	33:24 11:20	39:36 6:12	58:23 18:47	1:26:01 27:38	1:41:04 15:03	1:43:17 2:13	1:53:23 10:06	1:56:19 2:56	2:03:58 7:39	2:21:56 17:58	2:24:25 2:29
15	280	Aller Silván, Leticia A Coruña GALLAECI	2:25:46	8:43 8:43 2:25:46 5:47	34:21 25:38	44:17 9:56	59:13 14:56	1:04:31 5:18	1:14:48 10:17	1:23:48 9:00	1:33:25 9:37	1:36:20 2:55	1:46:37 10:17	1:50:22 3:45	2:03:50 13:28	2:18:36 14:46	2:19:59 1:23
16	685	García, Estíbaliz A Coruña GALLAECI	2:45:49	8:30 8:30 2:45:49 5:43	15:40 7:10	38:30 22:50	51:01 12:31	54:38 3:37	1:37:46 43:08	1:45:17 7:31	1:53:48 8:31	1:56:06 2:18	2:07:17 11:11	2:11:34 4:17	2:23:55 12:21	2:38:56 15:01	2:40:06 1:10
17	20	Fernández Fernánd Lugo FLUVIAL LUG	3:01:52	10:48 10:48 3:01:52 1:47	20:50 10:02	34:36 13:46	47:14 12:38	51:28 4:14	1:09:54 18:26	1:20:40 10:46	1:35:11 14:31	1:38:06 2:55	1:48:54 10:48	1:54:25 5:31	2:41:53 47:28	2:58:50 16:57	3:00:05 1:15
18	49	Paredes García, Mo Lugo FLUVIAL LUG	3:35:50	23:32 23:32 3:35:50 1:49	31:25 7:53	57:11 25:46	1:02:37 5:26	1:32:55 30:18	1:49:32 16:37	1:57:36 8:04	2:11:15 13:39	2:13:28 2:13	2:22:50 9:22	2:28:22 5:32	3:15:51 47:29	3:32:47 16:56	3:34:01 1:14
	575	Bello Viruega, Iria A Coruña APA LICE	en tarj.	26:22 26:22 2:45:25 1:57	35:56 9:34	47:52 11:56	56:15 8:23	1:20:45 24:30	1:41:30 20:45	1:46:48 5:18	----- -----	----- -----	2:14:04 27:16	2:18:27 4:23	2:27:55 9:28	2:41:56 14:01	2:43:28 1:32
	566	Rayón Fernández, P Arteixo. A Coruña SA	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
	640	Astorga Somoza, Ma Pontevedra AROMO	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
<b>M-21L (3)</b>				<b>6,6 km 195 m</b>		<b>16 C</b>											
				1(71) 15(57)	2(77) 16(100)	3(64) F	4(42)	5(56)	6(84)	7(62)	8(80)	9(81)	10(70)	11(82)	12(48)	13(58)	14(83)
1	114	González Lorenzo, Pontevedra AROMO	1:44:51	9:49 9:49 1:42:13 4:18	22:36 12:47 1:43:46 1:33	31:10 8:34 1:44:51 1:05	39:24 8:14	46:08 6:44	51:29 5:21	53:52 2:23	59:31 5:39	1:05:24 5:53	1:13:26 8:02	1:19:29 6:03	1:25:55 6:26	1:34:33 8:38	1:37:55 3:22
2	16	Corral Prado, Eva Lugo FLUVIAL LUG	2:39:57	13:26 13:26 2:36:18 5:17	23:59 10:33 2:38:34 2:16	43:29 19:30 2:39:57 1:23	52:23 8:54	1:18:22 25:59	1:23:28 5:06	1:26:23 2:55	1:33:18 6:55	1:41:22 8:04	1:53:33 12:11	2:02:35 9:02	2:23:18 20:43	2:26:47 3:29	2:31:01 4:14
	689	Seoane Rial, Alejan A Coruña BRIGANTI	andona	0.00 ----- 46:06 28:17	0.00 ----- 47:08 1:02	----- ----- 11:58 5:51	----- ----- 3:47 *35	11:58 5:51 8:41 *46	17:49 5:51 9:26 *57	----- ----- 10:44 *56	----- ----- 14:08 *39	----- ----- 14:47 *49	----- ----- 16:40 *51	----- ----- 19:51 *52	----- ----- 21:27 *53	----- -----	----- -----
<b>M-35 (12)</b>				<b>6,1 km 170 m</b>		<b>15 C</b>											
				1(71) 15(100)	2(73) F	3(68)	4(78)	5(64)	6(63)	7(37)	8(80)	9(81)	10(70)	11(46)	12(58)	13(61)	14(65)
1	170	Iglesias Junzalsos, Vigo UNIVERSIDAD	1:23:40	9:39 9:39 1:22:50 0:29	15:10 5:31 1:23:40 0:50	23:55 8:45	33:14 9:19	37:14 4:00	42:33 5:19	47:37 5:04	53:55 6:18	59:50 5:55	1:08:15 8:25	1:14:37 6:22	1:16:21 1:44	1:18:53 2:32	1:22:21 3:28



os	rsal	Nombre	Tiempo														
<b>M-55 (3)</b>					<b>5,0 km 135 m</b>			<b>13 C</b>									
			1(76)	2(73)	3(77)	4(75)	5(62)	6(84)	7(78)	8(67)	9(70)	10(47)	11(83)	12(57)	13(100)	F	
1	211	Rey Souto, Mª Teres A Coruña APA LICE	1:56:32	23:05	28:35	49:07	56:09	1:03:20	1:05:58	1:11:08	1:27:12	1:34:05	1:44:34	1:47:53	1:53:17	1:54:56	1:56:32
				23:05	5:30	20:32	7:02	7:11	2:38	5:10	16:04	6:53	10:29	3:19	5:24	1:39	1:36
2	578	Naya López, Mª Jos A Coruña APA LICE	2:01:30	28:03	33:37	53:59	1:01:06	1:08:15	1:10:53	1:16:07	1:32:07	1:39:13	1:49:29	1:52:46	1:58:10	1:59:52	2:01:30
				28:03	5:34	20:22	7:07	7:09	2:38	5:14	16:00	7:06	10:16	3:17	5:24	1:42	1:38
3	688	Fernández Riveiro, Lugo FLUVIAL LUG	3:06:33	25:35	44:38	56:34	1:03:09	1:30:06	1:34:44	1:56:04	2:07:36	2:18:58	2:29:08	2:47:02	3:02:31	3:04:46	3:06:33
				25:35	19:03	11:56	6:35	26:57	4:38	21:20	11:32	11:22	10:10	17:54	15:29	2:15	1:47
					1:12:19												
					*84												
<b>M-E (14)</b>					<b>7,2 km 210 m</b>			<b>18 C</b>									
			1(31)	2(73)	3(36)	4(63)	5(84)	6(38)	7(39)	8(66)	9(34)	10(77)	11(64)	12(44)	13(45)	14(82)	
			15(58)	16(83)	17(57)	18(100)	F										
1	225	Martínez García, La Santiago de Comp	1:22:22	9:54	12:21	18:59	23:36	28:07	32:44	35:17	37:42	44:02	46:26	51:58	58:48	1:01:05	1:06:55
				9:54	2:27	6:38	4:37	4:31	4:37	2:33	2:25	6:20	2:24	5:32	6:50	2:17	5:50
				1:12:58	1:16:34	1:20:38	1:21:32	1:22:22									
				6:03	3:36	4:04	0:54	0:50									
2	500	Barros Diz, Natalia A Coruña (Oleiro FA	1:23:05	8:21	10:44	15:46	19:47	25:06	29:28	32:18	34:36	42:21	44:41	51:10	1:01:45	1:03:59	1:10:05
				8:21	2:23	5:02	4:01	5:19	4:22	2:50	2:18	7:45	2:20	6:29	10:35	2:14	6:06
				1:14:32	1:17:41	1:21:07	1:22:06	1:23:05									
				4:27	3:09	3:26	0:59	0:59									
3	236	Veiga Barbazán, Pil Santiago de Comp	1:23:32	8:18	10:31	15:08	19:28	23:55	28:36	32:17	34:46	42:06	48:52	56:27	1:03:56	1:06:13	1:12:54
				8:18	2:13	4:37	4:20	4:27	4:41	3:41	2:29	7:20	6:46	7:35	7:29	2:17	6:41
				1:15:53	1:18:20	1:21:47	1:22:46	1:23:32									
				2:59	2:27	3:27	0:59	0:46									
4	218	Vincze, Orsolya A Coruña APA LICE	1:26:56	9:31	11:56	17:24	22:10	27:06	31:35	37:22	41:00	47:38	49:42	55:05	1:08:27	1:10:44	1:16:04
				9:31	2:25	5:28	4:46	4:56	4:29	5:47	3:38	6:38	2:04	5:23	13:22	2:17	5:20
				1:19:08	1:22:05	1:25:15	1:26:11	1:26:56									
				3:04	2:57	3:10	0:56	0:45									
5	364	Montes Villar, Vero Paderne AABT	1:34:36	10:06	13:07	20:27	25:27	31:35	35:55	38:16	41:02	46:40	49:57	58:32	1:06:27	1:08:42	1:13:39
				10:06	3:01	7:20	5:00	6:08	4:20	2:21	2:46	5:38	3:17	8:35	7:55	2:15	4:57
				1:26:00	1:29:32	1:32:49	1:33:50	1:34:36									
				12:21	3:32	3:17	1:01	0:46									
6	427	Carro Mahía, Alejan Porto do Son ADC A	1:37:17	9:29	12:10	18:23	23:46	29:51	37:42	40:15	44:47	52:27	55:30	1:02:19	1:13:07	1:15:18	1:20:59
				9:29	2:41	6:13	5:23	6:05	7:51	2:33	4:32	7:40	3:03	6:49	10:48	2:11	5:41
				1:28:16	1:31:14	1:35:25	1:36:22	1:37:17									
				7:17	2:58	4:11	0:57	0:55									
7	22	Follana Neira, Fern Lugo FLUVIAL LUG	1:51:18	13:58	17:30	24:26	29:52	34:00	43:35	49:15	51:54	59:31	1:05:56	1:13:59	1:24:03	1:26:58	1:34:23
				13:58	3:32	6:56	5:26	4:08	9:35	5:40	2:39	7:37	6:25	8:03	10:04	2:55	7:25
				1:38:54	1:41:54	1:49:15	1:50:25	1:51:18									
				4:31	3:00	7:21	1:10	0:53									
8	296	Diz Cao, Isabel A Coruña GALLAECI	1:53:02	23:36	26:53	43:06	47:58	52:42	56:39	1:01:18	1:05:12	1:11:45	1:13:39	1:23:08	1:33:09	1:35:05	1:40:21
				23:36	3:17	16:13	4:52	4:44	3:57	4:39	3:54	6:33	1:54	9:29	10:01	1:56	5:16
				1:43:22	1:47:28	1:51:18	1:52:13	1:53:02									
				3:01	4:06	3:50	0:55	0:49									
9	19	Felpeto González, L Lugo FLUVIAL LUG	1:56:37	10:04	23:09	37:25	41:48	47:07	56:03	57:59	1:01:49	1:07:15	1:12:30	1:20:40	1:30:59	1:33:13	1:38:22
				10:04	13:05	14:16	4:23	5:19	8:56	1:56	3:50	5:26	5:15	8:10	10:19	2:14	5:09
				1:43:41	1:48:25	1:54:19	1:55:43	1:56:37									
				5:19	4:44	5:54	1:24	0:54									
10	129	Pérez Alonso, Alicia Pontevedra AROMO	1:58:17	28:09	31:03	36:46	40:53	46:09	53:35	56:10	58:21	1:05:22	1:08:11	1:18:32	1:27:27	1:29:47	1:36:11
				28:09	2:54	5:43	4:07	5:16	7:26	2:35	2:11	7:01	2:49	10:21	8:55	2:20	6:24
				1:41:45	1:51:26	1:55:43	1:57:09	1:58:17									
				5:34	9:41	4:17	1:26	1:08									
11	146	Veiga García, Carla Pontevedra AROMO	2:05:26	16:06	18:43	23:44	27:26	32:12	39:41	42:12	45:14	52:47	1:01:39	1:08:41	1:35:48	1:38:31	1:46:07
				16:06	2:37	5:01	3:42	4:46	7:29	2:31	3:02	7:33	8:52	7:02	27:07	2:43	7:36
				1:50:25	1:56:37	2:03:09	2:04:17	2:05:26									
				4:18	6:12	6:32	1:08	1:09									
12	240	Barreira Salgado, T Ferrol. A Coruña M	2:21:16	16:52	19:19	33:47	39:57	45:27	1:04:45	1:08:54	1:14:31	1:20:45	1:29:27	1:36:37	1:47:25	1:54:13	2:07:30
				16:52	2:27	14:28	6:10	5:30	19:18	4:09	5:37	6:14	8:42	7:10	10:48	6:48	13:17
				2:10:44	2:14:48	2:19:20	2:20:24	2:21:16									
				3:14	4:04	4:32	1:04	0:52									
13	242	Bujía Rodríguez, El Ferrol. A Coruña M	2:30:43	12:42	14:50	19:27	23:54	28:47	37:44	39:41	57:38	1:05:42	1:08:35	1:36:11	1:50:45	1:58:54	2:15:36
				12:42	2:08	4:37	4:27	4:53	8:57	1:57	17:57	8:04	2:53	27:36	14:34	8:09	16:42
				2:18:59	2:23:03	2:27:52	2:29:22	2:30:43									
				3:23	4:04	4:49	1:30	1:21									
448		Bello Rodríguez, OI Cambre ROBALIZA	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----									
<b>H-12 (12)</b>					<b>2,2 km 45 m</b>			<b>7 C</b>									
			1(86)	2(87)	3(88)	4(89)	5(90)	6(91)	7(100)	F							
1	483	Rodríguez Díaz, Ma Vigo HABELAS HAIN	20:34	3:21	5:25	9:58	12:07	15:26	18:59	19:36	20:34						
				3:21	2:04	4:33	2:09	3:19	3:33	0:37	0:58						
2	563	Morales Jiménez, J Xinzo de Limia LIMI	26:59	3:55	5:51	13:43	15:45	19:07	24:39	26:05	26:59						
				3:55	1:56	7:52	2:02	3:22	5:32	1:26	0:54						
3	400	Trigo Vázquez, Iago O Barco de Valde T	31:13	7:14	11:31	15:45	19:52	23:10	29:17	29:55	31:13						
				7:14	4:17	4:14	4:07	3:18	6:07	0:38	1:18						

os	rsal	Nombre	Tiempo														
<b>H-12 (12)</b>				<b>2,2 km 45 m</b>		<b>7 C</b>		<i>(cont.)</i>									
				1(86)	2(87)	3(88)	4(89)	5(90)	6(91)	7(100)	F						
4	81	Antoñón Casal, Hug Pontevedra AROMO	31:54	10:54	14:02	17:50	21:30	24:56	30:20	30:56	31:54						
				10:54	3:08	3:48	3:40	3:26	5:24	<b>0:36</b>	0:58						
5	128	Novoa Gutiérrez, Xi Pontevedra AROMO	35:13	3:53	6:07	<b>9:54</b>	12:44	22:10	32:37	34:03	35:13						
				3:53	2:14	3:47	2:50	9:26	10:27	1:26	1:10						
6	87	Beloso Iglesias, Xa Pontevedra AROMO	35:16	5:56	8:04	20:50	23:30	27:05	33:12	34:06	35:16						
				5:56	2:08	12:46	2:40	3:35	6:07	0:54	1:10						
7	44	Núñez Ferreiro, Man Lugo FLUVIAL LUG	44:19	5:19	9:18	16:18	21:21	38:08	41:51	43:24	44:19						
				5:19	3:59	7:00	5:03	16:47	3:43	1:33	0:55						
8	88	Beloso Iglesias, Ma Pontevedra AROMO	49:59	7:08	11:55	21:12	29:21	38:26	47:45	48:54	49:59						
				7:08	4:47	9:17	8:09	9:05	9:19	1:09	1:05						
9	379	Agudo Calvelo, Jua O Barco de Valde T	1:02:49	13:56	17:42	21:42	43:36	49:51	56:07	1:01:28	1:02:49						
				13:56	3:46	4:00	21:54	6:15	6:16	5:21	1:21						
10	362	González Souto, Ge A Coruña BRIGANTI	1:22:48	28:53	32:10	35:42	1:04:57	1:07:50	1:16:03	1:21:26	1:22:48						
				28:53	3:17	<b>3:32</b>	29:15	<b>2:53</b>	8:13	5:23	1:22						
513	Vinagre Barros, Mar A Coruña (Oleiro FA	en tarj.	1:25:32	1:35:51	-----	-----	2:02:24	2:08:00	2:09:24	2:11:18	4:43	8:42	9:24	10:32	13:52		
			1:25:32	10:19			26:33	5:36	1:24	1:54	*35	*46	*57	*56	*39		
			14:35	16:17	18:24	20:11	24:18	25:22	27:57	28:42	30:33	34:18	35:38	40:09	2:09:29		
				*49	*51	*52	*53	*40	*58	*44	*54	*34	*50	*55	*100		
291	Corral García, Gasp A Coruña GALLAECI	No sale	-----	-----	-----	-----	-----	-----	-----	-----							
<b>H-14 (9)</b>				<b>3,1 km 70 m</b>		<b>8 C</b>											
				1(87)	2(88)	3(69)	4(72)	5(89)	6(90)	7(91)	8(100)	F					
1	861	Lima, Tomás A Coruña INDEP	29:29	7:28	10:58	12:44	<b>17:39</b>	<b>21:55</b>	<b>24:36</b>	<b>27:57</b>	<b>28:36</b>	<b>29:29</b>					
				7:28	3:30	1:46	<b>4:55</b>	<b>4:16</b>	<b>2:41</b>	<b>3:21</b>	<b>0:39</b>	0:53					
2	80	Antoñón Casal, Mate Pontevedra AROMO	39:30	<b>5:07</b>	<b>7:51</b>	<b>9:37</b>	24:13	28:31	32:48	37:54	38:43	39:30					
				<b>5:07</b>	<b>2:44</b>	1:46	14:36	4:18	4:17	5:06	0:49	<b>0:47</b>					
3	43	Núñez Ferreiro, Alfo Lugo FLUVIAL LUG	45:40	16:18	19:45	22:00	29:51	34:38	38:51	43:20	44:45	45:40					
				16:18	3:27	2:15	7:51	4:47	4:13	4:29	1:25	0:55					
4	482	Rodilla Iriso, Santia Vigo HABELAS HAIN	46:49	12:27	15:44	18:09	29:18	35:47	39:29	43:30	45:55	46:49					
				12:27	3:17	2:25	11:09	6:29	3:42	4:01	2:25	0:54					
5	39	López Guerreiro, M Lugo FLUVIAL LUG	49:42	7:04	16:52	18:26	31:11	37:39	41:38	47:12	48:51	49:42					
				7:04	9:48	<b>1:34</b>	12:45	6:28	3:59	5:34	1:39	0:51					
6	402	Candela Iglesias, N A Coruña ARTABRO	53:50	8:55	23:55	26:27	36:58	42:48	46:25	50:55	52:42	53:50					
				8:55	15:00	2:32	10:31	5:50	3:37	4:30	1:47	1:08					
7	17	Corral Souto, Iago Lugo FLUVIAL LUG	54:29	9:15	14:36	16:56	35:07	41:55	46:17	51:18	53:17	54:29					
				9:15	5:21	2:20	18:11	6:48	4:22	5:01	1:59	1:12					
8	687	Limeres Vázquez, C O Barco de Valde T	55:51	7:34	23:27	27:10	37:47	44:14	47:35	53:15	54:49	55:51					
				7:34	15:53	3:43	10:37	6:27	3:21	5:40	1:34	1:02					
9	538	Varela Gutiérrez, Ju Ordes SEO	1:19:03	17:52	22:31	24:59	1:01:09	1:06:55	1:11:56	1:17:01	1:17:46	1:19:03					
				17:52	4:39	2:28	36:10	5:46	5:01	5:05	0:45	1:17					
<b>H-16 (5)</b>				<b>4,6 km 110 m</b>		<b>11 C</b>											
				1(85)	2(69)	3(55)	4(68)	5(59)	6(60)	7(79)	8(72)	9(47)	10(91)	11(100)	F		
1	4	Balboa Rodríguez, Lugo FLUVIAL LUG	1:06:58	6:09	12:21	<b>16:34</b>	21:46	27:01	<b>33:29</b>	<b>37:08</b>	<b>46:36</b>	<b>56:39</b>	<b>1:05:10</b>	<b>1:05:56</b>	<b>1:06:58</b>		
				6:09	6:12	4:13	5:12	5:15	6:28	3:39	9:28	10:03	8:31	0:46	1:02		
2	64	Rodríguez Vega, Ju Lugo FLUVIAL LUG	1:15:00	19:03	24:31	27:10	31:42	37:50	43:18	46:43	56:43	1:05:07	1:13:31	1:14:04	1:15:00		
				19:03	5:28	<b>2:39</b>	4:32	6:08	5:28	<b>3:25</b>	10:00	8:24	8:24	<b>0:33</b>	0:56		
3	395	Mata Rodríguez, Er O Barco de Valde T	1:20:40	<b>4:19</b>	<b>8:18</b>	39:52	42:48	50:53	54:58	58:57	1:06:57	1:14:08	1:19:16	1:19:51	1:20:40		
				<b>4:19</b>	<b>3:59</b>	31:34	<b>2:56</b>	8:05	<b>4:05</b>	3:59	<b>8:00</b>	<b>7:11</b>	<b>5:08</b>	0:35	<b>0:49</b>		
4	449	Blanco Ameijenda, Cambre ROBÁLIZA	1:32:30	8:36	13:33	17:13	<b>21:09</b>	<b>25:34</b>	34:49	47:49	1:12:34	1:22:47	1:30:35	1:31:29	1:32:30		
				8:36	4:57	3:40	3:56	<b>4:25</b>	9:15	13:00	24:45	10:13	7:48	0:54	1:01		
5	57	Piñeiro Fraga, Iago Lugo FLUVIAL LUG	1:58:02	12:44	18:27	21:14	29:28	39:16	44:06	49:02	1:26:48	1:47:01	1:56:20	1:56:59	1:58:02		
				12:44	5:43	2:47	8:14	9:48	4:50	4:56	37:46	20:13	9:19	0:39	1:03		
<b>H-18 (5)</b>				<b>5,2 km 130 m</b>		<b>14 C</b>											
				1(85)	2(69)	3(68)	4(75)	5(59)	6(60)	7(79)	8(81)	9(55)	10(72)	11(74)	12(47)	13(65)	14(100)
1	123	Lois Serto, Iván Pontevedra AROMO	1:03:47	<b>5:12</b>	<b>10:33</b>	<b>16:19</b>	<b>20:39</b>	<b>28:34</b>	<b>33:45</b>	<b>38:13</b>	<b>41:33</b>	<b>43:09</b>	<b>48:43</b>	<b>50:38</b>	<b>55:33</b>	<b>1:02:39</b>	<b>1:03:12</b>
				<b>5:12</b>	5:21	5:46	4:20	7:55	5:11	4:28	<b>3:20</b>	1:36	<b>5:34</b>	1:55	<b>4:55</b>	7:06	0:33
				<b>1:03:47</b>	<b>0:35</b>												
2	71	Valdés González, A Lugo FLUVIAL LUG	1:50:50	11:13	16:18	24:25	33:48	37:43	44:11	50:12	1:07:28	1:08:44	1:19:45	1:27:43	1:38:23	1:49:27	1:50:50
				11:13	5:05	8:07	9:23	<b>3:55</b>	6:28	6:01	17:16	<b>1:16</b>	11:01	7:58	10:40	11:04	0:39
				1:50:50													
				0:44													
3	26	García Cousillas, D Lugo FLUVIAL LUG	1:59:05	8:46	21:51	32:49	40:56	45:41	52:19	58:11	1:15:30	1:16:57	1:27:58	1:35:53	1:46:26	1:57:31	1:58:12
				8:46	13:05	10:58	8:07	4:45	6:38	5:52	17:19	1:27	11:01	7:55	10:33	11:05	0:41
				1:59:05													
				0:53													
4	23	Fraga Diaz, Alex Lugo FLUVIAL LUG	1:59:23	31:48	36:18	41:44	44:40	57:29	1:02:01	1:04:27	1:09:00	1:10:28	1:26:56	1:28:50	1:52:39	1:58:11	1:58:41
				31:48	<b>4:30</b>	<b>5:26</b>	<b>2:56</b>	12:49	<b>4:32</b>	<b>2:26</b>	4:33	1:28	16:28	<b>1:54</b>	23:49	<b>5:32</b>	<b>0:30</b>
				1:59:23													
				0:42													









os	rsal	Nombre	Tempo														
<b>H-35 (26)</b>				<b>7,3 km 220 m</b>			<b>19 C</b>			<b>(cont.)</b>							
				1(31)	2(69)	3(36)	4(63)	5(56)	6(84)	7(38)	8(39)	9(66)	10(34)	11(35)	12(64)	13(44)	14(45)
				15(82)	16(58)	17(83)	18(57)	19(100)	F								
6	426	Traveso Rodríguez, A Coruña ARTABRO	1:17:29	7:20	9:43	14:07	17:35	19:01	22:06	25:49	27:55	30:48	36:59	40:33	48:19	56:22	58:32
				7:20	2:23	4:24	3:28	1:26	3:05	3:43	2:06	2:53	6:11	3:34	7:46	8:03	2:10
				1:03:51	1:09:51	1:12:23	1:15:34	1:16:40	1:17:29								
				5:19	6:00	2:32	3:11	1:06	0:49								
7	157	Armada Luaces, Jos Vigo UNIVERSIDAD	1:18:55	7:16	11:02	16:11	20:02	21:48	25:13	30:19	32:02	33:48	41:05	44:53	49:54	58:30	1:00:51
				7:16	3:46	5:09	3:51	1:46	3:25	5:06	1:43	1:46	7:17	3:48	5:01	8:36	2:21
				1:06:11	1:09:49	1:13:27	1:17:00	1:18:02	1:18:55								
				5:20	3:38	3:38	3:33	1:02	0:53								
8	545	Antón Casado, Artur Arteixo. A Coruña SA	1:31:48	10:38	13:09	16:55	21:16	23:46	27:01	33:38	35:42	37:47	43:38	53:03	59:42	1:07:06	1:09:05
				10:38	2:31	3:46	4:21	2:30	3:15	6:37	2:04	2:05	5:51	9:25	6:39	7:24	1:59
				1:15:22	1:21:54	1:26:22	1:29:59	1:31:06	1:31:48								
				6:17	6:32	4:28	3:37	1:07	0:42								
9	226	Pacheco Sancho, J Santiago de Comp	1:34:02	10:28	13:04	19:00	23:56	29:26	32:11	37:03	39:49	41:46	47:37	54:59	1:00:55	1:09:32	1:11:58
				10:28	2:36	5:56	4:56	5:30	2:45	4:52	2:46	1:57	5:51	7:22	5:56	8:37	2:26
				1:17:45	1:20:51	1:27:59	1:31:56	1:33:07	1:34:02								
				5:47	3:06	7:08	3:57	1:11	0:55								
10	836	Piñeiro Portela, Jor A Coruña ARTABRO	1:35:35	11:25	15:36	19:11	22:55	24:20	27:25	31:25	40:35	42:31	49:56	54:29	1:04:51	1:13:08	1:14:53
				11:25	4:11	3:35	3:44	1:25	3:05	4:00	9:10	1:56	7:25	4:33	10:22	8:17	1:45
				1:20:24	1:24:29	1:30:30	1:33:37	1:34:47	1:35:35								
				5:31	4:05	6:01	3:07	1:10	0:48								
11	668	Patiño Varela, Juan A Coruña GALLAECI	1:37:22	13:11	16:32	24:32	28:13	29:41	34:14	43:34	44:56	47:56	54:08	57:49	1:06:05	1:14:25	1:16:39
				13:11	3:21	8:00	3:41	1:28	4:33	9:20	1:22	3:00	6:12	3:41	8:16	8:20	2:14
				1:21:32	1:24:23	1:30:24	1:34:15	1:36:30	1:37:22								
				4:53	2:51	6:01	3:51	2:15	0:52								
12	86	Beloso García, Man Pontevedra AROMO	1:40:03	11:56	14:17	20:09	25:22	27:17	30:44	35:13	45:36	53:40	59:27	1:02:56	1:09:30	1:18:01	1:20:58
				11:56	2:21	5:52	5:13	1:55	3:27	4:29	10:23	8:04	5:47	3:29	6:34	8:31	2:57
				1:27:02	1:30:27	1:32:50	1:37:54	1:39:11	1:40:03								
				6:04	3:25	2:23	5:04	1:17	0:52								
13	414	López Pérez, Jose A Coruña ARTABRO	1:40:06	12:49	16:20	23:14	27:41	29:30	33:25	38:03	41:12	43:34	51:45	56:19	1:04:10	1:13:39	1:16:25
				12:49	3:31	6:54	4:27	1:49	3:55	4:38	3:09	2:22	8:11	4:34	7:51	9:29	2:46
				1:24:54	1:28:59	1:32:44	1:37:45	1:39:11	1:40:06								
				8:29	4:05	3:45	5:01	1:26	0:55								
14	109	Figueroa Fernández Pontevedra AROMO	1:41:51	7:49	14:14	24:11	28:25	29:46	32:28	47:22	48:57	50:58	57:02	1:02:31	1:10:10	1:21:22	1:23:11
				7:49	6:25	9:57	4:14	1:21	2:42	14:54	1:35	2:01	6:04	5:29	7:39	11:12	1:49
				1:30:30	1:33:13	1:36:46	1:40:47	1:41:19	1:41:51								
				7:19	2:43	3:33	4:01	0:32	0:32								
15	510	Vázquez González, A Coruña (Oleiro FA	1:53:22	8:41	11:32	29:02	34:30	35:54	39:18	51:14	53:20	1:00:33	1:08:47	1:13:14	1:19:45	1:28:44	1:31:02
				8:41	2:51	17:30	5:28	1:24	3:24	11:56	2:06	7:13	8:14	4:27	6:31	8:59	2:18
				1:37:51	1:43:55	1:47:32	1:51:13	1:52:25	1:53:22								
				6:49	6:04	3:37	3:41	1:12	0:57								
16	250	García García, Jose Ferrol. A Coruña M	1:54:02	16:22	20:39	26:42	31:56	34:12	38:00	52:08	55:23	58:46	1:07:26	1:13:11	1:22:37	1:32:41	1:34:34
				16:22	4:17	6:03	5:14	2:16	3:48	14:08	3:15	3:23	8:40	5:45	9:26	10:04	1:53
				1:39:41	1:43:16	1:46:45	1:51:20	1:52:36	1:54:02								
				5:07	3:35	3:29	4:35	1:16	1:26								
17	382	Agudo, Jose Antoni O Barco de Valde T	1:56:46	10:17	12:49	31:26	35:40	39:36	44:33	51:20	54:28	1:00:39	1:10:43	1:15:16	1:21:49	1:30:58	1:33:50
				10:17	2:32	18:37	4:14	3:56	4:57	6:47	3:08	6:11	10:04	4:33	6:33	9:09	2:52
				1:45:19	1:48:28	1:51:13	1:54:27	1:55:35	1:56:46								
				11:29	3:09	2:45	3:14	1:08	1:11								
17	21	Fernández Martínez Lugo FLUVIAL LUG	1:56:46	17:48	25:26	32:26	37:07	39:16	45:07	56:06	1:00:31	1:04:55	1:10:54	1:15:34	1:21:52	1:33:54	1:36:08
				17:48	7:38	7:00	4:41	2:09	5:51	10:59	4:25	4:24	5:59	4:40	6:18	12:02	2:14
				1:43:23	1:47:33	1:50:36	1:54:47	1:55:52	1:56:46								
				7:15	4:10	3:03	4:11	1:05	0:54								
19	51	Parga Ures, Eladio Lugo FLUVIAL LUG	2:05:48	11:32	15:05	25:03	30:32	32:24	45:46	52:09	59:03	1:02:26	1:09:07	1:13:03	1:18:40	1:31:31	1:33:56
				11:32	3:33	9:58	5:29	1:52	13:22	6:23	6:54	3:23	6:41	3:56	5:37	12:51	2:25
				1:41:27	1:52:12	1:57:48	2:03:16	2:04:35	2:05:48								
				7:31	10:45	5:36	5:28	1:19	1:13								
20	12	Carreira López, Lui Lugo FLUVIAL LUG	2:09:43	11:16	15:14	36:14	41:45	44:12	47:46	56:08	58:05	1:02:09	1:08:20	1:14:20	1:23:15	1:39:08	1:41:34
				11:16	3:58	21:00	5:31	2:27	3:34	8:22	1:57	4:04	6:11	6:00	8:55	15:53	2:26
				1:54:02	1:58:37	2:02:54	2:07:27	2:08:48	2:09:43								
				12:28	4:35	4:17	4:33	1:21	0:55								
21	491	Iglesias Candal, Iva Arteixo JARNACHAS	2:14:48	18:45	21:44	27:16	35:42	39:02	42:47	1:01:39	1:04:33	1:08:22	1:15:49	1:22:08	1:29:44	1:44:09	1:46:17
				18:45	2:59	5:32	8:26	3:20	3:45	18:52	2:54	3:49	7:27	6:19	7:36	14:25	2:08
				1:57:07	2:01:00	2:04:12	2:11:56	2:13:06	2:14:48								
				10:50	3:53	3:12	7:44	1:10	1:42								
22	550	De Castro Garcia, P Arteixo. A Coruña SA	3:11:37	20:17	25:01	33:28	40:59	45:36	52:00	1:10:12	1:15:28	1:20:29	1:29:56	1:42:26	1:56:34	2:08:50	2:20:03
				20:17	4:44	8:27	7:31	4:37	6:24	18:12	5:16	5:01	9:27	12:30	14:08	12:16	11:13
				2:35:51	2:55:41	3:01:35	3:08:54	3:10:24	3:11:37								
				15:48	19:50	5:54	7:19	1:30	1:13								
62	Rodríguez López, R Lugo FLUVIAL LUG	en tarj.	10:51	14:51	45:34	50:59	1:00:55	1:07:27	1:24:33	1:28:54	1:33:24	1:40:24	1:44:40	1:50:46	2:09:07	-----	
				10:51	4:00	30:43	5:25	9:56	6:32	17:06	4:21	4:30	7:00	4:16	6:06	18:21	-----
				2:22:44	2:28:40	2:40:38	2:47:17	2:50:07	2:52:08								
				13:37	5:56	11:58	6:39	2:50	2:01								
241	Bouza Padin, Diego Ferrol. A Coruña M	andona	14:03	16:49	21:34	25:49	27:26	38:39	-----	-----	-----	1:22:26	1:29:31	-----	-----	-----	
				14:03	2:46	4:45	4:15	1:37	11:13								
				-----	-----	-----	-----	1:43:42	1:44:40								
				-----	-----	-----	-----	14:11	0:58								



os	rsal	Nombre	Tiempo														
<b>H-45 (27)</b>				<b>6,1 km 170 m</b>		<b>15 C</b>		<i>(cont.)</i>									
				1(71) 15(100)	2(73) F	3(68)	4(78)	5(64)	6(63)	7(37)	8(80)	9(81)	10(70)	11(46)	12(58)	13(61)	14(65)
17	361	<b>González Romano, A Coruña BRIGANTI</b>	<b>1:50:22</b>	9:57 9:57 1:49:30 0:33	14:21 4:24 1:50:22 0:52	22:00 7:39	27:31 5:31	33:59 6:28	52:39 18:40	1:03:33 10:54	1:13:51 10:18	1:20:27 6:36	1:34:08 13:41	1:40:53 6:45	1:42:14 1:21	1:44:15 2:01	1:48:57 4:42
18	481	<b>Rodilla Guerricagoi Vigo HABELAS HAIN</b>	<b>1:51:23</b>	13:49 13:49 1:49:45 0:37	17:39 3:50 1:51:23 1:38	34:17 16:38	54:14 19:57	57:57 3:43	1:03:12 5:15	1:12:11 8:59	1:20:01 7:50	1:26:12 6:11	1:35:04 8:52	1:42:38 7:34	1:43:55 1:17	1:45:36 1:41	1:49:08 3:32
19	355	<b>Gil Díaz, José Anto A Coruña BRIGANTI</b>	<b>1:55:24</b>	18:51 18:51 1:54:18 0:54	25:17 6:26 1:55:24 1:06	34:43 9:26	41:14 6:31	45:34 4:20	53:06 7:32	1:02:03 8:57	1:10:49 8:46	1:17:10 6:21	1:32:33 15:23	1:42:38 10:05	1:45:04 2:26	1:49:06 4:02	1:53:24 4:18
20	470	<b>Sancosmed Torres, A Coruña C.O.CO</b>	<b>1:58:58</b>	8:09 8:09 1:58:09 1:20	13:34 5:25 1:58:58 0:49	20:34 7:00	50:38 30:04	55:11 4:33	1:00:44 5:33	1:09:48 9:04	1:17:15 7:27	1:29:23 12:08	1:40:29 11:06	1:48:34 8:05	1:50:04 1:30	1:52:02 1:58	1:56:49 4:47
21	684	<b>Núñez Fariñas, José Lugo FLUVIAL LUG</b>	<b>2:35:08</b>	19:38 19:38 2:34:08 0:42	23:40 4:02 2:35:08 1:00	35:48 12:08	47:31 11:43	51:38 4:07	1:08:38 17:00	1:32:12 23:34	1:40:50 8:38	1:50:30 9:40	2:03:36 13:06	2:15:25 11:49	2:18:36 3:11	2:26:48 8:12	2:33:26 6:38
	393	<b>Limeres Antonio, Mi O Barco de Valde T</b>	<b>control</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	119	<b>Iglesias Pesqueira, Pontevedra AROMO</b>	<b>andona</b>	12:41 12:41 1:29:01 26:21	19:05 6:24	29:58 10:53	36:05 6:07	1:02:40 26:35	----	----	----	----	----	----	----	----	----
	105	<b>Fernández Casalder Pontevedra AROMO</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	99	<b>Diaz Falcon, Gilbert Pontevedra AROMO</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	254	<b>Lopez Suarez, Andr Ferrol. A Coruña M</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	182	<b>Peláez Méndez, Patr Vigo UNIVERSIDAD</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
<b>H-55 (5)</b>				<b>5,0 km 135 m</b>		<b>13 C</b>											
				1(76)	2(73)	3(77)	4(75)	5(62)	6(84)	7(78)	8(67)	9(70)	10(47)	11(83)	12(57)	13(100)	F
1	63	<b>Rodríguez Núñez, E Lugo FLUVIAL LUG</b>	<b>47:36</b>	<b>7:04</b> <b>7:04</b>	<b>9:42</b> <b>2:38</b>	<b>14:53</b> <b>5:11</b>	<b>17:11</b> <b>2:18</b>	<b>21:17</b> <b>4:06</b>	<b>22:47</b> <b>1:30</b>	<b>26:03</b> <b>3:16</b>	<b>30:57</b> <b>4:54</b>	<b>34:40</b> <b>3:43</b>	<b>40:00</b> <b>5:20</b>	<b>42:29</b> <b>2:29</b>	<b>45:39</b> <b>3:10</b>	<b>46:41</b> 1:02	<b>47:36</b> <b>0:55</b>
2	410	<b>Gómez Cobas, Fran A Coruña ARTABRO</b>	<b>1:07:11</b>	7:19 7:19 1:07:11	10:33 3:14 1:07:11	17:46 7:13	21:28 3:42	26:45 5:17	28:56 2:11	33:04 4:08	43:32 10:28	48:05 4:33	56:26 8:21	59:56 3:30	1:04:41 4:45	1:06:03 1:22	1:07:11 1:08
3	50	<b>Parga Andón, Pedro Lugo FLUVIAL LUG</b>	<b>1:14:43</b>	7:33 7:33 1:14:43	11:21 3:48 1:14:43	28:37 17:16	32:02 3:25	36:15 4:13	38:28 2:13	42:17 3:49	52:00 9:43	56:32 4:32	1:02:19 5:47	1:05:00 2:41	1:12:16 7:16	1:13:44 1:28	1:14:43 0:59
4	187	<b>Pinal Otero, David Vigo UNIVERSIDAD</b>	<b>1:22:24</b>	21:49 21:49 1:22:24	26:39 4:50 1:22:24	32:42 6:03	36:56 4:14	43:08 6:12	45:30 2:22	50:43 5:13	57:43 7:00	1:03:18 5:35	1:09:52 6:34	1:12:42 2:50	1:20:23 7:41	1:21:22 <b>0:59</b>	1:22:24 1:02
	579	<b>Garcia Couce, Anto Ferrol. A Coruña M</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
<b>INIC (29)</b>				<b>2,2 km 45 m</b>		<b>7 C</b>											
				1(86)	2(87)	3(88)	4(89)	5(90)	6(91)	7(100)	F						
1	582	<b>Lopez Rodríguez, A Ferrol. A Coruña M</b>	<b>36:34</b>	7:42 7:42 36:34	10:58 3:16 36:34	<b>16:26</b> 5:28	<b>21:21</b> 4:55	<b>26:55</b> 5:34	<b>33:36</b> 6:41	<b>35:08</b> 1:32	<b>36:34</b> 1:26						
2	856	<b>Dominguez Hermel A Coruña INDEP</b>	<b>38:16</b>	<b>4:28</b> <b>4:28</b>	<b>7:22</b> <b>2:54</b>	21:09 13:47	24:36 <b>3:27</b>	28:27 <b>3:51</b>	33:58 <b>5:31</b>	37:16 3:18	38:16 1:00						
3	829	<b>Requejo Regal, Cat Ferrol. A Coruña M</b>	<b>41:43</b>	8:22 8:22 41:43	12:50 4:28 41:43	18:55 6:05	24:42 5:47	31:19 6:37	38:28 7:09	39:49 <b>1:21</b>	41:43 1:54						
4	828	<b>Requejo Regal, Bar Ferrol. A Coruña M</b>	<b>41:52</b>	8:22 8:22 41:52	13:01 4:39 41:52	18:56 5:55	24:39 5:43	31:22 6:43	38:29 7:07	39:55 1:26	41:52 1:57						
5	407	<b>García Lopez, Carlo A Coruña ARTABRO</b>	<b>43:38</b>	9:33 9:33 43:38	15:00 5:27 43:38	21:45 6:45	27:30 5:45	33:53 6:23	40:46 6:53	42:36 1:50	43:38 1:02						
6	664	<b>Ruiz Martínez, Rocí A Coruña APA LICE</b>	<b>44:24</b>	13:17 13:17 44:24	17:15 3:58 44:24	21:56 <b>4:41</b>	25:37 3:41	30:55 5:18	39:42 8:47	42:26 2:44	44:24 1:58						
7	413	<b>López Pérez, Maria A Coruña ARTABRO</b>	<b>44:47</b>	9:31 9:31 44:47	15:21 5:50 44:47	21:57 6:36	27:33 5:36	33:57 6:24	40:51 6:54	42:33 1:42	44:47 2:14						
8	387	<b>Aller Pfirter, Mailen O Barco de Valde T</b>	<b>51:01</b>	8:40 8:40 51:01	13:38 4:58 51:01	21:31 7:53	29:55 8:24	38:55 9:00	47:26 8:31	48:53 1:27	51:01 2:08						

os		rsal	Nombre	Tiempo													
<b>INIC (29)</b>					<b>2,2 km 45 m</b>		<b>7 C</b>			<i>(cont.)</i>							
					1(86)	2(87)	3(88)	4(89)	5(90)	6(91)	7(100)	F					
9	846	Aller Pfirter, Martina	51:16	8:46	13:48	21:29	30:08	38:53	47:32	49:03	51:16						
		O Barco de Valde T		8:46	5:02	7:41	8:39	8:45	8:39	1:31	2:13						
10	820	Varela Doval, Julia	57:48	11:18	16:27	24:29	32:16	42:13	51:35	54:51	57:48						
		A Coruña APA LICE		11:18	5:09	8:02	7:47	9:57	9:22	3:16	2:57						
11	203	Martínez Girón, Jes	57:53	11:25	16:34	24:35	32:21	42:23	51:41	54:57	57:53						
		A Coruña APA LICE		11:25	5:09	8:01	7:46	10:02	9:18	3:16	2:56						
12	256	Lopez Friero, Carl	57:54	9:56	18:04	26:01	34:52	43:44	52:24	55:30	57:54						
		Ferrol. A Coruña M		9:56	8:08	7:57	8:51	8:52	8:40	3:06	2:24						
13	826	Moman Carballeda,	1:01:14	9:51	16:07	26:27	35:29	44:26	56:49	58:40	1:01:14						
		Ferrol. A Coruña M		9:51	6:16	10:20	9:02	8:57	12:23	1:51	2:34						
14	827	Moro Garcia, Rafael	1:01:17	10:09	16:11	26:36	35:30	44:29	56:46	58:43	1:01:17						
		Ferrol. A Coruña M		10:09	6:02	10:25	8:54	8:59	12:17	1:57	2:34						
15	408	García Sánchez, Alé	1:23:18	13:17	19:52	32:27	45:07	57:38	1:15:17	1:19:21	1:23:18						
		A Coruña ARTABRO		13:17	6:35	12:35	12:40	12:31	17:39	4:04	3:57						
16	844	Varela Gutierrez, Da	1:32:09	12:11	17:58	28:54	45:28	1:18:01	1:25:54	1:31:11	1:32:09						
		Ordes SEO		12:11	5:47	10:56	16:34	32:33	7:53	5:17	<b>0:58</b>						
17	843	Gutierrez Viloria, B	1:40:03	12:21	18:14	29:09	45:44	1:18:37	1:31:08	1:36:19	1:40:03						
		Ordes SEO		12:21	5:53	10:55	16:35	32:53	12:31	5:11	3:44						
18	629	Couceiro Herrero,	1:45:47	18:57	27:44	46:17	1:02:41	1:20:15	1:37:56	1:40:59	1:45:47		1:41:02				
		A Coruña ARTABRO		18:57	8:47	18:33	16:24	17:34	17:41	3:03	4:48		*100				
19	628	Couceiro Fuertes,	1:46:05	18:38	28:09	45:46	1:02:45	1:20:08	1:37:44	1:41:28	1:46:05						
		A Coruña ARTABRO		18:38	9:31	17:37	16:59	17:23	17:36	3:44	4:37						
	858	González Rodríguez	en tarj.	----	----	----	----	----	----	1:45:48	1:46:38		11:06	19:50	26:51	30:23	36:42
		A Coruña INDEP								1:45:48	0:50		*71	*77	*64	*42	*56
				40:44	42:19	1:01:34	1:07:06	1:15:31	1:19:50	1:30:13	1:34:52	1:40:15	1:44:34				
				*84	*62	*80	*81	*70	*82	*48	*58	*83	*57				
661	Gómez Ruiz, Dario	en tarj.	6:03	-----	12:32	1:41:57	1:53:02	1:58:50	1:59:47	2:01:06		40:26	49:23	1:11:16	2:00:06		
		A Coruña APA LICE		6:03	6:29	1:29:25	11:05	5:48	0:57	1:19		*55	*79	*67	*100		
835	Ortigueira Raposo,	en tarj.	17:16	33:52	1:06:36	1:17:43	1:10:50	1:51:42	-----	-----		52:21					
		A Coruña ARTABRO		17:16	16:36	32:44	11:07	14:27	19:32			*89					
833	Ortigueira Raposo,	en tarj.	15:43	33:23	-----	52:34	1:34:46	1:51:42	-----	-----							
		A Coruña ARTABRO		15:43	17:40	-----	19:11	42:12	16:56								
834	Ortigueira Raposo,	en tarj.	1:35:04	1:51:28	-----	-----	2:54:02	3:09:40	-----	-----							
		A Coruña ARTABRO		1:35:04	16:24	-----	1:02:34	15:38	-----	-----							
199	Casado Nuñez, Eva	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----						
		A Coruña APA LICE															
406	Estevez Varela, Silvi	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----						
		A Coruña ARTABRO															
412	González Ramil, Ju	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----						
		A Coruña ARTABRO															
841	Rodríguez Fernand	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----						
		A Coruña ARTABRO															
411	Gonzalez Estevez, A	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----						
		A Coruña ARTABRO															
<b>INIL (52)</b>					<b>3,8 km 100 m</b>		<b>9 C</b>										
					1(86)	2(88)	3(55)	4(79)	5(67)	6(89)	7(90)	8(91)	9(100)	F			
1	870	Montero Rey, Óscar	56:50	6:19	11:17	29:34	33:22	38:47	46:51	<b>50:54</b>	<b>54:42</b>	<b>55:37</b>	<b>56:50</b>				
		A Coruña INDEP		6:19	4:58	18:17	<b>3:48</b>	5:25	8:04	4:03	3:48	0:55	1:13				
2	869	Villar Esmoris, Luis	1:01:40	6:20	11:58	17:45	<b>25:59</b>	<b>34:20</b>	50:31	54:22	59:11	1:00:34	1:01:40				
		A Coruña INDEP		6:20	5:38	5:47	8:14	8:21	16:11	3:51	4:49	1:23	1:06				
3	808	Cotos Díaz, María	1:02:47	3:52	14:35	18:50	40:20	44:32	54:50	57:40	1:00:59	1:01:42	1:02:47				
		A Coruña APA LICE		3:52	10:43	4:15	21:30	<b>4:12</b>	10:18	<b>2:50</b>	<b>3:19</b>	<b>0:43</b>	1:05				
4	253	Iglesias Novo, Fran	1:07:29	6:14	10:30	15:27	42:57	50:53	58:19	1:01:37	1:05:14	1:06:25	1:07:29				
		Ferrol. A Coruña M		6:14	<b>4:16</b>	4:57	27:30	7:56	<b>7:26</b>	3:18	3:37	1:11	1:04				
5	818	Suarez Bermudez D	1:07:59	5:13	14:11	20:35	35:26	46:01	58:20	1:02:07	1:05:39	1:06:28	1:07:59				
		A Coruña APA LICE		5:13	8:58	6:24	14:51	10:35	12:19	3:47	3:32	0:49	1:31				
6	624	López Permuy, Vict	1:08:11	5:30	13:47	20:53	29:50	42:35	56:14	1:00:30	1:05:43	1:06:46	1:08:11				
		A Coruña BRIGANTI		5:30	8:17	7:06	8:57	12:45	13:39	4:16	5:13	1:03	1:25				
7	866	Rodas Vidal, María	1:09:00	4:48	17:43	26:37	35:01	42:16	58:06	1:02:10	1:06:45	1:07:59	1:09:00				
		A Coruña INDEP		4:48	12:55	8:54	8:24	7:15	15:50	4:04	4:35	1:14	1:01				
8	512	Vázquez Hermida, P	1:09:29	4:34	15:34	26:49	35:29	42:30	58:25	1:02:33	1:07:07	1:08:26	1:09:29				
		A Coruña (Oleiro FA		4:34	11:00	11:15	8:40	7:01	15:55	4:08	4:34	1:19	1:03				
9	810	Fernández de Sanm	1:09:56	7:54	15:47	23:19	35:06	41:02	53:25	59:26	1:06:37	1:08:37	1:09:56				
		A Coruña APA LICE		7:54	7:53	7:32	11:47	5:56	12:23	6:01	7:11	2:00	1:19				
10	865	Rioboo Iglesias, Da	1:11:09	6:33	18:29	24:51	35:42	41:41	55:53	1:01:25	1:07:55	1:09:14	1:11:09				
		A Coruña INDEP		6:33	11:56	6:22	10:51	5:59	14:12	5:32	6:30	1:19	1:55				
10	864	López Vázquez, Jes	1:11:09	6:30	18:31	25:06	35:48	41:41	55:50	1:01:26	1:07:55	1:09:15	1:11:09				
		A Coruña INDEP		6:30	12:01	6:35	10:42	5:53	14:09	5:36	6:29	1:20	1:54				
12	849	Gonzalez Agudo, R	1:13:08	14:34	20:27	25:56	34:37	41:50	54:57	59:35	1:09:26	1:11:25	1:13:08				
		A Coruña (Oleiro FA		14:34	5:53	5:29	8:41	7:13	13:07	4:38	9:51	1:59	1:43				
13	823	Castro Pico, María	1:19:54	6:00	22:04	28:54	41:19	52:20	1:04:03	1:10:36	1:17:49	1:18:52	1:19:54				
		Ferrol. A Coruña M		6:00	16:04	6:50	12:25	11:01	11:43	6:33	7:13	1:03	1:02				
14	822	Castro Pico, Patrici	1:20:12	5:59	22:09	29:06	41:23	52:20	1:04:08	1:10:38	1:17:49	1:18:57	1:20:12				
		Ferrol. A Coruña M		5:59	16:10	6:57	12:17	10:57	11:48	6:30	7:11	1:08	1:15				
15	811	Fernandez Diaz, Ag	1:23:14	4:14	10:13	15:29	46:56	1:04:15	1:13:22	1:17:11	1:21:14	1:22:08	1:23:14				
		A Coruña APA LICE		4:14	5:59	5:16	31:27	17:19	9:07	3:49	4:03	0:54	1:06				

os	rsal	Nombre	Tiempo													
<b>INIL (52)</b>				<b>3,8 km 100 m</b>			<b>9 C</b>		<b>(cont.)</b>							
				1(86)	2(88)	3(55)	4(79)	5(67)	6(89)	7(90)	8(91)	9(100)	F			
16	825	García Ferreiro, Bre Ferrol. A Coruña M	1:23:24	4:53	18:11	22:23	29:33	35:50	<b>43:18</b>	1:15:33	1:20:46	1:21:57	1:23:24			
				4:53	13:18	<b>4:12</b>	7:10	6:17	7:28	32:15	5:13	1:11	1:27			
17	868	Toja, Ania A Coruña INDEP	1:24:14	6:24	16:58	24:03	35:11	45:48	1:05:07	1:11:49	1:20:38	1:22:17	1:24:14			
				6:24	10:34	7:05	11:08	10:37	19:19	6:42	8:49	1:39	1:57			
18	651	Fraga Pena, Santiag A Coruña GALLAECI	1:24:17	6:24	16:53	23:48	35:20	45:44	1:05:08	1:11:49	1:20:36	1:22:17	1:24:17			
				6:24	10:29	6:55	11:32	10:24	19:24	6:41	8:47	1:41	2:00			
19	662	Gómez Varela, Joaq A Coruña APA LICE	1:30:36	9:10	17:48	27:16	38:17	47:37	1:06:50	1:15:03	1:22:47	1:24:34	1:30:36			
				9:10	8:38	9:28	11:01	9:20	19:13	8:13	7:44	1:47	6:02			
20	660	Gómez Ruiz, Aldara A Coruña APA LICE	1:30:52	9:10	17:52	27:35	38:40	47:36	1:06:50	1:15:06	1:23:04	1:24:54	1:30:52			
				9:10	8:42	9:43	11:05	8:56	19:14	8:16	7:58	1:50	5:58			
21	800	Armas Mourinho, Ru Lugo FLUVIAL LUG	1:33:19	6:00	14:28	24:44	45:14	52:26	1:05:50	1:11:42	1:29:21	1:31:07	1:33:19			
				6:00	8:28	10:16	20:30	7:12	13:24	5:52	17:39	1:46	2:12			
22	848	Valiño Martínez, Da Culleredo (A Cor A	1:38:44	13:01	25:43	34:30	46:37	1:01:15	1:18:20	1:26:46	1:35:22	1:36:34	1:38:44			
				13:01	12:42	8:47	12:07	14:38	17:05	8:26	8:36	1:12	2:10			
23	847	Añón Pérez, Laura Culleredo (A Cor A	1:38:52	13:01	25:47	34:44	46:44	1:01:11	1:18:26	1:26:46	1:35:21	1:36:35	1:38:52			
				13:01	12:46	8:57	12:00	14:27	17:15	8:20	8:35	1:14	2:17			
24	857	Gili Roig, Catalina A Coruña INDEP	1:42:06	18:44	36:17	55:48	1:12:41	1:18:32	1:30:06	1:35:13	1:39:57	1:40:40	1:42:06			
				18:44	17:33	19:31	16:53	5:51	11:34	5:07	4:44	<b>0:43</b>	1:26			
25	819	Valadrón Reigosa, A A Coruña APA LICE	1:45:00	5:08	12:24	19:17	31:08	1:01:12	1:29:49	1:33:15	1:42:48	1:43:49	1:45:00			
				5:08	7:16	6:53	11:51	30:04	28:37	3:26	9:33	1:01	1:11			
26	863	López Suárez, María A Coruña INDEP	1:47:56	11:35	19:40	27:40	53:08	1:19:55	1:32:33	1:38:01	1:43:54	1:45:10	1:47:56			
				11:35	8:05	8:00	25:28	26:47	12:38	5:28	5:53	1:16	2:46			
27	837	Piñeiro Varela, Mari A Coruña ARTABRO	1:49:17	<b>3:47</b>	20:46	41:54	56:44	1:18:08	1:28:47	1:42:02	1:47:10	1:48:23	1:49:17			
				<b>3:47</b>	16:59	21:08	14:50	21:24	10:39	13:15	5:08	1:13	0:54			
28	842	González Casanova Pontevedra AROMO	1:50:48	6:43	14:29	47:30	58:51	1:17:36	1:36:16	1:41:31	1:47:17	1:48:52	1:50:48			
				6:43	7:46	33:01	11:21	18:45	18:40	5:15	5:46	1:35	1:56			
29	830	Carames Rios, Jose A Coruña ARTABRO	1:51:25	11:26	33:12	43:17	57:01	1:15:24	1:27:05	1:33:53	1:43:36	1:49:25	1:51:25			
				11:26	21:46	10:05	13:44	18:23	11:41	6:48	9:43	5:49	2:00			
30	801	Fernández López, M Lugo FLUVIAL LUG	1:52:44	7:08	13:56	24:25	50:42	1:17:01	1:28:55	1:44:43	1:49:32	1:51:13	1:52:44			
				7:08	6:48	10:29	26:17	26:19	11:54	15:48	4:49	1:41	1:31			
31	803	Lopez Rodriguez, Lugo FLUVIAL LUG	1:53:37	7:23	14:23	25:00	51:24	1:17:42	1:29:22	1:45:07	1:50:24	1:51:39	1:53:37			
				7:23	7:00	10:37	26:24	26:18	11:40	15:45	5:17	1:15	1:58			
32	852	López Fernandez, M Cambre ROBALIZA	1:56:41	18:04	31:47	43:25	1:18:52	1:33:02	1:44:19	1:49:18	1:54:08	1:55:41	1:56:41			
				18:04	13:43	11:38	35:27	14:10	11:17	4:59	4:50	1:33	1:00			
33	859	Jaquet Santamarina A Coruña INDEP	1:56:51	17:06	40:01	49:39	1:01:23	1:12:12	1:30:52	1:42:23	1:53:16	1:55:02	1:56:51			
				17:06	22:55	9:38	11:44	10:49	18:40	11:31	10:53	1:46	1:49			
34	832	Lamas Perez, Maria A Coruña ARTABRO	1:58:30	27:50	49:43	59:30	1:17:46	1:29:18	1:43:34	1:49:13	1:54:57	1:56:14	1:58:30			
				27:50	21:53	9:47	18:16	11:32	14:16	5:39	5:44	1:17	2:16			
35	853	Abeledo Patiño, To A Coruña INDEP	2:00:43	6:58	23:05	39:06	49:59	1:00:51	1:09:24	1:12:36	1:48:52	1:50:25	2:00:43			
				6:58	16:07	16:01	10:53	10:52	8:33	3:12	36:16	1:33	10:18			
36	855	Castro Campello, S A Coruña INDEP	2:10:56	5:16	10:29	<b>15:12</b>	1:20:40	1:51:41	2:01:30	2:05:16	2:09:22	2:10:07	2:10:56			
				5:16	5:13	4:43	1:05:28	31:01	9:49	3:46	4:06	0:45	<b>0:49</b>			
37	804	Pérez González, Ca Lugo FLUVIAL LUG	2:12:42	6:52	29:58	37:36	1:24:54	1:39:03	1:56:05	2:02:50	2:09:38	2:11:10	2:12:42			
				6:52	23:06	7:38	47:18	14:09	17:02	6:45	6:48	1:32	1:32			
38	821	Varela Muñios, Nuri A Coruña APA LICE	2:14:27	12:07	21:43	29:10	1:09:48	1:34:54	1:52:09	2:01:38	2:09:04	2:11:45	2:14:27			
				12:07	9:36	7:27	40:38	25:06	17:15	9:29	7:26	2:41	2:42			2:11:53 *100
39	845	Cruz, Nuria Vigo HABELAS HAIN	2:16:18	6:56	19:31	28:48	1:41:10	1:50:57	2:01:32	2:06:19	2:13:23	2:15:26	2:16:18			
				6:56	12:35	9:17	1:12:22	9:47	10:35	4:47	7:04	2:03	0:52			
40	850	Guntín Alvarez, Dav A Coruña (Oleiro FA	2:32:05	5:50	22:21	42:36	1:44:12	2:10:02	2:20:15	2:24:34	2:30:05	2:31:03	2:32:05			
				5:50	16:31	20:15	1:01:36	25:50	10:13	4:19	5:31	0:58	1:02			
41	867	Rumbo, Sabrina A Coruña INDEP	2:44:09	6:18	29:14	49:13	2:02:34	2:20:50	2:31:45	2:36:15	2:41:44	2:43:02	2:44:09			
				6:18	22:56	19:59	1:13:21	18:16	10:55	4:30	5:29	1:18	1:07			
380		Agudo Calvelo, Marí O Barco de Valde T	en tarj.	8:41	21:19	-----	-----	-----	30:00	38:48	47:24	49:03	51:08			
				8:41	12:38				8:41	8:48	8:36	1:39	2:05			
802		Fouz Rodríguez, M Lugo FLUVIAL LUG	en tarj.	4:27	9:40	17:24	32:03	48:08	-----	1:00:51	1:04:48	1:05:31	1:06:32			
				4:27	5:13	7:44	14:39	16:05		12:43	3:57	<b>0:43</b>	1:01			
812		Fernandez Perez, N A Coruña APA LICE	en tarj.	5:38	18:46	26:59	-----	-----	1:35:08	1:43:40	1:53:56	1:56:15	1:57:54			8:38 *87
				5:38	13:08	8:13			1:08:09	8:32	10:16	2:19	1:39			*69
824		Felipe Garcia, Enriq Ferrol. A Coruña M	en tarj.	4:31	<b>9:08</b>	1:21:49	-----	-----	1:29:06	1:32:09	1:35:46	1:36:56				1:05:19 *79
				4:31	4:37	1:12:41			7:17	3:03	3:37	1:10				
425		Traveso Pedrares, Ir A Coruña ARTABRO	andona	17:31	31:58	50:01	-----	-----	-----	-----	-----	-----	2:16:05			
				17:31	14:27	18:03							1:26:04			
424		Traveso Rodríguez, A Coruña ARTABRO	andona	17:50	32:36	49:54	-----	-----	-----	-----	-----	-----	2:16:14			
				17:50	14:46	17:18							1:26:20			
419		Pedrares Fernández A Coruña ARTABRO	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----				
851		Diaz Fernandez, Ma Cambre ROBALIZA	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----				
831		Dominguez Rañon, A Coruña ARTABRO	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----				
447		Bello Landeira, Sus Cambre ROBALIZA	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----				
461		Rodríguez Becerra, Cambre ROBALIZA	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----				