

Pos	Dorsal	Nombre	Tiempo														
Feminino 12 (9)				2,2 km		11 C											
				1(38)	2(48)	3(39)	4(40)	5(41)	6(42)	7(71)	8(72)	9(73)	10(74)	11(100)	Meta		
1	203	Martínez Gómez, Sofía	26:30	1:56	2:41	7:24	9:07	11:31	14:53	18:25	19:46	22:53	24:42	25:56	26:30		
		GALLAECIA RAID a coru		1:56	0:45	4:43	1:43	2:24	3:22	3:32	1:21	3:07	1:49	1:14	0:34		
2	317	Casado Nuñez, Eva	29:55	2:06	3:04	7:55	9:44	11:08	16:27	18:51	20:21	24:51	26:45	29:15	29:55		
		APA LICEO A Coruña		2:06	0:58	4:51	1:49	1:24	5:19	2:24	1:30	4:30	1:54	2:30	0:40		
3	362	Traveso Pedrares, Irene	41:45	2:22	3:49	10:05	12:34	14:54	20:38	23:01	33:42	36:21	38:46	41:13	41:45		
		ARTABROS A Coruña		2:22	1:27	6:16	2:29	2:20	5:44	2:23	10:41	2:39	2:25	2:27	0:32		
4	179	Dopico Golpe, Rocio	50:20	1:40	2:28	26:42	29:57	32:05	36:10	38:24	40:00	46:53	48:18	49:45	50:20		
		GALLAECIA RAID a coru		1:40	0:48	24:14	3:15	2:08	4:05	2:14	1:36	6:53	1:25	1:27	0:35		
5	345	García Lopez, Carlota	56:52	2:21	3:19	10:35	14:24	15:59	35:15	38:44	41:04	49:21	52:38	55:44	56:52		
		ARTABROS A Coruña		2:21	0:58	7:16	3:49	1:35	19:16	3:29	2:20	8:17	3:17	3:06	1:08		
6	43	Rodríguez Sobrado, Lia	1:02:27	5:43	10:08	18:23	23:31	27:19	37:43	42:12	45:34	54:16	57:51	1:00:57	1:02:27		
		FLUVIAL LUGO Lugo		5:43	4:25	8:15	5:08	3:48	10:24	4:29	3:22	8:42	3:35	3:06	1:30		
7	44	Rodríguez Sobrado, Noe	1:12:45	4:08	6:46	18:01	22:52	26:45	41:34	47:25	51:53	1:03:15	1:06:51	1:11:17	1:12:45		
		FLUVIAL LUGO Lugo		4:08	2:38	11:15	4:51	3:53	14:49	5:51	4:28	11:22	3:36	4:26	1:28		
8	321	Delgado Liñeira, Antía	1:13:59	2:11	7:13	14:13	18:19	22:11	57:07	1:00:25	1:02:27	1:08:14	1:11:03	1:13:15	1:13:59		
		APA LICEO A Coruña		2:11	5:02	7:00	4:06	3:52	34:56	3:18	2:02	5:47	2:49	2:12	0:44		
648		Alonso Justo, Alba	No sale														
		APA LICEO A Coruña															
Feminino 14 (6)				2,6 km		12 C											
				1(38)	2(31)	3(39)	4(78)	5(42)	6(55)	7(71)	8(54)	9(65)	10(73)	11(74)	12(100)	Meta	
1	298	Moreira Rodríguez, Paul	1:24:33	3:20	6:58	41:37	47:20	56:25	57:45	59:21	1:03:10	1:15:50	1:19:16	1:22:26	1:23:53	1:24:33	
		TREVINCA O Barco de V		3:20	3:38	34:39	5:43	9:05	1:20	1:36	3:49	12:40	3:26	3:10	1:27	0:40	
2	281	Agudo Calvelo, Raquel	1:29:32	1:52	6:15	45:26	51:25	59:46	1:01:41	1:03:19	1:07:04	1:19:36	1:23:35	1:26:30	1:28:22	1:29:32	
		TREVINCA O Barco de V		1:52	4:23	39:11	5:59	8:21	1:55	1:38	3:45	12:32	3:59	2:55	1:52	1:10	
3	301	Ríos Rubio, Yurena	1:37:31	2:52	6:24	53:14	59:09	1:07:57	1:09:35	1:11:15	1:14:48	1:27:14	1:31:05	1:34:27	1:36:19	1:37:31	
		TREVINCA O Barco de V		2:52	3:32	46:50	5:55	8:48	1:38	1:40	3:33	12:26	3:51	3:22	1:52	1:12	
363		Traveso Pedrares, Sara	r en tarj.	2:30	-----	17:08	-----	28:23	-----	31:16	-----	-----	39:48	43:01	44:30	45:07	
		ARTABROS A Coruña		2:30		14:38		11:15		2:53			8:32	3:13	1:29	0:37	
				9:32	19:42	22:19	35:12										
				*48	*40	*41	*72										
276		Agudo Calvelo, Esther	r en tarj.	2:26	6:01	27:37	31:04	37:20	38:14	-----	41:54	49:10	50:32	53:09	55:49	56:19	
		TREVINCA O Barco de V		2:26	3:35	21:36	3:27	6:16	0:54		3:40	7:16	1:22	2:37	2:40	0:30	
147		Pérez García, Uxia	bandona	21:38	25:14	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:59:59	2:00:55	
		ADC ARNELA Porto do S		21:38	3:36										1:34:45	0:56	
				2:00:02													
				*100													
Feminino 16 (6)				2,8 km		12 C											
				1(48)	2(39)	3(78)	4(42)	5(55)	6(77)	7(76)	8(75)	9(61)	10(73)	11(74)	12(100)	Meta	
1	468	Grimaldi Pérez, Alba	44:29	2:45	6:12	10:23	16:22	17:11	25:25	30:55	35:53	38:07	41:15	42:43	43:59	44:29	
		HABELAS HAINAS Vigo		2:45	3:27	4:11	5:59	0:49	8:14	5:30	4:58	2:14	3:08	1:28	1:16	0:30	
2	178	Dopico Golpe, Alba	46:57	2:25	6:39	9:29	13:55	14:47	20:26	30:15	35:02	40:56	43:56	45:08	46:25	46:57	
		GALLAECIA RAID a coru		2:25	4:14	2:50	4:26	0:52	5:39	9:49	4:47	5:54	3:00	1:12	1:17	0:32	
3	144	Oujo Perez, Nerea	53:08	3:28	7:35	11:11	18:34	19:34	27:27	33:04	38:42	43:45	49:10	50:53	52:29	53:08	
		ADC ARNELA Porto do S		3:28	4:07	3:36	7:23	1:00	7:53	5:37	5:38	5:03	5:25	1:43	1:36	0:39	
4	193	Hermida Balseiro, Uxia	53:49	3:08	8:35	11:22	18:13	19:45	24:15	30:59	35:58	38:11	50:03	51:40	53:07	53:49	
		GALLAECIA RAID a coru		3:08	5:27	2:47	6:51	1:32	4:30	6:44	4:59	2:13	11:52	1:37	1:27	0:42	
680		Blanco Pérez, Iria	No sale														
		FLUVIAL LUGO Lugo															
679		Barreiro Pérez, Patricia	No sale														
		FLUVIAL LUGO Lugo															
Feminino 18 (4)				3,3 km		14 C											
				1(48)	2(39)	3(49)	4(50)	5(37)	6(40)	7(78)	8(54)	9(53)	10(75)	11(61)	12(73)	13(74)	14(100)
1	356	Piñeiro Varela, María	57:22	2:04	5:22	21:22	22:55	27:45	35:31	36:21	39:41	43:57	49:50	51:39	54:06	55:28	56:48
		ARTABROS A Coruña		2:04	3:18	16:00	1:33	4:50	7:46	0:50	3:20	4:16	5:53	1:49	2:27	1:22	1:20
				57:22													
				0:34													
2	21	González Fernández, Cri	1:05:16	2:51	6:18	13:08	16:01	23:26	33:14	34:41	40:42	46:33	55:49	58:28	1:01:47	1:03:15	1:04:29
		FLUVIAL LUGO Lugo		2:51	3:27	6:50	2:53	7:25	9:48	1:27	6:01	5:51	9:16	2:39	3:19	1:28	1:14
				1:05:16													
				0:47													
3	143	Oujo Perez, Antia	1:23:42	2:43	7:49	17:50	19:48	29:25	43:31	45:46	49:48	1:00:13	1:14:07	1:16:30	1:19:30	1:21:18	1:22:59
		ADC ARNELA Porto do S		2:43	5:06	10:01	1:58	9:37	14:06	2:15	4:02	10:25	13:54	2:23	3:00	1:48	1:41
				1:23:42													
				0:43													
4	286	Aller Pfrirter, Milagros Mc	1:31:10	2:57	7:48	15:05	18:14	28:05	43:59	45:38	52:30	1:05:04	1:18:11	1:21:24	1:26:49	1:28:40	1:30:37
		TREVINCA O Barco de V		2:57	4:51	7:17	3:09	9:51	15:54	1:39	6:52	12:34	13:07	3:13	5:25	1:51	1:57
				1:31:10													
				0:33													
Feminino 21 A (16)				5,1 km		16 C											
				1(68)	2(32)	3(45)	4(44)	5(46)	6(47)	7(43)	8(78)	9(54)	10(34)	11(33)	12(75)	13(61)	14(62)
1	322	Garrido Martínez, Laura	1:10:04	6:23	9:38	14:17	15:32	19:37	22:32	24:52	33:27	36:31	51:06	52:52	56:30	58:53	1:00:58
		APA LICEO A Coruña		6:23	3:15	4:39	1:15	4:05	2:55	2:20	8:35	3:04	14:35	1:46	3:38	2:23	2:05
				1:05:56	1:09:35	1:10:04											
				4:58	3:39	0:29											
2	323	Gil Pato, Marta Mª	1:17:10	6:08	9:32	14:26	17:11	21:18	24:41	26:18	35:14	39:20	56:58	58:47	1:02:54	1:04:58	1:07:28
		APA LICEO A Coruña		6:08	3:24	4:54	2:45	4:07	3:23	1:37	8:56	4:06	17:38	1:49	4:07	2:04	2:30
				1:13:17	1:16:3												

Pos	Dorsal	Nombre	Tiempo	5,1 km		16 C		(cont.)									
				1(68) 15(64)	2(32) 16(100)	3(45) Meta	4(44)	5(46)	6(47)	7(43)	8(78)	9(54)	10(34)	11(33)	12(75)	13(61)	14(62)
Feminino 21 A (16)																	
3	485	Morales Jiménez, Irene LIMIATIVA Xinzo de Lir	1:17:23	6:06 6:06 1:13:18 4:30	9:56 3:50 1:16:47 3:29	16:49 6:53 1:17:23 0:36	18:37 1:48	22:01 3:24	25:11 3:10	26:59 1:48	37:14 10:15	42:01 4:47	58:34 16:33	1:00:01 1:27	1:04:12 4:11	1:06:24 2:12	1:08:48 2:24
4	165	Alvarez Oreiro, Laura GALLAECIA RAID a coru	1:19:40	5:51 5:51 1:15:38 3:24	10:09 4:18 1:19:03 3:25	15:11 5:02 1:19:40 0:37	16:34 1:23	21:00 4:26	24:12 3:12	27:30 3:18	37:13 9:43	40:25 3:12	1:01:30 21:05	1:02:39 1:09	1:06:57 4:18	1:09:33 2:36	1:12:14 2:41
5	251	Fuertes Saco, Julia UNIVERSIDAD DE V Vigi	1:21:43	5:10 5:10	9:37 4:27	15:06 5:29	17:04 1:58	20:59 3:55	24:04 3:05	25:46 1:42	34:58 9:12	41:40 6:42	1:01:49 20:09	1:03:44 1:55	1:07:51 4:07	1:09:55 2:04	1:12:06 2:11
6	222	Roca Vazquez, Amelia GALLAECIA RAID a coru	1:26:21	9:05 9:05 1:22:29 14:32	12:38 3:33 1:25:50 3:21	17:08 4:30 1:26:21 0:31	18:44 1:36	24:26 5:42	30:16 5:50	32:23 2:07	40:45 8:22	44:54 4:09	59:13 14:19	1:00:30 1:17	1:04:00 3:30	1:05:56 1:56	1:07:57 2:01
7	76	Estevez Méndez, Fabiola AROMON Pontevedra	1:37:18	6:31 6:31 1:32:08 7:16	11:39 5:08 1:36:32 4:24	17:50 6:11 1:37:18 0:46	19:56 2:06	24:03 4:07	28:34 4:31	31:27 2:53	42:28 11:01	47:05 4:37	1:14:30 27:25	1:16:04 1:34	1:20:18 4:14	1:22:28 2:10	1:24:52 2:24
8	209	Naya Mancebo, Paula GALLAECIA RAID a coru	1:39:11	6:14 6:14 1:34:07 3:48	10:38 4:24 1:38:36 4:29	16:14 5:36 1:39:11 0:35	18:15 2:01	21:59 3:44	25:39 3:40	44:28 18:49	57:08 12:40	1:00:59 3:51	1:19:08 18:09	1:21:23 2:15	1:24:45 3:22	1:27:42 2:57	1:30:19 2:37
9	139	Lourido Gaciño, Elena ADC ARNELA Porto do S	1:41:17	6:52 6:52 1:35:16 3:37	10:48 3:56 1:40:36 5:20	16:29 5:41 1:41:17 0:41	18:13 1:44	22:40 4:27	28:03 5:23	32:09 4:06	46:28 14:19	55:25 8:57	1:17:08 21:43	1:21:53 4:45	1:26:13 4:20	1:28:56 2:43	1:31:39 2:43
10	493	Loureiro Garrido, Alexia ROBALIZA Cambre	1:42:54	6:09 6:09 1:38:37 21:56	10:45 4:36 1:42:16 3:39	16:22 5:37 1:42:54 0:38	18:13 1:51	21:47 3:34	28:26 6:39	31:28 3:02	41:24 9:56	46:15 4:51	1:04:36 18:21	1:06:56 2:20	1:11:58 5:02	1:14:16 2:18	1:16:41 2:25
11	181	Fariña Balsa, Sandra GALLAECIA RAID a coru	1:55:26	6:36 6:36 1:49:31 8:54	12:59 6:23 1:54:33 5:02	19:16 6:17 1:55:26 0:53	20:58 1:42	27:05 6:07	35:43 8:38	49:52 14:09	1:00:40 10:48	1:05:06 4:26	1:24:28 19:22	1:26:39 2:11	1:32:26 5:47	1:37:33 5:07	1:40:37 3:04
12	140	Míguez Sampedro, Susa ADC ARNELA Porto do S	1:56:22	17:10 17:10 1:52:13 6:04	22:35 5:25 1:55:44 3:31	30:31 7:56 1:56:22 0:38	33:01 2:30	38:46 5:45	45:31 6:45	50:10 4:39	1:09:18 19:08	1:14:18 5:00	1:31:31 17:13	1:34:37 3:06	1:39:16 4:39	1:43:44 4:28	1:46:09 2:25
13	425	Martínez García, Laura USC Santiago de Comp	2:07:19	9:44 9:44 2:00:03 6:01	18:10 8:26 2:06:06 6:03	28:47 10:37 2:07:19 1:13	32:08 3:21	37:33 5:25	44:37 7:04	51:30 6:53	1:06:37 15:07	1:12:28 5:51	1:32:02 19:34	1:40:34 8:32	1:48:05 7:31	1:51:25 3:20	1:54:02 2:37
	313	Bugallo Iglesias, Andrea r en tarj. APA LICEO A Coruña		6:23 6:23 1:38:26 4:21	11:53 5:30 1:42:48 4:22	18:56 7:03 1:43:33 0:45	21:08 2:12	31:42 10:34	35:38 3:56	----	51:07 15:29	1:01:06 9:59	1:18:38 17:32	1:21:26 2:48	1:25:54 4:28	1:30:51 4:57	1:34:05 3:14
	101	Ricoy Rajoy, Sara AROMON Pontevedra	bandona	5:41 5:41 -----	10:43 5:02 -----	16:28 5:45 1:01:26 16:20	18:31 2:03	23:39 5:08	27:38 3:59	29:12 1:34	41:09 11:57	45:06 3:57	-----	-----	-----	-----	-----
	382	Ferrero Del Pozo, Carme BRIGANTIA A Coruña	bandona	7:40 7:40 -----	20:38 12:58 -----	29:26 8:48 -----	32:26 3:00	37:16 4:50	44:06 6:50	48:24 4:18	1:02:47 14:23	1:14:25 11:38	-----	-----	-----	-----	-----

Feminino 21 B (23)																	
				1(48) Meta	2(39)	3(49)	4(50)	5(37)	6(40)	7(78)	8(54)	9(53)	10(75)	11(61)	12(73)	13(74)	14(100)
1	46	Sánchez Marín, M Josefi FLUVIAL LUGO Lugo	1:13:17	2:55 2:55 1:13:17 0:47	7:19 4:24 1:13:17 0:47	14:38 7:19 1:13:17 0:37	16:31 1:53	23:22 6:51	37:18 13:56	38:12 0:54	43:42 5:30	53:53 10:11	1:01:54 8:01	1:04:39 2:45	1:09:24 4:45	1:10:58 1:34	1:12:30 1:32
2	38	Remesal Guzmán, Estefi FLUVIAL LUGO Lugo	1:17:10	2:51 2:51 1:17:10 0:37	6:50 3:59 1:17:10 0:37	12:05 5:15 1:17:10 0:37	15:57 3:52	22:56 6:59	36:16 13:20	37:29 1:13	42:33 5:04	51:53 9:20	1:06:44 14:51	1:09:37 2:53	1:13:27 3:50	1:14:53 1:26	1:16:33 1:40
3	97	Pazos Fernández, Susar AROMON Pontevedra	1:18:12	2:38 2:38 1:18:12 0:32	6:51 4:13 1:18:12 0:32	11:50 4:59 1:18:12 0:32	13:46 1:56	21:50 8:04	32:55 11:05	34:28 1:33	39:32 5:04	58:11 18:39	1:06:05 7:54	1:10:01 3:56	1:14:34 4:33	1:16:05 1:31	1:17:40 1:35
4	684	Rodríguez Blanco, Graci APA LICEO A Coruña	1:18:31	4:31 4:31 1:18:31 0:42	8:33 4:02 1:18:31 0:42	16:55 8:22 1:18:31 0:42	20:06 3:11	30:08 10:02	43:09 13:01	44:39 1:30	49:34 4:55	55:51 6:17	1:03:44 7:53	1:08:50 5:06	1:14:23 5:33	1:16:20 1:57	1:17:49 1:29
5	228	Seoane Rodríguez, Silvia GALLAECIA RAID a coru	1:21:55	2:32 2:32	5:59 3:27	10:34 4:35	12:52 2:18	19:24 6:32	39:09 19:45	40:29 1:20	46:15 5:46	57:59 11:44	1:05:35 7:36	1:15:18 9:43	1:18:14 2:56	1:19:43 1:29	1:21:13 1:30
6	554	Puime López, Candela BUDIÑORAID O Porriño	1:23:56	13:26 13:26 1:23:56 0:32	16:43 3:17 1:23:56 0:32	23:06 6:23 1:23:56 0:32	25:01 1:55	33:18 8:17	41:15 7:57	42:34 1:19	46:36 4:02	1:04:17 17:41	1:12:35 8:18	1:15:25 2:50	1:20:45 5:20	1:22:09 1:24	1:23:24 1:15
7	22	Grandío Montes, Raquel FLUVIAL LUGO Lugo	1:25:18	3:20 3:20 1:25:18 0:45	10:44 7:24 1:25:18 0:45	17:25 6:41 1:25:18 0:45	19:51 2:26	29:42 9:51	46:51 17:09	48:03 1:12	56:22 8:19	1:01:23 5:01	1:13:01 11:38	1:15:52 2:51	1:20:04 4:12	1:22:34 2:30	1:24:33 1:59

Pos	Dorsal	Nombre	Tiempo														
Feminino 21 B (23)																	
				1(48) Meta	2(39)	3(49)	4(50)	5(37)	6(40)	7(78)	8(54)	9(53)	10(75)	11(61)	12(73)	13(74)	14(100)
8	495	Ramos Morado, Goretti ROBALIZA Cambre	1:28:26	3:43 3:43 1:28:26 0:38	11:22 7:39	16:02 4:40	19:44 3:42	33:08 13:24	49:51 16:43	51:59 2:08	57:45 5:46	1:05:00 7:15	1:13:43 8:43	1:19:48 6:05	1:25:08 5:20	1:26:27 1:19	1:27:48 1:21
9	150	Queiruga Chouza, Reber ADC ARNELA Porto do	1:31:04	9:16 9:16 1:31:04 0:38	14:14 4:58	21:02 6:48	24:02 3:00	33:42 9:40	48:23 14:41	49:33 1:10	54:39 5:06	1:04:08 9:29	1:19:09 15:01	1:21:40 2:31	1:25:53 4:13	1:27:58 2:05	1:30:26 2:28
10	502	Baspino Fernández, Iren A PEDROSA ORRO Cull	1:32:21	8:11 8:11 1:32:21 0:40	12:52 4:41	21:45 8:53	25:03 3:18	35:41 10:38	48:31 12:50	49:33 1:02	56:19 6:46	1:09:57 13:38	1:18:05 8:08	1:21:18 3:13	1:27:44 6:26	1:29:45 2:01	1:31:41 1:56
11	131	Fernández Torres, Irene ADC ARNELA Porto do	1:35:45	3:42 3:42 1:35:45 0:50	8:05 4:23	20:41 12:36	23:35 2:54	35:56 12:21	56:24 20:28	58:37 2:13	1:03:18 4:41	1:11:50 8:32	1:21:23 9:33	1:24:01 2:38	1:30:50 6:49	1:32:54 2:04	1:34:55 2:01
12	453	Rey Tenreiro, Susana MONTAÑA FERROL Ferri	1:39:46	9:46 9:46 1:39:46 0:44	19:03 9:17	24:19 5:16	30:48 6:29	38:40 7:52	54:25 15:45	55:35 1:10	1:00:34 4:59	1:17:35 17:01	1:26:41 9:06	1:30:12 3:31	1:35:46 5:34	1:37:30 1:44	1:39:02 1:32
13	31	Paredes García, Montse FLUVIAL LUGO Lugo	1:41:55	3:54 3:54 1:41:55 0:40	14:46 10:52	24:47 10:01	27:52 3:05	36:09 8:17	50:23 14:14	51:37 1:14	56:14 4:37	1:06:59 10:45	1:30:29 23:30	1:33:12 2:43	1:37:20 4:08	1:39:23 2:03	1:41:15 1:52
14	649	Castro Santos, Lucía APA LICEO A Coruña	1:42:21	25:25 25:25 1:42:21 0:47	28:39 3:14	38:12 9:33	41:02 2:50	49:14 8:12	1:04:28 15:14	1:07:35 3:07	1:13:41 6:06	1:20:24 6:43	1:31:13 10:49	1:33:26 2:13	1:39:00 5:34	1:40:19 1:19	1:41:34 1:15
15	124	Castro Castro, Elena ADC ARNELA Porto do	1:43:41	4:55 4:55 1:43:41 0:53	9:10 4:15	15:15 6:05	18:28 3:13	40:52 22:24	57:00 16:08	58:12 1:12	1:05:06 6:54	1:12:01 6:55	1:26:13 14:12	1:29:16 3:03	1:38:52 9:36	1:40:57 2:05	1:42:48 1:51
16	439	Castro Pico, Patricia MONTAÑA FERROL Ferri	1:46:22	9:27 9:27 1:46:22 1:22	15:17 5:50	25:08 9:51	28:11 3:03	40:07 11:56	59:28 19:21	1:00:46 1:18	1:09:00 8:14	1:20:09 11:09	1:30:14 10:05	1:34:49 4:35	1:40:20 5:31	1:42:33 2:13	1:45:00 2:27
17	136	García Paz, Margarita ADC ARNELA Porto do	1:46:59	3:11 3:11 1:46:59 1:19	9:46 6:35	17:12 7:26	20:30 3:18	30:25 9:55	46:04 15:39	47:43 1:39	54:34 6:51	1:07:30 12:56	1:20:59 13:29	1:26:01 5:02	1:39:37 13:36	1:42:50 3:13	1:45:40 2:50
18	407	Souto González, Mamen BRIGANTIA A Coruña	1:49:37	4:36 4:36 1:49:37 0:31	19:12 14:36	26:46 7:34	29:53 3:07	44:05 14:12	1:04:28 20:23	1:06:33 2:05	1:17:09 10:36	1:25:15 8:06	1:38:39 13:24	1:41:31 2:52	1:46:09 4:38	1:47:49 1:40	1:49:06 1:17
19	456	Sande Castro, Laura MONTAÑA FERROL Ferri	1:54:22	10:00 10:00 1:54:22 1:24	15:00 5:00	22:06 7:06	26:48 4:42	42:21 15:33	1:02:44 20:23	1:04:31 1:47	1:15:13 10:42	1:23:31 8:18	1:37:12 13:41	1:40:47 3:35	1:47:27 6:40	1:50:07 2:40	1:52:58 2:51
20	9	Fernández Fernández, G FLUVIAL LUGO Lugo	2:30:56	5:10 5:10 2:30:56 1:14	18:13 13:03	28:27 10:14	31:45 3:18	55:49 24:04	1:31:13 35:24	1:33:37 2:24	1:42:14 8:37	1:51:41 9:27	2:17:21 25:40	2:17:30 0:09	2:24:36 7:06	2:27:05 2:29	2:29:42 2:37
	237	Vazquez Gomez, Ana GALLAECIA RAID a coru	en tarj.	----- ----- 1:53:45 0:46	----- ----- 7:12 *68	----- ----- 11:58 *32	----- ----- 19:29 *45	----- ----- 22:00 *44	----- ----- 25:54 *46	----- ----- 41:08 *47	----- ----- 43:11 *43	----- ----- 1:17:52 *34	----- ----- 1:20:04 *33	----- ----- 1:32:04 *62	----- ----- 1:39:00 *64	----- ----- ----- -----	----- ----- 1:52:59 25:05
	119	Abal Abeijon, Maria Carr ADC ARNELA Porto do	bandona	24:13 24:13 2:55:01 1:21	33:35 9:22	47:57 14:22	52:40 4:43	1:19:46 27:06	1:58:10 38:24	1:59:28 1:18	2:11:41 12:13	----- -----	----- -----	----- -----	----- -----	----- -----	----- ----- 2:53:40 41:59
	292	Durán Pernas, Remedio TREVINCA O Barco de V	bandona	4:30 4:30	22:14 17:44	34:36 12:22	37:57 3:21	1:04:32 26:35	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
Feminino 35 (11)																	
				1(43) Meta	2(50)	3(49)	4(78)	5(54)	6(56)	7(36)	8(35)	9(33)	10(75)	11(61)	12(62)	13(64)	14(100)
1	99	Pérez Alonso, Alicia AROMON Pontevedra	1:05:25	4:10 4:10 1:05:25 0:34	16:17 12:07	17:41 1:24	21:24 3:43	26:15 4:51	38:01 11:46	42:28 4:27	48:42 6:14	51:06 2:24	54:21 3:15	56:50 2:29	58:35 1:45	1:02:07 3:32	1:04:51 2:44
2	288	Calvelo Vázquez, Eva TREVINCA O Barco de V	1:22:23	4:59 4:59 1:22:23 0:36	25:35 20:36	27:41 2:06	32:47 5:06	38:01 5:14	47:03 9:02	54:26 7:23	1:00:51 6:25	1:04:41 3:50	1:09:33 4:52	1:11:11 1:38	1:13:22 2:11	1:18:29 5:07	1:21:47 3:18
3	7	Corral Prado, Eva FLUVIAL LUGO Lugo	1:24:18	4:44 4:44 1:24:18 0:36	21:53 17:09	24:24 2:31	29:52 5:28	34:11 4:19	47:21 13:10	54:13 6:52	1:01:34 7:21	1:05:23 3:49	1:09:42 4:19	1:12:11 2:29	1:14:27 2:16	1:18:51 4:24	1:23:42 4:51
4	191	González Corral, Bibiana GALLAECIA RAID a coru	1:24:28	4:23 4:23 1:24:28 0:45	25:14 20:51	27:04 1:50	31:05 4:01	35:56 4:51	46:31 10:35	53:00 6:29	59:40 6:40	1:03:59 4:19	1:08:05 4:06	1:10:35 2:30	1:13:36 3:01	1:19:47 6:11	1:23:43 3:56
5	84	González Lorenzo, Saba AROMON Pontevedra	1:24:38	6:04 6:04 1:24:38 0:42	23:57 17:53	26:21 2:24	30:55 4:34	35:46 4:51	52:23 16:37	58:38 6:15	1:05:04 6:26	1:08:25 3:21	1:11:52 3:27	1:14:03 2:11	1:16:19 2:16	1:20:09 3:50	1:23:56 3:47

Pos	Dorsal	Nombre	Tiempo																		
Feminino 35 (11)				4,4 km		14 C		<i>(cont.)</i>													
				1(43)	2(50)	3(49)	4(78)	5(54)	6(56)	7(36)	8(35)	9(33)	10(75)	11(61)	12(62)	13(64)	14(100)				
			Meta																		
6	81	Figueroa Leiro, Monica AROMON Pontevedra	1:26:19 4:44 4:44 1:26:19 0:41	4:44 22:38 17:54	25:44 3:06	32:39 6:55	37:17 4:38	54:37 17:20	1:00:04 5:27	1:07:06 7:02	1:10:15 3:09	1:13:54 3:39	1:15:50 1:56	1:18:10 2:20	1:22:00 3:50	1:25:38 3:38					
7	152	Santos Cambón, María ADC ARNELA Porto do	1:29:57 5:32 5:32 1:29:57 0:36	5:32 22:26 16:54	24:02 1:36	30:14 6:12	35:09 4:55	47:39 12:30	53:50 6:11	1:00:24 6:34	1:03:28 3:04	1:08:41 5:13	1:11:31 2:50	1:14:18 2:47	1:19:58 5:40	1:29:21 9:23					
8	683	Barreiro Mogrovejo, Alej APA LICEO A Coruña	1:56:24 6:34 6:34 1:56:24 1:10	6:34 30:05 23:31	34:51 4:46	40:50 5:59	49:07 8:17	1:06:07 17:00	1:16:19 10:12	1:25:39 9:20	1:30:57 5:18	1:37:42 6:45	1:40:33 2:51	1:43:51 3:18	1:50:09 6:18	1:55:14 5:05					
9	565	Rodríguez Docampo, Ma SEO Ordes	1:56:42 7:27 7:27 1:56:42 0:51	7:27 32:24 24:57	34:22 1:58	42:50 8:28	47:39 4:49	1:08:13 20:34	1:18:09 9:56	1:27:04 8:55	1:31:28 4:24	1:37:28 6:00	1:40:59 3:31	1:44:55 3:56	1:51:15 6:20	1:55:51 4:36					
10	538	Rodríguez Lillaz, Sonia IES SABÓN Arteixo. A C	2:06:31 11:33 11:33 2:06:31 0:38	11:33 43:05 31:32	47:30 4:25	54:44 7:14	1:05:35 10:51	1:19:06 13:31	1:26:32 7:26	1:33:43 7:11	1:38:05 4:22	1:42:44 4:39	1:44:57 2:13	1:48:00 3:03	1:52:17 4:17	2:05:53 13:36					
	536	Rayón Fernández, Palon r en tarj. IES SABÓN Arteixo. A C	2:35:30 37:23 37:23 2:35:30 1:23	37:23 1:15:42 38:19	1:23:25 7:43	1:30:48 7:23	1:36:00 5:12	1:52:07 16:07	2:01:56 9:49	2:10:33 8:37	-----	-----	-----	-----	-----	2:34:07 23:34					
Feminino 40 (9)				4,3 km		12 C															
				1(43)	2(49)	3(78)	4(54)	5(56)	6(35)	7(33)	8(75)	9(62)	10(64)	11(65)	12(100)	Meta					
1	60	Arias Lima, Sonia Mª AROMON Pontevedra	1:06:52 5:01 5:01 1:06:52	5:01 17:18 12:17	21:07 3:49	24:30 3:23	35:21 10:51	48:06 12:45	50:34 2:28	53:32 2:58	56:34 3:02	59:03 2:29	1:02:07 3:04	1:06:13 4:06	1:06:52	0:39					
2	438	Bujía Rodríguez, Elena MONTAÑA FERROL Ferri	1:19:35 5:55 5:55 1:19:35	5:55 19:39 13:44	27:53 8:14	32:10 4:17	40:54 8:44	51:43 10:49	55:16 3:33	59:14 3:58	1:03:17 4:03	1:08:14 4:57	1:14:52 6:38	1:19:01 4:09	1:19:35	0:34					
3	190	Gómez Naya, Sonia GALLAECIA RAID a coru	1:22:21 4:38 4:38 1:22:21	4:38 18:01 13:23	22:06 4:05	25:32 3:26	45:03 19:31	59:10 14:07	1:02:24 3:14	1:06:27 4:03	1:10:30 4:03	1:13:18 2:48	1:17:02 3:44	1:21:36 4:34	1:22:21	0:45					
4	5	Ceide Vilela, María Vane FLUVIAL LUGO Lugo	1:25:51 5:16 5:16 1:25:51	5:16 12:48 10:24	24:30 6:26	29:45 5:15	40:52 11:07	57:28 16:36	1:01:05 3:37	1:05:21 4:16	1:10:30 5:09	1:15:49 5:19	1:19:59 4:10	1:25:04 5:05	1:25:51	0:47					
5	253	Iglesias Junzalvos, Ana UNIVERSIDAD DE V Vigi	1:41:14 10:24 10:24 1:41:14	10:24 15:07 7:02	32:33 4:00	36:33 4:00	47:40 11:07	1:07:16 19:36	1:10:56 3:40	1:15:03 4:07	1:24:36 9:33	1:28:59 4:23	1:36:01 7:02	1:40:39 4:38	1:41:14	0:35					
6	472	Pérez Otero, Amalia HABELAS HAINAS Vigo	1:46:25 5:35 5:35 1:46:25	5:35 19:41 15:06	5:44 10:59	5:09 6:27	22:55 7:17	35:7 3:57	5:23 4:46	5:30 4:15	5:30 4:15	5:30 4:15	5:30 4:15	5:30 4:15	5:30 4:15	5:30 4:15					
7	473	Presa Castro, Paula HABELAS HAINAS Vigo	1:52:07 6:13 6:13 1:52:07	6:13 31:35 25:22	36:50 5:15	42:27 5:37	1:03:04 20:37	1:24:09 21:05	1:27:32 3:23	1:31:19 3:47	1:36:28 5:09	1:40:20 3:52	1:45:21 5:01	1:51:23 6:02	1:52:07	0:44					
8	398	López Permuy, Victoria BRIGANTIA A Coruña	2:04:09 23:22 23:22 2:04:09	23:22 19:57 5:48	49:07 5:48	53:50 4:43	1:16:58 23:08	1:34:12 17:14	1:38:24 4:12	1:43:49 5:25	1:48:24 4:35	1:54:03 5:39	1:58:15 4:12	2:03:39 5:24	2:04:09	0:30					
	19	González Bello, Concepi FLUVIAL LUGO Lugo	31:11 31:11 31:11 31:11	50:35 19:24	55:16 4:41	1:01:39 6:23	1:27:48 26:09	-----	-----	-----	-----	-----	-----	-----	-----	-----					
Feminino 45 (14)				4,0 km		12 C															
				1(49)	2(37)	3(60)	4(57)	5(56)	6(76)	7(53)	8(73)	9(64)	10(62)	11(61)	12(100)	Meta					
1	426	Pernas Martínez, Rosa M USC Santiago de Comp	1:17:36 12:52 7:11 12:52	12:52 20:03 7:11	27:34 7:31	32:29 4:55	38:44 6:15	49:22 10:38	52:58 3:36	57:21 4:23	1:01:52 4:31	1:07:42 5:50	1:09:54 2:12	1:16:48 6:54	1:17:36	0:48					
2	205	Mosquera Azar, Paulina GALLAECIA RAID a coru	1:24:39 14:33 14:33 1:24:39	14:33 21:08 6:35	31:42 10:34	37:23 5:41	44:09 6:46	53:21 9:12	56:20 2:59	1:01:08 4:48	1:04:58 3:50	1:10:19 5:21	1:13:12 2:53	1:23:57 10:45	1:24:39	0:42					
3	419	Balboa Barros, Margarit USC Santiago de Comp	1:26:01 15:37 15:37 1:26:01	15:37 22:09 6:32	30:39 8:30	35:29 4:50	41:56 6:27	49:12 7:16	53:16 4:04	57:55 4:39	1:03:34 5:39	1:11:17 7:43	1:14:27 3:10	1:25:10 10:43	1:26:01	0:51					
4	107	Sanchez Vázquez, María AROMON Pontevedra	1:33:09 15:44 15:44 1:33:09	15:44 23:48 8:04	34:47 10:59	40:44 5:57	46:06 5:22	56:10 10:04	1:04:35 8:25	1:10:07 5:32	1:15:16 5:09	1:20:37 5:21	1:24:37 4:00	1:32:28 7:51	1:33:09	0:41					
5	243	Alvarez Castro, Olimpia UNIVERSIDAD DE V Vigi	1:47:25 16:48 16:48 1:47:25	16:48 27:57 11:09	38:40 10:43	45:23 6:43	52:26 7:03	1:09:00 16:34	1:13:18 4:18	1:20:49 7:31	1:27:14 6:25	1:33:17 6:03	1:36:26 3:09	1:46:26 10:00	1:47:25	0:59					
6	249	Crespo Quindós, Begoñ UNIVERSIDAD DE V Vigi	1:54:16 19:09 19:09 1:54:16	19:09 28:10 9:01	37:11 9:01	42:44 5:33	58:58 16:14	1:14:06 15:08	1:15:57 1:51	1:22:20 6:23	1:27:11 4:51	1:33:18 6:07	1:46:46 13:28	1:53:31 6:45	1:54:16	0:45					
7	252	García Pacios, María Án UNIVERSIDAD DE V Vigi	1:56:32 13:42 13:42 1:56:32	13:42 22:08 8:26	31:52 9:44	44:00 12:08	49:34 5:34	1:08:03 18:29	1:13:02 4:59	1:18:16 5:14	1:24:18 6:02	1:45:10 20:52	1:48:39 3:29	1:55:48 7:09	1:56:32	0:44					
8	274	Saco Fernández, Mª Isat UNIVERSIDAD DE V Vigi	1:57:14 15:53 15:53 1:57:14	15:53 23:25 7:32	39:41 16:16	45:33 5:52	51:49 6:16	1:02:12 10:23	1:11:52 9:40	1:30:29 18:37	1:36:50 6:21	1:42:36 5:46	1:46:24 3:48	1:56:04 9:40	1:57:14	1:10					
9	87	Iglesias Nieto, Carmen AROMON Pontevedra	2:14:08 33:33 33:33 2:14:08	33:33 44:23 10:50	53:40 9:17	1:01:55 8:15	1:08:48 6:53	1:21:09 12:21	1:26:49 5:40	1:35:51 9:02	1:41:15 5:24	1:54:26 13:11	2:01:39 7:13	2:12:42 11:03	2:14:08	1:26					
10	354	Pedrares Fernández, Be ARTABROS A Coruña	2:16:20 24:53 24:53 2:16:20	24:53 38:13 13:20	48:43 10:30	56:38 7:55	1:02:59 6:21	1:36:17 33:18	1:42:32 6:15	1:48:40 6:08	1:54:04 5:24	2:00:45 6:41	2:05:29 4:44	2:14:58 9:29	2:16:20	1:22					
11	148	Pérez Torres, María Del ADC ARNELA Porto do	2:24:13 14:06 14:06 2:24:13	14:06 28:21 14:15	37:12 8:51	41:47 4:35	49:18 7:31	1:01:26 12:08	1:06:40 5:14	1:12:04 5:24	1:17:21 5:17	1:23:20 5:59	1:27:02 3:42	2:22:54 55:52	2:24:13	1:19					
12	199	López Suárez, María Dol GALLAECIA RAID a coru	2:58:08 34:21 34:21 2:58:08	34:21 49:27 15:06	1:06:57 17:30	1:19:34 12:37	1:28:39 9:05	1:39:16 10:37	1:58:10 18:54	2:16:13 18:03	2:24:09 7:56	2:40:05 15:56	2:43:28 3:23	2:57:08 13:40	2:58:08	1:00					
13	324	Liñeira Iglesias, Pilar APA LICEO A Coruña	3:01:13 47:48 47:48 3:01:13	47:48 1:00:02 12:14	1:12:14 12:12	1:22:47 10:33	1:31:24 8:37	1:42:28 11:04	2:01:02 18:34	2:19:18 18:16	2:27:05 7:47	2:42:58 15:53	2:46:19 3:21	3:00:12 13:53	3:01:13	1:01					
	232	Silvarrey Redondo, Mari r en tarj. GALLAECIA RAID a coru	2:34:31 23:01 23:01 2:34:31 *100	23:01 33:58 10:57	47:49 13:51	57:32 9:43	1:04:45 7:13	1:35:35 30:50	1:41:52 6:17	1:53:46 11:54	1:59:20 5:34	2:06:02 6:42	-----	2:34:27 28:25	2:36:14 1:47						
Feminino 55 (6)				2,8 km		12 C															
				1(48)	2(39)	3(78)	4(42)	5(55)	6(77)	7(76)	8(75)	9(61)	10(73)	11(74)	12(100)	Meta					
1	12	Fernández Riveiro, Ferm FLUVIAL LUGO Lugo	1:05:14 3:35 3:35 1:05:14	3:35 8:25 4:50	12:12 3:47	18:35 6:23	24:25 5:50	32:01 7:36	46:29 14:28	52:28 5:59	55:14 2:46	59:57 4:43	1:02:17 2:20	1:04:23 2:06	1:05:14	0:51					
2	331	Rey Souto, Mª Teresa APA LICEO A Coruña	1:15:10 4:00 4:00 1:15:10	4:00 10:17 6:17	15:58 5:41	24:08 8:10	25:42 1:34	40:42 15:00	53:24 12:42	1:00:45 7:21	1:03:55 3:10	1:09:56 6:01	1:12:16 2:20	1:14:27 2:11	1:15:10	0:43					

Pos	Dorsal	Nombre	Tiempo														
Feminino 55 (6)				2,8 km			12 C			<i>(cont.)</i>							
				1(48)	2(39)	3(78)	4(42)	5(55)	6(77)	7(76)	8(75)	9(61)	10(73)	11(74)	12(100)	Meta	
3	983	Esteves A, Lucia FLUVIAL LUGO Lugo	1:23:07	3:43	9:22	13:38	47:27	48:44	53:59	1:02:04	1:08:33	1:14:02	1:18:45	1:20:36	1:22:22	1:23:07	
4	357	Ponte Pena, M ^a Elena ARTABROS A Coruña	1:37:59	3:43	5:39	4:16	33:49	1:17	5:15	8:05	6:29	5:29	4:43	1:51	1:46	0:45	
5	501	Alvarez Milano, Soraya A PEDROSA ORRO Cull	1:45:36	4:58	16:36	24:15	35:14	38:01	50:30	1:03:02	1:11:43	1:16:58	1:30:44	1:33:51	1:36:41	1:37:59	
				4:58	11:38	7:39	10:59	2:47	12:29	12:32	8:41	5:15	13:46	3:07	2:50	1:18	
				4:18	26:16	30:44	38:21	39:38	47:35	1:25:07	1:30:29	1:37:18	1:42:12	1:43:40	1:44:57	1:45:36	
				4:18	21:58	4:28	7:37	1:17	7:57	37:32	5:22	6:49	4:54	1:28	1:17	0:39	
				20:10													
				*78													
5	327	Naya López, M ^a José APA LICEO A Coruña	1:45:36	7:38	14:48	21:04	49:39	57:55	1:06:27	1:23:06	1:31:00	1:34:07	1:40:30	1:42:38	1:44:45	1:45:36	
				7:38	7:10	6:16	28:35	8:16	8:32	16:39	7:54	3:07	6:23	2:08	2:07	0:51	
Feminino Élite (14)				6,1 km			18 C										
				1(68)	2(70)	3(44)	4(46)	5(47)	6(43)	7(50)	8(37)	9(60)	10(57)	11(56)	12(36)	13(35)	14(34)
				15(33)	16(61)	17(65)	18(100)	Meta									
1	984	Chytyakova Beketova, E FLUVIAL LUGO Lugo	1:16:52	5:15	10:43	12:22	16:20	18:22	19:54	32:42	38:05	44:27	48:55	52:38	57:41	1:04:07	1:05:38
				5:15	5:28	1:39	3:58	2:02	1:32	12:48	5:23	6:22	4:28	3:43	5:03	6:26	1:31
				1:06:54	1:10:17	1:11:56	1:16:17	1:16:52									
				1:16	3:23	4:11	4:21	0:35									
2	409	Suárez Pazos, Almudena BRIGANTIA A Coruña	1:18:41	6:27	10:45	12:27	15:10	19:03	22:58	34:33	40:44	46:41	50:48	54:17	59:01	1:04:10	1:05:38
				6:27	4:18	1:42	2:43	3:53	3:55	11:35	6:11	5:57	4:07	3:29	4:44	5:09	1:28
				1:06:49	1:11:40	1:13:59	1:18:10	1:18:41									
				1:11	4:51	2:19	4:11	0:31									
3	489	Bello Rodríguez, Olalla ROBALIZA Cambre	1:21:49	5:44	10:12	12:09	15:16	17:52	23:42	37:11	43:37	49:03	52:27	56:18	1:01:30	1:07:18	1:08:53
				5:44	4:28	1:57	3:07	2:36	5:50	13:29	6:26	5:26	3:24	3:51	5:12	5:48	1:35
				1:10:15	1:14:44	1:16:46	1:21:18	1:21:49									
				1:22	4:29	2:02	4:32	0:31									
4	578	Diz Cao, Isabel VIZHOJA-CORNELIO As	1:22:36	4:48	10:42	12:13	15:20	18:25	21:39	34:18	39:36	48:30	52:42	56:27	1:01:21	1:06:47	1:08:22
				4:48	5:54	1:31	3:07	3:05	3:14	12:39	5:18	8:54	4:12	3:45	4:54	5:26	1:35
				1:10:02	1:14:26	1:17:49	1:21:59	1:22:36									
				1:40	4:24	3:23	4:10	0:37									
5	3	Bellón Santos, Teresa FLUVIAL LUGO Lugo	1:25:41	4:59	11:29	13:11	16:19	20:36	21:55	37:14	42:49	48:45	53:10	56:37	1:01:54	1:07:41	1:09:16
				4:59	6:30	1:42	3:08	4:17	1:19	15:19	5:35	5:56	4:25	3:27	5:17	5:47	1:35
				1:10:39	1:15:00	1:20:37	1:24:56	1:25:41									
				1:23	4:21	5:37	4:19	0:45									
6	123	Carro Mahía, Alejandra ADC ARNELA Porto do S	1:26:18	5:04	10:07	12:09	15:29	19:00	21:41	36:48	41:58	49:04	53:15	57:32	1:03:15	1:09:30	1:11:09
				5:04	5:03	2:02	3:20	3:31	2:41	15:07	5:10	7:06	4:11	4:17	5:43	6:15	1:39
				1:12:47	1:18:16	1:21:02	1:25:41	1:26:18									
				1:38	5:29	2:46	4:39	0:37									
7	436	Barreira Salgado, Teresa MONTAÑA FERROL Fer	1:26:51	4:45	10:35	12:13	15:27	21:01	23:50	36:26	41:49	48:19	51:17	1:01:47	1:06:26	1:10:58	1:12:23
				4:45	5:50	1:38	3:14	5:34	2:49	12:36	5:23	6:30	2:58	10:30	4:39	4:32	1:25
				1:13:40	1:18:12	1:22:54	1:26:20	1:26:51									
				1:17	4:32	4:42	3:26	0:31									
8	116	Veiga García, Carla AROMON Pontevedra	1:28:08	5:27	10:54	12:37	17:16	19:52	21:20	36:00	42:34	49:06	54:27	58:35	1:03:58	1:09:52	1:11:21
				5:27	5:27	1:43	4:39	2:36	1:28	14:40	6:34	6:32	5:21	4:08	5:23	5:54	1:29
				1:12:41	1:16:57	1:22:35	1:27:29	1:28:08									
				1:20	4:16	5:38	4:54	0:39									
9	260	Pastoriza Santos, Isabel UNIVERSIDAD DE V Vigi	1:29:05	5:34	11:05	13:04	16:26	21:29	23:24	37:49	44:12	50:12	55:27	59:40	1:05:30	1:11:47	1:14:58
				5:34	5:31	1:59	3:22	5:03	1:55	14:25	6:23	6:00	5:15	4:13	5:50	6:17	3:11
				1:16:58	1:22:18	1:24:12	1:28:25	1:29:05									
				2:00	5:20	1:54	4:13	0:40									
10	8	Felpeto González, Luisa FLUVIAL LUGO Lugo	1:29:35	4:50	13:44	15:14	18:31	21:30	23:27	35:58	42:33	48:00	52:47	56:45	1:01:56	1:08:25	1:09:52
				4:50	8:54	1:30	3:17	2:59	1:57	12:31	6:35	5:27	4:47	3:58	5:11	6:29	1:27
				1:11:15	1:16:52	1:25:23	1:29:01	1:29:35									
				1:23	5:37	8:31	3:38	0:34									
11	195	López Eyo, Tania GALLAECIA RAID a cor	1:33:24	6:05	10:54	12:50	16:11	19:31	21:30	38:12	43:32	51:56	57:14	1:01:19	1:07:19	1:14:10	1:15:55
				6:05	4:49	1:56	3:21	3:20	1:59	16:42	5:20	8:24	5:18	4:05	6:00	6:51	1:45
				1:17:28	1:24:56	1:27:41	1:32:49	1:33:24									
				1:33	7:28	2:45	5:08	0:35									
12	33	Parga Basanta, Lucia FLUVIAL LUGO Lugo	1:41:00	5:41	11:46	13:45	17:39	22:21	25:00	43:10	49:50	57:14	1:01:42	1:07:18	1:15:00	1:22:22	1:24:12
				5:41	6:05	1:59	3:54	4:42	2:39	18:10	6:40	7:24	4:28	5:36	7:42	7:22	1:50
				1:26:54	1:32:41	1:34:39	1:40:24	1:41:00									
				2:42	5:47	1:58	5:45	0:36									
13	560	Del Puerto Lopez, Barba SEO Ordes	1:44:24	5:40	11:52	13:42	17:37	20:18	22:23	42:38	48:23	55:04	1:00:36	1:05:10	1:11:12	1:18:26	1:20:23
				5:40	6:12	1:50	3:55	2:41	2:05	20:15	5:45	6:41	5:32	4:34	6:02	7:14	1:57
				1:21:55	1:26:44	1:37:09	1:43:42	1:44:24									
				1:32	4:49	10:25	6:33	0:42									
14	516	Montes Villar, Veronica ADVENTURE ADDICT Pe	2:10:06	7:19	14:34	17:06	21:45	27:59	30:45	55:22	1:11:00	1:20:25	1:25:36	1:30:53	1:37:59	1:45:35	1:47:33
				7:19	7:15	2:32	4:39	6:14	2:46	24:37	15:38	9:25	5:11	5:17	7:06	7:36	1:58
				1:51:58	1:59:51	2:02:43	2:09:09	2:10:06									
				4:25	7:53	2:52	6:26	0:57									
Masculino 12 (10)				2,2 km			11 C										
				1(38)	2(48)	3(39)	4(40)	5(41)	6(42)	7(71)	8(72)	9(73)	10(74)	11(100)	Meta		
1	394	González Souto, Rui BRIGANTIA A Coruña	30:29	2:45	4:08	8:23	10:12	12:10	19:35	22:27	23:43	26:52	28:41	29:56	30:29		
				2:45	1:23	4:15	1:49	1:58	7:25	2:52	1:16	3:09	1:49	1:15	0:33		
2	278	Agudo Calvelo, Juan Pal TREVINCA O Barco de V	32:01	5:43	8:26	11:51	13:43	15:27	21:22	23:02	25:06	28:23	29:51	31:22	32:01		
				5:43	2:43	3:25	1:52	1:44	5:55	1:40	2:04	3:17	1:28	1:31	0:39		
3	277	Agudo Calvelo, Israel TREVINCA O Barco de V	36:30	12:27	13:16	16:30	18:12	19:10	23:29	25:51	27:09	33:01	34:22	35:50	36:30		
				12:27	0:49	3:14	1:42	0:58	4:19	2:22	1:18	5:52	1:21	1:28	0:40		
4	265	Pérez Álvarez, Diego UNIVERSIDAD DE V Vigi	37:08	2:02	3:03	13:50	16:27	17:58	23:45	27:42	29:20	33:15	34:47	36:27	37:08		
				2:02	1:01	10:47	2:37	1:31	5:47	3:57	1:38	3:55	1:32	1:40	0:41		
5	64	Beloso Iglesias, Mauro AROMON Pontevedra	38:00	3:													

Pos	Dorsal	Nombre	Tiempo	5,9 km		16 C											
				1(32)	2(66)	3(68)	4(43)	5(47)	6(49)	7(54)	8(56)	9(36)	10(35)	11(33)	12(75)	13(61)	14(62)
				15(64)	16(100)	Meta											
1	505	Doce Serrano, Juan Ant A PEDROSA ORRO Cull	1:10:07	6:35	10:38	13:12	22:05	23:44	34:01	39:27	47:49	51:54	56:08	58:33	1:01:11	1:02:32	1:03:55
				6:35	4:03	2:34	8:53	1:39	10:17	5:26	8:22	4:05	4:14	2:25	2:38	1:21	1:23
				1:06:43	1:09:38	1:10:07											
				2:48	2:55	0:29											
2	403	Rodríguez Rodríguez, Ri BRIGANTIA A Coruña	1:11:32	6:43	10:27	13:09	19:20	21:10	31:47	37:31	46:36	51:14	57:04	59:29	1:01:57	1:03:27	1:05:14
				6:43	3:44	2:42	6:11	1:50	10:37	5:44	9:05	4:38	5:50	2:25	2:28	1:30	1:47
				1:08:11	1:11:04	1:11:32											
				2:57	2:53	0:28											
3	297	Mata Rodríguez, Eros TREVINCA O Barco de V	1:13:07	6:15	11:06	13:01	19:23	21:01	32:44	41:58	49:31	54:12	59:08	1:01:22	1:03:56	1:05:13	1:07:00
				6:15	4:51	1:55	6:22	1:38	11:43	9:14	7:33	4:41	4:56	2:14	2:34	1:17	1:47
				1:10:04	1:12:38	1:13:07											
				3:04	2:34	0:29											
4	441	Feal Díaz, Néstor MONTAÑA FERROL Feri	1:13:26	7:26	11:38	14:02	19:24	21:08	32:30	40:28	51:38	55:31	59:23	1:01:45	1:05:01	1:06:20	1:08:03
				7:26	4:12	2:24	5:22	1:44	11:22	7:58	11:10	3:53	3:52	2:22	3:16	1:19	1:43
				1:10:13	1:13:01	1:13:26											
				2:10	2:48	0:25											
5	993	Mancera Ponte, Rodrigo ARTABROS A Coruña	1:14:00	6:46	10:25	13:22	18:51	20:26	31:10	38:57	47:26	52:07	57:09	59:43	1:03:01	1:05:51	1:07:12
				6:46	3:39	2:57	5:29	1:35	10:44	7:47	8:29	4:41	5:02	2:34	3:18	2:50	1:21
				1:10:20	1:13:29	1:14:00											
				3:08	3:09	0:31											
6	370	Blanco Villar, Antonio BRIGANTIA A Coruña	1:16:10	7:20	12:42	14:53	24:18	25:37	35:56	42:13	51:01	54:53	59:02	1:01:32	1:04:16	1:06:39	1:08:09
				7:20	5:22	2:11	9:25	1:19	10:19	6:17	8:48	3:52	4:09	2:30	2:44	2:23	1:30
				1:12:22	1:15:32	1:16:10											
				4:13	3:10	0:38											
7	662	Castedo López, Pablo APA LICEO A Coruña	1:18:34	7:20	10:39	12:50	19:14	21:06	32:13	37:41	46:10	51:49	56:46	59:16	1:02:42	1:05:00	1:09:59
				7:20	3:19	2:11	6:24	1:52	11:07	5:28	8:29	5:39	4:57	2:30	3:26	2:18	4:59
				1:15:20	1:18:02	1:18:34											
				5:21	2:42	0:32											
8	1005	Mancera Ponte, Alenjan ARTABROS A Coruña	1:20:09	7:12	13:01	16:46	23:43	25:41	37:25	46:05	56:25	1:00:28	1:05:10	1:07:25	1:10:35	1:11:59	1:13:38
				7:12	5:49	3:45	6:57	1:58	11:44	8:40	10:20	4:03	4:42	2:15	3:10	1:24	1:39
				1:16:48	1:19:38	1:20:09											
				3:10	2:50	0:31											
9	145	Oujo Pouso, Gelasio ADC ARNELA Porto do S	1:25:41	8:14	12:42	14:47	24:04	26:00	42:27	52:32	1:03:58	1:07:59	1:12:16	1:14:35	1:17:05	1:18:25	1:19:59
				8:14	4:28	2:05	9:17	1:56	16:27	10:05	11:26	4:01	4:17	2:19	2:30	1:20	1:34
				1:22:36	1:25:12	1:25:41											
				2:37	2:36	0:29											
10	20	González Castro, Leand FLUVIAL LUGO Lugo	1:25:42	7:28	15:29	18:22	24:22	29:05	44:50	51:28	1:00:03	1:05:23	1:10:18	1:12:49	1:15:40	1:17:43	1:19:20
				7:28	8:01	2:53	6:00	4:43	15:45	6:38	8:35	5:20	4:55	2:31	2:51	2:03	1:37
				1:21:57	1:25:09	1:25:42											
				2:37	3:12	0:33											
11	163	Alvarez Braña, Martín Er GALLAECIA RAID a coru	1:29:41	6:57	13:26	17:47	24:38	27:17	41:01	48:57	57:35	1:03:00	1:09:42	1:13:57	1:17:20	1:19:20	1:21:12
				6:57	6:29	4:21	6:51	2:39	13:44	7:56	8:38	5:25	6:42	4:15	3:23	2:00	1:52
				1:26:27	1:29:08	1:29:41											
				5:15	2:41	0:33											
12	664	Tejo García, Diego APA LICEO A Coruña	1:33:28	7:19	17:45	20:33	28:07	30:14	42:11	52:25	1:04:14	1:11:11	1:16:26	1:19:21	1:22:45	1:24:59	1:27:11
				7:19	10:26	2:48	7:34	2:07	11:57	10:14	11:49	6:57	5:15	2:55	3:24	2:14	2:12
				1:30:16	1:32:58	1:33:28											
				3:05	2:42	0:30											
13	39	Rocha Pena, Pablo FLUVIAL LUGO Lugo	1:33:30	7:46	13:04	16:37	26:57	29:05	44:32	51:14	1:03:32	1:09:26	1:15:56	1:19:01	1:23:14	1:24:55	1:26:58
				7:46	5:18	3:33	10:20	2:08	15:27	6:42	12:18	5:54	6:30	3:05	4:13	1:41	2:03
				1:29:34	1:32:53	1:33:30											
				2:36	3:19	0:37											
14	553	Pintos Barros, Denis BUDIÑORAID O Porriño	1:33:55	9:48	13:57	18:04	25:30	35:30	49:47	55:54	1:06:43	1:11:59	1:18:10	1:21:05	1:24:20	1:25:46	1:27:28
				9:48	4:09	4:07	7:26	10:00	14:17	6:07	10:49	5:16	6:11	2:55	3:15	1:26	1:42
				1:30:28	1:33:20	1:33:55											
				3:00	2:52	0:35											
15	388	González Alvite, Estanis BRIGANTIA A Coruña	1:36:20	7:30	14:40	18:30	30:35	34:40	48:16	55:21	1:07:48	1:13:15	1:17:52	1:20:50	1:23:54	1:27:37	1:29:06
				7:30	7:10	3:50	12:05	4:05	13:36	7:05	12:27	5:27	4:37	2:58	3:04	3:43	1:29
				1:33:26	1:35:53	1:36:20											
				4:20	2:27	0:27											
16	508	Valiño Martínez, David A PEDROSA ORRO Cull	1:38:11	9:10	14:52	19:08	26:54	28:58	43:04	53:33	1:03:01	1:09:12	1:16:59	1:22:42	1:26:05	1:28:30	1:30:36
				9:10	5:42	4:16	7:46	2:04	14:06	10:29	9:28	6:11	7:47	5:43	3:23	2:25	2:06
				1:33:39	1:37:25	1:38:11											
				3:03	3:46	0:46											
17	405	Sánchez Díaz, Ricardo BRIGANTIA A Coruña	1:38:14	8:41	12:56	17:30	27:18	29:13	41:58	49:22	1:00:40	1:06:36	1:12:09	1:20:42	1:24:25	1:27:21	1:30:00
				8:41	4:15	4:34	9:48	1:55	12:45	7:24	11:18	5:56	5:33	8:33	3:43	2:56	2:39
				1:34:18	1:37:49	1:38:14											
				4:18	3:31	0:25											
18	15	Folgar Romay, Javier FLUVIAL LUGO Lugo	1:39:13	8:51	21:43	25:01	32:26	34:39	46:08	56:44	1:08:58	1:13:49	1:18:16	1:21:36	1:24:18	1:26:26	1:29:50
				8:51	12:52	3:18	7:25	2:13	11:29	10:36	12:14	4:51	4:27	3:20	2:42	2:08	3:24
				1:35:57	1:38:40	1:39:13											
				6:07	2:43	0:33											
19	227	Senra Eiroa, David GALLAECIA RAID a coru	1:39:29	6:35	19:13	30:58	39:56	42:09	55:56	1:02:22	1:10:23	1:18:03	1:22:40	1:25:01	1:27:59	1:29:40	1:31:14
				6:35	12:38	11:45	8:58	2:13	13:47	6:26	8:01	7:40	4:37	2:21	2:58	1:41	1:34
				1:36:23	1:39:01												

Pos	Dorsal	Nombre	Tiempo																		
Masculino 21 A (34)				5,9 km		16 C		<i>(cont.)</i>													
				1(32)	2(66)	3(68)	4(43)	5(47)	6(49)	7(54)	8(56)	9(36)	10(35)	11(33)	12(75)	13(61)	14(62)				
				15(64)	16(100)	Meta															
23	121	Arufe Santamaría, Juan ADC ARNELA Porto do S	1:43:09	11:08 11:08 1:39:54	15:32 4:24 1:42:38	21:01 5:29 1:43:09	33:44 12:43	36:08 2:24	51:01 14:53	1:02:54 11:53	1:15:36 12:42	1:21:24 5:48	1:25:44 4:20	1:30:09 4:25	1:33:35 3:26	1:35:36 2:01	1:37:16 1:40				
24	218	Perez Seijas, Alberto GALLAECIA RAID a coru	1:43:17	6:47 6:47 1:39:51	20:20 13:33 1:42:42	24:45 4:25 1:43:17	32:19 7:34	34:28 2:09	49:38 15:10	56:06 6:28	1:13:37 17:31	1:18:32 4:55	1:23:26 4:54	1:26:19 2:53	1:29:57 3:38	1:33:49 3:52	1:36:00 2:11				
25	639	Penas Varela, Jose C.O.CO A Coruña	1:45:15	9:01 9:01 1:41:43	13:11 4:10 1:44:43	17:46 4:35 1:45:15	25:59 8:13	27:48 1:49	52:46 24:58	1:02:33 9:47	1:13:50 11:17	1:22:07 8:17	1:28:23 6:16	1:31:11 2:48	1:34:29 3:18	1:36:10 1:41	1:38:03 1:53				
26	611	Canedo García, Juan JARNACHAS Arteixo	1:46:41	8:52 8:52 1:40:53	14:06 5:14 1:45:33	16:53 2:47 1:46:41	35:08 18:15	37:49 2:41	54:16 16:27	1:01:32 7:16	1:11:05 9:33	1:18:30 7:25	1:23:53 5:23	1:27:38 3:45	1:31:21 3:43	1:33:37 2:16	1:35:43 2:06				
27	54	Viana Gonzalez, Iago FLUVIAL LUGO Lugo	1:47:00	7:44 7:44 1:43:04	10:52 3:08 1:46:21	13:07 2:15 1:47:00	28:56 15:49	31:11 2:15	42:04 10:53	51:17 9:13	1:17:25 26:08	1:22:28 5:03	1:27:35 5:07	1:30:29 2:54	1:35:04 4:35	1:38:38 3:34	1:40:09 1:31				
28	219	Picos Romero, Victor M GALLAECIA RAID a coru	1:50:30	8:31 8:31 1:46:25	21:22 12:51 1:49:52	31:16 9:54 1:50:30	39:34 8:18	41:30 1:56	54:04 12:34	1:01:18 7:14	1:12:31 11:13	1:18:31 6:00	1:24:14 5:43	1:32:35 8:21	1:36:30 3:55	1:39:15 2:45	1:42:04 2:49				
29	226	Salvador Rodríguez, Car GALLAECIA RAID a coru	1:56:26	7:36 7:36 1:52:22	14:53 7:17 1:55:51	18:49 3:56 1:56:26	28:36 9:47	31:05 2:29	44:54 13:49	54:14 9:20	1:05:24 11:10	1:21:32 16:08	1:28:06 6:34	1:38:45 10:39	1:42:32 3:47	1:45:18 2:46	1:48:03 2:45				
30	90	Lois Serto, Iván AROMON Pontevedra	1:59:08	22:11 22:11 1:55:25	28:04 5:53 1:58:39	31:45 3:41 1:59:08	46:33 14:48	48:24 1:51	1:02:37 14:13	1:10:03 7:26	1:20:54 10:51	1:28:14 7:20	1:37:07 8:53	1:40:11 3:04	1:43:37 3:26	1:45:40 2:03	1:48:11 2:31				
31	216	Pedre Vazquez, Manuel GALLAECIA RAID a coru	2:11:10	13:14 13:14 2:07:22	20:40 7:26 2:10:41	23:19 2:39 2:11:10	32:47 9:28	36:09 3:22	1:03:36 27:27	1:18:47 15:11	1:31:30 12:43	1:42:04 10:34	1:49:20 7:16	1:52:18 2:58	1:57:49 5:31	2:00:32 2:43	2:03:42 3:10				
32	616	Rabuñal Lopez, Oscar JARNACHAS Arteixo	2:27:34	17:17 17:17 2:17:37	25:30 8:13 2:26:23	28:28 2:58 2:27:34	43:20 14:52	45:19 1:59	59:16 13:57	1:16:31 17:15	1:41:10 24:39	1:51:55 10:45	2:00:20 8:25	2:05:12 4:52	2:10:09 4:57	2:12:30 2:21	2:16:30 4:00				
	287	Alvarez Gonzalez, Marcc TREVINCA O Barco de V	Abandona	6:28 6:28 -----	9:13 2:45 -----	11:51 2:38 -----	20:11 8:20 -----	22:08 1:57 -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----	----- ----- -----				
	122	Baamonde Arufe, Pablo ADC ARNELA Porto do S	No sale																		
Masculino 21 B (29)				4,0 km		12 C															
				1(49)	2(37)	3(60)	4(57)	5(56)	6(76)	7(53)	8(73)	9(64)	10(62)	11(61)	12(100)	Meta					
1	688	Dos Reis Gonzalez, Albe AROMON Pontevedra	48:58	9:18 9:18	13:19 4:01	19:34 6:15	21:52 2:18	25:07 3:15	32:39 7:32	34:40 2:01	37:43 3:03	39:57 2:14	42:41 2:44	44:25 1:44	48:37 4:12	48:58 0:21					
2	128	Estevez Perez, Manuel ADC ARNELA Porto do S	50:59	6:40 6:40	11:25 4:45	15:44 4:19	18:22 2:38	22:10 3:48	27:50 5:40	36:36 8:46	39:03 2:27	41:20 2:17	44:53 3:33	46:17 1:24	50:25 4:08	50:59 0:34					
3	647	Alvarez Fernandez, Salv TREVINCA O Barco de V	59:15	9:44 9:44	16:11 6:27	22:34 6:23	27:17 4:43	30:37 3:20	36:49 6:12	38:45 1:56	45:29 6:44	48:47 3:18	52:40 3:53	54:11 1:31	58:45 4:34	59:15 0:30					
4	36	Portela López, Bruno FLUVIAL LUGO Lugo	1:02:26	8:55 8:55	17:15 8:20	26:36 9:21	30:44 4:08	34:36 3:52	40:51 6:15	43:20 2:29	46:47 3:27	49:54 3:07	53:43 3:49	56:09 2:26	1:01:57 5:48	1:02:26 0:29					
5	172	Castelo Núñez, David GALLAECIA RAID a coru	1:04:30	9:33 9:33	13:53 4:20	18:38 4:45	21:34 2:56	26:05 4:31	38:10 12:05	40:18 2:08	43:06 2:48	45:56 2:50	49:11 3:15	51:38 2:27	1:04:00 12:22	1:04:30 0:30					
6	526	Sánchez Mourazos, Clau C.O.CO A Coruña	1:05:18	8:48 8:48	14:03 5:15	22:20 8:17	26:32 4:12	30:13 3:41	36:51 6:38	39:13 2:22	45:48 6:35	50:46 4:58	54:17 3:31	57:04 2:47	1:04:38 7:34	1:05:18 0:40					
7	307	Vazquez Fernandez, Lis TREVINCA O Barco de V	1:05:52	11:20 11:20	18:10 6:50	25:10 7:00	35:28 10:18	38:05 2:37	43:43 5:38	45:44 2:01	48:40 2:56	51:49 3:09	55:17 3:28	56:57 1:40	1:05:16 8:19	1:05:52 0:36					
8	492	Iglesias Muñiz, Carlos ROBALIZA Cambre	1:09:05	10:18 10:18	17:33 7:15	24:52 7:19	30:12 5:20	35:57 5:45	43:05 7:08	45:53 2:48	50:38 4:45	54:08 3:30	58:30 4:22	1:00:41 2:11	1:08:34 7:53	1:09:05 0:31					
9	668	López Allegue, Jaime MONTAÑA FERROL Feri	1:09:22	9:44 9:44	13:45 4:01	22:54 9:09	27:12 4:18	31:15 4:03	39:30 8:15	41:52 2:22	46:56 5:04	50:27 3:31	54:21 3:54	1:02:41 8:20	1:08:37 5:56	1:09:22 0:45					
10	115	Veiga Bugallo, Francisca AROMON Pontevedra	1:12:08	10:40 10:40	17:15 6:35	24:42 7:27	29:18 4:36	34:39 5:21	44:36 9:57	47:48 3:12	51:57 4:09	56:46 4:49	1:01:49 5:03	1:04:35 2:46	1:11:35 7:00	1:12:08 0:33					
11	406	Senin Casosa, Ignacio BRIGANTIA A Coruña	1:21:11	9:36 9:36	17:18 7:42	24:01 6:43	28:30 4:29	46:19 17:49	54:33 8:14	57:29 2:56	1:01:07 3:38	1:04:42 3:35	1:09:28 4:46	1:11:43 2:15	1:20:38 8:55	1:21:11 0:33					
12	443	Fraga Ares, Hector MONTAÑA FERROL Feri	1:22:05	14:04 14:04	19:06 5:02	25:41 6:35	30:18 4:37	34:37 4:19	47:40 13:03	58:00 10:20	1:02:14 4:14	1:07:27 5:13	1:12:34 5:07	1:15:53 3:19	1:21:31 5:38	1:22:05 0:34					
13	466	Gonzalez Alonso, Diego HABELAS HAINAS Vigo	1:24:31	13:12 13:12	21:41 8:29	30:38 8:57	37:41 7:03	42:01 4:20	54:21 12:20	57:54 3:33	1:03:47 5:53	1:07:53 4:06	1:14:05 6:12	1:16:47 2:42	1:23:49 7:02	1:24:31 0:42					
14	202	Mareque Garcia, Oscar GALLAECIA RAID a coru	1:26:07	14:31 14:31	20:11 5:40	43:23 23:12	49:05 5:42	53:03 3:58	1:00:00 6:57	1:03:19 3:19	1:06:30 3:11	1:10:10 3:40	1:14:52 4:42	1:18:47 3:55	1:25:05 6:18	1:26:07 1:02					
15	650	Rodríguez Pazos, Daniel APA LICEO A Coruña	1:26:55	10:13 10:13	16:42 6:29	25:46 9:04	41:07 15:21	47:31 6:24	56:05 8:34	1:02:07 6:02	1:07:00 4:53	1:12:09 5:09	1:16:55 4:46	1:19:19 2:24	1:26:14 6:55	1:26:55 0:41					
16	658	Soutullo Vazquez, Juan VIZHOJA-CORNELIO As	1:30:16	16:37 16:37	23:59 7:22	31:39 7:40	37:11 5:32	41:18 4:07	58:19 17:01	1:01:53 3:34	1:08:11 6:18	1:13:11 5:00	1:19:54 6:43	1:22:41 2:47	1:28:55 6:14	1:30:16 1:21					
17	390	González Rodríguez, Jan BRIGANTIA A Coruña	1:32:22	9:58 9:58	22:56 12:58	30:18 7:22	35:57 5:39	40:14 4:17	50:02 9:48	53:21 3:19	58:47 5:26	1:02:31 3:44	1:06:57 4:26	1:22:22 15:25	1:31:52 9:30	1:32:22 0:30					
18	146	Orjanto, José Luis ADC ARNELA Porto do S	1:32:39	27:54 27:54	34:26 6:32	40:11 5:45	45:02 4:51	48:47 3:45	1:06:48 18:01	1:08:57 2:09	1:14:06 5:09	1:18:26 4:20	1:22:07 3:41	1:24:57 2:50	1:31:54 6:57	1:32:39 0:45					
19	635	Masián Bessard, Ricard GALLAECIA RAID a coru	1:35:12	15:09 15:09	27:59 12:50	37:29 9:30	42:41 5:12	1:00:22 17:41	1:08:26 8:04	1:11:49 3:23	1:15:05 3:16	1:18:46 3:41	1:23:25 4:39	1:26:18 2:53	1:34:39 8:21	1:35:12 0:33					

Pos	Dorsal	Nombre	Tiempo														
Masculino 21 B (29)					4,0 km	12 C	<i>(cont.)</i>										
				1(49)	2(37)	3(60)	4(57)	5(56)	6(76)	7(53)	8(73)	9(64)	10(62)	11(61)	12(100)	Meta	
20	231	Silvarrey Redondo, Fern GALLAECIA RAID a coru	1:36:30	11:41	20:56	26:35	39:01	42:15	54:34	1:05:10	1:12:28	1:15:35	1:19:38	1:25:11	1:35:54	1:36:30	
21	566	Vázquez Pena, David SEO Ordes	1:40:18	11:41	9:15	5:39	12:26	3:14	12:19	10:36	7:18	3:07	4:03	5:33	10:43	0:36	
22	440	Cobelo López, Eduardo MONTAÑA FERROL Ferri	1:42:30	16:22	23:17	47:38	54:13	59:17	1:12:25	1:15:57	1:18:59	1:23:16	1:32:58	1:35:19	1:39:47	1:40:18	
23	634	Legaspi Abelaira, Raúl GALLAECIA RAID a coru	1:49:01	16:22	6:55	24:21	6:35	5:04	13:08	3:32	3:02	4:17	9:42	2:21	4:28	0:31	
24	467	Grimaldi Delgado, Juan HABELAS HAINAS Vigo	2:19:45	12:34	18:21	27:59	33:23	37:57	56:42	1:00:36	1:04:36	1:09:34	1:14:08	1:29:50	1:41:49	1:42:30	
25	11	Fernández Paradela, Per FLUVIAL LUGO Lugo	2:24:41	12:34	5:47	9:38	5:24	4:34	18:45	3:54	4:00	4:58	4:34	15:42	11:59	0:41	
	1	Algora Aizpurua, Angel FLUVIAL LUGO Lugo	r en tarj.	17:38	24:07	31:31	35:45	51:27	1:05:04	1:19:21	1:22:50	1:27:13	1:35:53	1:39:20	1:48:25	1:49:01	
				17:38	6:29	7:24	4:14	15:42	13:37	14:17	3:29	4:23	8:40	3:27	9:05	0:36	
				25:00	48:08	1:01:55	1:07:35	1:18:45	1:29:57	1:34:51	1:41:41	1:55:34	2:01:39	2:04:58	2:18:32	2:19:45	
				25:00	23:08	13:47	5:40	11:10	11:12	4:54	6:50	13:53	6:05	3:19	13:34	1:13	
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				24:19	16:34	12:54	8:39	7:22	17:03	7:49	8:38	7:42	9:23	4:21	18:29	1:28	
				55:11	-----	-----	-----	-----	-----	-----	-----	51:09	-----	-----	58:06	59:24	
				*74	-----	-----	-----	-----	-----	-----	-----	51:09	-----	-----	6:57	1:18	
295	Limeres Antonio, Miguel	r en tarj.	19:50	19:50	31:55	43:56	49:58	58:10	1:10:27	1:15:37	1:21:02	1:26:16	1:32:03	1:36:09	-----		
449	Pérez Calvo, Diego	bandona	32:33	12:05	12:01	6:02	8:12	12:17	5:10	5:25	5:14	5:47	4:06	-----	-----	-----	-----
18	Freire Fernández, Jorge	bandona	32:33	39:29	50:35	55:03	59:21	-----	-----	-----	-----	-----	-----	-----	1:39:20	1:40:04	
			32:33	6:56	11:06	4:28	4:18	-----	-----	-----	-----	-----	-----	-----	39:59	0:44	
Masculino 35 (26)					6,1 km	18 C											
				1(68)	2(70)	3(44)	4(46)	5(47)	6(43)	7(50)	8(37)	9(60)	10(57)	11(56)	12(36)	13(35)	14(34)
1	105	Rosado Frade, Alfonso AROMON Pontevedra	1:02:33	15(33)	16(61)	17(65)	18(100)	Meta									
				3:54	7:52	9:10	11:29	13:11	14:15	25:06	30:51	35:33	38:58	41:45	45:46	50:22	51:34
				3:54	3:58	1:18	2:19	1:42	1:04	10:51	5:45	4:42	3:25	2:47	4:01	4:36	1:12
				52:28	56:43	58:43	1:02:03	1:02:33									
2	418	Vinagre Rey, Marcos BRIGANTIA A Coruña	1:04:05	0:54	4:15	2:00	3:20	0:30									
				5:19	8:49	10:15	12:29	15:04	17:43	29:01	33:34	38:02	40:48	43:58	48:09	53:06	54:11
				5:19	3:30	1:26	2:14	2:35	2:39	11:18	4:33	4:28	2:46	3:10	4:11	4:57	1:05
				55:08	58:26	1:00:25	1:03:39	1:04:05									
3	261	Pastoriza Santos, Vicent UNIVERSIDAD DE V Vigo	1:09:33	0:57	3:18	1:59	3:14	0:26									
				4:47	8:51	10:30	13:26	16:32	18:47	29:31	34:31	39:37	42:49	45:59	50:39	55:42	57:06
				4:47	4:04	1:39	2:56	3:06	2:15	10:44	5:00	5:06	3:12	3:10	4:40	5:03	1:24
				58:10	1:02:37	1:05:31	1:09:01	1:09:33									
4	91	Marín, Alex AROMON Pontevedra	1:10:12	1:04	4:27	2:54	3:30	0:32									
				4:29	8:51	11:11	13:51	16:34	17:48	30:21	34:39	40:23	43:45	50:10	54:22	59:25	1:00:43
				4:29	4:22	2:20	2:40	2:43	1:14	12:33	4:18	5:44	3:22	6:25	4:12	5:03	1:18
				1:01:54	1:04:46	1:05:43	1:09:42	1:10:12									
				1:11	2:52	0:57	3:59	0:30									
5	618	Ramos Grela, Jose JARNACHAS Arteixo	1:12:13	5:20	10:24	11:42	14:06	17:31	19:08	30:45	35:41	40:39	44:42	47:57	52:36	57:30	59:11
				5:20	5:04	1:18	2:24	3:25	1:37	11:37	4:56	4:58	4:03	3:15	4:39	4:54	1:41
				1:00:37	1:04:08	1:07:37	1:11:37	1:12:13									
6	192	González Miramontes, E GALLAECIA RAID a coru	1:13:12	1:26	3:31	3:29	4:00	0:36									
				4:24	9:51	11:32	13:52	17:20	23:16	35:28	39:32	44:13	46:59	49:47	53:48	57:54	1:03:59
				4:24	5:27	1:41	2:20	3:28	5:56	12:12	4:04	4:41	2:46	2:48	4:01	4:06	6:05
				1:04:50	1:08:26	1:09:50	1:12:49	1:13:12									
				0:51	3:36	1:24	2:59	0:23									
7	358	Roca Santiuste, Benjam ARTABROS A Coruña	1:13:37	3:53	9:27	10:50	14:24	17:39	18:54	32:59	37:31	42:23	46:28	49:42	54:18	1:01:20	1:02:53
				3:53	5:34	1:23	3:34	3:15	1:15	14:05	4:32	4:52	4:05	3:14	4:36	7:02	1:33
				1:04:02	1:07:19	1:09:09	1:13:00	1:13:37									
				1:09	3:17	1:50	3:51	0:37									
8	233	Somoza Argibay, Iván GALLAECIA RAID a coru	1:17:41	4:25	9:56	11:19	14:16	17:53	20:10	34:40	41:20	45:35	49:12	52:33	56:52	1:03:16	1:04:27
				4:25	5:31	1:23	2:57	3:37	2:17	14:30	6:40	4:15	3:37	3:21	4:19	6:24	1:11
				1:05:59	1:10:17	1:14:00	1:17:13	1:17:41									
				1:32	4:18	3:43	3:13	0:28									
9	532	Antón Casado, Arturo IES SABÓN Arteixo. A C	1:19:24	4:46	9:43	11:21	14:52	19:34	21:25	34:20	40:39	47:04	50:08	53:42	59:34	1:05:37	1:06:56
				4:46	4:57	1:38	3:31	4:42	1:51	12:55	6:19	6:25	3:04	3:34	5:52	6:03	1:19
				1:07:59	1:13:34	1:15:16	1:18:59	1:19:24									
				1:03	5:35	1:42	3:43	0:25									
10	160	Albarran Rodriguez, An GALLAECIA RAID a coru	1:21:44	4:44	9:21	10:49	16:54	18:50	20:21	32:58	38:01	43:43	48:09	51:47	57:18	1:02:47	1:04:20
				4:44	4:37	1:28	6:05	1:56	1:31	12:37	5:03	5:42	4:26	3:38	5:31	5:29	1:33
				1:05:44	1:10:17	1:16:29	1:21:02	1:21:44									
				1:24	4:33	6:12	4:33	0:42									
11	214	Patiño Varela, Juan GALLAECIA RAID a coru	1:23:28	4:57	9:33	11:32	14:54	19:21	21:01	34:57	43:36	50:03	53:10	56:48	1:02:33	1:07:42	1:09:09
				4:57	4:36	1:59	3:22	4:27	1:40	13:56	8:39	6:27	3:07	3:38	5:45	5:09	1:27
				1:12:13	1:16:22	1:18:33	1:22:53	1:23:28									
				3:04	4:09	2:11	4:20	0:35									
12	369	Barrós Diz, Rubén BRIGANTIA A Coruña	1:25:23	5:04	9:33	10:58	14:34	17:23	20:12	33:44	38:38	45:04	48:30	52:26	58:30	1:05:11	1:06:44
				5:04	4:29	1:25	3:36	2:49	2:49	13:32	4:54	6:26	3:26	3:56	6:04	6:41	1:33
				1:08:32	1:16:08	1:18:52	1:24:39	1:25:23									
				1:48	7:36	2:44	5:47	0:44									
13	1000	Garcia Gonzalez, Francis FLUVIAL LUGO Lugo	1:25:59	4:52	11:56	13:44	17:07	19:37	23:14	39:59	45:28	50:54	55:49	59:38	1:05:45	1:11:59	1:13:35
				4:52	7:04</												

Pos	Dorsal	Nombre	Tiempo																		
Masculino 40 (31)				5,1 km		16 C		<i>(cont.)</i>													
				1(68)	2(32)	3(45)	4(44)	5(46)	6(47)	7(43)	8(78)	9(54)	10(34)	11(33)	12(75)	13(61)	14(62)				
				15(64)	16(100)	Meta															
13	282	Agudo, Jose Antonio TREVINCA O Barco de V	1:09:33	5:02	8:58	13:40	15:28	19:10	21:29	23:00	31:24	38:59	52:10	53:19	56:18	1:00:32	1:02:12				
				5:02	3:56	4:42	1:48	3:42	2:19	1:31	8:24	7:35	13:11	1:09	2:59	4:14	1:40				
				1:05:22	1:08:54	1:09:33															
				3:10	3:32	0:39															
14	141	Oujo Castelo, Santiago ADC ARNELA Porto do S	1:10:00	5:08	12:02	17:50	19:26	22:14	26:47	31:24	41:08	45:22	57:01	58:08	1:01:11	1:02:47	1:04:21				
				5:08	6:54	5:48	1:36	2:48	4:33	4:37	9:44	4:14	11:39	1:07	3:03	1:36	1:34				
				1:06:40	1:09:31	1:10:00															
				2:19	2:51	0:29															
15	434	Abeal Navarro, Francisc MONTAÑA FERROL Ferri	1:11:46	4:41	8:19	12:31	13:42	16:39	20:24	30:15	38:22	42:53	56:02	58:10	1:01:05	1:02:52	1:04:33				
				4:41	3:38	4:12	1:11	2:57	3:45	9:51	8:07	4:31	13:09	2:08	2:55	1:47	1:41				
				1:08:19	1:11:12	1:11:46															
				3:46	2:53	0:34															
16	304	Soto Souto, Jose Manue TREVINCA O Barco de V	1:13:33	5:33	15:47	20:08	21:24	24:41	27:14	29:26	38:11	42:56	54:58	56:25	1:04:09	1:05:55	1:07:19				
				5:33	10:14	4:21	1:16	3:17	2:33	2:12	8:45	4:45	12:02	1:27	7:44	1:46	1:24				
				1:09:36	1:12:58	1:13:33															
				2:17	3:22	0:35															
17	373	Casal Casal, Miguel BRIGANTIA A Coruña	1:15:06	6:43	10:30	18:55	19:53	23:09	25:15	26:57	36:35	41:11	59:08	1:00:53	1:04:22	1:06:34	1:08:27				
				6:43	3:47	8:25	0:58	3:16	2:06	1:42	9:38	4:36	17:57	1:45	3:29	2:12	1:53				
				1:11:19	1:14:40	1:15:06															
				2:52	3:21	0:26															
18	155	Varela Ferreiro, Jorge M ADC ARNELA Porto do S	1:18:13	4:42	8:53	13:36	14:48	18:02	20:32	22:06	32:12	36:39	55:18	57:13	1:00:26	1:03:16	1:05:43				
				4:42	4:11	4:43	1:12	3:14	2:30	1:34	10:06	4:27	18:39	1:55	3:13	2:50	2:27				
				1:14:14	1:17:42	1:18:13															
				8:31	3:28	0:31															
19	221	Rioboo Iglesias, Daniel GALLAECIA RAID a cort	1:18:39	5:37	9:49	14:33	15:50	19:20	23:21	27:07	37:08	40:21	57:58	59:48	1:03:32	1:05:47	1:09:32				
				5:37	4:12	4:44	1:17	3:30	4:01	3:46	10:01	3:13	17:37	1:50	3:44	2:15	3:45				
				1:13:47	1:17:57	1:18:39															
				4:15	4:10	0:42															
20	40	Rodríguez López, Rafael FLUVIAL LUGO Lugo	1:20:46	6:38	11:57	17:09	18:42	23:57	28:43	30:32	42:23	46:40	1:02:54	1:04:22	1:07:35	1:09:16	1:11:21				
				6:38	5:19	5:12	1:33	5:15	4:46	1:49	11:51	4:17	16:14	1:28	3:13	1:41	2:05				
				1:15:39	1:20:03	1:20:46															
				4:18	4:24	0:43															
21	268	Pérez Juste, Jorge UNIVERSIDAD DE V Vigo	1:20:55	5:32	9:59	15:20	17:07	20:27	25:05	27:26	36:24	40:27	57:42	1:00:01	1:04:32	1:09:10	1:11:23				
				5:32	4:27	5:21	1:47	3:20	4:38	2:21	8:58	4:03	17:15	2:19	4:31	4:38	2:13				
				1:17:05	1:20:23	1:20:55															
				5:42	3:18	0:32															
22	34	Parga Ures, Eladio FLUVIAL LUGO Lugo	1:22:42	4:34	7:21	13:30	14:45	21:23	25:04	26:31	40:15	43:31	57:35	59:06	1:01:46	1:03:36	1:05:23				
				4:34	2:47	6:09	1:15	6:38	3:41	1:27	13:44	3:16	14:04	1:31	2:40	1:50	1:47				
				1:19:22	1:22:09	1:22:42															
				13:59	2:47	0:33															
23	488	Bandin Marentes, Javier ROBALIZA Cambre	1:23:05	8:32	14:21	20:08	21:26	25:01	27:44	29:17	40:01	43:39	59:13	1:02:50	1:06:10	1:08:27	1:10:23				
				8:32	5:49	5:47	1:18	3:35	2:43	1:33	10:44	3:38	15:34	3:37	3:20	2:17	1:56				
				1:18:48	1:22:29	1:23:05															
				8:25	3:41	0:36															
24	353	Parga Ures, Carlos Ezeq ARTABROS A Coruña	1:23:52	6:07	10:29	14:56	16:11	19:15	24:01	26:14	36:30	40:15	1:07:29	1:08:48	1:11:55	1:13:43	1:15:25				
				6:07	4:22	4:27	1:15	3:04	4:46	2:13	10:16	3:45	27:14	1:19	3:07	1:48	1:42				
				1:20:12	1:23:16	1:23:52															
				4:47	3:04	0:36															
25	291	Camba Rodríguez, Franc TREVINCA O Barco de V	1:24:40	5:31	9:13	14:30	16:16	24:20	27:14	29:06	38:50	45:39	1:05:35	1:07:05	1:11:16	1:15:51	1:17:22				
				5:31	3:42	5:17	1:46	8:04	2:54	1:52	9:44	6:49	19:56	1:30	4:11	4:35	1:31				
				1:20:37	1:24:00	1:24:40															
				3:15	3:23	0:40															
26	454	Rodríguez Bergara, And MONTAÑA FERROL Ferri	1:31:28	4:29	7:52	12:23	13:50	17:01	21:49	27:42	41:27	45:34	1:11:31	1:12:56	1:16:22	1:18:34	1:20:43				
				4:29	3:23	4:31	1:27	3:11	4:48	5:53	13:45	4:07	25:57	1:25	3:26	2:12	2:09				
				1:26:39	1:30:27	1:31:28															
				5:56	3:48	1:01															
27	462	Fernandez Carrera, Vict HABELAS HAINAS Vigo	2:00:46	5:27	17:20	22:37	24:57	28:59	31:34	34:11	49:09	54:10	1:36:34	1:38:09	1:43:42	1:47:38	1:50:39				
				5:27	11:53	5:17	2:20	4:02	2:35	2:37	14:58	5:01	42:24	1:35	5:33	3:56	3:01				
				1:56:40	2:00:09	2:00:46															
				6:01	3:29	0:37															
28	631	Casal Fernández, Franci GALLAECIA RAID a cort	2:03:17	8:44	14:19	24:16	26:41	33:57	40:19	44:40	1:01:27	1:09:27	1:33:28	1:34:52	1:40:32	1:44:06	1:48:06				
				8:44	5:35	9:57	2:25	7:16	6:22	4:21	16:47	8:00	24:01	1:24	5:40	3:34	4:00				
				1:54:31	2:02:01	2:03:17															
				6:25	7:30	1:16															
	364	Traveso Rodriguez, Sanl r en tarj. ARTABROS A Coruña	-----	-----	-----	-----	-----	-----	-----	-----	5:33	22:01	28:41	-----	55:07	59:19	-----				
											5:33	16:28	6:40	26:26	4:12	-----	1:03:36				
											5:33	1:12:17					4:17				
											*49	*56	*35	*65							
	381	Docal Rubido, Jose Man r en tarj. BRIGANTIA A Coruña	-----	4:39	8:54	-----	14:53	18:58	23:36	25:18	57:34	1:02:57	1:19:49	1:21:33	1:24:18	1:26:17	1:28:15				
				4:39	4:15	-----	5:59	4:05	4:38	1:42	32:16	5:23	16:52	1:44	2:45	1:59	1:58				
				1:32:29	1:35:36	1:36:00															
				4:14	3:07	0:24															
	475	Rodríguez Pérez, Eladio HABELAS HAINAS Vigo	No sale																		
Masculino 45 (35)				4,4 km		14 C															
				1(43)	2(50)	3(49)	4(78)	5(54)	6(56)	7(36)	8(35)	9(33)	10(75)	11(61)	12(62)	13(64)	14(100)				
				Meta																	
1	53	Varela Lorenzo, Francis FLUVIAL LUGO Lugo	51:54	3:31	13:16	14:40	18:00	20:50	27:34	31:36	36:47	39:36	42:57	44:27							

Pos	Dorsal	Nombre	Tiempo													
Masculino 45 (35)				4,4 km	14 C	(cont.)										
			1(43) Meta	2(50)	3(49)	4(78)	5(54)	6(56)	7(36)	8(35)	9(33)	10(75)	11(61)	12(62)	13(64)	14(100)
3	302	Rodríguez Sarmiento, Ja TREVINCA O Barco de V	1:04:46 4:08 4:08 1:04:46 0:32	19:20 15:12	21:47 2:27	26:00 4:13	29:10 3:10	38:41 9:31	46:38 7:57	51:16 4:38	53:33 2:17	56:17 2:44	58:19 2:02	59:35 1:16	1:01:23 1:48	1:04:14 2:51
4	149	Piñeiro Pouso, M. Anton ADC ARNELA Porto do S	1:05:45 5:38 5:38 1:05:45 0:31	17:18 11:40	18:49 1:31	30:55 12:06	34:40 3:45	42:10 7:30	47:10 5:00	52:21 5:11	54:22 2:01	57:06 2:44	59:06 2:00	1:00:25 1:19	1:02:09 1:44	1:05:14 3:05
5	348	Gómez Ramos, Antonio ARTABROS A Coruña	1:07:45 4:23 4:23 1:07:45 0:34	16:48 12:25	18:49 2:01	23:41 4:52	27:07 3:26	36:41 9:34	42:45 6:04	49:56 7:11	53:16 3:20	56:40 3:24	58:38 1:58	1:00:26 1:48	1:03:50 3:24	1:07:11 3:21
6	37	Puente Salvado, Xoan M FLUVIAL LUGO Lugo	1:08:01 4:11 4:11 1:08:01 0:34	18:37 14:26	21:42 3:05	25:36 3:54	29:04 3:28	38:10 9:06	43:39 5:29	48:59 5:20	52:06 3:07	55:50 3:44	58:09 2:19	1:00:24 2:15	1:04:11 3:47	1:07:27 3:16
7	14	Fernández Souto, José I FLUVIAL LUGO Lugo	1:09:18 11:11 11:11 1:09:18 0:34	26:22 15:11	28:43 2:21	32:51 4:08	36:20 3:29	44:31 8:11	49:10 4:39	54:53 5:43	57:09 2:16	59:45 2:36	1:01:30 1:45	1:03:11 1:41	1:05:50 2:39	1:08:44 2:54
8	392	González Romano, Rodr BRIGANTIA A Coruña	1:12:03 3:58 3:58 1:12:03 0:29	18:56 14:58	22:51 3:55	27:45 4:54	32:56 5:11	44:02 11:06	48:50 4:48	54:32 5:42	56:57 2:25	1:01:24 4:27	1:03:51 2:27	1:05:29 1:38	1:08:02 2:33	1:11:34 3:32
9	100	Ricoy Bugarín, José Ant AROMON Pontevedra	1:12:38 5:14 5:14 1:12:38 0:39	19:55 14:41	21:43 1:48	25:04 3:21	30:58 5:54	42:00 11:02	48:25 6:25	54:27 6:02	58:37 4:10	1:01:53 3:16	1:03:56 2:03	1:05:50 1:54	1:08:25 2:35	1:11:59 3:34
10	387	Gonzalez Fernandez, Ev BRIGANTIA A Coruña	1:14:14 4:41 4:41 1:14:14 0:27	19:51 15:10	21:30 1:39	25:10 3:40	29:58 4:48	44:10 14:12	51:03 6:53	58:51 7:48	1:01:49 2:58	1:05:19 3:30	1:07:26 2:07	1:08:48 1:22	1:10:29 1:41	1:13:47 3:18
11	264	Peláez Méndez, Patricio UNIVERSIDAD DE V Vigi	1:15:35 12:37 12:37 1:15:35 0:36	25:27 12:50	28:38 3:11	32:33 3:55	36:13 3:40	45:14 9:01	50:32 5:18	55:49 5:17	59:51 4:02	1:03:04 3:13	1:05:21 2:17	1:07:39 2:18	1:11:04 3:25	1:14:59 3:55
12	296	Mata Núñez, Jose Luis TREVINCA O Barco de V	1:15:53 4:54 4:54 1:15:53 0:33	19:20 14:26	20:40 1:20	24:02 3:22	28:59 4:57	52:29 23:30	57:42 5:13	1:02:38 4:56	1:04:42 2:04	1:07:15 2:33	1:09:13 1:58	1:10:32 1:19	1:12:15 1:43	1:15:20 3:05
13	154	Serantes Maneiro, Camil ADC ARNELA Porto do S	1:18:40 5:27 5:27 1:18:40 0:33	24:32 19:05	27:06 2:34	32:56 5:50	36:16 3:20	50:44 14:28	56:14 5:30	1:01:45 5:31	1:05:06 3:21	1:08:24 3:18	1:10:30 2:06	1:12:01 1:31	1:14:25 2:24	1:18:07 3:42
14	88	Iglesias Pesqueira, Edua AROMON Pontevedra	1:18:42 4:50 4:50 1:18:42 0:45	22:00 17:10	23:49 1:49	27:30 3:41	33:46 6:16	46:31 12:45	52:10 5:39	59:25 7:15	1:02:21 2:56	1:06:11 3:50	1:07:56 1:45	1:10:17 2:21	1:13:58 3:41	1:17:57 3:59
15	49	Sanmartín Matalobos, Je FLUVIAL LUGO Lugo	1:19:13 5:08 5:08 1:19:13 0:33	21:20 16:12	24:39 3:19	29:01 4:22	33:23 4:22	48:31 15:08	55:36 7:05	1:01:10 5:34	1:04:07 2:57	1:07:33 3:26	1:09:27 1:54	1:11:25 1:58	1:14:26 3:01	1:18:40 4:14
16	446	López Peiteado, Antonic MONTAÑA FERROL Feri	1:20:44 3:37 3:37 1:20:44 0:34	16:02 12:25	18:06 2:04	23:19 5:13	28:15 4:56	46:19 18:04	55:45 9:26	1:00:38 4:53	1:02:58 2:20	1:07:02 4:04	1:09:13 2:11	1:10:54 1:41	1:17:24 6:30	1:20:10 2:46
17	59	Antoñón Clemente, Fran AROMON Pontevedra	1:21:17 7:44 7:44 1:21:17 0:35	22:45 15:01	24:16 1:31	27:57 3:41	36:29 8:32	50:16 13:47	55:55 5:39	1:02:21 6:26	1:05:28 3:07	1:09:44 4:16	1:11:47 2:03	1:14:03 2:16	1:17:13 3:10	1:20:42 3:29
18	320	Delgado Izarra, Alberto APA LICEO A Coruña	1:21:30 9:09 9:09 1:21:30 0:36	21:24 12:15	25:40 4:16	33:18 7:38	38:09 4:51	51:19 13:10	56:09 4:50	1:01:15 5:06	1:04:05 2:50	1:08:31 4:26	1:12:06 3:35	1:13:51 1:45	1:17:49 3:58	1:20:54 3:05
19	250	Fuertes González, Enriq UNIVERSIDAD DE V Vigi	1:22:27 5:28 5:28 1:22:27 0:32	24:16 18:48	27:49 3:33	34:28 6:39	37:32 3:04	51:52 14:20	58:23 6:31	1:04:01 5:38	1:06:50 2:49	1:10:30 3:40	1:12:29 1:59	1:14:40 2:11	1:18:53 4:13	1:21:55 3:02
20	402	Rodríguez Gutiérrez, Ga BRIGANTIA A Coruña	1:22:29 7:42 7:42 1:22:29 0:53	26:09 18:27	28:09 2:00	32:06 3:57	36:07 4:01	46:51 10:44	52:36 5:45	1:02:07 9:31	1:05:10 3:03	1:08:49 3:39	1:10:51 2:02	1:13:02 2:11	1:18:03 5:01	1:21:36 3:33
21	17	Fouz Rodriguez, Marcos FLUVIAL LUGO Lugo	1:22:42 7:58 7:58 1:22:42 0:40	23:19 15:21	25:17 1:58	29:50 4:33	34:36 4:46	48:15 13:39	54:41 6:26	1:02:07 7:26	1:05:46 3:39	1:10:11 4:25	1:12:45 2:34	1:14:56 2:11	1:18:28 3:32	1:22:02 3:34
22	385	Gil Díaz, José Antonio BRIGANTIA A Coruña	1:29:02 6:19 6:19 1:29:02 0:30	24:50 18:31	26:39 1:49	31:11 4:32	35:42 4:31	48:28 12:46	58:46 10:18	1:05:32 6:46	1:09:15 3:43	1:13:30 4:15	1:17:21 3:51	1:19:58 2:37	1:24:12 4:14	1:28:32 4:20
23	504	Carballo Fernández, Jua A PEDROSA ORRO Culli	1:29:58 5:29 5:29 1:29:58 0:45	28:38 23:09	30:23 1:45	33:55 3:32	42:35 8:40	56:09 13:34	1:02:36 6:27	1:10:00 7:24	1:13:36 3:36	1:17:34 3:58	1:20:02 2:28	1:22:12 2:10	1:25:31 3:19	1:29:13 3:42
24	428	Ramos Lozano, Eduardc USC Santiago de Comp	1:30:22 5:07 5:07 1:30:22 0:46	22:14 17:07	25:10 2:56	30:51 5:41	37:01 6:10	53:57 16:56	1:00:57 7:00	1:07:44 6:47	1:11:35 3:51	1:16:15 4:40	1:18:31 2:16	1:20:45 2:14	1:24:39 3:54	1:29:36 4:57

Pos	Dorsal	Nombre	Tiempo															
Masculino 45 (35)																		
				4,4 km	14 C			<i>(cont.)</i>										
				1(43) Meta	2(50)	3(49)	4(78)	5(54)	6(56)	7(36)	8(35)	9(33)	10(75)	11(61)	12(62)	13(64)	14(100)	
25	431	Sampedro Muñiz, Ramón USC Santiago de Compostela	1:33:12 5:37 5:37 1:33:12 0:46	25:34 19:57	27:38 2:04	32:36 4:58	36:24 3:48	57:38 21:14	1:04:35 6:57	1:11:15 6:40	1:15:36 4:21	1:19:33 3:57	1:21:57 2:24	1:24:28 2:31	1:28:09 3:41	1:32:26 4:17		
26	215	Pazos Miser, Rafael GALLAECIA RAID a coruña	1:36:44 9:41 9:41 1:36:44 0:45	25:57 16:16	29:25 3:28	34:47 5:22	39:47 5:00	58:25 18:38	1:06:08 7:43	1:13:56 7:48	1:17:21 3:25	1:21:51 4:30	1:25:00 3:09	1:27:04 2:04	1:31:27 4:23	1:35:59 4:32		
27	283	Aller Estévez, Pablo Adrián TREVINCA O Barco de Vedra	1:38:04 6:49 6:49 1:38:04 0:44	24:06 17:17	26:05 1:59	30:56 4:51	36:39 5:43	59:59 23:20	1:07:00 7:01	1:14:41 7:41	1:18:32 3:51	1:22:44 4:12	1:25:17 2:33	1:27:35 2:18	1:32:34 4:59	1:37:20 4:46		
28	96	Omil Beloso, Antonio AROMON Pontevedra	1:44:06 7:19 7:19 1:44:06 1:13	24:27 17:08	27:16 2:49	32:54 5:38	37:05 4:11	56:08 19:03	1:11:24 15:16	1:18:26 7:02	1:23:08 4:42	1:27:28 4:20	1:30:10 2:42	1:32:30 2:20	1:36:19 3:49	1:42:53 6:34		
29	349	López Pérez, Jose Miguel ARTABROS A Coruña	1:56:06 7:58 7:58 1:56:06 1:03	32:25 24:27	35:32 3:07	42:17 6:45	49:07 6:50	1:04:56 15:49	1:14:22 9:26	1:25:08 10:46	1:29:50 4:42	1:37:29 7:39	1:40:36 3:07	1:45:34 4:58	1:49:08 3:34	1:55:03 5:55		
	42	Rodríguez Núñez, Eugenio FLUVIAL LUGO Lugo	en tarj. 56:34 56:34 56:26 3:46 1:08:19 *55 *67 *64 *100	16:46 1:13 28:37 *71 1:09:12 *67 *64 *100	17:59 1:13 31:17 *51 1:10:34 *64 *100	21:45 3:46 31:17 *51 1:11:33 *100	24:30 2:45 33:32 *83 28:09 11:32	32:08 7:38 37:41 *61 37:27 9:18	36:39 4:31 40:15 *62 43:32 6:05	41:49 5:10 42:51 *32 48:16 4:44	44:05 2:16 45:48 *63 50:48 55:15	47:15 3:10 50:18 *91 56:50 58:31	48:41 1:26 54:53 *92 58:31 1:03:03	50:18 1:37 59:37 *57 58:31 1:03:03	52:40 2:22 1:02:50 *85 52:40 2:22 1:02:50 *85	----- ----- ----- ----- ----- -----		
	164	Álvarez Estévez, Enrique GALLAECIA RAID a coruña	en tarj. 3:34 3:34 1:06:18 0:30	14:30 10:56	16:37 2:07	----- -----	28:09 11:32	37:27 9:18	43:32 6:05	48:16 4:44	50:48 2:32	55:15 4:27	56:50 1:35	58:31 1:41	1:03:03 4:32	1:05:48 2:45		
	430	Sampedro Muñiz, José Ramón USC Santiago de Compostela	en tarj. 1:40:19 1:40:19 1:46:44 10:35 2:04:41 *55 *67 *64 *100	28:54 1:57 24:26 *71 2:06:18 *67 *64 *100	30:51 1:57 46:56 *51 2:08:00 *64 *100	38:04 7:13 46:56 *51 2:09:30 *100	45:17 7:13 50:13 *83 47:42 5:24	57:08 11:51 52:28 *61 1:21:13 33:31	1:05:27 8:19 56:52 *62 1:30:20 9:07	1:12:58 7:31 1:02:01 *32 1:36:45 6:25	1:16:39 3:41 1:06:07 *63 1:40:37 3:52	1:27:23 10:44 1:10:13 *91 1:45:22 -----	1:29:51 2:28 1:37:11 *92 -----	1:32:30 2:39 1:50:30 *57 -----	1:36:09 3:39 1:54:21 *56 -----	----- ----- 1:55:51 *85 -----		
	351	Mancera Bello, Alfonso ARTABROS A Coruña	en tarj. 4:48 4:48	36:06 31:18	37:40 1:34	42:18 4:38	47:42 5:24	1:21:13 33:31	1:30:20 9:07	1:36:45 6:25	1:40:37 3:52	1:45:22 4:45	-----	-----	-----	-----		
	138	Lopez Sanchez, Jaime ADC ARNELA Porto do Saco	No sale															
	445	Lopez Suarez, Andres MONTAÑA FERROL Ferrol	No sale															
Masculino 55 (9)																		
				4,3 km	12 C													
				1(43)	2(49)	3(78)	4(54)	5(56)	6(35)	7(33)	8(75)	9(62)	10(64)	11(65)	12(100)	Meta		
1	985	Silva A, Jorge FLUVIAL LUGO Lugo	1:04:44 3:29 3:29 9:03	12:32 9:03	17:01 4:29	21:03 4:02	33:56 12:53	43:15 9:19	46:49 3:34	49:40 2:51	55:04 5:24	57:38 2:34	1:00:35 2:57	1:04:09 3:34	1:04:44 0:35			
2	527	Sancosmed Torres, José C.O.CO A Coruña	1:05:22 4:28 4:28 9:58 3:52	14:26 18:18	18:18 4:29	23:01 4:43	32:54 9:53	44:28 11:34	47:05 2:37	50:53 3:48	54:15 3:22	56:45 2:30	1:00:23 3:38	1:04:48 4:25	1:05:22 0:34			
3	72	Diaz Falcon, Gilberto AROMON Pontevedra	1:17:50 5:04 5:04 12:21 5:35	17:25 23:00	27:14 4:14	37:54 10:40	50:27 12:33	54:01 3:34	58:31 4:30	1:02:07 3:36	1:05:33 3:26	1:09:55 4:22	1:17:14 7:19	1:17:50 0:36				
4	986	García Grinda, Miguel Ángel FLUVIAL LUGO Lugo	1:29:49 5:12 5:12 15:00 5:12	20:12 25:24	33:04 7:40	50:04 17:00	1:03:22 13:18	1:06:46 3:24	1:11:27 4:41	1:15:43 4:16	1:19:59 4:16	1:23:37 3:38	1:29:01 5:24	1:29:49 0:48				
5	347	Gómez Cobas, Francisco ARTABROS A Coruña	1:34:01 5:16 5:16 13:05 4:04	18:21 22:25	38:46 16:21	54:20 15:34	1:09:11 14:51	1:12:46 3:35	1:17:45 4:59	1:21:27 3:42	1:24:22 2:55	1:28:10 3:48	1:33:17 5:07	1:34:01 0:44				
6	312	Bugallo García, José Ramón APA LICEO A Coruña	1:37:07 5:25 5:25 14:14 8:36	19:39 28:15	33:25 5:10	47:07 13:42	1:11:15 24:08	1:16:08 4:53	1:20:52 4:44	1:25:11 4:19	1:28:07 2:56	1:32:10 4:03	1:36:33 4:23	1:37:07 0:34				
7	269	Pinal Otero, David Eladio UNIVERSIDAD DE Vigo	1:53:19 9:47 9:47 35:04 4:29	44:51 49:20	53:42 4:22	1:09:42 16:00	1:22:27 12:45	1:26:35 4:08	1:30:35 4:00	1:34:41 4:06	1:37:54 3:13	1:48:04 10:10	1:52:41 4:37	1:53:19 0:38				
	537	Rayón Granda, Arturo IES SABÓN Arteixo. A Coruña	bandona 35:59 35:59	1:06:14 30:15	1:12:22 6:08	1:20:28 8:06	1:50:50 30:22	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	2:29:24 38:34				
	336	Taberero Reboredo, Alberto APA LICEO A Coruña	bandona 7:29 7:29	29:48 22:19	36:36 6:48	45:42 9:06	1:01:18 15:36	1:49:07 47:49	1:55:04 5:57	----- -----	----- -----	----- -----	----- -----	----- -----				
Elite (33)																		
				7,6 km	20 C													
				1(70) 15(61)	2(32) 16(64)	3(69) 17(65)	4(43) 18(53)	5(46) 19(54)	6(50) 20(100)	7(49) Meta	8(37)	9(60)	10(57)	11(56)	12(36)	13(35)	14(33)	
1	555	Rodríguez Dominguez, Manuel BUDIÑO RAID O Porriño	1:03:53 5:49 5:49 1:28 51:28 2:51 1:40	7:17 1:28 54:57 *57 1:49	8:45 1:28 57:11 2:14	13:11 4:26 59:52 2:41	15:56 2:45 1:03:29 3:37	25:12 9:16 1:03:53 0:24	26:17 1:05 3:37 0:28	31:17 5:00	35:18 4:01	37:40 2:22	40:11 2:31	43:21 3:10	47:03 3:42	48:37 1:34		
2	531	Varela Paz, Borja C.O.CO A Coruña	1:04:06 5:26 5:26 1:39 51:14	7:05 1:39 1:17	8:22 4:49 1:17	13:11 4:49 2:24	15:59 2:48 2:24	26:24 10:25 1:03:38	27:50 1:26 4:09	30:36 2:46	35:09 4:33	37:22 2:13	39:45 2:23	42:40 2:55	46:13 3:33	48:11 1:58		
3	109	Soto Boullosa, Angel AROMON Pontevedra	1:09:07 5:41 5:41 3:35	9:16 1:22	10:38 1:22	14:54 4:16	18:32 3:38	28:39 10:07	30:11 1:32	33:14 3:03	36:53 3:39	39:08 2:15	41:35 2:27	45:16 3:41	49:00 3:44	51:10 2:10		
4	518	Taboada Pintor, Alberto ADVENTURE ADDICT Pontevedra	1:10:16 6:14 6:14 1:46 56:33 3:54	8:00 1:46	9:31 1:31	13:58 4:27	17:33 3:35	28:14 10:41	30:10 1:56	33:12 3:02	36:35 3:23	39:02 2:27	41:48 2:46	45:08 3:20	50:16 5:08	52:39 2:23		

Pos	Dorsal	Nombre	Tiempo																
<i>Élite (33)</i>				<i>7,6 km</i>		<i>20 C (cont.)</i>													
				1(70)	2(32)	3(69)	4(43)	5(46)	6(50)	7(49)	8(37)	9(60)	10(57)	11(56)	12(36)	13(35)	14(33)		
				15(61)	16(64)	17(65)	18(53)	19(54)	20(100)	Meta									
5	55	Álvarez Serto, Ángel AROMON Pontevedra	1:11:03	6:29	8:15	9:35	13:46	16:58	29:24	31:48	36:18	40:57	43:16	45:30	48:39	52:15	54:08		
				6:29	1:46	1:20	4:11	3:12	12:26	2:24	4:30	4:39	2:19	2:14	3:09	3:36	1:53		
				57:13	58:49	1:00:56	1:02:49	1:05:20	1:10:36	1:11:03									
				3:05	1:36	2:07	1:53	2:31	5:16	0:27									
6	541	Amil Fernández, Carlos BUDIÑORAI O Porriño	1:12:30	6:37	8:26	10:14	14:57	18:32	29:02	30:56	34:15	38:20	40:55	43:37	47:17	52:02	54:25		
				6:37	1:49	1:48	4:43	3:35	10:30	1:54	3:19	4:05	2:35	2:42	3:40	4:45	2:23		
				58:35	1:00:31	1:02:26	1:04:44	1:07:58	1:12:05	1:12:30									
				4:10	1:56	1:55	2:18	3:14	4:07	0:25									
7	512	López Costoya, Francis ADVENTURE ADDICT Pe	1:16:13	7:01	8:48	10:18	16:27	20:15	33:20	34:37	37:30	41:27	44:38	46:53	50:55	55:08	57:07		
				7:01	1:47	1:30	6:09	3:48	13:05	1:17	2:53	3:57	3:11	2:15	4:02	4:13	1:59		
				1:00:40	1:02:38	1:04:55	1:08:41	1:11:27	1:15:45	1:16:13									
				3:33	1:58	2:17	3:46	2:46	4:18	0:28									
8	270	Piñeiro Fraga, Brais UNIVERSIDAD DE V Vigi	1:17:08	6:09	7:41	9:09	13:42	18:58	30:23	32:17	36:17	42:02	45:28	48:09	52:36	57:19	59:30		
				6:09	1:32	1:28	4:33	5:16	11:25	1:54	4:00	5:45	3:26	2:41	4:27	4:43	2:11		
				1:02:28	1:04:24	1:06:31	1:09:02	1:12:10	1:16:36	1:17:08									
				2:58	1:56	2:07	2:31	3:08	4:26	0:32									
9	111	Varela Rivera, Manuel AROMON Pontevedra	1:17:30	7:44	9:26	11:53	16:46	20:25	33:29	34:47	37:45	41:55	44:45	47:32	51:24	55:58	58:08		
				7:44	1:42	2:27	4:53	3:39	13:04	1:18	2:58	4:10	2:50	2:47	3:52	4:34	2:10		
				1:02:08	1:04:12	1:06:49	1:08:51	1:12:01	1:16:57	1:17:30									
				4:00	2:04	2:37	2:02	3:10	4:56	0:33									
10	133	Fernández Torres, Ramc ADC ARNELA Porto do S	1:18:40	7:33	9:31	10:51	14:52	18:17	29:36	31:35	35:32	39:46	42:48	48:40	52:57	57:18	1:00:52		
				7:33	1:58	1:20	4:01	3:25	11:19	1:59	3:57	4:14	3:02	5:52	4:17	4:21	3:34		
				1:04:04	1:05:55	1:08:30	1:10:49	1:13:37	1:18:12	1:18:40									
				3:12	1:51	2:35	2:19	2:48	4:35	0:28									
11	503	Carballo Alviárez, Xan A PEDROSA ORRO Cull	1:19:09	7:24	9:34	11:07	15:40	19:47	31:16	32:30	35:36	40:21	43:14	47:14	51:18	56:14	58:23		
				7:24	2:10	1:33	4:33	4:07	11:29	1:14	3:06	4:45	2:53	4:00	4:04	4:56	2:09		
				1:01:25	1:05:50	1:08:27	1:11:15	1:14:06	1:18:41	1:19:09									
				3:02	4:25	2:37	2:48	2:51	4:35	0:28									
12	137	Lareo Martínez, David ADC ARNELA Porto do S	1:20:38	7:04	9:03	10:37	15:31	19:07	31:02	33:11	36:31	40:21	43:17	46:36	50:46	55:30	58:26		
				7:04	1:59	1:34	4:54	3:36	11:55	2:09	3:20	3:50	2:56	3:19	4:10	4:44	2:56		
				1:02:24	1:04:45	1:07:26	1:10:47	1:15:14	1:20:05	1:20:38									
				3:58	2:21	2:41	3:21	4:27	4:51	0:33									
13	316	Casado Bravo, David APA LICEO A Coruña	1:21:27	6:39	8:16	9:47	13:49	18:09	29:02	30:35	33:55	38:47	41:20	43:39	47:24	51:53	53:59		
				6:39	1:37	1:31	4:02	4:20	10:53	1:33	3:20	4:52	2:33	2:19	3:45	4:29	2:06		
				57:13	59:14	1:01:29	1:09:23	1:15:53	1:20:56	1:21:27									
				3:14	2:01	2:15	7:54	6:30	5:03	0:31									
13	564	Morlán Rodríguez, Jose SEO Ordes	1:21:27	6:37	8:20	9:49	14:43	19:03	32:06	33:08	38:51	43:28	46:03	48:49	52:56	57:35	1:00:59		
				6:37	1:43	1:29	4:54	4:20	13:03	1:02	5:43	4:37	2:35	2:46	4:07	4:39	3:24		
				1:05:19	1:07:57	1:10:39	1:13:29	1:16:12	1:20:59	1:21:27									
				4:20	2:38	2:42	2:50	2:43	4:47	0:28									
15	458	Torviso Berdeal, Jose Al MONTAÑA FERROL Ferri	1:24:27	14:27	16:13	17:37	22:07	25:59	39:32	40:53	44:44	49:52	52:30	55:08	58:51	1:03:01	1:05:12		
				14:27	1:46	1:24	4:30	3:52	13:33	1:21	3:51	5:08	2:38	2:38	3:43	4:10	2:11		
				1:08:43	1:10:51	1:13:02	1:16:31	1:19:18	1:23:57	1:24:27									
				3:31	2:08	2:11	3:29	2:47	4:39	0:30									
16	80	Figueroa Fernández, Ric AROMON Pontevedra	1:24:53	7:31	11:00	13:13	17:55	28:38	39:51	41:08	45:28	49:51	53:10	55:57	59:58	1:04:42	1:07:16		
				7:31	3:29	2:13	4:42	10:43	11:13	1:17	4:20	4:23	3:19	2:47	4:01	4:44	2:34		
				1:09:59	1:12:03	1:14:33	1:17:18	1:20:16	1:24:24	1:24:53									
				2:43	2:04	2:30	2:45	2:58	4:08	0:29									
				3:24	2:32	2:30	2:50	3:07	4:39	0:35									
17	170	Breijo Martínez, Yago GALLAECIA RAID a coru	1:27:58	6:48	11:22	13:35	21:06	27:04	39:06	40:20	44:53	50:48	54:13	57:09	1:00:55	1:05:00	1:06:49		
				6:48	4:34	2:13	7:31	5:58	12:02	1:14	4:33	5:55	3:25	2:56	3:46	4:05	1:49		
				1:10:53	1:13:13	1:15:24	1:18:39	1:23:20	1:27:31	1:27:58									
				4:04	2:20	2:11	3:15	4:41	4:11	0:27									
18	23	Iglesias Castro, Rubén FLUVIAL LUGO Lugo	1:30:50	6:38	8:35	10:13	15:31	19:54	31:58	35:16	38:10	44:43	47:30	55:49	59:53	1:04:29	1:09:31		
				6:38	1:57	1:38	5:18	4:23	12:04	3:18	2:54	6:33	2:47	8:19	4:04	4:36	5:02		
				1:13:43	1:15:58	1:18:41	1:21:23	1:25:17	1:30:18	1:30:50									
				4:12	2:15	2:43	2:42	3:54	5:01	0:32									
19	183	Freire Lage, Lucas GALLAECIA RAID a coru	1:32:51	10:50	12:56	15:05	19:29	25:04	45:09	48:39	52:34	57:37	1:00:26	1:02:57	1:06:49	1:11:05	1:13:14		
				10:50	2:06	2:09	4:24	5:35	20:05	3:30	3:55	5:03	2:49	2:31	3:52	4:16	2:09		
				1:16:38	1:19:10	1:21:40	1:24:30	1:27:37	1:32:16	1:32:51									
				3:24	2:32	2:30	2:50	3:07	4:39	0:35									
20	429	Ramos Pernas, Miguel USC Santiago de Comp	1:33:10	7:20	9:11	11:12	17:48	21:46	33:49	35:27	38:59	44:39	48:10	52:39	57:27	1:03:35	1:08:08		
				7:20	1:51	2:01	6:36	3:58	12:03	1:38	3:32	5:40	3:31	4:29	4:48	6:08	4:33		
				1:12:37	1:15:51	1:18:52	1:21:48	1:26:07	1:32:32	1:33:10									
				4:29	3:14	3:01	2:56	4:19	6:25	0:38									
21	208	Muño García, Marcos GALLAECIA RAID a coru	1:36:20	7:33	9:34	11:25	16:59	20:34	41:15	42:42	46:38	50:22	53:56	57:11	1:01:05	1:05:08	1:09:19		
				7:33	2:01	1:51	5:34	3:35	20:41	1:27	3:56	3:44	3:34	3:15	3:54	4:03	4:11		
				1:12:17	1:19:53	1:22:15	1:25:40	1:31:16	1:35:51	1:36:20									
				2:58	7:36	2:22	3:25	5:36	4:35	0:29									
22	267	Pérez Juste, German UNIVERSIDAD DE V Vigi	1:38:54	7:51	11:23	14:01	21:34	26:04	38:37	40:53	49:37	54:44	58:00	1:01:39	1:06:58	1:12:21	1:15:01		
				7:51	3:32	2:38	7:33	4:30	12:33	2:16	8:44	5:07	3:16	3:39	5:19	5:23	2:40		
				1:19:04	1:22:07	1:25:52	1:29:28	1:32:51	1:38:20	1:38:54									
				4:03	3:03	3:45	3:36	3:23	5:29	0:34									
23	334	Rodríguez Díaz, Carlos APA LICEO A Coruña	1:42:13	8:54	11:13	12:57	20:13	26:20	39:44	41:49	46:09	51:58	56:41	1:00:12	1:06:04	1:12:14	1:15:01		
				8:54	2:19	1:44	7:16	6:07	13:24	2:05	4:20	5:49	4:43	3:31	5:52	6:10	2:47		
				1:19:41	1:24:17	1:27:36	1:31:33	1:35:40	1:41:39	1:42:13									
				4:40	4:36	3:19	3:57	4:07	5:59	0:34									
24	98	Pérez Alonso, Adrián AROMON Pontevedra	1:45:36	8:56	11:24	13:07	18:05	23:06	37:53	40:42	49:30	55:29	58:41	1:03:22	1:08:52	1:15:33	1:19:11		
				8:56	2:28	1:43	4:58	5:01	14:47	2:09	9:28	5:59	3:12	4:41	5:30	6:41	3:38		
				1:24:49	1:28:21	1:31:30	1:35:53	1:39											

Pos	Dorsal	Nombre	Tiempo																		
Élite (33)				7,6 km		20 C		<i>(cont.)</i>													
				1(70)	2(32)	3(69)	4(43)	5(46)	6(50)	7(49)	8(37)	9(60)	10(57)	11(56)	12(36)	13(35)	14(33)				
				15(61)	16(64)	17(65)	18(53)	19(54)	20(100)	Meta											
27	455	Rodríguez Pena, Jose M MONTAÑA FERROL Ferri	1:57:05	8:46	11:27	13:35	30:03	40:57	55:09	57:08	1:01:36	1:08:49	1:14:47	1:18:47	1:23:05	1:28:17	1:31:14				
				8:46	2:41	2:08	16:28	10:54	14:12	1:59	4:28	7:13	5:58	4:00	4:18	5:12	2:57				
				1:37:02	1:40:36	1:43:27	1:48:15	1:51:44	1:56:28	1:57:05											
				5:48	3:34	2:51	4:48	3:29	4:44	0:37											
28	442	Fernández Otero, Oscar MONTAÑA FERROL Ferri	1:58:54	6:48	9:06	11:13	19:06	22:38	1:04:48	1:05:40	1:11:36	1:16:18	1:19:05	1:22:16	1:28:09	1:32:12	1:34:34				
				6:48	2:18	2:07	7:53	3:32	42:10	0:52	5:56	4:42	2:47	3:11	5:53	4:03	2:22				
				1:38:44	1:41:22	1:46:58	1:50:29	1:54:07	1:58:25	1:58:54											
				4:10	2:38	5:36	3:31	3:38	4:18	0:29											
990	Ramos Abelaira, Ivan FLUVIAL LUGO Lugo	Abandona		10:09	12:44	15:39	26:00	33:01	----	----	----	----	----	----	----	----					
				10:09	2:35	2:55	10:21	7:01	----	----											
				----	----	----	----	----	1:09:07	1:09:47											
				----	----	----	----	----	36:06	0:40											
309	Arufe Varela, Alberto APA LICEO A Coruña	Abandona		7:41	9:54	11:41	16:18	22:23	34:21	35:38	39:58	46:05	----	----	----	----					
				7:41	2:13	1:47	4:37	6:05	11:58	1:17	4:20	6:07									
				----	----	----	----	----	1:24:19	1:26:15											
				----	----	----	----	----	38:14	1:56											
530	Seijas Rifon, Francisco C.O.CO A Coruña	Abandona		25:15	29:40	33:17	43:06	53:30	1:32:15	1:35:17	2:04:42	----	----	----	----	----					
				25:15	4:25	3:37	9:49	10:24	38:45	3:02	29:25										
				----	----	----	----	----	2:21:22	2:22:33											
				----	----	----	----	----	16:40	1:11											
977	Parga Perez, Juan Carlo C.O.CO A Coruña	Abandona		----	----	----	----	----	1:44:26	1:47:49	2:17:08	----	----	----	----	----					
				----	----	----	----	----	1:44:26	3:23	29:19										
				----	----	----	----	----	2:33:24	2:34:35	15:30	20:24									
				----	----	----	----	----	16:16	1:11	*78	*72									
529	Sancosmed Vázquez, Ju C.O.CO A Coruña	No sale																			