

Pos	Jorsal	Nombre	Tempo														
Veteranas A Feminino (8)				18,4 km 152 m 18 C (cont.)													
				1(32) 15(62)	2(33) 16(44)	3(36) 17(48)	4(37) 18(100)	5(49) Meta	6(56)	7(55)	8(52)	9(60)	10(58)	11(56)	12(42)	13(43)	14(47)
6	69	Sanchez Vázquez, M AROMON Pontevedr	2:11:28	2:51 2:51	6:25 3:34	21:55 15:30	27:54 5:59	43:18 15:24	55:53 12:35	1:01:42 5:49	1:13:56 12:14	1:18:45 4:49	1:23:16 4:31	1:25:54 2:38	1:47:00 21:06	1:49:13 2:13	1:56:30 7:17
7	127	Silvarrey Redondo, I GALLAECIA RAID a	2:35:00	1:59:29 2:59	2:06:16 6:47	2:09:27 3:11	2:11:04 1:37	2:11:28 0:24	1:07:41	1:11:46	1:28:36	1:35:17	1:39:50	1:42:39	2:09:57	2:12:05	2:19:58
				2:23:05 3:07	2:28:55 5:50	2:32:53 3:58	2:34:35 1:42	2:35:00 0:25	14:35	4:05	16:50	6:41	4:33	2:49	27:18	2:08	7:53
	139	Fernandez Torres, X ADC ARNELA Porto	No sale														
Veteranas B Feminino (1)				10,7 km 155 m 14 C													
				1(31) Meta	2(33)	3(34)	4(39)	5(36)	6(37)	7(38)	8(49)	9(50)	10(41)	11(43)	12(44)	13(63)	14(100)
1	390	Alviarez Milano, Sor A PEDROSA ORRO	1:39:29	3:40 3:40 1:39:29 0:36	7:49 4:09	15:57 8:08	23:55 7:58	36:54 12:59	52:17 15:23	57:18 5:01	1:02:49 5:31	1:10:33 7:44	1:18:09 7:36	1:24:28 6:19	1:29:19 4:51	1:35:59 6:40	1:38:53 2:54
Cadete Masculino (7)				10,7 km 155 m 14 C													
				1(31) Meta	2(33)	3(34)	4(39)	5(36)	6(37)	7(38)	8(49)	9(50)	10(41)	11(43)	12(44)	13(63)	14(100)
1	493	Lopez Gonzalez, Jav ADVENTURE ADDIC	44:21	1:51 1:51 44:21 0:19	3:52 2:01	8:39 4:47	12:12 3:33	18:33 6:21	22:45 4:12	25:35 2:50	28:09 2:34	31:36 3:27	35:52 4:16	38:33 2:41	40:40 2:07	42:57 2:17	44:02 1:05
2	494	Lopez Gonzalez, Nic ADVENTURE ADDIC	46:38	2:12 2:12 46:38 0:19	4:19 2:07	9:09 4:50	12:56 3:47	19:44 6:48	24:18 4:34	26:59 2:41	29:30 2:31	32:56 3:26	37:28 4:32	40:21 2:53	42:25 2:04	44:43 2:18	46:19 1:36
3	10	Fernández Sánchez, FLUVIAL LUGO Lug	46:46	1:45 1:45 46:46 0:20	3:42 1:57	8:26 4:44	12:04 3:38	18:35 6:31	22:55 4:20	25:38 2:43	29:12 3:34	31:54 2:42	35:54 4:00	41:00 5:06	43:07 2:07	45:22 2:15	46:26 1:04
4	42	Beloso Iglesias, Xan AROMON Pontevedr	1:02:20	2:18 2:18 1:02:20 0:32	5:13 2:55	11:10 5:57	15:58 4:48	24:04 8:06	29:43 5:39	34:24 4:41	38:14 3:50	43:02 4:48	47:55 4:53	50:59 3:04	54:21 3:22	59:54 5:33	1:01:48 1:54
5	79	Alvarez Braña, Ivan GALLAECIA RAID a	1:18:55	2:52 2:52 1:18:55 0:27	5:41 2:49	13:55 8:14	20:07 6:12	31:16 11:09	38:51 7:35	43:46 4:55	48:45 4:59	54:23 5:38	1:01:53 7:30	1:08:09 6:16	1:12:14 4:05	1:16:37 4:23	1:18:28 1:51
6	307	Candela Iglesias, Na ARTABROS A Coruá	1:24:01	2:56 2:56 1:24:01 0:31	5:34 2:38	13:49 8:15	27:52 14:03	38:09 10:17	44:11 6:02	50:06 5:55	54:15 4:09	1:04:13 9:58	1:10:33 6:20	1:14:33 4:00	1:18:37 4:04	1:21:53 3:16	1:23:30 1:37
	160	Serantes Abal, Eloi ADC ARNELA Porto	en tarj.	2:55 2:55 1:05:20 0:23	5:58 3:03	12:45 6:47	----	22:05 9:20	27:28 5:23	33:10 5:42	37:16 4:06	41:49 4:33	46:50 5:01	52:53 6:03	57:17 4:24	1:03:22 6:05	1:04:57 1:35
Junior Masculino (2)				18,1 km 160 m 16 C													
				1(32) 15(48)	2(31) 16(100)	3(34) 3(34)	4(51)	5(37)	6(38)	7(49)	8(50)	9(42)	10(33)	11(46)	12(44)	13(43)	14(63)
1	80	Alvarez Braña, Marti GALLAECIA RAID a	1:05:34	1:54 1:54 1:03:58 0:34	2:43 0:49	8:47 6:04	18:52 10:05	25:23 6:31	27:48 2:25	29:48 2:00	32:21 2:33	37:41 5:20	43:06 5:25	51:17 8:11	54:56 3:39	57:43 2:47	1:03:24 5:41
2	530	Portela López, Brun FLUVIAL LUGO Lug	1:21:41	2:41 2:41 1:19:50 0:38	3:57 1:16	10:29 6:32	22:58 12:29	31:41 8:43	35:03 3:22	37:22 2:19	41:44 4:22	48:49 7:05	56:59 8:10	1:06:12 9:13	1:09:47 3:35	1:13:11 3:24	1:19:12 6:01
				1:21:41 0:38	1:21:12 1:22	1:21:41 0:29											
Senior Masculino (18)				23,7 km 230 m 24 C													
				1(32) 15(40)	2(36) 16(41)	3(38) 17(43)	4(37) 18(61)	5(49) 19(46)	6(53) 20(62)	7(56) 21(43)	8(60) 22(33)	9(58) 23(63)	10(55) 24(100)	11(52) Meta	12(56)	13(54)	14(51)
1	492	López Costoya, Fran ADVENTURE ADDIC	1:16:16	1:46 1:46 50:17 3:41	8:31 6:45	13:11 4:40	14:49 1:38	17:15 2:26	19:40 2:25	24:02 4:22	26:25 2:23	28:23 1:58	29:20 0:57	32:53 3:33	36:56 4:03	40:18 3:22	46:36 6:18
2	113	Muiño García, Marc GALLAECIA RAID a	1:27:03	2:19 2:19 1:01:19 3:08	1:55 10:42	2:33 4:37	3:01 1:57	2:33 2:45	1:40 2:52	5:47 5:27	3:33 4:59	3:24 2:02	1:18 1:17	0:15 4:07	47:32 4:28	52:04 4:32	58:11 6:07
3	85	Breijo Martinez, Yag GALLAECIA RAID a	1:30:10	3:07 3:07 1:00:24 4:07	1:22 10:54	2:06 15:17	2:52 17:09	2:53 19:45	2:15 23:48	5:44 30:55	3:44 33:34	3:34 35:37	3:34 36:41	3:34 41:03	1:25:49 4:22	1:26:46 4:22	1:27:03 0:17
4	96	Freire Lage, Lucas GALLAECIA RAID a	1:31:50	3:07 3:07 1:02:30 3:08	11:42 8:35	16:53 5:11	18:51 1:58	21:33 2:42	24:23 2:50	29:58 5:35	33:16 3:18	35:41 2:25	36:54 1:13	41:25 4:31	48:54 7:29	52:31 3:37	59:28 6:57
				1:31:50 3:08	1:04:15 1:39	1:06:50 2:35	1:09:50 3:00	1:12:44 2:54	1:14:20 1:36	1:21:45 7:25	1:25:41 3:56	1:30:25 4:44	1:31:33 1:08	1:31:50 0:17			

Pos	Jorsal	Nombre	Tempo														
Senior B Masculino (12)				18,4 km 152 m 18 C (cont.)													
				1(32) 15(62)	2(33) 16(44)	3(36) 17(48)	4(37) 18(100)	5(49) Meta	6(56)	7(55)	8(52)	9(60)	10(58)	11(56)	12(42)	13(43)	14(47)
8	148	Oujo Castelo, Santi ADC ARNELA Porto	1:44:35	5:00 1:34:51	8:56 1:39:40	22:25 1:42:42	27:59 1:44:13	32:44 1:44:35	42:56 10:12	45:33 2:37	52:15 6:42	56:14 3:59	1:00:00 3:46	1:03:12 3:12	1:22:42 19:30	1:24:47 2:05	1:32:58 8:11
9	93	Dopico Pena, Andre GALLAECIA RAID a	1:45:40	5:47 1:35:51	9:43 1:41:37	24:51 1:44:09	29:10 1:45:21	33:07 1:45:40	41:37 2:15	43:51 2:14	49:30 5:39	54:44 5:14	59:18 4:34	1:03:43 4:25	1:23:58 20:15	1:25:49 1:51	1:33:36 7:47
10	88	Cobas García, Robe GALLAECIA RAID a	2:29:41	14:40 2:11:04	16:42 2:23:11	35:26 2:27:25	44:24 2:29:15	50:59 2:29:41	1:02:43	1:06:05	1:16:57	1:25:13	1:29:17	1:32:48	1:54:55	1:58:01	2:07:13
	4	Buide Mouriz, Jesus FLUVIAL LUGO Lug	No sale														
	505	Castelo Núñez, Davi GALLAECIA RAID a	No sale														
Veteráns A Masculino (26)				22,0 km 230 m 21 C													
				1(32) 15(61)	2(33) 16(46)	3(36) 17(47)	4(38) 18(62)	5(37) 19(43)	6(49) 20(48)	7(56) 21(100)	8(54) Meta	9(58)	10(55)	11(60)	12(52)	13(56)	14(51)
1	87	Chas Gómez, Rober GALLAECIA RAID a	1:29:15	1:58 1:10:39	3:25 1:13:46	10:34 1:15:28	15:32 1:16:45	17:24 1:13:59	20:24 1:12:51	27:01 1:27:51	31:13 1:28:58	39:18 8:05	40:30 1:12	43:04 2:34	47:48 4:44	53:13 5:25	59:35 6:22
2	41	Beloso García, Mani AROMON Pontevedr	1:37:23	2:42 1:14:59	4:02 1:18:31	12:33 1:20:32	18:25 1:22:30	20:27 1:30:52	23:57 1:35:40	31:39 1:37:04	36:25 1:37:23	44:30 8:05	45:40 1:10	48:35 2:55	52:14 3:39	58:04 5:50	1:04:27 6:23
3	81	Álvarez Estévez, Eni GALLAECIA RAID a	1:40:12	2:26 1:21:41	4:09 1:24:52	12:05 1:26:33	17:13 1:27:53	19:16 1:35:00	22:07 1:38:34	28:59 1:39:53	33:19 1:40:12	46:36 9:05	47:53 3:11	49:53 2:00	59:53 10:00	1:06:12 6:19	1:12:36 6:24
4	348	López Peiteado, Ant MONTAÑA FERROL	1:40:56	3:01 1:20:13	4:53 1:23:39	13:33 1:25:29	18:58 1:27:08	21:15 1:34:45	24:26 1:39:15	32:02 1:40:36	37:18 1:40:56	45:08	46:45	49:45	54:49	1:00:57	1:09:57
5	116	Patiño Varela, Juan GALLAECIA RAID a	1:41:03	2:35 1:19:41	4:10 1:23:16	13:40 1:25:11	19:57 1:26:38	22:13 1:34:31	25:28 1:39:25	33:30 1:40:42	38:30 1:41:03	47:26 8:56	48:35 1:09	51:31 2:56	55:06 3:35	1:01:29 6:23	1:08:54 7:25
6	83	Balseiro Pérez, José GALLAECIA RAID a	1:43:08	4:37 1:21:46	6:34 1:25:16	16:37 1:27:16	23:23 1:28:40	26:32 1:35:20	29:44 1:41:37	36:53 1:42:49	41:25 1:43:08	50:54 9:29	51:59 1:05	54:15 2:16	57:56 3:41	1:02:57 5:01	1:09:01 6:04
7	382	Iglesias Duran, Jose HABELAS HAINAS \	1:52:10	4:20 1:31:54	5:31 1:34:55	13:22 1:36:46	21:32 1:39:01	24:16 1:46:40	27:21 1:50:37	34:42 1:51:46	40:47 1:52:10	49:20 8:33	52:00 2:40	54:04 2:04	1:09:28 15:24	1:15:04 5:36	1:22:47 7:43
8	121	Picos Romero, Victo GALLAECIA RAID a	1:57:20	4:19 1:31:07	6:10 1:39:20	15:56 1:41:28	23:33 1:43:26	26:25 1:51:02	29:31 1:55:34	38:16 1:57:02	48:01 1:57:20	57:09 11:18	1:00:04 8:13	1:02:37 2:33	1:06:09 3:32	1:12:01 5:52	1:19:49 7:48
9	255	Casal Casal, Miguel BRIGANTIA A Coruñ	1:59:47	3:04 1:35:57	5:59 1:40:04	16:41 1:42:19	23:07 1:43:56	25:48 1:52:34	29:22 1:57:41	40:04 1:59:24	49:36 1:59:47	59:29	1:00:48	1:03:08	1:08:52	1:15:39	1:23:45
10	450	Ramos Asensio, Lui IES SABÓN Artoixo.	2:12:39	3:07 1:44:30	4:55 1:49:26	18:39 1:51:48	25:22 1:54:14	28:00 2:05:16	31:43 2:10:41	41:30 2:12:09	48:20 2:12:39	1:04:58	1:06:20	1:10:18	1:14:29	1:23:11	1:31:44
11		Liz Diaz, Javier FLUVIAL LUGO Lug	2:16:55	3:27 1:49:09	5:16 1:53:28	19:15 1:57:40	25:58 1:59:18	29:18 2:09:17	33:18 2:15:00	44:39 2:16:31	57:52 2:16:55	1:08:46	1:10:51	1:13:36	1:17:50	1:25:29	1:35:16
12	11	Montouto Gonzalez, FLUVIAL LUGO Lug	3:17:03	2:48 2:46:12	4:36 2:53:57	18:52 2:56:26	26:33 2:59:22	29:30 3:08:31	35:09 3:14:49	46:20 3:17:00	1:23:40 3:17:03	1:54:25	1:56:33	2:00:30	2:08:32	2:18:22	2:32:16
13	14	Fouz Rodriguez, Ma FLUVIAL LUGO Lug	3:25:01	10:44 2:54:03	12:34 3:01:00	26:19 3:04:20	34:15 3:07:16	37:31 3:16:29	43:01 3:22:39	54:27 3:24:58	1:31:34 3:25:01	2:02:19	2:04:27	2:08:24	2:16:31	2:26:14	2:40:10
220		Arufe Varela, Javier APA LICEO A Coruñ	r en tarj.	3:16 1:18:17	4:32 1:21:49	12:36 1:23:43	18:46 1:25:10	21:00 1:32:49	24:30 1:36:56	32:13 1:38:56	37:20 1:38:56	47:00	48:30	50:58	55:08	1:01:07	1:08:12
103		González Miramonte GALLAECIA RAID a	r en tarj.	3:24 1:16:23	5:12 1:19:43	15:08 1:21:34	21:10 1:23:16	23:20 1:32:58	26:18 1:37:28	33:20 1:38:37	38:23 1:39:02	-----	44:33	47:36	54:06	59:49	1:06:40
525		Lamas Antón, Franc FLUVIAL LUGO Lug	r en tarj.	2:29 1:18:39	4:25 1:23:47	-----	16:16 1:27:26	18:19 1:36:32	21:22 1:41:19	29:10 1:42:36	37:03 1:42:55	45:15	46:31	48:44	52:12	57:45	1:06:35

