

Pos	Clasificación	Nombre	Tiempo	2,3 km 0 m 10 C												
Feminino 12 (1)				1(46)	2(58)	3(40)	4(50)	5(52)	6(47)	7(51)	8(44)	9(49)	10(100)	Meta		
1	4731	Rodríguez Seijo No Nigrán RAZA PALLE	46:47	1:15 1:15	2:26 1:11	10:37 8:11	14:09 3:32	16:50 2:41	21:21 4:31	27:10 5:49	30:24 3:14	45:39 15:15	46:10 0:31	46:47 0:37		
Feminino 14 (2)				1(58)	2(50)	3(52)	4(42)	5(47)	6(51)	7(44)	8(48)	9(49)	10(100)	Meta		
1	4354	Albarran Oroza Noa Culleredo GALLAEC	42:44	2:26 2:26	8:39 6:13	10:56 2:17	14:44 3:48	16:32 1:48	21:02 4:30	23:53 2:51	37:53 14:00	41:37 3:44	42:15 0:38	42:44 0:29		
2	4350	Rodríguez Loira BI Vigo U-VIGO	44:44	2:58 2:58	10:18 7:20	12:35 2:17	16:29 3:54	18:19 1:50	22:40 4:21	25:38 2:58	39:35 13:57	43:28 3:53	44:12 0:44	44:44 0:32		
Feminino 16 (2)				1(58)	2(50)	3(47)	4(52)	5(60)	6(63)	7(51)	8(44)	9(48)	10(45)	11(100)	Meta	
1	4241	Rodríguez Díaz Sir Pontevedra AROMO	43:38	1:59 1:59	6:22 4:23	10:30 4:08	11:57 1:27	15:31 3:34	25:11 9:40	31:59 6:48	36:08 4:09	37:48 1:40	41:59 4:11	43:11 1:12	43:38 0:27	42:42 *49
2	4262	Chase Trueba Emm A Coruña ARTABRO	2:06:31	7:59 7:59	17:08 9:09	25:48 8:40	28:12 2:24	34:31 6:19	1:03:57 29:26	1:21:36 17:39	1:26:09 4:33	1:54:41 28:32	2:01:59 7:18	2:05:48 3:49	2:06:31 0:43	
Feminino 18 (5)				1(58)	2(50)	3(47)	4(52)	5(60)	6(66)	7(63)	8(56)	9(51)	10(48)	11(45)	12(100)	Meta
1	4356	Albarran Oroza Dan Culleredo GALLAEC	51:39	1:47 1:47	8:13 6:26	12:04 3:51	13:57 1:53	19:26 5:29	22:26 3:00	31:37 9:11	37:26 5:49	40:35 3:09	44:39 4:04	49:14 4:35	51:11 1:57	51:39 0:28
2	4353	Albarran Oroza Jan Culleredo GALLAEC	53:18	1:57 1:57	6:29 4:32	10:48 4:19	12:29 1:41	16:36 4:07	19:13 2:37	28:41 9:28	34:49 6:08	38:32 3:43	43:07 4:35	50:41 7:34	52:51 2:10	53:18 0:27
3	4349	Perez Pastoriza Sab Vigo U-VIGO	53:21	3:06 3:06	10:24 7:18	14:04 3:40	15:41 1:37	19:56 4:15	22:38 2:42	30:37 7:59	36:59 6:22	41:15 4:16	45:44 4:29	50:53 5:09	52:52 1:59	53:21 0:29
4	4805	Lamela Belver Estre LUGO COMPÁS	1:05:12	3:38 3:38	10:07 6:29	14:10 4:03	16:28 2:18	22:48 6:20	26:21 3:33	36:59 10:38	46:07 9:08	50:54 4:47	56:08 5:14	1:02:03 5:55	1:04:43 2:40	1:05:12 0:29
5	4826	Domínguez Rodas Nigrán RAZA PALLE	1:34:44	5:07 5:07 9:00 *68	14:40 9:33	22:31 7:51	27:00 4:29	40:11 13:11	43:57 3:46	55:01 11:04	1:07:28 12:27	1:18:04 10:36	1:23:58 5:54	1:31:18 7:20	1:34:21 3:03	1:34:44 0:23
Feminino 21 (1)				1(58)	2(50)	3(47)	4(52)	5(60)	6(66)	7(63)	8(56)	9(51)	10(48)	11(45)	12(100)	Meta
1	4416	López López Silvia Culleredo GALLAEC	1:15:48	8:46 8:46	14:53 6:07	20:58 6:05	23:19 2:21	28:17 4:58	32:00 3:43	44:24 12:24	52:12 7:48	1:00:15 8:03	1:05:55 5:40	1:12:19 6:24	1:15:11 2:52	1:15:48 0:37
Feminino 35 (15)				1(42)	2(47)	3(52)	4(60)	5(66)	6(61)	7(62)	8(63)	9(43)	10(48)	11(100)	Meta	
1	4236	Pérez Alonso Alicia Nigrán RAZA PALLE	56:41	9:20 9:20	12:05 2:45	13:43 1:38	18:33 4:50	20:38 2:05	27:24 6:46	36:18 8:54	40:09 3:51	48:53 8:44	53:00 4:07	56:18 3:18	56:41 0:23	
2	4257	Veiga García Carla Pontevedra AROMO	59:28	9:01 9:01	10:45 1:44	12:37 1:52	19:27 6:50	22:39 3:12	30:23 7:44	39:06 8:43	43:35 4:29	52:03 8:28	55:40 3:37	59:05 3:25	59:28 0:23	
3	4342	Pastoriza Santos Is Vigo U-VIGO	1:04:35	7:46 7:46	9:43 1:57	11:54 2:11	15:44 3:50	18:32 2:48	34:57 16:25	40:57 6:00	45:23 4:26	55:42 10:19	59:47 4:05	1:04:03 4:16	1:04:35 0:32	
4	4776	Garea García Iria A Coruña LICEO	1:19:16	11:10 11:10	12:40 1:30	18:28 5:48	23:07 4:39	27:05 3:58	44:53 17:48	49:59 5:06	54:18 4:19	1:05:07 10:49	1:13:47 8:40	1:18:44 4:57	1:19:16 0:32	
5	4585	Míguez Sampedro S Porto do Son ADC_	1:20:45	8:55 8:55	10:49 1:54	12:43 1:54	18:40 5:57	22:16 3:36	40:51 18:35	47:07 6:16	52:25 5:18	1:08:07 15:42	1:15:37 7:30	1:20:17 4:40	1:20:45 0:28	
6	4436	Naya Mancebo Paul Culleredo GALLAEC	1:24:26	14:08 14:08	19:00 4:52	21:41 2:41	27:50 6:09	31:30 3:40	43:23 11:53	56:33 13:10	1:01:33 5:00	1:12:21 10:48	1:18:56 6:35	1:23:59 5:03	1:24:26 0:27	
7	4472	Seoane Rodríguez Culleredo GALLAEC	1:26:01	15:56 15:56	17:38 1:42	19:21 1:43	30:56 11:35	33:32 2:36	39:19 5:47	1:05:59 26:40	1:09:57 3:58	1:18:49 8:52	1:22:10 3:21	1:25:34 3:24	1:26:01 0:27	
8	4322	Pérez González M. J LUGO FLUVIAL_LU	1:28:37	23:20 23:20	25:32 2:12	27:31 1:59	32:35 5:04	36:03 3:28	45:52 9:49	54:16 8:24	59:55 5:39	1:12:10 12:15	1:21:00 8:50	1:27:59 6:59	1:28:37 0:38	5:37 *68
9	4330	Zolle Fernández Cri LUGO FLUVIAL_LU	1:31:05	12:01 12:01	14:22 2:21	16:43 2:21	23:49 7:06	27:57 4:08	48:34 20:37	59:35 11:01	1:05:25 5:50	1:17:06 11:41	1:24:34 7:28	1:30:28 5:54	1:31:05 0:37	
10	7824	González Corral Bi Culleredo GALLAEC	1:32:37	13:20 13:20	15:32 2:12	18:00 2:28	25:29 7:29	28:41 3:12	54:05 25:24	1:03:31 9:26	1:09:38 6:07	1:22:48 13:10	1:27:38 4:50	1:31:58 4:20	1:32:37 0:39	
11	4441	Otero Belen Culleredo GALLAEC	1:33:51	14:06 14:06	16:07 2:01	17:47 1:40	22:12 4:25	25:33 3:21	53:22 27:49	1:00:50 7:28	1:09:21 8:31	1:20:12 10:51	1:29:20 9:08	1:33:25 4:05	1:33:51 0:26	
12	4584	Lourido Gaciño Ele Porto do Son ADC_	1:49:39	12:53 12:53	15:17 2:24	17:37 2:20	23:56 6:19	27:44 3:48	1:11:41 43:57	1:20:16 8:35	1:27:30 7:14	1:39:58 12:28	1:44:40 4:42	1:49:08 4:28	1:49:39 0:31	
13	4453	Pico Martínez Iria Culleredo GALLAEC	1:57:47	9:32 9:32	11:12 1:40	13:23 2:11	21:07 7:44	23:48 2:41	1:16:27 52:39	1:32:10 15:43	1:36:12 4:02	1:49:01 12:49	1:52:39 3:38	1:57:17 4:38	1:57:47 0:30	
	4425	Loureiro Garrido AI Culleredo GALLAEC	andona	37:38 37:38	40:22 2:44	46:02 5:40	52:34 6:32	57:12 4:38	1:06:55 9:43	-----	-----	-----	-----	-----		
	7597	Fernández Díaz Tan Pontevedra AROMO	No sale													
Feminino 45 (16)				1(42)	2(52)	3(60)	4(66)	5(62)	6(63)	7(47)	8(44)	9(64)	10(100)	Meta		
1	6483	De Aymerich Vadillo Ferrol MONTAÑA_FE	49:30	8:50 8:50	12:06 3:16	16:23 4:17	19:10 2:47	24:40 5:30	29:08 4:28	33:54 4:46	43:34 9:40	47:46 4:12	49:00 1:14	49:30 0:30		

Pos	Clasif	Nombre	Tiempo																
Feminino 45 (16)				3,4 km 0 m			10 C		(cont.)										
				1(42)	2(52)	3(60)	4(66)	5(62)	6(63)	7(47)	8(44)	9(64)	10(100)	Meta					
2	4569	Carro Mahía Alejandra Porto do Son ADC_	51:13	10:45	12:47	18:19	21:31	26:44	31:11	36:31	45:02	49:22	50:43	51:13					
				10:45	2:02	5:32	3:12	5:13	4:27	5:20	8:31	4:20	1:21	0:30					
3	4335	Crespo Quindós Beugo U-VIGO	53:16	11:52	13:51	19:20	23:03	29:06	33:06	37:55	44:02	50:17	52:45	53:16	5:06				
				11:52	1:59	5:29	3:43	6:03	4:00	4:49	6:07	6:15	2:28	0:31	*68				
4	4365	Bujía Rodríguez El Culleredo GALLAEC	1:04:38	13:25	15:08	21:37	24:12	34:29	38:18	44:48	58:33	1:03:12	1:04:11	1:04:38	49:08	56:20			
				13:25	1:43	6:29	2:35	10:17	3:49	6:30	13:45	4:39	0:59	0:27	*59	*43			
5	4798	Ferrer Vidal Diana LUGO COMPÁS	1:07:37	13:44	15:51	20:39	24:29	31:22	35:57	41:49	1:00:05	1:05:30	1:07:03	1:07:37					
				13:44	2:07	4:48	3:50	6:53	4:35	5:52	18:16	5:25	1:33	0:34					
6	4230	Navía Vega Yolanda Pontevedra AROMO	1:09:44	11:41	14:02	18:55	22:49	29:21	34:38	42:32	58:23	1:07:06	1:09:02	1:09:44					
				11:41	2:21	4:53	3:54	6:32	5:17	7:54	15:51	8:43	1:56	0:42					
7	4440	Oroza Alonso Lara Culleredo GALLAEC	1:10:57	19:52	23:12	30:51	35:11	41:01	46:34	52:08	1:03:50	1:09:14	1:10:25	1:10:57					
				19:52	3:20	7:39	4:20	5:50	5:33	5:34	11:42	5:24	1:11	0:32					
8	4452	Peteiro Couceiro L Culleredo GALLAEC	1:11:28	13:07	15:27	21:20	25:35	35:59	44:37	54:00	1:02:41	1:09:12	1:10:58	1:11:28					
				13:07	2:20	5:53	4:15	10:24	8:38	9:23	8:41	6:31	1:46	0:30					
9	4732	Seijo Souto Dori Nigrán RAZA PALLE	1:11:50	21:56	24:27	30:04	33:41	41:40	46:22	51:48	1:05:26	1:09:57	1:11:14	1:11:50	59:26				
				21:56	2:31	5:37	3:37	7:59	4:42	5:26	13:38	4:31	1:17	0:36	*43				
10	4332	Alvarez Castro Olim Vigo U-VIGO	1:14:43	16:00	18:47	24:58	29:31	38:51	44:37	51:07	1:03:56	1:11:06	1:13:59	1:14:43	59:51				
				16:00	2:47	6:11	4:33	9:20	5:46	6:30	12:49	7:10	2:53	0:44	*43				
11	4267	Fuertes Fernández A Coruña ARTABRO	1:19:37	19:08	22:35	28:21	35:41	42:37	47:27	54:50	1:02:04	1:15:08	1:19:04	1:19:37					
				19:08	3:27	5:46	7:20	6:56	4:50	7:23	7:14	13:04	3:56	0:33					
12	6871	López Casal Goretti Culleredo GALLAEC	1:26:34	24:30	27:51	37:48	42:06	59:07	1:04:40	1:10:24	1:18:34	1:24:11	1:26:02	1:26:34					
				24:30	3:21	9:57	4:18	17:01	5:33	5:44	8:10	5:37	1:51	0:32					
13	4480	Souto González Mª Culleredo GALLAEC	1:34:41	18:30	22:28	33:34	40:02	52:42	1:00:04	1:07:55	1:24:05	1:31:05	1:33:55	1:34:41					
				18:30	3:58	11:06	6:28	12:40	7:22	7:51	16:10	7:00	2:50	0:46					
14	4295	Trueba Gayol Carm A Coruña ARTABRO	1:36:42	28:30	32:23	41:24	46:13	54:56	1:00:56	1:09:22	1:26:11	1:33:38	1:35:56	1:36:42					
				28:30	3:53	9:01	4:49	8:43	6:00	8:26	16:49	7:27	2:18	0:46					
15	4304	Fernández Fernández LUGO FLUVIAL_LU	1:37:07	17:32	21:58	32:16	37:37	51:21	59:04	1:06:21	1:23:57	1:31:52	1:36:08	1:37:07	1:17:17				
				17:32	4:26	10:18	5:21	13:44	7:43	7:17	17:36	7:55	4:16	0:59	*43				
	4437	Oreiro Chapela Clara Culleredo GALLAEC	andona	15:07	17:51	27:17	30:45	-----	-----	-----	-----	-----	-----	-----					
				15:07	2:44	9:26	3:28												
Feminino Senior (3)				5,6 km 0 m			16 C												
				1(68)	2(56)	3(55)	4(53)	5(63)	6(59)	7(45)	8(39)	9(31)	10(32)	11(35)	12(41)	13(36)	14(48)		
				15(64)	16(100)	Meta													
1	4479	Somoza Seoane Carolina Culleredo GALLAEC	1:07:38	3:17	14:14	16:39	17:12	21:58	29:14	36:45	41:34	43:19	48:17	53:10	54:56	1:01:30	1:03:39		
				3:17	10:57	2:25	0:33	4:46	7:16	7:31	4:49	1:45	4:58	4:53	1:46	6:34	2:09		
				1:06:14	1:07:17	1:07:38		1:47											
				2:35	1:03	0:21		*58											
2	4589	Oujo Míguez Nuria Porto do Son ADC_	1:13:29	8:43	24:26	26:15	26:56	31:50	37:33	44:39	49:46	51:20	54:34	59:09	1:01:02	1:06:10	1:08:33		
				8:43	15:43	1:49	0:41	4:54	5:43	7:06	5:07	1:34	3:14	4:35	1:53	5:08	2:23		
				1:11:25	1:12:59	1:13:29													
				2:52	1:34	0:30													
3	4205	Bellón Santos Teresa Pontevedra AROMO	1:18:05	6:46	17:42	19:15	19:52	34:12	42:52	49:06	55:02	56:29	59:26	1:04:10	1:06:00	1:11:50	1:13:47		
				6:46	10:56	1:33	0:37	14:20	8:40	6:14	5:56	1:27	2:57	4:44	1:50	5:50	1:57		
				1:16:39	1:17:36	1:18:05													
				2:52	0:57	0:29													
Masculino 12 (2)				2,3 km 0 m			10 C												
				1(46)	2(58)	3(40)	4(50)	5(52)	6(47)	7(51)	8(44)	9(49)	10(100)	Meta					
1	4449	Peña Álvarez Simón Culleredo GALLAEC	43:35	1:24	2:57	6:58	10:18	16:04	20:04	24:02	27:10	42:11	43:04	43:35					
				1:24	1:33	4:01	3:20	5:46	4:00	3:58	3:08	15:01	0:53	0:31					
2	4368	Cambor Bello Enol Betanzos OP BETAN	53:01	1:23	2:38	16:37	21:36	24:51	32:36	37:32	40:44	51:49	52:30	53:01	13:25				
				1:23	1:15	13:59	4:59	3:15	7:45	4:56	3:12	11:05	0:41	0:31	*68				
Masculino 14 (3)				2,4 km 0 m			10 C												
				1(58)	2(50)	3(52)	4(42)	5(47)	6(51)	7(44)	8(48)	9(49)	10(100)	Meta					
1	4530	Rodríguez Cruz Barco de Valdeor O	47:06	3:23	16:10	20:22	25:52	27:50	31:08	33:41	36:34	46:02	46:37	47:06					
				3:23	12:47	4:12	5:30	1:58	3:18	2:33	2:53	9:28	0:35	0:29					
2	4677	Varela Fernandez R A Coruña BRIGANTI	1:06:56	3:35	11:34	27:41	30:58	36:33	40:54	44:02	47:58	1:05:38	1:06:23	1:06:56	1:52	1:06:26			
				3:35	7:59	16:07	3:17	5:35	4:21	3:08	3:56	17:40	0:45	0:33	*46	*100			
	7721	Cebreiro Rodríguez Porto do Son ADC_	en tarj.	2:56	7:27	9:41	14:55	16:50	22:19	40:02	-----	1:09:48	1:10:35	1:11:13					
				2:56	4:31	2:14	5:14	1:55	5:29	17:43		29:46	0:47	0:38					
Masculino 16 (5)				3,5 km 0 m			11 C												
				1(58)	2(50)	3(47)	4(52)	5(60)	6(63)	7(51)	8(44)	9(48)	10(45)	11(100)	Meta				
1	4312	Fouz Sanchez Rodríguez LUGO FLUVIAL_LU	45:47	2:41	7:35	11:53	13:45	17:22	27:32	37:06	38:52	40:14	43:40	45:21	45:47	4:43			
				2:41	4:54	4:18	1:52	3:37	10:10	9:34	1:46	1:22	3:26	1:41	0:26	*68			
				44:42															
				*49															
2	4729	Rodríguez Seijo Ant Nigrán RAZA PALLE	48:21	1:52	11:02	14:26	15:53	23:54	32:42	39:30	41:21	42:44	46:09	47:57	48:21	3:20			
				1:52	9:10	3:24	1:27	8:01	8:48	6:48	1:51	1:23	3:25	1:48	0:24	*68			
3	4684	Barja Pérez Lucas Xinzo de Limia LIMI	1:04:09	1:34	6:17	10:46	12:30	28:21	42:41	52:40	55:30	57:09	1:01:47	1:03:37	1:04:09	1:02:45			
				1:34	4:43	4:29	1:44	15:51	14:20	9:59	2:50	1:39	4:38	1:50	0:32	*49			
4	4454	Piñeiro Caveno Eum Culleredo GALLAEC	1:11:37	2:00	7:01	11:01	12:31	17:34	52:05	59:48	1:02:01	1:04:08	1:08:42	1:11:10	1:11:37				
				2:00	5:01	4:00	1:30	5:03	34:31	7:43	2:13	2:07	4:34	2:28	0:27				

os	rsal	Nombre		Tiempo													
Masculino 16 (5)				3,5 km 0 m			11 C		(cont.)								
				1(58)	2(50)	3(47)	4(52)	5(60)	6(63)	7(51)	8(44)	9(48)	10(45)	11(100)	Meta		
	4730	Rodríguez Seijo Iag Nigrán RAZA PALLE	andona	2:15 2:15	6:40 4:25	11:02 4:22	12:14 1:12	16:34 4:20	-----	-----	-----	-----	-----	-----	1:21:01 1:04:27	3:58 *68	
Masculino 18 (1)				3,6 km 0 m			12 C										
				1(58)	2(50)	3(47)	4(52)	5(60)	6(66)	7(63)	8(56)	9(51)	10(48)	11(45)	12(100)	Meta	
1	4473	Silvarrey Oreiro Die Culleredo GALLAEC	53:00	1:28 1:28 2:55 *68	5:59 4:31 45:48 *44	10:17 4:18 51:40 *49	11:50 1:33	16:17 4:27	18:54 2:37	32:17 13:23	39:47 7:30	43:55 4:08	47:06 3:11	50:34 3:28	52:31 1:57	53:00 0:29	
Masculino 21 (10)				3,7 km 0 m			11 C										
				1(42)	2(47)	3(52)	4(65)	5(60)	6(66)	7(62)	8(63)	9(43)	10(45)	11(100)	Meta		
1	7733	López Castiñeira Si Pontevedra AROMO	53:37	8:16 8:16	9:44 1:28	11:27 1:43	18:09 6:42	21:22 3:13	24:41 3:19	29:55 5:14	34:00 4:05	42:48 8:48	50:55 8:07	53:13 2:18	53:37 0:24		
2	4217	Garcia Carod Danie Pontevedra AROMO	54:06	7:39 7:39	9:50 2:11	11:13 1:23	14:18 3:05	16:01 1:43	21:07 5:06	31:27 10:20	34:49 3:22	45:59 11:10	52:04 6:05	53:45 1:41	54:06 0:21		
3	4495	Rodríguez Juncal J Ordes SEO	57:30	11:59 11:59	13:54 1:55	15:51 1:57	18:20 2:29	20:55 2:35	23:45 2:50	30:45 7:00	35:09 4:24	46:23 11:14	54:43 8:20	56:59 2:16	57:30 0:31		
4	6930	Leira Rey Ruben Pontedeume MONT	58:36	11:31 11:31	13:05 1:34	14:56 1:51	17:36 2:40	20:44 3:08	23:49 3:05	28:09 4:20	31:50 3:41	47:41 15:51	56:13 8:32	58:06 1:53	58:36 0:30		
5	4686	Garrido Blanco Jua Xinzo de Limia LIMI	59:20	14:45 14:45	16:28 1:43	17:55 1:27	21:36 3:41	24:25 2:49	28:08 3:43	35:24 7:16	39:09 3:45	47:38 8:29	57:22 9:44	58:57 1:35	59:20 0:23		
6	4325	Rodríguez Acevedo LUGO FLUVIAL_LU	1:18:23	18:28 18:28	20:59 2:31	23:22 2:23	26:46 3:24	30:59 4:13	34:42 3:43	42:17 7:35	49:26 7:09	1:02:36 13:10	1:15:29 12:53	1:17:49 2:20	1:18:23 0:34		
7	4225	Lopez Furtuoso Ge Pontevedra AROMO	1:19:47	19:27 19:27	21:17 1:50	24:06 2:49	26:18 2:12	29:14 2:56	31:45 2:31	46:48 15:03	57:06 10:18	1:07:13 10:07	1:14:31 7:18	1:19:15 4:44	1:19:47 0:32		
8	1	Crujeiras Fernánde Ferrol MONTAÑA_FE	1:23:31	14:27 14:27	16:11 1:44	18:32 2:21	24:01 5:29	27:06 3:05	30:21 3:15	49:02 18:41	54:23 5:21	1:10:20 15:57	1:20:55 10:35	1:22:57 2:02	1:23:31 0:34		
	13	Barros Fonte Alejan Pontedeume MONT	No sale														
	4570	Cibreiro Méndez Mi Porto do Son ADC_	No sale														
Masculino 35 (29)				5,6 km 0 m			16 C										
				1(68) 15(64)	2(56) 16(100)	3(55) Meta	4(53)	5(63)	6(59)	7(45)	8(39)	9(31)	10(32)	11(35)	12(41)	13(36)	14(48)
1	4313	Liz Díaz Javier LUGO FLUVIAL_LU	59:55	3:53 3:53 58:39	13:31 9:38 59:30	15:07 1:36 59:55	15:41 0:34	20:06 4:25	24:56 4:50	30:17 5:21	34:12 3:55	35:31 1:19	38:18 2:47	42:12 3:54	44:14 2:02	52:25 8:11	54:27 2:02
2	4471	Senra Eiroa David Culleredo GALLAEC	1:02:22	4:12 3:29 1:01:08 2:38	0:51 12:17 1:02:00 0:52	0:25 13:43 1:02:22 0:22											
3	6	Morlán Rodriguez J Ordes SEO	1:03:34	3:12 1:02:05 2:24	18:48 1:03:06 1:01	20:05 1:03:34 0:28	20:37 0:32	25:14 4:37	30:27 5:13	36:00 5:33	41:44 5:44	43:08 1:24	46:16 3:08	50:28 4:12	52:09 1:41	57:42 5:33	59:41 1:59
4	4442	Patiño Varela Juan Culleredo GALLAEC	1:03:40	3:31 1:02:21 3:07	13:22 1:03:15 0:54	15:15 1:03:40 0:25	15:52 0:37	20:53 5:01	26:35 5:42	34:31 7:56	38:47 4:16	40:24 1:37	43:13 2:49	47:55 4:42	49:29 1:34	56:58 7:29	59:14 2:16
5	4825	Dominguez Portas Nigrán RAZA PALLE	1:04:54	2:56 1:03:43 2:47	12:27 1:04:29 0:46	13:53 1:04:54 0:25	14:30 0:37	25:24 10:54	30:05 4:41	37:11 7:06	42:31 5:20	43:51 1:20	46:33 2:42	50:20 3:47	52:26 2:06	58:47 6:21	1:00:56 2:09
6	4366	Cagide Taboada Ju Culleredo GALLAEC	1:05:01	4:49 1:03:22 2:42	14:48 1:04:34 1:12	16:23 1:05:01 0:27	17:01 0:38	21:34 4:33	27:40 6:06	35:57 8:17	40:28 4:31	42:05 1:37	45:07 3:02	48:55 3:48	51:14 2:19	58:35 7:21	1:00:40 2:05
7	4290	Sevilla Gómez Fran A Coruña ARTABRO	1:05:24	3:24 1:04:12 2:38	16:06 1:05:02 0:50	17:43 1:05:24 0:22	18:13 0:30	22:25 4:12	28:00 5:35	34:50 6:50	39:54 5:04	41:14 1:20	44:23 3:09	50:24 6:01	51:48 1:24	59:09 7:21	1:01:34 2:25
8	4587	Oujo Ageitos Joaqui Porto do Son ADC_	1:05:43	4:34 1:04:11 3:50	14:59 1:05:22 1:11	16:40 1:05:43 0:21	17:16 0:36	21:46 4:30	27:17 5:31	33:16 5:59	37:10 3:54	39:00 1:50	42:46 3:46	47:22 4:36	49:59 2:37	58:29 8:30	1:00:21 1:52
9	4355	Albarran Rodriguez Culleredo GALLAEC	1:06:06	7:56 1:04:43 2:56	17:01 1:05:44 1:01	18:37 1:06:06 0:22	19:12 0:35	25:23 6:11	31:40 6:17	38:58 7:18	43:21 4:23	44:59 1:38	47:49 2:50	51:20 3:31	52:54 1:34	59:54 7:00	1:01:47 1:53
10	4259	Alonso Velasco Carl A Coruña ARTABRO	1:09:14	4:44 1:07:37 2:47	15:52 1:08:48 1:11	17:32 1:09:14 0:26	18:11 0:39	23:35 5:24	29:26 5:51	37:39 8:13	42:24 4:45	43:55 1:31	47:08 3:13	51:51 4:43	53:32 1:41	1:02:27 8:55	1:04:50 2:23

Pos	Clasificación	Nombre	Tiempo	5,6 km 0 m 16 C (cont.)													
				1(68) 15(64)	2(56) 16(100)	3(55) Meta	4(53)	5(63)	6(59)	7(45)	8(39)	9(31)	10(32)	11(35)	12(41)	13(36)	14(48)
11	4266	Couceiro Herrero L A Coruña ARTABRO	1:10:13	4:39 4:39 1:08:54	16:24 11:45 1:09:51	18:16 1:52 1:10:13	18:53 0:37	24:09 5:16	29:45 5:36	36:40 6:55	42:40 6:00	44:53 2:13	47:59 3:06	52:20 4:21	55:02 2:42	1:03:25 8:23	1:05:50 2:25
12	4283	Riestra González Sa A Coruña ARTABRO	1:10:48	3:04 4:01 1:09:21	0:57 14:05 1:10:19	0:22 15:39 1:10:48	16:21 0:42	22:24 6:03 2:25	28:46 6:22	36:35 7:49	41:35 5:00	43:06 1:31	46:18 3:12	50:40 4:22	53:16 2:36	1:03:50 10:34	1:05:42 1:52
13	4280	Piñeiro Portela Jorg A Coruña ARTABRO	1:11:28	3:39 3:45 1:10:03	0:58 16:08 1:11:03	0:29 17:57 1:11:28	18:48 0:51	23:56 5:08	32:23 8:27	41:42 9:19	46:50 5:08	48:26 1:36	51:26 3:00	55:35 4:09	57:44 2:09	1:04:08 6:24	1:07:10 3:02
14	4548	Garcia Vazquez Luc O Porriño BUDIÑOR	1:14:07	2:53 7:31 1:12:16	1:00 18:54 1:13:43	0:25 20:27 1:14:07	21:05 0:38	27:32 6:27 1:09:44	33:19 5:47	39:10 5:51	44:01 4:51	45:51 1:50	48:58 3:07	53:15 4:17	55:21 2:06	1:02:22 7:01	1:08:20 5:58
15	4736	Veiga Jalda Martin As Neves VIZHOJA-	1:16:05	3:56 3:54 1:14:09	1:27 14:23 1:15:40	0:24 15:51 1:16:05	16:21 0:30	26:43 10:22	32:05 5:22	43:34 11:29	49:39 6:05	51:39 2:00	54:51 3:12	59:30 4:39	1:01:17 1:47	1:08:55 7:38	1:11:10 2:15
16	4814	Rocha Pena Pablo LUGO COMPÁS	1:16:54	2:59 4:54 1:15:23	1:31 17:38 1:16:21	0:25 19:38 1:16:54	20:14 0:36	26:37 6:23	33:13 6:36	44:50 11:37	50:08 5:18	51:57 1:49	55:04 3:07	59:48 4:44	1:02:01 2:13	1:09:27 7:26	1:11:59 2:32
17	7439	Martinez-vara De Re Ferrol MONTAÑA_FE	1:17:26	3:24 3:11 1:16:14	0:58 13:57 1:17:01	0:33 15:38 1:17:26	16:20 0:42	22:06 5:46	28:09 6:03	45:29 17:20	52:21 6:52	54:15 1:54	57:42 3:27	1:02:23 4:41	1:04:58 2:35	1:11:33 6:35	1:13:34 2:01
18	4204	Barreiro Fernández Nigrán RAZA PALLE	1:17:50	2:40 10:15 1:16:39	0:47 26:02 1:17:30	0:25 27:28 1:17:50	28:04 0:36	32:46 4:42	37:43 4:57	43:30 5:47	49:16 5:46	50:42 1:26	53:27 2:45	58:15 4:48	1:00:03 1:48	1:11:02 10:59	1:13:47 2:45
19	7186	Castro Campello Da Culleredo GALLAEC	1:20:24	2:52 6:03 1:19:01	0:51 21:27 1:20:02	0:20 23:25 1:20:24	24:10 0:45	30:14 6:04 4:30	37:39 7:25	43:27 5:48	50:28 7:01	52:15 1:47	55:40 3:25	1:01:26 5:46	1:03:22 1:56	1:13:54 10:32	1:16:04 2:10
20	4347	Pérez Juste German Vigo U-VIGO	1:21:28	2:57 5:48 1:19:45	1:01 16:42 1:20:54	0:22 18:29 1:21:28	24:10 0:32	30:14 5:10	37:39 10:33	43:27 9:19	50:28 5:24	52:15 1:37	55:40 2:44	1:01:26 8:20	1:03:22 1:51	1:13:54 9:10	1:16:04 2:41
21	4408	Iglesias Muñiz Carl Culleredo GALLAEC	1:21:38	3:55 3:59 1:19:48	1:09 18:10 1:21:00	0:34 19:52 1:21:38	20:43 0:51	28:44 8:01	35:59 7:15	44:17 8:18	50:08 5:51	52:08 2:00	56:10 4:02	1:01:14 5:04	1:04:13 2:59	1:13:42 9:29	1:16:05 2:23
22	4592	Oujo Pouso Gelasio Porto do Son ADC_	1:21:47	3:43 2:49 1:19:33	1:12 15:19 1:21:26	0:38 16:50 1:21:47	17:27 0:37	35:04 17:37	41:09 6:05	49:45 8:36	53:47 4:02	55:14 1:27	57:53 2:39	1:06:21 8:28	1:07:54 1:33	1:14:16 6:22	1:16:22 2:06
23	4756	Fernández Núñez Ol Nigrán RAZA PALLE	1:23:20	3:11 3:29 1:21:35	1:53 17:00 1:22:58	0:21 18:30 1:23:20	19:13 0:43	35:50 16:37	43:55 8:05	52:49 8:54	56:56 4:07	58:24 1:28	1:01:46 3:22	1:05:20 3:34	1:07:35 2:15	1:15:52 8:17	1:18:00 2:08
24	4720	Otero Ríos Alberto As Neves VIZHOJA-	1:27:48	3:35 7:09 1:26:02	1:23 25:29 1:27:19	0:22 27:00 1:27:48	27:32 0:32	36:05 8:33	43:17 7:12	50:32 7:15	58:05 7:33	59:30 1:25	1:03:00 3:30	1:06:55 3:55	1:10:06 3:11	1:21:01 10:55	1:23:10 2:09
25	6916	Nolasco Maceiras J Nigrán RAZA PALLE	1:30:11	2:52 4:37 1:27:19	1:17 19:18 1:29:38	0:29 22:36 1:30:11	23:47 1:11	28:53 5:06	37:51 8:58	48:47 10:56	55:11 6:24	57:41 2:30	1:00:52 3:11	1:06:40 5:48	1:08:40 2:00	1:21:05 12:25	1:24:12 3:07
26	4793	Amarelle Garabán R LUGO COMPÁS	1:31:49	3:07 3:30 1:30:04	2:19 29:53 1:31:18	0:33 1:23 1:31:49	31:49 0:33	39:36 7:47	48:02 8:26	54:24 6:22	1:01:59 7:35	1:03:25 1:26	1:06:56 3:31	1:10:41 3:45	1:12:51 2:10	1:25:05 12:14	1:27:12 2:07
27	4451	Perez Seijas Alberto Culleredo GALLAEC	1:39:04	2:52 3:42 1:37:31	1:14 34:49 1:38:34	0:31 36:37 1:39:04	37:17 0:40	43:03 5:46	49:00 5:57	59:33 10:33	1:05:43 6:10	1:07:46 2:03	1:12:55 5:09	1:21:42 8:47	1:23:47 2:05	1:31:43 7:56	1:34:16 2:33
28	6056	Piñeiro Malvido Mig Nigrán RAZA PALLE	2:15:45	3:15 8:56 2:13:33	1:03 30:12 2:15:04	0:30 32:39 2:15:45	33:27 0:48	42:24 8:57	50:33 8:09	1:09:18 18:45	1:18:06 8:48	1:20:45 2:39	1:34:23 13:38	1:39:44 5:21	1:42:22 2:38	2:06:38 24:16	2:09:55 3:17
	4275	Mancera Ponte Rod A Coruña ARTABRO	andona	6:00 6:00 -----	31:34 25:34 -----	33:36 2:02 1:10:02 22:31	34:19 0:43	40:18 5:59	47:31 7:13	-----	-----	-----	-----	-----	-----	-----	-----

os		rsal	Nombre	Tiempo											
Masculino 45 (27)				3,6 km 0 m						11 C					
				1(42)	2(52)	3(60)	4(66)	5(61)	6(62)	7(63)	8(43)	9(48)	10(64)	11(100)	Meta
1	4554	Martinez Lorenzo D	44:40	6:33	7:53	13:13	15:33	21:42	26:10	29:22	36:48	39:51	43:07	44:19	44:40
		O Porriño BUDIÑOR		6:33	1:20	5:20	2:20	6:09	4:28	3:12	7:26	3:03	3:16	1:12	0:21
2	4381	Diz López Francisc	45:19	7:27	9:14	12:20	15:01	19:56	24:17	28:37	36:43	40:25	43:42	44:49	45:19
		Culleredo GALLAEC		7:27	1:47	3:06	2:41	4:55	4:21	4:20	8:06	3:42	3:17	1:07	0:30
3	7462	Garcia Mosteiro Alb	47:39	7:52	10:55	14:03	17:53	23:58	28:32	31:42	39:08	42:08	45:20	47:11	47:39
		Nigrán RAZA PALLE		7:52	3:03	3:08	3:50	6:05	4:34	3:10	7:26	3:00	3:12	1:51	0:28
4	6598	Lorenzo Corral Fer	49:33	7:52	9:15	15:35	17:48	22:28	27:16	30:44	41:49	45:33	48:21	49:13	49:33
		Porto do Son ADC_		7:52	1:23	6:20	2:13	4:40	4:48	3:28	11:05	3:44	2:48	0:52	0:20
5	4294	Traveso Rodríguez	54:20	7:27	9:12	16:12	20:00	25:41	33:01	36:55	45:49	49:19	52:48	53:52	54:20
		A Coruña ARTABRO		7:27	1:45	7:00	3:48	5:41	7:20	3:54	8:54	3:30	3:29	1:04	0:28
6	4774	Castrillón Manso Jo	56:02	7:57	9:34	19:20	21:50	27:59	34:14	37:52	47:31	51:11	53:59	55:34	56:02
		A Coruña LICEO		7:57	1:37	9:46	2:30	6:09	6:15	3:38	9:39	3:40	2:48	1:35	0:28
7	6584	García Pozuelo Vic	56:23	7:29	9:01	11:57	14:14	26:35	36:23	40:12	48:25	51:34	54:57	55:52	56:23
		Ferrol MONTAÑA_FE		7:29	1:32	2:56	2:17	12:21	9:48	3:49	8:13	3:09	3:23	0:55	0:31
8	4319	Parga Andón Pedro	58:08	8:17	9:54	13:12	15:33	32:18	36:40	40:30	49:13	52:36	56:03	57:45	58:08
		LUGO FLUVIAL_LU		8:17	1:37	3:18	2:21	16:45	4:22	3:50	8:43	3:23	3:27	1:42	0:23
9	4728	Rodríguez Salas AI	58:19	9:00	10:44	15:13	17:52	29:41	35:12	38:49	45:45	54:24	57:08	57:54	58:19
		Nigrán RAZA PALLE		9:00	1:44	4:29	2:39	11:49	5:31	3:37	6:56	8:39	2:44	0:46	0:25
10	4679	Varela Yáñez Marcos	59:23	7:31	9:03	12:36	17:55	29:25	35:22	38:58	49:42	54:57	57:55	58:55	59:23
		A Coruña BRIGANTI		7:31	1:32	3:33	5:19	11:30	5:57	3:36	10:44	5:15	2:58	1:00	0:28
11	4270	Gómez Ramos Anto	1:00:03	13:21	15:02	19:34	22:59	31:17	37:55	41:58	50:27	54:20	58:25	59:36	1:00:03
		A Coruña ARTABRO		13:21	1:41	4:32	3:25	8:18	6:38	4:03	8:29	3:53	4:05	1:11	0:27
12	5008	Robles Pagan Jose	1:02:13	11:13	12:43	15:41	18:26	29:57	35:58	41:44	51:06	56:00	1:00:39	1:01:43	1:02:13
		Culleredo GALLAEC		11:13	1:30	2:58	2:45	11:31	6:01	5:46	9:22	4:54	4:39	1:04	0:30
13	4360	Antón Casado Artur	1:02:27	13:06	14:52	19:10	22:03	32:53	38:56	43:27	53:46	57:16	1:00:53	1:01:54	1:02:27
		Culleredo GALLAEC		13:06	1:46	4:18	2:53	10:50	6:03	4:31	10:19	3:30	3:37	1:01	0:33
14	4804	Lamela Arias Albert	1:05:55	11:39	13:25	18:30	20:57	39:01	46:33	50:20	58:00	1:00:58	1:04:32	1:05:30	1:05:55
		LUGO COMPÁS		11:39	1:46	5:05	2:27	18:04	7:32	3:47	7:40	2:58	3:34	0:58	0:25
15	4552	Lago Otero Marcos	1:06:31	10:15	12:14	18:35	22:13	27:22	33:42	39:08	52:31	1:00:13	1:04:07	1:05:57	1:06:31
		O Porriño BUDIÑOR		10:15	1:59	6:21	3:38	5:09	6:20	5:26	13:23	7:42	3:54	1:50	0:34
16	4420	López Peiteado Ant	1:08:51	7:27	8:55	25:19	29:54	40:04	46:58	50:15	59:47	1:04:36	1:07:33	1:08:27	1:08:51
		Culleredo GALLAEC		7:27	1:28	16:24	4:35	10:10	6:54	3:17	9:32	4:49	2:57	0:54	0:24
17	4432	Morlán Otero Albert	1:10:22	9:47	12:11	18:05	20:50	34:29	47:30	54:57	1:02:25	1:05:49	1:08:55	1:09:54	1:10:22
		Culleredo GALLAEC		9:47	2:24	5:54	2:45	13:39	13:01	7:27	7:28	3:24	3:06	0:59	0:28
18	6913	Rodríguez Pérez N	1:13:11	9:59	11:50	20:23	27:24	37:37	45:30	50:21	1:00:47	1:08:06	1:12:02	1:12:44	1:13:11
		Culleredo GALLAEC		9:59	1:51	8:33	7:01	10:13	7:53	4:51	10:26	7:19	3:56	0:42	0:27
19	4334	Armada Luaces Jos	1:17:19	18:09	20:07	23:05	25:45	34:01	47:25	53:17	1:07:34	1:11:44	1:15:35	1:16:45	1:17:19
		Vigo U-VIGO		18:09	1:58	2:58	2:40	8:16	13:24	5:52	14:17	4:10	3:51	1:10	0:34
20	7730	Ballesteros Primo F	1:17:54	7:31	9:27	13:00	15:31	44:32	52:06	55:42	1:06:32	1:11:32	1:15:39	1:17:21	1:17:54
		Pontevedra AROMO		7:31	1:56	3:33	2:31	29:01	7:34	3:36	10:50	5:00	4:07	1:42	0:33
21	4348	Pérez Juste Jorge	1:20:37	21:26	23:29	26:34	29:11	37:21	51:05	56:38	1:10:57	1:14:59	1:18:56	1:20:04	1:20:37
		Vigo U-VIGO		21:26	2:03	3:05	2:37	8:10	13:44	5:33	14:19	4:02	3:57	1:08	0:33
22	4606	Veiga Bugallo Fran	1:21:52	22:01	24:23	29:35	33:51	42:45	52:26	57:27	1:09:54	1:15:04	1:19:35	1:21:13	1:21:52
		Porto do Son ADC_		22:01	2:22	5:12	4:16	8:54	9:41	5:01	12:27	5:10	4:31	1:48	0:29
23	4435	Naveira Gonzalo Iva	1:34:44	12:19	15:09	24:21	28:20	51:02	58:48	1:04:27	1:20:31	1:27:29	1:31:57	1:34:10	1:34:44
		Culleredo GALLAEC		12:19	2:50	9:12	3:59	22:42	7:46	5:39	16:04	6:58	4:28	2:13	0:34
24	4734	Valiño Eiro Jacobo	1:49:29	9:07	11:35	17:06	20:21	59:52	1:07:16	1:12:23	1:26:30	1:42:10	1:45:25	1:49:01	1:49:29
		As Neves VIZHOJA		9:07	2:28	5:31	3:15	39:31	7:24	5:07	14:07	15:40	3:15	3:36	0:28
25	6367	Rodríguez Vázquez	1:53:23	21:43	24:21	32:50	38:51	53:44	1:03:12	1:09:45	1:37:11	1:44:44	1:50:37	1:52:44	1:53:23
		Culleredo GALLAEC		21:43	2:38	8:29	6:01	14:53	9:28	6:33	27:26	7:33	5:53	2:07	0:39
	7680	Patiño Alonso Nicol	en tarj.	10:37	12:06	15:38	18:42	43:08	1:14:02	1:19:41	1:30:48	1:36:12	-----	1:41:46	1:42:18
		Nigrán RAZA PALLE		10:37	1:29	3:32	3:04	24:26	30:54	5:39	11:07	5:24	-----	5:34	0:32
	6365	Alonso Moreira Carl	andona	54:16	57:34	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		Culleredo GALLAEC		54:16	3:18	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Senior (13)		6,3 km 0 m						20 C							
		1(68)	2(54)	3(55)	4(53)	5(56)	6(67)	7(59)	8(45)	9(39)	10(31)	11(32)	12(33)	13(34)	14(35)
		15(36)	16(37)	17(38)	18(48)	19(64)	20(100)	Meta							
1	4243	Rodríguez Díaz Mat	53:39	3:09	4:21	12:50	13:17	14:31	19:03	20:26	27:35	30:29	31:34	33:29	36:19
		Pontevedra AROMO		3:09	1:12	8:29	0:27	1:14	4:32	1:23	7:09	2:54	1:05	1:55	2:50
				46:06	47:38	48:12	50:35	52:37	53:19	53:39		1:16			
				5:03	1:32	0:34	2:23	2:02	0:42	0:20		*58			
2	7463	Sanmartin Otero An	59:26	3:19	4:39	13:25	13:53	15:10	19:24	21:03	26:04	29:37	30:49	33:01	35:41
		Nigrán RAZA PALLE		3:19	1:20	8:46	0:28	1:17	4:14	1:39	5:01	3:33	1:12	2:12	2:40
				50:37	52:17	52:56	55:46	58:08	59:03	59:26					
				4:17	1:40	0:39	2:50	2:22	0:55	0:23					
3	4477	Somoza Argibay Ivá	1:07:53	2:21	3:39	12:39	13:08	14:27	21:12	23:14	28:19	31:50	33:07	35:05	38:25
		Culleredo GALLAEC		2:21	1:18	9:00	0:29	1:19	6:45	2:02	5:05	3:31	1:17	1:58	3:20
				58:09	1:00:59	1:01:35	1:04:28	1:06:49	1:07:30	1:07:53		21:51	1:05:25		
				5:19	2:50	0:36	2:53	2:21	0:41	0:23		*43	*57		
4	4507	Garcia Acevedo Pela	1:07:58	5:52	7:58	16:55	17:27	18:47	23:03	25:05	33:14	37:23	38:43	41:09	44:37
		Pontevedra AROMO		5:52	2:06	8:57	0:32	1:20	4:16	2:02	8:09	4:09	1:20	2:26	3:28
				58:15	1:00:05	1:00:49	1:04:02	1:06:52	1:07:36	1:07:58					
				6:28	1:50	0:44	3:13	2:50	0:44	0:22					
5	4828	Fernández Casalder	1:08:00	2:44	4:49	12:27	13:00	14:15	18:36	20:07	25:36	33:15	34:29	36:45	39:46
		Nigrán RAZA PALLE		2:44	2:05	7:38	0:33	1:15	4:21	1:31	5:29	7:39	1:14	2:16	3:01
				58:04	59:56	1:00:38	1:03:56	1:06:39	1:07:39	1:08:00					
				5:13	1:52	0:42	3:18	2:43	1:00	0:21					

rsal			Nombre															Tiempo														
Senior (13)			6,3 km 0 m					20 C					(cont.)																			
			1(68) 15(36)	2(54) 16(37)	3(55) 17(38)	4(53) 18(48)	5(56) 19(64)	6(67) 20(100)	7(59) Meta	8(45)	9(39)	10(31)	11(32)	12(33)	13(34)	14(35)																
6	4299	Corral Alonso Alber LUGO FLUVIAL_LU	1:14:01	2:34 2:34 1:05:10	4:17 1:43 1:07:05	28:41 24:24 1:07:47	29:11 0:30 1:10:49	30:23 1:12 1:12:52	34:04 3:41 1:13:37	36:18 2:14 1:14:01	42:32 6:14 22:15	47:16 4:44 22:15	48:35 1:19	51:12 2:37	53:58 2:46	56:07 2:09	1:00:11 4:04															
7	4582	Lagos Carrera Julio Porto do Son ADC_	1:19:51	4:59 3:32 1:09:11	1:55 5:04 1:11:15	0:42 13:58 1:12:04	3:02 14:31 1:15:42	2:03 16:08 1:18:32	0:45 24:39 1:19:24	0:24 27:18 1:19:51	*44 38:15 1:29	43:48 5:33 1:29	45:09 1:21	48:14 3:05	51:35 3:21	55:15 3:40	1:00:03 4:48															
8	4302	Fernandez Arias Die LUGO FLUVIAL_LU	1:31:34	9:08 3:43 3:43	2:04 13:10 9:27	0:49 23:54 10:44	3:38 24:28 0:34	2:50 27:42 3:14	0:52 32:33 4:51	0:27 35:42 3:09	43:33 50:31 7:51	52:24 55:15 6:58	55:15 2:51	58:40 3:25	1:01:33 2:53	1:05:59 4:26																
9	4648	Rodriguez Fernand Pontevedra AROMO	1:40:02	3:02 3:02 1:29:02	5:19 2:17 1:31:08	18:44 13:25 1:32:28	19:13 0:29 1:35:58	20:38 1:25 1:38:50	31:09 10:31 1:39:39	33:23 2:14 1:40:02	38:19 4:56 1:47	43:31 5:12 1:47	44:55 1:24	47:32 2:37	50:33 3:01	1:11:55 21:22	1:23:15 11:20															
10	4209	Díaz Hernández Dai Pontevedra AROMO	1:42:00	5:47 3:43 1:29:58	2:06 1:40 1:32:15	1:20 14:23 1:33:13	3:30 0:55 1:37:20	2:52 1:29 1:40:23	0:49 4:49 1:41:29	0:23 2:19 1:42:00	*58 13:46 4:37	47:41 49:14 1:33	51:49 2:35	55:16 3:27	1:16:12 20:56	1:21:39 5:27																
11	4608	Victorero Domíngu Porto do Son ADC_	1:49:11	8:19 6:12 1:34:38	2:17 15:01 1:38:18	0:58 26:28 1:39:18	4:07 27:03 1:43:35	3:03 28:45 1:46:39	1:06 41:12 1:48:42	0:31 43:50 1:49:11	1:01:29 2:38 1:48:09	1:06:45 5:16 1:48:09	1:08:25 1:40	1:11:10 2:45	1:14:51 3:41	1:18:10 3:19	1:24:02 5:52															
12	6223	Soto Rodriguez Ole Pontevedra AROMO	1:55:07	10:36 4:04 1:42:50	3:40 12:22 1:45:49	1:00 31:57 1:47:15	4:17 33:09 1:50:42	3:04 34:50 1:53:24	2:03 41:25 1:54:41	0:29 44:18 1:55:07	55:07 10:49	1:00:05 4:58	1:01:41 1:36	1:04:24 2:43	1:07:23 2:59	1:28:46 21:23	1:33:01 4:15															
4450		Peña Pita Felipe Culleredo GALLAEC	andona	2:44 2:44 ----	4:03 1:19 ----	----- ----- -----	----- ----- -----	----- 27:37 23:34	----- 29:26 1:49	----- 30:28 1:02	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----															
Iniciación Curta (21)			2,1 km 0 m					9 C																								
			1(46)	2(58)	3(40)	4(42)	5(51)	6(44)	7(57)	8(49)	9(100)	Meta																				
1	14	Beltrán Fernández Paderne INDEPEND	36:32	5:35 5:35	7:29 1:54	11:11 3:42	17:00 5:49	22:53 5:53	30:05 7:12	32:51 2:46	34:42 1:51	35:52 1:10	36:32 0:40																			
2	20	Longueira Lucas Paderne INDEPEND	36:33	5:35 5:35	7:24 1:49	11:04 3:40	16:55 5:51	22:53 5:58	30:09 7:16	32:51 2:42	34:41 1:50	35:51 1:10	36:33 0:42																			
3	17	García-cernuda Rui Paderne INDEPEND	36:42	4:18 4:18	6:07 1:49	12:23 6:16	19:22 6:59	24:36 5:14	28:43 4:07	31:28 2:45	34:56 3:28	35:56 1:00	36:42 0:46																			
4	16	Fernandez Fernand Paderne INDEPEND	36:52	4:21 4:21	6:10 1:49	12:32 6:22	19:30 6:58	24:40 5:10	28:58 4:18	31:37 2:39	35:05 3:28	36:07 1:02	36:52 0:45																			
5	7868	Morlán Fariña Leire Culleredo GALLAEC	48:38	2:29 2:29	5:03 2:34	11:19 6:16	22:17 10:58	30:07 7:50	36:42 6:35	41:12 4:30	45:27 4:15	47:43 2:16	48:38 0:55																			
6	6742	Rocha Cuiña Leire LUGO COMPÁS	54:46	3:31 3:31	6:33 3:02	14:47 8:14	26:04 11:17	34:16 8:12	43:18 9:02	48:45 5:27	52:12 3:27	53:50 1:38	54:46 0:56																			
6	4813	Rocha Cuiña Lucas LUGO COMPÁS	54:46	3:38 3:38	6:24 2:46	14:31 8:07	26:00 11:29	34:08 8:08	43:17 9:09	48:30 5:13	51:55 3:25	53:44 1:49	54:46 1:02																			
8	7795	Cuiña Sangiao Sora LUGO COMPÁS	55:24	3:22 3:22	6:34 3:12	14:37 8:03	26:05 11:28	34:06 8:01	43:16 9:10	48:40 5:24	52:10 3:30	54:02 1:52	55:24 1:22																			
9	6915	Rodríguez Arias Ire Culleredo GALLAEC	1:07:25	3:50 3:50	7:49 3:59	15:28 7:39	29:23 13:55	42:25 13:02	52:09 9:44	59:29 7:20	1:04:43 5:14	1:06:49 2:06	1:07:25 0:36																			
10	6914	Rodríguez Arias Uxí Culleredo GALLAEC	1:07:29	3:52 3:52	7:44 3:52	15:30 7:46	29:23 13:53	42:29 13:06	52:08 9:39	59:54 7:46	1:04:39 4:45	1:06:50 2:11	1:07:29 0:39																			
11	4448	Peña Álvarez Inés Culleredo GALLAEC	1:07:33	3:49 3:49	7:40 3:51	15:30 7:50	29:21 13:51	42:24 13:03	52:04 9:40	59:29 7:25	1:04:37 5:08	1:06:47 2:10	1:07:33 0:46																			
12	25	Villaverde Martín Paderne INDEPEND	1:07:39	4:25 4:25	7:58 3:33	11:53 3:55	22:38 10:45	32:10 9:32	40:00 7:50	45:42 5:42	1:04:02 18:20	1:06:30 2:28	1:07:39 1:09																			
13	21	Picado Teijo Javier Paderne INDEPEND	1:08:35	4:27 4:27	7:47 3:20	11:49 4:02	22:36 10:47	32:05 9:29	39:58 7:53	45:34 5:36	1:04:06 18:32	1:06:59 2:53	1:08:35 1:36																			
14	19	Lata Naya Martina Paderne INDEPEND	1:08:43	4:34 4:34	7:51 3:17	12:00 4:09	22:40 10:40	32:11 9:31	40:03 7:52	45:43 5:40	1:04:01 18:18	1:07:03 3:02	1:08:43 1:40																			
15	24	Villaverde Lara Paderne INDEPEND	1:09:01	4:54 4:54	8:10 3:16	12:31 4:21	23:11 10:40	32:39 9:28	41:06 8:27	47:06 6:00	1:05:28 18:22	1:07:30 2:02	1:09:01 1:31																			
16	6437	García Varela Emma A Coruña BRIGANTI	1:11:38	2:44 2:44	5:49 3:05	16:56 11:07	30:05 13:09	41:10 11:05	49:59 8:49	56:46 6:47	1:08:46 12:00	1:10:35 1:49	1:11:38 1:03																			
17	4367	Cambior Bello Elia Betanzos OP BETAN	1:11:39	2:44 2:44	5:05 2:21	16:56 11:51	29:59 13:03	41:11 11:12	49:57 8:46	56:48 6:51	1:08:44 11:56	1:10:34 1:50	1:11:39 1:05																			
7813		García Varela Angel A Coruña BRIGANTI	en tarj.	2:59 2:59	5:39 2:40	----- 24:22	30:01 11:56	41:57 8:39	50:36 7:31	58:07 10:23	1:08:30 2:35	1:11:05 1:49	1:12:54 1:49	1:11:07 *100	1:11:10 *100																	
6309		Gonzalez Pardo Jua A Coruña LICEO	No sale																													
4786		Pardo Villaverde Ma A Coruña LICEO	No sale																													
23		Tola Gómez Ivan	No sale																													

os			rsal		Nombre		Tiempo									
Iniciación Curta (21)			2,1 km 0 m			9 C		(cont.)								
			1(46)	2(58)	3(40)	4(42)	5(51)	6(44)	7(57)	8(49)	9(100)	Meta				
Paderne INDEPEND																
Iniciación Longa (6)			3,0 km 0 m			11 C										
			1(46)	2(58)	3(40)	4(50)	5(52)	6(63)	7(55)	8(51)	9(44)	10(49)	11(100)	Meta		
1	7354	Seoane González G	1:11:58	1:57	3:58	7:06	14:13	18:46	29:56	43:55	55:49	1:01:23	1:09:49	1:11:20	1:11:58	
		Culleredo GALLAEC		1:57	2:01	3:08	7:07	4:33	11:10	13:59	11:54	5:34	8:26	1:31	0:38	
2	22	Tola Alvarez Miguel	1:24:02	2:07	4:29	6:58	10:25	13:17	51:36	1:02:09	1:09:37	1:13:21	1:22:07	1:23:01	1:24:02	
		Paderne INDEPEND		2:07	2:22	2:29	3:27	2:52	38:19	10:33	7:28	3:44	8:46	0:54	1:01	
3	6087	Paredes Paredes Pil	1:26:10	4:36	5:47	17:14	25:35	30:23	38:43	56:58	1:09:28	1:13:24	1:24:57	1:25:36	1:26:10	
		As Neves VIZHOJA-		4:36	1:11	11:27	8:21	4:48	8:20	18:15	12:30	3:56	11:33	0:39	0:34	
4	15	Castro Fernández F	1:49:15	5:24	6:58	9:44	13:29	15:57	1:15:11	1:27:03	1:37:17	1:40:59	1:47:56	1:48:40	1:49:15	
		Paderne INDEPEND		5:24	1:34	2:46	3:45	2:28	59:14	11:52	10:14	3:42	6:57	0:44	0:35	
	9	Aller Estévez Pablo	No sale													
		Barco de Valdeor O														
	18	Gomez Perez Marta	No sale													
		Paderne INDEPEND														
Masculino 55 (21)			3,5 km 0 m			12 C										
			1(58)	2(65)	3(60)	4(66)	5(62)	6(63)	7(47)	8(52)	9(42)	10(44)	11(64)	12(100)	Meta	
1	4404	González Romano	37:47	2:00	6:37	9:01	11:11	16:46	20:44	24:42	26:16	27:58	31:38	36:26	37:25	
		Culleredo GALLAEC		2:00	4:37	2:24	2:10	5:35	3:58	3:58	1:34	1:42	3:40	4:48	0:59	
2	4588	Oujo Castelo Santa	46:42	5:10	11:10	13:36	16:54	23:42	27:36	32:15	34:27	36:16	40:13	45:06	46:22	
		Porto do Son ADC_		5:10	6:00	2:26	3:18	6:48	3:54	4:39	2:12	1:49	3:57	4:53	1:16	
3	4239	Ricoy Bugarín José	47:59	1:48	9:10	11:34	14:44	21:10	25:53	30:51	32:56	35:21	41:14	45:36	47:20	
		Pontevedra AROMO		1:48	7:22	2:24	3:10	6:26	4:43	4:58	2:05	2:25	5:53	4:22	1:44	
4	4605	Serantes Maneiro C	48:55	2:23	8:26	10:26	12:37	17:01	20:48	24:34	26:37	30:44	43:11	47:20	48:32	
		Porto do Son ADC_		2:23	6:03	2:00	2:11	4:24	3:47	3:46	2:03	4:07	12:27	4:09	1:12	
			36:28													
			*43													
5	4595	Piñeiro Pouso Anto	49:41	1:44	6:52	8:50	11:04	15:50	23:11	27:35	32:26	37:33	43:55	47:46	49:13	
		Porto do Son ADC_		1:44	5:08	1:58	2:14	4:46	7:21	4:24	4:51	5:07	6:22	3:51	1:27	
6	4357	Álvarez Estévez Enr	50:47	1:51	10:37	19:51	22:06	27:07	32:37	37:05	38:42	40:24	45:48	49:12	50:25	
		Culleredo GALLAEC		1:51	8:46	9:14	2:15	5:01	5:30	4:28	1:37	1:42	5:24	3:24	1:13	
			42:55													
			*59													
7	4399	Gil Díaz José Anton	55:36	3:24	9:36	13:17	17:17	24:32	29:08	34:34	36:41	39:10	46:19	52:53	54:59	
		Culleredo GALLAEC		3:24	6:12	3:41	4:00	7:15	4:36	5:26	2:07	2:29	7:09	6:34	2:06	
8	4565	Vazquez De Parga	57:09	2:31	7:53	22:16	25:28	31:54	36:47	40:31	42:07	45:06	51:19	55:03	56:43	
		O Porriño BUDIÑOR		2:31	5:22	14:23	3:12	6:26	4:53	3:44	1:36	2:59	6:13	3:44	1:40	
9	4244	Rodríguez Pérez El	57:21	3:08	9:02	11:46	16:08	22:54	27:27	32:51	35:08	37:25	51:14	55:19	56:46	
		Pontevedra AROMO		3:08	5:54	2:44	4:22	6:46	4:33	5:24	2:17	2:17	13:49	4:05	1:27	
			41:38													
			*43													
10	4567	Antoñón Clemente J	57:56	4:14	12:15	15:51	19:14	27:42	33:11	38:29	40:52	43:25	51:05	56:04	57:17	
		Porto do Son ADC_		4:14	8:01	3:36	3:23	8:28	5:29	5:18	2:23	2:33	7:40	4:59	1:13	
11	4210	Díaz Falcon Gilbert	59:51	2:15	8:04	10:28	14:04	24:35	29:09	34:02	36:41	44:16	52:01	57:47	59:23	
		Pontevedra AROMO		2:15	5:49	2:24	3:36	10:31	4:34	4:53	2:39	7:35	7:45	5:46	1:36	
12	4443	Pazos Miser Rafael	1:05:32	4:40	15:11	19:14	24:13	31:58	37:38	44:18	46:41	49:22	56:16	1:02:52	1:04:55	
		Culleredo GALLAEC		4:40	10:31	4:03	4:59	7:45	5:40	6:40	2:23	2:41	6:54	6:36	2:03	
13	4337	Fuertes González E	1:07:39	3:20	10:00	15:00	18:11	31:54	40:23	45:37	47:52	50:24	1:00:44	1:06:24	1:07:15	
		Vigo U-VIGO		3:20	6:40	5:00	3:11	13:43	8:29	5:14	2:15	2:32	10:20	5:40	0:51	
14	4288	Roibas Yáñez Juan	1:08:42	3:27	10:54	15:38	22:16	29:38	35:18	41:20	47:01	51:57	1:00:46	1:06:30	1:08:06	
		A Coruña ARTABRO		3:27	7:27	4:44	6:38	7:22	5:40	6:02	5:41	4:56	8:49	5:44	1:36	
15	4609	Victorero Rey Jorge	1:09:39	2:35	9:10	12:36	16:03	29:00	41:14	47:52	50:12	54:34	1:02:26	1:07:48	1:09:11	
		Porto do Son ADC_		2:35	6:35	3:26	3:27	12:57	12:14	6:38	2:20	4:22	7:52	5:22	1:23	
16	7812	Roibás Yáñez Anton	1:13:22	6:15	13:36	18:05	24:59	32:31	38:04	44:10	49:52	54:56	1:03:32	1:10:02	1:12:14	
		A Coruña ARTABRO		6:15	7:21	4:29	6:54	7:32	5:33	6:06	5:42	5:04	8:36	6:30	2:12	
17	4671	Rodríguez Gutiérrez	1:16:43	4:23	10:17	13:49	18:15	48:59	55:27	1:00:12	1:02:01	1:04:17	1:10:22	1:14:53	1:16:12	
		A Coruña BRIGANTI		4:23	5:54	3:32	4:26	30:44	6:28	4:45	1:49	2:16	6:05	4:31	1:19	
18	4378	Criado Canales San	1:25:03	3:16	11:31	15:14	19:00	38:18	44:10	50:29	53:37	58:18	1:13:36	1:21:06	1:23:55	
		Culleredo GALLAEC		3:16	8:15	3:43	3:46	19:18	5:52	6:19	3:08	4:41	15:18	7:30	2:49	
19	4271	López Pérez Jose M	1:31:57	4:18	16:18	21:37	27:36	40:04	48:46	58:41	1:03:42	1:09:31	1:20:06	1:28:27	1:30:45	
		A Coruña ARTABRO		4:18	12:00	5:19	5:59	12:28	8:42	9:55	5:01	5:49	10:35	8:21	2:18	
20	4289	Santos Iglesias Jes	1:45:24	10:30	16:54	20:30	23:38	58:24	1:03:38	1:11:04	1:13:10	1:15:40	1:34:24	1:39:09	1:44:55	
		A Coruña ARTABRO		10:30	6:24	3:36	3:08	34:46	5:14	7:26	2:06	2:30	18:44	4:45	5:46	
21	4311	Fouz Rodriguez Ma	2:11:15	3:04	16:48	20:59	26:10	1:07:17	1:14:21	1:23:19	1:27:04	1:31:22	1:58:08	2:07:35	2:09:57	
		LUGO FLUVIAL_LU		3:04	13:44	4:11	5:11	41:07	7:04	8:58	3:45	4:18	26:46	9:27	2:22	
Feminino 55 (12)			3,1 km 0 m			10 C										
			1(58)	2(40)	3(60)	4(66)	5(62)	6(63)	7(42)	8(44)	9(49)	10(100)	Meta			
1	4594	Pérez Torres María	1:01:18	5:57	8:23	14:20	17:41	24:26	28:51	40:53	53:29	1:00:00	1:00:48	1:01:18	46:42	
		Porto do Son ADC_		5:57	2:26	5:57	3:21	6:45	4:25	12:02	12:36	6:31	0:48	0:30	*43	
2	4433	Mosquera Azar Paul	1:04:40	2:39	14:43	21:07	24:56	31:48	37:10	46:33	58:51	1:03:13	1:04:03	1:04:40	5:02	
		Culleredo GALLAEC		2:39	12:04	6:24	3:49	6:52	9:23	12:18	4:22	0:50	0:37		*68	
3	4303	Fernandez Riveiro	1:07:39	3:26	8:29	14:54	18:54	34:31	40:28	48:44	1:00:48	1:06:16	1:07:04	1:07:39		
		LUGO FLUVIAL_LU		3:26	5:03	6:25	4:00	15:37	5:57	8:16	12:04	5:28	0:48	0:35		

Pos		Nombre	Tiempo										
Feminino 55 (12)				3,1 km 0 m			10 C		(cont.)				
				1(58)	2(40)	3(60)	4(66)	5(62)	6(63)	7(42)	8(44)	9(49)	10(100) Meta
4	8	Pernas Martínez Ro Santiago de Comp	1:08:27	3:17	10:36	23:44	28:06	36:07	41:41	51:54	1:00:05	1:06:49	1:07:45 1:08:27
				3:17	7:19	13:08	4:22	8:01	5:34	10:13	8:11	6:44	0:56 0:42
5	7	Balboa Barros Marg Santiago de Comp	1:20:02	10:59	13:39	22:32	28:02	36:26	41:46	50:54	1:02:54	1:18:20	1:19:23 1:20:02
				10:59	2:40	8:53	5:30	8:24	5:20	9:08	12:00	15:26	1:03 0:39
6	4279	Pedrares Fernández A Coruña ARTABRO	1:20:09	4:07	18:08	25:44	34:41	41:46	47:05	55:34	1:10:00	1:18:36	1:19:30 1:20:09
				4:07	14:01	7:36	8:57	7:05	5:19	8:29	14:26	8:36	0:54 0:39
7	4351	Saco Fernández Mª Vigo U-VIGO	1:28:54	4:39	11:23	23:36	28:50	51:34	1:02:43	1:11:17	1:20:25	1:27:19	1:28:16 1:28:54
				4:39	6:44	12:13	5:14	22:44	11:09	8:34	9:08	6:54	0:57 0:38
8	4211	Díaz Rodríguez Yol Pontevedra AROMO	1:39:48	16:13	29:04	37:33	44:13	1:03:55	1:10:55	1:19:51	1:29:47	1:37:35	1:38:55 1:39:48
				16:13	12:51	8:29	6:40	19:42	7:00	8:56	9:56	7:48	1:20 0:53
9	4388	Fernández Santiago Culleredo GALLAEC	1:40:49	21:13	24:56	42:52	49:07	56:57	1:03:11	1:19:40	1:32:25	1:38:50	1:39:55 1:40:49
				21:13	3:43	17:56	6:15	7:50	6:14	16:29	12:45	6:25	1:05 0:54
10	4476	Silvarrey Redondo Culleredo GALLAEC	1:46:57	9:31	16:08	24:27	30:01	37:50	48:20	1:16:37	1:29:02	1:44:23	1:45:42 1:46:57
				9:31	6:37	8:19	5:34	7:49	10:30	28:17	12:25	15:21	1:19 1:15
11	4405	González Sención A Culleredo GALLAEC	1:48:11	5:07	13:46	28:14	34:52	44:01	55:08	1:22:35	1:37:33	1:46:01	1:47:21 1:48:11
				5:07	8:39	14:28	6:38	9:09	11:07	27:27	14:58	8:28	1:20 0:50
	4423	López Suárez María Culleredo GALLAEC	andona	8:10	31:18	1:17:58	-----	-----	-----	-----	-----	-----	-----
				8:10	23:08	46:40							
Masculino 45 NC (1)				3,6 km 0 m			11 C						
				1(42)	2(52)	3(60)	4(66)	5(61)	6(62)	7(63)	8(43)	9(48)	10(64) 11(100) Meta
1	3943	Barja Alvarez Javier Xínzo de Limia LIMI	1:05:34	7:29	9:16	16:01	21:52	33:19	40:38	44:56	53:39	59:01	1:03:45 1:05:10 1:05:34
				7:29	1:47	6:45	5:51	11:27	7:19	4:18	8:43	5:22	4:44 1:25 0:24
Masculino 65 (1)				2,4 km 0 m			10 C						
				1(58)	2(50)	3(52)	4(42)	5(47)	6(51)	7(44)	8(48)	9(49)	10(100) Meta
1	4533	Garcia Couce Anton Ferrol MONTAÑA_FE	1:03:17	4:02	11:41	14:33	17:45	21:56	27:29	53:58	57:24	1:01:44	1:02:39 1:03:17
				4:02	7:39	2:52	3:12	4:11	5:33	26:29	3:26	4:20	0:55 0:38
Femenino 65 (1)				2,4 km 0 m			10 C						
				1(58)	2(50)	3(52)	4(42)	5(47)	6(51)	7(44)	8(48)	9(49)	10(100) Meta
1	4785	Naya López Mª José A Coruña LICEO	1:10:46	6:50	29:12	33:42	38:07	41:39	48:29	54:31	58:35	1:08:36	1:09:53 1:10:46
				6:50	22:22	4:30	4:25	3:32	6:50	6:02	4:04	10:01	1:17 0:53