

Pos	Jorsal	Nombre	Tiempo	3820,0 km				12 C				F				
Iniciación Corta (22)				1(57)	2(58)	3(59)	4(55)	5(64)	6(66)	7(60)	8(46)	9(61)	10(49)	11(63)	12(100)	F
1	901	Souto Prieto, Antonio	49:16	8:30 8:30 48:04 *100	16:40 8:10	18:20 1:40	20:15 1:55	22:10 1:55	24:28 2:18	27:57 3:29	31:05 3:08	35:35 4:30	39:08 3:33	42:33 3:25	48:02 5:29	49:16 1:14
2	822	Gomez Pardo, Mar	1:06:33	10:13 10:13 1:03:30 *100	18:32 8:19	20:36 2:04	22:20 1:44	25:24 3:04	28:03 2:39	33:32 5:29	39:27 5:55	46:32 7:05	52:47 6:15	57:18 4:31	1:03:29 6:11	1:06:33 3:04
3	858	Blanco Pérez, Andrea	1:08:24	10:20 10:20	18:47 8:27	21:48 3:01	24:06 2:18	26:24 2:18	37:47 11:23	44:14 6:27	48:04 3:50	55:05 7:01	59:41 4:36	1:02:47 3:06	1:07:17 4:30	1:08:24 1:07
3	857	Pasarín López, Lucía	1:08:24	10:10 10:10	18:45 8:35	21:45 3:00	24:04 2:19	26:26 2:22	37:50 11:24	44:16 6:26	48:02 3:46	55:22 7:20	59:37 4:15	1:02:44 3:07	1:07:16 4:32	1:08:24 1:08
5	893	Limeres Vazquez, Carlos	1:08:56	7:47 7:47	18:31 10:44	22:55 4:24	27:54 4:59	30:54 3:00	34:53 3:59	41:07 6:14	46:37 5:30	53:42 7:05	58:37 4:55	1:03:17 4:40	1:07:46 4:29	1:08:56 1:10
6	900	Souto Prieto, María	1:09:14	28:35 28:35 1:07:58 *100	36:36 8:01	38:22 1:46	40:13 1:51	42:08 1:55	44:22 2:14	47:54 3:32	51:03 3:09	55:29 4:26	59:04 3:35	1:02:35 3:31	1:07:56 5:21	1:09:14 1:18
7	894	Limeres Vazquez, Irene	1:09:31	7:53 7:53 10:28 *35	17:30 9:37	22:48 5:18	27:48 5:00	30:47 2:59	34:44 3:57	40:39 5:55	46:33 5:54	53:28 6:55	1:01:10 7:42	1:03:41 2:31	1:08:02 4:21	1:09:31 1:29
8	896	Vazquez Dominguez, Montser	1:09:47	7:55 7:55 10:40 *35	17:39 9:44	22:53 5:14	27:50 4:57	30:51 3:01	34:39 3:48	40:43 6:04	46:39 5:56	53:32 6:53	1:01:07 7:35	1:03:47 2:40	1:08:05 4:18	1:09:47 1:42
9	905	Santos Rodríguez, Marcos	1:13:50	26:24 26:24	33:10 6:46	36:34 3:24	38:59 2:25	41:03 2:04	43:42 2:39	48:21 4:39	51:51 3:30	56:52 5:01	1:03:11 6:19	1:06:13 3:02	1:12:39 6:26	1:13:50 1:11
10	840	Cañas Veira, Sergio	1:15:06	7:37 7:37	32:53 25:16	34:49 1:56	36:44 1:55	38:37 1:53	41:33 2:56	45:59 4:26	50:10 4:11	55:55 5:45	1:02:18 6:23	1:07:37 5:19	1:13:29 5:52	1:15:06 1:37
11	815	Rodríguez Becerra, Balbina	1:21:52	15:51 15:51	22:37 6:46	27:16 4:39	30:34 3:18	34:11 3:37	38:46 4:35	44:47 6:01	50:11 5:24	58:14 8:03	1:06:18 8:04	1:10:43 4:25	1:18:43 8:00	1:21:52 3:09
12	926	Prida Lobelos, Hugo	1:22:11	10:51 10:51	20:12 9:21	24:38 4:26	29:37 4:59	34:12 4:35	40:04 5:52	47:59 7:55	54:43 6:44	1:02:08 7:25	1:08:03 5:55	1:13:22 5:19	1:20:22 7:00	1:22:11 1:49
13	816	Bello Landeira, Suso	1:23:48	17:13 17:13	24:00 6:47	29:20 5:20	32:08 2:48	36:04 3:56	40:30 4:26	46:32 6:02	52:02 5:30	59:29 7:27	1:08:10 8:41	1:12:32 4:22	1:20:32 8:00	1:23:48 3:16
14	804	Méndez Toural, Pablo	1:27:33	14:34 14:34	23:32 8:58	28:21 4:49	31:04 2:43	35:15 4:11	40:54 5:39	48:59 8:05	56:06 7:07	1:04:04 7:58	1:11:14 7:10	1:16:35 5:21	1:25:19 8:44	1:27:33 2:14
15	921	Garcia Lopez, Carlota	1:31:11	11:32 11:32	18:53 7:21	29:15 10:22	31:47 2:32	34:57 3:10	47:47 12:50	57:15 9:28	1:02:46 5:31	1:11:46 9:00	1:18:59 7:13	1:22:47 3:48	1:29:12 6:25	1:31:11 1:59
16	399	Vinagre Barros, Martin	1:38:52	16:18 16:18	28:18 12:00	32:35 4:17	36:04 3:29	39:58 3:54	46:44 6:46	54:56 8:12	1:02:33 7:37	1:10:47 8:14	1:20:02 9:15	1:26:28 6:26	1:36:02 9:34	1:38:52 2:50
17	922	Lopez Perez, Mª Dolores	2:01:28	41:27 41:27	48:57 7:30	59:05 10:08	1:01:34 2:29	1:04:54 3:20	1:17:34 12:40	1:27:28 9:54	1:32:50 5:22	1:41:43 8:53	1:49:02 7:19	1:52:43 3:41	1:59:11 6:28	2:01:28 2:17
18	801	Aller Pflirter, Mailén	2:14:20	58:08 58:08	1:09:31 11:23	1:13:53 4:22	1:16:53 3:00	1:20:52 3:59	1:26:01 5:09	1:32:48 6:47	1:39:47 6:59	1:50:26 10:39	1:58:40 8:14	2:02:44 4:04	2:11:51 9:07	2:14:20 2:29
	853	Varela Gutierrez, David	control	----	----	----	----	----	----	----	----	----	----	----	----	----
	918	Traveso Rodriguez, Sara	control	----	----	----	----	----	----	----	----	----	----	----	----	----
	70	Casado Nuñez, Eva	r en tarj.	-----	2:15:26	2:18:55	2:21:38	2:24:54	2:28:59	2:36:24	2:42:37	2:49:39	2:56:37	2:58:46	3:02:51	3:04:06
		APA LICEO A Coruña		2:15:26	3:29	2:43	3:16	4:05	7:25	6:13	7:02	6:58	2:09	4:05	1:15	
				1:16:45	1:22:18	1:28:15	1:33:01	1:38:09	1:40:24	1:43:45	1:51:17	2:00:13	2:10:22	2:17:01		
				*73	*74	*75	*66	*65	*64	*63	*62	*61	*80	*79		
	927	Blanco Puey, Juan Carlos	Desc.	31:39 31:39 2:17:59 *100	43:53 12:14	48:14 4:21	56:10 7:56	1:05:32 9:22	1:13:35 8:03	1:27:47 14:12	1:40:34 12:47	1:54:10 13:36	2:04:53 10:43	2:10:21 5:28	2:17:57 7:36	

Pos	Jorsal	Nombre	Tiempo	4280,0 km				15 C				F					
Iniciación Longa (116)				1(57)	2(35)	3(58)	4(65)	5(37)	6(59)	7(55)	8(64)	9(62)	10(60)	11(46)	12(61)	13(49)	14(63)
1	919	Perez Valin, Carlos	43:04	5:06 5:06 42:05 2:48 0:59	6:02 0:56	8:50 2:48	11:06 2:16	15:05 3:59	17:57 2:52	18:55 0:58	20:38 1:43	24:32 3:54	29:58 5:26	32:15 2:17	34:43 2:28	37:26 2:43	39:17 1:51
2	914	Hortas Luaces, Ivan	43:17	5:23 5:23 42:15 2:47 1:02	6:59 1:36	9:30 2:31	11:25 1:55	15:05 3:40	17:49 2:44	19:13 1:24	21:39 2:26	24:27 2:48	29:16 4:49	31:18 2:02	34:48 3:30	37:48 3:00	39:28 1:40
3	886	Real Estevez, Carlos José	46:08	5:49 5:49 45:23 3:08	7:24 1:35	11:20 3:56	13:09 1:49	15:25 2:16	18:22 2:57	20:04 1:42	22:00 1:56	25:06 3:06	30:10 5:04	33:03 2:53	37:09 4:06	40:18 3:09	42:15 1:57
4	885	Garcia Fernandez, Daniel	46:09	5:47 5:47 45:20 3:13 0:49	7:19 1:32	11:05 3:46	12:56 1:51	15:19 2:23	18:12 2:53	19:59 1:47	21:58 1:59	25:00 3:02	30:04 5:04	32:58 2:54	37:02 4:04	40:10 3:08	42:07 1:57
5	942	Rodríguez Acevedo, Manuel	51:46	4:23 4:23 50:55 2:39 0:51	6:10 1:47	8:57 2:47	11:42 2:45	13:26 1:44	18:08 4:42	28:23 10:15	29:48 1:25	33:13 3:25	37:46 4:33	40:06 2:20	42:46 2:40	46:34 3:48	48:16 1:42
6	832	Freire Fernández, Jorge	52:07	5:57 5:57 50:43 2:58 1:24	7:18 1:21	10:05 2:47	12:49 2:44	15:44 2:55	20:27 4:43	22:39 2:12	24:33 1:54	29:44 5:11	36:11 6:27	38:36 2:25	41:35 2:59	45:29 3:54	47:45 2:16
7	910	Pernas Gomez, Begoña	53:24	7:28 7:28 52:13 3:27	8:49 1:21	12:52 4:03	14:53 2:01	17:03 2:10	21:29 4:26	24:21 2:52	26:29 2:08	30:26 3:57	34:28 4:02	37:59 3:31	40:56 2:57	45:00 4:04	48:46 3:46

Pos	Jorsal	Nombre	Tiempo																	
<i>Iniciación Longa (116)</i>			<b>4280,0 km</b>		<b>15 C</b>		<i>(cont.)</i>													
			1(57) 15(100)	2(35) F	3(58)	4(65)	5(37)	6(59)	7(55)	8(64)	9(62)	10(60)	11(46)	12(61)	13(49)	14(63)				
8	890	Seijo Picado, Manuel FLUVIAL LU Lugo	54:11	5:37 5:37 52:52 3:21	6:45 1:08 54:11 1:19	10:20 3:35	14:07 3:47	16:29 2:22	19:53 3:24	21:52 1:59	23:42 1:50	27:58 4:16	36:05 8:07	39:23 3:18	43:22 3:59	46:46 3:24	49:31 2:45			
9	943	Rabuñal Lopez, Oscar JARNACHAS Arteixo	55:20	5:47 5:47 54:23 3:07	6:58 1:11 55:20 0:57	16:15 9:17	18:47 2:32	22:17 3:30	25:08 2:51	26:47 1:39	28:02 1:15	35:05 7:03	40:59 5:54	43:08 2:09	46:15 3:07	49:24 3:09	51:16 1:52			
10	835	Legaspi Abelaira, Raúl FLUVIAL LU Lugo	55:26	13:28 13:28 53:42 2:48	14:19 0:51 55:26 1:44	17:26 3:07	20:04 2:38	22:06 2:02	25:04 2:58	27:56 2:52	29:51 1:55	33:23 3:32	39:20 5:57	42:56 3:36	45:42 2:46	48:46 3:04	50:54 2:08			
11	917	Fraga Pena, Santiago	58:12	5:36 5:36 57:01 3:49	6:30 0:54 58:12 1:11	10:53 4:23	14:15 3:22	19:45 5:30	23:49 4:04	26:46 2:57	29:00 2:14	34:12 5:12	38:31 4:19	41:18 2:47	44:19 3:01	48:55 4:36	53:12 4:17			
12	845	Leira Romero, Roberto MONTAÑA FE Ferrol. A Coruña	58:24	8:43 8:43 53:44 3:36	10:08 1:25 58:24 4:40	13:22 3:14	20:35 7:13	22:31 1:56	25:35 3:04	27:59 2:24	30:03 2:04	34:19 4:16	39:30 5:11	42:06 2:36	44:52 2:46	47:41 2:49	50:08 2:27			
13	882	Pereiro Fernandez, Pablo FLUVIAL LU Lugo	59:02	7:03 7:03 58:02 2:46	8:34 1:31 59:02 1:00	12:46 4:12	14:39 1:53	16:41 2:02	19:47 3:06	20:53 1:06	22:45 1:52	27:20 4:35	35:47 8:27	39:30 3:43	48:37 9:07	52:32 3:55	55:16 2:44			
13	883	Portela De La Fuente, Yago Ac FLUVIAL LU Lugo	59:02	7:01 7:01 57:57 2:51	8:25 1:24 59:02 1:05	12:35 4:10	14:34 1:59	16:30 1:56	19:35 3:05	20:51 1:16	22:46 1:55	27:18 4:32	35:51 8:33	39:21 3:30	48:33 9:12	52:27 3:54	55:06 2:39			
15	884	Viña Saavedra, Fernando FLUVIAL LU Lugo	59:04	7:22 7:22 57:59 2:50	8:37 1:15 59:04 1:05	12:38 4:01	14:47 2:09	16:37 1:50	19:39 3:02	20:47 1:08	22:48 2:01	27:27 4:39	35:54 8:27	39:27 3:33	48:29 9:02	52:35 4:06	55:09 2:34			
16	837	Vázquez Vilaboa, Juan Manue FLUVIAL LU Lugo	1:00:11	6:58 6:58 59:25 2:44	8:53 1:55 1:00:11 0:46	15:22 6:29	16:38 1:16	20:19 3:41	23:03 2:44	24:28 1:25	25:58 1:30	33:49 7:51	41:19 7:30	48:33 7:14	51:40 3:07	54:46 3:06	56:41 1:55			
17	873	Salgado Castelo, Marta FLUVIAL LU Lugo	1:00:53	6:56 6:56 59:29 4:00	9:13 2:17 1:00:53 1:24	14:15 5:02	16:33 2:18	21:32 4:59	25:38 4:06	27:12 1:34	29:21 2:09	34:18 4:57	43:44 9:26	47:04 3:20	49:55 2:51	53:35 3:40	55:29 1:54			
18	862	Ouro Val, Ruben FLUVIAL LU Lugo	1:01:05	5:29 5:29 1:00:10 3:05	6:34 1:05 1:01:05 0:55	15:03 8:29	21:37 6:34	25:32 3:55	29:04 3:32	35:05 6:01	36:34 1:29	41:17 4:43	45:07 3:50	47:29 2:22	51:05 3:36	54:33 3:28	57:05 2:32			
19	908	García Díez, Reyes MONTAÑA FE Ferrol. A Coruña	1:01:15	7:47 7:47 59:24 4:06	10:19 2:32 1:01:15 1:51	14:43 4:24	19:24 4:41	21:48 2:24	24:55 3:07	27:01 2:06	28:59 1:58	33:38 4:39	40:38 7:00	43:29 2:51	47:53 4:24	51:56 4:03	55:18 3:22			
20	805	Rodríguez Martínez, Javier BUDIÑORAID O Porriño	1:01:31	4:54 4:54 1:00:38 2:44	12:08 7:14 1:01:31 0:53	14:46 2:38	17:26 2:40	20:02 2:36	23:10 3:08	26:33 3:23	27:49 1:16	44:30 16:41	48:54 4:24	51:13 2:19	53:29 2:16	55:56 2:27	57:54 1:58			
21	849	Valle Rodriguez, Jesus JARNACHAS Arteixo	1:03:16	18:01 18:01 1:02:23 3:09	23:31 5:30 1:03:16 0:53	25:53 2:22	27:35 1:42	30:11 2:36	33:02 2:51	34:26 1:24	36:00 1:34	43:07 7:07	48:57 5:50	51:05 2:08	54:11 3:06	57:22 3:11	59:14 1:52			
22	941	Garrido Ruiz, Manuel FLUVIAL LU Lugo	1:03:19	8:08 8:08 1:02:14 3:36	8:59 0:51 1:03:19 1:05	13:32 4:33	19:30 5:58	22:26 2:56	29:20 6:54	31:07 1:47	33:40 2:33	39:28 5:48	46:03 6:35	49:10 3:07	52:46 3:36	56:39 3:53	58:38 1:59			
22	934	Pan Bolivar, Leandro SABON Arteixo. A Coruña	1:03:19	6:05 6:05 1:00:15 3:31	7:45 1:40 1:03:19 3:04	10:27 2:42	14:36 4:09	16:43 2:07	22:27 5:44	24:30 2:03	26:09 1:39	37:02 10:53	44:14 7:12	46:31 2:17	50:48 4:17	54:33 3:45	56:44 2:11			
24	824	Algora Aizpurua, Angel FLUVIAL LU Lugo	1:04:14	11:23 11:23 1:02:59 3:39	13:21 1:58 1:04:14 1:15	16:47 3:26	20:20 3:33	25:44 5:24	29:26 3:42	31:15 1:49	33:16 2:01	37:54 4:38	47:02 9:08	50:32 3:30	53:49 3:17	57:13 3:24	59:20 2:07			
24	829	Buide Mouriz, Jesús FLUVIAL LU Lugo	1:04:14	7:45 7:45 1:03:13 3:45	9:33 1:48 1:04:14 1:01	12:58 3:25	16:13 3:15	19:29 3:16	22:31 3:02	25:10 2:39	27:00 1:50	38:13 11:13	44:32 6:19	49:02 4:30	52:45 3:43	57:30 4:45	59:28 1:58			
26	823	Corral Prado, Eva FLUVIAL LU Lugo	1:04:21	11:20 11:20 1:03:06 3:41	13:17 1:57 1:04:21 1:15	16:51 3:34	19:48 2:57	25:13 5:25	29:17 4:04	30:58 1:41	33:28 2:30	37:49 4:21	46:59 9:10	50:29 3:30	53:44 3:15	57:33 3:49	59:25 1:52			
27	891	Feijoo Cantarilla, Roberto	1:05:27	22:57 22:57 1:03:57 2:51	24:04 1:07 1:05:27 1:30	27:42 3:38	30:15 2:33	32:17 2:02	35:19 3:02	39:15 3:56	40:42 1:27	43:19 2:37	49:33 6:14	52:37 3:04	56:39 4:02	59:17 2:38	1:01:06 1:49			
28	935	Corral Vazquez, Jorge SABON Arteixo. A Coruña	1:06:26	4:56 4:56 1:01:41 3:24	6:43 1:47 1:06:26 4:45	10:40 3:57	13:24 2:44	24:00 10:36	31:26 7:26	32:49 1:23	34:33 1:44	43:29 8:56	47:36 4:07	50:18 2:42	52:55 2:37	56:19 3:24	58:17 1:58			
29	834	Grandío Montes, Raquel FLUVIAL LU Lugo	1:06:35	9:27 9:27 1:05:21 3:38	15:07 5:40 1:06:35 1:14	18:51 3:44	21:02 2:11	23:31 2:29	27:05 3:34	28:26 1:21	31:36 3:10	38:18 6:42	47:45 9:27	51:48 4:03	55:42 3:54	59:19 3:37	1:01:43 2:24			

Pos	Jorsal	Nombre	Tiempo																		
<b>Iniciación Longa (116)</b>				<b>4280,0 km</b>		<b>15 C</b>		<i>(cont.)</i>													
				1(57)	2(35)	3(58)	4(65)	5(37)	6(59)	7(55)	8(64)	9(62)	10(60)	11(46)	12(61)	13(49)	14(63)				
				15(100)	F																
30	838	Alonso Menéndez, María Bego FLUVIAL LU Lugo	1:07:00	8:47 8:47 1:05:49 3:51	10:07 1:20 1:07:00 1:11	17:13 7:06	19:51 2:38	23:22 3:31	27:52 4:30	31:17 3:25	33:12 1:55	37:56 4:44	45:12 7:16	48:38 3:26	52:56 4:18	59:40 6:44	1:01:58 2:18				
31	868	Suarez Pumariega, Luke Gibs FLUVIAL LU Lugo	1:07:06	7:51 7:51 1:06:04 2:55	9:45 1:54 1:07:06 1:02	20:07 10:22	24:29 4:22	29:22 4:53	33:32 4:10	35:18 1:46	37:14 1:56	42:24 5:10	51:06 8:42	53:59 2:53	58:03 4:04	1:01:15 3:12	1:03:09 1:54				
32	903	Fragoso Perez, Isaac JARNACHAS Arteixo	1:07:17	9:42 9:42 1:06:13 5:12	11:08 1:26 1:07:17 1:04	13:55 2:47	26:08 12:13	27:16 <b>1:08</b>	30:24 3:08	32:56 2:32	34:38 1:42	45:52 11:14	50:02 4:10	52:54 2:52	55:52 2:58	58:34 2:42	1:01:01 2:27				
33	932	Regueiro Sanchez, Alejandro SABON Arteixo. A Coruña	1:08:47	6:03 6:03 1:07:28 3:51	7:20 1:17 1:08:47 1:19	11:09 3:49	13:17 2:08	17:38 4:21	20:36 2:58	26:11 5:35	27:40 1:29	44:16 16:36	48:12 3:56	51:26 3:14	56:27 5:01	1:01:33 5:06	1:03:37 2:04				
34	820	Rodríguez López, Rocío	1:10:33	7:52 7:52 1:08:45 4:34	10:45 2:53 1:10:33 1:48	15:50 5:05	18:45 2:55	21:55 3:10	26:12 4:17	27:47 1:35	30:35 2:48	35:32 4:57	42:23 6:51	46:56 4:33	53:04 6:08	1:01:19 8:15	1:04:11 2:52				
35	821	Prado Rodríguez, Marcos	1:10:34	7:40 7:40 1:08:47 4:34	10:48 3:08 1:10:34 1:47	15:47 4:59	18:49 3:02	22:00 3:11	26:10 4:10	27:58 1:48	30:34 2:36	35:34 5:00	42:22 6:48	46:53 4:31	53:03 6:10	1:01:16 8:13	1:04:13 2:57				
36	836	Seijas Varela, Diego FLUVIAL LU Lugo	1:10:47	6:53 6:53 1:09:19 3:59	9:06 2:13 1:10:47 1:28	18:33 9:27	20:24 1:51	22:58 2:34	30:15 7:17	32:47 2:32	34:29 1:42	45:28 10:59	50:07 4:39	53:28 3:21	57:26 3:58	1:00:55 3:29	1:05:20 4:25				
37	915	Noguerol, Iván	1:11:02	6:57 6:57 1:09:24 4:04	8:19 1:22 1:11:02 1:38	12:27 4:08	27:56 15:29	29:57 2:01	34:10 4:13	35:51 1:41	37:52 2:01	44:51 6:59	51:32 6:41	54:17 2:45	58:38 4:21	1:03:13 4:35	1:05:20 2:07				
38	809	Pons Miles, Laura	1:12:00	9:09 9:09 1:10:48 5:03	14:05 4:56 1:12:00 1:12	20:16 6:11	23:29 3:13	27:10 3:41	30:56 3:46	34:10 3:14	37:40 3:30	42:51 5:11	50:06 7:15	53:55 3:49	58:10 4:15	1:02:50 4:40	1:05:45 2:55				
39	933	Garcia Torres, Alexandra SABON Arteixo. A Coruña	1:12:41	7:43 7:43 1:11:20 3:37	9:06 1:23 1:12:41 1:21	14:27 5:21	16:59 2:32	18:52 1:53	22:18 3:26	27:06 4:48	28:43 1:37	38:24 9:41	46:20 7:56	49:31 3:11	55:00 5:29	1:00:51 5:51	1:07:43 6:52				
40	938	Punal Iglesias, Martin SABON Arteixo. A Coruña	1:12:46	7:19 7:19 1:11:23 3:52	11:17 3:58 1:12:46 1:23	15:14 3:57	17:31 2:17	21:00 3:29	24:03 3:03	38:31 14:28	39:49 1:18	45:12 5:23	51:45 6:33	55:40 3:55	1:01:17 5:37	1:05:36 4:19	1:07:31 1:55				
41	811	Cañas Veira, Daniel FAICAMIÑO A Coruña (Oleiros)	1:14:44	5:26 5:26 1:13:08 3:45	6:18 0:52 1:14:44 1:36	11:07 4:49	13:49 2:42	21:38 7:49	25:45 4:07	31:55 6:10	34:12 2:17	40:35 6:23	52:50 12:15	55:52 3:02	1:01:12 5:20	1:07:04 5:52	1:09:23 2:19				
42	841	GÓmez Míguez, Óscar	1:16:03	6:27 6:27 1:14:47 3:21	8:04 1:37 1:16:03 1:16	16:20 8:16	30:29 14:09	31:54 1:25	35:08 3:14	37:12 2:04	41:17 4:05	45:12 3:55	52:53 7:41	55:51 2:58	59:02 3:11	1:08:08 9:06	1:11:26 3:18				
43	856	Capelán Teijido, Natalia	1:17:16	8:18 8:18 1:16:14 3:25	9:44 1:26 1:17:16 1:02	14:27 4:43	18:29 4:02	24:20 5:51	31:19 6:59	33:53 2:34	36:13 2:20	41:56 5:43	58:35 16:39	1:02:46 4:11	1:06:15 3:29	1:09:51 3:36	1:12:49 2:58				
44	929	Moas Goncalves, Verónica SABON Arteixo. A Coruña	1:17:44	8:44 8:44 1:16:29 3:41	10:20 1:36 1:17:44 1:15	16:07 5:47	18:39 2:32	21:57 3:18	27:03 5:06	33:37 6:34	35:43 2:06	43:22 7:39	51:22 8:00	54:40 3:18	1:00:09 5:29	1:05:55 5:46	1:12:48 6:53				
45	854	Sande Castro, Laura MONTAÑA FE Ferrol. A Coruña	1:18:28	8:12 8:12 1:16:50 6:01	10:28 2:16 1:18:28 1:38	16:19 5:51	22:19 6:00	25:16 2:57	29:51 4:35	31:22 1:31	34:02 2:40	42:38 8:36	50:28 7:50	55:20 4:52	1:01:38 6:18	1:07:12 5:34	1:10:49 3:37				
46	923	Garcia Garrido, Laura	1:18:38	11:14 11:14 1:16:13 6:15	13:01 1:47 1:18:38 2:25	19:23 6:22	23:22 3:59	27:30 4:08	31:48 4:18	34:18 2:30	37:01 2:43	43:22 6:21	51:50 8:28	56:21 4:31	1:01:55 5:34	1:06:01 4:06	1:09:58 3:57				
47	937	Pereiro Soto, Tamara SABON Arteixo. A Coruña	1:19:07	6:23 6:23 1:14:43 5:31	7:53 1:30 1:19:07 4:24	12:44 4:51	15:25 2:41	18:26 3:01	21:55 3:29	29:43 7:48	31:17 1:34	44:31 13:14	50:32 6:01	53:58 3:26	1:01:00 7:02	1:06:22 5:22	1:09:12 2:50				
48	930	Bello Viruega, Amil APA LICEO A Coruña	1:19:42	9:50 9:50 1:17:54 4:39	11:05 1:15 1:19:42 1:48	16:32 5:27	19:37 3:05	23:37 4:00	28:46 5:09	32:07 3:21	34:40 2:33	41:17 6:37	48:38 7:21	54:15 5:37	1:00:36 6:21	1:06:19 5:43	1:13:15 6:56				
48	819	Corral Ossorio, Antonio TREVINCA O Barco de Valde	1:19:42	10:00 10:00 1:17:55 3:30	25:32 15:32 1:19:42 1:47	29:08 3:36	33:42 4:34	36:19 2:37	40:46 4:27	43:14 2:28	45:43 2:29	51:46 6:03	59:40 7:54	1:03:58 4:18	1:08:07 4:09	1:12:01 3:54	1:14:25 2:24				
50	855	Bello Viruega, Iria APA LICEO A Coruña	1:19:43	9:54 9:54 1:18:01 4:53	11:14 1:20 1:19:43 1:42	16:44 5:30	19:43 2:59	23:43 4:00	28:39 4:56	32:10 3:31	34:44 2:34	41:48 7:04	48:47 6:59	54:22 5:35	1:00:44 6:22	1:06:27 5:43	1:13:08 6:41				
51	892	Cascales Pérez, Jaime TREVINCA O Barco de Valde	1:19:44	10:03 10:03 1:18:00 3:37	25:37 15:34 1:19:44 1:44	29:19 3:42	33:33 4:14	36:27 2:54	40:47 4:20	43:24 2:37	45:44 2:20	51:47 6:03	59:42 7:55	1:03:55 4:13	1:08:13 4:18	1:12:03 3:50	1:14:23 2:20				

Pos	Jorsal	Nombre	Tiempo																		
<b>Iniciación Longa (116)</b>				<b>4280,0 km</b>		<b>15 C</b>		<b>(cont.)</b>													
				1(57)	2(35)	3(58)	4(65)	5(37)	6(59)	7(55)	8(64)	9(62)	10(60)	11(46)	12(61)	13(49)	14(63)				
				15(100)	F																
52	91	Rodríguez Souto, Ana APA LICEO A Coruña	1:19:54	8:48 8:48	12:09 3:21	17:56 5:47	21:28 3:32	26:09 4:41	31:45 5:36	34:04 2:19	37:17 3:13	43:31 6:14	53:56 10:25	59:32 5:36	1:06:46 7:14	1:11:21 4:35	1:14:19 2:58				
53	863	Abuín Hernández, Jesús María FLUVIAL LU Lugo	1:20:10	11:39 11:39	16:44 5:05	24:21 7:37	30:01 5:40	35:50 5:49	39:58 4:08	42:10 2:12	44:38 2:28	51:22 6:44	1:01:38 10:16	1:05:59 4:21	1:09:11 3:12	1:12:34 3:23	1:15:18 2:44				
54	864	Padua Arango, Yeffersson FLUVIAL LU Lugo	1:20:11	12:56 12:56	14:52 1:56	24:25 9:33	29:56 5:31	35:26 5:30	40:33 5:07	42:01 1:28	44:40 2:39	50:57 6:17	1:01:35 10:38	1:06:00 4:25	1:09:09 3:09	1:12:39 3:30	1:15:17 2:38				
55	872	Fuentes Perez, Adely FLUVIAL LU Lugo	1:20:39	7:07 7:07	9:06 1:59	14:11 5:05	17:06 2:55	21:08 4:02	27:00 5:52	28:43 1:43	31:50 3:07	38:14 6:24	49:08 10:54	54:14 5:06	1:00:25 6:11	1:07:59 7:34	1:11:18 3:19				
56	895	Lopez Otero, Hugo	1:21:19	6:20 6:20	16:49 10:29	20:10 3:21	24:04 3:54	26:49 2:45	31:21 4:32	33:49 2:28	35:40 1:51	50:56 15:16	58:23 7:27	1:01:42 3:19	1:06:40 4:58	1:12:06 5:26	1:15:21 3:15				
57	76	Martínez Girón, Jesús APA LICEO A Coruña	1:21:28	8:51 8:51	10:27 1:36	15:05 4:38	19:18 4:13	24:37 5:19	29:39 5:02	33:36 3:57	36:25 2:49	46:18 9:53	55:24 9:06	59:52 4:28	1:05:33 5:41	1:11:38 6:05	1:14:44 3:06				
58	909	Barreiro Mogrovejo, Alejandra APA LICEO A Coruña	1:23:24	8:50 8:50	11:00 2:10	16:01 5:01	19:59 3:58	25:48 5:49	30:31 4:43	34:45 4:14	37:45 3:00	48:00 10:15	55:12 7:12	1:01:44 6:32	1:08:13 6:29	1:13:17 5:04	1:16:26 3:09				
59	807	Eiroa Pereira, Ana FAICAMIÑO A Coruña (Oleiros)	1:23:48	8:47 8:47	10:22 1:35	15:47 5:25	20:52 5:05	24:26 3:34	28:34 4:08	30:21 1:47	33:19 2:58	42:45 9:26	53:43 10:58	59:16 5:33	1:05:10 5:54	1:11:30 6:20	1:14:53 3:23				
60	939	Lema Ferreiro, Noelia SABON Arteixo. A Coruña	1:24:05	10:48 10:48	12:25 1:37	18:11 5:46	20:51 2:40	24:00 3:09	29:06 5:06	35:39 6:33	37:44 2:05	45:45 8:01	53:41 7:56	59:08 5:27	1:06:44 7:36	1:11:48 5:04	1:14:37 2:49				
61	812	Chamarro Petronacci, Amilcar FAICAMIÑO A Coruña (Oleiros)	1:24:06	7:44 7:44	8:26 0:42	13:17 4:51	16:15 2:58	23:48 7:33	27:51 4:03	34:19 6:28	36:15 1:56	42:59 6:44	54:49 11:50	59:12 4:23	1:04:59 5:47	1:11:01 6:02	1:16:38 5:37				
62	871	Rodriguez Diaz, Diego FLUVIAL LU Lugo	1:26:10	13:01 13:01	14:47 1:46	19:21 4:34	22:40 3:19	27:26 4:46	32:22 4:56	34:05 1:43	37:16 3:11	43:47 6:31	51:40 7:53	56:04 4:24	1:06:48 10:44	1:13:40 6:52	1:16:52 3:12				
63	870	Fernandez Lopez, Luis Miguel FLUVIAL LU Lugo	1:26:47	12:50 12:50	14:49 1:59	19:18 4:29	22:45 3:27	27:17 4:32	31:30 4:13	33:25 1:55	35:24 1:59	40:22 4:58	51:44 11:22	56:03 4:19	1:06:46 10:43	1:13:43 6:57	1:16:56 3:13				
64	808	Mallada Núñez, Laura	1:27:01	9:16 9:16	11:05 1:49	16:56 5:51	23:56 7:00	27:46 3:50	34:41 6:55	37:10 2:29	40:03 2:53	46:55 6:52	57:08 10:13	1:02:46 5:38	1:09:04 6:18	1:15:02 5:58	1:19:28 4:26				
65	861	Lamela Ramos, Alberto FLUVIAL LU Lugo	1:28:01	5:50 5:50	7:32 1:42	11:56 4:24	24:12 12:16	26:20 2:08	29:20 3:00	32:18 2:58	38:29 6:11	1:00:02 21:33	1:08:57 8:55	1:13:53 4:56	1:17:26 3:33	1:21:35 4:09	1:23:47 2:12				
65	860	García Domínguez, Oscar FLUVIAL LU Lugo	1:28:01	5:39 5:39	7:26 1:47	11:54 4:28	24:04 12:10	26:18 2:14	29:08 2:50	32:35 3:27	38:12 5:37	1:00:05 21:53	1:08:37 8:32	1:13:54 5:17	1:17:29 3:35	1:21:33 4:04	1:23:50 2:17				
67	818	Fuertes Saco, Ana UNIVERSIDA Vigo	1:28:02	10:11 10:11	11:58 1:47	17:13 5:15	20:28 3:15	24:13 3:45	28:52 4:39	32:10 3:18	34:45 2:35	40:01 5:16	50:34 10:33	54:42 4:08	1:00:47 6:05	1:19:50 19:03	1:22:44 2:54				
68	869	Fernandez Ledo, Bruno FLUVIAL LU Lugo	1:28:11	7:58 7:58	11:21 3:23	20:12 8:51	25:21 5:09	30:05 4:44	35:09 5:04	36:56 1:47	39:52 2:56	46:01 6:09	53:49 7:48	58:08 4:19	1:08:50 10:42	1:15:39 6:49	1:18:58 3:19				
69	806	Valiño Canle, Jose Manuel FAICAMIÑO A Coruña (Oleiros)	1:28:14	10:16 10:16	12:04 1:48	17:56 5:52	20:16 2:20	26:42 6:26	32:00 5:18	35:24 3:24	38:20 2:56	48:32 10:12	58:45 10:13	1:04:10 5:25	1:10:19 6:09	1:16:14 5:55	1:19:49 3:35				
70	888	Vilanova Campo, Jose Luis FLUVIAL LU Lugo	1:28:17	10:44 10:44	12:19 1:35	17:26 5:07	21:36 4:10	25:26 3:50	30:50 5:24	33:16 2:26	37:08 3:52	47:09 10:01	54:52 7:43	1:01:18 6:26	1:08:50 7:32	1:16:16 7:26	1:20:08 3:52				
71	887	Rodríguez Pardo, Eloy FLUVIAL LU Lugo	1:28:18	10:47 10:47	12:16 1:29	17:28 5:12	21:30 4:02	25:21 3:51	30:52 5:31	33:14 2:22	37:07 3:53	47:07 10:00	54:48 7:41	1:01:17 6:29	1:08:53 7:36	1:16:15 7:22	1:20:06 3:51				
72	916	Castro Campello, Sergio	1:29:14	9:40 9:40	12:25 2:45	41:57 29:32	45:26 3:29	50:55 5:29	54:47 3:52	57:57 3:10	1:00:02 2:05	1:05:17 5:15	1:09:34 4:17	1:12:22 2:48	1:15:28 3:06	1:19:59 4:31	1:24:08 4:09				
73	817	Saco Fernández, Mª Isabel UNIVERSIDA Vigo	1:29:47	11:07 11:07	13:05 1:58	18:21 5:16	21:34 3:13	25:31 3:57	30:09 4:38	33:24 3:15	36:27 3:03	41:27 5:00	51:37 10:10	55:39 4:02	1:01:49 6:10	1:20:46 18:57	1:23:54 3:08				

Pos	Jorsal	Nombre	Tiempo														
<i>Iniciación Longa (116)</i>			<b>4280,0 km</b>		<b>15 C</b>		<i>(cont.)</i>										
			1(57)	2(35)	3(58)	4(65)	5(37)	6(59)	7(55)	8(64)	9(62)	10(60)	11(46)	12(61)	13(49)	14(63)	
			15(100)	F													
74	866	Lopez García, Erea FLUVIAL LU Lugo	1:31:37	10:23 10:23 1:29:29 7:22	13:34 3:11 1:31:37 2:08	21:57 8:23	26:58 5:01	33:04 6:06	38:14 5:10	40:04 1:50	42:47 2:43	49:12 6:25	1:00:03 10:51	1:04:58 4:55	1:11:11 6:13	1:18:55 7:44	1:22:07 3:12
75	867	Cruz Fariñas, Fatima FLUVIAL LU Lugo	1:31:40	10:28 10:28 1:29:34 7:22	13:32 3:04 1:31:40 2:06	21:52 8:20	27:11 5:19	32:35 5:24	37:37 5:02	39:58 2:21	42:45 2:47	49:02 6:17	1:00:10 11:08	1:05:07 4:57	1:11:36 6:29	1:19:04 7:28	1:22:12 3:08
76	865	Ave Magan, Angela FLUVIAL LU Lugo	1:31:41	10:21 10:21 1:29:26 7:24	13:38 3:17 1:31:41 2:15	21:46 8:08	27:06 5:20	33:36 6:30	38:12 4:36	40:06 1:54	42:48 2:42	49:18 6:30	1:00:00 10:42	1:05:01 5:01	1:11:43 6:42	1:18:57 7:14	1:22:02 3:05
77	830	Lorenzo Freire, Cristina FLUVIAL LU Lugo	1:34:04	21:32 21:32 1:32:24 3:56	25:27 3:55 1:34:04 1:40	37:20 11:53	41:22 4:02	44:22 3:00	48:57 4:35	50:32 1:35	52:37 2:05	1:01:00 8:23	1:10:23 9:23	1:14:38 4:15	1:21:31 6:53	1:25:57 4:26	1:28:28 2:31
78	889	Santalla Ramonde, Jose Manu GALLAECIA A Coruña	1:34:39	10:33 10:33 1:32:43 5:31	12:54 2:21 1:34:39 1:56	18:23 5:29	24:30 6:07	31:15 6:45	37:30 6:15	44:40 7:10	48:13 3:33	54:44 6:31	1:04:29 9:45	1:11:17 6:48	1:17:52 6:35	1:23:51 5:59	1:27:12 3:21
78	904	Perez Rodriguez, Rosa GALLAECIA A Coruña	1:34:39	11:22 11:22 1:32:41 5:23	12:52 1:30 1:34:39 1:58	18:26 5:34	24:25 5:59	31:11 6:46	37:27 6:16	44:47 7:20	48:08 3:21	54:41 6:33	1:04:35 9:54	1:11:22 6:47	1:17:54 6:32	1:23:49 5:55	1:27:18 3:29
80	924	Alfonso Alonso, Andrea	1:35:18	26:40 26:40 1:32:12 6:15	28:58 2:18 1:35:18 3:06	35:19 6:21	39:23 4:04	43:28 4:05	47:46 4:18	50:26 2:40	52:59 2:33	59:11 6:12	1:07:50 8:39	1:12:20 4:30	1:17:38 5:18	1:22:08 4:30	1:25:57 3:49
81	902	Basarán Ayuela, María Consu FLUVIAL LU Lugo	1:35:44	14:47 14:47 1:33:30 7:21	17:20 2:33 1:35:44 2:14	26:39 9:19	30:38 3:59	36:46 6:08	41:19 4:33	43:08 1:49	46:11 3:03	53:29 7:18	1:04:12 10:43	1:09:04 4:52	1:15:14 6:10	1:23:16 8:02	1:26:09 2:53
82	848	Perales Pérez, Pablo MONTAÑA FE Ferrol. A Coruñ	1:36:22	14:57 14:57 1:34:22 6:27	17:04 2:07 1:36:22 2:00	22:39 5:35	29:17 6:38	33:30 4:13	38:42 5:12	42:06 3:24	45:36 3:30	54:21 8:45	1:03:26 9:05	1:08:28 5:02	1:15:00 6:32	1:23:02 8:02	1:27:55 4:53
83	839	Lorenzo Fernández, Patricia FLUVIAL LU Lugo	1:37:29	9:25 9:25 1:36:02 5:31	11:58 2:33 1:37:29 1:27	26:48 14:50	34:46 7:58	38:42 3:56	43:45 5:03	46:27 2:42	50:22 3:55	1:00:07 9:45	1:09:21 9:14	1:14:25 5:04	1:21:19 6:54	1:26:19 5:00	1:30:31 4:12
84	825	Diz Cao, Isabel	1:39:59	8:04 8:04 1:38:22 4:12	16:53 8:49 1:39:59 1:37	39:42 22:49	56:49 17:07	58:43 1:54	1:03:12 4:29	1:04:47 1:35	1:06:57 2:10	1:13:48 6:51	1:20:30 6:42	1:23:11 2:41	1:27:33 4:22	1:31:59 4:26	1:34:10 2:11
85	215	Del Río Pose, Fernando USC Santiago de Compostela	1:42:32	25:12 25:12 1:40:10 6:03	26:52 1:40 1:42:32 2:22	32:31 5:39	36:35 4:04	39:39 3:04	44:32 4:53	46:47 2:15	50:12 3:25	56:18 6:06	1:08:16 11:58	1:13:53 5:37	1:24:04 10:11	1:30:24 6:20	1:34:07 3:43
86	940	Prego Vieito, Francisco FLUVIAL LU Lugo	1:44:08	10:42 10:42 1:42:23 4:40	23:08 12:26 1:44:08 1:45	26:38 3:30	43:50 17:12	48:36 4:46	52:17 3:41	55:50 3:33	57:51 2:01	1:10:24 12:33	1:18:44 8:20	1:23:33 4:49	-----	1:34:25 10:52	1:37:43 3:18
87	288	Del Arco Marquiz, Sergio BOMBEIROS A Coruña.	1:44:43	14:25 14:25 1:42:10 5:55	16:59 2:34 1:44:43 2:33	24:47 7:48	29:56 5:09	36:05 6:09	41:50 5:45	45:10 3:20	48:40 3:30	1:00:39 11:59	1:11:08 10:29	1:18:03 6:55	1:24:53 6:50	1:32:09 7:16	1:36:15 4:06
88	814	Pan Iglesias, Lucia FAICAMIÑO A Coruña (Oleiros	1:46:54	15:10 15:10 1:44:34 6:28	17:13 2:03 1:46:54 2:20	25:41 8:28	29:32 3:51	35:25 5:53	41:42 6:17	45:56 4:14	49:48 3:52	1:07:03 17:15	1:16:57 9:54	1:22:25 5:28	1:28:51 6:26	1:34:35 5:44	1:38:06 3:31
89	880	Telmo Nuñez, Marcos FLUVIAL LU Lugo	1:49:31	9:29 9:29 1:47:51 5:40	11:50 2:21 1:49:31 1:40	16:43 4:53	19:25 2:42	23:44 4:19	31:05 7:21	33:22 2:17	36:50 3:28	44:50 8:00	1:18:31 33:41	1:23:32 5:01	1:31:16 7:44	1:38:14 6:58	1:42:11 3:57
90	881	Mateos Vazquez, Yeray FLUVIAL LU Lugo	1:49:32	9:25 9:25 1:47:48 5:40	11:46 2:21 1:49:32 1:44	16:34 4:48	19:36 3:02	23:33 3:57	31:07 7:34	33:32 2:25	36:31 2:59	44:52 8:21	1:18:15 33:23	1:23:27 5:12	1:30:48 7:21	1:38:19 7:31	1:42:08 3:49
91	877	Gonzalez Ceide, Andrea FLUVIAL LU Lugo	1:53:28	13:17 13:17 1:51:34 5:38	14:43 1:26 1:53:28 1:54	21:06 6:23	23:29 2:23	27:24 3:55	35:15 7:51	37:30 2:15	40:13 2:43	48:34 8:21	1:22:40 34:06	1:27:46 5:06	1:33:36 5:50	1:41:52 8:16	1:45:56 4:04
91	876	Lage Castro, Sergio FLUVIAL LU Lugo	1:53:28	13:19 13:19 1:51:30 5:40	14:41 1:22 1:53:28 1:58	20:47 6:06	23:20 2:33	27:16 3:56	35:17 8:01	37:26 2:09	40:08 2:42	48:24 8:16	1:22:37 34:13	1:27:48 5:11	1:33:34 5:46	1:41:42 8:08	1:45:50 4:08
93	879	Sanmiguel Lopez, Alba FLUVIAL LU Lugo	1:54:28	11:12 11:12 1:50:09 5:51	16:47 5:35 1:54:28 4:19	29:30 12:43	34:43 5:13	38:46 4:03	43:52 5:06	47:51 3:59	51:37 3:46	1:00:06 8:29	1:21:09 21:03	1:25:59 4:50	1:31:53 5:54	1:40:08 8:15	1:44:18 4:10
93	878	Jacome Galvan, Judit Daniela FLUVIAL LU Lugo	1:54:28	11:36 11:36 1:49:43 5:39	17:06 5:30 1:54:28 4:45	29:47 12:41	34:34 4:47	39:07 4:33	43:55 4:48	47:46 3:51	51:35 3:49	59:58 8:23	1:20:53 20:55	1:25:52 4:59	1:32:09 6:17	1:39:57 7:48	1:44:04 4:07
95	874	Rodriguez Baptista, Lynget FLUVIAL LU Lugo	1:54:43	7:05 7:05 1:53:12 5:14	20:24 13:19 1:54:43 1:31	23:40 3:16	25:43 2:03	28:48 3:05	32:42 3:54	40:42 8:00	42:46 2:04	50:06 7:20	1:24:33 34:27	1:29:16 4:43	1:37:13 7:57	1:43:49 6:36	1:47:58 4:09



Pos	Jorsal	Nombre	Tiempo													F	
<b>Damas 12 (3)</b>				<b>3820,0 km</b>			<b>12 C</b>										
				1(57)	2(58)	3(59)	4(55)	5(64)	6(66)	7(60)	8(46)	9(61)	10(49)	11(63)	12(100)		
<b>1</b>	<b>61</b>	<b>Arufe Seijas, Alba</b> <b>APA LICEO A Coruña</b>	<b>56:13</b>	<b>8:58</b> <b>8:58</b>	<b>16:29</b> <b>7:31</b>	<b>19:15</b> <b>2:46</b>	<b>22:11</b> 2:56	<b>24:25</b> <b>2:14</b>	<b>27:26</b> <b>3:01</b>	<b>33:01</b> <b>5:35</b>	<b>37:52</b> <b>4:51</b>	<b>43:33</b> 5:41	<b>48:32</b> <b>4:59</b>	<b>51:33</b> <b>3:01</b>	<b>55:13</b> <b>3:40</b>	<b>56:13</b> <b>1:00</b>	
<b>2</b>	<b>346</b>	<b>Aller Pfirter, Milagros Morena</b> <b>TREVINCA O Barco de Valde</b>	<b>1:25:58</b>	15:53 15:53	24:41 8:48	29:04 4:23	31:57 <b>2:53</b>	34:22 2:25	38:31 4:09	45:43 7:12	54:19 8:36	59:41 <b>5:22</b>	1:10:10 10:29	1:17:42 7:32	1:24:43 7:01	1:25:58 1:15	
<b>3</b>	<b>395</b>	<b>Vazquez Hermida, Lucia</b> <b>FAICAMIÑO A Coruña (Oleiros)</b>	<b>1:29:30</b>	10:01 10:01	21:49 11:48	25:32 3:43	30:29 4:57	33:32 3:03	39:36 6:04	48:26 8:50	56:22 7:56	1:04:11 7:49	1:12:27 8:16	1:19:52 7:25	1:27:56 8:04	1:29:30 1:34	
				1:28:01 *100													
<b>Damas 14 (9)</b>				<b>4310,0 km</b>			<b>14 C</b>										
				1(57)	2(35)	3(59)	4(55)	5(66)	6(54)	7(62)	8(60)	9(46)	10(61)	11(52)	12(49)	13(63)	14(100)
<b>1</b>	<b>197</b>	<b>Fuertes Saco, Julia</b> <b>UNIVERSIDA Vigo</b>	<b>45:21</b>	5:59 5:59	<b>7:44</b> <b>1:45</b>	<b>12:46</b> 5:02	<b>13:59</b> <b>1:13</b>	<b>16:27</b> <b>2:28</b>	<b>20:13</b> <b>3:46</b>	<b>21:36</b> 1:23	<b>25:05</b> <b>3:29</b>	<b>28:49</b> 3:44	<b>31:33</b> <b>2:44</b>	<b>34:28</b> <b>2:55</b>	<b>40:27</b> 5:59	<b>42:03</b> <b>1:36</b>	<b>44:25</b> <b>2:22</b>
<b>2</b>	<b>85</b>	<b>PiÑeiro Lozano, Andrea Julia</b> <b>APA LICEO A Coruña</b>	<b>55:42</b>	6:19 6:19	9:32 3:13	16:56 7:24	18:46 1:50	21:52 3:06	25:48 3:56	27:22 1:34	32:52 5:30	35:46 2:54	39:08 3:22	46:38 7:30	49:39 <b>3:01</b>	51:36 1:57	54:33 2:57
<b>3</b>	<b>436</b>	<b>Carnota Fandiño, Rebeca</b> <b>AD FOGAR Carballo</b>	<b>58:14</b>	5:51 5:51	8:40 2:49	13:18 <b>4:38</b>	16:17 2:59	20:24 4:07	26:16 5:52	27:35 <b>1:19</b>	31:38 4:03	34:17 <b>2:39</b>	37:32 3:15	43:39 6:07	48:27 4:48	51:49 3:22	57:11 5:22
<b>4</b>	<b>142</b>	<b>Ricoy Rajoy, Sara</b> <b>AROMON Pontevedra</b>	<b>1:02:14</b>	7:14 7:14	13:15 6:01	19:13 5:58	20:31 1:18	24:17 3:46	30:06 5:49	31:32 1:26	35:41 4:09	38:24 2:43	43:08 4:44	47:37 4:29	52:25 4:48	55:41 3:16	1:01:10 5:29
<b>5</b>	<b>467</b>	<b>Morales Jiménez, Irene</b> <b>TREVINCA O Barco de Valde</b>	<b>1:19:09</b>	6:47 6:47	9:22 2:35	15:17 5:55	16:38 1:21	20:15 3:37	33:56 13:41	36:06 2:10	45:51 9:45	48:53 3:02	52:57 4:04	1:06:56 13:59	1:10:21 3:25	1:13:38 3:17	1:17:37 3:59
<b>6</b>	<b>106</b>	<b>Alvelo Blanco, Marta</b> <b>AROMON Pontevedra</b>	<b>1:23:07</b>	10:52 10:52	12:47 1:55	21:33 8:46	24:38 3:05	29:12 4:34	38:44 9:32	41:51 3:07	50:24 8:33	54:58 4:34	1:00:46 5:48	1:10:52 10:06	1:14:19 3:27	1:17:42 3:23	1:21:39 3:57
<b>7</b>	<b>128</b>	<b>Iglesias Sánchez, Sabela Alici</b> <b>AROMON Pontevedra</b>	<b>2:14:19</b>	12:03 12:03	14:57 2:54	29:48 14:51	34:19 4:31	43:37 9:18	1:00:57 17:20	1:04:11 3:14	1:29:10 24:59	1:35:59 6:49	1:43:53 7:54	1:50:04 6:11	1:58:04 8:00	2:02:44 4:40	2:10:32 7:48
	<b>31</b>	<b>Liu, Iris</b> <b>FLUVIAL LU Lugo</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	<b>23</b>	<b>García Arrojo, Alicia</b> <b>FLUVIAL LU Lugo</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
<b>Damas 16 (4)</b>				<b>4760,0 km</b>			<b>13 C</b>										
				1(34)	2(35)	3(37)	4(38)	5(55)	6(54)	7(50)	8(60)	9(56)	10(61)	11(52)	12(49)	13(100)	F
<b>1</b>	<b>831</b>	<b>Capón Lamelas, Nerea</b> <b>FLUVIAL LU Lugo</b>	<b>1:02:37</b>	<b>7:57</b> <b>7:57</b>	<b>9:54</b> 1:57	<b>18:52</b> 8:58	<b>22:02</b> <b>3:10</b>	<b>26:19</b> <b>4:17</b>	<b>30:26</b> 4:07	<b>37:25</b> <b>6:59</b>	<b>39:45</b> <b>2:20</b>	<b>45:30</b> <b>5:45</b>	<b>49:55</b> 4:25	<b>52:37</b> <b>2:42</b>	<b>55:58</b> 3:21	<b>1:01:35</b> 5:37	<b>1:02:37</b> 1:02
<b>2</b>	<b>58</b>	<b>Alba Amil, Andrea</b> <b>APA LICEO A Coruña</b>	<b>1:24:24</b>	10:56 10:56	14:17 3:21	23:24 9:07	28:25 5:01	35:44 7:19	41:22 5:38	51:15 9:53	54:35 3:20	1:07:11 12:36	1:10:56 3:45	1:14:50 3:54	1:17:51 3:01	1:23:10 5:19	1:24:24 1:14
<b>3</b>	<b>93</b>	<b>Rodríguez Vila, Marta</b> <b>APA LICEO A Coruña</b>	<b>1:33:58</b>	20:26 20:26	24:08 3:42	32:55 8:47	37:35 4:40	44:36 7:01	51:00 6:24	1:01:23 10:23	1:04:34 3:11	1:12:56 8:22	1:17:50 4:54	1:21:42 3:52	1:26:15 4:33	1:33:01 6:46	1:33:58 <b>0:57</b>
<b>4</b>	<b>2</b>	<b>Bellón Santos, Teresa</b> <b>FLUVIAL LU Lugo</b>	<b>1:35:08</b>	12:10 12:10	14:03 <b>1:53</b>	20:50 <b>6:47</b>	24:03 3:13	30:01 5:58	34:02 <b>4:01</b>	40:30 <b>6:28</b>	42:56 2:26	1:15:43 32:47	1:18:31 <b>2:48</b>	1:26:47 8:16	1:29:46 <b>2:59</b>	1:34:07 <b>4:21</b>	1:35:08 1:01
<b>Damas 20 (7)</b>				<b>5340,0 km</b>			<b>16 C</b>										
				1(32)	2(34)	3(37)	4(39)	5(41)	6(43)	7(42)	8(62)	9(66)	10(56)	11(61)	12(47)	13(52)	14(48)
<b>1</b>	<b>38</b>	<b>Parga Basanta, Lucia</b> <b>FLUVIAL LU Lugo</b>	<b>1:34:27</b>	5:31 5:31	14:10 8:39	20:19 6:09	24:33 4:14	34:11 <b>9:38</b>	38:02 3:51	46:59 8:57	51:49 <b>4:50</b>	53:29 1:40	1:00:43 7:14	1:03:25 <b>2:42</b>	1:10:36 7:11	1:19:52 9:16	1:26:06 <b>6:14</b>
<b>2</b>	<b>304</b>	<b>Varela Yáñez, Ana</b> <b>BOMBEIROS A Coruña.</b>	<b>1:38:03</b>	3:07 9:16	4:24 19:23	<b>0:50</b> 31:34	34:25 44:43	44:43 49:53	55:58 5:10	1:01:03 <b>6:05</b>	1:02:41 5:05	1:06:36 <b>1:38</b>	1:10:51 <b>3:55</b>	1:15:17 4:15	1:20:25 <b>4:26</b>	1:20:25 <b>5:08</b>	1:31:48 11:23
<b>3</b>	<b>13</b>	<b>Cruz Afonso, Carla</b> <b>FLUVIAL LU Lugo</b>	<b>2:51:29</b>	11:33 11:33	32:25 20:52	46:11 13:46	51:34 5:23	1:13:37 22:03	1:20:45 7:08	1:31:47 11:02	1:44:41 12:54	1:49:07 4:26	2:05:02 15:55	2:15:42 10:40	2:23:32 7:50	2:35:07 11:35	2:42:23 7:16
<b>4</b>	<b>18</b>	<b>Fernández López, Andrea</b> <b>FLUVIAL LU Lugo</b>	<b>2:57:26</b>	17:42 17:42	38:27 20:45	52:12 13:45	57:36 5:24	1:19:39 22:03	1:26:49 7:10	1:37:44 10:55	1:50:52 13:08	1:55:13 4:21	2:11:05 15:52	2:21:41 10:36	2:29:36 7:55	2:41:03 11:27	2:48:20 7:17
	<b>98</b>	<b>Vázquez Barrientos, Sandra</b> <b>APA LICEO A Coruña</b>	<b>r en tarj.</b>	12:24 12:24	57:57 45:33	----	----	----	----	----	----	----	----	----	----	----	----
	<b>26</b>	<b>García Miguélez, Alba</b> <b>FLUVIAL LU Lugo</b>	<b>No sale</b>	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				1:28:28 30:31													





Pos	Jorsal	Nombre	Tiempo	5340,0 km		16 C												
				1(32) 15(53)	2(34) 16(100)	3(37) F	4(39)	5(41)	6(43)	7(42)	8(62)	9(66)	10(56)	11(61)	12(47)	13(52)	14(48)	
<b>Damas 35 (11)</b>																		
1	195	Fernández López, Cristina UNIVERSIDA Vigo	1:35:30	14:08 14:08	25:37 11:29	31:45 6:08	35:54 4:09	45:40 9:46	49:47 4:07	55:20 5:33	1:01:01 5:41	1:03:20 2:19	1:10:44 7:24	1:14:21 3:37	1:17:27 3:06	1:19:58 2:31	1:29:20 9:22	
2	82	Pedre Fernández, Natalia APA LICEO A Coruña	1:36:46	16:19 16:19	22:26 6:07	28:56 6:30	32:27 3:31	46:08 13:41	49:16 3:08	51:36 2:20	56:52 5:16	1:00:52 4:00	1:06:54 6:02	1:09:56 3:02	1:14:29 4:33	1:21:05 6:36	1:27:40 6:35	
3	221	Pernas Martínez, Rosa Mª USC Santiago de Compostela	1:47:22	11:20 11:20	20:04 8:44	26:37 6:33	31:02 4:25	45:13 14:11	49:35 4:22	54:18 4:43	1:01:38 7:20	1:04:44 3:06	1:13:36 8:52	1:19:24 5:48	1:25:22 5:58	1:28:42 3:20	1:36:16 7:34	
4	28	González Bello, Concepción FLUVIAL LU Lugo	1:48:45	16:29 16:29	32:05 15:36	37:35 5:30	42:14 4:39	51:23 9:09	54:43 3:20	59:02 4:19	1:06:18 7:16	1:09:55 3:37	1:17:55 8:00	1:21:59 4:04	1:27:09 5:10	1:33:11 6:02	1:39:45 6:34	
5	16	Felpeto González, Luisa FLUVIAL LU Lugo	1:48:59	9:34 9:34	31:34 22:00	37:55 6:21	40:58 3:03	54:57 13:59	1:03:56 8:59	1:11:07 7:11	1:17:17 6:10	1:19:17 2:00	1:24:22 5:05	1:28:12 3:50	1:34:20 6:08	1:37:20 3:00	1:42:14 4:54	
6	211	Balboa Barros, Margarita USC Santiago de Compostela	2:00:31	9:00 9:00	16:34 7:34	24:17 7:43	31:26 7:09	48:45 17:19	56:14 7:29	1:16:18 20:04	1:22:35 6:17	1:25:23 2:48	1:31:09 5:46	1:36:31 5:22	1:40:17 3:46	1:43:48 3:31	1:52:38 8:50	
7	200	Iglesias Junzalvos, Ana UNIVERSIDA Vigo	2:25:49	6:47 6:47	24:32 17:45	32:11 7:39	36:34 4:23	52:35 16:01	57:28 4:53	1:06:05 8:37	1:14:29 8:24	1:24:00 9:31	1:44:23 20:23	1:48:40 4:17	1:56:14 7:34	2:08:58 12:44	2:16:02 7:04	
8	201	Pacheco Iglesias, Aurori UNIVERSIDA Vigo	2:27:53	15:53 15:53	31:06 15:13	39:49 8:43	43:19 3:30	1:01:09 17:50	1:17:09 16:00	1:20:33 3:24	1:26:59 6:26	1:34:08 7:09	1:58:06 23:58	2:03:07 5:01	2:06:57 3:50	2:09:59 3:02	2:18:06 8:07	
9	81	Pardo Villaverde, María APA LICEO A Coruña	2:31:09	9:56 9:56	23:59 14:03	31:52 7:53	40:21 8:29	53:10 12:49	57:47 4:37	1:12:46 14:59	1:19:37 6:51	1:37:56 18:19	1:51:13 13:17	1:55:46 4:33	2:02:28 6:42	2:14:56 12:28	2:21:48 6:52	
10	188	Alvarez Castro, Olimpia UNIVERSIDA Vigo	2:47:58	10:28 10:28	27:14 16:46	38:43 11:29	45:59 7:16	1:10:03 24:04	1:14:39 4:36	1:26:59 12:20	1:37:10 10:11	1:40:56 3:46	2:02:29 21:33	2:08:40 6:11	2:18:07 9:27	2:23:59 5:52	2:34:55 10:56	
	278	Rodríguez Castrelo, Ana Isabel en tarj. MONTAÑA FE Ferrol. A Coruña		9:53 9:53	35:22 25:29	45:11 9:49	55:27 10:16	1:14:50 19:23	1:21:54 7:04	1:48:25 26:31	1:59:23 10:58	2:03:22 3:59	2:15:29 12:07	-----	-----	-----	-----	
<b>Damas 45 (5)</b>																		
				1(34)	2(35)	3(37)	4(38)	5(55)	6(54)	7(50)	8(60)	9(56)	10(61)	11(52)	12(49)	13(100)	F	
1	193	Crespo Quindós, Begoña UNIVERSIDA Vigo	1:17:26	11:51 11:51	14:19 2:28	22:19 8:00	26:01 3:42	31:02 5:01	36:31 5:29	48:53 12:22	52:24 3:31	58:25 6:01	1:04:00 5:35	1:07:09 3:09	1:10:51 3:42	1:16:17 5:26	1:17:26 1:09	
2	88	Rey Souto, Mª Teresa APA LICEO A Coruña	1:26:47	11:47 11:47	15:38 3:51	24:49 9:11	29:09 4:20	36:50 7:41	42:38 5:48	53:08 10:30	57:04 3:56	1:04:19 7:15	1:07:41 3:22	1:13:04 5:23	1:17:19 4:15	1:25:20 8:01	1:26:47 1:27	
3	145	Sanchez Vázquez, María Luisa AROMON Pontevedra	1:28:08	11:53 11:53	15:59 4:06	23:49 7:50	27:43 3:54	34:27 6:44	40:43 6:16	57:38 16:55	1:00:39 3:01	1:08:25 7:46	1:12:34 4:09	1:17:06 4:32	1:20:43 3:37	1:26:58 6:15	1:28:08 1:10	
4	472	Veira Lauzara, Pier FAICAMIÑO A Coruña (Oleiros)	1:38:49	24:23 24:23	28:10 3:47	36:59 8:49	41:31 4:32	48:42 7:11	54:58 6:16	1:05:29 10:31	1:08:38 3:09	1:16:49 8:11	1:21:36 4:47	1:25:31 3:55	1:30:14 4:43	1:37:17 7:03	1:38:49 1:32	
5	25	García Deibe, Ana FLUVIAL LU Lugo	1:39:46	12:41 12:41	15:42 3:01	26:12 10:30	30:46 4:34	50:02 19:16	55:20 5:18	1:04:03 8:43	1:07:28 3:25	1:15:19 7:51	1:21:25 6:06	1:26:03 4:38	1:30:47 4:44	1:37:58 7:11	1:39:46 1:48	
<b>Damas Élite (7)</b>																		
				1(31) 15(52)	2(33) 16(53)	3(35) 17(100)	4(58) F	5(37)	6(39)	7(40)	8(42)	9(41)	10(44)	11(50)	12(66)	13(45)	14(51)	
1	386	Bello Rodríguez, Olalla FAICAMIÑO A Coruña (Oleiros)	1:13:38	3:33 3:33	6:45 3:12	11:08 4:23	13:33 2:25	16:13 2:40	18:49 2:36	20:59 2:10	27:21 6:22	30:02 2:41	37:25 7:23	46:58 9:33	49:28 2:30	57:36 8:08	1:03:42 6:06	
2	227	Veiga Barbazán, Pilar USC Santiago de Compostela	1:22:43	3:29 3:29	8:40 5:11	13:13 4:33	16:31 3:18	19:52 3:21	22:41 2:49	28:21 5:40	34:51 6:30	38:34 3:43	44:03 5:29	53:10 9:07	56:29 3:19	1:05:37 9:08	1:11:50 6:13	
3	202	Pastoriza Santos, Isabel UNIVERSIDA Vigo	1:38:53	4:19 4:19	7:57 3:38	14:21 6:24	17:25 3:04	21:32 4:07	24:49 3:17	29:43 4:54	36:42 6:59	39:59 3:17	46:21 6:22	57:36 11:15	1:02:19 4:43	1:14:20 12:01	1:26:23 12:03	
4	210	Veiga García, Carla UNIVERSIDA Vigo	1:46:34	5:04 5:04	9:18 4:14	17:46 8:28	21:21 3:35	27:24 6:03	32:04 4:40	36:18 4:14	44:29 8:11	48:34 4:05	53:38 5:04	1:00:51 7:13	1:07:52 7:01	1:23:05 15:13	1:31:26 8:21	
5	264	Barreira Salgado, Teresa MONTAÑA FE Ferrol. A Coruña	1:50:11	5:20 5:20	8:54 3:34	13:15 4:21	16:07 2:52	19:24 3:17	25:10 5:46	27:30 2:20	34:49 7:19	37:31 2:42	43:46 6:15	51:22 7:36	57:30 6:08	1:27:47 30:17	1:36:40 8:53	
6	135	Pérez Alonso, Alicia AROMON Pontevedra	2:11:59	7:10 7:10	13:30 6:20	23:51 10:21	29:26 5:35	36:39 7:13	39:49 3:10	43:34 3:45	55:08 11:34	1:02:15 7:07	1:12:00 9:45	1:22:56 10:56	1:29:06 6:10	1:43:56 14:50	1:55:08 11:12	

Pos	Jorsal	Nombre	Tiempo																		
<b>Damas Élite (7)</b>				<b>6150,0 km</b>		<b>17 C</b>		<i>(cont.)</i>													
				1(31)	2(33)	3(35)	4(58)	5(37)	6(39)	7(40)	8(42)	9(41)	10(44)	11(50)	12(66)	13(45)	14(51)				
				15(52)	16(53)	17(100)	F														
7	47	Rodríguez Pérez, Iria María FLUVIAL LU Lugo	2:15:12	9:11 9:11 1:58:12 3:23	15:30 6:19 2:04:54 6:42	24:18 8:48 2:13:16 8:22	28:58 4:40 2:15:12 1:56	34:12 5:14	40:42 6:30	44:23 3:41	55:05 10:42	1:00:46 5:41	1:09:04 8:18	1:20:19 11:15	1:26:16 5:57	1:42:49 16:33	1:54:49 12:00				
<b>Homes 12 (9)</b>				<b>3820,0 km</b>		<b>12 C</b>															
				1(57)	2(58)	3(59)	4(55)	5(64)	6(66)	7(60)	8(46)	9(61)	10(49)	11(63)	12(100)		F				
1	317	Rodilla Irioso, Santiago HABELAS HA Vigo	45:44	8:33 8:33	12:50 <b>4:17</b>	14:51 <b>2:01</b>	16:42 <b>1:51</b>	18:34 1:52	21:31 2:57	<b>26:00</b> 4:29	<b>29:08</b> 3:08	<b>32:59</b> 3:51	<b>36:00</b> <b>3:01</b>	<b>40:31</b> 4:31	<b>44:23</b> 3:52	<b>45:44</b> 1:21					
2	158	Candela Iglesias, Natnael ARTABROS A Coruña	50:13	7:00 7:00	12:38 5:38	18:44 6:06	20:58 2:14	23:05 2:07	25:44 2:39	30:10 <b>4:26</b>	33:46 3:36	37:06 <b>3:20</b>	40:35 3:29	45:26 4:51	49:09 3:43	50:13 1:04					
3	334	Varela Gutierrez, Juan SEO Ordes	54:32	7:45 7:45	12:11 4:26	14:40 2:29	17:26 2:46	19:26 2:00	21:30 2:04	29:11 7:41	32:32 3:21	39:12 6:40	44:18 5:06	49:11 4:53	53:32 4:21	54:32 <b>1:00</b>					
4	109	Antoñón Casal, Mateo AROMON Pontevedra	54:33	<b>5:38</b> <b>5:38</b>	<b>11:22</b> 5:44	<b>13:24</b> 2:02	<b>16:14</b> 2:50	<b>18:28</b> 2:14	<b>20:21</b> <b>1:53</b>	31:42 11:21	34:34 <b>2:52</b>	39:06 4:32	43:12 4:06	46:41 3:29	51:06 4:25	54:33 3:27					
5	828	Corral Souto, Iago FLUVIAL LU Lugo	58:39	6:24 6:24	13:34 7:10	15:57 2:23	18:10 2:13	19:57 <b>1:47</b>	24:34 4:37	30:02 5:28	35:10 5:08	39:18 4:08	46:48 7:30	53:41 6:53	57:17 <b>3:36</b>	58:39 1:22					
6	108	Antoñón Casal, Hugo AROMON Pontevedra	1:06:40	7:34 7:34	22:39 15:05	26:13 3:34	29:34 3:21	31:33 1:59	33:40 2:07	41:20 7:40	44:43 3:23	51:43 7:00	56:26 4:43	1:01:55 5:29	1:05:38 3:43	1:06:40 1:02					
7	356	Trejo Garcia, Nicolás TREVINCA O Barco de Valdeo	1:09:43	11:59 11:59	20:35 8:36	25:08 4:33	28:07 2:59	30:24 2:17	34:20 3:56	41:45 7:25	50:14 8:29	55:05 4:51	1:00:39 5:34	1:03:46 <b>3:07</b>	1:08:05 4:19	1:09:43 1:38					
	457	Trigo Vázquez, Iago TREVINCA O Barco de Valdeo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----					
	312	González-regueral Pérez, Carl HABELAS HA Vigo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----					
<b>Homes 14 (7)</b>				<b>4310,0 km</b>		<b>14 C</b>															
				1(57)	2(35)	3(59)	4(55)	5(66)	6(54)	7(62)	8(60)	9(46)	10(61)	11(52)	12(49)	13(63)	14(100)				
				F																	
1	130	Lois Serto, Iván AROMBOS Pontevedra	40:04	<b>4:10</b> <b>4:10</b> 40:04 0:39	<b>5:01</b> <b>0:51</b>	<b>11:12</b> 6:11	<b>13:05</b> 1:53	<b>15:46</b> <b>2:41</b>	<b>19:06</b> <b>3:20</b>	<b>20:39</b> <b>1:33</b>	<b>24:59</b> <b>4:20</b>	<b>27:13</b> <b>2:14</b>	<b>29:47</b> <b>2:34</b>	<b>31:18</b> <b>1:31</b>	<b>35:00</b> 3:42	<b>37:08</b> <b>2:08</b>	<b>39:25</b> <b>2:17</b>				
2	27	Garrido Burgo, Juan Manuel FLUVIAL LU Lugo	57:52	5:02 5:02 57:52 0:56	6:26 1:24	12:30 <b>6:04</b>	14:07 1:37	21:05 6:58	26:35 5:30	28:33 1:58	38:14 9:41	40:43 2:29	44:21 3:38	47:25 3:04	50:47 <b>3:22</b>	53:51 3:04	56:56 3:05				
3	92	Rodríguez Vila, Diego APA LICEO A Coruña	1:11:30	6:06 6:06 1:11:30 1:24	7:33 1:27	14:48 7:15	17:04 2:16	21:27 4:23	27:41 6:14	29:37 1:56	34:45 5:08	38:59 4:14	43:03 4:04	53:56 10:53	59:48 5:52	1:03:11 3:23	1:10:06 6:55				
4	445	Prego Pita, Xian AD FOGAR Carballo	1:20:16	9:39 9:39 1:20:16 0:57	14:42 5:03	21:21 6:39	22:39 <b>1:18</b>	25:59 3:20	31:00 5:01	32:52 1:52	46:10 13:18	49:46 3:36	53:45 3:59	57:58 4:13	1:14:09 16:11	1:16:22 2:13	1:19:19 2:57				
5	43	Piñeiro Fraga, Iago FLUVIAL LU Lugo	1:24:21	6:34 6:34 1:24:21 1:00	7:51 1:17	27:31 19:40	33:10 5:39	36:53 3:43	42:29 5:36	49:08 6:39	56:07 6:59	1:01:26 5:19	1:06:10 4:44	1:09:03 2:53	1:18:11 9:08	1:20:23 2:12	1:23:21 2:58				
	17	Fernández Brañas, Víctor FLUVIAL LU Lugo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
	10	Castillo López, Denis FLUVIAL LU Lugo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
<b>Homes 16 (6)</b>				<b>4760,0 km</b>		<b>13 C</b>															
				1(34)	2(35)	3(37)	4(38)	5(55)	6(54)	7(50)	8(60)	9(56)	10(61)	11(52)	12(49)	13(100)	F				
1	24	García Cousillas, David FLUVIAL LU Lugo	1:11:57	<b>9:08</b> <b>9:08</b>	<b>13:09</b> 4:01	<b>21:52</b> 8:43	<b>25:46</b> 3:54	<b>30:36</b> <b>4:50</b>	<b>35:58</b> 5:22	<b>43:13</b> 7:15	<b>45:16</b> <b>2:03</b>	<b>52:18</b> <b>7:02</b>	<b>56:43</b> 4:25	<b>1:01:25</b> 4:42	<b>1:04:55</b> 3:30	<b>1:11:00</b> 6:05	<b>1:11:57</b> 0:57				
2	460	Ínsua Prieto, Alex FLUVIAL LU Lugo	1:43:11	20:13 20:13	22:06 <b>1:53</b>	28:58 <b>6:52</b>	32:05 <b>3:07</b>	38:07 6:02	42:10 <b>4:03</b>	48:33 <b>6:23</b>	50:58 2:25	1:23:47 32:49	1:26:39 <b>2:52</b>	1:34:54 8:15	1:37:48 <b>2:54</b>	1:42:18 <b>4:30</b>	1:43:11 <b>0:53</b>				
3	20	Fraga Diaz, Alex FLUVIAL LU Lugo	1:45:57	27:18 27:18	30:07 2:49	44:52 14:45	49:32 4:40	56:38 7:06	1:02:52 6:14	1:13:18 10:26	1:16:43 3:25	1:24:54 8:11	1:29:48 4:54	1:33:43 <b>3:55</b>	1:38:17 4:34	1:45:02 6:45	1:45:57 0:55				
	449	Escolante Enríquez, Adrián FLUVIAL LU Lugo	r en tarj.	11:50 11:50	16:57 5:07	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:44:40 2:27:43				
	461	Lage Soilán, Anxo FLUVIAL LU Lugo	r en tarj.	19:54 19:54	24:59 5:05	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:52:41 2:27:42				
	53	Valdés González, Adrián FLUVIAL LU Lugo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----					
<b>Homes 20 (3)</b>				<b>5530,0 km</b>		<b>15 C</b>															
				1(31)	2(33)	3(34)	4(58)	5(40)	6(41)	7(43)	8(42)	9(54)	10(60)	11(56)	12(47)	13(52)	14(53)				
				15(100)	F																
1	42	Piñeiro Fraga, Brais FLUVIAL LU Lugo	1:45:45	<b>4:54</b> <b>4:54</b> 1:44:55 2:56	24:52 19:58 <b>1:45:45</b> <b>0:50</b>	27:37 <b>2:45</b>	30:28 <b>2:51</b>	42:58 12:30	1:00:47 17:49	1:04:26 <b>3:39</b>	1:10:04 <b>5:38</b>	<b>1:16:10</b> <b>6:06</b>	<b>1:19:26</b> <b>3:16</b>	<b>1:23:34</b> <b>4:08</b>	<b>1:30:49</b> <b>7:15</b>	<b>1:33:03</b> <b>2:14</b>	<b>1:41:59</b> 8:56				
2	420	Sampedro Fraga, Aitor USC Santiago de Compostela	1:53:57	11:06 11:06 1:53:04 3:48	<b>16:11</b> <b>5:05</b> 1:53:57 0:53	<b>24:49</b> 8:38	<b>27:53</b> 3:04	<b>36:39</b> <b>8:46</b>	<b>44:27</b> <b>7:48</b>	<b>56:16</b> 11:49	<b>1:05:20</b> 9:04	1:16:54 11:34	1:22:08 5:14	1:27:51 5:43	1:39:34 11:43	1:43:55 4:21	1:49:16 <b>5:21</b>				



Pos	Jorsal	Nombre	Tiempo	6150,0 km		17 C		(cont.)									
				1(31) 15(52)	2(33) 16(53)	3(35) 17(100)	4(58) F	5(37)	6(39)	7(40)	8(42)	9(41)	10(44)	11(50)	12(66)	13(45)	14(51)
<b>Homes 21 (27)</b>																	
21	8	Carreira López, Luis FLUVIAL LU Lugo	1:38:41	5:50 5:50	9:59 4:09	17:53 7:54	20:15 2:22	23:30 3:15	34:29 10:59	38:32 4:03	44:28 5:56	47:34 3:06	54:05 6:31	1:00:17 6:12	1:04:55 4:38	1:20:36 15:41	1:27:34 6:58
22	321	Amor Boquete, Jose Manuel SEO Ordes	1:56:11	10:10 10:10	14:42 4:32	21:24 6:42	26:21 4:57	34:35 8:14	38:00 3:25	41:33 3:33	47:02 5:29	51:09 4:07	1:03:51 12:42	1:13:42 9:51	1:18:21 4:39	1:31:22 13:01	1:41:52 10:30
23	402	Andrade Villar, Roberto JARNACHAS Arteixo	1:57:24	3:29 3:29	7:55 4:26	17:28 9:33	20:17 2:49	25:54 5:37	30:43 4:49	35:13 4:30	43:02 7:49	46:15 3:13	51:46 5:31	1:09:55 18:09	1:14:14 4:19	1:37:56 23:42	1:44:15 6:19
24	252	Pérez Pais, Humberto GALLAECIA A Coruña	2:00:03	3:33 3:33	5:46 2:13	10:27 4:41	13:45 3:18	16:28 2:43	18:42 2:14	42:19 23:37	51:44 9:25	56:49 5:05	1:08:28 11:39	1:15:19 6:51	1:19:24 4:05	1:39:29 20:05	1:46:34 7:05
25	363	Leira Romero, Fermin AABT Paderne	2:26:28	1:49 26:20	7:28 29:52	3:29 36:48	3:29 39:06	4:43 45:50	0:59 49:00	2:00:03 6:44	2:26:28 3:10	2:50 2:04	3:36 2:04	3:27 8:23	0:53 3:27	2:08:31 38:41	2:15:42 7:11
	126	Herrero Dapia, Alfonso Manue AROMON Pontevedra	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	310	Gonzalez Alonso, Diego HABELAS HA Vigo	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----

Pos	Jorsal	Nombre	Tiempo	5530,0 km		15 C												
				1(31) 15(100)	2(33) F	3(34)	4(58)	5(40)	6(41)	7(43)	8(42)	9(54)	10(60)	11(56)	12(47)	13(52)	14(53)	
<b>Homes 21 B (28)</b>																		
1	234	Castro Campello, David GALLAECIA A Coruña	1:17:28	4:11 4:11	7:13 3:02	10:12 2:59	13:52 3:40	19:29 5:37	24:18 4:49	30:56 6:38	36:05 5:09	42:07 6:02	49:17 7:10	54:44 5:27	1:03:40 8:56	1:08:37 4:57	1:12:15 3:38	
2	826	Rodríguez Corral, Iván Jaime FLUVIAL LU Lugo	1:17:31	4:21 3:57	0:52 3:00	1:17:31 3:08	41:00 2:38	*62 6:58	19:41 10:49	30:30 2:21	32:51 2:21	36:14 3:23	47:47 11:33	53:19 5:32	59:28 6:09	1:06:19 6:51	1:08:50 2:31	1:12:35 3:45
3	440	García López, Luis AD FOGAR Carballo	1:18:54	3:22 3:22	6:24 3:02	8:45 2:21	19:57 11:12	28:05 8:08	32:25 4:20	37:40 5:15	44:00 6:20	50:17 6:17	54:41 4:24	1:01:59 7:18	1:07:45 5:46	1:10:53 3:08	1:14:54 4:01	
4	151	Veiga Bugallo, Francisco Javi AROMON Pontevedra	1:19:11	4:06 4:06	8:50 4:44	13:06 4:16	17:24 4:18	26:52 9:28	35:23 8:31	38:17 2:54	41:23 3:06	48:03 6:40	54:32 6:29	59:55 5:23	1:05:22 5:27	1:09:11 3:49	1:13:59 4:48	
5	308	Diaz Congil, Manuel HABELAS HA Vigo	1:20:34	7:08 7:08	11:04 3:56	14:49 3:45	17:05 2:16	23:33 6:28	29:01 5:28	36:03 7:02	43:41 7:38	52:15 8:34	56:33 4:18	1:01:03 4:30	1:08:49 7:46	1:12:17 3:28	1:16:20 4:03	
6	912	Rodríguez Díaz, Carlos	1:28:21	8:38 8:38	17:58 9:20	22:19 4:21	25:07 2:48	35:39 10:32	42:08 6:29	52:03 9:55	53:23 1:20	1:00:49 7:26	1:04:57 4:08	1:09:37 4:40	1:15:18 5:41	1:18:56 3:38	1:22:48 3:52	
7	438	Castedo López, Pablo AD FOGAR Carballo	1:29:44	3:57 3:57	8:24 4:27	11:33 3:09	13:38 2:05	27:09 13:31	33:06 5:57	36:29 3:23	46:18 9:49	56:55 10:37	1:02:00 5:05	1:05:58 3:58	1:15:34 9:36	1:21:19 5:45	1:25:20 4:01	
8	827	Rocha Pena, Pablo FLUVIAL LU Lugo	1:29:47	3:14 3:14	5:47 2:33	8:19 2:32	10:55 2:36	31:33 20:38	43:22 11:49	46:29 3:07	51:14 4:45	1:01:17 10:03	1:06:52 5:35	1:12:10 5:18	1:17:41 5:31	1:20:45 3:04	1:24:39 3:54	
9	7	Caloto Sandamil, José Manuel FLUVIAL LU Lugo	1:30:00	3:23 3:23	7:10 3:47	13:09 5:59	16:00 2:51	23:11 7:11	29:27 6:16	32:26 2:59	50:43 18:17	57:20 6:37	1:02:38 5:18	1:07:54 5:16	1:14:23 6:29	1:16:20 1:57	1:25:05 8:45	
10	350	Iglesias Nández, Raúl TREVINCA O Barco de Valde	1:30:38	4:10 4:10	6:58 2:48	10:10 3:12	18:53 8:43	26:23 7:30	34:10 7:47	38:38 4:28	42:06 3:28	51:49 9:43	57:10 5:21	1:07:22 10:12	1:12:52 5:30	1:16:43 3:51	1:26:42 9:59	
11	71	Castedo López, Julio Miguel APA LICEO A Coruña	1:30:44	4:33 4:33	9:06 4:33	12:53 3:47	15:32 2:39	28:07 12:35	38:22 10:15	41:50 3:28	50:01 8:11	57:18 7:17	1:03:12 5:54	1:08:40 5:28	1:17:34 8:54	1:22:03 4:29	1:25:56 3:53	
12	268	Gallego Miguez, Roberto MONTAÑA FE Ferrol. A Coruñ	1:40:21	5:17 5:17	9:47 4:30	14:32 4:45	19:41 5:09	29:09 9:28	39:02 9:53	43:27 4:25	52:32 9:05	1:02:17 9:45	1:09:10 6:53	1:15:51 6:41	1:23:16 7:25	1:26:32 3:16	1:31:55 5:23	
13	110	Antoñón Clemente, Francisco AROMON Pontevedra	1:44:31	3:09 3:09	7:48 4:39	11:56 4:08	14:33 2:37	26:30 11:57	33:01 6:31	41:01 8:00	55:52 14:51	1:02:13 6:21	1:07:02 4:49	1:14:12 7:10	1:33:26 19:14	1:35:35 2:09	1:40:00 4:25	
14	78	Navia Álvarez, Alfonso APA LICEO A Coruña	1:45:04	3:24 3:24	9:29 6:05	13:31 4:02	16:26 2:55	26:14 9:48	51:02 24:48	53:25 2:23	56:05 2:40	1:02:51 6:46	1:08:05 5:14	1:15:41 7:36	1:27:00 11:19	1:29:25 2:25	1:38:45 9:20	

Pos	Jorsal	Nombre	Tiempo	5530,0 km		15 C		(cont.)										
				1(31) 15(100)	2(33) F	3(34)	4(58)	5(40)	6(41)	7(43)	8(42)	9(54)	10(60)	11(56)	12(47)	13(52)	14(53)	
<b>Homes 21 B (28)</b>																		
15	192	Costas Figueroa, Javier UNIVERSIDA Vigo	1:47:43	6:30 6:30 1:46:50 3:26	13:21 6:51 1:47:43 0:53	17:48 4:27	23:34 5:46	33:06 9:32	42:17 9:11	45:43 3:26	48:15 2:32	1:04:29 16:14	1:12:45 8:16	1:18:03 5:18	1:28:11 10:08	1:39:05 10:54	1:43:24 4:19	
16	466	Rioboo Tejo, Javier BOMBEIROS A Coruña.	1:52:35	6:26 6:26 1:51:39 4:28	10:07 3:41 1:52:35 0:56	13:38 3:31	16:32 2:54	32:10 15:38	43:08 10:58	46:17 3:09	55:31 9:14	1:13:52 18:21	1:19:06 5:14	1:24:19 5:13	1:32:04 7:45	1:39:37 7:33	1:47:11 7:34	
17	94	Senin Canosa, Ignacio APA LICEO A Coruña	1:53:04	7:09 7:09 1:52:13 4:47	10:58 3:49 1:53:04 0:51	15:33 4:35	22:50 7:17	32:31 9:41	44:03 11:32	47:57 3:54	52:34 4:37	1:00:05 7:31	1:19:42 19:37	1:27:58 8:16	1:36:03 8:05	1:41:25 5:22	1:47:26 6:01	
18	345	Aller Estévez, Pablo Adrián TREVINCA O Barco de Valde	2:00:06	4:45 4:45 1:58:38 4:51	10:00 5:15 2:00:06 1:28	14:48 4:48	19:20 4:32	31:19 11:59	53:58 22:39	58:24 4:26	1:08:35 10:11	1:18:03 9:28	1:25:02 6:59	1:30:41 5:39	1:44:07 13:26	1:48:14 4:07	1:53:47 5:33	
19	64	Arufe Varela, Juan Manuel APA LICEO A Coruña	2:00:45	4:30 4:30 1:59:29 6:59	11:14 6:44 2:00:45 1:16	15:49 4:35	19:57 4:08	35:11 15:14	46:34 11:23	58:34 12:00	1:05:34 7:00	1:15:57 10:23	1:23:55 7:58	1:29:56 6:01	1:43:08 13:12	1:46:48 3:40	1:52:30 5:42	
20	421	Sampedro Muñiz, José Manue USC Santiago de Compostela	2:01:02	8:40 8:40 1:59:35 6:01	13:30 4:50 2:01:02 1:27	18:38 5:08	27:02 8:24	39:01 11:59	53:33 14:32	57:19 3:46	1:07:25 10:06	1:16:18 8:53	1:23:13 6:55	1:27:56 4:43	1:37:42 9:46	1:45:56 8:14	1:53:34 7:38	
21	355	Trejo Garcia, Miguel Angel TREVINCA O Barco de Valde	2:02:00	5:53 5:53 2:00:29 5:30	10:51 4:58 2:02:00 1:31	15:58 5:07	20:12 4:14	32:51 12:39	55:34 22:43	59:25 3:51	1:10:03 10:38	1:19:38 9:35	1:26:19 6:41	1:32:17 5:58	1:42:53 10:36	1:49:23 6:30	1:54:59 5:36	
22	351	Limeres Antonio, Miguel Ange TREVINCA O Barco de Valde	2:14:08	7:04 7:04 2:12:50 4:50	12:04 5:00 2:14:08 1:18	18:07 6:03	22:29 4:22	33:57 11:28	48:47 14:50	56:35 7:48	1:14:07 17:32	1:26:21 12:14	1:35:04 8:43	1:41:23 6:19	1:53:02 11:39	2:00:33 7:31	2:08:00 7:27	
23	29	Lafuente, Juan José FLUVIAL LU Lugo	2:20:54	5:44 5:44 2:19:41 5:08	9:29 3:45 2:20:54 1:13	24:39 15:10	28:50 4:11	45:34 16:44	1:05:49 20:15	1:08:03 2:14	1:10:39 2:36	1:24:30 13:51	1:28:48 4:18	1:41:35 12:47	1:50:21 8:46	1:55:10 4:49	2:14:33 19:23	
24	415	Sánchez Marcote, Borja JARNACHAS Arteixo	2:35:09	6:56 6:56 2:33:13 6:40	12:09 5:13 2:35:09 1:56	17:22 5:13	22:21 4:59	42:19 19:58	52:06 9:47	1:07:49 15:43	1:16:36 8:47	1:29:22 12:46	1:35:53 6:31	1:43:28 7:35	2:08:13 24:45	2:18:48 10:35	2:26:33 7:45	
25	379	Santos Blanco, Juan Jose ADCARNELA Porto do Son	2:52:36	4:56 4:56 2:50:47 8:03	9:20 4:24 2:52:36 1:49	33:26 24:06	36:37 3:11	47:41 11:04	1:02:34 14:53	1:04:47 2:13	1:21:43 16:56	1:46:05 24:22	1:56:51 10:46	2:20:43 23:52	2:31:59 11:16	2:37:13 5:14	2:42:44 5:31	
	417	Fernández Martínez, Carlos FLUVIAL LU Lugo	r en tarj.	6:26 6:26 ---- 1:38:43 44:07	10:48 4:22 ---- 1:38:43 44:07	13:48 3:00	22:11 8:23	32:21 10:10	51:36 19:15	54:36 3:00	----	----	----	----	----	----	----	
	810	Jérez López, David FLUVIAL LU Lugo	r en tarj.	7:39 7:39 ---- 1:54:39 20:07	17:23 9:44 ---- 1:54:39 20:07	25:23 8:00	30:35 5:12	56:06 25:31	1:04:31 8:25	1:10:06 5:35	1:34:32 24:26	----	----	----	----	----	----	
	51	Soto Fernández, Antonio FLUVIAL LU Lugo	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----	

<b>Homes 35 (27)</b>				6150,0 km		17 C												
				1(31) 15(52)	2(33) 16(53)	3(35) 17(100)	4(58) F	5(37)	6(39)	7(40)	8(42)	9(41)	10(44)	11(50)	12(66)	13(45)	14(51)	
1	69	Casado Bravo, David APA LICEO A Coruña	58:55	2:38 2:38 52:15 1:26	5:18 2:40 55:04 2:49	8:09 2:51 58:09 3:05	10:06 1:57 58:55 0:46	12:33 2:27	16:01 3:28	18:08 2:07	23:41 5:33	26:01 2:20	29:48 3:47	34:56 5:08	37:40 2:44	45:34 7:54	50:49 5:15	
2	203	Pastoriza Santos, Vicente UNIVERSIDA Vigo	1:10:11	2:53 2:53 1:02:07 1:49	6:02 3:09 1:05:31 3:24	10:05 4:03 1:09:11 3:40	12:19 2:14 1:10:11 1:00	17:13 4:54	20:04 2:51	22:38 2:34	28:14 5:36	35:14 7:00	38:58 3:44	44:38 5:40	47:19 2:41	55:23 8:04	1:00:18 4:55	
3	309	Ferrer Vidal, Francisco José HABELAS HA Vigo	1:13:29	2:36 2:36 1:05:26 1:52	6:15 3:39 1:09:10 3:44	10:01 3:46 1:12:44 3:34	12:34 2:33 1:13:29 0:45	15:09 2:35	17:49 2:40	23:47 5:58	29:10 5:23	31:59 2:49	36:24 4:25	45:10 8:46	48:14 3:04	57:44 9:30	1:03:34 5:50	
4	191	Armada Luaces, José Luis UNIVERSIDA Vigo	1:14:28	3:14 3:14 1:05:52 2:07	7:31 4:17 1:09:59 3:11	12:34 5:03 1:13:35 3:36	15:09 2:35 1:14:28 0:53	17:59 2:50	22:20 4:21	25:27 3:07	31:06 5:39	36:23 5:17	40:47 4:24	46:57 6:10	50:05 3:08	58:18 8:13	1:03:45 5:27	
5	59	Antón Casado, Arturo APA LICEO A Coruña	1:14:34	3:23 3:23 1:06:58 2:05	6:53 3:30 1:10:09 3:11	14:01 7:08 1:13:47 3:38	16:29 2:28 1:14:34 0:47	19:43 3:14	23:16 3:33	25:55 2:39	31:23 5:28	34:25 3:02	39:58 5:33	45:54 5:56	48:58 3:04	59:18 10:20	1:04:53 5:35	
6	186	Traveso Rodríguez, Santiago ARTABROS A Coruña	1:18:16	3:23 3:23 1:09:53 2:07	7:27 4:04 1:13:29 3:36	13:29 6:02 1:17:19 3:50	15:56 2:27 1:18:16 0:57	18:46 2:50	21:39 2:53	23:58 2:19	29:23 5:25	35:02 5:39	39:08 4:06	47:34 8:26	51:19 3:45	1:01:07 9:48	1:07:46 6:39	
7	220	Pacheco Sancho, José Ramór USC Santiago de Compostela	1:20:15	3:51 3:51 1:11:26 2:25	7:09 3:18 1:15:24 3:58	14:03 6:54 1:19:24 4:00	16:37 2:34 1:20:15 0:51	20:05 3:28	22:24 2:19	25:21 2:57	31:27 6:06	34:18 2:51	39:32 5:14	52:21 12:49	55:42 3:21	1:03:08 7:26	1:09:01 5:53	

Pos	Jorsal	Nombre	Tiempo	6150,0 km		17 C (cont.)											
				1(31)	2(33)	3(35)	4(58)	5(37)	6(39)	7(40)	8(42)	9(41)	10(44)	11(50)	12(66)	13(45)	14(51)
				15(52)	16(53)	17(100)	F										
<b>Homes 35 (27)</b>																	
8	180	Pedreira Romero, Fernando ARTABROS A Coruña	1:22:37	3:27 3:27 1:12:44 2:03	8:42 5:15 1:18:13 5:29	13:48 5:06 1:21:50 3:37	16:02 2:14 1:22:37 0:47	20:43 4:41	23:08 2:25	25:56 2:48	31:48 5:52	35:05 3:17	39:18 4:13	45:10 5:52	49:05 3:55	1:04:33 15:28	1:10:41 6:08
9	274	Lopez Suarez, Andres MONTAÑA FE Ferrol. A Coruña	1:23:19	3:02 3:02 1:10:44 2:21	6:16 3:14 1:18:41 7:57	10:35 4:19 1:22:31 3:50	13:36 3:01 1:23:19 0:48	18:46 5:10	22:19 3:33	25:15 2:56	35:12 9:57	38:08 2:56	43:54 5:46	50:44 6:50	54:01 3:17	1:03:02 9:01	1:08:23 5:21
10	140	Ricoy Bugarín, José Antonio AROMON Pontevedra	1:23:39	3:31 3:31 1:14:44 2:20	7:44 4:13 1:18:26 3:42	12:48 5:04 1:22:37 4:11	15:23 2:35 1:23:39 1:02	18:18 2:55	22:50 4:32	26:28 3:38	32:29 6:01	38:09 5:40	45:44 7:35	53:04 7:20	56:51 3:47	1:06:20 9:29	1:12:24 6:04
11	325	González Miramontes, Eduard SEO Ordes	1:26:18	3:26 3:26 1:13:42 1:48	7:18 3:52 1:22:36 8:54	11:52 4:34 1:25:36 3:00	13:59 2:07 1:26:18 0:42	16:51 2:52	19:22 2:31	21:42 2:20	27:02 5:20	41:55 14:53	46:46 4:51	52:00 5:14	55:08 3:08	1:03:28 8:20	1:11:54 8:26
12	270	García García, Jose A. MONTAÑA FE Ferrol. A Coruña	1:32:21	3:14 3:14 1:23:00 2:01	10:30 7:16 1:27:39 4:39	14:15 3:45 1:31:32 3:53	18:34 4:19 1:32:21 0:49	21:17 2:43	25:11 3:54	28:34 3:23	34:04 5:30	37:38 3:34	47:22 9:44	57:34 10:12	1:00:06 2:32	1:08:24 8:18	1:20:59 12:35
13	378	Santos Blanco, Alberto ADCARNELA Porto do Son	1:33:09	4:32 4:32 1:26:00 1:49	9:56 5:24 1:29:05 3:05	14:15 4:19 1:32:19 3:14	16:16 2:01 1:33:09 0:50	20:35 4:19	23:18 2:43	26:20 3:02	31:13 4:53	40:20 9:07	48:35 8:15	54:44 6:09	57:56 3:12	1:16:20 18:24	1:24:11 7:51
14	174	López Pérez, Jose Miguel ARTABROS A Coruña	1:35:18	4:01 4:01 1:24:01 2:50	9:10 5:09 1:30:10 6:09	14:04 4:54 1:34:07 3:57	17:34 3:30 1:35:18 1:11	21:59 4:25	25:15 3:16	29:58 4:43	37:19 7:21	40:06 2:47	45:57 5:51	53:04 7:07	56:33 3:29	1:13:02 16:29	1:21:11 8:09
15	275	López Peiteado, Antonio Javier MONTAÑA FE Ferrol. A Coruña	1:35:59	3:54 3:54 1:20:28 2:34	8:34 4:40 1:32:00 11:32	15:34 7:00 1:35:15 3:15	20:29 4:55 1:35:59 0:44	24:09 3:40	26:49 2:40	31:48 4:59	37:06 5:18	39:37 2:31	46:37 7:00	55:41 9:04	1:00:02 4:21	1:08:32 8:30	1:17:54 9:22
16	72	Castrillón Manso, José Antoni APA LICEO A Coruña	1:36:53	3:06 3:06 1:28:39 2:45	6:19 3:13 1:32:07 3:28	16:57 10:38 1:35:53 3:46	19:59 3:02 1:36:53 1:00	23:04 3:05	25:53 2:49	28:39 2:46	36:52 8:13	39:21 2:29	44:09 4:48	51:01 6:52	53:40 2:39	1:20:08 26:28	1:25:54 5:46
17	340	González Romano, Rodrigo GALICIA CA Ferrol	1:44:18	3:33 3:33 1:34:54 6:18	7:52 4:19 1:40:07 5:13	12:40 4:48 1:43:24 3:17	16:02 3:22 1:44:18 0:54	25:58 9:56	28:49 2:51	31:00 2:11	39:23 8:23	42:56 3:33	49:44 6:48	57:30 7:46	1:00:39 3:09	1:23:50 23:11	1:28:36 4:46
18	208	Pérez Juste, Jorge UNIVERSIDA Vigo	1:44:25	4:48 4:48 1:35:31 3:02	10:18 5:30 1:39:30 3:59	17:55 7:37 1:43:35 4:05	20:49 2:54 1:44:25 0:50	24:59 4:10	28:20 3:21	32:00 3:40	41:58 9:58	44:53 2:55	59:42 14:49	1:09:15 9:33	1:13:48 4:33	1:25:54 12:06	1:32:29 6:35
19	437	Carnota Mosquera, Juan Ramon AD FOGAR Carballo	1:56:55	2:55 2:55 1:46:26 2:47	5:57 3:02 1:50:10 3:44	18:47 12:50 1:54:31 4:21	21:33 2:46 1:56:55 2:24	24:58 3:25	27:43 2:45	30:21 2:38	38:40 8:19	47:49 9:09	1:10:10 22:21	1:16:14 6:04	1:20:54 4:40	1:36:18 15:24	1:43:39 7:21
20	217	Fraga Castro, Santiago USC Santiago de Compostela	2:16:35	6:17 6:17 1:56:26 3:37	12:49 6:32 2:09:48 13:22	24:33 11:44 2:15:04 5:16	28:09 3:36 2:16:35 1:31	33:37 5:28	37:09 3:32	42:24 5:15	50:41 8:17	57:42 7:01	1:07:13 9:31	1:17:12 9:59	1:24:02 6:50	1:37:58 13:56	1:52:49 14:51
343		Velázquez González, Matías GALICIA CA Ferrol	r en tarj.	7:09 7:09 1:30:27 2:44	11:33 4:24 1:35:56 5:29	----- ----- 1:40:11 4:15	21:02 9:29 1:41:26 1:15	27:53 6:51	33:03 5:10	36:06 3:03	44:08 8:02	47:57 3:49	53:47 5:50	1:01:37 7:50	1:06:05 4:28	1:18:48 12:43	1:27:43 8:55
335		Varela Lorenzo, Francisco SEO Ordes	r en tarj.	2:38 2:38 ----- -----	5:18 2:40 ----- -----	8:53 3:35 ----- -----	11:05 2:12 ----- -----	13:24 2:19	15:23 1:59	17:23 2:00	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
45		Rodríguez López, Rafael FLUVIAL LU Lugo	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
357		Trigo Recarey, Xan Mariano TREVINCA O Barco de Valde	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
315		Pío Vaquero, César HABELAS HA Vigo	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
422		Sampedro Muñiz, Ramón USC Santiago de Compostela	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
322		Cabo Areoso, Jose Antonio SEO Ordes	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
<b>Homes 45 (21)</b>																	
				5530,0 km		15 C											
				1(31)	2(33)	3(34)	4(58)	5(40)	6(41)	7(43)	8(42)	9(54)	10(60)	11(56)	12(47)	13(52)	14(53)
				15(100)	F												
1	260	Sancosmed Torres, José Manu GALLAECIA A Coruña	1:12:28	3:06 3:06 1:11:37 3:36	5:45 2:39 1:12:28 0:51	8:28 2:43	14:43 6:15	24:31 9:48	30:26 5:55	33:01 2:35	38:41 5:40	44:01 5:20	47:36 3:35	51:28 3:52	1:01:37 10:09	1:04:06 2:29	1:08:01 3:55

Pos	Jorsal	Nombre	Tiempo															
<b>Homes 45 (21)</b>			<b>5530,0 km</b>		<b>15 C (cont.)</b>													
			1(31) 15(100)	2(33) F	3(34)	4(58)	5(40)	6(41)	7(43)	8(42)	9(54)	10(60)	11(56)	12(47)	13(52)	14(53)		
2	162	Carballo Fernández, Juan Car ARTABROS A Coruña	1:13:02	6:03 6:03 1:12:06 3:49	10:36 4:33 1:13:02 0:56	13:44 3:08	16:52 3:08	24:58 8:06	32:20 7:22	36:19 3:59	38:46 2:27	46:13 7:27	50:39 4:26	55:20 4:41	1:01:31 6:11	<b>1:03:49</b> 2:18	1:08:17 4:28	
3	50	Seco Álvarez, Fernando FLUVIAL LU Lugo	1:16:36	3:31 3:31 1:15:50 4:34	7:02 3:31 1:16:36 <b>0:46</b>	10:16 3:14	12:51 2:35	<b>20:22</b> 7:31	<b>26:03</b> 5:41	32:50 6:47	<b>34:33</b> <b>1:43</b>	<b>43:28</b> 8:55	<b>47:31</b> 4:03	52:01 4:30	<b>1:01:14</b> 9:13	1:07:23 6:09	1:11:16 3:53	
4	37	Parga Andón, Pedro FLUVIAL LU Lugo	1:18:40	4:15 4:15 1:17:43 3:32	9:09 4:54 1:18:40 0:57	12:42 3:33	15:00 2:18	21:25 <b>6:25</b>	26:42 <b>5:17</b>	<b>31:30</b> 4:48	44:47 13:17	50:05 <b>5:18</b>	54:27 4:22	58:56 4:29	1:08:25 9:29	1:10:26 <b>2:01</b>	1:14:11 3:45	
5	209	Pinal Otero, David Eladio UNIVERSIDA Vigo	1:22:34	3:35 3:35 1:21:40 4:35	9:23 5:48 1:22:34 0:54	13:10 3:47	16:56 3:46	26:32 9:36	37:39 11:07	41:03 3:24	43:35 2:32	50:02 6:27	56:44 6:42	1:01:37 4:53	1:10:25 8:48	1:13:01 2:36	1:17:05 4:04	
6	316	Rodilla Guerricagoitia, Santiag HABELAS HA Vigo	1:24:26	3:54 3:54 1:23:27 3:50	7:39 3:45 1:24:26 0:59	11:26 3:47	14:24 2:58	24:01 9:37	32:48 8:47	43:05 10:17	47:59 4:54	57:29 9:30	1:01:41 4:12	1:06:42 5:01	1:13:09 6:27	1:16:02 2:53	1:19:37 <b>3:35</b>	
7	49	Sanmartín Matalobos, Jesús FLUVIAL LU Lugo	1:26:48	3:28 3:28 1:25:59 <b>3:23</b>	7:29 4:01 1:26:48 0:49	10:29 3:00	<b>12:36</b> <b>2:07</b>	25:07 12:31	31:57 6:50	37:11 5:14	41:11 4:00	49:41 8:30	53:31 3:50	58:23 4:52	1:06:37 8:14	1:08:53 2:16	1:22:36 13:43	
8	187	Abad Vives, Carles UNIVERSIDA Vigo	1:29:39	6:56 6:56 1:28:24 4:55	12:06 5:10 1:29:39 1:15	18:02 5:56	21:13 3:11	32:01 10:48	43:41 11:40	47:06 3:25	50:11 3:05	56:12 6:01	1:02:54 6:42	1:07:39 4:45	1:16:16 8:37	1:19:03 2:47	1:23:29 4:26	
9	269	García Couce, Antonio MONTAÑA FE Ferrol. A Coruña	1:35:04	8:16 8:16 1:34:10 3:35	11:55 3:39 1:35:04 0:54	16:23 4:28	21:06 4:43	30:00 8:54	36:37 6:37	40:19 3:42	43:01 2:42	1:00:00 16:59	1:06:02 6:02	1:12:20 6:18	1:19:40 7:20	1:25:01 5:21	1:30:35 5:34	
10	90	Rodríguez Bueno, Jose Luis APA LICEO A Coruña	1:37:37	4:03 4:03 1:36:34 3:55	8:51 4:48 1:37:37 1:03	11:47 2:56	15:03 3:16	26:18 11:15	35:27 9:09	40:19 4:52	48:56 8:37	59:06 10:10	1:05:21 6:15	1:10:24 5:03	1:16:15 <b>5:51</b>	1:26:52 10:37	1:32:39 5:47	
11	169	Gómez Cobas, Francisco ARTABROS A Coruña	1:41:10	12:50 12:50 1:40:09 4:25	16:57 4:07 1:41:10 1:01	20:12 3:15	23:26 3:14	33:04 9:38	40:02 6:58	44:26 4:24	52:40 8:14	58:36 5:56	1:03:32 4:56	1:15:46 12:14	1:27:06 11:20	1:30:59 3:53	1:35:44 4:45	
12	116	Díaz Falcon, Gilberto AROMON Pontevedra	1:41:17	4:24 4:24 1:40:02 5:14	9:43 5:19 1:41:17 1:15	18:18 8:35	22:00 3:42	31:12 9:12	41:08 9:56	46:34 5:26	55:35 9:01	1:02:58 7:23	1:10:23 7:25	1:16:08 5:45	1:24:54 8:46	1:29:29 4:35	1:34:48 5:19	
13	205	Peláez Méndez, Patricio UNIVERSIDA Vigo	1:47:22	6:30 6:30 1:46:28 6:30	10:35 4:05 1:47:22 0:54	14:09 3:34	17:36 3:27	28:57 11:21	40:36 11:39	51:37 11:01	59:49 8:12	1:09:34 9:45	1:17:05 7:31	1:21:43 4:38	1:30:59 9:16	1:35:33 4:34	1:39:58 4:25	
14	223	Ramos Lozano, Eduardo V. USC Santiago de Compostela	1:50:39	4:45 4:45 1:49:28 5:43	9:22 4:37 1:50:39 1:11	15:04 5:42	18:12 3:08	26:31 8:19	35:28 8:57	43:09 7:41	46:34 3:25	1:09:59 23:25	1:15:40 5:41	1:21:04 5:24	1:28:32 7:28	1:38:40 10:08	1:43:45 5:05	
15	119	Fernández Casalderrey, Javier AROMON Pontevedra	1:55:50	3:42 3:42 1:54:11 5:26	7:39 3:57 1:55:50 1:39	11:14 3:35	13:57 2:43	27:04 13:07	39:33 12:29	45:11 5:38	1:01:41 16:30	1:14:37 12:56	1:20:47 6:10	1:29:08 8:21	1:36:25 7:17	1:41:23 4:58	1:48:45 7:22	
16	226	Souto Castro, Manuel Martín USC Santiago de Compostela	1:58:27	5:01 5:01 1:57:10 5:22	9:38 4:37 1:58:27 1:17	13:52 4:14	23:55 10:03	37:56 14:01	49:34 11:38	53:33 3:59	57:15 3:42	1:10:23 13:08	1:18:44 8:21	1:29:06 10:22	1:43:00 13:54	1:46:18 3:18	1:51:48 5:30	
17	84	Pérez Chamorro, Juan APA LICEO A Coruña	2:18:06	8:28 8:28 2:16:46 4:49	15:24 6:56 2:18:06 1:20	21:58 6:34	26:21 4:23	37:45 11:24	52:28 14:43	1:00:30 8:02	1:17:29 16:59	1:30:16 12:47	1:39:02 8:46	1:45:17 6:15	1:57:12 11:55	2:04:29 7:17	2:11:57 7:28	
18	279	Sande Rodríguez, Francisco MONTAÑA FE Ferrol. A Coruña	2:40:15	4:10 4:10 2:37:46 5:23	8:17 4:07 2:40:15 2:29	11:49 3:32	14:59 3:10	28:53 13:54	40:49 11:56	47:20 6:31	53:23 6:03	1:23:01 29:38	1:28:28 5:27	2:07:17 38:49	2:23:53 16:36	2:27:13 3:20	2:32:23 5:10	
19	137	Pérez Pérez, Juan Ramón AROMON Pontevedra	3:07:31	6:34 6:34 3:05:45 7:25	12:48 6:14 3:07:31 1:46	18:12 5:24	22:55 4:43	47:23 24:28	1:15:39 28:16	1:21:14 5:35	1:37:18 16:04	1:57:48 20:30	2:07:10 9:22	2:29:22 22:12	2:42:27 13:05	2:46:26 3:59	2:58:20 11:54	
	196	Fuertes González, Enrique UNIVERSIDA Vigo	r en tarj.	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
	833	Sáez Abuín, Luis Mateo FLUVIAL LU Lugo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	

<b>Homes Élite (27)</b>			<b>7340,0 km</b>		<b>19 C</b>													
			1(32) 15(56)	2(33) 16(46)	3(36) 17(47)	4(38) 18(48)	5(39) 19(100)	6(40) F	7(41)	8(44)	9(43)	10(42)	11(54)	12(50)	13(45)	14(51)		
1	105	Álvarez Serto, Ángel AROMON Pontevedra	1:03:34	3:18 3:18 48:53 2:31	5:18 2:00 51:44 2:51	10:17 4:59 55:44 4:00	13:46 3:29 59:45 4:01	16:50 3:04 1:03:01 3:16	18:28 <b>1:38</b> 1:03:34 0:33	22:51 4:23	26:12 3:21	28:41 2:29	<b>29:49</b> <b>1:08</b>	34:02 4:13	<b>36:20</b> <b>2:18</b>	<b>42:25</b> <b>6:05</b>	<b>46:22</b> 3:57	

Pos	Jorsal	Nombre	Tiempo														
<i>Homes Élite (27)</i>				<b>7340,0 km</b>		<b>19 C</b>		<i>(cont.)</i>									
				1(32)	2(33)	3(36)	4(38)	5(39)	6(40)	7(41)	8(44)	9(43)	10(42)	11(54)	12(50)	13(45)	14(51)
				15(56)	16(46)	17(47)	18(48)	19(100)	F								
2	431	Sancosmed Vazquez, Juan Jo AABT Paderne	1:11:49	4:10 4:10	6:04 1:54	10:19 4:15	13:57 3:38	16:11 <b>2:14</b>	17:50 1:39	22:25 4:35	25:53 3:28	29:34 3:41	31:57 2:23	38:16 6:19	41:01 2:45	47:24 6:23	52:32 5:08
3	118	Fernández Casalderrey, Gonz AROMON Pontevedra	1:17:59	3:09 <b>2:40</b>	2:58 2:13	4:08 4:28	4:59 3:40	3:20 2:39	0:43 1:41	21:25 4:04	25:31 4:06	<b>28:23</b> 2:52	29:57 1:34	<b>33:43</b> <b>3:46</b>	36:29 2:46	47:03 10:34	50:19 <b>3:16</b>
4	77	Mera García, Iván APA LICEO A Coruña	1:19:46	3:06 3:06	5:28 2:22	10:50 5:22	14:59 4:09	17:50 2:51	19:37 1:47	25:13 5:36	28:40 3:27	32:26 3:46	38:18 5:52	42:37 4:19	45:34 2:57	52:46 7:12	57:15 4:29
5	62	Arufe Varela, Alberto APA LICEO A Coruña	1:26:00	3:49 3:49	6:36 2:47	11:42 5:06	15:59 4:17	20:25 4:26	22:37 2:12	27:28 4:51	31:30 4:02	33:33 2:03	35:17 1:44	41:18 6:01	45:47 4:29	54:40 8:53	59:42 5:02
6	263	Varela Paz, Borja AABT Paderne	1:26:09	3:58 3:58	7:20 3:22	11:36 4:16	15:23 3:47	18:26 3:03	20:27 2:01	26:06 5:39	30:12 4:06	33:41 3:29	37:04 3:23	43:53 6:49	47:08 3:15	54:09 7:01	59:19 5:10
7	387	Camblor Quirós, Miguel FAICAMIÑO A Coruña (Oleiros)	1:27:54	10:12 10:12	12:55 2:43	17:19 4:24	21:47 4:28	25:55 4:08	27:50 1:55	32:37 4:47	36:42 4:05	40:29 3:47	46:21 5:52	50:41 4:20	53:35 2:54	1:00:47 7:12	1:05:16 4:29
8	305	Varela Yáñez, Marcos BOMBEIROS A Coruña.	1:29:32	3:51 3:51	6:25 2:34	11:55 5:30	16:02 4:07	18:57 2:55	21:11 2:14	27:41 6:30	30:36 <b>2:55</b>	32:37 2:01	36:10 3:33	42:14 6:04	45:55 3:41	53:46 7:51	1:00:09 6:23
9	63	Arufe Varela, Javier APA LICEO A Coruña	1:31:50	3:55 3:55	6:55 3:00	12:30 5:35	17:52 5:22	22:16 4:24	25:03 2:47	30:52 5:49	34:56 4:04	37:53 2:57	39:49 1:56	45:42 5:53	49:31 3:49	1:01:12 11:41	1:07:08 5:56
10	160	Carballo Alviárez, Xan ARTABROS A Coruña	1:35:25	4:31 4:22	4:12 7:50	5:05 13:48	5:40 19:19	4:24 23:34	0:50 26:09	34:37 8:28	39:35 4:58	41:58 2:23	43:48 1:50	49:55 6:07	53:21 3:26	1:02:52 9:31	1:07:26 4:34
11	12	Corral Alonso, Alberto FLUVIAL LU Lugo	1:36:45	4:21 5:36	4:32 2:45	4:45 8:42	8:02 6:54	5:02 5:28	1:17 2:46	1:11:47 4:56	1:16:19 3:56	1:21:04 3:30	1:29:06 5:50	1:34:08 4:21	1:35:25 2:44	1:40:38 7:21	1:46:05 5:23
12	87	Ramos Asensio, Luis Javier APA LICEO A Coruña	1:38:12	3:49 3:49	6:56 3:07	12:58 6:02	17:43 4:45	22:35 4:52	24:33 1:58	29:22 4:49	33:36 4:14	35:53 2:17	37:33 1:40	54:48 17:15	58:18 3:30	1:08:39 10:21	1:14:13 5:34
13	89	Riestra González, Santiago APA LICEO A Coruña	1:40:20	3:46 6:04	4:35 9:30	4:25 14:48	5:24 19:06	5:08 21:54	0:41 23:54	29:14 5:20	32:54 3:40	36:31 3:37	42:28 5:57	47:23 4:55	50:13 2:50	56:51 6:38	1:01:27 4:36
14	107	Alvelo Fraguela, Javier AROMON Pontevedra	1:40:38	8:53 5:55	4:00 2:44	10:34 5:08	10:37 5:14	3:52 7:04	0:57 2:07	1:11:47 10:27	1:16:19 4:42	1:21:04 4:51	1:29:06 1:48	1:34:08 5:35	1:35:25 3:00	1:40:38 12:05	1:46:05 5:03
15	149	Varela Rivera, Manuel AROMON Pontevedra	1:42:56	8:07 3:54	4:10 7:05	<b>3:44</b> 12:12	7:18 17:17	3:43 22:13	0:50 24:21	34:41 10:20	39:29 4:48	41:22 <b>1:53</b>	43:31 2:09	48:31 5:00	52:31 4:00	1:05:34 13:03	1:12:40 7:06
16	281	Torviso Berdeal, Jose Antonic MONTAÑA FE Ferrol. A Coruña	1:44:50	6:33 6:33	9:46 3:13	15:21 5:35	20:21 5:00	23:30 3:09	25:56 2:26	30:56 5:00	35:30 4:34	37:37 2:07	41:47 4:10	48:12 6:25	59:00 10:48	1:11:11 12:11	1:17:22 6:11
17	330	Morlán Rodríguez, Jose Angel SEO Ordes	1:47:21	5:50 4:08	4:24 7:03	5:01 12:58	6:48 18:53	4:22 25:33	1:03 28:04	1:21:03 7:19	1:25:26 4:18	1:35:04 2:25	1:41:51 2:51	1:46:39 12:17	1:47:21 4:01	1:49:27 8:05	1:51:26 7:34
18	267	Fernández Otero, Oscar MONTAÑA FE Ferrol. A Coruña	1:49:27	4:09 6:23	4:23 9:06	9:38 17:24	6:47 23:05	4:48 27:10	0:42 29:16	33:47 4:31	39:15 5:28	46:31 7:16	52:18 5:47	1:01:19 9:01	1:05:02 3:43	1:13:52 8:50	1:21:14 7:22
19	134	Pérez Alonso, Adrián AROMON Pontevedra	1:50:14	4:10 4:44	3:26 8:09	9:05 14:25	7:08 19:14	3:41 24:03	0:43 27:29	38:31 11:02	43:12 4:41	45:49 2:37	51:41 5:52	57:46 6:05	1:01:08 3:22	1:16:32 15:24	1:25:35 9:03
20	375	Fernández Torres, Ramón ADCARNELA Porto do Son	1:51:26	5:29 9:11	3:38 11:29	5:26 18:29	4:49 22:43	4:36 29:25	0:41 32:08	36:56 4:48	41:29 4:33	44:59 3:30	50:38 5:39	1:01:06 10:28	1:06:25 5:19	1:14:42 8:17	1:24:31 9:49
21	204	Pazó Pazó, Martín UNIVERSIDA Vigo	1:52:12	8:49 4:05	4:06 8:11	10:35 13:47	10:29 20:03	3:53 28:16	0:51 30:08	35:39 5:31	42:15 6:36	46:53 4:38	48:29 1:36	55:31 7:02	1:01:45 6:14	1:08:57 7:12	1:13:29 4:32
22	207	Pérez Juste, German UNIVERSIDA Vigo	1:53:34	8:49 5:22	4:06 8:57	10:35 15:45	10:29 23:10	3:53 28:10	0:51 30:15	36:05 5:50	40:27 4:22	44:11 3:44	46:59 2:48	53:44 6:45	1:02:16 8:32	1:18:26 16:10	1:25:15 6:49
23	247	Mosquera Ríos, José Ramón GALLAECIA A Coruña	2:24:13	8:49 11:23	2:03:10 5:02	2:11:24 5:40	2:17:53 7:45	2:23:14 6:44	2:24:13 9:59	53:01 6:28	1:00:00 6:59	1:03:22 3:22	1:12:18 8:56	1:25:07 12:49	1:31:36 6:29	1:40:54 9:18	1:49:15 8:21



