

Pos	Dorsal	Nombre	Tiempo												
<b>Feminino 12 (5)</b>				<b>2,2 km</b>	<b>35 m</b>	<b>12 C</b>									
				1(98) Meta	2(108)	3(57)	4(74)	5(102)	6(101)	7(107)	8(103)	9(104)	10(97)	11(106)	12(100)
1	277	Martínez Gómez, Sofía A Coruña BRIGANTIA	29:37	5:00 5:00 29:37 0:56	7:16 2:16	8:43 1:27	9:27 0:44	10:52 1:25	17:46 6:54	18:53 1:07	21:34 2:41	23:31 1:57	25:19 1:48	28:03 2:44	28:41 0:38
2	315	García Lopez, Carlota A Coruña ARTABROS	38:50	7:11 7:11 38:50 1:17	9:39 2:28	11:38 1:59	12:58 1:20	14:57 1:59	21:30 6:33	22:54 1:24	27:44 4:50	31:48 4:04	33:49 2:01	36:38 2:49	37:33 0:55
3	230	Delgado Liñeira, Antía A Coruña APA LICEO	51:54	9:07 9:07 51:54 1:22	13:16 4:09	15:46 2:30	17:07 1:21	19:57 2:50	24:32 4:35	26:33 2:01	31:12 4:39	35:27 4:15	42:50 7:23	49:22 6:32	50:32 1:10
4	168	Alvarez Toyos, Irene Vigo UNIVERSIDAD DE VIG	53:33	6:26 6:26 53:33 2:45	8:42 2:16	10:19 1:37	11:08 0:49	26:09 15:01	34:04 7:55	34:49 0:45	39:42 4:53	43:43 4:01	45:53 2:10	49:15 3:22	50:48 1:33
5	154	Pérez García, Uxía Porto do Son ADC ARNELA	1:29:47	9:47 9:47 1:29:47 1:13	36:17 26:30	39:56 3:39	41:32 1:36	46:29 4:57	50:56 4:27	52:49 1:53	1:01:09 8:20	1:19:36 18:27	1:22:08 2:32	1:27:40 5:32	1:28:34 0:54
<b>Feminino 14 (4)</b>				<b>2,5 km</b>	<b>55 m</b>	<b>13 C</b>									
				1(86) 13(100)	2(108) Meta	3(74)	4(102)	5(65)	6(34)	7(33)	8(35)	9(103)	10(76)	11(49)	12(39)
1	380	Grimaldi Pérez, Alba Vigo HABELAS HAINAS	29:51	7:54 7:54 29:01 1:58	8:40 0:46	10:55 2:15	13:20 2:25	15:16 1:56	16:08 0:52	17:02 0:54	18:17 1:15	21:22 3:05	22:21 0:59	23:35 1:14	27:03 3:28
2	104	Hermida Balseiro, Uxía A Coruña GALLAECIA RAID	32:36	4:52 4:52 31:36 1:43	5:41 0:49	7:58 2:17	9:15 1:17	13:12 3:57	14:05 0:53	14:55 0:50	16:42 1:47	19:49 3:07	22:23 2:34	23:13 0:50	29:53 6:40
3	151	Oujo Perez, Nerea Porto do Son ADC ARNELA	33:47	5:09 5:09 33:06 1:50	6:31 1:22	8:14 1:43	10:36 2:22	12:01 1:25	12:54 0:53	13:21 0:27	20:22 7:01	24:04 3:42	25:49 1:45	27:05 1:16	31:16 4:11
4	92	Dopico Golpe, Rocio A Coruña GALLAECIA RAID	46:24	6:40 6:40 45:22 1:47	8:16 1:36	11:02 2:46	13:33 2:31	25:25 11:52	26:53 1:28	27:55 1:02	30:23 2:28	34:13 3:50	35:22 1:09	36:32 1:10	43:35 7:03
<b>Feminino 16 (4)</b>				<b>3,0 km</b>	<b>60 m</b>	<b>15 C</b>									
				1(31) 13(71)	2(85) 14(83)	3(35) 15(100)	4(84) Meta	5(74)	6(50)	7(97)	8(39)	9(51)	10(89)	11(63)	12(64)
1	327	Piñeiro Varela, María A Coruña ARTABROS	29:15	5:15 5:15 26:11 1:21	6:55 1:40	9:00 2:05	12:03 3:03	13:25 1:22	14:51 1:26	15:33 0:42	17:19 1:46	18:30 1:11	21:10 2:40	23:29 2:19	24:50 1:21
2	16	González Fernández, Cristi Lugo FLUVIAL LUGO	38:02	6:26 6:26 34:15 2:24	7:45 1:19	10:40 2:55	16:44 6:04	18:11 1:27	20:09 1:58	21:32 1:23	23:32 2:00	24:58 1:26	28:22 3:24	30:02 1:40	31:51 1:49
3	212	Osorio Miguez, Alba O Barco de Valde TREVINCA	45:20	6:22 6:22 40:57 1:35	8:31 2:09	10:55 2:24	14:36 3:41	16:34 1:58	18:07 1:33	18:56 0:49	24:46 5:50	26:46 2:00	35:07 8:21	37:25 2:18	39:22 1:57
4	296	Gallego Portabales, Leire Santiago de Comp USC	45:40	6:50 6:50 40:30 1:39	9:10 2:20	13:44 4:34	19:44 6:00	22:22 2:38	24:12 1:50	27:24 3:12	30:11 2:47	32:19 2:08	34:25 2:06	36:22 1:57	38:51 2:29
<b>Feminino 18 (1)</b>				<b>3,1 km</b>	<b>90 m</b>	<b>16 C</b>									
				1(86) 13(88)	2(32) 14(64)	3(50) 15(51)	4(90) 16(100)	5(48) Meta	6(52)	7(87)	8(44)	9(47)	10(41)	11(69)	12(91)
1	150	Oujo Perez, Antia Porto do Son ADC ARNELA	58:40	8:48 8:48 47:31 3:37	12:59 4:11	15:36 2:37	16:58 1:22	19:07 2:09	21:21 2:14	24:47 3:26	27:31 2:44	35:04 7:33	36:24 1:20	40:42 4:18	43:54 3:12
<b>Feminino 21 A (10)</b>				<b>3,2 km</b>	<b>90 m</b>	<b>17 C</b>									
				1(86) 13(50)	2(75) 14(48)	3(32) 15(51)	4(76) 16(66)	5(52) 17(100)	6(91) Meta	7(47)	8(88)	9(87)	10(73)	11(72)	12(49)
1	404	Morales Jiménez, Irene Xinzo de Limia LIMIAACTIVA	33:16	4:07 4:07 28:05 0:59	5:26 1:19	6:29 1:03	8:50 2:21	11:28 2:38	15:07 3:39	16:03 0:56	16:58 0:55	18:00 1:02	20:35 2:35	24:25 3:50	27:06 2:41

Pos	Dorsal	Nombre	Tiempo													
<b>Feminino 21 A (10)</b>				<b>3,2 km 90 m</b>	<b>17 C</b>		<i>(cont.)</i>									
				1(86)	2(75)	3(32)	4(76)	5(52)	6(91)	7(47)	8(88)	9(87)	10(73)	11(72)	12(49)	
				13(50)	14(48)	15(51)	16(66)	17(100)	Meta							
2	174	Fuertes Saco, Julia Vigo UNIVERSIDAD DE VIG	33:45	4:24	5:48	7:36	10:02	13:11	16:26	17:41	20:13	21:24	24:04	26:09	27:40	
				4:24	1:24	1:48	2:26	3:09	<b>3:15</b>	1:15	2:32	1:11	2:40	2:05	1:31	
				28:24	30:12	31:13	31:50	32:54	33:45							
3	231	Garrido Martinez, Laura A Coruña APA LICEO	34:04	0:44	<b>1:48</b>	1:01	0:37	<b>1:04</b>	0:51							
				4:48	6:18	7:33	10:05	12:56	16:40	18:12	19:25	20:38	23:24	26:29	27:49	
				4:48	1:30	1:15	2:32	2:51	3:44	1:32	1:13	1:13	2:46	3:05	1:20	
				28:31	30:22	31:11	31:56	33:14	34:04							
4	414	Loureiro Garrido, Alexia Cambre ROBALIZA	44:51	<b>0:42</b>	1:51	<b>0:49</b>	0:45	1:18	0:50							
				5:35	10:17	11:12	19:14	22:08	25:54	27:20	28:32	29:49	32:53	34:55	36:26	
				5:35	4:42	<b>0:55</b>	8:02	2:54	3:46	1:26	1:12	1:17	3:04	2:02	1:31	
				37:21	39:45	41:03	42:12	43:52	44:51							
5	540	Estevez Méndez, Fabiola Pontevedra AROMON	51:07	0:55	2:24	1:18	1:09	1:40	0:59							
				6:00	8:10	9:51	14:40	18:36	23:32	28:21	30:28	32:11	37:13	40:14	42:40	
				6:00	2:10	1:41	4:49	3:56	4:56	4:49	2:07	1:43	5:02	3:01	2:26	
				43:52	46:13	47:25	48:15	49:55	51:07							
6	64	Ricoy Rajoy, Sara Pontevedra AROMON	51:24	1:12	2:21	1:12	0:50	1:40	1:12							
				4:41	6:17	7:44	10:47	14:14	17:42	18:58	22:54	24:23	40:39	42:20	43:35	
				4:41	1:36	1:27	3:03	3:27	3:28	1:16	3:56	1:29	16:16	<b>1:41</b>	1:15	
				44:26	47:02	48:08	48:47	50:21	51:24							
7	3	Bellón Santos, Teresa Lugo FLUVIAL LUGO	54:20	0:51	2:36	1:06	0:39	1:34	1:03							
				<b>4:04</b>	<b>5:22</b>	6:48	10:34	13:14	19:09	20:40	21:46	22:49	33:22	37:59	39:02	
				<b>4:04</b>	<b>1:18</b>	1:26	3:46	2:40	5:55	1:31	1:06	1:03	10:33	4:37	<b>1:03</b>	
				39:53	41:59	51:00	52:01	53:19	54:20							
8	598	Gil Pato, Marta Mª A Coruña APA LICEO	55:58	0:51	2:06	9:01	1:01	1:18	1:01							
				5:17	6:59	9:54	13:26	16:59	20:44	31:28	36:47	38:23	42:29	44:41	46:52	
				5:17	1:42	2:55	3:32	3:33	3:45	10:44	5:19	1:36	4:06	2:12	2:11	
				47:56	50:17	51:27	53:30	55:01	55:58							
9	146	Lourido Gaciano, Elena Porto do Son ADC ARNELA	59:37	1:04	2:21	1:10	2:03	1:31	0:57							
				5:02	6:36	9:39	12:46	16:27	27:13	31:47	33:25	34:53	38:09	40:24	43:05	
				5:02	1:34	3:03	3:07	3:41	10:46	4:34	1:38	1:28	3:16	2:15	2:41	
				44:01	46:20	56:01	56:59	58:35	59:37							
10	262	Ferrero Del Pozo, Carmen A Coruña BRIGANTIA	1:05:03	0:56	2:19	9:41	0:58	1:36	1:02							
				8:14	10:20	12:16	16:31	20:47	25:29	27:31	38:02	39:56	47:59	50:57	53:18	
				8:14	2:06	1:56	4:15	4:16	4:42	2:02	10:31	1:54	8:03	2:58	2:21	
				54:38	57:32	59:08	1:01:29	1:03:50	1:05:03							
				1:20	2:54	1:36	2:21	2:21	1:13							
<b>Feminino 21 B (14)</b>				<b>3,1 km 90 m</b>	<b>16 C</b>											
				1(86)	2(32)	3(50)	4(90)	5(48)	6(52)	7(87)	8(44)	9(47)	10(41)	11(69)	12(91)	
				13(88)	14(64)	15(51)	16(100)	Meta								
1	522	Grandío Montes, Raquel Lugo FLUVIAL LUGO	45:19	5:49	10:20	12:48	14:01	16:08	<b>18:18</b>	<b>21:07</b>	<b>23:21</b>	<b>26:09</b>	<b>27:01</b>	<b>28:43</b>	<b>31:41</b>	
				5:49	4:31	2:28	1:13	2:07	2:10	2:49	2:14	2:48	0:52	1:42	2:58	
				<b>34:23</b>	<b>38:48</b>	<b>41:51</b>	<b>44:19</b>	<b>45:19</b>								
2	342	Castro Pico, Patricia Ferrol MONTAÑA FERROL	50:54	2:42	4:25	3:03	2:28	1:00								
				7:34	13:47	18:37	19:33	23:55	25:23	28:15	30:00	32:45	33:35	34:41	38:07	
				7:34	6:13	4:50	<b>0:56</b>	4:22	1:28	2:52	1:45	2:45	0:50	1:06	3:26	
				41:11	44:23	46:56	49:44	50:54								
3	91	Dopico Golpe, Alba A Coruña GALLAECIA RAID	53:03	3:04	3:12	2:33	2:48	1:10								
				5:04	<b>8:49</b>	<b>10:56</b>	<b>12:07</b>	<b>14:08</b>	32:59	36:20	37:52	39:56	40:40	41:39	43:46	
				5:04	3:45	<b>2:07</b>	1:11	2:01	18:51	3:21	1:32	<b>2:04</b>	<b>0:44</b>	<b>0:59</b>	2:07	
				45:31	48:11	50:13	52:12	53:03								
4	60	Pazos Fernández, Susana C Pontevedra AROMON	58:14	<b>1:45</b>	2:40	<b>2:02</b>	1:59	0:51								
				4:47	13:29	16:27	17:46	22:38	23:27	26:20	27:46	30:27	32:02	34:34	38:05	
				4:47	8:42	2:58	1:19	4:52	<b>0:49</b>	2:53	<b>1:26</b>	2:41	1:35	2:32	3:31	
				45:40	48:13	55:24	57:29	58:14								
5	159	Santos Cambón, Maria Porto do Son ADC ARNELA	1:06:03	7:35	2:33	7:11	2:05	<b>0:45</b>								
				7:14	10:50	14:04	17:50	20:25	27:20	33:19	36:01	39:41	41:51	43:26	46:43	
				7:14	<b>3:36</b>	3:14	3:46	2:35	6:55	5:59	2:42	3:40	2:10	1:35	3:17	
				50:36	55:29	1:01:12	1:04:28	1:06:03								
6	275	López Permuy, Victoria A Coruña BRIGANTIA	1:26:16	3:53	4:53	5:43	3:16	1:35								
				<b>4:40</b>	14:09	16:31	19:20	25:34	27:21	33:39	55:36	59:01	1:00:16	1:05:11	1:10:04	
				<b>4:40</b>	9:29	2:22	2:49	6:14	1:47	6:18	21:57	3:25	1:15	4:55	4:53	
				1:18:00	1:20:22	1:22:44	1:25:16	1:26:16								
7	147	Míguez Sampedro, Susana Porto do Son ADC ARNELA	1:28:03	7:56	<b>2:22</b>	2:22	2:32	1:00								
				5:38	10:41	13:56	17:50	20:25	30:35	35:43	43:19	1:01:05	1:03:52	1:08:29	1:10:22	
				5:38	5:03	3:15	3:54	2:35	10:10	5:08	7:36	17:46	2:47	4:37	<b>1:53</b>	
				1:19:54	1:22:57	1:25:10	1:27:05	1:28:03								
8	143	García Paz, Margarita Porto do Son ADC ARNELA	1:29:03	9:32	3:03	2:13	<b>1:55</b>	0:58								
				8:53	16:01	24:46	26:18	30:54	32:50	37:06	40:38	53:13	55:32	56:46	1:06:14	
				8:53	7:08	8:45	1:32	4:36	1:56	4:16	3:32	12:35	2:19	1:14	9:28	
				1:15:25	1:20:44	1:24:15	1:27:24	1:29:03								
9	140	Fernández Torres, Irene Porto do Son ADC ARNELA	1:30:03	9:11	5:19	3:31	3:09	1:39								
				5:56	14:18	17:36	21:54	25:38	51:36	57:47	1:06:05	1:11:47	1:12:50	1:14:09	1:16:49	
				5:56	8:22	3:18	4:18	3:44	25:58	6:11	8:18	5:42	1:03	1:19	2:40	
				1:20:08	1:23:29	1:26:19	1:28:48	1:30:03								
				3:19	3:21	2:50	2:29	1:15								

Pos	Dorsal	Nombre	Tiempo																	
<b>Feminino 21 B (14)</b>				<b>3,1 km 90 m</b>	<b>16 C</b>	<i>(cont.)</i>														
				1(86)	2(32)	3(50)	4(90)	5(48)	6(52)	7(87)	8(44)	9(47)	10(41)	11(69)	12(91)					
				13(88)	14(64)	15(51)	16(100)	Meta												
10	206	Durán Pernas, Remedios O Barco de Valde TREVINCA	1:33:08	7:02	12:25	18:19	20:11	34:28	35:48	39:58	51:38	55:21	57:10	58:29	1:16:00					
				7:02	5:23	5:54	1:52	14:17	1:20	4:10	11:40	3:43	1:49	1:19	17:31					
				1:22:23	1:26:08	1:29:07	1:31:58	1:33:08												
11	109	López Suárez, María Dolore A Coruña GALLAECIA RAID	1:34:49	6:23	3:45	2:59	2:51	1:10	30:50	35:43	46:47	55:32	58:45	1:01:26	1:06:01					
				7:25	12:18	23:30	25:50	28:16	2:34	4:53	11:04	8:45	3:13	2:41	4:35					
				1:21:25	1:26:26	1:30:45	1:33:21	1:34:49												
12	127	Silvarrey Redondo, María Te A Coruña GALLAECIA RAID	1:48:30	15:24	5:01	4:19	2:36	1:28	56:01	58:38	1:12:45	1:17:51	1:19:26	1:21:10	1:25:36					
				6:50	13:09	20:02	27:39	29:22	26:39	2:37	14:07	5:06	1:35	1:44	4:26					
				1:28:51	1:39:35	1:44:39	1:47:13	1:48:30												
13	517	Fernández Fernández, Glori Lugo FLUVIAL LUGO	1:56:36	3:15	10:44	5:04	2:34	1:17	37:48	45:53	51:18	1:01:36	1:04:36	1:12:36	1:30:21					
				9:52	19:05	27:37	29:37	33:26	4:22	8:05	5:25	10:18	3:00	8:00	17:45					
				1:39:34	1:45:20	1:49:55	1:54:42	1:56:36												
398	Fernandez De Sanmamed M Culleredo A PEDROSA ORR	Error en ta		6:14	10:28	13:12	14:27	17:01	19:12	22:18	24:12	28:51	31:41	34:00	37:46					
				6:14	4:14	2:44	1:15	2:34	2:11	3:06	1:54	4:39	2:50	2:19	3:46					
				42:32	46:07	48:59	-----	52:39												
				4:46	3:35	2:52		3:40												
<b>Feminino 35 (14)</b>				<b>3,1 km 65 m</b>	<b>16 C</b>															
				1(38)	2(68)	3(32)	4(53)	5(72)	6(62)	7(48)	8(51)	9(71)	10(88)	11(42)	12(44)					
				13(87)	14(51)	15(39)	16(100)	Meta												
1	177	Iglesias Junzalvos, Ana Vigo UNIVERSIDAD DE VIG	37:04	9:15	14:38	15:50	18:59	20:23	21:40	23:12	24:07	25:02	27:22	28:21	29:32					
				9:15	5:23	1:12	3:09	1:24	1:17	1:32	0:55	0:55	2:20	0:59	1:11					
				31:24	33:22	34:20	36:09	37:04												
2	51	Figueroa Leiro, Monica Pontevedra AROMON	37:13	1:52	1:58	0:58	1:49	0:55	18:50	20:50	21:54	22:52	26:02	27:14	28:52					
				8:56	10:43	11:41	16:07	17:33	1:17	2:00	1:04	0:58	3:10	1:12	1:38					
				30:04	32:36	34:13	36:06	37:13												
2	23	Pérez González, M. José Lugo FLUVIAL LUGO	37:13	1:12	2:32	1:37	1:53	1:07	19:44	21:21	22:22	23:57	26:28	27:32	29:11					
				8:59	12:14	13:04	16:44	18:16	1:28	1:37	1:01	1:35	2:31	1:04	1:39					
				30:30	33:06	34:20	36:07	37:13												
4	139	Fernandez Torres, Xema Porto do Son ADC ARNELA	38:54	1:19	2:36	1:14	1:47	1:06	18:50	20:22	21:19	22:24	25:02	26:09	27:39					
				7:14	9:35	10:43	16:30	17:43	1:07	1:32	0:57	1:05	2:38	1:07	1:30					
				31:56	34:34	36:11	37:58	38:54												
5	102	González Corral, Bibiana A Coruña GALLAECIA RAID	41:24	4:17	2:38	1:37	1:47	0:56	23:38	25:59	27:11	28:08	30:25	31:38	34:24					
				7:35	9:16	10:16	21:13	22:28	1:10	2:21	1:12	0:57	2:17	1:13	2:46					
				35:20	37:30	38:43	40:21	41:24												
6	172	Fernández López, Cristina Vigo UNIVERSIDAD DE VIG	41:46	0:56	2:10	1:13	1:38	1:03	19:28	20:27	24:24	25:30	30:52	33:22	34:20					
				6:47	9:11	9:51	12:53	19:28	0:59	3:57	1:06	5:22	2:30	0:58	1:30					
				6:47	2:24	0:40	3:02	6:35												
				36:45	38:41	39:31	40:53	41:46												
7	293	Blanco Pérez, Ana Santiago de Comp USC	49:09	0:55	1:56	0:50	1:22	0:53	27:30	29:18	30:45	32:25	35:40	36:59	38:56					
				9:50	17:28	18:55	24:12	25:57	1:33	1:48	1:27	1:40	3:15	1:19	1:57					
				9:50	7:38	1:27	5:17	1:45												
				40:41	44:26	45:46	47:55	49:09												
8	45	Dios González, Ana Mª Pontevedra AROMON	52:03	1:45	3:45	1:20	2:09	1:14	27:58	29:51	31:00	32:20	35:15	36:28	38:07					
				9:11	14:58	16:00	24:50	26:40	1:18	1:53	1:09	1:20	2:55	1:13	1:39					
				43:03	46:52	48:47	50:51	52:03												
9	335	Trueba, Carmen A Coruña ARTABROS	55:13	4:56	3:49	1:55	2:04	1:12	29:42	32:21	34:12	35:51	39:16	40:36	42:44					
				12:01	14:34	15:59	25:07	28:15	1:27	2:39	1:51	1:39	3:25	1:20	2:08					
				12:01	2:33	1:25	9:08	3:08												
				44:38	48:49	50:48	53:24	55:13												
10	417	Pereira Ameijenda, Martina Cambre ROBALIZA	58:49	1:54	4:11	1:59	2:36	1:49	28:39	31:52	33:37	35:54	41:40	43:08	45:45					
				14:34	16:43	18:06	24:34	26:49	1:50	3:13	1:45	2:17	5:46	1:28	2:37					
				14:34	2:09	1:23	6:28	2:15												
				47:47	51:19	54:18	56:58	58:49												
11	15	González Bello, Concepció Lugo FLUVIAL LUGO	1:01:05	2:02	3:32	2:59	2:40	1:51	37:30	39:06	40:08	41:42	45:22	46:33	48:09					
				7:58	9:28	10:31	34:46	36:22	1:08	1:36	1:02	1:34	3:40	1:11	1:36					
				7:58	1:30	1:03	24:15	1:36												
				49:44	53:50	58:22	1:00:01	1:01:05												
12	384	Pérez Otero, Amalia Vigo HABELAS HAINAS	1:02:27	1:35	4:06	4:32	1:39	1:04	35:51	37:58	40:05	42:31	45:32	46:56	52:04					
				9:02	11:28	12:30	33:15	34:28	1:23	2:07	2:07	2:26	3:01	1:24	5:08					
				9:02	2:26	1:02	20:45	1:13												
				54:35	57:58	59:10	1:01:24	1:02:27												
				2:31	3:23	1:12	2:14	1:03												
39	Arias Lima, Sonia Mª Pontevedra AROMON	Error en ta		11:37	13:45	15:03	25:30	27:24	28:37	30:45	31:59	33:18	36:26	37:32	39:13					
				11:37	2:08	1:18	10:27	1:54	1:13	2:08	1:14	1:19	3:08	1:06	1:41					
				40:54	44:13	-----	46:43	48:07												
				1:41	3:19		2:30	1:24												

Pos	Dorsal	Nombre	Tiempo												
<b>Feminino 35 (14)</b>				<b>3,1 km 65 m</b>	<b>16 C</b>	<i>(cont.)</i>									
				1(38)	2(68)	3(32)	4(53)	5(72)	6(62)	7(48)	8(51)	9(71)	10(88)	11(42)	12(44)
				13(87)	14(51)	15(39)	16(100)	Meta							
	<b>240</b>	<b>Pedre Fernández, Natalia</b>	<b>Error en ta</b>	11:16	-----	-----	26:40	32:07	34:04	36:37	38:24	40:00	43:54	45:20	47:56
		<b>A Coruña APA LICEO</b>		11:16			15:24	5:27	1:57	2:33	1:47	1:36	3:54	1:26	2:36
				49:49	53:44	55:22	59:30	1:01:39		13:04					
				1:53	3:55	1:38	4:08	2:09		*36					
<b>Feminino 45 (8)</b>				<b>2,4 km 60 m</b>	<b>14 C</b>										
				1(75)	2(68)	3(50)	4(48)	5(72)	6(43)	7(44)	8(87)	9(67)	10(89)	11(71)	12(48)
				13(39)	14(100)	Meta									
<b>1</b>	<b>170</b>	<b>Crespo Quindós, Begoña</b>	<b>36:42</b>	<b>6:20</b>	11:42	17:48	20:07	24:35	26:15	27:37	29:02	29:41	30:29	31:17	33:22
		<b>Vigo UNIVERSIDAD DE VIG</b>		<b>6:20</b>	5:22	6:06	<b>2:19</b>	4:28	1:40	<b>1:22</b>	1:25	<b>0:39</b>	0:48	<b>0:48</b>	<b>2:05</b>
				34:18	<b>35:42</b>	<b>36:42</b>									
				<b>0:56</b>	<b>1:24</b>	<b>1:00</b>									
<b>2</b>	<b>111</b>	<b>Mosquera Azar, Paulina And</b>	<b>36:56</b>	8:20	<b>10:38</b>	<b>13:28</b>	<b>17:15</b>	<b>22:37</b>	<b>24:01</b>	<b>25:40</b>	<b>27:16</b>	<b>28:55</b>	<b>29:51</b>	<b>30:48</b>	<b>33:09</b>
		<b>A Coruña GALLAECIA RAID</b>		8:20	<b>2:18</b>	2:50	3:47	5:22	1:24	1:39	1:36	1:39	0:56	0:57	2:21
				<b>34:07</b>	35:56	36:56									
				0:58	1:49	<b>1:00</b>									
<b>3</b>	<b>32</b>	<b>Valcarcel López, Mar</b>	<b>48:54</b>	20:12	22:31	25:04	27:58	33:40	35:12	36:59	38:15	41:27	41:58	42:54	45:05
		<b>Lugo FLUVIAL LUGO</b>		20:12	2:19	<b>2:33</b>	2:54	5:42	1:32	1:47	<b>1:16</b>	3:12	0:31	0:56	2:11
				46:03	47:44	48:54									
				0:58	1:41	1:10									
<b>4</b>	<b>166</b>	<b>Alvarez Castro, Olimpia</b>	<b>49:21</b>	9:41	12:17	16:13	20:22	29:41	31:42	34:41	36:58	38:41	40:17	41:28	44:29
		<b>Vigo UNIVERSIDAD DE VIG</b>		9:41	2:36	3:56	4:09	9:19	2:01	2:59	2:17	1:43	1:36	1:11	3:01
				46:04	48:03	49:21									
				1:35	1:59	1:18									
<b>5</b>	<b>69</b>	<b>Sanchez Vázquez, Maria Lui</b>	<b>50:25</b>	11:46	15:17	20:54	24:22	28:09	36:19	38:03	39:45	40:57	41:49	43:03	45:34
		<b>Pontevedra AROMON</b>		11:46	3:31	5:37	3:28	3:47	8:10	1:44	1:42	1:12	0:52	1:14	2:31
				46:51	49:24	50:25									
				1:17	2:33	1:01									
<b>6</b>	<b>155</b>	<b>Pérez Torres, María Del Pila</b>	<b>58:35</b>	7:17	14:11	17:25	23:13	30:12	31:56	36:43	44:00	45:30	45:58	46:55	54:03
		<b>Porto do Son ADC ARNELA</b>		7:17	6:54	3:14	5:48	6:59	1:44	4:47	7:17	1:30	<b>0:28</b>	0:57	7:08
				56:07	57:35	58:35									
				2:04	1:28	<b>1:00</b>									
<b>7</b>	<b>376</b>	<b>Díaz Rodríguez, Yolanda</b>	<b>1:14:15</b>	11:51	19:33	24:21	40:40	44:14	46:10	48:19	50:39	1:01:06	1:03:05	1:04:35	1:07:59
		<b>Vigo HABELAS HAINAS</b>		11:51	7:42	4:48	16:19	<b>3:34</b>	1:56	2:09	2:20	10:27	1:59	1:30	3:24
				1:09:44	1:12:54	1:14:15									
				1:45	3:10	1:21									
<b>8</b>	<b>193</b>	<b>Saco Fernández, Mª Isabel</b>	<b>1:27:22</b>	8:55	19:14	22:20	33:12	1:09:43	1:10:52	1:14:20	1:16:55	1:18:29	1:19:21	1:20:50	1:22:57
		<b>Vigo UNIVERSIDAD DE VIG</b>		8:55	10:19	3:06	10:52	36:31	<b>1:09</b>	3:28	2:35	1:34	0:52	1:29	2:07
				1:24:29	1:26:12	1:27:22									
				1:32	1:43	1:10									
<b>Feminino 55 (4)</b>				<b>2,4 km 55 m</b>	<b>12 C</b>										
				1(75)	2(74)	3(49)	4(90)	5(52)	6(87)	7(44)	8(43)	9(67)	10(48)	11(83)	12(100)
				Meta											
<b>1</b>	<b>236</b>	<b>Naya López, Mª José</b>	<b>46:30</b>	<b>12:46</b>	<b>16:22</b>	<b>20:10</b>	<b>21:26</b>	<b>24:30</b>	<b>27:34</b>	<b>29:48</b>	<b>33:04</b>	<b>36:33</b>	<b>40:58</b>	<b>44:16</b>	<b>45:17</b>
		<b>A Coruña APA LICEO</b>		<b>12:46</b>	3:36	3:48	<b>1:16</b>	3:04	<b>3:04</b>	<b>2:14</b>	3:16	<b>3:29</b>	4:25	3:18	1:01
				46:30											
				1:13											
<b>2</b>	<b>9</b>	<b>Fernández Riveiro, Fermina</b>	<b>54:05</b>	13:44	16:39	27:48	29:06	32:31	35:44	38:32	41:51	45:36	48:30	51:45	52:52
		<b>Lugo FLUVIAL LUGO</b>		13:44	2:55	11:09	1:18	3:25	3:13	2:48	3:19	3:45	2:54	<b>3:15</b>	1:07
				54:05											
				1:13											
<b>3</b>	<b>328</b>	<b>Ponte Pena, Mª Elena</b>	<b>1:16:48</b>	22:28	26:12	28:44	30:53	40:13	51:26	54:41	57:35	1:03:13	1:09:07	1:13:25	1:15:10
		<b>A Coruña ARTABROS</b>		22:28	3:44	<b>2:32</b>	2:09	9:20	11:13	3:15	<b>2:54</b>	5:38	5:54	4:18	1:45
				1:16:48											
				1:38											
<b>4</b>	<b>390</b>	<b>Alvarez Milano, Soraya</b>	<b>1:19:28</b>	27:07	30:00	33:52	35:27	38:30	42:23	54:04	1:06:28	1:11:15	1:14:01	1:17:39	1:18:27
		<b>Culleredo A PEDROSA ORR</b>		27:07	<b>2:53</b>	3:52	1:35	<b>3:03</b>	3:53	11:41	12:24	4:47	<b>2:46</b>	3:38	<b>0:48</b>
				1:19:28											
				<b>1:01</b>											
<b>Feminino Élite (10)</b>				<b>4,4 km 130 m</b>	<b>18 C</b>										
				1(38)	2(36)	3(68)	4(43)	5(67)	6(66)	7(39)	8(40)	9(41)	10(94)	11(46)	12(45)
				13(47)	14(42)	15(73)	16(53)	17(51)	18(100)	Meta					
<b>1</b>	<b>406</b>	<b>Bello Rodríguez, Olalla</b>	<b>46:20</b>	6:08	7:24	8:27	13:11	14:26	<b>18:29</b>	<b>19:03</b>	<b>25:06</b>	<b>26:28</b>	<b>29:11</b>	<b>31:11</b>	<b>32:16</b>
		<b>Cambre ROBALIZA</b>		6:08	1:16	1:03	4:44	<b>1:15</b>	4:03	0:34	6:03	1:22	2:43	<b>2:00</b>	<b>1:05</b>
				34:39	<b>35:35</b>	<b>40:04</b>	<b>42:33</b>	<b>44:03</b>	<b>45:37</b>	<b>46:20</b>					
				2:23	0:56	4:29	<b>2:29</b>	<b>1:30</b>	<b>1:34</b>	<b>0:43</b>					
<b>2</b>	<b>105</b>	<b>López Eyo, Tania</b>	<b>49:28</b>	7:43	8:52	10:01	15:48	18:39	20:35	21:09	27:04	28:48	30:58	33:26	34:42
		<b>A Coruña GALLAECIA RAID</b>		7:43	1:09	1:09	5:47	2:51	1:56	0:34	5:55	1:44	2:10	2:28	1:16
				37:17	38:13	41:32	44:55	46:50	48:34	49:28					
				2:35	0:56	<b>3:19</b>	3:23	1:55	1:44	0:54					
<b>3</b>	<b>286</b>	<b>Suárez Pazos, Almudena</b>	<b>53:58</b>	<b>5:24</b>	<b>6:30</b>	<b>7:34</b>	<b>11:48</b>	<b>13:31</b>	18:59	19:41	25:52	27:31	29:40	32:59	34:12
		<b>A Coruña BRIGANTIA</b>		<b>5:24</b>	<b>1:06</b>	1:04	<b>4:14</b>	1:43	5:28	0:42	6:11	1:39	<b>2:09</b>	3:19	1:13
				36:07	37:05	44:06	49:42	51:28	53:13	53:58					
				<b>1:55</b>	0:58	7:01	5:36	1:46	1:45	0:45					

Pos	Dorsal	Nombre	Tiempo																
<b>Feminino Élite (10)</b>				<b>4,4 km</b>	<b>130 m</b>	<b>18 C</b>	<i>(cont.)</i>												
				1(38) 13(47)	2(36) 14(42)	3(68) 15(73)	4(43) 16(53)	5(67) 17(51)	6(66) 18(100)	7(39) Meta	8(40)	9(41)	10(94)	11(46)	12(45)				
4	74	Veiga García, Carla Pontevedra AROMON	1:01:32	7:46 7:46 45:11	10:51 3:05 46:12	12:00 1:09 53:00	17:23 5:23 55:57	22:48 5:25 58:41	24:42 <b>1:54</b> 1:00:37	25:16 0:34 1:01:32	32:44 7:28	34:07 1:23	38:33 4:26	41:05 2:32	42:25 1:20				
5	7	Felpeto González, Luisa Lugo FLUVIAL LUGO	1:05:08	2:46 8:08 44:50	1:01 10:02 45:59	6:48 11:08 52:32	2:57 24:22 1:00:50	2:44 25:59 1:02:42	1:56 28:04 1:04:20	0:55 28:38 1:05:08	33:25 <b>4:47</b>	35:04 1:39	38:24 3:20	41:00 2:36	42:29 1:29				
6	183	Pastoriza Santos, Isabel Vigo UNIVERSIDAD DE VIG	1:05:58	2:21 7:39 48:55	1:09 8:56 50:13	6:33 15:47 57:21	8:18 21:30 1:00:50	1:52 23:26 1:03:14	1:38 25:29 1:05:04	0:48 26:04 1:05:58	34:40 8:36	36:34 1:54	39:18 2:44	43:16 3:58	44:39 1:23				
7	136	Carro Mahía, Alejandra Porto do Son ADC ARNELA	1:09:43	4:16 14:04 47:36	1:18 15:12 48:32	7:08 18:15 59:44	3:29 25:21 1:05:17	2:24 26:53 1:07:10	1:50 29:28 1:08:51	0:54 30:05 1:09:43	36:36 6:31	37:50 <b>1:14</b>	40:28 2:38	43:46 3:18	45:05 1:19				
8	62	Pérez Alonso, Alicia Pontevedra AROMON	1:35:37	2:31 7:18 56:01	0:56 8:59 1:04:48	11:12 18:42 1:29:09	5:33 23:31 1:32:05	1:53 26:59 1:34:21	1:41 28:59 1:35:37	0:52 29:31 1:35:37	36:33 7:02	38:43 2:10	45:50 7:07	51:36 5:46	53:03 1:27				
9	435	Del Puerto Lopez, Barbara Ordes SEO	1:43:49	2:58 8:16 8:16 1:10:05 3:02	1:16 9:36 1:20 1:11:17 1:12	7:31 15:01 5:25 1:32:14 20:57	24:21 23:45 8:44 1:38:21 6:07	2:56 25:33 1:48 1:40:36 2:15	2:16 32:05 6:32 1:42:44 2:08	1:16 32:35 <b>0:30</b> 1:43:49 1:05	40:02 7:27	43:46 3:44	1:01:07 17:21	1:05:28 4:21	1:07:03 1:35				
	362	Barros Diz, Natalia A Coruña (Oleiro FAICAMIÑO)	Error en ta	6:29 6:29 49:04 3:50	7:49 1:20 49:56 <b>0:52</b>	8:51 <b>1:02</b> ----- 1:03:34	14:25 5:34 ----- 13:38	18:20 3:55 ----- 1:10:05	23:36 5:16 ----- 6:31	24:13 0:37 1:12:27 2:22	36:09 11:56	37:55 1:46	41:12 3:17	43:56 2:44	45:14 1:18				
<b>Masculino 12 (8)</b>				<b>2,2 km</b>	<b>35 m</b>	<b>12 C</b>													
				1(98) Meta 3:53	2(108) Meta <b>1:34</b>	3(57) 0:58	4(74) <b>0:42</b>	5(102) 1:32	6(101) <b>1:11</b>	7(107) 0:49	8(103) 2:01	9(104) 1:16	10(97) 1:03	11(106) 1:58	12(100) 0:43				
1	405	Morales Jiménez, Joao Xinzo de Limia LIMIAACTIVA	18:20	3:53 3:53 <b>18:20</b> <b>0:40</b>	5:27 <b>1:34</b>	6:25 0:58	7:07 <b>0:42</b>	8:39 1:32	9:50 <b>1:11</b>	10:39 0:49	12:40 2:01	13:56 1:16	14:59 1:03	16:57 1:58	17:40 0:43				
2	494	Lopez Gonzalez, Nicolas Paderne ADVENTURE ADDIC	25:37	3:42 3:42 25:37 <b>0:40</b>	6:20 2:38	7:14 <b>0:54</b>	11:16 4:02	12:28 <b>1:12</b>	13:58 1:30	14:43 <b>0:45</b>	16:22 <b>1:39</b>	21:45 5:23	22:41 <b>0:56</b>	24:22 1:41	24:57 0:35				
3	381	Grimaldi Pérez, Yared Vigo HABELAS HAINAS	26:25	4:10 4:10 26:25 0:50	5:56 1:46	7:13 1:17	8:03 0:50	14:16 6:13	15:28 1:12	16:27 0:59	18:26 1:59	20:18 1:52	21:29 1:11	25:04 3:35	25:35 0:31				
4	272	González Souto, Rui A Coruña BRIGANTIA	30:28	4:31 4:31 30:28 0:50	6:32 2:01	7:57 1:25	8:48 0:51	19:43 10:55	20:59 1:16	22:04 1:05	24:51 2:47	26:05 <b>1:14</b>	27:51 1:46	29:13 <b>1:22</b>	29:38 <b>0:25</b>				
5	271	González Souto, Germán A Coruña BRIGANTIA	37:40	5:02 5:02 37:40 0:42	6:56 1:54	8:43 1:47	9:31 0:48	12:54 3:23	25:26 12:32	26:41 1:15	28:20 <b>1:39</b>	33:43 5:23	34:43 1:00	36:20 1:37	36:58 0:38				
6	370	Vinagre Barros, Martin A Coruña (Oleiro FAICAMIÑO)	41:05	5:58 5:58 41:05 1:04	9:52 3:54	12:08 2:16	13:25 1:17	15:48 2:23	18:51 3:03	20:01 1:10	23:26 3:25	32:29 9:03	34:00 1:31	39:20 5:20	40:01 0:41				
7	79	Alvarez Braña, Ivan A Coruña GALLAECIA RAID	42:48	6:05 6:05 42:48 1:22	8:50 2:45	10:34 1:44	11:42 1:08	13:39 1:57	16:01 2:22	17:05 1:04	22:36 5:31	35:01 12:25	36:56 1:55	40:36 3:40	41:26 0:50				
8	43	Beloso Iglesias, Mauro Pontevedra AROMON	1:31:43	7:44 7:44 1:31:43 1:21	1:00:43 52:59	1:01:55 1:12	1:02:53 0:58	1:04:55 2:02	1:09:47 4:52	1:11:51 2:04	1:16:24 4:33	1:21:23 4:59	1:24:52 3:29	1:29:33 4:41	1:30:22 0:49				
<b>Masculino 14 (6)</b>				<b>2,5 km</b>	<b>55 m</b>	<b>13 C</b>													
				1(86) 13(100)	2(108) Meta	3(74)	4(102)	5(65)	6(34)	7(33)	8(35)	9(103)	10(76)	11(49)	12(39)				
1	493	Lopez Gonzalez, Javier Paderne ADVENTURE ADDIC	22:32	4:25 4:25 21:42 1:26	5:20 0:55 22:32 0:50	7:19 1:59	8:36 1:17	10:24 <b>1:48</b>	11:22 0:58	12:10 0:48	14:00 1:50	16:02 <b>2:02</b>	16:49 <b>0:47</b>	17:44 0:55	20:16 <b>2:32</b>				
2	36	Antoñón Casal, Hugo Pontevedra AROMON	23:14	4:33 4:33 22:22 1:17	5:20 <b>0:47</b> 23:14 0:52	7:04 1:44	8:01 <b>0:57</b>	10:22 2:21	11:11 0:49	11:42 <b>0:31</b>	12:49 1:07	15:32 2:43	16:34 1:02	17:32 0:58	21:05 3:33				

Pos	Dorsal	Nombre	Tiempo												
<b>Masculino 14 (6)</b>				<b>2,5 km</b>	<b>55 m</b>	<b>13 C</b>	<i>(cont.)</i>								
				1(86) 13(100)	2(108) Meta	3(74)	4(102)	5(65)	6(34)	7(33)	8(35)	9(103)	10(76)	11(49)	12(39)
3	57	Novoa Gutiérrez, Xián Pontevedra AROMON	25:06	4:50 4:50 24:13	5:46 0:56 25:06	7:30 1:44	9:13 1:43	11:59 2:46	12:56 0:57	13:37 0:41	14:54 1:17	17:22 2:28	18:16 0:54	19:16 1:00	22:45 3:29
4	160	Serantes Abal, Eloi Porto do Son ADC ARNELA	27:42	4:22 26:49	5:18 27:42	7:17 1:59	9:07 1:50	11:20 2:13	12:08 <b>0:48</b>	12:53 0:45	14:18 1:25	17:58 3:40	20:00 2:02	21:13 1:13	25:20 4:07
5	42	Beloso Iglesias, Xandre Pontevedra AROMON	28:01	4:03 27:10	4:53 28:01	6:27 1:34	8:07 1:40	9:55 1:48	10:50 0:55	12:09 1:19	13:13 1:04	15:19 2:06	17:51 2:32	18:28 0:37	25:50 7:22
6	46	Dominguez Hermelo, Aarón Pontevedra AROMON	30:01	4:19 4:19 29:18 1:29	5:17 0:58 30:01	7:37 2:20	8:53 1:16	10:50 1:57	11:49 0:59	13:01 1:12	14:53 1:52	20:54 6:01	23:06 2:12	23:38 0:32	27:49 4:11
<b>Masculino 16 (5)</b>				<b>3,0 km</b>	<b>60 m</b>	<b>15 C</b>									
				1(31) 13(71)	2(85) 14(83)	3(35) 15(100)	4(84) Meta	5(74)	6(50)	7(97)	8(39)	9(51)	10(89)	11(63)	12(64)
1	386	Rodríguez Díaz, Mateo Vigo HABELAS HAINAS	27:16	4:17 4:17 23:47	5:23 1:06 25:57	6:35 1:12 26:31	8:41 2:06 27:16	10:13 1:32	11:51 1:38	12:15 0:24	13:56 1:41	14:52 0:56	18:21 3:29	21:31 3:10	22:34 1:03
2	37	Antoñón Casal, Mateo Pontevedra AROMON	28:45	4:59 4:59 24:52 1:10	6:06 1:07 27:26	7:48 1:42 28:03	9:20 2:34 28:45	10:22 1:13	11:35 2:14	13:49 0:32	14:21 2:25	16:46 1:23	18:09 2:46	20:55 1:41	22:36 1:06
3	30	Rodríguez Vega, Juan Lugo FLUVIAL LUGO	29:29	6:13 6:13 26:24 1:13	7:38 1:25 28:00	9:20 1:42 28:38	12:15 2:55 29:29	13:38 1:23	14:41 1:03	15:16 0:35	17:01 1:45	18:21 1:20	22:34 4:13	23:47 1:13	25:11 1:24
4	307	Candela Iglesias, Natnael A Coruña ARTABROS	35:09	4:49 4:49 32:07 1:37	5:56 1:07 33:53	7:50 1:54 34:27	11:59 4:09 35:09	13:34 1:35	15:57 2:23	16:31 0:34	17:46 1:15	19:18 1:32	27:06 7:48	29:25 2:19	30:30 1:05
5	59	Omil Pazos, Lois Pontevedra AROMON	37:51	5:51 5:51 34:27 2:40	7:47 1:56 36:26	10:16 2:29 37:12	13:12 2:56 37:51	14:52 1:40	15:56 1:04	16:32 0:36	18:59 2:27	20:27 1:28	28:20 7:53	30:16 1:56	31:47 1:31
<b>Masculino 18 (2)</b>				<b>3,1 km</b>	<b>90 m</b>	<b>16 C</b>									
				1(86) 13(88)	2(32) 14(64)	3(50) 15(51)	4(90) 16(100)	5(48) Meta	6(52)	7(87)	8(44)	9(47)	10(41)	11(69)	12(91)
1	80	Alvarez Braña, Martin Enriq A Coruña GALLAECIA RAID	37:43	5:02 5:02 32:01 3:06	8:01 2:59 33:50 1:49	10:51 2:50 35:24 1:34	11:27 0:36 36:56 1:32	12:31 1:04 37:43 0:47	15:19 2:48	20:14 4:55	21:18 1:04	25:22 4:04	26:30 1:08	27:10 0:40	28:55 1:45
2	512	Balboa Rodríguez, Miguel Lugo FLUVIAL LUGO	54:32	4:47 43:32 3:37	8:58 48:46 5:14	11:37 51:40 2:54	12:56 53:34 1:54	15:08 54:32 0:58	17:22	20:30	23:33	31:02	32:26	36:46	39:55
<b>Masculino 21 A (16)</b>				<b>4,0 km</b>	<b>120 m</b>	<b>18 C</b>									
				1(68) 13(63)	2(48) 14(67)	3(52) 15(48)	4(54) 16(39)	5(55) 17(66)	6(73) 18(100)	7(44) Meta	8(40)	9(45)	10(46)	11(70)	12(47)
1	70	Soto Boulosa, Angel Pontevedra AROMON	39:05	5:21 5:21 32:09 2:36	8:18 2:57 33:55 1:46	11:50 3:32 36:36 2:41	14:35 2:45 37:07 0:31	18:04 3:29 37:25 0:18	22:18 4:14 38:25 1:00	22:54 0:36 39:05 0:40	24:47 1:53	25:56 1:09	26:46 0:50	27:45 0:59	29:33 1:48
2	356	Rodríguez Bergara, Andres Ferrol MONTAÑA FERROL	39:41	7:13 7:13 32:29 3:27	10:49 3:36 34:23 1:54	12:49 2:00 36:13 1:50	16:12 3:23 37:06 0:53	18:31 2:19 37:34 0:28	20:01 1:30 38:52 1:18	21:04 1:03 39:41 0:49	22:33 1:29	24:05 1:32	25:16 1:11	26:22 1:06	29:02 2:40
3	55	Marín, Alex Pontevedra AROMON	42:48	6:10 6:10 34:43 4:02	14:56 8:46 36:57 2:14	15:54 0:58 38:20 1:23	18:06 2:12 40:26 2:06	20:10 2:04 40:53 0:27	23:28 3:18 41:59 1:06	24:19 0:51 42:48 0:49	25:52 1:33	26:54 1:02	27:51 0:57	28:27 0:36	30:41 2:14
4	26	Rocha Pena, Pablo Lugo FLUVIAL LUGO	44:41	7:20 7:20 36:05 2:49	11:35 4:15 38:31 2:26	12:51 1:16 41:49 3:18	15:06 2:15 42:30 0:41	17:03 1:57 42:51 0:21	22:28 5:25 43:52 1:01	23:30 1:02 44:41 0:49	26:38 3:08	28:06 1:28	29:08 1:02	30:17 1:09	33:16 2:59
5	72	Varela Varela, Francisco Pontevedra AROMON	49:00	7:28 7:28 39:55 6:03	11:44 4:16 42:51 2:56	13:14 1:30 45:09 2:18	15:59 2:45 46:04 0:55	18:20 2:21 46:40 0:36	22:10 3:50 48:01 1:21	23:53 1:43 49:00 0:59	26:26 2:33	28:17 1:51	29:22 1:05	30:09 0:47	33:52 3:43

Pos	Dorsal	Nombre	Tiempo														
<b>Masculino 21 A (16)</b>				<b>4,0 km</b>	<b>120 m</b>	<b>18 C</b>	<i>(cont.)</i>										
				1(68)	2(48)	3(52)	4(54)	5(55)	6(73)	7(44)	8(40)	9(45)	10(46)	11(70)	12(47)		
				13(63)	14(67)	15(48)	16(39)	17(66)	18(100)	Meta							
6	132	Arufe Santamaría, Juan Porto do Son ADC ARNELA	49:03	10:20	17:24	18:12	20:20	22:45	28:40	29:48	34:10	35:01	35:51	36:27	39:23		
				10:20	7:04	<b>0:48</b>	2:08	2:25	5:55	1:08	4:22	<b>0:51</b>	0:50	0:36	2:56		
				42:27	44:32	46:11	46:57	47:21	48:22	49:03							
7	202	Alvarez Gonzalez, Marcos O Barco de Valde TREVINCA	49:10	3:04	2:05	1:39	0:46	0:24	1:01	0:41							
				6:17	9:32	15:14	17:06	18:49	29:19	29:57	31:06	32:15	32:57	34:15	36:08		
				6:17	3:15	5:42	<b>1:52</b>	1:43	10:30	0:38	<b>1:09</b>	1:09	<b>0:42</b>	1:18	1:53		
				39:51	42:23	46:42	47:09	47:32	48:28	49:10							
8	152	Oujo Pouso, Gelasio Porto do Son ADC ARNELA	51:11	3:43	2:32	4:19	<b>0:27</b>	0:23	<b>0:56</b>	0:42							
				8:56	12:50	13:52	29:43	31:04	33:00	33:59	35:38	36:37	39:20	39:45	42:12		
				8:56	3:54	1:02	15:51	<b>1:21</b>	1:56	0:59	1:39	0:59	2:43	<b>0:25</b>	2:27		
				45:06	47:21	48:42	49:14	49:36	50:32	51:11							
9	93	Dopico Pena, Andres A Coruña GALLAECIA RAID	55:17	2:54	2:15	<b>1:21</b>	0:32	0:22	<b>0:56</b>	<b>0:39</b>							
				9:15	17:33	18:36	21:10	23:12	34:18	35:24	39:15	40:31	41:26	42:03	45:22		
				9:15	8:18	1:03	2:34	2:02	11:06	1:06	3:51	1:16	0:55	0:37	3:19		
				48:12	50:37	52:10	52:49	53:16	54:27	55:17							
10	190	Pérez Juste, Jorge Vigo UNIVERSIDAD DE VIG	58:55	2:50	2:25	1:33	0:39	0:27	1:11	0:50							
				8:42	13:54	15:28	20:14	22:59	25:22	27:01	32:38	34:37	37:21	39:29	43:10		
				8:42	5:12	1:34	4:46	2:45	2:23	1:39	5:37	1:59	2:44	2:08	3:41		
				48:32	52:01	54:49	56:00	56:42	58:05	58:55							
11	210	Mata Rodriguez, Eros O Barco de Valde TREVINCA	59:18	5:22	3:29	2:48	1:11	0:42	1:23	0:50							
				6:19	9:37	18:04	20:37	24:45	29:21	29:56	37:04	37:56	38:42	39:20	44:09		
				6:19	3:18	8:27	2:33	4:08	4:36	<b>0:35</b>	7:08	0:52	0:46	0:38	4:49		
				46:57	52:57	54:52	55:41	56:07	57:42	59:18							
12	401	Valiño Martínez, David Culleredo A PEDROSA ORR	1:01:17	2:48	6:00	1:55	0:49	0:26	1:35	1:36							
				8:50	13:10	14:33	21:27	23:40	25:30	27:01	30:35	32:33	33:49	34:36	41:00		
				8:50	4:20	1:23	6:54	2:13	1:50	1:31	3:34	1:58	1:16	0:47	6:24		
				49:01	52:25	54:58	58:06	58:25	1:00:23	1:01:17							
13	605	Rabuñal Ríos, Gonzalo A Coruña GALLAECIA RAID	1:01:43	8:01	3:24	2:33	3:08	0:19	1:58	0:54							
				9:21	14:31	16:15	18:31	21:27	24:34	26:23	31:23	34:29	38:07	41:22	45:35		
				9:21	5:10	1:44	2:16	2:56	3:07	1:49	5:00	3:06	3:38	3:15	4:13		
				52:00	55:37	57:58	59:11	59:35	1:00:49	1:01:43							
14	14	Fouz Rodriguez, Marcos Lugo FLUVIAL LUGO	1:41:14	6:25	3:37	2:21	1:13	0:24	1:14	0:54							
				10:37	22:29	26:08	30:34	39:08	47:26	48:40	54:54	56:20	58:59	1:03:42	1:07:52		
				10:37	11:52	3:39	4:26	8:34	8:18	1:14	6:14	1:26	2:39	4:43	4:10		
				1:12:19	1:29:40	1:37:16	1:38:20	1:38:46	1:40:13	1:41:14							
15	375	Díaz Congil, Manuel Vigo HABELAS HAINAS	1:44:54	4:27	17:21	7:36	1:04	0:26	1:27	1:01							
				17:28	22:13	23:32	28:55	31:37	57:41	59:36	1:03:52	1:07:20	1:09:30	1:12:10	1:27:45		
				17:28	4:45	1:19	5:23	2:42	26:04	1:55	4:16	3:28	2:10	2:40	15:35		
				1:34:24	1:37:04	1:39:36	1:41:50	1:42:41	1:44:09	1:44:54							
				6:39	2:40	2:32	2:14	0:51	1:28	0:45							
	465	Rodrigues Cerqueira Afon, O Porriño BUDIÑORAID	Error en ta	8:07	18:11	20:37	23:06	25:58	27:49	29:22	35:06	36:35	38:43	39:31	----		
				8:07	10:04	2:26	2:29	2:52	1:51	1:33	5:44	1:29	2:08	0:48			
				49:14	51:33	53:08	53:53	54:18	55:22	56:01		46:00					
				9:43	2:19	1:35	0:45	0:25	1:04	<b>0:39</b>		*42					
<b>Masculino 21 B (20)</b>				<b>3,2 km</b>	<b>90 m</b>	<b>17 C</b>											
				1(86)	2(75)	3(32)	4(76)	5(52)	6(91)	7(47)	8(88)	9(87)	10(73)	11(72)	12(49)		
				13(50)	14(48)	15(51)	16(66)	17(100)	Meta								
1	133	Baamonde Arufe, Pablo Porto do Son ADC ARNELA	32:51	3:42	4:51	5:52	12:08	14:14	16:35	17:48	20:39	21:38	<b>24:03</b>	<b>26:08</b>	<b>27:09</b>		
				3:42	1:09	1:01	6:16	2:06	<b>2:21</b>	1:13	2:51	0:59	<b>2:25</b>	2:05	1:01		
				<b>28:00</b>	<b>29:38</b>	<b>30:26</b>	<b>31:02</b>	<b>32:04</b>	<b>32:51</b>	<b>32:51</b>							
				0:51	1:38	<b>0:48</b>	<b>0:36</b>	<b>1:02</b>	0:47								
2	205	Camba Rodríguez, Francisc O Barco de Valde TREVINCA	45:59	<b>3:40</b>	<b>4:48</b>	<b>5:44</b>	<b>8:58</b>	<b>11:40</b>	<b>14:47</b>	<b>16:44</b>	<b>17:48</b>	<b>19:00</b>	32:18	35:20	38:37		
				<b>3:40</b>	<b>1:08</b>	<b>0:56</b>	3:14	2:42	3:07	1:57	<b>1:04</b>	1:12	13:18	3:02	3:17		
				39:22	42:04	42:58	43:48	45:08	45:59								
				0:45	2:42	0:54	0:50	1:20	0:51								
3	531	Rodríguez Acevedo, Manuel Lugo FLUVIAL LUGO	47:27	4:33	6:29	8:25	12:50	16:59	21:13	22:51	27:53	29:16	33:31	38:18	39:52		
				4:33	1:56	1:56	4:25	4:09	4:14	1:38	5:02	1:23	4:15	4:47	1:34		
				41:02	42:38	43:57	44:53	46:39	47:27								
				1:10	<b>1:36</b>	1:19	0:56	1:46	0:48								
4	412	Iglesias Muñiz, Carlos Cambre ROBALIZA	48:16	6:00	7:24	8:45	12:35	16:00	20:20	22:34	26:40	28:16	36:56	39:00	40:38		
				6:00	1:24	1:21	3:50	3:25	4:20	2:14	4:06	1:36	8:40	2:04	1:38		
				41:25	43:20	44:50	45:27	47:12	48:16								
				0:47	1:55	1:30	0:37	1:45	1:04								
5	557	Sampedro Fraga, Aitor Santiago de Comp USC	53:26	4:30	6:12	7:51	10:34	14:01	17:19	28:15	32:32	34:22	38:56	42:51	44:51		
				4:30	1:42	1:39	2:43	3:27	3:18	10:56	4:17	1:50	4:34	3:55	2:00		
				45:49	48:24	49:58	50:48	52:30	53:26								
				0:58	2:35	1:34	0:50	1:42	0:56								
6	204	Camba Rodríguez, Alberto O Barco de Valde TREVINCA	55:17	4:48	6:35	7:47	12:08	16:58	21:00	24:01	27:24	28:27	35:29	38:48	43:05		
				4:48	1:47	1:12	4:21	4:50	4:02	3:01	3:23	1:03	7:02	3:19	4:17		
				43:45	46:24	48:08	52:20	54:21	55:17								
				<b>0:40</b>	2:39	1:44	4:12	2:01	0:56								
7	324	Parga Ures, Ezequiel A Coruña ARTABROS	56:39	4:41	6:58	8:57	14:44	24:36	31:55	33:03	39:11	41:03	45:56	47:58	49:14		
				4:41	2:17	1:59	5:47	9:52	7:19	1:08	6:08	1:52	4:53	2:02	1:16		
				50:32	52:36	53:44	54:27	55:37	56:39								
				1:18	2:04	1:08	0:43	1:10	1:02								

Pos	Dorsal	Nombre	Tiempo															
<b>Masculino 21 B (20)</b>				<b>3,2 km</b>	<b>90 m</b>	<b>17 C</b>	<i>(cont.)</i>											
				1(86)	2(75)	3(32)	4(76)	5(52)	6(91)	7(47)	8(88)	9(87)	10(73)	11(72)	12(49)			
				13(50)	14(48)	15(51)	16(66)	17(100)	Meta									
8	114	Noguerol, Iván A Coruña GALLAECIA RAID	58:26	3:49	8:51	10:02	14:40	18:03	20:48	29:40	32:40	33:50	38:00	51:10	52:02			
				3:49	5:02	1:11	4:38	3:23	2:45	8:52	3:00	1:10	4:10	13:10	0:52			
				52:45	54:36	55:30	56:11	57:43	58:26									
9	73	Veiga Bugallo, Francisco Ja Pontevedra AROMON	1:00:12	0:43	1:51	0:54	0:41	1:32	0:43	27:38	29:07	30:43	47:50	49:10	51:37			
				4:52	6:23	7:43	11:13	14:41	25:50	1:48	1:29	1:36	17:07	1:20	2:27			
				52:22	55:02	56:17	57:14	59:30	1:00:12									
10	284	Senin Canosa, Ignacio A Coruña BRIGANTIA	1:00:21	0:45	2:40	1:15	0:57	2:16	0:42	26:10	29:50	31:26	50:34	52:32	53:54			
				4:31	8:33	9:31	13:09	19:21	25:04	1:06	3:40	1:36	19:08	1:58	1:22			
				54:52	56:39	57:29	58:13	59:27	1:00:21									
11	281	Rodriguez Rodriguez, Rodr A Coruña BRIGANTIA	1:03:07	0:58	1:47	0:50	0:44	1:14	0:54	36:55	39:28	40:24	51:05	54:55	56:34			
				3:46	6:19	10:02	15:54	18:18	24:58	11:57	2:33	0:56	10:41	3:50	1:39			
				3:46	2:33	3:43	5:52	2:24	6:40									
				57:19	59:12	1:00:03	1:00:55	1:02:26	1:03:07									
12	121	Picos Romero, Victor Manu A Coruña GALLAECIA RAID	1:03:26	0:45	1:53	0:51	0:52	1:31	0:41									
				4:43	6:52	9:47	16:53	18:54	21:35	25:32	29:39	30:52	48:08	51:41	55:14			
				4:43	2:09	2:55	7:06	2:01	2:41	3:57	4:07	1:13	17:16	3:33	3:33			
				56:22	58:55	1:00:12	1:01:03	1:02:34	1:03:26			43:22	1:01:54					
13	274	Iglesias Candal, Ivan A Coruña BRIGANTIA	1:05:39	1:08	2:33	1:17	0:51	1:31	0:52			*88	*106					
				5:01	6:27	8:05	11:58	15:23	19:10	21:00	26:21	28:15	42:37	53:23	55:17			
				5:01	1:26	1:38	3:53	3:25	3:47	1:50	5:21	1:54	14:22	10:46	1:54			
				56:45	59:42	1:01:02	1:02:21	1:03:56	1:05:39									
14	343	Cobelo López, Eduardo Dav Ferrol MONTAÑA FERROL	1:06:05	1:28	2:57	1:20	1:19	1:35	1:43									
				5:40	7:04	8:21	11:23	14:32	26:50	27:57	31:18	32:32	52:15	54:54	56:29			
				5:40	1:24	1:17	3:02	3:09	12:18	1:07	3:21	1:14	19:43	2:39	1:35			
				57:33	1:00:33	1:01:34	1:03:39	1:05:08	1:06:05									
15	207	Limeres Antonio, Miguel An O Barco de Valde TREVINCA	1:07:55	1:04	3:00	1:01	2:05	1:29	0:57									
				7:43	10:30	17:14	24:53	29:14	34:23	36:33	39:25	41:12	47:02	51:29	54:52			
				7:43	2:47	6:44	7:39	4:21	5:09	2:10	2:52	1:47	5:50	4:27	3:23			
				55:50	58:34	1:00:22	1:04:40	1:06:38	1:07:55									
16	124	Rioboo Iglesias, Daniel A Coruña GALLAECIA RAID	1:09:56	0:58	2:44	1:48	4:18	1:58	1:17									
				9:56	11:23	12:49	15:20	18:26	37:36	41:09	45:53	47:20	56:23	59:27	1:00:31			
				9:56	1:27	1:26	2:31	3:06	19:10	3:33	4:44	1:27	9:03	3:04	1:04			
				1:01:41	1:04:23	1:05:28	1:07:49	1:09:04	1:09:56									
17	254	Caldas Mosquera, Alberto M A Coruña BRIGANTIA	1:15:51	1:10	2:42	1:05	2:21	1:15	0:52									
				4:44	14:00	15:04	18:46	21:58	28:33	31:58	33:32	44:29	1:01:08	1:03:56	1:05:54			
				4:44	9:16	1:04	3:42	3:12	6:35	3:25	1:34	10:57	16:39	2:48	1:58			
				1:07:07	1:10:35	1:12:04	1:13:27	1:14:55	1:15:51									
18	519	Freire Fernández, Jorge Lugo FLUVIAL LUGO	1:20:31	1:13	3:28	1:29	1:23	1:28	0:56									
				4:54	7:09	8:41	12:02	16:29	24:07	25:14	34:36	35:35	46:27	1:10:49	1:12:43			
				4:54	2:15	1:32	3:21	4:27	7:38	1:07	9:22	0:59	10:52	24:22	1:54			
				1:13:27	1:15:37	1:17:44	1:18:21	1:19:39	1:20:31									
19	118	Pedre Vazquez, Manuel A Coruña GALLAECIA RAID	1:30:31	0:44	2:10	2:07	0:37	1:18	0:52									
				14:46	16:32	17:44	37:42	46:47	51:28	56:23	58:22	59:55	1:16:26	1:19:43	1:22:41			
				14:46	1:46	1:12	19:58	9:05	4:41	4:55	1:59	1:33	16:31	3:17	2:58			
				1:23:51	1:25:59	1:27:13	1:28:10	1:29:35	1:30:31									
				1:10	2:08	1:14	0:57	1:25	0:56									
505	Castelo Núñez, David A Coruña GALLAECIA RAID	Abandona		9:08	40:31	42:29	50:27	53:30	1:03:33	1:04:51	1:06:19	1:07:33	-----	-----	-----			
				9:08	31:23	1:58	7:58	3:03	10:03	1:18	1:28	1:14						
				-----	-----	-----	-----	-----	1:44:43									
									37:10									
<b>Masculino 35 (27)</b>				<b>4,9 km</b>	<b>155 m</b>	<b>19 C</b>												
				1(38)	2(36)	3(53)	4(51)	5(47)	6(93)	7(61)	8(92)	9(59)	10(56)	11(94)	12(69)			
				13(45)	14(91)	15(44)	16(73)	17(43)	18(89)	19(100)	Meta							
1	50	Figueroa Fernández, Ricard Pontevedra AROMON	39:41	5:07	5:50	9:54	11:30	14:18	19:18	19:56	20:23	21:32	22:35	25:41	27:55			
				5:07	0:43	4:04	1:36	2:48	5:00	0:38	0:27	1:09	1:03	3:06	2:14			
				28:22	29:59	30:50	31:55	32:52	37:07	39:06	39:41							
				0:27	1:37	0:51	1:05	0:57	4:15	1:59	0:35							
2	35	Alvelo Fraguela, Javier Pontevedra AROMON	44:31	7:25	8:31	11:34	13:23	17:14	22:49	23:46	24:22	25:53	26:55	29:58	32:04			
				7:25	1:06	3:03	1:49	3:51	5:35	0:57	0:36	1:31	1:02	3:03	2:06			
				32:42	35:17	36:19	38:14	39:17	41:48	43:49	44:31							
				0:38	2:35	1:02	1:55	1:03	2:31	2:01	0:42							
3	47	Dominguez Portas, Antonio Pontevedra AROMON	46:06	5:46	6:44	10:01	12:01	15:37	22:48	24:08	24:41	26:09	27:22	30:24	32:30			
				5:46	0:58	3:17	2:00	3:36	7:11	1:20	0:33	1:28	1:13	3:02	2:06			
				33:12	35:30	36:34	40:24	41:27	43:09	45:21	46:06							
				0:42	2:18	1:04	3:50	1:03	1:42	2:12	0:45							
4	326	Piñeiro Portela, Jorge A Coruña ARTABROS	47:38	9:03	9:45	12:54	14:38	18:42	24:03	25:01	25:42	26:59	28:33	31:11	34:05			
				9:03	0:42	3:09	1:44	4:04	5:21	0:58	0:41	1:17	1:34	2:38	2:54			
				34:32	37:31	38:40	40:21	41:30	44:58	46:56	47:38			43:49				
				0:27	2:59	1:09	1:41	1:09	3:28	1:58	0:42		*87					
5	506	Diz López, Francisco A Coruña GALLAECIA RAID	47:42	5:27	6:23	10:06	11:49	15:32	20:17	21:12	21:47	23:04	24:33	30:51	32:52			
				5:27	0:56	3:43	1:43	3:43	4:45	0:55	0:35	1:17	1:29	6:18	2:01			
				33:21	39:15	40:18	42:01	43:27	44:55	46:57	47:42							
				0:29	5:54	1:03	1:43	1:26	1:28	2:02	0:45							



Pos	Dorsal	Nombre	Tiempo												
<b>Masculino 35 (27)</b>				<b>4,9 km 155 m</b>			<b>19 C</b>			<i>(cont.)</i>					
				1(38) 13(45)	2(36) 14(91)	3(53) 15(44)	4(51) 16(73)	5(47) 17(43)	6(93) 18(89)	7(61) 19(100)	8(92) Meta	9(59)	10(56)	11(94)	12(69)
6	103	González Miramontes, Edua A Coruña GALLAECIA RAID	47:49	7:11 7:11	8:31 1:20	11:59 3:28	13:27 1:28	17:11 3:44	24:08 6:57	25:47 1:39	26:14 0:27	27:37 1:23	28:59 1:22	32:23 3:24	35:56 3:33
7	22	Parga Ures, Eladio Lugo FLUVIAL LUGO	48:55	0:47 5:53	1:54 6:56	1:13 10:49	1:23 12:41	1:40 17:38	2:24 23:33	1:54 24:43	0:38 25:12	26:36 1:24	27:55 1:19	31:53 3:58	33:54 2:01
8	446	Antón Casado, Arturo Arteixo SABON	49:06	0:30 5:57	2:01 6:58	3:48 10:24	1:38 12:02	2:04 16:41	1:59 25:43	2:16 27:18	0:45 27:42	29:24 1:42	30:58 1:34	34:23 3:25	36:22 1:59
9	184	Pastoriza Santos, Vicente Vigo UNIVERSIDAD DE VIG	50:32	0:33 6:04	3:29 7:21	1:20 11:33	1:52 13:05	1:02 16:50	1:46 22:33	2:05 23:37	0:37 24:12	25:21 1:09	26:41 1:20	29:19 2:38	31:29 2:10
10	411	Camblor Quirós, Miguel Cambre ROBALIZA	50:48	0:35 5:57	2:11 7:03	8:02 12:57	1:31 14:44	1:01 20:34	2:40 26:47	2:18 27:50	0:45 28:29	29:56 1:27	31:48 1:52	35:37 3:49	38:00 2:23
11	329	Roca Santiuste, Benjamín A Coruña ARTABROS	50:55	0:28 5:45	2:01 6:45	3:51 10:03	1:16 15:46	1:11 19:35	1:16 25:54	2:06 26:39	0:39 27:24	28:51 1:27	30:37 1:46	34:51 4:14	39:45 4:54
12	228	Castrillón Manso, José Anto A Coruña APA LICEO	52:39	0:41 6:40	2:39 8:06	1:08 11:40	1:13 13:37	0:59 17:40	1:24 25:00	2:20 25:48	0:46 26:35	28:56 2:21	33:06 4:10	36:19 3:13	40:18 3:59
13	388	Rodríguez Pérez, Eladio Vigo HABELAS HAINAS	53:13	0:49 5:31	2:20 6:44	1:07 10:50	1:16 12:22	1:10 17:17	2:18 23:17	2:28 24:15	0:53 24:50	27:22 2:32	32:07 4:45	35:36 3:29	41:11 5:35
14	334	Traveso Rodríguez, Santiago A Coruña ARTABROS	54:13	0:28 6:55	2:59 8:26	1:17 13:20	1:12 15:21	1:14 19:26	1:55 26:32	2:14 27:30	0:43 28:15	29:51 1:36	31:39 1:48	35:49 4:10	37:59 2:10
15	148	Oujo Castelo, Santiago Ama Porto do Son ADC ARNELA	56:35	0:46 6:23	2:05 7:32	1:19 11:15	4:58 13:22	1:16 19:28	2:18 28:53	2:42 29:20	0:50 29:58	36:10 6:12	37:34 1:24	42:46 5:12	44:29 1:43
16	590	Somoza Argibay, Iván A Coruña GALLAECIA RAID	57:10	0:28 12:03	3:10 0:48	1:14 3:57	1:26 2:08	2:10 3:16	1:59 8:32	2:15 1:00	0:47 0:45	29:28 2:59	35:30 3:01	38:47 3:55	41:27 2:03
17	553	Albarran Rodríguez, Angel Ferrol MONTAÑA FERROL	57:11	0:36 6:24	4:49 1:08	1:25 3:43	4:39 1:41	3:21 3:41	2:27 8:27	2:11 1:33	0:42 0:31	29:28 1:23	35:30 1:16	38:47 3:16	41:27 2:03
18	294	Carreira López, Luis Santiago de Comp USC	57:13	0:44 6:26	2:41 7:29	1:02 11:49	6:53 20:06	2:43 24:54	4:49 30:57	2:22 32:40	0:51 33:21	35:08 1:47	38:25 3:17	41:15 2:50	43:44 2:29
19	538	Braña Veiga, Alberto Pontevedra AROMON	57:52	0:28 6:10	3:10 7:15	1:14 11:04	1:26 13:20	2:10 17:50	1:59 24:46	2:15 25:41	0:47 26:33	28:21 1:48	30:52 2:31	35:05 4:13	37:42 2:37
20	17	Liz Díaz, Javier Lugo FLUVIAL LUGO	1:00:53	0:36 5:43	4:49 6:50	1:25 14:18	4:39 16:01	3:21 19:48	2:27 25:27	2:11 26:32	0:42 27:07	29:28 2:21	35:30 6:02	38:47 3:17	41:27 2:40
21	112	Mosquera Ríos, José Ramó A Coruña GALLAECIA RAID	1:01:08	0:43 6:11	8:27 7:49	1:09 13:30	1:38 17:08	1:00 22:13	3:03 31:08	2:38 32:31	0:48 33:11	36:09 2:58	37:30 1:21	46:54 9:24	48:55 2:01
22	41	Beloso García, Manuel Pontevedra AROMON	1:02:55	0:37 8:31	2:53 10:00	1:05 14:40	1:59 16:46	1:09 22:04	1:23 31:37	2:17 32:52	0:50 33:31	36:19 2:48	38:04 1:45	45:42 7:38	48:29 2:47
23	235	Navía Álvarez, Alfonso A Coruña APA LICEO	1:07:08	0:53 7:02	2:39 8:26	1:40 13:24	1:53 15:44	1:16 25:49	2:06 34:56	2:58 35:53	1:01 36:30	38:16 1:46	40:07 1:51	44:06 3:59	46:45 2:39
24	169	Armada Luaces, José Luis Vigo UNIVERSIDAD DE VIG	1:08:18	1:25 6:40	2:16 7:53	1:44 12:26	5:31 16:15	3:57 21:58	2:23 29:15	2:20 30:16	0:47 31:02	32:16 1:14	34:39 2:23	39:52 5:13	42:35 2:43





Pos	Dorsal	Nombre	Tiempo												
<b>Masculino 55 (2)</b>				<b>2,4 km 60 m</b>	<b>14 C</b>	<i>(cont.)</i>									
				1(75) 13(39)	2(68) 14(100)	3(50) Meta	4(48)	5(72)	6(43)	7(44)	8(87)	9(67)	10(89)	11(71)	12(48)
2	604	Pérez Pérez, Juan Ramón Pontevedra AROMON	1:05:41	10:17 10:17 1:02:36 0:52	12:24 2:07 1:04:34 1:58	15:43 3:19 1:05:41 1:07	25:47 10:04	28:33 2:46	43:04 14:31	51:30 8:26	53:22 1:52	54:37 <b>1:15</b>	57:46 3:09	58:26 <b>0:40</b>	1:01:44 3:18
<b>Élite (22)</b>				<b>5,4 km 175 m</b>	<b>20 C</b>										
				1(38) 13(93)	2(68) 14(92)	3(53) 15(95)	4(48) 16(41)	5(51) 17(42)	6(40) 18(72)	7(45) 19(71)	8(70) 20(100)	9(60) Meta	10(59)	11(58)	12(96)
1	65	Rodríguez Dominguez, Mai Pontevedra AROMON	35:23	<b>4:21</b> <b>4:21</b> 23:25 2:37	5:10 0:49 24:19 0:54	<b>7:15</b> 2:05 25:36 <b>1:17</b>	<b>8:01</b> 0:46 28:52 <b>3:16</b>	<b>8:39</b> 0:38 30:02 1:10	<b>11:34</b> <b>2:55</b> <b>31:39</b> <b>1:37</b>	<b>12:39</b> 1:05 33:25 1:46	14:14 1:35 <b>34:47</b> <b>1:22</b>	18:14 4:00 <b>35:23</b> <b>0:36</b>	19:12 0:58	20:25 <b>1:13</b>	20:48 0:23
2	34	Álvarez Serto, Ángel Pontevedra AROMON	35:25	4:24 4:24 <b>22:40</b>	5:36 1:12 <b>23:37</b>	7:46 2:10 <b>25:00</b>	8:34 0:48 <b>28:24</b>	9:10 0:36 <b>29:29</b>	12:09 2:59 31:53	13:00 0:51 <b>33:22</b>	14:06 3:24 <b>34:47</b>	<b>17:30</b> 3:24 35:25	<b>18:34</b> 1:04	<b>19:53</b> 1:19	<b>20:14</b> 0:21
3	142	Fernández Torres, Ramón Porto do Son ADC ARNELA	38:38	2:26 4:53 4:53 25:07	0:57 6:07 1:14 26:15	1:23 8:41 2:34 27:40	3:24 10:32 1:51 31:27	1:05 11:52 1:20 32:31	2:24 14:59 3:07 34:28	<b>1:29</b> 15:42 <b>0:43</b> 36:14	1:25 16:54 1:12 37:55	0:38 20:13 3:19 38:38	21:21 1:08	22:41 1:20	23:03 0:22
4	431	Sancosmed Vázquez, Juan A Coruña C.O.CO	39:53	2:04 4:44 4:44 24:56	1:08 5:58 1:14 26:17	1:25 8:04 2:06 27:49	3:47 8:54 0:50 32:11	<b>1:04</b> 9:42 0:48 33:31	1:57 13:37 3:55 35:40	1:46 14:53 1:16 37:23	1:41 16:32 3:45 39:11	0:43 20:17 3:45 39:53	21:19 1:02	22:36 1:17	23:06 0:30
5	167	Álvarez Cabero, José María Vigo UNIVERSIDAD DE VIG	41:07	1:50 5:00 25:45 2:03	1:21 5:56 27:00 1:15	1:32 8:16 28:42 1:42	4:22 9:10 33:03 4:21	1:20 9:51 34:17 1:14	2:09 13:33 36:57 2:40	1:43 14:31 38:38 1:41	1:48 16:04 40:25 1:47	0:42 19:46 41:07 0:42	21:50 2:04	23:14 1:24	23:42 0:28
6	439	Morlán Rodríguez, Jose An Ordes SEO	44:14	5:13 5:13 28:50 2:14	6:26 1:13 30:32 1:42	11:49 5:23 32:19 1:47	12:23 <b>0:34</b> 36:45 4:26	13:30 1:07 38:05 1:20	16:51 3:21 39:58 1:53	18:04 1:13 41:54 1:56	18:04 1:24 43:31 1:37	23:31 4:03 44:14 0:43	24:39 1:08	26:03 1:24	26:36 0:33
7	144	Lareo Martinez, David Porto do Son ADC ARNELA	45:14	4:50 4:50 28:26 2:17	5:47 0:57 29:32 1:06	8:36 2:49 31:12 1:40	9:36 1:00 35:10 3:58	10:22 0:46 36:34 1:24	15:05 4:43 40:34 4:00	16:11 1:06 42:35 2:01	18:02 1:51 44:25 1:50	21:51 3:49 45:14 0:49	23:08 1:17	25:38 2:30	26:09 0:31
8	244	Riestra González, Santiago A Coruña APA LICEO	47:23	6:10 6:10 30:36 2:15	7:15 1:05 32:46 2:10	10:07 2:52 34:31 1:45	11:32 1:25 39:00 4:29	12:29 0:57 40:27 1:27	16:56 4:27 42:44 2:17	18:14 1:18 44:36 1:52	20:00 1:46 46:36 2:00	24:15 4:15 47:23 0:47	25:33 1:18	27:14 1:41	28:21 1:07
9	331	Sevilla Gómez, Francisco Ja A Coruña ARTABROS	48:43	5:28 5:28 28:15 2:07	6:41 1:13 29:36 1:21	9:11 2:30 31:28 1:52	10:03 0:52 35:32 4:04	10:47 0:44 36:57 1:25	16:25 5:38 43:54 6:57	17:22 0:57 46:21 2:27	18:51 1:29 48:01 1:40	22:46 3:55 48:43 0:42	24:05 1:19	25:35 1:30	26:08 0:33
10	49	Fernández Casalderrey, Go Pontevedra AROMON	48:44	11:04 11:04 32:35 1:48	12:04 1:00 33:35 1:00	14:00 1:56 35:05 1:30	15:40 1:40 38:49 3:44	16:22 0:42 40:04 1:15	21:40 5:18 41:56 1:52	22:35 0:55 46:07 4:11	23:46 1:11 47:59 1:52	27:03 <b>3:17</b> 48:44 0:45	27:58 0:55	29:17 1:19	30:47 1:30
11	61	Pérez Alonso, Adrián Pontevedra AROMON	50:49	5:46 5:46 34:09 5:02	7:22 1:36 35:13 1:04	10:10 2:48 37:02 1:49	10:57 0:47 41:34 4:32	11:53 0:56 43:19 1:45	16:04 4:11 46:19 3:00	17:48 1:44 48:38 2:19	19:25 1:37 50:13 1:35	24:20 4:55 50:49 <b>0:36</b>	25:56 1:36	28:48 2:52	29:07 <b>0:19</b>
12	223	Casado Bravo, David A Coruña APA LICEO	52:02	5:02 5:02 32:38 2:55	6:02 1:00 33:42 1:04	12:27 6:25 35:21 1:39	13:12 0:45 39:57 4:36	13:57 0:45 41:11 1:14	18:03 4:06 43:14 2:03	19:03 1:00 49:15 6:01	20:19 1:16 51:14 1:59	23:53 3:34 52:02 0:48	24:57 1:04	29:16 4:19	29:43 0:27
13	5	Corral Alonso, Alberto Lugo FLUVIAL LUGO	52:11	8:54 29:13 <b>1:33</b>	10:09 31:08 1:55	12:01 39:15 8:07	12:58 44:02 4:47	13:44 45:07 1:05	17:05 48:13 3:06	18:03 49:59 1:46	19:22 51:34 1:35	23:34 52:11 0:37	25:57 2:23	27:19 1:22	27:40 0:21
14	371	Vinagre Rey, Marcos A Coruña (Oleiro FAICAMIÑO)	53:38	7:04 7:04 32:57 1:50	8:57 1:53 34:03 1:06	11:17 2:20 36:14 1:11	12:17 1:00 40:49 4:35	13:02 0:45 42:12 1:23	19:56 6:54 48:14 6:02	21:18 1:22 51:05 2:51	23:25 2:07 52:56 1:51	27:25 4:00 53:38 0:42	28:50 1:25	30:35 1:45	31:07 0:32
15	392	Carballo Alviárez, Xan Culleredo A PEDROSA ORR	54:27	6:22 6:22 33:25 2:40	7:33 1:11 35:17 1:52	10:36 3:03 37:47 2:30	11:37 1:01 43:26 5:39	12:50 1:13 45:32 2:06	17:58 5:08 48:19 2:47	19:19 1:21 51:07 2:48	21:24 2:05 53:26 2:19	26:41 5:17 54:27 1:01	28:07 1:26	30:09 2:02	30:45 0:36
16	492	López Costoya, Francisco J Paderne ADVENTURE ADDIC	54:38	4:44 4:44 35:17 2:19	9:03 4:19 36:40 1:23	11:19 2:16 38:21 1:41	12:14 0:55 41:58 3:37	12:59 0:45 43:20 1:22	23:37 10:38 47:00 3:40	24:40 1:03 51:18 4:18	26:07 1:27 53:38 2:20	29:58 3:51 54:38 1:00	31:14 1:16	32:32 1:18	32:58 0:26
17	24	Piñeiro Fraga, Braís Lugo FLUVIAL LUGO	55:09	4:51 4:51 37:52 3:32	8:06 3:15 38:42 <b>0:50</b>	20:14 12:08 40:33 1:51	20:49 0:35 44:24 3:51	21:31 0:42 45:42 1:18	24:52 3:21 49:56 4:14	26:02 1:10 52:51 2:55	27:10 1:08 54:27 1:36	31:20 4:10 55:09 0:42	32:35 1:15	33:54 1:19	34:20 0:26

Pos	Dorsal	Nombre	Tiempo												
<b>Élite (22)</b>				<b>5,4 km 175 m</b>			<b>20 C</b>			<b>(cont.)</b>					
				1(38)	2(68)	3(53)	4(48)	5(51)	6(40)	7(45)	8(70)	9(60)	10(59)	11(58)	12(96)
				13(93)	14(92)	15(95)	16(41)	17(42)	18(72)	19(71)	20(100)	Meta			
18	75	Verde Lareu, Roberto Pontevedra AROMON	1:06:02	7:22	13:50	16:38	17:40	18:43	23:41	25:36	29:34	35:20	37:13	39:23	40:03
				7:22	6:28	2:48	1:02	1:03	4:58	1:55	3:58	5:46	1:53	2:10	0:40
				42:46	44:24	46:37	51:57	54:08	1:01:05	1:03:10	1:05:07	1:06:02			
19	2	Amarelle Garabán, Roberto Lugo FLUVIAL LUGO	1:16:30	8:15	16:04	24:11	25:49	26:53	35:31	36:38	41:49	46:39	47:33	49:40	50:16
				8:15	7:49	8:07	1:38	1:04	8:38	1:07	5:11	4:50	0:54	2:07	0:36
				52:37	53:43	55:26	59:30	1:01:21	1:09:11	1:13:53	1:15:35	1:16:30			
20	189	Pérez Juste, German Vigo UNIVERSIDAD DE VIG	1:17:37	2:21	1:06	1:43	4:04	1:51	7:50	4:42	1:42	0:55			
				5:19	9:00	11:28	12:25	16:32	33:26	34:59	36:38	40:49	48:36	50:39	51:13
				5:19	3:41	2:28	0:57	4:07	16:54	1:33	1:39	4:11	7:47	2:03	0:34
				54:23	55:57	57:54	1:05:58	1:07:21	1:12:30	1:14:33	1:16:38	1:17:37			
21	96	Freire Lage, Lucas A Coruña GALLAECIA RAID	1:27:51	3:10	1:34	1:57	8:04	1:23	5:09	2:03	2:05	0:59			
				10:38	11:41	28:25	30:11	31:08	34:38	36:31	38:28	45:19	46:33	49:03	49:24
				10:38	1:03	16:44	1:46	0:57	3:30	1:53	1:57	6:51	1:14	2:30	0:21
				52:33	53:49	55:40	1:03:06	1:06:48	1:22:28	1:25:13	1:27:04	1:27:51			
				3:09	1:16	1:51	7:26	3:42	15:40	2:45	1:51	0:47			
	403	Morales Ferreiro, Martín Xinzo de Limia LIMIAACTIVA	Error en ta	4:21	5:09	9:41	10:24	10:58	-----	14:19	15:30	18:57	19:49	21:05	21:37
				4:21	0:48	4:32	0:43	0:34		3:21	1:11	3:27	0:52	1:16	0:32
				24:26	25:28	26:54	30:34	31:42	33:52	35:35	37:12	37:51			
				2:49	1:02	1:26	3:40	1:08	2:10	1:43	1:37	0:39			
<b>Iniciación Curta (21)</b>				<b>2,0 km 40 m</b>			<b>11 C</b>								
				1(98)	2(37)	3(99)	4(101)	5(102)	6(103)	7(76)	8(104)	9(105)	10(106)	11(100)	Meta
1	1029	Somoza, Anxo Independientes SEN CLUB	43:51	7:28	12:02	13:35	16:22	20:49	23:34	30:22	33:29	38:37	41:51	42:51	43:51
				7:28	4:34	1:33	2:47	4:27	2:45	6:48	3:07	5:08	3:14	1:00	1:00
2	1030	Somoza, Carla Independientes SEN CLUB	43:56	8:31	12:18	13:43	17:12	20:54	23:38	29:23	33:24	38:34	41:49	42:50	43:56
				8:31	3:47	1:25	3:29	3:42	2:44	5:45	4:01	5:10	3:15	1:01	1:06
3	225	Casado Núñez, Martín A Coruña APA LICEO	46:13	13:16	17:54	19:50	23:44	29:11	31:16	34:18	37:00	41:30	44:11	44:54	46:13
				13:16	4:38	1:56	3:54	5:27	2:05	3:02	2:42	4:30	2:41	0:43	1:19
4	238	Núñez Otero, Elia A Coruña APA LICEO	48:23	12:12	17:54	19:57	23:51	29:19	31:29	34:25	37:16	41:38	44:47	46:03	48:23
				12:12	5:42	2:03	3:54	5:28	2:10	2:56	2:51	4:22	3:09	1:16	2:20
5	200	Aller Pfrirter, Martina O Barco de Valde TREVINCA	49:12	12:32	18:21	20:55	25:27	30:16	32:33	35:01	38:32	43:42	46:52	48:00	49:12
				12:32	5:49	2:34	4:32	4:49	2:17	2:28	3:31	5:10	3:10	1:08	1:12
6	232	Liñeira Iglesias, Pilar A Coruña APA LICEO	54:20	11:14	16:19	18:45	21:54	26:40	28:02	39:59	41:36	47:24	51:24	52:54	54:20
				11:14	5:05	2:26	3:09	4:46	1:22	11:57	1:37	5:48	4:00	1:30	1:26
7	1022	García Castro, Marcos Independientes SEN CLUB	1:06:20	14:12	19:29	21:54	26:34	45:51	49:13	51:27	54:29	1:01:22	1:04:17	1:05:20	1:06:20
				14:12	5:17	2:25	4:40	19:17	3:22	2:14	3:02	6:53	2:55	1:03	1:00
					1:05:25										
					*100										
8	1003	Rey Prieto, Hugo A Coruña APA LICEO	1:09:44	15:55	21:49	25:21	32:18	40:45	44:28	47:51	54:18	1:00:30	1:05:35	1:07:32	1:09:44
				15:55	5:54	3:32	6:57	8:27	3:43	3:23	6:27	6:12	5:05	1:57	2:12
					1:07:36										
					*100										
9	1002	Hervada Bouzon, Mateo A Coruña APA LICEO	1:09:57	15:52	21:11	25:52	31:59	41:18	44:24	48:22	54:49	1:00:48	1:06:09	1:07:59	1:09:57
				15:52	5:19	4:41	6:07	9:19	3:06	3:58	6:27	5:59	5:21	1:50	1:58
					1:08:03										
					*100										
10	1012	Andrade Villar, Francisco Ja Arteixo JANARCHAS	1:23:04	16:32	26:19	29:47	38:01	43:58	47:53	52:22	58:32	1:07:45	1:17:00	1:18:52	1:23:04
				16:32	9:47	3:28	8:14	5:57	3:55	4:29	6:10	9:13	9:15	1:52	4:12
11	1011	Alvarez Rodríguez, Carmela Arteixo JANARCHAS	1:23:18	16:30	26:51	30:09	38:11	43:54	48:22	51:37	58:40	1:06:00	1:17:00	1:19:07	1:23:18
				16:30	10:21	3:18	8:02	5:43	4:28	3:15	7:03	7:20	11:00	2:07	4:11
					55:52										
					*49										
12	1018	Abraira Pin, Mari Sol Independientes SEN CLUB	1:26:21	17:00	26:09	33:33	42:15	50:50	54:06	57:56	1:05:33	1:15:00	1:22:26	1:23:47	1:26:21
				17:00	9:09	7:24	8:42	8:35	3:16	3:50	7:37	9:27	7:26	1:21	2:34
					1:24:00	1:24:05	1:24:40								
					*100	*100	*100								
13	309	Chase Trueba, Xacobe A Coruña ARTABROS	1:27:09	18:33	30:40	36:04	44:08	51:50	55:10	59:03	1:06:00	1:15:49	1:23:33	1:24:46	1:27:09
				18:33	12:07	5:24	8:04	7:42	3:20	3:53	6:57	9:49	7:44	1:13	2:23
					1:24:51										
					*100										
14	312	Couceiro Fuertes, Manuel A Coruña ARTABROS	1:41:44	20:42	32:01	39:27	46:24	56:46	1:02:55	1:07:56	1:16:41	1:28:05	1:34:05	1:36:18	1:41:44
				20:42	11:19	7:26	6:57	10:22	6:09	5:01	8:45	11:24	6:00	2:13	5:26
15	311	Couceiro Fuertes, David A Coruña ARTABROS	1:41:47	20:52	31:54	39:21	46:04	56:36	1:02:50	1:07:40	1:16:42	1:27:58	1:34:05	1:36:20	1:41:47
				20:52	11:02	7:27	6:43	10:32	6:14	4:50	9:02	11:16	6:07	2:15	5:27
	199	Aller Pfrirter, Mailén O Barco de Valde TREVINCA	Error en ta	10:40	33:14	35:06	39:27	46:31	53:03	-----	1:04:29	1:13:31	1:18:07	1:19:36	1:22:20
				10:40	22:34	1:52	4:21	7:04	6:32		11:26	9:02	4:36	1:29	2:44
	308	Chase Trueba, Emma A Coruña ARTABROS	Error en ta	19:18	30:31	35:50	44:48	52:50	55:09	59:03	-----	1:15:55	-----	1:26:15	1:29:36
				19:18	11:13	5:19	8:58	8:02	2:19	3:54		16:52		10:20	3:21
	409	Bouzas Nión, Sabela Cambre ROBALIZA	Error en ta	22:12	35:03	42:25	55:28	-----	-----	-----	1:18:50	-----	1:40:35	1:42:52	1:47:58
				22:12	12:51	7:22	13:03				23:22		21:45	2:17	5:06
					1:25:53										
					*97										
1016	Veira Pereira, Ian Cambre ROBALIZA	Error en ta	22:26	35:46	43:20	55:57	1:09:47	-----	-----	1:18:36	1:27:59	1:38:41	1:41:35	1:48:25	
				22:26	13:20	7:34	12:37	13:50			8:49	9:23	10:42	2:54	6:50
1019	Barros Castro, Pilar Independientes SEN CLUB	Desc.	9:14	12:20	14:08	16:57	20:28	21:42	23:42	23:42	33:50	42:50	44:35	46:03	
				9:14	3:06	1:48	2:49	3:31	1:14	2:00	10:08	9:00	1:45	1:28	

Pos	Dorsal	Nombre	Tiempo												
<b>Iniciación Curta (21)</b>				<b>2,0 km</b>	<b>40 m</b>	<b>11 C</b>	<i>(cont.)</i>								
				1(98)	2(37)	3(99)	4(101)	5(102)	6(103)	7(76)	8(104)	9(105)	10(106)	11(100)	Meta
	<b>313</b>	<b>Couceiro Herrero, Luis Ado</b>	<b>Abandona</b>	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				<b>A Coruña ARTABROS</b>											
<b>Iniciación Longa (30)</b>				<b>3,8 km</b>	<b>75 m</b>	<b>14 C</b>									
				1(37)	2(35)	3(103)	4(76)	5(77)	6(78)	7(79)	8(80)	9(81)	10(82)	11(64)	12(71)
				13(83)	14(100)	Meta									
<b>1</b>	<b>1015</b>	<b>Bello Paderne, Xabier</b>	<b>35:09</b>	<b>5:39</b>	<b>8:39</b>	<b>11:38</b>	<b>14:09</b>	<b>15:33</b>	<b>17:49</b>	<b>19:08</b>	<b>20:28</b>	<b>22:49</b>	<b>26:41</b>	<b>29:25</b>	<b>31:07</b>
				<b>5:39</b>	<b>3:00</b>	2:59	2:31	1:24	<b>2:16</b>	<b>1:19</b>	1:20	<b>2:21</b>	<b>3:52</b>	<b>2:44</b>	1:42
				<b>33:25</b>	<b>34:13</b>	<b>35:09</b>									
				2:18	0:48	0:56									
<b>2</b>	<b>578</b>	<b>Alvarez Oreiro, Laura</b>	<b>46:05</b>	7:08	11:45	15:07	16:07	20:10	24:01	25:53	27:11	31:07	35:30	38:45	40:20
				7:08	4:37	3:22	<b>1:00</b>	4:03	3:51	1:52	1:18	3:56	4:23	3:15	1:35
				44:17	45:05	46:05									
				3:57	0:48	1:00									
<b>3</b>	<b>1026</b>	<b>Noya, Roberto</b>	<b>49:24</b>	7:55	11:52	14:30	15:47	17:18	21:43	23:23	24:57	27:48	31:54	43:18	45:13
				7:55	3:57	<b>2:38</b>	1:17	1:31	4:25	1:40	1:34	2:51	4:06	11:24	1:55
				47:19	48:16	49:24									
				<b>2:06</b>	0:57	1:08									
<b>4</b>	<b>1001</b>	<b>Blanco Carracedo, Maria De</b>	<b>51:38</b>	11:37	16:32	20:03	21:22	23:37	26:34	29:40	31:04	35:33	39:42	43:22	46:24
				11:37	4:55	3:31	1:19	2:15	2:57	3:06	1:24	4:29	4:09	3:40	3:02
				49:15	50:40	51:38									
				2:51	1:25	0:58									
<b>5</b>	<b>559</b>	<b>Cernadas Veiga, Nadia</b>	<b>52:26</b>	12:46	16:53	19:47	22:03	24:01	27:06	28:48	29:48	33:34	37:49	43:59	45:59
				12:46	4:07	2:54	2:16	1:58	3:05	1:42	<b>1:00</b>	3:46	4:15	6:10	2:00
				50:49	51:41	52:26									
				4:50	0:52	<b>0:45</b>									
<b>6</b>	<b>1033</b>	<b>Verde Leboráns, José</b>	<b>52:49</b>	12:51	16:11	21:21	25:42	26:56	29:17	31:19	32:43	36:06	41:14	45:09	46:16
				12:51	3:20	5:10	4:21	<b>1:14</b>	2:21	2:02	1:24	3:23	5:08	3:55	<b>1:07</b>
				50:39	51:23	52:49									
				4:23	0:44	1:26									
<b>7</b>	<b>1008</b>	<b>Grimaldi Delgado, Juan</b>	<b>55:06</b>	7:36	11:49	14:43	18:43	20:54	24:17	29:52	31:13	35:32	39:37	43:35	50:41
				7:36	4:13	2:54	4:00	2:11	3:23	5:35	1:21	4:19	4:05	3:58	7:06
				53:10	54:08	55:06									
				2:29	0:58	0:58									
<b>7</b>	<b>245</b>	<b>Riestra Rodríguez, Antia</b>	<b>55:06</b>	10:29	14:58	20:46	22:02	24:39	28:42	30:50	32:38	37:07	43:28	48:11	49:42
				10:29	4:29	5:48	1:16	2:37	4:03	2:08	1:48	4:29	6:21	4:43	1:31
				53:27	54:13	55:06									
				3:45	0:46	0:53									
<b>9</b>	<b>248</b>	<b>Rodríguez Souto, Ana</b>	<b>55:19</b>	10:33	15:09	20:56	22:08	24:41	28:45	30:58	32:46	37:26	43:45	48:15	50:00
				10:33	4:36	5:47	1:12	2:33	4:04	2:13	1:48	4:40	6:19	4:30	1:45
				53:30	54:16	55:19									
				3:30	0:46	1:03									
<b>10</b>	<b>1031</b>	<b>Sordo Touza, Anxela</b>	<b>58:52</b>	15:02	21:56	26:56	28:04	30:12	34:25	36:41	38:27	42:25	47:58	52:02	54:15
				15:02	6:54	5:00	1:08	2:08	4:13	2:16	1:46	3:58	5:33	4:04	2:13
				56:42	57:40	58:52									
				2:27	0:58	1:12									
<b>11</b>	<b>510</b>	<b>Miguez Lopez, Natalia</b>	<b>59:59</b>	11:10	16:14	23:41	25:26	27:45	31:03	36:18	38:36	42:16	46:20	50:24	54:26
				11:10	5:04	7:27	1:45	2:19	3:18	5:15	2:18	3:40	4:04	4:04	4:02
				57:46	58:43	59:59									
				3:20	0:57	1:16									
<b>12</b>	<b>416</b>	<b>Niñ Seijas, Carmen</b>	<b>1:04:09</b>	9:47	16:19	24:13	27:16	29:32	33:00	38:50	40:30	45:31	51:16	56:40	58:29
				9:47	6:32	7:54	3:03	2:16	3:28	5:50	1:40	5:01	5:45	5:24	1:49
				1:01:50	1:02:52	1:04:09									
				3:21	1:02	1:17									
<b>13</b>	<b>408</b>	<b>Bouzas Nion, Emma</b>	<b>1:04:17</b>	10:03	16:35	24:47	27:18	29:31	33:22	35:40	40:34	45:34	51:57	56:44	58:51
				10:03	6:32	8:12	2:31	2:13	3:51	2:18	4:54	5:00	6:23	4:47	2:07
				1:02:08	1:03:15	1:04:17									
				3:17	1:07	1:02									
<b>14</b>	<b>1013</b>	<b>Álvarez Mayán, María Esper</b>	<b>1:04:34</b>	10:19	17:14	22:17	25:20	28:15	32:16	34:37	36:33	41:44	48:25	54:57	57:23
				10:19	6:55	5:03	3:03	2:55	4:01	2:21	1:56	5:11	6:41	6:32	2:26
				1:01:27	1:02:52	1:04:34									
				4:04	1:25	1:42									
<b>15</b>	<b>1032</b>	<b>Tuñas Argibay, Monserrat</b>	<b>1:04:55</b>	10:42	17:31	22:34	25:42	28:40	32:37	34:58	36:54	42:04	48:40	55:19	57:45
				10:42	6:49	5:03	3:08	2:58	3:57	2:21	1:56	5:10	6:36	6:39	2:26
				1:01:53	1:03:12	1:04:55									
				4:08	1:19	1:43									
<b>16</b>	<b>1017</b>	<b>Barrios Rodríguez, Xosé Mi</b>	<b>1:06:48</b>	7:01	11:09	14:00	15:32	17:47	20:19	21:49	22:59	27:09	31:20	34:55	1:02:18
				7:01	4:08	2:51	1:32	2:15	2:32	1:30	1:10	4:10	4:11	3:35	27:23
				1:05:16	1:05:53	1:06:48									
				2:58	<b>0:37</b>	0:55									
<b>17</b>	<b>1021</b>	<b>Castro Pico, Maria</b>	<b>1:15:40</b>	14:00	19:36	25:20	28:20	32:15	39:31	42:01	44:47	51:24	58:42	1:05:31	1:08:01
				14:00	5:36	5:44	3:00	3:55	7:16	2:30	2:46	6:37	7:18	6:49	2:30
				1:12:56	1:14:02	1:15:40									
				4:55	1:06	1:38									
<b>18</b>	<b>1004</b>	<b>Varela Rozados, Marta</b>	<b>1:22:40</b>	13:39	22:31	28:13	34:40	38:00	43:37	47:00	49:12	57:10	1:04:33	1:11:19	1:15:19
				13:39	8:52	5:42	6:27	3:20	5:37	3:23	2:12	7:58	7:23	6:46	4:00
				1:19:17	1:20:46	1:22:40									
				3:58	1:29	1:54									

