

Pos	Jorsal	Nombre	Tiempo																
				5,5 km 185 m					18 C					(cont.)					
				1(69)	2(68)	3(84)	4(48)	5(50)	6(59)	7(34)	8(58)	9(45)	10(42)	11(65)	12(73)	13(79)	14(78)		
				15(80)	16(48)	17(52)	18(100)	F											
Feminino 21 A (12)																			
7	146	Elena Lourido Gacif ADC ARNELA Porto	1:04:28	5:38	8:01	9:26	11:42	13:59	20:20	23:18	27:18	31:00	35:33	39:28	41:03	44:26	47:09		
				5:38	2:23	1:25	2:16	2:17	6:21	2:58	4:00	3:42	4:33	3:55	1:35	3:23	2:43		
				49:11	51:50	57:53	1:02:53	1:04:28											
				2:02	2:39	6:03	5:00	1:35											
8	102	Bibiana González C GALLAECIA a coruñ	1:06:20	7:38	10:11	11:21	12:56	14:39	18:10	20:39	26:39	33:55	36:36	41:37	43:08	46:25	49:52		
				7:38	2:33	1:10	1:35	1:43	3:31	2:29	6:00	7:16	2:41	5:01	1:31	3:17	3:27		
				51:53	54:23	1:00:45	1:04:49	1:06:20											
				2:01	2:30	6:22	4:04	1:31											
9	414	Alexia Loureiro Gar ROBALIZA Cambre	1:15:08	7:45	10:27	11:37	13:19	15:34	20:06	24:12	30:50	34:23	40:52	44:51	46:56	52:30	55:38		
				7:45	2:42	1:10	1:42	2:15	4:32	4:06	6:38	3:33	6:29	3:59	2:05	5:34	3:08		
				58:23	1:04:28	1:08:48	1:13:31	1:15:08											
				2:45	6:05	4:20	4:43	1:37											
10	540	Fabiola Estevez Mér AROMON Pontevedr	1:44:17	13:11	17:27	19:38	22:56	26:07	32:53	39:04	50:08	56:21	1:00:24	1:06:29	1:08:56	1:14:02	1:19:26		
				13:11	4:16	2:11	3:18	3:11	6:46	6:11	11:04	6:13	4:03	6:05	2:27	5:06	5:24		
				1:26:31	1:30:00	1:36:13	1:41:29	1:44:17											
				7:05	3:29	6:13	5:16	2:48											
11	262	Carmen Ferrero Del BRIGANTIA A Coruñ	1:48:45	7:51	13:13	14:43	17:25	20:34	27:49	36:58	49:09	55:43	1:09:17	1:14:23	1:16:58	1:22:40	1:26:00		
				7:51	5:22	1:30	2:42	3:09	7:15	9:09	12:11	6:34	13:34	5:06	2:35	5:42	3:20		
				1:29:13	1:32:44	1:41:00	1:46:15	1:48:45											
				3:13	3:31	8:16	5:15	2:30											
12	536	Cristina Zolle Ferná FLUVIAL LU Lugo	1:50:59	15:34	20:54	24:00	27:16	31:15	38:12	42:41	50:36	59:08	1:03:44	1:09:51	1:12:56	1:18:12	1:21:54		
				15:34	5:20	3:06	3:16	3:59	6:57	4:29	7:55	8:32	4:36	6:07	3:05	5:16	3:42		
				1:25:10	1:30:12	1:40:41	1:47:52	1:50:59											
				3:16	5:02	10:29	7:11	3:07											
Feminino 21 B (14)																			
				1(62)	2(77)	3(81)	4(52)	5(51)	6(48)	7(78)	8(47)	9(45)	10(73)	11(66)	12(80)	13(48)	14(49)		
				15(68)	16(69)	17(100)	F												
1	91	Alba Dopico Golpe GALLAECIA a coruñ	1:00:04	1:52	4:03	6:13	14:54	18:18	21:24	24:21	28:10	31:56	38:01	41:06	43:41	46:36	48:56		
				1:52	2:11	2:10	8:41	3:24	3:06	2:57	3:49	3:46	6:05	3:05	2:35	2:55	2:20		
				50:06	53:43	58:48	1:00:04												
				1:10	3:37	5:05	1:16												
2	342	Patricia Castro Pico MONTAÑA FE Ferro	1:21:06	3:04	6:26	8:38	16:44	20:52	27:41	32:32	36:48	41:41	51:59	56:49	1:01:00	1:03:42	1:06:06		
				3:04	3:22	2:12	8:06	4:08	6:49	4:51	4:16	4:53	10:18	4:50	4:11	2:42	2:24		
				1:07:47	1:13:07	1:19:11	1:21:06												
				1:41	5:20	6:04	1:55												
3	275	Victoria López Perm BRIGANTIA A Coruñ	1:22:56	2:42	3:53	7:26	12:10	17:39	22:35	26:17	33:25	41:54	48:00	58:34	1:01:34	1:04:46	1:06:47		
				2:42	1:11	3:33	4:44	5:29	4:56	3:42	7:08	8:29	6:06	10:34	3:00	3:12	2:01		
				1:08:14	1:17:01	1:21:15	1:22:56												
				1:27	8:47	4:14	1:41												
4	180	Carmen Nazara Bes UNIVERSIDA Vigo	1:27:00	4:50	7:02	8:52	17:33	20:57	24:32	31:39	35:28	46:00	54:23	58:50	1:07:15	1:10:42	1:12:59		
				4:50	2:12	1:50	8:41	3:24	3:35	7:07	3:49	10:32	8:23	4:27	8:25	3:27	2:17		
				1:14:11	1:19:04	1:25:41	1:27:00												
				1:12	4:53	6:37	1:19												
5	522	Raquel Grandío Mor FLUVIAL LU Lugo	1:27:11	2:49	4:46	8:01	19:21	29:08	33:36	37:51	42:19	46:54	55:29	58:58	1:02:51	1:06:18	1:08:09		
				2:49	1:57	3:15	11:20	9:47	4:28	4:15	4:28	4:35	8:35	3:29	3:53	3:27	1:51		
				1:10:10	1:17:44	1:25:26	1:27:11												
				2:01	7:34	7:42	1:45												
6	159	Maria Santos Camb ADC ARNELA Porto	1:31:48	3:19	6:20	8:33	18:24	24:12	29:03	37:06	43:46	48:56	57:09	1:01:51	1:10:55	1:14:03	1:16:44		
				3:19	3:01	2:13	9:51	5:48	4:51	8:03	6:40	5:10	8:13	4:42	9:04	3:08	2:41		
				1:18:46	1:22:55	1:29:36	1:31:48												
				2:02	4:09	6:41	2:12												
7	31	M Josefa Sánchez M FLUVIAL LU Lugo	1:33:50	2:17	4:23	10:17	25:48	33:37	36:54	41:17	48:12	53:39	1:01:28	1:04:10	1:08:22	1:10:53	1:13:53		
				2:17	2:06	5:54	15:31	7:49	3:17	4:23	6:55	5:27	7:49	2:42	4:12	2:31	3:00		
				1:15:50	1:21:04	1:31:51	1:33:50												
				1:57	5:14	10:47	1:59												
8	127	Maria Teresa Silvarr GALLAECIA a coruñ	2:18:22	3:53	7:13	9:03	21:42	37:34	41:52	51:29	1:01:51	1:11:11	1:20:13	1:25:22	1:47:48	1:50:04	1:52:53		
				3:53	3:20	1:50	12:39	15:52	4:18	9:37	10:22	9:20	9:02	5:09	22:26	2:16	2:49		
				1:55:24	2:08:31	2:16:45	2:18:22												
				2:31	13:07	8:14	1:37												
60		Susana Consuelo P AROMON Pontevedr	r en tarj.	3:01	6:28	11:38	17:58	21:49	25:01	33:36	37:16	41:28	46:52	49:59	53:06	55:40	57:58		
				3:01	3:27	5:10	6:20	3:51	3:12	8:35	3:40	4:12	5:24	3:07	3:07	2:34	2:18		
				59:08	1:02:22	----	1:05:51												
				1:10	3:14	3:29													
147		Susana Míguez Sam ADC ARNELA Porto	r en tarj.	3:59	6:23	8:21	18:29	25:42	31:00	36:37	44:30	51:21	58:34	1:03:39	1:07:55	1:10:18	1:13:14		
				3:59	2:24	1:58	10:08	7:13	5:18	5:37	7:53	6:51	7:13	5:05	4:16	2:23	2:56		
				1:14:33	1:24:03	----	1:30:14												
				1:19	9:30	6:11													
584		Ana Vazquez Gome GALLAECIA a coruñ	r en tarj.	4:15	5:55	8:39	15:33	19:13	24:11	33:27	39:04	45:30	53:41	59:27	1:07:39	1:10:42	1:16:17		
				4:15	1:40	2:44	6:54	3:40	4:58	9:16	5:37	6:26	8:11	5:46	8:12	3:03	5:35		
				1:18:01	1:29:53	----	1:36:16												
				1:44	11:52	6:23													
19		Montserrat Paredes FLUVIAL LU Lugo	r en tarj.	2:37	4:52	7:15	23:46	36:25	40:33	45:34	57:05	1:09:04	1:17:27	1:26:35	1:29:43	1:32:26	1:34:31		
				2:37	2:15	2:23	16:31	12:39	4:08	5:01	11:31	11:59	8:23	9:08	3:08	2:43	2:05		
				1:36:31	1:44:30	----	1:47:58												
				2:00	7:59	3:28													
143		Margarita García Pa ADC ARNELA Porto	r en tarj.	14:13	16:36	28:24	50:20	1:18:46	1:26:43	1:37:31	1:53:29	2:40:08	----	----	----	3:11:32	3:14:05		
				14:13	2:23	11:48	21:56	28:26	7:57	10:48	15:58	46:39						31:24	2:33
				3:16:21	3:21:13	3:28:48	3:31:36												
				2:16	4:52	7:35	2:48												

Pos	Jorsal	Nombre	Tiempo														
Feminino 21 B (14)				5,3 km 190 m			17 C			<i>(cont.)</i>							
				1(62) 15(68)	2(77) 16(69)	3(81) 17(100)	4(52) F	5(51)	6(48)	7(78)	8(47)	9(45)	10(73)	11(66)	12(80)	13(48)	14(49)
109		María Dolores López r en tarj. GALLAECIA a coruñ	6:13 6:13 3:31:07 1:59	13:13 7:00 3:36:17 5:10	22:00 8:47 ----- 6:23	44:15 22:15 3:42:40 6:23	56:37 12:22 ----- 6:23	1:02:02 5:25 2:00 *85	1:07:04 5:02 ----- *85	1:37:09 30:05 ----- *85	2:06:50 29:41 ----- *85	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	3:26:31 1:19:41 ----- -----	3:29:08 2:37 ----- -----
Feminino 35 (11)				6,0 km 225 m			17 C										
				1(68) 15(84)	2(64) 16(54)	3(52) 17(100)	4(81) F	5(77)	6(48)	7(66)	8(41)	9(75)	10(65)	11(73)	12(74)	13(50)	14(48)
1	39	Sonia Mª Arias Lima AROMON Pontevedr	1:02:25 3:33 54:51 2:05	9:43 6:10 57:34 2:43	13:53 4:10 1:00:41 3:07	19:30 5:37 1:02:25 1:44	21:34 2:04 ----- 1:44	24:45 3:11 1:26 *85	30:57 6:12 ----- *85	35:16 4:19 ----- *85	38:18 3:02 ----- *85	41:13 2:55 ----- *85	42:52 1:39 ----- *85	47:29 4:37 ----- *85	50:27 2:58 ----- *85	52:46 2:19 ----- *85	
2	177	Ana Iglesias Junzah UNIVERSIDA Vigo	1:03:47 3:33 56:53 2:04	9:10 5:37 59:27 2:34	14:14 5:04 1:02:17 2:50	20:52 6:38 1:03:47 1:30	24:15 3:23 ----- 1:30	27:33 3:18 ----- *85	33:49 6:16 ----- *85	38:13 4:24 ----- *85	41:44 3:31 ----- *85	44:22 2:38 ----- *85	46:05 1:43 ----- *85	50:05 4:00 ----- *85	52:31 2:26 ----- *85	54:49 2:18 ----- *85	
3	23	M. José Pérez Gonz FLUVIAL LU Lugo	1:11:29 8:48 8:48 1:04:09	15:12 6:24 1:06:44 1:57	19:01 3:49 1:09:51 3:07	24:57 5:56 1:11:29 1:38	26:34 1:37 ----- 1:38	31:37 5:03 ----- *85	39:12 7:35 ----- *85	44:25 5:13 ----- *85	47:50 3:25 ----- *85	51:06 3:16 ----- *85	52:49 1:43 ----- *85	56:48 3:59 ----- *85	1:00:02 3:14 ----- *85	1:02:12 2:10 ----- *85	
4	139	Xema Fernandez To ADC ARNELA Porto	1:12:56 3:21 1:04:44 1:54	11:51 8:30 1:08:16 3:32	15:09 3:18 1:11:25 3:09	21:13 6:04 1:12:56 1:31	22:37 1:24 ----- 1:31	25:06 2:29 ----- *85	31:04 5:12 ----- *85	36:16 5:12 ----- *85	45:54 9:38 ----- *85	50:11 4:17 ----- *85	52:27 2:16 ----- *85	56:56 4:29 ----- *85	1:00:56 4:00 ----- *85	1:02:50 1:54 ----- *85	
5	6	Eva Corral Prado FLUVIAL LU Lugo	1:13:49 2:58 1:05:16 2:12	9:24 6:26 1:08:43 3:27	12:55 3:31 1:12:14 3:31	22:23 9:28 1:13:49 1:35	24:04 1:41 ----- 1:35	26:53 2:49 ----- *85	34:31 7:38 ----- *85	40:15 5:44 ----- *85	44:18 4:03 ----- *85	49:14 4:56 ----- *85	51:11 1:57 ----- *85	56:25 5:14 ----- *85	1:00:41 4:16 ----- *85	1:03:04 2:23 ----- *85	
6	51	Monica Figueroa Le AROMON Pontevedr	1:16:58 3:10 1:07:36 2:24	9:40 6:30 1:10:53 3:17	15:19 5:39 1:15:07 4:14	25:10 9:51 1:16:58 1:51	27:10 2:00 ----- 1:51	30:29 3:19 ----- *85	37:42 7:13 ----- *85	45:24 7:42 ----- *85	49:13 3:49 ----- *85	52:44 3:31 ----- *85	54:47 2:03 ----- *85	58:41 3:54 ----- *85	1:03:03 4:22 ----- *85	1:05:12 2:09 ----- *85	
7	45	Ana Mª Dios Gonzál AROMON Pontevedr	1:17:51 2:54 1:08:27 2:18	10:10 7:16 1:12:05 3:38	14:46 4:36 1:15:39 3:34	22:13 7:27 1:17:51 2:12	24:15 2:02 ----- 2:12	27:22 3:07 ----- *85	34:33 7:11 ----- *85	39:42 5:09 ----- *85	43:26 3:44 ----- *85	47:31 4:05 ----- *85	50:08 2:37 ----- *85	55:20 5:12 ----- *85	1:01:21 6:01 ----- *85	1:06:09 4:48 ----- *85	
8	293	Ana Blanco Pérez USC Santiago de Cc	1:27:07 4:09 4:09 1:15:31	13:08 8:59 1:18:38 3:07	17:03 3:55 1:25:06 6:28	26:18 9:15 1:27:07 2:01	28:11 1:53 ----- 2:01	31:24 3:13 ----- *85	41:45 10:21 ----- *85	46:56 5:11 ----- *85	50:37 3:41 ----- *85	54:55 4:18 ----- *85	57:01 2:06 ----- *85	1:02:02 5:01 ----- *85	1:05:08 3:06 ----- *85	1:12:54 7:46 ----- *85	
9	239	Maria Pardo Villaver APA LICEO A Coruñ	1:37:42 4:20 1:28:33 2:44	15:18 10:58 1:32:06 3:33	20:39 5:21 1:35:45 3:39	31:41 11:02 1:37:42 1:57	34:29 2:48 ----- 1:57	38:51 4:22 ----- *85	48:06 9:15 ----- *85	55:12 7:06 ----- *85	1:00:53 5:41 ----- *85	1:05:11 4:18 ----- *85	1:08:14 3:03 ----- *85	1:14:45 6:31 ----- *85	1:19:27 4:42 ----- *85	1:25:49 6:22 ----- *85	
	384	Amalia Pérez Otero r en tarj. HABELAS HA Vigo	3:46 3:46 1:07:20 4:41	10:12 6:26 1:10:19 2:59	13:55 3:43 1:13:36 3:17	21:41 7:46 1:15:37 2:01	23:35 1:54 ----- 2:01	28:06 4:31 ----- *85	36:20 8:14 ----- *85	41:47 5:27 ----- *85	45:32 3:45 ----- *85	51:31 5:59 ----- *85	54:00 2:29 ----- *85	59:45 5:45 ----- *85	1:02:39 2:54 ----- *85	----- ----- ----- -----	
	265	Sonia Gómez Naya BRIGANTIA A Coruñ	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	
Feminino 45 (11)				5,0 km 205 m			15 C										
				1(77) 15(100)	2(49) F	3(54)	4(51)	5(48)	6(80)	7(66)	8(73)	9(45)	10(58)	11(50)	12(48)	13(68)	14(69)
1	298	Rosa Mª Pernas Mar USC Santiago de Cc	59:36 2:54 2:54 57:49 6:09	4:54 2:00 59:36 1:47	8:37 3:43 ----- 1:28 *85	10:07 1:30 ----- 1:28 *85	13:31 3:24 ----- 1:28 *85	18:47 5:16 ----- 1:28 *85	23:11 4:24 ----- 1:28 *85	25:00 1:49 ----- 1:28 *85	29:31 4:31 ----- 1:28 *85	34:01 4:30 ----- 1:28 *85	40:34 6:33 ----- 1:28 *85	43:21 2:47 ----- 1:28 *85	46:01 2:40 ----- 1:28 *85	51:40 5:39 ----- 1:28 *85	
2	32	Mar Valcarcel López FLUVIAL LU Lugo	1:07:26 10:15 10:15 1:05:45 6:22 28:34 *176	12:23 2:08 1:07:26 1:41 29:46 *200	16:37 4:14 ----- *126 *115	17:49 1:12 ----- *126 *115	21:13 3:24 ----- *126 *115	29:09 7:56 ----- *123 *116	33:13 4:04 ----- *123 *116	34:39 1:26 ----- *123 *116	39:40 5:01 ----- *123 *116	43:37 3:57 ----- *123 *116	50:54 7:17 ----- *123 *116	53:16 2:22 ----- *123 *116	56:30 3:14 ----- *123 *116	59:23 2:53 ----- *123 *116	
3	166	Olimpia Alvarez Cas UNIVERSIDA Vigo	1:08:18 3:16 3:16 1:06:03 5:56	5:27 2:11 1:08:18 2:15	10:14 4:47 ----- *132 *85	12:39 2:25 ----- *132 *85	16:30 3:51 ----- *132 *85	21:17 4:47 ----- *132 *85	26:25 5:08 ----- *132 *85	28:43 2:18 ----- *132 *85	34:31 5:48 ----- *132 *85	39:58 5:27 ----- *132 *85	47:00 7:02 ----- *132 *85	50:24 3:24 ----- *132 *85	54:22 3:58 ----- *132 *85	1:00:07 5:45 ----- *132 *85	
4	170	Begoña Crespo Qui UNIVERSIDA Vigo	1:09:27 3:01 3:01 1:07:52 7:05	5:53 2:52 1:09:27 1:35	8:51 2:58 ----- *130 *85	9:58 1:07 ----- *130 *85	23:22 13:24 ----- *130 *85	26:10 2:48 ----- *130 *85	30:14 4:04 ----- *130 *85	31:48 1:34 ----- *130 *85	36:20 4:32 ----- *130 *85	41:21 5:01 ----- *130 *85	47:26 6:05 ----- *130 *85	49:45 2:19 ----- *130 *85	52:27 2:42 ----- *130 *85	1:00:47 8:20 ----- *130 *85	
5	111	Paulina Andrea Mos GALLAECIA a coruñ	1:13:51 2:53 2:53 1:12:27 6:51	4:53 2:00 1:13:51 1:24	9:19 4:26 ----- *131 *85	12:15 2:56 ----- *131 *85	15:01 2:46 ----- *131 *85	18:04 3:03 ----- *131 *85	21:41 3:37 ----- *131 *85	23:19 1:38 ----- *131 *85	37:29 14:10 ----- *131 *85	41:25 3:56 ----- *131 *85	47:31 6:06 ----- *131 *85	52:40 5:09 ----- *131 *85	56:13 3:33 ----- *131 *85	1:05:36 9:23 ----- *131 *85	

Pos	Jorsal	Nombre	Tiempo															
Feminino 45 (11)				5,0 km 205 m			15 C			<i>(cont.)</i>								
				1(77) 15(100)	2(49) F	3(54)	4(51)	5(48)	6(80)	7(66)	8(73)	9(45)	10(58)	11(50)	12(48)	13(68)	14(69)	
6	193	Mª Isabel Saco Fern UNIVERSIDA Vigo	1:20:04	5:09 5:09 1:18:07 5:54	8:44 3:35 1:20:04 1:57	13:16 4:32	15:02 1:46 1:30 *85	19:18 4:16	24:30 5:12	29:35 5:05	31:15 1:40	37:32 6:17	43:11 5:39	49:58 6:47	52:03 2:05	58:00 5:57	1:12:13 14:13	
7	376	Yolanda Díaz Rodrí HABELAS HA Vigo	1:27:10	4:46 4:46 1:24:48 10:45	7:52 3:06 1:27:10 2:22	16:37 8:45	19:09 2:32 1:38 *85	24:07 4:58	29:27 5:20	35:03 5:36	37:34 2:31	45:56 8:22	53:16 7:20	1:01:16 8:00	1:04:55 3:39	1:08:32 3:37	1:14:03 5:31	
8	299	Amparo Portabales USC Santiago de Cc	2:08:53	5:36 5:36 2:07:18 7:49	33:29 27:53 2:08:53 1:35	36:47 3:18	39:56 3:09 1:35 *85	43:21 3:25	1:17:47 34:26	1:21:06 3:19	1:22:32 1:26	1:29:24 6:52	1:35:08 5:44	1:46:42 11:34	1:48:58 2:16	1:52:34 3:36	1:59:29 6:55	
9	155	María Del Pilar Pére ADC ARNELA Porto	2:38:58	11:44 11:44 2:37:11 4:22	21:18 9:34 2:38:58 1:47	34:44 13:26	37:43 2:59 1:31 *85	41:21 3:38	48:28 7:07	51:43 3:15	56:33 4:50	1:01:56 5:23	1:47:07 45:11	1:55:18 8:11	2:10:08 14:50	2:15:54 5:46	2:32:49 16:55	
	206	Remedios Durán Pe r en tarj. TREVINCA O Barco		6:29 6:29 ----- 3:39	10:15 3:46 1:48:12 3:39	19:26 9:11	22:33 3:07 1:31 *85	28:17 5:44	52:23 24:06	58:05 5:42	1:00:52 2:47	1:08:31 7:39	1:14:38 6:07	1:26:59 12:21	1:29:54 2:55	1:34:04 4:10	1:44:33 10:29	
	292	Margarita Balboa B USC Santiago de Cc	No sale	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	
Feminino 55 (2)				4,2 km 135 m			9 C											
				1(84)	2(53)	3(82)	4(76)	5(61)	6(60)	7(67)	8(57)	9(100)	F					
1	236	Mª José Naya López APA LICEO A Coruñ	1:03:04	3:25 3:25	10:29 7:04	16:07 5:38	25:26 9:19	34:19 8:53	40:45 6:26	45:56 5:11	58:58 13:02	1:01:00 2:02	1:03:04 2:04					
2	9	Fermina Fernández FLUVIAL LU Lugo	1:18:04	3:34 3:34	19:34 16:00	33:31 13:57	44:57 11:26	54:08 9:11	1:00:30 6:22	1:04:19 3:49	1:13:05 8:46	1:15:52 2:47	1:18:04 2:12					
Feminino Élite (12)				7,4 km 250 m			16 C											
				1(68) 15(81)	2(69) 16(100)	3(70) F	4(83)	5(64)	6(48)	7(80)	8(37)	9(71)	10(72)	11(75)	12(74)	13(48)	14(84)	
1	406	Olalla Bello Rodrígu ROBALIZA Cambre	1:05:12	2:21 2:21 1:01:25 2:22	5:10 2:49 1:04:07 2:42	9:05 3:55 1:05:12 1:05	14:16 5:11	18:42 4:26 1:25 *85	22:33 3:51	25:10 2:37	40:21 15:11	42:45 2:24	45:52 3:07	49:17 3:25	54:37 5:20	57:33 2:56	59:03 1:30	
2	286	Almudena Suárez Pi BRIGANTIA A Coruñ	1:09:23	2:44 2:44 1:05:20 3:21	7:41 4:57 1:08:12 2:52	11:37 3:56 1:09:23 1:11	17:00 5:23	21:42 4:42 1:27 *85	25:43 4:01	30:43 5:00	38:42 7:59	42:19 3:37	46:26 4:07	49:48 3:22	55:29 5:41	59:55 4:26	1:01:59 2:04	
3	287	Ana Varela Yáñez BRIGANTIA A Coruñ	1:09:28	2:20 2:20 1:05:00 2:36	7:18 4:58 1:08:12 3:12	11:55 4:37 1:09:28 1:16	17:18 5:23	21:41 4:23 1:33 *85	25:06 3:25	30:40 5:34	41:09 10:29	45:23 4:14	48:26 3:03	51:56 3:30	57:53 5:57	1:00:53 3:00	1:02:24 1:31	
4	183	Isabel Pastoriza Sar UNIVERSIDA Vigo	1:10:28	2:54 2:54 1:04:18 2:48	5:51 2:57 1:08:52 4:34	9:16 3:25 1:10:28 1:36	14:38 5:22	19:03 4:25 1:33 *85	23:09 4:06	26:30 3:21	37:59 11:29	41:03 3:04	44:53 3:50	48:43 3:50	55:43 7:00	59:44 4:01	1:01:30 1:46	
5	362	Natalia Barros Diz FAICAMIÑO A Coruñ	1:10:39	2:36 2:36 1:05:48 2:31	7:59 5:23 1:09:15 3:27	12:32 4:33 1:10:39 1:24	17:42 5:10	22:21 4:39 1:28 *85	26:08 3:47	28:57 2:49	40:35 11:38	43:29 2:54	46:49 3:20	51:13 4:24	57:42 6:29	1:00:59 3:17	1:03:17 2:18	
6	136	Alejandra Carro Mañ ADC ARNELA Porto	1:12:52	2:30 2:30 1:08:38 2:43	5:41 3:11 1:11:30 2:52	11:18 5:37 1:12:52 1:22	17:15 5:57	22:03 4:48 1:32 *85	26:31 4:28	30:47 4:16	41:22 10:35	44:25 3:03	49:39 5:14	53:02 3:23	59:55 6:53	1:03:21 3:26	1:05:55 2:34	
7	7	Luisa Felpeto Gonz FLUVIAL LU Lugo	1:13:31	2:25 2:25 1:09:05 2:35	4:56 2:31 1:12:20 3:15	9:29 4:33 1:13:31 1:11	17:26 7:57	21:47 4:21 1:27 *85	25:53 4:06	30:28 4:35	44:51 14:23	48:18 3:27	51:37 3:19	56:00 4:23	1:02:00 6:00	1:04:56 2:56	1:06:30 1:34	
8	105	Tania López Eyo GALLAECIA a coruñ	1:17:29	2:41 2:41 1:11:36 2:26	6:30 3:49 1:16:03 4:27	14:23 7:53 1:17:29 1:26	21:00 6:37	26:02 5:02 1:33 *85	30:50 4:48	34:58 4:08	44:19 9:21	46:47 2:28	50:39 3:52	54:19 3:40	1:02:54 8:35	1:07:10 4:16	1:09:10 2:00	
9	62	Alicia Pérez Alonso AROMON Pontevedr	1:17:45	2:39 2:39 1:13:20 5:06	5:33 2:54 1:16:17 2:57	9:03 3:30 1:17:45 1:28	17:57 8:54	23:16 5:19 1:32 *85	27:20 4:04 41:56 *71	30:53 3:33	44:12 13:19	45:47 1:35	50:27 4:40	54:44 4:17	1:02:40 7:56	1:06:13 3:33	1:08:14 2:01	
10	74	Carla Veiga García AROMON Pontevedr	1:31:04	10:35 10:35 1:26:43 2:52	13:15 2:40 1:29:41 2:58	20:45 7:30 1:31:04 1:23	29:18 8:33	35:15 5:57 8:22 *85	39:42 4:27	42:44 3:02	53:31 10:47	55:42 2:11	1:01:26 5:44	1:09:40 8:14	1:16:41 7:01	1:20:54 4:13	1:23:51 2:57	
11	556	Laura Martínez Garc USC Santiago de Cc	1:54:29	2:22 2:22 1:49:17 7:13	9:56 7:34 1:52:51 3:34	17:39 7:43 1:54:29 1:38	28:25 10:46	33:48 5:23 1:29 *85	40:53 7:05	45:24 4:31	1:09:40 24:16	1:17:44 8:04	1:24:08 6:24	1:29:27 5:19	1:36:26 6:59	1:40:05 3:39	1:42:04 1:59	

Pos	Jorsal	Nombre	Tiempo														F
Masculino 16 (10)				4,5 km 150 m			13 C			<i>(cont.)</i>							
				1(84)	2(49)	3(68)	4(77)	5(51)	6(52)	7(81)	8(60)	9(67)	10(61)	11(63)	12(57)	13(100)	
	208	Carlos Limeres Vázquez TREVINCA O Barco	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
Masculino 18 (4)				5,3 km 190 m			17 C										
				1(62)	2(77)	3(81)	4(52)	5(51)	6(48)	7(78)	8(47)	9(45)	10(73)	11(66)	12(80)	13(48)	14(49)
	1	80 Martin Enrique Alva GALLAECIA a coruñ	51:52	1:41	3:12	4:15	9:59	13:53	17:51	20:16	23:25	26:05	30:49	34:35	36:21	38:18	39:39
				1:41	1:31	1:03	5:44	3:54	3:58	2:25	3:09	2:40	4:44	3:46	1:46	1:57	1:21
				40:35	46:59	50:46	51:52		1:27								
				0:56	6:24	3:47	1:06		*85								
	2	512 Miguel Balboa Rodríguez FLUVIAL LU Lugo	1:01:53	1:56	2:59	4:31	10:41	13:52	17:18	20:34	30:28	34:00	39:52	42:38	45:26	47:20	48:42
				1:56	1:03	1:32	6:10	3:11	3:26	3:16	9:54	3:32	5:52	2:46	2:48	1:54	1:22
				49:59	55:54	1:00:06	1:01:53		1:32								
				1:17	5:55	4:12	1:47		*85								
	3	530 Bruno Portela López FLUVIAL LU Lugo	1:11:28	2:37	4:07	6:49	15:17	18:54	22:12	25:49	35:25	39:48	45:41	49:00	52:50	55:07	57:31
				2:37	1:30	2:42	8:28	3:37	3:18	3:37	9:36	4:23	5:53	3:19	3:50	2:17	2:24
				59:21	1:03:44	1:09:58	1:11:28		1:30								
				1:50	4:23	6:14	1:30		*85								
	4	594 Alejandro Victorero INDEPENDIE Vigo	1:33:28	2:30	7:27	11:27	20:05	29:23	32:43	36:41	42:28	49:19	56:07	1:01:55	1:05:51	1:11:32	1:13:56
				2:30	4:57	4:00	8:38	9:18	3:20	3:58	5:47	6:51	6:48	5:48	3:56	5:41	2:24
				1:15:29	1:21:55	1:32:08	1:33:28		1:32								
				1:33	6:26	10:13	1:20		*85								
Masculino 21 A (28)				6,5 km 235 m			19 C										
				1(48)	2(50)	3(78)	4(73)	5(41)	6(71)	7(37)	8(75)	9(42)	10(45)	11(58)	12(59)	13(31)	14(48)
				15(68)	16(81)	17(52)	18(54)	19(100)	F								
	1	550 Omar Eduardo Rodríguez AROMON Pontevedra	49:22	2:35	3:42	5:10	7:18	10:41	14:34	17:44	21:54	26:00	27:18	29:44	33:25	34:23	36:26
				2:35	1:07	1:28	2:08	3:23	3:53	3:10	4:10	4:06	1:18	2:26	3:41	0:58	2:03
				38:14	39:54	44:48	46:02	48:27	49:22		1:33						
				1:48	1:40	4:54	1:14	2:25	0:55		*85						
	2	70 Angel Soto Boullón AROMON Pontevedra	49:39	1:54	3:05	4:27	6:37	9:20	14:55	18:15	23:45	27:59	29:01	31:17	35:03	36:06	38:06
				1:54	1:11	1:22	2:10	2:43	5:35	3:20	5:30	4:14	1:02	2:16	3:46	1:03	2:00
				39:49	42:13	45:03	46:33	48:38	49:39		1:27						
				1:43	2:24	2:50	1:30	2:05	1:01		*85						
	3	202 Marcos Álvarez González TREVINCA O Barco	53:10	2:23	3:39	4:52	6:57	9:17	12:21	17:13	21:57	26:58	28:18	31:51	35:56	37:26	39:58
				2:23	1:16	1:13	2:05	2:20	3:04	4:52	4:44	5:01	1:20	3:33	4:05	1:30	2:32
				41:43	44:35	48:29	49:54	52:10	53:10		1:33						
				1:45	2:52	3:54	1:25	2:16	1:00		*85						
	4	210 Eros Mata Rodríguez TREVINCA O Barco	55:49	2:31	3:56	5:25	7:45	11:19	17:10	20:04	25:13	29:45	31:29	34:11	38:52	40:42	43:32
				2:31	1:25	1:29	2:20	3:34	5:51	2:54	5:09	4:32	1:44	2:42	4:41	1:50	2:50
				45:30	47:21	51:02	52:39	54:46	55:49		1:29						
				1:58	1:51	3:41	1:37	2:07	1:03		*85						
	5	551 Mario Vázquez Vázquez AROMON Pontevedra	57:58	2:42	4:03	5:16	8:35	11:56	15:34	22:13	27:46	35:16	36:39	38:43	42:49	43:54	45:56
				2:42	1:21	1:13	3:19	3:21	3:38	6:39	5:33	7:30	1:23	2:04	4:06	1:05	2:02
				47:47	49:52	53:01	54:28	57:02	57:58		1:26						
				1:51	2:05	3:09	1:27	2:34	0:56		*85						
	6	96 Lucas Freire Lage GALLAECIA a coruñ	59:42	2:12	3:34	4:45	7:22	10:07	13:01	24:22	28:55	33:21	34:38	38:27	42:44	44:00	46:10
				2:12	1:22	1:11	2:37	2:45	2:54	11:21	4:33	4:26	1:17	3:49	4:17	1:16	2:10
				48:53	51:01	55:23	56:46	58:41	59:42		1:28						
				2:43	2:08	4:22	1:23	1:55	1:01		*85						
	7	466 Javier Rodríguez Martínez BUDIÑOIRAID O Porriño	1:02:06	2:25	4:08	6:03	8:29	12:01	15:48	25:22	30:08	33:56	35:09	37:49	42:25	43:52	46:33
				2:25	1:43	1:55	2:26	3:32	3:47	9:34	4:46	3:48	1:13	2:40	4:36	1:27	2:41
				48:44	52:19	56:28	58:11	1:00:44	1:02:06		1:31						
				2:11	3:35	4:09	1:43	2:33	1:22		*85						
	8	269 Santiago González Fernández BRIGANTIA A Coruña	1:06:03	3:01	4:43	7:53	10:41	14:31	22:53	24:45	32:26	37:36	39:27	42:18	47:09	48:48	51:49
				3:01	1:42	3:10	2:48	3:50	8:22	1:52	7:41	5:10	1:51	2:51	4:51	1:39	3:01
				53:49	56:00	1:00:30	1:02:25	1:05:02	1:06:03		1:29						
				2:00	2:11	4:30	1:55	2:37	1:01		*85						
	9	55 Alex Marín AROMON Pontevedra	1:10:57	2:32	3:55	5:35	8:25	12:35	21:27	32:49	38:35	43:21	44:35	48:08	52:03	53:25	56:13
				2:32	1:23	1:40	2:50	4:10	8:52	11:22	5:46	4:46	1:14	3:33	3:55	1:22	2:48
				58:43	1:01:37	1:05:21	1:07:17	1:09:50	1:10:57		2:45						
				2:30	2:54	3:44	1:56	2:33	1:07		*85						
	10	93 Andres Dopico Penabaz GALLAECIA a coruñ	1:12:33	3:10	5:09	6:37	9:31	13:48	20:30	24:05	30:37	36:21	38:11	41:34	47:09	53:35	56:16
				3:10	1:59	1:28	2:54	4:17	6:42	3:35	6:32	5:44	1:50	3:23	5:35	6:26	2:41
				58:24	1:01:03	1:06:07	1:08:01	1:11:09	1:12:33		1:28						
				2:08	2:39	5:04	1:54	3:08	1:24		*85						
	11	344 Néstor Feal Díaz MONTAÑA FE Ferro	1:12:47	10:52	12:29	14:30	17:07	20:51	25:56	29:41	35:48	41:58	43:39	46:44	50:28	51:57	55:01
				10:52	1:37	2:01	2:37	3:44	5:05	3:45	6:07	6:10	1:41	3:05	3:44	1:29	3:04
				57:23	59:33	1:07:09	1:08:55	1:11:34	1:12:47		1:35						
				2:22	2:10	7:36	1:46	2:39	1:13		*85						
	12	11 José Manuel Fernández FLUVIAL LU Lugo	1:13:31	3:20	5:40	7:20	11:20	14:36	19:05	21:28	31:42	38:41	40:33	43:23	50:27	52:03	55:32
				3:20	2:20	1:40	4:00	3:16	4:29	2:23	10:14	6:59	1:52	2:50	7:04	1:36	3:29
				58:04	1:00:43	1:05:10	1:08:33	1:12:03	1:13:31		1:26						
				2:32	2:39	4:27	3:23	3:30	1:28		*85						
	13	545 Jovino Gonzalez Colado AROMON Pontevedra	1:15:47	3:56	6:08	7:48	10:19	14:45	20:24	22:38	29:45	39:01	41:43	46:36	52:38	54:21	57:41
				3:56	2:12	1:4											

Pos	Jorsal	Nombre	Tiempo														
Masculino 21 A (28)				6,5 km 235 m					19 C				<i>(cont.)</i>				
				1(48)	2(50)	3(78)	4(73)	5(41)	6(71)	7(37)	8(75)	9(42)	10(45)	11(58)	12(59)	13(31)	14(48)
				15(68)	16(81)	17(52)	18(54)	19(100)	F								
15	72	Francisco Varela Va AROMON Pontevedr	1:21:27	3:22	7:17	9:13	12:27	15:31	20:20	30:11	39:07	46:47	48:59	52:49	59:11	1:01:44	1:04:44
				3:22	3:55	1:56	3:14	3:04	4:49	9:51	8:56	7:40	2:12	3:50	6:22	2:33	3:00
				1:07:03	1:09:22	1:14:41	1:17:04	1:19:49	1:21:27								
				2:19	2:19	5:19	2:23	2:45	1:38								
16	190	Jorge Pérez Juste UNIVERSIDA Vigo	1:21:39	3:30	5:47	8:44	11:44	15:43	24:28	31:55	40:00	45:46	47:59	51:31	57:49	1:00:58	1:04:04
				3:30	2:17	2:57	3:00	3:59	8:45	7:27	8:05	5:46	2:13	3:32	6:18	3:09	3:06
				1:06:14	1:11:31	1:15:55	1:17:51	1:20:23	1:21:39								
				2:10	5:17	4:24	1:56	2:32	1:16								
17	514	José Manuel Caama FLUVIAL LU Lugo	1:22:55	4:26	8:13	9:43	13:13	22:47	32:56	35:15	43:08	48:47	50:06	53:24	59:42	1:01:13	1:05:14
				4:26	3:47	1:30	3:30	9:34	10:09	2:19	7:53	5:39	1:19	3:18	6:18	1:31	4:01
				1:08:05	1:10:58	1:15:07	1:17:52	1:21:31	1:22:55								
				2:51	2:53	4:09	2:45	3:39	1:24								
18	465	João Pedro Rodrigu BUDIÑORAI O Por	1:25:47	3:27	5:11	7:14	10:52	23:53	34:52	37:18	44:16	49:54	52:14	55:26	1:00:54	1:02:31	1:05:29
				3:27	1:44	2:03	3:38	13:01	10:59	2:26	6:58	5:38	2:20	3:12	5:28	1:37	2:58
				1:08:22	1:12:01	1:17:48	1:20:19	1:24:36	1:25:47								
				2:53	3:39	5:47	2:31	4:17	1:11								
19	132	Juan Arufe Santama ADC ARNELA Porto	1:26:21	3:04	5:42	6:58	9:02	11:57	15:35	35:33	43:19	50:07	52:07	54:36	1:02:52	1:04:17	1:06:41
				3:04	2:38	1:16	2:04	2:55	3:38	19:58	7:46	6:48	2:00	2:29	8:16	1:25	2:24
				1:08:51	1:12:36	1:20:46	1:22:36	1:25:19	1:26:21								
				2:10	3:45	8:10	1:50	2:43	1:02								
20	152	Gelasio Oujou Pouso ADC ARNELA Porto	1:31:53	2:19	3:41	5:30	8:12	23:38	43:54	49:04	58:41	1:02:42	1:04:29	1:10:55	1:14:32	1:16:07	1:18:08
				2:19	1:22	1:49	2:42	15:26	20:16	5:10	9:37	4:01	1:47	6:26	3:37	1:35	2:01
				1:20:49	1:22:46	1:27:25	1:28:57	1:30:50	1:31:53								
				2:41	1:57	4:39	1:32	1:53	1:03								
21	108	Francisco López Ro GALLAECIA a coruñ	1:32:50	4:22	6:36	8:11	16:10	20:48	27:04	35:36	41:48	50:08	51:39	55:51	1:00:13	1:01:41	1:07:07
				4:22	2:14	1:35	7:59	4:38	6:16	8:32	6:12	8:20	1:31	4:12	4:22	1:28	5:26
				1:08:59	1:11:10	1:19:55	1:29:21	1:31:51	1:32:50								
				1:52	2:11	8:45	9:26	2:30	0:59								
22	54	Iván Lois Serto AROMON Pontevedr	1:38:43	2:27	4:12	6:11	9:38	21:48	25:08	46:34	1:04:05	1:09:36	1:11:30	1:14:23	1:19:42	1:21:27	1:24:04
				2:27	1:45	1:59	3:27	12:10	3:20	21:26	17:31	5:31	1:54	2:53	5:19	1:45	2:37
				1:26:31	1:29:29	1:33:47	1:35:18	1:37:44	1:38:43								
				2:27	2:58	4:18	1:31	2:26	0:59								
23	165	Julio Albaladejo Car UNIVERSIDA Vigo	1:41:02	3:45	6:28	8:18	11:47	19:27	24:19	45:38	55:27	1:04:09	1:08:52	1:12:54	1:17:48	1:21:09	1:24:12
				3:45	2:43	1:50	3:29	7:40	4:52	21:19	9:49	8:42	4:43	4:02	4:54	3:21	3:03
				1:26:18	1:29:28	1:35:29	1:37:29	1:39:47	1:41:02								
				2:06	3:10	6:01	2:00	2:18	1:15								
24	14	Marcos Fouz Rodrig FLUVIAL LU Lugo	1:41:13	4:59	7:23	9:43	15:20	20:22	27:18	36:06	48:21	54:48	57:07	1:01:12	1:06:51	1:09:17	1:16:28
				4:59	2:24	2:20	5:37	5:02	6:56	8:48	12:15	6:27	2:19	4:05	5:39	2:26	7:11
				1:19:12	1:21:59	1:32:13	1:35:05	1:39:34	1:41:13								
				2:44	2:47	10:14	2:52	4:29	1:39								
356		Andres Rodríguez B r en tarj. MONTAÑA FE Ferro		3:10	5:07	7:58	10:50	13:34	17:17	19:22	25:40	30:13	31:41	36:40	40:31	41:51	44:56
				3:10	1:57	2:51	2:52	2:44	3:43	2:05	6:18	4:33	1:28	4:59	3:51	1:20	3:05
				47:15	49:17	----	52:14	54:32	55:44								
				2:19	2:02	----	2:57	2:18	1:12								
537		David Araujo Rua r en tarj. AROMON Pontevedr		4:24	6:08	7:26	11:17	15:06	19:57	21:56	35:04	40:26	47:26	50:04	56:00	58:18	1:01:20
				4:24	1:44	1:18	3:51	3:49	4:51	1:59	13:08	5:22	7:00	2:38	5:56	2:18	3:02
				1:04:48	1:08:46	1:13:59	1:16:08	----	1:19:05								
				3:28	3:58	5:13	2:09	----	2:57								
182		Jesus Otero Maiz r en tarj. UNIVERSIDA Vigo		3:24	6:27	9:29	13:23	20:31	35:01	47:45	55:05	1:00:35	1:02:26	1:06:14	1:15:02	1:17:58	1:20:55
				3:24	3:03	3:02	3:54	7:08	14:30	12:44	7:20	5:30	1:51	3:48	8:48	2:56	2:57
				1:24:20	1:32:13	----	----	1:34:46	1:36:32								
				3:25	7:53	----	----	2:33	1:46								
364		Antonio Ciorraga Os No sale FAICAMIÑO A Corui		----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----								
Masculino 21 B (24)				4,8 km 150 m					17 C								
				1(81)	2(69)	3(68)	4(62)	5(48)	6(50)	7(78)	8(74)	9(79)	10(73)	11(80)	12(48)	13(53)	14(64)
				15(82)	16(83)	17(100)	F										
1	133	Pablo Baamonde Ar ADC ARNELA Porto	39:03	2:22	4:18	6:00	7:01	8:26	10:24	12:34	14:01	15:39	18:41	21:40	23:27	24:44	28:21
				2:22	1:56	1:42	1:01	1:25	1:58	2:10	1:27	1:38	3:02	2:59	1:47	1:17	3:37
				30:11	31:46	37:49	39:03	----	1:27								
				1:50	1:35	6:03	1:14	----	*85								
2	114	Iván Noguero GALLAECIA a coruñ	45:55	2:20	4:39	6:48	7:32	9:07	13:10	14:41	16:17	17:55	23:32	27:13	29:05	30:24	32:44
				2:20	2:19	2:09	0:44	1:35	4:03	1:31	1:36	1:38	5:37	3:41	1:52	1:19	2:20
				35:03	37:27	44:37	45:55	----	1:26								
				2:19	2:24	7:10	1:18	----	*85								
3	250	Diego Tejo García APA LICEO A Coruñ	46:54	2:26	4:27	7:43	8:48	11:53	17:08	18:29	19:41	21:02	24:14	27:15	29:05	30:09	32:15
				2:26	2:01	3:16	1:05	3:05	5:15	1:21	1:12	1:21	3:12	3:01	1:50	1:04	2:06
				34:05	35:55	45:41	46:54	----	1:26								
				1:50	1:50	9:46	1:13	----	*85								
4	557	Aitor Sampedro Fra USC Santiago de Cc	49:25	2:38	5:07	7:34	8:34	10:17	12:21	14:16	15:37	17:19	22:21	27:03	29:06	30:58	34:51
				2:38	2:29	2:27	1:00	1:43	2:04	1:55	1:21	1:42	5:02	4:42	2:03	1:52	3:53
				37:17	39:06	47:59	49:25	----	1:26								
				2:26	1:49	8:53	1:26	----	*85								
5	531	Manuel Rodríguez A FLUVIAL LU Lugo	54:32	3:02	5:37	7:57	8:48	11:01	16:24	19:44	21:37	24:02	27:11	32:02	33:56	35:51	39:09
				3:02	2:35	2:20	0:51	2:13	5:23	3:20	1:53	2:25	3:09	4:51	1:54	1:55	3:18
				42:44	45:13	53:25	54:32	----	1:47								
				3:35	2:29	8:12	1:07	----	*85								

Pos	Jorsal	Nombre	Tiempo	7,7 km 260 m 18 C													
				1(53)	2(64)	3(52)	4(70)	5(69)	6(68)	7(48)	8(31)	9(34)	10(45)	11(75)	12(41)	13(73)	14(79)
				15(74)	16(48)	17(81)	18(100)	F									
1	167	José María Álvarez (UNIVERSIDA Vigo	50:22	2:19	4:12	6:47	11:14	15:09	17:02	18:04	20:11	23:09	27:05	33:01	36:14	38:24	40:00
				2:19	1:53	2:35	4:27	3:55	1:53	1:02	2:07	2:58	3:56	5:56	3:13	2:10	1:36
				41:08	43:36	46:50	49:19	50:22			1:34						
				1:08	2:28	3:14	2:29	1:03			*85						
2	50	Ricardo Figueroa Fe AROMON Pontevedr	50:29	3:22	5:32	7:52	11:54	15:25	17:13	18:04	20:01	22:28	26:11	32:07	34:45	37:20	39:22
				3:22	2:10	2:20	4:02	3:31	1:48	0:51	1:57	2:27	3:43	5:56	2:38	2:35	2:02
				40:28	44:00	47:04	49:33	50:29			1:25						
				1:06	3:32	3:04	2:29	0:56			*85						
3	326	Jorge Piñeiro Portel ARTABROS A Coruñ	51:09	2:17	4:11	6:15	10:27	14:39	16:23	17:19	19:13	21:52	26:30	32:23	35:20	37:40	39:42
				2:17	1:54	2:04	4:12	4:12	1:44	0:56	1:54	2:39	4:38	5:53	2:57	2:20	2:02
				40:48	43:37	47:40	50:06	51:09			1:29						
				1:06	2:49	4:03	2:26	1:03			*85						
4	506	Francisco Diz López GALLAECIA a coruñ	54:09	3:16	6:44	9:14	14:05	18:37	20:11	21:09	23:07	26:19	30:37	36:21	39:08	41:26	43:36
				3:16	3:28	2:30	4:51	4:32	1:34	0:58	1:58	3:12	4:18	5:44	2:47	2:18	2:10
				44:37	47:20	50:54	53:02	54:09			1:28						
				1:01	2:43	3:34	2:08	1:07			*85						
5	103	Eduardo Santiago G GALLAECIA a coruñ	57:55	2:48	5:03	7:39	11:36	18:01	19:43	20:51	23:40	26:14	31:23	38:10	40:49	43:58	45:54
				2:48	2:15	2:36	3:57	6:25	1:42	1:08	2:49	2:34	5:09	6:47	2:39	3:09	1:56
				48:37	51:18	54:27	57:00	57:55			1:31						
				2:43	2:41	3:09	2:33	0:55			*85						
6	47	Antonio Dominguez AROMON Pontevedr	59:37	2:15	4:32	6:58	11:46	17:00	19:28	20:55	23:24	25:59	30:38	38:15	41:38	44:41	46:43
				2:15	2:17	2:26	4:48	5:14	2:28	1:27	2:29	2:35	4:39	7:37	3:23	3:03	2:02
				48:11	51:39	55:35	58:29	59:37			1:28						
				1:28	3:28	3:56	2:54	1:08			*85						
7	35	Javier Alvelo Fragué AROMON Pontevedr	1:00:25	2:21	5:44	8:34	13:04	18:50	21:00	21:58	25:05	28:03	34:19	41:23	44:13	47:03	48:47
				2:21	3:23	2:50	4:30	5:46	2:10	0:58	3:07	2:58	6:16	7:04	2:50	2:50	1:44
				49:57	53:07	56:34	59:23	1:00:25			1:28						
				1:10	3:10	3:27	2:49	1:02			*85						
8	538	Alberto Braña Veiga AROMON Pontevedr	1:02:47	2:34	5:41	8:29	13:38	19:51	21:37	22:37	24:58	27:04	31:52	39:13	43:02	45:58	48:09
				2:34	3:07	2:48	5:09	6:13	1:46	1:00	2:21	2:06	4:48	7:21	3:49	2:56	2:11
				49:25	52:36	57:59	1:01:42	1:02:47			1:28						
				1:16	3:11	5:23	3:43	1:05			*85						
9	41	Manuel Beloso Garc AROMON Pontevedr	1:03:30	2:24	5:05	7:50	12:55	17:34	19:47	21:00	24:16	27:52	32:41	40:23	43:56	46:54	50:59
				2:24	2:41	2:45	5:05	4:39	2:13	1:13	3:16	3:36	4:49	7:42	3:33	2:58	4:05
				52:20	55:33	59:46	1:02:18	1:03:30			1:28						
				1:21	3:13	4:13	2:32	1:12			*85						
10	334	Santiago Traveso R ARTABROS A Coruñ	1:04:28	3:47	6:42	9:22	14:12	18:45	20:44	22:05	25:09	28:39	34:17	41:02	44:08	47:01	50:19
				3:47	2:55	2:40	4:50	4:33	1:59	1:21	3:04	3:30	5:38	6:45	3:06	2:53	3:18
				52:08	56:01	1:00:20	1:03:16	1:04:28			1:32						
				1:49	3:53	4:19	2:56	1:12			*85						
11	228	José Antonio Castri APA LICEO A Coruñ	1:05:15	3:42	6:15	8:53	13:54	19:43	21:46	23:16	25:38	28:30	33:37	41:44	45:33	48:36	50:41
				3:42	2:33	2:38	5:01	5:49	2:03	1:30	2:22	2:52	5:07	8:07	3:49	3:03	2:05
				51:59	54:57	1:00:02	1:03:52	1:05:15			1:25						
				1:18	2:58	5:05	3:50	1:23			*85						
12	363	Rubén Barrós Diz FAICAMIÑO A Coruñ	1:06:16	4:32	7:43	11:50	16:53	21:05	23:01	24:07	26:00	28:33	33:06	41:18	44:28	46:47	52:48
				4:32	3:11	4:07	5:03	4:12	1:56	1:06	1:53	2:33	4:33	8:12	3:10	2:19	6:01
				53:58	56:44	1:00:40	1:05:07	1:06:16			1:29						
				1:10	2:46	3:56	4:27	1:09			*85						
13	222	Julio Cañas Lara APA LICEO A Coruñ	1:07:29	4:15	6:49	9:50	14:44	20:04	22:22	23:31	26:27	30:50	35:26	43:16	46:04	50:08	52:54
				4:15	2:34	3:01	4:54	5:20	2:18	1:09	2:56	4:23	4:36	7:50	2:48	4:04	2:46
				54:00	57:26	1:02:50	1:06:23	1:07:29			1:25						
				1:06	3:26	5:24	3:33	1:06			*85						
14	446	Arturo Antón Casad IES SABÓN Arteixo.	1:07:54	3:36	6:51	9:28	14:13	20:59	23:36	24:58	28:09	30:38	35:14	42:59	46:15	49:43	52:26
				3:36	3:15	2:37	4:45	6:46	2:37	1:22	3:11	2:29	4:36	7:45	3:16	3:28	2:43
				53:46	57:36	1:03:50	1:06:54	1:07:54			1:29						
				1:20	3:50	6:14	3:04	1:00			*85						
15	520	Leandro González C FLUVIAL LU Lugo	1:10:43	3:23	5:40	8:19	13:17	18:36	20:29	22:01	24:14	27:06	31:38	38:56	42:02	45:39	47:53
				3:23	2:17	2:39	4:58	5:19	1:53	1:32	2:13	2:52	4:32	7:18	3:06	3:37	2:14
				48:53	52:02	1:03:29	1:09:31	1:10:43			1:27						
				1:00	3:09	11:27	6:02	1:12			*85						
16	148	Santiago Amador O ADC ARNELA Porto	1:11:05	4:58	14:43	17:43	23:28	28:50	30:27	31:49	34:24	36:59	41:46	49:43	53:40	56:25	58:08
				4:58	9:45	3:00	5:45	5:22	1:37	1:22	2:35	2:35	4:47	7:57	3:57	2:45	1:43
				59:09	1:02:11	1:06:57	1:10:03	1:11:05			1:29						
				1:01	3:02	4:46	3:06	1:02			*85						
17	8	Carlos Fernández M FLUVIAL LU Lugo	1:11:27	5:14	8:46	12:14	17:55	22:57	25:11	26:22	29:13	31:44	36:34	45:57	49:09	52:24	55:23
				5:14	3:32	3:28	5:41	5:02	2:14	1:11	2:51	2:31	4:50	9:23	3:12	3:15	2:59
				57:05	1:00:43	1:06:50	1:10:13	1:11:27			1:26						
				1:42	3:38	6:07	3:23	1:14			*85						
18	17	Javier Liz Díaz FLUVIAL LU Lugo	1:11:32	4:58	7:55	10:55	16:21	21:49	25:02	26:18	28:58	31:42	36:35	44:56	48:21	52:07	55:11
				4:58	2:57	3:00	5:26	5:28	3:13	1:16	2:40	2:44	4:53	8:21	3:25	3:46	3:04
				56:34	1:00:08	1:06:24	1:10:11	1:11:32			1:31						
				1:23	3:34	6:16	3:47	1:21			*85						
19	295	Santiago Fraga Cas USC Santiago de Cc	1:13:35	3:16	7:28	11:40	17:54	25:08	28:31	30:07	33:02	36:19	42:25	49:21	52:52	56:15	58:59
				3:16	4:12	4:12	6:14	7:14	3:23	1:36	2:55	3:17	6:06	6:56	3:31	3:23	2:44
				1:00:29	1:04:27	1:08:55	1:12:21	1:13:35			1:28						
				1:30	3:58	4:28	3:26	1:14			*85						
20	450	Luis Javier Ramos / IES SABÓN Arteixo.	1:13:41	2:51	5:58	9:58	15:17	20:28	24:20	25:54	29:57	36:07	41:13	50:24	53:40	57:07	59:59
				2:51	3:07	4:00	5:19	5:11	3:52	1:34	4:03	6:10	5:06	9:11	3:16	3:27	2:52

Pos	Jorsal	Nombre	Tiempo														
Masculino 35 (33)				7,7 km 260 m 18 C					(cont.)								
				1(53)	2(64)	3(52)	4(70)	5(69)	6(68)	7(48)	8(31)	9(34)	10(45)	11(75)	12(41)	13(73)	14(79)
				15(74)	16(48)	17(81)	18(100)	F									
21	22	Eladio Parga Ures FLUVIAL LU Lugo	1:13:46	3:56	8:41	11:09	16:02	21:17	23:25	25:42	28:01	30:16	35:00	42:24	52:47	56:38	58:57
				3:56	4:45	2:28	4:53	5:15	2:08	2:17	2:19	2:15	4:44	7:24	10:23	3:51	2:19
				1:00:28	1:04:13	1:09:24	1:12:36	1:13:46									
				1:31	3:45	5:11	3:12	1:10									
22	461	Daniel Martínez Lora BUDIÑORAID O Porriño	1:15:47	7:54	10:42	12:55	17:32	24:54	26:49	28:01	30:33	33:12	41:00	50:05	53:25	56:13	58:20
				7:54	2:48	2:13	4:37	7:22	1:55	1:12	2:32	2:39	7:48	9:05	3:20	2:48	2:07
				59:43	1:02:30	1:10:38	1:14:49	1:15:47									
				1:23	2:47	8:08	4:11	0:58									
23	590	Iván Somoza Argibanda GALLAECIA a coruña	1:18:55	4:52	7:59	10:38	14:50	31:58	33:32	34:46	38:06	40:48	45:19	52:48	55:45	58:08	1:03:29
				4:52	3:07	2:39	4:12	17:08	1:34	1:14	3:20	2:42	4:31	7:29	2:57	2:23	5:21
				1:04:15	1:11:00	1:15:18	1:17:52	1:18:55									
				0:46	6:45	4:18	2:34	1:03									
24	294	Luis Carreira López USC Santiago de Compostela	1:19:35	7:45	11:16	15:31	20:47	29:17	31:32	32:57	35:53	38:23	42:51	53:50	58:26	1:01:23	1:04:19
				7:45	3:31	4:15	5:16	8:30	2:15	1:25	2:56	2:30	4:28	10:59	4:36	2:57	2:56
				1:05:38	1:09:06	1:14:57	1:18:30	1:19:35									
				1:19	3:28	5:51	3:33	1:05									
25	402	Roberto Feijoo Cantón LIMIACTIVA Xinzomonte	1:20:55	2:48	7:01	10:38	16:14	23:30	25:47	27:08	30:06	43:52	50:05	57:40	1:01:15	1:04:42	1:06:52
				2:48	4:13	3:37	5:36	7:16	2:17	1:21	2:58	13:46	6:13	7:35	3:35	3:27	2:10
				1:08:11	1:11:02	1:16:16	1:19:45	1:20:55									
				1:19	2:51	5:14	3:29	1:10									
26	547	Francisco Iglesias Vázquez AROMON Pontevedra	1:29:57	4:45	9:08	13:09	18:33	26:01	28:14	29:47	42:37	46:21	52:08	1:00:40	1:03:48	1:07:12	1:10:29
				4:45	4:23	4:01	5:24	7:28	2:13	1:33	12:50	3:44	5:47	8:32	3:08	3:24	3:17
				1:11:59	1:17:11	1:23:00	1:28:43	1:29:57									
				1:30	5:12	5:49	5:43	1:14									
411		Miguel Cambor Quiroga ROBALIZA Cambre	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
				-----	-----	-----	-----	53:10	29:10								
				-----	-----	-----	-----	53:10	*85								
329		Benjamín Roca Sanja ARTABROS A Coruña	2:38	5:28	7:37	12:38	17:13	19:12	20:06	22:34	25:42	30:17	44:01	47:12	50:01	52:04	
				2:38	2:50	2:09	5:01	4:35	1:59	0:54	2:28	3:08	4:35	13:44	3:11	2:49	2:03
				53:07	-----	1:00:28	1:03:48	1:04:49									
				1:03	7:21	3:20	1:01	1:25									
317		Antonio Gómez Ranz ARTABROS A Coruña	4:16	7:35	10:10	17:14	23:08	25:27	27:08	29:57	33:17	38:54	50:45	54:25	57:59	1:00:55	
				4:16	3:19	2:35	7:04	5:54	2:19	1:41	2:49	3:20	5:37	11:51	3:40	3:34	2:56
				1:02:25	1:06:04	1:10:52	-----	1:15:42									
				1:30	3:39	4:48	4:50	*85									
377		Victor Gabriel Fernández HABELAS HA Vigo	4:46	10:52	16:02	25:33	36:09	40:00	43:08	50:18	56:04	1:06:42	1:22:20	1:50:03	1:55:19	1:59:44	
				4:46	6:06	5:10	9:31	10:36	3:51	3:08	7:10	5:46	10:38	15:38	27:43	5:16	4:25
				2:02:39	2:07:56	2:13:36	-----	2:16:31									
				2:55	5:17	5:40	2:55	*85									
291		Luis Villar Esmoris BRIGANTIA A Coruña	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
378		Francisco José Ferrás HABELAS HA Vigo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
388		Eladio Rodríguez Pérez HABELAS HA Vigo	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
				-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
Masculino 45 (33)				6,0 km 225 m 17 C													
				1(68)	2(64)	3(52)	4(81)	5(77)	6(48)	7(66)	8(41)	9(75)	10(65)	11(73)	12(74)	13(50)	14(48)
				15(84)	16(54)	17(100)	F										
1	216	Xan Mariano Trigo Rivas TREVINCA O Barco	45:15	2:18	5:53	8:12	12:43	13:47	15:56	20:40	24:26	27:07	30:43	31:57	35:02	37:17	38:49
				2:18	3:35	2:19	4:31	1:04	2:09	4:44	3:46	2:41	3:36	1:14	3:05	2:15	1:32
				40:12	41:52	44:13	45:15	1:32									
				1:23	1:40	2:21	1:02	*85									
2	967	Rafael Lima INDEPENDIE Vigo	48:58	2:20	7:55	11:50	16:19	17:54	20:28	24:26	29:19	31:07	35:29	36:35	39:27	41:04	42:25
				2:20	5:35	3:55	4:29	1:35	2:34	3:58	4:53	1:48	4:22	1:06	2:52	1:37	1:21
				43:56	45:45	47:51	48:58	1:25									
				1:31	1:49	2:06	1:07	*85									
3	189	German Pérez Juste UNIVERSIDA Vigo	49:29	1:53	7:12	10:33	14:47	16:17	18:05	22:13	25:24	28:04	32:39	33:48	38:08	40:45	42:17
				1:53	5:19	3:21	4:14	1:30	1:48	4:08	3:11	2:40	4:35	1:09	4:20	2:37	1:32
				43:41	46:04	48:19	49:29	2:09									
				1:24	2:23	2:15	1:10	*85									
4	442	Francisco Varela Lora FLUVIAL LU Lugo	49:53	3:01	6:48	9:52	16:04	17:34	19:50	23:51	27:32	30:00	34:31	35:43	38:59	41:06	42:48
				3:01	3:47	3:04	6:12	1:30	2:16	4:01	3:41	2:28	4:31	1:12	3:16	2:07	1:42
				44:22	46:23	48:37	49:53	1:29									
				1:34	2:01	2:14	1:16	*85									
5	116	Juan Patiño Varela GALLAECIA a coruña	49:59	2:08	10:30	12:38	16:54	18:02	20:05	24:38	28:17	30:28	33:05	34:37	37:35	40:44	42:19
				2:08	8:22	2:08	4:16	1:08	2:03	4:33	3:39	2:11	2:37	1:32	2:58	3:09	1:35
				44:03	46:34	48:49	49:59	1:27									
				1:44	2:31	2:15	1:10	*85									
6	347	Andres Lopez Suarez MONTAÑA FE Ferro	51:48	2:25	6:48	9:25	14:25	15:45	17:48	23:09	27:42	30:31	34:47	36:11	40:45	43:25	44:52
				2:25	4:23	2:37	5:00	1:20	2:03	5:21	4:33	2:49	4:16	1:24	4:34	2:40	1:27
				46:22	48:19	50:33	51:48	1:32									
				1:30	1:57	2:14	1:15	*85									

Pos	Jorsal	Nombre	Tiempo														
Masculino 45 (33)				6,0 km 225 m				17 C				<i>(cont.)</i>					
				1(68)	2(64)	3(52)	4(81)	5(77)	6(48)	7(66)	8(41)	9(75)	10(65)	11(73)	12(74)	13(50)	14(48)
				15(84)	16(54)	17(100)	F										
7	25	Xoan Manoel Puente FLUVIAL LU Lugo	54:18	2:19	6:29	10:17	15:43	17:11	19:31	24:32	28:21	31:13	35:18	37:07	40:34	44:24	46:29
				2:19	4:10	3:48	5:26	1:28	2:20	5:01	3:49	2:52	4:05	1:49	3:27	3:50	2:05
				48:16	50:34	52:54	54:18										
				1:47	2:18	2:20	1:24										
8	215	Javier Rodriguez Sa TREVINCA O Barco	54:31	3:46	8:30	10:52	16:50	17:44	19:39	24:11	28:39	33:42	36:31	37:34	40:32	43:39	45:10
				3:46	4:44	2:22	5:58	0:54	1:55	4:32	4:28	5:03	2:49	1:03	2:58	3:07	1:31
				46:50	49:40	53:24	54:31										
				1:40	2:50	3:44	1:07										
9	38	Francisco Javier An AROMON Pontevedr	55:16	2:21	6:30	9:27	15:25	16:40	18:54	24:14	29:52	32:38	36:10	38:01	41:46	44:53	46:54
				2:21	4:09	2:57	5:58	1:15	2:14	5:20	5:38	2:46	3:32	1:51	3:45	3:07	2:01
				48:58	51:02	53:52	55:16										
				2:04	2:04	2:50	1:24										
10	63	José Antonio Ricoy AROMON Pontevedr	57:22	2:24	7:43	10:21	15:46	16:53	19:48	24:57	29:21	32:00	36:10	38:05	42:42	45:28	47:35
				2:24	5:19	2:38	5:25	1:07	2:55	5:09	4:24	2:39	4:10	1:55	4:37	2:46	2:07
				49:45	52:45	55:52	57:22										
				2:10	3:00	3:07	1:30										
11	29	Eugenio A. Rodrigu FLUVIAL LU Lugo	58:39	3:14	8:45	12:20	17:37	19:04	21:38	27:02	31:41	34:37	37:41	39:19	43:48	47:04	49:25
				3:14	5:31	3:35	5:17	1:27	2:34	5:24	4:39	2:56	3:04	1:38	4:29	3:16	2:21
				51:12	54:25	57:07	58:39										
				1:47	3:13	2:42	1:32										
12	173	Enrique Fuertes Go UNIVERSIDA Vigo	1:00:02	2:42	8:49	11:43	17:19	18:25	20:48	27:24	31:51	34:52	37:26	39:05	48:14	50:06	51:45
				2:42	6:07	2:54	5:36	1:06	2:23	6:36	4:27	3:01	2:34	1:39	9:09	1:52	1:39
				53:27	55:29	58:53	1:00:02										
				1:42	2:02	3:24	1:09										
13	81	Enrique Luis Álvare GALLAECIA a coruñ	1:00:17	2:04	10:15	12:32	16:45	17:56	20:04	25:41	29:02	36:50	39:29	40:38	45:33	48:21	52:59
				2:04	8:11	2:17	4:13	1:11	2:08	5:37	3:21	7:48	2:39	1:09	4:55	2:48	4:38
				54:32	56:57	59:02	1:00:17										
				1:33	2:25	2:05	1:15										
14	58	Antonio Omil Belos AROMON Pontevedr	1:00:37	3:01	7:41	10:19	16:07	19:50	22:00	27:04	31:41	36:44	40:17	41:39	46:02	50:37	52:12
				3:01	4:40	2:38	5:48	3:43	2:10	5:04	4:37	5:03	3:33	1:22	4:23	4:35	1:35
				54:14	56:30	59:25	1:00:37										
				2:02	2:16	2:55	1:12										
15	186	Patricio Peláez Mén UNIVERSIDA Vigo	1:01:52	2:51	10:00	15:19	19:47	20:36	22:29	31:34	38:18	40:29	43:16	44:40	48:14	51:46	53:06
				2:51	7:09	5:19	4:28	0:49	1:53	9:05	6:44	2:11	2:47	1:24	3:34	3:32	1:20
				55:21	58:16	1:00:48	1:01:52										
				2:15	2:55	2:32	1:04										
16	304	Ramón Sampedro M USC Santiago de Cc	1:03:39	2:52	8:50	12:51	19:34	21:29	24:05	30:22	34:23	37:31	42:25	44:07	48:31	51:49	54:14
				2:52	5:58	4:01	6:43	1:55	2:36	6:17	4:01	3:08	4:54	1:42	4:24	3:18	2:25
				56:31	59:15	1:01:59	1:03:39										
				2:17	2:44	2:44	1:40										
17	161	Camilo Serantes Ma ADC ARNELA Porto	1:04:55	4:11	11:02	14:45	19:53	22:18	24:32	33:17	37:52	41:16	44:17	46:08	50:32	53:01	55:22
				4:11	6:51	3:43	5:08	2:25	2:14	8:45	4:35	3:24	3:01	1:51	4:24	2:29	2:21
				58:45	1:01:00	1:03:43	1:04:55										
				3:23	2:15	2:43	1:12										
18	319	Juan José González ARTABROS A Coruá	1:06:19	2:37	9:08	12:44	17:13	19:57	22:09	26:14	43:11	45:50	48:09	49:49	53:08	56:41	58:31
				2:37	6:31	3:36	4:29	2:44	2:12	4:05	16:57	2:39	2:19	1:40	3:19	3:33	1:50
				59:48	1:02:39	1:05:12	1:06:19										
				1:17	2:51	2:33	1:07										
19	301	Eduardo V. Ramos I USC Santiago de Cc	1:06:29	3:29	10:06	14:03	19:42	20:57	24:26	30:24	35:58	39:36	43:53	45:32	50:55	54:09	56:27
				3:29	6:37	3:57	5:39	1:15	3:29	5:58	5:34	3:38	4:17	1:39	5:23	3:14	2:18
				58:25	1:01:24	1:04:53	1:06:29										
				1:58	2:59	3:29	1:36										
20	267	Evaristo Gonzalez F BRIGANTIA A Coruá	1:06:52	2:24	9:22	13:41	18:34	20:07	22:24	28:27	35:28	39:03	43:34	45:11	50:25	54:52	56:58
				2:24	6:58	4:19	4:53	1:33	2:17	6:03	7:01	3:35	4:31	1:37	5:14	4:27	2:06
				58:48	1:01:29	1:05:41	1:06:52										
				1:50	2:41	4:12	1:11										
21	535	Jesús Sanmartín Ma FLUVIAL LU Lugo	1:07:22	4:35	10:42	13:54	18:59	20:34	23:22	29:44	33:44	36:30	40:29	42:48	52:35	55:40	57:19
				4:35	6:07	3:12	5:05	1:35	2:48	6:22	4:00	2:46	3:59	2:19	9:47	3:05	1:39
				59:20	1:03:08	1:06:12	1:07:22										
				2:01	3:48	3:04	1:10										
22	457	José Cabaleiro Vila BUDIÑORAID O Por	1:07:33	2:35	8:43	11:30	17:40	18:31	20:49	25:34	30:48	34:08	47:08	48:31	52:02	56:59	59:55
				2:35	6:08	2:47	6:10	0:51	2:18	4:45	5:14	3:20	13:00	1:23	3:31	4:57	2:56
				1:01:21	1:03:54	1:06:24	1:07:33										
				1:26	2:33	2:30	1:09										
23	83	José Antonio Balsei GALLAECIA a coruñ	1:07:40	8:21	14:55	17:55	24:25	25:28	27:32	32:20	35:33	43:55	48:07	49:48	54:28	56:54	58:33
				8:21	6:34	3:00	6:30	1:03	2:04	4:48	3:13	8:22	4:12	1:41	4:40	2:26	1:39
				1:00:21	1:03:01	1:06:25	1:07:40										
				1:48	2:40	3:24	1:15										
24	359	Francisco Sande Ro MONTAÑA FE Ferro	1:08:11	2:39	11:20	14:03	20:52	22:02	24:02	29:40	34:18	38:53	44:12	46:06	50:41	54:31	56:59
				2:39	8:41	2:43	6:49	1:10	2:00	5:38	4:38	4:35	5:19	1:54	4:35	3:50	2:28
				59:06	1:03:10	1:06:21	1:08:11										
				2:07	4:04	3:11	1:50										
25	454	José Alonso Veiga BUDIÑORAID O Por	1:08:59	3:25	8:30	11:11	18:20	19:45	21:58	30:02	39:24	45:30	48:24	49:56	55:11	58:53	1:00:29
				3:25	5:05	2:41	7:09	1:25	2:13	8:04	9:22	6:06	2:54	1:32	5:15	3:42	1:36
				1:03:03	1:05:31	1:07:58	1:08:59										
				2:34	2:28	2:27	1:01										
26	297	Manuel Gallego Prie USC Santiago de Cc	1:10:47	2:26	10:04	15:21	20:29	23:06	26:40	35:59	43:07	47:38	51:42	53:14	56:46	59:55	1:01:26
				2:26	7:38	5:17	5:08	2:37	3:34	9:19	7:08	4:31	4:04	1:32	3:32	3:09	1:31
				1:03:09	1:05:42	1:09:35	1:10:47										
				1:43	2:33	3:53	1:12										

Pos	Jorsal	Nombre	Tiempo																		
Masculino 45 (33)				6,0 km 225 m				17 C				<i>(cont.)</i>									
				1(68)	2(64)	3(52)	4(81)	5(77)	6(48)	7(66)	8(41)	9(75)	10(65)	11(73)	12(74)	13(50)	14(48)				
				15(84)	16(54)	17(100)	F														
27	198	Pablo Adrián Aller E TREVINCA O Barco	1:12:26	4:03	15:26	21:05	27:42	30:18	33:02	39:39	43:51	46:44	50:33	52:37	58:04	1:00:36	1:02:43				
				4:03	11:23	5:39	6:37	2:36	2:44	6:37	4:12	2:53	3:49	2:04	5:27	2:32	2:07				
				1:05:06	1:07:41	1:10:48	1:12:26		1:29												
				2:23	2:35	3:07	1:38		*85												
28	53	Eduardo Iglesias Pe AROMON Pontevedr	1:13:02	2:46	9:17	13:08	20:06	21:26	24:56	32:37	39:10	42:18	46:52	48:17	59:00	1:01:25	1:03:28				
				2:46	6:31	3:51	6:58	1:20	3:30	7:41	6:33	3:08	4:34	1:25	10:43	2:25	2:03				
				1:06:25	1:08:33	1:11:28	1:13:02		1:31												
				2:57	2:08	2:55	1:34		*85												
29	117	Rafael Pazos Miser GALLAECIA a coruñ	1:13:48	7:26	15:20	20:05	26:45	28:25	31:15	37:31	42:41	46:29	51:48	53:35	57:35	1:03:27	1:05:27				
				7:26	7:54	4:45	6:40	1:40	2:50	6:16	5:10	3:48	5:19	1:47	4:00	5:52	2:00				
				1:07:21	1:09:38	1:12:19	1:13:48		1:30												
				1:54	2:17	2:41	1:29		*85												
30	596	Jorge Victorero Rey INDEPENDIE Vigo	1:21:56	3:11	12:48	20:42	28:44	30:56	36:34	44:46	50:00	54:24	58:02	1:01:10	1:06:06	1:08:37	1:10:57				
				3:11	9:37	7:54	8:02	2:12	5:38	8:12	5:14	4:24	3:38	3:08	4:56	2:31	2:20				
				1:14:17	1:17:32	1:20:42	1:21:56		1:34												
				3:20	3:15	3:10	1:14		*85												
31	320	Jose Miguel López F ARTABROS A Coruñ	1:41:23	17:45	25:48	30:49	42:34	45:20	49:20	59:10	1:05:14	1:09:08	1:13:40	1:16:19	1:22:04	1:25:16	1:27:48				
				17:45	8:03	5:01	11:45	2:46	4:00	9:50	6:04	3:54	4:32	2:39	5:45	3:12	2:32				
				1:30:43	1:34:40	1:38:56	1:41:23		15:06												
				2:55	3:57	4:16	2:27		*85												
310	Neil Chase	r en tarj. ARTABROS A Coruñ		25:39	----	----	1:14:32	----	----	----	----	----	----	----	----	----	----				
				25:39			48:53														
				----	----	1:18:06	1:19:19		1:33	5:50	8:11	12:26	17:58	23:16	27:18	33:23	35:43				
						3:34	1:13		*85	*53	*64	*52	*70	*69	*48	*31	*34				
				41:30	51:28	55:43	58:58	1:03:25	1:05:07	1:08:59											
				*45	*75	*41	*73	*79	*74	*48											
541	Javier Fernández Ca AROMON Pontevedr	No sale		----	----	----	----	----	----	----	----	----	----	----	----	----	----				
				----	----	----	----														
				----	----	----	----														
Masculino 55 (3)				5,0 km 205 m				15 C													
				1(77)	2(49)	3(54)	4(51)	5(48)	6(80)	7(66)	8(73)	9(45)	10(58)	11(50)	12(48)	13(68)	14(69)				
				15(100)	F																
1	191	David Eladio Pinal C UNIVERSIDA Vigo	47:15	2:07	3:45	6:56	8:21	11:34	14:14	17:02	18:23	21:24	28:01	33:44	35:21	37:38	41:03				
				2:07	1:38	3:11	1:25	3:13	2:40	2:48	1:21	3:01	6:37	5:43	1:37	2:17	3:25				
				45:50	47:15		1:28														
				4:47	1:25		*85														
2	20	Pedro Parga Andón FLUVIAL LU Lugo	48:35	2:07	3:45	6:57	8:01	10:39	15:24	18:15	19:43	22:57	26:00	33:28	35:15	37:23	40:56				
				2:07	1:38	3:12	1:04	2:38	4:45	2:51	1:28	3:14	3:03	7:28	1:47	2:08	3:33				
				47:07	48:35		1:28														
				6:11	1:28		*85														
3	604	Juan Ramón Pérez I AROMON Pontevedr	1:33:43	8:29	11:29	15:29	17:42	20:40	34:54	39:22	40:55	47:31	53:33	1:10:12	1:12:15	1:18:17	1:24:32				
				8:29	3:00	4:00	2:13	2:58	14:14	4:28	1:33	6:36	6:02	16:39	2:03	6:02	6:15				
				1:32:11	1:33:43		1:29														
				7:39	1:32		*85														
Élite (23)				8,6 km 350 m				24 C													
				1(48)	2(31)	3(32)	4(33)	5(34)	6(35)	7(36)	8(37)	9(38)	10(39)	11(40)	12(41)	13(42)	14(43)				
				15(44)	16(45)	17(46)	18(47)	19(74)	20(50)	21(48)	22(51)	23(52)	24(100)	F							
1	403	Martín Morales Ferr LIMIACTIVA Xinzod	57:57	2:00	3:45	5:05	7:27	9:33	20:28	21:47	26:45	31:34	32:58	33:44	35:16	38:53	41:05				
				2:00	1:45	1:20	2:22	2:06	10:55	1:19	4:58	4:49	1:24	0:46	1:32	3:37	2:12				
				42:00	42:54	44:06	45:06	46:55	49:15	50:21	51:52	54:39	56:57	57:57		1:34					
				0:55	0:54	1:12	1:00	1:49	2:20	1:06	1:31	2:47	2:18	1:00		*85					
2	431	Juan J. Sancosmed C.O.CO A Coruña	1:03:50	2:12	4:24	6:10	7:55	10:30	22:33	23:52	28:26	33:24	34:57	35:48	37:20	40:16	43:01				
				2:12	2:12	1:46	1:45	2:35	12:03	1:19	4:34	4:58	1:33	0:51	1:32	2:56	2:45				
				45:44	46:30	47:54	49:43	51:55	53:21	54:34	57:45	59:46	1:02:42	1:03:50		1:22					
				2:43	0:46	1:24	1:49	2:12	1:26	1:13	3:11	2:01	2:56	1:08		*85					
3	65	Maikel Rodríguez D AROMON Pontevedr	1:03:56	2:02	3:42	5:41	6:57	9:19	19:48	22:34	27:28	32:21	34:16	35:03	38:08	40:51	43:00				
				2:02	1:40	1:59	1:16	2:22	10:29	2:46	4:54	4:53	1:55	0:47	3:05	2:43	2:09				
				48:29	49:11	50:22	51:32	53:27	55:10	56:18	57:57	59:59	1:02:56	1:03:56		1:26					
				5:29	0:42	1:11	1:10	1:55	1:43	1:08	1:39	2:02	2:57	1:00		*85					
4	119	Felipe Peña Pita GALLAECIA a coruñ	1:04:45	2:17	4:09	5:49	8:37	10:58	23:18	24:32	29:32	34:55	36:42	37:39	39:28	42:42	46:44				
				2:17	1:52	1:40	2:48	2:21	12:20	1:14	5:00	5:23	1:47	0:57	1:49	3:14	4:02				
				48:51	49:38	51:03	52:22	54:20	56:38	57:55	59:40	1:01:23	1:03:41	1:04:45		1:27					
				2:07	0:47	1:25	1:19	1:58	2:18	1:17	1:45	1:43	2:18	1:04		*85					
5	223	David Casado Bravc APA LICEO A Coruñ	1:07:24	2:34	5:54	8:03	10:03	12:24	24:45	25:48	30:36	36:05	38:37	39:36	41:07	45:00	48:08				
				2:34	3:20	2:09	2:00	2:21	12:21	1:03	4:48	5:29	2:32	0:59	1:31	3:53	3:08				
				51:40	52:23	53:52	54:58	57:12	58:41	59:53	1:01:35	1:03:22	1:06:10	1:07:24		1:29					
				3:32	0:43	1:29	1:06	2:14	1:29	1:12	1:42	1:47	2:48	1:14		*85					
6	234	Iván Mera García APA LICEO A Coruñ	1:07:43	2:08	3:37	5:41	8:15	10:44	26:05	27:17	32:06	37:38	39:14	40:09	41:34	44:33	47:27				
				2:08	1:29	2:04	2:34	2:29	15:21	1:12	4:49	5:32	1:36	0:55	1:25	2:59	2:54				
				51:32	52:24	53:47	55:00	57:13	58:52	1:00:07	1:01:39	1:03:23	1:06:37	1:07:43		1:31					
				4:05	0:52	1:23	1:13	2:13	1:39	1:15	1:32	1:44	3:14	1:06		*85					
7	56	Adrián Moreira Alon AROMON Pontevedr	1:08:58	2:24	4:34	7:14	9:04	11:41	24:37	25:55	30:21	35:34	38:36	39:26	41:32	45:49	49:09				
				2:24	2:10	2:40	1:50	2:37	12:56	1:18	4:26	5:13	3:02	0:50	2:06	4:17	3:20				
				52:54	53:49	55:07	56:15	58:09	1:00:37	1:01:57	1:03:48	1:05:27	1:08:01	1:08:58		1:33					
				3:45	0:55	1:18	1:08	1:54	2:28	1:20	1:51	1:39	2:34	0:57		*85					

Pos	Jorsal	Nombre	Tiempo															
Élite (23)				8,6 km 350 m 24 C							(cont.)							
				1(48)	2(31)	3(32)	4(33)	5(34)	6(35)	7(36)	8(37)	9(38)	10(39)	11(40)	12(41)	13(42)	14(43)	
				15(44)	16(45)	17(46)	18(47)	19(74)	20(50)	21(48)	22(51)	23(52)	24(100)	F				
8	144	David Lareo Martine ADC ARNELA Porto	1:09:03	2:23	4:33	6:38	8:55	11:57	25:25	27:16	32:39	37:54	39:07	39:59	41:56	45:13	48:00	
				2:23	2:10	2:05	2:17	3:02	13:28	1:51	5:23	5:15	1:13	0:52	1:57	3:17	2:47	
				49:53	50:47	52:05	53:21	56:23	59:36	1:01:04	1:03:05	1:05:13	1:07:53	1:09:03			1:26	
				1:53	0:54	1:18	1:16	3:02	3:13	1:28	2:01	2:08	2:40	1:10		*85		
9	24	Brais Piñeiro Fraga FLUVIAL LU Lugo	1:11:06	2:01	4:17	5:53	8:34	12:08	24:38	25:52	31:02	37:19	39:19	40:17	46:31	49:12	51:49	
				2:01	2:16	1:36	2:41	3:34	12:30	1:14	5:10	6:17	2:00	0:58	6:14	2:41	2:37	
				53:11	54:55	56:16	57:31	59:48	1:01:45	1:03:07	1:04:56	1:07:12	1:09:51	1:11:06			1:26	
				1:22	1:44	1:21	1:15	2:17	1:57	1:22	1:49	2:16	2:39	1:15		*85		
10	85	Yago Breijo Martine GALLAECIA a coruñ	1:11:12	2:57	5:24	7:58	11:01	13:36	28:55	30:24	35:00	40:20	41:45	42:32	46:57	50:06	53:17	
				2:57	2:27	2:34	3:03	2:35	15:19	1:29	4:36	5:20	1:25	0:47	4:25	3:09	3:11	
				54:38	55:27	56:46	57:56	59:44	1:01:28	1:02:50	1:04:53	1:07:20	1:10:13	1:11:12			1:28	
				1:21	0:49	1:19	1:10	1:48	1:44	1:22	2:03	2:27	2:53	0:59		*85		
11	263	Ángel García García BRIGANTIA A Coruñ	1:12:24	2:05	16:19	17:57	19:28	21:32	36:43	37:56	42:12	46:36	47:42	48:35	50:23	53:01	56:15	
				2:05	14:14	1:38	1:31	2:04	15:11	1:13	4:16	4:24	1:06	0:53	1:48	2:38	3:14	
				57:09	57:58	59:03	1:00:04	1:01:52	1:04:13	1:05:24	1:06:49	1:08:24	1:11:16	1:12:24			1:28	6:04
				0:54	0:49	1:05	1:01	1:48	2:21	1:11	1:25	1:35	2:52	1:08		*85	*33	
12	5	Alberto Corral Alonso FLUVIAL LU Lugo	1:15:50	2:51	5:02	6:32	8:37	10:49	23:08	24:21	30:17	35:49	37:25	38:20	43:43	49:45	55:37	
				2:51	2:11	1:30	2:05	2:12	12:19	1:13	5:56	5:32	1:36	0:55	5:23	6:02	5:52	
				58:37	59:22	1:00:55	1:02:04	1:04:13	1:05:59	1:08:08	1:09:47	1:11:50	1:14:45	1:15:50			1:27	
				3:00	0:45	1:33	1:09	2:09	1:46	2:09	1:39	2:03	2:55	1:05		*85		
13	142	Ramón Fernández T ADC ARNELA Porto	1:16:40	2:08	3:56	7:36	9:22	11:38	25:34	26:29	32:24	37:29	38:49	40:26	54:35	57:42	59:40	
				2:08	1:48	3:40	1:46	2:16	13:56	0:55	5:55	5:05	1:20	1:37	14:09	3:07	1:58	
				1:00:59	1:01:52	1:03:16	1:04:37	1:06:34	1:08:16	1:09:35	1:11:24	1:12:59	1:15:32	1:16:40			1:33	
				1:19	0:53	1:24	1:21	1:57	1:42	1:19	1:49	1:35	2:33	1:08		*85		
14	965	Oscar Fernández Ot MONTAÑA FE Ferro	1:17:54	2:26	5:55	10:17	12:28	14:49	27:21	29:06	35:12	40:47	47:16	47:59	49:59	53:54	58:06	
				2:26	3:29	4:22	2:11	2:21	12:32	1:45	6:06	5:35	6:29	0:43	2:00	3:55	4:12	
				59:55	1:00:41	1:02:04	1:03:08	1:05:05	1:06:29	1:07:42	1:10:35	1:13:25	1:16:51	1:17:54			1:35	
				1:49	0:46	1:23	1:04	1:57	1:24	1:13	2:53	2:50	3:26	1:03		*85		
15	523	Rubén Iglesias Cast FLUVIAL LU Lugo	1:18:12	2:31	4:51	7:56	10:15	12:49	30:40	32:45	37:27	42:53	44:13	45:21	47:35	52:39	55:16	
				2:31	2:20	3:05	2:19	2:34	17:51	2:05	4:42	5:26	1:20	1:08	2:14	5:04	2:37	
				1:00:39	1:01:26	1:02:49	1:03:52	1:05:41	1:07:29	1:09:00	1:11:06	1:13:33	1:17:07	1:18:12			1:26	
				5:23	0:47	1:23	1:03	1:49	1:48	1:31	2:06	2:27	3:34	1:05		*85		
16	244	Santiago Riestra Go APA LICEO A Coruñ	1:23:34	3:58	6:10	8:14	11:07	13:34	32:10	33:21	38:39	44:59	47:32	48:47	50:44	54:57	58:03	
				3:58	2:12	2:04	2:53	2:27	18:36	1:11	5:18	6:20	2:33	1:15	1:57	4:13	3:06	
				1:01:56	1:03:06	1:04:46	1:07:26	1:10:56	1:12:43	1:14:35	1:16:46	1:18:55	1:22:16	1:23:34			1:30	
				3:53	1:10	1:40	2:40	3:30	1:47	1:52	2:11	2:09	3:21	1:18		*85		
17	75	Roberto Verde Lareo AROMON Pontevedr	1:28:31	2:42	5:04	7:30	10:39	13:55	29:27	30:55	37:31	45:36	48:39	49:56	52:33	56:35	1:01:43	
				2:42	2:22	2:26	3:09	3:16	15:32	1:28	6:36	8:05	3:03	1:17	2:37	4:02	5:08	
				1:06:52	1:08:09	1:10:25	1:12:28	1:15:23	1:17:32	1:19:03	1:21:12	1:23:30	1:27:16	1:28:31			1:28	
				5:09	1:17	2:16	2:03	2:55	2:09	1:31	2:09	2:18	3:46	1:15		*85		
18	61	Adrián Pérez Alonso AROMON Pontevedr	1:29:11	3:42	6:00	9:21	11:15	13:56	32:57	34:40	40:25	46:40	48:10	49:11	51:28	54:57	1:05:25	
				3:42	2:18	3:21	1:54	2:41	19:01	1:43	5:45	6:15	1:30	1:01	2:17	3:29	10:28	
				1:11:35	1:12:35	1:14:07	1:15:18	1:17:41	1:19:48	1:21:19	1:23:12	1:25:20	1:28:00	1:29:11			1:23	
				6:10	1:00	1:32	1:11	2:23	2:07	1:31	1:53	2:08	2:40	1:11		*85		
19	246	Carlos Rodríguez Di APA LICEO A Coruñ	1:34:36	3:04	5:54	9:51	12:57	16:04	37:06	38:41	44:54	57:53	59:38	1:00:44	1:02:58	1:08:45	1:11:49	
				3:04	2:50	3:57	3:06	3:07	21:02	1:35	6:13	12:59	1:45	1:06	2:14	5:47	3:04	
				1:13:26	1:14:55	1:16:17	1:18:03	1:21:21	1:23:48	1:25:27	1:27:47	1:30:06	1:33:18	1:34:36			1:30	
				1:37	1:29	1:22	1:46	3:18	2:27	1:39	2:20	2:19	3:12	1:18		*85		
20	463	Jesús Eduardo Pérez BUDIÑORAI O Por	1:49:16	5:42	8:36	14:02	17:12	21:15	38:51	40:34	45:19	52:34	54:12	55:12	57:21	1:01:53	1:07:51	
				5:42	2:54	5:26	3:10	4:03	17:36	1:43	4:45	7:15	1:38	1:00	2:09	4:32	5:58	
				1:15:20	1:17:03	1:19:22	1:20:48	1:23:14	1:25:06	1:27:22	1:35:50	1:41:17	1:48:09	1:49:16			1:25	
				7:29	1:43	2:19	1:26	2:26	1:52	2:16	8:28	5:27	6:52	1:07		*85		
252		Antonio Blanco Villar en tarj. BRIGANTIA A Coruñ		17:15	----	----	----	----	----	----	26:50	----	----	----	----	----	----	
				17:15							9:35							
				----	----	----	----	38:34	----	40:59	----	----	46:37	47:30		1:26	2:35	
								11:44		2:25			5:38	0:53		*85	*68	
				4:18	7:10	11:41	14:45	19:14	28:46	31:26	34:09	42:08	44:01					
49		Gonzalo Fernández Villar en tarj. AROMON Pontevedr		*69	*70	*83	*64	*80	*71	*72	*75	*84	*81					
				1:53	3:39	4:53	6:38	8:37	22:11	23:09	27:25	32:08	34:13	35:07	36:25	39:11	46:39	
				1:53	1:46	1:14	1:45	1:59	13:34	0:58	4:16	4:43	2:05	0:54	1:18	2:46	7:28	
				47:39	48:21	----	50:47	52:48	54:15	55:25	57:05	59:00	1:01:20	1:02:21		1:25		
				1:00	0:42	----	2:26	2:01	1:27	1:10	1:40	1:55	2:20	1:01		*85		
305		Ignacio Sordo Touza USC Santiago de Cc	No sale	----	----	----	----	----	----	----	----	----	----	----	----	----	----	
				----	----	----	----	----	----	----	----	----	----	----	----	----	----	
Iniciación Curta (21)				2,6 km 75 m 7 C														
				1(49)	2(53)	3(54)	4(55)	5(56)	6(57)	7(100)	F							
1	905	Anxo Somoza INDEPENDIE Vigo	34:01	4:41	7:55	10:05	15:20	22:05	29:44	32:13	34:01							
				4:41	3:14	2:10	5:15	6:45	7:39	2:29	1:48							
2	906	Carla Somoza INDEPENDIE Vigo	34:17	4:51	8:02	10:02	15:24	22:15	30:04	32:21	34:17							
				4:51	3:11	2:00	5:22	6:51	7:49	2:17	1:56							
3	225	Martín Casado Núñez APA LICEO A Coruñ	38:38	6:52	10:04	11:56	19:41	26:39	33:47	36:35	38:38							
				6:52	3:12	1:52	7:45	6:58	7:08	2:48	2:03							
4	238	Elia Núñez Otero APA LICEO A Coruñ	38:43	6:29	9:42	11:47	19:24	26:30	33:29	36:37	38:43							
				6:29	3:13	2:05	7:37											

Pos	Jorsal	Nombre	Tiempo													
				2,6 km 75 m			7 C		(cont.)							
				1(49)	2(53)	3(54)	4(55)	5(56)	6(57)	7(100)	F					
7	309	Xacobe Chase Truel	1:08:04	12:30	20:32	26:28	35:11	46:32	58:33	1:04:28	1:08:04	1:04:33				
		ARTABROS A Coruñ		12:30	8:02	5:56	8:43	11:21	12:01	5:55	3:36	*100				
8	308	Emma Chase Truebe	1:08:06	12:36	20:07	26:27	34:34	46:33	58:25	1:04:37	1:08:06	1:04:39				
		ARTABROS A Coruñ		12:36	7:31	6:20	8:07	11:59	11:52	6:12	3:29	*100				
9	928	Sara Buján Souto	1:22:40	16:04	25:13	29:26	35:58	43:50	1:17:55	1:20:23	1:22:40	5:02				
		FLUVIAL LU Lugo		16:04	9:09	4:13	6:32	7:52	34:05	2:28	2:17	*62				
10	931	Marta Capón Saa	1:23:41	16:11	25:16	29:42	36:35	44:30	1:18:33	1:21:07	1:23:41					
		FLUVIAL LU Lugo		16:11	9:05	4:26	6:53	7:55	34:03	2:34	2:34					
11	314	Silvia Estevez Varela	1:43:27	11:47	25:06	29:53	48:11	1:03:21	1:32:47	1:37:52	1:43:27					
		ARTABROS A Coruñ		11:47	13:19	4:47	18:18	15:10	29:26	5:05	5:35					
11	938	Angeles Rodriguez I	1:43:27	11:35	24:55	29:43	48:14	1:03:25	1:32:58	1:37:56	1:43:27					
		ARTABROS A Coruñ		11:35	13:20	4:48	18:31	15:11	29:33	4:58	5:31					
13	939	Milagros Gonzalez A	1:44:19	12:09	25:28	30:17	48:36	1:03:54	1:33:20	1:38:16	1:44:19					
		ARTABROS A Coruñ		12:09	13:19	4:49	18:19	15:18	29:26	4:56	6:03					
14	369	Claudia Vinagre Bar	1:50:40	1:08:29	1:13:15	1:16:13	1:25:27	1:35:44	1:44:51	1:48:18	1:50:40	1:13	1:41	2:11	2:34	2:56
		FAICAMIÑO A Coruñ		1:08:29	4:46	2:58	9:14	10:17	9:07	3:27	2:22	*91	*38	*35	*93	*83
				3:12	3:36	3:54	5:30	6:38	7:46	9:26	9:32	9:42	10:47			
				*39	*81	*90	*92	*31	*33	*32	*37	*40	*34			
15	930	Iván Berdey Valledo	1:55:45	16:08	27:12	31:21	57:06	1:18:52	1:47:58	1:52:14	1:55:45	5:12	1:25:08	1:52:21		
		FLUVIAL LU Lugo		16:08	11:04	4:09	25:45	21:46	29:06	4:16	3:31	*62	*61	*100		
16	929	Daniel Liz Paredes	1:55:46	16:11	27:20	31:30	57:03	1:18:50	1:48:06	1:52:12	1:55:46	5:03	1:52:21			
		FLUVIAL LU Lugo		16:11	11:09	4:10	25:33	21:47	29:16	4:06	3:34	*62	*100			
		318 Abraham Gonzalez I	r en tarj.	5:45	9:11	12:07	21:35	29:50	-----	-----	52:38					
		ARTABROS A Coruñ		5:45	3:26	2:56	9:28	8:15				22:48				
		914 Sofia Ferrer Gil	r en tarj.	1:58:28	2:07:36	2:13:51	2:33:57	2:52:52	3:11:47	3:25:12	3:31:06	1:28:59	1:31:09	1:32:46	1:34:37	1:36:10
		INDEPENDIE Vigo		1:58:28	9:08	6:15	20:06	18:55	18:55	13:25	5:54	*40	*51	*39	*47	*46
				1:56:08	2:09:21	2:10:12	2:10:49	2:14:45	2:16:44	2:17:01	3:26:29					
				*93	*91	*88	*90	*41	*50	*100	*100					
		913 Claudia Ferrer Gil	r en tarj.	1:40:05	2:07:20	2:13:49	2:33:54	2:52:47	3:11:46	3:25:39	3:31:06	51:46	53:35	59:09	1:13:07	1:17:43
		INDEPENDIE Vigo		1:40:05	27:15	6:29	20:05	18:53	18:59	13:53	5:27	*45	*37	*47	*96	*94
				1:26:57	1:29:15	1:34:30	1:40:36	1:40:43	1:40:45							
				*91	*90	*39	*100	*100	*100							
		903 Sara Hicks Méndez	No sale	-----	-----	-----	-----	-----	-----	-----	-----					
		INDEPENDIE Vigo														
		904 Silvia Seoane Rodrí	No sale	-----	-----	-----	-----	-----	-----	-----	-----					
		INDEPENDIE Vigo														
Iniciación Longa (67)				4,0 km 115 m			10 C									
				1(84)	2(49)	3(77)	4(60)	5(63)	6(61)	7(56)	8(82)	9(54)	10(100)	F		
1	943	Alfonso Rafael Olay	30:04	2:17	2:50	5:32	9:58	11:48	13:53	17:10	22:19	25:38	28:56	30:04		
		ESC. NAVAL Marín		2:17	0:33	2:42	4:26	1:50	2:05	3:17	5:09	3:19	3:18	1:08		
2	940	Cristhian Zarta Muñ	30:41	3:48	4:25	6:24	11:33	15:22	16:57	19:15	24:05	26:53	29:22	30:41		
		AROMON Pontevedr		3:48	0:37	1:59	5:09	3:49	1:35	2:18	4:50	2:48	2:29	1:19		
3	964	Arturo Norberto For	30:45	4:40	5:49	7:57	12:23	15:09	16:33	18:48	22:34	26:12	29:24	30:45		
		INDEPENDIE Vigo		4:40	1:09	2:08	4:26	2:46	1:24	2:15	3:46	3:38	3:12	1:21		
4	935	Jaime Caamaño Día	31:45	1:42	2:37	4:32	9:34	13:09	14:52	17:42	22:46	27:03	30:16	31:45		
		INDEPENDIE Vigo		1:42	0:55	1:55	5:02	3:35	1:43	2:50	5:04	4:17	3:13	1:29		
5	979	Emilio Pérez Varela	38:06	3:51	4:45	7:01	12:20	17:31	21:48	25:32	29:10	33:31	36:47	38:06		
		FLUVIAL LU Lugo		3:51	0:54	2:16	5:19	5:11	4:17	3:44	3:38	4:21	3:16	1:19		
6	972	María Emilia Vázquez	42:32	3:40	6:32	11:24	17:02	21:36	23:00	25:24	30:10	36:49	40:50	42:32		
		INDEPENDIE Vigo		3:40	2:52	4:52	5:38	4:34	1:24	2:24	4:46	6:39	4:01	1:42		
7	902	Juan Grimaldi Delga	43:50	3:11	4:05	6:24	16:36	20:07	21:58	24:57	32:15	38:20	42:07	43:50		
		INDEPENDIE Vigo		3:11	0:54	2:19	10:12	3:31	1:51	2:59	7:18	6:05	3:47	1:43		
8	937	Maria Del Carmen B	45:13	8:21	10:05	12:32	19:43	24:36	26:27	29:12	34:43	38:33	43:31	45:13		
		APA LICEO A Coruñ		8:21	1:44	2:27	7:11	4:53	1:51	2:45	5:31	3:50	4:58	1:42		
9	915	Juan Carlos GarcÉs	46:12	2:55	5:30	12:35	19:45	29:04	30:24	32:42	39:29	42:26	45:09	46:12		
		INDEPENDIE Vigo		2:55	2:35	7:05	7:10	9:19	1:20	2:18	6:47	2:57	2:43	1:03		
10	901	Carly Oliver	47:16	6:18	7:46	12:14	19:30	23:25	25:45	29:10	34:56	40:29	45:47	47:16		
		INDEPENDIE Vigo		6:18	1:28	4:28	7:16	3:55	2:20	3:25	5:46	5:33	5:18	1:29		
11	908	Marta Rodriguez Alv	48:36	4:25	6:54	11:48	19:26	24:17	27:00	30:29	36:58	41:37	46:53	48:36		
		INDEPENDIE Vigo		4:25	2:29	4:54	7:38	4:51	2:43	3:29	6:29	4:39	5:16	1:43		
12	911	Paula Presa Castro	48:59	4:45	7:33	12:21	18:42	24:40	27:26	31:09	37:26	42:04	47:32	48:59		
		HABELAS HA Vigo		4:45	2:48	4:48	6:21	5:58	2:46	3:43	6:17	4:38	5:28	1:27		
13	921	Ana Piñeiro Mendui	55:10	5:51	7:52	11:50	21:11	26:58	29:55	33:52	42:21	48:25	52:49	55:10		
		INDEPENDIE Vigo		5:51	2:01	3:58	9:21	5:47	2:57	3:57	8:29	6:04	4:24	2:21		
14	925	Aitana Rial Garcia	55:21	5:57	7:31	11:47	21:14	27:07	30:04	34:04	42:33	48:26	53:00	55:21		
		INDEPENDIE Vigo		5:57	1:34	4:16	9:27	5:53	2:57	4:00	8:29	5:53	4:34	2:21		
15	907	Xosé Miguel Barrios	56:31	2:20	3:04	13:42	20:20	31:00	32:32	35:05	39:56	46:00	55:11	56:31		
		LIMIATIVA Xinzo d		2:20	0:44	10:38	6:38	10:40	1:32	2:33	4:51	6:04	9:11	1:20		
16	282	Pedro Salgueiro Rik	58:23	26:10	26:57	28:41	36:36	40:07	41:55	46:01	50:50	54:25	57:12	58:23	17:21	
		BRIGANTIA A Coruñ		26:10	0:47	1:44	7:55	3:31	1:48	4:06	4:49	3:35	2:47	1:11	*68	
17	934	Manuel Gonzalez Pé	1:00:33	5:02	6:23	14:55	21:06	32:27	34:59	37:57	43:52	50:03	59:13	1:00:33		
		INDEPENDIE Vigo		5:02	1:21	8:32	6:11	11:21	2:32	2:58	5:55	6:11	9:10	1:20		
18	230	Antía Delgado Liñei	1:01:06	3:55	7:01	12:26	21:09	25:51	28:53	33:30	43:22	51:26	58:43	1:01:06		
		APA LICEO A Coruñ		3:55	3:06	5:25	8:43	4:42	3:02	4:37	9:52	8:04	7:17	2:23		
19	229	Alberto Delgado Iza	1:01:12	3:51	6:57	12:06	21:10	25:30	28:53	33:26	42:54	51:28	58:34	1:01:12		
		APA LICEO A Coruñ		3:51	3:06	5:09	9:04	4:20	3:23	4:33	9:28	8:34	7:06	2:38		
20	912	Constantino Alvarez	1:08:53	4:47	14:00	16:04	22:27	35:50	38:30	41:33	56:49	1:02:49	1:07:30	1:08:53		
		INDEPENDIE Vigo		4:47	9:13	2:04	6:23	13:23	2:40	3:03	15:16	6:00	4:41	1:23		
21	919	Abel Rodríguez Gon	1:08:54	4:47	14:01	16:06	22:22	35:50	38:30	41:33	56:49	1:02:50	1:07:31	1:08:54		
		INDEPENDIE Vigo		4:47	9:14	2:05	6:16	13:28	2:40	3:03	15:1					

Pos	Jorsal	Nombre	Tempo														
Iniciación Longa (67)				4,0 km 115 m			10 C			(cont.)							
				1(84)	2(49)	3(77)	4(60)	5(63)	6(61)	7(56)	8(82)	9(54)	10(100)	F			
22	909	José Ramón Pérez (INDEPENDIE Vigo	1:10:41	5:50	7:47	12:35	22:07	28:08	31:15	37:26	55:25	1:01:48	1:08:11	1:10:41	1:08:20		
				5:50	1:57	4:48	9:32	6:01	3:07	6:11	17:59	6:23	6:23	2:30	*100		
23	910	Natalia Somoza Arg (INDEPENDIE Vigo	1:19:43	3:21	16:53	27:00	36:03	39:53	42:02	45:57	1:06:35	1:14:06	1:18:04	1:19:43			
				3:21	13:32	10:07	9:03	3:50	2:09	3:55	20:38	7:31	3:58	1:39			
24	923	Lucio Rodríguez Mo (BUDIÑORAI O Por	1:22:05	5:09	6:05	9:06	14:48	52:33	54:58	1:00:42	1:08:13	1:15:36	1:19:37	1:22:05	19:31		
				5:09	0:56	3:01	5:42	37:45	2:25	5:44	7:31	7:23	4:01	2:28	*67		
25	924	Alfonso Mansilla Ló (INDEPENDIE Vigo	1:25:08	6:26	9:25	16:26	27:58	36:46	41:04	48:06	1:03:18	1:12:08	1:21:13	1:25:08	1:21:23		
				6:26	2:59	7:01	11:32	8:48	4:18	7:02	15:12	8:50	9:05	3:55	*100		
26	185	Martín Pazó Pazó (UNIVERSIDA Vigo	1:25:17	6:55	9:31	16:15	28:11	37:22	41:28	48:27	1:03:17	1:12:08	1:21:32	1:25:17			
				6:55	2:36	6:44	11:56	9:11	4:06	6:59	14:50	8:51	9:24	3:45			
27	916	Tamara Maneiro Cre (INDEPENDIE Vigo	1:29:44	4:49	7:34	13:27	25:17	32:19	59:14	1:03:46	1:14:13	1:20:09	1:27:09	1:29:44			
				4:49	2:45	5:53	11:50	7:02	26:55	4:32	10:27	5:56	7:00	2:35			
28	932	María Teresa Oreiro (INDEPENDIE Vigo	1:31:46	11:03	12:40	22:01	35:33	41:47	58:14	1:06:05	1:15:12	1:22:44	1:29:02	1:31:46			
				11:03	1:37	9:21	13:32	6:14	16:27	7:51	9:07	7:32	6:18	2:44			
29	971	Alba Pires Filgueira (INDEPENDIE Vigo	1:34:39	8:08	8:59	48:33	56:39	1:09:08	1:10:40	1:13:13	1:18:05	1:24:11	1:33:20	1:34:39			
				8:08	0:51	39:34	8:06	12:29	1:32	2:33	4:52	6:06	9:09	1:19			
30	510	Natalia Miguez Lope (GALLAECIA a coruñ	1:34:47	6:35	7:51	13:05	25:56	31:26	1:01:09	1:07:46	1:17:04	1:24:19	1:31:59	1:34:47			
				6:35	1:16	5:14	12:51	5:30	29:43	6:37	9:18	7:15	7:40	2:48			
31	936	David Lago Alonso (INDEPENDIE Vigo	1:42:36	9:28	11:33	20:33	40:22	50:27	57:53	1:03:03	1:17:22	1:34:38	1:39:53	1:42:36			
				9:28	2:05	9:00	19:49	10:05	7:26	5:10	14:19	17:16	5:15	2:43			
32	969	Jose Manuel Lago P (INDEPENDIE Vigo	1:43:08	9:45	12:07	20:35	40:23	50:22	57:27	1:03:06	1:17:26	1:34:39	1:40:05	1:43:08			
				9:45	2:22	8:28	19:48	9:59	7:05	5:39	14:20	17:13	5:26	3:03			
33	966	Lara Fernández Lóp (MONTAÑA FE Ferro	1:46:44	18:29	19:46	24:19	35:13	48:49	1:13:06	1:18:39	1:28:57	1:35:53	1:43:52	1:46:44			
				18:29	1:17	4:33	10:54	13:36	24:17	5:33	10:18	6:56	7:59	2:52			
917		David Ibáñez Domín r en tarj. (INDEPENDIE Vigo		3:20	----	----	12:58	16:24	17:48	19:48	28:45	33:41	36:52	38:10	4:23	7:20	
				3:20			9:38	3:26	1:24	2:00	8:57	4:56	3:11	1:18	*68	*62	
922		Ruth López García r en tarj. (HABELAS HA Vigo		5:10	6:56	12:46	26:33	32:02	35:24	40:08	49:21	57:22	----	1:03:18			
				5:10	1:46	5:50	13:47	5:29	3:22	4:44	9:13	8:01		5:56			
248		Ana Rodríguez Sout r en tarj. (APA LICEO A Coruñ		3:22	4:43	7:45	16:41	22:13	24:29	27:38	33:10	1:00:20	----	1:05:59			
				3:22	1:21	3:02	8:56	5:32	2:16	3:09	5:32	27:10		5:39			
245		Antia Riestra Rodrí r en tarj. (APA LICEO A Coruñ		3:16	4:39	7:42	16:35	22:05	24:25	27:33	32:55	1:00:17	----	1:05:59			
				3:16	1:23	3:03	8:53	5:30	2:20	3:08	5:22	27:22		5:42			
955		Carlos Ceballos Dar r en tarj. (ESC. NAVAL Marín		8:02	9:04	12:06	19:56	----	27:45	31:42	42:31	48:26	----	55:44	1:35:02	1:36:06	
				8:02	1:02	3:02	7:50	----	7:49	3:57	10:49	5:55	7:18		*40	*51	
				1:41:36	1:43:56	1:45:55	1:50:38	1:56:17	1:57:19	1:59:02	2:02:57	2:04:25	2:04:45				
				*39	*47	*46	*93	*91	*88	*90	*41	*50	*100				
956		Fernando Múgica Bo r en tarj. (ESC. NAVAL Marín		8:09	9:09	12:28	20:18	24:48	27:48	31:39	----	----	55:09	1:04:36	1:07:27		
				8:09	1:00	3:19	7:50	4:30	3:00	3:51			23:30	*57	*85		
				1:08:39	1:11:26	1:19:27	1:19:59	1:20:50	1:22:22	1:26:46	1:27:12	1:27:50	1:28:33	10:02			
				*88	*62	*77	*70	*90	*80	*95	*83	*56	*100	*62			
957		Fernando Royo Rub r en tarj. (ESC. NAVAL Marín		8:36	9:22	12:49	----	----	----	----	----	----	36:34	1:17:21	1:18:55		
				8:36	0:46	3:27							23:45	*51	*41		
				1:20:51	1:22:41	1:27:37	1:31:05	1:33:07	1:35:51	1:38:10	1:41:28	1:43:21	1:45:01	1:48:40	1:50:16	1:52:33	1:58:43
				*47	*46	*93	*97	*44	*76	*78	*81	*79	*77	*87	*44	*90	*49
				1:59:17													
				*100													
954		Alejandro Pérez Sec r en tarj. (ESC. NAVAL Marín		8:12	9:12	12:57	18:40	21:25	24:48	27:59	----	----	53:49	1:09:45	1:10:48		
				8:12	1:00	3:45	5:43	2:45	3:23	3:11			25:50	*91	*85		
				1:12:20	1:25:33	1:27:29	1:30:05	1:36:56	1:37:58	1:47:10	1:50:09	1:52:05	2:00:35	2:01:33			
				*57	*83	*56	*80	*80	*62	*81	*93	*70	*77	*100			
952		Ignacio González-Al r en tarj. (ESC. NAVAL Marín		8:03	9:03	12:08	20:03	24:47	----	----	----	----	55:43	1:06:52	1:09:54		
				8:03	1:00	3:05	7:55	4:44					30:56	*48	*41		
				1:14:44	1:19:15	1:20:34	1:28:37	1:31:26	1:33:56	1:42:32	2:01:30	2:04:41	2:06:13	2:10:48	2:15:29	2:15:48	
				*90	*91	*44	*76	*77	*82	*75	*78	*44	*94	*96	*50	*100	
953		Gonzalo Cárdenas A r en tarj. (ESC. NAVAL Marín		8:14	8:52	11:40	16:09	20:39	22:21	24:12	----	----	36:19	1:46:22	1:47:51		
				8:14	0:38	2:48	4:29	4:30	1:42	1:51			12:07	*40	*51		
				1:54:17	1:56:43	1:58:42	2:02:10	2:04:26	2:05:24	2:06:31	2:13:07	2:15:12	2:15:44	26:50			
				*39	*47	*46	*93	*94	*44	*91	*41	*49	*100	*55			
951		Gonzalo Fernández- r en tarj. (ESC. NAVAL Marín		7:56	9:01	11:41	16:19	20:52	22:30	26:14	----	----	55:15	1:22:12	1:25:42		
				7:56	1:05	2:40	4:38	4:33	1:38	3:44			29:01	*45	*37		
				1:38:21	1:43:13	1:47:03	2:01:38	2:04:39	2:04:48	2:15:38	2:22:04	2:22:34	9:55				
				*47	*96	*94	*91	*90	*90	*39	*49	*100	*62				
962		Santiago Hernández r en tarj. (ESC. NAVAL Marín		8:39	9:24	12:54	20:26	25:15	----	----	----	----	1:49:33	52:04	55:38		
				8:39	0:45	3:30	7:32	4:49					1:24:18	*48	*41		
				1:03:20	1:05:06	1:06:40	1:13:14	1:16:07	1:20:18	1:27:02	1:34:47	1:38:28	1:40:01	1:44:11	1:48:25	1:48:46	
				*90	*91	*44	*76	*77	*82	*75	*78	*44	*94	*96	*50	*100	
963		Jaime Cruz Antón r en tarj. (ESC. NAVAL Marín		7:55	8:55	12:30	19:44	24:41	27:29	31:25	41:50	----	55:14	1:39:02	1:40:26		
				7:55	1:00	3:35	7:14	4:57	2:48	3:56	10:25		13:24	*40	*51		
				1:45:10	1:47:53	1:49:42	1:53:15	2:03:45	2:07:11	2:09:32	2:14:12	2:16:57	2:17:09				
				*39	*47	*46	*93	*91	*88	*90	*41	*50	*100				
975		Ignacio Líaño Ramír r en tarj. (ESC. NAVAL Marín		8:34	9:14	12:44	----	----	----	----	----	----	36:32	54:40	55:59		
				8:34	0:40	3:30							23:48	*51	*41		
				57:56	59:14	1:03:08	1:06:54	1:08:47	1:12:19	1:14:18	1:18:04	1:19:50	1:23:35	1:28:31	1:29:29	1:32:15	1:39:12
				*47	*46	*93	*97	*44	*76	*78	*81	*79	*77	*87	*44	*90	*49
				1:													

