





os	rsal	Nombre	Tiempo	1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(59)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)
<b>Homes Senior (39)</b>				15(45)	16(100)	Meta											
				<b>13,0 km</b>			<b>16 C</b>			<i>(cont.)</i>							
18	283	Carlos Viguera Sas MONTAÑA FERROL	2:06:23	5:01 5:01 1:59:12 10:13	11:50 6:49 2:05:47 6:35	17:14 5:24 2:06:23 0:36	24:47 7:33	33:21 8:34	55:21 22:00	1:07:25 12:04	1:11:58 4:33	1:17:39 5:41	1:25:29 7:50	1:32:16 6:47	1:36:56 4:40	1:45:24 8:28	1:48:59 3:35
19	282	Moises Vergara Vill MONTAÑA FERROL	2:08:51	5:06 5:06 2:01:12 10:09	11:50 6:44 2:08:16 7:04	16:57 5:07 2:08:51 0:35	26:02 9:05	34:11 8:09	55:14 21:03	1:06:29 11:15	1:11:06 4:37	1:19:42 8:36	1:27:13 7:31	1:34:00 6:47	1:38:07 4:07	1:47:28 9:21	1:51:03 3:35
20	254	Francisco Abeal Na MONTAÑA FERROL	2:12:30	11:30 11:30 2:04:41 10:35	19:04 7:34 2:11:50 7:09	23:15 4:11 2:12:30 0:40	33:22 10:07	39:57 6:35	1:00:08 20:11	1:11:18 11:10	1:17:23 6:05	1:23:49 6:26	1:32:48 8:59	1:39:15 6:27	1:42:58 3:43	1:50:55 7:57	1:54:06 3:11
21	504	Isasc Rodriguez Sil CORNELIOS RAID A	2:15:23	14:05 14:05 2:09:19 11:10	19:50 5:45 2:14:47 5:28	24:39 4:49 2:15:23 0:36	32:27 7:48	41:24 8:57	1:07:54 26:30	1:17:51 9:57	1:22:42 4:51	1:28:12 5:30	1:35:44 7:32	1:42:27 6:43	1:47:23 4:56	1:54:57 7:34	1:58:09 3:12
22	458	Juan Antonio Doce A PEDROSA ORRO	2:15:41	7:28 7:28 2:07:49 10:34	15:46 8:18 2:15:04 7:15	21:02 5:16 2:15:41 0:37	28:45 7:43	37:34 8:49	1:00:30 22:56	1:12:38 12:08	1:19:07 6:29	1:25:09 6:02	1:34:25 9:16	1:41:28 7:03	1:45:17 3:49	1:54:04 8:47	1:57:15 3:11
23	144	Roberto Verde Lare AROMON Pontevedr	2:21:28	5:40 5:40 2:14:31 11:40	13:40 8:00 2:20:50 6:19	19:35 5:55 2:21:28 0:38	27:58 8:23	36:45 8:47	1:02:22 25:37	1:15:02 12:40	1:20:57 5:55	1:28:55 7:58	1:36:56 8:01	1:44:59 8:03	1:49:04 4:05	1:59:13 10:09	2:02:51 3:38
24	269	Alberto Otero Perna MONTAÑA FERROL	2:21:42	10:30 10:30 2:14:06 10:14	18:42 8:12 2:20:59 6:53	24:40 5:58 2:21:42 0:43	34:09 9:29	46:10 12:01	1:07:03 20:53	1:20:26 13:23	1:25:15 4:49	1:32:52 7:37	1:42:52 10:00	1:49:05 6:13	1:52:49 3:44	2:00:21 7:32	2:03:52 3:31
25	41	Juan José Lafuente FLUVIAL LUGO Lug	2:28:54	15:59 15:59 2:21:02 13:08	23:29 7:30 2:28:22 7:20	28:21 4:52 2:28:54 0:32	37:23 9:02	46:32 9:09	1:08:50 22:18	1:21:02 12:12	1:27:19 6:17	1:33:31 6:12	1:42:03 8:32	1:49:50 7:47	1:54:37 4:47	2:04:17 9:40	2:07:54 3:37
26	542	Alexandre Camean JARNACHAS Arteixo	2:39:09	13:43 13:43 2:29:31 10:51	22:52 9:09 2:38:26 8:55	28:36 5:44 2:39:09 0:43	38:29 9:53	47:43 9:14	1:09:51 22:08	1:28:11 18:20	1:34:53 6:42	1:42:32 7:39	1:50:41 8:09	1:58:54 8:13	2:04:00 5:06	2:14:52 10:52	2:18:40 3:48
27	21	Carlos Fernández M FLUVIAL LUGO Lug	2:39:43	10:55 10:55 2:31:55 11:38	20:56 10:01 2:39:01 7:06	26:10 5:14 2:39:43 0:42	34:15 8:05	47:15 13:00	1:17:03 29:48	1:31:14 14:11	1:37:14 6:00	1:44:45 7:31	1:54:14 9:29	2:02:26 8:12	2:06:33 4:07	2:16:35 10:02	2:20:17 3:42
28	3	Roberto Amarelle G FLUVIAL LUGO Lug	2:46:43	18:05 18:05 2:38:18 10:56	28:20 10:15 2:46:06 7:48	32:41 4:21 2:46:43 0:37	41:18 8:37	54:00 12:42	1:25:15 31:15	1:38:18 13:03	1:44:05 5:47	1:52:13 8:08	2:01:09 8:56	2:09:19 8:10	2:13:29 4:10	2:23:49 10:20	2:27:22 3:33
29	802	Juan Arufe Santama ADC ARNELA Porto	2:48:50	10:46 10:46 2:39:42 11:11	22:16 11:30 2:48:05 8:23	29:05 6:49 2:48:50 0:45	41:56 12:51	54:18 12:22	1:18:16 23:58	1:31:46 13:30	1:36:52 5:06	1:44:02 7:10	1:57:35 13:33	2:07:03 9:28	2:13:22 6:19	2:24:34 11:12	2:28:31 3:57
30	460	David Valiño Martín A PEDROSA ORRO	2:52:51	9:19 9:19 2:44:50 11:47	16:21 7:02 2:52:08 7:18	21:51 5:30 2:52:51 0:43	31:04 9:13	39:40 8:36	1:03:11 23:31	1:23:48 20:37	1:35:24 11:36	1:41:35 6:11	1:51:52 10:17	1:58:18 6:26	2:09:27 11:09	2:28:57 19:30	2:33:03 4:06
31	10	Jesus Buide Mouriz FLUVIAL LUGO Lug	2:59:00	7:56 7:56 2:50:31 10:44	44:26 36:30 2:58:21 7:50	49:28 5:02 2:59:00 0:39	56:49 7:21	1:06:17 9:28	1:29:25 23:08	1:42:38 13:13	1:47:56 5:18	1:54:21 6:25	2:04:17 9:56	2:11:51 7:34	2:24:01 12:10	2:34:12 10:11	2:39:47 5:35
277		Jose Maria Rodrigu MONTAÑA FERROL	en tarj.	10:33 10:33 2:01:43 15:49	----- ----- 2:06:35 4:52	19:26 8:53 2:07:08 0:33	31:04 11:38	38:40 7:36	58:01 19:21	1:10:00 11:59	1:15:00 5:00	1:20:10 5:10	1:26:39 6:29	1:31:15 4:36	1:36:06 4:51	1:43:05 6:59	1:45:54 2:49
178		Francisco López Ro GALLAECIA RAID A	andona	28:39 28:39 ----- -----	35:30 6:51 ----- -----	40:07 4:37 2:42:14 22:49	48:23 8:16	56:44 8:21	1:20:12 23:28	1:31:34 11:22	1:36:42 5:08	1:43:18 6:36	2:09:54 26:36	2:19:25 9:31	----- -----	----- -----	----- -----
523		Ramón Ángel Garcí GALLAECIA RAID A	andona	8:08 8:08 ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
40		Rubén Iglesias Cast FLUVIAL LUGO Lug	andona	8:01 8:01 ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
497		Diego Fernandez S CORNELIOS RAID A	No sale														
322		Marcos Vinagre Rey FAICAMIÑO A Coruñ	No sale														

os	rsal	Nombre	Tiempo																	
<b>Homes Senior (39)</b>					<b>13,0 km</b>	<b>16 C</b>	<i>(cont.)</i>													
			1(31) 15(45)	2(32) 16(100)	3(33) Meta	4(34)	5(35)	6(36)	7(37)	8(59)	9(39)	10(40)	11(41)	12(42)	13(43)	14(44)				
		<b>543 Carlos Amil Fernán BUDIÑORAID O Por</b>	<b>No sale</b>																	
		<b>456 Xan Carballo Alviár A PEDROSA ORRO</b>	<b>No sale</b>																	
<b>Homes Veteráns A (31)</b>					<b>21,0 km</b>	<b>15 C</b>														
			1(58) 15(100)	2(32) Meta	3(34)	4(55)	5(36)	6(37)	7(59)	8(39)	9(56)	10(57)	11(41)	12(38)	13(44)	14(45)				
<b>1</b>	<b>200</b>	<b>José Maria Álvarez UNIVERSIDAD DE V</b>	<b>1:21:49</b>	<b>2:18</b> <b>2:18</b> <b>1:21:20</b>	<b>6:06</b> <b>3:48</b> <b>1:21:49</b>	<b>11:52</b> <b>5:46</b>	<b>17:38</b> <b>5:46</b>	<b>23:39</b> <b>6:01</b>	39:00 15:21	42:39 3:39	<b>47:49</b> 5:10	<b>54:58</b> <b>7:09</b>	<b>59:07</b> 4:09	<b>1:03:23</b> 4:16	<b>1:05:16</b> 1:53	<b>1:08:14</b> 2:58	<b>1:16:07</b> <b>7:53</b>			
<b>2</b>	<b>437</b>	<b>Francisco Varela Lo SEO Ordes</b>	<b>1:25:13</b>	2:48 1:24:40	9:03 6:15 1:25:13	21:11 12:08	28:02 6:51	31:51 3:49	41:10 <b>9:19</b>	45:07 3:57	50:14 5:07	57:27 7:13	1:01:39 4:12	1:05:49 4:10	1:07:42 1:53	1:10:33 <b>2:51</b>	1:19:02 8:29			
<b>3</b>	<b>98</b>	<b>Manuel Beloso Garc AROMON Pontevedr</b>	<b>1:25:21</b>	2:42 1:24:44	10:15 7:33 1:25:21	18:26 8:11	25:36 7:10	29:06 3:30	38:53 9:47	43:10 4:17	48:49 5:39	56:35 7:46	1:00:53 4:18	1:05:09 4:16	1:07:15 2:06	1:10:17 3:02	1:18:52 8:35			
<b>4</b>	<b>149</b>	<b>Enrique Luis Álvare GALLAECIA RAID A</b>	<b>1:25:37</b>	2:19 1:25:07	8:44 6:25 1:25:37	17:32 8:48	24:00 6:28	27:34 3:34	39:19 11:45	42:49 <b>3:30</b>	47:52 <b>5:03</b>	57:01 9:09	1:02:10 5:09	1:06:20 4:10	1:08:50 2:30	1:12:02 3:12	1:20:03 8:01			
<b>5</b>	<b>648</b>	<b>José Antonio Balsei GALLAECIA RAID A</b>	<b>1:26:16</b>	2:53 1:25:42	8:59 6:06 1:26:16	16:28 7:29	24:36 8:08	28:42 4:06	<b>38:20</b> 9:38	<b>42:21</b> 4:01	48:18 5:57	56:06 7:48	1:00:12 4:06	1:04:19 <b>4:07</b>	1:06:48 2:29	1:09:58 3:10	1:19:12 9:14			
<b>6</b>	<b>233</b>	<b>David Casado Brav APA LICEO A Coruñ</b>	<b>1:27:10</b>	2:55 1:26:38	10:20 7:25 1:27:10	18:44 8:24	26:07 7:23	29:53 3:46	42:04 12:11	46:03 3:59	51:29 5:26	59:05 7:36	1:02:43 <b>3:38</b>	1:07:10 4:27	1:09:11 2:01	1:12:31 3:20	1:21:18 8:47			
<b>7</b>	<b>306</b>	<b>Alberto Santos Blan ADC ARNELA Porto</b>	<b>1:44:05</b>	2:47 1:43:31	14:57 12:10 1:44:05	22:44 7:47	30:49 8:05	35:40 4:51	46:10 10:30	51:28 5:18	57:35 6:07	1:06:31 8:56	1:12:45 6:14	1:17:43 4:58	1:19:29 <b>1:46</b>	1:22:41 3:12	1:36:38 13:57			
<b>8</b>	<b>626</b>	<b>José Manuel Fernán FLUVIAL LUGO Lug</b>	<b>1:44:54</b>	3:20 1:44:23	19:44 16:24 1:44:54	27:06 7:22	36:44 9:38	40:43 3:59	51:50 11:07	56:24 4:34	1:02:18 5:54	1:12:00 9:42	1:17:13 5:13	1:21:53 4:40	1:24:19 2:26	1:28:02 3:43	1:37:16 9:14			
<b>9</b>	<b>272</b>	<b>David Perez Marcot MONTAÑA FERROL</b>	<b>1:45:42</b>	3:18 1:45:09	12:03 8:45 1:45:42	21:46 9:43	29:40 7:54	34:10 4:30	48:47 14:37	53:24 4:37	59:09 5:45	1:08:59 9:50	1:13:14 4:15	1:18:07 4:53	1:25:05 6:58	1:29:40 4:35	1:38:56 9:16			
<b>10</b>	<b>51</b>	<b>José Manuel Nogue FLUVIAL LUGO Lug</b>	<b>1:50:21</b>	3:31 1:49:51	8:39 5:08 1:50:21	15:18 6:39	22:38 7:20	26:01 <b>3:23</b>	39:51 13:50	50:39 10:48	56:26 5:47	1:10:32 14:06	1:15:05 4:33	1:19:39 4:34	1:24:13 4:34	1:27:35 3:22	1:43:02 15:27			
<b>11</b>	<b>526</b>	<b>Juan Patiño Varela GALLAECIA RAID A</b>	<b>1:54:06</b>	2:54 1:53:30	22:14 19:20 1:54:06	31:19 9:05	41:46 10:27	46:08 4:22	57:39 11:31	1:02:03 4:24	1:08:24 6:21	1:17:39 9:15	1:23:24 5:45	1:28:20 4:56	1:31:31 3:11	1:35:28 3:57	1:46:05 10:37			
<b>12</b>	<b>368</b>	<b>Miguel Casal Casal BRIGANTIA A Coruñ</b>	<b>1:58:56</b>	3:58 1:58:19	19:29 15:31 1:58:56	35:46 16:17	45:08 9:22	48:44 3:36	1:00:46 12:02	1:05:36 4:50	1:12:10 6:34	1:21:12 9:02	1:27:17 6:05	1:33:03 5:46	1:36:08 3:05	1:41:22 5:14	1:51:45 10:23			
<b>13</b>	<b>224</b>	<b>German Pérez Juste UNIVERSIDAD DE V</b>	<b>1:59:04</b>	2:59 1:58:23	13:33 10:34 1:59:04	23:35 10:02	31:38 8:03	35:57 4:19	54:27 18:30	59:12 4:45	1:08:16 9:04	1:19:14 10:58	1:27:26 8:12	1:32:35 5:09	1:37:25 4:50	1:41:18 3:53	1:51:37 10:19			
<b>14</b>	<b>556</b>	<b>Lino Fontan Guiao AROMON Pontevedr</b>	<b>1:59:42</b>	4:58 1:58:47	15:22 10:24 1:59:42	22:48 7:26	32:39 9:51	38:16 5:37	51:54 13:38	59:08 7:14	1:06:52 7:44	1:17:02 10:10	1:23:58 6:56	1:30:35 6:37	1:33:41 3:06	1:38:57 5:16	1:50:00 11:03			
<b>15</b>	<b>115</b>	<b>Jovino Gonzalez C AROMON Pontevedr</b>	<b>2:00:35</b>	2:53 2:00:03	24:26 21:33 2:00:35	35:01 10:35	46:49 11:48	51:22 4:33	1:03:39 12:17	1:08:18 4:39	1:18:12 9:54	1:28:03 9:51	1:34:00 5:57	1:38:47 4:47	1:41:13 2:26	1:44:58 3:45	1:54:07 9:09			
<b>16</b>	<b>36</b>	<b>Leandro González FLUVIAL LUGO Lug</b>	<b>2:09:38</b>	2:47 2:08:57	17:27 14:40 2:09:38	28:57 11:30	37:41 8:44	42:47 5:06	1:01:48 19:01	1:06:39 4:51	1:16:17 9:38	1:25:27 9:10	1:31:31 6:04	1:37:27 5:56	1:40:01 2:34	1:43:24 3:23	2:00:28 17:04			
<b>17</b>	<b>803</b>	<b>Manuel Sancosmed IMP60 INDEPENDIE</b>	<b>2:10:04</b>	4:06 2:09:30	14:45 10:39 2:10:04	32:59 18:14	42:34 9:35	47:51 5:17	1:08:17 20:26	1:13:27 5:10	1:20:19 6:52	1:29:49 9:30	1:35:45 5:56	1:41:21 5:36	1:44:41 3:20	1:50:14 5:33	2:01:57 11:43			

os	rsal	Nombre	Tiempo																	
<b>Homes Veteráns A (31)</b>							<b>21,0 km</b>		<b>15 C</b>		<i>(cont.)</i>									
			1(58) 15(100)	2(32) Meta	3(34)	4(55)	5(36)	6(37)	7(59)	8(39)	9(56)	10(57)	11(41)	12(38)	13(44)	14(45)				
18	439	Carlos Viqueira No SEO Ordes	2:12:37	2:27 2:27 2:12:10 7:59	7:25 4:58 2:12:37 <b>0:27</b>	15:28 8:03	23:51 8:23	28:11 4:20	1:16:48 48:37	1:24:26 7:38	1:30:12 5:46	1:39:39 9:27	1:43:52 4:13	1:48:27 4:35	1:50:28 2:01	1:53:33 3:05	2:04:11 10:38			
19	117	Juan Eugenio Gutiérrez AROMON Pontevedr	2:14:37	3:30 2:13:55 8:18	11:49 2:14:37 0:42	30:12 18:23	38:56 8:44	44:31 5:35	1:02:27 17:56	1:07:11 4:44	1:13:48 6:37	1:25:18 11:30	1:33:55 8:37	1:38:56 5:01	1:41:18 2:22	1:48:31 7:13	2:05:37 17:06			
20	434	Jose Manuel Amor SEO Ordes	2:35:39	5:23 2:35:04 9:37	19:04 2:35:39 0:35	38:33 19:29	46:55 8:22	50:56 4:01	1:39:30 48:34	1:47:19 7:49	1:53:17 5:58	2:02:37 9:20	2:07:04 4:27	2:11:33 4:29	2:13:27 1:54	2:16:53 3:26	2:25:27 8:34			
21	804	Carlos Varela Canc IMP60 INDEPENDIE	2:39:11	6:17 2:38:18 10:51	18:35 2:39:11 0:53	30:12 11:37	48:02 17:50	58:26 10:24	1:14:46 16:20	1:20:43 5:57	1:29:22 8:39	1:40:35 11:13	1:50:16 9:41	1:58:25 8:09	2:04:42 6:17	2:12:09 7:27	2:27:27 15:18			
22	420	Jose Miguel López ARTABROS A Coruñ	2:56:28	6:24 2:55:32 14:01	17:05 2:56:28 0:56	31:10 14:05	46:38 15:28	53:44 7:06	1:13:19 19:35	1:20:30 7:11	1:35:17 14:47	1:50:38 15:21	2:00:33 9:55	2:09:59 9:26	2:15:51 5:52	2:21:14 5:23	2:41:31 20:17			
23	296	Santiago Amador O ADC ARNELA Porto	3:04:28	4:18 3:03:35 9:53	19:33 3:04:28 0:53	45:23 25:50	1:12:42 27:19	1:17:44 5:02	1:31:32 13:48	1:38:30 6:58	1:47:07 8:37	2:13:54 26:47	2:21:22 7:28	2:27:35 6:13	2:31:25 3:50	2:37:30 6:05	2:53:42 16:12			
	171	Eduardo Santiago GALLAECIA RAID A	en tarj.	----	----	----	----	----	----	----	17:10 17:10	----	----	25:34 8:24	29:07 3:33	----	----			
	42	Francisco J Lamas FLUVIAL LUGO Lug	andona	2:59 2:59 1:09:45 11:44	11:07 8:08 1:11:21 1:36	19:46 8:39	29:47 10:01	33:37 3:50	58:01 24:24	----	----	----	----	----	----	----	----			
	94	Francisco Javier An AROMON Pontevedr	andona	9:35 9:35 1:12:51 9:41	24:25 14:50 1:13:48 0:57	44:18 19:53	56:30 12:12	1:03:10 6:40	----	----	----	----	----	----	----	----	----			
	155	Roberto Chas Góme GALLAECIA RAID A	andona	----	----	----	----	----	----	----	----	----	----	----	----	----	----			
	268	Andres Lopez Suare MONTAÑA FERROL	No sale																	
	397	Ignacio Senin Cano BRIGANTIA A Coruñ	No sale																	
	353	Jose Luis Mata Núñ TREVINCA O Barco	No sale																	
	316	Celso Lopez Vazqu FAICAMIÑO A Coruñ	No sale																	
<b>Homes Veteráns B (8)</b>					1(51)	2(31)	<b>10,1 km</b>		<b>12 C</b>											
					3(39)	4(52)	5(41)	6(38)	7(47)	8(48)	9(49)	10(50)	11(46)	12(100)	Meta					
1	79	Eugenio A. Rodríguez FLUVIAL LUGO Lug	1:06:51	2:55 2:55	9:11 6:16	17:22 8:11	23:05 5:43	25:39 2:34	<b>28:38</b> 2:59	37:30 8:52	40:40 3:10	<b>44:08</b> 3:28	<b>49:31</b> 5:23	<b>1:04:00</b> 14:29	<b>1:06:13</b> 2:13	<b>1:06:51</b> 0:38				
2	479	José Manuel Sanco C.O.CO A Coruña	1:07:07	2:56 2:56	<b>7:41</b> <b>4:45</b>	<b>14:59</b> 7:18	<b>20:50</b> 5:51	<b>25:15</b> 4:25	29:15 4:00	<b>37:09</b> 7:54	<b>40:29</b> 3:20	44:43 4:14	51:45 7:02	1:04:27 12:42	1:06:29 2:02	1:07:07 0:38				
3	91	Javier Alvelo Fragu AROMON Pontevedr	1:08:16	2:24 2:24	14:43 12:19	21:43 <b>7:00</b>	27:46 6:03	30:22 2:36	33:10 2:48	41:25 8:15	44:13 <b>2:48</b>	48:20 4:07	53:36 <b>5:16</b>	1:05:42 12:06	1:07:40 1:58	1:08:16 0:36				
4	61	Pedro Parga Andón FLUVIAL LUGO Lug	1:10:44	<b>2:14</b> <b>2:14</b>	10:16 8:02	18:35 8:19	24:22 5:47	26:48 <b>2:26</b>	29:16 <b>2:28</b>	38:00 8:44	43:09 5:09	50:27 7:18	55:54 5:27	1:08:12 12:18	1:10:09 <b>1:57</b>	1:10:44 <b>0:35</b>				
5	309	Camilo Serantes Ma ADC ARNELA Porto	1:14:51	3:46 3:46	17:15 13:29	25:18 8:03	30:50 <b>5:32</b>	34:27 3:37	37:07 2:40	44:58 <b>7:51</b>	48:17 3:19	52:38 4:21	1:01:08 8:30	1:12:17 <b>11:09</b>	1:14:14 <b>1:57</b>	1:14:51 0:37				
6	422	Alfonso Mancera Be ARTABROS A Coruñ	1:24:10	3:54 3:54	12:37 8:43	22:15 9:38	29:55 7:40	32:43 2:48	37:40 4:57	47:26 9:46	51:33 4:07	58:59 7:26	1:08:01 9:02	1:21:16 13:15	1:23:28 2:12	1:24:10 0:42				
7	457	Juan Carlos Carball A PEDROSA ORRO	1:25:17	2:21 2:21	9:13 6:52	19:22 10:09	26:35 7:13	29:38 3:03	32:31 3:03	43:37 11:06	47:25 3:48	51:12 3:47	59:43 8:31	1:22:18 22:35	1:24:34 2:16	1:25:17 0:43				
8	110	Javier Fernández C AROMON Pontevedr	1:51:27	4:10 4:10	23:26 19:16	35:29 12:03	43:05 7:36	47:49 4:44	53:45 5:56	1:05:02 11:17	1:09:19 4:17	1:12:45 <b>3:26</b>	1:19:59 7:14	1:47:45 27:46	1:50:37 2:52	1:51:27 0:50				
<b>Iniciación Corta (8)</b>					1(58)	2(47)	<b>5,4 km</b>		<b>8 C</b>											
					3(33)	4(49)	5(34)	6(51)	7(46)	8(100)	Meta									
1	809	Hector Casanova B BRIGANTIA A Coruñ	36:11	<b>2:52</b> <b>2:52</b>	<b>7:46</b> <b>4:54</b>	<b>10:12</b> <b>2:26</b>	<b>12:14</b> <b>2:02</b>	<b>17:05</b> <b>4:51</b>	<b>22:22</b> 5:17	<b>31:50</b> 9:28	<b>35:05</b> 3:15	<b>36:11</b> 1:06								
2	818	Rodrigo Revuelta R IMP60 INDEPENDIE	41:53	5:38 5:38	11:29 5:51	15:42 4:13	19:47 4:05	27:22 7:35	31:36 <b>4:14</b>	38:07 <b>6:31</b>	40:57 2:50	41:53 <b>0:56</b>	7:15 <b>*46</b>							
3	815	Roi Vazquez Moran IMP60 INDEPENDIE	42:22	6:04 6:04	11:42 5:38	16:13 4:31	20:09 3:56	27:50 7:41	32:10 4:20	38:48 6:38	41:23 <b>2:35</b>	42:22 0:59	7:42 <b>*46</b>							

os	rsal	Nombre	Tiempo														
<b>Iniciación Corta (8)</b>						<b>5,4 km</b>		<b>8 C</b>		<i>(cont.)</i>							
				1(58)	2(47)	3(33)	4(49)	5(34)	6(51)	7(46)	8(100)	Meta					
4	370	Roberto Casal Mont BRIGANTIA A Coruñ	1:19:33	10:42	21:42	27:04	37:35	52:54	1:00:37	1:13:02	1:18:19	1:19:33					
				10:42	11:00	5:22	10:31	15:19	7:43	12:25	5:17	1:14					
5	369	Antonio Casal Mont BRIGANTIA A Coruñ	1:19:38	10:49	21:30	27:08	37:34	52:51	1:00:29	1:13:08	1:18:23	1:19:38					
				10:49	10:41	5:38	10:26	15:17	7:38	12:39	5:15	1:15					
6	371	Silvia Casanova Ca BRIGANTIA A Coruñ	1:19:39	10:50	21:37	27:23	37:38	52:56	1:00:19	1:13:00	1:18:34	1:19:39					
				10:50	10:47	5:46	10:15	15:18	7:23	12:41	5:34	1:05					
811	Carlos Salvador Ro IMP60 INDEPENDIE	en tarj.	-----	9:35	-----	14:53	-----	25:55	32:22	1:15:54	1:16:37		2:02	12:24	20:02	38:39	
				9:35		5:18		11:02	6:27	43:32	0:43		*51	*48	*50	*39	
				45:00	54:49	1:07:03	1:09:00										
				*52	*40	*53	*45										
391	Sofía Martínez Góm BRIGANTIA A Coruñ	No sale															
<b>Iniciación Longa (18)</b>						<b>10,4 km</b>		<b>12 C</b>									
				1(51)	2(47)	3(48)	4(49)	5(50)	6(46)	7(39)	8(52)	9(40)	10(53)	11(45)	12(100)	Meta	
1	806	Felipe Salgado Pen IMP60 INDEPENDIE	1:26:38	6:38	16:07	19:44	24:47	30:23	41:58	48:43	54:18	1:02:12	1:17:44	1:19:31	1:26:00	1:26:38	
				6:38	9:29	3:37	5:03	5:36	11:35	6:45	5:35	7:54	15:32	1:47	6:29	0:38	
2	805	Jorge Abeal Orgeira IMP60 INDEPENDIE	1:26:46	6:48	16:21	19:39	24:46	30:22	41:44	47:58	56:25	1:02:14	1:17:44	1:19:27	1:25:59	1:26:46	
				6:48	9:33	3:18	5:07	5:36	11:22	6:14	8:27	5:49	15:30	1:43	6:32	0:47	
3	816	Ignacio Martínez Ma IMP60 INDEPENDIE	1:33:12	5:34	17:05	20:31	25:23	31:55	47:37	55:46	1:02:43	1:09:05	1:22:31	1:24:49	1:32:23	1:33:12	
				5:34	11:31	3:26	4:52	6:32	15:42	8:09	6:57	6:22	13:26	2:18	7:34	0:49	
4	817	Oscar Rodríguez G IMP60 INDEPENDIE	1:33:14	4:12	16:27	20:21	25:01	31:39	47:33	55:39	1:02:52	1:08:58	1:22:24	1:24:45	1:32:17	1:33:14	
				4:12	12:15	3:54	4:40	6:38	15:54	8:06	7:13	6:06	13:26	2:21	7:32	0:57	
5	557	Aique González Co AROMON Pontevedr	1:36:16	2:05	12:46	16:28	21:43	27:28	41:18	48:21	57:04	1:02:46	1:26:18	1:28:25	1:35:39	1:36:16	
				2:05	10:41	3:42	5:15	5:45	13:50	7:03	8:43	5:42	23:32	2:07	7:14	0:37	
6	812	Brais Meizoso Rodr IMP60 INDEPENDIE	1:39:08	4:20	19:51	29:41	37:16	44:10	57:15	1:03:24	1:09:17	1:17:36	1:29:38	1:31:27	1:38:25	1:39:08	
				4:20	15:31	9:50	7:35	6:54	13:05	6:09	5:53	8:19	12:02	1:49	6:58	0:43	
7	265	Roberto Gallego Mi MONTAÑA FERROL	1:45:35	3:16	14:55	18:56	23:45	31:21	48:45	59:22	1:07:50	1:17:20	1:34:19	1:36:28	1:44:56	1:45:35	
				3:16	11:39	4:01	4:49	7:36	17:24	10:37	8:28	9:30	16:59	2:09	8:28	0:39	
8	810	Manuel Francisco C IMP60 INDEPENDIE	1:48:42	30:12	51:14	54:17	56:14	1:00:38	1:11:55	1:17:21	1:21:42	1:29:33	1:40:38	1:42:10	1:47:34	1:48:42	
				30:12	21:02	3:03	1:57	4:24	11:17	5:26	4:21	7:51	11:05	1:32	5:24	1:08	
				8:41	13:47	22:42	25:30	35:29									
				*46	*47	*48	*49	*50									
9	170	Bibiana González C GALLAECIA RAID A	1:50:02	3:05	14:15	18:43	23:14	32:08	49:50	59:08	1:06:21	1:15:42	1:37:32	1:40:08	1:49:19	1:50:02	
				3:05	11:10	4:28	4:31	8:54	17:42	9:18	7:13	9:21	21:50	2:36	9:11	0:43	
10	807	Rodrigo Mosquera IMP60 INDEPENDIE	1:56:05	15:12	25:59	29:45	34:50	42:13	58:16	1:06:53	1:14:08	1:24:25	1:41:24	1:43:51	1:55:21	1:56:05	
				15:12	10:47	3:46	5:05	7:23	16:03	8:37	7:15	10:17	16:59	2:27	11:30	0:44	
11	808	Carlos Iglesias Muñ ROBALIZA Cambre	1:56:31	4:23	17:18	21:13	28:14	35:53	1:00:21	1:09:49	1:17:06	1:23:59	1:44:01	1:46:17	1:55:35	1:56:31	
				4:23	12:55	3:55	7:01	7:39	24:28	9:28	7:17	6:53	20:02	2:16	9:18	0:56	
12	646	Alexia Loureiro Gar ROBALIZA Cambre	1:56:36	4:20	16:50	21:05	28:14	35:53	1:00:25	1:09:55	1:17:05	1:23:59	1:44:00	1:46:17	1:55:45	1:56:36	
				4:20	12:30	4:15	7:09	7:39	24:32	9:30	7:10	6:54	20:01	2:17	9:28	0:51	
13	814	Sonia Mendez Perez FLUVIAL LUGO Lug	2:09:08	9:27	26:29	30:32	35:26	43:35	1:00:01	1:19:38	1:28:56	1:39:54	1:56:14	1:58:56	2:08:13	2:09:08	
				9:27	17:02	4:03	4:54	8:09	16:26	19:37	9:18	10:58	16:20	2:42	9:17	0:55	
14	813	Joan Sole Muñoz FLUVIAL LUGO Lug	2:09:57	10:26	27:41	32:11	36:37	44:44	1:00:34	1:17:10	1:29:39	1:40:49	1:57:08	2:00:03	2:09:10	2:09:57	
				10:26	17:15	4:30	4:26	8:07	15:50	16:36	12:29	11:10	16:19	2:55	9:07	0:47	
15	819	Alex Sánchez Saave A PEDROSA ORRO	2:30:09	3:47	16:32	23:09	28:22	38:13	1:01:20	1:20:20	1:28:22	1:36:25	1:58:34	2:18:48	2:29:20	2:30:09	
				3:47	12:45	6:37	5:13	9:51	23:07	19:00	8:02	8:03	22:09	20:14	10:32	0:49	
16	820	Borja Boado López A PEDROSA ORRO	2:30:17	3:56	16:31	23:23	28:34	38:23	1:01:31	1:20:39	1:28:33	1:36:35	1:58:41	2:18:52	2:29:27	2:30:17	
				3:56	12:35	6:52	5:11	9:49	23:08	19:08	7:54	8:02	22:06	20:11	10:35	0:50	
140	Francisco Varela Va AROMON Pontevedr	No sale															
185	Iván Noguero GALLAECIA RAID A	No sale															