







Pos	Dorsal	Nombre	Tempo													
<b>Feminino 45 (19)</b>				<b>5,8 km 145 m</b>		<b>15 C</b>		<i>(cont.)</i>								
			1(48) 15(100)	2(51) Meta	3(92)	4(80)	5(46)	6(55)	7(59)	8(34)	9(33)	10(63)	11(62)	12(64)	13(60)	
14	623	Mª Isabel Saco Fernández Vigo U-VIGO	2:32:35	16:29 16:29 2:31:42 1:51	21:01 4:32 2:32:35 0:53	29:27 8:26	31:46 2:19	42:50 11:04	47:24 4:34	1:15:44 28:20	1:22:44 7:00	1:33:45 11:01	1:47:11 13:26	2:03:45 16:34	2:19:02 15:17	2:26:34 7:32
	89	Susana Consuelo Pa Pontevedra AROMON	control	----	----	----	----	----	----	----	----	----	----	----	----	----
	93	Amalia Pérez Otero Pontevedra AROMON	bandona	13:19 13:19 1:48:46 3:01	18:14 4:55 1:50:41 1:55	28:10 9:56	31:21 3:11	41:42 10:21	----	----	----	----	----	1:16:21 34:39	1:32:34 16:13	1:41:27 8:53
	494	Remedios Durán Per O Barco de Valde TR	bandona	30:57 30:57 2:02:00 52:48	33:46 2:49 2:03:49 1:49	54:52 21:06	57:51 2:59	1:09:12 11:21	----	----	----	----	----	----	----	----
	162	Victoria López Permi A Coruña BRIGANTIA	No sale													
	373	Claudia Oreiro Chap Culleredo GALLAECI	No sale													
<b>Feminino 50 (3)</b>				<b>4,8 km 120 m</b>		<b>12 C</b>										
			1(49)	2(48)	3(64)	4(82)	5(91)	6(58)	7(35)	8(33)	9(62)	10(37)	11(47)	12(100)	Meta	
1	25	María Del Pilar Pérez Porto do Son ADC_A	1:59:20	13:55 13:55	15:49 1:54	22:12 6:23	31:54 9:42	38:41 6:47	47:57 9:16	50:38 2:41	1:18:22 27:44	1:38:37 20:15	1:51:42 13:05	1:56:04 4:22	1:58:32 2:28	1:59:20 0:48
2	365	Paulina Andrea Mosc Culleredo GALLAECI	2:00:23	10:39 10:39 1:37:13 *48	12:39 2:00	16:26 3:47	21:44 5:18	27:31 5:47	42:20 14:49	45:29 3:09	1:00:27 14:58	1:21:19 20:52	1:42:08 20:49	1:57:31 15:23	1:59:36 2:05	2:00:23 0:47
3	155	María Fernández Sar A Coruña BRIGANTIA	2:44:46	47:41 47:41	49:31 1:50	54:42 5:11	1:05:29 10:47	1:13:10 7:41	1:35:49 22:39	1:39:28 3:39	1:53:08 13:40	2:13:06 19:58	2:31:57 18:51	2:40:14 8:17	2:43:38 3:24	2:44:46 1:08
<b>Feminino Élite (8)</b>				<b>7,9 km 240 m</b>		<b>17 C</b>										
			1(45) 15(50)	2(61) 16(43)	3(42) 17(100)	4(55) Meta	5(94)	6(63)	7(31)	8(56)	9(34)	10(66)	11(71)	12(72)	13(34)	
1	263	Lucia Parga Basanta LUGO FLUVIAL_LUG	1:21:10	5:34 5:34 1:16:08 6:21	9:47 4:13 1:19:51 3:43	18:28 8:41 1:20:38 0:47	19:49 1:21 1:21:10 0:32	27:08 7:19 39:34 *33	30:37 3:29 39:34 *33	38:00 7:23	42:53 4:53	45:06 2:13	49:24 4:18	53:19 3:55	55:11 1:52	1:03:17 8:06
2	132	María Piñeiro Varela A Coruña ARTABROS	1:25:07	5:09 1:19:51 7:56	8:33 1:23:47 3:56	18:00 1:24:31 0:44	19:12 1:25:07 0:36	26:44 7:32	31:10 4:26	40:00 8:50	41:40 1:40	44:03 2:23	49:12 5:09	53:43 4:31	56:02 2:19	1:04:12 8:10
3	50	Teresa Bellón Santos Pontevedra AROMON	1:29:52	5:39 1:24:36 7:44	9:08 1:28:15 3:39	19:25 1:29:09 0:54	20:40 1:29:52 0:43	28:53 8:13	33:55 5:02	42:07 8:12	43:43 1:36	46:33 2:50	54:56 8:23	59:35 4:39	1:01:38 2:03	1:09:34 7:56
4		Tania Covas Costa Portugal Clube de O	1:32:34	6:36 1:28:11 9:34	10:55 1:30:58 2:47	19:30 1:31:53 0:55	21:33 1:32:34 0:41	29:48 8:15	34:55 5:07	42:50 7:55	45:04 2:14	47:29 2:25	54:39 7:10	59:07 4:28	1:04:17 5:10	1:11:14 6:57
5	4	Alejandra Carro Mah Porto do Son ADC_A	1:49:51	8:51 1:42:07 11:42	15:32 1:47:51 5:44	23:42 1:49:09 1:18	26:04 1:49:51 0:42	36:13 10:09	42:00 5:47	52:32 10:32	54:23 1:51	57:33 3:10	1:03:48 6:15	1:08:48 5:00	1:11:15 2:27	1:21:19 10:04
6	302	Olalla Bello Rodrigo Culleredo GALLAECI	1:58:26	7:10 1:53:20 28:47	10:42 1:56:56 3:36	18:02 1:57:54 0:58	25:23 1:58:26 0:32	33:27 1:35:57 *54	37:47 4:20	47:22 9:35	49:45 2:23	53:02 3:17	1:01:04 8:02	1:05:24 4:20	1:07:44 2:20	1:15:12 7:28
7	492	Yevheniya Chystyack O Barco de Valde TR	2:15:19	7:13 2:03:22 17:34	12:55 2:12:20 8:58	24:32 2:13:50 1:30	27:10 2:15:19 1:29	40:01 12:51	46:03 6:02	56:22 10:19	58:37 2:15	1:02:53 4:16	1:10:10 7:17	1:16:18 6:08	1:19:29 3:11	1:30:28 10:59
	512	Candela Puime López Vigo VIGORIENTA	No sale													
<b>Masculino 12 (8)</b>				<b>3,3 km 65 m</b>		<b>10 C</b>										
			1(95)	2(78)	3(65)	4(84)	5(101)	6(91)	7(79)	8(85)	9(76)	10(100)	Meta			
1	549	Aaron Rodríguez Are As Neves VIZHOJA-C	33:26	3:59 3:59	10:21 6:22	14:13 3:52	17:28 3:15	19:13 1:45	22:12 2:59	23:04 0:52	26:22 3:18	31:07 4:45	32:49 1:42	33:26 0:37		
2	661	Iago Rodríguez Seiji Pontevedra AROMON	40:01	3:31 3:31	6:11 2:40	14:08 7:57	21:37 7:29	24:57 3:20	27:52 2:55	28:45 0:53	32:30 3:45	36:57 4:27	39:14 2:17	40:01 0:47		
3	633	Lucas Barja Pérez Xinzo de Limia LIMIA	47:47	3:03 3:03	5:11 2:08	10:23 5:12	14:26 4:03	16:44 2:18	23:56 7:12	25:07 1:11	39:23 14:16	45:12 5:49	47:10 1:58	47:47 0:37		



Pos	Jorsal	Nombre	Tempo													
<b>Masculino 21 A (6)</b>				<b>7,6 km 225 m</b>			<b>18 C</b>			<i>(cont.)</i>						
				1(44)	2(64)	3(82)	4(83)	5(33)	6(35)	7(71)	8(72)	9(87)	10(67)	11(90)	12(38)	13(73)
				15(40)	16(82)	17(54)	18(100)	Meta								
5	113	Natnael Candela Igle A Coruña ARTABROS	1:53:21	11:09	22:59	27:09	32:59	42:07	47:07	54:12	56:26	59:51	1:04:16	1:07:23	1:11:51	1:18:42
				11:09	11:50	4:10	5:50	9:08	5:00	7:05	2:14	3:25	4:25	3:07	4:28	6:51
				1:24:46	1:38:18	1:48:50	1:52:30	1:53:21								
				2:57	13:32	10:32	3:40	0:51								
	223	Roberto Amarelle Ga pandona LUGO COMPAS		1:16:24	1:29:33	1:34:02	1:37:44	1:45:25	1:50:16	----	----	----	----	----	----	----
				1:16:24	13:09	4:29	3:42	7:41	4:51							
				----	----	----	----									
<b>Masculino 21 B (6)</b>				<b>4,3 km 105 m</b>			<b>13 C</b>									
				1(97)	2(77)	3(82)	4(46)	5(36)	6(74)	7(39)	8(62)	9(80)	10(65)	11(49)	12(52)	13(100)
1	37	Alejandro Victorero l Porto do Son ADC_A	1:08:37	5:06	7:36	13:28	21:49	23:58	28:23	44:52	51:22	53:53	57:40	1:01:48	1:07:04	1:07:59
				5:06	2:30	5:52	8:21	2:09	4:25	16:29	6:30	2:31	3:47	4:08	5:16	0:55
2	540	Alberto Otero Ríos As Neves VIZHOJAC	1:34:38	35:18	37:09	43:48	57:20	58:26	1:01:48	1:14:49	1:20:41	1:22:41	1:25:26	1:29:33	1:33:26	1:34:01
				35:18	1:51	6:39	13:32	1:06	3:22	13:01	5:52	2:00	2:45	4:07	3:53	0:35
	491	Francisco José Cam r en tarj. O Barco de Valde TR		7:25	8:55	16:01	-----	-----	32:37	44:46	49:23	52:48	58:04	1:02:45	1:06:53	1:07:40
				7:25	1:30	7:06			16:36	12:09	4:37	3:25	5:16	4:41	4:08	0:47
	222	Angel Algora Aizpuru pandona LUGO FLUVIAL_LUG		9:32	10:21	15:08	24:04	26:07	-----	-----	-----	-----	-----	-----	-----	-----
				9:32	0:49	4:47	8:56	2:03								
	445	Alberto José Hermic Pontedeume MONTB	No sale													
	403	Fernando Silvarrey f Culleredo GALLAECI	No sale													
<b>Masculino 35 (7)</b>				<b>8,8 km 250 m</b>			<b>21 C</b>									
				1(47)	2(44)	3(61)	4(36)	5(69)	6(53)	7(94)	8(63)	9(31)	10(56)	11(38)	12(66)	13(71)
				15(58)	16(41)	17(73)	18(81)	19(54)	20(43)	21(100)	Meta					
1	479	Jose Angel Morlán R Ordes SEO	1:25:28	4:41	6:07	9:11	14:15	16:05	22:35	31:24	33:59	40:45	42:11	45:41	49:34	53:33
				4:41	1:26	3:04	5:04	1:50	6:30	8:49	2:35	6:46	1:26	3:30	3:53	3:59
				1:00:16	1:02:22	1:08:55	1:15:03	1:22:43	1:24:18	1:24:58	1:25:28					
				4:59	2:06	6:33	6:08	7:40	1:35	0:40	0:30					
2	66	Ricardo Figueroa Fe Pontevedra AROMON	1:37:23	5:27	9:36	13:19	23:21	25:30	26:53	34:56	38:20	47:08	49:12	52:59	57:46	1:02:25
				5:27	4:09	3:43	10:02	2:09	1:23	8:03	3:24	8:48	2:04	3:47	4:47	4:39
				1:10:03	1:15:31	1:21:33	1:28:30	1:34:50	1:36:18	1:36:56	1:37:23					
				5:32	5:28	6:02	6:57	6:20	1:28	0:38	0:27					
3	131	Jorge Piñeiro Portel A Coruña ARTABROS	1:41:30	4:47	6:35	10:42	17:25	19:24	21:13	30:45	34:54	43:20	45:00	50:34	55:33	59:41
				4:47	1:48	4:07	6:43	1:59	1:49	9:32	4:09	8:26	1:40	5:34	4:59	4:08
				1:08:41	1:10:31	1:19:45	1:28:55	1:38:07	1:40:11	1:40:59	1:41:30			8:40		
				6:46	1:50	9:14	9:10	9:12	2:04	0:48	0:31			*65		
4	30	Alfonso Rosado Frac Porto do Son ADC_A	1:45:39	4:17	5:53	9:50	16:30	22:05	23:50	35:15	39:43	48:44	50:40	56:03	1:00:02	1:05:27
				4:17	1:36	3:57	6:40	5:35	1:45	11:25	4:28	9:01	1:56	5:23	3:59	5:25
				1:15:58	1:18:08	1:25:37	1:32:21	1:41:26	1:43:54	1:44:50	1:45:39					
				8:02	2:10	7:29	6:44	9:05	2:28	0:56	0:49					
	106	Francisco Varela Var pandona Pontevedra AROMON		9:18	25:35	31:31	43:33	47:30	50:06	1:08:00	-----	-----	-----	-----	-----	-----
				9:18	16:17	5:56	12:02	3:57	2:36	17:54						
				----	----	----	----	----	----	----						
	444	Hector Fraga Ares Pontedeume MONTB	No sale													
	44	Ángel Álvarez Serto Pontevedra AROMON	No sale													
<b>Masculino 40 (10)</b>				<b>8,3 km 215 m</b>			<b>19 C</b>									
				1(51)	2(61)	3(69)	4(42)	5(41)	6(90)	7(67)	8(87)	9(70)	10(71)	11(58)	12(31)	13(32)
				15(68)	16(81)	17(50)	18(57)	19(100)	Meta							
1	253	Javier Liz Díaz LUGO FLUVIAL_LUG	1:29:40	7:06	9:30	16:39	21:07	31:39	35:38	39:20	42:14	44:58	46:20	52:26	58:24	1:00:29
				7:06	2:24	7:09	4:28	10:32	3:59	3:42	2:54	2:44	1:22	6:06	5:58	2:05
				1:14:38	1:17:18	1:23:20	1:27:34	1:29:06	1:29:40							
				6:36	2:40	6:02	4:14	1:32	0:34							
2	288	Angel Albarran Rodr Culleredo GALLAECI	1:38:14	8:35	11:36	22:58	24:53	35:34	40:35	43:44	49:22	52:44	53:35	1:02:02	1:07:54	1:10:35
				8:35	3:01	11:22	1:55	10:41	5:01	3:09	5:38	3:22	0:51	8:27	5:52	2:41
				1:22:33	1:26:11	1:34:05	1:35:45	1:37:34	1:38:14							
				6:48	3:38	7:54	1:40	1:49	0:40							
3	49	Pablo Barreiro Fern Pontevedra AROMON	1:46:53	19:54	22:45	31:25	32:42	42:44	46:38	49:34	55:33	1:00:14	1:01:06	1:07:27	1:13:26	1:16:02
				19:54	2:51	8:40	1:17	10:02	3:54	2:56	5:59	4:41	0:52	6:21	5:59	2:36
				1:31:28	1:34:45	1:41:08	1:44:35	1:46:18	1:46:53							
				8:59	3:17	6:23	3:27	1:43	0:35							
4	327	Arturo Norberto Fon Culleredo GALLAECI	1:50:09	10:10	14:36	26:00	32:16	43:15	48:25	52:36	57:16	1:01:58	1:03:21	1:10:15	1:16:22	1:18:50
				10:10	4:26	11:24	6:16	10:59	5:10	4:11	4:40	4:42	1:23	6:54	6:07	2:28
				1:33:17	1:36:55	1:45:49	1:47:51	1:49:34	1:50:09							
				7:44	3:38	8:54	2:02	1:43	0:35							

Pos	Jorsal	Nombre	Tiempo													
				<b>8,3 km 215 m</b>					<b>19 C</b>					<i>(cont.)</i>		
				1(51)	2(61)	3(69)	4(42)	5(41)	6(90)	7(67)	8(87)	9(70)	10(71)	11(58)	12(31)	13(32)
				15(68)	16(81)	17(50)	18(57)	19(100)	Meta							
<b>Masculino 40 (10)</b>																
5	386	Luis Javier Ramos A Culleredo GALLAECI	1:50:13	9:57	13:12	26:09	29:43	47:49	52:29	56:12	1:01:34	1:04:52	1:05:45	1:12:00	1:19:11	1:22:38
				9:57	3:15	12:57	3:34	18:06	4:40	3:43	5:22	3:18	0:53	6:15	7:11	3:27
				1:34:36	1:37:57	1:45:58	1:47:43	1:49:38	1:50:13							
				7:07	3:21	8:01	1:45	1:55	0:35							
6	294	Arturo Antón Casado Culleredo GALLAECI	1:54:54	8:48	12:29	24:44	26:21	40:17	45:45	50:41	55:37	59:49	1:00:54	1:08:30	1:18:43	1:21:09
				8:48	3:41	12:15	1:37	13:56	5:28	4:56	4:56	4:12	1:05	7:36	10:13	2:26
				1:38:29	1:43:24	1:50:50	1:52:14	1:54:21	1:54:54							
				8:18	4:55	7:26	1:24	2:07	0:33							
7	612	Vicente Pastoriza Sa Vigo U-VIGO	2:19:34	7:54	11:11	22:11	25:41	41:05	45:01	47:56	51:37	55:18	56:14	1:04:07	1:10:10	1:13:59
				7:54	3:17	11:00	3:30	15:24	3:56	2:55	3:41	3:41	0:56	7:53	6:03	3:49
				1:37:14	2:05:27	2:13:22	2:15:06	2:18:45	2:19:34							
				9:55	28:13	7:55	1:44	3:39	0:49							
8	16	Joaquín Oujo Ageito Porto do Son ADC_A	2:23:06	9:04	13:02	21:21	26:34	39:08	48:40	51:46	56:38	1:04:06	1:05:12	1:13:35	1:20:11	1:23:37
				9:04	3:58	8:19	5:13	12:34	9:32	3:06	4:52	7:28	1:06	8:23	6:36	3:26
				1:47:09	1:54:34	2:17:46	2:20:08	2:22:23	2:23:06							
				12:23	7:25	23:12	2:22	2:15	0:43							
9	659	Alberto Rodríguez S Pontevedra AROMON	2:35:15	17:32	24:58	40:12	46:58	1:06:56	1:20:16	1:23:20	1:29:38	1:32:15	1:33:07	1:41:25	1:47:40	1:50:36
				17:32	7:26	15:14	6:46	19:58	13:20	3:04	6:18	2:37	0:52	8:18	6:15	2:56
				2:04:46	2:22:29	2:31:01	2:32:20	2:34:15	2:35:15							
				8:54	17:43	8:32	1:19	1:55	1:00							
73		Juan Sebastián Grim en tarj. Pontevedra AROMON		10:03	13:53	25:18	30:55	46:36	-----	52:14	1:02:16	1:05:42	1:06:41	1:15:36	1:24:02	1:26:45
				10:03	3:50	11:25	5:37	15:41		5:38	10:02	3:26	0:59	8:55	8:26	2:43
				1:50:30	1:57:12	2:08:09	2:10:02	2:12:26	2:13:11							
				13:18	6:42	10:57	1:53	2:24	0:45							
<b>Masculino 45 (17)</b>																
				<b>7,8 km 225 m</b>					<b>19 C</b>							
				1(37)	2(64)	3(61)	4(94)	5(59)	6(90)	7(70)	8(87)	9(35)	10(31)	11(32)	12(93)	13(75)
				15(69)	16(53)	17(96)	18(54)	19(100)	Meta							
1	278	Francisco Varela Loi LUGO COMPAS	1:23:34	10:03	11:58	15:06	19:36	25:55	30:02	34:47	38:17	40:57	46:12	48:27	52:01	53:49
				10:03	1:55	3:08	4:30	6:19	4:07	4:45	3:30	2:40	5:15	2:15	3:34	1:48
				1:05:38	1:07:12	1:12:32	1:20:28	1:22:48	1:23:34							
				4:36	1:34	5:20	7:56	2:20	0:46							
2	616	German Pérez Juste Vigo U-VIGO	1:35:34	9:23	11:21	15:00	21:52	27:43	31:57	38:52	44:59	47:23	53:16	55:48	59:20	1:03:43
				9:23	1:58	3:39	6:52	5:51	4:14	6:55	6:07	2:24	5:53	2:32	3:32	4:23
				1:16:29	1:18:00	1:24:11	1:32:47	1:34:52	1:35:34							
				5:07	1:31	6:11	8:36	2:05	0:42							
3	577	José Luis Armada Ll Vigo U-VIGO	1:48:44	8:55	13:12	16:16	20:58	27:53	33:07	39:13	44:45	48:04	57:07	1:00:19	1:03:40	1:13:24
				8:55	4:17	3:04	4:42	6:55	5:14	6:06	5:32	3:19	9:03	3:12	3:21	9:44
				1:25:29	1:27:02	1:36:38	1:45:32	1:48:05	1:48:44							
				5:52	1:33	9:36	8:54	2:33	0:39							
4	238	José Manuel Fernán LUGO COMPAS	1:52:32	8:40	10:56	14:45	22:19	32:27	36:35	42:38	47:58	51:28	58:25	1:00:50	1:04:27	1:09:53
				8:40	2:16	3:49	7:34	10:08	4:08	6:03	5:20	3:30	6:57	2:25	3:37	5:26
				1:27:24	1:29:17	1:39:08	1:49:27	1:51:53	1:52:32							
				8:07	1:53	9:51	10:19	2:26	0:39							
5	251	Alberto Lamela Arias LUGO COMPAS	1:52:51	10:47	14:37	17:55	23:04	29:23	34:04	39:56	46:39	49:21	55:54	59:52	1:12:28	1:15:40
				10:47	3:50	3:18	5:09	6:19	4:41	5:52	6:43	2:42	6:33	3:58	12:36	3:12
				1:28:32	1:30:44	1:39:52	1:48:18	1:52:08	1:52:51							
				5:22	2:12	9:08	8:26	3:50	0:43							
6	270	Eugenio A Rodríguez LUGO FLUVIAL_LUG	1:53:38	13:13	15:39	19:27	25:16	32:46	37:43	47:26	51:52	54:55	1:01:10	1:03:52	1:11:42	1:13:52
				13:13	2:26	3:48	5:49	7:30	4:57	9:43	4:26	3:03	6:15	2:42	7:50	2:10
				1:28:16	1:30:05	1:38:12	1:48:25	1:52:49	1:53:38							
				4:56	1:49	8:07	10:13	4:24	0:49							
7	259	Jose Manuel Nogue LUGO FLUVIAL_LUG	1:54:41	8:04	10:21	13:59	18:17	25:20	29:13	37:17	41:25	45:05	51:38	54:11	1:00:46	1:10:19
				8:04	2:17	3:38	4:18	7:03	3:53	8:04	4:08	3:40	6:33	2:33	6:35	9:33
				1:22:51	1:25:07	1:40:41	1:49:59	1:54:10	1:54:41							
				5:44	2:16	15:34	9:18	4:11	0:31							
8	413	Julio Cañas Lara A Coruña LICEO	1:55:35	9:55	14:24	17:21	22:38	34:31	39:52	44:54	54:09	56:40	1:03:15	1:06:06	1:10:03	1:13:20
				9:55	4:29	2:57	5:17	11:53	5:21	5:02	9:15	2:31	6:35	2:51	3:57	3:17
				1:29:00	1:30:56	1:41:20	1:51:44	1:54:55	1:55:35							
				5:59	1:56	10:24	10:24	3:11	0:40							
9	86	Antonio Omil Beloso Pontevedra AROMON	1:57:13	7:48	10:28	14:00	25:28	32:14	38:04	47:17	53:18	56:54	1:03:16	1:06:24	1:13:56	1:16:28
				7:48	2:40	3:32	11:28	6:46	5:50	9:13	6:01	3:36	6:22	3:08	7:32	2:32
				1:33:12	1:35:01	1:42:36	1:53:40	1:56:34	1:57:13							
				5:39	1:49	7:35	11:04	2:54	0:39							
10	22	Gelasio Oujo Pouso Porto do Son ADC_A	2:10:22	7:34	10:04	12:49	25:40	37:34	41:23	50:04	54:12	56:53	1:08:11	1:10:21	1:30:27	1:32:56
				7:34	2:30	2:45	12:51	11:54	3:49	8:41	4:08	2:41	11:18	2:10	20:06	2:29
				1:44:58	1:46:56	1:59:09	2:07:05	2:09:49	2:10:22							
				5:11	1:58	12:13	7:56	2:44	0:33							
11	485	Pablo Adrián Aller Es O Barco de Valde TR	2:19:46	12:35	20:17	24:33	30:48	39:12	44:36	53:50	58:42	1:02:49	1:10:21	1:13:31	1:20:28	1:23:06
				12:35	7:42	4:16	6:15	8:24	5:24	9:14	4:52	4:07	7:32	3:10	6:57	2:38
				1:49:27	1:51:41	2:03:10	2:15:01	2:19:10	2:19:46							
				17:15	2:14	11:29	11:51	4:09	0:36							
12	319	Andres Dopico Pena Culleredo GALLAECI	2:20:40	22:28	24:34	28:00	40:29	50:27	56:56	1:03:24	1:07:59	1:11:36	1:20:48	1:24:34	1:29:16	1:33:58
				22:28	2:06	3:26	12:29	9:58	6:29	6:28	4:35	3:37	9:12	3:46	4:42	4:42
				1:55:05	1:56:57	2:05:27	2:16:54	2:19:54	2:20:40							
				13:33	1:52	8:30	11:27	3:00	0:46							

Pos	Jorsal	Nombre	Tiempo													
<b>Masculino 45 (17)</b>				<b>7,8 km 225 m</b>			<b>19 C</b>			<i>(cont.)</i>						
				1(37)	2(64)	3(61)	4(94)	5(59)	6(90)	7(70)	8(87)	9(35)	10(31)	11(32)	12(93)	13(75)
				15(69)	16(53)	17(96)	18(54)	19(100)	Meta							
13	426	Alfonso Navia Álvarez A Coruña LICEO	2:27:30	18:40	21:06	26:21	34:14	45:28	50:55	57:52	1:04:16	1:06:57	1:15:51	1:19:15	1:30:11	1:34:28
				18:40	2:26	5:15	7:53	11:14	5:27	6:57	6:24	2:41	8:54	3:24	10:56	4:17
				1:52:28	1:54:16	2:06:25	2:22:23	2:26:38	2:27:30							
				9:33	1:48	12:09	15:58	4:15	0:52							
14	47	Javier Antoñón Clem Pontevedra AROMON	2:34:10	10:22	14:08	18:49	25:06	34:37	40:38	48:10	1:01:15	1:05:01	1:14:05	1:16:55	1:31:55	1:35:15
				10:22	3:46	4:41	6:17	9:31	6:01	7:32	13:05	3:46	9:04	2:50	15:00	3:20
				1:54:24	1:57:16	2:09:53	2:24:48	2:33:19	2:34:10							
				11:14	2:52	12:37	14:55	8:31	0:51							
15	311	Roberto Chas Góme; Culleredo GALLAECI	2:35:03	10:09	15:52	18:47	26:56	39:11	44:44	1:00:28	1:05:03	1:09:03	1:16:31	1:19:40	1:26:30	1:29:14
				10:09	5:43	2:55	8:09	12:15	5:33	15:44	4:35	4:00	7:28	3:09	6:50	2:44
				1:55:35	1:57:38	2:15:36	2:30:57	2:34:14	2:35:03			24:44				
				17:05	2:03	17:58	15:21	3:17	0:49		*83					
16	258	Jose Carlos Montoui LUGO FLUVIAL_LUG	2:52:42	16:31	19:26	23:27	45:00	58:30	1:04:43	1:12:18	1:25:24	1:29:22	1:37:35	1:40:14	1:55:17	1:59:29
				16:31	2:55	4:01	21:33	13:30	6:13	7:35	13:06	3:58	8:13	2:39	15:03	4:12
				2:17:40	2:20:12	2:33:35	2:48:15	2:51:51	2:52:42							
				10:44	2:32	13:23	14:40	3:36	0:51							
	377	Manuel Pedre Vazqu Culleredo GALLAECI	Abandona	24:24	28:39	35:31	44:33	55:51	1:02:22	1:17:44	1:30:54	1:35:03	1:56:07	2:01:47	2:12:19	2:28:06
				24:24	4:15	6:52	9:02	11:18	6:31	15:22	13:10	4:09	21:04	5:40	10:32	15:47
				-----	-----	-----	-----	3:16:06	3:16:52							
								36:27	0:46							
<b>Masculino 50 (12)</b>				<b>6,0 km 145 m</b>			<b>13 C</b>									
				1(77)	2(48)	3(51)	4(92)	5(46)	6(42)	7(73)	8(63)	9(58)	10(34)	11(96)	12(44)	13(100)
1	45	Javier Avelo Frague Pontevedra AROMON	1:04:22	6:00	7:31	9:10	13:06	19:35	20:53	25:29	39:00	44:55	47:45	55:26	1:00:56	1:03:47
				6:00	1:31	1:39	3:56	6:29	1:18	4:36	13:31	5:55	2:50	7:41	5:30	2:51
2	119	Luis Adolfo Couceir A Coruña ARTABROS	1:06:29	7:09	9:08	11:31	15:27	22:08	23:43	27:59	37:52	44:10	46:39	55:07	1:01:52	1:05:48
				7:09	1:59	2:23	3:56	6:41	1:35	4:16	9:53	6:18	2:29	8:28	6:45	3:56
3	291	Enrique Luis Álvarez Culleredo GALLAECI	1:12:54	5:24	8:24	10:51	15:41	22:24	23:34	26:58	45:10	51:23	54:03	1:03:27	1:09:04	1:12:14
				5:24	3:00	2:27	4:50	6:43	1:10	3:24	18:12	6:13	2:40	9:24	5:37	3:10
4	17	Santiago Amador Ou Porto do Son ADC_A	1:14:51	6:44	8:41	11:47	16:34	28:41	29:57	33:35	43:46	53:43	55:47	1:05:37	1:11:56	1:14:14
				6:44	1:57	3:06	4:47	12:07	1:16	3:38	10:11	9:57	2:04	9:50	6:19	2:18
5	95	José Antonio Ricoy I Pontevedra AROMON	1:16:40	7:34	9:54	11:58	17:09	25:48	26:53	30:44	41:17	48:24	52:23	1:03:57	1:10:55	1:15:43
				7:34	2:20	2:04	5:11	8:39	1:05	3:51	10:33	7:07	3:59	11:34	6:58	4:48
6	262	Pedro Parga Andón LUGO FLUVIAL_LUG	1:34:13	9:51	11:34	13:17	17:22	26:49	30:26	33:53	55:56	1:01:59	1:10:31	1:23:37	1:30:27	1:33:28
				9:51	1:43	1:43	4:05	9:27	3:37	3:27	22:03	6:03	8:32	13:06	6:50	3:01
7	243	Marcos Fouz Rodrig LUGO FLUVIAL_LUG	2:42:11	19:39	23:00	26:43	36:29	47:50	1:05:52	1:14:41	1:41:44	1:52:54	2:02:38	2:18:21	2:35:27	2:41:06
				19:39	3:21	3:43	9:46	11:21	18:02	8:49	27:03	11:10	9:44	15:43	17:06	5:39
8	126	Jose Miguel López P A Coruña ARTABROS	2:56:55	16:04	21:08	26:49	38:58	55:53	58:56	1:09:07	1:35:57	1:52:25	1:58:34	2:22:02	2:44:38	2:54:42
				16:04	5:04	5:41	12:09	16:55	3:03	10:11	26:50	16:28	6:09	23:28	22:36	10:04
9	140	Jesus Santos Iglesia A Coruña ARTABROS	2:58:35	11:46	14:39	18:59	37:22	45:56	50:57	57:37	1:15:43	1:25:01	2:02:45	2:28:33	2:51:34	2:57:40
				11:46	2:53	4:20	18:23	8:34	5:01	6:40	18:06	9:18	37:44	25:48	23:01	6:06
		Octavio Andrade	Abandona	5:40	7:11	8:25	13:39	-----	-----	-----	-----	-----	-----	-----	51:51	54:34
		Portugal Clube de O	Abandona	5:40	1:31	1:14	5:14	-----	-----	-----	-----	-----	-----	-----	38:12	2:43
		332 Jose Luis Garcia Do	Abandona	47:08	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		Culleredo GALLAECI		47:08												
		339 Rodrigo González R	No sale													
		Culleredo GALLAECI														
<b>Élite (10)</b>				<b>9,3 km 245 m</b>			<b>20 C</b>									
				1(50)	2(68)	3(53)	4(69)	5(56)	6(58)	7(66)	8(71)	9(72)	10(41)	11(63)	12(83)	13(75)
				15(32)	16(31)	17(91)	18(45)	19(47)	20(100)	Meta						
1	513	Maikel Rodriguez Dc Vigo VIGORIENTA	1:08:09	7:42	12:04	15:48	16:33	23:54	27:02	28:50	31:21	32:40	36:57	41:36	44:01	51:07
				7:42	4:22	3:44	0:45	7:21	3:08	1:48	2:31	1:19	4:17	4:39	2:25	7:06
				56:04	58:26	1:00:53	1:05:18	1:06:59	1:07:41	1:08:09						
				3:33	2:22	2:27	4:25	1:41	0:42	0:28						
2	405	Iván Somoza Argibay Culleredo GALLAECI	1:22:24	5:57	10:25	14:51	15:54	25:12	28:32	32:14	35:32	38:01	43:00	47:12	52:38	1:01:02
				5:57	4:28	4:26	1:03	9:18	3:20	3:42	3:18	2:29	4:59	4:12	5:26	8:24
				1:07:42	1:09:37	1:13:18	1:18:34	1:20:55	1:21:55	1:22:24		4:30	31:00			
				4:50	1:55	3:41	5:16	2:21	1:00	0:29		*57	*67			
3		Gonzalo Fernández C Pontevedra AROMON	1:28:01	9:12	13:44	20:01	22:18	31:09	35:40	42:36	45:53	47:45	53:12	57:11	59:40	1:08:01
				9:12	4:32	6:17	2:17	8:51	4:31	6:56	3:17	1:52	5:27	3:59	2:29	8:21
				1:14:48	1:16:35	1:19:19	1:24:49	1:26:37	1:27:31	1:28:01						
				4:24	1:47	2:44	5:30	1:48	0:54	0:30						
4	13	David Lareo Martine; Porto do Son ADC_A	1:31:56	6:33	12:12	16:36	17:45	27:12	31:02	34:29	38:56	40:49	48:25	53:50	56:45	1:06:25
				6:33	5:39	4:24	1:09	9:27	3:50	3:27	4:27	1:53	7:36	5:25	2:55	9:40
				1:15:49	1:18:13	1:21:38	1:27:26	1:29:45	1:31:19	1:31:56						
				5:03	2:24	3:25	5:48	2:19	1:34	0:37						
5	452	David Casado Bravo Betanzos OP BETAN;	1:33:50	9:33	15:44	20:07	20:50	30:32	34:50	37:03	40:39	43:45	49:18	53:53	56:33	1:07:34
				9:33	6:11	4:23	0:43	9:42	4:18	2:13	3:36	3:06	5:33	4:35	2:40	11:01
				1:15:03	1:17:15	1:20:32	1:27:07	1:32:15	1:33:13	1:33:50						
				4:20	2:12	3:17	6:35	5:08	0:58	0:37						
6	83	Adrián Moreira Alons Pontevedra AROMON	1:37:38	8:22	14:04	20:20	21:26	29:58	34:55	37:07	40:51	42:36	48:33	53:29	57:57	1:08:13
				8:22	5:42	6:16	1:06	8:32	4:57	2:12	3:44	1:45	5:57	4:56	4:28	10:16
				1:18:32	1:21:50	1:25:30	1:31:53	1:36:05	1:37:07	1:37:38						
				5:09	3:18	3:40	6:23	4:12	1:02	0:31						



Pos	Dorsal	Nombre	Tiempo													
<b>Élite (10)</b>				<b>9,3 km 245 m</b>			<b>20 C</b>			<i>(cont.)</i>						
			1(50)	2(68)	3(53)	4(69)	5(56)	6(58)	7(66)	8(71)	9(72)	10(41)	11(63)	12(83)	13(75)	
			15(32)	16(31)	17(91)	18(45)	19(47)	20(100)	Meta							
<b>7</b>	<b>550</b>	<b>Isaac Rodríguez Silv As Neves VIZHOJAC</b>	<b>1:51:46</b>	7:12	13:51	19:27	20:48	31:56	37:34	48:51	52:23	54:40	1:01:02	1:06:04	1:10:08	1:25:28
				7:12	6:39	5:36	1:21	11:08	5:38	11:17	3:32	2:17	6:22	5:02	4:04	15:20
				1:31:17	1:34:53	1:40:34	1:46:51	1:50:07	1:51:11	1:51:46						
				3:50	3:36	5:41	6:17	3:16	1:04	0:35						
	<b>323</b>	<b>Oscar Fernández Ot Culleredo GALLAECI</b>	<b>No sale</b>													
	<b>219</b>	<b>Juan J. Sancosmed A Coruña COCO</b>	<b>No sale</b>													
	<b>459</b>	<b>Francisco Javier Ló Betanzos OP BETAN:</b>	<b>No sale</b>													
<b>Masculino 55 (6)</b>				<b>5,8 km 145 m</b>			<b>15 C</b>									
			1(48)	2(51)	3(92)	4(80)	5(46)	6(55)	7(59)	8(34)	9(33)	10(63)	11(62)	12(64)	13(60)	
			15(100)	Meta												
<b>1</b>	<b>59</b>	<b>Gilberto Diaz Falcon Pontevedra AROMON</b>	<b>1:13:00</b>	<b>5:54</b>	<b>7:31</b>	<b>13:05</b>	<b>14:33</b>	<b>20:02</b>	<b>22:29</b>	<b>34:01</b>	<b>41:58</b>	<b>44:42</b>	<b>52:18</b>	<b>58:05</b>	<b>1:04:16</b>	<b>1:09:22</b>
				5:54	1:37	5:34	1:28	5:29	2:27	11:32	7:57	2:44	7:36	5:47	6:11	5:06
				<b>1:12:21</b>	<b>1:13:00</b>											
				1:04	0:39											
<b>2</b>	<b>34</b>	<b>Camilo Serantes Mar Porto do Son ADC_A</b>	<b>1:16:23</b>	7:29	10:43	15:16	16:44	21:57	26:30	38:19	42:15	47:21	55:18	1:02:00	1:08:41	1:12:58
				7:29	3:14	4:33	1:28	5:13	4:33	11:49	3:56	5:06	7:57	6:42	6:41	4:17
				1:15:46	1:16:23											
				0:51	0:37											
<b>3</b>	<b>309</b>	<b>Juan Carlos Carball Culleredo GALLAECI</b>	<b>1:28:56</b>	7:37	10:16	17:41	19:37	26:01	29:44	45:35	52:26	56:05	1:04:36	1:11:28	1:18:54	1:24:14
				7:37	2:39	7:25	1:56	6:24	3:43	15:51	6:51	3:39	8:31	6:52	7:26	5:20
				1:28:00	1:28:56	16:11										
				1:01	0:56	*82										
<b>4</b>	<b>642</b>	<b>Eduardo V. Ramos L Santiago de Comp U</b>	<b>1:36:32</b>	9:12	11:58	18:27	20:24	28:09	32:16	50:44	56:19	59:52	1:08:44	1:16:06	1:24:40	1:31:05
				9:12	2:46	6:29	1:57	7:45	4:07	18:28	5:35	3:33	8:52	7:22	8:34	6:25
				1:35:19	1:36:32											
				1:49	1:13											
<b>5</b>	<b>159</b>	<b>José Antonio Gil Día A Coruña BRIGANTIA</b>	<b>1:48:01</b>	7:27	10:32	15:17	16:56	43:55	46:30	1:01:16	1:05:03	1:09:19	1:18:23	1:27:33	1:36:06	1:42:00
				7:27	3:05	4:45	1:39	26:59	2:35	14:46	3:47	4:16	9:04	9:10	8:33	5:54
				1:47:07	1:48:01											
				1:55	0:54											
<b>6</b>	<b>38</b>	<b>Jorge Victorero Rey Porto do Son ADC_A</b>	<b>1:53:56</b>	14:58	24:20	32:36	33:49	40:37	43:31	1:02:35	1:05:41	1:09:35	1:20:49	1:35:52	1:44:47	1:49:32
				14:58	9:22	8:16	1:13	6:48	2:54	19:04	3:06	3:54	11:14	15:03	8:55	4:45
				1:53:16	1:53:56											
				1:19	0:40											
<b>Feminino 55 (2)</b>				<b>4,2 km 115 m</b>			<b>12 C</b>									
			1(60)	2(45)	3(92)	4(83)	5(39)	6(74)	7(46)	8(96)	9(44)	10(47)	11(52)	12(100)	Meta	
<b>1</b>	<b>236</b>	<b>Fermina Fernandez I LUGO FLUVIAL_LUG</b>	<b>1:58:45</b>	17:27	<b>20:31</b>	35:05	41:40	<b>48:13</b>	<b>57:14</b>	<b>1:02:47</b>	<b>1:13:14</b>	<b>1:49:46</b>	<b>1:54:48</b>	<b>1:56:27</b>	<b>1:57:49</b>	<b>1:58:45</b>
				17:27	3:04	14:34	6:35	6:33	9:01	5:33	10:27	36:32	5:02	1:39	1:22	0:56
				52:51												
				*88												
<b>2</b>	<b>429</b>	<b>Mª José Naya López A Coruña LICEO</b>	<b>2:07:15</b>	<b>12:21</b>	22:00	<b>33:15</b>	<b>41:38</b>	49:39	1:02:21	1:14:01	1:27:52	1:52:03	2:02:32	2:04:37	2:06:21	2:07:15
				12:21	9:39	11:15	8:23	8:01	12:42	11:40	13:51	24:11	10:29	2:05	1:44	0:54