

Pos	Nombre	Tiempo	INICIACIÓN ADULTOS (37)																	
			3,3 km	35 m	17 C															Meta
			1(45)	2(48)	3(60)	4(53)	5(49)	6(55)	7(32)	8(57)	9(42)	10(35)	11(34)	12(46)	13(43)	14(56)	15(54)	16(37)	17(200)	Meta
1	BARRAL FERNANDEZ, ROCIO / OTERO DIA PONTEVEDRA AROMON	28:50	1:52	2:29	3:55	5:58	7:21	9:26	10:54	13:03	14:58	16:23	19:01	20:15	22:14	24:26	26:11	27:26	28:00	28:50
2	LÓPEZ MARÍN, RAMÓN PONTEVEDRA AROMON	29:07	1:20	2:02	2:41	4:27	6:36	8:17	9:42	11:48	16:06	17:10	19:19	21:59	23:31	25:38	26:52	27:55	28:24	29:07
3	FERNÁNDEZ PEREIRA, AARON PONTEVEDRA AROMON	29:22	1:20	1:56	2:46	4:33	7:08	9:08	10:35	12:57	14:36	16:00	18:24	20:38	23:25	25:29	26:52	28:06	28:36	29:22
4	CASAL FERNÁNDEZ, FRANCISCO PONTEVEDRA AROMON	29:26	1:53	2:24	3:10	4:51	6:33	9:32	11:02	12:36	15:57	16:53	19:17	20:36	23:05	25:21	26:47	28:16	28:43	29:26
5	GONZALEZ YUSTE, ROBERTO PONTEVEDRA AROMON	32:44	1:59	2:37	3:13	5:25	7:14	10:35	12:07	14:27	17:11	18:31	21:20	22:58	25:15	28:06	29:49	31:15	31:52	32:44
6	PEDRIDO LÓPEZ, ÓSCAR PONTEVEDRA AROMON	34:19	3:40	4:17	5:09	7:18	9:49	12:03	13:35	15:48	18:08	19:32	22:49	24:34	26:49	29:31	31:11	32:40	33:17	34:19
7	DOMÍNGUEZ PADIN, ERIC / GONZÁLEZ TA PONTEVEDRA AROMON	34:58	3:17	4:10	4:40	6:29	7:56	13:11	15:09	17:09	19:50	20:57	23:27	24:30	28:00	30:37	32:13	33:24	33:46	34:58
8	GARRIDO MIGUEZ, MARIA DEL MAR PONTEVEDRA AROMON	35:13	2:46	3:18	4:25	6:08	12:06	13:43	18:35	20:17	22:12	23:18	25:38	27:55	29:27	31:28	32:50	33:53	34:26	35:13
9	AGUIN TRELLES, MARGARITA / GONZALEZ PONTEVEDRA AROMON	35:15	2:51	3:25	4:30	6:21	12:12	13:53	18:43	20:23	22:20	23:26	25:40	27:57	29:40	31:39	32:58	34:01	34:30	35:15
10	GIL AVE, DIANA / CIDRAS ALFONSO, ALBE PONTEVEDRA AROMON	35:50	2:50	3:24	4:38	6:49	8:16	13:44	15:14	17:31	19:58	21:11	23:55	26:59	29:30	31:52	33:19	34:39	35:10	35:50
11	SEIJO SOUTO, DORI PONTEVEDRA AROMON	36:47	2:10	2:50	3:46	6:15	10:14	12:48	14:34	16:41	19:07	20:27	22:53	24:17	28:09	31:17	33:42	35:21	35:56	36:46
12	TRIGO MILLÁN, PABLO PONTEVEDRA AROMON	37:46	2:21	3:21	4:39	8:00	10:29	12:52	14:31	21:58	23:58	25:17	27:46	29:38	31:26	33:37	35:20	36:33	37:03	37:46
13	LORES ROMAY, JACOBO PONTEVEDRA AROMON	38:43	4:46	5:33	6:04	7:40	14:46	16:47	19:26	21:02	22:55	23:56	26:31	28:29	31:42	33:53	35:15	36:36	37:24	38:43
14	VIDAL BEA, FRANCISCO PONTEVEDRA AROMON	39:01	4:46	5:38	6:18	8:43	10:51	12:41	20:12	22:44	25:20	26:28	28:37	30:41	33:14	35:11	36:40	37:53	38:21	39:01
15	BARREIRO, CARMEN PONTEVEDRA AROMON	39:52	1:46	2:47	3:32	5:51	15:05	17:20	19:19	22:16	24:43	26:06	29:01	30:56	33:15	35:43	37:18	38:35	39:08	39:52
16	AGULLÓ SOUSA, IGNACIO MIGUEL PONTEVEDRA AROMON	40:10	3:16	3:51	4:32	7:34	10:50	13:53	15:23	17:23	19:43	21:04	23:43	25:13	33:19	35:37	37:20	38:44	39:18	40:09
17	BLANCO DE SANTIAGO, MARIA DEL PUERT PONTEVEDRA AROMON	43:09	2:27	3:15	4:22	7:25	10:12	13:19	17:17	20:01	22:55	24:23	28:00	30:00	33:34	37:04	39:13	41:15	42:08	43:09
18	AGUIN OTERO, ENMA / AGUIN OTERO, CLA PONTEVEDRA AROMON	43:15	4:43	5:48	6:30	9:21	12:32	17:10	20:05	22:24	25:24	26:51	30:36	32:15	34:52	37:47	39:52	41:38	42:23	43:15
19	GALLEGO GIL, ALBA / GALLEGO CARBALL PONTEVEDRA AROMON	43:42	2:44	3:27	4:07	7:02	9:30	12:36	17:15	19:51	22:32	24:19	27:13	29:48	35:02	37:49	39:39	42:25	42:56	43:43
20	FERNÁNDEZ LEAL, SAMUEL / FERNÁNDEZ PONTEVEDRA AROMON	44:33	2:13	3:04	4:04	6:55	12:00	15:16	17:15	20:00	27:11	28:26	31:31	33:46	37:14	40:02	41:36	42:55	43:55	44:34
21	SILVA HAMID, FRANCISCO PONTEVEDRA AROMON	51:37	5:35	7:08	7:41	10:00	13:39	15:16	20:33	22:47	25:21	26:30	28:24	32:15	42:33	47:04	48:12	50:37	51:04	51:37
22	DOMINGUEZ PEREIRA, DIANA PONTEVEDRA AROMON	59:59	3:50	4:41	5:36	7:38	12:17	16:00	21:29	37:24	40:40	42:08	45:46	47:12	50:32	54:49	56:39	58:21	59:06	59:59
23	MARTÍN ROBLES, IRENE / DÍAZ PORTELA, PONTEVEDRA AROMON	1:06:38	3:23	4:40	5:46	9:54	17:22	22:27	26:00	30:38	34:46	38:08	43:42	46:28	50:42	57:29	1:00:38	1:03:34	1:04:50	1:06:38
23	LORES ROMAY, ROCÍO PONTEVEDRA AROMON	1:06:38	3:23	4:40	5:49	9:54	17:20	22:25	25:58	30:39	34:41	38:08	43:42	46:29	50:40	57:30	1:00:38	1:03:34	1:04:51	1:06:38
25	FERNÁNDEZ PEREIRA, EVA PONTEVEDRA AROMON	1:11:39	4:26	5:42	7:01	9:36	16:37	29:52	48:05	50:32	53:04	54:38	58:19	1:00:08	1:03:17	1:06:25	1:08:19	1:10:04	1:10:41	1:11:39
26	RAJOY RAMOS, MARÍA ELENA PONTEVEDRA AROMON	1:14:40	3:06	4:07	6:03	9:43	19:54	31:49	37:23	42:35	46:47	49:05	53:56	56:22	1:00:08	1:05:44	1:08:25	1:12:32	1:13:31	1:14:40
27	IGLESIAS NIETO, CARMEN PONTEVEDRA AROMON	1:15:06	15:45	16:55	18:14	21:28	24:19	31:23	35:30	39:24	46:04	48:13	52:59	55:36	1:00:12	1:04:21	1:07:42	1:12:23	1:13:28	1:15:06
28	ALVAREZ MIGUEZ, JUAN MANUEL / BRION PONTEVEDRA AROMON	1:15:24	1:30	2:12	3:49	5:41	7:06	33:42	51:56	54:18	56:46	58:32	1:01:55	1:03:41	1:07:09	1:10:19	1:12:11	1:13:51	1:14:27	1:15:24

34:27
*31

Pos	Nombre	Tiempo																	Meta	
		3,3 km	35 m	17 C	<i>(cont.)</i>															
		1(45)	2(48)	3(60)	4(53)	5(49)	6(55)	7(32)	8(57)	9(42)	10(35)	11(34)	12(46)	13(43)	14(56)	15(54)	16(37)	17(200)		
INICIACIÓN ADULTOS (37)																				
29	IGLESIAS MARTINEZ, LILIA	1:16:17	7:05	8:17	9:19	14:39	17:46	30:02	33:23	37:07	40:46	43:13	48:16	51:19	1:00:46	1:06:27	1:09:59	1:13:00	1:14:32	1:16:17
	PONTEVEDRA AROMON		7:05	1:12	1:02	5:20	3:07	12:16	3:21	3:44	3:39	2:27	5:03	3:03	9:27	5:41	3:32	3:01	1:32	1:45
30	JIMÉNEZ DIZ, SANTIAGO	1:17:52	8:12	9:08	10:19	17:03	28:54	33:04	36:31	40:07	47:15	49:36	53:22	55:10	57:29	1:12:44	1:14:31	1:16:30	1:17:09	1:17:51
	PONTEVEDRA AROMON		8:12	0:56	1:11	6:44	11:51	4:10	3:27	3:36	7:08	2:21	3:46	1:48	2:19	15:15	1:47	1:59	0:39	0:42
31	CABALLERO TABOAS, MARTINA	1:19:48	5:32	7:23	11:27	16:48	21:12	30:10	34:30	38:54	43:08	48:57	56:03	59:08	1:05:39	1:10:41	1:14:16	1:17:31	1:18:32	1:19:49
	PONTEVEDRA AROMON		5:32	1:51	4:04	5:21	4:24	8:58	4:20	4:24	4:14	5:49	7:06	3:05	6:31	5:02	3:35	3:15	1:01	1:16
32	FREIRE LORES, PAULA	1:19:49	5:33	7:23	11:29	16:58	21:08	29:49	33:55	38:43	42:22	48:46	53:37	58:58	1:05:34	1:10:27	1:14:11	1:17:27	1:18:25	1:19:49
	PONTEVEDRA AROMON		5:33	1:50	4:06	5:29	4:10	8:41	4:06	4:48	3:39	6:24	4:51	5:21	6:36	4:53	3:44	3:16	0:58	1:24
33	GAGO ROSALES, VIOLETA	1:19:54	5:38	7:26	11:31	16:55	21:11	30:02	34:00	38:53	42:17	48:48	53:38	59:01	1:05:41	1:10:32	1:14:19	1:17:33	1:18:28	1:19:54
	PONTEVEDRA AROMON		5:38	1:48	4:05	5:24	4:16	8:51	3:58	4:53	3:24	6:31	4:50	5:23	6:40	4:51	3:47	3:14	0:55	1:26
34	GARCIA OLIVEIRA, NOA	1:25:31	4:45	5:41	9:03	13:22	16:05	43:48	1:02:04	1:04:30	1:07:00	1:08:31	1:12:15	1:14:03	1:17:11	1:20:11	1:22:09	1:23:59	1:24:35	1:25:30
	PONTEVEDRA AROMON		4:45	0:56	3:22	4:19	2:43	27:43	18:16	2:26	2:30	1:31	3:44	1:48	3:08	3:00	1:58	1:50	0:36	0:55
35	CIDRAS ALFONSO, PAULA	1:32:26	9:27	11:06	13:16	19:05	23:52	36:54	43:08	49:01	54:02	57:48	1:03:32	1:06:31	1:15:47	1:22:44	1:26:03	1:29:20	1:30:27	1:32:25
	PONTEVEDRA AROMON		9:27	1:39	2:10	5:49	4:47	13:02	6:14	5:53	5:01	3:46	5:44	2:59	9:16	6:57	3:19	3:17	1:07	1:58
36	PIÑEIRO CIDRÁS, PILAR	1:32:30	9:24	11:08	13:17	18:56	23:10	36:56	43:05	49:01	54:14	57:43	1:03:26	1:06:31	1:14:56	1:22:40	1:25:57	1:29:15	1:30:24	1:32:30
	PONTEVEDRA AROMON		9:24	1:44	2:09	5:39	4:14	13:46	6:09	5:56	5:13	3:29	5:43	3:05	8:25	7:44	3:17	3:18	1:09	2:05
	GONZÁLEZ PARDAVILA, YOLANDA	Error en tarj.	2:11	2:53	3:45	6:37	10:54	17:54	20:37	22:58	26:44	28:22	31:59	34:03	44:53	49:24	51:11	54:09	-----	56:00
	PONTEVEDRA AROMON		2:11	0:42	0:52	2:52	4:17	7:00	2:43	2:21	3:46	1:38	3:37	2:04	10:50	4:31	1:47	2:58		1:50

