

| Pos | orsal | Nombre | Tiempo | | | | | | | | | | | | | | | | |
|--------------------------------|-------|-------------------------------|--------------|----------------------|-------|-------|-------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|
| Cadete Masculino (6) | | | | 7,6 km 290 m | | | 12 C | | | | | | | | | | | | |
| | | | | 1(31) | 2(33) | 3(61) | 4(45) | 5(43) | 6(56) | 7(57) | 8(59) | 9(58) | 10(48) | 11(35) | 12(100) | Meta | | | |
| 1 | 515 | Lopez Gonzalez, Nicolas | 46:52 | 1:52 | 5:13 | 15:09 | 16:57 | 27:31 | 32:27 | 35:50 | 39:14 | 42:40 | 44:30 | 45:46 | 46:18 | 46:52 | | | |
| | | Paderne ADVENTURE ADDICTS | | 1:52 | 3:21 | 9:56 | 1:48 | 10:34 | 4:56 | 3:23 | 3:24 | 3:26 | 1:50 | 1:16 | 0:32 | 0:34 | | | |
| 2 | 153 | Serantes Abal, Eloi | 47:34 | 1:46 | 5:27 | 17:35 | 19:40 | 28:00 | 33:17 | 37:02 | 40:38 | 43:04 | 45:31 | 46:23 | 46:52 | 47:34 | | | |
| | | Porto do Son ADC ARNELA | | 1:46 | 3:41 | 12:08 | 2:05 | 8:20 | 5:17 | 3:45 | 3:36 | 2:26 | 2:27 | 0:52 | 0:29 | 0:42 | | | |
| 3 | 63 | Beloso Iglesias, Xandre | 53:21 | 2:12 | 6:09 | 18:52 | 20:51 | 29:17 | 34:29 | 39:19 | 43:12 | 45:31 | 47:59 | 51:59 | 52:41 | 53:21 | | | |
| | | Pontevedra AROMON | | 2:12 | 3:57 | 12:43 | 1:59 | 8:26 | 5:12 | 4:50 | 3:53 | 2:19 | 2:28 | 4:00 | 0:42 | 0:40 | | | |
| 4 | 162 | Alvarez Braña, Ivan | 1:09:57 | 2:19 | 7:20 | 25:08 | 27:23 | 42:09 | 49:42 | 53:36 | 57:43 | 1:00:08 | 1:03:00 | 1:08:28 | 1:09:08 | 1:09:57 | | | |
| | | a coruña GALLAECIA RAID | | 2:19 | 5:01 | 17:48 | 2:15 | 14:46 | 7:33 | 3:54 | 4:07 | 2:25 | 2:52 | 5:28 | 0:40 | 0:49 | | | |
| 5 | 393 | González Souto, Germán | 2:06:13 | 3:39 | 8:36 | 24:27 | 27:12 | 1:31:01 | 1:40:30 | 1:47:38 | 1:53:05 | 1:59:27 | 2:02:00 | 2:04:44 | 2:05:23 | 2:06:13 | | | |
| | | A Coruña BRIGANTIA | | 3:39 | 4:57 | 15:51 | 2:45 | 1:03:49 | 9:29 | 7:08 | 5:27 | 6:22 | 2:33 | 2:44 | 0:39 | 0:50 | | | |
| | 394 | González Souto, Rui | rror en tarj | ----- | 9:44 | 36:15 | 39:30 | 54:24 | 1:01:28 | 1:05:39 | 1:09:38 | 1:13:08 | 1:16:24 | 1:19:38 | 1:20:19 | 1:21:13 | 2:52 | | |
| | | A Coruña BRIGANTIA | | | 9:44 | 26:31 | 3:15 | 14:54 | 7:04 | 4:11 | 3:59 | 3:30 | 3:16 | 3:14 | 0:41 | 0:54 | *51 | | |
| Xuvenil Masculino (2) | | | | 9,2 km 310 m | | | 12 C | | | | | | | | | | | | |
| | | | | 1(51) | 2(33) | 3(54) | 4(45) | 5(46) | 6(62) | 7(57) | 8(55) | 9(47) | 10(60) | 11(34) | 12(100) | Meta | | | |
| 1 | 513 | Lopez Gonzalez, Javier | 53:41 | 1:20 | 4:18 | 6:22 | 14:01 | 21:25 | 31:14 | 38:14 | 46:12 | 48:05 | 49:34 | 50:13 | 53:02 | 53:41 | | | |
| | | Paderne ADVENTURE ADDICTS | | 1:20 | 2:58 | 2:04 | 7:39 | 7:24 | 9:49 | 7:00 | 7:58 | 1:53 | 1:29 | 0:39 | 2:49 | 0:39 | | | |
| 2 | 13 | Fernández Sánchez, Pablo | 1:16:51 | 1:29 | 4:52 | 7:18 | 16:41 | 21:53 | 34:28 | 58:32 | 1:10:06 | 1:11:59 | 1:14:01 | 1:14:55 | 1:16:11 | 1:16:51 | 41:52 | | |
| | | Lugo FLUVIAL LUGO | | 1:29 | 3:23 | 2:26 | 9:23 | 5:12 | 12:35 | 24:04 | 11:34 | 1:53 | 2:02 | 0:54 | 1:16 | 0:40 | *47 | | |
| Junior Masculino (2) | | | | 13,0 km 428 m | | | 14 C | | | | | | | | | | | | |
| | | | | 1(51) | 2(52) | 3(49) | 4(50) | 5(53) | 6(46) | 7(39) | 8(41) | 9(40) | 10(42) | 11(43) | 12(48) | 13(34) | 14(100) | Meta | |
| 1 | 163 | Alvarez Braña, Martin Enrique | 1:13:57 | 3:05 | 5:42 | 12:32 | 18:34 | 30:43 | 36:32 | 46:09 | 52:29 | 54:45 | 1:01:19 | 1:07:24 | 1:11:38 | 1:12:26 | 1:13:13 | 1:13:57 | |
| | | a coruña GALLAECIA RAID | | 3:05 | 2:37 | 6:50 | 6:02 | 12:09 | 5:49 | 9:37 | 6:20 | 2:16 | 6:34 | 6:05 | 4:14 | 0:48 | 0:47 | 0:44 | |
| 2 | 36 | Portela López, Bruno | 1:42:41 | 1:35 | 5:00 | 12:15 | 20:23 | 34:50 | 41:09 | 51:24 | 1:00:05 | 1:02:14 | 1:16:09 | 1:33:56 | 1:40:11 | 1:41:06 | 1:42:01 | 1:42:41 | |
| | | Lugo FLUVIAL LUGO | | 1:35 | 3:25 | 7:15 | 8:08 | 14:27 | 6:19 | 10:15 | 8:41 | 2:09 | 13:55 | 17:47 | 6:15 | 0:55 | 0:55 | 0:40 | |
| Senior B Feminino (4) | | | | 9,2 km 310 m | | | 12 C | | | | | | | | | | | | |
| | | | | 1(51) | 2(33) | 3(54) | 4(45) | 5(46) | 6(62) | 7(57) | 8(55) | 9(47) | 10(60) | 11(34) | 12(100) | Meta | | | |
| 1 | 165 | Alvarez Oreiro, Laura | 1:16:44 | 2:10 | 6:12 | 9:45 | 20:12 | 28:22 | 47:13 | 57:14 | 1:08:34 | 1:10:57 | 1:13:39 | 1:14:53 | 1:16:01 | 1:16:44 | | | |
| | | a coruña GALLAECIA RAID | | 2:10 | 4:02 | 3:33 | 10:27 | 8:10 | 18:51 | 10:01 | 11:20 | 2:23 | 2:42 | 1:14 | 1:08 | 0:43 | | | |
| 2 | 560 | Del Puerto Lopez, Barbara | 1:18:55 | 3:57 | 8:10 | 11:27 | 23:07 | 32:48 | 49:57 | 59:30 | 1:10:50 | 1:12:57 | 1:15:15 | 1:16:45 | 1:18:07 | 1:18:55 | | | |
| | | Ordes SEO | | 3:57 | 4:13 | 3:17 | 11:40 | 9:41 | 17:09 | 9:33 | 11:20 | 2:07 | 2:18 | 1:30 | 1:22 | 0:48 | | | |
| 3 | 35 | Pérez González, M. José | 1:29:42 | 2:42 | 8:10 | 14:47 | 26:32 | 34:25 | 50:25 | 1:09:37 | 1:21:14 | 1:24:23 | 1:26:25 | 1:27:44 | 1:28:54 | 1:29:42 | | | |
| | | Lugo FLUVIAL LUGO | | 2:42 | 5:28 | 6:37 | 11:45 | 7:53 | 16:00 | 19:12 | 11:37 | 3:09 | 2:02 | 1:19 | 1:10 | 0:48 | | | |
| 4 | 140 | Míguez Sampedro, Susana | 1:51:53 | 3:17 | 11:36 | 14:55 | 30:48 | 41:06 | 1:08:04 | 1:23:51 | 1:37:29 | 1:40:42 | 1:43:10 | 1:49:01 | 1:50:57 | 1:51:53 | | | |
| | | Porto do Son ADC ARNELA | | 3:17 | 8:19 | 3:19 | 15:53 | 10:18 | 26:58 | 15:47 | 13:38 | 3:13 | 2:28 | 5:51 | 1:56 | 0:56 | | | |
| Senior B Masculino (16) | | | | 13,0 km 428 m | | | 14 C | | | | | | | | | | | | |
| | | | | 1(51) | 2(52) | 3(49) | 4(50) | 5(53) | 6(46) | 7(39) | 8(41) | 9(40) | 10(42) | 11(43) | 12(48) | 13(34) | 14(100) | Meta | |
| 1 | 122 | Baamonde Arufe, Pablo | 1:18:59 | 1:33 | 4:32 | 11:48 | 18:58 | 32:22 | 38:49 | 48:23 | 56:00 | 57:42 | 1:05:52 | 1:11:35 | 1:16:23 | 1:17:27 | 1:18:20 | 1:18:59 | |
| | | Porto do Son ADC ARNELA | | 1:33 | 2:59 | 7:16 | 7:10 | 13:24 | 6:27 | 9:34 | 7:37 | 1:42 | 8:10 | 5:43 | 4:48 | 1:04 | 0:53 | 0:39 | |
| 2 | 15 | Folgar Romay, Javier | 1:25:33 | 2:01 | 5:09 | 12:35 | 21:20 | 33:25 | 39:34 | 47:48 | 56:17 | 58:28 | 1:07:25 | 1:14:49 | 1:22:42 | 1:23:53 | 1:24:51 | 1:25:33 | |
| | | Lugo FLUVIAL LUGO | | 2:01 | 3:08 | 7:26 | 8:45 | 12:05 | 6:09 | 8:14 | 8:29 | 2:11 | 8:57 | 7:24 | 7:53 | 1:11 | 0:58 | 0:42 | |
| 3 | 10 | Fernández Martínez, Carlos | 1:31:57 | 1:43 | 5:25 | 15:02 | 23:40 | 38:10 | 45:06 | 56:40 | 1:04:55 | 1:06:52 | 1:17:32 | 1:23:40 | 1:29:14 | 1:30:27 | 1:31:22 | 1:31:57 | |
| | | Lugo FLUVIAL LUGO | | 1:43 | 3:42 | 9:37 | 8:38 | 14:30 | 6:56 | 11:34 | 8:15 | 1:57 | 10:40 | 6:08 | 5:34 | 1:13 | 0:55 | 0:35 | |
| 4 | 39 | Rocha Pena, Pablo | 1:33:53 | 1:38 | 5:05 | 13:26 | 21:27 | 36:07 | 43:23 | 52:58 | 1:07:56 | 1:09:29 | 1:18:06 | 1:24:40 | 1:30:24 | 1:31:53 | 1:33:10 | 1:33:53 | |
| | | Lugo FLUVIAL LUGO | | 1:38 | 3:27 | 8:21 | 8:01 | 14:40 | 7:16 | 9:35 | 14:58 | 1:33 | 8:37 | 6:34 | 5:44 | 1:29 | 1:17 | 0:43 | |

| Pos | orsal | Nombre | Tiempo | | | | | | | | | | | | | | | Meta | | | | |
|--------------------------------|-------|---|--------------|----------------------|-------|-------------|-------------|----------------|---------|---------|---------|-------------|-------------|---------|---------|---------|---------|-------------|---------|---------|---------|---------|
| Senior B Masculino (16) | | | | 13,0 km 428 m | | 14 C | | <i>(cont.)</i> | | | | | | | | | | | | | | |
| | | | | 1(51) | 2(52) | 3(49) | 4(50) | 5(53) | 6(46) | 7(39) | 8(41) | 9(40) | 10(42) | 11(43) | 12(48) | 13(34) | 14(100) | Meta | | | | |
| 5 | 641 | Cambón Maneiro, Enrique Porto do Son ADC ARNELA | 1:36:18 | 2:33 | 6:26 | 16:26 | 25:28 | 38:53 | 45:32 | 56:40 | 1:05:11 | 1:07:09 | 1:16:52 | 1:25:27 | 1:32:50 | 1:34:40 | 1:35:39 | 1:36:18 | | | | |
| 6 | 118 | Verde Lareu, Roberto Pontevedra AROMON | 1:38:01 | 2:33 | 3:53 | 10:00 | 9:02 | 13:25 | 6:39 | 11:08 | 8:31 | 1:58 | 9:43 | 8:35 | 7:23 | 1:50 | 0:59 | 0:39 | | | | |
| 7 | 129 | Fernandez Rego, David Porto do Son ADC ARNELA | 1:40:03 | 1:36 | 4:48 | 12:59 | 21:47 | 37:49 | 45:09 | 55:59 | 1:11:06 | 1:13:31 | 1:21:17 | 1:28:24 | 1:35:04 | 1:36:18 | 1:37:19 | 1:38:01 | | | | |
| 8 | 639 | Penas Varela, Jose A Coruña C.O.CO | 1:47:30 | 1:36 | 3:12 | 8:11 | 8:48 | 16:02 | 7:20 | 10:50 | 15:07 | 2:25 | 7:46 | 7:07 | 6:40 | 1:14 | 1:01 | 0:42 | | | | |
| 9 | 662 | Castedo López, Pablo A Coruña APA LICEO | 1:55:02 | 1:59 | 5:10 | 14:55 | 22:48 | 37:32 | 45:27 | 57:17 | 1:06:14 | 1:08:31 | 1:17:18 | 1:30:46 | 1:37:25 | 1:38:29 | 1:39:25 | 1:40:03 | | | | |
| 10 | 636 | Morián Otero, Alberto a coruña GALLAECIA RAID | 1:57:04 | 1:33 | 4:36 | 13:42 | 26:27 | 39:17 | 47:53 | 59:03 | 1:15:23 | 1:16:52 | 1:26:57 | 1:36:54 | 1:44:38 | 1:45:59 | 1:46:53 | 1:47:30 | | | | |
| 11 | 211 | Noguerol Diz, Iván a coruña GALLAECIA RAID | 2:08:37 | 1:33 | 3:03 | 9:06 | 12:45 | 12:50 | 8:36 | 11:10 | 16:20 | 1:29 | 10:05 | 9:57 | 7:44 | 1:21 | 0:54 | 0:37 | | | | |
| 12 | 28 | Montouto Gonzalez, Jose Carlo Lugo FLUVIAL LUGO | 2:21:21 | 1:51 | 6:29 | 16:08 | 24:57 | 41:21 | 51:48 | 1:03:38 | 1:13:16 | 1:15:27 | 1:35:05 | 1:44:14 | 1:51:52 | 1:53:05 | 1:54:13 | 1:55:02 | | | | |
| 13 | 18 | Freire Fernández, Jorge Lugo FLUVIAL LUGO | 3:24:10 | 1:51 | 4:38 | 9:39 | 8:49 | 16:24 | 10:27 | 11:50 | 9:38 | 2:11 | 19:38 | 9:09 | 7:38 | 1:13 | 1:08 | 0:49 | | | | |
| | 2 | Amarelle Garabán, Roberto Lugo FLUVIAL LUGO | rror en tarj | 1:48 | 5:14 | 16:40 | 23:48 | 45:12 | 55:18 | 1:07:51 | ----- | 1:15:45 | 1:25:25 | 1:32:19 | 1:39:59 | 1:41:01 | 1:42:06 | 1:42:45 | | | | |
| | 488 | Bandín Marentes, Javier Cambre ROBALIZA | rror en tarj | 1:48 | 3:26 | 11:26 | 7:08 | 21:24 | 10:06 | 12:33 | | 7:54 | 9:40 | 6:54 | 7:40 | 1:02 | 1:05 | 0:39 | | | | |
| | 17 | Fouz Rodriguez, Marcos Lugo FLUVIAL LUGO | No sale | 2:13 | 6:19 | 19:23 | 31:02 | 1:04:08 | 1:27:57 | 1:45:05 | 1:57:22 | 2:00:27 | ----- | 2:28:05 | 2:44:38 | 2:46:18 | 2:47:00 | 2:47:01 | | | | |
| | | | | 2:13 | 4:06 | 13:04 | 11:39 | 33:06 | 23:49 | 17:08 | 12:17 | 3:05 | | 27:38 | 16:33 | 1:40 | 0:42 | 0:01 | | | | |
| Senior Feminino (5) | | | | 14,0 km 500 m | | 16 C | | | | | | | | | | | | | | | | |
| | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(37) | 6(39) | 7(41) | 8(40) | 9(42) | 10(46) | 11(45) | 12(44) | 13(47) | 14(60) | 15(34) | 16(100) | Meta | | |
| 1 | 534 | Delgado Gonzalez, María Del Ma Arteixo. A Coruña IES SABÓN | 1:21:57 | 1:29 | 4:46 | 12:17 | 21:53 | 36:55 | 41:19 | 48:09 | 49:38 | 58:49 | 1:06:44 | 1:11:08 | 1:13:40 | 1:16:47 | 1:19:07 | 1:20:30 | 1:21:20 | 1:21:57 | 4:27 | |
| 2 | 195 | López Eyo, Tania a coruña GALLAECIA RAID | 1:34:47 | 1:29 | 3:17 | 7:31 | 9:36 | 15:02 | 4:24 | 6:50 | 1:29 | 9:11 | 7:55 | 4:24 | 2:32 | 3:07 | 2:20 | 1:23 | 0:50 | 0:37 | *32 | |
| 3 | 191 | González Corral, Bibiana a coruña GALLAECIA RAID | 2:02:02 | 1:52 | 5:25 | 13:46 | 23:20 | 39:19 | 45:20 | 52:36 | 54:41 | 1:03:36 | 1:12:27 | 1:23:15 | 1:26:59 | 1:30:27 | 1:32:15 | 1:33:05 | 1:34:05 | 1:34:47 | | |
| 4 | 209 | Naya Mancebo, Paula a coruña GALLAECIA RAID | 2:13:39 | 1:52 | 3:33 | 8:21 | 9:34 | 15:59 | 6:01 | 7:16 | 2:05 | 8:55 | 8:51 | 10:48 | 3:44 | 3:28 | 1:48 | 0:50 | 1:00 | 0:42 | | |
| | 810 | Shoemaker, Ashley A Coruña INDEPENDIENTE | rror en tarj | 2:56 | 7:23 | 17:49 | 27:50 | 51:23 | 59:46 | 1:09:07 | 1:11:28 | 1:22:12 | 1:39:25 | 1:48:46 | 1:53:06 | 1:56:52 | 1:59:11 | 2:00:05 | 2:01:14 | 2:02:02 | | |
| | | | | 2:40 | 6:55 | 16:26 | 26:22 | 47:18 | 52:48 | 1:09:16 | 1:11:47 | 1:35:44 | 1:47:23 | 1:57:30 | 2:04:15 | 2:08:46 | 2:11:01 | 2:11:54 | 2:12:55 | 2:13:39 | | |
| | | | | 2:40 | 4:15 | 9:31 | 9:56 | 20:56 | 5:30 | 16:28 | 2:31 | 23:57 | 11:39 | 10:07 | 6:45 | 4:31 | 2:15 | 0:53 | 1:01 | 0:44 | | |
| | | | | ----- | 6:32 | 29:12 | 42:56 | 1:07:29 | 1:15:20 | 1:30:47 | 1:33:21 | 1:46:28 | 2:02:45 | 2:10:40 | 2:14:02 | 2:18:10 | 2:20:12 | 2:21:15 | 2:22:28 | 2:23:22 | 2:10 | |
| | | | | 6:32 | 22:40 | 13:44 | 24:33 | 7:51 | 15:27 | 2:34 | 13:07 | 16:17 | 7:55 | 3:22 | 4:08 | 2:02 | 1:03 | 1:13 | 0:54 | *51 | | |
| Senior Masculino (21) | | | | 15,0 km 520 m | | 18 C | | | | | | | | | | | | | | | | |
| | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(53) | 6(63) | 7(38) | 8(39) | 9(41) | 10(40) | 11(42) | 12(46) | 13(45) | 14(44) | 15(59) | 16(48) | 17(34) | 18(100) | Meta |
| 1 | 512 | López Costoya, Francisco Javier Paderne ADVENTURE ADDICTS | 1:17:53 | 1:33 | 4:17 | 11:08 | 16:46 | 27:09 | 31:58 | 35:23 | 38:06 | 44:24 | 45:49 | 54:17 | 1:00:52 | 1:05:03 | 1:07:50 | 1:13:05 | 1:15:49 | 1:16:38 | 1:17:23 | 1:17:53 |
| 2 | 541 | Amil Fernández, Carlos O Porriño BUDIÑORAI | 1:20:08 | 1:33 | 2:44 | 6:51 | 5:38 | 10:23 | 4:49 | 3:25 | 2:43 | 6:18 | 1:25 | 8:28 | 6:35 | 4:11 | 2:47 | 5:15 | 2:44 | 0:49 | 0:45 | 0:30 |
| 3 | 217 | Peña Pita, Felipe a coruña GALLAECIA RAID | 1:20:15 | 1:42 | 4:21 | 11:13 | 17:23 | 29:39 | 34:16 | 37:35 | 39:34 | 45:41 | 47:25 | 55:33 | 1:02:36 | 1:09:29 | 1:14:53 | 1:18:02 | 1:18:49 | 1:19:35 | 1:20:08 | |
| 4 | 170 | Breijo Martínez, Yago a coruña GALLAECIA RAID | 1:22:27 | 1:42 | 2:39 | 6:52 | 6:10 | 12:16 | 4:37 | 3:19 | 1:59 | 6:07 | 1:44 | 8:08 | 7:03 | 3:53 | 3:00 | 5:24 | 3:09 | 0:47 | 0:46 | 0:33 |
| 5 | 196 | López Franco, Pablo a coruña GALLAECIA RAID | 1:22:30 | 1:41 | 5:29 | 11:44 | 17:55 | 28:20 | 32:10 | 35:26 | 37:47 | 44:04 | 45:49 | 52:53 | 59:56 | 1:04:09 | 1:08:37 | 1:14:37 | 1:17:50 | 1:18:52 | 1:19:40 | 1:20:15 |
| | | | | 1:41 | 3:48 | 6:15 | 6:11 | 10:25 | 3:50 | 3:16 | 2:21 | 6:17 | 1:45 | 7:04 | 7:03 | 4:13 | 4:28 | 6:00 | 3:13 | 1:02 | 0:48 | 0:35 |
| | | | | 2:27 | 5:23 | 12:06 | 18:41 | 29:23 | 34:53 | 37:57 | 40:39 | 46:29 | 48:09 | 55:19 | 1:02:08 | 1:06:32 | 1:11:13 | 1:16:52 | 1:20:01 | 1:21:07 | 1:21:57 | 1:22:27 |
| | | | | 2:27 | 2:56 | 6:43 | 6:35 | 10:42 | 5:30 | 3:04 | 2:42 | 5:50 | 1:40 | 7:10 | 6:49 | 4:24 | 4:41 | 5:39 | 3:09 | 1:06 | 0:50 | 0:30 |
| | | | | 1:54 | 4:47 | 11:54 | 18:56 | 30:52 | 34:46 | 38:27 | 40:48 | 47:11 | 49:13 | 56:37 | 1:04:11 | 1:08:09 | 1:10:37 | 1:16:33 | 1:19:52 | 1:21:01 | 1:21:55 | 1:22:30 |
| | | | | 1:54 | 2:53 | 7:07 | 7:02 | 11:56 | 3:54 | 3:41 | 2:21 | 6:23 | 2:02 | 7:24 | 7:34 | 3:58 | 2:28 | 5:56 | 3:19 | 1:09 | 0:54 | 0:35 |

| Pos | orsal | Nombre | Tiempo | | | | | | | | | | | | | | | | | | | | |
|----------------------------------|-------|---|----------------------|-------------|----------------|-------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|------|
| Senior Masculino (21) | | | 15,0 km 520 m | 18 C | <i>(cont.)</i> | | | | | | | | | | | | | | | | | | |
| | | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(53) | 6(63) | 7(38) | 8(39) | 9(41) | 10(40) | 11(42) | 12(46) | 13(45) | 14(44) | 15(59) | 16(48) | 17(34) | 18(100) | Meta |
| 6 | 208 | Muñío García, Marcos a coruña GALLAECIA RAID | 1:23:28 | 1:24 | 4:09 | 10:33 | 18:51 | 32:43 | 36:17 | 39:26 | 42:28 | 48:11 | 49:31 | 55:59 | 1:02:52 | 1:07:40 | 1:12:27 | 1:18:00 | 1:21:09 | 1:22:09 | 1:22:57 | 1:23:28 | |
| | | | | 1:24 | 2:45 | 6:24 | 8:18 | 13:52 | 3:34 | 3:09 | 3:02 | 5:43 | 1:20 | 6:28 | 6:53 | 4:48 | 4:47 | 5:33 | 3:09 | 1:00 | 0:48 | 0:31 | |
| 7 | 518 | Taboada Pintor, Alberto Paderne ADVENTURE ADDICTS | 1:23:30 | 1:37 | 4:11 | 10:15 | 15:56 | 26:21 | 29:45 | 33:01 | 36:27 | 46:25 | 47:57 | 56:03 | 1:02:43 | 1:06:36 | 1:12:43 | 1:17:55 | 1:20:56 | 1:22:06 | 1:22:56 | 1:23:30 | |
| | | | | 1:37 | 2:34 | 6:04 | 5:41 | 10:25 | 3:24 | 3:16 | 3:26 | 9:58 | 1:32 | 8:06 | 6:40 | 3:53 | 6:07 | 5:12 | 3:01 | 1:10 | 0:50 | 0:34 | |
| 8 | 632 | Diz López, Francisco a coruña GALLAECIA RAID | 1:24:07 | 1:32 | 4:01 | 9:28 | 16:29 | 27:17 | 31:10 | 33:57 | 35:59 | 41:30 | 43:03 | 57:07 | 1:04:35 | 1:09:23 | 1:13:52 | 1:19:13 | 1:22:04 | 1:22:48 | 1:23:36 | 1:24:07 | |
| | | | | 1:32 | 2:29 | 5:27 | 7:01 | 10:48 | 3:53 | 2:47 | 2:02 | 5:31 | 1:33 | 14:04 | 7:28 | 4:48 | 4:29 | 5:21 | 2:51 | 0:44 | 0:48 | 0:31 | |
| 9 | 183 | Freire Lage, Lucas a coruña GALLAECIA RAID | 1:28:51 | 1:49 | 4:58 | 13:54 | 20:32 | 32:33 | 36:29 | 40:17 | 42:21 | 49:04 | 50:28 | 57:59 | 1:05:15 | 1:10:39 | 1:15:18 | 1:21:51 | 1:25:13 | 1:26:55 | 1:28:21 | 1:28:51 | |
| | | | | 1:49 | 3:09 | 8:56 | 6:38 | 12:01 | 3:56 | 3:48 | 2:04 | 6:43 | 1:24 | 7:31 | 7:16 | 5:24 | 4:39 | 6:33 | 3:22 | 1:42 | 1:26 | 0:30 | |
| 10 | 54 | Viana Gonzalez, Iago Lugo FLUVIAL LUGO | 1:35:20 | 1:44 | 4:53 | 13:23 | 20:37 | 33:51 | 39:07 | 43:16 | 45:50 | 52:45 | 54:45 | 1:01:48 | 1:13:31 | 1:18:04 | 1:23:07 | 1:29:33 | 1:32:52 | 1:33:48 | 1:34:45 | 1:35:20 | |
| | | | | 1:44 | 3:09 | 8:30 | 7:14 | 13:14 | 5:16 | 4:09 | 2:34 | 6:55 | 2:00 | 7:03 | 11:43 | 4:33 | 5:03 | 6:26 | 3:19 | 0:56 | 0:57 | 0:35 | |
| 11 | 564 | Morián Rodriguez, Jose Angel Ordes SEO | 1:35:23 | 2:34 | 5:51 | 12:37 | 19:45 | 34:39 | 40:20 | 44:31 | 48:40 | 56:09 | 58:06 | 1:07:09 | 1:15:53 | 1:21:24 | 1:24:39 | 1:30:17 | 1:33:02 | 1:33:58 | 1:34:45 | 1:35:23 | |
| | | | | 2:34 | 3:17 | 6:46 | 7:08 | 14:54 | 5:41 | 4:11 | 4:09 | 7:29 | 1:57 | 9:03 | 8:44 | 5:31 | 3:15 | 5:38 | 2:45 | 0:56 | 0:47 | 0:38 | |
| 12 | 442 | Fernández Otero, Oscar Ferrol MONTAÑA FERROL | 1:37:17 | 3:35 | 6:54 | 14:45 | 20:39 | 32:49 | 39:33 | 46:21 | 50:43 | 57:10 | 58:52 | 1:11:02 | 1:19:10 | 1:24:32 | 1:26:41 | 1:32:11 | 1:34:58 | 1:35:52 | 1:36:38 | 1:37:17 | |
| | | | | 3:35 | 3:19 | 7:51 | 5:54 | 12:10 | 6:44 | 6:48 | 4:22 | 6:27 | 1:42 | 12:10 | 8:08 | 5:22 | 2:09 | 5:30 | 2:47 | 0:54 | 0:46 | 0:39 | |
| 13 | 455 | Rodríguez Pena, Jose Maria Ferrol MONTAÑA FERROL | 1:39:07 | 1:29 | 4:32 | 14:02 | 24:13 | 34:58 | 40:43 | 44:18 | 48:39 | 1:00:31 | 1:02:24 | 1:09:45 | 1:16:49 | 1:24:50 | 1:27:24 | 1:33:02 | 1:36:16 | 1:37:28 | 1:38:29 | 1:39:07 | |
| | | | | 1:29 | 3:03 | 9:30 | 10:11 | 10:45 | 5:45 | 3:35 | 4:21 | 11:52 | 1:53 | 7:21 | 7:04 | 8:01 | 2:34 | 5:38 | 3:14 | 1:12 | 1:01 | 0:38 | |
| 14 | 137 | Lareo Martinez, David Porto do Son ADC ARNELA | 1:40:09 | 1:44 | 4:48 | 14:13 | 21:47 | 35:23 | 40:41 | 45:10 | 48:39 | 55:33 | 57:34 | 1:06:26 | 1:15:45 | 1:22:58 | 1:26:44 | 1:33:07 | 1:37:12 | 1:38:22 | 1:39:24 | 1:40:09 | |
| | | | | 1:44 | 3:04 | 9:25 | 7:34 | 13:36 | 5:18 | 4:29 | 3:29 | 6:54 | 2:01 | 8:52 | 9:19 | 7:13 | 3:46 | 6:23 | 4:05 | 1:10 | 1:02 | 0:45 | |
| 15 | 614 | Guarín Perez, Ruben Arteixo JARNACHAS | 1:54:59 | 2:09 | 6:20 | 16:00 | 28:52 | 42:21 | 48:58 | 53:30 | 56:29 | 1:11:18 | 1:12:36 | 1:19:44 | 1:29:43 | 1:37:28 | 1:40:25 | 1:48:04 | 1:52:13 | 1:53:17 | 1:54:18 | 1:54:59 | |
| | | | | 2:09 | 4:11 | 9:40 | 12:52 | 13:29 | 6:37 | 4:32 | 2:59 | 14:49 | 1:18 | 7:08 | 9:59 | 7:45 | 2:57 | 7:39 | 4:09 | 1:04 | 1:01 | 0:41 | |
| 16 | 558 | Sio Otero, Pablo O Porriño BUDIÑORAI | 1:56:02 | 5:51 | 9:51 | 17:20 | 26:02 | 39:08 | 43:59 | 49:15 | 54:53 | 1:03:21 | 1:05:33 | 1:16:28 | 1:25:20 | 1:32:24 | 1:38:29 | 1:48:36 | 1:52:08 | 1:53:57 | 1:55:19 | 1:56:02 | |
| | | | | 5:51 | 4:00 | 7:29 | 8:42 | 13:06 | 4:51 | 5:16 | 5:38 | 8:28 | 2:12 | 10:55 | 8:52 | 7:04 | 6:05 | 10:07 | 3:32 | 1:49 | 1:22 | 0:43 | |
| | 808 | Pérez De Ayala Recasens, Jose A Coruña INDEPENDIENTE | rror en tarj | ----- | 5:24 | 13:16 | 19:43 | 38:34 | 43:08 | 46:46 | 50:17 | 1:03:36 | 1:05:14 | 1:14:13 | 1:22:20 | 1:27:15 | 1:29:54 | 1:36:16 | 1:41:43 | 1:42:48 | 1:43:37 | 1:44:13 | |
| | | | | 5:07 *33 | 5:24 | 7:52 | 6:27 | 18:51 | 4:34 | 3:38 | 3:31 | 13:19 | 1:38 | 8:59 | 8:07 | 4:55 | 2:39 | 6:22 | 5:27 | 1:05 | 0:49 | 0:36 | |
| | 622 | Carballeira Rodríguez, Iván Vilalba BG | rror en tarj | ----- | 5:39 | 16:53 | 27:03 | 43:05 | 48:23 | 53:33 | 56:49 | 1:04:56 | 1:06:52 | 1:16:38 | 1:27:32 | 1:37:19 | 1:42:37 | 1:52:04 | 1:56:38 | 1:58:48 | 1:59:49 | 2:00:34 | |
| | | | | 5:39 | 11:14 | 10:10 | 16:02 | 5:18 | 5:10 | 3:16 | 8:07 | 1:56 | 9:46 | 10:54 | 9:47 | 5:18 | 9:27 | 4:34 | 2:10 | 1:01 | 0:45 | | |
| | 547 | Ledo Freiria, Gabriel O Porriño BUDIÑORAI | rror en tarj | ----- | ----- | 16:03 | 29:24 | 46:31 | 53:32 | 59:10 | 1:03:05 | 1:11:32 | 1:13:48 | 1:27:36 | 1:39:18 | 1:45:31 | 1:53:04 | 2:01:31 | 2:06:09 | 2:08:05 | 2:09:05 | 2:09:52 | |
| | | | | 6:26 *33 | | 16:03 | 13:21 | 17:07 | 7:01 | 5:38 | 3:55 | 8:27 | 2:16 | 13:48 | 11:42 | 6:13 | 7:33 | 8:27 | 4:38 | 1:56 | 1:00 | 0:47 | |
| | 41 | Rodriguez Lopez, Rodrigo Ivan Lugo FLUVIAL LUGO | No sale | | | | | | | | | | | | | | | | | | | | |
| | 612 | Feijoo Palleiro, Daniel Arteixo JARNACHAS | No sale | | | | | | | | | | | | | | | | | | | | |
| Veteranas A Feminino (3) | | | 13,0 km 428 m | 14 C | | | | | | | | | | | | | | | | | | | |
| | | | | | 1(51) | 2(52) | 3(49) | 4(50) | 5(53) | 6(46) | 7(39) | 8(41) | 9(40) | 10(42) | 11(43) | 12(48) | 13(34) | 14(100) | Meta | | | | |
| 1 | 123 | Carro Mahía, Alejandra Porto do Son ADC ARNELA | 1:57:18 | 2:37 | 6:36 | 18:23 | 29:35 | 47:56 | 57:24 | 1:12:22 | 1:22:29 | 1:24:48 | 1:37:43 | 1:45:49 | 1:53:36 | 1:54:54 | 1:56:31 | 1:57:18 | | | | | |
| | | | | 2:37 | 3:59 | 11:47 | 11:12 | 18:21 | 9:28 | 14:58 | 10:07 | 2:19 | 12:55 | 8:06 | 7:47 | 1:18 | 1:37 | 0:47 | | | | | |
| 2 | 66 | Canales Criado, Almudena Pontevedra AROMON | 2:54:55 | 2:51 | 9:57 | 28:14 | 43:31 | 1:11:23 | 1:25:33 | 1:46:03 | 2:01:01 | 2:04:58 | 2:22:37 | 2:37:33 | 2:49:30 | 2:52:30 | 2:53:59 | 2:54:55 | | | | | |
| | | | | 2:51 | 7:06 | 18:17 | 15:17 | 27:52 | 14:10 | 20:30 | 14:58 | 3:57 | 17:39 | 14:56 | 11:57 | 3:00 | 1:29 | 0:56 | | | | | |
| | 16 | Follana Neira, Fernanda Lugo FLUVIAL LUGO | No sale | | | | | | | | | | | | | | | | | | | | |
| Veteráns A Masculino (27) | | | 14,0 km 500 m | 16 C | | | | | | | | | | | | | | | | | | | |
| | | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(37) | 6(39) | 7(41) | 8(40) | 9(42) | 10(46) | 11(45) | 12(44) | 13(47) | 14(60) | 15(34) | 16(100) | Meta | | |
| 1 | 167 | Balseiro Pérez, José Antonio a coruña GALLAECIA RAID | 1:10:48 | 1:42 | 4:42 | 10:52 | 17:34 | 30:24 | 34:18 | 40:45 | 42:21 | 49:09 | 56:36 | 1:00:58 | 1:03:53 | 1:06:52 | 1:08:27 | 1:09:21 | 1:10:12 | 1:10:48 | 1:23 | | |
| | | | | 1:42 | 3:00 | 6:10 | 6:42 | 12:50 | 3:54 | 6:27 | 1:36 | 6:48 | 7:27 | 4:22 | 2:55 | 2:59 | 1:35 | 0:54 | 0:51 | 0:36 | *51 | | |

| Pos | orsal | Nombre | Tiempo | (cont.) | | | | | | | | | | | | | | | | Meta |
|--|--|---|---------|---------|-------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Veteráns A Masculino (27) 14,0 km 500 m 16 C | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(37) | 6(39) | 7(41) | 8(40) | 9(42) | 10(46) | 11(45) | 12(44) | 13(47) | 14(60) | 15(34) | 16(100) | Meta |
| 2 | 310 | Arufe Varela, Javier A Coruña APA LICEO | 1:25:10 | 1:49 | 5:00 | 12:44 | 20:18 | 37:02 | 41:50 | 49:05 | 51:19 | 59:40 | 1:09:14 | 1:15:06 | 1:17:52 | 1:21:28 | 1:22:56 | 1:23:38 | 1:24:30 | 1:25:10 |
| 3 | 62 | Beloso García, Manuel Pontevedra AROMON | 1:28:48 | 1:49 | 3:11 | 7:44 | 7:34 | 16:44 | 4:48 | 7:15 | 2:14 | 8:21 | 9:34 | 5:52 | 2:46 | 3:36 | 1:28 | 0:42 | 0:52 | 0:40 |
| 4 | 29 | Nogueras Marentes, José Manue Lugo FLUVIAL LUGO | 1:28:49 | 2:22 | 6:05 | 14:33 | 23:24 | 38:46 | 45:24 | 53:37 | 55:25 | 1:04:00 | 1:12:19 | 1:17:37 | 1:21:09 | 1:24:28 | 1:26:08 | 1:27:07 | 1:28:07 | 1:28:48 |
| 5 | 378 | Casanova Corral, Javier A Coruña BRIGANTIA | 1:30:40 | 2:22 | 3:43 | 8:28 | 8:51 | 15:22 | 6:38 | 8:13 | 1:48 | 8:35 | 8:19 | 5:18 | 3:32 | 3:19 | 1:40 | 0:59 | 1:00 | 0:41 |
| 6 | 14 | Fernández Souto, José Manuel Lugo FLUVIAL LUGO | 1:31:26 | 3:11 | 6:53 | 15:00 | 21:42 | 34:36 | 40:17 | 47:42 | 49:23 | 59:25 | 1:07:41 | 1:12:55 | 1:18:40 | 1:22:22 | 1:24:08 | 1:26:43 | 1:28:08 | 1:28:49 |
| 7 | 631 | Casal Fernández, Francisco Jav a coruña GALLAECIA RAID | 1:32:54 | 2:01 | 5:15 | 13:39 | 20:13 | 38:26 | 45:14 | 52:55 | 54:44 | 1:03:41 | 1:12:25 | 1:20:08 | 1:23:09 | 1:26:31 | 1:28:05 | 1:28:57 | 1:30:03 | 1:30:40 |
| 8 | 437 | Bouza Padin, Diego Ferrol MONTAÑA FERROL | 1:36:20 | 2:01 | 3:14 | 8:24 | 6:34 | 18:13 | 6:48 | 7:41 | 1:49 | 8:57 | 8:44 | 7:43 | 3:01 | 3:22 | 1:34 | 0:52 | 1:06 | 0:37 |
| 9 | 446 | López Peiteado, Antonio Javier Ferrol MONTAÑA FERROL | 1:37:32 | 2:14 | 5:17 | 16:57 | 26:54 | 45:58 | 50:31 | 58:05 | 1:00:09 | 1:08:21 | 1:16:11 | 1:20:52 | 1:23:34 | 1:26:48 | 1:29:04 | 1:29:49 | 1:30:49 | 1:31:26 |
| 10 | 25 | Lamas Antón, Francisco J Lugo FLUVIAL LUGO | 1:37:38 | 2:10 | 3:40 | 7:27 | 8:13 | 17:25 | 6:34 | 14:57 | 1:22 | 8:40 | 8:52 | 6:31 | 2:40 | 3:26 | 1:39 | 0:58 | 1:07 | 0:39 |
| 11 | 216 | Pedre Vazquez, Manuel a coruña GALLAECIA RAID | 1:40:36 | 2:32 | 5:30 | 12:43 | 19:25 | 33:24 | 37:58 | 46:16 | 48:11 | 58:32 | 1:10:54 | 1:27:08 | 1:30:13 | 1:33:26 | 1:34:55 | 1:36:05 | 1:36:55 | 1:37:32 |
| 12 | 164 | Álvarez Estévez, Enrique Luis a coruña GALLAECIA RAID | 1:41:04 | 1:52 | 5:29 | 20:47 | 29:48 | 45:20 | 50:53 | 58:52 | 1:00:38 | 1:12:05 | 1:20:53 | 1:27:00 | 1:30:12 | 1:33:45 | 1:35:19 | 1:35:58 | 1:37:02 | 1:37:38 |
| 13 | 535 | Ramos Asensio, Luis Javier Arteixo. A Coruñ IES SABÓN | 1:44:57 | 2:31 | 3:15 | 9:44 | 6:12 | 27:43 | 6:52 | 7:41 | 1:41 | 8:39 | 7:29 | 7:24 | 2:46 | 3:39 | 1:54 | 1:15 | 1:18 | 0:33 |
| 14 | 526 | Sánchez Mourazos, Claudio A Coruña C.O.CO | 1:51:14 | 2:24 | 9:05 | 17:23 | 26:00 | 41:43 | 56:29 | 1:03:49 | 1:05:39 | 1:13:19 | 1:25:08 | 1:30:30 | 1:33:35 | 1:36:48 | 1:38:32 | 1:39:25 | 1:40:29 | 1:41:04 |
| 15 | 352 | Parapar Fustes, Vicente A Coruña ARTABROS | 1:52:47 | 2:45 | 6:57 | 18:20 | 27:14 | 48:10 | 52:58 | 1:02:35 | 1:04:34 | 1:14:37 | 1:25:08 | 1:32:42 | 1:35:48 | 1:40:23 | 1:42:25 | 1:43:17 | 1:44:18 | 1:44:57 |
| 16 | 219 | Picos Romero, Victor Manuel a coruña GALLAECIA RAID | 1:53:06 | 1:57 | 5:24 | 17:27 | 26:04 | 46:59 | 53:55 | 1:10:28 | 1:12:22 | 1:20:12 | 1:30:06 | 1:36:45 | 1:40:50 | 1:44:40 | 1:46:49 | 1:48:45 | 1:49:49 | 1:51:14 |
| 17 | 624 | Martínez Rivera, Jesús Vilalba BG | 1:53:35 | 1:57 | 3:27 | 12:03 | 8:37 | 20:55 | 6:56 | 16:33 | 1:54 | 7:50 | 9:54 | 6:39 | 4:05 | 3:50 | 2:09 | 1:56 | 1:04 | 1:25 |
| 18 | 470 | Iglesias Duran, Jose Luis Vigo HABELAS HAINAS | 1:53:37 | 2:59 | 6:56 | 18:26 | 27:44 | 48:39 | 54:18 | 1:05:52 | 1:08:10 | 1:19:26 | 1:32:08 | 1:39:06 | 1:42:40 | 1:46:39 | 1:49:29 | 1:50:37 | 1:51:56 | 1:52:47 |
| 19 | 198 | López Rodríguez, Francisco a coruña GALLAECIA RAID | 1:57:41 | 2:59 | 3:57 | 11:30 | 9:18 | 20:55 | 5:39 | 11:34 | 2:18 | 11:16 | 12:42 | 6:58 | 3:34 | 3:59 | 2:50 | 1:08 | 1:19 | 0:51 |
| 20 | 348 | Gómez Ramos, Antonio A Coruña ARTABROS | 2:23:38 | 2:20 | 7:24 | 20:51 | 29:13 | 46:36 | 59:37 | 1:08:54 | 1:11:00 | 1:20:18 | 1:29:50 | 1:36:29 | 1:43:36 | 1:47:44 | 1:49:48 | 1:50:48 | 1:52:18 | 1:53:06 |
| 625 | Villar Vazquez, Emilio Vilalba BG | rror en tarj | 1:50 | 2:20 | 5:04 | 13:27 | 8:22 | 17:23 | 13:01 | 9:17 | 2:06 | 9:18 | 9:32 | 6:39 | 7:07 | 4:08 | 2:04 | 1:00 | 1:30 | 0:48 |
| 309 | Arufe Varela, Alberto A Coruña APA LICEO | rror en tarj | 1:50 | 2:44 | 3:33 | 9:25 | 10:04 | 21:53 | 9:44 | 8:27 | 2:07 | 11:38 | 12:50 | 8:51 | 3:54 | 3:53 | 1:56 | 0:52 | 0:57 | 0:47 |
| 221 | Rioboo Iglesias, Daniel a coruña GALLAECIA RAID | rror en tarj | 3:11 | 3:21 | 6:19 | 15:32 | 23:33 | 41:39 | 46:22 | 54:42 | 56:23 | 1:16:11 | 1:26:34 | 1:42:51 | 1:46:19 | 1:49:22 | 1:51:04 | 1:52:08 | 1:52:59 | 1:53:37 |
| 200 | López Vázquez, Jesús a coruña GALLAECIA RAID | Abandona | 2:37 | 3:21 | 2:58 | 9:13 | 8:01 | 18:06 | 4:43 | 8:20 | 1:41 | 19:48 | 10:23 | 16:17 | 3:28 | 3:03 | 1:42 | 1:04 | 0:51 | 0:38 |
| 155 | Varela Ferreiro, Jorge Manrique Porto do Son ADC ARNELA | No sale | 1:48 | 4:59 | 12:55 | 19:52 | 37:41 | 43:42 | 1:21:01 | 1:22:47 | 1:30:24 | 1:38:57 | 1:45:53 | 1:50:56 | 1:54:01 | 1:55:26 | 1:56:03 | 1:57:04 | 1:57:41 | |
| 465 | Ferrer Vidal, Francisco José Vigo HABELAS HAINAS | No sale | 1:48 | 3:11 | 7:56 | 6:57 | 17:49 | 6:01 | 37:19 | 1:46 | 7:37 | 8:33 | 6:56 | 5:03 | 3:05 | 1:25 | 0:37 | 1:01 | 0:37 | |
| 215 | Pazos Miser, Rafael | No sale | 7:53 | 11:52 | 36:33 | 46:59 | 1:09:09 | 1:16:22 | 1:28:52 | 1:31:48 | 1:45:07 | 2:01:02 | 2:09:26 | 2:13:58 | 2:18:05 | 2:20:19 | 2:21:29 | 2:22:46 | 2:23:38 | |
| | | | 7:53 | 3:59 | 24:41 | 10:26 | 22:10 | 7:13 | 12:30 | 2:56 | 13:19 | 15:55 | 8:24 | 4:32 | 4:07 | 2:14 | 1:10 | 1:17 | 0:52 | |
| | | | 1:50 | 4:57 | 12:14 | 22:49 | 44:11 | 47:45 | 54:50 | 56:48 | 1:04:04 | 1:15:34 | 1:20:21 | 1:23:16 | 1:26:21 | 1:28:21 | ----- | 1:29:44 | 1:30:31 | 1:28:57 |
| | | | 1:50 | 3:07 | 7:17 | 10:35 | 21:22 | 3:34 | 7:05 | 1:58 | 7:16 | 11:30 | 4:47 | 2:55 | 3:05 | 2:00 | ----- | 1:23 | 0:47 | *35 |
| | | | ----- | 5:05 | 14:03 | 23:52 | 42:22 | 50:25 | 1:00:11 | 1:02:32 | 1:16:15 | 1:29:28 | 1:41:33 | 1:45:39 | 1:49:11 | 1:51:00 | 1:51:58 | 1:53:03 | 1:53:47 | 1:35 |
| | | | ----- | 5:05 | 8:58 | 9:49 | 18:30 | 8:03 | 9:46 | 2:21 | 13:43 | 13:13 | 12:05 | 4:06 | 3:32 | 1:49 | 0:58 | 1:05 | 0:44 | *51 |
| | | | 3:11 | 8:58 | 27:28 | 39:52 | 1:08:56 | 1:16:06 | 1:30:23 | 1:32:46 | 1:47:00 | 2:03:20 | ----- | ----- | 2:18:06 | 2:21:11 | 2:22:47 | 2:24:48 | 2:26:03 | |
| | | | 3:11 | 5:47 | 18:30 | 12:24 | 29:04 | 7:10 | 14:17 | 2:23 | 14:14 | 16:20 | ----- | ----- | 14:46 | 3:05 | 1:36 | 2:01 | 1:15 | |
| | | | 2:37 | 9:29 | 41:23 | 51:52 | 1:46:55 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 2:24:08 | 2:27:05 | 2:28:41 | 2:30:45 | 2:32:05 | |
| | | | 2:37 | 6:52 | 31:54 | 10:29 | 55:03 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 37:13 | 2:57 | 1:36 | 2:04 | 1:20 | |

| Pos | orsal | Nombre | Tiempo | | | | | | | | | | | | | | | | | | |
|----------------------------------|-------|--|---------|----------------------|-------------|----------------|--------------|--------------|--------------|--------------|--------------|----------------|----------------|----------------|----------------|----------------|--------|--------|---------|------|--|
| Veteráns A Masculino (27) | | | | 14,0 km 500 m | 16 C | <i>(cont.)</i> | | | | | | | | | | | | | | | |
| | | | | 1(31) | 2(52) | 3(49) | 4(50) | 5(37) | 6(39) | 7(41) | 8(40) | 9(42) | 10(46) | 11(45) | 12(44) | 13(47) | 14(60) | 15(34) | 16(100) | Meta | |
| a coruña GALLAECIA RAID | | | | | | | | | | | | | | | | | | | | | |
| Veteranas B Feminino (1) | | | | 7,6 km 290 m | 12 C | | | | | | | | | | | | | | | | |
| | | | | 1(31) | 2(33) | 3(61) | 4(45) | 5(43) | 6(56) | 7(57) | 8(59) | 9(58) | 10(48) | 11(35) | 12(100) | Meta | | | | | |
| 1 | 107 | Sanchez Vázquez, Maria Luisa Pontevedra AROMON | 1:01:16 | 2:52 | 7:35 | 22:35 | 25:11 | 35:27 | 42:48 | 47:19 | 51:44 | 54:23 | 57:11 | 59:51 | 1:00:31 | 1:01:16 | | | | | |
| | | | | 2:52 | 4:43 | 15:00 | 2:36 | 10:16 | 7:21 | 4:31 | 4:25 | 2:39 | 2:48 | 2:40 | 0:40 | 0:45 | | | | | |
| Veteráns B Masculino (6) | | | | 9,2 km 310 m | 12 C | | | | | | | | | | | | | | | | |
| | | | | 1(51) | 2(33) | 3(54) | 4(45) | 5(46) | 6(62) | 7(57) | 8(55) | 9(47) | 10(60) | 11(34) | 12(100) | Meta | | | | | |
| 1 | | Alvelo Fraguela, Javier Pontevedra AROMON | 1:06:11 | 2:05 | 5:57 | 8:56 | 18:33 | 27:46 | 39:26 | 48:43 | 58:29 | 1:00:43 | 1:02:26 | 1:03:41 | 1:05:30 | 1:06:11 | | | | | |
| | | | | 2:05 | 3:52 | 2:59 | 9:37 | 9:13 | 11:40 | 9:17 | 9:46 | 2:14 | 1:43 | 1:15 | 1:49 | 0:41 | | | | | |
| 2 | 32 | Parga Andón, Pedro Lugo FLUVIAL LUGO | 1:06:57 | 1:42 | 5:22 | 8:04 | 17:25 | 23:52 | 34:44 | 50:54 | 1:00:02 | 1:02:13 | 1:04:03 | 1:05:19 | 1:06:21 | 1:06:57 | | | | | |
| | | | | 1:42 | 3:40 | 2:42 | 9:21 | 6:27 | 10:52 | 16:10 | 9:08 | 2:11 | 1:50 | 1:16 | 1:02 | 0:36 | | | | | |
| 3 | 528 | Sancosmed Torres, Manuel A Coruña C.O.CO | 1:13:03 | 2:20 | 7:37 | 10:10 | 19:33 | 25:56 | 40:51 | 56:50 | 1:05:57 | 1:08:08 | 1:09:51 | 1:11:04 | 1:12:21 | 1:13:03 | | | | | |
| | | | | 2:20 | 5:17 | 2:33 | 9:23 | 6:23 | 14:55 | 15:59 | 9:07 | 2:11 | 1:43 | 1:13 | 1:17 | 0:42 | | | | | |
| 4 | 504 | Carballo Fernández, Juan Carlo Culleredo A Coru A PEDROSA O | 1:13:44 | 1:49 | 6:05 | 10:03 | 22:05 | 30:25 | 44:56 | 53:31 | 1:05:42 | 1:08:00 | 1:10:10 | 1:11:06 | 1:12:58 | 1:13:44 | | | | | |
| | | | | 1:49 | 4:16 | 3:58 | 12:02 | 8:20 | 14:31 | 8:35 | 12:11 | 2:18 | 2:10 | 0:56 | 1:52 | 0:46 | | | | | |
| 5 | 154 | Serantes Maneiro, Camilo Porto do Son ADC ARNELA | 1:20:05 | 2:21 | 6:34 | 9:30 | 20:00 | 27:16 | 38:40 | 1:02:23 | 1:11:48 | 1:14:22 | 1:17:05 | 1:18:10 | 1:19:27 | 1:20:05 | | | | | |
| | | | | 2:21 | 4:13 | 2:56 | 10:30 | 7:16 | 11:24 | 23:43 | 9:25 | 2:34 | 2:43 | 1:05 | 1:17 | 0:38 | | | | | |
| 6 | 568 | Viqueira Nouche, Carlos Ordes SEO | 1:27:06 | 19:27 | 23:20 | 26:06 | 37:27 | 49:36 | 1:04:25 | 1:11:36 | 1:20:47 | 1:22:49 | 1:24:38 | 1:25:23 | 1:26:27 | 1:27:06 | | | | | |
| | | | | 19:27 | 3:53 | 2:46 | 11:21 | 12:09 | 14:49 | 7:11 | 9:11 | 2:02 | 1:49 | 0:45 | 1:04 | 0:39 | | | | | |
| Veteráns C Masculino (2) | | | | 7,6 km 290 m | 12 C | | | | | | | | | | | | | | | | |
| | | | | 1(31) | 2(33) | 3(61) | 4(45) | 5(43) | 6(56) | 7(57) | 8(59) | 9(58) | 10(48) | 11(35) | 12(100) | Meta | | | | | |
| 1 | 42 | Rodríguez Núñez, Eugenio A. Lugo FLUVIAL LUGO | 56:49 | 2:48 | 6:54 | 19:53 | 22:18 | 32:45 | 38:26 | 42:38 | 48:43 | 51:33 | 54:04 | 55:25 | 56:01 | 56:49 | 2:21 | | | | |
| | | | | 2:48 | 4:06 | 12:59 | 2:25 | 10:27 | 5:41 | 4:12 | 6:05 | 2:50 | 2:31 | 1:21 | 0:36 | 0:48 | *51 | | | | |
| 2 | 207 | Mourente Prieto, Roberto a coruña GALLAECIA RAID | 1:11:19 | 4:48 | 10:25 | 26:38 | 29:28 | 41:37 | 49:22 | 54:18 | 59:37 | 1:02:40 | 1:06:18 | 1:09:27 | 1:10:15 | 1:11:19 | 4:24 | | | | |
| | | | | 4:48 | 5:37 | 16:13 | 2:50 | 12:09 | 7:45 | 4:56 | 5:19 | 3:03 | 3:38 | 3:09 | 0:48 | 1:04 | *51 | | | | |
| Iniciación Curta (10) | | | | 6,9 km 105 m | 11 C | | | | | | | | | | | | | | | | |
| | | | | 1(51) | 2(32) | 3(54) | 4(55) | 5(43) | 6(56) | 7(57) | 8(58) | 9(60) | 10(35) | 11(100) | Meta | | | | | | |
| 1 | 514 | López González, Mario Paderne ADVENTURE ADDICTS | 47:09 | 2:30 | 8:45 | 12:56 | 18:44 | 24:29 | 31:49 | 36:16 | 41:51 | 43:34 | 44:54 | 45:30 | 47:09 | | | | | | |
| | | | | 2:30 | 6:15 | 4:11 | 5:48 | 5:45 | 7:20 | 4:27 | 5:35 | 1:43 | 1:20 | 0:36 | 1:39 | | | | | | |
| 2 | 814 | Pena Bollende, Abel A Coruña INDEPENDIENTE | 1:08:51 | 4:45 | 9:33 | 17:16 | 23:35 | 30:46 | 39:33 | 57:17 | 1:02:14 | 1:04:47 | 1:07:13 | 1:08:02 | 1:08:51 | | | | | | |
| | | | | 4:45 | 4:48 | 7:43 | 6:19 | 7:11 | 8:47 | 17:44 | 4:57 | 2:33 | 2:26 | 0:49 | 0:49 | | | | | | |
| 3 | 815 | Pumares Rodero, Jesús A Coruña INDEPENDIENTE | 1:12:12 | 8:05 | 12:53 | 20:34 | 26:54 | 34:07 | 42:51 | 1:00:38 | 1:05:35 | 1:08:07 | 1:10:34 | 1:11:22 | 1:12:12 | | | | | | |
| | | | | 8:05 | 4:48 | 7:41 | 6:20 | 7:13 | 8:44 | 17:47 | 4:57 | 2:32 | 2:27 | 0:48 | 0:50 | | | | | | |
| 4 | 374 | Casal Montero, Antonio A Coruña BRIGANTIA | 1:29:49 | 6:04 | 14:26 | 31:00 | 39:30 | 52:13 | 1:04:37 | 1:14:07 | 1:22:41 | 1:24:56 | 1:28:10 | 1:28:55 | 1:29:49 | | | | | | |
| | | | | 6:04 | 8:22 | 16:34 | 8:30 | 12:43 | 12:24 | 9:30 | 8:34 | 2:15 | 3:14 | 0:45 | 0:54 | | | | | | |
| 5 | 375 | Casal Montero, Roberto A Coruña BRIGANTIA | 1:29:52 | 6:20 | 14:37 | 31:02 | 39:49 | 54:12 | 1:04:45 | 1:14:04 | 1:22:39 | 1:25:04 | 1:28:10 | 1:29:05 | 1:29:52 | | | | | | |
| | | | | 6:20 | 8:17 | 16:25 | 8:47 | 14:23 | 10:33 | 9:19 | 8:35 | 2:25 | 3:06 | 0:55 | 0:47 | | | | | | |
| 6 | 343 | Couceiro Fuertes, Manuel A Coruña ARTABROS | 1:47:43 | 6:02 | 17:48 | 28:51 | 40:19 | 55:20 | 1:15:30 | 1:27:51 | 1:37:46 | 1:42:18 | 1:44:55 | 1:46:09 | 1:47:43 | | | | | | |
| | | | | 6:02 | 11:46 | 11:03 | 11:28 | 15:01 | 20:10 | 12:21 | 9:55 | 4:32 | 2:37 | 1:14 | 1:34 | | | | | | |
| | | | | 9:08 | 19:08 | 35:01 | 56:07 | 1:13:38 | ----- | ----- | 1:46:43 | 1:53:23 | 1:56:25 | 1:58:13 | 2:00:06 | | | | | | |
| | | | | 9:08 | 10:00 | 15:53 | 21:06 | 17:31 | ----- | ----- | 33:05 | 6:40 | 3:02 | 1:48 | 1:53 | | | | | | |
| | | | | 3:38 | 7:59 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 2:21:35 | 24:32 | | | | | |
| | | | | 3:38 | 4:21 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 2:13:36 | *51 | | | | | |

| Pos | orsal | Nombre | Tiempo | | | | | | | | | | | | | Meta | | | | |
|------------------------------|-------|--|--------------|----------------------------|---------------------|----------------------|-----------------------------|-----------------------------|----------------------|----------------------|----------------------|----------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|----------------------|---------------|--|--|
| Iniciación Corta (10) | | | | 6,9 km | 105 m | 11 C | <i>(cont.)</i> | | | | | | | | | | | | | |
| | | | | 1(51) | 2(32) | 3(54) | 4(55) | 5(43) | 6(56) | 7(57) | 8(58) | 9(60) | 10(35) | 11(100) | Meta | | | | | |
| 399 | | Paz Arias, Pablo A Coruña BRIGANTIA | Abandona | 15:12 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | | | | | |
| 812 | | Valiño Castro, Ruben A Coruña INDEPENDIENTE | Abandona | 4:01 4:01 | 8:36 4:35 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 24:59 *51 | | | | |
| Iniciación Longa (14) | | | | 7,9 km | 156 m | 13 C | | | | | | | | | | | | | | |
| | | | | 1(51) | 2(32) | 3(54) | 4(44) | 5(61) | 6(45) | 7(43) | 8(56) | 9(57) | 10(58) | 11(60) | 12(35) | 13(100) | Meta | | | |
| 1 | 805 | Gomez Varela, Roberto A Coruña INDEPENDIENTE | 43:50 | 3:51 3:51 | 7:05 3:14 | 9:50 2:45 | 15:51 6:01 | 17:39 1:48 | 20:55 3:16 | 28:27 7:32 | 33:41 5:14 | 37:30 3:49 | 40:14 2:44 | 41:30 1:16 | 42:15 0:45 | 42:47 0:32 | 43:50 1:03 | 42:49 *100 | | |
| 2 | 809 | Rodríguez Fernandez, Ruben A Coruña INDEPENDIENTE | 50:17 | 3:47 3:47 | 17:27 13:40 | 19:55 2:28 | 26:15 6:20 | 27:51 1:36 | 29:39 1:48 | 35:45 6:06 | 40:37 4:52 | 43:44 3:07 | 46:48 3:04 | 48:05 1:17 | 49:03 0:58 | 49:36 0:33 | 50:17 0:41 | | | |
| 3 | 801 | Pedreira Romero, Fernando A Coruña ARTABROS | 1:02:21 | 5:38 5:38 | 9:59 4:21 | 14:12 4:13 | 21:45 7:33 | 24:26 2:41 | 26:53 2:27 | 39:57 13:04 | 47:15 7:18 | 52:56 5:41 | 57:48 4:52 | 59:27 1:39 | 1:00:51 1:24 | 1:01:33 0:42 | 1:02:21 0:48 | | | |
| 4 | 800 | Lamas Perez, Maria A Coruña ARTABROS | 1:02:23 | 5:39 5:39 | 9:58 4:19 | 14:05 4:07 | 21:55 7:50 | 24:31 2:36 | 26:52 2:21 | 40:11 13:19 | 47:32 7:21 | 52:53 5:21 | 57:48 4:55 | 59:35 1:47 | 1:00:51 1:16 | 1:01:35 0:44 | 1:02:23 0:48 | | | |
| 5 | 806 | Mosquera Area, Rodrigo A Coruña INDEPENDIENTE | 1:22:31 | 2:05 2:05 | 6:05 4:00 | 10:51 4:46 | 20:43 9:52 | 22:48 2:05 | 25:37 2:49 | 1:00:02 34:25 | 1:06:02 6:00 | 1:09:50 3:48 | 1:17:18 7:28 | 1:19:18 2:00 | 1:20:44 1:26 | 1:21:33 0:49 | 1:22:31 0:58 | | | |
| 6 | 804 | Abelenda Pérez, Patricia A Coruña INDEPENDIENTE | 1:22:57 | 4:34 4:34 | 12:04 7:30 | 18:23 6:19 | 32:00 13:37 | 34:48 2:48 | 38:09 3:21 | 54:24 16:15 | 1:03:36 9:12 | 1:08:55 5:19 | 1:15:20 6:25 | 1:18:09 2:49 | 1:20:20 2:11 | 1:21:16 0:56 | 1:22:57 1:41 | | | |
| 7 | 202 | Mareque Garcia, Oscar a coruña GALLAECIA RAID | 1:23:00 | 4:48 4:48 | 12:10 7:22 | 18:20 6:10 | 31:53 13:33 | 34:48 2:55 | 38:22 3:34 | 54:26 16:04 | 1:03:54 9:28 | 1:09:08 5:14 | 1:15:23 6:15 | 1:18:15 2:52 | 1:20:32 2:17 | 1:21:23 0:51 | 1:23:00 1:37 | | | |
| 8 | 813 | Lopez Dacosta, Cristina Ferrol MONTAÑA FERROL | 1:36:33 | 4:42 4:42 | 13:36 8:54 | 27:42 14:06 | 40:33 12:51 | 44:50 4:17 | 48:51 4:01 | 1:06:29 17:38 | 1:17:31 11:02 | 1:24:19 6:48 | 1:30:27 6:08 | 1:32:58 2:31 | 1:34:30 1:32 | 1:35:20 0:50 | 1:36:33 1:13 | | | |
| 9 | 385 | Gil Díaz, José Antonio A Coruña BRIGANTIA | 1:53:37 | 7:10 7:10 | 13:38 6:28 | 18:53 5:15 | 29:40 10:47 | 32:59 3:19 | 35:53 2:54 | 1:15:37 39:44 | 1:24:42 9:05 | 1:29:08 4:26 | 1:46:54 17:46 | 1:49:40 2:46 | 1:52:05 2:25 | 1:52:46 0:41 | 1:53:37 0:51 | | | |
| 10 | 802 | Gil Díaz, Jesús A Coruña BRIGANTIA | 1:53:46 | 7:18 7:18 | 13:37 6:19 | 18:56 5:19 | 29:24 10:28 | 34:45 5:21 | 53:20 18:35 | 1:17:20 24:00 | 1:23:45 6:25 | 1:29:52 6:07 | 1:47:03 17:11 | 1:49:31 2:28 | 1:52:08 2:37 | 1:52:58 0:50 | 1:53:46 0:48 | | | |
| 10 | 803 | Varela García, Servando A Coruña BRIGANTIA | 1:53:46 | 7:22 7:22 | 13:40 6:18 | 19:04 5:24 | 29:39 10:35 | 34:47 5:08 | 53:24 18:37 | 1:15:51 22:27 | 1:23:35 7:44 | 1:34:24 10:49 | 1:47:09 12:45 | 1:49:36 2:27 | 1:52:18 2:42 | 1:53:01 0:43 | 1:53:46 0:45 | | | |
| 12 | 199 | López Suárez, María Dolores a coruña GALLAECIA RAID | 2:10:31 | 5:31 5:31 | 17:38 12:07 | 32:04 14:26 | 50:31 18:27 | 52:57 2:26 | 55:51 2:54 | 1:22:19 26:28 | 1:30:57 8:38 | 1:40:18 9:21 | 1:57:07 16:49 | 1:59:32 2:25 | 2:07:32 8:00 | 2:09:04 1:32 | 2:10:31 1:27 | | | |
| 807 | | Oujo Ageitos, Joaquín A Coruña INDEPENDIENTE | rror en tarj | 2:03 2:03 | 5:35 3:32 | 8:20 2:45 | 13:36 5:16 | 15:10 1:34 | ----- ----- | ----- ----- | 33:38 18:28 | 36:25 2:47 | 39:04 2:39 | 40:30 1:26 | 41:24 0:54 | 42:02 0:38 | 43:11 1:09 | | | |
| 406 | | Senin Canosa, Ignacio A Coruña BRIGANTIA | rror en tarj | 1:55 1:55 | 5:27 3:32 | 8:41 3:14 | ----- ----- | ----- ----- | ----- ----- | 30:24 21:43 | 36:29 6:05 | 40:14 3:45 | 43:40 3:26 | 45:09 1:29 | 46:37 1:28 | 47:09 0:32 | 48:03 0:54 | 24:06 *55 | | |