

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
|--|--------|-------------------------------------|----|-----------------------|------------------|
| Iniciación Corta (22/22) Actualizado: 19:47 | | | | | |
| 1 | 901 | Souto Prieto, Antonio | 99 | | 49:16 |
| 2 | 822 | Gomez Pardo, Mar | 70 | | 1:06:33 |
| 3 | 858 | Blanco Pérez, Andrea | 98 | FLUVIAL LU Lugo | 1:08:24 |
| 3 | 857 | Pasarín López, Lucía | 98 | FLUVIAL LU Lugo | 1:08:24 |
| 5 | 893 | Limeres Vazquez, Carlos | 01 | TREVINCA O Barco de \ | 1:08:56 |
| 6 | 900 | Souto Prieto, María | 91 | | 1:09:14 |
| 7 | 894 | Limeres Vazquez, Irene | 03 | TREVINCA O Barco de \ | 1:09:31 |
| 8 | 896 | Vazquez Dominguez, Montserrat | 70 | TREVINCA O Barco de \ | 1:09:47 |
| 9 | 905 | Santos Rodríguez, Marcos | 05 | APA LICEO A Coruña | 1:13:50 |
| 10 | 840 | Cañas Veira, Sergio | 00 | FAICAMIÑO A Coruña (C | 1:15:06 |
| 11 | 815 | Rodríguez Becerra, Balbina | 57 | FAICAMIÑO A Coruña (C | 1:21:52 |
| 12 | 926 | Prida Lobelos, Hugo | 03 | MONTAÑA FE Ferrol. A | 1:22:11 |
| 13 | 816 | Bello Landeira, Suso | 51 | FAICAMIÑO A Coruña (C | 1:23:48 |
| 14 | 804 | Méndez Toural, Pablo | 70 | | 1:27:33 |
| 15 | 921 | Garcia Lopez, Carlota | 05 | ARTABROS A Coruña | 1:31:11 |
| 16 | 399 | Vinagre Barros, Martin | 07 | FAICAMIÑO A Coruña (C | 1:38:52 |
| 17 | 922 | Lopez Perez, M ^a Dolores | 64 | ARTABROS A Coruña | 2:01:28 |
| 18 | 801 | Aller Pfirter, Mailén | 07 | TREVINCA O Barco de \ | 2:14:20 |
| | 853 | Varela Gutierrez, David | 04 | SEO Ordes | Fuera de control |
| | 918 | Traveso Rodriguez, Sara | 03 | ARTABROS A Coruña | Fuera de control |
| | 70 | Casado Nuñez, Eva | 06 | APA LICEO A Coruña | Error en tarj. |
| | 927 | Blanco Puey, Juan Carlos | 75 | BOMBEIROS A Coruña. | Desc. |

Iniciación Longa (116/116) Actualizado: 19:47

| | | | | | |
|----|-----|-----------------------------------|----|------------------------|---------|
| 1 | 919 | Perez Valin, Carlos | 11 | | 43:04 |
| 2 | 914 | Hortas Luaces, Ivan | 80 | | 43:17 |
| 3 | 886 | Real Estevez, Carlos José | 89 | FLUVIAL LU Lugo | 46:08 |
| 4 | 885 | García Fernandez, Daniel | 90 | FLUVIAL LU Lugo | 46:09 |
| 5 | 942 | Rodríguez Acevedo, Manuel | 86 | FLUVIAL LU Lugo | 51:46 |
| 6 | 832 | Freire Fernández, Jorge | 81 | FLUVIAL LU Lugo | 52:07 |
| 7 | 910 | Pernas Gomez, Begoña | 74 | MONTAÑA FE Ferrol. A | 53:24 |
| 8 | 890 | Seijo Picado, Manuel | 84 | FLUVIAL LU Lugo | 54:11 |
| 9 | 943 | Rabuñal Lopez, Oscar | 87 | JARNACHAS Arteixo | 55:20 |
| 10 | 835 | Legaspi Abelaira, Raúl | 81 | FLUVIAL LU Lugo | 55:26 |
| 11 | 917 | Fraga Pena, Santiago | 94 | | 58:12 |
| 12 | 845 | Leira Romero, Roberto | 73 | MONTAÑA FE Ferrol. A | 58:24 |
| 13 | 882 | Pereiro Fernandez, Pablo | 94 | FLUVIAL LU Lugo | 59:02 |
| 13 | 883 | Portela De La Fuente, Yago Adrian | 92 | FLUVIAL LU Lugo | 59:02 |
| 15 | 884 | Viña Saavedra, Fernando | 86 | FLUVIAL LU Lugo | 59:04 |
| 16 | 837 | Vázquez Vilaboa, Juan Manuel | 74 | FLUVIAL LU Lugo | 1:00:11 |
| 17 | 873 | Salgado Castelo, Marta | 94 | FLUVIAL LU Lugo | 1:00:53 |
| 18 | 862 | Ouro Val, Ruben | 90 | FLUVIAL LU Lugo | 1:01:05 |
| 19 | 908 | García Díez, Reyes | 74 | MONTAÑA FE Ferrol. A | 1:01:15 |
| 20 | 805 | Rodríguez Martínez, Javier | 77 | BUDIÑORAID O Porriño | 1:01:31 |
| 21 | 849 | Valle Rodriguez, Jesus | 78 | JARNACHAS Arteixo | 1:03:16 |
| 22 | 941 | Garrido Ruiz, Manuel | 63 | FLUVIAL LU Lugo | 1:03:19 |
| 22 | 934 | Pan Bolivar, Leandro | 94 | SABON Arteixo. A Coruñ | 1:03:19 |
| 24 | 824 | Algora Aizpurua, Angel | 76 | FLUVIAL LU Lugo | 1:04:14 |
| 24 | 829 | Buide Mouriz, Jesús | 82 | FLUVIAL LU Lugo | 1:04:14 |
| 26 | 823 | Corral Prado, Eva | 78 | FLUVIAL LU Lugo | 1:04:21 |
| 27 | 891 | Feijoo Cantarilla, Roberto | 75 | | 1:05:27 |
| 28 | 935 | Corral Vazquez, Jorge | 93 | SABON Arteixo. A Coruñ | 1:06:26 |
| 29 | 834 | Grandío Montes, Raquel | 84 | FLUVIAL LU Lugo | 1:06:35 |
| 30 | 838 | Alonso Menéndez, María Begoña | 78 | FLUVIAL LU Lugo | 1:07:00 |
| 31 | 868 | Suarez Pumariega, Luke Gibson | 94 | FLUVIAL LU Lugo | 1:07:06 |
| 32 | 903 | Fragoso Perez, Isaac | 77 | JARNACHAS Arteixo | 1:07:17 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
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| Iniciación Longa (116/116) Actualizado: 19:47 | | | | | (cont.) |
| 33 | 932 | Regueiro Sanchez, Alejandro | 95 | SABON Arteixo. A Coruña | 1:08:47 |
| 34 | 820 | Rodríguez López, Rocío | 86 | | 1:10:33 |
| 35 | 821 | Prado Rodríguez, Marcos | 82 | | 1:10:34 |
| 36 | 836 | Seijas Varela, Diego | 84 | FLUVIAL LU Lugo | 1:10:47 |
| 37 | 915 | Noguerol, Iván | 93 | | 1:11:02 |
| 38 | 809 | Pons Miles, Laura | 76 | | 1:12:00 |
| 39 | 933 | García Torres, Alexandra | 92 | SABON Arteixo. A Coruña | 1:12:41 |
| 40 | 938 | Punal Iglesias, Martin | 93 | SABON Arteixo. A Coruña | 1:12:46 |
| 41 | 811 | Cañas Veira, Daniel | 87 | FAICAMIÑO A Coruña (C | 1:14:44 |
| 42 | 841 | GÓmez Míguez, Óscar | 75 | | 1:16:03 |
| 43 | 856 | Capelán Teijido, Natalia | 84 | | 1:17:16 |
| 44 | 929 | Moas Goncalves, Verónica | 92 | SABON Arteixo. A Coruña | 1:17:44 |
| 45 | 854 | Sande Castro, Laura | 93 | MONTAÑA FE Ferrol. A | 1:18:28 |
| 46 | 923 | García Garrido, Laura | 80 | | 1:18:38 |
| 47 | 937 | Pereiro Soto, Tamara | 94 | SABON Arteixo. A Coruña | 1:19:07 |
| 48 | 930 | Bello Viruega, Amil | 88 | APA LICEO A Coruña | 1:19:42 |
| 48 | 819 | Corral Ossorio, Antonio | 76 | TREVINCA O Barco de \ | 1:19:42 |
| 50 | 855 | Bello Viruega, Iria | 84 | APA LICEO A Coruña | 1:19:43 |
| 51 | 892 | Cascales Pérez, Jaime | 75 | TREVINCA O Barco de \ | 1:19:44 |
| 52 | 91 | Rodríguez Souto, Ana | 70 | APA LICEO A Coruña | 1:19:54 |
| 53 | 863 | Abuín Hernández, Jesús María | 84 | FLUVIAL LU Lugo | 1:20:10 |
| 54 | 864 | Padua Arango, Yeffersson | 92 | FLUVIAL LU Lugo | 1:20:11 |
| 55 | 872 | Fuentes Perez, Adely | 89 | FLUVIAL LU Lugo | 1:20:39 |
| 56 | 895 | Lopez Otero, Hugo | 89 | | 1:21:19 |
| 57 | 76 | Martínez Girón, Jesús | 57 | APA LICEO A Coruña | 1:21:28 |
| 58 | 909 | Barreiro Mogrovejo, Alejandra | 76 | APA LICEO A Coruña | 1:23:24 |
| 59 | 807 | Eiroa Pereira, Ana | 79 | FAICAMIÑO A Coruña (C | 1:23:48 |
| 60 | 939 | Lema Ferreiro, Noelia | 94 | SABON Arteixo. A Coruña | 1:24:05 |
| 61 | 812 | Chamarro Petronacci, Amilcar Gaston | 88 | FAICAMIÑO A Coruña (C | 1:24:06 |
| 62 | 871 | Rodriguez Diaz, Diego | 93 | FLUVIAL LU Lugo | 1:26:10 |
| 63 | 870 | Fernandez Lopez, Luis Miguel | 93 | FLUVIAL LU Lugo | 1:26:47 |
| 64 | 808 | Mallada Núñez, Laura | 83 | | 1:27:01 |
| 65 | 861 | Lamela Ramos, Alberto | 71 | FLUVIAL LU Lugo | 1:28:01 |
| 65 | 860 | García Dominguez, Oscar | 74 | FLUVIAL LU Lugo | 1:28:01 |
| 67 | 818 | Fuertes Saco, Ana | 99 | UNIVERSIDA Vigo | 1:28:02 |
| 68 | 869 | Fernandez Ledo, Bruno | 92 | FLUVIAL LU Lugo | 1:28:11 |
| 69 | 806 | Valiño Canle, Jose Manuel | 82 | FAICAMIÑO A Coruña (C | 1:28:14 |
| 70 | 888 | Vilanova Campo, Jose Luis | 92 | FLUVIAL LU Lugo | 1:28:17 |
| 71 | 887 | Rodriguez Pardo, Eloy | 92 | FLUVIAL LU Lugo | 1:28:18 |
| 72 | 916 | Castro Campello, Sergio | 95 | | 1:29:14 |
| 73 | 817 | Saco Fernández, Mª Isabel | 63 | UNIVERSIDA Vigo | 1:29:47 |
| 74 | 866 | Lopez García, Erea | 91 | FLUVIAL LU Lugo | 1:31:37 |
| 75 | 867 | Cruz Fariñas, Fatima | 91 | FLUVIAL LU Lugo | 1:31:40 |
| 76 | 865 | Ave Magan, Angela | 89 | FLUVIAL LU Lugo | 1:31:41 |
| 77 | 830 | Lorenzo Freire, Cristina | 76 | FLUVIAL LU Lugo | 1:34:04 |
| 78 | 889 | Santalla Ramonde, Jose Manuel | 58 | GALLAECIA A Coruña | 1:34:39 |
| 78 | 904 | Perez Rodriguez, Rosa | 61 | GALLAECIA A Coruña | 1:34:39 |
| 80 | 924 | Alfonso Alonso, Andrea | 75 | | 1:35:18 |
| 81 | 902 | Basarán Ayuela, María Consuelo | 73 | FLUVIAL LU Lugo | 1:35:44 |
| 82 | 848 | Perales Pérez, Pablo | 88 | MONTAÑA FE Ferrol. A | 1:36:22 |
| 83 | 839 | Lorenzo Fernández, Patricia | 74 | FLUVIAL LU Lugo | 1:37:29 |
| 84 | 825 | Diz Cao, Isabel | 84 | | 1:39:59 |
| 85 | 215 | Del Río Pose, Fernando | 72 | USC Santiago de Compc | 1:42:32 |
| 86 | 940 | Prego Vieito, Francisco | 67 | FLUVIAL LU Lugo | 1:44:08 |
| 87 | 288 | Del Arco Marquiz, Sergio | 76 | BOMBEIROS A Coruña. | 1:44:43 |
| 88 | 814 | Pan Iglesias, Lucia | 89 | FAICAMIÑO A Coruña (C | 1:46:54 |
| 89 | 880 | Telmo Nuñez, Marcos | 93 | FLUVIAL LU Lugo | 1:49:31 |
| 90 | 881 | Mateos Vazquez, Yeray | 93 | FLUVIAL LU Lugo | 1:49:32 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
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| Iniciación Longa (116/116) Actualizado: 19:47 | | | | | (cont.) |
| 91 | 877 | Gonzalez Ceide, Andrea | 93 | FLUVIAL LU Lugo | 1:53:28 |
| 91 | 876 | Lage Castro, Sergio | 92 | FLUVIAL LU Lugo | 1:53:28 |
| 93 | 879 | Sanmiguel Lopez, Alba | 91 | FLUVIAL LU Lugo | 1:54:28 |
| 93 | 878 | Jacome Galvan, Judit Daniela | 90 | FLUVIAL LU Lugo | 1:54:28 |
| 95 | 874 | Rodriguez Baptista, Lynget | 92 | FLUVIAL LU Lugo | 1:54:43 |
| 96 | 875 | Garcia Lopez, Noemi | 93 | FLUVIAL LU Lugo | 1:54:45 |
| 97 | 843 | Saco Goday, Daniel | 86 | MONTAÑA FE Ferrol. A | 1:55:21 |
| 98 | 897 | Alvarez De La Hera, Laura | 84 | USC Santiago de Compc | 1:56:01 |
| 99 | 907 | Chub Savchenko, Lyudmyla | 65 | | 2:00:03 |
| 100 | 906 | Díaz Chub, Miguel | 03 | | 2:02:56 |
| 101 | 214 | Carracedo Maneiro, Cristina | 75 | USC Santiago de Compc | 2:04:20 |
| 102 | 844 | Vázquez Núñez, María Luz | 79 | MONTAÑA FE Ferrol. A | 2:13:19 |
| 103 | 847 | Mesías Fernández, Bruno | 91 | MONTAÑA FE Ferrol. A | 2:20:23 |
| 104 | 931 | González Aquino, José | 71 | | 2:24:15 |
| 105 | 899 | Candal López, Patricia | 84 | ADCARNELA Porto do S | 2:26:41 |
| | 852 | Seijas Franco, Basilio | 78 | FLUVIAL LU Lugo | Fuera de control |
| | 851 | Orizales Iglesias, Noa | 79 | FLUVIAL LU Lugo | Fuera de control |
| | 850 | Borines Garcia, Diego | 80 | JARNACHAS Arteixo | Fuera de control |
| | 928 | Andrade Couto, Juan | 81 | SABON Arteixo. A Coruña | Error en tarj. |
| | 898 | Garcia Gonzalez, Yolanda | 73 | ADCARNELA Porto do S | Error en tarj. |
| | 36 | Ordóñez Zuleta, Oscar A | 94 | FLUVIAL LU Lugo | Error en tarj. |
| | 56 | Zuleta Marín, Mileidi | 76 | FLUVIAL LU Lugo | Error en tarj. |
| | 936 | Antelo Rodríguez, Matias | 89 | SABON Arteixo. A Coruña | Error en tarj. |
| | 859 | González Martínez, Mónica | 74 | FLUVIAL LU Lugo | No sale |
| | 846 | González Cochón, Ángela | 89 | MONTAÑA FE Ferrol. A | No sale |
| | 925 | Lopez Dacosta, Cristina | 78 | MONTAÑA FE Ferrol. A | No sale |

Damas 12 (3/3) Actualizado: 19:47

| | | | | | |
|---|-----|--------------------------------|----|-----------------------|---------|
| 1 | 61 | Arufe Seijas, Alba | 01 | APA LICEO A Coruña | 56:13 |
| 2 | 346 | Aller Pfirter, Milagros Morena | 01 | TREVINCA O Barco de \ | 1:25:58 |
| 3 | 395 | Vazquez Hermida, Lucia | 03 | FAICAMIÑO A Coruña (C | 1:29:30 |

Damas 14 (9/9) Actualizado: 19:47

| | | | | | |
|---|-----|---------------------------------|----|-----------------------|---------|
| 1 | 197 | Fuertes Saco, Julia | 99 | UNIVERSIDA Vigo | 45:21 |
| 2 | 85 | PiÑeiro Lozano, Andrea Julia | 98 | APA LICEO A Coruña | 55:42 |
| 3 | 436 | Carnota Fandiño, Rebeca | 98 | AD FOGAR Carballo | 58:14 |
| 4 | 142 | Ricoy Rajoy, Sara | 99 | AROMON Pontevedra | 1:02:14 |
| 5 | 467 | Morales Jiménez, Irene | 99 | TREVINCA O Barco de \ | 1:19:09 |
| 6 | 106 | Alvelo Blanco, Marta | 98 | AROMON Pontevedra | 1:23:07 |
| 7 | 128 | Iglesias Sánchez, Sabela Alicia | 99 | AROMON Pontevedra | 2:14:19 |
| | 31 | Liu, Iris | 98 | FLUVIAL LU Lugo | No sale |
| | 23 | García Arrojo, Alicia | 98 | FLUVIAL LU Lugo | No sale |

Damas 16 (4/4) Actualizado: 19:47

| | | | | | |
|---|-----|-----------------------|----|--------------------|---------|
| 1 | 831 | Capón Lamelas, Nerea | 95 | FLUVIAL LU Lugo | 1:02:37 |
| 2 | 58 | Alba Amil, Andrea | 97 | APA LICEO A Coruña | 1:24:24 |
| 3 | 93 | Rodríguez Vila, Marta | 96 | APA LICEO A Coruña | 1:33:58 |
| 4 | 2 | Bellón Santos, Teresa | 96 | FLUVIAL LU Lugo | 1:35:08 |

Damas 20 (7/7) Actualizado: 19:47

| | | | | | |
|---|-----|----------------------|----|---------------------|---------|
| 1 | 38 | Parga Basanta, Lucia | 95 | FLUVIAL LU Lugo | 1:34:27 |
| 2 | 304 | Varela Yáñez, Ana | 79 | BOMBEIROS A Coruña. | 1:38:03 |
| 3 | 13 | Cruz Afonso, Carla | 95 | FLUVIAL LU Lugo | 2:51:29 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
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| Damas 20 (7/7) | | Actualizado: 19:47 | <i>(cont.)</i> | | |
| 4 | 18 | Fernández López, Andrea | 95 | FLUVIAL LU Lugo | 2:57:26 |
| | 98 | Vázquez Barrientos, Sandra | 95 | APA LICEO A Coruña | Error en tarj. |
| | 26 | García Miguélez, Alba | 95 | FLUVIAL LU Lugo | No sale |
| | 35 | Núñez-Torrón Stock, Claudia | 92 | FLUVIAL LU Lugo | No sale |
| Damas 21 (18/18) | | Actualizado: 19:47 | | | |
| 1 | 244 | López Eyo, Tania | 81 | GALLAECIA A Coruña | 1:18:40 |
| 2 | 366 | Montes Villar, Veronica | 83 | AABT Paderne | 1:19:26 |
| 3 | 326 | González Miramontes, María Ana | 77 | SEO Ordes | 1:22:58 |
| 4 | 301 | Suárez Méndez, Priscila | 78 | BOMBEIROS A Coruña. | 1:27:26 |
| 5 | 219 | Martínez García, Laura | 84 | USC Santiago de Compc | 1:34:08 |
| 6 | 842 | Vincze, Orsolya | 83 | APA LICEO A Coruña | 1:34:50 |
| 7 | 147 | Tarrio Rozados, Susana | 83 | AROMON Pontevedra | 1:38:34 |
| 8 | 122 | Figueroa Leiro, Monica | 80 | AROMON Pontevedra | 1:39:18 |
| 9 | 266 | Bujía Rodríguez, Elena | 74 | MONTAÑA FE Ferrol. A | 1:49:17 |
| 10 | 307 | Álvarez González, Lara | 85 | HABELAS HA Vigo | 1:52:56 |
| 11 | 412 | Meirás Casanova, Ana | 80 | JARNACHAS Arteixo | 1:57:18 |
| 12 | 194 | Estevez Méndez, Fabiola | 84 | UNIVERSIDA Vigo | 2:05:24 |
| 13 | 32 | Lombardero Martínez, Vanessa | 79 | FLUVIAL LU Lugo | 2:27:11 |
| 14 | 237 | Diaz Blanco, Ana Belen | 77 | GALLAECIA A Coruña | 2:36:31 |
| | 456 | Pfirtner Benegas, Nadia Soledad | 79 | TREVINCA O Barco de \ | Error en tarj. |
| | 3 | Blanco Pérez, Ana | 77 | FLUVIAL LU Lugo | Error en tarj. |
| | 302 | Suárez Pazos, Almudena | 80 | BOMBEIROS A Coruña. | No sale |
| | 33 | Lozano Saiz, Vanessa | 81 | FLUVIAL LU Lugo | No sale |
| Damas 35 (11/11) | | Actualizado: 19:47 | | | |
| 1 | 195 | Fernández López, Cristina | 77 | UNIVERSIDA Vigo | 1:35:30 |
| 2 | 82 | Pedre Fernández, Natalia | 74 | APA LICEO A Coruña | 1:36:46 |
| 3 | 221 | Pernas Martínez, Rosa Mª | 59 | USC Santiago de Compc | 1:47:22 |
| 4 | 28 | González Bello, Concepción | 66 | FLUVIAL LU Lugo | 1:48:45 |
| 5 | 16 | Felpeto González, Luisa | 73 | FLUVIAL LU Lugo | 1:48:59 |
| 6 | 211 | Balboa Barros, Margarita | 59 | USC Santiago de Compc | 2:00:31 |
| 7 | 200 | Iglesias Junzalvos, Ana | 67 | UNIVERSIDA Vigo | 2:25:49 |
| 8 | 201 | Pacheco Iglesias, Aurori | 76 | UNIVERSIDA Vigo | 2:27:53 |
| 9 | 81 | Pardo Villaverde, Maria | 72 | APA LICEO A Coruña | 2:31:09 |
| 10 | 188 | Alvarez Castro, Olimpia | 71 | UNIVERSIDA Vigo | 2:47:58 |
| | 278 | Rodríguez Castrelo, Ana Isabel | 74 | MONTAÑA FE Ferrol. A | Error en tarj. |
| Damas 45 (5/5) | | Actualizado: 19:47 | | | |
| 1 | 193 | Crespo Quindós, Begoña | 63 | UNIVERSIDA Vigo | 1:17:26 |
| 2 | 88 | Rey Souto, Mª Teresa | 57 | APA LICEO A Coruña | 1:26:47 |
| 3 | 145 | Sanchez Vázquez, María Luisa | 65 | AROMON Pontevedra | 1:28:08 |
| 4 | 472 | Veira Lauzara, Pier | 64 | FAICAMIÑO A Coruña (C | 1:38:49 |
| 5 | 25 | García Deibe, Ana | 63 | FLUVIAL LU Lugo | 1:39:46 |
| Damas Élite (7/7) | | Actualizado: 19:47 | | | |
| 1 | 386 | Bello Rodríguez, Olalla | 80 | FAICAMIÑO A Coruña (C | 1:13:38 |
| 2 | 227 | Veiga Barbazán, Pilar | 65 | USC Santiago de Compc | 1:22:43 |
| 3 | 202 | Pastoriza Santos, Isabel | 74 | UNIVERSIDA Vigo | 1:38:53 |
| 4 | 210 | Veiga García, Carla | 76 | UNIVERSIDA Vigo | 1:46:34 |
| 5 | 264 | Barreira Salgado, Teresa | 76 | MONTAÑA FE Ferrol. A | 1:50:11 |
| 6 | 135 | Pérez Alonso, Alicia | 81 | AROMON Pontevedra | 2:11:59 |
| 7 | 47 | Rodríguez Pérez, Iria María | 85 | FLUVIAL LU Lugo | 2:15:12 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
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| Homes 12 (9/9) | | Actualizado: 19:47 | | | |
| 1 | 317 | Rodilla Iriso, Santiago | 01 | HABELAS HA Vigo | 45:44 |
| 2 | 158 | Candela Iglesias, Natnael | 02 | ARTABROS A Coruña | 50:13 |
| 3 | 334 | Varela Gutierrez, Juan | 01 | SEO Ordes | 54:32 |
| 4 | 109 | Antoñón Casal, Mateo | 01 | AROMON Pontevedra | 54:33 |
| 5 | 828 | Corral Souto, Iago | 01 | FLUVIAL LU Lugo | 58:39 |
| 6 | 108 | Antoñón Casal, Hugo | 04 | AROMON Pontevedra | 1:06:40 |
| 7 | 356 | Trejo Garcia, Nicolás | 02 | TREVINCA O Barco de \ | 1:09:43 |
| | 457 | Trigo Vázquez, Iago | 03 | TREVINCA O Barco de \ | No sale |
| | 312 | González-regueral Pérez, Carlos | 01 | HABELAS HA Vigo | No sale |
| Homes 14 (7/7) | | Actualizado: 19:47 | | | |
| 1 | 130 | Lois Serto, Iván | 98 | AROMON Pontevedra | 40:04 |
| 2 | 27 | Garrido Burgo, Juan Manuel | 98 | FLUVIAL LU Lugo | 57:52 |
| 3 | 92 | Rodríguez Vila, Diego | 98 | APA LICEO A Coruña | 1:11:30 |
| 4 | 445 | Prego Pita, Xian | 99 | AD FOGAR Carballo | 1:20:16 |
| 5 | 43 | Piñeiro Fraga, Iago | 98 | FLUVIAL LU Lugo | 1:24:21 |
| | 17 | Fernández Brañas, Víctor | 98 | FLUVIAL LU Lugo | No sale |
| | 10 | Castillo López, Denis | 98 | FLUVIAL LU Lugo | No sale |
| Homes 16 (6/6) | | Actualizado: 19:47 | | | |
| 1 | 24 | García Cousillas, David | 97 | FLUVIAL LU Lugo | 1:11:57 |
| 2 | 460 | Ínsua Prieto, Alex | 97 | FLUVIAL LU Lugo | 1:43:11 |
| 3 | 20 | Fraga Diaz, Alex | 97 | FLUVIAL LU Lugo | 1:45:57 |
| | 449 | Escolante Enríquez, Adrián | 97 | FLUVIAL LU Lugo | Error en tarj. |
| | 461 | Lage Soilán, Anxo | 97 | FLUVIAL LU Lugo | Error en tarj. |
| | 53 | Valdés González, Adrián | 97 | FLUVIAL LU Lugo | No sale |
| Homes 20 (3/3) | | Actualizado: 19:47 | | | |
| 1 | 42 | Piñeiro Fraga, Brais | 96 | FLUVIAL LU Lugo | 1:45:45 |
| 2 | 420 | Sampedro Fraga, Aitor | 96 | USC Santiago de Compc | 1:53:57 |
| | 54 | Vila Torres, Diego | 94 | FLUVIAL LU Lugo | Fuera de control |
| Homes 21 (27/27) | | Actualizado: 19:47 | | | |
| 1 | 251 | Peña Pita, Felipe | 83 | GALLAECIA A Coruña | 57:47 |
| 2 | 261 | Santalla Pérez, Jose | 83 | GALLAECIA A Coruña | 59:44 |
| 3 | 249 | Muíño García, Marcos | 82 | GALLAECIA A Coruña | 1:03:43 |
| 4 | 369 | Taboada Pintor, Alberto | 85 | AABT Paderne | 1:03:47 |
| 5 | 224 | Ramos Pernas, Miguel | 92 | USC Santiago de Compc | 1:04:29 |
| 6 | 144 | Rosado Frade, Alfonso | 78 | AROMON Pontevedra | 1:09:02 |
| 7 | 143 | Rodriguez Dominguez, Maikel | 83 | AROMON Pontevedra | 1:11:33 |
| 8 | 400 | Vinagre Rey, Marcos | 76 | FAICAMIÑO A Coruña (C | 1:16:15 |
| 9 | 68 | Cañas Lara, Julio | 76 | APA LICEO A Coruña | 1:16:49 |
| 10 | 289 | Fojo Outeiro, Alejandro | 83 | BOMBEIROS A Coruña. | 1:17:55 |
| 11 | 425 | Diz López, Francisco | 78 | GALLAECIA A Coruña | 1:19:22 |
| 12 | 318 | Rodriguez Lopez, Juan Antonio | 79 | HABELAS HA Vigo | 1:19:34 |
| 13 | 121 | Figueroa Fernández, Ricardo | 77 | AROMON Pontevedra | 1:23:57 |
| 14 | 113 | Blanco Iglesias, Marco Antonio | 79 | AROMON Pontevedra | 1:24:24 |
| 15 | 380 | Varela Ferreiro, Jorge Manrique | 77 | ADCARNELA Porto do S | 1:25:13 |
| 16 | 397 | Vázquez González, Miguel Angel | 77 | FAICAMIÑO A Coruña (C | 1:28:33 |
| 17 | 382 | Amil Fernández, Carlos | 78 | BUDIÑORAID O Porriño | 1:30:19 |
| 18 | 39 | Pérez Janeiro, Alejandro | 93 | FLUVIAL LU Lugo | 1:31:03 |
| 19 | 256 | Rabuñal Ríos, Gonzalo | 84 | GALLAECIA A Coruña | 1:32:54 |

| Pos | Jorsal | Nombre | AN | Club | Tiempo |
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| Homes 21 (27/27) | | Actualizado: 19:47 | | | (cont.) |
| 20 | 153 | Andrés Díaz, Marcos | 77 | ARTABROS A Coruña | 1:35:01 |
| 21 | 8 | Carreira López, Luis | 74 | FLUVIAL LU Lugo | 1:38:41 |
| 22 | 321 | Amor Boquete, Jose Manuel | 73 | SEO Ordes | 1:56:11 |
| 23 | 402 | Andrade Villar, Roberto | 87 | JARNACHAS Arteixo | 1:57:24 |
| 24 | 252 | Pérez Pais, Humberto | 75 | GALLAECIA A Coruña | 2:00:03 |
| 25 | 363 | Leira Romero, Fermin | 83 | AABT Paderne | 2:26:28 |
| | 126 | Herrero Dapia, Alfonso Manuel | 80 | AROMON Pontevedra | No sale |
| | 310 | Gonzalez Alonso, Diego | 77 | HABELAS HA Vigo | No sale |

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| Homes 21 B (28/28) | | Actualizado: 19:47 | | | |
| 1 | 234 | Castro Campello, David | 83 | GALLAECIA A Coruña | 1:17:28 |
| 2 | 826 | Rodríguez Corral, Iván Jaime | 78 | FLUVIAL LU Lugo | 1:17:31 |
| 3 | 440 | García López, Luis | 78 | AD FOGAR Carballo | 1:18:54 |
| 4 | 151 | Veiga Bugallo, Francisco Javier | 73 | AROMON Pontevedra | 1:19:11 |
| 5 | 308 | Diaz Congil, Manuel | 80 | HABELAS HA Vigo | 1:20:34 |
| 6 | 912 | Rodríguez Díaz, Carlos | 81 | | 1:28:21 |
| 7 | 438 | Castedo López, Pablo | 80 | AD FOGAR Carballo | 1:29:44 |
| 8 | 827 | Rocha Pena, Pablo | 86 | FLUVIAL LU Lugo | 1:29:47 |
| 9 | 7 | Caloto Sandamil, José Manuel | 79 | FLUVIAL LU Lugo | 1:30:00 |
| 10 | 350 | Iglesias Nánñez, Raúl | 97 | TREVINCA O Barco de \ | 1:30:38 |
| 11 | 71 | Castedo López, Julio Miguel | 84 | APA LICEO A Coruña | 1:30:44 |
| 12 | 268 | Gallego Miguez, Roberto | 74 | MONTAÑA FE Ferrol. A | 1:40:21 |
| 13 | 110 | Antoñón Clemente, Francisco Javier | 69 | AROMON Pontevedra | 1:44:31 |
| 14 | 78 | Navia Álvarez, Alfonso | 67 | APA LICEO A Coruña | 1:45:04 |
| 15 | 192 | Costas Figueroa, Javier | 87 | UNIVERSIDA Vigo | 1:47:43 |
| 16 | 466 | Rioboo Tejo, Javier | 72 | BOMBEIROS A Coruña. | 1:52:35 |
| 17 | 94 | Senin Canosa, Ignacio | 75 | APA LICEO A Coruña | 1:53:04 |
| 18 | 345 | Aller Estévez, Pablo Adrián | 69 | TREVINCA O Barco de \ | 2:00:06 |
| 19 | 64 | Arufe Varela, Juan Manuel | 68 | APA LICEO A Coruña | 2:00:45 |
| 20 | 421 | Sampedro Muñiz, José Manuel | 70 | USC Santiago de Compc | 2:01:02 |
| 21 | 355 | Trejo Garcia, Miguel Angel | 70 | TREVINCA O Barco de \ | 2:02:00 |
| 22 | 351 | Limeres Antonio, Miguel Angel | 68 | TREVINCA O Barco de \ | 2:14:08 |
| 23 | 29 | Lafuente, Juan José | 76 | FLUVIAL LU Lugo | 2:20:54 |
| 24 | 415 | Sánchez Marcote, Borja | 77 | JARNACHAS Arteixo | 2:35:09 |
| 25 | 379 | Santos Blanco, Juan Jose | 77 | ADCARNELA Porto do S | 2:52:36 |
| | 417 | Fernández Martínez, Carlos | 77 | FLUVIAL LU Lugo | Error en tarj. |
| | 810 | Jérez López, David | 85 | FLUVIAL LU Lugo | Error en tarj. |
| | 51 | Soto Fernández, Antonio | 76 | FLUVIAL LU Lugo | No sale |

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| Homes 35 (27/27) | | Actualizado: 19:47 | | | |
| 1 | 69 | Casado Bravo, David | 72 | APA LICEO A Coruña | 58:55 |
| 2 | 203 | Pastoriza Santos, Vicente | 72 | UNIVERSIDA Vigo | 1:10:11 |
| 3 | 309 | Ferrer Vidal, Francisco José | 70 | HABELAS HA Vigo | 1:13:29 |
| 4 | 191 | Armada Luaces, José Luis | 60 | UNIVERSIDA Vigo | 1:14:28 |
| 5 | 59 | Antón Casado, Arturo | 76 | APA LICEO A Coruña | 1:14:34 |
| 6 | 186 | Traveso Rodríguez, Santiago | 71 | ARTABROS A Coruña | 1:18:16 |
| 7 | 220 | Pacheco Sancho, José Ramón | 70 | USC Santiago de Compc | 1:20:15 |
| 8 | 180 | Pedreira Romero, Fernando | 71 | ARTABROS A Coruña | 1:22:37 |
| 9 | 274 | Lopez Suarez, Andres | 68 | MONTAÑA FE Ferrol. A | 1:23:19 |
| 10 | 140 | Ricoy Bugarín, José Antonio | 68 | AROMON Pontevedra | 1:23:39 |
| 11 | 325 | González Miramontes, Eduardo Santiago | 68 | SEO Ordes | 1:26:18 |
| 12 | 270 | García García, Jose A. | 72 | MONTAÑA FE Ferrol. A | 1:32:21 |
| 13 | 378 | Santos Blanco, Alberto | 75 | ADCARNELA Porto do S | 1:33:09 |
| 14 | 174 | López Pérez, Jose Miguel | 69 | ARTABROS A Coruña | 1:35:18 |
| 15 | 275 | López Peiteado, Antonio Javier | 65 | MONTAÑA FE Ferrol. A | 1:35:59 |

| Pos | Jorsal | Nombre | AN | Club | Tiempo |
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| Homes 35 (27/27) | | Actualizado: 19:47 | | | <i>(cont.)</i> |
| 16 | 72 | Castrillón Manso, José Antonio | 77 | APA LICEO A Coruña | 1:36:53 |
| 17 | 340 | González Romano, Rodrigo | 68 | GALICIA CA Ferrol | 1:44:18 |
| 18 | 208 | Pérez Juste, Jorge | 70 | UNIVERSIDA Vigo | 1:44:25 |
| 19 | 437 | Carnota Mosquera, Juan Ramón | 68 | AD FOGAR Carballo | 1:56:55 |
| 20 | 217 | Fraga Castro, Santiago | 68 | USC Santiago de Compc | 2:16:35 |
| | 343 | Velázquez González, Matías | 60 | GALICIA CA Ferrol | Error en tarj. |
| | 335 | Varela Lorenzo, Francisco | 64 | SEO Ordes | Error en tarj. |
| | 45 | Rodríguez López, Rafael | 74 | FLUVIAL LU Lugo | No sale |
| | 357 | Trigo Recarey, Xan Mariano | 69 | TREVINCA O Barco de \ | No sale |
| | 315 | Pío Vaquero, César | 76 | HABELAS HA Vigo | No sale |
| | 422 | Sampedro Muñiz, Ramón | 65 | USC Santiago de Compc | No sale |
| | 322 | Cabo Areoso, Jose Antonio | 74 | SEO Ordes | No sale |

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| Homes 45 (21/21) | | Actualizado: 19:47 | | | |
| 1 | 260 | Sancosmed Torres, José Manuel | 59 | GALLAECIA A Coruña | 1:12:28 |
| 2 | 162 | Carballo Fernández, Juan Carlos | 59 | ARTABROS A Coruña | 1:13:02 |
| 3 | 50 | Seco Álvarez, Fernando | 61 | FLUVIAL LU Lugo | 1:16:36 |
| 4 | 37 | Parga Andón, Pedro | 59 | FLUVIAL LU Lugo | 1:18:40 |
| 5 | 209 | Pinal Otero, David Eladio | 54 | UNIVERSIDA Vigo | 1:22:34 |
| 6 | 316 | Rodilla Guerricagoitia, Santiago | 62 | HABELAS HA Vigo | 1:24:26 |
| 7 | 49 | Sanmartín Matalobos, Jesús | 63 | FLUVIAL LU Lugo | 1:26:48 |
| 8 | 187 | Abad Vives, Carles | 58 | UNIVERSIDA Vigo | 1:29:39 |
| 9 | 269 | Garcia Couce, Antonio | 56 | MONTAÑA FE Ferrol. A | 1:35:04 |
| 10 | 90 | Rodríguez Bueno, Jose Luis | 67 | APA LICEO A Coruña | 1:37:37 |
| 11 | 169 | Gómez Cobas, Francisco | 57 | ARTABROS A Coruña | 1:41:10 |
| 12 | 116 | Diaz Falcon, Gilberto | 62 | AROMON Pontevedra | 1:41:17 |
| 13 | 205 | Peláez Méndez, Patricio | 63 | UNIVERSIDA Vigo | 1:47:22 |
| 14 | 223 | Ramos Lozano, Eduardo V. | 55 | USC Santiago de Compc | 1:50:39 |
| 15 | 119 | Fernández Casalderrey, Javier | 64 | AROMON Pontevedra | 1:55:50 |
| 16 | 226 | Souto Castro, Manuel Martín | 57 | USC Santiago de Compc | 1:58:27 |
| 17 | 84 | Pérez Chamorro, Juan | 51 | APA LICEO A Coruña | 2:18:06 |
| 18 | 279 | Sande Rodríguez, Francisco | 56 | MONTAÑA FE Ferrol. A | 2:40:15 |
| 19 | 137 | Pérez Pérez, Juan Ramón | 55 | AROMON Pontevedra | 3:07:31 |
| | 196 | Fuertes González, Enrique | 63 | UNIVERSIDA Vigo | Error en tarj. |
| | 833 | Sáez Abuín, Luis Mateo | 63 | FLUVIAL LU Lugo | No sale |

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|----------------------------|-----|--------------------------------|----|-----------------------|---------|
| Homes Élite (27/27) | | Actualizado: 19:47 | | | |
| 1 | 105 | Álvarez Serto, Ángel | 76 | AROMON Pontevedra | 1:03:34 |
| 2 | 431 | Sancosmed Vazquez, Juan José | 85 | AABT Paderne | 1:11:49 |
| 3 | 118 | Fernández Casalderrey, Gonzalo | 78 | AROMON Pontevedra | 1:17:59 |
| 4 | 77 | Mera García, Iván | 80 | APA LICEO A Coruña | 1:19:46 |
| 5 | 62 | Arufe Varela, Alberto | 70 | APA LICEO A Coruña | 1:26:00 |
| 6 | 263 | Varela Paz, Borja | 91 | AABT Paderne | 1:26:09 |
| 7 | 387 | Camblor Quirós, Miguel | 76 | FAICAMIÑO A Coruña (C | 1:27:54 |
| 8 | 305 | Varela Yáñez, Marcos | 77 | BOMBEIROS A Coruña. | 1:29:32 |
| 9 | 63 | Arufe Varela, Javier | 71 | APA LICEO A Coruña | 1:31:50 |
| 10 | 160 | Carballo Alviárez, Xan | 90 | ARTABROS A Coruña | 1:35:25 |
| 11 | 12 | Corral Alonso, Alberto | 79 | FLUVIAL LU Lugo | 1:36:45 |
| 12 | 87 | Ramos Asensio, Luis Javier | 76 | APA LICEO A Coruña | 1:38:12 |
| 13 | 89 | Riestra González, Santiago | 68 | APA LICEO A Coruña | 1:40:20 |
| 14 | 107 | Alvelo Fragueta, Javier | 65 | AROMON Pontevedra | 1:40:38 |
| 15 | 149 | Varela Rivera, Manuel | 88 | AROMON Pontevedra | 1:42:56 |
| 16 | 281 | Torviso Berdeal, Jose Antonio | 74 | MONTAÑA FE Ferrol. A | 1:44:50 |
| 17 | 330 | Morlán Rodriguez, Jose Angel | 79 | SEO Ordes | 1:47:21 |
| 18 | 267 | Fernández Otero, Oscar | 78 | MONTAÑA FE Ferrol. A | 1:49:27 |

| Pos | Dorsal | Nombre | AN | Club | Tiempo |
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| Homes Élite (27/27) | | Actualizado: 19:47 | | | (cont.) |
| 19 | 134 | Pérez Alonso, Adrián | 91 | AROMON Pontevedra | 1:50:14 |
| 20 | 375 | Fernández Torres, Ramón | 75 | ADCARNELA Porto do S | 1:51:26 |
| 21 | 204 | Pazó Pazó, Martín | 73 | UNIVERSIDA Vigo | 1:52:12 |
| 22 | 207 | Pérez Juste, German | 71 | UNIVERSIDA Vigo | 1:53:34 |
| 23 | 247 | Mosquera Ríos, José Ramón | 79 | GALLAECIA A Coruña | 2:24:13 |
| 24 | 803 | Díaz Fernández, Xabier | 74 | FLUVIAL LU Lugo | 2:40:12 |
| | 352 | Morales Ferreiro, Martín | 69 | TREVINCA O Barco de \ | Error en tarj. |
| | 6 | Cabado Estraviz, Santiago | 61 | FLUVIAL LU Lugo | Error en tarj. |
| | 802 | Blanco Burgo, Manuel Jesús | 92 | | Error en tarj. |
| 4 FC (1/1) | | Actualizado: 19:47 | | | |
| | 813 | Blanco Ameijenda, Enrique | 99 | FAICAMIÑO A Coruña (C | Error en tarj. |
| 5 FC (2/2) | | Actualizado: 19:47 | | | |
| 1 | 920 | Doce Serrano, Juan Antonio | 90 | ARTABROS A Coruña | 1:25:07 |
| 2 | 911 | Gonzalez Orozco, Juan Carlos | 72 | MONTAÑA FE Ferrol. A | 2:48:15 |