

**Horarios de Salida del club –5ª proba da liga Galega de Orientación a pé 2022 Torroña**

2022-03-09

<b>.COM</b>						
1034	11:26	Covas Costa Tania	F- ELITE	7360 m	Start 1	2006621
1033	10:02	Andrade Octávio	M-50	5900 m	Start 1	544041
1030	10:12	Fernandes José	M-50	5900 m	Start 1	8061479
1044	10:20	Vilas Boas Fernando	M-50	5900 m	Start 1	1010097
1037	10:04	Serra Campos Paula	F-45	5980 m	Start 1	1009875
1031	10:56	Fernandes Joana	F-21A	6600 m	Start 2	8182087
1041	10:08	Silva Tiago	M-18	6820 m	Start 2	8182088
1039	10:26	Lencastre João	M-18	6820 m	Start 2	8681435
1040	10:50	Quintas Ricardo	M-18	6820 m	Start 2	8681413
1038	10:33	Serra Campos Alexandra	F-16	5140 m	Start 2	8201029
1051	–	Mota Margarida	INI-CURTA	3530 m	Start 2	2006626

<b>ADC_ARNELA</b>						
205	10:26	Lareo Martinez David	ELITE	8780 m	Start 1	8269041
286	10:09	Oujo Pouso Gelasio	M-40	7150 m	Start 1	1411190
282	11:13	Oujo Ageitos Joaquín	M-40	7150 m	Start 1	8001730
80	10:02	Carro Mahía Alejandra	F-35	6780 m	Start 1	8664984
250	10:17	Míguez Sampedro Susana	F-35	6780 m	Start 1	8658636
283	10:46	Oujo Castelo Santiago Amador	M-50	5900 m	Start 1	2082881
426	10:13	Victorero Rey Jorge	M-55	5450 m	Start 1	2082751
376	10:57	Serantes Maneiro Camilo	M-55	5450 m	Start 1	8210264
314	10:46	Pérez Torres María Del Pilar	F-50	4980 m	Start 1	2082882
285	10:26	Oujo Perez Nerea	F-21A	6600 m	Start 2	2099576
284	10:44	Oujo Perez Antía	F-21A	6600 m	Start 2	2099575
230	11:14	Lourido Gacío Elena	F-21A	6600 m	Start 2	2099578
425	10:50	Victorero Domínguez Alejandro	M-21B	5890 m	Start 2	2082760
133	10:02	Fernández Rodal Indira	F-18	5440 m	Start 2	2500913
319	10:18	Queiruga Romay Raquel	F-18	5440 m	Start 2	8073957
318	10:34	Queiruga Romay Maria	F-18	5440 m	Start 2	8229957
408	–	Varela Ferreiro Jorge Manrique	INI-LONGA	5210 m	Start 2	2010864
414	–	Varela Rivas Nuria Maria	INI-LONGA	5210 m	Start 2	2114850

<b>AMONTANHA</b>						
1050	10:07	Cruz Ricardo	M-35	7520 m	Start 1	7404040
1057	10:48	Lima Rafael	M-45	6890 m	Start 1	8052765
1029	10:53	Silva Jorge	M-55	5450 m	Start 1	2108652
1064	10:07	Esteves Lucília	F-55	4810 m	Start 1	2108657
1059	10:34	Vieira Maia José	M-21B	5890 m	Start 2	1425346
1056	10:32	Mendes Lima Rodrigo	M-18	6820 m	Start 2	8632865
1035	10:00	Reis Duarte	M-16	5410 m	Start 2	2800579
1058	10:17	Maia João	M-14	4460 m	Start 2	2108669
1052	–	Vasconcelos Carolina	INI-CURTA	3530 m	Start 2	2091971

<b>AROMON</b>						
256	10:18	Moreira Alonso Adrián	ELITE	8780 m	Start 1	8667913
561	10:38	Pérez Alonso Adrián	ELITE	8780 m	Start 1	2009933
127	10:50	Fernández Casalderrey Gonzalo	ELITE	8780 m	Start 1	8667911
570	11:10	Varela Rivera Manuel	ELITE	8780 m	Start 1	8130013
149	10:11	Figueroa Fernández Ricardo	M-35	7520 m	Start 1	8670525
84	10:19	Casal Fernández Francisco Javier	M-35	7520 m	Start 1	8006833
421	10:35	Veiga Jalda Martin	M-35	7520 m	Start 1	8656807
415	10:47	Varela Varela Francisco	M-35	7520 m	Start 1	2042497
232	10:05	Marín Alex	M-40	7150 m	Start 1	8656798
634	10:25	Ruiz Lago Emilio	M-40	7150 m	Start 1	9200205
47	11:01	Barreiro Fernández Pablo	M-40	7150 m	Start 1	8668992
659	11:17	Mucientes Sandoval Gonzalo	M-40	7150 m	Start 1	2042418
420	10:07	Veiga García Carla	F-35	6780 m	Start 1	8670545
104	10:27	Denis Sanroman Marina	F-35	6780 m	Start 1	8667786
305	10:47	Pérez Alonso Alicia	F-35	6780 m	Start 1	8654201
630	10:12	Ferrer Vidal Francisco José	M-45	6890 m	Start 1	8089667
568	10:32	Rozas Abella Xaime	M-45	6890 m	Start 1	2042489
32	10:44	Alvelo Fraguera Javier	M-45	6890 m	Start 1	8656780
51	10:56	Beloso García Manuel	M-45	6890 m	Start 1	7207542
564	11:24	Rodríguez Salas Alberto	M-45	6890 m	Start 1	8680100
569	10:02	Seijo Souto Dori	F-40	6290 m	Start 1	8662014
554	10:42	Dios González Ana Mª	F-40	6290 m	Start 1	2009986
555	10:14	Fernández Costas José Luis	M-50	5900 m	Start 1	8268905
36	10:30	Antoñón Clemente Javier	M-50	5900 m	Start 1	8656800
333	10:54	Ricoy Bugarín José Antonio	M-50	5900 m	Start 1	8450000
266	10:16	Navia Vega Yolanda	F-45	5980 m	Start 1	2053900
309	10:36	Pérez Otero Amalia	F-45	5980 m	Start 1	8099885
560	10:56	Pazos Fernández Susana Consuelo	F-45	5980 m	Start 1	8516402
567	10:05	Romero Capa Carlos Mario	M-55	5450 m	Start 1	8089656
105	10:29	Diaz Falcon Gilberto	M-55	5450 m	Start 1	8073978
410	10:45	Varela Maceira Manuel	M-55	5450 m	Start 1	7204796
364	10:34	Sanchez Vázquez Maria Luisa	F-50	4980 m	Start 1	8657203
198	10:54	Iglesias Nieto Carmen	F-50	4980 m	Start 1	341173
110	10:43	Díaz Rodríguez Yolanda	F-55	4810 m	Start 1	2057831

106	10:04	Díaz Hernández Dailo	M-21A	7550 m	Start 2	8182162
563	10:38	Rodríguez Queipo Noel	F-21A	6600 m	Start 2	8414080
363	11:26	Sánchez Ocaña Diana	F-21A	6600 m	Start 2	8023333
354	10:02	Romero Armada Carlos	M-18	6820 m	Start 2	8328688
52	10:16	Beloso Iglesias Mauro	M-16	5410 m	Start 2	2104714
565	10:03	Rodríguez Seijo Antón	M-12	2970 m	Start 2	2023617
566	10:27	Rodríguez Seijo Iago	M-12	2970 m	Start 2	2023667
394	10:33	Tapia Denis Xana	F-12	2970 m	Start 2	2008799
188	-	Grimaldi Pérez Alba	INI-LONGA	5210 m	Start 2	8656808
413	-	Varela Pérez Noa	INI-CURTA	3530 m	Start 2	2020230
668	-	Romero Armada Inés	INI-CURTA	3530 m	Start 2	2064435
633	-	Rodríguez Seijo Noa	INI-CURTA	3530 m	Start 2	400309
660	-	Tapia Denis Daniel	INI-CURTA	3530 m	Start 2	2023624

**ARTABROS**

587	10:26	Piñeiro Varela María	F- ELITE	7360 m	Start 1	8655836
594	10:15	Sevilla Gómez Francisco Javier	M-35	7520 m	Start 1	2009942
586	10:27	Piñeiro Portela Jorge	M-35	7520 m	Start 1	8655837
589	10:53	Riestra González Santiago	M-40	7150 m	Start 1	8154940
577	10:06	Couceiro Herrero Luis Adolfo	M-50	5900 m	Start 1	2008807
582	10:36	Gómez Ramos Antonio	M-50	5900 m	Start 1	8657171
592	10:44	Santos Iglesias Jesus	M-50	5900 m	Start 1	1417105
583	10:52	López Pérez Jose Miguel	M-50	5900 m	Start 1	213604
579	10:42	Garcia Lopez Carlota	F-18	5440 m	Start 2	2015866
595	-	Sevilla Poncela Elba	INI-CURTA	3530 m	Start 2	4616275

**BUDIÑORAI**

34	Cancelado	Amil Fernández Carlos	ELITE	8780 m	Start 1	2101314
15	10:39	Alonso Alonso David	M-35	7520 m	Start 1	7208619
312	10:33	Pérez Rodríguez Jesús Eduardo	M-40	7150 m	Start 1	7208649
181	10:52	Gonzalez Rodriguez Paola	F-35	6780 m	Start 1	7204803
675	11:00	Gómez Pereiro Carlos Mario	M-45	6890 m	Start 1	1415174
418	10:32	Vazquez De Parga Benitez Antonio	M-50	5900 m	Start 1	7206945
251	10:40	Monje Garcia Ricardo	M-50	5900 m	Start 1	7002996
677	10:44	Monje Lopez Mario	M-18	6820 m	Start 2	2053923

**COAAL**

1060	10:32	Gomes Pedro Tiago	M-21A	7550 m	Start 2	8100990
1061	10:27	Mesquita Noemia	F-21B	5290 m	Start 2	1903603

**COCO**

367	11:14	Sancosmed Vázquez Juan J.	ELITE	8780 m	Start 1	8664993
42	11:26	Arias Rodil Manuel	ELITE	8780 m	Start 1	8154957
302	11:09	Penas Alfonso	M-40	7150 m	Start 1	8154959
365	10:21	Sancosmed Torres José Manuel	M-55	5450 m	Start 1	8013145
303	10:08	Penas Varela Jose	M-21A	7550 m	Start 2	2057715
344	10:20	Rodríguez Fernandez Ruben	M-21A	7550 m	Start 2	8011630
417	10:36	Vázquez López Alvaro	M-21A	7550 m	Start 2	2008782
1008	11:06	Uriz Varela Jairo	M-21B	5890 m	Start 2	8229932
1009	10:51	Toimil Begoña	F-21B	5290 m	Start 2	7201541
386	-	Soto Capon Lua	INI-LONGA	5210 m	Start 2	2054711

**COMPÁS**

203	10:00	Lamela Arias Alberto	M-45	6890 m	Start 1	8237742
409	10:04	Varela Lorenzo Francisco	M-45	6890 m	Start 1	8670994
172	10:18	González Bello Concepción	F-40	6290 m	Start 1	8071669
141	10:04	Fernández Souto José Manuel	M-50	5900 m	Start 1	8647684
173	10:08	González Canda Reyes	F-45	5980 m	Start 1	8072527
361	10:12	Sánchez Marín María Josefa	F-45	5980 m	Start 1	8670990
147	10:28	Ferrer Vidal Diana	F-45	5980 m	Start 1	8519657
135	10:00	Fernández Sánchez Pablo	M-21A	7550 m	Start 2	8643492
33	10:16	Amarelle Garabán Roberto	M-21A	7550 m	Start 2	7203305
338	10:10	Rocha Pena Pablo	M-21B	5890 m	Start 2	7208351
289	10:09	Pardo Vazquez Noa	F-16	5140 m	Start 2	8009145
352	10:25	Rodríguez Sobrado Noa	F-16	5140 m	Start 2	8670992
351	10:03	Rodríguez Sobrado Lia	F-14	4460 m	Start 2	8010232
204	10:11	Lamela Belver Estrella	F-14	4460 m	Start 2	8237662

**FLUVIAL\_LUGO**

437	10:34	Fernandez Arias Diego	ELITE	8780 m	Start 1	8010237
454	11:06	Nogueras Marentes Jose Manuel	ELITE	8780 m	Start 1	8670996
440	10:17	Fernández Martínez Carlos	M-40	7150 m	Start 1	8643497
450	10:57	Liz Díaz Javier	M-40	7150 m	Start 1	8647695
459	10:22	Pérez González M. José	F-35	6780 m	Start 1	8670991
433	10:42	Corral Prado Eva	F-35	6780 m	Start 1	8071651
462	10:16	Rodríguez Núñez Eugenio A.	M-45	6890 m	Start 1	2012114
464	10:26	Zolle Fernández Cristina	F-40	6290 m	Start 1	8076599
445	10:38	Fouz Rodríguez Marcos	M-50	5900 m	Start 1	1421319
457	10:56	Parga Andón Pedro	M-50	5900 m	Start 1	8030659
439	10:24	Fernández Fernández Gloria	F-45	5980 m	Start 1	8647692
460	10:52	Porto Vázquez Rosa	F-45	5980 m	Start 1	8670964
438	10:13	Fernandez Riveiro Fermina	F-55	4810 m	Start 1	8112328
458	11:20	Penela Fernández Jessica	F-21A	6600 m	Start 2	2009995
461	10:02	Rodríguez Acevedo Manuel	M-21B	5890 m	Start 2	2042429
431	10:58	Algora Aizpurua Angel	M-21B	5890 m	Start 2	8039996

455	10:17	Nogueras Porto Sara	F-16	5140 m	Start 2	8006819
441	10:11	Fernández Paredes Carlos	M-12	2970 m	Start 2	2023610
446	10:19	Fouz Sanchez Rodrigo	M-12	2970 m	Start 2	8022607

**GALLAECIA\_RAID**

383	10:22	Somoza Argibay Iván	ELITE	8780 m	Start 1	8670896
132	10:46	Fernández Otero Oscar	ELITE	8780 m	Start 1	8519663
49	10:20	Bello Rodríguez Olalla	F- ELITE	7360 m	Start 1	8103012
24	10:32	Alvarez Oreiro Laura	F- ELITE	7360 m	Start 1	8517308
115	10:44	Dopico Golpe Alba	F- ELITE	7360 m	Start 1	8670999
35	10:43	Antón Casado Arturo	M-35	7520 m	Start 1	8027213
67	11:24	Camblor Quirós Miguel	M-35	7520 m	Start 1	8519653
293	10:13	Patiño Varela Juan	M-40	7150 m	Start 1	8665408
10	11:25	Albarran Rodriguez Angel	M-40	7150 m	Start 1	8667769
268	10:37	Naya Mancebo Paula	F-35	6780 m	Start 1	8670963
148	10:57	Ferrero Del Pozo Carmen	F-35	6780 m	Start 1	8519594
228	10:28	Lorenzo Rivero Bruno	M-45	6890 m	Start 1	8163599
91	11:04	Chas Gómez Roberto	M-45	6890 m	Start 1	8670989
323	11:12	Ramos Asensio Luis Javier	M-45	6890 m	Start 1	8658626
374	10:34	Seoane Rodríguez Silvia	F-40	6290 m	Start 1	8670962
156	10:18	García Dominguez Jose Luis	M-50	5900 m	Start 1	8659376
224	10:24	López Peiteado Antonio Javier	M-50	5900 m	Start 1	7831000
379	10:28	Silvarrey Redondo Fernando	M-50	5900 m	Start 1	8655439
182	10:34	González Romano Rodrigo	M-50	5900 m	Start 1	8027203
295	10:42	Pazos Miser Rafael	M-50	5900 m	Start 1	2057890
22	10:50	Álvarez Estévez Enrique Luis	M-50	5900 m	Start 1	8163595
225	10:40	López Permuy Victoria	F-45	5980 m	Start 1	7207685
636	10:48	García Gonzalez Yolanda	F-45	5980 m	Start 1	8670897
60	11:04	Bujía Rodríguez Elena	F-45	5980 m	Start 1	2042401
165	10:09	Gil Díaz José Antonio	M-55	5450 m	Start 1	8519598
76	10:41	Carballo Fernández Juan Carlos	M-55	5450 m	Start 1	8519664
179	11:01	Gonzalez Fernandez Evaristo	M-55	5450 m	Start 1	8519586
180	11:05	González Núñez José Manuel	M-55	5450 m	Start 1	8519659
380	10:42	Silvarrey Redondo Teresa	F-50	4980 m	Start 1	8658619
227	10:01	López Suárez María Dolores	F-55	4810 m	Start 1	2080668
183	10:19	González Sención Adriana Luisa	F-55	4810 m	Start 1	8027202
136	10:31	Fernández Santiago María	F-55	4810 m	Start 1	2115634
407	10:40	Valiño Martínez David	M-21A	7550 m	Start 2	2023552
113	10:44	Doce Serrano Juan Antonio	M-21A	7550 m	Start 2	2077083
117	10:48	Dopico Pena Andres	M-21A	7550 m	Start 2	8654398
603	10:32	Loureiro Garrido Alexia	F-21A	6600 m	Start 2	8092092
169	10:50	Gomez Alicia	F-21A	6600 m	Start 2	2023523
46	11:08	Barreira Vazquez Maria Esther	F-21A	6600 m	Start 2	8163600
601	10:18	Iglesias Muñiz Carlos	M-21B	5890 m	Start 2	8092101
277	10:42	Orizales Lopez Oscar	M-21B	5890 m	Start 2	8092109
324	10:03	Ramos Morado Gorette	F-21B	5290 m	Start 2	4650377
280	10:11	Otero Fernandez Belen	F-21B	5290 m	Start 2	2023524
328	10:19	Rayón Fernández Paloma	F-21B	5290 m	Start 2	2044330
315	10:35	Pico Martínez Iria	F-21B	5290 m	Start 2	4645773
378	10:20	Silvarrey Oreiro Marcos	M-18	6820 m	Start 2	8027204
219	10:56	López López Adrián	M-18	6820 m	Start 2	2016933
184	10:08	González Souto Rui	M-16	5410 m	Start 2	8519599
384	10:24	Somoza Seoane Anxo	M-16	5410 m	Start 2	8670997
220	10:01	López López Silvia	F-16	5140 m	Start 2	2042408
377	10:41	Silvarrey Oreiro Diego	M-14	4460 m	Start 2	8163606
154	10:57	García Castro Marcos	M-14	4460 m	Start 2	8519662
385	10:19	Somoza Seoane Carla	F-14	4460 m	Start 2	8163607
7	10:27	Albarran Oroza Daniela	F-14	4460 m	Start 2	8515508
155	10:17	García Castro Sara	F-12	2970 m	Start 2	2008771
8	10:41	Albarran Oroza Jana	F-12	2970 m	Start 2	8027205
1019	-	Lopez Alvarez Cesar	INI-LONGA	5210 m	Start 2	2023531
1011	-	Moreu Badía Ignacio	INI-LONGA	5210 m	Start 2	2023529
325	-	Ramos Rayón Vega	INI-CURTA	3530 m	Start 2	2128218
326	-	Ramos Rayón Zoe	INI-CURTA	3530 m	Start 2	1399714
1023	-	Fernandez Oreiro Claudia	INI-CURTA	3530 m	Start 2	2020252

**GD4CAMINHOS**

1024	11:22	Leite Luis	ELITE	8780 m	Start 1	1302802
1036	10:08	César Alberto	M-45	6890 m	Start 1	8003913
1026	10:36	Marques Jorge	M-45	6890 m	Start 1	1151515
1032	10:52	Fernandes Vasco	M-45	6890 m	Start 1	7300391
1025	10:50	Gonçalves Paula	F-40	6290 m	Start 1	1429026
1028	10:25	Delgado Manuel	M-55	5450 m	Start 1	8211161
1027	10:25	Rocha Margarida	F-55	4810 m	Start 1	1304110

**LICEO**

69	10:40	Cañás Lara Julio	M-45	6890 m	Start 1	2009977
341	10:58	Rodríguez Blanco Gracia	F-40	6290 m	Start 1	2117857
2	10:08	Arufe Varela Javier	M-50	5900 m	Start 1	8647699
1	10:26	Arufe Varela Alberto	M-50	5900 m	Start 1	8658624
296	10:32	Pedre Fernández Natalia	F-45	5980 m	Start 1	8414124
290	11:08	Pardo Villaverde Maria	F-45	5980 m	Start 1	2042467
267	10:37	Naya López Mª José	F-55	4810 m	Start 1	2010212

**LIMIACTIVA**

163	11:02	Garrido Blanco Juan	M-18	6820 m	Start 2	1080504
45	10:35	Barja Pérez Lucas	M-12	2970 m	Start 2	7778887

**MONTAÑA\_FERROL**

474	10:21	Teijeiro Ruíz Diego	M-40	7150 m	Start 1	2010027
471	11:21	Rodríguez Bergara Andres	M-40	7150 m	Start 1	2023572
469	10:17	Garcia Couce Antonio	M-55	5450 m	Start 1	2023512
473	10:33	Sande Rodríguez Francisco	M-55	5450 m	Start 1	2010863
472	10:43	Sande Castro Laura	F-21B	5290 m	Start 2	2010867

**NAST**

1049	10:45	Marco José	M-40	7150 m	Start 1	226327
1047	10:24	Rocha Amândio	M-45	6890 m	Start 1	234066
1046	10:10	Miranda Sandra	F-40	6290 m	Start 1	2018939
1045	10:37	André Fernando	M-55	5450 m	Start 1	409950
1048	-	Rodrigues Ismael	INI-CURTA	3530 m	Start 2	242160

**OBJETIVOTRAIL**

1001	-	Rodríguez Rodríguez Óscar	INI-LONGA	5210 m	Start 2	2023525
------	---	---------------------------	-----------	--------	---------	---------

**OP BETANZOS**

211	10:10	López Costoya Francisco Javier	ELITE	8780 m	Start 1	8623102
81	11:02	Casado Bravo David	ELITE	8780 m	Start 1	8659365
274	10:30	Núñez Otero Elia	F-50	4980 m	Start 1	8670228
216	10:01	López González Mario	M-14	4460 m	Start 2	8664269
83	10:25	Casado Nuñez Martín	M-14	4460 m	Start 2	8670227

**ORIMARAO**

1054	10:55	André Bruno	M-35	7520 m	Start 1	1811181
1042	11:29	Ferreira José João	M-40	7150 m	Start 1	1304173
1055	11:02	André Anabela	F-35	6780 m	Start 1	7110981
1043	11:02	Sousa Helena	F-50	4980 m	Start 1	1304188

**SEN CLUB**

1002	10:37	Barja Alvarez Javier	M-40	7150 m	Start 1	8121178
1063	-	Couso Fontanillo Carlos	INI-LONGA	5210 m	Start 2	2023534
1010	-	González Penaherbosa Alba	INI-LONGA	5210 m	Start 2	2023527
1005	-	Perez Rey Daniel	INI-LONGA	5210 m	Start 2	2023528
1016	-	Guerner González Samuel	INI-LONGA	5210 m	Start 2	2057670
1018	-	Rodríguez Núñez Luis	INI-LONGA	5210 m	Start 2	2023530
1062	-	Martinez Trigo Roberto	INI-LONGA	5210 m	Start 2	2042500
1020	-	Méndez Mato Pedro	INI-LONGA	5210 m	Start 2	2023519
1003	-	Lomba Omar	INI-LONGA	5210 m	Start 2	2023526
1068	-	Carpacho Barredo Miguel Angel	INI-LONGA	5210 m	Start 2	2023536
1069	-	Durán Álvarez Nicolás	INI-LONGA	5210 m	Start 2	2023538
1017	-	Agras Pérez Ione	INI-CURTA	3530 m	Start 2	2009943
1007	-	Redondo Barral Sara	INI-CURTA	3530 m	Start 2	2009998
1004	-	Alves Leis María	INI-CURTA	3530 m	Start 2	2023513
1021	-	Méndez Mato Eduardo	INI-CURTA	3530 m	Start 2	2023514
1006	-	Pérez Arias Coral	INI-CURTA	3530 m	Start 2	2023539

**SEO**

480	10:06	Candal Viqueira Alberto	ELITE	8780 m	Start 1	8307039
484	10:30	Morlán Rodríguez Jose Angel	ELITE	8780 m	Start 1	8010233
481	10:12	Del Puerto Lopez Barbara	F-35	6780 m	Start 1	8010231
485	10:26	Rodríguez Juncal José Antonio	M-21B	5890 m	Start 2	2010551
1013	-	Rodríguez Docampo Marta	INI-CURTA	3530 m	Start 2	2012106
1012	-	Rodríguez García Neus Alexandra	INI-CURTA	3530 m	Start 2	2008794

**TREVINCA**

11	10:22	Aller Estévez Pablo Adrián	M-50	5900 m	Start 1	8627775
398	10:48	Trigo Recarey Xan Mariano	M-50	5900 m	Start 1	8000162
322	10:24	Ramos Abelaira Iván	M-21A	7550 m	Start 2	8657194
93	11:02	Chystyakova Beketova Yevheniya	F-21A	6600 m	Start 2	1007806
399	10:14	Trigo Vázquez Iago	M-18	6820 m	Start 2	8000160
12	10:26	Aller Pfirter Mailén	F-18	5440 m	Start 2	8447447
13	10:01	Aller Pfirter Martina	F-12	2970 m	Start 2	2016921

**USC**

621	10:23	Sordo Touza Ignacio	M-35	7520 m	Start 1	2011929
617	10:01	Fraga Castro Santiago	M-40	7150 m	Start 1	2009980
654	10:10	Sampedro Muñiz José Manuel	M-50	5900 m	Start 1	2125499
619	10:01	Ramos Lozano Eduardo V.	M-55	5450 m	Start 1	2009955
655	10:49	Sampedro Muñiz Ramón	M-55	5450 m	Start 1	2011917
618	10:38	Pernas Martínez Rosa Mª	F-50	4980 m	Start 1	8200743
616	10:58	Balboa Barros Margarita	F-50	4980 m	Start 1	2010012
620	10:20	Sevil Martín Sescún	F-21A	6600 m	Start 2	8517496
1014	-	Sampedro Rego Maria Ventura	INI-CURTA	3530 m	Start 2	249773
1015	-	Calviño Ramallo Manuel	INI-CURTA	3530 m	Start 2	2011919

**U-VIGO**

522	10:41	Pazó Pazó Martín	M-40	7150 m	Start 1	2010014
519	11:05	Pastoriza Santos Vicente	M-40	7150 m	Start 1	8081972
518	10:32	Pastoriza Santos Isabel	F-35	6780 m	Start 1	8011626

505	10:20	Fuertes González Enrique	M-45	6890 m	Start 1	8233105
491	11:08	Abad Vives Carles	M-45	6890 m	Start 1	2009970
526	11:20	Pérez Juste German	M-45	6890 m	Start 1	8019221
512	11:06	Iglesias Junzalvos Ana	F-40	6290 m	Start 1	8657295
502	10:20	Crespo Quindós Begoña	F-45	5980 m	Start 1	8011725
508	10:44	García Pacios María Ángeles	F-45	5980 m	Start 1	2042441
493	11:00	Alvarez Castro Olimpia	F-45	5980 m	Start 1	2020176
534	10:50	Saco Fernández M <sup>o</sup> Isabel	F-50	4980 m	Start 1	2020157
537	10:12	Sardiniro Gonzalez Alan	M-21A	7550 m	Start 2	8311996
524	10:38	Pérez Álvarez Diego	M-18	6820 m	Start 2	8089048
525	10:41	Pérez Álvarez Julia	F-16	5140 m	Start 2	2077088
499	10:09	Caballero Táboas Martina	F-12	2970 m	Start 2	256185
517	10:25	Pastoriza Cordero Maria	F-12	2970 m	Start 2	2016935
528	–	Perez Pastoriza Sabela	INI-CURTA	3530 m	Start 2	2009987

**VIGORIENTA**

490	11:18	Carril Comesaña Roberto	ELITE	8780 m	Start 1	8655255
57	10:31	Braña Veiga Alberto	M-35	7520 m	Start 1	1603376

**VIZHOJA-CORNELIOS**

171	10:42	Gonzalez Alvarez Jose Manuel	ELITE	8780 m	Start 1	1450681
350	10:58	Rodriguez Silva Isaac	ELITE	8780 m	Start 1	8017343
40	10:29	Argudín Vázquez Alejandro	M-40	7150 m	Start 1	7212164
406	10:49	Valiño Eiro Jacobo	M-40	7150 m	Start 1	7005091
27	11:16	Alvarez Santos Julio	M-45	6890 m	Start 1	7212172
207	10:16	Lomba González José Antonio	M-50	5900 m	Start 1	1421567
39	10:00	Arenas Rincón María Inmaculada	F-45	5980 m	Start 1	8009146
281	10:28	Otero Ríos Alberto	M-21A	7550 m	Start 2	8300444
29	10:09	Albariño Rodriguez Xian	M-14	4460 m	Start 2	8307056
339	10:33	Rodriguez Arenas Aaron	M-14	4460 m	Start 2	8217799
186	10:49	Gregores Lopez Brais	M-14	4460 m	Start 2	7204922
185	10:35	Gregores Lopez Alba	F-14	4460 m	Start 2	7212204
340	–	Rodriguez Arenas Saul	INI-CURTA	3530 m	Start 2	1417124

**XESTEIRAS**

498	10:14	Breijo Martinez Yago	ELITE	8780 m	Start 1	8163593
514	11:14	López Eyo Tania	F-40	6290 m	Start 1	8085181
513	10:10	Iglesias López Saray	F-18	5440 m	Start 2	9001989