

Cto Galego Distancia Longa

| ELITE | | 8,7 km | 400 |
|---------------------|----|--------|-----|
| ▷ | ↙ | ↘ | ↗ |
| 1 31 | ↑ | ▬ | ○ |
| 2 32 | ▲ | | ○ |
| 3 33 | ↘ | ▲ | ○ |
| 4 35 | ↑↓ | ⊗ | ∧ |
| 5 34 | ↑ | ▲ | ○ |
| 6 36 | | ⋈ | ○ |
| 7 40 | | ∩ | ○ |
| 8 57 | | ⊗ | ↗ |
| 9 37 | | ▲ | ○ |
| 10 38 | | ⊗ | ○ |
| 11 39 | | ⊗ | ∩ |
| 12 44 | ↓ | ▲ | ⊗ |
| 13 45 | | ∩ | ○ |
| 14 46 | | ∩ | ∩ |
| 15 93 | | ▲ | ○ |
| 16 56 | ↗ | ⊗ | ○ |
| 17 50 | | ⊗ | ○ |
| 18 49 | ↑ | ▲ | ○ |
| 19 48 | | ∩ | ∩ |
| 20 52 | → | ▬ | ∩ |
| 21 75 | | ▲ | ○ |
| 22 76 | | ∩ | |
| 23 53 | ↑↓ | ⊗ | ↗ |
| 24 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F- ELITE | | 7,3 km | 280 |
|---------------------|----|--------|-----|
| ▷ | ↙ | ↘ | ↗ |
| 1 31 | ↑ | ▬ | ○ |
| 2 91 | | ↗ | ∧ |
| 3 66 | | ⊗ | ○ |
| 4 34 | ↑ | ▲ | ○ |
| 5 64 | | ▲ | ○ |
| 6 36 | | ⋈ | ○ |
| 7 57 | | ⊗ | ↗ |
| 8 37 | | ▲ | ○ |
| 9 38 | | ⊗ | ○ |
| 10 65 | | ▬ | ○ |
| 11 59 | ↙ | ▬ | ∩ |
| 12 44 | ↓ | ▲ | ⊗ |
| 13 42 | → | ▲ | ○ |
| 14 50 | | ⊗ | ○ |
| 15 72 | → | ▬ | ∩ |
| 16 98 | | ▲ | ○ |
| 17 95 | | ⊗ | ○ |
| 18 53 | ↑↓ | ⊗ | ↗ |
| 19 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-12 | | 2,9 km | 88 |
|---------------------|----|--------|----|
| ▷ | | ↘ | < |
| 1 87 | ↑↓ | ↗ | ⊗ |
| 2 85 | | ↘ | ↗ |
| 3 89 | ↙ | ⋈ | ○ |
| 4 102 | | ↘ | ↗ |
| 5 54 | | ↘ | ↗ |
| 6 83 | | ⊗ | ○ |
| 7 103 | → | ↘ | ↗ |
| 8 81 | ↘ | ⋈ | ○ |
| 9 104 | | ▲ | ○ |
| 10 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-14 | | 4,4 km | 108 |
|---------------------|----|--------|-----|
| ▷ | | ↘ | < |
| 1 87 | ↑↓ | ↗ | ⊗ |
| 2 85 | | ↘ | ↗ |
| 3 89 | ↙ | ⋈ | ○ |
| 4 54 | | ↘ | ↗ |
| 5 56 | ↗ | ⊗ | ○ |
| 6 69 | ↘ | ▲ | ○ |
| 7 70 | | ⋈ | ○ |
| 8 83 | | ⊗ | ○ |
| 9 82 | ↑ | ⋈ | ○ |
| 10 80 | ↓ | ↗ | ∩ |
| 11 79 | | ▲ | ○ |
| 12 81 | ↘ | ⋈ | ○ |
| 13 96 | | ↗ | ∩ |
| 14 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-21B | | 5,3 km | 139 |
|---------------------|---|--------|-----|
| ▷ | | ↘ | < |
| 1 85 | | ↘ | ↗ |
| 2 48 | | ∩ | ∩ |
| 3 74 | | ■ | ∩ |
| 4 83 | | ⊗ | ○ |
| 5 73 | | ⊗ | ○ |
| 6 56 | ↗ | ⊗ | ○ |
| 7 99 | | ↘ | ⊗ |
| 8 67 | | ⋈ | ○ |
| 9 101 | | ⋈ | ○ |
| 10 58 | | ↗ | ∩ |
| 11 90 | | ↘ | ↗ |
| 12 79 | | ▲ | ○ |
| 13 96 | | ↗ | ∩ |
| 14 77 | | ⊗ | ○ |
| 15 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-16 | | 5,1 km | 130 |
|---------------------|----|--------|-----|
| ▷ | | ↘ | < |
| 1 86 | ↑ | ▲ | ⊗ |
| 2 88 | ↑↓ | ▲ | ○ |
| 3 74 | | ■ | ∩ |
| 4 83 | | ⊗ | ○ |
| 5 58 | | ↗ | ∩ |
| 6 101 | | ⋈ | ○ |
| 7 46 | | ∩ | ∩ |
| 8 67 | | ⋈ | ○ |
| 9 99 | | ↘ | ⊗ |
| 10 80 | ↓ | ↗ | ∩ |
| 11 79 | | ▲ | ○ |
| 12 89 | ↙ | ⋈ | ○ |
| 13 87 | ↑↓ | ↗ | ∩ |
| 14 77 | | ⊗ | ○ |
| 15 95 | | ⊗ | ○ |
| 16 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-18 | | 5,5 km | 145 |
|---------------------|----|--------|-----|
| ▷ | | ↘ | < |
| 1 98 | | ▲ | ○ |
| 2 86 | ↑ | ▲ | ⊗ |
| 3 88 | ↑↓ | ▲ | ○ |
| 4 72 | → | ▬ | ∩ |
| 5 73 | | ⊗ | ○ |
| 6 56 | ↗ | ⊗ | ○ |
| 7 41 | | ⊗ | ↗ |
| 8 61 | | ▲ | ○ |
| 9 97 | ↑ | ▬ | ○ |
| 10 63 | | ▬ | ∩ |
| 11 60 | ↑↓ | ▲ | ○ |
| 12 46 | | ∩ | ∩ |
| 13 58 | | ↗ | ∩ |
| 14 91 | | ↗ | ∧ |
| 15 74 | | ■ | ∩ |
| 16 78 | ↗ | ▲ | ○ |
| 17 95 | | ⊗ | ○ |
| 18 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-21A | | 6,6 km | 200 |
|---------------------|----|--------|-----|
| ▷ | | ↘ | < |
| 1 48 | | ∩ | ∩ |
| 2 72 | → | ▬ | ∩ |
| 3 73 | | ⊗ | ○ |
| 4 56 | ↗ | ⊗ | ○ |
| 5 32 | | ▲ | ○ |
| 6 99 | | ↘ | ⊗ |
| 7 61 | | ▲ | ○ |
| 8 45 | | ∩ | ○ |
| 9 59 | ↙ | ▬ | ∩ |
| 10 46 | | ∩ | ∩ |
| 11 62 | ↑↓ | ▲ | ○ |
| 12 63 | | ▬ | ∩ |
| 13 60 | ↑↓ | ▲ | ○ |
| 14 31 | ↑ | ▬ | ○ |
| 15 84 | | ▲ | ○ |
| 16 50 | | ⊗ | ○ |
| 17 74 | | ■ | ∩ |
| 18 77 | | ⊗ | ○ |
| 19 53 | ↑↓ | ⊗ | ↗ |
| 20 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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Cto Galego Distancia Longa

| F-35 | | 6,8 km | 250 |
|---------------------|----|--------|-----|
| ▷ | | ↘ | ↗ |
| 1 58 | | ↗ | ∩ |
| 2 91 | | ↗ | ∧ |
| 3 66 | | ⊗ | ○ |
| 4 62 | ↑↓ | ▲ | ○ |
| 5 97 | ↑ | ▬ | ○ |
| 6 68 | ↓ | ⋈ | ○ |
| 7 46 | | ∩ | ∩ |
| 8 60 | ↑↓ | ▲ | ○ |
| 9 59 | ↙ | ▬ | ∩ |
| 10 44 | ↓ | ▲ | ⊗ |
| 11 93 | | ▲ | ○ |
| 12 72 | → | ▬ | ∩ |
| 13 71 | | ▬ | ○ |
| 14 43 | | ▬ | ∩ |
| 15 42 | → | ▲ | ○ |
| 16 50 | | ⊗ | ○ |
| 17 52 | → | ▬ | ∩ |
| 18 76 | | ∩ | |
| 19 77 | | ⊗ | ○ |
| 20 95 | | ⊗ | ○ |
| 21 53 | ↑↓ | ⊗ | ↗ |
| 22 100 | | ↘ | < |
| ○----- 90 m ----->◎ | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|-------|---|
| F-40 | 6,3 km | 200 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 88 | ↑↓ | ▲ | 2 | ○ |
| 2 72 | → | ▬ | | └ |
| 3 50 | | × | | ○ |
| 4 73 | | ⊗ | | ○ |
| 5 41 | | ▨ | ↗ | |
| 6 56 | ↗ | ⊗ | | ○ |
| 7 61 | | ▲ | 0.5/2 | ○ |
| 8 66 | | ⊙ | | ○ |
| 9 62 | ↑↓ | ▲ | | ○ |
| 10 97 | ↑ | ▬ | | ○ |
| 11 46 | | ∩ | | |
| 12 60 | ↑↓ | ▲ | | ○ |
| 13 59 | ↙ | ▬ | | └ |
| 14 44 | ↓ | ▲ | ▨ | ○ |
| 15 58 | | ↗ | ↗ | ↘ |
| 16 52 | → | ▬ | | └ |
| 17 78 | ↗ | ▲ | | ○ |
| 18 53 | ↑↓ | ▨ | ↗ | |
| 19 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|---|---|
| F-50 | 5,0 km | 180 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 98 | | ▲ | | ○ |
| 2 48 | | ∩ | | |
| 3 50 | | × | | ○ |
| 4 42 | → | ▲ | 2 | ○ |
| 5 41 | | ▨ | ↗ | |
| 6 58 | | ↗ | ↗ | ↘ |
| 7 46 | | ∩ | | |
| 8 59 | ↙ | ▬ | | └ |
| 9 56 | ↗ | ⊗ | | ○ |
| 10 84 | | ▲ | | ○ |
| 11 73 | | ⊗ | | ○ |
| 12 51 | ↑↓ | ▲ | | ○ |
| 13 78 | ↗ | ▲ | | ○ |
| 14 75 | | ▲ | | ○ |
| 15 76 | | ⚡ | | |
| 16 77 | | ✳ | | ○ |
| 17 95 | | ⊙ | | ○ |
| 18 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|----|---|---|
| INI-CURTA | 3,3 km | 90 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 87 | ↑↓ | ↗ | ▨ | └ |
| 2 85 | | ↘ | ↗ | ↘ |
| 3 89 | ↖ | ▲ | | ○ |
| 4 102 | | ↘ | ↗ | ↘ |
| 5 54 | | ↘ | ↗ | ↘ |
| 6 83 | | ⊗ | | ○ |
| 7 82 | ↑ | ▲ | | ○ |
| 8 90 | | ↘ | ↗ | ↘ |
| 9 80 | ↓ | ↗ | | └ |
| 10 81 | ↘ | ▲ | | ○ |
| 11 104 | | ▲ | | ○ |
| 12 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|---|---|
| M-14 | 4,4 km | 108 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 87 | ↑↓ | ↗ | ▨ | └ |
| 2 85 | | ↘ | ↗ | ↘ |
| 3 89 | ↖ | ▲ | | ○ |
| 4 54 | | ↘ | ↗ | ↘ |
| 5 56 | ↗ | ⊗ | | ○ |
| 6 69 | ↘ | ▲ | | ○ |
| 7 70 | | ▲ | | ○ |
| 8 83 | | ⊗ | | ○ |
| 9 82 | ↑ | ▲ | | ○ |
| 10 80 | ↓ | ↗ | | └ |
| 11 79 | | ▲ | | ○ |
| 12 81 | ↘ | ▲ | | ○ |
| 13 96 | | ↗ | ↗ | └ |
| 14 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|---|---|
| INI-LONGA | 5,0 km | 110 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 85 | | ↘ | ↗ | ↘ |
| 2 89 | ↖ | ▲ | | ○ |
| 3 70 | | ▲ | | ○ |
| 4 69 | ↘ | ▲ | | ○ |
| 5 83 | | ⊗ | | ○ |
| 6 58 | | ↗ | ↗ | ↘ |
| 7 56 | ↗ | ⊗ | | ○ |
| 8 102 | | ↘ | ↗ | ↘ |
| 9 54 | | ↘ | ↗ | ↘ |
| 10 80 | ↓ | ↗ | | └ |
| 11 79 | | ▲ | | ○ |
| 12 82 | ↑ | ▲ | | ○ |
| 13 96 | | ↗ | ↗ | └ |
| 14 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|-------|---|
| M-16 | 5,4 km | 137 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 86 | ↑ | ▲ | ▨ | ○ |
| 2 48 | | ∩ | | |
| 3 74 | | ■ | | └ |
| 4 83 | | ⊗ | | ○ |
| 5 58 | | ↗ | ↗ | ↘ |
| 6 101 | | ▲ | | ○ |
| 7 46 | | ∩ | | |
| 8 61 | | ▲ | 0.5/2 | ○ |
| 9 67 | | ▲ | | ○ |
| 10 99 | | ↘ | ↗ | × |
| 11 80 | ↓ | ↗ | | └ |
| 12 79 | | ▲ | | ○ |
| 13 89 | ↖ | ▲ | | ○ |
| 14 88 | ↑↓ | ▲ | 2 | ○ |
| 15 87 | ↑↓ | ↗ | ▨ | └ |
| 16 77 | | ✳ | | ○ |
| 17 95 | | ⊙ | | ○ |
| 18 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|-------|---|
| F-45 | 6,0 km | 200 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 98 | | ▲ | | ○ |
| 2 48 | | ∩ | | |
| 3 84 | | ▲ | | ○ |
| 4 56 | ↗ | ⊗ | | ○ |
| 5 44 | ↓ | ▲ | ▨ | ○ |
| 6 45 | | ∪ | | ○ |
| 7 46 | | ∩ | | |
| 8 67 | | ▲ | | ○ |
| 9 97 | ↑ | ▬ | | ○ |
| 10 62 | ↑↓ | ▲ | | ○ |
| 11 63 | | ▬ | | └ |
| 12 61 | | ▲ | 0.5/2 | ○ |
| 13 91 | | ↗ | ↗ | ↘ |
| 14 41 | | ▨ | ↗ | |
| 15 73 | | ⊗ | | ○ |
| 16 50 | | × | | ○ |
| 17 51 | ↑↓ | ▲ | | ○ |
| 18 78 | ↗ | ▲ | | ○ |
| 19 95 | | ⊙ | | ○ |
| 20 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|-----|-------|---|
| F-55 | 4,8 km | 140 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 58 | | ↗ | ↗ | ↘ |
| 2 91 | | ↗ | ↗ | ↘ |
| 3 46 | | ∩ | | |
| 4 67 | | ▲ | | ○ |
| 5 61 | | ▲ | 0.5/2 | ○ |
| 6 59 | ↙ | ▬ | | └ |
| 7 56 | ↗ | ⊗ | | ○ |
| 8 41 | | ▨ | ↗ | |
| 9 42 | → | ▲ | 2 | ○ |
| 10 71 | | ▬ | | ○ |
| 11 72 | → | ▬ | | └ |
| 12 98 | | ▲ | | ○ |
| 13 51 | ↑↓ | ▲ | | ○ |
| 14 74 | | ■ | | └ |
| 15 78 | ↗ | ▲ | | ○ |
| 16 77 | | ✳ | | ○ |
| 17 53 | ↑↓ | ▨ | ↗ | |
| 18 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | | |
|----------------------------|--------|----|---|---|
| M-12 | 2,9 km | 88 | | |
| ▷ | ↙ | ↘ | ↗ | ↖ |
| 1 87 | ↑↓ | ↗ | ▨ | └ |
| 2 85 | | ↘ | ↗ | ↘ |
| 3 89 | ↖ | ▲ | | ○ |
| 4 102 | | ↘ | ↗ | ↘ |
| 5 54 | | ↘ | ↗ | ↘ |
| 6 83 | | ⊗ | | ○ |
| 7 103 | → | ↘ | ↗ | ↘ |
| 8 81 | ↘ | ▲ | | ○ |
| 9 104 | | ▲ | | ○ |
| 10 100 | | ↘ | < | |
| ○----- 90 m ----->◎ | | | | |

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| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|-------|
| M-18 | 6,8 km | 250 | |
| ▷ | | ↗ | < |
| 1 | 88 | ↑↑ | ▲ |
| 2 | 72 | → | ≡ |
| 3 | 50 | × | ○ |
| 4 | 74 | ■ | ┌ |
| 5 | 51 | ↑↑ | ▲ |
| 6 | 73 | ⊗ | ○ |
| 7 | 58 | ↗ | ↘ |
| 8 | 44 | ↓ | ▲ |
| 9 | 56 | ↗ | ⊗ |
| 10 | 41 | ↘ | ↘ |
| 11 | 61 | ▲ | 0.5/2 |
| 12 | 66 | ⊙ | ○ |
| 13 | 62 | ↑↑ | ▲ |
| 14 | 67 | ↑ | ○ |
| 15 | 68 | ↓ | ↑ |
| 16 | 32 | ▲ | ○ |
| 17 | 94 | ▲ | ○ |
| 18 | 52 | → | ≡ |
| 19 | 78 | ↗ | ▲ |
| 20 | 95 | ⊙ | ○ |
| 21 | 53 | ↑↑ | ↘ |
| 22 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|---|
| M-21B | 5,9 km | 150 | |
| ▷ | | ↗ | < |
| 1 | 85 | ↗ | ↘ |
| 2 | 48 | ∩ | |
| 3 | 74 | ■ | ┌ |
| 4 | 83 | ⊞ | ○ |
| 5 | 73 | ⊗ | ○ |
| 6 | 71 | ≡ | ○ |
| 7 | 56 | ↗ | ⊗ |
| 8 | 99 | ↗ | × |
| 9 | 67 | ↑ | ○ |
| 10 | 101 | ↑ | ○ |
| 11 | 58 | ↗ | ↘ |
| 12 | 90 | ↗ | ↘ |
| 13 | 79 | ▲ | ○ |
| 14 | 96 | ↗ | ↘ |
| 15 | 77 | * | ○ |
| 16 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|---|
| M-40 | 7,1 km | 285 | |
| ▷ | | ↗ | ↘ |
| 1 | 88 | ↑↑ | ▲ |
| 2 | 72 | → | ≡ |
| 3 | 71 | ≡ | ○ |
| 4 | 43 | ≡ | ┌ |
| 5 | 42 | → | ▲ |
| 6 | 84 | ▲ | ○ |
| 7 | 41 | ↘ | ↘ |
| 8 | 91 | ↗ | ↘ |
| 9 | 66 | ⊙ | ○ |
| 10 | 33 | ↘ | ▲ |
| 11 | 64 | ▲ | ○ |
| 12 | 34 | ↑ | ▲ |
| 13 | 62 | ↑↑ | ▲ |
| 14 | 60 | ↑↑ | ▲ |
| 15 | 59 | ↗ | ≡ |
| 16 | 44 | ↓ | ▲ |
| 17 | 94 | ▲ | ○ |
| 18 | 52 | → | ≡ |
| 19 | 77 | * | ○ |
| 20 | 95 | ⊙ | ○ |
| 21 | 53 | ↑↑ | ↘ |
| 22 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|-------|
| M-50 | 5,9 km | 215 | |
| ▷ | | ↗ | ↘ |
| 1 | 88 | ↑↑ | ▲ |
| 2 | 72 | → | ≡ |
| 3 | 42 | → | ▲ |
| 4 | 93 | ▲ | ○ |
| 5 | 56 | ↗ | ⊗ |
| 6 | 44 | ↓ | ▲ |
| 7 | 46 | ∩ | |
| 8 | 61 | ▲ | 0.5/2 |
| 9 | 66 | ⊙ | ○ |
| 10 | 63 | ≡ | ┌ |
| 11 | 67 | ↑ | ○ |
| 12 | 91 | ↗ | ↘ |
| 13 | 94 | ▲ | ○ |
| 14 | 50 | × | ○ |
| 15 | 52 | → | ≡ |
| 16 | 76 | ⊞ | |
| 17 | 77 | * | ○ |
| 18 | 95 | ⊙ | ○ |
| 19 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|---|
| M-35 | 7,5 km | 340 | |
| ▷ | | ↗ | ↘ |
| 1 | 31 | ↑ | ≡ |
| 2 | 47 | ∩ | ○ |
| 3 | 62 | ↑↑ | ▲ |
| 4 | 66 | ⊙ | ○ |
| 5 | 33 | ↘ | ▲ |
| 6 | 36 | ↑ | ○ |
| 7 | 40 | ∩ | ○ |
| 8 | 92 | ↗ | ≡ |
| 9 | 37 | ▲ | ○ |
| 10 | 57 | ⊞ | ○ |
| 11 | 69 | ↘ | ▲ |
| 12 | 43 | ≡ | ┌ |
| 13 | 84 | ▲ | ○ |
| 14 | 58 | ↗ | ↘ |
| 15 | 59 | ↗ | ≡ |
| 16 | 44 | ↓ | ▲ |
| 17 | 50 | × | ○ |
| 18 | 52 | → | ≡ |
| 19 | 76 | ⊞ | |
| 20 | 53 | ↑↑ | ↘ |
| 21 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|-------|
| M-45 | 6,9 km | 260 | |
| ▷ | | ↗ | ↘ |
| 1 | 59 | ↗ | ≡ |
| 2 | 44 | ↓ | ▲ |
| 3 | 41 | ↘ | ↘ |
| 4 | 99 | ↗ | × |
| 5 | 66 | ⊙ | ○ |
| 6 | 34 | ↑ | ▲ |
| 7 | 62 | ↑↑ | ▲ |
| 8 | 97 | ↑ | ≡ |
| 9 | 61 | ▲ | 0.5/2 |
| 10 | 46 | ∩ | |
| 11 | 47 | ∩ | ○ |
| 12 | 94 | ▲ | ○ |
| 13 | 84 | ▲ | ○ |
| 14 | 50 | × | ○ |
| 15 | 49 | ↑ | ▲ |
| 16 | 48 | ∩ | |
| 17 | 51 | ↑↑ | ▲ |
| 18 | 76 | ⊞ | |
| 19 | 53 | ↑↑ | ↘ |
| 20 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|-------|
| M-55 | 5,4 km | 210 | |
| ▷ | | ↗ | ↘ |
| 1 | 88 | ↑↑ | ▲ |
| 2 | 72 | → | ≡ |
| 3 | 73 | ⊗ | ○ |
| 4 | 56 | ↗ | ⊗ |
| 5 | 45 | ∩ | ○ |
| 6 | 46 | ∩ | |
| 7 | 61 | ▲ | 0.5/2 |
| 8 | 68 | ↓ | ↑ |
| 9 | 58 | ↗ | ↘ |
| 10 | 84 | ▲ | ○ |
| 11 | 50 | × | ○ |
| 12 | 75 | ▲ | ○ |
| 13 | 76 | ⊞ | |
| 14 | 78 | ↗ | ▲ |
| 15 | 95 | ⊙ | ○ |
| 16 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |

| Cto Galego Distancia Longa | | | |
|----------------------------|--------|-----|-------|
| M-21A | 7,6 km | 320 | |
| ▷ | | ↗ | < |
| 1 | 86 | ↑ | ▲ |
| 2 | 48 | ∩ | |
| 3 | 50 | × | ○ |
| 4 | 44 | ↓ | ▲ |
| 5 | 57 | ⊞ | ○ |
| 6 | 92 | ↗ | ≡ |
| 7 | 39 | ⊞ | ○ |
| 8 | 65 | ≡ | ┌ |
| 9 | 59 | ↗ | ≡ |
| 10 | 61 | ▲ | 0.5/2 |
| 11 | 66 | ⊙ | ○ |
| 12 | 63 | ≡ | ┌ |
| 13 | 68 | ↓ | ↑ |
| 14 | 32 | ▲ | ○ |
| 15 | 47 | ∩ | ○ |
| 16 | 74 | ■ | ┌ |
| 17 | 75 | ▲ | ○ |
| 18 | 76 | ⊞ | |
| 19 | 77 | * | ○ |
| 20 | 95 | ⊙ | ○ |
| 21 | 100 | ↗ | < |
| ○----- 90 m ----->⊙ | | | |