



| Pos                  | Clasificación | Nombre                                         | Tiempo          |                   | 1,5 km        |       | 10 m       |       | 9 C       |       | 3(78)     |       | 4(74)      |       | 5(76)      |       | 6(62)      |       | 7(79)      |  | 8(67) |  |
|----------------------|---------------|------------------------------------------------|-----------------|-------------------|---------------|-------|------------|-------|-----------|-------|-----------|-------|------------|-------|------------|-------|------------|-------|------------|--|-------|--|
| Iniciación Corta (9) |               |                                                | 1(71)<br>9(200) | 2(40)<br>0:00 (1) | 3(72)<br>Meta |       |            |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 1                    | 4731          | Rodríguez Seijo, Noa<br>Nigrán RAZA PALLEIRA   | 19:02           | 2:40              | 0:00 (1)      | 5:05  | 0:00 (1)   | 7:23  | +0:05 (2) | 9:53  | 0:00 (1)  | 12:04 | 0:00 (1)   | 14:02 | 0:00 (1)   | 15:52 | 0:00 (1)   | 18:26 | 0:00 (1)   |  |       |  |
|                      |               |                                                |                 | 2:40              | 0:00 (1)      | 2:25  | +0:20 (6)  | 2:18  | +1:01 (4) | 2:30  | +0:22 (2) | 2:11  | 0:00 (1)   | 1:58  | +1:14 (4)  | 1:50  | 0:00 (1)   | 2:34  | +0:43 (2)  |  |       |  |
|                      |               |                                                |                 | 18:51             | 0:00 (1)      | 19:02 | 0:00 (1)   |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:25              | 0:00 (1)      | 0:11  | 0:00 (1)   |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 2                    | 106           | Baña Cancela, Esperanza<br>Pontevedra AROMON   | 24:04           | 3:56              | +1:16 (4)     | 6:01  | +0:56 (2)  | 7:18  | 0:00 (1)  | 10:16 | +0:23 (2) | 17:41 | +5:37 (6)  | 18:25 | +4:23 (4)  | 20:25 | +4:33 (2)  | 22:16 | +3:50 (2)  |  |       |  |
|                      |               |                                                |                 | 3:56              | +1:16 (4)     | 2:05  | 0:00 (1)   | 1:17  | 0:00 (1)  | 2:58  | +0:50 (3) | 7:25  | +5:14 (7)  | 0:44  | 0:00 (1)   | 2:00  | +0:10 (2)  | 1:51  | 0:00 (1)   |  |       |  |
|                      |               |                                                |                 | 23:42             | +4:51 (2)     | 24:04 | +5:02 (2)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 1:26              | +1:01 (7)     | 0:22  | +0:11 (2)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 3                    | 111           | Nogueira Gómez, Xavi<br>Pontevedra AROMON      | 26:49           | 3:36              | +0:56 (3)     | 6:21  | +1:16 (4)  | 10:37 | +3:19 (8) | 13:52 | +3:59 (6) | 17:03 | +4:59 (5)  | 19:14 | +5:12 (6)  | 22:22 | +6:30 (4)  | 25:17 | +6:51 (4)  |  |       |  |
|                      |               |                                                |                 | 3:36              | +0:56 (3)     | 2:45  | +0:40 (8)  | 4:16  | +2:59 (9) | 3:15  | +1:07 (4) | 3:11  | +1:00 (3)  | 2:11  | +1:27 (6)  | 3:08  | +1:18 (5)  | 2:55  | +1:04 (3)  |  |       |  |
|                      |               |                                                |                 | 26:19             | +7:28 (3)     | 26:49 | +7:47 (3)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 1:02              | +0:37 (6)     | 0:30  | +0:19 (4)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 4                    | 103           | Freire Calvo, Diego<br>Pontevedra AROMON       | 27:25           | 3:30              | +0:50 (2)     | 6:02  | +0:57 (3)  | 8:51  | +1:33 (3) | 12:13 | +2:20 (4) | 15:28 | +3:24 (2)  | 17:13 | +3:11 (2)  | 22:22 | +6:30 (4)  | 25:28 | +7:02 (5)  |  |       |  |
|                      |               |                                                |                 | 3:30              | +0:50 (2)     | 2:32  | +0:27 (7)  | 2:49  | +1:32 (8) | 3:22  | +1:14 (6) | 3:15  | +1:04 (4)  | 1:45  | +1:01 (3)  | 5:09  | +3:19 (8)  | 3:06  | +1:15 (4)  |  |       |  |
|                      |               |                                                |                 | 26:22             | +7:31 (4)     | 27:25 | +8:23 (4)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:54              | +0:29 (5)     | 1:03  | +0:52 (9)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 5                    | 105           | Tirado Gómez, Antia<br>Pontevedra AROMON       | 27:27           | 4:33              | +1:53 (6)     | 6:44  | +1:39 (5)  | 9:21  | +2:03 (4) | 12:41 | +2:48 (5) | 16:02 | +3:58 (3)  | 18:17 | +4:15 (3)  | 21:52 | +6:00 (3)  | 25:12 | +6:46 (3)  |  |       |  |
|                      |               |                                                |                 | 4:33              | +1:53 (6)     | 2:11  | +0:06 (3)  | 2:37  | +1:20 (6) | 3:20  | +1:12 (5) | 3:21  | +1:10 (5)  | 2:15  | +1:31 (7)  | 3:35  | +1:45 (6)  | 3:20  | +1:29 (6)  |  |       |  |
|                      |               |                                                |                 | 27:03             | +8:12 (5)     | 27:27 | +8:25 (5)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 1:51              | +1:26 (8)     | 0:24  | +0:13 (3)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 6                    | 109           | Suarez Parada, Almudena<br>Pontevedra AROMON   | 28:10           | 6:11              | +3:31 (8)     | 8:35  | +3:30 (8)  | 10:22 | +3:04 (7) | 14:00 | +4:07 (7) | 16:56 | +4:52 (4)  | 18:25 | +4:23 (4)  | 23:27 | +7:35 (6)  | 27:09 | +8:43 (6)  |  |       |  |
|                      |               |                                                |                 | 6:11              | +3:31 (8)     | 2:24  | +0:19 (5)  | 1:47  | +0:30 (2) | 3:38  | +1:30 (7) | 2:56  | +0:45 (2)  | 1:29  | +0:45 (2)  | 5:02  | +3:12 (7)  | 3:42  | +1:51 (7)  |  |       |  |
|                      |               |                                                |                 | 27:34             | +8:43 (6)     | 28:10 | +9:08 (6)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:25              | 0:00 (1)      | 0:36  | +0:25 (6)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 7                    | 101           | Muñños Neira, Iago<br>Pontevedra AROMON        | 33:41           | 5:32              | +2:52 (7)     | 7:47  | +2:42 (7)  | 9:50  | +2:32 (6) | 17:42 | +7:49 (8) | 25:19 | +13:15 (8) | 27:25 | +13:23 (8) | 29:28 | +13:36 (8) | 32:36 | +14:10 (7) |  |       |  |
|                      |               |                                                |                 | 5:32              | +2:52 (7)     | 2:15  | +0:10 (4)  | 2:03  | +0:46 (3) | 7:52  | +5:44 (9) | 7:37  | +5:26 (8)  | 2:06  | +1:22 (5)  | 2:03  | +0:13 (3)  | 3:08  | +1:17 (5)  |  |       |  |
|                      |               |                                                |                 | 33:04             | +14:13 (7)    | 33:41 | +14:39 (7) |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:28              | +0:03 (3)     | 0:37  | +0:26 (7)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
| 8                    | 102           | Álvarez Santiago, Leticia<br>Pontevedra AROMON | 34:16           | 6:47              | +4:07 (9)     | 8:55  | +3:50 (9)  | 11:34 | +4:16 (9) | 18:54 | +9:01 (9) | 23:54 | +11:50 (7) | 26:09 | +12:07 (7) | 28:47 | +12:55 (7) | 32:52 | +14:26 (8) |  |       |  |
|                      |               |                                                |                 | 6:47              | +4:07 (9)     | 2:08  | +0:03 (2)  | 2:39  | +1:22 (7) | 7:20  | +5:12 (8) | 5:00  | +2:49 (6)  | 2:15  | +1:31 (7)  | 2:38  | +0:48 (4)  | 4:05  | +2:14 (8)  |  |       |  |
|                      |               |                                                |                 | 33:31             | +14:40 (8)    | 34:16 | +15:14 (8) |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:39              | +0:14 (4)     | 0:45  | +0:34 (8)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      | 110           | Seijas Rodríguez, Emma<br>Pontevedra AROMON    | en tarj.        | 4:07              | +1:27 (5)     | 7:11  | +2:06 (6)  | 9:34  | +2:16 (5) | 11:42 | +1:49 (3) | ----- |            | 16:16 |            | 21:08 |            | 23:22 |            |  |       |  |
|                      |               |                                                |                 | 4:07              | +1:27 (5)     | 3:04  | +0:59 (9)  | 2:23  | +1:06 (5) | 2:08  | 0:00 (1)  |       |            | 4:34  |            | 4:52  |            | 2:14  |            |  |       |  |
|                      |               |                                                |                 | 24:14             |               | 24:48 |            |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |
|                      |               |                                                |                 | 0:52              |               | 0:34  | +0:23 (5)  |       |           |       |           |       |            |       |            |       |            |       |            |  |       |  |

| Pos                   | Clasif | Nombre                                           | Tiempo |                                   |                                                       |                               |                                                      |                               |                                                      |                                |                                                      |               |                          |               |                          |               |                           |               |                           |  |
|-----------------------|--------|--------------------------------------------------|--------|-----------------------------------|-------------------------------------------------------|-------------------------------|------------------------------------------------------|-------------------------------|------------------------------------------------------|--------------------------------|------------------------------------------------------|---------------|--------------------------|---------------|--------------------------|---------------|---------------------------|---------------|---------------------------|--|
| Iniciación Longa (24) |        |                                                  |        |                                   | 2,0 km 10 m                                           |                               | 11 C                                                 |                               |                                                      |                                |                                                      |               |                          |               |                          |               |                           |               |                           |  |
|                       |        |                                                  |        |                                   | 1(71)<br>9(79)                                        |                               | 2(72)<br>10(67)                                      |                               | 3(78)<br>11(200)                                     |                                | 4(73)<br>Meta                                        |               | 5(74)                    |               | 6(75)                    |               | 7(76)                     |               | 8(62)                     |  |
| 1                     | 122    | Pavón Martínez, Nicolás<br>Pontevedra AROMON     | 12:47  | 1:20<br>0:00 (1)<br>10:53<br>1:00 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)          | 2:23<br>1:03<br>12:23<br>1:30 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>+0:04 (2)        | 3:28<br>1:05<br>12:34<br>0:11 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)         | 5:05<br>1:37<br>12:47<br>0:13  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)         | 6:52<br>1:47  | 0:00 (1)<br>0:00 (1)     | 8:01<br>1:09  | 0:00 (1)<br>0:00 (1)     | 9:10<br>1:09  | 0:00 (1)<br>0:00 (1)      | 9:53<br>0:43  | 0:00 (1)<br>0:00 (1)      |  |
| 2                     | 180    | Sotelo Costa, Rubén<br>Pontevedra AROMON         | 19:24  | 2:10<br>2:10<br>17:13<br>1:18     | +0:50 (2)<br>+0:50 (2)<br>+6:20 (4)<br>+0:18 (2)      | 3:37<br>1:27<br>18:44<br>1:31 | +1:14 (2)<br>+0:24 (4)<br>+6:21 (2)<br>+0:05 (3)     | 5:04<br>1:27<br>19:07<br>0:23 | +1:36 (2)<br>+0:22 (7)<br>+6:33 (2)<br>+0:12 (5)     | 7:18<br>2:14<br>19:24<br>0:17  | +2:13 (3)<br>+0:37 (4)<br>+6:37 (2)<br>+0:04 (2)     | 9:46<br>2:28  | +2:54 (3)<br>+0:41 (3)   | 11:20<br>1:34 | +3:19 (3)<br>+0:25 (3)   | 14:51<br>3:31 | +5:41 (4)<br>+2:22 (13)   | 15:55<br>1:04 | +6:02 (4)<br>+0:21 (9)    |  |
| 3                     | 135    | Freiria Castro, Jose Manuel<br>Pontevedra AROMON | 20:09  | 3:23<br>3:23<br>16:59<br>1:42     | +2:03 (9)<br>+2:03 (9)<br>+6:06 (3)<br>+0:42 (5)      | 4:50<br>1:27<br>19:18<br>2:19 | +2:27 (9)<br>+0:24 (4)<br>+6:55 (3)<br>+0:53 (6)     | 6:03<br>1:13<br>19:50<br>0:32 | +2:35 (7)<br>+0:08 (3)<br>+7:16 (3)<br>+0:21 (14)    | 8:11<br>2:08<br>20:09<br>0:19  | +3:06 (4)<br>+0:31 (2)<br>+7:22 (3)<br>+0:06 (7)     | 11:05<br>2:54 | +4:13 (4)<br>+1:07 (6)   | 12:40<br>1:35 | +4:39 (4)<br>+0:26 (4)   | 14:11<br>1:31 | +5:01 (3)<br>+0:22 (2)    | 15:17<br>1:06 | +5:24 (3)<br>+0:23 (10)   |  |
| 4                     | 120    | Moledo Sánchez, Leo<br>Pontevedra AROMON         | 20:25  | 2:19<br>2:19<br>16:57<br>2:35     | +0:59 (3)<br>+0:59 (3)<br>+6:04 (2)<br>+1:35 (12)     | 3:42<br>1:23<br>19:26<br>2:29 | +1:19 (3)<br>+0:20 (2)<br>+7:03 (4)<br>+1:03 (9)     | 5:07<br>1:25<br>20:03<br>0:37 | +1:39 (3)<br>+0:20 (6)<br>+7:29 (4)<br>+0:26 (18)    | 7:17<br>2:10<br>20:25<br>0:22  | +2:12 (2)<br>+0:33 (3)<br>+7:38 (4)<br>+0:09 (10)    | 9:34<br>2:17  | +2:42 (2)<br>+0:30 (2)   | 11:18<br>1:44 | +3:17 (2)<br>+0:35 (5)   | 13:34<br>2:16 | +4:24 (2)<br>+1:07 (4)    | 14:22<br>0:48 | +4:29 (2)<br>+0:05 (3)    |  |
| 5                     | 142    | Vázquez Carballude, Xoe<br>Pontevedra AROMON     | 21:43  | 2:34<br>2:34<br>19:13<br>2:49     | +1:14 (5)<br>+1:14 (5)<br>+8:20 (5)<br>+1:49 (15)     | 4:00<br>1:26<br>20:39<br>1:26 | +1:37 (4)<br>+0:23 (3)<br>+8:16 (5)<br>0:00 (1)      | 5:38<br>1:38<br>21:24<br>0:45 | +2:10 (4)<br>+0:33 (8)<br>+8:50 (5)<br>+0:34 (20)    | 8:44<br>3:06<br>21:43<br>0:19  | +3:39 (5)<br>+1:29 (7)<br>+8:56 (5)<br>+0:06 (7)     | 11:34<br>2:50 | +4:42 (5)<br>+1:03 (5)   | 12:54<br>1:20 | +4:53 (5)<br>+0:11 (2)   | 15:39<br>2:45 | +6:29 (5)<br>+1:36 (8)    | 16:24<br>0:45 | +6:31 (5)<br>+0:02 (2)    |  |
| 6                     | 125    | Moares Da Silva, Victor<br>Pontevedra AROMON     | 22:44  | 2:26<br>2:26<br>20:15<br>2:18     | +1:06 (4)<br>+1:06 (4)<br>+9:22 (8)<br>+1:18 (10)     | 4:04<br>1:38<br>21:59<br>1:44 | +1:41 (5)<br>+0:35 (8)<br>+9:36 (7)<br>+0:18 (5)     | 5:55<br>1:51<br>22:21<br>0:22 | +2:27 (5)<br>+0:46 (12)<br>+9:47 (7)<br>+0:11 (3)    | 9:41<br>3:46<br>22:44<br>0:23  | +4:36 (7)<br>+2:09 (13)<br>+9:57 (6)<br>+0:10 (11)   | 12:35<br>2:54 | +5:43 (7)<br>+1:07 (6)   | 14:35<br>2:00 | +6:34 (7)<br>+0:51 (7)   | 16:59<br>2:24 | +7:49 (7)<br>+1:15 (6)    | 17:57<br>0:58 | +8:04 (7)<br>+0:15 (6)    |  |
| 7                     | 113    | Lamoso Goyas, Valeria<br>Pontevedra AROMON       | 23:13  | 2:59<br>2:59<br>19:35<br>2:02     | +1:39 (8)<br>+1:39 (8)<br>+8:42 (6)<br>+1:02 (8)      | 4:43<br>1:44<br>21:09<br>1:34 | +2:20 (6)<br>+0:41 (10)<br>+8:46 (6)<br>+0:08 (4)    | 6:00<br>1:17<br>21:44<br>0:35 | +2:32 (6)<br>+0:12 (5)<br>+9:10 (6)<br>+0:24 (16)    | 9:15<br>3:15<br>23:13<br>1:29  | +4:10 (6)<br>+1:38 (8)<br>+10:26 (7)<br>+1:16 (23)   | 11:47<br>2:32 | +4:55 (6)<br>+0:45 (4)   | 14:03<br>2:16 | +6:02 (6)<br>+1:07 (10)  | 16:42<br>2:39 | +7:32 (6)<br>+1:30 (7)    | 17:33<br>0:51 | +7:40 (6)<br>+0:08 (4)    |  |
| 8                     | 121    | Pavón Martínez, Marta<br>Pontevedra AROMON       | 23:51  | 3:54<br>3:54<br>20:10<br>1:20     | +2:34 (11)<br>+2:34 (11)<br>+9:17 (7)<br>+0:20 (3)    | 5:34<br>1:40<br>23:19<br>3:09 | +3:11 (11)<br>+0:37 (9)<br>+10:56 (8)<br>+1:43 (13)  | 7:33<br>1:59<br>23:33<br>0:14 | +4:05 (12)<br>+0:54 (13)<br>+10:59 (8)<br>+0:03 (2)  | 10:20<br>2:47<br>23:51<br>0:18 | +5:15 (9)<br>+1:10 (6)<br>+11:04 (8)<br>+0:05 (5)    | 13:50<br>3:30 | +6:58 (9)<br>+1:43 (11)  | 15:56<br>2:06 | +7:55 (10)<br>+0:57 (8)  | 17:52<br>1:56 | +8:42 (8)<br>+0:47 (3)    | 18:50<br>0:58 | +8:57 (8)<br>+0:15 (6)    |  |
| 9                     | 136    | Gutiérrez Crespo, Mario<br>Pontevedra AROMON     | 26:14  | 2:55<br>2:55<br>23:03<br>1:54     | +1:35 (7)<br>+1:35 (7)<br>+12:10 (9)<br>+0:54 (6)     | 4:44<br>1:49<br>25:27<br>2:24 | +2:21 (7)<br>+0:46 (11)<br>+13:04 (9)<br>+0:58 (8)   | 6:23<br>1:39<br>25:57<br>0:30 | +2:55 (8)<br>+0:34 (9)<br>+13:23 (9)<br>+0:19 (12)   | 9:43<br>3:20<br>26:14<br>0:17  | +4:38 (8)<br>+1:43 (10)<br>+13:27 (9)<br>+0:04 (2)   | 13:04<br>3:21 | +6:12 (8)<br>+1:34 (9)   | 15:31<br>2:27 | +7:30 (8)<br>+1:18 (11)  | 19:39<br>4:08 | +10:29 (10)<br>+2:59 (20) | 21:09<br>1:30 | +11:16 (11)<br>+0:47 (11) |  |
| 10                    | 126    | Lopez Dominguez, Sara<br>Pontevedra AROMON       | 28:00  | 4:33<br>4:33<br>23:51<br>2:48     | +3:13 (15)<br>+3:13 (15)<br>+12:58 (10)<br>+1:48 (14) | 6:05<br>1:32<br>27:11<br>3:20 | +3:42 (12)<br>+0:29 (6)<br>+14:48 (10)<br>+1:54 (16) | 7:12<br>1:07<br>27:39<br>0:28 | +3:44 (10)<br>+0:02 (2)<br>+15:05 (10)<br>+0:17 (10) | 10:42<br>3:30<br>28:00<br>0:21 | +5:37 (10)<br>+1:53 (11)<br>+15:13 (10)<br>+0:08 (9) | 14:24<br>3:42 | +7:32 (11)<br>+1:55 (13) | 16:56<br>2:32 | +8:55 (11)<br>+1:23 (13) | 20:03<br>3:07 | +10:53 (11)<br>+1:58 (10) | 21:03<br>1:00 | +11:10 (10)<br>+0:17 (8)  |  |

| os                           | rsal | Nombre                                         | Tiempo |                                                                            |  |                                                                             |  |                                                                             |  |                                                                              |  |                                      |  |                                                       |  |                                      |  |                                      |  |
|------------------------------|------|------------------------------------------------|--------|----------------------------------------------------------------------------|--|-----------------------------------------------------------------------------|--|-----------------------------------------------------------------------------|--|------------------------------------------------------------------------------|--|--------------------------------------|--|-------------------------------------------------------|--|--------------------------------------|--|--------------------------------------|--|
| <i>Iniciación Longa (24)</i> |      |                                                |        | <i>2,0 km 10 m</i>                                                         |  | <i>11 C (cont.)</i>                                                         |  |                                                                             |  |                                                                              |  |                                      |  |                                                       |  |                                      |  |                                      |  |
|                              |      |                                                |        | 1(71)<br>9(79)                                                             |  | 2(72)<br>10(67)                                                             |  | 3(78)<br>11(200)                                                            |  | 4(73)<br>Meta                                                                |  | 5(74)                                |  | 6(75)                                                 |  | 7(76)                                |  | 8(62)                                |  |
| 11                           | 119  | García Rodríguez, Daniela<br>Pontevedra AROMON | 29:40  | 5:22 +4:02 (21)<br>5:22 +4:02 (21)<br>25:31 +14:38 (11)<br>5:31 +4:31 (21) |  | 6:57 +4:34 (15)<br>1:35 +0:32 (7)<br>28:52 +16:29 (11)<br>3:21 +1:55 (18)   |  | 8:10 +4:42 (13)<br>1:13 +0:08 (3)<br>29:14 +16:40 (11)<br>0:22 +0:11 (3)    |  | 10:51 +5:46 (12)<br>2:41 +1:04 (5)<br>29:40 +16:53 (11)<br>0:26 +0:13 (12)   |  | 13:56 +7:04 (10)<br>3:05 +1:18 (8)   |  | 15:40 +7:39 (9)<br>1:44 +0:35 (5)                     |  | 19:04 +9:54 (9)<br>3:24 +2:15 (12)   |  | 20:00 +10:07 (9)<br>0:56 +0:13 (5)   |  |
| 12                           | 112  | Barcala Mora, Víctor<br>Pontevedra AROMON      | 31:32  | 5:51 +4:31 (22)<br>5:51 +4:31 (22)<br>27:49 +16:56 (14)<br>1:25 +0:25 (4)  |  | 8:45 +6:22 (21)<br>2:54 +1:51 (21)<br>30:34 +18:11 (12)<br>2:45 +1:19 (10)  |  | 11:37 +8:09 (19)<br>2:52 +1:47 (17)<br>31:00 +18:26 (12)<br>0:26 +0:15 (8)  |  | 15:18 +10:13 (17)<br>3:41 +2:04 (12)<br>31:32 +18:45 (12)<br>0:32 +0:19 (15) |  | 18:49 +11:57 (15)<br>3:31 +1:44 (12) |  | 21:27 +13:26 (15)<br>2:38 +1:29 (14)                  |  | 24:18 +15:08 (15)<br>2:51 +1:42 (9)  |  | 26:24 +16:31 (15)<br>2:06 +1:23 (20) |  |
| 13                           | 129  | Otero Freijeiro, Xulia<br>Pontevedra AROMON    | 31:55  | 2:49 +1:29 (6)<br>2:49 +1:29 (6)<br>27:08 +16:15 (12)<br>2:51 +1:51 (17)   |  | 4:49 +2:26 (8)<br>2:00 +0:57 (13)<br>31:11 +18:48 (13)<br>4:03 +2:37 (21)   |  | 6:52 +3:24 (9)<br>2:03 +0:58 (15)<br>31:37 +19:03 (13)<br>0:26 +0:15 (8)    |  | 10:47 +5:42 (11)<br>3:55 +2:18 (15)<br>31:55 +19:08 (13)<br>0:18 +0:05 (5)   |  | 14:40 +7:48 (12)<br>3:53 +2:06 (14)  |  | 18:18 +10:17 (12)<br>3:38 +2:29 (21)                  |  | 22:30 +13:20 (12)<br>4:12 +3:03 (21) |  | 24:17 +14:24 (12)<br>1:47 +1:04 (15) |  |
| 14                           | 128  | Iglesias Sánchez, Iván<br>Pontevedra AROMON    | 32:39  | 3:39 +2:19 (10)<br>3:39 +2:19 (10)<br>27:45 +16:52 (13)<br>2:38 +1:38 (13) |  | 5:29 +3:06 (10)<br>1:50 +0:47 (12)<br>31:45 +19:22 (14)<br>4:00 +2:34 (20)  |  | 7:28 +4:00 (11)<br>1:59 +0:54 (13)<br>32:10 +19:36 (14)<br>0:25 +0:14 (7)   |  | 11:25 +6:20 (13)<br>3:57 +2:20 (16)<br>32:39 +19:52 (14)<br>0:29 +0:16 (14)  |  | 15:27 +8:35 (13)<br>4:02 +2:15 (15)  |  | 18:54 +10:53 (13)<br>3:27 +2:18 (19)<br>32:11<br>*200 |  | 23:13 +14:03 (13)<br>4:19 +3:10 (22) |  | 25:07 +15:14 (13)<br>1:54 +1:11 (17) |  |
| 15                           | 116  | Alonso Fontenla, Estela<br>Pontevedra AROMON   | 32:55  | 4:47 +3:27 (17)<br>4:47 +3:27 (17)<br>28:43 +17:50 (15)<br>2:09 +1:09 (9)  |  | 7:04 +4:41 (17)<br>2:17 +1:14 (15)<br>31:59 +19:36 (15)<br>3:16 +1:50 (15)  |  | 9:17 +5:49 (14)<br>2:13 +1:08 (16)<br>32:38 +20:04 (15)<br>0:39 +0:28 (19)  |  | 13:39 +8:34 (14)<br>4:22 +2:45 (18)<br>32:55 +20:08 (15)<br>0:17 +0:04 (2)   |  | 17:44 +10:52 (14)<br>4:05 +2:18 (16) |  | 21:21 +13:20 (14)<br>3:37 +2:28 (20)                  |  | 24:36 +15:26 (16)<br>3:15 +2:06 (11) |  | 26:34 +16:41 (16)<br>1:58 +1:15 (18) |  |
| 16                           | 141  | Rodríguez Baltasar, Zoe<br>Pontevedra AROMON   | 34:03  | 5:20 +4:00 (20)<br>5:20 +4:00 (20)<br>29:59 +19:06 (16)<br>2:01 +1:01 (7)  |  | 7:42 +5:19 (19)<br>2:22 +1:19 (16)<br>32:54 +20:31 (16)<br>2:55 +1:29 (11)  |  | 9:27 +5:59 (15)<br>1:45 +0:40 (10)<br>33:30 +20:56 (16)<br>0:36 +0:25 (17)  |  | 15:22 +10:17 (18)<br>5:55 +4:18 (22)<br>34:03 +21:16 (16)<br>0:33 +0:20 (16) |  | 19:37 +12:45 (18)<br>4:15 +2:28 (18) |  | 22:06 +14:05 (17)<br>2:29 +1:20 (12)                  |  | 25:47 +16:37 (17)<br>3:41 +2:32 (15) |  | 27:58 +18:05 (17)<br>2:11 +1:28 (21) |  |
| 17                           | 115  | Aguiar Hormías, Ana<br>Pontevedra AROMON       | 36:01  | 8:46 +7:26 (23)<br>8:46 +7:26 (23)<br>31:45 +20:52 (17)<br>6:15 +5:15 (22) |  | 10:48 +8:25 (22)<br>2:02 +0:59 (14)<br>35:05 +22:42 (17)<br>3:20 +1:54 (16) |  | 12:37 +9:09 (20)<br>1:49 +0:44 (11)<br>35:33 +22:59 (17)<br>0:28 +0:17 (10) |  | 15:53 +10:48 (20)<br>3:16 +1:39 (9)<br>36:01 +23:14 (17)<br>0:28 +0:15 (13)  |  | 19:20 +12:28 (17)<br>3:27 +1:40 (10) |  | 21:31 +13:30 (16)<br>2:11 +1:02 (9)                   |  | 23:47 +14:37 (14)<br>2:16 +1:07 (4)  |  | 25:30 +15:37 (14)<br>1:43 +1:00 (12) |  |
| 18                           | 131  | Anelo Alvarez, Álvaro<br>Pontevedra AROMON     | 36:42  | 4:15 +2:55 (14)<br>4:15 +2:55 (14)<br>33:17 +22:24 (19)<br>4:23 +3:23 (20) |  | 6:41 +4:18 (14)<br>2:26 +1:23 (17)<br>35:36 +23:13 (18)<br>2:19 +0:53 (6)   |  | 10:10 +6:42 (17)<br>3:29 +2:24 (19)<br>36:06 +23:32 (18)<br>0:30 +0:19 (12) |  | 14:22 +9:17 (15)<br>4:12 +2:35 (17)<br>36:42 +23:55 (18)<br>0:36 +0:23 (18)  |  | 19:58 +13:06 (19)<br>5:36 +3:49 (22) |  | 23:24 +15:23 (18)<br>3:26 +2:17 (18)                  |  | 27:09 +17:59 (18)<br>3:45 +2:36 (16) |  | 28:54 +19:01 (18)<br>1:45 +1:02 (13) |  |
| 19                           | 114  | Qin Qin, Xi<br>Pontevedra AROMON               | 37:50  | 4:44 +3:24 (16)<br>4:44 +3:24 (16)<br>33:41 +22:48 (20)<br>2:58 +1:58 (18) |  | 7:10 +4:47 (18)<br>2:26 +1:23 (17)<br>36:46 +24:23 (20)<br>3:05 +1:39 (12)  |  | 12:45 +9:17 (21)<br>5:35 +4:30 (22)<br>37:10 +24:36 (19)<br>0:24 +0:13 (6)  |  | 17:12 +12:07 (21)<br>4:27 +2:50 (19)<br>37:50 +25:03 (19)<br>0:40 +0:27 (19) |  | 21:35 +14:43 (20)<br>4:23 +2:36 (19) |  | 25:16 +17:15 (20)<br>3:41 +2:32 (22)                  |  | 28:52 +19:42 (20)<br>3:36 +2:27 (14) |  | 30:43 +20:50 (20)<br>1:51 +1:08 (16) |  |
| 20                           | 117  | Fontenla, Concepción<br>Pontevedra AROMON      | 38:03  | 4:07 +2:47 (13)<br>4:07 +2:47 (13)<br>32:01 +21:08 (18)<br>2:27 +1:27 (11) |  | 7:00 +4:37 (16)<br>2:53 +1:50 (20)<br>36:25 +24:02 (19)<br>4:24 +2:58 (22)  |  | 11:09 +7:41 (18)<br>4:09 +3:04 (20)<br>37:14 +24:40 (20)<br>0:49 +0:38 (22) |  | 15:03 +9:58 (16)<br>3:54 +2:17 (14)<br>38:03 +25:16 (20)<br>0:49 +0:36 (20)  |  | 19:16 +12:24 (16)<br>4:13 +2:26 (17) |  | 23:50 +15:49 (19)<br>4:34 +3:25 (23)                  |  | 27:49 +18:39 (19)<br>3:59 +2:50 (18) |  | 29:34 +19:41 (19)<br>1:45 +1:02 (13) |  |

| os                    | rsal | Nombre                                               | Tiempo   |                |                  |       |                  |         |                 |         |                  |       |               |       |             |       |             |       |             |
|-----------------------|------|------------------------------------------------------|----------|----------------|------------------|-------|------------------|---------|-----------------|---------|------------------|-------|---------------|-------|-------------|-------|-------------|-------|-------------|
| Iniciación Longa (24) |      |                                                      |          | 2,0 km 10 m    |                  | 11 C  |                  | (cont.) |                 |         |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 1(71)<br>9(79) | 2(72)<br>10(67)  |       | 3(78)<br>11(200) |         | 4(73)<br>Meta   |         | 5(74)            |       | 6(75)         |       | 7(76)       |       | 8(62)       |       |             |
| 21                    | 7354 | Seoane González, Gabriel<br>Culleredo GALLAECIA_RAID | 41:15    | 3:56           | +2:36 (12)       | 6:26  | +4:03 (13)       | 9:50    | +6:22 (16)      | 15:31   | +10:26 (19)      | 22:00 | +15:08 (21)   | 25:17 | +17:16 (21) | 29:10 | +20:00 (21) | 32:48 | +22:55 (21) |
|                       |      |                                                      |          | 3:56           | +2:36 (12)       | 2:30  | +1:27 (19)       | 3:24    | +2:19 (18)      | 5:41    | +4:04 (21)       | 6:29  | +4:42 (23)    | 3:17  | +2:08 (16)  | 3:53  | +2:44 (17)  | 3:38  | +2:55 (22)  |
|                       |      |                                                      |          | 36:02          | +25:09 (21)      | 39:32 | +27:09 (21)      | 40:19   | +27:45 (21)     | 41:15   | +28:28 (21)      |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 3:14           | +2:14 (19)       | 3:30  | +2:04 (19)       | 0:47    | +0:36 (21)      | 0:56    | +0:43 (22)       |       |               |       |             |       |             |       |             |
| 22                    | 144  | Calvo Senra, Mario<br>Pontevedra AROMON              | 47:49    | 13:17          | +11:57 (24)      | 16:32 | +14:09 (23)      | 21:25   | +17:57 (22)     | 26:56   | +21:51 (22)      | 31:23 | +24:31 (22)   | 34:40 | +26:39 (22) | 38:39 | +29:29 (22) | 40:37 | +30:44 (22) |
|                       |      |                                                      |          | 13:17          | +11:57 (24)      | 3:15  | +2:12 (23)       | 4:53    | +3:48 (21)      | 5:31    | +3:54 (20)       | 4:27  | +2:40 (20)    | 3:17  | +2:08 (16)  | 3:59  | +2:50 (18)  | 1:58  | +1:15 (18)  |
|                       |      |                                                      |          | 43:26          | +32:33 (22)      | 46:41 | +34:18 (22)      | 47:14   | +34:40 (22)     | 47:49   | +35:02 (22)      |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 2:49           | +1:49 (15)       | 3:15  | +1:49 (14)       | 0:33    | +0:22 (15)      | 0:35    | +0:22 (17)       |       |               |       |             |       |             |       |             |
|                       | 118  | Santos Beltrán, Ángela<br>Pontevedra AROMON          | en tarj. | 5:05           | +3:45 (19)       | ----- |                  | 11:26   | -----           |         | 17:02            | ----- |               | 21:49 | -----       |       |             |       |             |
|                       |      |                                                      |          | 5:05           | +3:45 (19)       | ----- |                  | 6:21    | -----           |         | 5:36             | ----- |               | 4:47  | -----       |       |             |       |             |
|                       |      |                                                      |          | -----          |                  | ----- |                  | 31:41   |                 |         | 2:25             |       | 2:58          |       |             |       |             |       |             |
|                       |      |                                                      |          | -----          |                  | 9:52  |                  |         | *65             |         | *77              |       |               |       |             |       |             |       |             |
|                       | 127  | Fernández Durán, Alan<br>Pontevedra AROMON           | andona   | 5:02           | +3:42 (18)       | 8:04  | +5:41 (20)       | 23:58   | +20:30 (23)     | 50:42   | +45:37 (23)      | 55:34 | +48:42 (23)   | 58:43 | +50:42 (23) | ----- | -----       |       |             |
|                       |      |                                                      |          | 5:02           | +3:42 (18)       | 3:02  | +1:59 (22)       | 15:54   | +14:49 (23)     | 26:44   | +25:07 (23)      | 4:52  | +3:05 (21)    | 3:09  | +2:00 (15)  |       |             |       |             |
|                       |      |                                                      |          | -----          |                  | ----- |                  | 1:02:57 |                 | 1:03:47 |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          |                |                  | 4:14  |                  | 0:50    | +0:37 (21)      |         |                  |       |               |       |             |       |             |       |             |
| Feminino 12 (2)       |      |                                                      |          | 2,0 km 10 m    |                  | 10 C  |                  |         |                 |         |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 1(57)<br>9(79) | 2(72)<br>10(200) |       | 3(78)<br>Meta    |         | 4(73)           |         | 5(74)            |       | 6(75)         |       | 7(76)       |       | 8(62)       |       |             |
| 1                     | 4253 | Varela Pérez, Noa<br>Nigrán RAZA_PALLEIRA            | 18:46    | 2:10           | +0:06 (2)        | 3:27  | 0:00 (1)         | 4:43    | 0:00 (1)        | 7:21    | 0:00 (1)         | 10:02 | 0:00 (1)      | 11:57 | 0:00 (1)    | 13:29 | 0:00 (1)    | 14:26 | 0:00 (1)    |
|                       |      |                                                      |          | 2:10           | +0:06 (2)        | 1:17  | 0:00 (1)         | 1:16    | 0:00 (1)        | 2:38    | 0:00 (1)         | 2:41  | 0:00 (1)      | 1:55  | 0:00 (1)    | 1:32  | 0:00 (1)    | 0:57  | +0:02 (2)   |
|                       |      |                                                      |          | 15:46          | 0:00 (1)         | 18:36 | 0:00 (1)         | 18:46   | 0:00 (1)        |         |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 1:20           | 0:00 (1)         | 2:50  | +1:23 (2)        | 0:10    | 0:00 (1)        |         |                  |       |               |       |             |       |             |       |             |
| 2                     | 4246 | Romero Armada, Inés<br>Pontevedra AROMON             | 22:04    | 2:04           | 0:00 (1)         | 3:37  | +0:10 (2)        | 5:01    | +0:18 (2)       | 10:20   | +2:59 (2)        | 13:01 | +2:59 (2)     | 16:06 | +4:09 (2)   | 17:50 | +4:21 (2)   | 18:45 | +4:19 (2)   |
|                       |      |                                                      |          | 2:04           | 0:00 (1)         | 1:33  | +0:16 (2)        | 1:24    | +0:08 (2)       | 5:19    | +2:41 (2)        | 2:41  | 0:00 (1)      | 3:05  | +1:10 (2)   | 1:44  | +0:12 (2)   | 0:55  | 0:00 (1)    |
|                       |      |                                                      |          | 20:20          | +4:34 (2)        | 21:47 | +3:11 (2)        | 22:04   | +3:18 (2)       |         |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 1:35           | +0:15 (2)        | 1:27  | 0:00 (1)         | 0:17    | +0:06 (2)       |         |                  |       |               |       |             |       |             |       |             |
| Feminino 14 (4)       |      |                                                      |          | 1,9 km 15 m    |                  | 13 C  |                  |         |                 |         |                  |       |               |       |             |       |             |       |             |
|                       |      |                                                      |          | 1(64)<br>9(41) | 2(31)<br>10(47)  |       | 3(53)<br>11(70)  |         | 4(61)<br>12(50) |         | 5(36)<br>13(200) |       | 6(56)<br>Meta |       | 7(57)       |       | 8(58)       |       |             |
| 1                     | 4241 | Rodríguez Díaz, Sira<br>Pontevedra AROMON            | 15:33    | 1:02           | 0:00 (1)         | 2:42  | 0:00 (1)         | 4:23    | 0:00 (1)        | 6:26    | 0:00 (1)         | 7:42  | 0:00 (1)      | 8:27  | 0:00 (1)    | 9:17  | 0:00 (1)    | 10:07 | 0:00 (1)    |
|                       |      |                                                      |          | 1:02           | 0:00 (1)         | 1:40  | 0:00 (1)         | 1:41    | 0:00 (1)        | 2:03    | 0:00 (1)         | 1:16  | 0:00 (1)      | 0:45  | 0:00 (1)    | 0:50  | 0:00 (1)    | 0:50  | 0:00 (1)    |
|                       |      |                                                      |          | 12:27          | 0:00 (1)         | 13:44 | 0:00 (1)         | 14:19   | 0:00 (1)        | 15:09   | 0:00 (1)         | 15:23 | 0:00 (1)      | 15:33 | 0:00 (1)    |       |             |       |             |
|                       |      |                                                      |          | 2:20           | +0:50 (2)        | 1:17  | 0:00 (1)         | 0:35    | 0:00 (1)        | 0:50    | 0:00 (1)         | 0:14  | 0:00 (1)      | 0:10  | 0:00 (1)    |       |             |       |             |

| Pos             | Rank | Nombre                                              | Tiempo |                |            |                 |            |                 |            |                 |            |                  |            |                 |            |                  |            |               |            |
|-----------------|------|-----------------------------------------------------|--------|----------------|------------|-----------------|------------|-----------------|------------|-----------------|------------|------------------|------------|-----------------|------------|------------------|------------|---------------|------------|
| Feminino 14 (4) |      |                                                     |        | 1,9 km 15 m    |            | 13 C            |            | (cont.)         |            |                 |            |                  |            |                 |            |                  |            |               |            |
|                 |      |                                                     |        | 1(64)<br>9(41) |            | 2(31)<br>10(47) |            | 3(53)<br>11(70) |            | 4(61)<br>12(50) |            | 5(36)<br>13(200) |            | 6(56)<br>Meta   |            | 7(57)            |            | 8(58)         |            |
| 2               | 4354 | Albarran Oroza, Noa<br>Culleredo GALLAECIA_RAID     | 20:33  | 1:25           | +0:23 (2)  | 4:18            | +1:36 (2)  | 6:26            | +2:03 (2)  | 10:26           | +4:00 (2)  | 12:07            | +4:25 (2)  | 13:03           | +4:36 (2)  | 14:09            | +4:52 (2)  | 15:05         | +4:58 (2)  |
|                 |      |                                                     |        | 1:25           | +0:23 (2)  | 2:53            | +1:13 (2)  | 2:08            | +0:27 (2)  | 4:00            | +1:57 (4)  | 1:41             | +0:25 (2)  | 0:56            | +0:11 (3)  | 1:06             | +0:16 (2)  | 0:56          | +0:06 (2)  |
|                 |      |                                                     |        | 16:35          | +4:08 (2)  | 18:11           | +4:27 (2)  | 18:52           | +4:33 (2)  | 20:05           | +4:56 (2)  | 20:21            | +4:58 (2)  | 20:33           | +5:00 (2)  |                  |            |               |            |
|                 |      |                                                     |        | 1:30           | 0:00 (1)   | 1:36            | +0:19 (2)  | 0:41            | +0:06 (2)  | 1:13            | +0:23 (3)  | 0:16             | +0:02 (3)  | 0:12            | +0:01 (2)  |                  |            |               |            |
| 3               | 4291 | Sevilla Poncela, Elba<br>A Coruña ARTABROS          | 25:18  | 1:52           | +0:50 (3)  | 6:50            | +4:08 (4)  | 9:13            | +4:50 (3)  | 12:05           | +5:39 (3)  | 14:00            | +6:18 (3)  | 14:58           | +6:31 (3)  | 16:27            | +7:10 (3)  | 17:32         | +7:25 (3)  |
|                 |      |                                                     |        | 1:52           | +0:50 (3)  | 4:58            | +3:18 (4)  | 2:23            | +0:42 (3)  | 2:52            | +0:49 (2)  | 1:55             | +0:39 (3)  | 0:58            | +0:13 (4)  | 1:29             | +0:39 (4)  | 1:05          | +0:15 (3)  |
|                 |      |                                                     |        | 21:15          | +8:48 (3)  | 22:54           | +9:10 (3)  | 23:43           | +9:24 (3)  | 24:47           | +9:38 (3)  | 25:02            | +9:39 (3)  | 25:18           | +9:45 (3)  |                  |            |               |            |
|                 |      |                                                     |        | 3:43           | +2:13 (3)  | 1:39            | +0:22 (3)  | 0:49            | +0:14 (3)  | 1:04            | +0:14 (2)  | 0:15             | +0:01 (2)  | 0:16            | +0:05 (4)  |                  |            |               |            |
| 4               | 4396 | García Castro, Sara<br>Culleredo GALLAECIA_RAID     | 33:07  | 2:24           | +1:22 (4)  | 5:24            | +2:42 (3)  | 9:50            | +5:27 (4)  | 13:39           | +7:13 (4)  | 16:31            | +8:49 (4)  | 17:23           | +8:56 (4)  | 18:44            | +9:27 (4)  | 19:52         | +9:45 (4)  |
|                 |      |                                                     |        | 2:24           | +1:22 (4)  | 3:00            | +1:20 (3)  | 4:26            | +2:45 (4)  | 3:49            | +1:46 (3)  | 2:52             | +1:36 (4)  | 0:52            | +0:07 (2)  | 1:21             | +0:31 (3)  | 1:08          | +0:18 (4)  |
|                 |      |                                                     |        | 24:49          | +12:22 (4) | 27:03           | +13:19 (4) | 30:41           | +16:22 (4) | 32:18           | +17:09 (4) | 32:54            | +17:31 (4) | 33:07           | +17:34 (4) |                  |            |               |            |
|                 |      |                                                     |        | 4:57           | +3:27 (4)  | 2:14            | +0:57 (4)  | 3:38            | +3:03 (4)  | 1:37            | +0:47 (4)  | 0:36             | +0:22 (4)  | 0:13            | +0:02 (3)  |                  |            |               |            |
| Feminino 16 (4) |      |                                                     |        | 2,3 km 15 m    |            | 15 C            |            |                 |            |                 |            |                  |            |                 |            |                  |            |               |            |
|                 |      |                                                     |        | 1(52)<br>9(57) |            | 2(60)<br>10(58) |            | 3(55)<br>11(59) |            | 4(54)<br>12(69) |            | 5(53)<br>13(70)  |            | 6(61)<br>14(50) |            | 7(36)<br>15(200) |            | 8(56)<br>Meta |            |
| 1               | 4353 | Albarran Oroza, Jana<br>Culleredo GALLAECIA_RAID    | 18:55  | 1:01           | 0:00 (1)   | 3:57            | +0:07 (2)  | 5:49            | 0:00 (1)   | 6:40            | 0:00 (1)   | 7:28             | 0:00 (1)   | 9:34            | 0:00 (1)   | 11:00            | 0:00 (1)   | 11:58         | 0:00 (1)   |
|                 |      |                                                     |        | 1:01           | 0:00 (1)   | 2:56            | +0:09 (2)  | 1:52            | 0:00 (1)   | 0:51            | +0:32 (4)  | 0:48             | 0:00 (1)   | 2:06            | 0:00 (1)   | 1:26             | 0:00 (1)   | 0:58          | +0:09 (3)  |
|                 |      |                                                     |        | 12:53          | 0:00 (1)   | 13:41           | 0:00 (1)   | 14:56           | 0:00 (1)   | 16:59           | 0:00 (1)   | 17:46            | 0:00 (1)   | 18:28           | 0:00 (1)   | 18:44            | 0:00 (1)   | 18:55         | 0:00 (1)   |
|                 |      |                                                     |        | 0:55           | +0:01 (2)  | 0:48            | 0:00 (1)   | 1:15            | 0:00 (1)   | 2:03            | 0:00 (1)   | 0:47             | +0:03 (2)  | 0:42            | 0:00 (1)   | 0:16             | 0:00 (1)   | 0:11          | +0:01 (2)  |
| 2               | 4356 | Albarran Oroza, Daniela<br>Culleredo GALLAECIA_RAID | 21:07  | 1:20           | +0:19 (3)  | 4:30            | +0:40 (3)  | 6:58            | +1:09 (2)  | 7:17            | +0:37 (2)  | 8:10             | +0:42 (2)  | 10:41           | +1:07 (2)  | 12:18            | +1:18 (3)  | 13:07         | +1:09 (2)  |
|                 |      |                                                     |        | 1:20           | +0:19 (3)  | 3:10            | +0:23 (3)  | 2:28            | +0:36 (2)  | 0:19            | 0:00 (1)   | 0:53             | +0:05 (2)  | 2:31            | +0:25 (3)  | 1:37             | +0:11 (3)  | 0:49          | 0:00 (1)   |
|                 |      |                                                     |        | 14:01          | +1:08 (2)  | 14:50           | +1:09 (2)  | 16:21           | +1:25 (2)  | 19:01           | +2:02 (2)  | 19:45            | +1:59 (2)  | 20:41           | +2:13 (2)  | 20:57            | +2:13 (2)  | 21:07         | +2:12 (2)  |
|                 |      |                                                     |        | 0:54           | 0:00 (1)   | 0:49            | +0:01 (2)  | 1:31            | +0:16 (2)  | 2:40            | +0:37 (3)  | 0:44             | 0:00 (1)   | 0:56            | +0:14 (3)  | 0:16             | 0:00 (1)   | 0:10          | 0:00 (1)   |
| 3               | 4799 | García Díaz, Andrea<br>LUGO COMPÁS                  | 21:39  | 1:03           | +0:02 (2)  | 3:50            | 0:00 (1)   | 7:03            | +1:14 (3)  | 7:29            | +0:49 (3)  | 8:28             | +1:00 (3)  | 10:45           | +1:11 (3)  | 12:15            | +1:15 (2)  | 13:09         | +1:11 (3)  |
|                 |      |                                                     |        | 1:03           | +0:02 (2)  | 2:47            | 0:00 (1)   | 3:13            | +1:21 (3)  | 0:26            | +0:07 (2)  | 0:59             | +0:11 (3)  | 2:17            | +0:11 (2)  | 1:30             | +0:04 (2)  | 0:54          | +0:05 (2)  |
|                 |      |                                                     |        | 14:15          | +1:22 (3)  | 15:14           | +1:33 (3)  | 16:51           | +1:55 (3)  | 19:24           | +2:25 (3)  | 20:17            | +2:31 (3)  | 21:04           | +2:36 (3)  | 21:24            | +2:40 (3)  | 21:39         | +2:44 (3)  |
|                 |      |                                                     |        | 1:06           | +0:12 (3)  | 0:59            | +0:11 (3)  | 1:37            | +0:22 (3)  | 2:33            | +0:30 (2)  | 0:53             | +0:09 (3)  | 0:47            | +0:05 (2)  | 0:20             | +0:04 (3)  | 0:15          | +0:05 (4)  |
| 4               | 4518 | Aller Pflirter, Martina<br>Barco de Valdeor OURO    | 43:29  | 1:35           | +0:34 (4)  | 6:16            | +2:26 (4)  | 10:41           | +4:52 (4)  | 11:17           | +4:37 (4)  | 14:08            | +6:40 (4)  | 18:52           | +9:18 (4)  | 22:20            | +11:20 (4) | 23:54         | +11:56 (4) |
|                 |      |                                                     |        | 1:35           | +0:34 (4)  | 4:41            | +1:54 (4)  | 4:25            | +2:33 (4)  | 0:36            | +0:17 (3)  | 2:51             | +2:03 (4)  | 4:44            | +2:38 (4)  | 3:28             | +2:02 (4)  | 1:34          | +0:45 (4)  |
|                 |      |                                                     |        | 27:43          | +14:50 (4) | 29:02           | +15:21 (4) | 35:10           | +20:14 (4) | 39:16           | +22:17 (4) | 41:12            | +23:26 (4) | 42:55           | +24:27 (4) | 43:17            | +24:33 (4) | 43:29         | +24:34 (4) |
|                 |      |                                                     |        | 3:49           | +2:55 (4)  | 1:19            | +0:31 (4)  | 6:08            | +4:53 (4)  | 4:06            | +2:03 (4)  | 1:56             | +1:12 (4)  | 1:43            | +1:01 (4)  | 0:22             | +0:06 (4)  | 0:12          | +0:01 (3)  |



| Pos                 | Clas | Nombre                                           | Tiempo |       |             |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|---------------------|------|--------------------------------------------------|--------|-------|-------------|--------|-----------|-------|-----------|-------|-----------|-------|------------|-------|------------|-------|------------|-------|------------|--|--|--|
| Femenino 18 (3)     |      |                                                  |        |       | 2,4 km 20 m |        | 16 C      |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        |       | 1(52)       | 2(53)  | 3(54)     |       | 4(55)     |       | 5(60)     |       | 6(36)      |       | 7(56)      |       | 8(58)      |       |            |  |  |  |
|                     |      |                                                  |        |       | 9(57)       | 10(59) | 11(41)    |       | 12(38)    |       | 13(47)    |       | 14(45)     |       | 15(50)     |       | 16(200)    |       |            |  |  |  |
|                     |      |                                                  |        |       | Meta        |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
| 1                   | 4479 | Somoza Seoane, Carla<br>Culleredo GALLAECIA_RAID | 20:24  | 1:06  | 0:00 (1)    | 4:09   | 0:00 (1)  | 4:58  | 0:00 (1)  | 5:23  | 0:00 (1)  | 7:36  | 0:00 (1)   | 9:32  | 0:00 (1)   | 10:21 | 0:00 (1)   | 11:04 | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 1:06  | 0:00 (1)    | 3:03   | 0:00 (1)  | 0:49  | 0:00 (1)  | 0:25  | +0:04 (2) | 2:13  | 0:00 (1)   | 1:56  | 0:00 (1)   | 0:49  | 0:00 (1)   | 0:43  | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 11:55 | 0:00 (1)    | 13:38  | 0:00 (1)  | 15:32 | 0:00 (1)  | 16:51 | 0:00 (1)  | 18:09 | 0:00 (1)   | 18:39 | 0:00 (1)   | 19:58 | 0:00 (1)   | 20:14 | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 0:51  | 0:00 (1)    | 1:43   | 0:00 (1)  | 1:54  | 0:00 (1)  | 1:19  | 0:00 (1)  | 1:18  | 0:00 (1)   | 0:30  | 0:00 (1)   | 1:19  | 0:00 (1)   | 0:16  | +0:01 (2)  |  |  |  |
|                     |      |                                                  |        | 20:24 | 0:00 (1)    |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
| 2                   | 4805 | Lamela Belver, Estrella<br>LUGO COMPÁS           | 29:23  | 0:10  | +0:00 (2)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 1:11  | +0:05 (2)   | 4:56   | +0:47 (2) | 5:55  | +0:57 (2) | 6:16  | +0:53 (2) | 9:30  | +1:54 (2)  | 13:42 | +4:10 (3)  | 14:38 | +4:17 (2)  | 15:39 | +4:35 (2)  |  |  |  |
|                     |      |                                                  |        | 1:11  | +0:05 (2)   | 3:45   | +0:42 (2) | 0:59  | +0:10 (2) | 0:21  | 0:00 (1)  | 3:14  | +1:01 (3)  | 4:12  | +2:16 (3)  | 0:56  | +0:07 (2)  | 1:01  | +0:18 (3)  |  |  |  |
|                     |      |                                                  |        | 16:51 | +4:56 (2)   | 20:55  | +7:17 (2) | 23:18 | +7:46 (2) | 24:59 | +8:08 (2) | 26:29 | +8:20 (2)  | 26:59 | +8:20 (2)  | 28:57 | +8:59 (2)  | 29:12 | +8:58 (2)  |  |  |  |
|                     |      |                                                  |        | 1:12  | +0:21 (2)   | 4:04   | +2:21 (2) | 2:23  | +0:29 (2) | 1:41  | +0:22 (3) | 1:30  | +0:12 (2)  | 0:30  | 0:00 (1)   | 1:58  | +0:39 (2)  | 0:15  | 0:00 (1)   |  |  |  |
| 3                   | 4826 | Domínguez Rodas, Aixa<br>Nigrán RAZA PALLEIRA    | 31:17  | 29:23 | +8:59 (2)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 0:11  | +0:00 (3)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 1:28  | +0:22 (3)   | 5:16   | +1:07 (3) | 7:12  | +2:14 (3) | 8:05  | +2:42 (3) | 10:37 | +3:01 (3)  | 13:30 | +3:58 (2)  | 14:57 | +4:36 (3)  | 15:45 | +4:41 (3)  |  |  |  |
|                     |      |                                                  |        | 1:28  | +0:22 (3)   | 3:48   | +0:45 (3) | 1:56  | +1:07 (3) | 0:53  | +0:32 (3) | 2:32  | +0:19 (2)  | 2:53  | +0:57 (2)  | 1:27  | +0:38 (3)  | 0:48  | +0:05 (2)  |  |  |  |
|                     |      |                                                  |        | 17:00 | +5:05 (3)   | 22:41  | +9:03 (3) | 25:20 | +9:48 (3) | 26:40 | +9:49 (3) | 28:15 | +10:06 (3) | 28:46 | +10:07 (3) | 30:47 | +10:49 (3) | 31:07 | +10:53 (3) |  |  |  |
|                     |      |                                                  |        | 1:15  | +0:24 (3)   | 5:41   | +3:58 (3) | 2:39  | +0:45 (3) | 1:20  | +0:01 (2) | 1:35  | +0:17 (3)  | 0:31  | +0:01 (3)  | 2:01  | +0:42 (3)  | 0:20  | +0:05 (3)  |  |  |  |
|                     |      |                                                  |        | 31:17 | +10:53 (3)  |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 0:10  | 0:00 (1)    |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
| Femenino Senior (4) |      |                                                  |        |       | 2,8 km 20 m |        | 16 C      |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        |       | 1(80)       | 2(39)  | 3(32)     |       | 4(33)     |       | 5(48)     |       | 6(43)      |       | 7(37)      |       | 8(38)      |       |            |  |  |  |
|                     |      |                                                  |        |       | 9(49)       | 10(72) | 11(35)    |       | 12(40)    |       | 13(44)    |       | 14(45)     |       | 15(46)     |       | 16(200)    |       |            |  |  |  |
|                     |      |                                                  |        |       | Meta        |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
| 1                   | 4281 | Piñeiro Varela, María<br>A Coruña ARTABROS       | 21:44  | 0:54  | 0:00 (1)    | 2:18   | +0:07 (2) | 5:03  | 0:00 (1)  | 5:23  | 0:00 (1)  | 5:54  | 0:00 (1)   | 7:55  | 0:00 (1)   | 9:33  | 0:00 (1)   | 11:00 | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 0:54  | 0:00 (1)    | 1:24   | +0:18 (3) | 2:45  | 0:00 (1)  | 0:20  | 0:00 (1)  | 0:31  | 0:00 (1)   | 2:01  | 0:00 (1)   | 1:38  | 0:00 (1)   | 1:27  | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 13:15 | 0:00 (1)    | 14:24  | 0:00 (1)  | 15:01 | 0:00 (1)  | 16:21 | 0:00 (1)  | 18:49 | 0:00 (1)   | 19:23 | 0:00 (1)   | 20:02 | 0:00 (1)   | 21:33 | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 2:15  | 0:00 (1)    | 1:09   | 0:00 (1)  | 0:37  | 0:00 (1)  | 1:20  | 0:00 (1)  | 2:28  | 0:00 (1)   | 0:34  | 0:00 (1)   | 0:39  | 0:00 (1)   | 1:31  | +0:02 (3)  |  |  |  |
|                     |      |                                                  |        | 21:44 | 0:00 (1)    |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
| 2                   | 4589 | Oujo Míguez, Nuria<br>Porto do Son ADC_ARNELA    | 25:34  | 0:11  | 0:00 (1)    |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 1:04  | +0:10 (2)   | 2:22   | +0:11 (3) | 5:34  | +0:31 (3) | 5:56  | +0:33 (2) | 6:32  | +0:38 (2)  | 8:36  | +0:41 (2)  | 10:37 | +1:04 (2)  | 13:04 | +2:04 (2)  |  |  |  |
|                     |      |                                                  |        | 1:04  | +0:10 (2)   | 1:18   | +0:12 (2) | 3:12  | +0:27 (3) | 0:22  | +0:02 (2) | 0:36  | +0:05 (2)  | 2:04  | +0:03 (2)  | 2:01  | +0:23 (2)  | 2:27  | +1:00 (4)  |  |  |  |
|                     |      |                                                  |        | 15:28 | +2:13 (2)   | 16:43  | +2:19 (2) | 17:24 | +2:23 (2) | 18:56 | +2:35 (2) | 21:47 | +2:58 (2)  | 23:00 | +3:37 (2)  | 23:51 | +3:49 (2)  | 25:21 | +3:48 (2)  |  |  |  |
|                     |      |                                                  |        | 2:24  | +0:09 (2)   | 1:15   | +0:06 (2) | 0:41  | +0:04 (2) | 1:32  | +0:12 (2) | 2:51  | +0:23 (3)  | 1:13  | +0:39 (3)  | 0:51  | +0:12 (3)  | 1:30  | +0:01 (2)  |  |  |  |
| 3                   | 4317 | Nogueras Porto, Sara<br>Betanzos OP BETANZOS     | 26:27  | 25:34 | +3:50 (2)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 0:13  | +0:02 (3)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 1:05  | +0:11 (3)   | 2:11   | 0:00 (1)  | 5:21  | +0:18 (2) | 6:22  | +0:59 (3) | 7:24  | +1:30 (3)  | 9:55  | +2:00 (3)  | 12:08 | +2:35 (3)  | 13:58 | +2:58 (3)  |  |  |  |
|                     |      |                                                  |        | 1:05  | +0:11 (3)   | 1:06   | 0:00 (1)  | 3:10  | +0:25 (2) | 1:01  | +0:41 (4) | 1:02  | +0:31 (4)  | 2:31  | +0:30 (4)  | 2:13  | +0:35 (3)  | 1:50  | +0:23 (2)  |  |  |  |
|                     |      |                                                  |        | 16:59 | +3:44 (3)   | 18:17  | +3:53 (3) | 19:01 | +4:00 (3) | 20:35 | +4:14 (3) | 23:15 | +4:26 (3)  | 24:00 | +4:37 (3)  | 24:46 | +4:44 (3)  | 26:15 | +4:42 (3)  |  |  |  |
|                     |      |                                                  |        | 3:01  | +0:46 (4)   | 1:18   | +0:09 (3) | 0:44  | +0:07 (3) | 1:34  | +0:14 (3) | 2:40  | +0:12 (2)  | 0:45  | +0:11 (2)  | 0:46  | +0:07 (2)  | 1:29  | 0:00 (1)   |  |  |  |
|                     |      |                                                  |        | 26:27 | +4:43 (3)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |
|                     |      |                                                  |        | 0:12  | +0:01 (2)   |        |           |       |           |       |           |       |            |       |            |       |            |       |            |  |  |  |



| Pos                 | Clasificación | Nombre                                               | Tiempo      |       |           |       |           |       |           |       |           |       |            |       |            |       |            |       |            |
|---------------------|---------------|------------------------------------------------------|-------------|-------|-----------|-------|-----------|-------|-----------|-------|-----------|-------|------------|-------|------------|-------|------------|-------|------------|
| Feminino Senior (4) |               |                                                      | 2,8 km 20 m |       |           |       | 16 C      |       |           |       | (cont.)   |       |            |       |            |       |            |       |            |
|                     |               |                                                      | 1(80)       |       | 2(39)     |       | 3(32)     |       | 4(33)     |       | 5(48)     |       | 6(43)      |       | 7(37)      |       | 8(38)      |       |            |
|                     |               |                                                      | 9(49)       |       | 10(72)    |       | 11(35)    |       | 12(40)    |       | 13(44)    |       | 14(45)     |       | 15(46)     |       | 16(200)    |       |            |
|                     |               |                                                      | Meta        |       |           |       |           |       |           |       |           |       |            |       |            |       |            |       |            |
| 4                   | 4436          | Naya Mancebo, Paula<br>Culleredo GALLAECIA_RAID      | 30:59       | 1:17  | +0:23 (4) | 2:42  | +0:31 (4) | 6:23  | +1:20 (4) | 6:49  | +1:26 (4) | 7:27  | +1:33 (4)  | 9:55  | +2:00 (3)  | 14:00 | +4:27 (4)  | 15:55 | +4:55 (4)  |
|                     |               |                                                      |             | 1:17  | +0:23 (4) | 1:25  | +0:19 (4) | 3:41  | +0:56 (4) | 0:26  | +0:06 (3) | 0:38  | +0:07 (3)  | 2:28  | +0:27 (3)  | 4:05  | +2:27 (4)  | 1:55  | +0:28 (3)  |
|                     |               |                                                      |             | 18:54 | +5:39 (4) | 20:17 | +5:53 (4) | 21:16 | +6:15 (4) | 23:14 | +6:53 (4) | 26:12 | +7:23 (4)  | 27:32 | +8:09 (4)  | 28:33 | +8:31 (4)  | 30:44 | +9:11 (4)  |
|                     |               |                                                      |             | 2:59  | +0:44 (3) | 1:23  | +0:14 (4) | 0:59  | +0:22 (4) | 1:58  | +0:38 (4) | 2:58  | +0:30 (4)  | 1:20  | +0:46 (4)  | 1:01  | +0:22 (4)  | 2:11  | +0:42 (4)  |
|                     |               |                                                      |             | 30:59 | +9:15 (4) |       |           | 12:58 |           | 30:23 |           |       |            |       |            |       |            |       |            |
|                     |               |                                                      |             | 0:15  | +0:03 (4) |       |           | *60   |           | *50   |           |       |            |       |            |       |            |       |            |
| Feminino 35 (10)    |               |                                                      | 2,6 km 20 m |       |           |       | 15 C      |       |           |       |           |       |            |       |            |       |            |       |            |
|                     |               |                                                      | 1(65)       |       | 2(39)     |       | 3(33)     |       | 4(48)     |       | 5(43)     |       | 6(37)      |       | 7(38)      |       | 8(31)      |       |            |
|                     |               |                                                      | 9(40)       |       | 10(41)    |       | 11(44)    |       | 12(45)    |       | 13(47)    |       | 14(46)     |       | 15(200)    |       | Meta       |       |            |
| 1                   | 4472          | Seoane Rodríguez, Silvia<br>Culleredo GALLAECIA_RAID | 23:17       | 0:45  | +0:03 (3) | 2:05  | 0:00 (1)  | 5:14  | +0:10 (2) | 5:50  | +0:09 (2) | 8:53  | +1:06 (2)  | 11:16 | +1:25 (2)  | 12:56 | +1:29 (2)  | 15:41 | 0:00 (1)   |
|                     |               |                                                      |             | 0:45  | +0:03 (3) | 1:20  | 0:00 (1)  | 3:09  | +0:12 (2) | 0:36  | +0:02 (2) | 3:03  | +0:57 (6)  | 2:23  | +0:23 (4)  | 1:40  | +0:06 (3)  | 2:45  | 0:00 (1)   |
|                     |               |                                                      |             | 16:49 | 0:00 (1)  | 18:12 | 0:00 (1)  | 19:55 | 0:00 (1)  | 20:35 | 0:00 (1)  | 21:09 | 0:00 (1)   | 21:42 | 0:00 (1)   | 23:06 | 0:00 (1)   | 23:17 | 0:00 (1)   |
|                     |               |                                                      |             | 1:08  | 0:00 (1)  | 1:23  | +0:15 (5) | 1:43  | +0:07 (4) | 0:40  | +0:03 (2) | 0:34  | +0:04 (3)  | 0:33  | +0:01 (2)  | 1:24  | 0:00 (1)   | 0:11  | 0:00 (1)   |
| 2                   | 6120          | Fernández Vázquez, Ana<br>O Porriño BUDIÑORAID       | 25:41       | 0:42  | 0:00 (1)  | 2:07  | +0:02 (2) | 5:04  | 0:00 (1)  | 5:41  | 0:00 (1)  | 7:47  | 0:00 (1)   | 9:51  | 0:00 (1)   | 11:27 | 0:00 (1)   | 16:57 | +1:16 (3)  |
|                     |               |                                                      |             | 0:42  | 0:00 (1)  | 1:25  | +0:05 (2) | 2:57  | 0:00 (1)  | 0:37  | +0:03 (3) | 2:06  | 0:00 (1)   | 2:04  | +0:04 (2)  | 1:36  | +0:02 (2)  | 5:30  | +2:45 (9)  |
|                     |               |                                                      |             | 18:19 | +1:30 (3) | 19:38 | +1:26 (3) | 21:14 | +1:19 (2) | 21:51 | +1:16 (2) | 22:21 | +1:12 (2)  | 23:55 | +2:13 (3)  | 25:29 | +2:23 (2)  | 25:41 | +2:24 (2)  |
|                     |               |                                                      |             | 1:22  | +0:14 (3) | 1:19  | +0:11 (2) | 1:36  | 0:00 (1)  | 0:37  | 0:00 (1)  | 0:30  | 0:00 (1)   | 1:34  | +1:02 (10) | 1:34  | +0:10 (3)  | 0:12  | +0:00 (2)  |
|                     |               |                                                      |             |       | 25:03     |       |           |       |           |       |           |       |            |       |            |       |            |       |            |
|                     |               |                                                      |             |       | *50       |       |           |       |           |       |           |       |            |       |            |       |            |       |            |
| 3                   | 4441          | Otero, Belen<br>Culleredo GALLAECIA_RAID             | 26:02       | 0:56  | +0:14 (5) | 2:35  | +0:30 (4) | 5:58  | +0:54 (4) | 6:48  | +1:07 (4) | 8:58  | +1:11 (3)  | 12:06 | +2:15 (5)  | 14:21 | +2:54 (6)  | 17:26 | +1:45 (6)  |
|                     |               |                                                      |             | 0:56  | +0:14 (5) | 1:39  | +0:19 (5) | 3:23  | +0:26 (5) | 0:50  | +0:16 (5) | 2:10  | +0:04 (2)  | 3:08  | +1:08 (8)  | 2:15  | +0:41 (8)  | 3:05  | +0:20 (3)  |
|                     |               |                                                      |             | 18:42 | +1:53 (6) | 19:50 | +1:38 (4) | 21:28 | +1:33 (4) | 22:22 | +1:47 (4) | 23:23 | +2:14 (4)  | 24:06 | +2:24 (4)  | 25:49 | +2:43 (3)  | 26:02 | +2:45 (3)  |
|                     |               |                                                      |             | 1:16  | +0:08 (2) | 1:08  | 0:00 (1)  | 1:38  | +0:02 (2) | 0:54  | +0:17 (4) | 1:01  | +0:31 (9)  | 0:43  | +0:11 (5)  | 1:43  | +0:19 (5)  | 0:13  | +0:01 (3)  |
| 4                   | 4767          | López Eyo, Tania<br>Cuntis XESTEIRAS                 | 26:31       | 0:43  | +0:01 (2) | 3:12  | +1:07 (8) | 6:28  | +1:24 (5) | 7:02  | +1:21 (5) | 9:25  | +1:38 (5)  | 11:25 | +1:34 (3)  | 13:53 | +2:26 (4)  | 17:03 | +1:22 (4)  |
|                     |               |                                                      |             | 0:43  | +0:01 (2) | 2:29  | +1:09 (9) | 3:16  | +0:19 (3) | 0:34  | 0:00 (1)  | 2:23  | +0:17 (3)  | 2:00  | 0:00 (1)   | 2:28  | +0:54 (9)  | 3:10  | +0:25 (5)  |
|                     |               |                                                      |             | 18:32 | +1:43 (4) | 19:54 | +1:42 (5) | 21:35 | +1:40 (5) | 22:32 | +1:57 (5) | 23:09 | +2:00 (3)  | 23:42 | +2:00 (2)  | 26:18 | +3:12 (4)  | 26:31 | +3:14 (4)  |
|                     |               |                                                      |             | 1:29  | +0:21 (6) | 1:22  | +0:14 (3) | 1:41  | +0:05 (3) | 0:57  | +0:20 (5) | 0:37  | +0:07 (7)  | 0:33  | +0:01 (2)  | 2:36  | +1:12 (10) | 0:13  | +0:01 (4)  |
| 5                   | 4585          | Míguez Sampedro, Susana<br>Porto do Son ADC_ARNELA   | 27:23       | 1:05  | +0:23 (7) | 2:40  | +0:35 (5) | 6:28  | +1:24 (5) | 7:13  | +1:32 (6) | 9:43  | +1:56 (6)  | 12:20 | +2:29 (6)  | 14:11 | +2:44 (5)  | 17:16 | +1:35 (5)  |
|                     |               |                                                      |             | 1:05  | +0:23 (7) | 1:35  | +0:15 (4) | 3:48  | +0:51 (7) | 0:45  | +0:11 (4) | 2:30  | +0:24 (5)  | 2:37  | +0:37 (6)  | 1:51  | +0:17 (4)  | 3:05  | +0:20 (3)  |
|                     |               |                                                      |             | 18:41 | +1:52 (5) | 20:14 | +2:02 (6) | 22:15 | +2:20 (6) | 23:30 | +2:55 (6) | 24:06 | +2:57 (5)  | 25:35 | +3:53 (5)  | 27:04 | +3:58 (5)  | 27:23 | +4:06 (5)  |
|                     |               |                                                      |             | 1:25  | +0:17 (4) | 1:33  | +0:25 (7) | 2:01  | +0:25 (6) | 1:15  | +0:38 (7) | 0:36  | +0:06 (4)  | 1:29  | +0:57 (9)  | 1:29  | +0:05 (2)  | 0:19  | +0:08 (10) |
| 6                   | 4453          | Pico Martínez, Iria<br>Culleredo GALLAECIA_RAID      | 27:36       | 0:47  | +0:05 (4) | 2:21  | +0:16 (3) | 5:55  | +0:51 (3) | 6:46  | +1:05 (3) | 9:13  | +1:26 (4)  | 11:27 | +1:36 (4)  | 13:21 | +1:54 (3)  | 16:23 | +0:42 (2)  |
|                     |               |                                                      |             | 0:47  | +0:05 (4) | 1:34  | +0:14 (3) | 3:34  | +0:37 (6) | 0:51  | +0:17 (6) | 2:27  | +0:21 (4)  | 2:14  | +0:14 (3)  | 1:54  | +0:20 (5)  | 3:02  | +0:17 (2)  |
|                     |               |                                                      |             | 17:48 | +0:59 (2) | 19:10 | +0:58 (2) | 21:18 | +1:23 (3) | 22:02 | +1:27 (3) | 24:53 | +3:44 (6)  | 25:41 | +3:59 (6)  | 27:23 | +4:17 (6)  | 27:36 | +4:19 (6)  |
|                     |               |                                                      |             | 1:25  | +0:17 (4) | 1:22  | +0:14 (3) | 2:08  | +0:32 (7) | 0:44  | +0:07 (3) | 2:51  | +2:21 (10) | 0:48  | +0:16 (6)  | 1:42  | +0:18 (4)  | 0:13  | +0:02 (5)  |
|                     |               |                                                      |             |       | 22:54     |       | 27:00     |       |           |       |           |       |            |       |            |       |            |       |            |
|                     |               |                                                      |             |       | *76       |       | *50       |       |           |       |           |       |            |       |            |       |            |       |            |



| os               | rsal | Nombre                                          | Tiempo |                |            |                 |             |                 |             |                 |             |                 |             |                 |             |                  |             |               |             |
|------------------|------|-------------------------------------------------|--------|----------------|------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|------------------|-------------|---------------|-------------|
| Feminino 35 (10) |      |                                                 |        | 2,6 km 20 m    |            | 15 C            |             | (cont.)         |             |                 |             |                 |             |                 |             |                  |             |               |             |
|                  |      |                                                 |        | 1(65)<br>9(40) |            | 2(39)<br>10(41) |             | 3(33)<br>11(44) |             | 4(48)<br>12(45) |             | 5(43)<br>13(47) |             | 6(37)<br>14(46) |             | 7(38)<br>15(200) |             | 8(31)<br>Meta |             |
| 7                | 4485 | Abal Camaño, Raquel Ordes SEO                   | 28:35  | 1:32           | +0:50 (10) | 3:15            | +1:10 (9)   | 6:31            | +1:27 (7)   | 7:33            | +1:52 (7)   | 10:48           | +3:01 (7)   | 13:43           | +3:52 (7)   | 15:17            | +3:50 (7)   | 18:58         | +3:17 (7)   |
|                  |      |                                                 |        | 1:32           | +0:50 (10) | 1:43            | +0:23 (6)   | 3:16            | +0:19 (3)   | 1:02            | +0:28 (8)   | 3:15            | +1:09 (7)   | 2:55            | +0:55 (7)   | 1:34             | 0:00 (1)    | 3:41          | +0:56 (8)   |
|                  |      |                                                 |        | 20:27          | +3:38 (7)  | 21:58           | +3:46 (7)   | 23:49           | +3:54 (7)   | 25:04           | +4:29 (7)   | 25:40           | +4:31 (7)   | 26:32           | +4:50 (7)   | 28:20            | +5:14 (7)   | 28:35         | +5:18 (7)   |
|                  |      |                                                 |        | 1:29           | +0:21 (6)  | 1:31            | +0:23 (6)   | 1:51            | +0:15 (5)   | 1:15            | +0:38 (7)   | 0:36            | +0:06 (4)   | 0:52            | +0:20 (7)   | 1:48             | +0:24 (6)   | 0:15          | +0:03 (6)   |
| 8                | 4456 | Ramos Morado, Goretti Culleredo GALLAECIA_RAID  | 32:58  | 1:04           | +0:22 (6)  | 2:53            | +0:48 (6)   | 6:57            | +1:53 (8)   | 7:48            | +2:07 (8)   | 13:41           | +5:54 (9)   | 17:01           | +7:10 (9)   | 18:59            | +7:32 (8)   | 22:17         | +6:36 (8)   |
|                  |      |                                                 |        | 1:04           | +0:22 (6)  | 1:49            | +0:29 (7)   | 4:04            | +1:07 (9)   | 0:51            | +0:17 (6)   | 5:53            | +3:47 (10)  | 3:20            | +1:20 (9)   | 1:58             | +0:24 (6)   | 3:18          | +0:33 (6)   |
|                  |      |                                                 |        | 23:56          | +7:07 (8)  | 25:51           | +7:39 (8)   | 28:20           | +8:25 (8)   | 29:47           | +9:12 (8)   | 30:19           | +9:10 (8)   | 30:53           | +9:11 (8)   | 32:43            | +9:37 (8)   | 32:58         | +9:41 (8)   |
|                  |      |                                                 |        | 1:39           | +0:31 (8)  | 1:55            | +0:47 (9)   | 2:29            | +0:53 (9)   | 1:27            | +0:50 (10)  | 0:32            | +0:02 (2)   | 0:34            | +0:02 (4)   | 1:50             | +0:26 (7)   | 0:15          | +0:03 (7)   |
| 9                | 4300 | Corral Prado, Eva LUGO FLUVIAL_LUGO             | 33:21  | 1:27           | +0:45 (9)  | 4:25            | +2:20 (10)  | 8:25            | +3:21 (10)  | 9:42            | +4:01 (10)  | 14:53           | +7:06 (10)  | 17:28           | +7:37 (10)  | 19:34            | +8:07 (10)  | 22:52         | +7:11 (9)   |
|                  |      |                                                 |        | 1:27           | +0:45 (9)  | 2:58            | +1:38 (10)  | 4:00            | +1:03 (8)   | 1:17            | +0:43 (9)   | 5:11            | +3:05 (9)   | 2:35            | +0:35 (5)   | 2:06             | +0:32 (7)   | 3:18          | +0:33 (6)   |
|                  |      |                                                 |        | 24:40          | +7:51 (9)  | 26:21           | +8:09 (9)   | 28:42           | +8:47 (9)   | 29:59           | +9:24 (9)   | 30:35           | +9:26 (9)   | 31:07           | +9:25 (9)   | 33:05            | +9:59 (9)   | 33:21         | +10:04 (9)  |
|                  |      |                                                 |        | 1:48           | +0:40 (9)  | 1:41            | +0:33 (8)   | 2:21            | +0:45 (8)   | 1:17            | +0:40 (9)   | 0:36            | +0:06 (4)   | 0:32            | 0:00 (1)    | 1:58             | +0:34 (8)   | 0:16          | +0:04 (9)   |
| 10               | 4330 | Zolle Fernández, Cristina LUGO FLUVIAL_LUGO     | 36:56  | 1:11           | +0:29 (8)  | 3:00            | +0:55 (7)   | 7:19            | +2:15 (9)   | 8:54            | +3:13 (9)   | 12:49           | +5:02 (8)   | 16:09           | +6:18 (8)   | 19:00            | +7:33 (9)   | 24:32         | +8:51 (10)  |
|                  |      |                                                 |        | 1:11           | +0:29 (8)  | 1:49            | +0:29 (7)   | 4:19            | +1:22 (10)  | 1:35            | +1:01 (10)  | 3:55            | +1:49 (8)   | 3:20            | +1:20 (9)   | 2:51             | +1:17 (10)  | 5:32          | +2:47 (10)  |
|                  |      |                                                 |        | 26:23          | +9:34 (10) | 28:20           | +10:08 (10) | 31:16           | +11:21 (10) | 32:20           | +11:45 (10) | 33:14           | +12:05 (10) | 34:36           | +12:54 (10) | 36:40            | +13:34 (10) | 36:56         | +13:39 (10) |
|                  |      |                                                 |        | 1:51           | +0:43 (10) | 1:57            | +0:49 (10)  | 2:56            | +1:20 (10)  | 1:04            | +0:27 (6)   | 0:54            | +0:24 (8)   | 1:22            | +0:50 (8)   | 2:04             | +0:40 (9)   | 0:16          | +0:04 (8)   |
| Feminino 45 (12) |      |                                                 |        | 2,5 km 20 m    |            | 15 C            |             |                 |             |                 |             |                 |             |                 |             |                  |             |               |             |
|                  |      |                                                 |        | 1(80)<br>9(40) |            | 2(57)<br>10(41) |             | 3(32)<br>11(44) |             | 4(48)<br>12(70) |             | 5(36)<br>13(47) |             | 6(37)<br>14(46) |             | 7(38)<br>15(200) |             | 8(49)<br>Meta |             |
| 1                | 4803 | González Bello, Concepción LUGO COMPÁS          | 22:08  | 1:12           | +0:07 (2)  | 2:02            | +0:09 (2)   | 5:00            | 0:00 (1)    | 5:30            | 0:00 (1)    | 9:01            | +0:36 (3)   | 10:58           | +0:24 (3)   | 12:23            | 0:00 (1)    | 14:47         | 0:00 (1)    |
|                  |      |                                                 |        | 1:12           | +0:07 (2)  | 0:50            | +0:02 (2)   | 2:58            | 0:00 (1)    | 0:30            | +0:03 (2)   | 3:31            | +1:20 (9)   | 1:57            | 0:00 (1)    | 1:25             | 0:00 (1)    | 2:24          | +0:15 (2)   |
|                  |      |                                                 |        | 16:10          | 0:00 (1)   | 17:27           | 0:00 (1)    | 19:03           | 0:00 (1)    | 19:16           | 0:00 (1)    | 19:52           | 0:00 (1)    | 20:25           | 0:00 (1)    | 21:57            | 0:00 (1)    | 22:08         | 0:00 (1)    |
|                  |      |                                                 |        | 1:23           | 0:00 (1)   | 1:17            | 0:00 (1)    | 1:36            | +0:05 (2)   | 0:13            | +0:01 (2)   | 0:36            | 0:00 (1)    | 0:33            | +0:05 (2)   | 1:32             | 0:00 (1)    | 0:11          | 0:00 (1)    |
| 2                | 4802 | Gómez Naya, Sonia LUGO COMPÁS                   | 24:34  | 1:05           | 0:00 (1)   | 1:53            | 0:00 (1)    | 5:00            | 0:00 (1)    | 6:21            | +0:51 (3)   | 8:47            | +0:22 (2)   | 10:53           | +0:19 (2)   | 12:36            | +0:13 (2)   | 15:31         | +0:44 (3)   |
|                  |      |                                                 |        | 1:05           | 0:00 (1)   | 0:48            | 0:00 (1)    | 3:07            | +0:09 (2)   | 1:21            | +0:54 (12)  | 2:26            | +0:15 (2)   | 2:06            | +0:09 (2)   | 1:43             | +0:18 (2)   | 2:55          | +0:46 (4)   |
|                  |      |                                                 |        | 17:02          | +0:52 (2)  | 18:22           | +0:55 (2)   | 20:19           | +1:16 (2)   | 20:36           | +1:20 (2)   | 22:20           | +2:28 (2)   | 22:48           | +2:23 (2)   | 24:21            | +2:24 (2)   | 24:34         | +2:26 (2)   |
|                  |      |                                                 |        | 1:31           | +0:08 (2)  | 1:20            | +0:03 (2)   | 1:57            | +0:26 (3)   | 0:17            | +0:05 (4)   | 1:44            | +1:08 (11)  | 0:28            | 0:00 (1)    | 1:33             | +0:01 (2)   | 0:13          | +0:01 (3)   |
|                  |      |                                                 |        |                |            | 21:43<br>*76    |             |                 |             |                 |             |                 |             |                 |             |                  |             |               |             |
| 3                | 4365 | Bujía Rodríguez, Elena Culleredo GALLAECIA_RAID | 26:19  | 1:19           | +0:14 (3)  | 2:19            | +0:26 (3)   | 5:43            | +0:43 (3)   | 6:14            | +0:44 (2)   | 8:25            | 0:00 (1)    | 10:34           | 0:00 (1)    | 12:53            | +0:30 (3)   | 15:02         | +0:15 (2)   |
|                  |      |                                                 |        | 1:19           | +0:14 (3)  | 1:00            | +0:12 (4)   | 3:24            | +0:26 (3)   | 0:31            | +0:04 (3)   | 2:11            | 0:00 (1)    | 2:09            | +0:12 (3)   | 2:19             | +0:54 (8)   | 2:09          | 0:00 (1)    |
|                  |      |                                                 |        | 19:58          | +3:48 (3)  | 21:33           | +4:06 (3)   | 23:04           | +4:01 (3)   | 23:19           | +4:03 (3)   | 23:55           | +4:03 (3)   | 24:32           | +4:07 (3)   | 26:07            | +4:10 (3)   | 26:19         | +4:11 (3)   |
|                  |      |                                                 |        | 4:56           | +3:33 (11) | 1:35            | +0:18 (5)   | 1:31            | 0:00 (1)    | 0:15            | +0:03 (3)   | 0:36            | 0:00 (1)    | 0:37            | +0:09 (3)   | 1:35             | +0:03 (3)   | 0:12          | +0:01 (2)   |
| 4                | 4798 | Ferrer Vidal, Diana LUGO COMPÁS                 | 28:24  | 1:32           | +0:27 (6)  | 2:26            | +0:33 (4)   | 6:11            | +1:11 (4)   | 7:02            | +1:32 (4)   | 9:46            | +1:21 (4)   | 12:40           | +2:06 (4)   | 14:49            | +2:26 (4)   | 18:28         | +3:41 (4)   |
|                  |      |                                                 |        | 1:32           | +0:27 (6)  | 0:54            | +0:06 (3)   | 3:45            | +0:47 (4)   | 0:51            | +0:24 (8)   | 2:44            | +0:33 (3)   | 2:54            | +0:57 (6)   | 2:09             | +0:44 (5)   | 3:39          | +1:30 (9)   |
|                  |      |                                                 |        | 20:11          | +4:01 (4)  | 21:36           | +4:09 (4)   | 23:51           | +4:48 (4)   | 24:12           | +4:56 (4)   | 25:07           | +5:15 (4)   | 26:21           | +5:56 (4)   | 28:08            | +6:11 (4)   | 28:24         | +6:16 (4)   |
|                  |      |                                                 |        | 1:43           | +0:20 (4)  | 1:25            | +0:08 (3)   | 2:15            | +0:44 (5)   | 0:21            | +0:09 (6)   | 0:55            | +0:19 (6)   | 1:14            | +0:46 (10)  | 1:47             | +0:15 (4)   | 0:16          | +0:05 (7)   |



| os               | rsal | Nombre                                                   | Tiempo |                                                                            |                                                                                            |                                                                                           |                                                                             |                                                                             |                                                                             |                                                                              |                                                                              |  |  |  |  |  |  |
|------------------|------|----------------------------------------------------------|--------|----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------------------|--|--|--|--|--|--|
| Feminino 45 (12) |      |                                                          |        | 2,5 km 20 m                                                                |                                                                                            | 15 C                                                                                      |                                                                             | (cont.)                                                                     |                                                                             |                                                                              |                                                                              |  |  |  |  |  |  |
|                  |      |                                                          |        | 1(80)                                                                      | 2(57)                                                                                      | 3(32)                                                                                     | 4(48)                                                                       | 5(36)                                                                       | 6(37)                                                                       | 7(38)                                                                        | 8(49)                                                                        |  |  |  |  |  |  |
|                  |      |                                                          |        | 9(40)                                                                      | 10(41)                                                                                     | 11(44)                                                                                    | 12(70)                                                                      | 13(47)                                                                      | 14(46)                                                                      | 15(200)                                                                      | Meta                                                                         |  |  |  |  |  |  |
| 5                | 4362 | Baspino Fernández, Irene<br>Culleredo GALLAECIA_RAID     | 29:06  | 1:28 +0:23 (4)<br>1:28 +0:23 (4)<br>20:41 +4:31 (5)<br>1:33 +0:10 (3)      | 2:34 +0:41 (5)<br>1:06 +0:18 (7)<br>22:12 +4:45 (5)<br>1:31 +0:14 (4)                      | 6:53 +1:53 (7)<br>4:19 +1:21 (8)<br>25:09 +6:06 (6)<br>2:57 +1:26 (10)                    | 7:42 +2:12 (6)<br>0:49 +0:22 (7)<br>25:26 +6:10 (6)<br>0:17 +0:05 (4)       | 11:06 +2:41 (7)<br>3:24 +1:13 (8)<br>26:17 +6:25 (6)<br>0:51 +0:15 (5)      | 13:58 +3:24 (7)<br>2:52 +0:55 (5)<br>27:00 +6:35 (5)<br>0:43 +0:15 (4)      | 16:02 +3:39 (7)<br>2:04 +0:39 (4)<br>28:52 +6:55 (5)<br>1:52 +0:20 (6)       | 19:08 +4:21 (7)<br>3:06 +0:57 (6)<br>29:06 +6:58 (5)<br>0:14 +0:03 (6)       |  |  |  |  |  |  |
| 6                | 4440 | Oroza Alonso, Lara<br>Culleredo GALLAECIA_RAID           | 29:09  | 1:41 +0:36 (9)<br>1:41 +0:36 (9)<br>20:45 +4:35 (6)<br>1:47 +0:24 (5)      | 2:47 +0:54 (9)<br>1:06 +0:18 (7)<br>22:20 +4:53 (6)<br>1:35 +0:18 (5)                      | 6:50 +1:50 (6)<br>4:03 +1:05 (6)<br>24:49 +5:46 (5)<br>2:29 +0:58 (8)                     | 7:45 +2:15 (7)<br>0:55 +0:28 (9)<br>25:01 +5:45 (5)<br>0:12 0:00 (1)        | 10:43 +2:18 (6)<br>2:58 +0:47 (5)<br>25:49 +5:57 (5)<br>0:48 +0:12 (4)      | 13:05 +2:31 (5)<br>2:22 +0:25 (4)<br>27:08 +6:43 (6)<br>1:19 +0:51 (12)     | 15:58 +3:35 (6)<br>2:53 +1:28 (10)<br>28:56 +6:59 (6)<br>1:48 +0:16 (5)      | 18:58 +4:11 (6)<br>3:00 +0:51 (5)<br>29:09 +7:01 (6)<br>0:13 +0:02 (4)       |  |  |  |  |  |  |
| 7                | 4433 | Mosquera Azar, Paulina Andre<br>Culleredo GALLAECIA_RAID | 33:25  | 1:41 +0:36 (9)<br>1:41 +0:36 (9)<br>24:41 +8:31 (8)<br>1:49 +0:26 (6)      | 2:53 +1:00 (10)<br>1:12 +0:24 (10)<br>26:24 +8:57 (8)<br>1:43 +0:26 (8)                    | 7:07 +2:07 (8)<br>4:14 +1:16 (7)<br>28:49 +9:46 (7)<br>2:25 +0:54 (6)                     | 7:55 +2:25 (8)<br>0:48 +0:21 (6)<br>29:10 +9:54 (7)<br>0:21 +0:09 (6)       | 14:09 +5:44 (9)<br>6:14 +4:03 (12)<br>30:25 +10:33 (7)<br>1:15 +0:39 (8)    | 17:28 +6:54 (9)<br>3:19 +1:22 (8)<br>31:11 +10:46 (7)<br>0:46 +0:18 (6)     | 19:38 +7:15 (9)<br>2:10 +0:45 (6)<br>33:08 +11:11 (7)<br>1:57 +0:25 (7)      | 22:52 +8:05 (9)<br>3:14 +1:05 (8)<br>33:25 +11:17 (7)<br>0:17 +0:06 (9)      |  |  |  |  |  |  |
| 8                | 6889 | Díaz Vazquez, Noemi<br>LUGO COMPÁS                       | 35:16  | 1:40 +0:35 (8)<br>1:40 +0:35 (8)<br>26:12 +10:02 (9)<br>1:54 +0:31 (7)     | 2:44 +0:51 (8)<br>1:04 +0:16 (5)<br>27:58 +10:31 (9)<br>1:46 +0:29 (9)                     | 10:40 +5:40 (11)<br>7:56 +4:58 (12)<br>30:12 +11:09 (8)<br>2:14 +0:43 (4)                 | 11:15 +5:45 (10)<br>0:35 +0:08 (5)<br>30:36 +11:20 (8)<br>0:24 +0:12 (10)   | 14:16 +5:51 (10)<br>3:01 +0:50 (6)<br>31:54 +12:02 (8)<br>1:18 +0:42 (9)    | 18:10 +7:36 (10)<br>3:54 +1:57 (9)<br>32:53 +12:28 (8)<br>0:59 +0:31 (7)    | 20:28 +8:05 (10)<br>2:18 +0:53 (7)<br>34:59 +13:02 (8)<br>2:06 +0:34 (8)     | 24:18 +9:31 (10)<br>3:50 +1:41 (10)<br>35:16 +13:08 (8)<br>0:17 +0:05 (8)    |  |  |  |  |  |  |
| 9                | 4324 | Porto Vázquez, Rosa<br>Betanzos OP BETANZOS              | 35:54  | 1:29 +0:24 (5)<br>1:29 +0:24 (5)<br>24:38 +8:28 (7)<br>2:40 +1:17 (9)      | 2:35 +0:42 (6)<br>1:06 +0:18 (7)<br>26:16 +8:49 (7)<br>1:38 +0:21 (7)<br>15:38<br>*60      | 8:45 +3:45 (9)<br>6:10 +3:12 (10)<br>31:15 +12:12 (9)<br>4:59 +3:28 (12)                  | 9:12 +3:42 (9)<br>0:27 0:00 (1)<br>31:40 +12:24 (9)<br>0:25 +0:13 (11)      | 12:34 +4:09 (8)<br>3:22 +1:11 (7)<br>32:26 +12:34 (9)<br>0:46 +0:10 (3)     | 17:12 +6:38 (8)<br>4:38 +2:41 (12)<br>33:28 +13:03 (9)<br>1:02 +0:34 (8)    | 19:11 +6:48 (8)<br>1:59 +0:34 (3)<br>35:40 +13:43 (9)<br>2:12 +0:40 (9)      | 21:58 +7:11 (8)<br>2:47 +0:38 (3)<br>35:54 +13:46 (9)<br>0:14 +0:03 (5)      |  |  |  |  |  |  |
| 10               | 4732 | Seijo Souto, Dori<br>Nigrán RAZA PALLEIRA                | 43:01  | 1:35 +0:30 (7)<br>1:35 +0:30 (7)<br>32:54 +16:44 (11)<br>14:02 +12:39 (12) | 2:40 +0:47 (7)<br>1:05 +0:17 (6)<br>35:14 +17:47 (10)<br>2:20 +1:03 (10)<br>23:57<br>*80   | 6:35 +1:35 (5)<br>3:55 +0:57 (5)<br>37:40 +18:37 (10)<br>2:26 +0:55 (7)                   | 7:09 +1:39 (5)<br>0:34 +0:07 (4)<br>38:02 +18:46 (10)<br>0:22 +0:10 (8)     | 10:04 +1:39 (5)<br>2:55 +0:44 (4)<br>39:36 +19:44 (10)<br>1:34 +0:58 (10)   | 13:09 +2:35 (6)<br>3:05 +1:08 (7)<br>40:19 +19:54 (10)<br>0:43 +0:15 (4)    | 15:43 +3:20 (5)<br>2:34 +1:09 (9)<br>42:37 +20:40 (10)<br>2:18 +0:46 (10)    | 18:52 +4:05 (5)<br>3:09 +1:00 (7)<br>43:01 +20:53 (10)<br>0:24 +0:13 (11)    |  |  |  |  |  |  |
| 11               | 4818 | Sánchez Marín, María Josefa<br>LUGO COMPÁS               | 45:16  | 2:33 +1:28 (12)<br>2:33 +1:28 (12)<br>33:41 +17:31 (12)<br>2:50 +1:27 (10) | 4:09 +2:16 (11)<br>1:36 +0:48 (11)<br>36:08 +18:41 (12)<br>2:27 +1:10 (11)                 | 11:21 +6:21 (12)<br>7:12 +4:14 (11)<br>39:28 +20:25 (12)<br>3:20 +1:49 (11)               | 12:34 +7:04 (12)<br>1:13 +0:46 (10)<br>39:50 +20:34 (12)<br>0:22 +0:10 (8)  | 17:14 +8:49 (12)<br>4:40 +2:29 (11)<br>41:04 +21:12 (11)<br>1:14 +0:38 (7)  | 21:50 +11:16 (12)<br>4:36 +2:39 (11)<br>42:07 +21:42 (11)<br>1:03 +0:35 (9) | 25:16 +12:53 (12)<br>3:26 +2:01 (12)<br>44:47 +22:50 (11)<br>2:40 +1:08 (11) | 30:51 +16:04 (12)<br>5:35 +3:26 (11)<br>45:16 +23:08 (11)<br>0:29 +0:18 (12) |  |  |  |  |  |  |
| 12               | 4304 | Fernández Fernández, Gloria<br>LUGO FLUVIAL_LUGO         | 46:41  | 1:57 +0:52 (11)<br>1:57 +0:52 (11)<br>32:24 +16:14 (10)<br>2:39 +1:16 (8)  | 4:48 +2:55 (12)<br>2:51 +2:03 (12)<br>35:45 +18:18 (11)<br>3:21 +2:04 (12)<br>11:03<br>*55 | 10:24 +5:24 (10)<br>5:36 +2:38 (9)<br>38:34 +19:31 (11)<br>2:49 +1:18 (9)<br>45:55<br>*50 | 11:38 +6:08 (11)<br>1:14 +0:47 (11)<br>39:02 +19:46 (11)<br>0:28 +0:16 (12) | 16:09 +7:44 (11)<br>4:31 +2:20 (10)<br>42:26 +22:34 (12)<br>3:24 +2:48 (12) | 20:31 +9:57 (11)<br>4:22 +2:25 (10)<br>43:41 +23:16 (12)<br>1:15 +0:47 (11) | 23:26 +11:03 (11)<br>2:55 +1:30 (11)<br>46:23 +24:26 (12)<br>2:42 +1:10 (12) | 29:45 +14:58 (11)<br>6:19 +4:10 (12)<br>46:41 +24:33 (12)<br>0:18 +0:07 (10) |  |  |  |  |  |  |

| os               | rsal | Nombre                                           | Tiempo |        |            |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
|------------------|------|--------------------------------------------------|--------|--------|------------|-------|------------|-------|------------|-------|------------|-------|------------|-------|------------|-------|------------|-------|------------|
| Feminino 55 (3)  |      |                                                  |        | 2,3 km | 15 m       | 16 C  |            |       |            |       |            |       |            |       |            |       |            |       |            |
|                  |      |                                                  |        | 1(52)  | 2(57)      |       | 3(32)      |       | 4(55)      |       | 5(61)      |       | 6(42)      |       | 7(37)      |       | 8(38)      |       |            |
|                  |      |                                                  |        | 9(31)  | 10(49)     |       | 11(41)     |       | 12(44)     |       | 13(70)     |       | 14(62)     |       | 15(46)     |       | 16(200)    |       |            |
|                  |      |                                                  |        | Meta   |            |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
| 1                | 4503 | Balboa Barros, Margarita<br>Santiago de Comp USC | 31:08  | 1:37   | 0:00 (1)   | 3:05  | 0:00 (1)   | 7:56  | 0:00 (1)   | 8:21  | 0:00 (1)   | 11:56 | 0:00 (1)   | 13:13 | 0:00 (1)   | 15:28 | 0:00 (1)   | 18:06 | 0:00 (1)   |
|                  |      |                                                  |        | 1:37   | 0:00 (1)   | 1:28  | +0:10 (3)  | 4:51  | 0:00 (1)   | 0:25  | 0:00 (1)   | 3:35  | +0:04 (2)  | 1:17  | 0:00 (1)   | 2:15  | +0:40 (2)  | 2:38  | +0:15 (2)  |
|                  |      |                                                  |        | 21:40  | 0:00 (1)   | 22:12 | 0:00 (1)   | 24:52 | 0:00 (1)   | 27:01 | 0:00 (1)   | 27:31 | 0:00 (1)   | 28:08 | 0:00 (1)   | 28:50 | 0:00 (1)   | 30:50 | 0:00 (1)   |
|                  |      |                                                  |        | 3:34   | 0:00 (1)   | 0:32  | 0:00 (1)   | 2:40  | 0:00 (1)   | 2:09  | 0:00 (1)   | 0:30  | +0:05 (3)  | 0:37  | +0:05 (2)  | 0:42  | 0:00 (1)   | 2:00  | 0:00 (1)   |
|                  |      |                                                  |        | 31:08  | 0:00 (1)   |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
|                  |      |                                                  |        | 0:18   | +0:00 (2)  |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
| 2                | 4508 | Pernas Martínez, Rosa Mª<br>Santiago de Comp USC | 34:40  | 1:47   | +0:10 (2)  | 3:10  | +0:05 (2)  | 8:19  | +0:23 (2)  | 8:54  | +0:33 (2)  | 12:25 | +0:29 (2)  | 14:07 | +0:54 (2)  | 17:09 | +1:41 (2)  | 19:32 | +1:26 (2)  |
|                  |      |                                                  |        | 1:47   | +0:10 (2)  | 1:23  | +0:05 (2)  | 5:09  | +0:18 (2)  | 0:35  | +0:10 (3)  | 3:31  | 0:00 (1)   | 1:42  | +0:25 (2)  | 3:02  | +1:27 (3)  | 2:23  | 0:00 (1)   |
|                  |      |                                                  |        | 23:19  | +1:39 (2)  | 24:58 | +2:46 (2)  | 27:57 | +3:05 (2)  | 30:18 | +3:17 (2)  | 30:43 | +3:12 (2)  | 31:15 | +3:07 (2)  | 32:02 | +3:12 (2)  | 34:21 | +3:31 (2)  |
|                  |      |                                                  |        | 3:47   | +0:13 (2)  | 1:39  | +1:07 (3)  | 2:59  | +0:19 (2)  | 2:21  | +0:12 (2)  | 0:25  | 0:00 (1)   | 0:32  | 0:00 (1)   | 0:47  | +0:05 (2)  | 2:19  | +0:19 (2)  |
|                  |      |                                                  |        | 34:40  | +3:32 (2)  |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
|                  |      |                                                  |        | 0:19   | +0:01 (3)  |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
| 3                | 4303 | Fernandez Riveiro, Fermina<br>LUGO FLUVIAL_LUGO  | 47:41  | 2:03   | +0:26 (3)  | 3:21  | +0:16 (3)  | 13:05 | +5:09 (3)  | 13:32 | +5:11 (3)  | 17:42 | +5:46 (3)  | 21:43 | +8:30 (3)  | 23:18 | +7:50 (3)  | 26:03 | +7:57 (3)  |
|                  |      |                                                  |        | 2:03   | +0:26 (3)  | 1:18  | 0:00 (1)   | 9:44  | +4:53 (3)  | 0:27  | +0:02 (2)  | 4:10  | +0:39 (3)  | 4:01  | +2:44 (3)  | 1:35  | 0:00 (1)   | 2:45  | +0:22 (3)  |
|                  |      |                                                  |        | 33:05  | +11:25 (3) | 33:47 | +11:35 (3) | 38:32 | +13:40 (3) | 42:00 | +14:59 (3) | 42:29 | +14:58 (3) | 43:37 | +15:29 (3) | 44:37 | +15:47 (3) | 47:24 | +16:34 (3) |
|                  |      |                                                  |        | 7:02   | +3:28 (3)  | 0:42  | +0:10 (2)  | 4:45  | +2:05 (3)  | 3:28  | +1:19 (3)  | 0:29  | +0:04 (2)  | 1:08  | +0:36 (3)  | 1:00  | +0:18 (3)  | 2:47  | +0:47 (3)  |
|                  |      |                                                  |        | 47:41  | +16:33 (3) |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
|                  |      |                                                  |        | 0:17   | 0:00 (1)   |       |            |       |            |       |            |       |            |       |            |       |            |       |            |
| Masculino 14 (4) |      |                                                  |        | 1,9 km | 15 m       | 13 C  |            |       |            |       |            |       |            |       |            |       |            |       |            |
|                  |      |                                                  |        | 1(64)  | 2(31)      |       | 3(53)      |       | 4(61)      |       | 5(36)      |       | 6(56)      |       | 7(57)      |       | 8(58)      |       |            |
|                  |      |                                                  |        | 9(41)  | 10(47)     |       | 11(70)     |       | 12(50)     |       | 13(200)    |       | Meta       |       |            |       |            |       |            |
| 1                | 4730 | Rodríguez Seijo, Iago<br>Nigrán RAZA PALLEIRA    | 15:56  | 1:12   | +0:11 (2)  | 2:46  | 0:00 (1)   | 4:51  | 0:00 (1)   | 6:52  | 0:00 (1)   | 8:17  | 0:00 (1)   | 9:06  | 0:00 (1)   | 9:54  | 0:00 (1)   | 10:39 | 0:00 (1)   |
|                  |      |                                                  |        | 1:12   | +0:11 (2)  | 1:34  | 0:00 (1)   | 2:05  | 0:00 (1)   | 2:01  | 0:00 (1)   | 1:25  | 0:00 (1)   | 0:49  | 0:00 (1)   | 0:48  | 0:00 (1)   | 0:45  | 0:00 (1)   |
|                  |      |                                                  |        | 12:01  | 0:00 (1)   | 13:26 | 0:00 (1)   | 14:48 | 0:00 (1)   | 15:28 | 0:00 (1)   | 15:44 | 0:00 (1)   | 15:56 | 0:00 (1)   |       |            | 14:11 |            |
|                  |      |                                                  |        | 1:22   | 0:00 (1)   | 1:25  | +0:16 (2)  | 1:22  | +0:49 (4)  | 0:40  | 0:00 (1)   | 0:16  | 0:00 (1)   | 0:12  | 0:00 (1)   |       |            | *62   |            |
| 2                | 4530 | Rodríguez Cruz, Brais<br>Barco de Valdeor OURO   | 17:29  | 1:01   | 0:00 (1)   | 3:19  | +0:33 (3)  | 5:45  | +0:54 (3)  | 8:25  | +1:33 (3)  | 9:50  | +1:33 (2)  | 10:51 | +1:45 (2)  | 11:45 | +1:51 (2)  | 12:49 | +2:10 (2)  |
|                  |      |                                                  |        | 1:01   | 0:00 (1)   | 2:18  | +0:44 (3)  | 2:26  | +0:21 (3)  | 2:40  | +0:39 (2)  | 1:25  | 0:00 (1)   | 1:01  | +0:12 (2)  | 0:54  | +0:06 (2)  | 1:04  | +0:19 (4)  |
|                  |      |                                                  |        | 14:19  | +2:18 (2)  | 15:28 | +2:02 (2)  | 16:01 | +1:13 (2)  | 16:59 | +1:31 (2)  | 17:16 | +1:32 (2)  | 17:29 | +1:33 (2)  |       |            |       |            |
|                  |      |                                                  |        | 1:30   | +0:08 (2)  | 1:09  | 0:00 (1)   | 0:33  | 0:00 (1)   | 0:58  | +0:18 (3)  | 0:17  | +0:01 (2)  | 0:13  | +0:00 (2)  |       |            |       |            |
| 3                | 4312 | Fouz Sanchez, Rodrigo<br>LUGO FLUVIAL_LUGO       | 19:39  | 1:20   | +0:19 (3)  | 2:56  | +0:10 (2)  | 5:10  | +0:19 (2)  | 8:00  | +1:08 (2)  | 10:08 | +1:51 (3)  | 11:11 | +2:05 (3)  | 12:38 | +2:44 (3)  | 13:41 | +3:02 (3)  |
|                  |      |                                                  |        | 1:20   | +0:19 (3)  | 1:36  | +0:02 (2)  | 2:14  | +0:09 (2)  | 2:50  | +0:49 (3)  | 2:08  | +0:43 (4)  | 1:03  | +0:14 (3)  | 1:27  | +0:39 (4)  | 1:03  | +0:18 (2)  |
|                  |      |                                                  |        | 15:39  | +3:38 (3)  | 17:24 | +3:58 (3)  | 18:16 | +3:28 (3)  | 19:02 | +3:34 (3)  | 19:24 | +3:40 (3)  | 19:39 | +3:43 (3)  |       |            |       |            |
|                  |      |                                                  |        | 1:58   | +0:36 (3)  | 1:45  | +0:36 (4)  | 0:52  | +0:19 (3)  | 0:46  | +0:06 (2)  | 0:22  | +0:06 (4)  | 0:15  | +0:03 (4)  |       |            |       |            |
| 4                | 4729 | Rodríguez Seijo, Antón<br>Nigrán RAZA PALLEIRA   | 25:11  | 1:27   | +0:26 (4)  | 6:38  | +3:52 (4)  | 9:08  | +4:17 (4)  | 12:13 | +5:21 (4)  | 14:13 | +5:56 (4)  | 15:27 | +6:21 (4)  | 16:39 | +6:45 (4)  | 17:42 | +7:03 (4)  |
|                  |      |                                                  |        | 1:27   | +0:26 (4)  | 5:11  | +3:37 (4)  | 2:30  | +0:25 (4)  | 3:05  | +1:04 (4)  | 2:00  | +0:35 (3)  | 1:14  | +0:25 (4)  | 1:12  | +0:24 (3)  | 1:03  | +0:18 (2)  |
|                  |      |                                                  |        | 21:27  | +9:26 (4)  | 22:52 | +9:26 (4)  | 23:41 | +8:53 (4)  | 24:40 | +9:12 (4)  | 24:58 | +9:14 (4)  | 25:11 | +9:15 (4)  |       |            |       |            |
|                  |      |                                                  |        | 3:45   | +2:23 (4)  | 1:25  | +0:16 (2)  | 0:49  | +0:16 (2)  | 0:59  | +0:19 (4)  | 0:18  | +0:02 (3)  | 0:13  | +0:01 (3)  |       |            |       |            |

| os               | rsal | Nombre                                                 |       |                               | Tiempo                                           |                          |                               |                                                  |                          |                               |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |
|------------------|------|--------------------------------------------------------|-------|-------------------------------|--------------------------------------------------|--------------------------|-------------------------------|--------------------------------------------------|--------------------------|-------------------------------|---------------------------------------------------|--------------------------|--------------------------------|---------------------------------------------------|--------------------------|--------------------------------|---------------------------------------------------|--------------------------|--------------------------------|---------------------------------------------------|--------------------------|--------------------------------|---------------------------------------------------|--------------------------|--------------------------------|---------------------------------------------------|--------------------------|
| Masculino 16 (2) |      |                                                        |       |                               |                                                  |                          | 2,3 km 15 m                   |                                                  | 15 C                     |                               |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |
|                  |      |                                                        |       |                               |                                                  |                          | 1(52)<br>9(57)                | 2(60)<br>10(58)                                  |                          | 3(55)<br>11(59)               |                                                   | 4(54)<br>12(69)          |                                | 5(53)<br>13(70)                                   |                          | 6(61)<br>14(50)                |                                                   | 7(36)<br>15(200)         |                                | 8(56)<br>Meta                                     |                          |                                |                                                   |                          |                                |                                                   |                          |
| 1                | 4395 | Garcia Castro, Marcos<br>Culleredo GALLAECIA_RAID      | 24:35 | 0:57<br>0:57<br>16:21<br>1:07 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)     | (1)<br>(1)<br>(1)<br>(1) | 4:07<br>3:10<br>17:12<br>0:51 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)     | (1)<br>(1)<br>(1)<br>(1) | 6:45<br>2:38<br>20:26<br>3:14 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>+1:16 (2)     | (1)<br>(1)<br>(1)<br>(2) | 9:14<br>2:29<br>22:26<br>2:00  | +0:29 (2)<br>+2:01 (2)<br>0:00 (1)<br>0:00 (1)    | (2)<br>(2)<br>(1)<br>(1) | 10:01<br>0:47<br>23:13<br>0:47 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 12:16<br>2:15<br>24:05<br>0:52 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 13:59<br>1:43<br>24:24<br>0:19 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 15:14<br>1:15<br>24:35<br>0:11 | 0:00 (1)<br>+0:03 (2)<br>0:00 (1)<br>0:00 (1)     | (1)<br>(2)<br>(1)<br>(1) |
| 2                | 4684 | Barja Pérez, Lucas<br>Xinzo de Limia LIMIACTIVA        | 27:20 | 1:23<br>1:23<br>18:24<br>1:13 | +0:26 (2)<br>+0:26 (2)<br>+2:03 (2)<br>+0:06 (2) | (2)<br>(2)<br>(2)<br>(2) | 5:01<br>3:38<br>19:27<br>1:03 | +0:54 (2)<br>+0:28 (2)<br>+2:15 (2)<br>+0:12 (2) | (2)<br>(2)<br>(2)<br>(2) | 8:17<br>3:16<br>21:25<br>1:58 | +1:32 (2)<br>+0:38 (2)<br>+0:59 (2)<br>0:00 (1)   | (2)<br>(2)<br>(2)<br>(1) | 10:05<br>1:20<br>24:59<br>3:34 | +0:04 (2)<br>+0:33 (2)<br>+2:33 (2)<br>+1:34 (2)  | (2)<br>(2)<br>(2)<br>(2) | 14:00<br>3:55<br>25:55<br>0:56 | +0:04 (2)<br>+1:40 (2)<br>+2:42 (2)<br>+0:09 (2)  | (2)<br>(2)<br>(2)<br>(2) | 15:59<br>1:59<br>26:47<br>0:52 | +2:00 (2)<br>+0:16 (2)<br>+2:43 (2)<br>0:00 (1)   | (2)<br>(2)<br>(2)<br>(1) | 17:11<br>1:12<br>27:07<br>0:20 | +1:57 (2)<br>0:00 (1)<br>+2:45 (2)<br>+0:01 (2)   | (2)<br>(1)<br>(2)<br>(2) | 17:11<br>1:12<br>27:20<br>0:13 | +1:57 (2)<br>0:00 (1)<br>+2:45 (2)<br>+0:02 (2)   | (2)<br>(1)<br>(2)<br>(2) |
|                  |      |                                                        |       |                               |                                                  |                          | 2,8 km 20 m                   |                                                  | 15 C                     |                               |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |                                |                                                   |                          |
|                  |      |                                                        |       |                               |                                                  |                          | 1(65)<br>9(51)                | 2(64)<br>10(49)                                  |                          | 3(34)<br>11(63)               |                                                   | 4(48)<br>12(41)          |                                | 5(33)<br>13(44)                                   |                          | 6(42)<br>14(47)                |                                                   | 7(43)<br>15(200)         |                                | 8(35)<br>Meta                                     |                          |                                |                                                   |                          |                                |                                                   |                          |
| 1                | 7463 | Sanmartin Otero, Andrés<br>Nigrán RAZA PALLEIRA        | 18:36 | 0:44<br>0:44<br>10:07<br>1:20 | +0:04 (2)<br>+0:04 (2)<br>0:00 (1)<br>+0:03 (2)  | (2)<br>(2)<br>(1)<br>(2) | 1:05<br>0:21<br>11:05<br>0:58 | +0:01 (2)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)    | (2)<br>(1)<br>(1)<br>(1) | 3:33<br>2:28<br>13:17<br>2:12 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 3:59<br>0:26<br>14:34<br>1:17  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 4:25<br>0:26<br>15:50<br>1:16  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 6:02<br>1:37<br>16:58<br>1:08  | 0:00 (1)<br>+0:09 (2)<br>0:00 (1)<br>+0:24 (4)    | (1)<br>(2)<br>(1)<br>(4) | 7:44<br>1:42<br>18:07<br>1:09  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)      | (1)<br>(1)<br>(1)<br>(1) | 8:47<br>1:03<br>18:36<br>0:29  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>+0:18 (6)     | (1)<br>(1)<br>(1)<br>(6) |
| 2                | 7439 | Martinez-vara De Rey De, Carl<br>Ferrol MONTAÑA_FERROL | 20:42 | 0:44<br>0:44<br>11:45<br>1:30 | +0:04 (2)<br>+0:04 (2)<br>+1:38 (4)<br>+0:13 (3) | (2)<br>(2)<br>(4)<br>(3) | 1:12<br>0:28<br>12:55<br>1:10 | +0:08 (4)<br>+0:07 (4)<br>+1:50 (3)<br>+0:12 (3) | (4)<br>(4)<br>(3)<br>(3) | 4:15<br>3:03<br>15:30<br>2:35 | +0:42 (3)<br>+0:35 (3)<br>+2:13 (4)<br>+0:23 (4)  | (3)<br>(3)<br>(4)<br>(4) | 4:48<br>0:33<br>17:09<br>1:39  | +0:49 (4)<br>+0:15 (4)<br>+2:35 (3)<br>+0:22 (3)  | (4)<br>(4)<br>(3)<br>(3) | 5:29<br>0:41<br>18:28<br>1:19  | +1:04 (4)<br>+0:15 (4)<br>+2:38 (3)<br>+0:03 (3)  | (4)<br>(4)<br>(3)<br>(3) | 7:17<br>1:48<br>19:17<br>0:49  | +1:15 (4)<br>+0:20 (4)<br>+2:19 (3)<br>+0:05 (2)  | (4)<br>(4)<br>(3)<br>(2) | 9:08<br>1:51<br>20:30<br>1:13  | +1:24 (4)<br>+0:09 (3)<br>+2:23 (2)<br>+0:04 (2)  | (4)<br>(3)<br>(2)<br>(2) | 10:15<br>1:07<br>20:42<br>0:12 | +1:28 (3)<br>+0:04 (2)<br>+2:06 (2)<br>+0:01 (3)  | (3)<br>(2)<br>(2)<br>(3) |
| 3                | 4741 | Barros Fonte, Alejandro<br>Pontedeume MONTBREAMO       | 20:46 | 0:47<br>0:47<br>11:31<br>2:04 | +0:07 (4)<br>+0:07 (4)<br>+1:24 (2)<br>+0:47 (5) | (4)<br>(4)<br>(2)<br>(5) | 1:11<br>0:24<br>13:15<br>1:44 | +0:07 (3)<br>+0:03 (2)<br>+2:10 (4)<br>+0:46 (6) | (3)<br>(2)<br>(4)<br>(6) | 3:59<br>2:48<br>15:29<br>2:14 | +0:26 (2)<br>+0:20 (2)<br>+2:12 (3)<br>+0:02 (2)  | (2)<br>(2)<br>(3)<br>(2) | 4:29<br>0:30<br>16:53<br>1:24  | +0:30 (2)<br>+0:04 (3)<br>+2:19 (2)<br>+0:07 (2)  | (2)<br>(3)<br>(2)<br>(2) | 5:01<br>0:32<br>18:10<br>1:17  | +0:36 (2)<br>+0:06 (2)<br>+2:20 (2)<br>+0:01 (2)  | (2)<br>(2)<br>(2)<br>(2) | 6:29<br>1:28<br>19:06<br>0:56  | +0:27 (2)<br>0:00 (1)<br>+2:08 (2)<br>+0:12 (3)   | (2)<br>(1)<br>(2)<br>(3) | 8:14<br>1:45<br>20:35<br>1:29  | +0:30 (2)<br>+0:03 (2)<br>+2:28 (3)<br>+0:20 (4)  | (2)<br>(2)<br>(3)<br>(4) | 9:27<br>1:13<br>20:46<br>0:11  | +0:40 (2)<br>+0:10 (3)<br>+2:10 (3)<br>+0:00 (2)  | (2)<br>(3)<br>(3)<br>(2) |
| 4                | 4686 | Garrido Blanco, Juan<br>Xinzo de Limia LIMIACTIVA      | 21:06 | 0:40<br>0:40<br>11:37<br>1:17 | 0:00 (1)<br>0:00 (1)<br>+1:30 (3)<br>0:00 (1)    | (1)<br>(1)<br>(3)<br>(1) | 1:04<br>0:24<br>12:42<br>1:05 | 0:00 (1)<br>+0:03 (2)<br>+1:37 (2)<br>+0:07 (2)  | (1)<br>(2)<br>(2)<br>(2) | 4:20<br>3:16<br>15:14<br>2:32 | +0:47 (4)<br>+0:48 (4)<br>+1:57 (2)<br>+0:20 (3)  | (4)<br>(4)<br>(2)<br>(3) | 4:46<br>0:26<br>17:15<br>2:01  | +0:47 (3)<br>0:00 (1)<br>+2:41 (4)<br>+0:44 (5)   | (3)<br>(1)<br>(4)<br>(5) | 5:20<br>0:34<br>18:54<br>1:39  | +0:55 (3)<br>+0:08 (3)<br>+3:04 (4)<br>+0:23 (5)  | (3)<br>(3)<br>(4)<br>(5) | 7:00<br>1:40<br>19:38<br>0:44  | +0:58 (3)<br>+0:12 (3)<br>+2:40 (4)<br>0:00 (1)   | (3)<br>(3)<br>(4)<br>(1) | 9:07<br>2:07<br>20:56<br>1:18  | +1:23 (3)<br>+0:25 (4)<br>+2:49 (4)<br>+0:09 (3)  | (3)<br>(4)<br>(4)<br>(3) | 10:20<br>1:13<br>21:06<br>0:10 | +1:33 (4)<br>+0:10 (3)<br>+2:30 (4)<br>0:00 (1)   | (4)<br>(3)<br>(4)<br>(1) |
| 5                | 6930 | Leira Rey, Ruben<br>Pontedeume MONTBREAMO              | 27:04 | 0:50<br>0:50<br>16:30<br>1:33 | +0:10 (5)<br>+0:10 (5)<br>+6:23 (5)<br>+0:16 (4) | (5)<br>(5)<br>(5)<br>(4) | 1:20<br>0:30<br>17:53<br>1:23 | +0:16 (5)<br>+0:09 (5)<br>+6:48 (5)<br>+0:25 (4) | (5)<br>(5)<br>(5)<br>(4) | 7:09<br>5:49<br>20:31<br>2:38 | +3:36 (6)<br>+3:21 (6)<br>+7:14 (5)<br>+0:26 (5)  | (6)<br>(6)<br>(5)<br>(5) | 8:20<br>1:11<br>22:14<br>1:43  | +4:21 (5)<br>+0:45 (5)<br>+7:40 (5)<br>+0:26 (4)  | (5)<br>(5)<br>(5)<br>(4) | 8:55<br>0:35<br>23:47<br>1:33  | +4:30 (5)<br>+0:09 (4)<br>+7:57 (5)<br>+0:17 (4)  | (5)<br>(4)<br>(5)<br>(4) | 11:03<br>2:08<br>25:21<br>1:34 | +5:01 (5)<br>+0:40 (5)<br>+8:23 (5)<br>+0:50 (5)  | (5)<br>(5)<br>(5)<br>(5) | 13:43<br>2:40<br>26:50<br>1:29 | +5:59 (5)<br>+0:58 (5)<br>+8:43 (5)<br>+0:20 (4)  | (5)<br>(5)<br>(5)<br>(4) | 14:57<br>1:14<br>27:04<br>0:14 | +6:10 (5)<br>+0:11 (5)<br>+8:28 (5)<br>+0:03 (4)  | (5)<br>(5)<br>(5)<br>(4) |
| 6                | 6276 | Victorero Domínguez, Óscar<br>Porto do Son ADC_ARNELA  | 35:08 | 1:08<br>1:08<br>19:25<br>2:22 | +0:28 (6)<br>+0:28 (6)<br>+9:18 (6)<br>+1:05 (6) | (6)<br>(6)<br>(6)<br>(6) | 1:44<br>0:36<br>21:01<br>1:36 | +0:40 (6)<br>+0:15 (6)<br>+9:56 (6)<br>+0:38 (5) | (6)<br>(6)<br>(6)<br>(5) | 6:24<br>4:40<br>24:44<br>3:43 | +2:51 (5)<br>+2:12 (5)<br>+11:27 (6)<br>+1:31 (6) | (5)<br>(5)<br>(6)<br>(6) | 8:56<br>2:32<br>27:11<br>2:27  | +4:57 (6)<br>+2:06 (6)<br>+12:37 (6)<br>+1:10 (6) | (6)<br>(6)<br>(6)<br>(6) | 9:46<br>0:50<br>29:28<br>2:17  | +5:21 (6)<br>+0:24 (6)<br>+13:38 (6)<br>+1:01 (6) | (6)<br>(6)<br>(6)<br>(6) | 12:20<br>2:34<br>31:12<br>1:44 | +6:18 (6)<br>+1:06 (6)<br>+14:14 (6)<br>+1:00 (6) | (6)<br>(6)<br>(6)<br>(6) | 15:10<br>2:50<br>34:51<br>3:39 | +7:26 (6)<br>+1:08 (6)<br>+16:44 (6)<br>+2:30 (6) | (6)<br>(6)<br>(6)<br>(6) | 17:03<br>1:53<br>35:08<br>0:17 | +8:16 (6)<br>+0:50 (6)<br>+16:32 (6)<br>+0:06 (5) | (6)<br>(6)<br>(6)<br>(5) |

| os               | rsal | Nombre                                              | Tiempo         |                               |                                                  |                               |                                                  |                               |                                                  |                               |                                                  |                               |                                                  |                                |                                                  |                                |                                                  |                                |                                                  |
|------------------|------|-----------------------------------------------------|----------------|-------------------------------|--------------------------------------------------|-------------------------------|--------------------------------------------------|-------------------------------|--------------------------------------------------|-------------------------------|--------------------------------------------------|-------------------------------|--------------------------------------------------|--------------------------------|--------------------------------------------------|--------------------------------|--------------------------------------------------|--------------------------------|--------------------------------------------------|
| Masculino 35 (9) |      |                                                     | 2,6 km 20 m    |                               | 15 C                                             |                               |                                                  |                               |                                                  |                               |                                                  |                               |                                                  |                                |                                                  |                                |                                                  |                                |                                                  |
|                  |      |                                                     | 1(65)<br>9(40) |                               | 2(39)<br>10(41)                                  |                               | 3(33)<br>11(44)                                  |                               | 4(48)<br>12(45)                                  |                               | 5(43)<br>13(47)                                  |                               | 6(37)<br>14(46)                                  |                                | 7(38)<br>15(200)                                 |                                | 8(31)<br>Meta                                    |                                |                                                  |
| 1                | 4488 | Carballo Morán, Ruben Ordes SEO                     | 16:51          | 0:40<br>0:40<br>12:08<br>1:00 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>+0:02 (2)    | 1:36<br>0:56<br>13:05<br>0:57 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)     | 4:02<br>2:26<br>14:19<br>1:14 | 0:00 (1)<br>+0:03 (2)<br>0:00 (1)<br>0:00 (1)    | 4:34<br>0:32<br>14:51<br>0:32 | 0:00 (1)<br>+0:05 (3)<br>0:00 (1)<br>0:00 (1)    | 6:04<br>1:30<br>15:10<br>0:19 | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)     | 7:33<br>1:29<br>15:37<br>0:27  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>+0:02 (4)    | 8:47<br>1:14<br>16:40<br>1:03  | 0:00 (1)<br>0:00 (1)<br>0:00 (1)<br>0:00 (1)     | 11:08<br>2:21<br>16:51<br>0:11 | 0:00 (1)<br>+0:16 (2)<br>0:00 (1)<br>+0:02 (5)   |
| 2                | 4313 | Liz Díaz, Javier LUGO FLUVIAL_LUGO                  | 18:32          | 0:40<br>0:40<br>12:46<br>0:58 | 0:00 (1)<br>0:00 (1)<br>+0:38 (2)<br>0:00 (1)    | 1:52<br>1:12<br>13:49<br>1:03 | +0:16 (3)<br>+0:16 (5)<br>+0:44 (2)<br>+0:06 (2) | 4:27<br>2:35<br>15:40<br>1:51 | +0:25 (3)<br>+0:12 (3)<br>+1:21 (2)<br>+0:37 (9) | 5:00<br>0:33<br>16:20<br>0:40 | +0:26 (3)<br>+0:06 (4)<br>+1:29 (2)<br>+0:08 (5) | 6:35<br>1:35<br>16:46<br>0:26 | +0:31 (2)<br>+0:05 (2)<br>+1:36 (2)<br>+0:07 (5) | 8:23<br>1:48<br>17:11<br>0:25  | +0:50 (3)<br>+0:19 (6)<br>+1:34 (2)<br>0:00 (1)  | 9:43<br>1:20<br>18:21<br>1:10  | +0:56 (2)<br>+0:06 (3)<br>+1:41 (2)<br>+0:07 (3) | 11:48<br>2:05<br>18:32<br>0:11 | +0:40 (2)<br>0:00 (1)<br>+1:41 (2)<br>+0:02 (4)  |
| 3                | 4442 | Patiño Varela, Juan Culleredo GALLAECIA_RAID        | 19:29          | 0:48<br>0:48<br>13:43<br>1:05 | +0:08 (5)<br>+0:08 (5)<br>+1:35 (3)<br>+0:07 (3) | 1:59<br>1:11<br>14:47<br>1:04 | +0:23 (4)<br>+0:15 (4)<br>+1:42 (3)<br>+0:07 (3) | 4:54<br>2:55<br>16:21<br>1:34 | +0:52 (4)<br>+0:32 (5)<br>+2:02 (3)<br>+0:20 (5) | 5:28<br>0:34<br>17:02<br>0:41 | +0:54 (4)<br>+0:07 (5)<br>+2:11 (3)<br>+0:09 (6) | 7:17<br>1:49<br>17:34<br>0:32 | +1:13 (4)<br>+0:19 (5)<br>+2:24 (3)<br>+0:13 (8) | 8:47<br>1:30<br>18:05<br>0:31  | +1:14 (4)<br>+0:01 (3)<br>+2:28 (3)<br>+0:06 (6) | 10:10<br>1:23<br>19:19<br>1:14 | +1:23 (4)<br>+0:09 (5)<br>+2:39 (3)<br>+0:11 (4) | 12:38<br>2:28<br>19:29<br>0:10 | +1:30 (3)<br>+0:23 (4)<br>+2:38 (3)<br>+0:01 (2) |
| 4                | 4548 | Garcia Vazquez, Lucas O Porriño BUDIÑORAID          | 19:55          | 1:39<br>1:39<br>14:34<br>1:08 | +0:59 (9)<br>+0:59 (9)<br>+2:26 (4)<br>+0:10 (6) | 2:46<br>1:07<br>15:40<br>1:06 | +1:10 (9)<br>+0:11 (3)<br>+2:35 (4)<br>+0:09 (5) | 5:35<br>2:49<br>17:03<br>1:23 | +1:33 (7)<br>+0:26 (4)<br>+2:44 (4)<br>+0:09 (3) | 6:04<br>0:29<br>17:39<br>0:36 | +1:30 (7)<br>+0:02 (2)<br>+2:48 (4)<br>+0:04 (3) | 7:58<br>1:54<br>18:00<br>0:21 | +1:54 (7)<br>+0:24 (7)<br>+2:50 (4)<br>+0:02 (2) | 9:43<br>1:45<br>18:26<br>0:26  | +2:10 (6)<br>+0:16 (5)<br>+2:49 (4)<br>+0:01 (3) | 11:04<br>1:21<br>19:44<br>1:18 | +2:17 (7)<br>+0:07 (4)<br>+3:04 (4)<br>+0:15 (7) | 13:26<br>2:22<br>19:55<br>0:11 | +2:18 (4)<br>+0:17 (3)<br>+3:04 (4)<br>+0:02 (3) |
| 5                | 4290 | Sevilla Gómez, Francisco Javi A Coruña ARTABROS     | 20:27          | 0:44<br>0:44<br>14:47<br>1:07 | +0:04 (4)<br>+0:04 (4)<br>+2:39 (5)<br>+0:09 (5) | 2:41<br>1:57<br>15:52<br>1:05 | +1:05 (8)<br>+1:01 (9)<br>+2:47 (5)<br>+0:08 (4) | 5:37<br>2:56<br>17:16<br>1:24 | +1:35 (8)<br>+0:33 (6)<br>+2:57 (5)<br>+0:10 (4) | 6:04<br>0:27<br>17:54<br>0:38 | +1:30 (7)<br>0:00 (1)<br>+3:03 (5)<br>+0:06 (4)  | 7:41<br>1:37<br>18:23<br>0:29 | +1:37 (5)<br>+0:07 (3)<br>+3:13 (5)<br>+0:10 (7) | 9:44<br>2:03<br>18:58<br>0:35  | +2:11 (7)<br>+0:34 (9)<br>+3:21 (5)<br>+0:10 (8) | 11:02<br>1:18<br>20:14<br>1:16 | +2:15 (5)<br>+0:04 (2)<br>+3:34 (5)<br>+0:13 (6) | 13:40<br>2:38<br>20:27<br>0:13 | +2:32 (5)<br>+0:33 (5)<br>+3:36 (5)<br>+0:04 (8) |
| 6                | 4204 | Barreiro Fernández, Pablo Nigrán RAZA PALLEIRA      | 21:03          | 0:41<br>0:41<br>15:51<br>1:06 | +0:01 (3)<br>+0:01 (3)<br>+3:43 (7)<br>+0:08 (4) | 1:46<br>1:05<br>17:09<br>1:18 | +0:10 (2)<br>+0:09 (2)<br>+4:04 (7)<br>+0:21 (8) | 4:09<br>2:23<br>18:29<br>1:20 | +0:07 (2)<br>0:00 (1)<br>+4:10 (7)<br>+0:06 (2)  | 4:52<br>0:43<br>19:02<br>0:33 | +0:18 (2)<br>+0:16 (8)<br>+4:11 (6)<br>+0:01 (2) | 6:38<br>1:46<br>19:24<br>0:22 | +0:34 (3)<br>+0:16 (4)<br>+4:14 (6)<br>+0:03 (4) | 8:07<br>1:29<br>19:49<br>0:25  | +0:34 (2)<br>0:00 (1)<br>+4:12 (6)<br>0:00 (1)   | 9:46<br>1:39<br>20:52<br>1:03  | +0:59 (3)<br>+0:25 (9)<br>+4:12 (6)<br>0:00 (1)  | 14:45<br>4:59<br>21:03<br>0:11 | +3:37 (7)<br>+2:54 (9)<br>+4:12 (6)<br>+0:02 (6) |
| 7                | 4587 | Oujo Ageitos, Joaquín Porto do Son ADC_ARNELA       | 21:32          | 0:52<br>0:52<br>14:57<br>1:08 | +0:12 (6)<br>+0:12 (6)<br>+2:49 (6)<br>+0:10 (6) | 2:20<br>1:28<br>16:05<br>1:08 | +0:44 (6)<br>+0:32 (7)<br>+3:00 (6)<br>+0:11 (6) | 5:27<br>3:07<br>17:51<br>1:46 | +1:25 (6)<br>+0:44 (8)<br>+3:32 (6)<br>+0:32 (7) | 6:01<br>0:34<br>19:05<br>1:14 | +1:27 (6)<br>+0:07 (5)<br>+4:14 (7)<br>+0:42 (9) | 7:52<br>1:51<br>19:32<br>0:27 | +1:48 (6)<br>+0:21 (6)<br>+4:22 (7)<br>+0:08 (6) | 9:36<br>1:44<br>20:05<br>0:33  | +2:03 (5)<br>+0:15 (4)<br>+4:28 (7)<br>+0:08 (7) | 11:03<br>1:27<br>21:20<br>1:15 | +2:16 (6)<br>+0:13 (6)<br>+4:40 (7)<br>+0:12 (5) | 13:49<br>2:46<br>21:32<br>0:12 | +2:41 (6)<br>+0:41 (7)<br>+4:41 (7)<br>+0:03 (7) |
| 8                | 4447 | Pena Barro, Daniel Culleredo GALLAECIA_RAID         | 22:20          | 0:53<br>0:53<br>16:14<br>1:20 | +0:13 (7)<br>+0:13 (7)<br>+4:06 (8)<br>+0:22 (8) | 2:07<br>1:14<br>17:25<br>1:11 | +0:31 (5)<br>+0:18 (6)<br>+4:20 (8)<br>+0:14 (7) | 5:11<br>3:04<br>19:00<br>1:35 | +1:09 (5)<br>+0:41 (7)<br>+4:41 (8)<br>+0:21 (6) | 5:49<br>0:38<br>19:48<br>0:48 | +1:15 (5)<br>+0:11 (7)<br>+4:57 (8)<br>+0:16 (8) | 8:18<br>2:29<br>20:09<br>0:21 | +2:14 (8)<br>+0:59 (8)<br>+4:59 (8)<br>+0:02 (2) | 10:13<br>1:55<br>20:38<br>0:29 | +2:40 (8)<br>+0:26 (7)<br>+5:01 (8)<br>+0:04 (5) | 11:47<br>1:34<br>22:05<br>1:27 | +3:00 (8)<br>+0:20 (8)<br>+5:25 (8)<br>+0:24 (8) | 14:54<br>3:07<br>22:20<br>0:15 | +3:46 (8)<br>+1:02 (8)<br>+5:29 (8)<br>+0:06 (9) |
| 9                | 6374 | González Rodríguez, Javier Culleredo GALLAECIA_RAID | 26:05          | 0:59<br>0:59<br>19:02         | +0:19 (8)<br>+0:19 (8)<br>+6:54 (9)              | 2:31<br>1:32<br>20:20         | +0:55 (7)<br>+0:36 (8)<br>+7:15 (9)              | 5:39<br>3:08<br>22:10         | +1:37 (9)<br>+0:45 (9)<br>+7:51 (9)              | 6:27<br>0:48<br>22:54         | +1:53 (9)<br>+0:21 (9)<br>+8:03 (9)              | 11:29<br>5:02<br>23:26        | +5:25 (9)<br>+3:32 (9)<br>+8:16 (9)              | 13:29<br>2:00<br>24:15         | +5:56 (9)<br>+0:31 (8)<br>+8:38 (9)              | 15:02<br>1:33<br>25:56         | +6:15 (9)<br>+0:19 (7)<br>+9:16 (9)              | 17:40<br>2:38<br>26:05         | +6:32 (9)<br>+0:33 (5)<br>+9:14 (9)              |



| Pos | Clas | rsal                                                       | Nombre | Tiempo         |           |                 |           |                 |           |                 |           |                 |           |                 |           |                  |            |               |            |
|-----|------|------------------------------------------------------------|--------|----------------|-----------|-----------------|-----------|-----------------|-----------|-----------------|-----------|-----------------|-----------|-----------------|-----------|------------------|------------|---------------|------------|
|     |      |                                                            |        | 2,6 km         |           | 20 m            |           | 15 C            |           | (cont.)         |           |                 |           |                 |           |                  |            |               |            |
|     |      |                                                            |        | 1(65)<br>9(40) |           | 2(39)<br>10(41) |           | 3(33)<br>11(44) |           | 4(48)<br>12(45) |           | 5(43)<br>13(47) |           | 6(37)<br>14(46) |           | 7(38)<br>15(200) |            | 8(31)<br>Meta |            |
|     |      |                                                            |        | 1:22           | +0:24 (9) | 1:18            | +0:21 (8) | 1:50            | +0:36 (8) | 0:44            | +0:12 (7) | 0:32            | +0:13 (8) | 0:49            | +0:24 (9) | 1:41             | +0:38 (9)  | 0:09          | 0:00 (1)   |
|     |      |                                                            |        | 2,5 km         |           | 20 m            |           | 15 C            |           |                 |           |                 |           |                 |           |                  |            |               |            |
|     |      |                                                            |        | 1(80)<br>9(40) |           | 2(57)<br>10(41) |           | 3(32)<br>11(44) |           | 4(48)<br>12(70) |           | 5(36)<br>13(47) |           | 6(37)<br>14(46) |           | 7(38)<br>15(200) |            | 8(49)<br>Meta |            |
| 1   | 4554 | Martínez Lorenzo, Daniel<br>O Porriño BUDIÑORAID           | 18:52  | 0:59           | +0:01 (2) | 1:43            | 0:00 (1)  | 5:44            | +0:49 (5) | 6:09            | +0:43 (5) | 7:43            | +0:17 (3) | 9:17            | 0:00 (1)  | 10:38            | 0:00 (1)   | 12:25         | 0:00 (1)   |
|     |      |                                                            |        | 0:59           | +0:01 (2) | 0:44            | +0:02 (2) | 4:01            | +1:11 (5) | 0:25            | +0:04 (2) | 1:34            | 0:00 (1)  | 1:34            | 0:00 (1)  | 1:21             | 0:00 (1)   | 1:47          | 0:00 (1)   |
|     |      |                                                            |        | 13:43          | 0:00 (1)  | 14:39           | 0:00 (1)  | 16:35           | 0:00 (1)  | 16:48           | 0:00 (1)  | 17:15           | 0:00 (1)  | 17:40           | 0:00 (1)  | 18:39            | 0:00 (1)   | 18:52         | 0:00 (1)   |
|     |      |                                                            |        | 1:18           | +0:05 (2) | 0:56            | 0:00 (1)  | 1:56            | +0:26 (6) | 0:13            | +0:01 (2) | 0:27            | 0:00 (1)  | 0:25            | 0:00 (1)  | 0:59             | 0:00 (1)   | 0:13          | +0:01 (5)  |
|     |      |                                                            |        | 4:35<br>*48    |           |                 |           |                 |           |                 |           |                 |           |                 |           |                  |            |               |            |
| 2   | 4600 | Rosado Frade, Alfonso<br>Porto do Son ADC_ARNELA           | 20:33  | 1:23           | +0:25 (6) | 2:15            | +0:32 (5) | 5:05            | +0:10 (2) | 5:33            | +0:07 (2) | 7:26            | 0:00 (1)  | 9:52            | +0:35 (2) | 11:25            | +0:47 (2)  | 13:45         | +1:20 (2)  |
|     |      |                                                            |        | 1:23           | +0:25 (6) | 0:52            | +0:10 (4) | 2:50            | 0:00 (1)  | 0:28            | +0:07 (4) | 1:53            | +0:19 (2) | 2:26            | +0:52 (5) | 1:33             | +0:12 (4)  | 2:20          | +0:33 (4)  |
|     |      |                                                            |        | 14:58          | +1:15 (2) | 16:09           | +1:30 (2) | 17:39           | +1:04 (2) | 17:51           | +1:03 (2) | 18:28           | +1:13 (2) | 19:06           | +1:26 (2) | 20:21            | +1:42 (2)  | 20:33         | +1:41 (2)  |
|     |      |                                                            |        | 1:13           | 0:00 (1)  | 1:11            | +0:15 (2) | 1:30            | 0:00 (1)  | 0:12            | 0:00 (1)  | 0:37            | +0:10 (2) | 0:38            | +0:13 (6) | 1:15             | +0:16 (3)  | 0:12          | 0:00 (1)   |
| 3   | 4397 | García Domínguez, Jose Luis<br>Culleredo GALLAECIA_RAID    | 21:53  | 1:06           | +0:08 (4) | 1:48            | +0:05 (2) | 5:33            | +0:38 (4) | 5:54            | +0:28 (3) | 7:56            | +0:30 (5) | 10:15           | +0:58 (5) | 11:50            | +1:12 (5)  | 13:59         | +1:34 (3)  |
|     |      |                                                            |        | 1:06           | +0:08 (4) | 0:42            | 0:00 (1)  | 3:45            | +0:55 (4) | 0:21            | 0:00 (1)  | 2:02            | +0:28 (4) | 2:19            | +0:45 (4) | 1:35             | +0:14 (5)  | 2:09          | +0:22 (2)  |
|     |      |                                                            |        | 15:48          | +2:05 (3) | 17:17           | +2:38 (3) | 18:52           | +2:17 (3) | 19:06           | +2:18 (3) | 19:48           | +2:33 (3) | 20:28           | +2:48 (3) | 21:39            | +3:00 (3)  | 21:53         | +3:01 (3)  |
|     |      |                                                            |        | 1:49           | +0:36 (6) | 1:29            | +0:33 (4) | 1:35            | +0:05 (3) | 0:14            | +0:02 (3) | 0:42            | +0:15 (3) | 0:40            | +0:15 (7) | 1:11             | +0:12 (2)  | 0:14          | +0:02 (8)  |
|     |      |                                                            |        | 0:45<br>*65    |           | 4:47<br>*48     |           | 21:25<br>*50    |           |                 |           |                 |           |                 |           |                  |            |               |            |
| 4   | 4728 | Rodríguez Salas, Alberto<br>Nigrán RAZA PALLEIRA           | 22:47  | 1:01           | +0:03 (3) | 1:51            | +0:08 (3) | 5:21            | +0:26 (3) | 5:55            | +0:29 (4) | 7:54            | +0:28 (4) | 10:01           | +0:44 (4) | 11:33            | +0:55 (3)  | 14:51         | +2:26 (4)  |
|     |      |                                                            |        | 1:01           | +0:03 (3) | 0:50            | +0:08 (3) | 3:30            | +0:40 (3) | 0:34            | +0:13 (6) | 1:59            | +0:25 (3) | 2:07            | +0:33 (2) | 1:32             | +0:11 (2)  | 3:18          | +1:31 (8)  |
|     |      |                                                            |        | 16:35          | +2:52 (4) | 17:55           | +3:16 (4) | 19:31           | +2:56 (4) | 19:46           | +2:58 (4) | 20:36           | +3:21 (4) | 21:10           | +3:30 (4) | 22:35            | +3:56 (4)  | 22:47         | +3:55 (4)  |
|     |      |                                                            |        | 1:44           | +0:31 (5) | 1:20            | +0:24 (3) | 1:36            | +0:06 (4) | 0:15            | +0:03 (4) | 0:50            | +0:23 (6) | 0:34            | +0:09 (5) | 1:25             | +0:26 (6)  | 0:12          | +0:00 (2)  |
| 5   | 4796 | Fernández Souto, José Manu<br>LUGO COMPÁS                  | 24:12  | 0:58           | 0:00 (1)  | 1:53            | +0:10 (4) | 4:55            | 0:00 (1)  | 5:26            | 0:00 (1)  | 7:40            | +0:14 (2) | 9:56            | +0:39 (3) | 11:40            | +1:02 (4)  | 15:12         | +2:47 (5)  |
|     |      |                                                            |        | 0:58           | 0:00 (1)  | 0:55            | +0:13 (5) | 3:02            | +0:12 (2) | 0:31            | +0:10 (5) | 2:14            | +0:40 (6) | 2:16            | +0:42 (3) | 1:44             | +0:23 (6)  | 3:32          | +1:45 (9)  |
|     |      |                                                            |        | 16:45          | +3:02 (5) | 18:21           | +3:42 (5) | 20:31           | +3:56 (5) | 21:00           | +4:12 (5) | 21:49           | +4:34 (5) | 22:21           | +4:41 (5) | 23:59            | +5:20 (5)  | 24:12         | +5:20 (5)  |
|     |      |                                                            |        | 1:33           | +0:20 (4) | 1:36            | +0:40 (5) | 2:10            | +0:40 (8) | 0:29            | +0:17 (9) | 0:49            | +0:22 (5) | 0:32            | +0:07 (4) | 1:38             | +0:39 (7)  | 0:13          | +0:01 (6)  |
|     |      |                                                            |        | 14:41<br>*31   |           |                 |           |                 |           |                 |           |                 |           |                 |           |                  |            |               |            |
| 6   | 4420 | López Peiteado, Antonio Javier<br>Culleredo GALLAECIA_RAID | 29:05  | 1:18           | +0:20 (5) | 3:52            | +2:09 (9) | 8:51            | +3:56 (9) | 9:17            | +3:51 (9) | 11:21           | +3:55 (8) | 14:01           | +4:44 (7) | 15:33            | +4:55 (6)  | 17:47         | +5:22 (6)  |
|     |      |                                                            |        | 1:18           | +0:20 (5) | 2:34            | +1:52 (9) | 4:59            | +2:09 (9) | 0:26            | +0:05 (3) | 2:04            | +0:30 (5) | 2:40            | +1:06 (7) | 1:32             | +0:11 (2)  | 2:14          | +0:27 (3)  |
|     |      |                                                            |        | 21:48          | +8:05 (6) | 24:09           | +9:30 (6) | 25:47           | +9:12 (6) | 26:07           | +9:19 (6) | 27:04           | +9:49 (6) | 27:30           | +9:50 (6) | 28:52            | +10:13 (6) | 29:05         | +10:13 (6) |
|     |      |                                                            |        | 4:01           | +2:48 (9) | 2:21            | +1:25 (9) | 1:38            | +0:08 (5) | 0:20            | +0:08 (8) | 0:57            | +0:30 (7) | 0:26            | +0:01 (2) | 1:22             | +0:23 (4)  | 0:13          | +0:00 (4)  |



| Pos              | Nombre                | Sexo                          | Edad      | Equipo         | Tempo        | Resultados                                   |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
|------------------|-----------------------|-------------------------------|-----------|----------------|--------------|----------------------------------------------|--------|--------|--------|--------|-------|---------|--------|--------|--------|--------|-------|---------|--------|---------|-------|--------|-------|-------|--------|-------|--------|--------|-----|
| Masculino 45 (9) |                       |                               |           |                |              | 2,5 km                                       |        | 20 m   |        | 15 C   |       | (cont.) |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                |              | 1(80)                                        |        | 2(57)  |        | 3(32)  |       | 4(48)   |        | 5(36)  |        | 6(37)  |       | 7(38)   |        | 8(49)   |       |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                |              | 9(40)                                        |        | 10(41) |        | 11(44) |       | 12(70)  |        | 13(47) |        | 14(46) |       | 15(200) |        | Meta    |       |        |       |       |        |       |        |        |     |
| 7                | 6367                  | Rodríguez Vázquez, Manuel     | Culleredo | GALLAECIA_RAID | 30:08        | 1:29                                         | +0:31  | (8)    | 2:25   | +0:42  | (6)   | 6:47    | +1:52  | (7)    | 7:21   | +1:55  | (6)   | 10:41   | +3:15  | (7)     | 15:08 | +5:51  | (8)   | 17:15 | +6:37  | (7)   | 19:55  | +7:30  | (7) |
|                  |                       |                               |           |                |              | 1:29                                         | +0:31  | (8)    | 0:56   | +0:14  | (6)   | 4:22    | +1:32  | (7)    | 0:34   | +0:13  | (6)   | 3:20    | +1:46  | (8)     | 4:27  | +2:53  | (9)   | 2:07  | +0:46  | (7)   | 2:40   | +0:53  | (5) |
|                  |                       |                               |           |                |              | 22:25                                        | +8:42  | (7)    | 24:14  | +9:35  | (7)   | 26:20   | +9:45  | (7)    | 26:36  | +9:48  | (7)   | 27:38   | +10:23 | (7)     | 28:33 | +10:53 | (7)   | 29:55 | +11:16 | (7)   | 30:08  | +11:16 | (7) |
|                  |                       |                               |           |                |              | 2:30                                         | +1:17  | (8)    | 1:49   | +0:53  | (7)   | 2:06    | +0:36  | (7)    | 0:16   | +0:04  | (5)   | 1:02    | +0:35  | (8)     | 0:55  | +0:30  | (8)   | 1:22  | +0:23  | (4)   | 0:13   | +0:01  | (7) |
|                  |                       |                               |           |                |              | 10:14<br>*43                                 |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
| 8                | 4360                  | Antón Casado, Arturo          | Culleredo | GALLAECIA_RAID | 30:43        | 1:38                                         | +0:40  | (9)    | 2:35   | +0:52  | (8)   | 7:24    | +2:29  | (8)    | 8:16   | +2:50  | (8)   | 14:02   | +6:36  | (9)     | 16:33 | +7:16  | (9)   | 18:49 | +8:11  | (8)   | 21:29  | +9:04  | (8) |
|                  |                       |                               |           |                |              | 1:38                                         | +0:40  | (9)    | 0:57   | +0:15  | (7)   | 4:49    | +1:59  | (8)    | 0:52   | +0:31  | (8)   | 5:46    | +4:12  | (9)     | 2:31  | +0:57  | (6)   | 2:16  | +0:55  | (8)   | 2:40   | +0:53  | (5) |
|                  |                       |                               |           |                |              | 23:44                                        | +10:01 | (8)    | 25:47  | +11:08 | (8)   | 27:21   | +10:46 | (8)    | 27:37  | +10:49 | (8)   | 28:20   | +11:05 | (8)     | 28:50 | +11:10 | (8)   | 30:30 | +11:51 | (8)   | 30:43  | +11:51 | (8) |
|                  |                       |                               |           |                |              | 2:15                                         | +1:02  | (7)    | 2:03   | +1:07  | (8)   | 1:34    | +0:04  | (2)    | 0:16   | +0:04  | (5)   | 0:43    | +0:16  | (4)     | 0:30  | +0:05  | (3)   | 1:40  | +0:41  | (8)   | 0:13   | +0:00  | (3) |
|                  |                       |                               |           |                |              | 7:51<br>*55                                  |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
| 4804             | Lamela Arias, Alberto | LUGO                          | COMPÁS    | en tarj.       | 1:25         | +0:27                                        | (7)    | 2:26   | +0:43  | (7)    | 6:43  | +1:48   | (6)    | 7:40   | +2:14  | (7)    | 10:40 | +3:14   | (6)    | 13:30   | +4:13 | (6)    | 20:08 | +9:30 | (9)    | 22:56 | +10:31 | (9)    |     |
|                  |                       |                               |           |                | 1:25         | +0:27                                        | (7)    | 1:01   | +0:19  | (8)    | 4:17  | +1:27   | (6)    | 0:57   | +0:36  | (9)    | 3:00  | +1:26   | (7)    | 2:50    | +1:16 | (8)    | 6:38  | +5:17 | (9)    | 2:48  | +1:01  | (7)    |     |
|                  |                       |                               |           |                | 24:24        | +10:41                                       | (9)    | 26:11  | +11:32 | (9)    | 28:22 | +11:47  | (9)    | 28:40  | +11:52 | (9)    | ----- | 31:38   | 33:48  | 34:04   |       |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                | 1:28         | +0:15                                        | (3)    | 1:47   | +0:51  | (6)    | 2:11  | +0:41   | (9)    | 0:18   | +0:06  | (7)    | 2:58  | 2:10    | 0:16   | +0:03   | (9)   |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                | 30:11<br>*76 |                                              |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
| Masculino 55 (7) |                       |                               |           |                |              | 2,3 km                                       |        | 15 m   |        | 16 C   |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                |              | 1(52)                                        |        | 2(57)  |        | 3(32)  |       | 4(55)   |        | 5(61)  |        | 6(42)  |       | 7(37)   |        | 8(38)   |       |        |       |       |        |       |        |        |     |
|                  |                       |                               |           |                |              | 9(31)                                        |        | 10(49) |        | 11(41) |       | 12(44)  |        | 13(70) |        | 14(62) |       | 15(46)  |        | 16(200) |       |        |       |       |        |       |        |        |     |
| 1                | 4820                  | Varela Lorenzo, Francisco     | LUGO      | COMPÁS         | 21:26        | 1:11                                         | 0:00   | (1)    | 2:10   | +0:05  | (2)   | 5:26    | +0:32  | (2)    | 5:43   | +0:27  | (2)   | 8:02    | 0:00   | (1)     | 8:55  | +0:01  | (2)   | 9:34  | 0:00   | (1)   | 11:07  | 0:00   | (1) |
|                  |                       |                               |           |                |              | 1:11                                         | 0:00   | (1)    | 0:59   | +0:07  | (2)   | 3:16    | +0:27  | (2)    | 0:17   | 0:00   | (1)   | 2:19    | 0:00   | (1)     | 0:53  | +0:04  | (3)   | 0:39  | 0:00   | (1)   | 1:33   | +0:07  | (2) |
|                  |                       |                               |           |                |              | 13:45                                        | 0:00   | (1)    | 14:08  | 0:00   | (1)   | 15:59   | 0:00   | (1)    | 17:41  | 0:00   | (1)   | 18:25   | 0:00   | (1)     | 18:56 | 0:00   | (1)   | 19:38 | 0:00   | (1)   | 21:13  | 0:00   | (1) |
|                  |                       |                               |           |                |              | 2:38                                         | 0:00   | (1)    | 0:23   | 0:00   | (1)   | 1:51    | 0:00   | (1)    | 1:42   | 0:00   | (1)   | 0:44    | +0:30  | (6)     | 0:31  | +0:13  | (4)   | 0:42  | +0:24  | (6)   | 1:35   | +0:09  | (2) |
|                  |                       |                               |           |                |              | 21:26<br>0:00<br>(1)<br>0:13<br>+0:00<br>(2) |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
| 2                | 4357                  | Álvarez Estévez, Enrique Luis | Culleredo | GALLAECIA_RAID | 22:18        | 1:13                                         | +0:02  | (2)    | 2:05   | 0:00   | (1)   | 4:54    | 0:00   | (1)    | 5:16   | 0:00   | (1)   | 8:05    | +0:03  | (2)     | 8:54  | 0:00   | (1)   | 9:52  | +0:18  | (2)   | 11:18  | +0:11  | (2) |
|                  |                       |                               |           |                |              | 1:13                                         | +0:02  | (2)    | 0:52   | 0:00   | (1)   | 2:49    | 0:00   | (1)    | 0:22   | +0:05  | (3)   | 2:49    | +0:30  | (2)     | 0:49  | 0:00   | (1)   | 0:58  | +0:19  | (3)   | 1:26   | 0:00   | (1) |
|                  |                       |                               |           |                |              | 14:19                                        | +0:34  | (2)    | 14:53  | +0:45  | (2)   | 18:01   | +2:02  | (2)    | 19:50  | +2:09  | (2)   | 20:04   | +1:39  | (2)     | 20:22 | +1:26  | (2)   | 20:40 | +1:02  | (2)   | 22:06  | +0:53  | (2) |
|                  |                       |                               |           |                |              | 3:01                                         | +0:23  | (2)    | 0:34   | +0:11  | (2)   | 3:08    | +1:17  | (5)    | 1:49   | +0:07  | (2)   | 0:14    | 0:00   | (1)     | 0:18  | 0:00   | (1)   | 0:18  | 0:00   | (1)   | 1:26   | 0:00   | (1) |
|                  |                       |                               |           |                |              | 22:18<br>+0:52<br>(2)<br>0:12<br>0:00<br>(1) |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |
| 3                | 4311                  | Fouz Rodríguez, Marcos        | LUGO      | FLUVIAL_LUGO   | 31:31        | 1:38                                         | +0:27  | (5)    | 3:00   | +0:55  | (6)   | 7:18    | +2:24  | (5)    | 7:44   | +2:28  | (4)   | 12:10   | +4:08  | (4)     | 13:19 | +4:25  | (4)   | 14:38 | +5:04  | (4)   | 17:09  | +6:02  | (4) |
|                  |                       |                               |           |                |              | 1:38                                         | +0:27  | (5)    | 1:22   | +0:30  | (6)   | 4:18    | +1:29  | (4)    | 0:26   | +0:09  | (5)   | 4:26    | +2:07  | (5)     | 1:09  | +0:20  | (4)   | 1:19  | +0:40  | (4)   | 2:31   | +1:05  | (6) |
|                  |                       |                               |           |                |              | 21:04                                        | +7:19  | (4)    | 21:39  | +7:31  | (4)   | 24:44   | +8:45  | (3)    | 27:08  | +9:27  | (3)   | 27:37   | +9:12  | (3)     | 28:21 | +9:25  | (3)   | 29:02 | +9:24  | (3)   | 31:12  | +9:59  | (3) |
|                  |                       |                               |           |                |              | 3:55                                         | +1:17  | (5)    | 0:35   | +0:12  | (3)   | 3:05    | +1:14  | (4)    | 2:24   | +0:42  | (5)   | 0:29    | +0:15  | (3)     | 0:44  | +0:26  | (6)   | 0:41  | +0:23  | (5)   | 2:10   | +0:44  | (4) |
|                  |                       |                               |           |                |              | 31:31<br>+10:05<br>(3)                       |        |        |        |        |       |         |        |        |        |        |       |         |        |         |       |        |       |       |        |       |        |        |     |

| os                          | rsal        | Nombre                             | Tiempo        |                    |                 |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|-----------------------------|-------------|------------------------------------|---------------|--------------------|-----------------|----------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|--------------|-----------------|
| <b>Masculino 55 (7)</b>     |             |                                    |               | <b>2,3 km 15 m</b> | <b>16 C</b>     | <i>(cont.)</i> |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 1(52)              | 2(57)           | 3(32)          | 4(55)           | 5(61)        | 6(42)           | 7(37)        | 8(38)           |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 9(31)              | 10(49)          | 11(41)         | 12(44)          | 13(70)       | 14(62)          | 15(46)       | 16(200)         |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | Meta               |                 |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 0:19               | +0:06 (6)       |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>4</b>                    | <b>4609</b> | <b>Victorero Rey, Jorge</b>        | <b>31:56</b>  | 1:41               | +0:30 (6)       | 2:45           | +0:40 (5)       | 8:26         | +3:32 (6)       | 8:49         | +3:33 (6)       | 12:24        | +4:22 (5)       | 14:55        | +6:01 (5)       | 17:15        | +7:41 (6)       | 19:13        | +8:06 (5)       |
|                             |             | <b>Porto do Son ADC_ARNELA</b>     |               | 1:41               | +0:30 (6)       | 1:04           | +0:12 (4)       | 5:41         | +2:52 (6)       | 0:23         | +0:06 (4)       | 3:35         | +1:16 (4)       | 2:31         | +1:42 (6)       | 2:20         | +1:41 (6)       | 1:58         | +0:32 (4)       |
|                             |             |                                    |               | 22:26              | +8:41 (5)       | 23:23          | +9:15 (5)       | 25:35        | +9:36 (4)       | 27:43        | +10:02 (4)      | 28:10        | +9:45 (4)       | 28:35        | +9:39 (4)       | 29:13        | +9:35 (4)       | 31:42        | +10:29 (4)      |
|                             |             |                                    |               | 3:13               | +0:35 (4)       | 0:57           | +0:34 (6)       | 2:12         | +0:21 (2)       | 2:08         | +0:26 (4)       | 0:27         | +0:13 (2)       | 0:25         | +0:07 (2)       | 0:38         | +0:20 (4)       | 2:29         | +1:03 (5)       |
|                             |             |                                    |               | 31:56              | +10:30 (4)      |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 0:14               | +0:02 (3)       |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>5</b>                    | <b>4516</b> | <b>Aller Estévez, Pablo Adrián</b> | <b>36:14</b>  | 1:27               | +0:16 (4)       | 2:43           | +0:38 (4)       | 7:16         | +2:22 (4)       | 8:17         | +3:01 (5)       | 14:39        | +6:37 (6)       | 15:31        | +6:37 (6)       | 16:59        | +7:25 (5)       | 19:14        | +8:07 (6)       |
|                             |             | <b>Barco de Valdeor OURO</b>       |               | 1:27               | +0:16 (4)       | 1:16           | +0:24 (5)       | 4:33         | +1:44 (5)       | 1:01         | +0:44 (6)       | 6:22         | +4:03 (6)       | 0:52         | +0:03 (2)       | 1:28         | +0:49 (5)       | 2:15         | +0:49 (5)       |
|                             |             |                                    |               | 26:48              | +13:03 (6)      | 27:30          | +13:22 (6)      | 29:50        | +13:51 (5)      | 32:23        | +14:42 (5)      | 32:59        | +14:34 (5)      | 33:28        | +14:32 (5)      | 33:51        | +14:13 (5)      | 36:00        | +14:47 (5)      |
|                             |             |                                    |               | 7:34               | +4:56 (6)       | 0:42           | +0:19 (4)       | 2:20         | +0:29 (3)       | 2:33         | +0:51 (6)       | 0:36         | +0:22 (5)       | 0:29         | +0:11 (3)       | 0:23         | +0:05 (2)       | 2:09         | +0:43 (3)       |
|                             |             |                                    |               | 36:14              | +14:48 (5)      |                |                 | 12:25        |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 0:14               | +0:02 (4)       |                |                 | *42          |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>6</b>                    | <b>4319</b> | <b>Parga Andón, Pedro</b>          | <b>37:47</b>  | 1:25               | +0:14 (3)       | 2:28           | +0:23 (3)       | 5:46         | +0:52 (3)       | 6:03         | +0:47 (3)       | 9:25         | +1:23 (3)       | 11:17        | +2:23 (3)       | 12:13        | +2:39 (3)       | 13:49        | +2:42 (3)       |
|                             |             | <b>LUGO FLUVIAL_LUGO</b>           |               | 1:25               | +0:14 (3)       | 1:03           | +0:11 (3)       | 3:18         | +0:29 (3)       | <b>0:17</b>  | <b>0:00 (1)</b> | 3:22         | +1:03 (3)       | 1:52         | +1:03 (5)       | 0:56         | +0:17 (2)       | 1:36         | +0:10 (3)       |
|                             |             |                                    |               | 17:01              | +3:16 (3)       | 17:46          | +3:38 (3)       | 30:26        | +14:27 (6)      | 32:32        | +14:51 (6)      | 33:03        | +14:38 (6)      | 33:40        | +14:44 (6)      | 34:13        | +14:35 (6)      | 37:32        | +16:19 (6)      |
|                             |             |                                    |               | 3:12               | +0:34 (3)       | 0:45           | +0:22 (5)       | 12:40        | +10:49 (6)      | 2:06         | +0:24 (3)       | 0:31         | +0:17 (4)       | 0:37         | +0:19 (5)       | 0:33         | +0:15 (3)       | 3:19         | +1:53 (6)       |
|                             |             |                                    |               | 37:47              | +16:21 (6)      |                |                 | 23:33        |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 0:15               | +0:02 (5)       |                |                 | *40          |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>6826</b>                 |             | <b>Parga Rilo, Manuel</b>          | <b>andona</b> | -----              |                 | -----          |                 | 14:36        |                 | 24:56        |                 | -----        |                 | -----        |                 | -----        |                 | -----        |                 |
|                             |             | <b>Culleredo GALLAECIA_RAID</b>    |               |                    |                 |                |                 | 14:36        |                 | 10:20        |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | -----              |                 | -----          |                 | -----        |                 | -----        |                 | -----        |                 | -----        |                 | -----        |                 | 29:56        |                 |
|                             |             |                                    |               |                    |                 |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 | 5:00         |                 |
|                             |             |                                    |               | 30:20              |                 |                |                 | 1:18         |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 0:24               | +0:11 (7)       |                |                 | *80          |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>Masculino Senior (6)</b> |             |                                    |               | <b>3,3 km 20 m</b> | <b>19 C</b>     |                |                 |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 1(77)              | 2(80)           | 3(39)          | 4(32)           | 5(33)        | 6(48)           | 7(35)        | 8(56)           |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 9(36)              | 10(37)          | 11(38)         | 12(31)          | 13(42)       | 14(43)          | 15(40)       | 16(44)          |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | 17(45)             | 18(46)          | 19(200)        | Meta            |              |                 |              |                 |              |                 |              |                 |              |                 |              |                 |
| <b>1</b>                    | <b>4477</b> | <b>Somoza Argibay, Iván</b>        | <b>20:39</b>  | <b>0:38</b>        | <b>0:00 (1)</b> | <b>0:46</b>    | <b>0:00 (1)</b> | 2:17         | +0:26 (3)       | <b>4:23</b>  | <b>0:00 (1)</b> | <b>4:37</b>  | <b>0:00 (1)</b> | <b>5:01</b>  | <b>0:00 (1)</b> | <b>7:20</b>  | <b>0:00 (1)</b> | <b>7:33</b>  | <b>0:00 (1)</b> |
|                             |             | <b>Culleredo GALLAECIA_RAID</b>    |               | <b>0:38</b>        | <b>0:00 (1)</b> | <b>0:08</b>    | <b>0:00 (1)</b> | 1:31         | +0:37 (5)       | <b>2:06</b>  | <b>0:00 (1)</b> | <b>0:14</b>  | <b>0:00 (1)</b> | <b>0:24</b>  | <b>0:00 (1)</b> | 2:19         | +0:13 (2)       | <b>0:13</b>  | <b>0:00 (1)</b> |
|                             |             |                                    |               | <b>8:10</b>        | <b>0:00 (1)</b> | <b>9:28</b>    | <b>0:00 (1)</b> | <b>10:39</b> | <b>0:00 (1)</b> | <b>12:39</b> | <b>0:00 (1)</b> | <b>13:15</b> | <b>0:00 (1)</b> | <b>14:55</b> | <b>0:00 (1)</b> | <b>16:42</b> | <b>0:00 (1)</b> | <b>18:25</b> | <b>0:00 (1)</b> |
|                             |             |                                    |               | <b>0:37</b>        | <b>0:00 (1)</b> | <b>1:18</b>    | <b>0:00 (1)</b> | <b>1:11</b>  | <b>0:00 (1)</b> | <b>2:00</b>  | <b>0:00 (1)</b> | <b>0:36</b>  | <b>0:00 (1)</b> | <b>1:40</b>  | <b>0:00 (1)</b> | <b>1:47</b>  | <b>0:00 (1)</b> | <b>1:43</b>  | <b>0:00 (1)</b> |
|                             |             |                                    |               | <b>18:53</b>       | <b>0:00 (1)</b> | <b>19:21</b>   | <b>0:00 (1)</b> | <b>20:28</b> | <b>0:00 (1)</b> | <b>20:39</b> | <b>0:00 (1)</b> |              |                 |              |                 |              |                 |              |                 |
|                             |             |                                    |               | <b>0:28</b>        | <b>0:00 (1)</b> | <b>0:28</b>    | <b>0:00 (1)</b> | 1:07         | +0:04 (2)       | 0:11         | +0:02 (3)       |              |                 |              |                 |              |                 |              |                 |



| os                   | rsal | Nombre                                                  | Tiempo |             |            |        |            |         |            |        |            |        |           |        |           |         |           |        |           |
|----------------------|------|---------------------------------------------------------|--------|-------------|------------|--------|------------|---------|------------|--------|------------|--------|-----------|--------|-----------|---------|-----------|--------|-----------|
| Masculino Senior (6) |      |                                                         |        | 3,3 km 20 m |            | 19 C   |            | (cont.) |            |        |            |        |           |        |           |         |           |        |           |
|                      |      |                                                         |        | 1(77)       |            | 2(80)  |            | 3(39)   |            | 4(32)  |            | 5(33)  |           | 6(48)  |           | 7(35)   |           | 8(56)  |           |
|                      |      |                                                         |        | 9(36)       |            | 10(37) |            | 11(38)  |            | 12(31) |            | 13(42) |           | 14(43) |           | 15(40)  |           | 16(44) |           |
|                      |      |                                                         |        | 17(45)      |            | 18(46) |            | 19(200) |            | Meta   |            |        |           |        |           |         |           |        |           |
| 2                    | 4478 | Somoza Seoane, Anxo<br>Culleredo GALLAECIA_RAID         | 23:19  | 0:43        | +0:05 (3)  | 0:52   | +0:06 (3)  | 1:53    | +0:02 (2)  | 4:33   | +0:10 (2)  | 4:49   | +0:12 (2) | 5:19   | +0:18 (2) | 7:45    | +0:25 (2) | 8:03   | +0:30 (2) |
|                      |      |                                                         |        | 0:43        | +0:05 (3)  | 0:09   | +0:01 (2)  | 1:01    | +0:07 (2)  | 2:40   | +0:34 (3)  | 0:16   | +0:02 (2) | 0:30   | +0:06 (2) | 2:26    | +0:20 (4) | 0:18   | +0:05 (5) |
|                      |      |                                                         |        | 9:04        | +0:54 (3)  | 10:47  | +1:19 (4)  | 12:11   | +1:32 (3)  | 14:16  | +1:37 (3)  | 14:55  | +1:40 (2) | 16:38  | +1:43 (2) | 18:51   | +2:09 (2) | 20:58  | +2:33 (2) |
|                      |      |                                                         |        | 1:01        | +0:24 (6)  | 1:43   | +0:25 (4)  | 1:24    | +0:13 (2)  | 2:05   | +0:05 (2)  | 0:39   | +0:03 (2) | 1:43   | +0:03 (2) | 2:13    | +0:26 (3) | 2:07   | +0:24 (2) |
|                      |      |                                                         |        | 21:28       | +2:35 (2)  | 21:59  | +2:38 (2)  | 23:11   | +2:43 (2)  | 23:19  | +2:40 (2)  |        |           |        |           |         |           |        |           |
|                      |      |                                                         |        | 0:30        | +0:02 (2)  | 0:31   | +0:03 (2)  | 1:12    | +0:09 (3)  | 0:08   | 0:00 (1)   |        |           |        |           |         |           |        |           |
| 3                    | 4352 | Sardinero González, Alan<br>Porto do Son ADC_ARNELA     | 23:29  | 0:42        | +0:04 (2)  | 0:51   | +0:05 (2)  | 2:27    | +0:36 (6)  | 4:55   | +0:32 (3)  | 5:14   | +0:37 (3) | 5:44   | +0:43 (3) | 7:50    | +0:30 (3) | 8:04   | +0:31 (3) |
|                      |      |                                                         |        | 0:42        | +0:04 (2)  | 0:09   | +0:01 (2)  | 1:36    | +0:42 (6)  | 2:28   | +0:22 (2)  | 0:19   | +0:05 (4) | 0:30   | +0:06 (2) | 2:06    | 0:00 (1)  | 0:14   | +0:01 (2) |
|                      |      |                                                         |        | 8:51        | +0:41 (2)  | 10:33  | +1:05 (2)  | 12:00   | +1:21 (2)  | 14:10  | +1:31 (2)  | 14:58  | +1:43 (3) | 16:51  | +1:56 (3) | 19:00   | +2:18 (3) | 21:11  | +2:46 (3) |
|                      |      |                                                         |        | 0:47        | +0:10 (3)  | 1:42   | +0:24 (3)  | 1:27    | +0:16 (4)  | 2:10   | +0:10 (3)  | 0:48   | +0:12 (4) | 1:53   | +0:13 (3) | 2:09    | +0:22 (2) | 2:11   | +0:28 (3) |
|                      |      |                                                         |        | 21:44       | +2:51 (3)  | 22:15  | +2:54 (3)  | 23:18   | +2:50 (3)  | 23:29  | +2:50 (3)  |        |           |        |           |         |           |        |           |
|                      |      |                                                         |        | 0:33        | +0:05 (3)  | 0:31   | +0:03 (2)  | 1:03    | 0:00 (1)   | 0:11   | +0:02 (4)  |        |           |        |           |         |           |        |           |
| 4                    | 4582 | Lagos Carrera, Julio<br>Porto do Son ADC_ARNELA         | 25:58  | 0:47        | +0:09 (4)  | 0:57   | +0:11 (4)  | 1:51    | 0:00 (1)   | 5:02   | +0:39 (4)  | 5:18   | +0:41 (4) | 5:49   | +0:48 (4) | 8:14    | +0:54 (4) | 8:29   | +0:56 (4) |
|                      |      |                                                         |        | 0:47        | +0:09 (4)  | 0:10   | +0:02 (4)  | 0:54    | 0:00 (1)   | 3:11   | +1:05 (6)  | 0:16   | +0:02 (2) | 0:31   | +0:07 (4) | 2:25    | +0:19 (3) | 0:15   | +0:02 (3) |
|                      |      |                                                         |        | 9:14        | +1:04 (4)  | 10:46  | +1:18 (3)  | 12:11   | +1:32 (3)  | 15:33  | +2:54 (4)  | 16:39  | +3:24 (4) | 18:39  | +3:44 (4) | 21:09   | +4:27 (4) | 23:28  | +5:03 (4) |
|                      |      |                                                         |        | 0:45        | +0:08 (2)  | 1:32   | +0:14 (2)  | 1:25    | +0:14 (3)  | 3:22   | +1:22 (5)  | 1:06   | +0:30 (6) | 2:00   | +0:20 (4) | 2:30    | +0:43 (4) | 2:19   | +0:36 (5) |
|                      |      |                                                         |        | 24:02       | +5:09 (4)  | 24:35  | +5:14 (4)  | 25:47   | +5:19 (4)  | 25:58  | +5:19 (4)  |        |           | 0:37   |           |         |           |        |           |
|                      |      |                                                         |        | 0:34        | +0:06 (4)  | 0:33   | +0:05 (4)  | 1:12    | +0:09 (3)  | 0:11   | +0:02 (2)  |        |           | *65    |           |         |           |        |           |
| 5                    | 4608 | Victorero Domínguez, Alejand<br>Porto do Son ADC_ARNELA | 27:58  | 0:54        | +0:16 (5)  | 1:12   | +0:26 (6)  | 2:17    | +0:26 (3)  | 5:13   | +0:50 (6)  | 5:40   | +1:03 (5) | 6:14   | +1:13 (5) | 9:16    | +1:56 (5) | 9:33   | +2:00 (5) |
|                      |      |                                                         |        | 0:54        | +0:16 (5)  | 0:18   | +0:10 (6)  | 1:05    | +0:11 (3)  | 2:56   | +0:50 (5)  | 0:27   | +0:13 (5) | 0:34   | +0:10 (5) | 3:02    | +0:56 (6) | 0:17   | +0:04 (4) |
|                      |      |                                                         |        | 10:25       | +2:15 (5)  | 12:27  | +2:59 (5)  | 14:20   | +3:41 (5)  | 16:45  | +4:06 (5)  | 17:37  | +4:22 (5) | 19:48  | +4:53 (5) | 22:24   | +5:42 (5) | 24:38  | +6:13 (5) |
|                      |      |                                                         |        | 0:52        | +0:15 (4)  | 2:02   | +0:44 (5)  | 1:53    | +0:42 (6)  | 2:25   | +0:25 (4)  | 0:52   | +0:16 (5) | 2:11   | +0:31 (5) | 2:36    | +0:49 (6) | 2:14   | +0:31 (4) |
|                      |      |                                                         |        | 25:31       | +6:38 (5)  | 26:09  | +6:48 (5)  | 27:45   | +7:17 (5)  | 27:58  | +7:19 (5)  |        |           | 27:28  |           |         |           |        |           |
|                      |      |                                                         |        | 0:53        | +0:25 (5)  | 0:38   | +0:10 (5)  | 1:36    | +0:33 (6)  | 0:13   | +0:04 (6)  |        |           | *50    |           |         |           |        |           |
| 6                    | 4316 | Nogueras Marentes, Jose Man<br>Betanzos OP BETANZOS     | 31:28  | 0:54        | +0:16 (5)  | 1:06   | +0:20 (5)  | 2:20    | +0:29 (5)  | 5:05   | +0:42 (5)  | 7:00   | +2:23 (6) | 8:15   | +3:14 (6) | 10:53   | +3:33 (6) | 11:13  | +3:40 (6) |
|                      |      |                                                         |        | 0:54        | +0:16 (5)  | 0:12   | +0:04 (5)  | 1:14    | +0:20 (4)  | 2:45   | +0:39 (4)  | 1:55   | +1:41 (6) | 1:15   | +0:51 (6) | 2:38    | +0:32 (5) | 0:20   | +0:07 (6) |
|                      |      |                                                         |        | 12:09       | +3:59 (6)  | 14:23  | +4:55 (6)  | 16:02   | +5:23 (6)  | 19:48  | +7:09 (6)  | 20:32  | +7:17 (6) | 22:56  | +8:01 (6) | 25:28   | +8:46 (6) | 28:05  | +9:40 (6) |
|                      |      |                                                         |        | 0:56        | +0:19 (5)  | 2:14   | +0:56 (6)  | 1:39    | +0:28 (5)  | 3:46   | +1:46 (6)  | 0:44   | +0:08 (3) | 2:24   | +0:44 (6) | 2:32    | +0:45 (5) | 2:37   | +0:54 (6) |
|                      |      |                                                         |        | 29:00       | +10:07 (6) | 29:47  | +10:26 (6) | 31:16   | +10:48 (6) | 31:28  | +10:49 (6) |        |           |        |           |         |           |        |           |
|                      |      |                                                         |        | 0:55        | +0:27 (6)  | 0:47   | +0:19 (6)  | 1:29    | +0:26 (5)  | 0:12   | +0:03 (5)  |        |           |        |           |         |           |        |           |
| Feminino 35 NC (1)   |      |                                                         |        | 2,6 km 20 m |            | 15 C   |            |         |            |        |            |        |           |        |           |         |           |        |           |
|                      |      |                                                         |        | 1(65)       |            | 2(39)  |            | 3(33)   |            | 4(48)  |            | 5(43)  |           | 6(37)  |           | 7(38)   |           | 8(31)  |           |
|                      |      |                                                         |        | 9(40)       |            | 10(41) |            | 11(44)  |            | 12(45) |            | 13(47) |           | 14(46) |           | 15(200) |           | Meta   |           |
| 1                    | 6182 | Castro Garcia, Julia<br>Ribadesella NORDESTE-O          | 36:18  | 1:18        | 0:00 (1)   | 4:48   | 0:00 (1)   | 8:47    | 0:00 (1)   | 9:51   | 0:00 (1)   | 15:12  | 0:00 (1)  | 19:20  | 0:00 (1)  | 21:38   | 0:00 (1)  | 24:46  | 0:00 (1)  |
|                      |      |                                                         |        | 1:18        | 0:00 (1)   | 3:30   | 0:00 (1)   | 3:59    | 0:00 (1)   | 1:04   | 0:00 (1)   | 5:21   | 0:00 (1)  | 4:08   | 0:00 (1)  | 2:18    | 0:00 (1)  | 3:08   | 0:00 (1)  |
|                      |      |                                                         |        | 26:38       | 0:00 (1)   | 28:22  | 0:00 (1)   | 30:42   | 0:00 (1)   | 32:06  | 0:00 (1)   | 33:08  | 0:00 (1)  | 34:11  | 0:00 (1)  | 36:05   | 0:00 (1)  | 36:18  | 0:00 (1)  |
|                      |      |                                                         |        | 1:52        | 0:00 (1)   | 1:44   | 0:00 (1)   | 2:20    | 0:00 (1)   | 1:24   | 0:00 (1)   | 1:02   | 0:00 (1)  | 1:03   | 0:00 (1)  | 1:54    | 0:00 (1)  | 0:13   | 0:00 (1)  |



| os                  | rsal | Nombre                                           | Tiempo |             |          |        |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
|---------------------|------|--------------------------------------------------|--------|-------------|----------|--------|----------|-------|----------|--------|----------|--------|----------|--------|----------|---------|----------|---------|----------|--|--|--|
| Masculino 35 NC (1) |      |                                                  |        | 2,6 km 20 m |          | 15 C   |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
|                     |      |                                                  |        | 1(65)       |          | 2(39)  | 3(33)    |       |          | 4(48)  |          | 5(43)  |          | 6(37)  |          | 7(38)   |          | 8(31)   |          |  |  |  |
|                     |      |                                                  |        | 9(40)       |          | 10(41) | 11(44)   |       |          | 12(45) |          | 13(47) |          | 14(46) |          | 15(200) |          | Meta    |          |  |  |  |
| 1                   | 2128 | Alvarez Suarez, Angel<br>Ribadesella NORDESTE-O  | 22:16  | 1:16        | 0:00 (1) | 2:29   | 0:00 (1) | 5:04  | 0:00 (1) | 5:39   | 0:00 (1) | 7:31   | 0:00 (1) | 10:12  | 0:00 (1) | 11:50   | 0:00 (1) | 15:21   | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 1:16        | 0:00 (1) | 1:13   | 0:00 (1) | 2:35  | 0:00 (1) | 0:35   | 0:00 (1) | 1:52   | 0:00 (1) | 2:41   | 0:00 (1) | 1:38    | 0:00 (1) | 3:31    | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 16:33       | 0:00 (1) | 17:55  | 0:00 (1) | 19:18 | 0:00 (1) | 19:53  | 0:00 (1) | 20:15  | 0:00 (1) | 20:47  | 0:00 (1) | 22:04   | 0:00 (1) | 22:16   | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 1:12        | 0:00 (1) | 1:22   | 0:00 (1) | 1:23  | 0:00 (1) | 0:35   | 0:00 (1) | 0:22   | 0:00 (1) | 0:32   | 0:00 (1) | 1:17    | 0:00 (1) | 0:12    | 0:00 (1) |  |  |  |
|                     |      |                                                  |        |             |          | 9:06   |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
|                     |      |                                                  |        |             |          | *60    |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
| Masculino 55 NC (1) |      |                                                  |        | 2,3 km 15 m |          | 16 C   |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
|                     |      |                                                  |        | 1(52)       |          | 2(57)  | 3(32)    |       |          | 4(55)  |          | 5(61)  |          | 6(42)  |          | 7(37)   |          | 8(38)   |          |  |  |  |
|                     |      |                                                  |        | 9(31)       |          | 10(49) | 11(41)   |       |          | 12(44) |          | 13(70) |          | 14(62) |          | 15(46)  |          | 16(200) |          |  |  |  |
|                     |      |                                                  |        | Meta        |          |        |          |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |
| 1                   | 1481 | Pérez Martin, Santiago Guiller<br>Granada VELETA | 27:11  | 1:39        | 0:00 (1) | 2:46   | 0:00 (1) | 6:35  | 0:00 (1) | 7:00   | 0:00 (1) | 10:45  | 0:00 (1) | 12:14  | 0:00 (1) | 13:26   | 0:00 (1) | 15:31   | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 1:39        | 0:00 (1) | 1:07   | 0:00 (1) | 3:49  | 0:00 (1) | 0:25   | 0:00 (1) | 3:45   | 0:00 (1) | 1:29   | 0:00 (1) | 1:12    | 0:00 (1) | 2:05    | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 18:48       | 0:00 (1) | 19:19  | 0:00 (1) | 21:27 | 0:00 (1) | 23:27  | 0:00 (1) | 23:48  | 0:00 (1) | 24:14  | 0:00 (1) | 24:50   | 0:00 (1) | 26:53   | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 3:17        | 0:00 (1) | 0:31   | 0:00 (1) | 2:08  | 0:00 (1) | 2:00   | 0:00 (1) | 0:21   | 0:00 (1) | 0:26   | 0:00 (1) | 0:36    | 0:00 (1) | 2:03    | 0:00 (1) |  |  |  |
|                     |      |                                                  |        | 27:11       | 0:00 (1) | 0:18   | 0:00 (1) |       |          |        |          |        |          |        |          |         |          |         |          |  |  |  |