

Pos	Dorsal	Nombre	AN	Club	Pts	Tiempo	Penal	Extra	Sc								
Trail largo-F (9)		28 C	59 Pts	3:00:00													
1	6	Alba María Barros Fonte			83	Pontedeume Adc Monte Breamo	45	2:45:43									
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	49(2)	48
	7:42	9:54	13:19	15:07	20:15	24:13	36:24	41:47	47:36	50:50	1:05:40	1:11:46	1:21:47	1:34:11	1:39:17	1:49:44	1:52:
	7:42	2:12	3:25	1:48	5:08	3:58	12:11	5:23	5:49	3:14	14:50	6:06	10:01	12:24	5:06	10:27	3:
	45(1)	33(1)	35(2)	34(1)	36(1)	Meta											
	2:00:52	2:14:43	2:21:52	2:28:13	2:37:19	2:45:43											
	7:53	13:51	7:09	6:21	9:06	8:24											
2	48	Virginia Torres Carballal			75	Semos ou Non?!	42	2:50:26									
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45
	12:20	15:11	19:02	21:00	27:49	29:58	44:14	52:03	58:46	1:02:59	1:10:02	1:17:07	1:29:23	1:39:05	1:45:41	1:48:54	2:04:
	12:20	2:51	3:51	1:58	6:49	2:09	14:16	7:49	6:43	4:13	7:03	7:05	12:16	9:42	6:36	3:13	15:
	35(2)	33(1)	36(1)	Meta													
	2:24:43	2:30:42	2:41:08	2:50:26													
	20:09	5:59	10:26	9:18													
3	4	Mayte Barreira Vazquez			71	Betanzos O Pasatempo	32	2:44:53									
	31(2)	32(2)	33(1)	35(2)	45(1)	47(2)	46(2)	44(2)	43(4)	37(2)	38(3)	40(2)	39(2)	41(1)	42(2)	36(1)	34
	6:34	26:33	38:08	44:54	1:02:54	1:16:50	1:20:55	1:29:10	1:34:09	1:54:03	1:57:16	2:05:08	2:09:36	2:12:36	2:15:26	2:25:00	2:34:
	6:34	19:59	11:35	6:46	18:00	13:56	4:05	8:15	4:59	19:54	3:13	7:52	4:28	3:00	2:50	9:34	9:
	Meta																
	2:44:53																
	10:30																
4	27	Inés Naya Téllez			82	Independiente	37	3:01:23	-37								
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	57(2)	49(2)	48(2)	45(1)	34
	10:58	14:09	18:52	20:49	29:44	32:56	53:57	1:01:49	1:10:53	1:16:36	1:29:00	1:37:32	1:58:10	2:06:59	2:13:19	2:25:44	2:47:
	10:58	3:11	4:43	1:57	8:55	3:12	21:01	7:52	9:04	5:43	12:24	8:32	20:38	8:49	6:20	12:25	21:
	Meta																
	3:01:23																
	13:50																
5	14	Carmen Casal Llorente			71	Independiente	31	3:04:08	-31								
	42(2)	41(1)	39(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	57(2)	49(2)	Meta			
	15:58	18:41	22:46	42:11	45:09	1:10:33	1:16:39	1:22:56	1:26:51	1:35:56	1:45:03	2:05:13	2:14:07	3:04:08			
	15:58	2:43	4:05	19:25	2:58	25:24	6:06	6:17	3:55	9:05	9:07	20:10	8:54	50:01			
	Meta																
6	55	vanessa Viña Noya			80	Culleredo Gallaecia Raid	22	3:08:25	-22								
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	Meta						
	20:45	25:28	31:03	34:45	52:03	56:53	1:23:15	1:30:47	1:45:28	2:02:09	3:08:25						
	20:45	4:43	5:35	3:42	17:18	4:50	26:22	7:32	14:41	16:41	1:06:16						
	Meta																
7	33	Diana Pérez Randulfe			91		58										D
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	52(2)	54(2)	53(3)	51
	7:44	9:39	12:26	13:26	18:04	19:39	29:13	36:11	40:39	43:57	52:18	58:17	1:07:32	1:12:10	1:16:35	1:22:03	1:31:
	7:44	1:55	2:47	1:00	4:38	1:35	9:34	6:58	4:28	3:18	8:21	5:59	9:15	4:38	4:25	5:28	9:
	50(3)	48(2)	49(2)	57(2)	45(1)	35(2)	33(1)	36(1)	32(2)	31(2)	Meta						
	1:42:17	1:50:21	1:53:28	2:00:15	2:10:03	2:25:57	2:31:11	2:40:42	2:45:22	2:51:28							
	10:58	8:04	3:07	6:47	9:48	15:54	5:14	9:31	4:40	6:06							
8	39	Gracia Rodriguez Blanco			78	A Coruña Club Orientación Liceo											No
	17	Ana Fernández Vázquez			87	Budiñoraid											No
Trail largo-M (46)		28 C	59 Pts	3:00:00													
1	19	Angel Garcia Garcia			85	A Coruña Brigantia Aventura	59	2:14:40									
	31(2)	32(2)	36(1)	33(1)	35(2)	34(1)	45(1)	48(2)	49(2)	50(3)	51(2)	53(3)	52(2)	54(2)	55(2)	57(2)	56
	5:17	6:21	10:00	13:59	17:58	21:16	32:15	37:39	40:40	48:10	54:13	1:01:41	1:07:24	1:10:40	1:15:00	1:20:08	1:27:
	5:17	1:04	3:39	3:59	3:59	3:18	10:59	5:24	3:01	7:30	6:03	7:28	5:43	3:16	4:20	5:08	7:
	58(3)	47(2)	46(2)	44(2)	43(4)	37(2)	38(3)	40(2)	39(2)	41(1)	42(2)	Meta					
	1:31:36	1:36:12	1:38:29	1:41:47	1:44:32	1:57:16	1:58:56	2:03:44	2:05:23	2:07:31	2:09:05	2:14:40					
	4:25	4:36	2:17	3:18	2:45	12:44	1:40	4:48	1:39	2:08	1:34	5:35					
2	46	Alberto Taboada Pintor			85	Betanzos O Pasatempo	59	2:19:40									
	31(2)	32(2)	36(1)	34(1)	35(2)	33(1)	50(3)	51(2)	53(3)	54(2)	52(2)	55(2)	57(2)	49(2)	48(2)	45(1)	58
	5:22	6:26	10:02	15:50	18:45	22:23	37:26	44:13	50:04	53:23	57:20	1:02:55	1:09:15	1:12:02	1:14:11	1:19:01	1:33:
	5:22	1:04	3:36	5:48	2:55	3:38	15:03	6:47	5:51	3:19	3:57	5:35	6:20	2:47	2:09	4:50	14:
	56(4)	47(2)	46(2)	44(2)	43(4)	37(2)	38(3)	40(2)	39(2)	41(1)	42(2)	Meta					
	1:37:29	1:44:48	1:47:11	1:50:46	1:53:25	2:01:40	2:03:08	2:07:56	2:09:27	2:11:33	2:14:11	2:19:40					
	3:50	7:19	2:23	3:35	2:39	8:15	1:28	4:48	1:31	2:06	2:38	5:29					
3	3	Eladio Arias Álvarez			84	Pontedeume Adc Monte Breamo	59	2:40:53									
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	52(2)	54(2)	53(3)	51
	6:31	8:06	10:40	11:41	15:11	16:43	25:46	29:09	33:17	36:08	43:34	49:40	58:09	1:06:34	1:10:16	1:19:17	1:26:
	6:31	1:35	2:34	1:01	3:30	1:32	9:03	3:23	4:08	2:51	7:26	6:06	8:29	8:25	3:42	9:01	6:
	50(3)	48(2)	49(2)	57(2)	45(1)	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta					
	1:35:09	1:42:03	1:44:31	1:51:03	1:58:09	2:09:01	2:15:08	2:19:45	2:27:37	2:32:52	2:34:59	2:40:53					
	8:56	6:54	2:28	6:32	7:06	10:52	6:07	4:37	7:52	5:15	2:07	5:54					
4	41	Ruben Rodriguez Fernandez			87	Pontevedra Aromon	59	2:50:22									
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	53(3)	51
	6:19	8:08	10:46	11:59	15:47	17:08	26:56	31:04	36:57	39:48	45:36	50:14	58:51	1:07:07	1:11:04	1:19:58	1:28:
	6:19	1:49	2:38	1:13	3:48	1:21	9:48	4:08	5:53	2:51	5:48	4:38	8:37	8:16	3:57	8:54	8:
	50(3)	48(2)	49(2)	57(2)	45(1)	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta					
	1:35:40	1:42:09	1:44:38	1:51:01	1:59:18	2:12:56	2:18:44	2:23:14	2:31:00	2:36:13	2:43:17	2:50:22					
	7:30	6:29	2:29	6:23	8:17	13:38	5:48	4:30	7:46	5:13	7:04	7:05					
5	24	Antonio J. López Peiteado			65	Culleredo Gallaecia Raid	59	2:50:45									
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	52(2)	54(2)	53(3)	51
	6:47	8:36	11:22	12:29	17:06	18:35	28:17	32:13	37:07	39:53	45:45	50:45	1:00:38	1:07:53	1:12:22	1:24:34	1:32:
	6:47	1:49	2:46	1:07	4:37	1:29	9:42	3:56	4:54	2:46	5:52	5:00	9:53	7:15	4:29	12:12	8:
	50(3)	48(2)	49(2)	57(2)	45(1)	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta					
	1:39:41	1:46:57	1:49:41	1:55:23	2:03:12	2:15:38	2:22:54	2:28:26	2:36:12	2:40:57	2:43:20	2:50:45					
	6:52	7:16	2:44	5:42	7:49	12:26	7:16	5:32	7:46	4:45	2:23	7:25					

Pos	Dorsal	Nombre						AN	Club						Pts	Tiempo	Penal	Extra	Sc	
Trail largo-M (46)			28 C 59 Pts					3:00:00		(cont.)										
1	19	Angel Garcia Garcia						85	A Coruña Brigantia Aventura						59	2:14:40				
6	51	Marcos Varela Seco						81	Culleredo Gallaecia Raid						59	2:53:50				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	53(3)	51			
	7:00	8:40	12:04	12:44	17:54	19:20	30:00	36:05	40:24	43:09	48:40	53:55	1:02:04	1:06:42	1:11:15	1:19:04	1:27:			
	7:00	1:40	3:24	0:40	5:10	1:26	10:40	6:05	4:19	2:45	5:31	5:15	8:09	4:38	4:33	7:49	8:			
	50(3)	48(2)	49(2)	57(2)	45(1)	35(2)	34(1)	33(1)	36(1)	32(2)	31(2)	Meta								
	1:36:29	1:45:22	1:48:55	1:57:08	2:06:29	2:20:09	2:25:02	2:30:06	2:38:03	2:42:49	2:45:28	2:53:50								
8:36	8:53	3:33	8:13	9:21	13:40	4:53	5:04	7:57	4:46	2:39	8:22									
7	47	Ruben Tenreiro Diaz						83	Pontedeume Adc Monte Breamo						59	2:58:43				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	52			
	6:32	8:10	10:38	11:45	15:13	16:38	25:58	29:51	34:21	38:06	44:24	49:21	59:08	1:06:31	1:11:11	1:14:54	1:24:			
	6:32	1:38	2:28	1:07	3:28	1:25	9:20	3:53	4:30	3:45	6:18	4:57	9:47	7:23	4:40	3:43	9:			
	54(2)	53(3)	51(2)	50(3)	45(1)	35(2)	34(1)	33(1)	36(1)	32(2)	31(2)	Meta								
	1:28:17	1:37:49	1:46:03	1:56:53	2:06:52	2:21:14	2:26:04	2:31:32	2:39:08	2:44:38	2:52:34	2:58:43								
4:16	9:32	8:14	10:50	9:59	14:22	4:50	5:28	7:36	5:30	7:56	6:09									
8	18	Arturo Norberto Fontán Pérez						75	Culleredo Gallaecia Raid						59	2:58:45				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	52(2)	54(2)	53(3)	51			
	7:49	10:43	13:44	14:48	20:20	22:08	32:57	37:53	43:16	46:21	52:50	57:46	1:05:36	1:10:22	1:14:44	1:20:16	1:27:			
	7:49	2:54	3:01	1:04	5:32	1:48	10:49	4:56	5:23	3:05	6:29	4:56	7:50	4:46	4:22	5:32	7:			
	50(3)	48(2)	49(2)	57(2)	45(1)	35(2)	34(1)	33(1)	36(1)	32(2)	31(2)	Meta								
	1:35:03	1:42:32	1:45:30	1:52:56	2:04:48	2:17:26	2:21:51	2:28:40	2:37:26	2:44:32	2:51:56	2:58:45								
7:07	7:29	2:58	7:26	11:52	12:38	4:25	6:49	8:46	7:06	7:24	6:49									
9	49	Jose Antonio Torviso Berdeal						74	Independiente						57	2:47:25				
	31(2)	32(2)	36(1)	34(1)	35(2)	33(1)	45(1)	48(2)	49(2)	50(3)	51(2)	53(3)	54(2)	52(2)	55(2)	56(4)	58			
	5:27	6:28	10:09	16:06	18:56	35:44	47:42	54:17	59:56	1:08:10	1:20:04	1:27:52	1:31:46	1:35:38	1:40:00	1:48:40	1:53:			
	5:27	1:01	3:41	5:57	2:50	16:48	11:58	6:35	5:39	8:14	11:54	7:48	3:54	3:52	4:22	8:40	4:			
	47(2)	46(2)	44(2)	43(4)	37(2)	38(3)	40(2)	39(2)	41(1)	42(2)	Meta									
	1:59:30	2:02:18	2:06:49	2:09:58	2:21:45	2:23:28	2:31:18	2:33:21	2:38:16	2:40:51	2:47:25									
6:24	2:48	4:31	3:09	11:47	1:43	7:50	2:03	4:55	2:35	6:34										
10	25	Jorge Maciel Andres						70	Culleredo Gallaecia Raid						55	2:57:58				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	53(3)	52(2)	57			
	7:09	8:46	12:07	13:22	17:25	18:57	30:05	34:17	39:27	43:00	51:46	58:21	1:07:41	1:15:05	1:19:54	1:26:40	1:38:			
	7:09	1:37	3:21	1:15	4:03	1:32	11:08	4:12	5:10	3:33	8:46	6:35	9:20	7:24	4:49	6:46	11:			
	49(2)	48(2)	50(3)	45(1)	35(2)	33(1)	31(2)	32(2)	Meta											
	1:42:33	1:47:28	1:57:50	2:05:45	2:20:17	2:26:00	2:43:23	2:45:33	2:57:58											
3:57	4:55	10:22	7:55	14:32	5:43	17:23	2:10	12:25												
11	13	Roberto Carro García						82	Culleredo Gallaecia Raid						53	2:55:24				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	53(3)	52(2)	51			
	6:40	8:28	11:09	12:33	17:02	18:49	32:26	38:03	43:31	46:29	52:31	58:34	1:07:10	1:13:00	1:20:19	1:30:43	1:42:			
	6:40	1:48	2:41	1:24	4:29	1:47	13:37	5:37	5:28	2:58	6:02	6:03	8:36	5:50	7:19	10:24	11:			
	50(3)	48(2)	49(2)	57(2)	45(1)	35(2)	34(1)	Meta												
	1:56:59	2:05:12	2:09:25	2:17:26	2:25:34	2:41:36	2:45:27	2:55:24												
14:40	8:13	4:13	8:01	8:08	16:02	3:51	9:57													
12	36	Daniel Polo Pérez						94	ADFogar						53	2:55:28				
	49(2)	48(2)	47(2)	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	58(3)	56(4)	55(2)	54(2)	53			
	0:00	0:00	0:00	6:43	8:33	11:13	12:36	17:10	18:53	32:30	38:06	43:34	52:36	58:38	1:07:14	1:13:06	1:20:			
				6:43	1:50	2:40	1:23	4:34	1:43	13:37	5:36	5:28	9:02	6:02	8:36	5:52	7:			
	52(2)	51(2)	50(3)	57(2)	45(1)	35(2)	34(1)	Meta												
	1:30:47	1:42:23	1:57:03	2:17:15	2:25:38	2:41:32	2:45:24	2:55:28												
10:24	11:36	14:40	20:12	8:23	15:54	3:52	10:04													
13	34	Alberto Pérez Seijas						84	Culleredo Gallaecia Raid						51	2:40:42				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	49(2)	57			
	7:20	9:10	11:53	13:15	17:40	19:14	28:31	32:40	37:17	40:22	51:40	58:10	1:07:02	1:13:27	1:22:50	1:30:41	1:36:			
	7:20	1:50	2:43	1:22	4:25	1:34	9:17	4:09	4:37	3:05	11:18	6:30	8:52	6:25	9:23	7:51	5:			
	48(2)	45(1)	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta											
	1:41:16	1:48:15	2:02:00	2:09:07	2:14:23	2:23:07	2:29:13	2:31:52	2:40:42											
4:37	6:59	13:45	7:07	5:16	8:44	6:06	2:39	8:50												
14	1	Francisco Abeal Navarro						77	Pontedeume Adc Monte Breamo						48	2:48:27				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	53(3)	52(2)	49			
	7:26	9:17	12:02	12:58	17:50	19:24	33:20	37:26	43:27	47:10	54:27	1:00:21	1:14:33	1:23:26	1:29:50	1:39:49	1:46:			
	7:26	1:51	2:45	0:56	4:52	1:34	13:56	4:06	6:01	3:43	7:17	5:54	14:12	8:53	6:24	9:59	6:			
	48(2)	45(1)	33(1)	35(2)	34(1)	36(1)	Meta													
	1:53:05	1:59:57	2:14:16	2:21:40	2:27:53	2:37:16	2:48:27													
6:33	6:52	14:19	7:24	6:13	9:23	11:11														
15	53	Martín Veiga Jaldá						86	Vizhoja - Cornelios						47	2:53:32				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45			
	7:35	10:55	15:11	17:26	24:47	27:27	42:40	47:59	55:18	59:34	1:07:58	1:14:44	1:25:54	1:35:19	1:41:31	1:47:16	1:56:			
	7:35	3:20	4:16	2:15	7:21	2:40	15:13	5:19	7:19	4:16	8:24	6:46	11:10	9:25	6:12	5:45	9:			
	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta													
	2:13:57	2:21:33	2:28:06	2:38:01	2:43:18	2:45:51	2:53:32													
17:03	7:36	6:33	9:55	5:17	2:33	7:41														
15	50	Jacobo Valiño Eiro						79	Vizhoja - Cornelios						47	2:53:32				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45			
	7:33	10:49	15:26	17:23	24:50	27:28	42:36	47:56	55:25	59:25	1:08:02	1:14:41	1:25:57	1:35:16	1:41:33	1:48:10	1:56:			
	7:33	3:16	4:37	1:57	7:27	2:38	15:08	5:20	7:29	4:00	8:37	6:39	11:16	9:19	6:17	6:37	8:			
	33(1)	35(2)	34(1)	36(1)	32(2)	31(2)	Meta													
	2:13:53	2:21:31	2:28:02	2:37:59	2:43:20	2:45:49	2:53:32													
16:57	7:38	6:31	9:57	5:21	2:29	7:43														
17	52	Antonio Vázquez de Parga Benítez						71	Budiñoraid						46	2:53:33				
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	52(2)	54(2)	53(3)	51			
	7:06	8:42	11:44	12:45	17:16	19:00	29:20	35:14	40:28	43:25	52:23	57:13	1:07:05	1:13:55	1:19:42	1:25:13	1:33:			
	7:06	1:36	3:02	1:01	4:31	1:44	10:20	5:54	5:14	2:57	8:58	4:50	9:52	6:50	5:47	5:31	8:			
	35(2)	34(1)	36(1)	31(2)	Meta															
	2:25:28	2:30:22	2:38:59	2:46:16	2:53:33															
51:51	4:54	8:37	7:17																	

Pos	Dorsal	Nombre	AN	Club	Pts	Tiempo	Penal	Extra	Sc								
Trail largo-M (46)			28 C 59 Pts		3:00:00 (cont.)												
1	19	Angel Garcia Garcia	85	A Coruña Brigantia Aventura	59	2:14:40											
18	42	Alvaro Rodríguez Pais	06	Independiente	46	2:53:45											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45
	11:10	14:15	18:15	20:19	26:11	28:08	42:43	48:10	55:33	59:30	1:09:40	1:14:52	1:25:50	1:37:01	1:42:48	1:48:16	1:59:
	11:10	3:05	4:00	2:04	5:52	1:57	14:35	5:27	7:23	3:57	10:10	5:12	10:58	11:11	5:47	5:28	11:
	35(2)	34(1)	36(1)	32(2)	31(2)	Meta											
	2:20:14	2:27:19	2:37:57	2:43:26	2:45:52	2:53:45											
	20:44	7:05	10:38	5:29	2:26	7:53											
19	21	Julio Lagos Carrera	98	Porto do Son ADC Arnela	45	2:05:39											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	57(2)	49(2)	48(2)	45(1)	33
	6:25	8:03	10:48	12:04	15:38	17:05	24:56	28:37	33:30	36:21	43:44	48:55	57:34	1:02:20	1:05:49	1:12:01	1:24:
	6:25	1:38	2:45	1:16	3:34	1:27	7:51	3:41	4:53	2:51	7:23	5:11	8:39	4:46	3:29	6:12	12:
	35(2)	34(1)	36(1)	32(2)	31(2)	Meta											
	1:32:39	1:37:18	1:45:28	1:52:07	1:57:10	2:05:39											
	8:03	4:39	8:10	6:39	5:03	8:29											
20	5	Alejandro Barros Fonte	89	Pontedeume Adc Monte Breamo	45	2:40:55											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	49(2)	48
	7:37	9:42	13:15	15:00	21:22	24:01	36:18	41:54	47:30	50:44	1:05:34	1:11:43	1:21:32	1:34:02	1:39:11	1:49:37	1:52:
	7:37	2:05	3:33	1:45	6:22	2:39	12:17	5:36	5:36	3:14	14:50	6:09	9:49	12:30	5:09	10:26	3:
	45(1)	33(1)	35(2)	34(1)	36(1)	Meta											
	2:00:40	2:14:25	2:21:21	2:28:04	2:35:11	2:40:55											
	7:45	13:45	6:56	6:43	7:07	5:44											
21	22	Ruben Leira Rey	87	Pontedeume Adc Monte Breamo	45	2:45:42											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	52(2)	49(2)	48
	7:39	9:46	13:13	15:02	20:08	24:06	36:17	41:50	47:33	50:47	1:05:29	1:11:45	1:21:49	1:34:08	1:39:14	1:49:35	1:52:
	7:39	2:07	3:27	1:49	5:06	3:58	12:11	5:33	5:43	3:14	14:42	6:16	10:04	12:19	5:06	10:21	3:
	45(1)	33(1)	35(2)	34(1)	36(1)	Meta											
	2:00:45	2:14:22	2:21:42	2:28:08	2:37:47	2:45:42											
	7:52	13:37	7:20	6:26	9:39	7:55											
22	23	Xalo López Álvarez	97	Independiente	44	2:42:08											
	42(2)	41(1)	39(2)	40(2)	37(2)	38(3)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	57(2)	49(2)	48(2)	45(1)	35
	13:54	17:47	23:01	26:07	33:39	35:51	50:42	58:46	1:04:39	1:07:47	1:17:02	1:21:22	1:31:32	1:36:29	1:42:38	1:48:21	2:02:
	13:54	3:53	5:14	3:06	7:32	2:12	14:51	8:04	5:53	3:08	9:15	4:20	10:10	4:57	6:09	5:43	13:
	34(1)	36(1)	31(2)	32(2)	Meta												
	2:07:11	2:15:57	2:23:50	2:32:09	2:42:08												
	5:06	8:46	7:53	8:19	9:59												
23	7	Nacho Becerra Carril	72	Traileros	44	2:53:00											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	54(2)	53(3)	51(2)	35
	7:28	9:14	11:59	13:09	17:43	19:22	29:42	34:59	40:31	43:27	54:24	59:26	1:11:26	1:20:11	1:29:45	1:42:09	2:25:
	7:28	1:46	2:45	1:10	4:34	1:39	10:20	5:17	5:32	2:56	10:57	5:02	12:00	8:45	9:34	12:24	43:
	34(1)	36(1)	31(2)	Meta													
	2:30:14	2:39:00	2:46:03	2:53:00													
	4:49	8:46	7:03	6:57													
24	30	Juan Patiño Varela	70	Culleredo Gallaecia Raid	43	2:58:24											
	31(2)	32(2)	36(1)	34(1)	35(2)	33(1)	50(3)	51(2)	53(3)	54(2)	52(2)	55(2)	57(2)	49(2)	48(2)	45(1)	58
	6:28	9:03	14:18	24:55	29:21	34:13	53:03	1:02:45	1:19:08	1:23:54	1:27:37	1:36:24	1:44:23	1:49:05	1:53:01	1:59:11	2:17:
	6:28	2:35	5:15	10:37	4:26	4:52	18:50	9:42	16:23	4:46	3:43	8:47	7:59	4:42	3:56	6:10	18:
	56(4)	47(2)	46(2)	44(2)	Meta												
	2:22:37	2:30:40	2:33:29	2:38:48	2:58:24												
	4:53	8:03	2:49	5:19	19:36												
25	29	Pablo Pais Fagin	82	Independiente	42	2:47:32											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45
	11:13	14:12	18:22	21:11	27:29	29:34	43:52	51:22	59:02	1:02:48	1:10:12	1:17:15	1:27:23	1:37:12	1:42:46	1:48:07	1:59:
	11:13	2:59	4:10	2:49	6:18	2:05	14:18	7:30	7:40	3:46	7:24	7:03	10:08	9:49	5:34	5:21	11:
	35(2)	34(1)	36(1)	Meta													
	2:20:06	2:27:24	2:37:56	2:47:32													
	20:32	7:18	10:32	9:36													
26	11	David Cainzos Cagiao	81	Semos ou Non?!	42	2:50:31											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45
	12:24	15:21	19:05	21:06	27:45	29:54	44:17	51:58	58:43	1:02:54	1:10:04	1:16:58	1:29:26	1:39:07	1:45:46	1:48:57	2:04:
	12:24	2:57	3:44	2:01	6:39	2:09	14:23	7:41	6:45	4:11	7:10	6:54	12:28	9:41	6:39	3:11	15:
	35(2)	33(1)	36(1)	Meta													
	2:24:40	2:30:49	2:41:10	2:50:31													
	20:09	6:09	10:21	9:21													
27	37	Moises Ratoeira Basanta	76	Semos ou Non?!	42	2:50:34											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	58(3)	56(4)	55(2)	57(2)	49(2)	48(2)	45
	12:16	15:04	18:59	20:57	28:08	30:03	44:40	52:09	59:08	1:03:02	1:10:09	1:17:02	1:29:16	1:39:13	1:45:57	1:49:03	2:04:
	12:16	2:48	3:55	1:58	7:11	1:55	14:37	7:29	6:59	3:54	7:07	6:53	12:14	9:57	6:44	3:06	15:
	35(2)	33(1)	36(1)	Meta													
	2:24:57	2:30:53	2:40:45	2:50:34													
	20:22	5:56	9:52	9:49													
28	31	Manuel Pedre Vázquez	75	Culleredo Gallaecia Raid	38	2:31:16											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	56(4)	57(2)	49(2)	48(2)	45(1)	35(2)	33
	7:15	9:02	11:38	12:53	17:31	19:05	32:43	39:48	45:22	48:29	1:09:59	1:19:40	1:30:30	1:33:52	1:42:38	1:59:37	2:06:
	7:15	1:47	2:36	1:15	4:38	1:34	13:38	7:05	5:34	3:07	21:30	9:41	10:50	3:22	8:46	16:59	6:
	34(1)	36(1)	Meta														
	2:14:37	2:23:40	2:31:16														
	8:37	9:03	7:36														
29	10	Alberto Bolibar Macias	71	Independiente	27	1:55:15											
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	46(2)	47(2)	58(3)	56(4)	Meta					
	7:23	9:06	11:43	12:56	17:47	19:											

Pos	Dorsal	Nombre	AN	Club	Pts	Tiempo	Penal	Extra	Sc
Trail largo-M (46)			28 C 59 Pts		3:00:00 (cont.)				
1	19	Angel Garcia Garcia	85	A Coruña Brigantia Aventura	59	2:14:40			
31	28	Jose Angel Nolasco Maceiras	80	Nigrán Raza Palleira	12	2:12:16			
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	58:35	1:04:36 1:12:13 1:15:49	1:34:24	1:41:15	2:12:16				
	58:35	6:01 7:37 3:36	18:35	6:51	31:01				
32	54	Diego Villaverde Fernandez	82	Independiente	37	3:01:17	-37		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	11:02	14:05 18:46 20:53	29:49	32:52	53:30 1:00:58 1:10:29 1:16:32 1:28:24 1:37:20 1:58:06	2:07:03 2:13:21 2:25:42 2:47:03	48(2) 45(1) 34		
	11:02	3:03 4:41 2:07	8:56	3:03	20:38 7:28 9:31 6:03 11:52 8:56 20:46	8:57 6:18 12:21 21:			
	Meta								
	3:01:17								
	13:42								
33	32	Alvaro Pérez Costas	80	Triume	47	3:01:47	-47		
	35(2)	32(2) 41(1) 37(2)	31(2)	34(1)					
	0:00	0:00 0:00 0:00	0:00	0:00	33(1) 42(2) 39(2) 40(2) 38(3) 43(4) 44(2) 46(2) 47(2) 58(3) 56(4) 57(2)	48(2) 47(2) 58(3) 56			
					0:00 7:03 11:54 12:42 18:12 34:14 38:34 43:51 47:20 54:57 1:00:	3:29 7:37 5:			
	57(2)	49(2) 48(2) 55(2)	52(2)	Meta					
	1:23:53	1:28:47 1:34:53 1:50:02	2:22:21	3:01:47					
	23:35	4:54 6:06 15:09	32:19	39:26					
34	43	Isaac Sánchez Lago	82	Independiente	39	3:01:49	-39		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	7:12	8:54 11:56 12:49	18:16	19:58	43(4) 44(2) 46(2) 47(2) 58(3) 56(4) 57(2)	49(2) 48(2) 55(2) 52			
	7:12	1:42 3:02 0:53	5:27	1:42	34:17 38:43 43:59 47:16 54:55 1:00:20 1:24:17 1:28:58 1:35:00 1:50:06 2:22:	4:41 6:02 15:06 32:			
	Meta				14:19 4:26 5:16 3:17 7:39 5:25 23:57				
	3:01:49								
	39:24								
35	38	Juan Carlos Recouso García	67	Independiente	31	3:04:12	-31		
	42(2)	41(1) 39(2) 38(3)	37(2)	43(4)					
	16:01	18:46 22:51 42:04	45:14	1:10:40	44(2) 46(2) 47(2) 58(3) 56(4) 57(2)	49(2) 3:04:12			
	16:01	2:45 4:05 19:13	3:10	25:26	1:16:28 1:22:52 1:26:47 1:36:01 1:45:00 2:05:17 2:14:10 3:04:12	8:53 50:02			
					5:48 6:24 3:55 9:14 8:59 20:17				
36	12	Pablo Cancelo Beade	87	Culleredo Gallaecia Raid	22	3:08:24	-22		
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)					
	20:36	25:19 30:56 34:41	51:53	56:48	43(4) 44(2) 46(2) 47(2)	Meta			
	20:36	4:43 5:37 3:45	17:12	4:55	1:23:11 1:30:42 1:45:26 2:02:11 3:08:24				
					26:23 7:31 14:44 16:45 1:06:13				
37	26	Afonso Navia Alvarez	67	A Coruña Club Orientación Liceo	43	3:10:05	-43		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	7:18	8:59 11:50 13:11	18:01	19:30	43(4) 44(2) 46(2) 47(2) 58(3) 56(4) 55(2)	54(2) 52(2) 53(3) 51			
	7:18	1:41 2:51 1:21	4:50	1:29	33:13 38:13 43:56 47:21 55:01 1:03:31 1:12:40 1:20:24 1:26:32 1:43:25 1:53:	7:44 6:08 16:53 9:			
	35(2)	34(1) Meta			13:43 5:00 5:43 3:25 7:40 8:30 9:09				
	2:53:43	2:58:16 3:10:05							
	1:00:39	4:33 11:49							
	44	Iván Somoza Argibay	74	Culleredo Gallaecia Raid	14	0:00			
	31(2)	32(2) 36(1) 33(1)	35(2)	34(1)					
	5:28	6:24 10:06 14:10	18:53	22:29	45(1) 48(2) 57(2) Meta				
	5:28	0:56 3:42 4:04	4:43	3:36	32:01 40:21 47:06 0:00				
					9:32 8:20 6:45				
	9	Antonio Blanco Villar	86						
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	7:41	9:36 12:22 13:24	18:07	19:45	43(4) 44(2) 46(2) 47(2) 58(3) 56(4) 55(2)	52(2) 54(2) 53(3) 51			
	7:41	1:55 2:46 1:02	4:43	1:38	29:05 36:09 40:33 43:51 52:12 58:14 1:07:30 1:12:08 1:16:31 1:21:57 1:31:	4:38 4:23 5:26 9:			
	50(3)	48(2) 49(2) 57(2)	45(1)	35(2)	9:20 7:04 4:24 3:18 8:21 6:02 9:16				
	1:42:11	1:50:10 1:53:25 1:59:42	2:09:56	2:25:52	33(1) 36(1) 32(2) 31(2) Meta				
	10:57	7:59 3:15 6:17	10:14	15:56	2:31:06 2:40:38 2:44:54 2:51:22				
					5:14 9:32 4:16 6:28				
	8	Gustavo Belmonte Hallberg	95	Independiente	0				
	Meta								
	2	David Alonso Nogueira	94	As Vellas					No
	40	Juan Rodriguez Callejon	63	Entre cabos					No
	45	César Suárez Suárez	82						No
	20	Lucas García Vázquez	85	Budiñoraid					No
	16	Pedro De Castro García	70	Club de vela playa de Oza					No
	15	Roberto Chas Gomez	73	Betanzos O Pasatempo					No

Trail corto-F (48)			17 C 32 Pts		1:30:00				
1	202	Nuria Oujo Míguez	99	Porto do Son ADC Arnela	21	1:20:24			
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)					
	7:35	9:45 12:32 15:01	23:34	25:27	43(4) 44(2) 35(2) 34(1) Meta				
	7:35	2:10 2:47 2:29	8:33	1:53	38:17 42:55 1:03:51 1:08:51 1:20:24				
					12:50 4:38 20:56 5:00 11:33				
2	189	Susana Míguez Sampedro	74	Porto do Son ADC Arnela	18	1:27:41			
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)					
	9:11	12:08 15:21 17:34	27:35	29:31	43(4) 33(1) 36(1) Meta				
	9:11	2:57 3:13 2:13	10:01	1:56	45:04 1:06:07 1:16:00 1:27:41				
					15:33 21:03 9:53 11:41				
3	141	Marta Fernández Fernández	89	Culleredo Gallaecia Raid	17	1:24:19			
	31(2)	32(2) 36(1) 42(2)	41(1)	39(2)					
	11:04	17:22 25:20 38:41	42:44	48:04	40(2) 38(3) 37(2) Meta				
	11:04	6:18 7:58 13:21	4:03	5:20	50:22 58:33 1:01:24 1:24:19				
					2:18 8:11 2:51 22:55				
4	164	Verónica Gonzalez Regueiro	97	Club Btt Caimanes Betanzos	17	1:25:27			
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	8:18	10:59 14:51 16:50	23:24	25:33	43(4) 34(1) Meta				
	8:18	2:41 3:52 1:59	6:34	2:09	44:23 1:10:00 1:25:27				
					18:50 25:37 15:27				
5	110	Paulina Andrea Mosquera	71	Culleredo Gallaecia Raid	13	1:26:16			
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)					
	15:50	21:00 28:12 34:45	46:19	50:05	34(1) Meta				
	15:50	5:10 7:12 6:33	11:34	3:46	1:10:39 1:26:16				
					20:34 15:37				

NOCTURNA BERGONDO VERSION 2											mi. 26/11/2025 23:57						
Parciales											Página 5						
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Pos	Dorsal	Nombre					AN	Club	Pts	Tiempo	Penal	Extra	Sc				
Trail corto-F (48)											17 C	32 Pts	1:30:00	(cont.)			
1	202	Nuria Oujo Míguez					99	Porto do Son ADC Arnela	21	1:20:24							
6	224	Amelia Roca Vazquez					78	Independiente	13	1:26:17							
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	34(1)	Meta									
	15:58	20:53	27:58	34:39	46:26	50:09	1:10:41	1:26:17									
	15:58	4:55	7:05	6:41	11:47	3:43	20:32	15:36									
7	203	María Pardo Villaverde					72	A Coruña Liceo	12	1:19:07							
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	14:10	18:13	24:27	27:04	40:25	44:26	1:19:07										
	14:10	4:03	6:14	2:37	13:21	4:01	34:41										
8	173	Goretti López Casal					76	Culleredo Gallaecia Raid	12	1:22:23							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	13:01	17:18	22:01	25:04	40:34	45:31	1:22:23										
	13:01	4:17	4:43	3:03	15:30	4:57	36:52										
9	175	Silvia López López					07	Culleredo Gallaecia Raid	12	1:22:24							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	13:08	17:24	22:05	25:10	40:45	45:36	1:22:24										
	13:08	4:16	4:41	3:05	15:35	4:51	36:48										
10	187	Marta Méndez Barbeito					99	Independiente	12	1:25:07							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:21	20:29	25:51	28:34	44:40	49:27	1:25:07										
	15:21	5:08	5:22	2:43	16:06	4:47	35:40										
10	116	Elena Bujía Rodríguez					74	Culleredo Gallaecia Raid	12	1:25:07							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:22	20:36	25:57	28:37	45:32	49:35	1:25:07										
	15:22	5:14	5:21	2:40	16:55	4:03	35:32										
12	237	Carlota Seoane Bujía					76	Independiente	12	1:25:12							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:25	20:46	26:07	28:59	45:24	49:49	1:25:12										
	15:25	5:21	5:21	2:52	16:25	4:25	35:23										
13	111	Ana Arias Méndez					83	Culleredo Gallaecia Raid	12	1:27:12							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	17:50	23:19	30:04	34:50	50:49	56:16	1:27:12										
	17:50	5:29	6:45	4:46	15:59	5:27	30:56										
14	139	Jessica Fandiño blanco					87	Independiente	12	1:28:48							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	17:39	23:32	30:09	35:07	50:22	56:14	1:28:48										
	17:39	5:53	6:37	4:58	15:15	5:52	32:34										
15	182	Laura Martínez Calvo					80	Independiente	12	1:28:50							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	17:46	23:36	30:25	35:00	50:27	56:09	1:28:50										
	17:46	5:50	6:49	4:35	15:27	5:42	32:41										
16	179	Elena Lourido Gacío					86	Porto do Son ADC Arnela	12	1:28:51							
	31(2)	32(2)	36(1)	42(2)	41(1)	40(2)	39(2)	Meta									
	10:33	14:38	34:07	1:02:31	1:07:08	1:11:38	1:14:35	1:28:51									
	10:33	4:05	19:29	28:24	4:37	4:30	2:57	14:16									
17	104	Elena Álvarez Carballo					83	Culleredo Gallaecia Raid	12	1:29:01							
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	17:42	23:27	30:29	35:13	50:52	56:04	1:29:01										
	17:42	5:45	7:02	4:44	15:39	5:12	32:57										
18	208	Alba Penabad Franco					91	Independiente	9	1:28:24							
	31(2)	32(2)	36(1)	33(1)	35(2)	34(1)	Meta										
	11:37	15:08	27:56	55:27	1:05:08	1:13:06	1:28:24										
	11:37	3:31	12:48	27:31	9:41	7:58	15:18										
19	240	Inés Valiño Calviño					81	Culleredo Gallaecia Raid	7	1:23:55							
	36(1)	42(2)	41(1)	40(2)	34(1)	Meta											
	8:57	27:52	31:56	43:31	1:08:42	1:23:55											
	8:57	18:55	4:04	11:35	25:11	15:13											
20	217	Estefanía Ramos Otero					76	Independiente	25	1:30:12	-25						
	33(1)	43(4)	41(1)	40(2)	36(1)	37(2)	38(3)	42(2)	44(2)	45(1)	46(2)	47(2)	39(2)	Meta			
	16:16:07	16:18:16	16:18:54	16:20:01	16:20:54	16:21:24	16:22:17	16:23:11	16:23:47	16:24:47	16:26:06	16:26:55	35:19	1:30:12			
	16:16:07	2:09	0:38	1:07	0:53	0:30	0:53	0:54	0:36	1:00	1:19	0:49	54:53				
21	172	Vanessa Leon Rubio					74	Independiente	25	1:30:15	-25						
	33(1)	43(4)	41(1)	40(2)	36(1)	37(2)	38(3)	42(2)	44(2)	45(1)	46(2)	47(2)	39(2)	Meta			
	16:15:11	16:17:29	16:18:27	16:19:38	16:20:37	16:20:54	16:21:43	16:22:48	16:23:23	16:24:23	16:28:20	16:29:20	35:26	1:30:15			
	16:15:11	2:18	0:58	1:11	0:59	0:17	0:49	1:05	0:35	1:00	3:57	1:00	54:49				
22	151	Carlota García López					05	Sociedad de Montaña Ártabros	16	1:31:03	-16						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	Meta									
	14:21	18:38	24:30	26:55	36:43	39:57	1:02:44	1:31:03									
	14:21	4:17	5:52	2:25	9:48	3:14	22:47	28:19									
23	178	Rocío Lores Romay					79	Independiente	12	1:32:01	-12						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	19:14	24:40	32:18	35:54	54:40	1:00:23	1:32:01										
	19:14	5:26	7:38	3:36	18:46	5:43	31:38										
24	252	Natalia Yañez Fidalgo					80	Independiente	12	1:36:00	-12						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	18:27	24:09	32:04	35:36	53:53	1:01:06	1:36:00										
	18:27	5:42	7:55	3:32	18:17	7:13	34:54										
25	181	Irene Martín Robles					82	Independiente	12	1:36:05	-12						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	19:06	24:44	32:24	35:58	54:33	1:01:30	1:36:05										
	19:06	5:38	7:40	3:34	18:35	6:57	34:35										
26	152	Susana García Pereira					81	Independiente	12	1:36:08	-12						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	18:41	24:14	32:21	35:45	54:09	1:01:12	1:36:08										
	18:41	5:33	8:07	3:24	18:24	7:03	34:56										
27	500	Teresa Barreira Salgado					76	Independiente	23	1:37:12	-23						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	34(1)	Meta					
	7:28	9:49	12:45	14:38	19:28	21:15	32:14	36:17	41:17	44:22	1:28:24	1:37:12					
	7:28	2:21	2:56	1:53	4:50	1:47	10:59	4:03	5:00	3:05	44:02	8:48					

Pos	Dorsal	Nombre	AN Club						Pts	Tiempo	Penal	Extra	Sc	
Trail corto-F (48)			17 C 32 Pts						1:30:00 (cont.)					
1	202	Nuria Oujo Míguez	99 Porto do Son ADC Arnela						21	1:20:24				
28	155	Iria Garea García	85 A Coruña Club Orientación Liceo						22	1:37:39	-22			
	42(2)	41(1) 39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	Meta				
	7:39	10:37 14:56	16:43	22:18	24:13	37:25	48:37	54:53	58:11	1:37:39				
	7:39	2:58 4:19	1:47	5:35	1:55	13:12	11:12	6:16	3:18	39:28				
29	127	Maria Caverio Alonso	80 Independiente						21	1:38:43	-21			
	45(1)	47(2) 44(2)	42(2)	40(2)	43(4)	46(2)	31(2)	32(2)	36(1)	34(1)	Meta			
	14:35:58	14:40:54 14:43:22	14:46:08	14:48:57	14:51:45	14:57:49	16:22	35:42	47:31	1:04:02	1:38:43			
	14:35:58	4:56 2:28	2:46	2:49	2:48	6:04	19:20	11:49	16:31	34:41				
30	233	Natividad Sánchez García	74 Independiente						8	1:39:50	-8			
	31(2)	32(2) 36(1)	34(1)	35(2)	Meta									
	14:37	34:45 48:03	1:05:12	1:16:30	1:39:50									
	14:37	20:08 13:18	17:09	11:18	23:20									
31	156	Sonia Gómez Naya	74 Lugo Club Orientación Compás						17	1:43:44	-17			
	42(2)	41(1) 39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	Meta						
	9:42	13:55 19:31	22:17	31:53	36:37	59:24	1:24:00	1:43:44						
	9:42	4:13 5:36	2:46	9:36	4:44	22:47	24:36	19:44						
32	238	Alba Tajuelo Ferrer	93 Independiente						18	1:51:52	-18			
	42(2)	41(1) 40(2)	39(2)	38(3)	37(2)	43(4)	44(2)	Meta						
	13:56	17:41 23:06	24:55	36:12	39:14	58:37	1:05:23	1:51:52						
	13:56	3:45 5:25	1:49	11:17	3:02	19:23	6:46	46:29						
	232	Fabiana Salgueiro Martinez	81 Independiente						21	0:00				
	38(3)	40(2) 42(2)	41(1)	46(2)	47(2)	43(4)	44(2)	39(2)	36(1)	Meta				
	0.00	0.00 0.00	0.00	0.00	0.00	0.00	0.00	0.00	24:43	0.00				
									24:43					
	169	Silvia Lavandeira Calvo	73 SASA						0				D	
	Meta													
	234	Maria Josefa Sanchez Marin	74 Lugo Club Orientación Compás										No	
	249	Patricia Vazquez Figueroa	05 Independiente										No	
	242	Vanessa Varela Crespo	81 Tribu Trail										No	
	109	Raquel Álvarez Vélez	91 Independiente										No	
	114	Irene Baspino Fernández	80 Culleredo Gallaecia Raid										No	
	134	Cristina Cubeiro Becerra	75 Independiente										No	
	149	Fatima Freire Castro	84 Independiente										No	
	180	Mónica Maceiras Vidal	78 Independiente										No	
	166	Susana Guitar Novo	78 Independiente										No	
	204	Ana Paz Perez	74 Independiente										No	
	221	Carla Rivera Vazquez	06 Independiente										No	
	129	Patricia Cinza Sanjurjo	80 Independiente										No	
	215	Susana Pombo Otero	75 Independiente										No	
	130	Marta Corredoira Rodriguez	05 Independiente										No	
	Trail corto-M (55)			17 C 32 Pts						1:30:00				
1	106	Enrique Luis Alvarez Estevez	68 Culleredo Gallaecia Raid						27	1:29:40				
	42(2)	41(1) 39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	45(1)	34(1)	35(2)	36(1)	Meta
	7:05	9:27 12:21	13:46	17:57	19:45	30:14	33:53	39:09	42:37	51:00	1:05:43	1:16:12	1:25:01	1:29:40
	7:05	2:22 2:54	1:25	4:11	1:48	10:29	3:39	5:16	3:28	8:23	14:43	10:29	8:49	4:39
2	158	Miguel González	75 Independiente						25	1:01:08				
	32(2)	42(2) 41(1)	35(2)	37(2)	40(2)	39(2)	43(4)	44(2)	47(2)	45(1)	46(2)	36(1)	Meta	
	16:05:06	16:09:04 16:10:20	16:12:55	16:14:05	16:15:15	16:16:50	16:18:05	16:18:42	16:19:26	16:20:54	16:23:17	24:47	1:01:08	
	16:05:06	3:58 1:16	2:35	1:10	1:10	1:35	1:15	0:37	0:44	1:28	2:23		36:21	
3	146	Nicolás Figueroa Carril	05 Independiente						21	1:28:37				
	31(2)	32(2) 36(1)	33(1)	35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta		
	8:06	23:32 29:42	36:31	43:15	49:12	1:03:20	1:05:23	1:16:24	1:18:20	1:20:46	1:22:59	1:28:37		
	8:06	15:26 6:10	6:49	6:44	5:57	14:08	2:03	11:01	1:56	2:26	2:13	5:38		
4	147	Óscar Figueroa Carril	00 Independiente						21	1:28:39				
	31(2)	32(2) 36(1)	33(1)	35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta		
	8:13	23:38 30:00	36:36	43:28	49:19	1:03:17	1:05:19	1:16:35	1:18:27	1:20:49	1:22:55	1:28:39		
	8:13	15:25 6:22	6:36	6:52	5:51	13:58	2:02	11:16	1:52	2:22	2:06	5:44		
5	148	Roberto Figueroa Suárez	67 Independiente						21	1:28:49				
	31(2)	32(2) 36(1)	33(1)	35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta		
	8:09	23:42 29:53	36:46	43:23	49:24	1:03:13	1:05:15	1:16:33	1:18:35	1:20:52	1:23:01	1:28:49		
	8:09	15:33 6:11	6:53	6:37	6:01	13:49	2:02	11:18	2:02	2:17	2:09	5:48		
5	115	Matías Ezequiel Brea Duarte	79 Independiente						21	1:28:49				
	31(2)	32(2) 36(1)	33(1)	35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta		
	8:20	23:46 29:59	36:27	43:37	49:17	1:03:09	1:05:27	1:16:40	1:18:31	1:20:56	1:22:52	1:28:49		
	8:20	15:26 6:13	6:28	7:10	5:40	13:52	2:18	11:13	1:51	2:25	1:56	5:57		
7	137	Francisco Javier Dapena Teijeiro	72 Independiente						19	1:23:37				
	31(2)	36(1) 33(1)	35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta			
	5:58	25:43 33:11	40:41	45:56	56:58	59:38	1:08:20	1:10:14	1:12:08	1:14:30	1:23:37			
	5:58	19:45 7:28	7:30	5:15	11:02	2:40	8:42	1:54	1:54	2:22	9:07			
8	118	Enrique Calviño Dorado	90 Club Btt Caimanes Betanzos						18	1:25:30				
	42(2)	41(1) 39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	36(1)	Meta					
	8:15	10:50 14:42	16:46	23:28	25:30	44:24	1:09:58	1:18:56	1:25:30					
	8:15	2:35 3:52	2:04	6:42	2:02	18:54	25:34	8:58	6:34					
9	122	David Castro Campello	83 Culleredo Gallaecia Raid						17	1:24:22				
	31(2)	32(2) 36(1)	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta					
	10:54	17:13 25:15	38:34	42:47	47:48	50:17	58:25	1:01:18	1:24:22					
	10:54	6:19 8:02	13:19	4:13	5:01	2:29	8:08	2:53	23:04					
10	190	Ivan Mino Rojas	93 Independiente						13	1:25:34				
	42(2)	41(1) 39(2)	40(2)	38(3)	37(2)	36(1)	Meta							
	10:59	15:08 20:22	23:29	33:41	38:01	1:09:33	1:25:34							
	10:59	4:09 5:14	3:07	10:12	4:20	31:32	16:01							

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Pos	Dorsal	Nombre						AN	Club	Pts	Tiempo	Penal	Extra	Sc			
Trail corto-M (55)											17 C	32 Pts	1:30:00	(cont.)			
1	106	Enrique Luis Álvarez Estevez						68	Culleredo Gallaecia Raid	27	1:29:40						
11	177	Adrián López Souto						94	Independiente	13	1:25:37						
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	36(1)	Meta									
	11:02	15:13	20:25	23:27	33:45	37:58	1:09:40	1:25:37									
	11:02	4:11	5:12	3:02	10:18	4:13	31:42	15:57									
12	163	Daniel González Ramos						79	Independiente	12	1:23:28						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	16:38	23:01	29:14	34:55	50:14	55:53	1:23:28										
	16:38	6:23	6:13	5:41	15:19	5:39	27:35										
13	188	José Méndez Naya						64	Independiente	12	1:24:59						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:13	20:32	25:45	28:22	44:50	49:30	1:24:59										
	15:13	5:19	5:13	2:37	16:28	4:40	35:29										
14	186	Diego Méndez Barbeito						99	Independiente	12	1:25:02						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:19	20:24	25:48	28:40	44:59	49:22	1:25:02										
	15:19	5:05	5:24	2:52	16:19	4:23	35:40										
15	112	Nicolás Barbeito Loureiro						78	Independiente	12	1:25:13						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	15:31	20:50	26:10	28:55	45:35	49:39	1:25:13										
	15:31	5:19	5:20	2:45	16:40	4:04	35:34										
16	105	Constantino Álvarez Castro						87	Independiente	12	1:27:04						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	17:31	23:23	29:22	34:53	50:18	55:51	1:27:04										
	17:31	5:52	5:59	5:31	15:25	5:33	31:13										
17	212	Felipe Peña Pita						83	Culleredo Gallaecia Raid	12	1:27:08						
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	Meta										
	16:32	23:29	30:01	35:03	50:32	56:22	1:27:08										
	16:32	6:57	6:32	5:02	15:29	5:50	30:46										
18	250	Jose Viéitez Ferradáns						82	Independiente	12	1:28:35						
	31(2)	32(2)	36(1)	42(2)	41(1)	40(2)	39(2)	Meta									
	10:29	14:33	34:09	1:02:33	1:07:05	1:11:32	1:14:20	1:28:35									
	10:29	4:04	19:36	28:24	4:32	4:27	2:48	14:15									
19	209	Manuel Penabad Franco						83	Independiente	9	1:28:16						
	31(2)	32(2)	36(1)	33(1)	35(2)	34(1)	Meta										
	11:31	14:59	27:43	55:12	1:04:52	1:13:03	1:28:16										
	11:31	3:28	12:44	27:29	9:40	8:11	15:13										
20	216	Luis Javier Ramos Asensio						76	Culleredo Gallaecia Raid	18	1:31:00	-18					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	Meta								
	12:29	16:24	21:49	24:43	35:32	38:39	1:00:32	1:09:41	1:31:00								
	12:29	3:55	5:25	2:54	10:49	3:07	21:53	9:09	21:19								
21	120	Francisco Casal Fernández						76	Independiente	12	1:32:01	-12					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	17:59	23:41	31:35	35:18	52:43	1:00:44	1:32:01										
	17:59	5:42	7:54	3:43	17:25	8:01	31:17										
22	229	Noel Rodriguez Perez						78	Culleredo Gallaecia Raid	20	1:32:07	-20					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	Meta							
	10:13	12:52	16:44	18:01	22:57	24:28	45:42	50:39	55:48	1:32:07							
	10:13	2:39	3:52	1:17	4:56	1:31	21:14	4:57	5:09	36:19							
23	244	Francisco Varela Lorenzo						64	Lugo Club Orientación Compás	23	1:32:10	-23					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	34(1)	Meta					
	7:43	9:53	12:54	14:32	19:21	21:09	33:02	37:17	42:12	45:35	1:23:13	1:32:10					
	7:43	2:10	3:01	1:38	4:49	1:48	11:53	4:15	4:55	3:23	37:38	8:57					
24	123	Francisco Javier Castro Fernandez						73	Independiente	18	1:32:34	-18					
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	43(4)	44(2)	Meta								
	12:44	18:30	22:48	24:15	34:49	37:31	56:38	1:10:25	1:32:34								
	12:44	5:46	4:18	1:27	10:34	2:42	19:07	13:47	22:09								
25	165	Jose Carlos Gonzalez Rodriguez						71	Independiente	18	1:32:40	-18					
	42(2)	41(1)	40(2)	39(2)	38(3)	37(2)	43(4)	44(2)	Meta								
	12:50	18:34	22:52	24:24	34:56	37:34	56:35	1:10:31	1:32:40								
	12:50	5:44	4:18	1:32	10:32	2:38	19:01	13:56	22:09								
26	167	Alberto Lamela Arias						74	Lugo Club Orientación Compás	23	1:33:01	-23					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	47(2)	34(1)	Meta					
	7:49	9:56	12:52	14:35	19:25	21:07	33:00	37:11	42:15	45:38	1:23:10	1:33:01					
	7:49	2:07	2:56	1:43	4:50	1:42	11:53	4:11	5:04	3:23	37:32	9:51					
27	170	Guillermo Lavía Barreiro						79	Nigrán Raza Palleira	12	1:35:58	-12					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	18:03	24:21	32:05	34:57	54:45	1:01:00	1:35:58										
	18:03	6:18	7:44	2:52	19:48	6:15	34:58										
28	140	Gonzalo Fernández Casaldeyrey						78	Nigrán Raza Palleira	12	1:36:09	-12					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta										
	18:32	24:31	31:12	34:50	53:07	1:00:33	1:36:09										
	18:32	5:59	6:41	3:38	18:17	7:26	35:36										
29	117	Javier Caamaño González						90	Independiente	26	1:36:59	-26					
	32(2)	33(1)	35(2)	37(2)	40(2)	43(4)	41(1)	38(3)	42(2)	47(2)	45(1)	46(2)	39(2)				
	16:59:29	16:59:49	17:00:41	17:02:12	17:03:19	17:05:40	17:06:31	17:07:37	17:09:01	17:10:15	17:11:36	17:12:16	20:33				
	16:59:29	0:20	0:52	1:31	1:07	2:21	0:51	1:06	1:24	1:14	1:21	0:40					
30	150	Carlos García García						75	Artabros	8	1:37:15	-8					
	31(2)	32(2)	36(1)	34(1)	35(2)	Meta											
	14:13	35:07	47:43	1:05:09	1:16:06	1:37:15											
	14:13	20:54	12:36	17:26	10:57	21:09											
31	133	Oscar Cortes Rodriguez						75	SASA	8	1:37:17	-8					
	31(2)	32(2)	36(1)	34(1)	35(2)	Meta											
	14:00	35:23	48:10	1:05:15	1:16:17	1:37:17											
	14:00	21:23	12:47	17:05	11:02	21:00											
32	194	Luis Javier Morenilla Burló						67	Independiente	18	1:37:40	-18					
	42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	Meta								
	12:39	16:28	21:56	24:53	35:27	38:48	1:00:17	1:09:47	1:37:40								
	12:39	3:49	5:28	2:57	10:34	3:21	21:29	9:30	27:53								

Pos	Dorsal	Nombre	AN	Club	Pts	Tiempo	Penal	Extra	Sc
Trail corto-M (55)			17 C 32 Pts		1:30:00 (cont.)				
1	106	Enrique Luis Alvarez Estevez	68	Culleredo Gallaecia Raid	27	1:29:40			
33	176	José Miguel López Pérez	69	A Coruña Sociedad de Montaña Ártabros	16	1:39:02	-16		
	42(2)	41(1) 39(2) 40(2)	43(4)	Meta					
	14:27	18:41 24:35 26:53 36:50	40:07	1:03:12 1:39:02					
	14:27	4:14 5:54 2:18 9:57	3:17	23:05 35:50					
34	157	Antonio Gómez Ramos	72	A Coruña Sociedad de Montaña Ártabros	23	1:42:07	-23		
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 46(2) 47(2) 34(1)	Meta				
	7:13	9:21 12:49 14:11 19:17	20:59	32:56 38:19 43:37 47:22	1:31:10 1:42:07				
	7:13	2:08 3:28 1:22 5:06	1:42	11:57 5:23 5:18 3:45	43:48 10:57				
35	206	Abel Pena Bodenlle	05	Independiente	6	1:43:18	-6		
	31(2)	32(2) 33(1) 34(1)	Meta						
	12:17	41:16 1:07:24 1:21:20	1:43:18						
	12:17	28:59 26:08 13:56	21:58						
35	207	Suso Pena Braña	67	Independiente	6	1:43:18	-6		
	31(2)	32(2) 33(1) 34(1)	Meta						
	12:23	41:21 1:07:37 1:21:24	1:43:18						
	12:23	28:58 26:16 13:47	21:54						
37	159	Carlos Gonzalez Criado	75	WWF	16	1:44:29	-16		
	42(2)	41(1) 39(2) 40(2)	43(4)	Meta					
	10:22	14:38 20:13 22:46 32:38	37:46	1:00:03 1:44:29					
	10:22	4:16 5:35 2:33 9:52	5:08	22:17 44:26					
38	245	Marcos Varela Yáñez	77	A Coruña Brigantia Aventura	20	1:45:33	-20		
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 46(2)	Meta				
	8:30	11:56 17:11 19:12 28:09	31:59	49:25 58:11 1:06:06 1:45:33					
	8:30	3:26 5:15 2:01 8:57	3:50	17:26 8:46 7:55 39:27					
39	236	Manuel Sancosmed Torres	67	A Coruña Club Orientación Coruña	22	1:45:47	-22		
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 46(2) 47(2)	Meta				
	9:23	11:52 15:46 17:33 25:30	27:30	43:34 49:06 55:32 1:00:10	1:45:47				
	9:23	2:29 3:54 1:47 7:57	2:00	16:04 5:32 6:26 4:38	45:37				
39	235	Jose M. Sancosmed Torres	59	A Coruña Club Orientación Coruña	22	1:45:47	-22		
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 46(2) 47(2)	Meta				
	9:22	11:45 15:39 17:29 25:20	27:21	43:26 48:55 55:22 1:00:00	1:45:47				
	9:22	2:23 3:54 1:50 7:51	2:01	16:05 5:29 6:27 4:38	45:47				
41	241	Carlos varela cancela	75	A Coruña Club Orientación Coruña	22	1:45:49	-22		
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 46(2) 47(2)	Meta				
	9:27	11:50 15:42 17:35 25:26	27:28	43:25 49:00 55:26 1:00:07	1:45:49				
	9:27	2:23 3:52 1:53 7:51	2:02	15:57 5:35 6:26 4:41	45:42				
42	126	Mario Castro Porta	92	Independiente	18	1:51:50	-18		
	42(2)	41(1) 40(2) 39(2)	43(4)	44(2)	Meta				
	14:00	17:37 23:02 25:00 36:21	39:18	58:32 1:05:18 1:51:50					
	14:00	3:37 5:25 1:58 11:21	2:57	19:14 6:46 46:32					
43	239	Anxo Tajuelo Ferrer	97	Independiente	18	1:51:54	-18		
	42(2)	41(1) 40(2) 39(2)	43(4)	44(2)	Meta				
	13:52	17:29 22:59 24:50 36:15	39:09	58:39 1:05:13 1:51:54					
	13:52	3:37 5:30 1:51 11:25	2:54	19:30 6:34 46:41					
	228	Pedro Rodriguez Maceiras	15	Independiente	0				D
	Meta								
	214	Javier Pombar Guillan	90	Independiente	0				D
	Meta								
	193	Cesar Modia Beltrán	05	Independiente					No
	143	Pablo Fernández Sánchez	02	Lugo Club Orientación Compás					No
	142	Manuel Fernandez Rodriguez	93	Independiente					No
	248	Jose Francisco Vazquez Ferreira	05	Independiente					No
	101	Ruben Acosta Lapuente	76	WWF					No
	128	Mario Cernadas Leis	73	Independiente					No
	119	Joel Carballeira Orjales	89	GES Mugarbos					No
	174	Adrián López López	05	Culleredo Gallaecia Raid					No
	144	Jose Manuel Fernandez Souto	72	Lugo Club Orientación Compás					No
	183	Jose Maria Mejuto Souto	75	Independiente					No

Corta MF (26)			17 C 32 Pts		1:30:00				
1	103	Daniela Albarran Oroza	09	Culleredo Gallaecia Raid	19	1:29:57			
	42(2)	41(1) 40(2) 39(2)	43(4)	44(2) 36(1)	Meta				
	8:51	11:32 14:32 16:57 26:15	27:57	44:41 49:44 1:23:39 1:29:57					
	8:51	2:41 3:00 2:25 9:18	1:42	16:44 5:03 33:55 6:18					
2	253	Estrella Lamela	08	Lugo Club Orientación Compás	19	1:30:00			
	42(2)	41(1) 39(2) 40(2)	43(4)	44(2) 36(1)	Meta				
	13:24	17:15 17:42 14:38 26:17	29:35	45:11 49:38 1:23:00 1:30:00					
	13:24	3:51 0:27 11:39	3:18	15:36 4:27 33:22 7:00					
3	230	Olivia Salgueiro González	13		14	1:01:14			
	39(2)	38(3) 40(2) 42(2)	44(2)	36(1)	Meta				
	0.00	0.00 0.00 0.00	0.00	24:28 1:01:14					
				24:28 36:46					
4	113	Cloe Barbeito Seoane	13		12	1:25:17			
	42(2)	41(1) 40(2) 39(2)	Meta						
	15:28	20:41 26:12 28:50 45:28	49:43	1:25:17					
	15:28	5:13 5:31 2:38 16:38	4:15	35:34					
5	107	Erea Álvarez Fandiño	19		12	1:26:57			
	42(2)	41(1) 40(2) 39(2)	Meta						
	16:57	22:57 29:28 34:21 50:10	55:48	1:26:57					
	16:57	6:00 6:31 4:53 15:49	5:38	31:09					

Pos	Dorsal	Nombre	AN	Club	Pts	Tiempo	Penal	Extra	Sc
Corta MF (26)			17 C 32 Pts		1:30:00 (cont.)				
1	103	Daniela Albarran Oroza	09	Culleredo Gallaecia Raid	19	1:29:57			
6	162	Martina González Martínez	19	Meta	12	1:27:01			
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)					
	16:49	22:46 29:36 34:33	50:07	55:38	1:27:01				
	16:49	5:57 6:50 4:57	15:34	5:31	31:23				
7	210	Inés Peña Álvarez	18	Culleredo Gallaecia Raid	12	1:29:04			
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)	Meta				
	17:19	23:08 29:55 34:29	50:44	56:02	1:29:04				
	17:19	5:49 6:47 4:34	16:15	5:18	33:02				
8	198	Aroa Nolasco García	11	Meta	12	1:29:57			
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)	Meta				
	18:37	24:27 32:09 35:40	53:40	1:00:40	1:29:57				
	18:37	5:50 7:42 3:31	18:00	7:00	29:17				
9	225	Irea Rodríguez Arias	18	Culleredo Gallaecia Raid	10	1:27:15			
	42(2)	41(1) 40(2) 38(3)	37(2)	Meta					
	17:06	23:03 29:46 50:47	56:10	1:27:15					
	17:06	5:57 6:43 21:01	5:23	31:05					
10	145	Alba Fernández Yáñez	17	Independiente	12	1:30:02	-12		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)	Meta				
	16:42	23:12 31:10 34:43	52:22	1:00:18	1:30:02				
	16:42	6:30 7:58 3:33	17:39	7:56	29:44				
11	199	Lidia Nolasco García	14	Meta	12	1:30:07	-12		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)	Meta				
	17:28	23:15 31:14 34:41	52:32	1:00:26	1:30:07				
	17:28	5:47 7:59 3:27	17:51	7:54	29:41				
12	218	Zoe Ramos Rayón	13	Culleredo Gallaecia Raid	18	1:31:00	-18		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)	43(4) 44(2) Meta				
	12:18	16:19 21:46 24:30	35:05	38:29	1:00:08 1:09:32 1:31:00				
	12:18	4:01 5:27 2:44	10:35	3:24	21:39 9:24 21:28				
13	171	Greta Lavía Martín	21	Meta	12	1:36:00	-12		
	42(2)	41(1) 39(2) 40(2)	38(3)	37(2)	Meta				
	17:56	24:01 31:58 35:30	53:26	1:00:54	1:36:00				
	17:56	6:05 7:57 3:32	17:56	7:28	35:06				
14	131	Aroa Cortes Lavandeira	09	SASA	8	1:37:44	-8		
	31(2)	32(2) 36(1) 34(1)	35(2)	Meta					
	15:05	34:50 48:05 1:05:19	1:16:43	1:37:44					
	15:05	19:45 13:15 17:14	11:24	21:01					
15	154	Arela García Sánchez	10		8	1:37:45	-8		
	31(2)	32(2) 36(1) 34(1)	35(2)	Meta					
	14:46	34:56 48:01 1:05:23	1:16:35	1:37:45					
	14:46	20:10 13:05 17:22	11:12	21:10					
16	132	Uxía Cortés Lavandeira	12	Acuatic Oleiros	8	1:39:54	-8		
	31(2)	32(2) 36(1) 34(1)	35(2)	Meta					
	15:13	35:03 47:53 1:05:28	1:16:47	1:39:54					
	15:13	19:50 12:50 17:35	11:19	23:07					
	138	Julia Del Pozo Gómez	14	WWF	0				D
		Meta							
	247	Valentina Vazquez Corredoira	16						No
	226	Uxía Rodríguez Arias	16	Culleredo Gallaecia Raid					No
	222	Estela Rivera Vazquez	09						No
	136	Sira Cubeiro Suárez	10	Culleredo Gallaecia Raid					No
	135	Délia Cubeiro Suárez	14	Culleredo Gallaecia Raid					No
	102	Antia Acosta Vieites	15	WWF					No
	220	Vera Ramos Santiago	18	Contécnicas Autoprotección					No
	205	Aroa Paz Pombo	09						No
	191	Daniela Modia Barral	14						No

Corta MM (23)			17 C 32 Pts		1:30:00							
1	223	Ivan Roca Dapena	08							19	1:23:34	
	31(2)	36(1) 33(1) 35(2)	34(1)	37(2)	38(3)	39(2)	40(2)	41(1)	42(2)	Meta		
	5:50	25:37 32:59 40:13	45:46	57:10	59:31	1:08:15	1:10:03	1:12:11	1:14:22	1:23:34		
	5:50	19:47 7:22 7:14	5:33	11:24	2:21	8:44	1:48	2:08	2:11	9:12		
2	197	Roi Mourón Varela	07	Tribu Trail	19	1:28:33						
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)	44(2)	46(2)	47(2)	34(1)	Meta			
	5:38	7:14 9:19 12:41	17:33	18:46	38:07	43:05	45:41	1:22:20	1:28:33			
	5:38	1:36 2:05 3:22	4:52	1:13	19:21	4:58	2:36	36:39	6:13			
3	231	Rodrigo Salgueiro González	14		14	1:01:14						
	33(1)	47(2) 41(1) 32(2)	31(2)	38(3)	37(2)	36(1)	Meta					
	0.00	0.00 0.00 0.00	0.00	0.00	0.00	24:40	1:01:14					
						24:40	36:34					
4	161	Bruno González Martínez	16	Meta	12	1:22:52						
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)	Meta							
	16:24	22:30 29:11 34:41	49:43	55:27	1:22:52							
	16:24	6:06 6:41 5:30	15:02	5:44	27:25							
5	211	Simón Peña Álvarez	16	Culleredo Gallaecia Raid	12	1:22:54						
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)	Meta							
	16:26	22:18 29:07 34:36	50:02	55:21	1:22:54							
	16:26	5:52 6:49 5:29	15:26	5:19	27:33							
6	108	Martín Álvarez Fandiño	16	Meta	12	1:23:24						
	42(2)	41(1) 40(2) 39(2)	38(3)	37(2)	Meta							
	16:04	22:23 28:55 34:16	49:27	55:08	1:23:24							
	16:04	6:19 6:32 5:21	15:11	5:41	28:16							

NOCTURNA BERGONDO VERSION 2										mi. 26/11/2025 23:57				
Parciales										Página 10				
Pos	Dorsal	Nombre						AN	Club	Pts	Tiempo	Penal	Extra	Sc
Corta MM (23)		17 C 32 Pts						1:30:00		(cont.)				
1	223	Ivan Roca Dapena						08		19	1:23:34			
7	213	Deo Piñeiro Pena						16		16	1:31:57	-16		
		37(2)	47(2)	46(2)	38(3)	39(2)	32(2)	31(2)	36(1)	Meta				
		0.00	0.00	0.00	0.00	0.00	0.00	0.00	47:27	1:31:57				
									47:27	44:30				
8	121	Roi Casal Lores						21		12	1:31:58	-12		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	Meta						
		18:13	23:42	31:38	35:23	53:02	1:00:49	1:31:58						
		18:13	5:29	7:56	3:45	17:39	7:47	31:09						
9	160	Martin Aschalew Gonzalez Losada						15 WWF		17	1:43:43	-17		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	Meta				
		10:03	14:25	20:12	22:37	33:20	37:22	59:23	1:24:13	1:43:43				
		10:03	4:22	5:47	2:25	10:43	4:02	22:01	24:50	19:30				
10	200	Amaro Otero Nuñez						15 WWF		17	1:43:47	-17		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	Meta				
		9:52	14:03	19:45	22:21	32:16	37:41	59:38	1:24:08	1:43:47				
		9:52	4:11	5:42	2:36	9:55	5:25	21:57	24:30	19:39				
11	124	Aaron Castro Lopez						14 WWF		17	1:43:50	-17		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	Meta				
		9:57	14:36	20:04	22:25	32:31	37:49	59:49	1:24:16	1:43:50				
		9:57	4:39	5:28	2:21	10:06	5:18	22:00	24:27	19:34				
12	125	Unai Castro Lopez						16 WWF		16	1:44:27	-16		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	Meta					
		10:10	14:30	19:54	22:32	32:48	37:01	59:59	1:44:27					
		10:10	4:20	5:24	2:38	10:16	4:13	22:58	44:28					
13	243	Roque Varela Fernández						13 A Coruña Brigantia Aventura		20	1:45:35	-20		
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	44(2)	46(2)	Meta			
		8:27	12:04	17:09	19:10	28:07	31:58	49:19	58:14	1:06:05	1:45:35			
		8:27	3:37	5:05	2:01	8:57	3:51	17:21	8:55	7:51	39:30			
	251	Breixo Viqueira Soto						15 WWF		17				D
		42(2)	41(1)	39(2)	40(2)	38(3)	37(2)	43(4)	34(1)	Meta				
		9:41	13:51	19:49	22:14	31:44	36:45	59:27	1:24:04					
		9:41	4:10	5:58	2:25	9:30	5:01	22:42	24:37					
	227	Pedro Rodriguez Maceiras						15						No
	246	Luca Vazquez Corredoira						20						No
	219	Martín Ramos Santiago						15 Contécnicas Autoprotección						No
	185	Mateo Mejuto Tarrío						12						No
	192	Pablo Modia Barral						19						No
	196	Hugo Mourón Varela						11 Tribu Trail						No
	153	Alén García Sánchez						08						No
	184	Hugo Mejuto Tarrío						10						No
	201	Moises Otero Nuñez						14 WWF						No