

Pos	Jorsal	Nombre	Tempo															
Damas 12 (3)						2,2 km		10 C										
				1(64)	2(59)	3(74)	4(65)	5(73)	6(67)	7(62)	8(63)	9(73)	10(100)	F				
1	354	Yurena Rios Rubio TREVINCA O Barco	35:43	5:49	6:43	7:47	14:18	21:41	25:44	27:10	30:20	31:49	34:19	35:43				
				5:49	0:54	1:04	6:31	7:23	4:03	1:26	3:10	1:29	2:30	1:24				
2	346	Milagros Morena All TREVINCA O Barco	46:49	5:46	6:51	15:05	19:26	25:36	31:31	33:24	37:34	39:33	43:54	46:49				
				5:46	1:05	8:14	4:21	6:10	5:55	1:53	4:10	1:59	4:21	2:55				
	395	Lucía Vazquez Hern FAICAMIÑO Oleiros	en tarj.	6:04	7:56	9:54	16:34	31:57	45:33	47:54	54:55	56:32	1:01:55					
				6:04	1:52	1:58	6:40	15:23	13:36	2:21	7:01	1:37	5:23					
Damas 14 (7)						2,2 km		10 C										
				1(64)	2(59)	3(52)	4(65)	5(73)	6(63)	7(62)	8(67)	9(73)	10(100)	F				
1	85	Andrea Julia Piñeir APA LICEO A Coruñ	26:45	3:11	3:57	8:07	9:50	14:38	16:53	19:18	20:00	23:04	25:43	26:45				
				3:11	0:46	4:10	1:43	4:48	2:15	2:25	0:42	3:04	2:39	1:02				
2	197	Julia Fuertes Saco UNIVERSIDA Vigo	29:17	2:47	3:25	11:28	13:12	17:39	20:05	22:59	23:47	26:25	28:27	29:17				
				2:47	0:38	8:03	1:44	4:27	2:26	2:54	0:48	2:38	2:02	0:50				
3	86	Belén Puime Bao APA LICEO A Coruñ	32:29	4:26	5:19	15:43	16:44	21:45	23:15	26:05	26:54	29:18	31:36	32:29				
				4:26	0:53	10:24	1:01	5:01	1:30	2:50	0:49	2:24	2:18	0:53				
4	106	Marta Alvelo Blancc AROMON Ponteved	47:30	5:10	6:09	19:18	21:39	31:36	34:11	37:25	39:20	42:52	45:21	47:30				
				5:10	0:59	13:09	2:21	9:57	2:35	3:14	1:55	3:32	2:29	2:09				
5	844	Irene Morales Jimér TREVINCA O Barco	51:00	3:13	3:54	15:14	18:33	23:05	26:44	29:58	31:05	38:55	49:54	51:00				
				3:13	0:41	11:20	3:19	4:32	3:39	3:14	1:07	7:50	10:59	1:06				
6	31	Iris Liu FLUVIAL LU Lugo	58:19	4:51	5:57	13:31	16:26	24:41	45:19	48:09	50:21	54:30	57:14	58:19				
				4:51	1:06	7:34	2:55	8:15	20:38	2:50	2:12	4:09	2:44	1:05				
7	23	Alicia García Arrojo FLUVIAL LU Lugo	1:07:18	13:48	14:54	22:19	24:58	33:40	54:18	57:06	59:14	1:02:34	1:06:00	1:07:18				
				13:48	1:06	7:25	2:39	8:42	20:38	2:48	2:08	3:20	3:26	1:18				
Damas 16 (2)						2,6 km		13 C										
				1(59)	2(56)	3(50)	4(52)	5(51)	6(36)	7(35)	8(34)	9(39)	10(40)	11(41)	12(49)	13(100)	F	
1	2	Teresa Bellón Santc FLUVIAL LU Lugo	58:35	4:07	7:37	10:24	11:57	13:06	20:42	25:21	-----	35:01	45:06	51:19	56:24	57:42	58:35	
				4:07	3:30	2:47	1:33	1:09	7:36	4:39	-----	9:40	10:05	6:13	5:05	1:18	0:53	
2	58	Andrea Alba Amil APA LICEO A Coruñ	1:06:52	3:53	8:11	15:43	17:44	19:02	28:24	33:24	-----	42:59	53:12	59:33	1:04:41	1:05:55	1:06:52	
				3:53	4:18	7:32	2:01	1:18	9:22	5:00	-----	9:35	10:13	6:21	5:08	1:14	0:57	
Damas 20 (6)						3,4 km		16 C										
				1(59)	2(48)	3(49)	4(60)	5(51)	6(52)	7(33)	8(31)	9(61)	10(34)	11(35)	12(36)	13(61)	14(40)	
				15(41)	16(100)	F												
1	847	Daniela Pires ADFA EVORA Portu	1:02:19	3:03	5:00	11:17	13:25	15:56	17:36	23:10	24:15	33:13	-----	40:21	43:08	48:37	51:59	
				3:03	1:57	6:17	2:08	2:31	1:40	5:34	1:05	8:58	-----	7:08	2:47	5:29	3:22	
				54:04	1:01:29	1:02:19												
				2:05	7:25	0:50												
2	38	Lucia Parga Basant FLUVIAL LU Lugo	1:03:58	4:46	7:36	13:49	15:57	19:09	21:36	26:39	28:53	41:30	-----	49:10	52:00	57:26	58:31	
				4:46	2:50	6:13	2:08	3:12	2:27	5:03	2:14	12:37	-----	7:40	2:50	5:26	1:05	
				1:00:14	1:03:09	1:03:58												
				1:43	2:55	0:49												
	98	Sandra Vázquez Bai APA LICEO A Coruñ	en tarj.	4:12	21:07	40:43	44:21	51:18	54:49	1:05:07	1:06:59	-----	-----	-----	-----	-----	-----	
				4:12	16:55	19:36	3:38	6:57	3:31	10:18	1:52	-----	-----	-----	-----	-----	-----	
				-----	-----	1:23:14												
				-----	-----	16:15												
	18	Andrea Fernández L FLUVIAL LU Lugo	en tarj.	5:14	15:01	25:36	28:45	34:06	37:25	44:03	46:42	1:07:30	-----	1:17:03	-----	1:24:46	1:28:16	
				5:14	9:47	10:35	3:09	5:21	3:19	6:38	2:39	20:48	-----	9:33	7:43	3:30	-----	
				1:30:27	1:35:44	1:37:44												
				2:11	5:17	2:00												
	13	Carla Cruz Afonso FLUVIAL LU Lugo	en tarj.	6:50	10:12	37:05	55:16	1:02:33	1:06:16	1:13:03	1:18:03	1:37:28	-----	-----	-----	-----	-----	
				6:50	3:22	26:53	18:11	7:17	3:43	6:47	5:00	19:25	-----	-----	-----	-----	-----	
				-----	-----	-----												
	26	Alba García Miguéle FLUVIAL LU Lugo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----												
Damas 21 (13)						3,3 km		18 C										
				1(58)	2(56)	3(50)	4(52)	5(51)	6(60)	7(49)	8(55)	9(61)	10(36)	11(35)	12(34)	13(31)	14(32)	
				15(33)	16(40)	17(41)	18(100)	F										
1	812	Orsolya Vincze APA LICEO A Coruñ	1:08:13	3:33	5:46	7:38	9:12	10:13	17:04	23:39	27:42	30:13	34:15	37:39	-----	49:25	50:22	
				3:33	2:13	1:52	1:34	1:01	6:51	6:35	4:03	2:31	4:02	3:24	-----	11:46	0:57	
				50:53	1:00:48	1:02:26	1:07:18	1:08:13										
				0:31	9:55	1:38	4:52	0:55										
2	326	María Ana González SEO Ordes	1:08:14	3:37	6:26	10:51	12:15	13:25	18:55	22:19	31:30	34:27	37:15	42:15	-----	53:23	54:10	
				3:37	2:49	4:25	1:24	1:10	5:30	3:24	9:11	2:57	2:48	5:00	-----	11:08	0:47	
				54:45	1:03:16	1:04:51	1:07:27	1:08:14										
				0:35	8:31	1:35	2:36	0:47										
3	301	Priscila Suárez Mén BOMBEIROS A Cort	1:13:33	3:59	6:36	9:15	11:06	12:09	16:49	24:10	32:07	34:37	38:48	41:42	-----	52:44	53:48	
				3:59	2:37	2:39	1:51	1:03	4:40	7:21	7:57	2:30	4:11	2:54	-----	11:02	1:04	
				54:21	1:07:54	1:09:51	1:12:37	1:13:33										
				0:33	13:33	1:57	2:46	0:56										
4	307	Lara Álvarez Gonzá HABELAS HA Vigo	1:14:57	3:52	6:33	9:21	11:25	12:41	16:26	18:43	28:23	30:40	35:50	40:30	-----	54:23	57:08	
				3:52	2:41	2:48	2:04	1:16	3:45	2:17	9:40	2:17	5:10	4:40	-----	13:53	2:45	
				57:40	1:06:45	1:09:16	1:13:54	1:14:57										
				0:32	9:05	2:31	4:38	1:03										

Pos	Jorsal	Nombre	Tempo																
Damas 35 (12)						3,4 km		16 C		<i>(cont.)</i>									
				1(59)	2(48)	3(49)	4(60)	5(51)	6(52)	7(33)	8(31)	9(61)	10(34)	11(35)	12(36)	13(61)	14(40)		
				15(41)	16(100)	F													
82		Natalia Pedre Ferná APA LICEO A Coruñ	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----		
391		Alicia Martínez Rodi FAICAMIÑO Oleiros	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----		
Damas 45 (7)						2,6 km		13 C										F	
				1(59)	2(56)	3(50)	4(52)	5(51)	6(36)	7(35)	8(34)	9(39)	10(40)	11(41)	12(49)	13(100)			
1	25	Ana García Deibe FLUVIAL LU Lugo	1:09:36	6:31	11:35	15:31	19:12	22:05	32:59	37:52	----	48:36	53:23	58:08	1:05:16	1:08:22	1:09:36		
2	79	Mª José Naya López APA LICEO A Coruñ	1:11:09	5:01	10:01	13:35	16:23	18:24	37:33	42:07	----	54:15	57:57	1:00:34	1:08:21	1:10:01	1:11:09		
3	193	Begoña Crespo Qui UNIVERSIDA Vigo	1:18:41	7:24	15:00	18:28	20:23	21:49	45:49	47:53	----	1:04:46	1:09:06	1:10:56	1:16:22	1:17:39	1:18:41		
4	198	María Ángeles Garc UNIVERSIDA Vigo	1:21:21	6:07	12:05	15:40	17:43	19:05	30:53	35:08	----	52:24	59:32	1:05:58	1:18:56	1:20:09	1:21:21		
5	838	Soraya Alviárez Mil ARTABROS A Corui	1:48:03	8:14	14:41	22:58	31:45	33:09	44:36	56:06	----	1:25:03	1:32:24	1:34:44	1:44:55	1:46:47	1:48:03		
145		María Luisa Sanche AROMON Ponteved	en tarj.	11:51	16:59	20:03	23:36	25:27	34:35	38:33	----	47:57	58:40	1:00:50	1:04:39	1:06:13	1:07:27		
88		Mª Teresa Rey Sout APA LICEO A Coruñ	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----		
Damas Elite (5)						5,8 km		20 C											
				1(58)	2(48)	3(50)	4(42)	5(43)	6(46)	7(47)	8(51)	9(60)	10(49)	11(33)	12(32)	13(31)	14(41)		
				15(55)	16(57)	17(54)	18(61)	19(40)	20(100)	F									
1	210	Carla Veiga García UNIVERSIDA Vigo	2:19:02	3:25	4:47	7:19	22:16	29:34	48:18	50:09	1:19:51	1:24:36	1:26:47	1:32:10	1:32:55	1:34:12	1:50:46		
				3:25	1:22	2:32	14:57	7:18	18:44	1:51	29:42	4:45	2:11	5:23	0:45	1:17	16:34		
				1:51:59	2:01:31	2:04:06	2:11:46	2:13:25	2:18:00	2:19:02									
				1:13	9:32	2:35	7:40	1:39	4:35	1:02									
2	202	Isabel Pastoriza Sar UNIVERSIDA Vigo	2:22:08	4:40	6:13	8:50	22:44	39:41	57:02	59:03	1:18:49	1:21:59	1:26:43	1:31:45	1:32:20	1:33:20	1:50:57		
				4:40	1:33	2:37	13:54	16:57	17:21	2:01	19:46	3:10	4:44	5:02	0:35	1:00	17:37		
				1:51:55	2:00:11	2:03:41	2:10:45	2:12:33	2:20:59	2:22:08									
				0:58	8:16	3:30	7:04	1:48	8:26	1:09									
3	373	Alejandra Carro Mal ADCARNELA Porto	2:45:13	4:06	5:26	8:53	33:11	48:54	1:05:22	1:07:22	1:28:06	1:31:33	1:33:56	1:38:26	1:39:00	1:40:19	2:15:03		
				4:06	1:20	3:27	24:18	15:43	16:28	2:00	20:44	3:27	2:23	4:30	0:34	1:19	34:44		
				2:19:47	2:26:36	2:29:02	2:35:11	2:39:00	2:44:05	2:45:13									
				4:44	6:49	2:26	6:09	3:49	5:05	1:08									
4	47	Iria María Rodríguez FLUVIAL LU Lugo	3:18:52	5:44	7:49	12:12	35:06	45:21	1:24:56	1:27:02	1:48:26	1:51:47	1:54:59	2:01:23	2:02:40	2:03:54	2:42:58		
				5:44	2:05	4:23	22:54	10:15	39:35	2:06	21:24	3:21	3:12	6:24	1:17	1:14	39:04		
				2:43:51	2:55:00	2:57:38	3:08:37	3:10:11	3:17:51	3:18:52									
				0:53	11:09	2:38	10:59	1:34	7:40	1:01									
11		Mª Vanessa Ceide V FLUVIAL LU Lugo	en tarj.	4:43	7:03	10:43	30:29	55:00	1:27:46	1:29:39	1:50:18	1:56:13	2:09:05	2:17:43	----	----	----		
				4:43	2:20	3:40	19:46	24:31	32:46	1:53	20:39	5:55	12:52	8:38					
				----	----	----	----	----	----	6:42:09									
										4:24:26									
Hombres 12 (6)						2,2 km		10 C											
				1(64)	2(59)	3(74)	4(65)	5(73)	6(67)	7(62)	8(63)	9(73)	10(100)	F					
1	158	Natnael Candela Igl ARTABROS A Corui	33:21	4:05	5:45	6:50	10:03	16:03	20:11	23:52	27:32	29:15	32:15	33:21		25:01			
				4:05	1:40	1:05	3:13	6:00	4:08	3:41	3:40	1:43	3:00	1:06		*67			
2	317	Santiago Rodilla Iris HABELAS HA Vigo	34:23	3:06	3:44	4:38	14:21	19:51	23:18	24:18	27:09	28:29	33:28	34:23					
				3:06	0:38	0:54	9:43	5:30	3:27	1:00	2:51	1:20	4:59	0:55					
3	108	Hugo Antoñón Casa AROMON Ponteved	37:52	3:21	8:22	11:28	17:36	23:02	26:19	27:30	30:17	31:28	36:34	37:52					
				3:21	5:01	3:06	6:08	5:26	3:17	1:11	2:47	1:11	5:06	1:18					
4	109	Mateo Antoñón Cas AROMON Ponteved	41:14	2:34	4:12	5:47	10:24	15:12	25:45	27:35	32:46	35:13	40:15	41:14					
				2:34	1:38	1:35	4:37	4:48	10:33	1:50	5:11	2:27	5:02	0:59					
356		Nicolás Trejo Garcí TREVINCA O Barco	en tarj.	4:38	5:55	8:05	14:26	19:39	23:46	25:15	28:15	29:45	----	35:05					
				4:38	1:17	2:10	6:21	5:13	4:07	1:29	3:00	1:30		5:20					
312		Carlos González-reñ HABELAS HA Vigo	No sale	----	----	----	----	----	----	----	----	----	----	----					
Hombres 14 (4)						2,2 km		10 C											
				1(64)	2(59)	3(52)	4(65)	5(73)	6(63)	7(62)	8(67)	9(73)	10(100)	F					
1	459	Juan Atanes Conde FLUVIAL LU Lugo	28:38	4:15	4:46	8:23	11:17	14:42	16:38	22:49	23:32	25:32	27:48	28:38					
				4:15	0:31	3:37	2:54	3:25	1:56	6:11	0:43	2:00	2:16	0:50					
2	10	Denis Castillo Lópe FLUVIAL LU Lugo	46:12	8:36	9:21	13:05	16:38	22:14	26:01	33:53	37:58	41:18	45:03	46:12					
				8:36	0:45	3:44	3:33	5:36	3:47	7:52	4:05	3:20	3:45	1:09					
3	43	Iago Piñeiro Fraga FLUVIAL LU Lugo	50:09	4:27	6:28	19:05	22:24	28:12	30:05	40:30	42:04	44:52	47:50	50:09					
				4:27	2:01	12:37	3:19	5:48	1:53	10:25	1:34	2:48	2:58	2:19					
4	17	Victor Fernández Br FLUVIAL LU Lugo	1:03:13	7:04	9:14	18:05	21:15	39:16	43:03	50:55	54:59	58:20	1:02:01	1:03:13					
				7:04	2:10	8:51	3:10	18:01	3:47	7:52	4:04	3:21	3:41	1:12					

Pos	Jorsal	Nombre	Tiempo																	
Hombres 21 (18)				5,5 km		17 C		<i>(cont.)</i>												
				1(50)	2(52)	3(51)	4(60)	5(42)	6(44)	7(46)	8(47)	9(33)	10(31)	11(36)	12(57)	13(34)	14(61)			
				15(40)	16(41)	17(100)	F													
10	319	Emilio Ruiz Lago HABELAS HA Vigo	1:25:42	6:29	7:50	8:48	11:36	23:04	27:45	39:40	43:24	56:52	59:19	1:09:55	1:12:57	-----	1:19:24			
				6:29	1:21	0:58	2:48	11:28	4:41	11:55	3:44	13:28	2:27	10:36	3:02					
				1:20:28	1:22:04	1:25:03	1:25:42													
				1:04	1:36	2:59	0:39													
11	126	Alfonso Manuel Her AROMON Ponteved	1:26:03	5:31	6:44	7:51	10:36	18:32	23:17	42:25	44:25	55:59	58:14	1:08:00	1:11:53	-----	1:19:09			
				5:31	1:13	1:07	2:45	7:56	4:45	19:08	2:00	11:34	2:15	9:46	3:53					
				1:21:40	1:22:56	1:25:06	1:26:03													
				2:31	1:16	2:10	0:57													
12	318	Juan Antonio Rodrí HABELAS HA Vigo	1:41:43	8:32	13:19	15:53	19:55	29:25	35:32	46:15	53:29	1:10:50	1:11:41	1:22:21	1:27:28	-----	1:34:49			
				8:32	4:47	2:34	4:02	9:30	6:07	10:43	7:14	17:21	0:51	10:40	5:07					
				1:36:48	1:38:28	1:40:47	1:41:43													
				1:59	1:40	2:19	0:56													
13	380	Jorge Manrique Var ADCARNELA Porto	1:44:13	5:45	6:46	7:38	13:06	30:11	42:58	53:53	56:03	1:07:56	1:09:16	1:22:40	1:27:39	-----	1:36:06			
				5:45	1:01	0:52	5:28	17:05	12:47	10:55	2:10	11:53	1:20	13:24	4:59					
				1:37:39	1:39:22	1:43:18	1:44:13													
				1:33	1:43	3:56	0:55													
14	111	David Araujo Rua AROMON Ponteved	1:52:05	12:05	13:13	14:04	16:32	26:43	32:37	1:08:16	1:10:08	1:20:02	1:23:29	1:33:55	1:38:16	-----	1:45:22			
				12:05	1:08	0:51	2:28	10:11	5:54	35:39	1:52	9:54	3:27	10:26	4:21					
				1:47:29	1:48:50	1:51:06	1:52:05													
				2:07	1:21	2:16	0:59													
15	15	Patricio Cruz Fariás FLUVIAL LU Lugo	1:54:17	8:06	9:57	11:17	15:20	30:04	39:47	54:49	57:07	1:10:09	1:12:26	1:30:05	1:35:37	-----	1:44:25			
				8:06	1:51	1:20	4:03	14:44	9:43	15:02	2:18	13:02	2:17	17:39	5:32					
				1:47:06	1:49:22	1:52:52	1:54:17													
				2:41	2:16	3:30	1:25													
16	5	José Manuel Caama FLUVIAL LU Lugo	2:08:47	8:00	9:50	10:56	17:29	29:45	36:49	1:01:52	1:04:03	1:19:34	1:21:21	1:45:56	1:50:31	-----	2:01:10			
				8:00	1:50	1:06	6:33	12:16	7:04	25:03	2:11	15:31	1:47	24:35	4:35					
				2:03:01	2:04:36	2:07:45	2:08:47													
				1:51	1:35	3:09	1:02													
17	310	Diego Gonzalez Alo HABELAS HA Vigo	2:26:14	12:48	14:41	15:58	21:37	36:37	52:15	1:12:28	1:16:45	1:34:08	1:37:30	1:54:54	2:03:56	-----	2:15:30			
				12:48	1:53	1:17	5:39	15:00	15:38	20:13	4:17	17:23	3:22	17:24	9:02					
				2:19:19	2:21:31	2:25:24	2:26:14													
				3:49	2:12	3:53	0:50													
121	Ricardo Figueroa Fe AROMON Ponteved	en tarj.		7:14	8:19	10:02	12:32	21:34	27:06	37:31	38:50	46:41	48:38	1:01:09	1:05:35	-----	1:12:05			
				7:14	1:05	1:43	2:30	9:02	5:32	10:25	1:19	7:51	1:57	12:31	4:26					
				1:14:31	1:15:52	1:18:12	1:18:55													
				2:26	1:21	2:20	0:43													
Hombres 21B (24)				3,3 km		18 C														
				1(58)	2(56)	3(50)	4(52)	5(51)	6(60)	7(49)	8(55)	9(61)	10(36)	11(35)	12(34)	13(31)	14(32)			
				15(33)	16(40)	17(41)	18(100)	F												
1	440	Luis García López AD FOGAR Carball	54:51	2:34	4:42	8:58	10:50	11:34	17:12	20:28	24:33	26:01	28:46	30:56	-----	40:09	40:39			
				2:34	2:08	4:16	1:52	0:44	5:38	3:16	4:05	1:28	2:45	2:10			9:13	0:30		
				41:00	50:28	51:57	54:08	54:51												
				0:21	9:28	1:29	2:11	0:43												
2	110	Francisco Javier An AROMON Ponteved	57:28	3:26	5:31	7:16	8:42	9:43	12:48	14:37	18:25	21:08	27:51	29:59	-----	40:19	41:16			
				3:26	2:05	1:45	1:26	1:01	3:05	1:49	3:48	2:43	6:43	2:08			10:20	0:57		
				41:48	51:02	52:50	56:43	57:28												
				0:32	9:14	1:48	3:53	0:45												
3	179	Eladio Parga Ures ARTABROS A Corui	1:03:54	5:47	7:55	11:29	14:38	15:27	18:08	20:19	23:33	27:10	31:16	35:19	-----	46:09	51:17			
				5:47	2:08	3:34	3:09	0:49	2:41	2:11	3:14	3:37	4:06	4:03			10:50	5:08		
				51:42	1:00:22	1:01:13	1:02:57	1:03:54												
				0:25	8:40	0:51	1:44	0:57												
4	292	Ramón Miguens La BOMBEIROS A Cori	1:08:10	3:28	6:37	8:31	10:06	11:08	15:06	20:07	24:38	27:01	31:27	35:16	-----	50:15	50:47			
				3:28	3:09	1:54	1:35	1:02	3:58	5:01	4:31	2:23	4:26	3:49			14:59	0:32		
				52:14	59:17	1:03:44	1:07:06	1:08:10												
				1:27	7:03	4:27	3:22	1:04												
5	825	Miguel Torrado Gon HABELAS HA Vigo	1:10:22	4:50	9:30	11:06	12:36	13:32	16:32	19:02	25:20	29:21	38:54	43:30	-----	54:21	55:15			
				4:50	4:40	1:36	1:30	0:56	3:00	2:30	6:18	4:01	9:33	4:36			10:51	0:54		
				55:47	1:04:50	1:06:39	1:09:33	1:10:22												
				0:32	9:03	1:49	2:54	0:49												
6	417	Carlos Fernández M FLUVIAL LU Lugo	1:10:39	5:51	9:50	14:05	15:59	16:44	19:42	22:12	26:21	32:12	36:26	41:31	-----	51:55	52:54			
				5:51	3:59	4:15	1:54	0:45	2:58	2:30	4:09	5:51	4:14	5:05			10:24	0:59		
				53:43	1:03:03	1:06:11	1:09:52	1:10:39												
				0:49	9:20	3:08	3:41	0:47												
7	151	Francisco Javier Ve AROMON Ponteved	1:11:47	3:22	5:39	9:53	11:39	12:41	17:11	21:47	26:53	34:08	37:46	40:58	-----	57:02	57:35			
				3:22	2:17	4:14	1:46	1:02	4:30	4:36	5:06	7:15	3:38	3:12			16:04	0:33		
				58:13	1:05:37	1:07:19	1:11:09	1:11:47												
				0:38	7:24	1:42	3:50	0:38												
8	60	Alvaro Armada Luac APA LICEO A Coruñ	1:17:22	5:02	7:15	9:48	11:35	12:58	16:25	23:03	28:02	31:17	35:01	37:34	-----	51:26	52:04			
				5:02	2:13	2:33	1:47	1:23	3:27	6:38	4:59	3:15	3:44	2:33			13:52	0:38		
				52:38	1:09:07	1:11:34	1:16:01	1:17:22												
				0:34	16:29	2:27	4:27	1:21												
9	466	Javier Rioboo Tejo BOMBEIROS A Cori	1:21:46	6:20	11:13	13:52	15:35	18:22	22:44	27:22	31:50	34:23	38:03	46:12	-----	1:00:07	1:01:31			
				6:20	4:53	2:39	1:43	2:47	4:22	4:38	4:28	2:33	3:40	8:09			13:55	1:24		
				1:02:15	1:16:14	1:17:37	1:20:37	1:21:46												
				0:44	13:59	1:23	3:00	1:09												
10	51	Antonio Soto Ferná FLUVIAL LU Lugo	1:23:09	6:51	10:56	15:42	17:44	19:07	25:19	31:19	36:10	38:55	43:34	48:14	-----	1:02:26	1:05:17			
				6:51	4:05	4:46	2:02	1:23	6:12	6:00	4:51	2:45	4:39	4:40			14:12	2:51		
				1:05:51	1:14:57	1:17:07	1:22:01	1:23:09												
				0:34	9:06	2:10	4:54	1:08												

Pos	Jorsal	Nombre	Tempo			3,3 km		18 C (cont.)									
				1(58)	2(56)	3(50)	4(52)	5(51)	6(60)	7(49)	8(55)	9(61)	10(36)	11(35)	12(34)	13(31)	14(32)
				15(33)	16(40)	17(41)	18(100)	F									
11	415	Borja Sánchez Marc JARNACHAS Arteix	1:28:51	4:05	6:58	9:30	11:34	12:58	17:16	24:02	34:09	39:51	44:39	50:07	----	1:07:45	1:09:00
				4:05	2:53	2:32	2:04	1:24	4:18	6:46	10:07	5:42	4:48	5:28		17:38	1:15
				1:10:06	1:19:48	1:22:42	1:27:40	1:28:51									
				1:06	9:42	2:54	4:58	1:11									
12	344	Jose Antonio Agud Trevinca O Barco	1:30:24	3:46	7:07	14:29	16:14	17:22	24:25	32:31	37:21	40:20	44:39	53:46	----	1:14:02	1:15:02
				3:46	3:21	7:22	1:45	1:08	7:03	8:06	4:50	2:59	4:19	9:07		20:16	1:00
				1:15:35	1:23:50	1:26:20	1:29:13	1:30:24									
				0:33	8:15	2:30	2:53	1:11									
13	432	Jaime Prado Costoy Faicamiño Oleiros	1:36:48	3:41	9:31	13:31	15:32	16:57	27:52	30:54	41:18	48:52	53:57	56:54	----	1:15:09	1:15:39
				3:41	5:50	4:00	2:01	1:25	10:55	3:02	10:24	7:34	5:05	2:57		18:15	0:30
				1:16:46	1:28:53	1:33:03	1:35:50	1:36:48									
				1:07	12:07	4:10	2:47	0:58									
14	192	Javier Costas Figue Universida Vigo	1:40:32	5:38	9:38	13:36	15:14	16:14	19:50	34:36	39:28	44:32	55:45	59:38	----	1:22:25	1:25:49
				5:38	4:00	3:58	1:38	1:00	3:36	14:46	4:52	5:04	11:13	3:53		22:47	3:24
				1:28:12	1:36:10	1:37:17	1:39:28	1:40:32									
				2:23	7:58	1:07	2:11	1:04									
15	355	Miguel Angel Trejo Trevinca O Barco	1:48:20	4:48	7:28	10:36	12:50	14:24	19:31	29:29	36:08	40:46	50:04	55:15	----	1:15:38	1:18:20
				4:48	2:40	3:08	2:14	1:34	5:07	9:58	6:39	4:38	9:18	5:11		20:23	2:42
				1:19:37	1:33:12	1:39:07	1:46:00	1:48:20									
				1:17	13:35	5:55	6:53	2:20									
16	836	J Antonio Rodriguez Fluvial LU Lugo	2:20:29	9:34	13:54	18:11	20:12	21:55	45:27	48:53	1:01:10	1:03:57	1:11:56	1:17:06	----	1:42:08	1:45:18
				9:34	4:20	4:17	2:01	1:43	23:32	3:26	12:17	2:47	7:59	5:10		25:02	3:10
				1:46:11	2:07:51	2:12:29	2:17:51	2:20:29									
				0:53	21:40	4:38	5:22	2:38									
	833	Paulo Grandío Montañán en tarj. Fluvial LU Lugo	No sale	3:28	5:49	7:38	9:26	10:31	14:03	19:33	23:43	26:42	29:54	32:29	----	45:54	46:23
				3:28	2:21	1:49	1:48	1:05	3:32	5:30	4:10	2:59	3:12	2:35		13:25	0:29
				46:45	54:04	1:04:55	1:07:49	1:08:56									
				0:22	7:19	10:51	2:54	1:07									
	285	Daniel Bogo Saavedra en tarj. Bombeiros A Coruña	No sale	6:33	9:25	11:53	13:49	15:17	18:49	21:02	32:15	34:18	47:44	50:58	----	1:20:15	1:20:39
				6:33	2:52	2:28	1:56	1:28	3:32	2:13	11:13	2:03	13:26	3:14		29:17	0:24
				1:21:32	1:31:21	1:32:55	1:39:18										
				0:53	9:49	1:34	6:23										
	438	Pablo Castedo López AD FOGAR Carballeda	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
	29	Juan José Lafuente Fluvial LU Lugo	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
	288	Sergio Del Arco Martínez Bombeiros A Coruña	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
	252	Humberto Pérez Paiva Gallaecia A Coruña	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
	189	Alejandro Alvarez Torres Universida Vigo	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
	394	Ismael Sanjurjo Górriz Faicamiño Oleiros	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----

Hombres 35 (17)						5,8 km		20 C									
				1(58)	2(48)	3(50)	4(42)	5(43)	6(46)	7(47)	8(51)	9(60)	10(49)	11(33)	12(32)	13(31)	14(41)
				15(55)	16(57)	17(54)	18(61)	19(40)	20(100)	F							
1	846	Daniel Pires Adfa Evora Portu	1:06:05	2:17	3:08	4:51	12:59	16:06	28:55	30:08	37:59	40:06	41:38	44:27	44:50	45:23	50:26
				2:17	0:51	1:43	8:08	3:07	12:49	1:13	7:51	2:07	1:32	2:49	0:23	0:33	5:03
				51:09	54:55	56:11	1:00:19	1:01:11	1:05:13	1:06:05							
				0:43	3:46	1:16	4:08	0:52	4:02	0:52							
2	112	Manuel Beloso Garcia Aromon Ponteved	1:34:36	2:51	4:07	6:14	16:22	20:55	35:04	39:07	50:23	54:03	57:26	1:00:58	1:02:12	1:03:00	1:11:04
				2:51	1:16	2:07	10:08	4:33	14:09	4:03	11:16	3:40	3:23	3:32	1:14	0:48	8:04
				1:12:17	1:18:21	1:21:12	1:27:03	1:30:10	1:33:45	1:34:36							
				1:13	6:04	2:51	5:51	3:07	3:35	0:51							
3	46	Eugenio A. Rodriguez Fluvial LU Lugo	1:34:55	3:17	4:30	6:25	20:58	24:14	37:56	39:24	54:33	56:55	58:50	1:02:51	1:03:19	1:04:21	1:12:56
				3:17	1:13	1:55	14:33	3:16	13:42	1:28	15:09	2:22	1:55	4:01	0:28	1:02	8:35
				1:14:09	1:20:14	1:23:50	1:29:30	1:30:52	1:33:59	1:34:55							
				1:13	6:05	3:36	5:40	1:22	3:07	0:56							
4	59	Arturo Antón Casado APA Liceo A Coruña	1:34:57	3:08	4:18	6:24	18:57	23:48	36:40	38:25	50:33	53:26	54:54	58:24	58:45	59:44	1:07:34
				3:08	1:10	2:06	12:33	4:51	12:52	1:45	12:08	2:53	1:28	3:30	0:21	0:59	7:50
				1:08:26	1:14:54	1:22:32	1:27:09	1:28:43	1:34:02	1:34:57							
				0:52	6:28	7:38	4:37	1:34	5:19	0:55							
5	191	José Luis Armada Lopez Universida Vigo	1:44:08	2:59	4:02	6:12	20:37	34:10	49:42	51:04	1:01:48	1:07:34	1:08:34	1:12:18	1:12:45	1:14:42	1:22:38
				2:59	1:03	2:10	14:25	13:33	15:32	1:22	10:44	5:46	1:00	3:44	0:27	1:57	7:56
				1:25:17	1:30:12	1:32:10	1:36:55	1:38:08	1:43:11	1:44:08							
				2:39	4:55	1:58	4:45	1:13	5:03	0:57							

Pos	Jorsal	Nombre	Tempo																					
Hombres 35 (17)				5,8 km		20 C		<i>(cont.)</i>																
				1(58)	2(48)	3(50)	4(42)	5(43)	6(46)	7(47)	8(51)	9(60)	10(49)	11(33)	12(32)	13(31)	14(41)							
				15(55)	16(57)	17(54)	18(61)	19(40)	20(100)	F														
6	44	Xoan Manoel Puente FLUVIAL LU Lugo	1:45:45	5:41	7:00	9:20	20:41	24:33	40:18	41:48	1:00:01	1:03:26	1:06:56	1:11:14	1:12:52	1:13:45	1:22:33							
				5:41	1:19	2:20	11:21	3:52	15:45	1:30	18:13	3:25	3:30	4:18	1:38	0:53	8:48							
				1:23:51	1:31:51	1:34:06	1:39:39	1:40:57	1:44:37	1:45:45														
				1:18	8:00	2:15	5:33	1:18	3:40	1:08														
7	146	Ignacio Talens Pena AROMON Ponteved	1:47:39	2:53	4:14	6:24	16:12	26:50	40:24	42:28	53:31	56:42	1:02:52	1:06:22	1:06:48	1:07:36	1:27:47							
				2:53	1:21	2:10	9:48	10:38	13:34	2:04	11:03	3:11	6:10	3:30	0:26	0:48	20:11							
				1:28:34	1:34:04	1:36:46	1:42:20	1:43:59	1:46:57	1:47:39														
				0:47	5:30	2:42	5:34	1:39	2:58	0:42														
8	174	Jose Miguel López I ARTABROS A Corui	2:16:59	4:57	8:16	10:35	24:42	30:26	53:16	55:20	1:21:27	1:25:58	1:27:59	1:33:20	1:33:58	1:35:06	1:47:11							
				4:57	3:19	2:19	14:07	5:44	22:50	2:04	26:07	4:31	2:01	5:21	0:38	1:08	12:05							
				1:48:38	1:57:01	1:59:41	2:08:04	2:10:04	2:15:33	2:16:59														
				1:27	8:23	2:40	8:23	2:00	5:29	1:26														
9	72	José Antonio Castri APA LICEO A Corui	2:22:42	2:51	4:09	8:51	20:48	28:23	1:09:03	1:11:06	1:28:45	1:31:37	1:35:55	1:40:35	1:41:05	1:43:08	1:56:56							
				2:51	1:18	4:42	11:57	7:35	40:40	2:03	17:39	2:52	4:18	4:40	0:30	2:03	13:48							
				1:57:58	2:05:24	2:07:54	2:15:08	2:16:57	2:21:27	2:22:42														
				1:02	7:26	2:30	7:14	1:49	4:30	1:15														
10	208	Jorge Pérez Juste UNIVERSIDA Vigo	2:23:04	3:58	5:40	8:30	24:55	43:50	59:06	1:01:14	1:20:56	1:24:01	1:28:48	1:33:39	1:34:12	1:35:01	1:53:00							
				3:58	1:42	2:50	16:25	18:55	15:16	2:08	19:42	3:05	4:47	4:51	0:33	0:49	17:59							
				1:54:03	2:02:14	2:05:43	2:12:50	2:14:39	2:22:11	2:23:04														
				1:03	8:11	3:29	7:07	1:49	7:32	0:53														
11	343	Matías Velázquez G GALICIA CA Ferrol	2:27:26	5:07	6:54	11:57	32:24	39:59	1:01:59	1:04:52	1:23:45	1:26:55	1:33:34	1:38:45	1:40:51	1:46:19	1:59:23							
				5:07	1:47	5:03	20:27	7:35	22:00	2:23	19:23	3:10	6:39	5:11	2:06	5:28	13:04							
				2:00:33	2:09:02	2:11:41	2:18:31	2:20:16	2:26:12	2:27:26														
				1:10	8:29	2:39	6:50	1:45	5:56	1:14														
12	325	Eduardo Santiago G SEO Ordes	2:35:01	3:36	4:57	7:35	35:30	56:29	1:07:18	1:08:50	1:28:18	1:31:52	1:35:42	1:38:37	1:39:12	1:40:02	1:56:25							
				3:36	1:21	2:38	27:55	20:59	10:49	1:32	19:28	3:34	3:50	2:55	0:35	0:50	16:23							
				1:58:07	2:06:31	2:20:46	2:29:12	2:30:58	2:34:22	2:35:01														
				1:42	8:24	14:15	8:26	1:46	3:24	0:39														
13	422	Ramón Sampedro N USC Santiago de Cc	2:42:57	3:23	4:56	7:29	24:38	35:08	1:09:02	1:11:16	1:40:21	1:44:37	1:49:28	1:54:37	1:55:34	1:56:54	2:08:12							
				3:23	1:33	2:33	17:09	10:30	33:54	2:14	29:05	4:16	4:51	5:09	0:57	1:20	11:18							
				2:09:02	2:23:07	2:24:49	2:31:18	2:34:48	2:41:24	2:42:57														
				0:50	14:05	1:42	6:29	3:30	6:36	1:33														
14	378	Alberto Santos Blan ADCARNELA Porto	3:01:13	4:50	6:49	8:56	21:48	30:02	1:17:26	1:19:08	1:44:09	1:47:37	1:50:06	1:54:25	1:54:56	1:56:11	2:31:07							
				4:50	1:59	2:07	12:52	8:14	47:24	1:42	25:01	3:28	2:29	4:19	0:31	1:15	34:56							
				2:35:42	2:43:02	2:45:07	2:51:14	2:56:09	3:00:05	3:01:13														
				4:35	7:20	2:05	6:07	4:55	3:56	1:08														
	45	Rafael Rodríguez Ló FLUVIAL LU Lugo	en tarj.	8:37	10:33	17:23	37:44	48:08	1:10:40	1:12:29	1:30:15	1:35:03	1:38:56	1:44:51	1:46:02	1:49:58	----							
				8:37	1:56	6:50	20:21	10:24	22:32	1:49	17:46	4:48	3:53	5:55	1:11	3:56	----							
				-----	-----	-----	-----	-----	-----	2:12:09														
				-----	-----	-----	-----	-----	-----	22:11														
	315	César Pío Vaquero HABELAS HA Vigo	en tarj.	3:46	6:11	8:44	23:43	35:39	1:35:40	1:37:17	1:54:52	1:58:00	1:59:42	2:05:05	2:06:24	2:08:33	2:21:53							
				3:46	2:25	2:33	14:59	11:56	1:00:01	1:37	17:35	3:08	1:42	5:23	1:19	2:09	13:20							
				2:25:54	2:33:01	-----	-----	-----	-----	-----														
				4:01	7:07	-----	-----	-----	-----	-----														
	220	José Ramón Pacheco USC Santiago de Cc	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----							
				-----	-----	-----	-----	-----	-----	-----														
Hombres 45 (12)				3,4 km		16 C																		
				1(59)	2(48)	3(49)	4(60)	5(51)	6(52)	7(33)	8(31)	9(61)	10(34)	11(35)	12(36)	13(61)	14(40)							
				15(41)	16(100)	F																		
1	316	Santiago Rodilla Gu HABELAS HA Vigo	1:00:26	3:51	5:31	11:26	14:09	18:09	20:03	25:40	26:54	35:26	----	43:44	46:54	52:18	53:56							
				3:51	1:40	5:55	2:43	4:00	1:54	5:37	1:14	8:32	8:18	3:10	5:24	1:38	----							
				56:41	59:23	1:00:26																		
				2:45	2:42	1:03																		
2	196	Enrique Fuertes Go UNIVERSIDA Vigo	1:11:17	3:37	5:27	14:27	16:34	20:03	21:34	33:15	41:22	51:07	----	59:14	1:01:53	1:04:06	1:07:35							
				3:37	1:50	9:00	2:07	3:29	1:31	11:41	8:07	9:45	----	8:07	2:39	2:13	3:29							
				1:08:53	1:10:34	1:11:17																		
				1:18	1:41	0:43																		
3	209	David Eladio Pinal C UNIVERSIDA Vigo	1:13:27	3:45	6:28	13:00	16:53	20:22	24:31	30:40	32:02	46:38	----	53:46	58:04	1:02:14	1:03:51							
				3:45	2:43	6:32	3:53	3:29	4:09	6:09	1:22	14:36	----	7:08	4:18	4:10	1:37							
				1:05:28	1:12:12	1:13:27																		
				1:37	6:44	1:15																		
4	37	Pedro Parga Andón FLUVIAL LU Lugo	1:13:55	4:58	7:15	14:49	16:51	21:44	23:18	29:21	31:49	44:45	----	52:20	58:45	1:06:07	1:09:10							
				4:58	2:17	7:34	2:02	4:53	1:34	6:03	2:28	12:56	----	7:35	6:25	7:22	3:03							
				1:10:49	1:12:52	1:13:55																		
				1:39	2:03	1:03																		
5	187	Carles Abad Vives UNIVERSIDA Vigo	1:15:07	4:05	6:08	15:02	18:11	22:10	26:26	32:14	33:42	44:12	----	53:16	57:43	1:02:07	1:07:23							
				4:05	2:03	8:54	3:09	3:59	4:16	5:48	1:28	10:30	----	9:04	4:27	4:24	5:16							
				1:09:07	1:13:45	1:15:07																		
				1:44	4:38	1:22																		
6	831	Luis Mateo Sáez Ab FLUVIAL LU Lugo	1:22:08	3:38	5:40	11:54	15:45	21:09	29:08	35:06	36:40	56:54	----	1:04:08	1:09:30	1:13:22	1:15:55							
				3:38	2:02	6:14	3:51	5:24	7:59	5:58	1:34	20:14	----	7:14	5:22	3:52	2:33							
				1:17:50	1:21:02	1:22:08																		
				1:55	3:12	1:06																		
7	116	Gilberto Díaz Falcor AROMON Ponteved	1:40:14	3:43	6:49	15:39	18:06	22:35	24:44	37:40	38:40	49:47	----	1:12:22	1:17:47	1:25:09	1:30:37							
				3:43	3:06	8:50	2:27	4:29	2:09	12:56	1:00	11:07	----	22:35	5:25	7:22	5:28							
				1:33:18	1:39:03	1:40:14																		
				2:41	5:45	1:11																		

Pos	Jorsal	Nombre	Tiempo														
Hombres 45 (12)			3,4 km			16 C (cont.)											
			1(59)	2(48)	3(49)	4(60)	5(51)	6(52)	7(33)	8(31)	9(61)	10(34)	11(35)	12(36)	13(61)	14(40)	
			15(41)	16(100)	F												
49	Jesús Sanmartín	Már en tarj. FLUVIAL LU Lugo	3:06	4:38	10:39	12:59	16:41	18:08	24:07	25:57	35:12	-----	-----	-----	-----	41:07	
			3:06	1:32	6:01	2:20	3:42	1:27	5:59	1:50	9:15					5:55	
			42:15	45:41	46:24												
			1:08	3:26	0:43												
162	Juan Carlos Carball	Már en tarj. ARTABROS A Corui	5:01	6:56	12:06	-----	15:02	16:54	23:51	25:09	34:27	-----	40:36	43:22	46:34	48:40	
			5:01	1:55	5:10		2:56	1:52	6:57	1:18	9:18		6:09	2:46	3:12	2:06	
			50:23	52:25	53:22												
			1:43	2:02	0:57												
205	Patricio Peláez Mén	Már en tarj. UNIVERSIDA Vigo	4:15	6:30	12:51	15:34	18:26	20:42	40:57	-----	48:22	-----	57:02	1:02:37	1:07:32	1:08:35	
			4:15	2:15	6:21	2:43	2:52	2:16	20:15		7:25		8:40	5:35	4:55	1:03	
			1:10:54	1:13:34	1:14:42		26:29										
			2:19	2:40	1:08		*31										
223	Eduardo V. Ramos I	Már en tarj. USC Santiago de Cc	5:05	7:34	17:00	19:42	23:53	26:11	32:37	34:25	51:51	-----	58:27	1:01:11	1:05:33	1:07:45	
			5:05	2:29	9:26	2:42	4:11	2:18	6:26	1:48	17:26		6:36	2:44	4:22	2:12	
			1:13:14	1:17:55	1:19:02												
			5:29	4:41	1:07												
95	Alberto Taberbero F	No sale APA LICEO A Coruñ	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
			-----	-----													
Hombres Elite (11)			6,7 km			25 C											
			1(48)	2(56)	3(50)	4(52)	5(51)	6(60)	7(49)	8(61)	9(39)	10(57)	11(54)	12(31)	13(32)	14(33)	
			15(42)	16(43)	17(44)	18(45)	19(37)	20(53)	21(38)	22(46)	23(47)	24(52)	25(100)	F			
1	190	José María Álvarez	1:19:40	3:32	3:57	5:05	6:10	6:55	10:49	12:06	16:00	16:43	20:35	21:45	29:42	30:33	30:55
		UNIVERSIDA Vigo		3:32	0:25	1:08	1:05	0:45	3:54	1:17	3:54	0:43	3:52	1:10	7:57	0:51	0:22
				40:02	44:57	47:29	58:11	1:01:01	1:03:43	1:04:41	1:09:02	1:10:25	1:17:35	1:18:53	1:19:40		
				9:07	4:55	2:32	10:42	2:50	2:42	0:58	4:21	1:23	7:10	1:18	0:47		
2	387	Miguel Camblor Qui	1:26:38	4:21	5:01	6:11	7:24	8:07	10:33	15:15	18:27	19:13	21:52	23:13	30:45	31:16	31:42
		FAICAMIÑO Oleiros		4:21	0:40	1:10	1:13	0:43	2:26	4:42	3:12	0:46	2:39	1:21	7:32	0:31	0:26
				41:55	51:57	55:19	1:05:14	1:07:40	1:10:20	1:11:32	1:16:24	1:17:41	1:24:36	1:25:58	1:26:38		
				10:13	10:02	3:22	9:55	2:26	2:40	1:12	4:52	1:17	6:55	1:22	0:40		
3	431	Juan J. Sancosmed	1:28:34	3:13	3:52	5:04	6:16	7:03	9:33	11:19	15:02	15:50	19:02	20:28	34:30	36:10	36:35
		AABT Paderne		3:13	0:39	1:12	1:12	0:47	2:30	1:46	3:43	0:48	3:12	1:26	14:02	1:40	0:25
				48:57	52:40	55:36	1:05:42	1:08:26	1:11:25	1:12:16	1:16:46	1:17:45	1:26:30	1:27:47	1:28:34		
				12:22	3:43	2:56	10:06	2:44	2:59	0:51	4:30	0:59	8:45	1:17	0:47		
4	77	Iván Mera García	1:34:57	3:32	4:11	6:07	7:22	9:05	11:36	14:13	18:23	19:15	23:43	25:22	35:08	36:11	36:31
		APA LICEO A Coruñ		3:32	0:39	1:56	1:15	1:43	2:31	2:37	4:10	0:52	4:28	1:39	9:46	1:03	0:20
				47:16	53:46	56:56	1:09:35	1:12:18	1:17:00	1:18:33	1:23:39	1:25:01	1:32:56	1:34:15	1:34:57		
				10:45	6:30	3:10	12:39	2:43	4:42	1:33	5:06	1:22	7:55	1:19	0:42		
5	305	Marcos Varela Yáñe	1:39:12	6:14	6:57	8:16	9:29	10:20	12:44	16:35	20:30	21:42	25:02	26:27	39:19	39:50	40:59
		BOMBEIROS A Coruñ		6:14	0:43	1:19	1:13	0:51	2:24	3:51	3:55	1:12	3:20	1:25	12:52	0:31	1:09
				52:38	55:15	58:14	1:08:11	1:10:56	1:15:02	1:16:08	1:21:08	1:23:29	1:34:45	1:38:21	1:39:12		36:30
				11:39	2:37	2:59	9:57	2:45	4:06	1:06	5:00	2:21	11:16	3:36	0:51		*32
6	107	Javier Alvelo Fragu	1:42:49	3:47	4:42	7:41	8:59	9:45	12:44	14:12	17:25	18:40	26:13	29:28	38:29	40:03	40:32
		AROMON Ponteved		3:47	0:55	2:59	1:18	0:46	2:59	1:28	3:13	1:15	7:33	3:15	9:01	1:34	0:29
				51:58	55:28	58:41	1:13:31	1:16:59	1:21:40	1:23:01	1:29:20	1:31:11	1:40:32	1:42:05	1:42:49		
				11:26	3:30	3:13	14:50	3:28	4:41	1:21	6:19	1:51	9:21	1:33	0:44		
7	62	Alberto Arufe Varela	1:45:27	3:35	4:19	5:50	7:02	7:55	10:44	11:47	15:34	16:28	20:23	22:14	29:17	29:56	30:19
		APA LICEO A Coruñ		3:35	0:44	1:31	1:12	0:53	2:49	1:03	3:47	0:54	3:55	1:51	7:03	0:39	0:23
				40:51	45:21	48:17	58:53	1:01:52	1:16:25	1:17:36	1:22:27	1:23:33	1:42:43	1:44:39	1:45:27		
				10:32	4:30	2:56	10:36	2:59	14:33	1:11	4:51	1:06	19:10	1:56	0:48		
8	63	Javier Arufe Varela	2:03:02	4:05	4:56	6:31	7:57	9:12	12:44	14:41	19:36	21:08	26:33	28:44	38:01	38:51	39:23
		APA LICEO A Coruñ		4:05	0:51	1:35	1:26	1:15	3:32	1:57	4:55	1:32	5:25	2:11	9:17	0:50	0:32
				53:52	1:04:16	1:08:28	1:24:38	1:28:47	1:35:02	1:36:32	1:44:27	1:47:45	2:00:07	2:01:59	2:03:02		
				14:29	10:24	4:12	16:10	4:09	6:15	1:30	7:55	3:18	12:22	1:52	1:03		
9	12	Alberto Corral Alonso	2:28:19	6:40	7:34	15:30	16:54	17:51	26:37	35:06	46:25	47:41	51:31	53:21	1:05:25	1:07:30	1:08:05
		FLUVIAL LU Lugo		6:40	0:54	7:56	1:24	0:57	8:46	8:29	11:19	1:16	3:50	1:50	12:04	2:05	0:35
				1:20:29	1:39:43	1:44:06	1:56:27	1:59:51	2:03:24	2:05:15	2:12:12	2:14:44	2:25:56	2:27:20	2:28:19		
				12:24	19:14	4:23	12:21	3:24	3:33	1:51	6:57	2:32	11:12	1:24	0:59		
10	6	Santiago Cabado Est	2:40:20	4:44	6:34	10:21	12:23	14:00	18:00	19:44	23:51	25:01	33:51	36:14	50:25	52:40	52:59
		FLUVIAL LU Lugo		4:44	1:50	3:47	2:02	1:37	4:00	1:44	4:07	1:10	8:50	2:23	14:11	2:15	0:19
				1:08:42	1:18:15	1:22:12	1:40:39	1:47:14	1:53:03	1:55:09	2:10:48	2:13:56	2:37:56	2:39:25	2:40:20		
				15:43	9:33	3:57	18:27	6:35	5:49	2:06	15:39	3:08	24:00	1:29	0:55		
207	German Pérez Juste	Már en tarj. UNIVERSIDA Vigo	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
			11:57:53	0:06	6:30	1:16:58	1:30:45	1:37:16	1:57:44	2:01:29			2:05:20	2:08:23		11:55:58	*64
			*59	*74	*65	*73	*67	*62	*63	*73			2:05:20	3:03			
4FC (2)			2,6 km			13 C											
			1(59)	2(56)	3(50)	4(52)	5(51)	6(36)	7(35)	8(34)	9(39)	10(40)	11(41)	12(49)	13(100)	F	
1	802	Martina Pereira Ame	1:26:58	6:29	10:43	14:31	17:58	20:06	38:26	50:38	-----	1:07:48	1:12:17	1:15:37	1:22:54	1:24:41	1:26:58
		FAICAMIÑO Oleiros		6:29	4:14	3:48	3:27	2:08	18:20	12:12		17:10	4:29	3:20	7:17	1:47	2:17
2	801	Pier Veira Lauzara	1:34:58	8:44	11:59	25:47	28:18	30:35	46:35	58:36	-----	1:15:53	1:				

