

s		sal	Nombre	tiempo	2,8 km 55 m													
					1(82)	2(84)	3(41)	4(71)	5(72)	6(55)	7(75)	8(76)	9(77)	10(78)	11(79)	12(100)	Meta	
Feminino 12 (16)																		
1	407		Carla Somoza Seoane Culleredo GALLAECIA	39:55	2:17	5:20	8:00	10:28	14:02	16:45	22:51	31:27	35:25	37:31	38:21	39:33	39:54	
2	650		Lia Rodríguez Sobrad LUGO COMPAS	59:04	2:42	5:33	13:56	25:20	29:47	32:25	37:25	40:18	55:07	56:09	57:09	58:30	59:04	
3	487		Martina Aller Pfirter O Barco de Valde TRE	1:04:20	2:42	2:51	8:23	11:24	4:27	2:38	5:00	2:53	14:49	1:02	1:00	1:21	0:33	
4	230		Marta Diaz Pardo LUGO COMPAS	1:06:49	4:08	7:53	12:33	17:48	24:02	28:00	39:38	50:26	57:23	59:52	:02:11	:03:57	:04:20	
5	322		Lara Fernandez Lope Culleredo GALLAECIA	1:23:45	3:36	11:25	14:49	33:20	37:37	40:32	45:21	48:25	:03:03	:04:12	:05:02	:06:19	:06:49	
					3:36	7:49	3:24	18:31	4:17	2:55	4:49	3:04	14:38	1:09	0:50	1:17	0:29	
					2:13	3:49	7:37	12:34	17:20	20:55	26:21	45:56	51:26	:21:46	:22:27	:23:18	:23:44	
					2:13	1:36	3:48	4:57	4:46	3:35	5:26	19:35	5:30	30:20	0:41	0:51	0:26	
					44:25													
					*80													
6	285		Daniela Albarran Oroz Culleredo GALLAECIA	1:27:46	2:51	7:37	11:37	16:31	21:17	24:52	30:21	49:58	55:39	:25:43	:26:26	:27:22	:27:46	
					2:51	4:46	4:00	4:54	4:46	3:35	5:29	19:37	5:41	30:04	0:43	0:56	0:23	
					48:23													
					*80													
	102		Xana Tapia Denis Pontevedra AROMON	andona	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
nc	286		Jana Albarran Oroza Culleredo GALLAECIA	45:44	3:09	5:30	9:27	12:15	16:55	19:08	24:18	27:09	42:14	43:26	44:13	45:19	45:44	
nc	287		Noa Albarran Oroza Culleredo GALLAECIA	1:01:10	3:09	2:21	3:57	2:48	4:40	2:13	5:10	2:51	15:05	1:12	0:47	1:06	0:24	
nc	107		Noa Varela Álvarez Pontevedra AROMON	en tarj.	4:03	6:34	10:36	15:57	21:36	26:11	35:25	48:04	54:03	56:50	59:20	:00:40	:01:09	
nc	397		Navia Sanjurjo Gómez Culleredo GALLAECIA	en tarj.	4:03	2:31	4:02	5:21	5:39	4:35	9:14	12:39	5:59	2:47	2:30	1:20	0:29	
					4:58	10:33	16:27	23:22	29:06	33:17	41:20	48:35	-----	-----	-----	:04:15	:05:28	
					4:58	5:35	5:54	6:55	5:44	4:11	8:03	7:15				15:40	1:13	
					4:37	8:49	16:05	20:49	27:47	31:51	45:07	58:10	:07:04	:10:05	:12:38	-----	:17:40	
					4:37	4:12	7:16	4:44	6:58	4:04	13:16	13:03	8:54	3:01	2:33		5:02	
					43:08													
					*70													
nc	391		Mara Rioboo Núñez Culleredo GALLAECIA	1:40:40	4:17	10:18	17:45	46:45	:00:21	:06:52	:17:27	:26:06	:33:24	:36:30	:38:12	:40:06	:40:40	
nc	346		Martina López Arcos Culleredo GALLAECIA	1:52:20	4:17	6:01	7:27	29:00	13:36	6:31	10:35	8:39	7:18	3:06	1:42	1:54	0:33	
					4:48	17:22	30:29	:02:48	:09:28	:14:37	:26:20	:34:51	:43:28	:46:21	:48:07	:50:41	:52:20	
					4:48	12:34	13:07	32:19	6:40	5:09	11:43	8:31	8:37	2:53	1:46	2:34	1:39	
	618		Sabela Perez Pastoriz Vigo U-VIGO	No sale														
nc	387		Vega Ramos Rayón Culleredo GALLAECIA	No sale														
nc	388		Zoe Ramos Rayón Culleredo GALLAECIA	No sale														
Feminino 14 (5)																		
					1(81)	2(84)	3(41)	4(83)	5(71)	6(70)	7(74)	8(75)	9(87)	10(76)	11(80)	12(77)	13(78)	(100)
					Meta													
1	260		Sara Noguerras Porto LUGO FLUVIAL_LUGO	40:53	2:36	6:10	8:24	10:30	12:19	17:59	21:42	23:48	28:48	33:32	35:24	36:59	38:12	:30
					2:36	3:34	2:14	2:06	1:49	5:40	3:43	2:06	5:00	4:44	1:52	1:35	1:13	18
					40:53													
					0:22													
2	271		Noa Rodríguez Sobra LUGO COMPAS	1:25:43	3:36	6:22	13:57	17:45	25:22	34:06	45:31	47:18	:08:29	:13:09	:16:18	:19:42	:21:49	24:53
					3:36	2:46	7:35	3:48	7:37	8:44	11:25	1:47	21:11	4:40	3:09	3:24	2:07	04
					:25:43													
					0:49													
3	648		Noa Pardo Vazquez LUGO COMPAS	1:29:44	4:01	10:33	18:34	21:42	29:24	38:11	49:36	51:17	:11:53	:17:13	:20:20	:23:38	:25:50	28:52
					4:01	6:32	8:01	3:08	7:42	8:47	11:25	1:41	20:36	5:20	3:07	3:18	2:12	02
					:29:44													
					0:51													
	684		Carmen Garcia Vazqu LUGO COMPAS	andona	13:08	-----	-----	-----	46:26	:06:25	:10:17	-----	:14:40	-----	-----	-----	-----	41:42
					13:08				33:18	19:59	3:52		4:23				:02	
					:42:17													
					0:35													
	615		Julia Pérez Álvarez Vigo U-VIGO	No sale														
Feminino 16 (5)																		
					1(81)	2(60)	3(63)	4(64)	5(65)	6(72)	7(70)	8(74)	9(87)	10(66)	11(71)	12(69)	3(100)	eta
1	486		Mailén Aller Pfirter O Barco de Valde TRE	1:09:30	2:25	5:11	9:53	18:42	21:34	31:06	34:13	37:58	42:18	:02:22	:03:59	:06:05	:09:07	09:30
					2:25	2:46	4:42	8:49	2:52	9:32	3:07	3:45	4:20	20:04	1:37	2:06	3:02	22

s		sal	Nombre	tiempo														eta		
Feminino 16 (5)					3,3 km 120 m			<i>(cont.)</i>												
					1(81)	2(60)	3(63)	4(64)	5(65)	6(72)	7(70)	8(74)	9(87)	10(66)	11(71)	12(69)	13(100)			
2	121		Carlota Garcia Lopez A Coruña ARTABROS	1:17:44	6:46	12:37	18:18	23:44	25:46	35:53	40:25	45:25	:01:05	:06:13	:09:02	:14:03	:17:16	17:44		
					6:46	5:51	5:41	5:26	2:02	10:07	4:32	5:00	15:40	5:08	2:49	5:01	3:13	28		
3	229		Carla Diaz Pardo LUGO COMPAS	1:18:13	10:38	16:43	22:20	27:40	29:40	39:17	42:17	46:04	50:27	:10:28	:12:08	:14:11	:17:37	18:12		
					10:38	6:05	5:37	5:20	2:00	9:37	3:00	3:47	4:23	20:01	1:40	2:03	3:26	35		
4	144		Irene Traveso Pedrare A Coruña ARTABROS	1:31:13	4:04	7:45	23:21	30:20	33:55	39:35	42:49	47:25	52:18	:19:24	:24:04	:27:04	:30:44	31:13		
					4:04	3:41	15:36	6:59	3:35	5:40	3:14	4:36	4:53	27:06	4:40	3:00	3:40	29		
5	318		Rocio Dopico Golpe Culleredo GALLAECIA	1:37:31	6:08	10:54	18:43	22:35	31:30	57:25	:01:22	:06:13	:10:51	:28:01	:30:52	:34:55	:37:08	37:31		
					6:08	4:46	7:49	3:52	8:55	25:55	3:57	4:51	4:38	17:10	2:51	4:03	2:13	23		
Feminino 18 (3)					4,5 km 175 m															
					1(89)	2(73)	3(64)	4(65)	5(56)	6(67)	7(70)	8(34)	9(87)	10(66)	11(71)	12(53)	13(50)	(72)		
					15(69)	6(100)	Meta													
1	453		Eva Casado Nuñez Betanzos OP BETANZ	51:12	4:34	6:18	12:17	14:50	19:44	22:35	25:13	28:51	31:46	34:10	36:01	39:27	42:51	:40		
					4:34	1:44	5:59	2:33	4:54	2:51	2:38	3:38	2:55	2:24	1:51	3:26	3:24	49		
					47:59	50:50	51:12													
					3:19	2:51	0:22													
2	145		Sara Traveso Pedrares A Coruña ARTABROS	2:49:33	28:09	34:53	52:49	57:45	:12:42	:21:08	:42:36	:49:10	:53:58	:59:34	:03:42	:27:17	:39:39	40:47		
					28:09	6:44	17:56	4:56	14:57	8:26	21:28	6:34	4:48	5:36	4:08	23:35	12:22	08		
					:46:16	:49:04	:49:33													
					5:29	2:48	0:29													
	556		Saray Iglesias López Cuntis XESTEIRAS	No sale																
Feminino 21 A (8)					4,0 km 125 m															
					1(59)	2(31)	3(73)	4(63)	5(65)	6(50)	7(67)	8(37)	9(34)	10(53)	11(69)	2(100)	Meta			
1	698		Diana Sánchez Ocaña Pontevedra AROMON	1:15:27	2:54	7:48	10:19	16:31	28:14	31:23	43:16	52:37	59:34	:08:15	:12:06	:14:56	:15:27			
					2:54	4:54	2:31	6:12	11:43	3:09	11:53	9:21	6:57	8:41	3:51	2:50	0:31			
2	317		Alba Dopico Golpe Culleredo GALLAECIA	1:25:20	2:21	4:59	6:51	10:42	14:00	16:18	25:03	31:10	:12:58	:19:43	:22:23	:24:57	:25:19			
					2:21	2:38	1:52	3:51	3:18	2:18	8:45	6:07	41:48	6:45	2:40	2:34	0:22			
					36:02															
					*52															
3	250		Raquel Grandio Mont LUGO FLUVIAL_LUGO	1:25:41	3:50	12:26	14:27	21:32	33:53	35:36	45:25	:01:11	:07:43	:16:57	:20:46	:25:10	:25:41			
					3:50	8:36	2:01	7:05	12:21	1:43	9:49	15:46	6:32	9:14	3:49	4:24	0:31			
4	14		Elena Lourido Gaciño Porto do Son ADC_AR	1:33:50	6:14	11:43	15:02	21:40	28:41	42:53	58:13	:07:35	:12:45	:23:54	:27:50	:33:18	:33:50			
					6:14	5:29	3:19	6:38	7:01	14:12	15:20	9:22	5:10	11:09	3:56	5:28	0:32			
5	24		Uxia Pérez Garcia Porto do Son ADC_AR	2:11:21	2:19	8:26	16:28	23:14	38:48	40:23	49:50	:09:02	:15:23	:55:03	:05:26	:10:50	:11:21			
					2:19	6:07	8:02	6:46	15:34	1:35	9:27	19:12	6:21	39:40	10:23	5:24	0:31			
6	20		Antia Oujo Perez Porto do Son ADC_AR	2:15:28	3:07	12:21	20:23	27:05	41:38	44:11	53:45	:12:57	:19:20	:58:58	:09:20	:14:53	:15:28			
					3:07	9:14	8:02	6:42	14:33	2:33	9:34	19:12	6:23	39:38	10:22	5:33	0:35			
	564		Lidia Carballo Costa Culleredo GALLAECIA	en tarj.	-----	-----	-----	-----	:00:06	-----	-----	-----	-----	-----	:21:06	:06:20	:08:13			
									:00:06						21:00	45:14	1:53			
					16:16	55:40	:11:42	:27:18	:35:18	:44:49	:55:19	:01:47								
					*60	*64	*72	*83	*66	*75	*80	*78								
	21		Nerea Oujo Perez Porto do Son ADC_AR	andona	2:24	27:06	28:35	43:16	-----	-----	-----	-----	-----	:09:16	:12:48	:15:44	:16:17			
					2:24	24:42	1:29	14:41									26:00	3:32	2:56	0:33
Feminino 21 B (6)					3,7 km 115 m															
					1(60)	2(64)	3(65)	4(72)	5(69)	6(83)	7(66)	8(75)	9(80)	10(78)	1(100)	Meta				
1	300		Maria Esther Barreira Culleredo GALLAECIA	1:54:33	20:01	27:33	30:49	35:46	:25:25	:28:31	:39:06	:42:58	:48:51	:51:48	:54:08	:54:33				
					20:01	7:32	3:16	4:57	49:39	3:06	10:35	3:52	5:53	2:57	2:20	0:25				
2	233		Gloria Fernández Fer LUGO FLUVIAL_LUGO	2:03:32	31:11	50:28	54:44	:00:14	:08:40	:12:14	:36:06	:42:09	:52:24	:59:06	:02:59	:03:32				
					31:11	19:17	4:16	5:30	8:26	3:34	23:52	6:03	10:15	6:42	3:53	0:33				
3	440		Marta Agrafojo Aradas Pontedeume MONTBR	2:07:38	16:21	24:33	38:31	51:54	:00:00	:05:33	:40:23	:46:12	:57:55	:03:11	:07:04	:07:38				
					16:21	8:12	13:58	13:23	8:06	5:33	34:50	5:49	11:43	5:16	3:53	0:34				
	12		Margarita García Paz Porto do Son ADC_AR	en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	:27:05	:28:24				
															:27:05	1:19				
	84		Yolanda Navia Vega Pontevedra AROMON	No sale																
	651		Ana María Sobrado Ga LUGO COMPAS	No sale																

s		sal	Nombre	tiempo															
Feminino 50 (4)					4,9 km 165 m														
					1(59)	2(31)	3(60)	4(65)	5(48)	6(56)	7(49)	8(70)	9(67)	10(37)	11(52)	12(87)	13(50)	(53)	
					15(71)	6(100)	Meta												
1	101		Maria Luisa Sanchez Pontevedra AROMON	2:17:34	3:25 :11:59 7:42	18:43 15:18 4:57	20:30 1:47 0:37	40:19 19:49	48:39 8:20	52:35 3:56	57:54 5:19	:09:44 11:50	:13:49 4:05	:29:40 15:51	:36:32 6:52	:40:32 4:00	:58:40 18:08	04:17 37	
	25		María Del Pilar Pérez Porto do Son ADC_AR	control	3:20 3:20 :20:14 13:08	12:04 8:44 :24:38 4:24	14:27 2:23 :25:11 0:33	36:06 21:39	:14:59 38:53	:20:05 5:06	:46:17 26:12	:58:10 11:53	:01:23 3:13	:21:25 20:02	:33:12 11:47	:37:26 4:14	:56:24 18:58	07:06 :42	
	130		Beatriz Pedrares Fern A Coruña ARTABROS	andona	4:47 4:47 :00:13 17:45	13:44 8:57 :09:06 8:53	17:00 3:16 :10:24 1:18	42:01 25:01	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- :42:28 :00:27	---		
	404		Teresa Silvarrey Redo Culleredo GALLAECIA	No sale															
Feminino Élite (7)					8,4 km 335 m														
					1(59)	2(73)	3(36)	4(33)	5(35)	6(39)	7(32)	8(54)	9(89)	10(38)	11(40)	12(42)	13(47)	(50)	
					15(53)	16(69)	7(100)	Meta											
1	263		Lucia Parga Basanta LUGO FLUVIAL_LUGO	1:53:05	1:55 1:55 :47:04 7:03	5:08 3:13 :49:44 2:40	19:44 14:36 :52:40 2:56	21:45 2:01 :53:04 0:24	25:19 3:34	43:30 18:11	45:29 1:59	46:55 1:26	:07:24 20:29	:12:13 4:49	:20:10 7:57	:28:41 8:31	:34:17 5:36	40:01 44	
2	302		Olalla Bello Rodríguez Culleredo GALLAECIA	1:57:45	1:57 1:57 :53:07 2:41	5:26 3:29 :55:33 2:26	24:10 18:44 :57:23 1:50	27:45 3:35 :57:44 0:21	32:20 4:35	53:17 20:57	56:33 3:16	58:33 2:00	:15:30 16:57	:24:11 8:41	:27:41 3:30	:37:24 9:43	:42:14 4:50	50:26 12	
3	50		Teresa Bellón Santos Pontevedra AROMON	2:18:49	1:46 1:46 :13:27 3:20	5:46 4:00 :16:18 2:51	44:45 38:59 :18:20 2:02	49:23 4:38 :18:49 0:28	53:26 4:03	:17:43 24:17	:20:04 2:21	:21:33 1:29	:39:20 17:47	:43:08 3:48	:47:48 4:40	:55:05 7:17	:00:39 5:34	10:07 28	
4	4		Alejandra Carro Mahía Porto do Son ADC_AR	2:52:43	5:48 5:48 :46:43 4:27	11:08 5:20 :49:48 3:05	32:13 21:05 :52:09 2:21	35:49 3:36 :52:43 0:33	42:25 6:36	:21:05 38:40	:24:09 3:04	:26:01 1:52	:53:32 27:31	:59:32 6:00	:13:29 13:57	:24:42 11:13	:33:14 8:32	42:16 02	
	492		Yevheniya Chystyakov O Barco de Valde TRE	andona	2:03 2:03 ----- -----	6:12 4:09 ----- -----	----- :03:34 57:22 0:35	----- :04:09 0:35	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	
	901		Tania Covas Costa Portugal Orientaçao d	andona	3:50 3:50 ----- -----	7:39 3:49 :24:05 8:13	23:05 15:26 :24:33 0:28	26:11 3:06 :24:33 0:28	30:34 4:23	47:50 17:16	49:32 1:42	51:49 2:17	:10:12 18:23	:15:52 5:40	----- -----	----- -----	----- -----	----- -----	
	526		Isabel Diz Cao As Neves VIZHOJA-CO	andona	2:37 2:37 ----- -----	8:41 6:04 :47:36 18:35	:09:32 :00:51 :53:24 5:48	:14:22 4:50 :54:10 0:46	:25:34 11:12	:24:06 58:32	:27:01 2:55	:29:01 2:00	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	
Masculino 12 (13)					2,8 km 55 m														
					1(82)	2(84)	3(41)	4(71)	5(72)	6(55)	7(75)	8(76)	9(77)	10(78)	11(79)	2(100)	Meta		
1	661		Iago Rodríguez Seijo Pontevedra AROMON	57:56	2:17 2:17 2:35 2:35	3:33 1:16 6:03 3:28	6:47 3:14 26:18 20:15	10:57 4:10 33:35 7:17	15:25 4:28	17:31 2:06	25:00 7:29	38:41 13:41	43:46 5:05	54:36 10:50	56:23 1:47	57:23 1:00	57:56 0:33		
2	633		Lucas Barja Pérez Xinzo de Limia LIMIA	1:07:36	2:35 2:35 2:23 2:23	6:03 3:28 5:43 8:51	26:18 20:15 14:34 8:51	33:35 7:17 18:24 3:50	37:38 4:03	40:51 3:13	47:07 6:16	56:35 9:28	:03:47 7:12	:04:51 1:04	:06:01 1:10	:06:51 0:50	:07:36 0:45		
3	660		Antón Rodríguez Seij Pontevedra AROMON	1:19:38	2:23 2:23 2:50 2:50	5:43 3:20 7:42 4:52	14:34 8:51 25:59 18:17	18:24 3:50 29:58 3:59	21:04 2:40	23:05 2:01	29:51 6:46	47:46 17:55	:00:29 12:43	:10:17 9:48	:11:40 1:23	:18:51 7:11	:19:38 0:47		
4	118		Manuel Couceiro Fuer A Coruña ARTABROS	1:31:10	2:50 2:50 6:44 6:44	7:42 4:52 12:21 5:37	25:59 18:17 20:23 8:02	29:58 3:59 26:40 6:17	32:37 2:39	35:25 2:48	42:44 7:19	59:23 16:39	:12:10 12:47	:21:45 9:35	:23:12 1:27	:30:21 7:09	:31:10 0:49		
5	117		David Couceiro Fuert A Coruña ARTABROS	1:32:28	6:44 6:44 1:40 1:40	12:21 5:37 3:04 1:24	20:23 8:02 6:05 3:01	26:40 6:17 9:05 3:00	36:08 9:28	46:38 10:30	56:32 9:54	:07:04 10:32	:18:09 11:05	:25:48 7:39	:28:45 2:57	:31:33 2:48	:32:28 0:55		
	280		Sergio Varela Montoto LUGO FLUVIAL_LUGO	en tarj.	1:40 1:40 ----- -----	3:04 1:24 6:05 3:01	9:05 3:00 12:10 3:05	12:10 3:05	13:55 1:45	25:28 11:33	27:38 2:10	----- -----	----- -----	----- -----	:15:43 48:05	:17:01 1:18			

s		sal	Nombre	tiempo														
Masculino 18 (5)					6,3 km 235 m (cont.)													
					1(88)	2(31)	3(73)	4(56)	5(48)	6(49)	7(67)	8(90)	9(39)	10(32)	11(54)	12(70)	13(66)	(63)
					15(64)	16(50)	17(69)	8(100)	Meta									
4	502		Iago Trigo Vázquez O Barco de Valde TRE	1:42:44	2:22	5:40	7:38	19:53	22:02	25:45	28:53	37:03	42:52	45:12	46:52	57:22	:07:22	16:48
					2:22	3:18	1:58	12:15	2:09	3:43	3:08	8:10	5:49	2:20	1:40	10:30	10:00	26
					:33:15	:37:15	:39:48	:42:24	:42:43									
					16:27	4:00	2:33	2:36	0:19									
					*65													
	567		Juan Garrido Blanco Xinzo de Limia LIMIA	control	2:22	5:52	11:09	:00:17	:03:42	:21:55	:27:16	:39:39	:47:49	:50:28	:00:08	:16:27	:23:54	45:20
					2:22	3:30	5:17	49:08	3:25	18:13	5:21	12:23	8:10	2:39	9:40	16:19	7:27	:26
					:47:53	:53:39	:58:24	:02:40	:03:10									
					2:33	5:46	4:45	4:16	0:30									
Masculino 21 A (14)					5,6 km 190 m													
					1(31)	2(60)	3(56)	4(48)	5(49)	6(67)	7(90)	8(52)	9(87)	10(63)	11(64)	12(50)	13(69)	(100)
					Meta													
1	902		Cristian Wagner Puen Asturias ASTUR EXTR	56:32	4:14	5:17	16:39	20:08	24:05	26:16	29:18	35:52	37:41	45:12	47:25	50:06	53:09	:08
					4:14	1:03	11:22	3:29	3:57	2:11	3:02	6:34	1:49	7:31	2:13	2:41	3:03	59
					56:31													
					0:23													
2	692		Miguel Cebreiro Mend Pontevedra AROMON	1:13:08	5:00	6:56	22:19	25:18	29:43	34:38	40:22	48:21	50:43	:03:06	:05:01	:07:25	:10:23	12:45
					5:00	1:56	15:23	2:59	4:25	4:55	5:44	7:59	2:22	12:23	1:55	2:24	2:58	22
					:13:08													
					0:23													
3	110		Martin Veiga Jalda Pontevedra AROMON	1:17:29	4:02	5:02	24:01	28:11	31:54	34:19	37:35	52:11	54:49	:03:59	:06:21	:10:41	:14:45	17:04
					4:02	1:00	18:59	4:10	3:43	2:25	3:16	14:36	2:38	9:10	2:22	4:20	4:04	19
					:17:28													
					0:24													
4	674		Bruno Martínez Bargi A Coruña COCO	1:22:57	4:16	6:35	19:05	25:46	32:16	36:21	46:57	53:52	:01:12	:08:40	:11:25	:13:48	:19:56	22:34
					4:16	2:19	12:30	6:41	6:30	4:05	10:36	6:55	7:20	7:28	2:45	2:23	6:08	38
					:22:57													
					0:23													
5	113		Natnael Candela Igles A Coruña ARTABROS	1:29:42	7:13	8:04	45:51	48:18	52:58	57:25	:01:29	:08:14	:10:02	:18:51	:20:52	:23:23	:26:44	29:22
					7:13	0:51	37:47	2:27	4:40	4:27	4:04	6:45	1:48	8:49	2:01	2:31	3:21	38
					:29:42													
					0:20													
6	448		Ruben Tenreiro Diaz Pontedeume MONTBR	1:45:49	23:48	24:42	39:10	55:06	:02:58	:06:14	:09:44	:22:10	:23:53	:33:10	:35:27	:37:33	:43:05	45:06
					23:48	0:54	14:28	15:56	7:52	3:16	3:30	12:26	1:43	9:17	2:17	2:06	5:32	01
					:45:49													
					0:42													
7	700		David Valiño Martínez Ferrol MONTAÑA_FER	2:12:36	6:49	7:44	54:46	56:41	:06:55	:13:30	:30:40	:38:36	:41:13	:53:12	:56:58	:00:32	:06:44	12:07
					6:49	0:55	47:02	1:55	10:14	6:35	17:10	7:56	2:37	11:59	3:46	3:34	6:12	23
					:12:36													
					0:29													
8	693		Jesus Costas Conde Pontevedra AROMON	2:57:20	6:47	7:44	25:45	28:53	:05:51	:12:37	:44:20	:01:12	:13:34	:40:22	:43:02	:48:18	:54:12	57:04
					6:47	0:57	18:01	3:08	36:58	6:46	31:43	16:52	12:22	26:48	2:40	5:16	5:54	52
					:57:20													
					0:16													
499			Iván Ramos Abelaira O Barco de Valde TRE	en tarj.	4:18	6:29	51:19	56:13	:00:32	:04:22	:08:44	:18:22	:21:15	:31:58	-----	-----	-----	58:45
					4:18	2:11	44:50	4:54	4:19	3:50	4:22	9:38	2:53	10:43				:47
					:59:08													
					0:23													
565			Antonio Lopez Caama Culleredo GALLAECIA	en tarj.	-----	47:07	-----	-----	-----	-----	-----	-----	-----	-----	:27:44	-----	:53:01	38:19
					-----	47:07	-----	-----	-----	-----	-----	-----	-----	-----	40:37	-----	25:17	:18
					:40:16													
					1:57													
					*65 *72													
221			Alvaro Vázquez López A Coruña COCO	andona	22:28	23:38	37:40	40:04	43:26	47:05	51:23	-----	-----	-----	-----	-----	-----	10:55
					22:28	1:10	14:02	2:24	3:22	3:39	4:18							:32
					:11:25													
					0:30													
443			Néstor Feal Díaz Pontedeume MONTBR	andona	4:29	6:38	25:32	35:09	44:47	49:57	-----	-----	-----	-----	-----	-----	:09:59	13:41
					4:29	2:09	18:54	9:37	9:38	5:10							20:02	42
					:14:30													
					0:49													

s		sal	Nombre	tiempo														
Masculino 21 A (14)					5,6 km 190 m (cont.)													
					1(31)	2(60)	3(56)	4(48)	5(49)	6(67)	7(90)	8(52)	9(87)	10(63)	11(64)	12(50)	13(69)	(100)
					Meta													
624	Alan Sardinero Gonza	andona	Vigo U-VIGO	46:54	47:58	-----	-----	-----	-----	-----	-----	-----	:35:16	-----	-----	-----	-----	---
				46:54	1:04													
				:49:07	6:40	41:45												
				13:50	*38	*89												
477	Manuel Figueira Preg	No sale	Ordes SEO															
Masculino 21 B (9)					3,7 km 115 m													
					1(60)	2(64)	3(65)	4(72)	5(69)	6(83)	7(66)	8(75)	9(80)	10(78)	11(100)	Meta		
1	268 Pablo Rocha Pena	41:44	LUGO COMPAS	6:07	11:16	13:54	16:36	20:52	22:55	28:15	32:24	36:33	39:05	41:17	41:44			
				6:07	5:09	2:38	2:42	4:16	2:03	5:20	4:09	4:09	2:32	2:12	0:27			
2	445 Alberto José Hermida	1:10:39	Pontedeume MONTBR	12:12	24:23	27:15	39:03	42:06	44:38	55:10	59:01	:04:46	:07:49	:10:12	:10:39			
				12:12	12:11	2:52	11:48	3:03	2:32	10:32	3:51	5:45	3:03	2:23	0:27			
3	37 Alejandro Victorero D	1:28:38	Porto do Son ADC_AR	14:38	22:26	27:12	32:07	37:55	41:49	:06:23	:11:58	:18:12	:25:20	:28:11	:28:38			
				14:38	7:48	4:46	4:55	5:48	3:54	24:34	5:35	6:14	7:08	2:51	0:27			
4	325 Juan Carlos Ferreira	1:32:53	Culleredo GALLAECIA	9:08	28:59	32:08	46:49	51:43	56:23	:10:51	:15:59	:25:43	:29:46	:32:17	:32:52			
				9:08	19:51	3:09	14:41	4:54	4:40	14:28	5:08	9:44	4:03	2:31	0:35			
5	480 José Antonio Rodríguez	1:43:26	Ordes SEO	17:52	41:53	45:56	51:26	:01:20	:04:32	:18:43	:24:06	:33:52	:40:14	:43:00	:43:26			
				17:52	24:01	4:03	5:30	9:54	3:12	14:11	5:23	9:46	6:22	2:46	0:26			
6	222 Angel Algora Aizpurua	1:51:27	LUGO FLUVIAL_LUGO	20:56	38:24	42:43	48:13	56:39	:00:04	:23:59	:30:06	:40:49	:46:54	:50:59	:51:27			
				20:56	17:28	4:19	5:30	8:26	3:25	23:55	6:07	10:43	6:05	4:05	0:28			
7	493 Diego De La Torre He	2:09:30	O Barco de Valde TRE	:03:59	:18:24	:23:19	:27:48	:32:52	:36:56	:48:03	:57:11	:02:45	:06:14	:08:41	:09:30			
				:03:59	14:25	4:55	4:29	5:04	4:04	11:07	9:08	5:34	3:29	2:27	0:49			
491	Francisco José Camb	No sale	O Barco de Valde TRE															
630	Anxo Meizoso Permui	No sale	Culleredo GALLAECIA															
Masculino 35 (13)					9,6 km 385 m													
					1(51)	2(86)	3(33)	4(35)	5(47)	6(37)	7(39)	8(32)	9(54)	10(34)	11(38)	12(43)	13(44)	(45)
					15(46)	16(56)	17(49)	18(53)	9(100)	Meta								
1	479 Jose Angel Morlán Ro	1:49:32	Ordes SEO	4:27	22:30	28:02	30:55	37:21	52:50	56:07	57:56	59:13	:04:34	:13:49	:20:22	:21:39	24:27	
				4:27	18:03	5:32	2:53	6:26	15:29	3:17	1:49	1:17	5:21	9:15	6:33	1:17	48	
				:25:08	:35:01	:39:18	:46:13	:49:13	:49:32									
				0:41	9:53	4:17	6:55	3:00	0:18									
2	643 Ignacio Sordo Touza	1:51:36	Santiago de Comp US	3:56	26:45	29:11	32:43	36:12	46:51	49:35	51:26	53:08	57:43	:10:19	:17:54	:19:49	23:47	
				3:56	22:49	2:26	3:32	3:29	10:39	2:44	1:51	1:42	4:35	12:36	7:35	1:55	58	
				:24:28	:34:48	:39:08	:46:25	:51:12	:51:36									
				0:41	10:20	4:20	7:17	4:47	0:24									
3	30 Alfonso Rosado Frade	1:56:20	Porto do Son ADC_AR	5:21	22:18	25:24	28:41	32:17	46:40	49:28	51:45	53:22	57:51	:10:25	:19:05	:21:29	25:25	
				5:21	16:57	3:06	3:17	3:36	14:23	2:48	2:17	1:37	4:29	12:34	8:40	2:24	56	
				:25:59	:37:47	:40:32	:52:06	:55:54	:56:19									
				0:34	11:48	2:45	11:34	3:48	0:25									
4	375 Juan Patiño Varela	2:32:26	Culleredo GALLAECIA	9:17	42:26	46:44	52:11	57:52	:14:27	:19:04	:21:41	:23:47	:30:17	:43:34	:53:41	:55:35	59:14	
				9:17	33:09	4:18	5:27	5:41	16:35	4:37	2:37	2:06	6:30	13:17	10:07	1:54	39	
				:00:07	:17:16	:19:54	:27:02	:31:59	:32:26									
				0:53	17:09	2:38	7:08	4:57	0:26									
626	Guillermo Lavia Barre	control	Pontevedra AROMON	4:26	33:49	43:57	49:15	52:17	:10:12	:20:41	:21:53	:23:33	:38:36	:51:44	:09:29	:10:55	14:49	
				4:26	29:23	10:08	5:18	3:02	17:55	10:29	1:12	1:40	15:03	13:08	17:45	1:26	54	
				:15:08	:32:03	:44:45	:55:16	:02:11	:02:34									
				0:19	16:55	12:42	10:31	6:55	0:23									
444	Hector Fraga Ares	en tarj.	Pontedeume MONTBR	5:20	31:44	42:12	47:11	58:04	:18:15	:22:00	:24:43	:27:39	:36:16	:10:09	:21:55	:26:04	31:13	
				5:20	26:24	10:28	4:59	10:53	20:11	3:45	2:43	2:56	8:37	33:53	11:46	4:09	09	
				:32:21	-----	-----	-----	:57:32	:58:10									
				1:08	-----	-----	-----	25:11	0:37									
328	Lucas Freire Lage	andona	Culleredo GALLAECIA	3:27	25:08	38:17	51:42	54:14	:09:08	:20:51	:23:56	:25:45	:31:14	-----	-----	-----	---	
				3:27	21:41	13:09	13:25	2:32	14:54	11:43	3:05	1:49	5:29					
				-----	-----	-----	-----	:41:32	:42:01									
				-----	-----	-----	-----	10:18	0:28									
381	Alberto Perez Seijas	andona	Culleredo GALLAECIA	15:36	:05:46	:11:53	:18:36	:23:14	-----	-----	-----	-----	-----	-----	-----	-----	---	
				15:36	50:10	6:07	6:43	4:38	-----	-----	-----	-----	-----	-----	-----	-----	---	
				-----	-----	-----	-----	:51:49	:52:55									
				-----	-----	-----	-----	28:35	1:05									

s		sal	Nombre	tiempo															
Masculino 35 (13)					9,6 km 385 m (cont.)														
					1(51)	2(86)	3(33)	4(35)	5(47)	6(37)	7(39)	8(32)	9(54)	10(34)	11(38)	12(43)	13(44)	(45)	
					15(46)	16(56)	17(49)	18(53)	9(100)	Meta									
106			Francisco Varela Vare	andona	40:37	:27:41	:41:33	:48:35	:54:45	:16:40	:20:59	:24:58	:27:18	:37:40	----	----	----	---	
			Pontevedra AROMON		40:37	47:04	13:52	7:02	6:10	21:55	4:19	3:59	2:20	10:22					
					----	----	----	----	:48:23	:48:55									
									10:43	0:32									
54			Francisco Javier Casa	andona	6:36	51:34	56:59	:01:49	:06:00	:24:09	:27:22	:30:26	:32:23	:52:29	:36:53	----	----	---	
			Pontevedra AROMON		6:36	44:58	5:25	4:50	4:11	18:09	3:13	3:04	1:57	20:06	44:24				
					----	----	----	:44:28	:53:24	:54:27									
								7:35	8:56	1:02									
903			Andrés Bustio Díaz	andona	16:22	----	----	----	----	----	----	----	----	----	----	----	----	---	
			Asturias ASTUR EXTR		16:22														

904			Juan Carlos Cagide T	andona	4:04	57:10	59:54	:03:42	:06:56	:31:35	:34:54	:37:02	:38:18	:44:07	----	----	----	---	
			Aragón HUESCA		4:04	53:06	2:44	3:48	3:14	24:39	3:19	2:08	1:16	5:49					
					----	----	----	----	----	----									
44			Ángel Álvarez Serto	No sale															
			Pontevedra AROMON																
Masculino 40 (18)					7,4 km 305 m														
					1(89)	2(86)	3(35)	4(47)	5(39)	6(32)	7(54)	8(61)	9(62)	10(63)	11(64)	12(66)	13(69)	(100)	
					Meta														
1	253		Javier Liz Díaz	1:31:38	3:19	19:50	24:27	27:12	43:46	46:04	47:31	:08:05	:09:06	:12:28	:14:04	:20:36	:29:04	31:15	
			LUGO FLUVIAL_LUGO		3:19	16:31	4:37	2:45	16:34	2:18	1:27	20:34	1:01	3:22	1:36	6:32	8:28	11	
					:31:37	:02:20													
					0:22	*64													
2	306		Miguel Camblor Quiró	1:33:01	4:02	28:49	33:27	38:05	51:05	52:53	54:13	:06:38	:08:00	:11:21	:13:57	:25:52	:31:05	32:43	
			Culleredo GALLAECIA		4:02	24:47	4:38	4:38	13:00	1:48	1:20	12:25	1:22	3:21	2:36	11:55	5:13	38	
					:33:01														
					0:17														
3	294		Arturo Antón Casado	1:36:12	4:14	22:48	27:07	31:25	50:58	53:09	55:16	:13:17	:15:23	:19:53	:22:10	:27:38	:32:33	35:48	
			Culleredo GALLAECIA		4:14	18:34	4:19	4:18	19:33	2:11	2:07	18:01	2:06	4:30	2:17	5:28	4:55	15	
					:36:11	:07:01													
					0:23	*53													
4	905		Javier Barja Alvarez	1:38:39	8:19	32:19	36:10	38:20	53:02	55:04	56:54	:17:11	:18:13	:22:42	:24:37	:32:45	:35:57	38:16	
			EXTREMADURA		8:19	24:00	3:51	2:10	14:42	2:02	1:50	20:17	1:02	4:29	1:55	8:08	3:12	19	
					:38:38														
					0:22														
5	288		Angel Albarran Rodrig	1:53:40	10:54	37:14	41:37	49:03	:09:27	:11:06	:13:16	:32:21	:34:25	:38:00	:40:42	:46:43	:50:41	53:16	
			Culleredo GALLAECIA		10:54	26:20	4:23	7:26	20:24	1:39	2:10	19:05	2:04	3:35	2:42	6:01	3:58	35	
					:53:40														
					0:23														
6	49		Pablo Barreiro Ferná	1:59:25	3:43	40:10	44:02	46:17	:01:10	:02:58	:04:30	:35:14	:36:18	:40:39	:42:32	:52:04	:56:38	59:03	
			Pontevedra AROMON		3:43	36:27	3:52	2:15	14:53	1:48	1:32	30:44	1:04	4:21	1:53	9:32	4:34	25	
					:59:25														
					0:21														
7	327		Arturo Norberto Fontá	2:05:40	5:56	34:52	41:14	45:40	:11:19	:13:41	:16:18	:34:40	:36:32	:39:57	:42:27	:58:37	:03:21	05:15	
			Culleredo GALLAECIA		5:56	28:56	6:22	4:26	25:39	2:22	2:37	18:22	1:52	3:25	2:30	16:10	4:44	54	
					:05:40														
					0:25														
8	234		Carlos Fernández Mar	2:24:02	9:02	32:42	40:48	45:26	:19:22	:23:58	:25:29	:50:34	:52:23	:57:05	:02:06	:09:18	:20:56	23:33	
			LUGO FLUVIAL_LUGO		9:02	23:40	8:06	4:38	33:56	4:36	1:31	25:05	1:49	4:42	5:01	7:12	11:38	37	
					:24:02														
					0:29														
9	659		Alberto Rodríguez Sal	2:48:17	21:26	42:21	47:06	50:21	:24:19	:26:48	:28:22	:04:23	:05:00	:11:30	:13:23	:39:09	:45:21	47:28	
			Pontevedra AROMON		21:26	20:55	4:45	3:15	33:58	2:29	1:34	36:01	0:37	6:30	1:53	25:46	6:12	07	
					:48:16														
					0:48														
390			Daniel Rioboo Iglesia	en tarj.	24:08	:16:30	:22:41	:39:28	----	----	----	----	----	----	----	----	----	26:09	
			Culleredo GALLAECIA		24:08	52:22	6:11	16:47										:41	
					:26:40	:24:06													
					0:31	*79													

s		sal	Nombre	tiempo																			
Masculino 45 (27)					6,7 km 310 m (cont.)																		
					1(85)	2(73)	3(56)	4(86)	5(35)	6(47)	7(54)	8(52)	9(53)	10(63)	11(64)	12(49)	13(70)	(69)					
					5(100)	Meta																	
348			Antonio López Fernán Culleredo GALLAECIA	andona	31:53	34:03	-----	-----	-----	-----	:56:42	-----	-----	-----	-----	-----	-----	---					
					31:53	2:10																	
					-----	:20:29																	
						23:47																	
617			Jorge Pérez Juste Vigo U-VIGO	No sale																			
472			Henrique Xosé Peinó Viveiro SANROQUE	No sale																			
Masculino 50 (11)					5,5 km 210 m																		
					1(88)	2(89)	3(40)	4(56)	5(86)	6(35)	7(47)	8(37)	9(39)	10(53)	11(69)	2(100)	Meta						
1	501		Xan Mariano Trigo Re O Barco de Valde TRE	1:23:48	2:37	7:53	13:46	36:40	38:52	43:06	46:10	:04:55	:08:27	:17:08	:20:23	:23:23	:23:47						
					2:37	5:16	5:53	22:54	2:12	4:14	3:04	18:45	3:32	8:41	3:15	3:00	0:24						
					33:22																		
					*86																		
2	45		Javier Alvelo Fraguela Pontevedra AROMON	1:34:44	9:28	12:57	26:36	52:49	54:37	58:51	:01:53	:14:55	:20:39	:29:52	:32:25	:34:21	:34:44						
					9:28	3:29	13:39	26:13	1:48	4:14	3:02	13:02	5:44	9:13	2:33	1:56	0:22						
3	332		Jose Luis Garcia Dom Culleredo GALLAECIA	1:52:52	3:14	6:38	17:13	31:59	34:57	43:03	47:10	:31:46	:34:08	:44:07	:49:29	:50:56	:52:52						
					3:14	3:24	10:35	14:46	2:58	8:06	4:07	44:36	2:22	9:59	5:22	1:27	1:55						
4	906		Andrade Portugal Orientacao d	1:58:54	27:08	32:29	41:13	54:29	57:00	:00:06	:03:03	:20:36	:30:06	:53:09	:56:43	:58:29	:58:54						
					27:08	5:21	8:44	13:16	2:31	3:06	2:57	17:33	9:30	23:03	3:34	1:46	0:25						
					29:23																		
					*51																		
5	262		Pedro Parga Andón LUGO FLUVIAL_LUGO	2:03:03	7:35	19:40	32:59	:11:04	:13:38	:21:48	:25:37	:41:40	:46:54	:56:39	:59:43	:02:34	:03:03						
					7:35	12:05	13:19	38:05	2:34	8:10	3:49	16:03	5:14	9:45	3:04	2:51	0:28						
6	17		Santiago Amador Ouj Porto do Son ADC_AR	2:03:52	4:03	9:21	18:15	58:15	:07:15	:14:07	:21:51	:35:31	:41:19	:57:09	:00:52	:03:29	:03:52						
					4:03	5:18	8:54	40:00	9:00	6:52	7:44	13:40	5:48	15:50	3:43	2:37	0:23						
7	339		Rodrigo González Ro Culleredo GALLAECIA	2:04:37	29:06	40:28	52:31	:11:46	:14:35	:19:04	:21:32	:34:37	:38:55	:57:56	:01:47	:04:10	:04:36						
					29:06	11:22	12:03	19:15	2:49	4:29	2:28	13:05	4:18	19:01	3:51	2:23	0:26						
243			Marcos Fouz Rodrigu LUGO FLUVIAL_LUGO	en tarj.	16:16	21:50	31:44	:15:45	:25:58	:35:08	:53:29	-----	:51:10	-----	:17:04	:20:55	:21:56						
					16:16	5:34	9:54	44:01	10:13	9:10	18:21		57:41		25:54	3:51	1:01						
140			Jesus Santos Iglesias A Coruña ARTABROS	andona	9:08	29:08	50:03	:15:08	:20:09	:28:21	:35:56	-----	-----	-----	-----	:29:50	:30:38						
					9:08	20:00	20:55	25:05	5:01	8:12	7:35												
376			Rafael Pazos Miser Culleredo GALLAECIA	andona	12:47	37:23	:14:37	-----	-----	-----	-----	-----	-----	-----	-----	:46:49							
					12:47	24:36	37:14																
338			José Manuel González Culleredo GALLAECIA	No sale																			
Élite (12)					10,1 km 385 m																		
					1(57)	2(36)	3(33)	4(35)	5(39)	6(32)	7(90)	8(34)	9(38)	10(40)	11(42)	12(43)	13(44)	(45)					
					15(46)	16(47)	17(68)	18(50)	19(63)	20(73)	21(69)	2(100)	Meta										
1	513		Maikel Rodriguez Do Vigo VIGORIENTA	1:13:07	1:05	11:11	13:54	16:04	24:27	25:52	27:38	33:41	40:52	43:57	49:20	49:48	50:48	:58					
					1:05	10:06	2:43	2:10	8:23	1:25	1:46	6:03	7:11	3:05	5:23	0:28	1:00	10					
					53:20	57:41	:00:32	:02:59	:06:56	:09:34	:11:33	:12:49	:13:07										
					0:22	4:21	2:51	2:27	3:57	2:38	1:59	1:16	0:18										
2	94		Brais Piñeiro Fraga Pontevedra AROMON	1:21:24	5:58	19:22	21:09	23:34	34:39	36:11	38:22	41:35	50:43	52:53	57:07	57:34	58:44	00:57					
					5:58	13:24	1:47	2:25	11:05	1:32	2:11	3:13	9:08	2:10	4:14	0:27	1:10	13					
					:01:27	:06:25	:09:21	:12:14	:14:30	:17:17	:19:12	:21:07	:21:24										
					0:30	4:58	2:56	2:53	2:16	2:47	1:55	1:55	0:16										
3	452		David Casado Bravo Betanzos OP BETANZ	1:24:41	3:35	14:15	16:05	18:35	30:44	32:24	34:52	38:14	49:58	51:53	58:18	58:53	:00:30	03:11					
					3:35	10:40	1:50	2:30	12:09	1:40	2:28	3:22	11:44	1:55	6:25	0:35	1:37	41					
					:03:45	:09:29	:12:37	:15:33	:18:04	:20:32	:22:45	:24:20	:24:40										
					0:34	5:44	3:08	2:56	2:31	2:28	2:13	1:35	0:20										
4	219		Juan J. Sancosmed V A Coruña COCO	1:29:18	1:34	13:06	16:11	18:27	29:12	30:55	33:16	36:32	51:14	53:19	:00:57	:01:33	:02:45	05:21					
					1:34	11:32	3:05	2:16	10:45	1:43	2:21	3:16	14:42	2:05	7:38	0:36	1:12	36					
					:05:47	:11:20	:14:57	:18:06	:21:41	:24:17	:26:58	:28:54	:29:17			44:19	44:36						
					0:26	5:33	3:37	3:09	3:35	2:36	2:41	1:56	0:23			*73	*73						
5	405		Iván Somoza Argibay Culleredo GALLAECIA	1:36:05	2:34	14:44	16:53	26:26	41:25	42:57	45:05	48:09	56:20	59:21	:07:28	:08:00	:09:28	12:24					
					2:34	12:10	2:09	9:33	14:59	1:32	2:08	3:04	8:11	3:01	8:07	0:32	1:28	56					
					:12:56	:18:18	:22:31	:26:15	:29:10	:31:51	:34:08	:35:44	:36:04										
					0:32	5:22	4:13	3:44	2:55	2:41	2:17	1:36	0:20										

s		sal	Nombre	tiempo														
Élite (12)					10,1 km 385 m (cont.)													
					1(57)	2(36)	3(33)	4(35)	5(39)	6(32)	7(90)	8(34)	9(38)	10(40)	11(42)	12(43)	13(44)	(45)
					15(46)	16(47)	17(68)	18(50)	19(63)	20(73)	21(69)	2(100)	Meta					
6	64		Gonzalo Fernández C Pontevedra AROMON	1:38:27	1:16	15:29	17:28	19:38	30:02	32:44	35:06	38:13	45:49	48:25	:01:02	:01:40	:02:39	08:05
					1:16	14:13	1:59	2:10	10:24	2:42	2:22	3:07	7:36	2:36	12:37	0:38	0:59	26
					:08:29	:20:43	:24:21	:27:33	:29:50	:33:04	:36:01	:38:07	:38:26					
					0:24	12:14	3:38	3:12	2:17	3:14	2:57	2:06	0:19					
7	13		David Lareo Martinez Porto do Son ADC_AR	1:53:54	3:42	20:35	22:57	25:57	38:39	40:27	42:44	46:26	56:41	:00:02	:08:55	:09:27	:10:43	14:23
					3:42	16:53	2:22	3:00	12:42	1:48	2:17	3:42	10:15	3:21	8:53	0:32	1:16	40
					:14:56	:27:30	:31:37	:39:24	:45:49	:48:56	:51:43	:53:29	:53:54					
					0:33	12:34	4:07	7:47	6:25	3:07	2:47	1:46	0:25					
8	105		Manuel Varela Rivera Pontevedra AROMON	2:11:41	3:51	26:38	28:57	31:59	51:52	54:00	58:02	:02:30	:13:07	:19:22	:26:22	:27:04	:28:47	32:20
					3:51	22:47	2:19	3:02	19:53	2:08	4:02	4:28	10:37	6:15	7:00	0:42	1:43	33
					:32:53	:43:00	:47:32	:53:26	:02:00	:05:58	:09:21	:11:19	:11:41					
					0:33	10:07	4:32	5:54	8:34	3:58	3:23	1:58	0:21					
9	323		Oscar Fernández Oter Culleredo GALLAECIA	2:32:28	1:38	25:18	28:13	31:14	45:27	47:16	56:35	:03:16	:19:57	:28:41	:35:22	:37:04	:39:41	42:45
					1:38	23:40	2:55	3:01	14:13	1:49	9:19	6:41	16:41	8:44	6:41	1:42	2:37	04
					:44:09	:04:25	:11:19	:16:28	:20:45	:28:05	:30:22	:32:07	:32:28	:09:10				
					1:24	20:16	6:54	5:09	4:17	7:20	2:17	1:45	0:20	*56				
66			Ricardo Figueroa Fer Pontevedra AROMON	andona	5:55	29:22	36:29	39:04	-----	-----	-----	-----	-----	-----	-----	-----	-----	---
					5:55	23:27	7:07	2:35										
					-----	-----	-----	:27:27	:31:09	:35:24	:39:40	:41:30	:41:53					
								48:23	3:42	4:15	4:16	1:50	0:22					
459			Francisco Javier López Betanzos OP BETANZ	No sale														
369			Marcos Muíño García Culleredo GALLAECIA	No sale														
Masculino 55 (8)					5,2 km 220 m													
					1(57)	2(73)	3(62)	4(48)	5(68)	6(67)	7(54)	8(52)	9(53)	10(64)	11(65)	12(50)	13(69)	(100)
					Meta													
1	642		Eduardo V. Ramos Lo Santiago de Comp US	1:41:54	3:11	10:54	15:11	34:26	40:18	48:15	58:47	:06:48	:22:30	:27:54	:30:12	:32:01	:36:31	41:16
					3:11	7:43	4:17	19:15	5:52	7:57	10:32	8:01	15:42	5:24	2:18	1:49	4:30	45
					:41:54													
					0:38													
2	103		Manuel Varela Maceira Pontevedra AROMON	1:52:28	1:59	15:31	19:12	31:15	59:58	:04:30	:11:23	:19:09	:28:34	:32:26	:41:04	:42:57	:48:31	51:53
					1:59	13:32	3:41	12:03	28:43	4:32	6:53	7:46	9:25	3:52	8:38	1:53	5:34	22
					:52:28													
					0:35													
3	59		Gilberto Diaz Falcon Pontevedra AROMON	2:00:01	2:42	8:02	12:21	25:20	36:02	40:22	52:40	:00:03	:37:14	:41:16	:46:41	:49:11	:53:43	59:32
					2:42	5:20	4:19	12:59	10:42	4:20	12:18	7:23	37:11	4:02	5:25	2:30	4:32	49
					:00:01													
					0:28													
4	34		Camilo Serantes Mane Porto do Son ADC_AR	2:13:01	4:54	11:26	23:10	38:51	44:11	50:06	58:42	:13:45	:49:28	:00:42	:03:46	:06:07	:09:43	12:34
					4:54	6:32	11:44	15:41	5:20	5:55	8:36	15:03	35:43	11:14	3:04	2:21	3:36	51
					:13:01													
					0:27													
5	435		Antonio Garcia Couce Ferrol MONTAÑA_FER	2:41:28	4:20	13:22	22:27	:10:06	:20:15	:28:07	:40:03	:55:06	:19:50	:24:42	:27:24	:30:59	:36:10	40:56
					4:20	9:02	9:05	47:39	10:09	7:52	11:56	15:03	24:44	4:52	2:42	3:35	5:11	46
					:41:28													
					0:32													
6	438		Francisco Sande Rod Ferrol MONTAÑA_FER	2:41:46	8:42	17:49	22:40	39:28	53:53	58:20	:07:12	:24:07	:10:34	:14:22	:21:48	:26:00	:35:55	40:45
					8:42	9:07	4:51	16:48	14:25	4:27	8:52	16:55	46:27	3:48	7:26	4:12	9:55	50
					:41:46													
					1:01													
309			Juan Carlos Carballo Culleredo GALLAECIA	andona	7:47	11:23	20:42	:00:44	:11:53	:16:37	:25:04	:46:58	-----	-----	-----	-----	-----	31:08
					7:47	3:36	9:19	40:02	11:09	4:44	8:27	21:54						
					:32:11	14:46												
					1:03	*89												
38			Jorge Victorero Rey Porto do Son ADC_AR	andona	2:36	8:43	42:52	:27:02	:40:34	-----	-----	-----	-----	-----	-----	-----	-----	---
					2:36	6:07	34:09	44:10	13:32									

s		sal	Nombre	tiempo														
Feminino 55 (5)					4,1 km 165 m													
					1(59)	2(31)	3(73)	4(64)	5(65)	6(48)	7(56)	8(49)	9(70)	10(37)	11(52)	12(66)	13(41)	(100)
					Meta													
1	236		Fermina Fernandez Ri LUGO FLUVIAL_LUGO	2:17:19	3:26	13:24	25:16	46:30	49:52	:01:07	:06:07	:11:01	:23:28	:32:12	:42:01	:08:31	:14:05	16:41
					3:26	9:58	11:52	21:14	3:22	11:15	5:00	4:54	12:27	8:44	9:49	26:30	5:34	36
					:17:18													
					0:37													
61			Yolanda Díaz Rodríguez Pontevedra AROMON	control	9:09	13:02	18:58	35:17	:17:18	:24:14	:28:11	:17:53	:27:28	:38:28	:53:29	:04:31	:11:07	13:33
					9:09	3:53	5:56	16:19	42:01	6:56	3:57	49:42	9:35	11:00	15:01	11:02	6:36	26
					:14:21													
					0:48													
355			María Dolores López Culleredo GALLAECIA	andona	21:11	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	---
					21:11													
340			Adriana Luisa González Culleredo GALLAECIA	andona	6:26	13:23	23:06	55:12	:00:04	:22:25	:27:01	:34:09	-----	-----	-----	-----	-----	---
					6:26	6:57	9:43	32:06	4:52	22:21	4:36	7:08						
429			Mª José Naya López A Coruña LICEO	No sale														