

RESULTADOS DE LA TERCERA PRUEBA, FORGOSELO, 26 DE MARZO.

| Categoría | Puesto | Tiempo Apellidos | Nombre | Club | Puntos |
|-----------|--------|-----------------------------|----------------|------------|--------|
| D-12 | 1 | 00:32:49 ARUFE SEIJAS | ALBA | LICEO | 100 |
| D-12 | 2 | 00:37:09 RICOY RAJOY | SARA | AROMON | 88 |
| D-12 | 3 | 01:03:20 ALLER PFIRTER | MILAGROS MOREN | TREVINCA | 51 |
| D-12 | 4 | 99:99:99 IGLESIAS SANCHEZ | SABELA ALICIA | AROMON | 0 |
| D-14 | 1 | 00:32:38 PIÑEIRO LOZANO | ANDREA JULIA | LICEO | 100 |
| D-14 | 2 | 00:35:38 PUIME BAO | BELEN | LICEO | 91 |
| D-16 | 1 | 00:49:14 PARGA BASANTA | LUCIA | FLUVIAL | 100 |
| D-16 | 2 | 00:53:44 GARCIA MIGUELEZ | ALBA | FLUVIAL | 91 |
| D-16 | 3 | 01:02:42 VARELA YAÑEZ | ANA | BOMBEIROS | 78 |
| D-16 | 4 | 01:05:19 CAPON LAMELAS | NEREA | FLUVIAL | 75 |
| D-16 | 5 | 01:07:12 ABAD CAL | ANTIA | LICEO | 73 |
| D-16 | 6 | 01:08:13 BELLON SANTOS | TERESA | FLUVIAL | 72 |
| D-16 | 7 | 01:09:13 ALBA AMIL | ANDREA | LICEO | 71 |
| D-16 | 8 | 01:13:13 VAZQUEZ BARRIENTOS | SANDRA | LICEO | 67 |
| D-16 | 9 | 01:15:14 RODRIGUEZ VILA | MARTA | LICEO | 65 |
| D-16 | 10 | 01:20:53 MARTINEZ RODRIGUEZ | ALICIA | BOMBEIROS | 0 |
| D-20 | 1 | 01:19:46 NUÑEZ CARVALLO | CLAUDIA | FLUVIAL | 100 |
| D-20 | 2 | 01:21:48 NUÑEZ-TORRON STOCK | CLAUDIA | FLUVIAL | 97 |
| D-20 | 3 | 01:28:45 RODRIGUEZ VEGA | CELIA | FLUVIAL | 89 |
| D-20 | 4 | 01:33:49 VILA TORRES | RAQUEL | FLUVIAL | 85 |
| D-21 | 1 | 01:37:57 MARTINEZ GARCIA | LAURA | USC | 100 |
| D-21 | 2 | 01:42:03 LOZANO SAIZ | VANESSA | FLUVIAL | 95 |
| D-21 | 3 | 01:46:20 FIGUEROA LEIRO | MONICA | AROMON | 92 |
| D-21 | 4 | 01:58:47 TABERNERO REY | ANDREA | LICEO | 82 |
| D-21 | 5 | 02:27:23 LOPEZ EYO | TANIA | GALLAECIA | 66 |
| D-21 | 6 | 02:28:47 BARROS DIZ | NATALIA | ARTABROS | 65 |
| D-21 | 7 | 02:34:15 BROZ PADERNE | ANA | FLUVIAL | 63 |
| D-21 | 8 | 99:99:99 CADAVEIRA RAMOS | GRACIELA | GALLAECIA | 0 |
| D-35 | 1 | 01:29:00 DIOS GONZALEZ | ANA MARIA | AROMON | 100 |
| D-35 | 2 | 01:30:05 PEDRE FERNANDEZ | NATALIA | LICEO | 98 |
| D-35 | 3 | 01:30:30 BALBOA BARROS | MARGARITA | USC | 98 |
| D-35 | 4 | 01:34:33 PERNAS MARTINEZ | ROSA MARIA | USC | 94 |
| D-35 | 5 | 01:38:57 FOLLANA NEIRA | FERNANDA | FLUVIAL | 89 |
| D-35 | 6 | 01:46:25 PRIETO VILAR | MARIA JESUS | USC | 83 |
| D-35 | 7 | 01:56:01 GONZALEZ BELLO | CONCEPCION | FLUVIAL | 76 |
| D-35 | 8 | 01:58:32 FRAGA PITA | MONICA | FLUVIAL | 75 |
| D-35 | 9 | 02:15:02 VALLE ARES | NURIA | MONTFERROL | 65 |
| D-35 | 10 | 99:99:99 FELPETO GONZALEZ | LUISA | FLUVIAL | 0 |
| D-35 | 10 | 99:99:99 RODRIGUEZ SOUTO | ANA MARIA | LICEO | 0 |
| D-35 | 10 | 99:99:99 PEREZ RODRIGUEZ | MARIA LIBIA | FLUVIAL | 0 |
| D-45 | 1 | 01:00:28 SANCHEZ VAZQUEZ | LUISA | AROMON | 100 |
| D-45 | 2 | 01:02:46 NAYA LOPEZ | MARIA JOSE | LICEO | 96 |
| D-45 | 3 | 01:04:13 FERNANDEZ LOPEZ | CRISTINA | U.VIGO | 0 |
| D-45 | 4 | 01:08:44 REY SOUTO | Mª TERESA | LICEO | 87 |
| D-45 | 5 | 01:11:38 TORRES MONTES | MARIA JESUS | FLUVIAL | 84 |
| D-45 | 6 | 01:25:28 ALVAREZ CASTRO | OLIMPIA | U.VIGO | 0 |
| D-45 | 7 | 01:36:24 PACHECO IGLESIAS | AURORA | U.VIGO | 0 |
| D-45 | 8 | 02:03:16 ANTEQUERA GARCIA | GEMA | U.VIGO | 0 |
| D ELITE | 1 | 01:16:13 PONS PEREZ | AMANDA | BOMBEIROS | 0 |
| D ELITE | 2 | 01:23:20 BASCON OSUNA | LOLA | BOMBEIROS | 100 |
| D ELITE | 3 | 01:31:01 VEIGA BARBAZAN | PILAR | USC | 91 |
| D ELITE | 4 | 01:41:21 ARIAS LIMA | SONIA | AROMON | 82 |
| D ELITE | 5 | 01:58:24 VEIGA GARCIA | CARLA | U.VIGO | 70 |
| D ELITE | 6 | 01:58:58 CEIDE VILELA | MARIA VANESSA | FLUVIAL | 70 |
| D ELITE | 7 | 02:03:44 PASTORIZA SANTOS | ISABEL | U.VIGO | 67 |
| D ELITE | 8 | 02:22:25 CARRO MAHIA | ALEJANDRA | ARTABROS | 58 |
| D ELITE | 9 | 02:26:25 PEREZ ALONSO | ALICIA | AROMON | 56 |
| D ELITE | 10 | 02:45:50 LOPEZ SUAREZ | SILVIA | ARTABROS | 0 |
| D ELITE | 11 | 99:99:99 RODRIGUEZ PEREZ | IRIA MARIA | FLUVIAL | 0 |

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| Categoría | Puesto | Tiempo | Apellidos | Nombre | Club | Puntos |
|------------------|---------------|---------------|---------------------|------------------|-------------|---------------|
| D ELITE | 11 | 99:99:99 | SUAREZ MENDEZ | PRISCILA | BOMBEIROS | 0 |
| D ELITE | 11 | 99:99:99 | MIGUELEZ GARCIA | CLARA | SEO | 0 |
| H-12 | 1 | 00:45:20 | NEIRA FELIZ | ELISEO | LICEO | 100 |
| H-12 | 2 | 00:51:30 | CANDELA IGLESIAS | NATNAEL | ARTABROS | 88 |
| H-14 | 1 | 00:40:16 | RODRIGUEZ VILA | DIEGO | LICEO | 100 |
| H-14 | 2 | 00:43:30 | GARRIDO BURGO | JUAN MANUEL | FLUVIAL | 92 |
| H-14 | 3 | 00:47:27 | LOIS SERTO | IVAN | AROMON | 84 |
| H-14 | 4 | 00:50:23 | GARCIA COUSILLAS | DAVID | FLUVIAL | 79 |
| H-16 | 1 | 00:52:31 | ALVAREZ TOYOS | ALEJANDRO | U.VIGO | 100 |
| H-16 | 2 | 00:58:41 | PIÑEIRO FRAGA | BRAIS | FLUVIAL | 89 |
| H-16 | 3 | 01:00:15 | CASTRO LORENZO | PABLO | FLUVIAL | 87 |
| H-16 | 4 | 01:02:55 | SILGUERO SANTOS | RAUL | LICEO | 83 |
| H-20 | 1 | 01:41:08 | ALVAREZ ABUIN | DIEGO | FLUVIAL | 100 |
| H-20 | 2 | 02:05:41 | VILA TORRES | DIEGO | FLUVIAL | 80 |
| H-20 | 3 | 99:99:99 | FERNANDEZ BESTEIRO | SIMON | FLUVIAL | 0 |
| H-21 | 1 | 01:10:08 | MERA GARCIA | IVAN | LICEO | 100 |
| H-21 | 2 | 01:12:20 | RAMOS PERNAS | MIGUEL | USC | 96 |
| H-21 | 3 | 01:13:26 | PIÑEIRO VARELA | PEDRO JAVIER | GALLAECIA | 95 |
| H-21 | 4 | 01:17:39 | BUGALLO IGLESIAS | ADRIAN | LICEO | 90 |
| H-21 | 5 | 01:19:43 | CAAMAÑO LAGO | JOSE MANUEL | FLUVIAL | 87 |
| H-21 | 6 | 01:21:33 | PARRADO MAQUIEIRA | MANUEL | HABELASHAI | 86 |
| H-21 | 7 | 01:24:11 | PEREZ JANEIRO | ALEJANDRO | FLUVIAL | 83 |
| H-21 | 8 | 01:24:28 | ALONSO VELASCO | CARLOS DAVID | GALLAECIA | 83 |
| H-21 | 9 | 01:25:32 | CASTRILLON MANSO | JOSE ANTONIO | LICEO | 81 |
| H-21 | 10 | 01:28:31 | RODRIGUEZ LOPEZ | JUAN A. | HABELASHAI | 79 |
| H-21 | 11 | 01:29:03 | VEIGA BUGALLO | FCO. JAVIER | AROMON | 78 |
| H-21 | 12 | 01:39:33 | SANTALLA PEREZ | JOSE | GALLAECIA | 70 |
| H-21 | 13 | 01:43:57 | FERNANDEZ TRABA | IAGO | MONTFERROL | 67 |
| H-21 | 14 | 01:43:57 | VAZQUEZ GONZALEZ | MIGUEL ANGEL | ARTABROS | 67 |
| H-21 | 15 | 01:56:13 | CANEDO MONASTERIO | JACOB | ARTABROS | 60 |
| H-21 | 16 | 02:08:51 | CAÑAS LARA | JULIO | LICEO | 54 |
| H-21 | 17 | 02:13:48 | GARRIDO BARREIRO | ESTEBAN | SEO | 52 |
| H-21 | 18 | 02:16:41 | RODRIGUEZ DOMINGUEZ | MAIKEL | U.VIGO | 51 |
| H-21 | 19 | 02:19:12 | FARIAS FORNEIRO | PATRICIO CRUZ | FLUVIAL | 50 |
| H-21 | 20 | 02:20:44 | BECEIRO LOPEZ | JOSE RAMON | GALLAECIA | 49 |
| H-21 | 21 | 99:99:99 | MOSQUERA CASAIS | JUAN ANTONIO | SEO | 0 |
| H-21 | 21 | 99:99:99 | MOSQUERA RIOS | JOSE RAMON | GALLAECIA | 0 |
| H-21 | 21 | 99:99:99 | CARRO GARCIA | ROBERTO | GALLAECIA | 0 |
| H-21B | 1 | 00:59:49 | GOMEZ NAYA | ALAN | LICEO | 100 |
| H-21B | 2 | 01:00:54 | VAZQUEZ GARCIA | ALFONSO BREOGA | BOMBEIROS | 98 |
| H-21B | 3 | 01:07:31 | RODRIGUEZ RODRIGUEZ | CARLOS | GALLAECIA | 88 |
| H-21B | 4 | 01:15:28 | SANCHEZ MARTINEZ | RICARDO | BOMBEIROS | 79 |
| H-21B | 5 | 01:18:10 | LAREO MARTINEZ | DAVID | ARTABROS | 76 |
| H-21B | 6 | 01:18:14 | VARELA FERREIRO | JORGE M | ARTABROS | 76 |
| H-21B | 7 | 01:18:16 | REY ABAD | ROGELIO | GALLAECIA | 76 |
| H-21B | 8 | 01:20:53 | PEÑA PITA | FELIPE | GALLAECIA | 73 |
| H-21B | 9 | 01:20:57 | PEREZ JUSTE | JORGE | U.VIGO | 73 |
| H-21B | 10 | 01:21:27 | REY GARCIA | MANUEL | GALLAECIA | 73 |
| H-21B | 11 | 01:21:28 | MOREIRA NEIRA | PEDRO JAVIER | ARTABROS | 73 |
| H-21B | 12 | 01:23:21 | BELLON SANTOS | MANUEL ALEJANDRO | FLUVIAL | 71 |
| H-21B | 13 | 01:24:20 | FOJO OUTEIRO | ALEJANDRO | BOMBEIROS | 70 |
| H-21B | 14 | 01:25:10 | PASTORIZA SANTOS | VICENTE | U.VIGO | 70 |
| H-21B | 15 | 01:27:23 | FERNANDEZ SUAREZ | JOSE | ARTABROS | 68 |
| H-21B | 16 | 01:27:35 | IGLESIAS FERNANDEZ | OSCAR | GALLAECIA | 0 |
| H-21B | 17 | 01:34:44 | SOTO FERNANDEZ | ANTONIO | FLUVIAL | 63 |
| H-21B | 18 | 01:39:36 | LOPEZ VAZQUEZ | CELSO | ARTABROS | 60 |
| H-21B | 19 | 01:40:15 | JOVE REY | JAVIER | G.CARANZA | 59 |
| H-21B | 20 | 01:41:34 | RODRIGUEZ BUENO | JOSE LUIS | LICEO | 58 |
| H-21B | 21 | 01:43:26 | RODRIGUEZ ACEVEDO | MANUEL | FLUVIAL | 57 |
| H-21B | 22 | 01:44:28 | FORMOSO PATO | DIEGO | FLUVIAL | 57 |

RESULTADOS DE LA TERCERA PRUEBA, FORGOSELO, 26 DE MARZO.

| Categoría | Puesto | Tiempo Apellidos | Nombre | Club | Puntos |
|-----------|--------|---------------------------------|----------------|------------|--------|
| H-21B | 23 | 01:45:59 VAZQUEZ REY | BRAULIO | GALLAECIA | 56 |
| H-21B | 24 | 01:46:22 IGLESIAS VIEITEZ | FRANCISCO | AROMON | 56 |
| H-21B | 25 | 01:50:27 PRIETO VILAR | MARCELINO J. | USC | 54 |
| H-21B | 26 | 01:51:27 PENABAD FRANCO | MANUEL | GALLAECIA | 53 |
| H-21B | 27 | 02:09:45 DEL RIO POSE | FERNANDO | USC | 46 |
| H-21B | 28 | 02:15:59 PICOS ROMERO | VICTOR MANUEL | GALLAECIA | 43 |
| H-21B | 29 | 02:17:44 GONZALEZ ALONSO | DIEGO | HABELASHAI | 43 |
| H-21B | 30 | 02:23:00 RIOS SIO | JOSE CARLOS | AROMON | 41 |
| H-21B | 31 | 99:99:99 ARAUJO RUA | DAVID | AROMON | 0 |
| H-21B | 31 | 99:99:99 SAMPEDRO MUÑIZ | JOSE MANUEL | USC | 0 |
| H-21B | 31 | 99:99:99 PEREZ BALADO | CARLOS | U.VIGO | 0 |
| H-21B | 31 | 99:99:99 PEDREIRA CARNEIRO | CARLOS | GALLAECIA | 0 |
| H-21B | 31 | 99:99:99 COBAS PENA | ADRIAN | FLUVIAL | 0 |
| H-21B | 31 | 99:99:99 ARMADA LUACES | ALVARO | LICEO | 0 |
| | | | | | |
| H-35 | 1 | 01:03:48 VARELA LORENZO | FRANCISCO | SEO | 100 |
| H-35 | 2 | 01:09:22 SANCOSMED TORRES | JOSE MANUEL | GALLAECIA | 91 |
| H-35 | 3 | 01:10:56 BELOSO GARCIA | MANUEL | AROMON | 89 |
| H-35 | 4 | 01:11:33 ALVELO FRAGUELA | FCO JAVIER | AROMON | 89 |
| H-35 | 5 | 01:20:19 RICOY BUGARIN | JOSE ANTONIO | AROMON | 79 |
| H-35 | 6 | 01:23:54 GARCIA GARCIA | JOSE ANTONIO | MONTFERROL | 76 |
| H-35 | 7 | 01:25:22 GARCIA LORENZO | CARLOS | MONTFERROL | 74 |
| H-35 | 8 | 01:26:32 RODRIGUEZ NUÑEZ | EUGENIO A. | FLUVIAL | 73 |
| H-35 | 9 | 01:28:17 RAMOS ASENSIO | LUIS JAVIER | LICEO | 72 |
| H-35 | 10 | 01:32:44 PUENTE SALVADO | XOAN MANUEL | FLUVIAL | 68 |
| H-35 | 11 | 01:34:52 ANTON CASADO | ARTURO | LICEO | 67 |
| H-35 | 12 | 01:42:01 GARCIA GARCIA | CARLOS | ARTABROS | 62 |
| H-35 | 13 | 01:43:14 CRIADO CANALES | SANTIAGO | G.CARANZA | 61 |
| H-35 | 14 | 01:57:24 TRIGO RECAREY | XAN MARIANO | ALPINO | 54 |
| H-35 | 15 | 02:02:34 VELAZQUEZ GONZALEZ | MATIAS | G.CARANZA | 52 |
| H-35 | 16 | 02:02:56 GONZALEZ FERNANDEZ | EVARISTO | G.CARANZA | 51 |
| H-35 | 17 | 02:04:08 FERNANDEZ PEINADO | DOMINGO | AROMON | 0 |
| H-35 | 18 | 02:04:50 PACHECO SANCHO | JOSE RAMON | USC | 51 |
| H-35 | 19 | 02:27:55 PEREZ MARCOTE | DAVID | MONTFERROL | 43 |
| H-35 | 20 | 02:42:30 SANTOS GARCIA | BENE | ARTABROS | 0 |
| H-35 | 21 | 02:43:24 TORVISO BERDEAL | JOSE ANTONIO | MONTFERROL | 39 |
| H-35 | 22 | 99:99:99 RODRIGUEZ PEREZ | ELADIO | HABELASHAI | 0 |
| | | | | | |
| H-45 | 1 | 01:07:37 LOPEZ PEITEADO | ANTONIO JAVIER | MONTFERROL | 100 |
| H-45 | 2 | 01:08:41 BUGALLO GARCIA | JOSE RAMON | LICEO | 98 |
| H-45 | 3 | 01:12:48 RODRIGUEZ GUTIERREZ | GABRIEL | BOMBEIROS | 92 |
| H-45 | 4 | 01:22:15 RAMOS LOZANO | EDUARDO V. | USC | 82 |
| H-45 | 5 | 01:22:48 SAMPEDRO MUÑIZ | RAMON | USC | 81 |
| H-45 | 6 | 01:23:22 GOMEZ COBAS | FRANCISCO | ARTABROS | 81 |
| H-45 | 7 | 01:26:29 PINAL OTERO | DAVID ELADIO | U.VIGO | 78 |
| H-45 | 8 | 01:30:26 FUERTES GONZALEZ | ENRIQUE | U.VIGO | 74 |
| H-45 | 9 | 01:31:34 GONZALEZ RAMIL | JUAN JOSE | ARTABROS | 73 |
| H-45 | 10 | 01:36:33 VIDAL FIDALGO | JOSE ANGEL | LICEO | 70 |
| H-45 | 11 | 01:38:02 PEREZ ROMERO | EDUARDO | FLUVIAL | 68 |
| H-45 | 12 | 01:38:22 SANDE RODRIGUEZ | FRANCISCO | MONTFERROL | 68 |
| H-45 | 13 | 01:38:48 RODILLA GUERRICAGOITIA | SANTIAGO | HABELASHAI | 68 |
| H-45 | 14 | 01:52:14 SECO ALVAREZ | FERNANDO | FLUVIAL | 60 |
| H-45 | 15 | 01:54:32 PEREZ CHAMORRO | JUAN | LICEO | 59 |
| H-45 | 16 | 01:55:45 IGLESIAS PESQUEIRA | EDUARDO | AROMON | 58 |
| H-45 | 17 | 02:04:47 PEREZ PEREZ | JUAN RAMON | AROMON | 54 |
| H-45 | 18 | 02:20:04 SOUTO CASTRO | MARTIN | USC | 48 |
| H-45 | 19 | 02:25:18 FERNANDEZ CASALDERREY | JAVIER | AROMON | 46 |
| H-45 | 20 | 02:30:58 PARGA ANTON | PEDRO | FLUVIAL | 44 |
| H-45 | 21 | 02:39:58 BAYO NUÑEZ | JESUS | FLUVIAL | 42 |
| H-45 | 22 | 99:99:99 ALDEANUEVA POTEL | RAFAEL | FLUVIAL | 0 |
| | | | | | |
| H ELITE | 1 | 01:01:29 SANCOSMED VAZQUEZ | JUAN JOSE | GALLAECIA | 100 |
| H ELITE | 2 | 01:02:10 ALVAREZ SERTO | ANGEL | AROMON | 98 |
| H ELITE | 3 | 01:07:41 CASADO BRAVO | DAVID | LICEO | 90 |
| H ELITE | 4 | 01:15:04 FERNANDEZ CASALDERREY | GONZALO | AROMON | 81 |
| H ELITE | 5 | 01:18:04 AMO GONZALEZ | PEDRO | BOMBEIROS | 78 |

RESULTADOS DE LA TERCERA PRUEBA, FORGOSELO, 26 DE MARZO.

| Categoría | Puesto | Tiempo Apellidos | Nombre | Club | Puntos |
|-----------|--------|---------------------------------|------------------|------------|--------|
| H ELITE | 6 | 01:19:02 PEREZ ALONSO | ADRIAN | AROMON | 77 |
| H ELITE | 7 | 01:24:48 SORDO TOUZA | IGNACIO | USC | 72 |
| H ELITE | 8 | 01:27:12 ARUFE VARELA | JAVIER | LICEO | 70 |
| H ELITE | 9 | 01:28:26 CARBALLO ALVIAREZ | XAN | ARTABROS | 69 |
| H ELITE | 10 | 01:30:45 Riestra Gonzalez | SANTIAGO | LICEO | 67 |
| H ELITE | 11 | 01:39:09 GARCIA DE LAS HERAS | RAMON ANGEL | GALLAECIA | 62 |
| H ELITE | 12 | 01:39:14 SANMARTIN MATALOBOS | JESUS | FLUVIAL | 61 |
| H ELITE | 13 | 01:39:53 LOURO FUENTES | ALFONSO | ARTABROS | 61 |
| H ELITE | 14 | 01:40:14 ARUFE VARELA | ALBERTO | LICEO | 61 |
| H ELITE | 15 | 01:45:35 GARCIA DE LAS HERAS | FRANCISCO JAVIER | GALLAECIA | 58 |
| H ELITE | 16 | 01:47:42 MARQUEZ SOUTO | JOSE MANUEL | USC | 57 |
| H ELITE | 17 | 01:49:35 VARELA YAÑEZ | MARCOS | BOMBEIROS | 56 |
| H ELITE | 18 | 01:51:14 POZO VALENCIANO | JOSE LUIS | G.CARANZA | 55 |
| H ELITE | 19 | 01:55:07 GONZALEZ PANTIN | JOSE MANUEL | G.CARANZA | 53 |
| H ELITE | 20 | 02:14:55 CORRAL ALONSO | ALBERTO | FLUVIAL | 45 |
| H ELITE | 21 | 02:22:20 PEREZ JUSTE | GERMAN | U.VIGO | 43 |
| H ELITE | 22 | 02:36:04 PARRA MARTINEZ | MANUEL ANGEL | G.CARANZA | 39 |
| H ELITE | 23 | 02:52:29 GARCIA DOMINGUEZ | JOSE LUIS | GALLAECIA | 0 |
| H ELITE | 24 | 02:54:26 CATOIRA CANEDO | MIGUEL ANGEL | BOMBEIROS | 35 |
| H ELITE | 25 | 99:99:99 LOPEZ VIGO | JOSE LUIS | G.CARANZA | 0 |
| H ELITE | 25 | 99:99:99 ALVAREZ CABERO | JOSE Mª | U.VIGO | 0 |
| H ELITE | 25 | 99:99:99 LOPEZ FRANCO | PABLO | GALLAECIA | 0 |
| | | | | | |
| INI-A | 1 | 00:18:06 SAMPEDRO FRAGA | AITOR | USC | 0 |
| INI-A | 2 | 00:32:56 SANCHEZ VAZQUEZ | BRAIS | LICEO | 0 |
| INI-A | 3 | 00:42:39 SANDE CASTRO | LAURA | MONTFERROL | 0 |
| INI-A | 4 | 00:45:44 GONZALEZ REGERAL PEREZ | CARL | HABELASHAI | 0 |
| INI-A | 5 | 00:54:42 SANTISO GREGORI | PAULA | ARTABROS | 0 |
| INI-A | 6 | 00:56:03 LOPEZ ROJO | VERA | ARTABROS | 0 |
| INI-A | 7 | 00:56:05 VAZQUEZ HERMIDA | LUCIA | ARTABROS | 0 |
| INI-A | 8 | 01:09:46 RODILLA IRIOSO | SANTIAGO | HABELASHAI | 0 |
| INI-A | 9 | 01:12:58 HERMIDA BALSEIRO | UXIA | GALLAECIA | 0 |
| INI-A | 10 | 99:99:99 CADARSO FRAGA | LUCIA | USC | 0 |
| INI-A | 10 | 99:99:99 CARRACEDO MANEIRO | CRISTINA | USC | 0 |
| INI-A | 10 | 99:99:99 ESTEVEZ VARELA | SILVIA | ARTABROS | 0 |
| INI-A | 10 | 99:99:99 FRAGA GONZALEZ | MARIA ISABEL | USC | 0 |
| INI-A | 10 | 99:99:99 GARCIA DIAZ | SUSANA | ARTABROS | 0 |
| INI-A | 10 | 99:99:99 LOPEZ ROJO | MARIO | ARTABROS | 0 |
| | | | | | |
| INI-B1 | 1 | 00:33:29 GARCIA LOPEZ | LUIS | LICEO | 0 |
| INI-B1 | 2 | 00:42:38 BOUZA BOUZAMAYOR | JAIME | MONTFERROL | 0 |
| INI-B1 | 3 | 00:42:51 CAMEAN BAO | ALEXANDRE | ARTABROS | 0 |
| INI-B1 | 4 | 00:43:21 DA CASA CURRO | SERAFIN | HABELASHAI | 0 |
| INI-B1 | 5 | 00:45:32 SENIN CANOSA | IGNACIO | LICEO | 0 |
| INI-B1 | 6 | 00:47:14 BOUZADA SUSA | MANUEL | HABELASHAI | 0 |
| INI-B1 | 7 | 00:48:07 FEIJOO | DANIEL | ARTABROS | 0 |
| INI-B1 | 8 | 00:51:17 DIAZ FERNANDEZ | PATRICIA | HABELASHAI | 0 |
| INI-B1 | 9 | 00:55:01 RAMOS MALLO | SAMUEL | BOMBEIROS | 0 |
| INI-B1 | 10 | 00:56:53 GARCIA CALVIÑO | VICENTE | BOMBEIROS | 0 |
| INI-B1 | 11 | 00:57:02 GALLEGO MIGUEZ | ROBERTO | MONTFERROL | 0 |
| INI-B1 | 12 | 00:58:08 CASTEDO LOPEZ | JULIO M. | LICEO | 0 |
| INI-B1 | 13 | 00:59:40 SUAREZ GONZALEZ | JOSE LUIS | MONTFERROL | 0 |
| INI-B1 | 14 | 01:02:42 ROJAS MEIJOMIL | PATRICIA | ARTABROS | 0 |
| INI-B1 | 15 | 01:03:15 CARRERA CARRERA | MONICA | HABELASHAI | 0 |
| INI-B1 | 16 | 01:03:57 CASTEDO LOPEZ | PABLO | LICEO | 0 |
| INI-B1 | 17 | 01:04:40 CARBALLEIRA DE JESUS | KATY | GALLAECIA | 0 |
| INI-B1 | 18 | 01:05:43 RODRIGUEZ PENAS | RUBEN MANUEL | GALLAECIA | 0 |
| INI-B1 | 19 | 01:09:03 SAAVEDRA PLACES | Mª ANGELES | ARTABROS | 0 |
| INI-B1 | 20 | 01:09:07 ROJAS | BEATRIZ | GALLAECIA | 0 |
| INI-B1 | 21 | 01:10:42 SERANTES CASTRO | FERNANDO | ARTABROS | 0 |
| INI-B1 | 22 | 01:10:47 VILA PERNAS | NORMA | LICEO | 0 |
| INI-B1 | 23 | 01:12:40 PERNAS GOMEZ | BEGOÑA | MONTFERROL | 0 |
| INI-B1 | 24 | 01:13:10 GREGORI CASTRO | IRENE | ARTABROS | 0 |
| INI-B1 | 25 | 01:15:11 ABELEDO RODRIGUEZ | TOMAS | LICEO | 0 |
| INI-B1 | 26 | 01:22:40 BAO MARTINEZ | MONTSERRAT | LICEO | 0 |
| INI-B1 | 27 | 01:32:48 PRADA GOMEZ | TOMAS | ARTABROS | 0 |

RESULTADOS DE LA TERCERA PRUEBA, FORGOSELO, 26 DE MARZO.

| Categoría | Puesto | Tiempo | Apellidos | Nombre | Club | Puntos |
|------------------|---------------|---------------|-------------------------|---------------|-------------|---------------|
| INI-B1 | 28 | 01:47:48 | FERNANDEZ RODRIGUEZ | EVA | BOMBEIROS | 0 |
| INI-B1 | 29 | 01:47:54 | ARCOS TRILLO | ELENA | GALLAECIA | 0 |
| INI-B1 | 30 | 01:48:05 | PARDO OTERO | JUAN ANTONIO | HABELASHAI | 0 |
| INI-B1 | 31 | 01:50:22 | ABUIN TREUS | JAVIER | ARTABROS | 0 |
| INI-B1 | 32 | 99:99:99 | ALVEDRO BOEDO | JOSE ANTONIO | ARTABROS | 0 |
| INI-B1 | 32 | 99:99:99 | ARCOS CARBALLO | IVAN | GALLAECIA | 0 |
| INI-B1 | 32 | 99:99:99 | FERNANDEZ BALSAS | JOSE ANTONIO | ARTABROS | 0 |
| INI-B1 | 32 | 99:99:99 | LOPEZ CASTILLO | GERSON | ARTABROS | 0 |
| INI-B1 | 32 | 99:99:99 | ULLOA FERNANDEZ | ROBERTO | BOMBEIROS | 0 |
| INI-B1 | 32 | 99:99:99 | VAZQUEZ LEMA | RAMIRO | ARTABROS | 0 |
| | | | | | | |
| INI-B2 | 1 | 00:34:47 | SEIJAS FRANCO | BASILIO | ARTABROS | 0 |
| INI-B2 | 2 | 00:36:08 | CASAL CASAL | MIGUEL | BOMBEIROS | 0 |
| INI-B2 | 3 | 00:36:14 | SALGADO BADAS | JUAN CARLOS | ARTABROS | 0 |
| INI-B2 | 4 | 00:36:40 | ROJAS LOPETEGUI | RAUL | GALLAECIA | 0 |
| INI-B2 | 5 | 00:37:04 | SANTISO PRESEDO | MANUEL | ARTABROS | 0 |
| INI-B2 | 6 | 00:42:16 | SALGADO BADAS | FCO JAVIER | ARTABROS | 0 |
| INI-B2 | 7 | 00:45:15 | CANDAL LOPEZ | PATRICIA | ARTABROS | 0 |
| INI-B2 | 8 | 00:46:04 | ORIZALES ORIZALES | EMILIANO | ARTABROS | 0 |
| INI-B2 | 9 | 00:46:05 | ORIZALES IGLESIAS | NOA | ARTABROS | 0 |
| INI-B2 | 10 | 00:48:10 | SANCHEZ MARCOTE | BORJA | ARTABROS | 0 |
| INI-B2 | 11 | 00:48:46 | SANCHEZ GOMEZ | MARIA ROCIO | ARTABROS | 0 |
| INI-B2 | 12 | 00:51:41 | GREGORIO RAMON | JARA | ARTABROS | 0 |
| INI-B2 | 13 | 00:58:57 | ANDRADE GONZALEZ | MARIA | ARTABROS | 0 |
| INI-B2 | 14 | 01:00:12 | MEIRAS CASANOVA | ANA | ARTABROS | 0 |
| INI-B2 | 15 | 01:10:45 | VAZQUEZ VALES | ISABEL | GALLAECIA | 0 |
| INI-B2 | 16 | 01:14:52 | SEOANE DOMINGUEZ | EVA | ARTABROS | 0 |
| INI-B2 | 17 | 01:19:07 | CASANOVA CASAL | ALBA | BOMBEIROS | 0 |
| INI-B2 | 18 | 99:99:99 | VALLE RODRIGUEZ | JESUS | ARTABROS | 0 |
| | | | | | | |
| 2FC | 1 | 00:42:03 | GOMEZ NAYA | SONIA | LICEO | 0 |
| 2FC | 2 | 01:17:16 | MARTINEZ GIRON | JESUS | LICEO | 0 |
| | | | | | | |
| 4FC | 1 | 00:56:48 | NUÑEZ POL | FERNANDO | LICEO | 0 |
| 4FC | 2 | 01:00:59 | IGLESIAS REMUIÑAN | CARMELA | SEO | 0 |
| 4FC | 3 | 01:01:35 | GONZALEZ RODRIGUEZ | SANTIAGO | G.CARANZA | 0 |
| 4FC | 4 | 01:08:49 | FERNANDEZ CAL | NICOLAS | SEO | 0 |
| 4FC | 5 | 99:99:99 | CALVO VIDAL | MAURICIO | SEO | 0 |
| | | | | | | |
| 5FC | 1 | 01:25:45 | GONZALEZ OROZCO | JUAN C. | MONTFERROL | 0 |
| 5FC | 2 | 01:37:43 | VARELA GARCIA | JOSE ANTONIO | ARTABROS | 0 |
| 5FC | 3 | 01:51:09 | CABADO LOPEZ | LUCIA | G.CARANZA | 0 |
| 5FC | 4 | 01:56:36 | VARELA ROZADOS | MARTA | LICEO | 0 |
| 5FC | 5 | 02:20:11 | MUIÑO GARCIA | MARCOS | GALLAECIA | 0 |
| 5FC | 6 | 02:25:05 | RIOBOO IGLESIAS | DANIEL | ARTABROS | 0 |
| 5FC | 7 | 02:29:06 | NUÑEZ LODEIRO | CARMEN | ARTABROS | 0 |
| 5FC | 8 | 01:01:12 | JIMENEZ MANUEL | ANDRES | G.CARANZA | 0 |
| 5FC | 8 | 01:04:39 | GIZ PULGAR | SAUL | MONTFERROL | 0 |
| 5FC | 10 | 99:99:99 | DURAN RODRIGUEZ | EDUARDO | MONTFERROL | 0 |
| 5FC | 10 | 99:99:99 | CAMPOS IGLESIAS | RICARDO | MONTFERROL | 0 |
| | | | | | | |
| 6FC | 1 | 01:47:21 | MELERO GONZALEZ-SOLARES | JOSE A. | ARTABROS | 0 |
| 6FC | 2 | 02:42:29 | CONDE RODRIGUEZ | ALFONSO | G.CARANZA | 0 |
| 6FC | 3 | 99:99:99 | OTERO PERNAS | ALBERTO | MONTFERROL | 0 |
| | | | | | | |
| 7FC | 1 | 01:43:08 | VAZQUEZ SOUTO | JUAN CARLOS | LICEO | 0 |