

os	rsal	Nombre	Tiempo		1,6 km	30 m	11 C										
				1(31)	2(32)	3(34)	4(33)	5(36)	6(37)	7(38)	8(39)	9(42)	10(43)	11(100)	Meta		
1	743	MARTINEZ GOMEZ, SOFIA A Coruña LICEO LA PAZ	15:35	0:44	1:29	1:51	2:37	3:54	5:22	8:01	9:21	11:06	13:32	15:21	15:35	6:27	
2	864	VIZCAYA SANLUIS, ANTIA Ames IESP AMES	15:41	0:57	1:24	1:50	2:48	4:36	6:11	7:43	9:32	11:22	14:35	15:25	15:41	*45	
3	814	MATO GOMEZ, DEKI Ames IESP AMES	16:10	1:02	1:55	2:25	3:25	5:15	6:48	8:08	10:03	11:43	15:07	15:55	16:10		
4	564	LORENZO OLVEIRA, VALE Porto do Son IES PORTO	16:27	1:08	2:04	2:49	4:55	6:03	7:18	9:57	12:02	13:29	15:04	16:08	16:27		
5	830	PAZOS BARREIRO, SARA Ames IESP AMES	18:16	2:43	3:30	4:08	5:00	6:49	8:28	10:05	11:52	13:36	16:57	17:45	18:16		
6	851	SANTOS PENA, PAULA Ames IESP AMES	18:54	1:33	2:04	3:55	4:35	6:25	8:01	9:28	11:24	13:12	16:42	18:15	18:54		
7	791	GONZALEZ ARIZA, LUCIA Ames IESP AMES	20:15	1:14	1:37	2:08	3:39	5:26	6:43	9:41	12:57	14:43	18:57	19:51	20:15		
8	816	MERELLES GONZALEZ-A Ames IESP AMES	20:41	2:18	3:28	3:52	4:53	6:35	8:25	10:49	13:21	15:55	19:11	20:24	20:41		
9	822	NAVARRO AYENSA, ANE Ames IESP AMES	20:54	1:56	2:52	3:26	4:30	6:08	8:03	10:25	12:59	15:23	19:37	20:35	20:54		
10	806	MARQUEZ CHAPELA, CAR Ames IESP AMES	22:00	1:00	1:29	1:55	3:37	5:30	11:52	13:42	15:50	17:50	20:14	21:25	22:00		
11	772	CIFUENTES ZAMALLOA, A Ames IESP AMES	22:07	1:24	1:47	2:13	3:16	5:03	7:01	10:43	12:59	15:43	20:12	21:21	22:07	21:24	
12	853	SOUTO PICOS, XIANA Ames IESP AMES	22:46	1:18	2:08	2:31	3:42	5:17	7:34	11:32	13:56	16:03	21:19	22:31	22:46	*100	
13	783	FERNANDEZ MARTINEZ, Ames IESP AMES	23:00	1:45	2:53	3:28	4:35	6:50	8:15	10:35	15:41	17:29	21:37	22:38	23:00		
14	750	ARDIONS LIÑARES, LUCIA Ames IESP AMES	23:02	0:53	2:11	2:44	4:13	5:46	7:11	12:13	14:48	16:42	21:39	22:39	23:02		
15	782	FERNANDEZ FERREIRO, Ames IESP AMES	23:14	1:08	2:26	2:59	4:25	6:05	7:28	12:25	15:08	17:03	21:50	22:59	23:14		
16	574	PEREZ GARCIA, UXIA Porto do Son IES PORTO	23:23	1:38	2:29	5:53	6:58	8:25	9:55	13:26	16:12	18:00	20:11	23:07	23:23		
17	818	MORAN ALONSO, SARA Ames IESP AMES	24:06	1:39	3:03	3:36	5:12	7:08	8:26	13:02	15:46	17:43	22:20	23:51	24:06	5:36	
18	821	NATALIA PINHEIRO, YESS Ames IESP AMES	24:34	2:53	3:52	4:26	5:50	8:52	11:11	14:05	17:36	19:59	22:48	24:10	24:34	*35	
19	555	FERNANDEZ RODAL, INDI Porto do Son IES PORTO	25:12	3:01	3:26	3:54	8:18	10:06	12:08	17:21	20:19	21:46	23:45	24:47	25:12		
20	553	FAJARDO SANCHEZ, DANI Porto do Son IES PORTO	25:41	3:26	3:57	4:32	8:52	10:41	12:43	17:56	20:53	22:29	24:20	25:16	25:41		
21	856	TUBIO SANTOS, ALDARA Ames IESP AMES	26:24	1:13	2:47	3:15	4:40	6:42	8:06	12:50	15:29	21:16	23:16	26:08	26:24		
22	845	RODRIGUEZ RAMOS, AN Ames IESP AMES	27:02	1:28	1:58	2:59	4:00	5:49	7:42	10:05	13:24	15:44	24:45	26:40	27:02		
23	758	BRUN GARCIA, CANDELA Ames IESP AMES	27:03	1:49	3:25	4:03	5:30	7:24	8:47	13:16	16:09	21:58	23:58	26:48	27:03		
24	776	DEUS OTERO, MARTA Ames IESP AMES	27:42	2:34	3:56	4:32	5:52	7:57	9:21	13:58	16:51	22:28	24:29	27:22	27:42		
25	779	DIESTE PIÑEIRO, LUCIA Ames IESP AMES	27:51	1:55	0:31	2:45	2:10	1:34	4:25	5:12	2:27	2:36	2:41	1:07	0:28		
26	762	CANTELAR CES, CARLA Ames IESP AMES	27:59	4:11	5:01	5:22	6:40	8:26	10:40	14:27	20:23	22:25	26:37	27:40	27:59		
				4:11	0:50	0:21	1:18	1:46	2:14	3:47	5:56	2:02	4:12	1:03	0:19		

os	rsal	Nombre	Tiempo												
INF FEM (87)				1,6 km 30 m		11 C		<i>(cont.)</i>							
				1(31)	2(32)	3(34)	4(33)	5(36)	6(37)	7(38)	8(39)	9(42)	10(43)	11(100)	Meta
27	838	REDONDO PORTO, CARL Ames IESP AMES	28:18	4:25	5:08	5:37	6:55	8:37	10:59	14:40	20:36	22:37	27:00	27:58	28:18
				4:25	0:43	0:29	1:18	1:42	2:22	3:41	5:56	2:01	4:23	0:58	0:20
28	759	BUGALLO NIETO, LIDIA Ames IESP AMES	28:24	2:03	2:44	5:40	7:54	9:36	13:53	19:06	21:25	24:12	26:48	27:58	28:24
				2:03	0:41	2:56	2:14	1:42	4:17	5:13	2:19	2:47	2:36	1:10	0:26
29	766	CARBIA MATO, CINTIA Ames IESP AMES	28:26	1:17	2:12	3:09	4:27	6:38	9:08	14:32	18:50	21:06	26:24	28:10	28:26
				1:17	0:55	0:57	1:18	2:11	2:30	5:24	4:18	2:16	5:18	1:46	0:16
30	751	BALIÑA ABAD, MARTINA Ames IESP AMES	28:38	2:16	3:04	5:53	8:09	9:48	14:03	19:10	21:43	24:31	26:58	28:13	28:38
				2:16	0:48	2:49	2:16	1:39	4:15	5:07	2:33	2:48	2:27	1:15	0:25
31	780	FERANDEZ BLANCO, UXI Ames IESP AMES	29:25	4:01	8:09	15:03	16:27	17:34	19:46	21:16	23:08	24:56	28:16	29:09	29:25
				4:01	4:08	6:54	1:24	1:07	2:12	1:30	1:52	1:48	3:20	0:53	0:16
32	577	RODRIGUEZ DEL RIO, LA Porto do Son IES PORTO	30:17	2:42	4:59	11:42	12:34	14:27	16:39	20:20	23:14	24:59	27:11	30:00	30:17
				2:42	2:17	6:43	0:52	1:53	2:12	3:41	2:54	1:45	2:12	2:49	0:17
33	573	PEGO SAMPEDRO, SILVIA Porto do Son IES PORTO	30:36	1:47	3:06	3:53	5:19	7:19	9:13	21:54	24:56	26:56	29:03	30:17	30:36
				1:47	1:19	0:47	1:26	2:00	1:54	12:41	3:02	2:00	2:07	1:14	0:19
34	557	FILGUEIRAS CORTON, XI Porto do Son IES PORTO	31:04	4:41	5:47	12:28	13:15	15:09	17:29	21:08	24:01	25:46	27:52	30:46	31:04
				4:41	1:06	6:41	0:47	1:54	2:20	3:39	2:53	1:45	2:06	2:54	0:18
35	559	GONZALEZ SEGADE, PAT Porto do Son IES PORTO	31:22	2:20	2:46	4:19	5:54	10:52	12:34	22:40	25:34	27:42	29:56	31:05	31:22
				2:20	0:26	1:33	1:35	4:58	1:42	10:06	2:54	2:08	2:14	1:09	0:17
36	507	ESTALOTE CAMBEIRO, AN Mazaricos CPI PICOTA	33:09	2:40	3:43	6:29	7:29	9:27	11:34	20:21	23:31	25:54	29:56	32:54	33:09
				2:40	1:03	2:46	1:00	1:58	2:07	8:47	3:10	2:23	4:02	2:58	0:15
37	506	ESPERANTE MANEIRO, N Mazaricos CPI PICOTA	33:23	3:04	4:02	7:00	8:00	10:08	12:05	20:46	23:45	26:25	29:42	32:53	33:23
				3:04	0:58	2:58	1:00	2:08	1:57	8:41	2:59	2:40	3:17	3:11	0:30
38	525	REY VILAS, LUCIA Mazaricos CPI PICOTA	33:59	3:40	4:39	7:37	8:34	10:22	12:24	20:01	24:02	26:14	31:44	33:26	33:59
				3:40	0:59	2:58	0:57	1:48	2:02	7:37	4:01	2:12	5:30	1:42	0:33
39	504	ANTELO GONZALEZ, LAU Mazaricos CPI PICOTA	34:11	1:56	7:00	8:00	9:10	11:05	13:07	21:22	24:48	27:24	30:45	33:49	34:11
				1:56	5:04	1:00	1:10	1:55	2:02	8:15	3:26	2:36	3:21	3:04	0:22
40	556	FILGUEIRA PIÑEIRO, NOA Porto do Son IES PORTO	34:23	3:00	5:18	12:09	12:54	14:50	17:04	23:15	27:02	29:34	32:24	34:01	34:23
				3:00	2:18	6:51	0:45	1:56	2:14	6:11	3:47	2:32	2:50	1:37	0:22
41	842	RODRIGUEZ BARBAZAN, Ames IESP AMES	34:45	2:59	6:38	7:09	11:40	14:41	21:20	23:06	25:04	28:02	32:38	34:27	34:45
				2:59	3:39	0:31	4:31	3:01	6:39	1:46	1:58	2:58	4:36	1:49	0:18
42	512	GONZALEZ LIÑARES, CL Mazaricos CPI PICOTA	34:58	4:07	8:00	8:58	10:05	12:08	14:00	21:19	25:32	27:45	33:10	34:36	34:58
				4:07	3:53	0:58	1:07	2:03	1:52	7:19	4:13	2:13	5:25	1:26	0:22
43	588	VENTOSO SANTOS, UXIA Porto do Son IES PORTO	35:01	5:01	6:03	12:51	13:39	15:28	17:46	23:51	27:38	30:11	33:07	34:43	35:01
				5:01	1:02	6:48	0:48	1:49	2:18	6:05	3:47	2:33	2:56	1:36	0:18
44	808	MARTINEZ FUENTES, CA Ames IESP AMES	35:14	1:18	1:57	2:31	3:35	5:42	14:29	16:59	23:30	27:35	33:42	34:56	35:14
				1:18	0:39	0:34	1:04	2:07	8:47	2:30	6:31	4:05	6:07	1:14	0:18
45	562	LARANGA ABEIJON, ADRIA Porto do Son IES PORTO	35:34	1:55	2:48	8:52	11:16	13:23	17:38	24:28	28:08	30:50	33:41	35:21	35:34
				1:55	0:53	6:04	2:24	2:07	4:15	6:50	3:40	2:42	2:51	1:40	0:13
46	527	SUAREZ FRANCO, CARMEN Mazaricos CPI PICOTA	35:36	3:26	8:32	9:26	10:26	12:20	14:27	22:09	25:56	28:15	33:35	35:18	35:36
				3:26	5:06	0:54	1:00	1:54	2:07	7:42	3:47	2:19	5:20	1:43	0:18
47	790	GARCIA RUANOVA, IRIA Ames IESP AMES	35:59	3:43	5:53	6:20	7:44	12:00	14:50	19:27	25:45	28:43	33:34	35:36	35:59
				3:43	2:10	0:27	1:24	4:16	2:50	4:37	6:18	2:58	4:51	2:02	0:23
48	835	PRADO GONZALEZ, NAYR Ames IESP AMES	36:07	3:44	6:07	6:33	7:54	12:11	15:00	19:36	25:54	28:52	33:40	35:42	36:07
				3:44	2:23	0:26	1:21	4:17	2:49	4:36	6:18	2:58	4:48	2:02	0:25
49	742	DELGADO LIÑEIRA, ANTIA A Coruña LICEO LA PAZ	38:16	2:17	2:53	5:54	7:25	9:48	14:20	22:28	25:33	28:05	35:48	37:56	38:16
				2:17	0:36	3:01	1:31	2:23	4:32	8:08	3:05	2:32	7:43	2:08	0:20
50	798	IGLESIAS COUTO, NURIA Ames IESP AMES	45:42	3:09	4:10	5:07	6:33	8:54	12:35	20:34	24:04	27:02	43:04	45:17	45:42
				3:09	1:01	0:57	1:26	2:21	3:41	7:59	3:30	2:58	16:02	2:13	0:25
51	824	NIETO GARCIA, CARLA Ames IESP AMES	46:10	2:17	2:52	3:42	6:11	13:09	14:27	23:12	27:27	31:01	43:07	45:44	46:10
				2:17	0:35	0:50	2:29	6:58	1:18	8:45	4:15	3:34	12:06	2:37	0:26
52	580	SAMPEDRO PEREZ, THALI Porto do Son IES PORTO	50:02	3:26	4:09	4:34	21:42	34:32	35:43	39:24	43:22	45:40	48:02	49:39	50:02
				3:26	0:43	0:25	17:08	12:50	1:11	3:41	3:58	2:18	2:22	1:37	0:23

8:27

*35

8:37

*35

os	rsal	Nombre	Tiempo													
INF FEM (87)				1,6 km 30 m		11 C		<i>(cont.)</i>								
				1(31)	2(32)	3(34)	4(33)	5(36)	6(37)	7(38)	8(39)	9(42)	10(43)	11(100)	Meta	
53	503	ANTELO GONZALEZ, ALIC Mazaricos CPI PICOTA	52:17	9:27	10:04	10:33	13:25	16:24	19:04	24:57	39:55	42:56	49:20	51:56	52:17	
				9:27	0:37	0:29	2:52	2:59	2:40	5:53	14:58	3:01	6:24	2:36	0:21	
54	519	MACEIRAS FERNANDEZ, Mazaricos CPI PICOTA	53:34	10:41	11:09	11:36	14:47	17:21	20:02	26:10	40:55	44:00	50:31	53:12	53:34	7:45
				10:41	0:28	0:27	3:11	2:34	2:41	6:08	14:45	3:05	6:31	2:41	0:22	*32
55	854	SUAREZ ROJO, SORAYA Ames IESP AMES	58:32	6:15	6:58	7:43	14:51	22:04	25:27	37:27	42:53	51:00	57:01	58:10	58:32	19:43
				6:15	0:43	0:45	7:08	7:13	3:23	12:00	5:26	8:07	6:01	1:09	0:22	*35
56	505	CASTELO SANTIAGO, FATI Mazaricos CPI PICOTA	59:19	9:31	10:17	10:44	14:00	16:49	19:29	25:22	40:07	43:17	49:41	52:22	59:19	52:28
				9:31	0:46	0:27	3:16	2:49	2:40	5:53	14:45	3:10	6:24	2:41	6:57	*100
				55:38												
				*100												
57	526	SENRA PARADA, MARIA Mazaricos CPI PICOTA	1:02:29	3:34	7:08	13:16	17:51	19:11	20:16	40:24	49:45	52:52	59:29	1:02:06	1:02:29	
				3:34	3:34	6:08	4:35	1:20	1:05	20:08	9:21	3:07	6:37	2:37	0:23	
58	863	VILLVERDE TEMES, MA Ames IESP AMES	1:05:09	3:44	8:01	15:02	16:24	19:42	22:10	46:20	50:44	53:28	1:03:07	1:04:51	1:05:09	
				3:44	4:17	7:01	1:22	3:18	2:28	24:10	4:24	2:44	9:39	1:44	0:18	
59	576	PIÑEIRO ALVAREZ, CLAU Porto do Son IES PORTO	1:11:21	3:21	10:28	11:20	14:36	17:10	25:37	41:01	59:10	1:02:06	1:08:44	1:10:44	1:11:21	
				3:21	7:07	0:52	3:16	2:34	8:27	15:24	18:09	2:56	6:38	2:00	0:37	
60	561	GUIMIL CES, VALERIA Porto do Son IES PORTO	1:18:53	2:24	6:15	9:57	11:21	15:45	20:32	41:48	59:36	1:02:35	1:16:31	1:17:52	1:18:53	
				2:24	3:51	3:42	1:24	4:24	4:47	21:16	17:48	2:59	13:56	1:21	1:01	
61	569	OTERO FERRADAS, XULIA Porto do Son IES PORTO	1:19:40	2:56	6:50	10:36	12:50	16:22	21:34	42:25	1:00:11	1:03:15	1:17:11	1:18:53	1:19:40	
				2:56	3:54	3:46	2:14	3:32	5:12	20:51	17:46	3:04	13:56	1:42	0:47	
62	568	MOS CAMEAN, ANA Porto do Son IES PORTO	1:20:03	3:25	7:14	10:59	13:16	16:51	21:58	42:50	1:00:37	1:03:50	1:17:35	1:19:23	1:20:03	
				3:25	3:49	3:45	2:17	3:35	5:07	20:52	17:47	3:13	13:45	1:48	0:40	
531		BRAGE AMADO, CLARA Monfero CPI VIRXE DA CE	en tarj.	2:21	2:52	3:40	5:32	7:27	9:36	14:27	17:36	20:41	25:07	----	27:57	
				2:21	0:31	0:48	1:52	1:55	2:09	4:51	3:09	3:05	4:26	----	2:50	
535		LOPEZ REGUEIRO, LUCIA Monfero CPI VIRXE DA CE	en tarj.	2:40	3:11	4:00	5:53	7:37	9:46	14:52	17:54	21:01	25:26	----	28:23	
				2:40	0:31	0:49	1:53	1:44	2:09	5:06	3:02	3:07	4:25	----	2:57	
746		ALVAREZ JUNCAL, CARL Ames IESP AMES	en tarj.	1:08	2:02	4:53	7:15	----	13:18	18:08	20:31	23:28	25:57	27:54	28:39	
				1:08	0:54	2:51	2:22	----	6:03	4:50	2:23	2:57	2:29	1:57	0:45	
752		BARBAZAN SUAREZ, NER Ames IESP AMES	en tarj.	1:31	2:22	3:17	4:35	6:58	9:16	----	19:05	21:21	26:35	28:29	28:42	
				1:31	0:51	0:55	1:18	2:23	2:18	----	9:49	2:16	5:14	1:54	0:13	
537		PEREIRA IBAÑEZ, DANIEL Monfero CPI VIRXE DA CE	en tarj.	3:26	3:59	4:46	6:39	8:20	10:30	15:37	18:39	21:46	26:33	----	29:11	
				3:26	0:33	0:47	1:53	1:41	2:10	5:07	3:02	3:07	4:47	----	2:38	
530		BOUZA RIVAS, SONIA Monfero CPI VIRXE DA CE	en tarj.	4:58	5:30	6:17	8:11	9:52	12:02	17:05	20:10	23:16	28:02	----	30:42	
				4:58	0:32	0:47	1:54	1:41	2:10	5:03	3:05	3:06	4:46	----	2:40	
533		FERNANDEZ SANJUAN, M Monfero CPI VIRXE DA CE	en tarj.	5:39	6:11	7:06	8:51	10:39	12:40	17:51	20:50	24:09	28:56	----	31:20	
				5:39	0:32	0:55	1:45	1:48	2:01	5:11	2:59	3:19	4:47	----	2:24	
826		OTERO BLANCO, KASECH Ames IESP AMES	en tarj.	2:59	4:34	6:17	8:07	15:37	17:21	25:43	----	----	----	36:21	37:44	
				2:59	1:35	1:43	1:50	7:30	1:44	8:22	----	----	----	10:38	1:23	
796		GUTIERREZ FREIRE, NE Ames IESP AMES	en tarj.	3:15	4:49	6:37	8:29	15:59	17:45	28:37	----	32:51	----	39:00	39:16	
				3:15	1:34	1:48	1:52	7:30	1:46	10:52	----	4:14	----	6:09	0:16	
834		PIÑEIRO MANSILLA, ICIA Ames IESP AMES	en tarj.	3:28	5:02	6:58	8:40	16:08	17:57	28:47	----	33:04	36:56	39:11	39:30	
				3:28	1:34	1:56	1:42	7:28	1:49	10:50	----	4:17	3:52	2:15	0:19	
520		OZON ATAN, ALEXIA Mazaricos CPI PICOTA	en tarj.	10:19	10:52	11:24	14:26	16:48	19:56	31:44	----	----	----	49:39	50:34	
				10:19	0:33	0:32	3:02	2:22	3:08	11:48	----	----	----	17:55	0:55	
518		LOURO BLANCO, LUCIA Mazaricos CPI PICOTA	en tarj.	5:35	6:33	14:33	17:12	22:57	26:09	37:43	----	----	----	55:46	56:44	55:48
				5:35	0:58	8:00	2:39	5:45	3:12	11:34	----	----	----	18:03	0:58	*100
501		ALVITE LOPEZ, VALERIA Mazaricos CPI PICOTA	en tarj.	6:11	7:14	15:15	17:53	23:31	26:40	38:31	----	----	----	56:24	57:18	56:26
				6:11	1:03	8:01	2:38	5:38	3:09	11:51	----	----	----	17:53	0:54	*100
514		LABANDEIRA OTERO, AND Mazaricos CPI PICOTA	en tarj.	6:43	7:41	15:49	18:26	24:04	27:15	38:30	----	----	----	56:47	57:43	
				6:43	0:58	8:08	2:37	5:38	3:11	11:15	----	----	----	18:17	0:56	
773		CORRAL NOGUERA, CEL Ames IESP AMES	en tarj.	4:37	9:25	16:17	18:14	23:39	28:20	37:08	49:23	----	55:06	57:53	58:18	2:09
				4:37	4:48	6:52	1:57	5:25	4:41	8:48	12:15	----	5:43	2:47	0:25	*33

os		rsal	Nombre		Tiempo												
INF FEM (87)					1,6 km 30 m			11 C		<i>(cont.)</i>							
					1(31)	2(32)	3(34)	4(33)	5(36)	6(37)	7(38)	8(39)	9(42)	10(43)	11(100)	Meta	
745	ALVAREZ CASTRO, SOFIA	en tarj.	Ames IESP AMES	4:10	6:11	7:03	8:09	11:14	15:45	22:28	29:08	40:15	-----	1:21:17	1:22:04		
				4:10	2:01	0:52	1:06	3:05	4:31	6:43	6:40	11:07		41:02	0:47		
747	AMIGO AMSTRONG, MART	en tarj.	Ames IESP AMES	4:30	6:31	7:23	8:32	11:33	15:59	22:43	29:26	41:00	-----	1:21:38	1:22:26		
				4:30	2:01	0:52	1:09	3:01	4:26	6:44	6:43	11:34		40:38	0:48		
918	FERNANDEZ TEIJO, AIXA	en tarj.	Betanzos IES AS MARIÑAS	3:24	8:45	9:31	12:23	25:21	27:16	44:59	-----	-----	-----	-----			
				3:24	5:21	0:46	2:52	12:58	1:55	17:43							
916	DIAZ IGLESIAS, ANA	en tarj.	Betanzos IES AS MARIÑAS	2:25	8:09	9:05	11:33	20:45	27:30	50:14	-----	-----	-----	-----		37:10	
				2:25	5:44	0:56	2:28	9:12	6:45	22:44						*42	
				42:24													
				*39													
948	VAZQUEZ GARCIA, IRIA	en tarj.	Betanzos IES AS MARIÑAS	3:00	8:34	9:29	12:38	21:00	27:52	50:14	-----	-----	-----	-----		37:34	
				3:00	5:34	0:55	3:09	8:22	6:52	22:22						*42	
				42:30													
				*39													
921	LEDO GONZALO, VALERIA	en tarj.	Betanzos IES AS MARIÑAS	4:24	7:40	8:09	9:15	11:24	13:39	-----	18:25	20:46	24:17	25:59			
				4:24	3:16	0:29	1:06	2:09	2:15		4:46	2:21	3:31	1:42			
907	BELLO VILLAMOR, UXIA	en tarj.	Betanzos IES AS MARIÑAS	2:19	7:53	8:55	11:18	20:23	27:21	50:02	-----	-----	-----	-----		31:31	
				2:19	5:34	1:02	2:23	9:05	6:58	22:41						*43	
				36:52	42:08												
				*42	*39												
909	BERTINI CASTRO, NAZAR	en tarj.	Betanzos IES AS MARIÑAS	3:59	7:14	7:45	8:47	10:46	13:26	-----	18:04	20:23	24:07	25:37			
				3:59	3:15	0:31	1:02	1:59	2:40		4:38	2:19	3:44	1:30			
910	CALVO GONZALEZ, MAR	en tarj.	Betanzos IES AS MARIÑAS	3:33	6:47	7:18	8:17	10:24	12:48	-----	17:34	19:50	23:29	25:08			
				3:33	3:14	0:31	0:59	2:07	2:24		4:46	2:16	3:39	1:39			
771	CEBEY FERNANDEZ, SO	andona	Ames IESP AMES	29:46	46:44	51:19	53:51	56:53	59:04	-----	-----	-----	-----	1:14:31	1:15:16		1:14:33
				29:46	16:58	4:35	2:32	3:02	2:11					15:27	0:45		*100
INF MASC (70)					1,6 km 30 m			11 C									
					1(33)	2(32)	3(34)	4(35)	5(36)	6(37)	7(38)	8(39)	9(40)	10(43)	11(100)	Meta	
1	846 ROUCO ALMUIÑA, DAVID	13:54	Ames IESP AMES	1:02	1:43	2:09	3:04	4:09	5:22	7:51	9:26	10:40	12:27	13:37	13:54		
				1:02	0:41	0:26	0:55	1:05	1:13	2:29	1:35	1:14	1:47	1:10	0:17		
2	749 ARANDA FERNANDEZ, AN	14:36	Ames IESP AMES	1:20	2:02	2:27	3:21	4:16	5:36	8:12	9:45	10:47	13:37	14:18	14:36		12:38
				1:20	0:42	0:25	0:54	0:55	1:20	2:36	1:33	1:02	2:50	0:41	0:18		*100
3	847 SALGUEIRO MOURIÑO, J	14:47	Ames IESP AMES	1:15	2:11	2:33	3:51	4:59	6:14	8:52	10:20	11:33	13:35	14:30	14:47		
				1:15	0:56	0:22	1:18	1:08	1:15	2:38	1:28	1:13	2:02	0:55	0:17		
4	832 PEREZ AGRA AGRA, RAUL	15:09	Ames IESP AMES	1:39	2:34	2:59	4:15	5:10	6:34	9:12	10:41	11:55	13:57	14:53	15:09		
				1:39	0:55	0:25	1:16	0:55	1:24	2:38	1:29	1:14	2:02	0:56	0:16		
5	765 CARBALLO FERNANDEZ,	15:46	Ames IESP AMES	1:04	2:40	3:00	3:59	5:06	6:43	8:38	10:09	11:46	13:48	15:24	15:46		
				1:04	1:36	0:20	0:59	1:07	1:37	1:55	1:31	1:37	2:02	1:36	0:22		
6	786 FERRER CUADRADO, FE	15:59	Ames IESP AMES	2:50	3:43	4:03	5:00	6:05	7:52	9:46	11:06	12:56	14:47	15:41	15:59		
				2:50	0:53	0:20	0:57	1:05	1:47	1:54	1:20	1:50	1:51	0:54	0:18		
7	811 MARTINEZ RODRIGUEZ,	16:13	Ames IESP AMES	2:55	3:51	4:25	5:16	6:14	8:00	9:57	11:26	12:54	15:02	16:01	16:13		
				2:55	0:56	0:34	0:51	0:58	1:46	1:57	1:29	1:28	2:08	0:59	0:12		
8	565 MANEIRO OUTEIRAL, XABI	17:30	Porto do Son IES PORTO	2:09	3:01	3:51	4:40	6:03	7:06	9:45	13:17	14:22	16:06	17:13	17:30		
				2:09	0:52	0:50	0:49	1:23	1:03	2:39	3:32	1:05	1:44	1:07	0:17		
9	570 OUJO FERNANDEZ, LOIS	18:31	Porto do Son IES PORTO	0:56	1:42	2:34	3:30	4:31	5:26	11:19	13:57	15:06	17:04	18:11	18:31		
				0:56	0:46	0:52	0:56	1:01	0:55	5:53	2:38	1:09	1:58	1:07	0:20		
10	833 PICON MONTERO, BRAIS	18:33	Ames IESP AMES	1:21	3:21	4:10	4:49	5:55	7:01	10:30	12:24	15:03	17:01	18:18	18:33		
				1:21	2:00	0:49	0:39	1:06	1:06	3:29	1:54	2:39	1:58	1:17	0:15		
11	840 RIVEIRO QUINTANS, NIC	18:41	Ames IESP AMES	1:02	2:56	3:41	4:30	5:42	6:41	10:26	12:02	14:35	16:36	18:25	18:41		7:21
				1:02	1:54	0:45	0:49	1:12	0:59	3:45	1:36	2:33	2:01	1:49	0:16		*43

os	rsal	Nombre	Tiempo												
INF MASC (70)				1,6 km 30 m			11 C		(cont.)						
				1(33)	2(32)	3(34)	4(35)	5(36)	6(37)	7(38)	8(39)	9(40)	10(43)	11(100)	Meta
12	787	FREIJEIRO DIAZ, PABLO Ames IESP AMES	20:37	1:22	2:13	2:35	3:36	4:39	6:59	10:18	12:52	15:02	19:19	20:16	20:37
13	858	VAZQUEZ PAIS PAIS, BRAI Ames IESP AMES	21:09	1:22	0:51	0:22	1:01	1:03	2:20	3:19	2:34	2:10	4:17	0:57	0:21
14	852	SEIJAS RODRIGUEZ, BRA Ames IESP AMES	21:27	1:51	2:45	4:55	5:52	8:20	9:42	13:29	15:29	17:14	19:41	20:51	21:09
15	781	FERNANDEZ, FABIAN Ames IESP AMES	21:32	1:51	0:54	2:10	0:57	2:28	1:22	3:47	2:00	1:45	2:27	1:10	0:18
16	807	MARQUEZ CHAPELA, ADRI Ames IESP AMES	21:39	2:07	3:03	5:10	6:06	7:19	9:58	13:45	15:41	17:22	19:56	21:05	21:27
17	859	VAZQUEZ PEREZ, BRUNO Ames IESP AMES	22:05	2:07	0:56	2:07	0:56	1:13	2:39	3:47	1:56	1:41	2:34	1:09	0:22
18	828	PAN PEREZPUJOL, JAIME Ames IESP AMES	22:31	2:12	3:07	3:35	4:36	5:58	7:59	11:27	13:52	16:07	20:10	21:14	21:32
19	551	CASTELO CARNOTA, MAN Porto do Son IES PORTO	23:10	2:12	0:55	0:28	1:01	1:22	2:01	3:28	2:25	2:15	4:03	1:04	0:18
20	768	MARQUEZ CHAPELA, ADRI Ames IESP AMES	23:39	2:19	3:11	5:22	6:17	7:33	10:08	13:54	15:51	17:36	20:07	21:17	21:39
21	554	FERNANDEZ MARTINEZ, J Porto do Son IES PORTO	23:47	2:19	0:52	2:11	0:55	1:16	2:35	3:46	1:57	1:45	2:31	1:10	0:22
22	761	CALVO MIRAS, IAGO Ames IESP AMES	23:55	1:09	2:34	2:59	3:59	5:07	6:36	14:18	16:24	17:48	20:23	21:48	22:05
23	586	TORRES BRETAL, ALEJAN Porto do Son IES PORTO	24:42	1:09	1:25	0:25	1:00	1:08	1:29	7:42	2:06	1:24	2:35	1:25	0:17
24	516	LEMA CAMBEIRO, ALEX Mazaricos CPI PICOTA	25:00	2:35	3:36	5:47	6:43	8:08	10:33	14:18	16:13	18:03	20:33	22:02	22:31
25	801	IGLESIAS CARRACEDO, J Ames IESP AMES	25:04	2:35	1:01	2:11	0:56	1:25	2:25	3:45	1:55	1:50	2:30	1:29	0:29
26	769	CASTOSA MANDIA, IVAN Ames IESP AMES	25:05	2:17	2:54	3:29	4:20	5:46	7:02	9:56	13:42	15:06	21:54	22:53	23:10
				2:17	0:37	0:35	0:51	1:26	1:16	2:54	3:46	1:24	6:48	0:59	0:17
				2:00	3:23	3:51	4:57	6:06	7:25	15:13	17:16	18:31	21:00	23:07	23:27
				1:56	2:32	8:36	9:22	10:43	12:16	14:58	17:05	18:54	22:21	23:32	23:47
				1:56	0:36	6:04	0:46	1:21	1:33	2:42	2:07	1:49	3:27	1:11	0:15
				2:25	5:08	5:43	6:51	7:51	9:52	13:42	16:08	18:18	22:25	23:32	23:55
				2:25	2:43	0:35	1:08	1:00	2:01	3:50	2:26	2:10	4:07	1:07	0:23
				1:11	2:31	3:00	4:07	5:07	7:35	10:39	12:31	14:29	23:18	24:28	24:42
				1:11	1:20	0:29	1:07	1:00	2:28	3:04	1:52	1:58	8:49	1:10	0:14
				1:09	2:13	2:44	4:20	6:23	9:19	14:35	17:15	19:28	23:07	24:28	25:00
				1:09	1:04	0:31	1:36	2:03	2:56	5:16	2:40	2:13	3:39	1:21	0:32
				4:29	6:13	6:48	7:49	9:36	10:54	13:14	17:40	19:17	22:43	24:45	25:04
				4:29	1:44	0:35	1:01	1:47	1:18	2:20	4:26	1:37	3:26	2:02	0:19
				2:50	3:53	4:38	5:39	6:36	7:41	13:04	16:02	18:54	22:33	24:19	25:05
				2:50	1:03	0:45	1:01	0:57	1:05	5:23	2:58	2:52	3:39	1:46	0:46
				24:23											
				*100											
27	843	RODRIGUEZ MUIÑO, DYL Ames IESP AMES	25:17	1:29	2:54	3:22	4:19	5:33	6:55	14:54	16:45	18:12	20:40	22:10	25:17
28	800	IGLESIAS SEOANE, CARL Ames IESP AMES	25:18	1:29	1:25	0:28	0:57	1:14	1:22	7:59	1:51	1:27	2:28	1:30	3:07
29	812	MARTINEZ VIEITES, ENRI Ames IESP AMES	25:38	2:35	3:39	4:03	4:52	5:55	7:20	9:53	11:55	14:57	23:45	25:04	25:18
30	502	AMIGO ENRIQUEZ, FRAN Mazaricos CPI PICOTA	26:22	2:35	1:04	0:24	0:49	1:03	1:25	2:33	2:02	3:02	8:48	1:19	0:14
31	521	OZON OTERO, PABLO Mazaricos CPI PICOTA	26:33	3:04	4:05	4:29	5:19	6:22	7:49	10:22	12:27	15:17	24:11	25:23	25:38
32	860	VEIGA EIRAS EIRAS, PED Ames IESP AMES	27:39	3:04	1:01	0:24	0:50	1:03	1:27	2:33	2:05	2:50	8:54	1:12	0:15
33	802	MONTERO BENITO, MARI Ames IESP AMES	27:42	2:32	3:36	4:06	5:31	7:47	10:38	15:50	18:43	20:48	24:32	25:54	26:22
34	792	GONZALEZ CONDE, MIGU Ames IESP AMES	27:46	2:32	1:04	0:30	1:25	2:16	2:51	5:12	2:53	2:05	3:44	1:22	0:28
35	820	MOURE NEGRO, MARIO Ames IESP AMES	27:52	2:06	3:09	3:39	5:05	7:21	10:15	15:37	18:18	20:35	24:16	25:55	26:33
36	799	IGLESIAS PIÑEIRO, NICO Ames IESP AMES	28:17	2:06	1:03	0:30	1:26	2:16	2:54	5:22	2:41	2:17	3:41	1:39	0:38
				1:23	7:02	7:30	9:20	10:20	12:12	15:48	17:37	20:12	25:20	27:23	27:39
				1:23	5:39	0:28	1:50	1:00	1:52	3:36	1:49	2:35	5:08	2:03	0:16
				3:23	4:21	4:57	5:56	7:07	9:25	12:42	15:25	17:09	26:14	27:22	27:42
				2:01	3:09	3:43	4:42	5:43	8:13	11:32	14:12	15:55	22:39	27:27	27:46
				2:01	1:08	0:34	0:59	1:01	2:30	3:19	2:40	1:43	6:44	4:48	0:19
				1:42	7:15	7:48	9:39	10:37	12:31	16:04	17:56	20:32	25:34	27:31	27:52
				1:42	5:33	0:33	1:51	0:58	1:54	3:33	1:52	2:36	5:02	1:57	0:21
				2:30	3:26	4:03	5:02	6:09	8:22	11:51	14:31	16:12	26:36	27:59	28:17
				2:30	0:56	0:37	0:59	1:07	2:13	3:29	2:40	1:41	10:24	1:23	0:18

24:22
*100

17:06

*41

17:33

*41

os	rsal	Nombre	Tiempo												
INF MASC (70)				1,6 km 30 m		11 C		(cont.)							
				1(33)	2(32)	3(34)	4(35)	5(36)	6(37)	7(38)	8(39)	9(40)	10(43)	11(100)	Meta
37	578	RODRIGUEZ QUEIRUGA, Porto do Son IES PORTO	28:24	2:15	3:13	3:34	4:39	5:49	17:26	19:46	22:06	23:38	26:28	28:04	28:24
				2:15	0:58	0:21	1:05	1:10	11:37	2:20	1:32	2:50	1:36	0:20	
38	850	SANGIAO DEL RIO, DAVID Ames IESP AMES	28:51	3:07	4:07	4:43	5:42	7:01	9:00	12:29	15:10	17:03	26:31	28:28	28:51
				3:07	1:00	0:36	0:59	1:19	1:59	3:29	2:41	1:53	9:28	1:57	0:23
39	805	MALVAREZ LOPEZ, IVAN Ames IESP AMES	29:55	1:21	7:01	7:21	8:10	9:11	11:32	16:32	22:58	24:04	28:48	29:40	29:55
				1:21	5:40	0:20	0:49	1:01	2:21	5:00	6:26	1:06	4:44	0:52	0:15
40	809	MARTINEZ BOLAÑO, PABL Ames IESP AMES	30:54	3:13	5:14	5:59	7:23	8:49	10:08	16:42	19:34	21:46	29:17	30:27	30:54
				3:13	2:01	0:45	1:24	1:26	1:19	6:34	2:52	2:12	7:31	1:10	0:27
41	748	ANTELO CAAMAÑO, MARTI Ames IESP AMES	31:04	1:45	7:25	7:46	8:35	9:31	11:57	16:58	23:21	24:34	29:50	30:46	31:04
				1:45	5:40	0:21	0:49	0:56	2:26	5:01	6:23	1:13	5:16	0:56	0:18
42	760	CAEIRO COSTOYA, DIEGO Ames IESP AMES	31:19	0:55	2:06	3:01	3:57	5:08	14:39	16:51	18:51	20:17	27:14	30:58	31:19
				0:55	1:11	0:55	0:56	1:11	9:31	2:12	2:00	1:26	6:57	3:44	0:21
43	836	RAMA GALLARDO, MARIO Ames IESP AMES	32:13	3:50	5:23	7:10	8:27	10:25	13:41	20:16	23:50	26:08	29:47	31:48	32:13
				3:50	1:33	1:47	1:17	1:58	3:16	6:35	3:34	2:18	3:39	2:01	0:25
44	587	TORRES SANTAMARIA, CA Porto do Son IES PORTO	33:53	1:26	2:20	2:54	4:02	9:30	11:17	15:31	19:33	23:43	30:57	33:34	33:53
				1:26	0:54	0:34	1:08	5:28	1:47	4:14	4:02	4:10	7:14	2:37	0:19
45	585	TARRIO PINAZAS, ANXO Porto do Son IES PORTO	36:40	4:29	9:35	10:22	11:43	12:57	14:18	19:16	27:00	28:28	34:42	36:11	36:40
				4:29	5:06	0:47	1:21	1:14	1:21	4:58	7:44	1:28	6:14	1:29	0:29
46	763	CAÑIZO GONZALEZ, JUAN Ames IESP AMES	37:23	2:43	11:32	12:19	16:39	18:22	20:23	27:45	30:40	31:57	35:59	36:57	37:23
				2:43	8:49	0:47	4:20	1:43	2:01	7:22	2:55	1:17	4:02	0:58	0:26
47	584	SUAREZ TARRIO, RAMON Porto do Son IES PORTO	37:26	4:43	10:27	11:10	12:32	13:48	15:08	20:01	27:48	29:19	35:31	36:57	37:26
				4:43	5:44	0:43	1:22	1:16	1:20	4:53	7:47	1:31	6:12	1:26	0:29
48	509	FORMOSO RAMOS, HUGO Mazaricos CPI PICOTA	42:00	1:20	2:46	3:12	5:53	8:20	10:42	15:47	23:21	26:12	39:56	41:39	42:00
				1:20	1:26	0:26	2:41	2:27	2:22	5:05	7:34	2:51	13:44	1:43	0:21
49	523	PEREIRO CONDE, MANUE Mazaricos CPI PICOTA	42:35	1:44	3:11	3:44	6:25	8:46	11:05	16:07	23:48	26:38	40:31	42:06	42:35
				1:44	1:27	0:33	2:41	2:21	2:19	5:02	7:41	2:50	13:53	1:35	0:29
50	511	GONZALEZ CERNADAS, A Mazaricos CPI PICOTA	42:53	2:04	3:29	3:59	6:39	9:06	11:18	16:25	24:04	26:56	40:47	42:25	42:53
				2:04	1:25	0:30	2:40	2:27	2:12	5:07	7:39	2:52	13:51	1:38	0:28
51	524	REY ABUELO, ALBERTO Mazaricos CPI PICOTA	43:20	2:33	4:01	4:32	7:13	9:56	11:51	16:51	24:17	27:25	41:08	42:55	43:20
				2:33	1:28	0:31	2:41	2:43	1:55	5:00	7:26	3:08	13:43	1:47	0:25
				42:59											
				*100											
52	550	BONJOUR, FRANCO ALEX Porto do Son IES PORTO	51:19	1:29	2:18	13:58	15:27	16:39	21:12	23:52	29:19	36:58	49:03	50:47	51:19
				1:29	0:49	11:40	1:29	1:12	4:33	2:40	5:27	7:39	12:05	1:44	0:32
53	552	DEAN REQUEJO, KEVIN Porto do Son IES PORTO	51:52	4:18	6:14	20:52	21:40	23:41	35:06	40:57	45:15	47:25	49:52	51:27	51:52
				4:18	1:56	14:38	0:48	2:01	11:25	5:51	4:18	2:10	2:27	1:35	0:25
54	515	LAGO DEL RIO, RAUL JO Mazaricos CPI PICOTA	58:21	6:06	16:55	18:27	24:32	28:47	30:44	37:47	44:02	47:37	56:14	57:52	58:21
				6:06	10:49	1:32	6:05	4:15	1:57	7:03	6:15	3:35	8:37	1:38	0:29
55	855	TRIGO GARCIA, JUAN Ames IESP AMES	1:02:54	3:04	12:30	26:32	27:46	33:59	35:26	42:50	49:09	52:38	1:00:56	1:02:21	1:02:54
				3:04	9:26	14:02	1:14	6:13	1:27	7:24	6:19	3:29	8:18	1:25	0:33
56	915	DEIBE FERNANDEZ, DANI Betanzos IES AS MARIÑAS	1:12:56	5:53	22:57	24:47	25:45	28:24	30:17	39:03	43:42	48:57	1:00:53	1:12:04	1:12:56
				5:53	17:04	1:50	0:58	2:39	1:53	8:46	4:39	5:15	11:56	11:11	0:52
57	917	DIAZ VEIGA, LUCAS Betanzos IES AS MARIÑAS	1:26:13	9:12	22:43	24:16	25:39	28:02	29:56	38:25	44:47	52:30	1:17:33	1:22:29	1:26:13
				9:12	13:31	1:33	1:23	2:23	1:54	8:29	6:22	7:43	25:03	4:56	3:44
58	566	MANEIRO SANTOS, MATEO Porto do Son IES PORTO	1:26:24	4:50	6:24	19:23	21:56	25:14	31:19	1:06:48	1:10:11	1:13:46	1:23:35	1:25:47	1:26:24
				4:50	1:34	12:59	2:33	3:18	6:05	35:29	3:23	3:35	9:49	2:12	0:37
59	575	PEREZ IGLESIAS, IVAN Porto do Son IES PORTO	1:30:07	3:49	18:53	19:42	21:16	23:25	35:00	40:47	45:13	1:13:16	1:23:05	1:25:17	1:30:07
				3:49	15:04	0:49	1:34	2:09	11:35	5:47	4:26	28:03	9:49	2:12	4:50
558		GACIÑO GARCIA, IAGO Porto do Son IES PORTO		2:15	2:58	9:01	9:54	11:09	12:45	15:30	17:33	19:15	22:50	24:01	24:17
				2:15	0:43	6:03	0:53	1:15	1:36	2:45	2:03	1:42	3:35	1:11	0:16

os	rsal	Nombre	Tiempo															
INF MASC (70)				1,6 km	30 m	11 C	<i>(cont.)</i>											
				1(33)	2(32)	3(34)	4(35)	5(36)	6(37)	7(38)	8(39)	9(40)	10(43)	11(100)	Meta			
774		DE SOTO LOPEZ, ALVARO Ames IESP AMES	en tarj.	2:07 2:07 9:37 *47	4:50 2:43	5:27 0:37	6:32 1:05	8:03 1:31	-----	13:29 5:26	16:03 2:34	18:09 2:06	22:27 4:18	23:33 1:06	23:51 0:18	8:36 *46		
784		FERNANDEZ TERAN, ADR Ames IESP AMES	en tarj.	2:13 2:13	3:14 1:01	3:39 0:25	4:31 0:52	5:31 1:00	6:56 1:25	9:31 2:35	11:30 1:59	14:23 2:53	23:23 9:00	-----	24:53 1:30	16:44 *41		
579		ROMERO ARES, PABLO Porto do Son IES PORTO	en tarj.	1:27 1:27	2:23 0:56	-----	6:49 4:26	7:49 1:00	10:52 3:03	14:30 3:38	18:02 3:32	19:29 1:27	25:55 6:26	26:49 0:54	27:04 0:15	5:39 *31		
817		MIGUEZ BLANCO, SAMUE Ames IESP AMES	en tarj.	2:32 2:32	3:03 0:31	5:48 2:45	6:38 0:50	10:25 3:47	11:53 1:28	-----	19:11 7:18	22:25 3:14	25:44 3:19	26:52 1:08	27:10 0:18			
829		PATO CES CES, NICOLAS Ames IESP AMES	en tarj.	1:08 1:08	2:24 1:16	3:17 0:53	4:11 0:54	5:20 1:09	14:49 9:29	17:04 2:15	19:04 2:00	20:27 1:23	27:35 7:08	-----	30:52 3:17	9:21 *38		
764		CAPEANS CARAMES, AITO Ames IESP AMES	en tarj.	2:31 2:31	8:45 6:14	22:14 13:29	23:35 1:21	25:03 1:28	27:15 2:12	51:23 24:08	55:52 4:29	-----	1:08:19 12:27	1:09:55 1:36	1:10:22 0:27	58:29 *42		
848		SALVADO GARCIA, LUCAS Ames IESP AMES	en tarj.	2:25 2:25	12:26 10:01	26:10 13:44	27:48 1:38	30:32 2:44	34:36 4:04	42:44 8:08	54:57 12:13	58:54 3:57	-----	1:13:32 14:38	1:14:28 0:56			
913		CASARIEGO CUBEIRO, AN Betanzos IES AS MARIÑAS	en tarj.	8:33 8:33	21:42 13:09	23:34 1:52	24:53 1:19	27:04 2:11	29:06 2:02	38:00 8:54	44:08 6:08	52:33 8:25	-----	-----	1:18:19 25:46			
908		BERMUDEZ COIRA, BRAI Betanzos IES AS MARIÑAS	en tarj.	8:44 8:44	22:16 13:32	23:55 1:39	25:18 1:23	27:37 2:19	29:30 1:53	38:09 8:39	44:25 6:16	52:08 7:43	-----	-----	1:18:43 26:35			
513		INSUA MOLDES, ALEX Mazaricos CPI PICOTA	en tarj.	1:32 1:32	2:32 1:00	3:07 0:35	-----	7:05 3:58	9:42 2:37	-----	17:48 8:06	-----	-----	-----				
CAD FEM (120)				2,5 km	44 m	19 C												
				1(44)	2(35)	3(46)	4(47)	5(48)	6(34)	7(32)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)	
				15(52)	16(53)	17(41)	18(42)	19(100)	Meta									
1	571	OUJO PEREZ, NEREA Porto do Son IES PORTO	21:56	0:46 0:46 16:55 0:46	2:20 1:34 18:39 1:44	3:38 1:18 19:13 0:34	4:12 0:34 20:31 1:18	5:58 1:46 21:40 1:09	7:02 1:04 21:56 0:16	7:20 0:18	7:49 0:29	8:44 0:55	9:53 1:09	11:41 1:48	12:26 0:45	13:42 1:16	16:09 2:27	
2	952	DOPICO GOLPE, ALBA Betanzos IES FRANCISCO	25:26	0:54 0:54 19:14 0:39	1:39 0:45 21:00 1:46	3:10 1:31 21:44 0:44	4:41 1:31 24:04 2:20	6:47 2:06 25:11 1:07	7:29 0:42 25:26 0:15	8:00 0:31	8:27 0:27	9:51 1:24	11:26 1:35	13:12 1:46	13:53 0:41	15:18 1:25	18:35 3:17	
3	951	CASTAÑO RAMOS, LUCIA Betanzos IES FRANCISCO	26:16	1:18 1:18 19:41 0:38	2:05 0:47 21:36 1:55	3:42 1:37 22:22 0:46	5:07 1:25 24:33 2:11	7:11 2:04 25:55 1:22	7:59 0:48 26:16 0:21	8:27 0:28	8:58 0:31	10:15 1:17	11:51 1:36	13:38 1:47	14:20 0:42	15:44 1:24	19:03 3:19	
4	684	GUERRA VAZQUEZ, AITAN Culleredo IES REGO DE T	27:15	1:24 1:24 22:05 0:36	2:52 1:28 23:51 1:46	4:21 1:29 24:27 0:36	5:21 1:00 26:03 1:36	8:16 2:55 26:53 0:50	9:16 1:00 27:15 0:22	9:39 0:23	10:02 0:23	12:15 2:13	14:25 2:10	14:57 0:32	15:24 0:27	19:34 4:10	21:29 1:55	
5	815	MEDINA CARRIL, ALICIA Ames IESP AMES	30:55	0:52 0:52 25:14 0:51	1:48 0:56 27:08 1:54	3:55 2:07 28:03 0:55	7:23 3:28 29:46 1:43	9:22 1:59 30:38 0:52	10:47 1:25 30:55 0:17	11:10 0:23	11:45 0:35	13:52 2:07	15:54 2:02	16:54 1:00	17:41 0:47	20:14 2:33	24:23 4:09	
6	662	CORTIZAS GIRALDA, AND Culleredo IES REGO DE T	32:43	1:50 1:50 25:35 0:48	3:11 1:21 27:57 2:22	5:06 1:55 28:47 0:50	6:31 1:25 31:05 2:18	9:07 2:36 32:19 1:14	10:09 1:02 32:43 0:24	10:44 0:35	11:30 0:46	13:29 1:59	16:35 3:06	18:02 1:27	18:51 0:49	21:38 2:47	24:47 3:09	

os	rsal	Nombre	Tiempo															
CAD FEM (120)					2,5 km 44 m		19 C		<i>(cont.)</i>									
					1(44)	2(35)	3(46)	4(47)	5(48)	6(34)	7(32)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)
					15(52)	16(53)	17(41)	18(42)	19(100)	Meta								
7	825	NIETO PEDRARES, NERE Ames IESP AMES	34:33	0:44	2:20	4:10	4:59	7:51	9:48	10:10	10:47	13:09	15:50	17:07	17:42	22:11	25:27	
					0:44	1:36	1:50	0:49	2:52	1:57	0:22	0:37	2:22	2:41	1:17	0:35	4:29	3:16
					26:19	28:48	29:48	33:05	34:16	34:33								
					0:52	2:29	1:00	3:17	1:11	0:17								
8	849	SAMA ALONSO, MICAELA Ames IESP AMES	34:43	0:59	2:38	4:21	5:15	8:02	10:06	10:26	10:58	13:19	16:01	17:21	17:55	22:24	25:39	
					0:59	1:39	1:43	0:54	2:47	2:04	0:20	0:32	2:21	2:42	1:20	0:34	4:29	3:15
					26:37	28:52	29:50	33:22	34:25	34:43								
					0:58	2:15	0:58	3:32	1:03	0:18								
9	827	PAIS MOSQUERA, LAURA Ames IESP AMES	35:31	1:32	3:08	4:58	5:45	8:40	10:40	10:58	11:39	14:03	16:55	18:00	18:35	23:10	26:16	
					1:32	1:36	1:50	0:47	2:55	2:00	0:18	0:41	2:24	2:52	1:05	0:35	4:35	3:06
					27:17	29:46	30:51	33:58	35:13	35:31								
					1:01	2:29	1:05	3:07	1:15	0:18								
10	611	LOPEZ MARTINEZ, VALER Boiro IES PRAIA BARRAÑA	37:26	1:16	1:50	3:36	4:38	6:40	9:13	9:34	10:43	12:48	15:42	22:58	23:30	25:04	29:18	
					1:16	0:34	1:46	1:02	2:02	2:33	0:21	1:09	2:05	2:54	7:16	0:32	1:34	4:14
					30:11	32:19	32:53	35:33	36:32	37:26								
					0:53	2:08	0:34	2:40	0:59	0:54								
11	871	CAAMAÑO LOPEZ, MARIA Muros IES As Insuas	37:42	0:57	1:57	4:00	4:46	12:17	12:52	13:24	14:22	17:39	20:09	22:16	23:02	24:18	29:29	
					0:57	1:00	2:03	0:46	7:31	0:35	0:32	0:58	3:17	2:30	2:07	0:46	1:16	5:11
					30:03	32:47	33:31	35:34	36:54	37:42								
					0:34	2:44	0:44	2:03	1:20	0:48								
12	592	ALCALDE SIEIRA, LUCIA Boiro IES PRAIA BARRAÑA	37:50	1:40	2:38	4:46	6:11	9:35	10:16	10:41	11:55	14:24	18:45	22:05	23:10	26:11	29:32	
					1:40	0:58	2:08	1:25	3:24	0:41	0:25	1:14	2:29	4:21	3:20	1:05	3:01	3:21
					30:22	32:43	33:29	35:54	37:26	37:50								
					0:50	2:21	0:46	2:25	1:32	0:24								
13	607	JACOBS SANCHEZ, MART Boiro IES PRAIA BARRAÑA	38:08	1:55	2:53	5:06	6:30	9:55	10:29	10:53	12:18	14:46	18:56	22:24	23:26	26:27	29:50	
					1:55	0:58	2:13	1:24	3:25	0:34	0:24	1:25	2:28	4:10	3:28	1:02	3:01	3:23
					30:41	33:01	33:44	36:10	37:40	38:08								
					0:51	2:20	0:43	2:26	1:30	0:28								
14	893	RAMOS GARCIA, LIDIA Muros IES As Insuas	38:21	1:37	2:39	4:43	5:29	12:55	13:31	14:12	15:04	18:24	20:48	22:56	24:01	25:04	30:07	
					1:37	1:02	2:04	0:46	7:26	0:36	0:41	0:52	3:20	2:24	2:08	1:05	1:03	5:03
					30:47	33:37	34:15	36:16	37:37	38:21								
					0:40	2:50	0:38	2:01	1:21	0:44								
15	839	RIVEIRO DIOS, ANDREA Ames IESP AMES	38:36	1:09	3:12	6:10	7:18	9:56	11:19	11:42	12:16	14:26	16:28	17:28	18:12	20:52	24:58	
					1:09	2:03	2:58	1:08	2:38	1:23	0:23	0:34	2:10	2:02	1:00	0:44	2:40	4:06
					25:49	29:46	31:23	37:04	38:17	38:36								
					0:51	3:57	1:37	5:41	1:13	0:19								
16	616	OUTEIRAL ALDEA, SOFIA Boiro IES PRAIA BARRAÑA	38:47	2:14	3:05	5:09	6:16	8:10	10:53	11:09	12:18	14:26	20:08	24:39	25:16	27:12	30:50	
					2:14	0:51	2:04	1:07	1:54	2:43	0:16	1:09	2:08	5:42	4:31	0:37	1:56	3:38
					31:47	33:45	34:25	37:25	38:19	38:47								
					0:57	1:58	0:40	3:00	0:54	0:28								
16	675	GARCIA BELLO, AROA Culleredo IES REGO DE T	38:47	2:04	3:21	5:04	6:01	9:29	11:00	11:34	12:22	14:14	19:16	20:37	21:23	25:42	28:53	
					2:04	1:17	1:43	0:57	3:28	1:31	0:34	0:48	1:52	5:02	1:21	0:46	4:19	3:11
					29:42	32:26	33:36	36:23	38:23	38:47								
					0:49	2:44	1:10	2:47	2:00	0:24								
18	722	VAZQUEZ SANDA, ALICIA Culleredo IES REGO DE T	39:43	1:35	2:48	4:25	5:15	8:07	8:55	9:34	10:22	18:58	22:26	27:42	28:18	29:19	32:05	
					1:35	1:13	1:37	0:50	2:52	0:48	0:39	0:48	8:36	3:28	5:16	0:36	1:01	2:46
					32:48	35:23	36:20	37:59	39:16	39:43								
					0:43	2:35	0:57	1:39	1:17	0:27								

os	rsal	Nombre	Tiempo														
CAD FEM (120)				2,5 km	44 m	19 C	<i>(cont.)</i>										
				1(44) 15(52)	2(35) 16(53)	3(46) 17(41)	4(47) 18(42)	5(48) 19(100)	6(34) Meta	7(32)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)
19	744	ALFONSO CHEDA, CLAU Ames IESP AMES	39:52	0:59 0:59 30:43 1:32	1:57 0:58 34:16 3:33	4:07 2:10 35:31 1:15	4:50 0:43 38:12 2:41	7:20 2:30 39:37 1:25	8:17 0:57 39:52 0:15	8:43 0:26	9:30 0:47	12:18 2:48	17:44 5:26	21:28 3:44	22:31 1:03	26:00 3:29	29:11 3:11
20	721	VAZQUEZ BARBEITO, SAR Culleredo IES REGO DE T	40:15	1:48 1:48 30:54 0:59	3:20 1:32 33:46 2:52	5:43 2:23 34:57 1:11	6:38 0:55 37:23 2:26	10:11 3:33 39:32 2:09	11:47 1:36 40:15 0:43	12:20 0:33	13:08 0:48	15:13 2:05	20:06 4:53	21:24 1:18	22:17 0:53	26:35 4:18	29:55 3:20
21	754	BATOVAZ CAMPOS, PILAR Ames IESP AMES	40:24	1:08 1:08 31:04 1:36	2:06 0:58 34:30 3:26	4:21 2:15 35:40 1:10	5:07 0:46 38:24 2:44	7:28 2:21 39:56 1:32	8:35 1:07 40:24 0:28	8:59 0:24	9:49 0:50	12:40 2:51	18:01 5:21	21:50 3:49	22:46 0:56	26:15 3:29	29:28 3:13
22	886	MORAN SIEIRA, AROHA Muros IES As Insuas	40:34	1:07 1:07 32:02 1:13	4:41 3:34 34:57 2:55	7:05 2:24 36:03 1:06	7:55 0:50 38:25 2:22	11:16 3:21 40:06 1:41	12:11 0:55 40:34 0:28	12:43 0:32	13:34 0:51	15:26 1:52	17:39 2:13	20:37 2:58	21:39 1:02	26:34 4:55	30:49 4:15
23	614	OLIVEIRA ARES, IRIA Boiro IES PRAIA BARRAÑA	40:39	0:57 0:57 30:12 1:03	1:37 0:40 32:14 2:02	3:34 1:57 33:18 1:04	5:00 1:26 38:15 4:57	8:19 3:19 39:47 1:32	9:03 0:44 40:39 0:52	9:26 0:23	10:23 0:57	12:41 2:18	15:33 2:52	22:54 7:21	23:29 0:35	25:14 1:45	29:09 3:55
24	888	PAIS RIVADENEIRA, ANDR Muros IES As Insuas	41:14	2:50 2:50 32:39 1:13	4:04 1:14 35:31 2:52	7:20 3:16 36:37 1:06	8:30 1:10 38:54 2:17	11:37 3:07 40:35 1:41	12:51 1:14 41:14 0:39	13:14 0:23	13:58 0:44	15:57 1:59	18:07 2:10	21:16 3:09	22:08 0:52	26:45 4:37	31:26 4:41
25	880	FERNANDEZ BEIRO, LUC Muros IES As Insuas	41:20	1:41 1:41 32:40 1:00	4:39 2:58 35:47 3:07	7:50 3:11 36:50 1:03	9:01 1:11 39:16 2:26	12:04 3:03 41:01 1:45	13:13 1:09 41:20 0:19	13:42 0:29	14:29 0:47	16:30 2:01	18:46 2:16	21:47 3:01	22:44 0:57	27:22 4:38	31:40 4:18
26	626	ROMERO TUBIO, LAURA Boiro IES PRAIA BARRAÑA	41:31	1:13 1:13 30:56 1:01	2:08 0:55 32:56 2:00	4:16 2:08 34:05 1:09	5:50 1:34 39:03 4:58	9:02 3:12 40:38 1:35	9:48 0:46 41:31 0:53	10:07 0:19	11:16 1:09	13:28 2:12	16:21 2:53	23:41 7:20	24:19 0:38	26:08 1:49	29:55 3:47
27	892	PRIEGUE MAYO, CARMEN Muros IES As Insuas	41:57	4:15 4:15 33:11 1:05	5:15 1:00 36:18 3:07	8:22 3:07 37:18 1:00	9:40 1:18 39:48 2:30	12:50 3:10 41:33 1:45	13:50 1:00 41:57 0:24	14:21 0:31	14:59 0:38	17:00 2:01	18:48 1:48	22:10 3:22	23:04 0:54	27:30 4:26	32:06 4:36
28	876	CAAMAÑO SABORIDO, CLA Muros IES As Insuas	42:03	3:59 3:59 33:28 1:08	4:59 1:00 36:18 2:50	8:14 3:15 37:26 1:08	9:25 1:11 39:34 2:08	12:31 3:06 41:25 1:51	13:33 1:02 42:03 0:38	14:03 0:30	14:53 0:50	16:42 1:49	19:28 2:46	22:04 2:36	23:00 0:56	28:07 5:07	32:20 4:13
29	927	MOSQUERA FRAGA, CAND Betanzos IES AS MARINAS	43:13	4:53 4:53 36:08 0:40	5:39 0:46 38:22 2:14	7:38 1:59 39:10 0:48	8:45 1:07 41:26 2:16	11:26 2:41 42:51 1:25	13:18 1:52 43:13 0:22	13:42 0:24	15:26 1:44	22:18 6:52	26:32 4:14	28:04 1:32	28:52 0:48	32:06 3:14	35:28 3:22
30	641	ANSEDE VARELA, NAIARA Culleredo IES REGO DE T	43:16	1:43 1:43 33:47 1:35	3:42 1:59 37:09 3:22	6:19 2:37 38:36 1:27	7:50 1:31 40:42 2:06	10:27 2:37 42:44 2:02	11:41 1:14 43:16 0:32	12:32 0:51	13:39 1:07	17:15 3:36	20:58 3:43	22:39 1:41	23:29 0:50	27:49 4:20	32:12 4:23

os rsal Nombre		Tiempo																		
CAD FEM (120)			2,5 km 44 m		19 C		<i>(cont.)</i>													
			1(44)	2(35)	3(46)	4(47)	5(48)	6(34)	7(32)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)				
			15(52)	16(53)	17(41)	18(42)	19(100)	Meta												
43	770	SUÁREZ RODRIGUEZ, MA Ames IESP AMES	47:24	2:23	4:35	7:14	8:39	11:21	12:30	13:12	13:53	15:53	19:38	23:03	24:03	28:15	35:46			
				2:23	2:12	2:39	1:25	2:42	1:09	0:42	0:41	2:00	3:45	3:25	1:00	4:12	7:31			
				36:50	40:02	41:21	45:05	46:55	47:24											
44	658	CASTRO LIÑARES, MICAÉ Culleredo IES REGO DE T	49:47	1:04	3:12	1:19	3:44	1:50	0:29											
				1:42	2:57	5:27	6:59	11:04	12:47	13:17	14:24	17:14	22:35	25:10	26:43	33:46	39:11			
				1:42	1:15	2:30	1:32	4:05	1:43	0:30	1:07	2:50	5:21	2:35	1:33	7:03	5:25			
45	599	DÍAZ MARTINEZ, XIANA Boiro IES PRAIA BARRAÑA	51:14	1:29	3:15	1:08	2:28	1:28	0:48											
				3:05	4:26	7:29	9:28	14:32	16:19	16:48	17:52	20:54	24:45	27:19	28:20	34:16	38:28			
				3:05	1:21	3:03	1:59	5:04	1:47	0:29	1:04	3:02	3:51	2:34	1:01	5:56	4:12			
46	612	MOARES ESPAÑA, LARA Boiro IES PRAIA BARRAÑA	53:10	2:14	4:18	1:17	2:34	1:42	0:41											
				3:35	5:18	8:53	10:43	15:32	17:03	17:25	18:27	22:00	25:42	28:33	29:41	35:29	39:58			
				3:35	1:43	3:35	1:50	4:49	1:31	0:22	1:02	3:33	3:42	2:51	1:08	5:48	4:29			
47	899	SENDON LAGO, ANA Muros IES As Insuas	53:20	41:27	45:32	47:18	50:19	52:19	53:10											
				1:29	4:05	1:46	3:01	2:00	0:51											
				2:17	9:57	12:00	13:26	20:08	23:43	24:19	24:57	34:05	35:40	37:42	38:23	41:43	45:31			
48	866	ANDRADE CERNADAS, MA Muros IES As Insuas	53:31	2:17	7:40	2:03	1:26	6:42	3:35	0:36	0:38	9:08	1:35	2:02	0:41	3:20	3:48			
				46:11	48:42	49:48	51:39	52:49	53:20											
				0:40	2:31	1:06	1:51	1:10	0:31											
49	692	LOUZAO PALLAS, DANIEL Culleredo IES REGO DE T	54:18	2:32	10:09	12:12	13:33	20:23	23:56	24:31	25:13	34:24	35:55	37:52	38:39	41:59	45:47			
				2:32	7:37	2:03	1:21	6:50	3:33	0:35	0:42	9:11	1:31	1:57	0:47	3:20	3:48			
				46:27	48:58	50:03	51:58	53:04	53:31											
50	634	VAZQUEZ HERMO, IRIA Boiro IES PRAIA BARRAÑA	54:19	0:40	2:31	1:05	1:55	1:06	0:27											
				1:42	5:16	8:33	10:23	14:39	16:37	16:59	19:27	23:31	29:07	31:11	32:20	39:20	44:02			
				1:42	3:34	3:17	1:50	4:16	1:58	0:22	2:28	4:04	5:36	2:04	1:09	7:00	4:42			
51	890	PARIS LAGO, XIANA Muros IES As Insuas	54:23	45:03	48:35	49:33	52:00	53:52	54:18											
				1:01	3:32	0:58	2:27	1:52	0:26											
				3:25	4:45	8:26	10:26	15:08	16:41	17:03	18:06	21:38	25:28	28:00	29:16	35:13	39:45			
52	644	BAIZAN SANTOS, NOA Culleredo IES REGO DE T	54:33	3:25	1:20	3:41	2:00	4:42	1:33	0:22	1:03	3:32	3:50	2:32	1:16	5:57	4:32			
				41:06	45:31	46:53	50:54	53:34	54:19											
				1:21	4:25	1:22	4:01	2:40	0:45											
53	618	PEREZ LOPEZ, ANTIA Boiro IES PRAIA BARRAÑA	54:43	3:00	10:32	12:45	14:07	20:53	24:27	25:03	25:44	34:51	36:24	38:25	39:18	42:34	46:21			
				3:00	7:32	2:13	1:22	6:46	3:34	0:36	0:41	9:07	1:33	2:01	0:53	3:16	3:47			
				46:58	49:33	50:35	52:35	54:01	54:23											
54	606	IGLESIAS RIOS, JENNIFE Boiro IES PRAIA BARRAÑA	55:22	0:37	2:35	1:02	2:00	1:26	0:22											
				2:00	3:22	5:07	7:28	10:40	11:37	13:47	15:06	17:50	21:06	30:43	31:16	43:15	45:59			
				2:00	1:22	1:45	2:21	3:12	0:57	2:10	1:19	2:44	3:16	9:37	0:33	11:59	2:44			
55	618	PEREZ LOPEZ, ANTIA Boiro IES PRAIA BARRAÑA	54:43	47:02	50:03	50:53	52:44	54:05	54:33											
				1:03	3:01	0:50	1:51	1:21	0:28											
				5:10	6:39	10:14	12:09	16:54	18:27	19:00	20:03	23:21	27:01	29:49	31:01	36:42	41:20			
56	606	IGLESIAS RIOS, JENNIFE Boiro IES PRAIA BARRAÑA	55:22	5:10	1:29	3:35	1:55	4:45	1:33	0:33	1:03	3:18	3:40	2:48	1:12	5:41	4:38			
				42:52	47:06	48:39	52:04	54:00	54:43											
				1:32	4:14	1:33	3:25	1:56	0:43											
57	606	IGLESIAS RIOS, JENNIFE Boiro IES PRAIA BARRAÑA	55:22	4:37	5:59	9:21	11:11	16:15	17:42	18:06	19:08	22:47	26:27	28:58	30:06	36:19	40:50			
				4:37	1:22	3:22	1:50	5:04	1:27	0:24	1:02	3:39	3:40	2:31	1:08	6:13	4:31			
				42:11	46:38	47:52	52:15	54:38	55:22											
58	606	IGLESIAS RIOS, JENNIFE Boiro IES PRAIA BARRAÑA	55:22	1:21	4:27	1:14	4:23	2:23	0:44											
				4:37	1:22	3:22	1:50	5:04	1:27	0:24	1:02	3:39	3:40	2:31	1:08	6:13	4:31			
				42:11	46:38	47:52	52:15	54:38	55:22											

os		rsal	Nombre	Tiempo														
CAD FEM (120)					2,5 km		44 m		19 C		<i>(cont.)</i>							
					1(44)	2(35)	3(46)	4(47)	5(48)	6(34)	7(32)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)
					15(52)	16(53)	17(41)	18(42)	19(100)	Meta								
67	695		MARQUEZ MOUCO, SILVIA Culleredo IES REGO DE T	1:01:12	3:43	5:18	8:39	10:15	15:22	16:54	17:28	18:21	21:14	26:23	29:06	30:35	37:24	43:54
					3:43	1:35	3:21	1:36	5:07	1:32	0:34	0:53	2:53	5:09	2:43	1:29	6:49	6:30
					45:12	51:07	53:10	57:18	1:00:27	1:01:12								
					1:18	5:55	2:03	4:08	3:09	0:45								
68	726		VIEITES CALVO, AINHOA Culleredo IES REGO DE T	1:01:45	2:14	3:33	8:50	9:53	15:46	17:46	18:32	20:10	24:35	31:59	38:27	39:54	47:46	51:58
					2:14	1:19	5:17	1:03	5:53	2:00	0:46	1:38	4:25	7:24	6:28	1:27	7:52	4:12
					53:29	56:06	57:30	59:41	1:01:17	1:01:45								
					1:31	2:37	1:24	2:11	1:36	0:28								
69	736		MARTINEZ PENA, REBECA Coristanco CPI ALCALDE	1:01:51	3:16	4:40	6:59	7:59	11:41	13:06	13:38	15:16	20:25	26:48	31:01	32:06	33:48	40:10
					3:16	1:24	2:19	1:00	3:42	1:25	0:32	1:38	5:09	6:23	4:13	1:05	1:42	6:22
					42:13	46:59	48:51	55:51	57:51	1:01:51								
					2:03	4:46	1:52	7:00	2:00	4:00								
70	664		COTELO LOURO, ALEJAN Culleredo IES REGO DE T	1:02:21	1:46	4:30	7:00	8:16	14:07	16:54	17:32	18:23	25:32	30:49	33:58	35:23	41:22	48:12
					1:46	2:44	2:30	1:16	5:51	2:47	0:38	0:51	7:09	5:17	3:09	1:25	5:59	6:50
					49:39	55:25	56:40	59:49	1:01:42	1:02:21								
					1:27	5:46	1:15	3:09	1:53	0:39								
71	707		REGO CALVO, NOEMI Culleredo IES REGO DE T	1:02:25	2:41	4:10	9:29	10:16	16:27	18:08	18:59	20:36	25:09	32:42	38:49	40:22	48:08	52:22
					2:41	1:29	5:19	0:47	6:11	1:41	0:51	1:37	4:33	7:33	6:07	1:33	7:46	4:14
					53:51	56:30	57:54	1:00:03	1:01:44	1:02:25								
					1:29	2:39	1:24	2:09	1:41	0:41								
72	711		RODEIRO MASEDA, JULIA Culleredo IES REGO DE T	1:04:46	1:33	4:14	6:53	14:39	20:39	21:50	22:28	24:00	26:34	33:01	37:10	38:39	45:48	50:56
					1:33	2:41	2:39	7:46	6:00	1:11	0:38	1:32	2:34	6:27	4:09	1:29	7:09	5:08
					51:59	56:48	58:16	1:00:47	1:03:56	1:04:46								
					1:03	4:49	1:28	2:31	3:09	0:50								
73	895		ROMERO GARCIA, ANA Muros IES As Insuas	1:05:36	0:51	2:41	5:14	6:31	12:18	14:23	15:04	16:13	30:36	34:30	38:38	39:36	47:03	51:23
					0:51	1:50	2:33	1:17	5:47	2:05	0:41	1:09	14:23	3:54	4:08	0:58	7:27	4:20
					52:26	58:11	59:02	1:03:07	1:05:16	1:05:36								
					1:03	5:45	0:51	4:05	2:09	0:20								
74	730		CALVO POMBO, MARTA Coristanco CPI ALCALDE	1:07:43	2:48	7:02	13:02	15:05	21:58	24:52	25:14	26:03	32:01	44:04	45:28	46:48	49:46	54:45
					2:48	4:14	6:00	2:03	6:53	2:54	0:22	0:49	5:58	12:03	1:24	1:20	2:58	4:59
					56:07	1:00:51	1:02:01	1:05:09	1:06:59	1:07:43								
					1:22	4:44	1:10	3:08	1:50	0:44								
75	729		BOUZAS LADO, NATALIA Coristanco CPI ALCALDE	1:14:08	2:58	7:15	10:02	12:10	16:22	19:58	20:14	20:58	23:34	29:22	31:47	32:52	47:13	59:19
					2:58	4:17	2:47	2:08	4:12	3:36	0:16	0:44	2:36	5:48	2:25	1:05	14:21	12:06
					1:00:41	1:05:23	1:07:59	1:12:07	1:13:47	1:14:08								
					1:22	4:42	2:36	4:08	1:40	0:21								
76	714		RODRIGUEZ SANTOS, AL Culleredo IES REGO DE T	1:14:30	2:39	11:30	14:09	15:44	20:52	26:35	27:07	28:01	31:39	38:54	46:48	47:49	59:39	1:04:20
					2:39	8:51	2:39	1:35	5:08	5:43	0:32	0:54	3:38	7:15	7:54	1:01	11:50	4:41
					1:05:19	1:08:53	1:09:49	1:12:19	1:14:06	1:14:30								
					0:59	3:34	0:56	2:30	1:47	0:24								
77	733		DIAZ RODRIGUEZ, MARTA Coristanco CPI ALCALDE	1:18:55	2:50	5:51	8:05	9:18	17:58	19:35	20:05	21:13	24:22	33:18	35:47	36:47	51:26	1:02:52
					2:50	3:01	2:14	1:13	8:40	1:37	0:30	1:08	3:09	8:56	2:29	1:00	14:39	11:26
					1:04:04	1:09:11	1:11:58	1:16:10	1:18:36	1:18:55								
					1:12	5:07	2:47	4:12	2:26	0:19								
78	728		BLANCO PEREZ, MARIA Coristanco CPI ALCALDE	1:19:29	3:24	6:40	8:45	10:07	18:49	20:26	20:52	21:55	25:11	33:59	36:34	37:58	52:03	1:03:56
					3:24	3:16	2:05	1:22	8:42	1:37	0:26	1:03	3:16	8:48	2:35	1:24	14:05	11:53
					1:05:36	1:10:02	1:12:46	1:17:07	1:19:08	1:19:29								
					1:40	4:26	2:44	4:21	2:01	0:21								

os	rsal	Nombre	Tiempo																				
CAD MASC (121)					2,5 km 48 m		19 C		<i>(cont.)</i>														
					1(45)	2(35)	3(46)	4(47)	5(48)	6(32)	7(34)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)					
					15(52)	16(53)	17(41)	18(40)	19(100)	Meta													
5	687	LAMAS CARNOTA, ALEX Culleredo IES REGO DE T	25:52		2:32	3:51	5:15	6:09	7:53	8:42	9:19	9:59	11:15	13:34	15:53	16:31	17:39	20:03					
					2:32	1:19	1:24	0:54	1:44	0:49	0:37	0:40	1:16	2:19	2:19	0:38	1:08	2:24					
					20:31	22:24	23:04	24:21	25:31	25:52													
					0:28	1:53	0:40	1:17	1:10	0:21													
6	671	FERRERO BOUZON, VICT Culleredo IES REGO DE T	27:32		2:03	3:07	4:24	5:14	7:10	7:50	8:12	8:58	11:30	16:10	17:24	18:00	18:53	21:17					
					2:03	1:04	1:17	0:50	1:56	0:40	0:22	0:46	2:32	4:40	1:14	0:36	0:53	2:24					
					21:56	23:28	24:17	26:17	27:17	27:32													
					0:39	1:32	0:49	2:00	1:00	0:15													
7	589	ABALO ROMERO, XOAN Boiro IES PRAIA BARRAÑA	27:44		2:31	3:30	4:56	5:25	7:18	7:52	8:11	8:40	9:55	13:50	17:16	17:48	20:00	21:52					
					2:31	0:59	1:26	0:29	1:53	0:34	0:19	0:29	1:15	3:55	3:26	0:32	2:12	1:52					
					22:22	23:51	24:27	25:41	27:27	27:44													
					0:30	1:29	0:36	1:14	1:46	0:17													
8	878	FARINOS CRUZ, OSCAR Muros IES As Insuas	27:56		1:52	2:31	3:59	4:38	6:48	7:41	7:59	8:37	12:41	15:01	15:32	16:30	18:43	21:27					
					1:52	0:39	1:28	0:39	2:10	0:53	0:18	0:38	4:04	2:20	0:31	0:58	2:13	2:44					
					21:56	23:48	24:23	25:31	27:31	27:56													
					0:29	1:52	0:35	1:08	2:00	0:25													
9	549	ROMERO FERNANDEZ, P Noia IES CAMPO DE SAN	28:13		1:47	2:25	4:01	4:58	6:50	7:39	8:02	8:51	10:05	11:53	12:49	13:33	15:26	18:37					
					1:47	0:38	1:36	0:57	1:52	0:49	0:23	0:49	1:14	1:48	0:56	0:44	1:53	3:11					
					19:18	21:24	22:48	24:40	27:54	28:13													
					0:41	2:06	1:24	1:52	3:14	0:19													
10	615	OLIVEIRA REBOIRAS, LOI Boiro IES PRAIA BARRAÑA	28:52		1:55	2:50	4:27	5:23	7:47	8:27	8:50	9:23	10:42	15:32	18:11	18:40	20:41	22:35					
					1:55	0:55	1:37	0:56	2:24	0:40	0:23	0:33	1:19	4:50	2:39	0:29	2:01	1:54					
					23:14	24:44	25:20	26:27	28:32	28:52													
					0:39	1:30	0:36	1:07	2:05	0:20													
11	610	LOJO CALO, MANUEL Boiro IES PRAIA BARRAÑA	28:54		2:17	3:08	4:46	5:39	8:09	8:47	9:09	9:39	11:00	15:55	18:27	18:59	21:03	22:54					
					2:17	0:51	1:38	0:53	2:30	0:38	0:22	0:30	1:21	4:55	2:32	0:32	2:04	1:51					
					23:25	25:01	25:37	26:44	28:36	28:54													
					0:31	1:36	0:36	1:07	1:52	0:18													
12	881	FIGUEIRA LESTON, GERA Muros IES As Insuas	29:00		2:47	3:26	5:46	6:13	8:03	8:40	8:59	11:26	13:16	14:33	15:55	16:26	21:55	24:10					
					2:47	0:39	2:20	0:27	1:50	0:37	0:19	2:27	1:50	1:17	1:22	0:31	5:29	2:15					
					24:46	26:03	26:32	27:48	28:42	29:00													
					0:36	1:17	0:29	1:16	0:54	0:18													
13	639	ANDON VIQUEIRA, OSCAR Culleredo IES REGO DE T	29:27		1:56	3:14	4:34	5:25	7:05	7:53	8:29	9:09	10:38	13:48	15:10	16:03	18:37	21:11					
					1:56	1:18	1:20	0:51	1:40	0:48	0:36	0:40	1:29	3:10	1:22	0:53	2:34	2:34					
					21:58	24:06	25:22	27:07	29:02	29:27													
					0:47	2:08	1:16	1:45	1:55	0:25													
14	903	TEIJO ROMERO, MANUEL Muros IES As Insuas	30:31		2:22	2:55	4:28	5:12	7:43	8:18	8:34	9:17	11:57	14:27	15:27	15:59	21:38	23:46					
					2:22	0:33	1:33	0:44	2:31	0:35	0:16	0:43	2:40	2:30	1:00	0:32	5:39	2:08					
					24:21	26:15	27:03	28:32	30:06	30:31													
					0:35	1:54	0:48	1:29	1:34	0:25													
15	661	CHAO NOVOA, VICTOR Culleredo IES REGO DE T	30:52		3:07	4:32	6:11	6:50	8:41	9:21	9:59	10:39	12:02	15:11	16:38	17:31	19:59	22:38					
					3:07	1:25	1:39	0:39	1:51	0:40	0:38	0:40	1:23	3:09	1:27	0:53	2:28	2:39					
					23:24	25:38	26:45	28:33	30:29	30:52													
					0:46	2:14	1:07	1:48	1:56	0:23													
16	869	CAAMAÑO FERNANDEZ, F Muros IES As Insuas	30:56		5:01	5:26	7:10	7:43	9:34	10:32	10:48	11:25	15:15	16:27	17:50	18:19	24:06	26:04					
					5:01	0:25	1:44	0:33	1:51	0:58	0:16	0:37	3:50	1:12	1:23	0:29	5:47	1:58					
					26:41	27:57	28:28	29:43	30:35	30:56													
					0:37	1:16	0:31	1:15	0:52	0:21													

os	rsal	Nombre	Tiempo															
CAD MASC (121)					2,5 km 48 m		19 C		<i>(cont.)</i>									
					1(45)	2(35)	3(46)	4(47)	5(48)	6(32)	7(34)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)
					15(52)	16(53)	17(41)	18(40)	19(100)	Meta								
17	737	PEÑA CALVO, WILIAM Coristanco CPI ALCALDE	31:29	2:44	4:48	7:26	8:30	10:37	11:21	11:51	12:31	14:03	16:41	17:44	18:32	21:44	24:35	24:35
					2:44	2:04	2:38	1:04	2:07	0:44	0:30	0:40	1:32	2:38	1:03	0:48	3:12	2:51
					25:50	27:28	28:02	29:58	31:15	31:29								
					1:15	1:38	0:34	1:56	1:17	0:14								
18	813	MATO GOMEZ, DANIEL Ames IESP AMES	32:08	2:30	6:19	8:01	8:58	11:12	12:12	12:31	13:05	14:13	19:14	21:52	22:21	24:25	26:08	26:08
					2:30	3:49	1:42	0:57	2:14	1:00	0:19	0:34	1:08	5:01	2:38	0:29	2:04	1:43
					26:43	28:13	28:53	30:03	31:53	32:08								
					0:35	1:30	0:40	1:10	1:50	0:15								
19	740	RODRIGUEZ COUTO, KEV Coristanco CPI ALCALDE	32:11	3:23	5:32	8:10	9:14	11:27	12:05	12:34	13:19	14:57	17:21	18:31	19:15	22:22	25:22	25:22
					3:23	2:09	2:38	1:04	2:13	0:38	0:29	0:45	1:38	2:24	1:10	0:44	3:07	3:00
					26:32	28:10	28:45	30:41	31:55	32:11								
					1:10	1:38	0:35	1:56	1:14	0:16								
20	719	SOBRINO BUJIA, ADRIAN Culleredo IES REGO DE T	34:16	5:16	6:32	9:25	10:04	12:14	13:03	13:48	14:32	18:20	20:15	21:20	21:57	24:38	27:13	27:13
					5:16	1:16	2:53	0:39	2:10	0:49	0:45	0:44	3:48	1:55	1:05	0:37	2:41	2:35
					27:55	30:14	30:57	32:42	33:53	34:16								
					0:42	2:19	0:43	1:45	1:11	0:23								
21	686	IGLESIAS VARELA, ANTON Culleredo IES REGO DE T	34:19	2:38	4:11	6:39	8:18	10:56	11:46	12:17	13:21	15:27	19:49	21:44	22:41	24:15	26:54	26:54
					2:38	1:33	2:28	1:39	2:38	0:50	0:31	1:04	2:06	4:22	1:55	0:57	1:34	2:39
					27:44	30:00	31:00	32:30	34:00	34:19								
					0:50	2:16	1:00	1:30	1:30	0:19								
22	631	TARELA RODRIGUEZ, RU Boiro IES PRAIA BARRAÑA	36:26	2:32	3:29	5:59	6:48	9:39	10:18	10:57	11:53	13:58	17:15	19:58	20:59	24:14	27:54	27:54
					2:32	0:57	2:30	0:49	2:51	0:39	0:39	0:56	2:05	3:17	2:43	1:01	3:15	3:40
					28:28	30:54	31:58	33:56	36:10	36:26								
					0:34	2:26	1:04	1:58	2:14	0:16								
23	681	GONZALEZ CAGIDE, AARO Culleredo IES REGO DE T	36:31	2:32	3:13	4:56	6:27	8:19	9:02	10:15	10:58	16:12	19:19	24:45	25:20	26:15	29:01	29:01
					2:32	0:41	1:43	1:31	1:52	0:43	1:13	0:43	5:14	3:07	0:35	0:55	2:46	2:46
					29:44	32:18	33:16	34:33	36:11	36:31								
					0:43	2:34	0:58	1:17	1:38	0:20								
24	640	ANDRADE ABEIJON, RUB Culleredo IES REGO DE T	37:03	2:30	4:56	6:30	7:10	8:57	9:33	10:06	10:45	17:45	20:17	21:48	22:37	26:57	30:30	30:30
					2:30	2:26	1:34	0:40	1:47	0:36	0:33	0:39	7:00	2:32	1:31	0:49	4:20	3:33
					31:19	33:13	33:57	35:25	36:40	37:03								
					0:49	1:54	0:44	1:28	1:15	0:23								
25	601	FANDIÑO TREUS, JESUS Boiro IES PRAIA BARRAÑA	37:35	3:28	4:32	6:45	7:33	10:42	11:27	12:06	13:09	14:47	18:05	21:01	22:07	25:13	28:41	28:41
					3:28	1:04	2:13	0:48	3:09	0:45	0:39	1:03	1:38	3:18	2:56	1:06	3:06	3:28
					29:17	31:42	32:38	34:55	37:17	37:35								
					0:36	2:25	0:56	2:17	2:22	0:18								
26	630	SANTAMARIA OTERO, JUA Boiro IES PRAIA BARRAÑA	38:04	3:52	4:59	7:24	7:59	11:14	11:51	12:29	13:25	15:09	18:27	21:30	22:26	25:42	29:01	29:01
					3:52	1:07	2:25	0:35	3:15	0:37	0:38	0:56	1:44	3:18	3:03	0:56	3:16	3:19
					29:43	32:01	32:59	35:05	37:43	38:04								
					0:42	2:18	0:58	2:06	2:38	0:21								
27	621	RAMOS MARTINEZ, ANGEL Boiro IES PRAIA BARRAÑA	38:18	2:03	2:50	4:29	5:19	7:53	8:33	9:18	10:03	12:39	23:20	24:13	25:08	26:18	29:16	29:16
					2:03	0:47	1:39	0:50	2:34	0:40	0:45	0:45	2:36	10:41	0:53	0:55	1:10	2:58
					29:55	31:31	32:22	34:01	35:49	38:18								
					0:39	1:36	0:51	1:39	1:48	2:29								
28	650	BLANCO MATA, GABRIEL Culleredo IES REGO DE T	39:08	5:16	5:55	7:45	9:02	11:01	11:41	12:51	13:35	18:44	21:58	27:17	27:52	28:44	31:31	31:31
					5:16	0:39	1:50	1:17	1:59	0:40	1:10	0:44	5:09	3:14	5:19	0:35	0:52	2:47
					32:13	34:48	35:43	37:05	38:46	39:08								
					0:42	2:35	0:55	1:22	1:41	0:22								

os	rsal	Nombre	Tiempo															
CAD MASC (121)					2,5 km 48 m		19 C		<i>(cont.)</i>									
					1(45)	2(35)	3(46)	4(47)	5(48)	6(32)	7(34)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)
					15(52)	16(53)	17(41)	18(40)	19(100)	Meta								
41	885	LOURO NUÑEZ, ALEJAND	41:54		2:31	3:54	5:51	6:42	10:43	11:42	12:15	12:57	16:53	19:09	21:17	21:56	23:28	28:31
		Muros IES As Insuas			2:31	1:23	1:57	0:51	4:01	0:59	0:33	0:42	3:56	2:16	2:08	0:39	1:32	5:03
					29:04	31:45	33:22	38:53	41:38	41:54								
					0:33	2:41	1:37	5:31	2:45	0:16								
42	896	ROMERO LEON, JAVIER	42:54		3:55	4:52	6:42	7:37	11:39	12:37	13:10	13:52	17:46	20:03	22:15	22:53	24:19	29:25
		Muros IES As Insuas			3:55	0:57	1:50	0:55	4:02	0:58	0:33	0:42	3:54	2:17	2:12	0:38	1:26	5:06
					29:59	32:45	34:21	39:55	42:34	42:54								
					0:34	2:46	1:36	5:34	2:39	0:20								
43	902	TAJES MARTINEZ, MANUE	43:22		4:23	5:14	7:11	7:59	12:13	13:08	13:33	14:21	18:17	20:32	22:47	23:30	24:52	29:44
		Muros IES As Insuas			4:23	0:51	1:57	0:48	4:14	0:55	0:25	0:48	3:56	2:15	2:15	0:43	1:22	4:52
					30:25	33:14	34:51	40:09	42:53	43:22								
					0:41	2:49	1:37	5:18	2:44	0:29								
44	865	AGRA SAMBADE, MANEL	46:41		4:42	5:17	6:58	8:13	12:19	13:27	13:57	14:53	17:53	23:15	26:03	26:47	28:29	33:23
		Muros IES As Insuas			4:42	0:35	1:41	1:15	4:06	1:08	0:30	0:56	3:00	5:22	2:48	0:44	1:42	4:54
					34:00	36:47	37:41	43:39	46:19	46:41								
					0:37	2:47	0:54	5:58	2:40	0:22								
45	582	SEGUNDO FARIÑA, JOEL	46:48		4:42	6:21	8:15	8:56	11:38	12:46	13:13	14:18	18:04	25:12	28:06	29:16	32:19	35:19
		Porto do Son IES PORTO			4:42	1:39	1:54	0:41	2:42	1:08	0:27	1:05	3:46	7:08	2:54	1:10	3:03	3:00
					36:01	38:20	39:11	44:35	46:10	46:48								
					0:42	2:19	0:51	5:24	1:35	0:38								
46	560	GONZALEZ TOREA, ALVAR	47:07		5:10	6:48	8:45	9:24	12:05	13:03	13:34	14:40	18:33	25:37	28:27	29:36	32:32	35:45
		Porto do Son IES PORTO			5:10	1:38	1:57	0:39	2:41	0:58	0:31	1:06	3:53	7:04	2:50	1:09	2:56	3:13
					36:26	38:42	39:32	45:00	46:33	47:07								
					0:41	2:16	0:50	5:28	1:33	0:34								
47	620	PLACES PEREZ, PABLO	48:41		4:50	5:57	14:39	15:25	18:33	19:26	20:03	20:40	30:47	34:29	35:51	36:23	38:41	42:27
		Boiro IES PRAIA BARRAÑA			4:50	1:07	8:42	0:46	3:08	0:53	0:37	0:37	10:07	3:42	1:22	0:32	2:18	3:46
					43:07	44:18	44:58	46:53	48:20	48:41								
					0:40	1:11	0:40	1:55	1:27	0:21								
48	667	FERNANDEZ CANOURA, J	50:07		2:38	3:53	6:32	7:36	10:47	11:40	12:28	13:30	15:38	20:56	25:00	25:55	30:51	34:10
		Culleredo IES REGO DE T			2:38	1:15	2:39	1:04	3:11	0:53	0:48	1:02	2:08	5:18	4:04	0:55	4:56	3:19
					35:25	41:30	42:58	47:25	49:29	50:07								
					1:15	6:05	1:28	4:27	2:04	0:38								
49	609	LIÑAYO COUSO, ISMAEL	50:33		5:37	6:41	15:25	16:14	19:19	20:16	20:52	21:28	31:40	35:19	36:39	37:16	39:41	43:16
		Boiro IES PRAIA BARRAÑA			5:37	1:04	8:44	0:49	3:05	0:57	0:36	0:36	10:12	3:39	1:20	0:37	2:25	3:35
					44:00	45:31	46:24	47:45	49:48	50:33								
					0:44	1:31	0:53	1:21	2:03	0:45								
50	710	RIVAS JIMENEZ, FRANCIS	50:49		3:04	4:11	6:06	7:17	9:23	10:10	10:42	11:56	13:57	16:40	23:37	24:42	34:27	36:57
		Culleredo IES REGO DE T			3:04	1:07	1:55	1:11	2:06	0:47	0:32	1:14	2:01	2:43	6:57	1:05	9:45	2:30
					37:39	40:09	40:57	43:15	46:06	50:49								
					0:42	2:30	0:48	2:18	2:51	4:43								
51	879	FEDERICO OLVEIRA, JOS	52:11		6:07	7:28	10:36	11:39	15:46	16:59	17:47	18:33	20:21	30:18	31:09	32:17	36:15	41:16
		Muros IES As Insuas			6:07	1:21	3:08	1:03	4:07	1:13	0:48	0:46	1:48	9:57	0:51	1:08	3:58	5:01
					42:34	45:29	46:55	49:44	51:48	52:11								
					1:18	2:55	1:26	2:49	2:04	0:23								
52	638	AMOR VALDEON, HUGO	53:06		7:58	9:21	12:49	13:32	15:44	21:07	21:56	22:52	30:20	32:46	34:06	34:49	39:14	45:48
		Culleredo IES REGO DE T			7:58	1:23	3:28	0:43	2:12	5:23	0:49	0:56	7:28	2:26	1:20	0:43	4:25	6:34
					46:53	48:36	49:32	51:21	52:40	53:06								
					1:05	1:43	0:56	1:49	1:19	0:26								

os rsal Nombre		Tiempo															
CAD MASC (121)			2,5 km 48 m		19 C		<i>(cont.)</i>										
			1(45) 15(52)	2(35) 16(53)	3(46) 17(41)	4(47) 18(40)	5(48) 19(100)	6(32) Meta	7(34)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)	
53	875	CAAMAÑO PIÑEIRO, HUGO Muros IES As Insuas	53:22	6:24 6:24 43:02 1:13	7:43 1:19 46:17 3:15	10:51 3:08 47:33 1:16	11:55 1:04 50:09 2:36	16:02 4:07 52:44 2:35	17:19 1:17 53:22 0:38	18:03 0:44	18:54 0:51	20:47 1:53	30:34 9:47	31:51 1:17	32:59 1:08	36:53 3:54	41:49 4:56
54	693	LOZANO MARTIN, ASIER Culleredo IES REGO DE T	53:32	8:29 8:29 47:29 1:11	9:53 1:24 49:10 1:41	13:27 3:34 49:56 0:46	14:09 0:42 51:56 2:00	16:15 2:06 53:11 1:15	21:36 5:21 53:32 0:21	22:25 0:49	23:27 1:02	30:50 7:23	32:24 1:34	34:38 2:14	35:20 0:42	39:46 4:26	46:18 6:32
55	680	GESTAL SANTISO, PABLO Culleredo IES REGO DE T	53:52	3:05 3:05 41:37 1:02	8:06 5:01 43:52 2:15	10:32 2:26 50:28 6:36	11:38 1:06 52:00 1:32	15:54 4:16 53:33 1:33	17:38 1:44 53:52 0:19	17:59 0:21	18:47 0:48	20:13 1:26	23:18 3:05	28:14 4:56	31:12 2:58	37:14 6:02	40:35 3:21
56	677	GARCIA MARTINEZ, MARIO Culleredo IES REGO DE T	54:42	4:33 4:33 44:11 1:28	5:56 1:23 47:54 3:43	7:44 1:48 48:44 0:50	8:22 0:38 52:49 4:05	10:36 2:14 54:20 1:31	11:18 0:42 54:42 0:22	12:06 0:48	12:50 0:44	19:32 6:42	26:17 6:45	31:35 5:18	33:04 1:29	38:29 5:25	42:43 4:14
57	941	ROMEU MARTINEZ, JOSE Betanzos IES AS MARIÑAS	56:01	9:59 9:59 42:24 0:53	10:48 0:49 44:55 2:31	12:43 1:55 45:25 0:30	13:25 0:42 48:07 2:42	16:19 2:54 54:40 6:33	17:44 1:25 56:01 1:21	18:29 0:45	19:50 1:21	20:48 0:58	23:12 2:24	29:34 6:22	36:51 7:17	38:35 1:44	41:31 2:56
58	819	MOSQUERA DE JESUS, I Ames IESP AMES	56:49	2:20 2:20 33:39 1:04	3:25 1:05 41:01 7:22	5:53 2:28 42:33 1:32	6:58 1:05 48:29 5:56	11:30 4:32 53:12 4:43	12:41 1:11 56:49 3:37	13:13 0:32	14:30 1:17	17:59 3:29	21:54 3:55	23:10 1:16	24:22 1:12	26:56 2:34	32:35 5:39
59	757	BOUZAS LOPEZ, MIGUEL Ames IESP AMES	57:29	3:55 3:55 47:16 1:13	7:42 3:47 50:14 2:58	9:21 1:39 51:30 1:16	10:19 0:58 54:38 3:08	13:48 3:29 56:51 2:13	15:00 1:12 57:29 0:38	15:44 0:44	16:53 1:09	24:53 8:00	29:47 4:54	33:09 3:22	34:22 1:13	38:47 4:25	46:03 7:16
60	795	GUILLERMES MARTINEZ, Ames IESP AMES	58:25	4:52 4:52 48:07 1:14	6:36 1:44 51:07 3:00	9:20 2:44 52:34 1:27	10:22 1:02 55:19 2:45	14:43 4:21 57:46 2:27	15:53 1:10 58:25 0:39	16:35 0:42	17:46 1:11	25:50 8:04	30:38 4:48	34:05 3:27	35:11 1:06	39:28 4:17	46:53 7:25
61	676	GARCIA FERNANDEZ, RU Culleredo IES REGO DE T	1:00:01	9:53 9:53 53:53 0:55	11:56 2:03 55:36 1:43	14:04 2:08 56:37 1:01	24:33 10:29 58:29 1:52	27:25 2:52 59:41 1:12	28:13 0:48 1:00:01 0:20	28:51 0:38	29:38 0:47	37:31 7:53	39:53 2:22	41:13 1:20	41:54 0:41	46:20 4:26	52:58 6:38
62	643	ASTRAY RODRIGUEZ, PAB Culleredo IES REGO DE T	1:02:36	3:58 3:58 52:04 1:10	12:34 8:36 55:48 3:44	15:18 2:44 56:57 1:09	17:08 1:50 59:56 2:59	21:06 3:58 1:01:57 2:01	22:52 1:46 1:02:36 0:39	23:31 0:39	25:08 1:37	28:43 3:35	34:25 5:42	37:06 2:41	42:00 4:54	44:37 2:37	50:54 6:17
63	594	BUSTELO YAÑEZ, DAVID Boiro IES PRAIA BARRAÑA	1:03:29	1:41 1:41 53:06 1:19	9:05 7:24 56:36 3:30	11:59 2:54 57:56 1:20	14:32 2:33 1:01:16 3:20	20:12 5:40 1:03:05 1:49	21:27 1:15 1:03:29 0:24	22:16 0:49	23:42 1:26	26:59 3:17	30:33 3:34	34:15 3:42	35:20 1:05	40:40 5:20	51:47 11:07
64	633	TUBIO BRION, JAVIER Boiro IES PRAIA BARRAÑA	1:05:44	2:33 2:33 55:20 1:18	4:00 1:27 58:47 3:27	10:28 6:28 1:00:13 1:26	11:28 1:00 1:03:13 3:00	16:13 4:45 1:05:16 2:03	19:01 2:48 1:05:44 0:28	19:36 0:35	20:36 1:00	24:54 4:18	32:52 7:58	36:46 3:54	37:42 0:56	43:29 5:47	54:02 10:33

os	rsal	Nombre	Tiempo																					
CAD MASC (121)					2,5 km 48 m		19 C		<i>(cont.)</i>															
					1(45)	2(35)	3(46)	4(47)	5(48)	6(32)	7(34)	8(31)	9(43)	10(38)	11(49)	12(50)	13(51)	14(39)						
					15(52)	16(53)	17(41)	18(40)	19(100)	Meta														
904		TOREA PIÑEIRO, ADAY	andona	13:42	14:46	18:00	19:09	39:00	39:44	40:32	41:34	----	----	----	----	1:00:45	----	----						
		Muros IES As Insuas		13:42	1:04	3:14	1:09	19:51	0:44	0:48	1:02	----	----	----	----	19:11	----	----						
				----	----	----	----	1:02:16	1:03:02	----	----	----	----	----	----	----	----	----						
								1:31	0:46															
870		CAAMAÑO GONZALEZ, CH	andona	14:34	15:29	18:36	19:59	39:48	40:26	41:11	42:09	----	----	----	----	1:01:28	----	----						
		Muros IES As Insuas		14:34	0:55	3:07	1:23	19:49	0:38	0:45	0:58	----	----	----	----	19:19	----	----						
				----	----	----	----	1:02:57	1:03:41	----	----	----	----	----	----	----	----	----						
								1:29	0:44															
933		PIÑEIRO REGUEIRO, IVAN	andona	9:35	40:43	45:24	49:44	----	1:02:19	----	----	----	----	----	----	----	----	----						
		Betanzos IES AS MARIÑAS		9:35	31:08	4:41	4:20	----	12:35	----	----	----	----	----	----	----	----	----						
				----	----	----	----	----	1:06:26	26:54	27:52	38:08	----	----	----	----	----	----						
									4:07	*50	*37	*43	----	----	----	----	----	----						
935		REGO MOSQUERA, DANIE	andona	9:55	41:08	45:46	50:04	----	1:02:36	----	----	----	----	----	----	----	----	----						
		Betanzos IES AS MARIÑAS		9:55	31:13	4:38	4:18	----	12:32	----	----	----	----	----	----	----	----	----						
				----	----	----	----	----	1:06:48	27:11	28:16	38:41	----	----	----	----	----	----						
									4:12	*50	*37	*43	----	----	----	----	----	----						
925		MARTINEZ ANSEDE, OSC	andona	10:30	41:39	46:13	50:23	----	1:03:02	----	----	----	----	----	----	----	----	----						
		Betanzos IES AS MARIÑAS		10:30	31:09	4:34	4:10	----	12:39	----	----	----	----	----	----	----	----	----						
				----	----	----	----	----	1:07:10	19:56	27:32	28:46	38:59	----	----	----	----	----						
									4:08	*53	*50	*37	*43	----	----	----	----	----						
934		PLATAS CASTRO, ASIER	andona	9:15	40:23	1:26:02	1:26:35	----	----	----	----	----	----	----	----	----	----	----						
		Betanzos IES AS MARIÑAS		9:15	31:08	45:39	0:33	----	----	----	----	----	----	----	----	----	----	----						
				----	----	----	----	1:31:41	1:32:31	----	----	----	----	----	----	----	----	----						
								5:06	0:50															
924		MARTINEZ POLINDARA, D	andona	10:33	18:45	22:27	1:08:27	----	----	----	----	----	----	----	----	1:12:45	1:23:24	----						
		Betanzos IES AS MARIÑAS		10:33	8:12	3:42	46:00	----	----	----	----	----	----	----	----	4:18	10:39	----						
				1:24:17	1:27:50	----	1:29:42	----	1:33:16	28:39	31:54	35:54	37:29	38:11	39:41	42:13	----	----						
				0:53	3:33	----	1:52	----	3:34	*37	*50	*48	*32	*34	*31	*43	----	----						
				46:32	1:02:17	1:04:10	1:25:53	----	----	----	----	----	----	----	----	----	----	----						
				*38	*49	*50	*41	----	----	----	----	----	----	----	----	----	----	----						
595		CAS AIS FERNANDEZ, AAR	andona	2:20	9:35	12:31	15:15	21:02	22:26	23:17	24:28	28:16	31:52	34:50	36:01	40:10	----	----						
		Boiro IES PRAIA BARRAÑA		2:20	7:15	2:56	2:44	5:47	1:24	0:51	1:11	3:48	3:36	2:58	1:11	4:09	----	----						
				----	----	----	----	----	----	----	----	----	----	----	----	----	----	----						
724		VEGA UGARTE, FRANCISC	andona	----	20:35	----	27:59	----	----	----	----	----	----	----	29:38	----	34:10	----						
		Culleredo IES REGO DE T		----	20:35	----	7:24	----	----	----	----	----	----	----	1:39	4:32	----	----						
				----	----	34:44	----	----	----	7:48	10:25	10:42	11:03	13:05	15:09	17:16	----	----						
						0:34	----	----	----	*46	*49	*42	*40	*38	*48	*32	----	----						
				19:07	19:14	20:02	21:42	22:48	30:10	31:53	33:00	31:53	33:00	31:53	33:00	31:53	33:00	31:53						
				*34	*34	*31	*33	*48	*37	*40	*52	*40	*52	*40	*52	*40	*52	*40						