

os	rsal	Nombre	Tiempo		1,9 km	50 m	14 C										
				1(31)	2(33)	3(34)	4(32)	5(35)	6(36)	7(37)	8(38)	9(39)	10(37)	11(40)	12(52)	13(42)	14(100)
INF FEM (60)																	
				Meta													
1	333	MARTINEZ GOMEZ, A CORUÑA LICEO L	15:37	0:34 0:34 15:37 0:13	1:21 0:47	3:53 2:32	4:59 1:06	6:24 1:25	7:22 0:58	8:44 1:22	9:26 0:42	10:08 0:42	11:23 1:15	12:03 0:40	14:12 2:09	14:49 0:37	15:24 0:35
2	91	ARDIONS LIÑARES, AMES IES AMES	23:55	0:46 0:46 23:55 0:30	1:47 1:01	4:06 2:19	5:28 1:22	8:14 2:46	8:44 0:30	11:43 2:59	13:24 1:41	14:09 0:45	15:39 1:30	16:54 1:15	19:30 2:36	22:46 3:16	23:25 0:39
3	116	MARQUEZ CHAPELA AMES IES AMES	24:18	0:48 0:48 24:18 0:29	2:02 1:14	4:33 2:31	6:16 1:43	8:45 2:29	9:14 0:29	12:18 3:04	13:50 1:32	14:38 0:48	16:13 1:35	17:18 1:05	19:53 2:35	23:13 3:20	23:49 0:36
4	105	FERNANDEZ FERR AMES IES AMES	24:29	1:02 1:02 24:29 0:24	2:17 1:15	4:49 2:32	6:12 1:23	8:54 2:42	9:24 0:30	12:28 3:04	14:06 1:38	14:48 0:42	16:20 1:32	17:34 1:14	20:10 2:36	23:27 3:17	24:05 0:38
5	242	QUEIRUGA ROMAY, PORTO DO SON IES	26:07	1:14 1:14 26:07 0:15	5:28 4:14	7:06 1:38	10:28 3:22	12:21 1:53	13:12 0:51	14:56 1:44	16:05 1:09	16:52 0:47	18:54 2:02	20:26 1:32	24:00 3:34	25:04 1:04	25:52 0:48
6	241	QUEIRUGA ROMAY, PORTO DO SON IES	26:26	1:07 1:07 26:26 0:15	4:04 2:57	6:37 2:33	7:57 1:20	12:05 4:08	14:26 2:21	16:18 1:52	17:42 1:24	18:25 0:43	19:59 1:34	21:36 1:37	24:22 2:46	25:30 1:08	26:11 0:41
7	232	FERNANDEZ RODA PORTO DO SON IES	28:19	0:54 0:54 28:19 0:15	2:30 1:36	8:28 5:58 10:48 *100	9:49 1:21	13:56 4:07	16:19 2:23	18:11 1:52	19:37 1:26	20:18 0:41	21:52 1:34	23:26 1:34	26:18 2:52	27:22 1:04	28:04 0:42
8	312	CAO RODRIGUEZ, E NOIA IES VIRXE DO	29:21	0:55 0:55 29:21 0:26	3:09 2:14	5:15 2:06	7:39 2:24	13:05 5:26	13:37 0:32	16:55 3:18	18:24 1:29	19:23 0:59	21:20 1:57	23:16 1:56	26:30 3:14	28:16 1:46	28:55 0:39
9	322	OVIDO LAGO, MAR NOIA IES VIRXE DO	29:46	1:14 1:14 29:46 0:23	3:40 2:26	5:43 2:03	8:07 2:24	13:29 5:22	14:04 0:35	17:28 3:24	18:56 1:28	19:46 0:50	22:11 2:25	23:46 1:35	27:03 3:17	28:35 1:32	29:23 0:48
10	319	MARIÑO REY, NOA NOIA IES VIRXE DO	30:23	1:12 1:12 30:23 0:27	3:10 1:58	5:37 2:27	8:54 3:17	14:08 5:14	14:39 0:31	18:03 3:24	19:33 1:30	20:22 0:49	22:20 1:58	24:21 2:01	27:38 3:17	29:10 1:32	29:56 0:46
11	309	ABEIJON SANTAMAR NOIA IES VIRXE DO	30:43	1:34 1:34 30:43 0:22	3:35 2:01	6:05 2:30	9:11 3:06	14:30 5:19	15:05 0:35	18:25 3:20	19:57 1:32	20:48 0:51	22:49 2:01	24:46 1:57	27:59 3:13	29:35 1:36	30:21 0:46
12	326	ROBADO MUÑIZ, XI NOIA IES VIRXE DO	34:05	1:37 1:37 34:05 0:20	4:34 2:57	7:07 2:33	8:46 1:39	11:48 3:02	13:07 1:19	16:27 3:20	18:09 1:42	19:03 0:54	21:19 2:16	23:18 1:59	27:10 3:52	33:02 5:52	33:45 0:43
13	195	PRIEGUEZ RODRIG BETANZOS IES AS M	34:12	1:42 1:42 34:12 0:23	2:28 0:46	13:16 10:48 17:28 *55	16:02 2:46	18:32 2:30	19:18 0:46	21:28 2:10	22:47 1:19	24:04 1:17	25:57 1:53	27:14 1:17	32:05 4:51	32:56 0:51	33:49 0:53
14	260	LOPEZ MARTINEZ, A BOIRO IES PRAIA B	35:54	0:49 0:49 35:54 0:38	1:22 0:33	4:47 3:25	6:36 1:49	14:46 8:10	15:23 0:37	18:03 2:40	19:49 1:46	20:46 0:57	23:05 2:19	24:16 1:11	31:10 6:54	34:37 3:27	35:16 0:39
15	325	REY ARUFE, SOFIA NOIA IES VIRXE DO	36:19	1:11 1:11 36:19 0:19	2:54 1:43	5:31 2:37	7:46 2:15	14:56 7:10	15:26 0:30	18:41 3:15	20:24 1:43	21:16 0:52	23:41 2:25	25:28 1:47	29:24 3:56	35:12 5:48	36:00 0:48
16	264	OUTEIRAL POSE, IN BOIRO IES PRAIA B	36:22	1:00 1:00 36:22 0:35	1:44 0:44	5:12 3:28	7:02 1:50	15:17 8:15	15:42 0:25	18:28 2:46	20:20 1:52	21:14 0:54	23:39 2:25	24:41 1:02	31:35 6:54	35:03 3:28	35:47 0:44
17	257	FUNGUEIRIÑO GAR BOIRO IES PRAIA B	37:00	1:19 1:19 37:00 0:52	2:04 0:45	5:45 3:41	7:32 1:47	15:50 8:18	16:19 0:29	18:55 2:36	20:45 1:50	21:37 0:52	24:06 2:29	25:06 1:00	32:02 6:56	35:30 3:28	36:08 0:38
18	270	VILARNOVO SUARE BOIRO IES PRAIA B	38:47	0:56 0:56 38:47 0:21	2:36 1:40	4:23 1:47	7:36 3:13	14:30 6:54	14:53 0:23	16:53 2:00	26:49 9:56	28:14 1:25	30:12 1:58	32:04 1:52	35:41 3:37	37:34 1:53	38:26 0:52
19	253	CRUJEIRAS ROMER BOIRO IES PRAIA B	39:17	1:21 1:21 39:17 0:22	2:59 1:38	4:51 1:52	8:04 3:13	15:00 6:56	15:24 0:24	17:15 1:51	27:11 9:56	28:36 1:25	30:32 1:56	32:25 1:53	35:58 3:33	38:00 2:02	38:55 0:55
20	259	GONZALEZ HERMO BOIRO IES PRAIA B	39:41	1:34 1:34 39:41 0:22	3:29 1:55	5:11 1:42	8:32 3:21	15:22 6:50	15:47 0:25	17:48 2:01	27:40 9:52	29:06 1:26	30:59 1:53	32:52 1:53	36:28 3:36	38:23 1:55	39:19 0:56

os	rsal	Nombre	Tiempo														
INF FEM (60)				1,9 km 50 m		14 C		<i>(cont.)</i>									
			1(31) Meta	2(33)	3(34)	4(32)	5(35)	6(36)	7(37)	8(38)	9(39)	10(37)	11(40)	12(52)	13(42)	14(100)	
21	320	NEGREIRA LEMA, C NOIA IES VIRXE DO	40:43	1:58 1:58 40:43	4:35 2:37	7:29 2:54	9:19 1:50	12:11 2:52	13:25 1:14	16:50 3:25	18:35 1:45	20:03 1:28	23:06 3:03	27:36 4:30	34:06 6:30	39:45 5:39	40:26 0:41
22	330	TURNES BUSTO, SA NOIA IES VIRXE DO	40:55	1:01 1:01 40:55	3:12 2:11	6:39 3:27	9:31 2:52	12:26 2:55	13:28 1:02	17:14 3:46	18:53 1:39	20:14 1:21	23:27 3:13	27:47 4:20	34:23 6:36	39:59 5:36	40:38 0:39
23	239	PIÑEIRO ALVAREZ, PORTO DO SON IES	41:02	1:40 1:40 41:02	3:21 1:41	6:05 2:44	9:01 2:56	15:21 6:20	15:56 0:35	21:41 5:45	25:20 3:39	29:25 4:05	32:32 3:07	34:08 1:36	38:21 4:13	39:49 1:28	40:46 0:57
24	233	FILGUEIRA PIÑEIRO PORTO DO SON IES	41:18	1:53 1:53 41:18	3:34 1:41	6:20 2:46	9:13 2:53	15:32 6:19	16:08 0:36	21:55 5:47	25:33 3:38	29:28 3:55	32:45 3:17	34:20 1:35	38:34 4:14	40:02 1:28	41:02 1:00
25	314	DIAZ AGRAS, PAULA NOIA IES VIRXE DO	41:26	1:25 1:25 41:26	3:47 2:22	7:04 3:17	10:02 2:58	12:51 2:49	13:59 1:08	17:44 3:45	19:15 1:31	20:35 1:20	23:43 3:08	28:13 4:30	34:49 6:36	40:15 5:26	40:59 0:44
26	234	FILGUEIRAS CORT PORTO DO SON IES	41:40	2:17 2:17 41:40	3:54 1:37	6:37 2:43	9:35 2:58	15:53 6:18	16:24 0:31	22:12 5:48	25:49 3:37	29:48 3:59	33:02 3:14	34:41 1:39	38:54 4:13	40:23 1:29	41:22 0:59
27	249	BRION PEREZ, AFR BOIRO IES PRAIA B	42:21	3:58 3:58 42:21	6:47 2:49	7:52 1:05	10:16 2:24	13:32 3:16	14:35 1:03	16:53 2:18	21:42 4:49	22:18 0:36	27:41 5:23	28:43 1:02	38:05 9:22	41:07 3:02	42:00 0:53
28	311	BUSTO MARTINEZ, NOIA IES VIRXE DO	42:23	2:20 2:20 42:23	4:34 2:14	8:00 3:26	10:50 2:50	13:53 3:03	14:48 0:55	18:34 3:46	20:17 1:43	21:35 1:18	24:44 3:09	29:07 4:23	35:42 6:35	41:17 5:35	42:01 0:44
29	170	CANCELO PAREDES BETANZOS IES AS M	43:10	2:06 2:06 43:10	4:03 1:57	11:06 7:03	14:05 2:59	18:05 4:00	19:11 1:06	22:54 3:43	26:25 3:31	30:31 4:06	32:30 1:59	33:33 1:03	38:25 4:52	41:44 3:19	42:41 0:57
30	198	REY RODRIGUEZ, J BETANZOS IES AS M	43:56	2:54 2:54 43:56	5:02 2:08	11:56 6:54	15:11 3:15	19:08 3:57	20:27 1:19	23:43 3:16	27:20 3:37	31:02 3:42	33:16 2:14	34:22 1:06	39:18 4:56	42:30 3:12	43:27 0:57
31	204	SANCHEZ MEIJIDE, BETANZOS IES AS M	44:26	0:29 3:20 3:20 44:26	5:25 2:05	12:28 7:03	15:19 2:51	18:36 3:17	19:32 0:56	24:08 4:36	27:55 3:47	32:19 4:24	33:56 1:37	34:49 0:53	39:47 4:58	42:58 3:11	43:55 0:57
32	323	QUEIRUGA DIEZ, A NOIA IES VIRXE DO	46:44	0:31 1:00 1:00 46:44	7:54 6:54	12:12 4:18	14:38 2:26	20:26 5:48	21:19 0:53	28:43 7:24	31:11 2:28	32:54 1:43	36:10 3:16	37:33 1:23	41:35 4:02	43:56 2:21	46:22 2:26
33	315	FERNANDEZ SISO, NOIA IES VIRXE DO	46:58	0:22 1:19 1:19 46:58	8:14 6:55	12:31 4:17	14:56 2:25	20:55 5:59	21:39 0:44	29:07 7:28	31:31 2:24	33:32 2:01	36:29 2:57	37:51 1:22	42:07 4:16	44:17 2:10	46:38 2:21
34	329	SANTIAGO NEU, NO NOIA IES VIRXE DO	48:08	0:20 1:46 1:46 48:08	4:05 2:19	6:37 2:32	13:25 6:48	25:30 12:05	26:29 0:59	31:07 4:38	33:28 2:21	34:55 1:27	38:11 3:16	39:28 1:17	43:13 3:45	45:33 2:20	47:45 2:12
35	327	SABORIDO MUÑIZ, NOIA IES VIRXE DO	48:27	0:23 2:09 2:09 48:27	4:15 2:06	6:52 2:37	13:43 6:51	25:46 12:03	26:39 0:53	31:25 4:46	33:41 2:16	35:17 1:36	38:29 3:12	39:47 1:18	43:31 3:44	45:51 2:20	48:04 2:13
36	219	ROMERA GUTIERRE PONTEDEUME IES F	48:40	0:23 13:05 13:05 48:40	14:39 1:34	20:43 6:04	22:50 2:07	27:52 5:02	28:25 0:33	33:05 4:40	38:22 5:17	39:44 1:22	41:05 1:21	42:38 1:33	45:33 2:55	46:42 1:09	47:26 0:44
37	217	MOLINA LAGO, ZEL PONTEDEUME IES F	49:06	1:14 13:34 13:34 49:06	15:05 1:31	21:11 6:06	23:15 2:04	28:21 5:06	28:52 0:31	33:42 4:50	38:49 5:07	40:11 1:22	41:49 1:38	43:05 1:16	46:04 2:59	47:07 1:03	47:48 0:41
38	236	MOS CAMEAN, ANA PORTO DO SON IES	49:25	0:38 1:47 1:47 49:25	7:32 5:45	11:24 3:52	15:10 3:46	20:46 5:36	21:50 1:04	25:46 3:56	28:17 2:31	29:57 1:40	32:30 2:33	34:07 1:37	38:13 4:06	47:52 9:39	48:47 0:55
39	220	SAINZ ALZUETA, Mª PONTEDEUME IES F	49:27	0:38 13:48 13:48 49:27	15:25 1:37	21:37 6:12	23:39 2:02	28:54 5:15	29:20 0:26	33:59 4:39	39:12 5:13	40:29 1:17	41:53 1:24	43:28 1:35	46:23 2:55	47:33 1:10	48:10 0:37

os	rsal	Nombre	Tiempo														
INF FEM (60)				1,9 km 50 m		14 C		<i>(cont.)</i>									
			1(31) Meta	2(33)	3(34)	4(32)	5(35)	6(36)	7(37)	8(38)	9(39)	10(37)	11(40)	12(52)	13(42)	14(100)	
39	243	ROMAY SUAREZ, CR PORTO DO SON IES	49:27	2:32 2:32 49:27	8:22 5:50	12:10 3:48	15:54 3:44	21:30 5:36	22:35 1:05	26:26 3:51	28:35 2:09	30:35 2:00	32:47 2:12	34:42 1:55	38:49 4:07	48:25 9:36	49:12 0:47
41	176	ERIAS CASTRO, MA BETANZOS IES AS M	55:36	2:37 55:36	4:47 2:10	11:34 6:47	15:03 3:29	18:12 3:09	20:11 1:59	23:24 3:13	27:02 3:38	31:39 4:37	34:44 3:05	36:48 2:04	44:51 8:03	50:46 5:55	51:37 0:51
42	169	BOADO PEREA, SHE BETANZOS IES AS M	56:13	3:59 3:16 56:13	5:21 2:05	12:14 6:53	15:20 3:06	19:04 3:44	20:44 1:40	23:55 3:11	27:34 3:39	32:13 4:39	35:15 3:02	37:23 2:08	45:22 7:59	51:20 5:58	52:11 0:51
43	50	SILVEIRA QUINTAN, MONFERO CPI PLU	56:17	4:02 0:58 56:17	5:21 9:14	12:14 8:59	15:20 4:59	19:04 6:23	20:44 0:39	23:55 5:45	27:34 5:03	32:13 1:26	35:15 2:20	37:23 2:03	45:22 5:23	51:20 1:26	52:11 1:14
44	42	FERNANDEZ RODRI MONFERO CPI PLU	56:42	0:25 2:12 56:42	10:42 8:30	15:52 5:10	24:48 8:56	31:40 6:52	32:21 0:41	37:47 5:26	42:51 5:04	43:57 1:06	46:15 2:18	48:54 2:39	53:17 4:23	55:06 1:49	56:22 1:16
45	46	LOPEZ TEODOSIO, MONFERO CPI PLU	56:47	0:20 1:32 56:47	10:40 9:08	19:42 9:02	24:54 5:12	31:02 6:08	31:43 0:41	37:27 5:44	42:31 5:04	43:57 1:26	46:22 2:25	48:23 2:01	53:44 5:21	55:12 1:28	56:27 1:15
46	41	DIAZ TONDO, ARIAD MONFERO CPI PLU	57:04	0:20 2:34 57:04	11:05 8:31	16:16 5:11	25:05 8:49	31:56 6:51	32:43 0:47	38:11 5:28	43:06 4:55	44:09 1:03	46:38 2:29	49:20 2:42	53:38 4:18	55:38 2:00	56:46 1:08
47	2	ANTELO FACAL, NU CORISTANCO CPI A	1:00:57	0:18 1:48 1:00:57	3:51 2:03	7:30 3:39	11:17 3:47	17:05 5:48	17:37 0:32	21:05 3:28	41:16 20:11	42:44 1:28	44:56 2:12	46:25 1:29	50:09 3:44	59:45 9:36	1:00:30 0:45
48	20	RIO VARELA, AINHO CORISTANCO CPI A	1:01:27	0:25 1:57 1:01:27	4:01 2:04	7:37 3:36	11:42 4:05	17:36 5:54	18:00 0:24	21:25 3:25	41:38 20:13	42:43 1:05	45:26 2:43	46:41 1:15	50:37 3:56	1:00:16 9:39	1:01:02 0:46
49	11	FERNANDEZ RIAL, CORISTANCO CPI A	1:02:06	0:30 2:30 1:02:06	4:24 1:54	20:05 15:41	25:31 5:26	32:04 6:33	33:14 1:10	38:19 5:05	42:06 3:47	43:23 1:17	45:55 2:32	47:17 1:22	51:12 3:55	59:15 8:03	1:01:36 2:21
50	26	SANTOS CASTRO, G CORISTANCO CPI A	1:02:31	0:23 3:02 1:02:31	4:56 1:54	20:35 15:39	26:07 5:32	32:46 6:39	33:46 1:00	38:50 5:04	42:36 3:46	43:47 1:11	46:27 2:40	47:45 1:18	51:41 3:56	59:50 8:09	1:02:08 2:18
51	6	BLANCO GARCIA, N CORISTANCO CPI A	1:03:41	0:22 1:14 1:03:41	3:19 2:05	6:40 3:21	10:51 4:11	16:40 5:49	17:12 0:32	20:36 3:24	45:45 25:09	46:17 0:32	50:03 3:46	56:29 6:26	1:01:10 4:41	1:02:42 1:32	1:03:19 0:37
52	17	PEREZ GARCIA, LU CORISTANCO CPI A	1:03:46	0:23 1:24 1:03:46	3:06 1:42	6:44 3:38	10:31 3:47	16:25 5:54	16:52 0:27	20:19 3:27	45:31 25:12	46:57 1:26	49:40 2:43	56:10 6:30	1:01:00 4:50	1:02:26 1:26	1:03:23 0:57
53	7	BORRAZAS RODRIG CORISTANCO CPI A	1:06:37	0:23 3:48 1:06:37	5:38 1:50	9:25 3:47	13:18 3:53	18:54 5:36	19:35 0:41	23:13 3:38	48:01 24:48	48:44 0:43	52:27 3:43	58:52 6:25	1:03:54 5:02	1:05:10 1:16	1:06:14 1:04
254	DEAN ROMERO, PA BOIRO IES PRAIA B		48:48 48:48 1:26:53	50:40 1:52	52:31 1:51	55:41 3:10	1:02:40 6:59	1:03:07 0:27	1:04:57 1:50	1:14:56 9:59	1:16:21 1:25	1:18:14 1:53	1:20:06 1:52	1:23:43 3:37	1:25:39 1:56	1:26:31 0:52	
171	CASADO NUÑEZ, EV BETANZOS IES AS M	en tarj.	0:39 0:39 17:27	1:33 0:54	2:41 1:08	4:57 2:16	7:14 2:17	7:43 0:29	9:27 1:44	10:39 1:12	11:17 0:38	12:40 1:23	13:52 1:12	16:11 2:19	-----	17:15 1:04	
238	PEGO SAMPEDRO, PORTO DO SON IES	en tarj.	0:12 1:19 26:50	2:04 0:45	-----	6:37 4:33	10:35 3:58	11:05 0:30	14:07 3:02	16:42 2:35	17:37 0:55	19:37 2:00	21:11 1:34	24:50 3:39	25:50 1:00	26:31 0:41	
256	FERNANDEZ RIVAS BOIRO IES PRAIA B	en tarj.	0:19 4:09 38:31	6:58 2:49	8:03 1:05	10:31 2:28	13:47 3:16	14:32 0:45	17:06 2:34	21:53 4:47	22:35 0:42	27:55 5:20	29:00 1:05	36:19 7:19	-----	38:00 1:41	
139	VILAS CASTAÑON, N AMES IES AMES	en tarj.	0:31 1:07 46:28	2:41 1:34	4:43 2:02	6:59 2:16	-----	16:12 9:13	22:54 6:42	28:15 5:21	30:29 2:14	33:29 3:00	34:57 1:28	39:32 4:35	44:27 4:55	45:52 1:25	

os		rsal	Nombre	Tiempo														
INF FEM (60)					1,9 km 50 m		14 C		<i>(cont.)</i>									
					1(31) Meta	2(33)	3(34)	4(32)	5(35)	6(36)	7(37)	8(38)	9(39)	10(37)	11(40)	12(52)	13(42)	14(100)
	218		RODRIGUEZ RODRI PONTEDEUME IES F	en tarj.	14:01 14:01 50:31 1:46	15:31 1:30	21:29 5:58 47:27 *49	23:33 2:04	28:35 5:02	29:31 0:56	33:59 4:28	39:03 5:04	40:21 1:18	42:14 1:53	43:25 1:11	46:33 3:08	----	48:45 2:12
	130		RODRIGUEZ LOPEZ AMES IES AMES	en tarj.	0:54 0:54 59:22 0:34	11:13 10:19	15:18 4:05	23:58 8:40	----	----	41:26 17:28	45:25 3:59	47:21 1:56	50:24 3:03	52:04 1:40	----	----	58:48 6:44
INF MASC (66)					1,9 km 50 m		14 C											
					1(32) Meta	2(33)	3(34)	4(31)	5(36)	6(35)	7(37)	8(39)	9(38)	10(37)	11(40)	12(52)	13(42)	14(100)
1	185		LOPEZ GONZALEZ, BETANZOS IES AS M	13:08	0:29 0:29 13:08 0:11	1:08 0:39	2:34 1:26	3:20 0:46	4:56 1:36	5:56 1:00	7:18 1:22	8:13 0:55	8:41 0:28	9:21 0:40	9:52 0:31	11:27 1:35	12:21 0:54	12:57 0:36
2	108		FREIJEIRO DIAZ, PA AMES IES AMES	17:15	0:31 0:31 17:15 0:18	1:40 1:09	2:58 1:18	3:55 0:57	5:44 1:49	6:14 0:30	8:34 2:20	10:36 2:02	11:16 0:40	12:19 1:03	13:10 0:51	15:24 2:14	16:13 0:49	16:57 0:44
3	107		FERRER CUADRAD AMES IES AMES	17:54	0:30 0:30 17:54 0:29	2:21 1:51	4:08 1:47	4:53 0:45	7:15 2:22	7:50 0:35	9:27 1:37	10:59 1:32	11:58 0:59	12:43 0:45	13:31 0:48	15:23 1:52	16:47 1:24	17:25 0:38
4	115		MARQUEZ CHAPELA AMES IES AMES	19:16	0:33 0:33 19:16 0:15	1:11 0:38	2:49 1:38	4:39 1:50	7:36 2:57	8:09 0:33	10:19 2:10	12:05 1:46	12:48 0:43	14:05 1:17	14:59 0:54	17:00 2:01	18:28 1:28	19:01 0:33
5	137		VAZQUEZ PAIS, BRA AMES IES AMES	19:35	0:38 0:38 19:35 0:13	1:30 0:52	3:08 1:38	5:02 1:54	7:57 2:55	8:31 0:34	10:50 2:19	12:27 1:37	13:09 0:42	14:11 1:02	15:16 1:05	17:26 2:10	18:25 0:59	19:22 0:57
6	113		LOPEZ GARCIA, IAG AMES IES AMES	19:39	0:31 0:31 19:39 0:17	4:17 3:46	5:51 1:34	6:47 0:56	8:59 2:12	9:39 0:40	11:17 1:38	12:51 1:34	13:48 0:57	14:36 0:48	15:23 0:47	17:12 1:49	18:48 1:36	19:22 0:34
7	114		MALVAREZ LOPEZ, I AMES IES AMES	19:53	0:42 0:42 19:53 0:20	1:50 1:08	3:26 1:36	5:14 1:48	8:12 2:58	8:48 0:36	11:01 2:13	12:36 1:35	13:15 0:39	14:09 0:54	15:32 1:23	17:21 1:49	18:58 1:37	19:33 0:35
8	117		MARTINEZ NUÑEZ, AMES IES AMES	20:04	0:40 0:40 20:04 0:17	2:44 2:04	4:40 1:56	5:40 1:00	7:46 2:06	8:29 0:43	10:38 2:09	12:38 2:00	13:22 0:44	14:26 1:04	15:42 1:16	18:03 2:21	19:02 0:59	19:47 0:45
9	229		CASTELO CARNOTA, PORTO DO SON IES	21:10	0:39 0:39 21:10 0:22	2:36 1:57	4:00 1:24	5:07 1:07	7:43 2:36	8:34 0:51	11:23 2:49	12:55 1:32	13:31 0:36	14:32 1:01	15:16 0:44	18:14 2:58	19:31 1:17	20:48 1:17
10	96		CARBALLO FERNAN AMES IES AMES	21:35	0:39 0:39 21:35 0:18	4:38 3:59	6:07 1:29 16:41 *60	7:13 1:06	9:15 2:02	9:52 0:37	12:11 2:19	14:09 1:58	14:52 0:43	15:49 0:57	17:05 1:16	19:30 2:25	20:35 1:05	21:17 0:42
11	103		FERNANDEZ, FABIA AMES IES AMES	22:15	0:41 0:41 22:15 0:59	4:02 3:21	5:44 1:42	6:43 0:59	8:48 2:05	9:27 0:39	11:34 2:07	13:37 2:03	14:21 0:44	15:20 0:59	16:33 1:13	18:59 2:26	19:56 0:57	21:16 1:20
12	247		TORRES BENTRON, PORTO DO SON IES	22:35	0:39 0:39 22:35 0:14	2:41 2:02	4:20 1:39	5:21 1:01	8:48 3:27	9:12 0:24	11:47 2:35	13:12 1:25	13:48 0:36	14:41 0:53	15:28 0:47	17:52 2:24	18:32 0:40	22:21 3:49
13	134		TABOADA BURGOS, AMES IES AMES	22:52	0:48 0:48 22:52 0:20	1:54 1:06	4:47 2:53	7:25 2:38	10:57 3:32	11:30 0:33	13:38 2:08	15:50 2:12	16:27 0:37	17:56 1:29	18:32 0:36	21:02 2:30	22:03 1:01	22:32 0:29
14	93		CALVO MIRAS, IAGO AMES IES AMES	22:53	1:43 1:43 22:53 0:15	2:49 1:06	5:37 2:48	8:21 2:44	11:35 3:14	12:15 0:40	14:17 2:02	16:38 2:21	17:17 0:39	18:06 0:49	19:09 1:03	21:11 2:02	21:58 0:47	22:38 0:40
15	316		FILGUEIRA MOLED NOIA IES VIRXE DO	27:20	1:25 1:25 27:20 0:19	2:38 1:13	4:41 2:03	6:26 1:45	10:45 4:19	11:25 0:40	16:58 5:33	19:49 2:51	20:32 0:43	21:17 0:45	23:02 1:45	24:56 1:54	26:24 1:28	27:01 0:37
16	324		REY ARUFE, MATEO NOIA IES VIRXE DO	27:57	1:20 1:20 27:57 0:15	3:39 2:19	7:29 3:50	9:11 1:42	11:39 2:28	12:15 0:36	17:47 5:32	20:41 2:54	21:20 0:39	22:09 0:49	23:41 1:32	25:41 2:00	27:05 1:24	27:42 0:37

os	rsal	Nombre	Tiempo														
INF MASC (66)				1,9 km 50 m		14 C		<i>(cont.)</i>									
			1(32) Meta	2(33)	3(34)	4(31)	5(36)	6(35)	7(37)	8(39)	9(38)	10(37)	11(40)	12(52)	13(42)	14(100)	
17	317	GARCIA RIAL, XOAN NOIA IES VIRXE DO	29:22	0:39 0:39 29:22	1:36 0:57	8:35 6:59	9:54 1:19	12:47 2:53	13:44 0:57	16:41 2:57	19:14 2:33	19:48 0:34	21:04 1:16	23:07 2:03	26:17 3:10	27:42 1:25	29:03 1:21
18	310	ARUFE GONZALEZ, NOIA IES VIRXE DO	30:02	4:46 4:46 30:02	6:07 1:21	9:51 3:44	11:25 1:34	18:43 7:18	19:01 0:18	21:17 2:16	22:48 1:31	23:24 0:36	24:18 0:54	25:50 1:32	27:47 1:57	29:12 1:25	29:46 0:34
19	263	OUTEIRAL CESPON, BOIRO IES PRAIA B	30:22	0:33 0:33 30:22	1:49 1:16	5:15 3:26	10:31 5:16	12:28 1:57	12:57 0:29	16:47 3:50	19:48 3:01	20:21 0:33	21:25 1:04	22:37 1:12	25:21 2:44	28:04 2:43	29:04 1:00
20	250	CANOSA GARCIA, B BOIRO IES PRAIA B	30:38	0:46 0:46 30:38	1:56 1:10	3:15 1:19	7:08 3:53	10:06 2:58	10:32 0:26	12:05 1:33	15:53 3:48	16:21 0:28	17:19 0:58	19:30 2:11	26:24 6:54	29:03 2:39	30:22 1:19
21	251	CAROU LAIÑO, ALEJ BOIRO IES PRAIA B	30:43	0:49 0:49 30:43	1:58 1:09	5:37 3:39	10:45 5:08	12:45 2:00	13:18 0:33	17:11 3:53	20:06 2:55	20:39 0:33	21:46 1:07	22:54 1:08	25:38 2:44	28:20 2:42	29:21 1:01
22	255	DIESTE OTERO, MAT BOIRO IES PRAIA B	31:13	1:14 1:14 31:13	2:27 1:13	6:02 3:35	11:07 5:05	13:15 2:08	13:47 0:32	17:34 3:47	20:34 3:00	21:12 0:38	22:13 1:01	23:18 1:05	26:09 2:51	28:59 2:50	29:50 0:51
23	266	PIÑEIRO HERMO, S BOIRO IES PRAIA B	31:22	0:54 0:54 31:22	2:27 1:33	5:54 3:27	10:00 4:06	13:31 3:31	16:08 2:37	18:12 2:04	20:58 2:46	21:40 0:42	22:48 1:08	25:14 2:26	29:04 3:50	30:03 0:59	31:00 0:57
24	123	PAIS MOSQUERA, NI AMES IES AMES	33:01	0:32 0:32 33:01	1:40 1:08	6:53 5:13	8:32 1:39	12:55 4:23	13:35 0:40	20:23 6:48	22:55 2:32	23:38 0:43	26:43 3:05	27:34 0:51	30:55 3:21	31:50 0:55	32:30 0:40
25	138	VEIGA CARAMES, MA AMES IES AMES	33:34	0:54 0:54 33:34	2:06 1:12	7:28 5:22	9:04 1:36	13:21 4:17	13:58 0:37	20:52 6:54	23:21 2:29	24:04 0:43	27:09 3:05	27:55 0:46	31:24 3:29	32:20 0:56	32:58 0:38
26	141	ZANOUN NAYEF, YU AMES IES AMES	34:10	1:32 1:32 34:10	2:48 1:16	8:01 5:13	9:44 1:43	13:56 4:12	14:33 0:37	21:37 7:04	24:04 2:27	24:39 0:35	27:49 3:10	28:30 0:41	31:57 3:27	32:58 1:01	33:39 0:41
27	228	CAMACHO NAVARR PORTO DO SON IES	38:40	1:17 1:17 38:40	2:30 1:13	12:33 10:03	15:32 2:59	22:53 7:21	23:18 0:25	26:24 3:06	29:39 3:15	30:33 0:54	31:34 1:01	32:39 1:05	35:05 2:26	36:21 1:16	38:16 1:55
28	313	CASTRO DEL RIO, S NOIA IES VIRXE DO	42:15	1:48 1:48 42:15	3:40 1:52	7:09 3:29	8:54 1:45	16:18 7:24	17:17 0:59	21:52 4:35	27:38 5:46	29:03 1:25	30:56 1:53	33:00 2:04	38:05 5:05	41:20 3:15	41:59 0:39
29	32	ZAS REGUEIRO, MA CORISTANCO CPI A	43:15	1:13 1:13 43:15	2:31 1:18	12:49 10:18	15:49 3:00	20:59 5:10	22:02 1:03	25:04 3:02	30:21 5:17	31:16 0:55	32:57 1:41	34:32 1:35	39:03 4:31	40:24 1:21	42:44 2:20
30	21	RIVEIRO NEGREIRA CORISTANCO CPI A	43:29	1:26 1:26 43:29	2:44 1:18	13:57 11:13	16:41 2:44	21:12 4:31	22:10 0:58	25:04 2:54	30:50 5:46	31:29 0:39	33:21 1:52	34:40 1:19	39:24 4:44	40:38 1:14	43:02 2:24
31	94	CAÑIZO GONZALEZ, AMES IES AMES	43:30	4:21 4:21 43:30	4:55 0:34	14:40 9:45	17:08 2:28	22:19 5:11	22:58 0:39	25:01 2:03	26:59 1:58	27:28 0:29	28:22 0:54	35:14 6:52	39:17 4:03	42:13 2:56	43:11 0:58
32	29	VARELA MUÑOZ, DA CORISTANCO CPI A	43:45	1:39 1:39 43:45	2:59 1:20	14:14 11:15	16:43 2:29	21:30 4:47	22:20 0:50	25:36 3:16	30:46 5:10	31:41 0:55	33:37 1:56	34:58 1:21	39:35 4:37	40:51 1:16	43:15 2:24
33	328	SANTACANA BUGAL NOIA IES VIRXE DO	43:59	1:47 1:47 43:59	4:08 2:21	8:10 4:02	9:38 1:28	12:46 3:08	25:35 12:49	29:19 3:44	34:16 4:57	35:14 0:58	37:17 2:03	38:02 0:45	40:39 2:37	41:44 1:05	43:36 1:52
34	318	IGLESIAS CHRISTO NOIA IES VIRXE DO	45:11	5:11 5:11 45:11	6:39 1:28	10:12 3:33	11:55 1:43	19:24 7:29	20:13 0:49	24:51 4:38	30:30 5:39	31:58 1:28	33:55 1:57	35:57 2:02	41:07 5:10	44:22 3:15	44:52 0:30
35	43	FRAGA TIZON, RUB MONFERO CPI PLU	47:38	5:05 5:05 47:38	7:49 2:44	20:21 12:32	21:09 0:48	25:14 4:05	27:51 2:37	29:55 2:04	32:36 2:41	33:43 1:07	34:43 1:00	36:07 1:24	39:18 3:11	45:26 6:08	46:17 0:51

os	rsal	Nombre	Tiempo														
INF MASC (66)				1,9 km 50 m		14 C				<i>(cont.)</i>							
				1(32) Meta	2(33)	3(34)	4(31)	5(36)	6(35)	7(37)	8(39)	9(38)	10(37)	11(40)	12(52)	13(42)	14(100)
36	10	CARRO ROJO, MAR CORISTANCO CPI A	51:09	4:27 4:27 51:09	6:09 1:42	9:13 3:04	11:12 1:59	18:56 7:44	22:27 3:31	32:38 10:11	34:38 2:00	35:36 0:58	37:12 1:36	40:40 3:28	43:59 3:19	47:59 4:00	48:44 0:45
37	22	RIVEIRO ROJO, LUI CORISTANCO CPI A	51:50	1:04 1:04 51:50	2:49 1:45	6:12 3:23	7:50 1:38	12:40 4:50	17:21 4:41	23:59 6:38	27:34 3:35	28:33 0:59	30:05 1:32	32:02 1:57	35:44 3:42	43:11 7:27	51:10 7:59
38	214	ESTEBAN VIZOSO, J PONTEDEUME IES F	52:09	2:21 2:21 52:09	3:41 1:20	14:16 10:35	20:12 5:56	26:01 5:49	27:47 1:46	32:29 4:42	37:24 4:55	38:34 1:10	40:40 2:06	43:03 2:23	49:30 6:27	50:43 1:13	51:47 1:04
39	9	CAAMAÑO BLANCO, CORISTANCO CPI A	52:25	6:13 6:13 52:25	9:09 2:56	14:14 5:05	15:12 0:58	20:45 5:33	24:13 3:28	33:46 9:33	36:08 2:22	37:02 0:54	38:28 1:26	41:58 3:30	45:11 3:13	49:18 4:07	50:02 0:44
40	18	PIEDRAFITA SERAN CORISTANCO CPI A	54:21	4:06 4:06 54:21	5:50 1:44	9:19 3:29	10:56 1:37	19:10 8:14	21:51 2:41	35:42 13:51	42:31 6:49	44:26 1:55	46:51 2:25	48:38 1:47	52:13 3:35	53:18 1:05	54:04 0:46
41	25	RODRIGUEZ RODRI CORISTANCO CPI A	55:39	7:48 7:48 55:39	8:47 0:59	13:50 5:03	14:44 0:54	20:14 5:30	23:52 3:38	37:01 13:09	44:03 7:02	45:51 1:48	48:03 2:12	49:59 1:56	53:28 3:29	54:35 1:07	55:20 0:45
42	196	PURRIÑOS FERNAN BETANZOS IES AS M	58:05	1:01 1:01 58:05	2:28 1:27	6:16 3:48	12:51 6:35	14:40 1:49	16:32 1:52	22:22 5:50	35:45 13:23	36:19 0:34	38:06 1:47	39:36 1:30	44:23 4:47	56:17 11:54	57:28 1:11
43	321	OUTEIRO OREIRO, NOIA IES VIRXE DO	58:07	0:54 0:54 58:07	2:04 1:10	5:17 3:13	27:56 22:39	34:12 6:16	35:09 0:57	39:50 4:41	42:57 3:07	44:23 1:26	47:03 2:40	49:03 2:00	53:56 4:53	55:35 1:39	57:32 1:57
44	207	VARELA SEOANE, D BETANZOS IES AS M	58:31	1:26 1:26 58:31	2:55 1:29	6:36 3:41	13:16 6:40	15:12 1:56	16:48 1:36	22:35 5:47	36:05 13:30	36:53 0:48	38:45 1:52	40:05 1:20	44:50 4:45	56:36 11:46	57:59 1:23
45	331	VILLAMIL UZQUIAN NOIA IES VIRXE DO	58:33	0:32 1:15 58:33	2:22 1:07	5:37 3:15	28:22 22:45	34:39 6:17	35:37 0:58	40:12 4:35	43:22 3:10	44:51 1:29	47:46 2:55	49:34 1:48	54:23 4:49	56:02 1:39	57:57 1:55
46	202	RUIBAL TABOADA, BETANZOS IES AS M	58:59	1:54 1:54 58:59	3:19 1:25	7:13 3:54	13:43 6:30	15:29 1:46	17:28 1:59	23:16 5:48	36:35 13:19	37:20 0:45	39:05 1:45	40:33 1:28	45:17 4:44	57:10 11:53	58:27 1:17
47	15	PARDIÑAS BLANCO, CORISTANCO CPI A	1:06:07	9:19 9:19 1:06:07	10:13 0:54	15:25 5:12	16:21 0:56	21:55 5:34	25:05 3:10	38:28 13:23	45:37 7:09	46:31 0:54	48:29 1:58	51:23 2:54	54:20 2:57	1:04:56 10:36	1:05:48 0:52
48	194	PLATAS CASTRO, U BETANZOS IES AS M	1:08:11	1:10 1:10 1:08:11	8:15 7:05	15:18 7:03	25:16 9:58	31:36 6:20	35:25 3:49	41:58 6:33	50:56 8:58	52:33 1:37	54:55 2:22	56:53 1:58	1:00:04 3:11	1:06:02 5:58	1:06:48 0:46
49	175	DIAZ VEIGA, MARTIN BETANZOS IES AS M	1:11:13	0:58 0:58 1:11:13	8:14 7:16	12:02 3:48	13:15 1:13	16:17 3:02	17:20 1:03	22:34 5:14	39:03 16:29	39:55 0:52	41:22 1:27	42:38 1:16	53:31 10:53	58:09 4:38	1:00:32 2:23
	28	VARELA CALVO, SE CORISTANCO CPI A		28:44 28:44 1:25:29	29:37 0:53	34:55 5:18	35:39 0:44	41:07 5:28	44:36 3:29	57:47 13:11	1:04:56 7:09	1:05:54 0:58	1:07:54 2:00	1:10:48 2:54	1:13:43 2:55	1:24:20 10:37	1:25:11 0:51
	119	MOURE NEGRO, MA AMES IES AMES	en tarj.	0:35 0:35 20:01	3:03 2:28	4:57 1:54	5:46 0:49	8:05 2:19	9:23 1:18	11:07 1:44	12:51 1:44	13:28 0:37	14:24 0:56	-----	17:18 2:54	19:09 1:51	19:46 0:37
	127	PICON FERREIRO, AMES IES AMES	en tarj.	1:24 1:24 23:31	2:30 1:06	5:23 2:53	8:05 2:42	11:23 3:18	11:59 0:36	14:08 2:09	16:26 2:18	17:03 0:37	-----	19:01 1:58	21:40 2:39	22:38 0:58	23:15 0:37
	89	ANTELO CAAMAÑO, AMES IES AMES	en tarj.	0:28 0:28 23:32	2:22 1:54	4:22 2:00	5:11 0:49	7:18 2:07	10:01 2:43	12:16 2:15	17:09 4:53	17:46 0:37	19:33 1:47	20:36 1:03	22:25 1:49	-----	23:15 0:50
	248	TORRES SANTAMARI PORTO DO SON IES	en tarj.	1:03 1:03 28:54	3:20 2:17	4:43 1:23	5:56 1:13	-----	8:48 2:52	13:31 4:43	16:35 3:04	17:21 0:46	18:43 1:22	20:49 2:06	23:42 2:53	27:44 4:02	28:35 0:51

os	rsal	Nombre	Tiempo														
INF MASC (66)				1,9 km 50 m			14 C			<i>(cont.)</i>							
				1(32) Meta	2(33)	3(34)	4(31)	5(36)	6(35)	7(37)	8(39)	9(38)	10(37)	11(40)	12(52)	13(42)	14(100)
215		GARCIA REGUEIRO, PONTEDEUME IES F	en tarj.	1:06 1:06 51:02 0:23	----	13:45 12:39	19:03 5:18	24:46 5:43	26:24 1:38	31:21 4:57	36:12 4:51	37:26 1:14	39:28 2:02	41:55 2:27	48:24 6:29	49:39 1:15	50:39 1:00
19		REMUÑAN ABELÉN CORISTANCO CPI A	en tarj.	4:58 4:58 55:19 0:21	6:36 1:38	10:06 3:30 1:38 *31	12:03 1:57	20:11 8:08	22:48 2:37	36:38 13:50	----	45:06 8:28	47:36 2:30	49:36 2:00	53:14 3:38	54:10 0:56	54:58 0:48
178		FRAGA LOUZAN, MA BETANZOS IES AS M	en tarj.	0:48 0:48	8:02 7:14	15:20 7:18 44:32 *61	25:02 9:42 46:50 *38	31:15 6:13 56:11 *57	35:03 3:48	41:46 6:43	50:49 9:03	----	54:38 3:49	56:34 1:56	----	----	----
212		CRIADO CERCIDO, PONTEDEUME IES F	en tarj.	1:54 1:54	3:08 1:14	13:48 10:40	19:56 6:08	42:56 23:00	43:43 0:47	50:09 6:26	1:05:48 15:39	1:06:37 0:49	1:08:53 2:16	1:10:51 1:58	----	----	----
221		TENREIRO FIDALG PONTEDEUME IES F	en tarj.	1:39 1:39	2:54 1:15	13:32 10:38	20:02 6:30	42:39 22:37	43:29 0:50	49:56 6:27	1:05:40 15:44	1:06:19 0:39	1:08:39 2:20	1:10:34 1:55	----	----	----
216		MARTINEZ LOPEZ, PONTEDEUME IES F	andona	1:18 1:18	2:32 1:14	13:19 10:47	19:50 6:31	42:30 22:40	43:18 0:48	49:37 6:19	----	----	----	----	----	----	----
222		TENREIRO SANDE, PONTEDEUME IES F	andona	5:29 5:29	8:15 2:46	10:59 2:44	25:27 14:28	28:35 3:08	30:28 1:53	58:54 28:26	----	----	----	----	----	----	----
223		VARELA HERREROS PONTEDEUME IES F	andona	13:23 13:23	15:12 1:49	33:58 18:46	53:13 19:15	1:06:40 13:27	1:09:04 2:24	1:11:51 2:47	1:14:48 2:57	1:15:49 1:01	----	----	----	----	----
213		DOMINGUEZ PEND PONTEDEUME IES F	andona	3:54 3:54	5:54 2:00	8:33 2:39	32:32 23:59	35:26 2:54	36:00 0:34	48:55 12:55	----	----	----	----	----	----	----
210		ABRAIRA DE BERNA PONTEDEUME IES F	andona	5:09 5:09	7:47 2:38	10:35 2:48	34:37 24:02	37:24 2:47	37:55 0:31	50:56 13:01	----	----	----	----	----	----	----
211		CORRAL VARELA, R PONTEDEUME IES F	andona	5:41 5:41	7:36 1:55	10:26 2:50	24:56 14:30	27:56 3:00	29:49 1:53	58:25 28:36	----	----	----	----	----	----	----
265		PIÑEIRO CESPON, BOIRO IES PRAIA B	andona	1:20 1:20	3:29 2:09	5:25 1:56	9:31 4:06	----	23:10 13:39	27:08 3:58	----	----	----	----	----	----	----
CAD FEM (81)				2,8 km 70 m			18 C										
				1(43) 15(50)	2(45) 16(40)	3(44) 17(51)	4(32) 18(100)	5(38) Meta	6(39)	7(37)	8(41)	9(46)	10(47)	11(35)	12(48)	13(49)	14(34)
1	224	DOPICO GOLPE, AL BETANZOS IES FRA	30:38	3:39 3:39 27:01 0:37	4:33 0:54 28:10 1:09	5:10 0:37 28:45 0:35	6:44 1:34 30:23 1:38	9:29 2:45 30:38 0:15	10:09 0:40	11:58 1:49	16:04 4:06	17:29 1:25	17:55 0:26	21:44 3:49	22:26 0:42	24:18 1:52	26:24 2:06
2	237	OUIJO PEREZ, NER PORTO DO SON IES	31:05	5:16 27:45 0:46	5:57 28:35 0:50	6:23 29:13 0:38	7:42 30:46 1:33	9:34 31:05 0:19	10:10	11:51 1:41	15:50 3:59	17:27 1:37	17:55 0:28	21:28 3:33	22:27 0:59	24:29 2:02	26:59 2:30
3	133	SOUTO PICOS, XIAN AMES IES AMES	34:09	1:33 29:47 3:44	2:43 31:29 1:42	3:32 32:15 0:46	5:01 33:51 1:36	7:24 34:09 0:18	8:30	9:59 1:29	14:00 4:01	15:29 1:29	16:34 1:05	21:28 4:54	22:18 0:50	24:18 2:00	26:03 1:45
4	120	NAVARRO AYENSA, AMES IES AMES	34:54	1:32 30:33 3:37	3:09 32:13 1:40	4:10 33:00 0:47	5:36 34:35 1:35	8:00 34:54 0:19	9:13	10:39 1:26	14:13 3:34	15:51 1:38	17:21 1:30	22:14 4:53	23:07 0:53	25:01 1:54	26:56 1:55
5	106	FERNANDEZ MARTI AMES IES AMES	35:25	2:24 2:24 31:24 3:45	3:56 1:32 32:58 1:34	4:57 1:01 33:39 0:41	6:21 1:24 35:08 1:29	8:47 2:26 35:25 0:17	10:03 1:16	11:24 1:21 28:33 *51	14:49 3:25	16:34 1:45	18:00 1:26	22:50 4:50	23:53 1:03	25:25 1:32	27:39 2:14
6	118	MERELLES GONZAL AMES IES AMES	36:15	2:39 2:39 32:00 3:48	4:18 1:39 33:26 1:26	5:18 1:00 34:16 0:50	7:02 1:44 35:50 1:34	9:19 2:17 36:15 0:25	10:30 1:11	11:57 1:27	16:32 4:35	18:24 1:52	18:48 0:24	23:32 4:44	24:27 0:55	26:24 1:57	28:12 1:48

os	rsal	Nombre	Tiempo																		
CAD FEM (81)				2,8 km 70 m					18 C					<i>(cont.)</i>							
				1(43)	2(45)	3(44)	4(32)	5(38)	6(39)	7(37)	8(41)	9(46)	10(47)	11(35)	12(48)	13(49)	14(34)				
				15(50)	16(40)	17(51)	18(100)	Meta													
7	165	TUÑAS CARBALLO, MUROS IES AS INS	38:49	2:34	4:57	5:33	9:12	12:01	12:41	15:26	19:48	21:10	21:38	24:23	25:09	26:58	31:52				
				2:34	2:23	0:36	3:39	2:49	0:40	2:45	4:22	1:22	0:28	2:45	0:46	1:49	4:54				
				33:53	35:03	35:34	38:34	38:49													
				2:01	1:10	0:31	3:00	0:15													
8	132	SAMA ALONSO, MIC AMES IES AMES	39:51	2:44	3:46	5:49	7:18	10:02	11:12	13:01	17:06	19:55	20:15	26:21	26:59	29:28	32:11				
				2:44	1:02	2:03	1:29	2:44	1:10	1:49	4:05	2:49	0:20	6:06	0:38	2:29	2:43				
				36:18	37:02	37:45	39:38	39:51													
				4:07	0:44	0:43	1:53	0:13													
9	122	NIETO PEDRARES, AMES IES AMES	40:23	3:02	4:18	6:17	7:52	10:34	11:37	13:34	17:40	20:23	20:44	26:54	27:31	29:58	32:46				
				3:02	1:16	1:59	1:35	2:42	1:03	1:57	4:06	2:43	0:21	6:10	0:37	2:27	2:48				
				36:46	37:34	38:20	40:09	40:23													
				4:00	0:48	0:46	1:49	0:14													
10	283	FERRE GOMEZ, YES CULLEREDO IES R	42:58	2:16	3:33	4:36	7:33	10:26	11:13	12:56	19:03	21:02	21:25	24:50	25:57	27:46	31:47				
				2:16	1:17	1:03	2:57	2:53	0:47	1:43	6:07	1:59	0:23	3:25	1:07	1:49	4:01				
				35:57	40:07	41:02	42:38	42:58													
				4:10	4:10	0:55	1:36	0:20													
11	282	GONZALEZ CASTRO CULLEREDO IES R	43:26	2:00	3:50	6:03	8:00	10:35	11:33	13:20	19:17	21:33	22:05	25:24	26:20	28:25	32:13				
				2:00	1:50	2:13	1:57	2:35	0:58	1:47	5:57	2:16	0:32	3:19	0:56	2:05	3:48				
				36:48	40:31	41:25	43:07	43:26													
				4:35	3:43	0:54	1:42	0:19													
12	281	ESPIÑEIRA VARELA, CULLEREDO IES R	44:47	3:45	5:25	7:32	9:20	11:54	12:48	14:40	20:43	22:53	23:24	26:50	27:37	30:06	33:27				
				3:45	1:40	2:07	1:48	2:34	0:54	1:52	6:03	2:10	0:31	3:26	0:47	2:29	3:21				
				38:38	41:58	42:42	44:29	44:47													
				5:11	3:20	0:44	1:47	0:18													
13	147	FERNANDEZ BEIRO MUROS IES AS INS	46:49	2:56	5:22	5:59	9:32	12:21	13:03	15:48	21:27	23:59	24:54	29:48	30:53	34:21	37:18				
				2:56	2:26	0:37	3:33	2:49	0:42	2:45	5:39	2:32	0:55	4:54	1:05	3:28	2:57				
				41:13	43:14	44:10	46:10	46:49													
				3:55	2:01	0:56	2:00	0:39													
14	154	PAIS RIVADENEIRA, MUROS IES AS INS	47:15	3:26	5:43	6:22	10:00	12:50	13:31	16:10	21:55	24:32	25:20	30:20	31:23	34:47	37:48				
				3:26	2:17	0:39	3:38	2:50	0:41	2:39	5:45	2:37	0:48	5:00	1:03	3:24	3:01				
				41:44	43:42	44:41	46:53	47:15													
				3:56	1:58	0:59	2:12	0:22													
14	159	ROMERO GARCIA, A MUROS IES AS INS	47:15	4:29	6:37	7:25	9:31	13:27	14:19	16:40	23:26	26:09	27:14	31:10	31:57	35:29	38:30				
				4:29	2:08	0:48	2:06	3:56	0:52	2:21	6:46	2:43	1:05	3:56	0:47	3:32	3:01				
				42:42	44:03	44:43	46:57	47:15													
				4:12	1:21	0:40	2:14	0:18													
16	157	PRIEGUE MAYO, CA MUROS IES AS INS	47:37	3:47	6:09	6:45	10:16	13:07	13:48	16:33	22:18	24:55	25:44	30:39	31:46	35:13	38:13				
				3:47	2:22	0:36	3:31	2:51	0:41	2:45	5:45	2:37	0:49	4:55	1:07	3:27	3:00				
				42:03	44:00	44:48	47:15	47:37													
				3:50	1:57	0:48	2:27	0:22													
17	160	SENADE FORMOS MUROS IES AS INS	47:49	4:53	7:05	7:49	9:57	13:51	14:55	17:17	24:20	26:27	27:40	31:38	32:27	35:56	39:03				
				4:53	2:12	0:44	2:08	3:54	1:04	2:22	7:03	2:07	1:13	3:58	0:49	3:29	3:07				
				43:06	44:25	45:09	47:28	47:49													
				4:03	1:19	0:44	2:19	0:21													
18	155	PARIS GARCIA, THAI MUROS IES AS INS	48:14	5:28	7:35	8:26	10:26	14:23	15:24	17:37	25:01	27:03	28:02	32:10	32:59	35:55	39:35				
				5:28	2:07	0:51	2:00	3:57	1:01	2:13	7:24	2:02	0:59	4:08	0:49	2:56	3:40				
				43:31	44:50	45:30	47:57	48:14													
				3:56	1:19	0:40	2:27	0:17													
19	151	LAVANDEIRA NUÑE MUROS IES AS INS	48:16	6:12	8:26	9:08	11:09	15:17	16:15	18:29	25:32	27:55	29:07	32:57	33:52	36:45	40:24				
				6:12	2:14	0:42	2:01	4:08	0:58	2:14	7:03	2:23	1:12	3:50	0:55	2:53	3:39				
				44:24	45:42	46:17	47:58	48:16													
				4:00	1:18	0:35	1:41	0:18													
20	145	CAAMAÑO MAYO, C MUROS IES AS INS	48:39	5:45	7:58	8:41	10:46	14:43	15:43	17:57	25:03	27:25	28:25	32:25	33:19	36:13	39:55				
				5:45	2:13	0:43	2:05	3:57	1:00	2:14	7:06	2:22	1:00	4:00	0:54	2:54	3:42				
				43:53	45:12	45:48	48:19	48:39													
				3:58	1:19	0:36	2:31	0:20													
21	162	SENDON PAIS, CAR MUROS IES AS INS	49:47	6:53	9:00	9:47	11:27	15:40	16:49	18:55	25:58	28:19	29:30	33:28	34:22	37:50	40:58				
				6:53	2:07	0:47	1:40	4:13	1:09	2:06	7:03	2:21	1:11	3:58	0:54	3:28	3:08				
				44:59	46:14	47:01	49:28	49:47													
				4:01	1:15	0:47	2:27	0:19													
22	92	BARBAZAN SUAREZ AMES IES AMES	51:07	3:43	5:33	6:46	10:11	13:18	15:21	18:39	23:14	25:06	26:05	30:13	31:18	33:20	39:18				
				3:43	1:50	1:13	3:25	3:07	2:03	3:18	4:35	1:52	0:59	4:08	1:05	2:02	5:58				
				46:04	48:17	49:06	50:33	51:07													
				6:46	2:13	0:49	1:27	0:34													
23	156	PIÑEIRO SABUGUEI MUROS IES AS INS	51:34	6:25	7:51	9:33	12:39	17:25	18:44	21:17	27:41	29:57	31:27	37:53	39:12	42:01	46:30				
				6:25	1:26	1:42	3:06	4:46	1:19	2:33	6:24	2:16	1:30	6:26	1:19	2:49	4:29				
				47:20	48:56	49:33	51:16	51:34													
				0:50	1:36	0:37	1:43	0:18													
24	294	MARTINS DO PRAD CULLEREDO IES R	51:46	10:28	12:04	13:19	15:59	19:49	21:18	24:04	30:18	32:01	32:39	36:26	37:14	40:01	42:54				
				10:28	1:36	1:15	2:40	3:50	1:29	2:46	6:14	1:43	0:38	3:47	0:48	2:47	2:53				
				45:56	48:14	49:10	51:23	51:46													
				3:02	2:18	0:56	2:13	0:23													
25	97	CARBIA MATO, CINT AMES IES AMES	51:47	4:21	6:10	7:34	10:56	14:02	16:05	19:26	24:53	27:02	27:59	31:45	32:22	35:34	40:33				
				4:21	1:49	1:24	3:22	3:06	2:03	3:21	5:27	2:09	0:57	3:46	0:37	3:12	4:59				
				46:51	48:58	49:40	51:24	51:47													
				6:18	2:07	0:42	1:44	0:23													

os	rsal	Nombre	Tiempo																		
CAD FEM (81)				2,8 km 70 m					18 C					<i>(cont.)</i>							
				1(43)	2(45)	3(44)	4(32)	5(38)	6(39)	7(37)	8(41)	9(46)	10(47)	11(35)	12(48)	13(49)	14(34)				
				15(50)	16(40)	17(51)	18(100)	Meta													
26	271	AFONSO SANDE, LA CULLEREDO IES R	52:02	10:47	12:22	13:33	16:13	20:04	21:34	24:19	30:33	32:21	32:55	36:43	37:37	40:15	43:15				
				10:47	1:35	1:11	2:40	3:51	1:30	2:45	6:14	1:48	0:34	3:48	0:54	2:38	3:00				
				46:12	48:30	49:30	51:46	52:02													
				2:57	2:18	1:00	2:16	0:16													
27	305	SENRA CANOSA, NO CULLEREDO IES R	52:39	2:34	4:10	6:25	8:30	11:17	12:20	14:20	20:43	22:46	23:42	28:07	29:15	32:50	43:34				
				2:34	1:36	2:15	2:05	2:47	1:03	2:00	6:23	2:03	0:56	4:25	1:08	3:35	10:44				
				47:14	48:18	49:15	52:17	52:39													
				3:40	1:04	0:57	3:02	0:22													
28	158	RAMOS GARCIA, TA MUROS IES AS INS	52:44	6:42	8:09	10:10	12:55	18:00	19:07	21:36	28:40	30:15	31:54	38:19	39:38	42:39	46:58				
				6:42	1:27	2:01	2:45	5:05	1:07	2:29	7:04	1:35	1:39	6:25	1:19	3:01	4:19				
				47:50	49:20	50:28	52:16	52:44													
				0:52	1:30	1:08	1:48	0:28													
29	149	GONZALEZ SENDO MUROS IES AS INS	53:31	7:12	8:38	10:32	13:22	18:23	19:44	22:03	29:12	30:45	32:16	38:51	40:00	43:04	47:22				
				7:12	1:26	1:54	2:50	5:01	1:21	2:19	7:09	1:33	1:31	6:35	1:09	3:04	4:18				
				48:36	49:47	50:51	53:01	53:31													
				1:14	1:11	1:04	2:10	0:30													
30	101	CASTRO MONTERO, AMES IES AMES	55:59	4:02	12:30	13:18	15:44	21:02	22:31	24:09	30:32	32:51	33:32	38:28	39:17	41:21	49:21				
				4:02	8:28	0:48	2:26	5:18	1:29	1:38	6:23	2:19	0:41	4:56	0:49	2:04	8:00				
				51:36	53:32	54:13	55:45	55:59													
				2:15	1:56	0:41	1:32	0:14													
31	109	GARCIA PULLEIRO, AMES IES AMES	56:18	4:22	12:48	13:36	16:06	21:19	22:43	24:28	30:49	33:09	33:50	38:46	39:36	41:40	49:39				
				4:22	8:26	0:48	2:30	5:13	1:24	1:45	6:21	2:20	0:41	4:56	0:50	2:04	7:59				
				51:55	53:55	54:28	56:01	56:18													
				2:16	2:00	0:33	1:33	0:17													
32	57	CARPINTERO BRUZ A CORUÑA IES AGR	59:14	3:28	5:42	7:53	12:45	19:55	20:52	25:42	31:32	34:10	34:44	39:12	39:51	42:55	47:58				
				3:28	2:14	2:11	4:52	7:10	0:57	4:50	5:50	2:38	0:34	4:28	0:39	3:04	5:03				
				54:17	56:15	57:10	58:46	59:14													
				6:19	1:58	0:55	1:36	0:28													
33	191	OTERO VALEIRO, M BETANZOS IES AS M	1:02:00	17:59	19:32	20:07	23:33	28:43	30:20	31:57	39:51	41:16	42:20	46:20	47:00	51:39	55:38				
				17:59	1:33	0:35	3:26	5:10	1:37	1:37	7:54	1:25	1:04	4:00	0:40	4:39	3:59				
				57:38	59:00	59:38	1:01:44	1:02:00													
				2:00	1:22	0:38	2:06	0:16													
34	205	SOMMARIVA UCHA, BETANZOS IES AS M	1:02:22	18:37	19:53	20:30	23:54	29:04	30:40	32:16	40:11	41:36	42:41	46:41	47:20	51:58	56:00				
				18:37	1:16	0:37	3:24	5:10	1:36	1:36	7:55	1:25	1:05	4:00	0:39	4:38	4:02				
				57:58	59:19	59:58	1:02:03	1:02:22													
				1:58	1:21	0:39	2:05	0:19													
35	267	SAAVEDRA FUNGUE BOIRO IES PRAIA B	1:04:55	8:06	9:26	15:14	18:19	31:31	32:38	35:27	40:49	43:40	44:06	49:49	50:36	53:13	56:54				
				8:06	1:20	5:48	3:05	13:12	1:07	2:49	5:22	2:51	0:26	5:43	0:47	2:37	3:41				
				1:00:31	1:02:06	1:02:39	1:04:12	1:04:55													
				3:37	1:35	0:33	1:33	0:43													
36	258	GONZALEZ OURILL BOIRO IES PRAIA B	1:05:18	8:02	9:51	16:08	18:34	31:56	33:08	35:54	41:16	44:02	44:34	50:10	51:05	53:41	57:23				
				8:02	1:49	6:17	2:26	13:22	1:12	2:46	5:22	2:46	0:32	5:36	0:55	2:36	3:42				
				1:01:05	1:02:35	1:03:11	1:04:39	1:05:18													
				3:42	1:30	0:36	1:28	0:39													
37	54	ALEXANDER JUSTIN A CORUÑA IES AGR	1:13:18	5:21	7:59	11:42	16:25	22:34	24:59	28:46	37:39	42:33	43:28	52:38	53:48	57:22	1:02:33				
				5:21	2:38	3:43	4:43	6:09	2:25	3:47	8:53	4:54	0:55	9:10	1:10	3:34	5:11				
				1:05:05	1:06:53	1:10:24	1:12:55	1:13:18													
				2:32	1:48	3:31	2:31	0:23													
38	79	PONTE DIAZ, LUCIA A CORUÑA IES AGR	1:13:53	6:03	8:36	12:14	17:01	23:07	25:46	29:19	37:56	43:09	44:04	53:08	54:24	57:53	1:03:11				
				6:03	2:33	3:38	4:47	6:06	2:39	3:33	8:37	5:13	0:55	9:04	1:16	3:29	5:18				
				1:05:42	1:07:26	1:11:00	1:13:30	1:13:53													
				2:31	1:44	3:34	2:30	0:23													
39	186	LOUSA FERREIRA, I BETANZOS IES AS M	1:21:21	18:58	20:41	21:28	27:27	31:45	33:11	36:22	45:41	48:44	49:49	1:02:03	1:03:15	1:07:02	1:14:21				
				18:58	1:43	0:47	5:59	4:18	1:26	3:11	9:19	3:03	1:05	12:14	1:12	3:47	7:19				
				1:15:13	1:17:32	1:18:43	1:21:02	1:21:21													
				0:52	2:19	1:11	2:19	0:19													
40	209	VILAS CANCELO, N BETANZOS IES AS M	1:21:41	19:17	21:09	21:46	27:59	32:04	33:23	36:34	45:59	49:09	50:09	1:02:17	1:03:15	1:07:21	1:14:42				
				19:17	1:52	0:37	6:13	4:05	1:19	3:11	9:25	3:10	1:00	12:08	0:58	4:06	7:21				
				1:15:32	1:17:49	1:18:42	1:21:16	1:21:41													
				0:50	2:17	0:53	2:34	0:25													
41	201	RUFA SEIJO, ELEKT BETANZOS IES AS M	1:21:55	19:33	21:35	24:15	28:11	32:38	33:50	37:01	46:24	49:11	50:33	1:02:16	1:03:20	1:07:13	1:15:01				
				19:33	2:02	2:40	3:56	4:27	1:12	3:11	9:23	2:47	1:22	11:43	1:04	3:53	7:48				
				1:16:08	1:18:00	1:18:50	1:21:31	1:21:55													
				1:07	1:52	0:50	2:41	0:24													
42	188	MONTERO ENCARN BETANZOS IES AS M	1:22:03	19:41	21:41	24:17	28:27	32:55	34:07	37:17	46:37	49:40	50:46	1:02:55	1:04:06	1:07:53	1:15:13				
				19:41	2:00	2:36	4:10	4:28	1:12	3:10	9:20	3:03	1:06	12:09	1:11	3:47	7:20				
				1:16:15	1:18:20	1:19:29	1:21:43	1:22:03													
				1:02	2:05	1:09	2:14	0:20													
43	65	GESTO OSPINA, SA A CORUÑA IES AGR	1:22:42	6:51	10:01	18:06	21:14	24:53	29:19	38:14	46:32	56:08	56:37	1:02:32	1:03:47	1:07:04	1:11:35				
				6:51	3:10	8:05	3:08	3:39	4:26	8:55	8:18	9:36	0:29	5:55	1:15	3:17	4:31				
				1:14:50	1:19:37	1:20:40	1:22:22	1:22:42													
				3:15	4:47	1:03	1:42	0:20													
44	84	SANCHEZ AGUDEL A CORUÑA IES AGR	1:22:53	7:02	9:51	17:51	22:25	30:34	32:24	35:27	46:49	55:24	56:07	1:02:03	1:02:57	1:06:42	1:10:32				
				7:02	2:49	8:00	4:34	8:09	1:50	3:03	11:22	8:35	0:43	5:56	0:54	3:45	3:50				
				1:13:37	1:18:59	1:19:55	1:22:12	1:22:53													
				3:05	5:22	0:56	2:17	0:41													

os	rsal	Nombre	Tiempo																					
CAD FEM (81)					2,8 km 70 m				18 C		<i>(cont.)</i>													
					1(43)	2(45)	3(44)	4(32)	5(38)	6(39)	7(37)	8(41)	9(46)	10(47)	11(35)	12(48)	13(49)	14(34)						
					15(50)	16(40)	17(51)	18(100)	Meta															
45	55	CABEZAS VAQUERO A CORUÑA IES AGR	1:23:07	8:50	10:31	18:30	21:49	25:18	29:42	38:37	46:04	56:21	56:48	1:02:51	1:04:01	1:08:04	1:11:54							
					8:50	1:41	7:59	3:19	3:29	4:24	8:55	7:27	10:17	0:27	6:03	1:10	4:03	3:50						
					1:15:09	1:20:01	1:20:42	1:22:41	1:23:07															
					3:15	4:52	0:41	1:59	0:26															
46	72	NIANG THIOUKIRI, A CORUÑA IES AGR	1:24:04	9:46	12:12	19:29	24:03	32:17	34:02	37:11	46:14	56:54	57:28	1:03:05	1:04:33	1:07:44	1:12:24							
					9:46	2:26	7:17	4:34	8:14	1:45	3:09	9:03	10:40	0:34	5:37	1:28	3:11	4:40						
					1:15:25	1:19:19	1:21:00	1:23:22	1:24:04															
					3:01	3:54	1:41	2:22	0:42															
47	76	PENA VELO, CARLA A CORUÑA IES AGR	1:25:45	7:01	9:42	17:46	22:32	30:27	32:11	35:25	45:13	54:59	55:33	1:01:46	1:02:39	1:06:11	1:10:26							
					7:01	2:41	8:04	4:46	7:55	1:44	3:14	9:48	9:46	0:34	6:13	0:53	3:32	4:15						
					1:13:18	1:18:51	1:19:45	1:21:32	1:25:45															
					2:52	5:33	0:54	1:47	4:13															
48	24	RODRIGUEZ FUENT CORISTANCO CPI A	1:26:20	20:25	22:35	24:09	29:26	33:34	35:45	37:54	45:45	48:15	48:47	59:24	1:00:14	1:03:15	1:09:05							
					20:25	2:10	1:34	5:17	4:08	2:11	2:09	7:51	2:30	0:32	10:37	0:50	3:01	5:50						
					1:10:54	1:23:14	1:24:11	1:25:44	1:26:20															
					1:49	12:20	0:57	1:33	0:36															
49	85	SEGADE NAVEIRA, J A CORUÑA IES AGR	1:26:37	6:46	10:04	18:01	23:21	31:09	33:02	36:16	47:14	55:55	56:16	1:02:36	1:03:27	1:07:07	1:11:53							
					6:46	3:18	7:57	5:20	7:48	1:53	3:14	10:58	8:41	0:21	6:20	0:51	3:40	4:46						
					1:14:14	1:19:40	1:20:34	1:22:36	1:26:37															
					2:21	5:26	0:54	2:02	4:01															
50	4	BERMUDEZ FERNA CORISTANCO CPI A	1:26:52	20:50	23:06	24:44	30:03	34:04	36:16	38:26	46:22	48:50	49:22	59:54	1:00:45	1:03:46	1:09:40							
					20:50	2:16	1:38	5:19	4:01	2:12	2:10	7:56	2:28	0:32	10:32	0:51	3:01	5:54						
					1:11:28	1:23:44	1:24:42	1:26:14	1:26:52															
					1:48	12:16	0:58	1:32	0:38															
51	16	PAZOS ABELENDA, CORISTANCO CPI A	1:28:22	22:25	24:36	26:11	31:31	35:32	37:45	39:50	47:51	50:15	50:41	1:01:23	1:02:01	1:05:11	1:10:57							
					22:25	2:11	1:35	5:20	4:01	2:13	2:05	8:01	2:24	0:26	10:42	0:38	3:10	5:46						
					1:12:53	1:25:12	1:25:53	1:27:43	1:28:22															
					1:56	12:19	0:41	1:50	0:39															
52	199	RODRIGUEZ ALLEG BETANZOS IES AS M	1:34:43	14:07	16:24	19:15	27:37	34:07	36:06	40:42	55:55	1:02:06	1:03:16	1:12:51	1:14:38	1:18:51	1:23:40							
					14:07	2:17	2:51	8:22	6:30	1:59	4:36	15:13	6:11	1:10	9:35	1:47	4:13	4:49						
					1:25:20	1:27:54	1:29:23	1:34:26	1:34:43															
					1:40	2:34	1:29	5:03	0:17															
53	168	BASTEIRO NUÑEZ, BETANZOS IES AS M	1:34:56	14:19	16:45	19:35	27:56	34:26	36:26	40:59	56:29	1:02:26	1:03:38	1:13:14	1:15:00	1:19:15	1:24:01							
					14:19	2:26	2:50	8:21	6:30	2:00	4:33	15:30	5:57	1:12	9:36	1:46	4:15	4:46						
					1:26:00	1:28:11	1:29:41	1:34:39	1:34:56															
					1:59	2:11	1:30	4:58	0:17															
54	14	MIGUEL ALVAREZ, A CORISTANCO CPI A	1:36:37	22:12	25:44	27:58	32:54	37:39	39:07	42:09	52:46	1:04:55	1:05:58	1:10:54	1:12:24	1:16:17	1:27:41							
					22:12	3:32	2:14	4:56	4:45	1:28	3:02	10:37	12:09	1:03	4:56	1:30	3:53	11:24						
					1:30:20	1:32:26	1:33:22	1:36:12	1:36:37															
					2:39	2:06	0:56	2:50	0:25															
55	8	CAAMAÑO ANDRAD CORISTANCO CPI A	1:36:47	22:11	25:55	28:08	33:02	37:50	39:16	42:20	52:46	1:05:07	1:06:09	1:11:00	1:12:35	1:16:27	1:27:51							
					22:11	3:44	2:13	4:54	4:48	1:26	3:04	10:26	12:21	1:02	4:51	1:35	3:52	11:24						
					1:30:29	1:32:36	1:33:30	1:36:22	1:36:47															
					2:38	2:07	0:54	2:52	0:25															
56	30	VARELA SANCHEZ, CORISTANCO CPI A	1:36:51	22:10	25:55	28:06	33:18	37:47	39:20	42:22	52:58	1:05:09	1:06:05	1:11:08	1:12:34	1:16:34	1:27:51							
					22:10	3:45	2:11	5:12	4:29	1:33	3:02	10:36	12:11	0:56	5:03	1:26	4:00	11:17						
					1:30:40	1:32:28	1:33:38	1:36:21	1:36:51															
					2:49	1:48	1:10	2:43	0:30															
57	13	MATA LEMA, LIA JI CORISTANCO CPI A	1:57:16	26:56	28:41	30:30	42:04	46:09	46:59	49:35	1:00:41	1:04:51	1:06:21	1:16:36	1:17:59	1:23:36	1:38:37							
					26:56	1:45	1:49	11:34	4:05	0:50	2:36	11:06	4:10	1:30	10:15	1:23	5:37	15:01						
					1:52:37	1:53:50	1:54:38	1:56:26	1:57:16															
					14:00	1:13	0:48	1:48	0:50															
58	1	ABELENDA FERNAN CORISTANCO CPI A	1:58:04	28:07	29:33	31:16	42:43	46:52	47:40	50:08	1:00:56	1:05:36	1:07:02	1:17:12	1:18:49	1:24:17	1:39:22							
					28:07	1:26	1:43	11:27	4:09	0:48	2:28	10:48	4:40	1:26	10:10	1:37	5:28	15:05						
					1:53:12	1:54:38	1:55:28	1:57:20	1:58:04															
					13:50	1:26	0:50	1:52	0:44															
59	3	BARDANCA ROJO, L CORISTANCO CPI A	1:58:48	28:34	30:14	31:59	43:38	47:35	48:21	50:55	1:02:07	1:06:13	1:07:54	1:17:49	1:19:33	1:25:05	1:39:52							
					28:34	1:40	1:45	11:39	3:57	0:46	2:34	11:12	4:06	1:41	9:55	1:44	5:32	14:47						
					1:53:51	1:55:10	1:55:57	1:58:13	1:58:48															
					13:59	1:19	0:47	2:16	0:35															
131		RODRIGUEZ RAMO AMES IES AMES	en tarj.	-----	3:30	4:31	6:06	8:24	9:36	10:58	14:24	16:08	17:33	22:42	23:28	25:02	27:13							
					30:58	3:30	1:01	1:35	2:18	1:12	1:22	3:26	1:44	1:25	5:09	0:46	1:34	2:11						
					3:45	32:35	33:22	34:56	35:19															
					3:50	1:37	0:47	1:34	0:23															
153		MAYO SENANDE, A MUROS IES AS INS	en tarj.	3:50	6:19	7:03	-----	13:04	14:03	16:23	23:03	25:52	26:38	30:54	31:36	35:08	38:02							
					3:50	2:29	0:44	6:01	0:59	2:20	6:40	2:49	0:46	4:16	0:42	3:32	2:54							
					42:27	43:30	44:20	46:39	47:00															
					4:25	1:03	0:50	2:19	0:21															
301		PAZOS MORICHE, L CULLEREDO IES R	en tarj.	2:43	-----	6:44	8:44	11:32	12:29	14:34	20:49	-----	23:55	28:19	29:27	33:04	43:53							
					2:43	4:01	2:00	2:48	0:57	2:05	6:15		3:06	4:24	1:08	3:37	10:49							
					47:30	48:34	49:29	52:27	52:50															
					3:37	1:04	0:55	2:58	0:23															
111		HERNANDEZ MARTI AMES IES AMES	en tarj.	3:47	12:07	12:58	15:24	20:38	22:11	-----	30:09	32:31	33:12	38:10	38:57	40:56	48:58							
					3:47	8:20	0:51	2:26	5:14	1:33		7:58	2:22	0:41	4:58	0:47	1:59	8:02						
					51:17	53:15	53:57	55:25	55:39															
					2:19	1:58	0:42	1:28	0:14															

os	rsal	Nombre	Tiempo															
CAD FEM (81)					2,8 km 70 m			18 C			<i>(cont.)</i>							
					1(43)	2(45)	3(44)	4(32)	5(38)	6(39)	7(37)	8(41)	9(46)	10(47)	11(35)	12(48)	13(49)	14(34)
					15(50)	16(40)	17(51)	18(100)	Meta									
75		PARAFITA LAMAS, LA A CORUÑA IES AGR	en tarj.	6:10 6:10 1:05:56 2:16	8:16 2:06 1:07:59 2:03	12:44 4:28 1:11:29 3:30	17:32 4:48 1:14:03 2:34	23:26 5:54 1:14:24 0:21	----	29:29 6:03	38:25 8:56	43:40 5:15	44:35 0:55	53:35 9:00	54:54 1:19	58:28 3:34	1:03:40 5:12	
36		BRAGE AMADO, CLAU MONFERO CPI PLU	en tarj.	----	----	20:29 20:29	----	----	----	----	----	----	----	----	----	----	----	
35		BOUZA RIVAS, SON MONFERO CPI PLU	en tarj.	----	----	19:44 19:44	----	----	----	----	----	----	----	----	----	----	----	
52		VIDAL MANTIÑAN, CI MONFERO CPI PLU	en tarj.	----	----	18:43 18:43	----	----	----	----	----	----	----	----	----	----	----	
78		PIÑEIRO NUÑEZ, ANA A CORUÑA IES AGR	en tarj.	7:23 7:23 ----	11:38 4:15 ----	19:04 7:26 ----	23:43 4:39 ----	32:01 8:18 ----	34:15 2:14 1:02:36 *55	39:27 5:12	50:13 10:46	56:26 6:13	57:44 1:18	1:04:29 6:45	1:06:24 1:55	1:11:48 5:24	1:21:51 10:03	
86		SILVA SIXTO, SALET A CORUÑA IES AGR	en tarj.	6:04 6:04 ----	10:59 4:55 ----	18:18 7:19 ----	22:55 4:37 ----	31:16 8:21 ----	33:43 2:27	36:39 2:56	49:42 13:03	55:43 6:01	57:04 1:21	1:03:42 6:38	1:05:38 1:56	1:10:57 5:19	1:20:55 9:58	
69		LONGUEIRA MARTI A CORUÑA IES AGR	en tarj.	7:42 7:42 ----	12:06 4:24 ----	19:27 7:21 ----	24:10 4:43 ----	32:22 8:12 ----	34:39 2:17	39:48 5:09	50:31 10:43	56:50 6:19	58:00 1:10	1:04:47 6:47	1:06:44 1:57	1:12:06 5:22	1:22:10 10:04	
45		LOPEZ REGUEIRO, MONFERO CPI PLU	en tarj.	----	----	20:54 20:54	----	----	----	----	----	----	----	----	----	----	----	
44		GARCIA MARTIN, VEMONFERO CPI PLU	en tarj.	----	----	19:17 19:17	----	----	----	----	----	----	----	----	----	----	----	
60		CORNEJO TORRES, A CORUÑA IES AGR	andona	14:37 14:37 ----	19:25 4:48 ----	34:51 15:26 ----	42:03 7:12 1:48:08	52:11 10:08 1:48:27	54:19 2:08	56:37 2:18	1:06:56 10:19	1:15:53 8:57	1:16:53 1:00	1:45:29 28:36	----	----	----	
33		ARES GARCIA, LAU MONFERO CPI PLU	andona	----	41:29 41:29 ----	54:01 12:32 ----	----	----	----	----	----	----	----	----	----	----	----	
303		SANTOMIL MEITIN, CULLEREDO IES R	andona	3:33 3:33 ----	5:17 1:44 ----	6:51 1:34 ----	15:15 8:24 ----	22:36 7:21 ----	24:46 2:10	27:41 2:55	35:01 7:20	37:41 2:40	39:16 1:35	44:32 5:16	50:04 5:32	56:28 6:24	----	
74		PALLONE CORTES, A CORUÑA IES AGR	andona	10:20 10:20 ----	19:17 8:57 ----	26:22 7:05 ----	36:56 10:34 ----	52:35 15:39 ----	55:00 2:25	59:41 4:41	----	----	----	----	----	----	----	
262		MARIÑO MOARES, J BOIRO IES PRAIA B	andona	7:44 7:44 ----	8:49 1:05 ----	14:36 5:47 ----	17:46 3:10 ----	----	----	----	----	----	----	----	----	----	----	
38		CAMPELLO FERNAN MONFERO CPI PLU	andona	40:43 40:43 ----	41:42 0:59 ----	54:31 12:49 ----	----	----	----	----	----	----	----	----	----	----	----	
272		BARRUL BARRUL, CULLEREDO IES R	andona	4:04 4:04 ----	5:40 1:36 ----	7:14 1:34 ----	15:38 8:24 ----	23:05 7:27	25:10 2:05	28:09 2:59	36:00 7:51	39:01 3:01	39:51 0:50	44:59 5:08	50:28 5:29	56:54 6:26	----	
80		REY AREOSA, AINARA CORUÑA IES AGR	andona	9:45 9:45 ----	18:41 8:56 ----	25:44 7:03 ----	36:37 10:53 ----	52:16 15:39 ----	54:30 2:14	59:02 4:32	----	----	----	----	----	----	----	
279		CHANS MOUZO, AL CULLEREDO IES R	andona	7:09 7:09 ----	11:00 3:51 ----	14:22 3:22 ----	17:38 3:16 ----	34:26 16:48 ----	35:49 1:23	40:05 4:16	57:49 17:44	1:07:14 9:25	1:08:25 1:11	1:29:04 20:39	1:30:32 1:28	1:34:47 4:15	----	

os	rsal	Nombre	Tiempo														
CAD MASC (81)				2,8 km 70 m					18 C								
				1(44)	2(45)	3(43)	4(31)	5(39)	6(38)	7(37)	8(41)	9(46)	10(47)	11(36)	12(48)	13(49)	14(34)
				15(51)	16(50)	17(40)	18(100)	Meta									
1	184	LOPEZ GONZALEZ, BETANZOS IES AS M	18:22	1:38	2:09	2:51	3:33	5:01	5:27	6:09	9:06	10:05	10:25	12:23	13:05	14:22	15:46
				1:38	0:31	0:42	0:42	1:28	0:26	0:42	2:57	0:59	0:20	1:58	0:42	1:17	1:24
				16:14	16:44	17:19	18:09	18:22									
				0:28	0:30	0:35	0:50	0:13									
2	245	SERANTES ABAL, E PORTO DO SON IES	23:34	1:07	1:49	4:03	5:02	6:28	7:02	7:55	11:39	12:51	13:17	15:51	16:46	18:22	20:11
				1:07	0:42	2:14	0:59	1:26	0:34	0:53	3:44	1:12	0:26	2:34	0:55	1:36	1:49
				21:03	21:45	22:26	23:23	23:34									
				0:52	0:42	0:41	0:57	0:11									
3	135	TAJUELO ARENAS, AMES IES AMES	28:00	1:53	2:44	3:55	5:06	7:32	8:11	9:25	13:07	14:51	15:12	18:19	19:26	21:11	23:23
				1:53	0:51	1:11	1:11	2:26	0:39	1:14	3:42	1:44	0:21	3:07	1:07	1:45	2:12
				24:22	25:26	26:35	27:44	28:00									
				0:59	1:04	1:09	1:09	0:16									
4	269	VALIÑO RODRIGUE BOIRO IES PRAIA B	29:16	2:55	3:33	5:44	7:09	9:16	9:55	11:30	15:22	16:50	17:14	20:41	21:39	23:09	25:13
				2:55	0:38	2:11	1:25	2:07	0:39	1:35	3:52	1:28	0:24	3:27	0:58	1:30	2:04
				26:45	27:24	28:02	29:02	29:16									
				1:32	0:39	0:38	1:00	0:14									
5	99	CASTELO CORRAL, AMES IES AMES	29:41	3:02	3:52	6:55	8:18	10:27	11:00	12:02	15:08	16:37	17:11	20:10	21:15	22:57	25:13
				3:02	0:50	3:03	1:23	2:09	0:33	1:02	3:06	1:29	0:34	2:59	1:05	1:42	2:16
				25:57	26:54	27:54	29:23	29:41									
				0:44	0:57	1:00	1:29	0:18									
6	268	SUAREZ GARCIA, E BOIRO IES PRAIA B	29:48	3:23	4:03	6:21	7:38	9:47	10:27	12:03	15:27	17:21	17:47	21:14	22:08	23:46	25:45
				3:23	0:40	2:18	1:17	2:09	0:40	1:36	3:24	1:54	0:26	3:27	0:54	1:38	1:59
				27:17	27:56	28:35	29:34	29:48									
				1:32	0:39	0:39	0:59	0:14									
7	148	FIGUEIRA LESTON, MUROS IES AS INS	30:02	2:36	3:45	5:12	6:24	8:22	8:54	10:03	12:51	14:00	14:30	20:05	20:55	22:34	25:01
				2:36	1:09	1:27	1:12	1:58	0:32	1:09	2:48	1:09	0:30	5:35	0:50	1:39	2:27
				25:52	27:21	28:46	29:45	30:02									
				0:51	1:29	1:25	0:59	0:17									
8	290	LEMA TAJES, MARC CULLEREDO IES R	30:37	1:45	2:56	3:46	4:53	7:24	8:01	9:29	13:19	16:06	16:27	20:08	21:58	23:53	25:43
				1:45	1:11	0:50	1:07	2:31	0:37	1:28	3:50	2:47	0:21	3:41	1:50	1:55	1:50
				26:39	28:33	29:19	30:21	30:37									
				0:56	1:54	0:46	1:02	0:16									
9	124	PARDAL VILAS, MAT AMES IES AMES	31:08	4:36	5:44	6:35	8:55	10:44	11:20	12:29	15:36	16:57	17:21	20:13	21:05	22:48	26:14
				4:36	1:08	0:51	2:20	1:49	0:36	1:09	3:07	1:21	0:24	2:52	0:52	1:43	3:26
				27:28	29:05	29:44	30:45	31:08									
				1:14	1:37	0:39	1:01	0:23									
10	287	GESTAL SANTISO, P CULLEREDO IES R	31:22	2:57	3:51	4:43	5:46	8:23	8:52	10:19	14:08	16:46	17:07	21:05	22:47	24:39	26:32
				2:57	0:54	0:52	1:03	2:37	0:29	1:27	3:49	2:38	0:21	3:58	1:42	1:52	1:53
				27:27	29:31	30:05	31:07	31:22									
				0:55	2:04	0:34	1:02	0:15									
11	90	ARANDA FERNAND AMES IES AMES	31:39	5:44	7:08	8:05	10:24	12:14	12:52	14:01	17:06	18:30	18:59	22:10	23:13	24:53	27:07
				5:44	1:24	0:57	2:19	1:50	0:38	1:09	3:05	1:24	0:29	3:11	1:03	1:40	2:14
				27:56	28:48	29:48	31:18	31:39									
				0:49	0:52	1:00	1:30	0:21									
12	110	GOMEZ GARCIA, AN AMES IES AMES	31:57	3:26	4:05	6:30	8:36	10:21	10:52	11:54	16:14	17:46	18:14	20:45	21:48	24:27	27:06
				3:26	0:39	2:25	2:06	1:45	0:31	1:02	4:20	1:32	0:28	2:31	1:03	2:39	2:39
				28:09	29:02	30:36	31:36	31:57									
				1:03	0:53	1:34	1:00	0:21									
13	276	BREA RAMAS, SAMU CULLEREDO IES R	31:59	3:04	4:02	4:53	5:54	8:33	9:03	10:39	14:45	17:11	17:43	21:34	23:23	25:18	26:55
				3:04	0:58	0:51	1:01	2:39	0:30	1:36	4:06	2:26	0:32	3:51	1:49	1:55	1:37
				28:22	29:38	30:27	31:44	31:59									
				1:27	1:16	0:49	1:17	0:15									
14	95	CARBALLAL PAZOS, AMES IES AMES	32:19	4:01	4:39	7:18	8:58	10:40	11:11	12:23	16:46	18:19	18:51	22:24	23:38	25:25	27:45
				4:01	0:38	2:39	1:40	1:42	0:31	1:12	4:23	1:33	0:32	3:33	1:14	1:47	2:20
				28:35	30:07	30:51	32:03	32:19									
				0:50	1:32	0:44	1:12	0:16									
15	129	RIVEIRO QUINTANS AMES IES AMES	32:25	4:05	4:43	7:08	9:02	10:43	11:25	12:33	16:53	18:16	19:19	22:35	23:43	25:56	27:53
				4:05	0:38	2:25	1:54	1:41	0:42	1:08	4:20	1:23	1:03	3:16	1:08	2:13	1:57
				28:48	29:55	31:07	32:09	32:25									
				0:55	1:07	1:12	1:02	0:16									
16	302	PEDREIRA RODIÑO, CULLEREDO IES R	32:45	2:48	3:39	5:55	7:26	10:17	10:56	12:24	16:44	18:25	19:07	22:27	23:40	26:02	28:10
				2:48	0:51	2:16	1:31	2:51	0:39	1:28	4:20	1:41	0:42	3:20	1:13	2:22	2:08
				29:03	29:57	30:58	32:26	32:45									
				0:53	0:54	1:01	1:28	0:19									
17	284	GARABOA MACEIRA CULLEREDO IES R	32:56	3:45	4:59	5:55	6:56	9:24	10:00	11:30	15:36	18:06	18:34	22:03	23:57	25:55	27:40
				3:45	1:14	0:56	1:01	2:28	0:36	1:30	4:06	2:30	0:28	3:29	1:54	1:58	1:45
				28:41	30:34	31:19	32:39	32:56									
				1:01	1:53	0:45	1:20	0:17									
18	289	GRIFASI, GUIDO CULLEREDO IES R	33:16	2:48	4:10	6:06	7:36	9:49	10:29	11:43	16:50	18:55	19:38	23:05	24:01	26:13	28:11
				2:48	1:22	1:56	1:30	2:13	0:40	1:14	5:07	2:05	0:43	3:27	0:56	2:12	1:58
				29:17	30:52	31:46	32:54	33:16									
				1:06	1:35	0:54	1:08	0:22									
19	304	SANZ LOBATO, JUA CULLEREDO IES R	33:37	4:15	4:48	6:29	8:02	10:12	10:52	12:05	16:57	19:20	20:02	23:31	24:23	26:19	28:29
				4:15	0:33	1:41	1:33	2:10	0:40	1:13	4:52	2:23	0:42	3:29	0:52	1:56	2:10
				30:09	31:29	32:18	33:26	33:37									
				1:40	1:20	0:49	1:08	0:11									
20	82	RODRIGUEZ VAZQU A CORUÑA IES AGR	33:47	3:20	3:52	6:08	7:58	10:31	11:01	12:03	16:41	18:00	18:21	23:46	24:37	26:09	30:40
				3:20	0:32	2:16	1:50	2:33	0:30	1:02	4:38	1:19	0:21	5:25	0:51	1:32	4:31
				31:16	31:53	32:34	33:30	33:47									
				0:36	0:37	0:41	0:56	0:17									

os	rsal	Nombre	Tiempo														
CAD MASC (81)				2,8 km 70 m		18 C		<i>(cont.)</i>									
				1(44)	2(45)	3(43)	4(31)	5(39)	6(38)	7(37)	8(41)	9(46)	10(47)	11(36)	12(48)	13(49)	14(34)
				15(51)	16(50)	17(40)	18(100)	Meta									
21	68	LESTA FRAGA, RUBA CORUÑA IES AGR	34:22	4:04	4:34	7:07	8:45	11:02	11:35	12:38	17:06	18:38	19:01	24:17	25:07	26:45	31:12
				4:04	0:30	2:33	1:38	2:17	0:33	1:03	4:28	1:32	0:23	5:16	0:50	1:38	4:27
				31:45	32:25	33:12	34:05	34:22									
				0:33	0:40	0:47	0:53	0:17									
22	278	CABANAS LOPEZ, I CULLEREDO IES R	34:39	1:39	3:01	3:45	4:39	7:12	7:45	12:49	17:53	19:56	20:42	24:26	25:33	27:54	30:05
				1:39	1:22	0:44	0:54	2:33	0:33	5:04	5:04	2:03	0:46	3:44	1:07	2:21	2:11
				30:59	32:32	33:22	34:25	34:39									
				0:54	1:33	0:50	1:03	0:14									
23	244	SAMPEDRO VENTOS PORTO DO SON IES	34:47	6:07	6:34	13:49	14:33	16:24	17:03	18:14	21:42	23:44	24:03	26:22	27:05	28:42	31:17
				6:07	0:27	7:15	0:44	1:51	0:39	1:11	3:28	2:02	0:19	2:19	0:43	1:37	2:35
				31:52	32:55	33:35	34:31	34:47									
				0:35	1:03	0:40	0:56	0:16									
24	293	MARTIN MARTIN, AL CULLEREDO IES R	34:49	4:09	4:54	6:26	8:25	11:43	12:32	13:33	18:09	19:41	20:13	23:39	24:44	27:30	29:54
				4:09	0:45	1:32	1:59	3:18	0:49	1:01	4:36	1:32	0:32	3:26	1:05	2:46	2:24
				31:13	32:37	33:29	34:34	34:49									
				1:19	1:24	0:52	1:05	0:15									
25	63	GARCIA RABADE, IV A CORUÑA IES AGR	35:07	2:59	4:08	5:15	8:10	10:01	10:33	12:06	16:32	19:03	19:39	23:09	24:29	26:25	28:57
				2:59	1:09	1:07	2:55	1:51	0:32	1:33	4:26	2:31	0:36	3:30	1:20	1:56	2:32
				29:51	31:22	32:13	33:40	35:07									
				0:54	1:31	0:51	1:27	1:27									
26	292	MACEIRAS ORTEGA, CULLEREDO IES R	36:24	3:14	4:00	5:10	6:38	9:32	10:11	11:42	16:00	17:32	18:07	21:34	22:30	25:15	28:31
				3:14	0:46	1:10	1:28	2:54	0:39	1:31	4:18	1:32	0:35	3:27	0:56	2:45	3:16
				30:31	33:32	35:00	36:11	36:24									
				2:00	3:01	1:28	1:11	0:13									
27	288	GONZALEZ CAGIDE, CULLEREDO IES R	36:37	3:19	4:31	5:19	6:50	9:11	9:44	14:31	19:46	21:27	21:55	25:41	26:38	29:27	31:41
				3:19	1:12	0:48	1:31	2:21	0:33	4:47	5:15	1:41	0:28	3:46	0:57	2:49	2:14
				33:05	34:42	35:25	36:21	36:37									
				1:24	1:37	0:43	0:56	0:16									
28	275	BOUZAS CODESIDO CULLEREDO IES R	36:46	3:31	4:18	5:27	7:00	9:48	10:28	12:03	16:32	18:03	18:41	22:02	23:13	25:33	28:46
				3:31	0:47	1:09	1:33	2:48	0:40	1:35	4:29	1:31	0:38	3:21	1:11	2:20	3:13
				30:49	33:48	35:19	36:30	36:46									
				2:03	2:59	1:31	1:11	0:16									
29	161	SENDON LOPEZ, J MUROS IES AS INS	37:06	2:31	3:26	7:33	9:41	12:15	13:01	15:51	19:39	21:53	22:29	25:23	26:07	28:31	31:59
				2:31	0:55	4:07	2:08	2:34	0:46	2:50	3:48	2:14	0:36	2:54	0:44	2:24	3:28
				32:39	34:04	35:11	36:39	37:06									
				0:40	1:25	1:07	1:28	0:27									
30	144	CAAMAÑO MACEIRAS MUROS IES AS INS	38:25	3:50	4:44	8:52	10:56	13:33	14:21	17:04	21:07	23:11	23:49	26:42	27:33	29:50	33:20
				3:50	0:54	4:08	2:04	2:37	0:48	2:43	4:03	2:04	0:38	2:53	0:51	2:17	3:30
				34:22	35:27	36:32	37:58	38:25									
				1:02	1:05	1:05	1:26	0:27									
31	163	TAJES MARTINEZ, M MUROS IES AS INS	39:47	3:18	4:26	8:29	10:32	13:09	13:55	16:40	20:42	22:45	23:23	26:21	27:21	30:48	34:26
				3:18	1:08	4:03	2:03	2:37	0:46	2:45	4:02	2:03	0:38	2:58	1:00	3:27	3:38
				35:43	37:01	37:51	39:26	39:47									
				1:17	1:18	0:50	1:35	0:21									
32	150	LADO MAYO, RAUL MUROS IES AS INS	40:02	2:06	2:47	4:25	5:38	7:30	8:03	9:15	12:25	16:15	16:35	26:15	27:04	28:56	32:47
				2:06	0:41	1:38	1:13	1:52	0:33	1:12	3:10	3:50	0:20	9:40	0:49	1:52	3:51
				34:10	35:22	36:01	37:10	40:02									
				1:23	1:12	0:39	1:09	2:52									
33	143	ROMERO LEON, JA MUROS IES AS INS	40:56	4:54	5:34	7:09	9:01	12:39	13:41	15:34	20:45	23:12	24:05	27:33	28:29	31:55	35:32
				4:54	0:40	1:35	1:52	3:38	1:02	1:53	5:11	2:27	0:53	3:28	0:56	3:26	3:37
				36:46	38:09	38:54	40:32	40:56									
				1:14	1:23	0:45	1:38	0:24									
34	273	BLANCO PALLARES CULLEREDO IES R	40:59	3:06	4:24	5:22	6:21	8:58	9:32	14:14	20:14	22:12	22:56	26:29	27:24	29:46	32:55
				3:06	1:18	0:58	0:59	2:37	0:34	4:42	6:00	1:58	0:44	3:33	0:55	2:22	3:09
				34:58	38:03	39:23	40:41	40:59									
				2:03	3:05	1:20	1:18	0:18									
35	142	AGRA SAMBADE, MA MUROS IES AS INS	41:24	5:25	6:04	7:51	9:31	13:10	14:20	16:07	21:19	23:45	24:31	28:02	28:57	32:24	36:04
				5:25	0:39	1:47	1:40	3:39	1:10	1:47	5:12	2:26	0:46	3:31	0:55	3:27	3:40
				37:18	38:41	39:37	41:06	41:24									
				1:14	1:23	0:56	1:29	0:18									
36	227	AGRASO FABREGAS PORTO DO SON IES	42:09	5:25	5:52	13:12	13:56	15:51	16:27	17:34	21:13	23:02	23:30	26:13	27:02	29:25	33:01
				5:25	0:27	7:20	0:44	1:55	0:36	1:07	3:39	1:49	0:28	2:43	0:49	2:23	3:36
				33:52	37:30	40:26	41:44	42:09									
				0:51	3:38	2:56	1:18	0:25									
37	31	VILLAR CANCELA, CORISTANCO CPI A	42:16	7:36	8:50	11:18	12:53	16:12	17:17	18:33	23:29	26:00	26:29	31:48	33:11	35:56	38:33
				7:36	1:14	2:28	1:35	3:19	1:05	1:16	4:56	2:31	0:29	5:19	1:23	2:45	2:37
				39:40	40:17	40:59	41:58	42:16									
				1:07	0:37	0:42	0:59	0:18									
38	240	POUSO LORENZO, PORTO DO SON IES	42:38	5:45	6:13	13:30	14:17	16:22	16:52	17:52	21:34	23:27	23:48	26:31	27:16	29:45	33:22
				5:45	0:28	7:17	0:47	2:05	0:30	1:00	3:42	1:53	0:21	2:43	0:45	2:29	3:37
				34:23	37:50	40:43	42:02	42:38									
				1:01	3:27	2:53	1:19	0:36									
39	27	SEOANE FERNANDE CORISTANCO CPI A	42:39	8:04	9:27	11:31	13:16	16:47	17:40	18:58	24:15	26:29	26:53	32:17	33:37	36:26	39:02
				8:04	1:23	2:04	1:45	3:31	0:53	1:18	5:17	2:14	0:24	5:24	1:20	2:49	2:36
				39:49	40:32	41:10	42:21	42:39									
				0:47	0:43	0:38	1:11	0:18									

os	rsal	Nombre	Tiempo																
CAD MASC (81)				2,8 km 70 m					18 C					<i>(cont.)</i>					
				1(44)	2(45)	3(43)	4(31)	5(39)	6(38)	7(37)	8(41)	9(46)	10(47)	11(36)	12(48)	13(49)	14(34)		
				15(51)	16(50)	17(40)	18(100)	Meta											
40	23	RIVERA ANDRADE, CORISTANCO CPI A	43:09	8:35	9:49	12:15	13:45	17:18	18:15	19:30	24:51	26:55	27:26	32:47	34:00	36:48	39:26		
				8:35	1:14	2:26	1:30	3:33	0:57	1:15	5:21	2:04	0:31	5:21	1:13	2:48	2:38		
				40:22	41:03	41:41	42:51	43:09											
				0:56	0:41	0:38	1:10	0:18											
41	5	BERTOJA SANCHEZ, CORISTANCO CPI A	44:06	9:03	10:22	12:48	14:19	17:41	18:33	20:01	24:57	27:20	27:58	33:03	34:31	37:19	40:01		
				9:03	1:19	2:26	1:31	3:22	0:52	1:28	4:56	2:23	0:38	5:05	1:28	2:48	2:42		
				41:14	41:44	42:32	43:48	44:06											
				1:13	0:30	0:48	1:16	0:18											
42	12	MARTINEZ VAZQUE CORISTANCO CPI A	44:29	9:32	10:49	13:13	14:54	18:10	19:16	20:28	25:57	28:01	28:26	33:43	35:11	38:03	40:31		
				9:32	1:17	2:24	1:41	3:16	1:06	1:12	5:29	2:04	0:25	5:17	1:28	2:52	2:28		
				41:32	42:17	42:57	44:12	44:29											
				1:01	0:45	0:40	1:15	0:17											
43	280	DA SILVA GONÇALV CULLEREDO IES R	46:15	3:00	3:50	5:23	9:17	11:43	12:43	14:11	21:17	25:05	25:35	31:33	32:56	35:35	40:12		
				3:00	0:50	1:33	3:54	2:26	1:00	1:28	7:06	3:48	0:30	5:58	1:23	2:39	4:37		
				41:43	43:02	43:48	45:57	46:15											
				1:31	1:19	0:46	2:09	0:18											
44	67	GUERREIRO SANC A CORUÑA IES AGR	53:19	3:55	6:52	14:00	16:00	19:16	20:20	22:01	27:14	29:13	29:56	39:11	40:05	42:39	47:43		
				3:55	2:57	7:08	2:00	3:16	1:04	1:41	5:13	1:59	0:43	9:15	0:54	2:34	5:04		
				50:31	51:07	52:01	52:59	53:19											
				2:48	0:36	0:54	0:58	0:20											
45	297	MOSQUERA GUNDI CULLEREDO IES R	53:40	3:46	10:46	16:10	20:05	22:29	23:00	24:02	29:45	31:20	31:43	36:57	38:23	40:24	43:02		
				3:46	7:00	5:24	3:55	2:24	0:31	1:02	5:43	1:35	0:23	5:14	1:26	2:01	2:38		
				44:42	47:44	52:03	53:16	53:40											
				1:40	3:02	4:19	1:13	0:24											
46	77	PEREZ PRESEDO, P A CORUÑA IES AGR	54:23	2:49	4:32	5:58	12:16	16:21	17:32	19:08	25:38	28:45	29:31	33:20	35:13	38:17	45:24		
				2:49	1:43	1:26	6:18	4:05	1:11	1:36	6:30	3:07	0:46	3:49	1:53	3:04	7:07		
				50:49	51:45	52:26	54:03	54:23											
				5:25	0:56	0:41	1:37	0:20											
47	100	CASTOSA MANDIA, I AMES IES AMES	56:51	4:52	6:26	7:40	13:31	17:20	18:40	20:50	26:52	30:07	31:14	36:22	38:15	41:46	49:28		
				4:52	1:34	1:14	5:51	3:49	1:20	2:10	6:02	3:15	1:07	5:08	1:53	3:31	7:42		
				50:58	52:24	53:50	56:13	56:51											
				1:30	1:26	1:26	2:23	0:38											
48	112	IGLESIAS SEOANE, AMES IES AMES	57:30	5:34	7:11	8:38	14:15	18:01	19:25	21:34	27:38	30:50	31:58	37:04	38:55	42:27	50:15		
				5:34	1:37	1:27	5:37	3:46	1:24	2:09	6:04	3:12	1:08	5:06	1:51	3:32	7:48		
				51:44	53:09	54:37	56:54	57:30											
				1:29	1:25	1:28	2:17	0:36											
49	306	VAQUEZ CANEDO, CULLEREDO IES R	57:38	10:18	13:23	14:31	16:45	20:28	21:40	23:30	29:33	32:30	33:15	39:16	40:43	44:30	48:08		
				10:18	3:05	1:08	2:14	3:43	1:12	1:50	6:03	2:57	0:45	6:01	1:27	3:47	3:38		
				49:49	54:00	55:19	57:18	57:38											
				1:41	4:11	1:19	1:59	0:20											
50	298	MOURIÑO TABOADA, CULLEREDO IES R	57:49	10:26	13:41	14:41	17:08	20:38	21:57	23:39	29:44	32:48	33:44	39:14	40:39	44:40	48:29		
				10:26	3:15	1:00	2:27	3:30	1:19	1:42	6:05	3:04	0:56	5:30	1:25	4:01	3:49		
				49:56	54:08	55:31	57:29	57:49											
				1:27	4:12	1:23	1:58	0:20											
51	299	NOYA REDRIGUEZ, CULLEREDO IES R	58:20	10:03	12:57	14:10	16:24	20:05	21:28	23:09	29:10	32:11	33:06	38:50	40:38	44:03	48:34		
				10:03	2:54	1:13	2:14	3:41	1:23	1:41	6:01	3:01	0:55	5:44	1:48	3:25	4:31		
				49:41	53:28	54:52	57:34	58:20											
				1:07	3:47	1:24	2:42	0:46											
52	37	CAINZOS PEREIRO, MONFERO CPI PLU	1:01:51	18:47	19:15	23:07	24:28	30:59	31:30	34:13	39:17	41:32	41:50	48:06	48:49	53:42	57:07		
				18:47	0:28	3:52	1:21	6:31	0:31	2:43	5:04	2:15	0:18	6:16	0:43	4:53	3:25		
				58:39	59:22	1:00:35	1:01:32	1:01:51											
				1:32	0:43	1:13	0:57	0:19											
53	53	AGEITOS QUIROGA, A CORUÑA IES AGR	1:03:06	1:52	3:38	22:39	25:58	28:58	29:48	31:22	35:36	39:41	40:04	44:38	45:41	49:34	53:01		
				1:52	1:46	19:01	3:19	3:00	0:50	1:34	4:14	4:05	0:23	4:34	1:03	3:53	3:27		
				54:55	58:17	59:07	1:01:16	1:03:06											
				1:54	3:22	0:50	2:09	1:50											
54	56	CAMBEIRO MATOS, A CORUÑA IES AGR	1:03:41	2:31	4:15	23:05	27:09	29:35	30:28	31:54	37:02	40:07	40:30	45:16	46:18	49:54	53:32		
				2:31	1:44	18:50	4:04	2:26	0:53	1:26	5:08	3:05	0:23	4:46	1:02	3:36	3:38		
				55:30	58:56	59:47	1:01:51	1:03:41											
				1:58	3:26	0:51	2:04	1:50											
55	187	MARTINEZ POLINDA BETANZOS IES AS M	1:06:47	12:02	13:33	18:07	22:32	28:08	29:42	32:25	39:42	42:04	44:07	50:22	53:36	56:07	1:00:34		
				12:02	1:31	4:34	4:25	5:36	1:34	2:43	7:17	2:22	2:03	6:15	3:14	2:31	4:27		
				1:01:44	1:02:48	1:04:25	1:06:22	1:06:47											
				1:10	1:04	1:37	1:57	0:25											
56	98	CARDENAS RUIZ, M AMES IES AMES	1:10:27	5:21	6:27	29:27	30:57	34:16	35:11	36:33	43:43	46:45	47:12	52:15	53:42	57:19	1:03:16		
				5:21	1:06	23:00	1:30	3:19	0:55	1:22	7:10	3:02	0:27	5:03	1:27	3:37	5:57		
				1:04:40	1:05:51	1:07:50	1:10:10	1:10:27											
				1:24	1:11	1:59	2:20	0:17											
57	174	DIAZ VEIGA, LUCAS BETANZOS IES AS M	1:15:57	7:45	10:07	15:22	25:32	29:33	30:52	34:20	42:41	47:14	48:01	54:15	55:25	1:00:28	1:07:24		
				7:45	2:22	5:15	10:10	4:01	1:19	3:28	8:21	4:33	0:47	6:14	1:10	5:03	6:56		
				1:09:02	1:11:35	1:12:55	1:15:01	1:15:57											
				1:38	2:33	1:20	2:06	0:56											
58	172	AYERBE BOO, SAMU BETANZOS IES AS M	1:17:12	11:40	13:03	17:46	21:57	27:58	29:27	31:50	39:18	41:35	43:29	50:14	53:02	57:34	1:06:47		
				11:40	1:23	4:43	4:11	6:01	1:29	2:23	7:28	2:17	1:54	6:45	2:48	4:32	9:13		
				1:08:31	1:10:39	1:12:42	1:16:25	1:17:12											
				1:44	2:08	2:03	3:43	0:47											

os	rsal	Nombre	Tiempo																			
CAD MASC (81)					2,8 km 70 m					18 C					<i>(cont.)</i>							
					1(44)	2(45)	3(43)	4(31)	5(39)	6(38)	7(37)	8(41)	9(46)	10(47)	11(36)	12(48)	13(49)	14(34)				
					15(51)	16(50)	17(40)	18(100)	Meta													
59	88	SOUTO MARTELL, A A CORUÑA IES AGR	1:24:06	3:25	6:13	13:56	15:25	18:45	19:46	21:35	31:35	34:11	34:48	1:02:43	1:04:29	1:10:42	1:15:17					
					3:25	2:48	7:43	1:29	3:20	1:01	1:49	10:00	2:36	0:37	27:55	1:46	6:13	4:35				
					1:17:18	1:19:23	1:21:25	1:23:35	1:24:06													
					2:01	2:05	2:02	2:10	0:31													
60	66	GOMEZ GARCIA, R. A CORUÑA IES AGR	1:24:43	3:57	6:58	14:10	16:03	19:20	20:30	22:00	32:03	34:41	35:33	1:03:14	1:05:00	1:11:07	1:15:50					
					3:57	3:01	7:12	1:53	3:17	1:10	1:30	10:03	2:38	0:52	27:41	1:46	6:07	4:43				
					1:17:50	1:19:57	1:22:00	1:24:11	1:24:43													
					2:00	2:07	2:03	2:11	0:32													
61	71	MEIRELES DOS SAN A CORUÑA IES AGR	1:46:30	3:10	32:34	35:24	38:17	47:52	49:53	55:11	1:12:17	1:17:53	1:18:17	1:25:15	1:26:58	1:33:47	1:38:41					
					31:07	1:27	2:50	2:53	9:35	2:01	5:18	17:06	5:36	0:24	6:58	1:43	6:49	4:54				
					1:39:49	1:43:09	1:44:43	1:46:10	1:46:30													
					1:08	3:20	1:34	1:27	0:20													
62	62	FLORES LOSCHIAV A CORUÑA IES AGR	1:46:57	31:38	32:52	35:30	38:44	48:26	50:25	55:42	1:12:48	1:18:18	1:18:45	1:25:46	1:27:25	1:34:15	1:39:18					
					31:38	1:14	2:38	3:14	9:42	1:59	5:17	17:06	5:30	0:27	7:01	1:39	6:50	5:03				
					1:40:25	1:43:35	1:45:06	1:46:40	1:46:57													
					1:07	3:10	1:31	1:34	0:17													
64	64	GESTAL LOPEZ, AL A CORUÑA IES AGR		40:23	40:57	43:41	45:11	47:51	48:48	50:46	56:55	1:01:02	1:02:29	1:11:36	1:12:38	1:15:21	1:20:01					
					40:23	0:34	2:44	1:30	2:40	0:57	1:58	6:09	4:07	1:27	9:07	1:02	2:43	4:40				
					1:22:56	1:23:39	1:24:19	1:25:28	1:25:46													
					2:55	0:43	0:40	1:09	0:18													
235	235	MANEIRO OUTEIRAL PORTO DO SON IES	en tarj.	3:11	3:45	6:37	9:00	10:35	11:04	12:22	15:55	18:36	19:11	-----	22:03	23:56	25:43					
					3:11	0:34	2:52	2:23	1:35	0:29	1:18	3:33	2:41	0:35	2:52	1:53	1:47					
					26:28	27:34	28:20	29:32	29:51													
					0:45	1:06	0:46	1:12	0:19													
206	206	VALIÑO MARQUES, BETANZOS IES AS M	en tarj.	2:04	2:36	3:19	4:01	5:27	5:53	6:42	9:47	11:12	11:32	-----	14:53	17:55	24:08					
					2:04	0:32	0:43	0:42	1:26	0:26	0:49	3:05	1:25	0:20	3:21	3:02	6:13					
					25:58	28:03	28:42	30:01	30:21													
					1:50	2:05	0:39	1:19	0:20													
193	193	PLATAS CASTRO, AS BETANZOS IES AS M	en tarj.	2:46	3:16	3:59	4:44	6:08	6:34	7:18	10:29	11:52	12:13	-----	15:32	18:39	24:49					
					2:46	0:30	0:43	0:45	1:24	0:26	0:44	3:11	1:23	0:21	3:19	3:07	6:10					
					26:37	28:41	29:25	30:42	31:03													
					1:48	2:04	0:44	1:17	0:21													
183	183	LENDOIRO REGUEI BETANZOS IES AS M	en tarj.	3:05	3:34	4:15	5:00	6:26	6:52	7:34	10:52	12:11	12:32	-----	15:54	19:09	-----					
					3:05	0:29	0:41	0:45	1:26	0:26	0:42	3:18	1:19	0:21	3:22	3:15						
					-----	29:03	29:43	30:59	31:20													
					9:54	0:40	1:16	0:21														
277	277	BREGUA ARCOS, DI CULLEREDO IES R	en tarj.	3:30	4:14	5:49	7:41	10:54	11:53	12:53	17:18	19:11	19:35	-----	24:22	26:50	29:10					
					3:30	0:44	1:35	1:52	3:13	0:59	1:00	4:25	1:53	0:24	4:47	2:28	2:20					
					30:21	31:55	33:03	34:16	34:33													
					1:11	1:34	1:08	1:13	0:17													
152	152	LOURO NUÑEZ, AL MUROS IES AS INS	en tarj.	4:39	5:19	7:09	8:47	12:25	13:35	15:22	20:32	23:00	23:45	27:16	28:04	-----	33:45					
					4:39	0:40	1:50	1:38	3:38	1:10	1:47	5:10	2:28	0:45	3:31	0:48	5:41					
					34:32	35:55	36:58	38:28	38:51													
					0:47	1:23	1:03	1:30	0:23													
164	164	TEIJO ROMERO, MA MUROS IES AS INS	en tarj.	5:40	-----	7:49	9:49	13:23	14:25	16:21	21:39	24:03	24:52	28:23	29:16	32:43	36:17					
					5:40	-----	2:09	2:00	3:34	1:02	1:56	5:18	2:24	0:49	3:31	3:27	3:34					
					37:38	38:56	39:39	41:27	41:43													
					1:21	1:18	0:43	1:48	0:16													
73	73	OLMOS, TOMAS D. A CORUÑA IES AGR	en tarj.	3:05	3:48	-----	7:46	10:23	11:16	12:55	19:31	23:26	25:04	34:11	35:19	37:36	42:40					
					3:05	0:43	-----	3:58	2:37	0:53	1:39	6:36	3:55	1:38	9:07	1:08	2:17	5:04				
					44:33	46:10	46:54	48:16	48:35													
					1:53	1:37	0:44	1:22	0:19													
146	146	FEDERICO OLVEIR MUROS IES AS INS	en tarj.	4:04	6:00	7:40	9:53	19:12	20:11	21:50	28:35	30:21	31:40	-----	36:23	39:27	42:55					
					4:04	1:56	1:40	2:13	9:19	0:59	1:39	6:45	1:46	1:19	4:43	3:04	3:28					
					44:46	46:54	48:17	50:33	50:57													
					1:51	2:08	1:23	2:16	0:24													
181	181	FERNANDEZ PARRA BETANZOS IES AS M	en tarj.	11:26	12:44	17:26	21:45	27:37	29:21	32:51	41:20	45:47	46:52	52:49	54:13	-----	1:06:23					
					11:26	1:18	4:42	4:19	5:52	1:44	3:30	8:29	4:27	1:05	5:57	1:24	12:10					
					1:08:04	1:10:20	1:12:32	1:16:07	1:16:59													
					1:41	2:16	2:12	3:35	0:52													
173	173	DEIVE FERNANDEZ, BETANZOS IES AS M	en tarj.	8:13	10:19	14:46	25:24	29:38	30:44	34:28	42:58	47:05	47:42	54:14	55:41	-----	1:07:43					
					8:13	2:06	4:27	10:38	4:14	1:06	3:44	8:30	4:07	0:37	6:32	1:27	12:02					
					1:09:16	1:11:26	1:13:45	1:17:27	1:18:02													
					1:33	2:10	2:19	3:42	0:35													
177	177	FERNANDEZ REY, M BETANZOS IES AS M	en tarj.	8:10	10:59	15:39	25:57	29:31	31:16	34:46	43:05	47:38	48:55	54:40	56:10	-----	1:08:15					
					8:10	2:49	4:40	10:18	3:34	1:45	3:30	8:19	4:33	1:17	5:45	1:30	12:05					
					1:10:11	1:12:15	1:14:23	1:17:42	1:18:38													
					1:56	2:04	2:08	3:19	0:56													
87	87	SNELL PEREZ, LIA A CORUÑA IES AGR	Desc.	2:28	4:36	16:16	19:29	22:00	22:45	24:16	29:35	31:31	31:53	36:49	37:59	42:02	46:09					
					2:28	2:08	11:40	3:13	2:31	0:45	1:31	5:19	1:56	0:22	4:56	1:10	4:03	4:07				
					47:11	48:04	49:25	50:57														
					1:02	0:53	1:21	1:32														
40	40	COUCEIRO GOMEZ, MONFERO CPI PLU	andona	18:23	20:26	-----	25:49	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----					
					18:23	2:03	-----	5:23	-----	-----	-----	-----	-----	-----	-----	-----	-----					
					-----	-----	-----	28:30	29:15													
					-----	-----	-----	2:41	0:45													

