

Jorsal		Nombre		Tiempo													
Masculino 17 (1)				1(31)	2(60)	18,0 km 3(61)	395 m 4(49)	12 C 5(32)	6(50)	7(43)	8(44)	9(52)	10(46)	11(42)	12(100)	Meta	
1	4473	Diego Silvarrey Culleredo GALLA	1:18:02	11:11 11:11	13:52 2:41	29:00 15:08	31:06 2:06	39:17 8:11	41:49 2:32	51:29 9:40	53:30 2:01	1:00:16 6:46	1:05:30 5:14	1:12:15 6:45	1:17:06 4:51	1:18:02 0:56	
Élite (7)				1(31) 15(44)	2(32) 16(45)	27,8 km 3(33) 17(46)	760 m 4(34) 18(42)	19 C 5(35) 19(100)	6(36) Meta	7(37)	8(51)	9(56)	10(49)	11(39)	12(40)	13(47)	14(41)
1	4807	Nicolas Lopez G LUGO COMPÁS	1:18:37	8:49 8:49 1:07:07	10:52 2:03 1:09:34	15:20 4:28 1:11:00	20:29 5:09 1:14:56	28:54 8:25 1:17:57	26:37 3:56 3:01 1:18:37	36:50 10:13	43:30 6:40	47:07 3:37	50:27 3:20	54:10 3:43	57:50 3:40	1:03:08 5:18	1:04:24 1:16
2	4662	Ángel García Gar A Coruña BRIGA	1:22:13	9:08 9:08 1:10:29	11:00 1:52 1:12:56	15:54 4:54 1:14:52	21:03 5:09 1:18:37	29:57 8:54 1:21:35	27:33 8:54 1:22:13	40:22 12:49	47:42 7:20	51:08 3:26	54:31 3:23	57:41 3:10	1:01:54 4:13	1:06:21 4:27	1:07:38 1:17
3	4623	Francisco Javier Betanzos OP BE	1:43:43	10:06 10:06 1:30:11	12:08 2:02 1:33:06	18:03 5:55 1:35:03	24:31 6:28 1:39:38	35:06 10:35 1:43:00	33:13 10:35 1:43:43	50:17 17:04	1:02:59 12:42 15:14 *39	1:07:13 4:14	1:11:28 4:15	1:15:36 4:08	1:19:53 4:17	1:25:27 5:34	1:26:56 1:29
4	4580	Ramón Fernández Porto do Son AD	1:45:32	9:59 9:59 1:31:13	12:13 2:14 1:34:29	17:29 5:16 1:36:29	23:04 5:35 1:41:21	33:33 10:29 1:44:51	31:36 10:29 1:45:32	53:25 21:49	1:03:34 10:09	1:08:08 4:34	1:12:03 3:55	1:15:28 3:25	1:20:26 4:58	1:26:18 5:52	1:27:40 1:22
5	4478	Anxo Somoza Se Culleredo GALLA	1:55:25	10:47 10:47 1:38:44	13:23 2:36 1:42:24	19:56 6:33 1:44:36	27:26 7:30 1:50:45	40:38 13:12 1:54:40	39:17 13:12 1:55:25	59:55 20:38	1:08:56 9:01	1:13:16 4:20	1:18:06 4:50	1:22:34 4:28	1:27:27 4:53	1:33:46 6:19	1:35:12 1:26
6	4536	Moises Vergara \ Ferrol MONTAÑA	2:21:45	12:07 12:07 2:01:15	15:10 3:03 2:05:45	23:18 8:08 2:08:15	31:55 8:37 2:15:54	47:34 15:39 2:20:51	46:32 15:39 2:21:45	1:09:18 22:46	1:22:31 13:13	1:27:14 4:43	1:32:59 5:45	1:38:44 5:45	1:46:34 7:50	1:54:51 8:17	1:56:46 1:55
4228	Adrián Moreira Al en tarj. Pontevedra AROI	en tarj.	10:13 10:13 1:28:59 3:30	12:26 2:13 1:32:18 3:19	18:14 5:48 1:34:02 1:44	23:51 5:37 1:38:32 4:30	33:57 10:06 1:42:16 3:44	32:17 10:06 1:42:59 0:43	50:31 18:14	59:17 8:46	1:03:33 4:16	1:07:59 4:26	1:12:33 4:34	1:18:29 5:56	----- 5:56	1:25:29 7:00	
Masculino 21 (2)				1(45) 15(44)	2(32) 16(62)	25,7 km 3(39) 17(100)	735 m 4(34) Meta	17 C 5(48)	6(37)	7(51)	8(58)	9(61)	10(59)	11(60)	12(50)	13(54)	14(41)
1	4793	Roberto Amarell G LUGO COMPÁS	1:42:53	5:24 5:24 1:33:17	14:40 9:16 1:38:24	15:49 1:09 1:41:55	25:38 9:49 1:42:53	32:21 6:43 1:37:21 *42	46:08 13:47 1:37:21 *42	55:35 9:27	1:01:35 6:00	1:09:22 7:47	1:12:18 2:56	1:16:15 3:57	1:21:42 5:27	1:24:23 2:41	1:28:38 4:15
2	6930	Ruben Leira Rey Pontedeume MOI	2:13:38	10:39 10:39 2:02:18 5:02	21:56 11:17 2:08:13 5:55	25:17 3:21 2:12:37 4:24	37:04 11:47 2:13:38 1:01	48:19 11:15 2:06:52 *42	1:04:08 15:49 2:06:52 *42	1:19:23 15:15	1:25:29 6:06	1:34:37 9:08	1:37:17 2:40	1:41:44 4:27	1:48:34 6:50	1:52:09 3:35	1:57:16 5:07
Masculino 40 (7)				1(45) 15(44)	2(32) 16(62)	25,7 km 3(39) 17(100)	735 m 4(34) Meta	17 C 5(48)	6(37)	7(51)	8(58)	9(61)	10(59)	11(60)	12(50)	13(54)	14(41)
1	4587	Joaquín Oujo Ag Porto do Son AD	1:29:26	5:29 5:29 1:21:47 3:33	14:11 8:42 1:25:53 4:06	14:59 0:48 1:28:41 2:48	24:40 9:41 1:29:26 0:45	32:12 7:32 10:58	43:10 10:58	51:21 8:11	54:55 3:34	1:00:39 5:44	1:02:54 2:15	1:06:00 3:06	1:10:50 4:50	1:13:29 2:39	1:18:14 4:45

Pos	Corsal	Nombre		Tempo													
Masculino 40 (7)					25,7 km	735 m	17 C	(cont.)									
				1(45) 15(44)	2(32) 16(62)	3(39) 17(100)	4(34) Meta	5(48)	6(37)	7(51)	8(58)	9(61)	10(59)	11(60)	12(50)	13(54)	14(41)
2	4477	Iván Somoza Arg Culleredo GALLA	1:35:33	5:25 5:25 1:27:03	13:49 8:24 1:31:31	14:41 0:52 1:34:40	24:25 9:44 1:35:33	30:04 5:39	42:21 12:17	53:56 11:35	57:42 3:46	1:03:34 5:52	1:05:40 2:06	1:08:56 3:16	1:13:32 4:36	1:16:04 2:32	1:19:51 3:47
3	4381	Francisco Diz Ló Culleredo GALLA	1:43:48	5:08 5:08 1:35:28	14:12 9:04 1:39:53	16:40 2:28 1:43:02	28:52 12:12 1:43:48	37:18 8:26	51:29 14:11	1:01:24 9:55	1:05:22 3:58	1:11:59 6:37	1:14:23 2:24	1:18:57 4:34	1:24:48 5:51	1:27:32 2:44	1:31:37 4:05
4	4361	José Antonio Bal Culleredo GALLA	1:54:05	6:00 6:00 1:45:22	16:36 10:36 1:49:55	20:44 4:08 1:53:18	31:31 10:47 1:54:05	41:06 9:35	53:37 12:31	1:08:01 14:24	1:13:07 5:06	1:19:52 6:45	1:22:16 2:24	1:27:34 5:18	1:33:56 6:22	1:36:44 2:48	1:41:19 4:35
5	6854	Jorge Manrique Porto do Son AD	2:12:45	9:28 9:28 2:02:12	20:24 10:56 2:07:53	24:26 4:02 2:11:53	36:19 11:53 2:12:45	52:15 15:56	1:07:29 15:14	1:19:58 12:29	1:25:31 5:33	1:33:55 8:24	1:36:30 2:35	1:41:50 5:20	1:48:18 6:28	1:51:51 3:33	1:57:11 5:20
6	4226	Alex Marín Nigrán RAZA PAL	2:14:16	5:01 5:46 2:05:52	15:09 9:23 2:10:29	17:38 2:29 2:13:34	28:22 10:44 2:14:16	36:08 7:46	1:08:28 32:20	1:18:10 9:42	1:34:44 16:34	1:41:59 7:15	1:44:04 2:05	1:47:40 3:36	1:53:10 5:30	1:55:59 2:49	2:01:39 5:40
	4329	Iago Viana Gonz LUGO FLUVIAL _	en tarj.	6:21 6:21 1:40:56	15:44 9:23 1:45:41	17:54 2:10 1:49:06	----- 2:10 1:49:54	39:06 21:12	52:59 13:53	1:03:14 10:15	1:07:28 4:14	1:14:45 7:17	1:17:51 3:06	1:21:59 4:08	1:29:07 7:08	1:32:06 2:59	1:36:41 4:35
				4:15	4:45	3:25	0:48		*42								
Masculino 50 (9)					19,8 km	525 m	13 C										
				1(45)	2(60)	3(39)	4(55)	5(51)	6(58)	7(33)	8(32)	9(54)	10(43)	11(44)	12(62)	13(100)	Meta
1	4796	José Manuel Ferri LUGO COMPÁS	1:14:30	6:15 6:15	13:34 7:19	22:00 8:26	36:52 14:52	43:20 6:28	47:18 3:58	57:15 9:57	59:44 2:29	59:17 5:35	1:04:52 1:34	1:06:26 1:34	1:10:45 4:19	1:13:45 3:00	1:14:30 0:45
2	4615	David Casado Br Betanzos OP BE	1:15:07	5:31 5:31	11:59 6:28	19:19 7:20	32:24 13:05	41:59 9:35	46:16 4:17	56:43 10:27	59:36 2:53	58:45 6:27	1:05:12 6:27	1:06:50 1:38	1:11:20 4:30	1:14:15 2:55	1:15:07 0:52
3	4804	Alberto Lamela A LUGO COMPÁS	1:18:24	6:51 6:51 13:14	14:35 7:44 *31	23:09 8:34	38:41 15:32	45:37 6:56	49:27 3:50	59:35 10:08	1:02:19 2:44	1:02:00 6:17	1:08:17 6:17	1:10:02 1:45	1:14:28 4:26	1:17:41 3:13	1:18:24 0:43
4	4618	Roberto Chas Go Betanzos OP BE	1:21:28	5:34 5:34	13:08 7:34	21:09 8:01	36:33 15:24	46:09 9:36	50:06 3:57	1:00:49 10:43	1:05:01 4:12	1:04:43 6:16	1:10:59 6:16	1:12:27 1:28	1:16:54 4:27	1:20:18 3:24	1:21:28 1:10
5	4444	Manuel Pedre Va Culleredo GALLA	1:27:25	10:27 10:27 1:12:08	18:43 8:16 *52	26:15 7:32	41:54 15:39	51:11 9:17	56:51 5:40	1:07:07 10:16	1:10:51 3:44	1:10:09 7:06	1:17:15 7:06	1:19:01 1:46	1:23:21 4:20	1:26:43 3:22	1:27:25 0:42
6	4214	Francisco José F Pontevedra AROI	1:29:29	6:41 6:41	15:07 8:26	24:07 9:00	42:08 18:01	54:50 12:42	59:36 4:46	1:10:18 10:42	1:12:59 2:41	1:12:52 6:09	1:19:01 6:09	1:20:42 1:41	1:25:29 4:47	1:28:42 3:13	1:29:29 0:47
7	7777	Eugenio Izquierdo León ALCON	1:36:12	8:14 8:14	16:13 7:59	23:15 7:02	41:51 18:36	48:39 6:48	52:30 3:51	1:02:31 10:01	1:09:39 7:08	1:09:44 0:05	1:25:41 15:57	1:27:31 1:50	1:32:13 4:42	1:35:21 3:08	1:36:12 0:51
8	4609	Jorge Victorero Porto do Son AD	2:20:53	8:13 8:13 24:39	21:43 13:30 *53	38:49 17:06	1:03:23 24:34	1:18:08 14:45	1:27:00 8:52	1:40:16 13:16	1:47:53 7:37	1:50:45 2:52	2:01:06 10:21	2:07:30 6:24	2:15:46 8:16	2:19:48 4:02	2:20:53 1:05
	4283	Santiago Riestra A Coruña ARTAB	Andona	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Pos	Dorsal	Nombre	Tiempo														
Masculino 60 (4)																	
			1(31)	2(60)	18,0 km 3(61)	395 m 4(49)	12 C 5(32)	6(50)	7(43)	8(44)	9(52)	10(46)	11(42)	12(100)	Meta		
1	4820	Francisco Varela LUGO COMPÁS	1:01:04	10:28	11:17	21:54	23:35	31:11	31:10	39:01	40:45	46:14	51:10	56:19	1:00:14	1:01:04	
				10:28	0:49	10:37	1:41	7:36		7:51	1:44	5:29	4:56	5:09	3:55	0:50	
2	7002	Alejandro Cambi Culleredo GALLI	1:17:48	12:20	14:58	30:49	32:43	40:51	41:55	49:43	51:51	59:26	1:05:28	1:12:21	1:16:56	1:17:48	
				12:20	2:38	15:51	1:54	8:08	1:04	7:48	2:08	7:35	6:02	6:53	4:35	0:52	
3	4373	Juan Carlos Carl Culleredo GALLI	1:49:53	14:28	19:59	40:33	43:11	52:05	56:32	1:08:53	1:11:25	1:22:07	1:30:30	1:41:54	1:48:48	1:49:53	
				14:28	5:31	20:34	2:38	8:54	4:27	12:21	2:32	10:42	8:23	11:24	6:54	1:05	
4	4334	José Luis Armadigo U-VIGO	1:58:01	15:05	19:00	36:51	39:46	56:20	1:06:30	1:15:53	1:18:49	1:27:20	1:41:40	1:50:07	1:56:48	1:58:01	
				15:05	3:55	17:51	2:55	16:34	10:10	9:23	2:56	8:31	14:20	8:27	6:41	1:13	
Feminino Élite (3)																	
			1(45)	2(32)	25,7 km 3(39)	735 m 4(34)	17 C 5(48)	6(37)	7(51)	8(58)	9(61)	10(59)	11(60)	12(50)	13(54)	14(41)	
			15(44)	16(62)	17(100)	Meta											
1	4678	Ana Varela Yáñez A Coruña BRIGADA	1:39:27	5:52	14:57	16:57	27:30	35:04	47:31	57:30	1:02:17	1:08:41	1:10:54	1:14:33	1:20:10	1:22:47	1:26:38
				5:52	9:05	2:00	10:33	7:34	12:27	9:59	4:47	6:24	2:13	3:39	5:37	2:37	3:51
				1:30:42	1:35:12	1:38:20	1:39:27										
				4:04	4:30	3:08	1:07										
2	4236	Alicia Pérez Alonso Nigrán RAZA PAL	1:44:53	7:49	16:38	17:34	27:22	34:03	47:58	57:18	1:03:34	1:11:13	1:14:16	1:18:13	1:23:33	1:26:18	1:30:35
				7:49	8:49	0:56	9:48	6:41	13:55	9:20	6:16	7:39	3:03	3:57	5:20	2:45	4:17
				1:35:13	1:40:23	1:43:54	1:44:53										
				4:38	5:10	3:31	0:59										
3	4436	Paula Naya Mancuso Culleredo GALLI	2:18:07	6:38	17:14	21:47	34:13	48:47	1:05:59	1:19:25	1:26:19	1:35:45	1:40:34	1:45:19	1:52:11	1:55:58	2:01:12
				6:38	10:36	4:33	12:26	14:34	17:12	13:26	6:54	9:26	4:49	4:45	6:52	3:47	5:14
				2:06:32	2:12:50	2:17:08	2:18:07		2:11:38								
				5:20	6:18	4:18	0:59		*42								
Feminino 40 (2)																	
			1(45)	2(60)	19,8 km 3(39)	525 m 4(55)	13 C 5(51)	6(58)	7(33)	8(32)	9(54)	10(43)	11(44)	12(62)	13(100)	Meta	
1	4585	Susana Míguez S Porto do Son AD	1:36:27	7:06	16:30	26:45	44:43	52:58	58:52	1:10:37	1:15:15	1:16:14	1:23:49	1:26:10	1:32:01	1:35:38	1:36:27
				7:06	9:24	10:15	17:58	8:15	5:54	11:45	4:38	0:59	7:35	2:21	5:51	3:37	0:49
2	4257	Carla Veiga García Pontevedra ARO	1:47:07	7:33	18:32	30:48	50:08	58:31	1:04:42	1:17:29	1:23:22	1:24:42	1:32:42	1:35:14	1:41:46	1:46:09	1:47:07
				7:33	10:59	12:16	19:20	8:23	6:11	12:47	5:53	1:20	8:00	2:32	6:32	4:23	0:58
					1:40:38												
					*42												
Feminino 50 (4)																	
			1(31)	2(60)	18,0 km 3(61)	395 m 4(49)	12 C 5(32)	6(50)	7(43)	8(44)	9(52)	10(46)	11(42)	12(100)	Meta		
1	4802	Sonia Gómez Nave LUGO COMPÁS	1:13:33	11:46	14:03	28:35	30:29	38:20	39:04	46:11	48:12	55:33	1:00:49	1:08:11	1:12:37	1:13:33	
				11:46	2:17	14:32	1:54	7:51	0:44	7:07	2:01	7:21	5:16	7:22	4:26	0:56	
2	4612	Maria Esther Barja Betanzos OP BE	1:16:39	12:59	15:03	26:13	28:23	38:16	40:08	49:13	52:16	58:46	1:04:39	1:11:13	1:15:41	1:16:39	
				12:59	2:04	11:10	2:10	9:53	1:52	9:05	3:03	6:30	5:53	6:34	4:28	0:58	
				5:36													
				*38													
3	4232	Rosa Maria Pared Pontevedra ARO	1:46:26	13:43	26:21	43:13	45:41	56:07	59:07	1:08:53	1:13:16	1:21:23	1:32:37	1:40:17	1:45:32	1:46:26	
				13:43	12:38	16:52	2:28	10:26	3:00	9:46	4:23	8:07	11:14	7:40	5:15	0:54	
4	4250	Maria Luisa Sanchez Pontevedra ARO	2:51:36	23:25	32:05	55:16	58:38	1:10:21	1:15:19	1:37:30	1:41:59	2:06:11	2:21:50	2:35:04	2:48:13	2:51:36	
				23:25	8:40	23:11	3:22	11:43	4:58	22:11	4:29	24:12	15:39	13:14	13:09	3:23	
				11:30													
				*46													
Feminino 60 (1)																	
			1(38)	2(53)	15,7 km 3(59)	360 m 4(49)	11 C 5(32)	6(50)	7(43)	8(52)	9(46)	10(42)	11(100)	Meta			
1	4405	Adriana Luisa Garcia Culleredo GALLI	2:39:54	12:04	31:30	44:09	1:05:36	1:20:59	1:31:23	1:52:49	2:00:26	2:11:30	2:27:46	2:38:06	2:39:54		
				12:04	19:26	12:39	21:27	15:23	10:24	21:26	7:37	11:04	16:16	10:20	1:48		

Pos	Dorsal	Nombre	Tiempo														
Iniciación Equipos (5)																	
				1(38)	2(53)	14,1 km 3(39)	375 m 4(49)	11 C 5(31)	6(52)	7(50)	8(43)	9(45)	10(62)	11(100)	Meta		
1	9999	Jorge Soto Vazquez Culleredo GALLI	1:39:40	10:37 10:37 26:36 *59	18:11 7:34 1:33:16 *42	32:16 14:05	40:54 8:38	1:00:59 20:05	1:01:40 0:41	1:08:04 6:24	1:18:07 10:03	1:25:42 7:35	1:34:22 8:40	1:38:51 4:29	1:39:40 0:49	19:29 *32	
2	4230	Yolanda Navia Varela Pontevedra AROIO	1:59:25	11:26 11:26	21:38 10:12	39:56 18:18	49:54 9:58	1:04:19 14:25	1:07:33 3:14	1:16:06 8:33	1:31:35 15:29	1:38:24 6:49	1:51:11 12:47	1:57:54 6:43	1:59:25 1:31	1:48:57 *42	
2	4210	Gilberto Díaz Falgout Pontevedra AROIO	1:59:25	11:05 11:05	21:40 10:35	39:43 18:03	49:50 10:07	1:04:13 14:23	1:07:36 3:23	1:16:07 8:31	1:31:15 15:08	1:38:06 6:51	1:51:15 13:09	1:57:46 6:31	1:59:25 1:39	1:48:35 *42	
4	4449	Simón Peña Álvarez Culleredo GALLI	2:23:10	15:28 15:28	29:33 14:05	51:24 21:51	1:03:04 11:40	1:18:58 15:54	1:23:07 4:09	1:32:35 9:28	1:53:18 20:43	2:01:20 8:02	2:16:10 14:50	2:21:43 5:33	2:23:10 1:27	1:46:55 *41	
4	4450	Felipe Peña Pita Culleredo GALLI	2:23:10	15:29 15:29	29:34 14:05	51:27 21:53	1:03:06 11:39	1:18:59 15:53	1:23:09 4:10	1:32:38 9:29	1:53:20 20:42	2:01:22 8:02	2:16:12 14:50	2:21:45 5:33	2:23:10 1:25		
Bici Eléctrica (2)																	
				1(45) 15(44)	2(32) 16(62)	25,7 km 3(39) 17(100)	735 m 4(34) Meta	17 C 5(48)	6(37)	7(51)	8(58)	9(61)	10(59)	11(60)	12(50)	13(54)	14(41)
1	4280	Jorge Piñeiro Poza A Coruña ARTABUENO	1:30:29	4:51 4:51 1:22:50 4:05	14:08 9:17 1:27:08 4:18	13:48 2:37 1:29:45 2:37	23:23 9:35 1:30:29 0:44	28:37 5:14	42:52 14:15	49:56 7:04	54:21 4:25	59:54 5:33	1:02:25 2:31	1:06:04 3:39	1:11:01 4:57	1:14:23 3:22	1:18:45 4:22
2	4592	Gelasio Oujó Porteiro Porto do Son AD	2:00:07	5:29 5:29 1:52:17 3:49	14:30 9:01 1:56:26 4:09	17:13 2:43 1:59:18 2:52	25:53 8:40 2:00:07 0:49	1:02:55 37:02	1:12:33 9:38	1:19:20 6:47	1:23:05 3:45	1:28:04 4:59	1:30:55 2:51	1:36:26 5:31	1:41:43 5:17	1:44:50 3:07	1:48:28 3:38
Promoción (1)																	
				1(38) 15(100)	2(53) Meta	21,8 km 3(33)	585 m 4(34)	15 C 5(37)	6(51)	7(56)	8(49)	9(39)	10(40)	11(50)	12(54)	13(45)	14(42)
1	8888	Rodrigo Mosquera Culleredo GALLI	3:14:39	13:29 13:29 3:12:41 8:26	22:49 9:20 3:14:39 1:58	55:08 32:19	1:12:39 17:31	1:27:57 15:18	1:44:06 16:09	1:53:43 9:37	2:02:50 9:07	2:13:46 10:56	2:27:31 13:45	2:34:23 6:52	2:40:05 5:42	2:56:18 16:13	3:04:15 7:57