

Pos	Dorsal	Nombre	Tiempo													
M-15 (2)					10,2 km					18 C						
			1(31)	2(32)	3(37)	4(47)	5(38)	6(33)	7(58)	8(65)	9(59)	10(43)	11(53)	12(48)	13(71)	
			15(41)	16(66)	17(72)	18(200)	Meta									
1	4628	Aaron Rodriguez Are	50:08	4:04	5:09	7:35	9:04	10:19	11:32	15:12	17:14	21:50	25:32	28:40	32:32	36:18
		A Coruña OP BETANZ		4:04	1:05	2:26	1:29	1:15	1:13	3:40	2:02	4:36	3:42	3:08	3:52	3:46
				39:39	42:11	46:35	49:01	50:08		3:46	4:17	21:27				
				1:58	2:32	4:24	2:26	1:07		*49	*70	*42				
	4571	Esteban Cruces Ferr	r en tarj.	9:13	10:59	15:33	18:23	21:11	23:11	30:34	35:10	44:30	51:31	56:45	1:03:55	1:11:37
		A Coruña ADC_ARNE		9:13	1:46	4:34	2:50	2:48	2:00	7:23	4:36	9:20	7:01	5:14	7:10	7:42
				1:18:30	1:23:31	1:31:54	1:36:10	1:38:25		23:53						
				6:53	5:01	8:23	4:16	2:15		*35						
M-17 (5)					12,3 km					19 C						
				1(52)	2(38)	3(40)	4(45)	5(37)	6(70)	7(34)	8(43)	9(53)	10(41)	11(44)	12(59)	13(51)
				15(69)	16(50)	17(48)	18(71)	19(200)	Meta							
1	4067	Alvaro Corbacho Ver	1:06:29	1:34	4:09	6:31	9:38	13:09	15:21	17:48	22:09	25:14	28:25	32:04	35:37	41:48
		Badajoz ITACA		1:34	2:35	2:22	3:07	3:31	2:12	2:27	4:21	3:05	3:11	3:39	3:33	6:11
				47:46	52:15	56:56	1:01:08	1:04:58	1:06:29		10:11	14:01	15:04	25:45	35:15	41:15
				1:59	4:29	4:41	4:12	3:50	1:31		*32	*52	*31	*59	*42	*56
2	4478	Anxo Somoza Seoan	1:06:31	1:25	3:41	6:46	10:06	14:11	16:18	18:35	22:40	25:11	28:03	31:24	34:35	41:13
		A Coruña GALLAECI/		1:25	2:16	3:05	3:20	4:05	2:07	2:17	4:05	2:31	2:52	3:21	3:11	6:38
				46:46	51:00	55:18	1:00:21	1:04:56	1:06:31		2:11	10:46	15:42	16:03	24:31	50:11
				1:37	4:14	4:18	5:03	4:35	1:35		*37	*32	*49	*31	*42	*71
3	4617	Martín Casado Núñez	1:13:41	1:35	4:46	8:51	13:58	17:34	19:43	22:17	27:34	30:30	33:22	37:28	41:31	46:56
		A Coruña OP BETANZ		1:35	3:11	4:05	5:07	3:36	2:09	2:34	5:17	2:56	2:52	4:06	4:03	5:25
				52:47	57:49	1:02:48	1:07:33	1:12:06	1:13:41		14:36	19:27	41:12	42:04		
				1:49	5:02	4:59	4:45	4:33	1:35		*32	*31	*42	*53		
4	4473	Diego Silvarrey Orei	1:16:41	1:18	3:28	6:28	9:34	13:37	15:44	18:19	25:08	27:51	31:07	34:24	37:51	45:30
		A Coruña GALLAECI/		1:18	2:10	3:00	3:06	4:03	2:07	2:35	6:49	2:43	3:16	3:17	3:27	7:39
				52:50	58:22	1:03:49	1:09:30	1:14:21	1:16:41		10:12	11:55	14:28	15:23	27:13	27:29
				2:45	5:32	5:27	5:41	4:51	2:20		*32	*36	*52	*31	*42	*59
	4053	Carlos Antelo Navarr	r en tarj.	1:18	3:30	5:55	9:08	12:32	----	16:41	20:26	22:43	26:06	30:39	33:56	38:32
		Badajoz ITACA		1:18	2:12	2:25	3:13	3:24		4:09	3:45	2:17	3:23	4:33	3:17	4:36
				43:30	48:08	52:21	55:58	1:00:52	1:02:11		9:34	13:18	13:50	14:12	33:30	40:50
				1:29	4:38	4:13	3:37	4:54	1:19		*32	*52	*49	*31	*42	*71
M-20 (7)					13,0 km					18 C						
				1(52)	2(36)	3(61)	4(40)	5(32)	6(35)	7(44)	8(42)	9(54)	10(50)	11(48)	12(65)	13(55)
				15(41)	16(51)	17(69)	18(200)	Meta								
1	4069	Fran Cortés Martínez	54:51	1:11	2:20	4:30	6:42	9:25	11:54	15:02	17:22	19:43	25:36	29:04	32:24	36:05
		Badajoz ITACA		1:11	1:09	2:10	2:12	2:43	2:29	3:08	2:20	2:21	5:53	3:28	3:20	3:41
				42:31	45:53	48:32	53:41	54:51		11:30	50:51					
				4:22	3:22	2:39	5:09	1:10		*33	*71					
2	4807	Nicolás López Gonz	55:03	1:54	3:00	5:07	7:43	10:36	13:00	16:14	18:35	20:47	26:47	30:02	33:22	37:01
		Lugo COMPÁS		1:54	1:06	2:07	2:36	2:53	2:24	3:14	2:21	2:12	6:00	3:15	3:20	3:39
				43:04	46:10	48:39	54:01	55:03		10:13	24:40	45:47	51:07			
				4:07	3:06	2:29	5:22	1:02		*45	*66	*56	*71			
3	3951	Juan Pedro Fernánd	1:02:19	1:14	2:36	4:45	7:28	10:31	12:45	16:12	19:11	21:27	29:01	33:01	36:26	41:51
		Badajoz CODAN_EXI		1:14	1:22	2:09	2:43	3:03	2:14	3:27	2:59	2:16	7:34	4:00	3:25	5:25
				48:53	52:31	55:24	1:01:05	1:02:19		10:45	37:57	46:43	58:05			
				4:56	3:38	2:53	5:41	1:14		*45	*44	*59	*71			
4	4474	Marcos Silvarrey Ore	1:03:25	1:13	2:14	4:20	6:51	10:03	13:04	16:29	18:55	21:07	28:12	32:13	35:59	41:17
		A Coruña GALLAECI/		1:13	1:01	2:06	2:31	3:12	3:01	3:25	2:26	2:12	7:05	4:01	3:46	5:18
				48:40	52:45	55:36	1:02:01	1:03:25		38:57	52:15	58:24				
				5:22	4:05	2:51	6:25	1:24		*42	*56	*71				
5	4084	Ricardo Marcelo Per	1:08:48	1:09	2:26	4:58	9:54	15:00	17:50	22:53	25:33	28:24	35:37	39:32	44:04	48:56
		Badajoz ITACA		1:09	1:17	2:32	4:56	5:06	2:50	5:03	2:40	2:51	7:13	3:55	4:32	4:52
				55:40	59:13	1:02:03	1:07:38	1:08:48		14:36	17:23	21:32	26:15	34:21	46:45	53:38
				4:33	3:33	2:50	5:35	1:10		*45	*33	*65	*53	*51	*42	*59
6	1223	Andrés López Martín	1:12:36	1:38	2:56	5:50	8:46	12:28	15:46	19:29	22:46	25:45	33:54	38:11	43:09	48:19
		Málaga COMA		1:38	1:18	2:54	2:56	3:42	3:18	3:43	3:17	2:59	8:09	4:17	4:58	5:10
				56:07	1:00:30	1:03:38	1:11:00	1:12:36		11:51	15:12	31:10	46:09			
				5:28	4:23	3:08	7:22	1:36		*45	*33	*66	*53			
7	4631	Marcos Suárez Rivas	1:45:22	1:30	3:26	6:25	16:18	21:17	24:33	31:02	35:40	39:44	51:31	57:58	1:05:19	1:13:51
		A Coruña OP BETANZ		1:30	1:56	2:59	9:53	4:59	3:16	6:29	4:38	4:04	11:47	6:27	7:21	8:32
				1:25:10	1:31:01	1:34:35	1:43:18	1:45:22								
				8:14	5:51	3:34	8:43	2:04								
M-E (26)					15,8 km					21 C						
				1(52)	2(36)	3(61)	4(40)	5(45)	6(37)	7(70)	8(60)	9(44)	10(42)	11(54)	12(50)	13(48)
				15(55)	16(54)	17(56)	18(69)	19(48)	20(41)	21(200)	Meta					
1	3149	José Antonio Villar C	1:02:02	1:54	2:56	5:06	7:16	9:34	12:10	13:47	16:48	22:06	24:28	26:53	32:36	35:39
		Albacete BMT CASAS		1:54	1:02	2:10	2:10	2:18	2:36	1:37	3:01	5:18	2:22	2:25	5:43	3:03
				42:50	44:39	50:21	52:17	53:45	54:51	1:01:01	1:02:02		9:59	10:58	13:15	13:34
				3:42	1:49	5:42	1:56	1:28	1:06	6:10	1:01		*32	*36	*49	*31

Pos	Dorsal	Nombre	Tiempo													
M-E (26)				15,8 km	21 C	<i>(cont.)</i>										
				1(52)	2(36)	3(61)	4(40)	5(45)	6(37)	7(70)	8(60)	9(44)	10(42)	11(54)	12(50)	13(48)
				15(55)	16(54)	17(56)	18(69)	19(48)	20(41)	21(200)	Meta					
17	4030	Pedro Naranjo Corri Badajoz ALCOR_EX1	1:24:07	1:26	2:49	5:57	9:27	14:44	18:25	20:21	24:11	30:59	33:55	36:58	44:43	48:42
				1:26	1:23	3:08	3:30	5:17	3:41	1:56	3:50	6:48	2:56	3:03	7:45	3:59
				58:09	1:00:27	1:08:07	1:10:57	1:13:16	1:14:46	1:22:28	1:24:07	19:13	20:08	27:44	34:12	
				5:12	2:18	7:40	2:50	2:19	1:30	7:42	1:39	*52	*31	*34	*59	
18	4835	Adrián Pérez Alonso Pontevedra RAZA PA	1:32:05	1:25	3:12	5:54	9:04	16:31	20:34	22:46	26:37	34:11	37:48	40:45	49:16	54:09
				1:25	1:47	2:42	3:10	7:27	4:03	2:12	3:51	7:34	3:37	2:57	8:31	4:53
				1:05:44	1:08:10	1:16:47	1:19:25	1:21:21	1:22:41	1:30:46	1:32:05	2:08	17:11	18:49	21:29	
				6:50	2:26	8:37	2:38	1:56	1:20	8:05	1:19	*37	*32	*36	*52	
				29:27	29:57	1:00:49	1:15:54	1:28:22								
				*33	*35	*44	*51	*72								
19	4795	Pablo Fernández Sáiz Lugo COMPÁS	1:42:41	1:18	2:47	5:06	8:26	12:16	17:23	19:52	23:49	32:11	38:41	41:12	53:16	58:44
				1:18	1:29	2:19	3:20	3:50	5:07	2:29	3:57	8:22	6:30	2:31	12:04	5:28
				1:08:24	1:11:48	1:22:35	1:27:11	1:28:58	1:30:23	1:40:43	1:42:41	13:06	22:16	26:26		
				5:49	3:24	10:47	4:36	1:47	1:25	10:20	1:58	*32	*38	*33		
20	6223	Olegario Soto Rodri A Coruña COCO	1:44:38	2:44	4:26	7:23	17:15	20:30	23:51	26:13	30:15	38:01	41:29	44:50	53:59	1:05:42
				2:44	1:42	2:57	9:52	3:15	3:21	2:22	4:02	7:46	3:28	3:21	9:09	11:43
				1:17:05	1:19:59	1:27:54	1:30:35	1:32:24	1:34:11	1:43:13	1:44:38	25:48				
				6:04	2:54	7:55	2:41	1:49	1:47	9:02	1:25	*31				
21	4604	Eloi Serantes Abal A Coruña ADC_ARNE	1:58:36	1:23	3:02	5:54	10:03	15:08	20:05	22:16	27:16	36:26	41:09	44:04	57:40	1:04:17
				1:23	1:39	2:52	4:09	5:05	4:57	2:11	5:00	9:10	4:43	2:55	13:36	6:37
				1:17:28	1:20:41	1:34:33	1:39:45	1:41:46	1:43:25	1:56:24	1:58:36	16:02	21:37	22:00	29:55	
				8:40	3:13	13:52	5:12	2:01	1:39	12:59	2:12	*32	*49	*31	*33	
				1:13:26												
				*42												
4299	Alberto Corral Alons r en tarj. Lugo FLUVIAL_LUGI			1:10	2:49	5:42	8:35	11:55	15:04	16:51	-----	19:54	22:52	25:21	32:20	36:15
				1:10	1:39	2:53	2:53	3:20	3:09	1:47		3:03	2:58	2:29	6:59	3:55
				43:34	45:32	52:25	54:37	56:12	57:12	1:04:02	1:05:22	1:50	15:44	16:15	16:33	
				4:23	1:58	6:53	2:12	1:35	1:00	6:50	1:20	*37	*52	*49	*31	
				41:47	51:46											
				*53	*51											
4488	Rubén Carballo Mor r en tarj. A Coruña SEO			1:16	2:37	4:58	7:44	-----	13:33	15:37	18:52	24:45	27:20	29:46	36:53	40:28
				1:16	1:21	2:21	2:46		5:49	2:04	3:15	5:53	2:35	2:26	7:07	3:35
				48:15	50:15	57:48	1:00:00	1:01:18	1:02:27	1:10:27	1:11:53	3:33	27:36	1:07:47		
				4:38	2:00	7:33	2:12	1:18	1:09	8:00	1:26	*45	*59	*72		
3933	Alfonso Obreo Mont r en tarj. Cáceres ALTAIR			1:17	2:29	4:44	7:23	10:02	13:02	-----	17:59	27:18	30:13	32:29	38:52	42:47
				1:17	1:12	2:15	2:39	2:39	3:00		4:57	9:19	2:55	2:16	6:23	3:55
				52:43	54:55	1:01:42	1:04:05	1:05:42	1:07:06	1:13:58	1:15:14	10:32	13:44	14:15	14:34	
				5:28	2:12	6:47	2:23	1:37	1:24	6:52	1:16	*32	*52	*49	*31	
4623	Francisco Javier Ló z A Coruña OP BETAN z	No sale														
4646	Xose Penas Varela A Coruña COCO	No sale														
M-21 (4)				12,6 km	19 C											
				1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)
				15(43)	16(69)	17(50)	18(72)	19(200)	Meta							
1	4793	Roberto Amarelle Ga Lugo COMPÁS	1:12:16	1:42	4:58	7:52	12:27	15:37	19:51	24:19	28:05	31:21	37:59	41:17	42:26	47:15
				1:42	3:16	2:54	4:35	3:10	4:14	4:28	3:46	3:16	6:38	3:18	1:09	4:49
				55:00	1:00:16	1:04:39	1:07:29	1:10:17	1:12:16		50:42	57:41	1:03:49			
				5:04	5:16	4:23	2:50	2:48	1:59		*59	*41	*71			
2	4536	Moises Vergara Villa A Coruña MONTAÑA F	1:20:13	7:19	10:29	13:26	18:13	21:29	25:30	30:31	34:22	37:35	44:38	48:02	49:15	54:23
				7:19	3:10	2:57	4:47	3:16	4:01	5:01	3:51	3:13	7:03	3:24	1:13	5:08
				1:02:25	1:07:57	1:12:26	1:15:23	1:18:19	1:20:13		35:08	57:32	1:04:56	1:11:30		
				5:30	5:32	4:29	2:57	2:56	1:54		*53	*59	*41	*71		
3	4582	Julio Lagos Carrera A Coruña ADC_ARNE	1:21:43	1:30	4:04	7:41	13:45	17:20	20:57	26:23	30:34	34:05	41:26	45:17	46:35	51:45
				1:30	2:34	3:37	6:04	3:35	3:37	5:26	4:11	3:31	7:21	3:51	1:18	5:10
				1:00:28	1:06:43	1:12:14	1:15:52	1:19:26	1:21:43		20:26	30:56	55:18	1:11:19		
				5:44	6:15	5:31	3:38	3:34	2:17		*33	*59	*59	*71		
4	6508	Nicolás Daniel Lor er A Coruña USC	2:35:19	19:05	26:51	32:03	45:26	52:42	59:45	1:09:08	1:16:53	1:23:15	1:34:04	1:39:01	1:41:18	1:49:00
				19:05	7:46	5:12	13:23	7:16	7:03	9:23	7:45	6:22	10:49	4:57	2:17	7:42
				2:02:26	2:14:03	2:23:29	2:28:04	2:32:36	2:35:19							
				9:23	11:37	9:26	4:35	4:32	2:43							
M-40 (28)				13,0 km	18 C											
				1(52)	2(36)	3(61)	4(40)	5(32)	6(35)	7(44)	8(42)	9(54)	10(50)	11(48)	12(65)	13(55)
				15(41)	16(51)	17(69)	18(200)	Meta								
1	4815	Rodrigo Iván Rodrí g Lugo COMPÁS	1:03:23	1:15	2:28	4:43	8:16	11:26	13:57	17:25	20:23	23:13	30:29	34:18	38:58	42:59
				1:15	1:13	2:15	3:33	3:10	2:31	3:28	2:58	2:50	7:16	3:49	4:40	4:01
				49:48	53:37	56:23	1:02:05	1:03:23		10:57	13:33	58:56				
				4:44	3:49	2:46	5:42	1:18		*45	*33	*71				
2	1944	José Ramón García f Huesca PEÑA GUARA	1:05:51	1:24	2:36	4:54	7:58	11:18	13:39	17:53	20:39	23:03	30:32	34:47	38:03	43:01
				1:24	1:12	2:18	3:04	3:20	2:21	4:14	2:46	2:24	7:29	4:15	3:16	4:58
				50:32	54:28	57:36	1:04:18	1:05:51		20:54	28:02	1:00:42				
				5:22	3:56	3:08	6:42	1:33		*59	*66	*71				

Pos	Dorsal	Nombre	Tiempo													
				13,0 km		18 C		(cont.)								
				1(52)	2(36)	3(61)	4(40)	5(32)	6(35)	7(44)	8(42)	9(54)	10(50)	11(48)	12(65)	13(55)
				15(41)	16(51)	17(69)	18(200)	Meta								
3	4414	Pablo López Franco A Coruña GALLAECIA	1:06:49	1:15	2:45	5:11	7:59	11:26	13:57	18:07	21:08	23:22	31:25	35:14	38:51	44:01
				1:15	1:30	2:26	2:48	3:27	2:31	4:10	3:01	2:14	8:03	3:49	3:37	5:10
				51:34	55:35	58:51	1:05:21	1:06:49		11:00	21:25					
				5:22	4:01	3:16	6:30	1:28		*45	*59					
4	4471	David Senra Eiroa A Coruña GALLAECIA	1:07:30	1:20	2:47	5:25	8:23	13:11	15:49	19:11	22:14	25:18	32:25	36:30	40:34	45:01
				1:20	1:27	2:38	2:58	4:48	2:38	3:22	3:03	3:04	7:07	4:05	4:04	4:27
				52:39	57:02	1:00:02	1:06:13	1:07:30		1:57	4:01	12:42	15:26	43:17	50:03	56:32
				5:27	4:23	3:00	6:11	1:17		*37	*45	*45	*33	*53	*53	*56
4	3190	Magi Llaveria Grau Tarragona MONTSAN	1:07:30	1:15	2:44	4:58	7:40	11:01	13:29	17:50	21:03	23:29	31:35	35:22	39:21	44:48
				1:15	1:29	2:14	2:42	3:21	2:28	4:21	3:13	2:26	8:06	3:47	3:59	5:27
				52:49	56:42	59:31	1:06:05	1:07:30		1:53	10:34					
				5:30	3:53	2:49	6:34	1:25		*37	*45					
6	4542	Carlos Amil Fernánd Pontevedra BUDIÑO	1:08:30	1:16	2:45	5:05	7:48	11:23	14:12	18:08	20:52	23:58	31:45	36:02	39:53	45:27
				1:16	1:29	2:20	2:43	3:35	2:49	3:56	2:44	3:06	7:47	4:17	3:51	5:34
				53:06	57:17	1:00:23	1:07:02	1:08:30		10:49	13:47	21:32	29:18	1:03:21	1:04:30	
				5:20	4:11	3:06	6:39	1:28		*45	*33	*53	*66	*71	*72	
7	4316	Jose Manuel Noguer Lugo FLUVIAL_LUGO	1:09:43	1:18	2:56	6:24	9:12	12:49	15:25	19:27	22:48	25:26	33:05	37:35	42:42	47:37
				1:18	1:38	3:28	2:48	3:37	2:36	4:02	3:21	2:38	7:39	4:30	5:07	4:55
				55:13	59:14	1:02:04	1:08:16	1:09:43		2:05	12:03	1:04:55				
				5:19	4:01	2:50	6:12	1:27		*37	*45	*71				
8	4369	Miguel Cambor Quiñ A Coruña GALLAECIA	1:10:56	1:28	3:09	5:32	8:26	11:55	14:26	18:29	21:37	24:51	33:31	38:00	41:47	47:21
				1:28	1:41	2:23	2:54	3:29	2:31	4:03	3:08	3:14	8:40	4:29	3:47	5:34
				54:54	58:57	1:02:04	1:09:31	1:10:56		22:16	31:00	58:34				
				5:25	4:03	3:07	7:27	1:25		*53	*66	*56				
9	4444	Manuel Pedre Vazquez A Coruña GALLAECIA	1:11:22	1:23	3:04	5:45	8:30	13:35	16:23	20:07	23:19	26:09	33:47	37:49	43:49	48:21
				1:23	1:41	2:41	2:45	5:05	2:48	3:44	3:12	2:50	7:38	4:02	6:00	4:32
				55:48	1:00:33	1:03:36	1:09:58	1:11:22		23:38	59:35					
				5:15	4:45	3:03	6:22	1:24		*59	*56					
10	4587	Joaquín Ojo Ageito A Coruña ADC_ARNE	1:11:41	1:26	2:53	5:17	8:17	11:38	14:08	18:02	20:58	23:20	32:52	37:25	42:35	47:35
				1:26	1:27	2:24	3:00	3:21	2:30	3:54	2:56	2:22	9:32	4:33	5:10	5:00
				55:43	59:55	1:03:19	1:10:08	1:11:41		21:16	39:00	1:06:28				
				5:32	4:12	3:24	6:49	1:33		*59	*41	*71				
11	3828	Francisco Molla Escal Alicante RAIDERMAN	1:11:55	1:16	2:50	5:05	9:51	13:10	16:40	20:39	23:54	26:43	34:45	39:08	42:46	48:37
				1:16	1:34	2:15	4:46	3:19	3:30	3:59	3:15	2:49	8:02	4:23	3:38	5:51
				56:33	1:00:58	1:04:06	1:10:35	1:11:55		2:01	32:17	45:58	1:06:59	1:08:12		
				5:37	4:25	3:08	6:29	1:20		*37	*66	*42	*71	*72		
12	3950	Andres María Fernán Badajoz CODAN_EXI	1:12:30	1:26	2:45	5:17	10:44	14:16	17:44	21:49	24:41	27:13	34:53	39:09	42:39	47:35
				1:26	1:19	2:32	5:27	3:32	3:28	4:05	2:52	2:32	7:40	4:16	3:30	4:56
				55:50	1:01:18	1:04:41	1:11:01	1:12:30		12:16	13:43	32:20	45:17	59:57	1:07:38	
				5:26	5:28	3:23	6:20	1:29		*47	*45	*66	*53	*56	*71	
13	4226	Alejandro Marín Góm Pontevedra RAZA PA	1:13:47	1:24	2:44	5:14	8:49	12:28	15:46	20:07	23:06	25:47	35:08	39:17	42:55	48:03
				1:24	1:20	2:30	3:35	3:39	3:18	4:21	2:59	2:41	9:21	4:09	3:38	5:08
				56:45	1:01:35	1:04:44	1:12:02	1:13:47		11:47	45:52	1:08:10				
				6:10	4:50	3:09	7:18	1:45		*45	*53	*71				
14	4649	Claudio Sánchez Mo A Coruña COCO	1:15:41	1:27	3:07	5:56	8:55	12:33	15:48	20:14	23:38	26:10	34:58	39:50	43:47	49:28
				1:27	1:40	2:49	2:59	3:38	3:15	4:26	3:24	2:32	8:48	4:52	3:57	5:41
				58:06	1:02:49	1:06:22	1:14:04	1:15:41		15:16	47:17	1:09:44				
				6:10	4:43	3:33	7:42	1:37		*33	*53	*71				
15	4568	Pablo Baamonde Aru A Coruña ADC_ARNE	1:16:18	1:25	3:05	5:37	8:38	12:21	15:46	20:07	23:38	26:41	36:00	40:38	44:38	49:44
				1:25	1:40	2:32	3:01	3:43	3:25	4:21	3:31	3:03	9:19	4:38	4:00	5:06
				58:14	1:02:46	1:06:15	1:14:33	1:16:18		12:40	23:55	24:23				
				6:02	4:32	3:29	8:18	1:45		*45	*59	*53				
16	4370	Juan Carlos Candal A Coruña GALLAECIA	1:20:32	1:26	2:59	5:32	12:13	15:43	20:41	24:58	28:08	31:02	40:06	44:25	48:45	54:04
				1:26	1:33	2:33	6:41	3:30	4:58	4:17	3:10	2:54	9:04	4:19	4:20	5:19
				1:02:24	1:09:40	1:12:45	1:19:01	1:20:32		15:08	18:42	38:32	52:14	1:15:31		
				5:57	7:16	3:05	6:16	1:31		*45	*34	*51	*53	*71		
17	4419	Pedro López Noche A Coruña GALLAECIA	1:25:14	1:43	3:39	6:45	9:47	13:33	17:08	22:33	26:35	29:35	38:36	43:26	49:07	54:15
				1:43	1:56	3:06	3:02	3:46	3:35	5:25	4:02	3:00	9:01	4:50	5:41	5:08
				1:03:23	1:11:00	1:14:57	1:23:36	1:25:14		1:07:28	1:09:15					
				5:36	7:37	3:57	8:39	1:38		*56	*56					
18	4573	Esteban Cruces Moli A Coruña ADC_ARNE	1:29:52	1:54	3:38	8:07	12:11	16:40	19:32	24:57	29:12	32:01	43:55	49:05	54:13	1:00:41
				1:54	1:44	4:29	4:04	4:29	2:52	5:25	4:15	2:49	11:54	5:10	5:08	6:28
				1:10:08	1:15:49	1:19:45	1:28:01	1:29:52		2:41						
				6:51	5:41	3:56	8:16	1:51		*37						
19	4261	Jacob Canedo Mona A Coruña ARTABROS	1:30:50	1:42	3:09	6:16	9:56	14:01	17:09	22:01	25:57	28:50	40:51	46:01	53:20	1:00:34
				1:42	1:27	3:07	3:40	4:05	3:08	4:52	3:56	2:53	12:01	5:10	7:19	7:14
				1:11:20	1:16:46	1:20:38	1:28:57	1:30:50		16:38	1:15:58					
				7:53	5:26	3:52	8:19	1:53		*33	*56					
20	6461	Jorge López Gómez Pontevedra AROMON	1:32:55	2:00	4:13	7:24	11:06	15:49	19:28	25:07	30:22	34:50	45:20	50:13	55:55	1:03:26
				2:00	2:13	3:11	3:42	4:43	3:39	5:39	5:15	4:28	10:30	4:53	5:42	7:31
				1:13:27	1:18:44	1:22:42	1:31:08	1:32:55		32:02						
				6:46	5:17	3:58	8:26	1:47		*59						
21	4258	Roberto Verde Lareu Pontevedra AROMON	1:34:39	1:45	3:31	6:13	9:36	15:14	18:33	25:05	28:58	31:54	44:20	50:13	55:28	1:02:08
				1:45	1:46	2:42	3:23	5:38	3:19	6:32	3:53	2:56	12:26	5:53	5:15	6:40
				1:12:40	1:18:59	1:23:15	1:32:44	1:34:39		1:27:39	1:29:11					
				7:24	6:19	4:16	9:29	1:55		*71	*72					

Pos	Dorsal	Nombre	Tiempo													
M-40 (28)				13,0 km		18 C		<i>(cont.)</i>								
				1(52)	2(36)	3(61)	4(40)	5(32)	6(35)	7(44)	8(42)	9(54)	10(50)	11(48)	12(65)	13(55)
				15(41)	16(51)	17(69)	18(200)	Meta								
22	4525	Diego de la Torre He Oronse TREVINCA	1:46:40	1:33	2:57	5:49	11:29	15:43	19:46	36:21	43:19	46:13	58:54	1:04:51	1:09:56	1:16:40
				1:33	1:24	2:52	5:40	4:14	4:03	16:35	6:58	2:54	12:41	5:57	5:05	6:44
				1:27:15	1:32:41	1:36:36	1:44:53	1:46:40		17:50	33:45	43:44	1:13:48	1:40:38		
				7:29	5:26	3:55	8:17	1:47		*34	*43	*59	*53	*71		
4679	Marcos Varela Yáñez A Coruña BRIGANTIA	r en tarj.		1:25	2:56	5:51	8:59	-----	15:15	19:08	22:35	25:32	34:11	38:51	43:03	49:01
				1:25	1:31	2:55	3:08		6:16	3:53	3:27	2:57	8:39	4:40	4:12	5:58
				57:15	1:01:41	1:05:06	1:11:51	1:13:20		12:04	13:38	22:53	46:31	1:08:16		
				5:46	4:26	3:25	6:45	1:29		*45	*34	*59	*59	*71		
4645	Alfonso Penas López A Coruña COCO	r en tarj.		1:32	2:55	5:32	8:39	-----	14:47	18:48	22:14	25:20	33:59	38:05	43:17	48:17
				1:32	1:23	2:37	3:07		6:08	4:01	3:26	3:06	8:39	4:06	5:12	5:00
				56:23	1:01:01	1:04:20	1:11:56	1:13:33		12:00	14:16	1:00:31				
				5:48	4:38	3:19	7:36	1:37		*45	*33	*56				
4360	Arturo Antón Casado A Coruña GALLAECIA	No sale														
4647	David Rial Regueiro A Coruña COCO	No sale														
9002	Nuno Pinto Cerquei Portugal CAB	No sale														
5184	Javier Serrano Molin Madrid ESCONDITE-I	No sale														
M-50 (25)				12,6 km		19 C										
				1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)
				15(43)	16(69)	17(50)	18(72)	19(200)	Meta							
1	5344	Juan Francisco Abel Murcia LORCA-O	1:03:13	1:24	3:25	7:07	11:34	14:20	17:11	21:31	24:28	26:53	32:41	35:35	36:40	40:43
				1:24	2:01	3:42	4:27	2:46	2:51	4:20	2:57	2:25	5:48	2:54	1:05	4:03
				47:49	52:17	56:15	58:57	1:01:32	1:03:13		16:44	24:45	43:51	49:59		
				4:32	4:28	3:58	2:42	2:35	1:41		*33	*59	*59	*41		
2	4962	Luis Benavente Mart Madrid MONTE_EL_F	1:03:27	1:36	5:23	8:15	12:13	14:59	18:24	22:30	25:33	28:17	33:26	36:14	37:21	42:32
				1:36	3:47	2:52	3:58	2:46	3:25	4:06	3:03	2:44	5:09	2:48	1:07	5:11
				48:54	53:09	56:58	59:33	1:01:58	1:03:27		14:12	17:53	45:18			
				3:59	4:15	3:49	2:35	2:25	1:29		*52	*33	*59			
3	4615	David Casado Bravo A Coruña OP BETANZ	1:04:02	1:40	4:13	7:19	12:12	15:04	18:31	22:23	25:33	28:40	33:50	36:41	37:57	42:09
				1:40	2:33	3:06	4:53	2:52	3:27	3:52	3:10	3:07	5:10	2:51	1:16	4:12
				48:41	53:04	57:07	59:50	1:02:29	1:04:02		18:00	35:50	45:06	50:59	56:15	
				4:02	4:23	4:03	2:43	2:39	1:33		*33	*51	*59	*41	*71	
4	2104	Arsenio Villa Solares Asturias PILONA DEF	1:05:40	1:21	6:04	8:57	14:32	17:12	20:44	24:39	27:50	30:40	35:32	38:14	39:28	43:44
				1:21	4:43	2:53	5:35	2:40	3:32	3:55	3:11	2:50	4:52	2:42	1:14	4:16
				50:50	55:28	59:00	1:01:53	1:04:17	1:05:40		4:20	11:57	20:09	37:28	47:31	
				4:24	4:38	3:32	2:53	2:24	1:23		*60	*45	*33	*51	*59	
5	1794	Julio Barrera Tello Zaragoza IBON ZARZ	1:06:18	1:27	3:36	6:44	10:47	13:48	18:06	22:23	25:33	28:04	34:14	37:01	38:17	42:42
				1:27	2:09	3:08	4:03	3:01	4:18	4:17	3:10	2:31	6:10	2:47	1:16	4:25
				50:08	55:02	59:35	1:02:13	1:04:44	1:06:18		14:47	46:10				
				4:44	4:54	4:33	2:38	2:31	1:34		*52	*59				
6	4420	Antonio López Peite A Coruña GALLAECIA	1:06:26	1:29	3:45	6:17	10:26	13:26	17:24	21:48	25:16	28:36	34:25	37:16	38:25	43:59
				1:29	2:16	2:32	4:09	3:00	3:58	4:24	3:28	3:20	5:49	2:51	1:09	5:34
				51:34	55:47	59:34	1:02:19	1:04:50	1:06:26		16:49	47:51	58:44			
				4:28	4:13	3:47	2:45	2:31	1:36		*33	*59	*71			
7	4357	Enrique Luis Álvarez A Coruña GALLAECIA	1:07:32	1:37	4:24	7:19	11:32	14:33	17:42	21:55	25:58	28:59	35:04	38:17	39:23	44:18
				1:37	2:47	2:55	4:13	3:01	3:09	4:13	4:03	3:01	6:05	3:13	1:06	4:55
				51:27	56:21	1:00:27	1:03:04	1:05:51	1:07:32		17:14	37:20	47:19	53:52		
				4:35	4:54	4:06	2:37	2:47	1:41		*33	*51	*59	*41		
8	4475	Fernando Silvarrey f A Coruña GALLAECIA	1:07:44	1:18	3:34	6:35	11:09	13:57	18:44	23:06	26:40	29:17	35:18	38:24	39:32	43:45
				1:18	2:16	3:01	4:34	2:48	4:47	4:22	3:34	2:37	6:01	3:06	1:08	4:13
				51:27	56:24	1:00:48	1:03:31	1:06:12	1:07:44		47:22	59:49				
				4:43	4:57	4:24	2:43	2:41	1:32		*59	*71				
9	5013	David Pérez Jaramill Madrid LOS_ANGELE	1:08:27	1:22	4:12	7:13	11:54	14:53	18:13	22:37	26:24	29:01	35:57	38:55	40:06	44:47
				1:22	2:50	3:01	4:41	2:59	3:20	4:24	3:47	2:37	6:56	2:58	1:11	4:41
				52:09	57:06	1:01:18	1:04:08	1:06:45	1:08:27		17:43	34:33	38:01	47:50	1:00:21	
				4:50	4:57	4:12	2:50	2:37	1:42		*33	*55	*51	*59	*71	
10	4477	Ivan Somoza Argibay A Coruña GALLAECIA	1:08:53	1:26	3:31	7:23	12:11	15:13	18:23	22:37	25:54	29:32	35:08	37:57	39:00	43:09
				1:26	2:05	3:52	4:48	3:02	3:10	4:14	3:17	3:38	5:36	2:49	1:03	4:09
				52:34	57:17	1:01:31	1:04:31	1:07:15	1:08:53		14:27	16:38	17:54	26:12	47:43	
				5:23	4:43	4:14	3:00	2:44	1:38		*52	*38	*33	*59	*59	
11	3150	José Antonio Villar F Albacete BMT CASAS	1:09:10	1:39	4:26	7:30	11:44	14:52	18:18	22:38	26:25	29:14	35:20	38:25	39:41	44:38
				1:39	2:47	3:04	4:14	3:08	3:26	4:20	3:47	2:49	6:06	3:05	1:16	4:57
				51:58	56:48	1:01:23	1:04:18	1:07:04	1:09:10		17:46	48:01	1:00:24			
				4:37	4:50	4:35	2:55	2:46	2:06		*33	*59	*71			
12	4914	Urbano Chousa Álva Madrid IMPERDIBLE	1:11:45	1:30	4:10	7:14	12:48	16:12	19:41	24:05	27:59	30:37	37:37	40:49	42:00	46:26
				1:30	2:40	3:04	5:34	3:24	3:29	4:24	3:54	2:38	7:00	3:12	1:11	4:26
				54:35	59:16	1:04:08	1:06:52	1:09:42	1:11:45		19:06	50:14				
				4:51	4:41	4:52	2:44	2:50	2:03		*33	*59				
13	5468	Miguel Abellán Ortin Murcia SENDA	1:12:38	1:36	4:17	7:40	12:46	16:10	19:29	24:34	28:00	30:35	37:39	41:13	42:26	46:42
				1:36	2:41	3:23	5:06	3:24	3:19	5:05	3:26	2:35	7:04	3:34	1:13	4:16
				54:12	59:55	1:04:39	1:07:25	1:10:46	1:12:38		18:58	49:44	56:50	1:03:40		
				5:02	5:43	4:44	2:46	3:21	1:52		*33	*59	*41	*71		

Pos	Dorsal	Nombre	Tempo													
M-60 (13)				12,3 km		19 C		<i>(cont.)</i>								
				1(52)	2(38)	3(40)	4(45)	5(37)	6(70)	7(34)	8(43)	9(53)	10(41)	11(44)	12(59)	13(51)
				15(69)	16(50)	17(48)	18(71)	19(200)	Meta							
7	2425	Eugenio Izquierdo M León ALCON	1:41:21	1:47	6:16	11:34	16:52	21:54	24:26	27:43	35:48	38:56	42:37	48:28	58:35	1:11:40
				1:47	4:29	5:18	5:18	5:02	2:32	3:17	8:05	3:08	3:41	5:51	10:07	13:05
				1:17:57	1:23:31	1:28:53	1:34:28	1:39:03	1:41:21		7:45	17:46	53:25	58:15	1:11:05	
				1:54	5:34	5:22	5:35	4:35	2:18		*61	*32	*42	*42	*56	
8	4331	Carles Abad Vives Pontevedra U-VIGO	1:45:30	1:51	5:53	10:49	15:47	21:35	24:34	27:56	34:49	39:25	45:07	49:12	55:01	1:05:28
				1:51	4:02	4:56	4:58	5:48	2:59	3:22	6:53	4:36	5:42	4:05	5:49	10:27
				1:13:34	1:21:44	1:28:38	1:36:41	1:42:51	1:45:30		16:50	22:54	38:02	38:28	1:04:51	
				2:26	8:10	6:54	8:03	6:10	2:39		*32	*52	*42	*59	*56	
9	4373	Juan Carlos Carballa A Coruña GALLAECIA	1:55:27	2:32	6:45	12:39	18:54	26:05	29:08	32:23	39:32	43:49	48:49	54:14	59:34	1:12:06
				2:32	4:13	5:54	6:15	7:11	3:03	3:15	7:09	4:17	5:00	5:25	5:20	12:32
				1:20:58	1:28:15	1:35:22	1:44:03	1:51:48	1:55:27		20:11	27:25	28:14	28:44	42:35	1:27:05
				2:29	7:17	7:07	8:41	7:45	3:39		*32	*52	*49	*31	*42	*71
2176	Roberto Montes Mari	r en tarj. Asturias ASTUR_EXTI		1:29	-----	8:21	11:59	16:28	18:48	20:58	25:28	27:59	31:05	34:40	38:17	45:35
				1:29		6:52	3:38	4:29	2:20	2:10	4:30	2:31	3:06	3:35	3:37	7:18
				51:43	56:27	1:00:58	1:05:43	1:09:54	1:11:37		2:21	17:29	18:33	27:10	27:28	
				1:44	4:44	4:31	4:45	4:11	1:43		*37	*52	*31	*42	*59	
1964	Josep Selga Selga S	r en tarj. Pontevedra RAZA PA		1:35	4:08	7:44	11:48	16:37	-----	21:55	26:51	29:51	33:36	36:51	40:37	49:12
				1:35	2:33	3:36	4:04	4:49		5:18	4:56	3:00	3:45	3:15	3:46	8:35
				55:25	1:00:18	1:05:17	1:10:51	1:15:27	1:17:40		17:36	18:39				
				1:51	4:53	4:59	5:34	4:36	2:13		*52	*31				
4605	Camilo Serantes Mar	r en tarj. A Coruña ADC_ARNE		1:44	4:46	8:16	12:29	16:38	-----	21:58	26:45	29:54	33:51	47:01	52:37	59:42
				1:44	3:02	3:30	4:13	4:09		5:20	4:47	3:09	3:57	13:10	5:36	7:05
				1:07:43	1:13:03	1:18:41	1:23:40	1:28:16	1:29:57		18:37	30:50	52:16	59:09	1:11:42	1:25:13
				1:57	5:20	5:38	4:59	4:36	1:41		*31	*59	*42	*56	*56	*72
4334	José Luis Armada Ll	No sale Pontevedra U-VIGO														
F-15 (2)				7,7 km		16 C										
				1(52)	2(36)	3(47)	4(31)	5(52)	6(34)	7(57)	8(44)	9(59)	10(55)	11(56)	12(69)	13(71)
				15(72)	16(200)	Meta										
1	4816	Lia Rodríguez Sobr	1:00:22	1:59	4:03	6:16	11:07	13:04	16:26	22:05	26:15	32:34	36:08	41:57	45:42	49:41
		Lugo COMPÁS		1:59	2:04	2:13	4:51	1:57	3:22	5:39	4:10	6:19	3:34	5:49	3:45	3:59
				55:08	58:14	1:00:22		2:59	10:07	12:07	32:11	33:14	51:14			
				3:22	3:06	2:08		*37	*70	*49	*42	*53	*56			
4479	Carla Somoza Seoan	No sale A Coruña GALLAECIA														
F-17 (5)				10,5 km		17 C										
				1(45)	2(40)	3(38)	4(36)	5(49)	6(58)	7(65)	8(43)	9(41)	10(39)	11(69)	12(71)	13(51)
				15(48)	16(50)	17(200)	Meta									
1	2102	Marta Villa Rodríguez	1:03:32	2:47	6:08	8:03	13:02	15:39	18:06	21:03	26:06	28:28	34:26	36:47	40:17	42:24
		Asturias PILOÑA DEF		2:47	3:21	1:55	4:59	2:37	2:27	2:57	5:03	2:22	5:58	2:21	3:30	2:07
				50:25	56:09	1:02:06	1:03:32		2:14	23:12	44:45	45:14				
				4:32	5:44	5:57	1:26		*32	*44	*53	*59				
2	4317	Sara Nogueiras Portc	1:07:40	2:44	6:33	8:33	15:15	17:58	20:27	23:29	31:03	33:48	38:56	40:46	44:16	46:34
		Lugo FLUVIAL_LUGO		2:44	3:49	2:00	6:42	2:43	2:29	3:02	7:34	2:45	5:08	1:50	3:30	2:18
				54:44	1:00:16	1:06:10	1:07:40		4:38	18:25	45:52	52:33	1:03:06			
				4:44	5:32	5:54	1:30		*47	*31	*56	*41	*72			
3	4089	Raquel Merchán Roc	1:08:28	2:32	5:50	7:41	13:18	15:46	18:07	20:48	26:42	29:48	35:09	37:15	40:42	43:15
		Badajoz ITACA		2:32	3:18	1:51	5:37	2:28	2:21	2:41	5:54	3:06	5:21	2:06	3:27	2:33
				54:17	1:00:42	1:06:44	1:08:28		4:15	16:11	19:55	22:43	42:18	51:44	59:34	1:03:35
				5:03	6:25	6:02	1:44		*47	*31	*57	*44	*56	*41	*56	*72
4	4817	Noa Rodríguez Sobr	1:10:27	2:24	6:35	8:43	14:39	17:25	19:50	22:51	28:29	31:02	36:59	38:54	42:53	44:51
		Lugo COMPÁS		2:24	4:11	2:08	5:56	2:46	2:25	3:01	5:38	2:33	5:57	1:55	3:59	1:58
				53:32	1:01:56	1:08:41	1:10:27		3:06	18:02	21:35	44:23	51:02			
				5:11	8:24	6:45	1:46		*32	*70	*57	*56	*41			
4416	Silvia López López	No sale A Coruña GALLAECIA														
F-20 (4)				12,6 km		19 C										
				1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)
				15(43)	16(69)	17(50)	18(72)	19(200)	Meta							
1	4080	June García Rodríguez	1:14:53	1:34	5:06	8:01	12:53	16:05	20:37	25:01	28:46	32:18	39:05	42:09	43:26	49:25
		Badajoz ITACA		1:34	3:32	2:55	4:52	3:12	4:32	4:24	3:45	3:32	6:47	3:04	1:17	5:59
				57:53	1:02:56	1:07:31	1:10:20	1:13:22	1:14:53		16:56	29:49	53:34	1:00:24	1:06:32	
				4:56	5:03	4:35	2:49	3:02	1:31		*52	*53	*59	*41	*71	
2	4809	Sofía Martínez Góme	1:15:36	1:28	3:54	7:09	11:38	14:46	18:11	22:56	27:30	30:29	38:27	41:49	43:04	48:19
		Lugo COMPÁS		1:28	2:26	3:15	4:29	3:08	3:25	4:45	4:34	2:59	7:58	3:22	1:15	5:15
				56:09	1:02:23	1:07:18	1:10:24	1:13:51	1:15:36		17:38	51:18	1:06:18			
				5:21	6:14	4:55	3:06	3:27	1:45		*33	*59	*71			
3	4070	Laura Doncel Rodríguez	1:21:13	1:35	4:40	8:07	13:31	17:15	22:19	27:24	32:01	36:02	43:02	46:48	48:07	53:51
		Badajoz ITACA		1:35	3:05	3:27	5:24	3:44	5:04	5:05	4:37	4:01	7:00	3:46	1:19	5:44
				1:02:09	1:08:09	1:13:05	1:16:03	1:19:13	1:21:13		57:28	1:12:04				
				5:16	6:00	4:56	2:58	3:10	2:00		*59	*71				

Pos	Dorsal	Nombre	Tiempo													
F-20 (4)			12,6 km					19 C			<i>(cont.)</i>					
			1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)	
			15(43)	16(69)	17(50)	18(72)	19(200)	Meta								
	4098	Candela Naranjo Ru r en tarj. Badajoz ITACA	1:35	-----	8:12	13:02	16:24	20:45	25:40	29:53	33:06	40:44	44:28	45:42	51:04	
			1:35		6:37	4:50	3:22	4:21	4:55	4:13	3:13	7:38	3:44	1:14	5:22	
			59:54	1:05:17	1:11:34	1:15:40	1:19:05	1:20:50		2:23	4:12	6:12	17:19	55:11	1:02:31	
			5:35	5:23	6:17	4:06	3:25	1:45		*37	*47	*60	*52	*59	*41	
F-E (10)			13,0 km					18 C								
			1(52)	2(36)	3(61)	4(40)	5(32)	6(35)	7(44)	8(42)	9(54)	10(50)	11(48)	12(65)	13(55)	
			15(41)	16(51)	17(69)	18(200)	Meta									
1	4620	Maria del Mar Delgac A Coruña OP BETANZ	1:10:33	1:28	2:50	5:51	8:40	11:59	14:56	18:47	21:47	24:20	32:04	36:05	39:47	46:02
				1:28	1:22	3:01	2:49	3:19	2:57	3:51	3:00	2:33	7:44	4:01	3:42	6:15
				53:59	58:06	1:01:27	1:09:08	1:10:33		14:25	22:03	1:06:42				
				5:26	4:07	3:21	7:41	1:25		*33	*59	*72				
2	1933	Miren Arina Andueza Huesca PEÑA GUARA	1:10:53	1:26	3:00	5:21	8:29	12:22	15:12	19:10	22:32	25:03	33:04	37:07	40:52	46:09
				1:26	1:34	2:21	3:08	3:53	2:50	3:58	3:22	2:31	8:01	4:03	3:45	5:17
				54:36	59:05	1:02:24	1:09:20	1:10:53		11:42	14:45	30:29	1:05:36			
				6:06	4:29	3:19	6:56	1:33		*45	*33	*66	*71			
3	5117	Elena Yllan Ortiz Madrid ALABARDA-O	1:16:51	1:24	2:56	5:36	9:10	13:13	16:14	20:48	24:20	27:03	36:07	41:12	45:16	50:40
				1:24	1:32	2:40	3:34	4:03	3:01	4:34	3:32	2:43	9:04	5:05	4:04	5:24
				59:41	1:04:17	1:07:54	1:15:20	1:16:51		12:33	1:11:10					
				6:21	4:36	3:37	7:26	1:31		*45	*71					
4	4626	Veronica Montes Vill A Coruña OP BETANZ	1:23:23	4:01	5:55	8:32	11:53	15:54	18:42	23:10	26:46	30:19	40:36	45:04	50:26	55:55
				4:01	1:54	2:37	3:21	4:01	2:48	4:28	3:36	3:33	10:17	4:28	5:22	5:29
				1:05:14	1:10:08	1:13:50	1:21:39	1:23:23		4:57	53:49	1:02:16	1:09:39	1:18:35		
				6:29	4:54	3:42	7:49	1:44		*37	*53	*53	*56	*72		
5	4281	María Piñeiro Varela A Coruña ARTABROS	1:31:35	1:42	3:42	6:51	10:47	15:46	18:55	24:24	28:38	31:28	42:39	47:51	52:29	59:57
				1:42	2:00	3:09	3:56	4:59	3:09	5:29	4:14	2:50	11:11	5:12	4:38	7:28
				1:10:17	1:16:04	1:20:27	1:29:37	1:31:35		14:59	39:23	56:30	1:07:01	1:24:41		
				7:19	5:47	4:23	9:10	1:58		*45	*66	*53	*59	*71		
6	4436	Paula Naya Mancebo A Coruña GALLAECIA	1:42:47	1:48	3:23	6:19	10:17	15:07	18:15	23:49	28:12	30:57	42:26	47:40	1:01:13	1:09:01
				1:48	1:35	2:56	3:58	4:50	3:08	5:34	4:23	2:45	11:29	5:14	13:33	7:48
				1:20:31	1:26:47	1:31:21	1:40:49	1:42:47		39:01	54:00	57:18	1:16:58	1:26:12	1:35:51	
				8:22	6:16	4:34	9:28	1:58		*66	*53	*59	*53	*56	*71	
7	3078	Itziar Vidondo Martiñ Cuenca ORIENTIJOT	1:44:10	1:38	3:32	6:14	16:58	22:17	25:31	31:13	36:07	39:37	51:12	57:07	1:03:20	1:11:38
				1:38	1:54	2:42	10:44	5:19	3:14	5:42	4:54	3:30	11:35	5:55	6:13	8:18
				1:22:28	1:28:28	1:32:34	1:42:02	1:44:10		1:08:43	1:37:09					
				7:45	6:00	4:06	9:28	2:08		*53	*71					
8	5722	Mercedes Cuesta Sar Vizcaya COBI	1:45:35	2:03	4:18	7:51	14:24	23:40	27:01	31:49	36:56	44:10	55:11	1:00:54	1:09:29	1:16:05
				2:03	2:15	3:33	6:33	9:16	3:21	4:48	5:07	7:14	11:01	5:43	8:35	6:36
				1:26:31	1:32:01	1:36:13	1:43:57	1:45:35		26:27						
				7:02	5:30	4:12	7:44	1:38		*33						
9	3931	Miriam Miranda Guer Cáceres ALTAR	1:46:42	1:51	5:24	8:18	13:01	17:44	21:02	26:37	31:29	35:00	46:21	52:20	1:00:52	1:10:28
				1:51	3:33	2:54	4:43	4:43	3:18	5:35	4:52	3:31	11:21	5:59	8:32	9:36
				1:21:32	1:30:34	1:35:10	1:44:34	1:46:42		20:29	42:37					
				7:51	9:02	4:36	9:24	2:08		*33	*66					
	4364	Olalla Bello Rodríguez A Coruña GALLAECIA		1:34	3:21	6:20	9:32	13:13	16:05	20:26	-----	27:06	36:03	40:34	45:16	50:44
				1:34	1:47	2:59	3:12	3:41	2:52	4:21		6:40	8:57	4:31	4:42	5:28
				59:47	1:04:35	1:08:10	1:15:13	1:16:40		24:37	1:03:49	1:11:23				
				6:07	4:48	3:35	7:03	1:27		*59	*56	*71				
F-21 (2)			12,3 km					19 C								
			1(52)	2(38)	3(40)	4(45)	5(37)	6(70)	7(34)	8(43)	9(53)	10(41)	11(44)	12(59)	13(51)	
			15(69)	16(50)	17(48)	18(71)	19(200)	Meta								
1	4446	María Adela Peinó Vill A Coruña GALLAECIA	2:16:28	2:07	9:16	13:43	25:20	31:20	37:17	44:40	52:26	57:53	1:01:47	1:09:36	1:17:01	1:28:37
				2:07	7:09	4:27	11:37	6:00	5:57	7:23	7:46	5:27	3:54	7:49	7:25	11:36
				1:41:39	1:49:27	1:57:49	2:05:30	2:13:40	2:16:28		1:16:10	1:19:32				
				3:07	7:48	8:22	7:41	8:10	2:48		*42	*53				
2	4504	Lorena Calviño Sami A Coruña USC	2:40:22	14:53	22:54	28:57	34:53	41:55	45:30	49:43	57:17	1:02:38	1:07:38	1:24:15	1:31:25	1:45:11
				14:53	8:01	6:03	5:56	7:02	3:35	4:13	7:34	5:21	5:00	16:37	7:10	13:46
				1:57:43	2:06:16	2:14:52	2:29:37	2:37:01	2:40:22							
				4:04	8:33	8:36	14:45	7:24	3:21							
F-40 (9)			12,6 km					19 C								
			1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)	
			15(43)	16(69)	17(50)	18(72)	19(200)	Meta								
1	4767	Tania López Eyo Pontevedra XESTEIR	1:09:35	1:28	3:57	6:58	11:33	14:31	18:10	22:32	25:55	28:34	35:01	38:00	39:15	44:02
				1:28	2:29	3:01	4:35	2:58	3:39	4:22	3:23	2:39	6:27	2:59	1:15	4:47
				51:33	56:38	1:01:40	1:04:31	1:07:58	1:09:35		17:38	47:27				
				4:52	5:05	5:02	2:51	3:27	1:37		*33	*59				
2	4966	Ana Castilla Reyes Madrid MONTE_EL_F	1:14:24	2:01	5:12	8:17	13:02	16:26	20:24	24:44	28:38	32:15	39:37	42:35	43:54	48:45
				2:01	3:11	3:05	4:45	3:24	3:58	4:20	3:54	3:37	7:22	2:58	1:19	4:51
				56:24	1:01:46	1:06:50	1:09:44	1:12:36	1:14:24		19:49	38:17	52:05	1:05:39		
				4:49	5:22	5:04	2:54	2:52	1:48		*33	*55	*59	*56		

Pos	Dorsal	Nombre	Tiempo													
F-40 (9)				12,6 km				19 C				<i>(cont.)</i>				
				1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)
				15(43)	16(69)	17(50)	18(72)	19(200)	Meta							
3	4236	Alicia Pérez Alonso Pontevedra RAZA PA	1:15:52	1:45	5:42	8:41	13:39	16:50	21:02	25:39	29:53	33:21	40:10	43:36	44:57	50:42
				1:45	3:57	2:59	4:58	3:11	4:12	4:37	4:14	3:28	6:49	3:26	1:21	5:45
				59:03	1:03:56	1:08:28	1:11:18	1:14:05	1:15:52		30:13	42:40				
				4:54	4:53	4:32	2:50	2:47	1:47		*59	*51				
4	4585	Susana Míguez Sami A Coruña ADC_ARNE	1:22:03	1:54	4:59	9:31	14:36	18:22	22:41	27:57	32:35	35:44	42:47	46:03	47:21	53:22
				1:54	3:05	4:32	5:05	3:46	4:19	5:16	4:38	3:09	7:03	3:16	1:18	6:01
				1:02:31	1:08:18	1:13:10	1:17:07	1:20:18	1:22:03		5:56	22:05	1:05:27	1:12:05		
				5:35	5:47	4:52	3:57	3:11	1:45		*61	*33	*41	*71		
5	5002	Susana Arroyo Schn Madrid SOTOBOSQU	1:22:55	1:35	5:02	8:30	14:15	18:13	23:01	28:29	32:41	36:00	43:44	47:17	48:33	54:06
				1:35	3:27	3:28	5:45	3:58	4:48	5:28	4:12	3:19	7:44	3:33	1:16	5:33
				1:02:33	1:08:25	1:14:47	1:17:58	1:21:21	1:22:55		19:24	57:50				
				5:24	5:52	6:22	3:11	3:23	1:34		*52	*59				
6	4310	Fernanda Follana Ne Lugo FLUVIAL_LUGO	1:26:29	1:38	6:10	9:55	15:08	18:48	23:28	28:44	32:48	35:56	43:34	47:11	48:54	55:20
				1:38	4:32	3:45	5:13	3:40	4:40	5:16	4:04	3:08	7:38	3:37	1:43	6:26
				1:04:40	1:13:32	1:18:29	1:21:34	1:24:49	1:26:29		22:40	1:00:07	1:17:17			
				5:45	8:52	4:57	3:05	3:15	1:40		*33	*59	*71			
7	3823	Encarni Clement Sar Alicante RAIDERMAN	1:27:51	1:53	5:06	8:23	14:08	17:48	23:07	33:39	38:00	41:03	47:58	51:30	52:45	1:00:12
				1:53	3:13	3:17	5:45	3:40	5:19	10:32	4:21	3:03	6:55	3:32	1:15	7:27
				1:09:38	1:15:41	1:20:12	1:23:20	1:26:09	1:27:51		18:55	50:26	1:19:12			
				6:11	6:03	4:31	3:08	2:49	1:42		*52	*51	*71			
8	1416	Justa María Buzo Sá Huelva COHU	1:38:53	2:04	6:22	10:43	18:07	22:37	28:00	33:53	38:55	43:03	52:58	57:07	58:35	1:04:16
				2:04	4:18	4:21	7:24	4:30	5:23	5:53	5:02	4:08	9:55	4:09	1:28	5:41
				1:15:15	1:21:40	1:28:30	1:32:19	1:36:27	1:38:53		23:45	1:18:32				
				7:16	6:25	6:50	3:49	4:08	2:26		*52	*41				
9	4324	Rosa Porto Vázquez Lugo FLUVIAL_LUGO	1:48:25	1:59	6:54	11:30	20:18	24:53	31:03	37:53	43:27	47:33	56:31	1:01:32	1:03:07	1:11:17
				1:59	4:55	4:36	8:48	4:35	6:10	6:50	5:34	4:06	8:58	5:01	1:35	8:10
				1:23:22	1:31:19	1:37:27	1:41:46	1:45:55	1:48:25		1:27:44					
				8:06	7:57	6:08	4:19	4:09	2:30			*41				
F-50 (6)				12,3 km				19 C								
				1(52)	2(38)	3(40)	4(45)	5(37)	6(70)	7(34)	8(43)	9(53)	10(41)	11(44)	12(59)	13(51)
				15(69)	16(50)	17(48)	18(71)	19(200)	Meta							
1	1489	Paloma Rodríguez R Granada VELETA	1:30:10	1:43	4:28	8:31	12:42	17:41	20:22	23:09	28:39	32:09	36:41	40:57	47:10	56:25
				1:43	2:45	4:03	4:11	4:59	2:41	2:47	5:30	3:30	4:32	4:16	6:13	9:15
				1:03:00	1:09:16	1:17:04	1:23:04	1:28:04	1:30:10		10:31	13:37	31:33	46:42		
				2:01	6:16	7:48	6:00	5:00	2:06		*47	*32	*59	*42		
2	2175	María José Merino H Asturias ASTUR_EXTI	1:49:22	2:18	6:36	11:15	16:12	21:20	24:51	29:21	41:31	46:26	50:39	56:53	1:03:49	1:12:55
				2:18	4:18	4:39	4:57	5:08	3:31	4:30	12:10	4:55	4:13	6:14	6:56	9:06
				1:21:12	1:28:26	1:34:38	1:41:03	1:47:01	1:49:22		17:06	22:34	1:03:11	1:10:11		
				2:39	7:14	6:12	6:25	5:58	2:21		*32	*52	*42	*66		
3	4250	Luisa Sánchez Vázqz Pontevedra AROMON	2:09:19	2:06	7:21	13:11	23:02	30:34	34:21	38:37	45:39	50:32	55:44	1:03:31	1:10:57	1:22:57
				2:06	5:15	5:50	9:51	7:32	3:47	4:16	7:02	4:53	5:12	7:47	7:26	12:00
				1:32:57	1:41:26	1:48:43	1:58:10	2:05:44	2:09:19		24:16	2:00:05				
				3:06	8:29	7:17	9:27	7:34	3:35		*32	*72				
4	4476	Teresa Silvarrey Red A Coruña GALLAECIA	2:10:49	2:03	7:04	12:16	17:47	24:41	28:14	32:59	39:55	44:42	49:27	58:10	1:05:17	1:23:43
				2:03	5:01	5:12	5:31	6:54	3:33	4:45	6:56	4:47	4:45	8:43	7:07	18:26
				1:36:48	1:45:34	1:52:19	2:01:04	2:07:40	2:10:49		9:03	19:10	26:01	43:38	1:04:43	1:16:57
				3:12	8:46	6:45	8:45	6:36	3:09		*60	*32	*52	*42	*42	*55
				1:43:56												
				*56												
4433	Paulina Andrea Mosc A Coruña GALLAECIA	r en tarj.		1:50	5:23	9:07	13:31	18:26	-----	23:48	32:10	35:38	39:38	44:39	51:49	1:01:11
				1:50	3:33	3:44	4:24	4:55		5:22	8:22	3:28	4:00	5:01	7:10	9:22
				1:10:32	1:16:39	1:22:00	1:27:56	1:33:02	1:35:02		14:23	19:26	20:08	20:33	34:59	51:23
				2:09	6:07	5:21	5:56	5:06	2:00		*32	*52	*49	*31	*59	*42
				1:00:05	1:00:33	1:29:20										
				*56	*56	*72										
1360	María Paloma Fontar Málaga COMA	No sale														
F-60 (1)				10,5 km				17 C								
				1(45)	2(40)	3(38)	4(36)	5(49)	6(58)	7(65)	8(43)	9(41)	10(39)	11(69)	12(71)	13(51)
				15(48)	16(50)	17(200)	Meta									
1	4405	Adriana Luisa Gonzá A Coruña GALLAECIA	2:50:09	7:22	14:53	20:42	34:39	41:17	48:29	57:56	1:09:06	1:14:52	1:36:08	1:39:47	1:52:08	2:00:08
				7:22	7:31	5:49	13:57	6:38	7:12	9:27	11:10	5:46	21:16	3:39	12:21	8:00
				2:23:01	2:36:01	2:46:58	2:50:09		2:10:33	2:17:34						
				11:14	13:00	10:57	3:11		*59	*41						
ABS.PAREJAS (1)				12,6 km				19 C								
				1(52)	2(38)	3(40)	4(70)	5(37)	6(35)	7(44)	8(42)	9(54)	10(66)	11(56)	12(50)	13(48)
				15(43)	16(69)	17(50)	18(72)	19(200)	Meta							
1	4612	María Esther Barreir Op Betanzos raid te	1:21:05	1:48	4:56	9:25	15:24	19:06	23:05	28:14	32:25	36:20	43:10	46:37	47:59	53:42
				1:48	3:08	4:29	5:59	3:42	3:59	5:09	4:11	3:55	6:50	3:27	1:22	5:43
				1:01:58	1:07:18	1:12:48	1:15:49	1:19:03	1:21:04		22:28	45:39	57:08	57:40		
				5:25	5:20	5:30	3:01	3:14	2:01		*33	*51	*59	*42		

Pos	Dorsal	Nombre	Tiempo														
INIC.PAREJA (2)					7,7 km			16 C									
			1(52)	2(36)	3(47)	4(31)	5(52)	6(34)	7(57)	8(44)	9(59)	10(55)	11(56)	12(69)	13(71)		
			15(72)	16(200)	Meta												
1	4693	María Inmaculada Ar Cornelios Arenas	2:47:05	1:05:54	1:09:24	1:13:28	1:22:31	1:25:06	1:31:18	1:37:44	1:42:00	1:50:37	2:04:23	2:15:52	2:22:09	2:30:16	
				1:05:54	3:30	4:04	9:03	2:35	6:12	6:26	4:16	8:37	13:46	11:29	6:17	8:07	
				2:40:06	2:44:35	2:47:05		1:19:54	1:50:09	1:54:24							
				6:11	4:29	2:30		*70	*42	*53							
		4548 Lucas García Vázque BUDIÑORAD Rookie	No sale														
M-PROM (2)					10,2 km			18 C									
			1(31)	2(32)	3(37)	4(47)	5(38)	6(33)	7(58)	8(65)	9(59)	10(43)	11(53)	12(48)	13(71)		
			15(41)	16(66)	17(72)	18(200)	Meta										
1	9001	Porfirio Fernández \ Alicante FEDO	51:43	2:00	3:28	6:22	8:05	9:10	10:44	14:43	18:16	21:22	24:53	28:31	32:43	36:36	
				2:00	1:28	2:54	1:43	1:05	1:34	3:59	3:33	3:06	3:31	3:38	4:12	3:53	
				40:43	43:34	48:05	50:26	51:43		17:17							
				2:14	2:51	4:31	2:21	1:17		*57							
2	9004	Jonathan Rincón Sai Alicante FEDO	1:02:48	5:37	7:14	10:16	12:16	13:42	15:31	20:03	24:31	28:23	33:00	36:52	41:55	46:31	
				5:37	1:37	3:02	2:00	1:26	1:49	4:32	4:28	3:52	4:37	3:52	5:03	4:36	
				50:16	53:34	58:34	1:01:06	1:02:48		6:04	16:23	27:57					
				2:14	3:18	5:00	2:32	1:42		*70	*35	*42					
OPEN E-BIKE (2)					12,3 km			19 C									
			1(52)	2(38)	3(40)	4(45)	5(37)	6(70)	7(34)	8(43)	9(53)	10(41)	11(44)	12(59)	13(51)		
			15(69)	16(50)	17(48)	18(71)	19(200)	Meta									
1	4280	Jorge Piñeiro Portel A Coruña ARTABROS	58:12	1:38	3:57	6:26	9:31	12:16	14:18	17:30	21:45	24:29	26:44	30:02	33:33	37:15	
				1:38	2:19	2:29	3:05	2:45	2:02	3:12	4:15	2:44	2:15	3:18	3:31	3:42	
				42:14	46:09	50:18	53:50	57:11	58:12		8:03	9:57	12:56	13:58	34:08		
				1:37	3:55	4:09	3:32	3:21	1:01		*47	*32	*52	*31	*53		
2	4592	Gelasio Oujo Pouso A Coruña ADC_ARNE	1:01:27	1:45	4:09	6:20	9:05	11:44	13:42	16:08	20:00	22:31	24:44	33:28	36:34	40:14	
				1:45	2:24	2:11	2:45	2:39	1:58	2:26	3:52	2:31	2:13	8:44	3:06	3:40	
				46:13	49:42	53:38	56:21	1:00:29	1:01:27		12:25	21:43	36:05	48:42			
				1:29	3:29	3:56	2:43	4:08	0:58		*52	*42	*42	*56			