Feminino 12 (6) — 2,8 km 30 m 15 C

Pos	Dorsal	Nombre	Tiempo	1(31)	2(35)	3(39)	4(44)	5(45)	6(36)	7(34)	8(32)	9(62)	10(63)	11(70)	12(73)	13(76)	
				15(100)	Meta												
1	4354	Noa Albarran Oroz	41:56	1:51	4:20	7:36	9:22	13:45	16:49	18:51	22:48	25:28	27:01	30:33	34:13	35:40	
		Culleredo GALLAE		1:51	2:29	3:16	1:46	4:23	3:04	2:02	3:57	2:40	1:33	3:32	3:40	1:27	
				40:17	41:56												
				1:10	1:39												
2	4246	Inés Romero Arma	51:18	5:06	8:54	13:42	18:02	20:29	24:42	26:40	28:49	34:30	36:14	39:14	44:31	46:01	
		Pontevedra AROM		5:06	3:48	4:48	4:20	2:27	4:13	1:58	2:09	5:41	1:44	3:00	5:17	1:30	
				50:12	51:18												
				1:05	1:06												
3	4350	Blanca Rodríguez L	55:42	2:25	6:25	12:03	14:33	18:50	22:46	28:02	32:17	36:25	38:21	42:18	47:03	49:34	
		Vigo U-VIGO		2:25	4:00	5:38	2:30	4:17	3:56	5:16	4:15	4:08	1:56	3:57	4:45	2:31	
				54:51	55:42												
				1:16	0:51												
4	4458	Zoe Ramos Rayón	1:01:51	3:33	8:34	12:36	14:39	16:21	19:47	22:06	25:56	34:24	40:18	47:32	54:53	56:06	
		Culleredo GALLAE		3:33	5:01	4:02	2:03	1:42	3:26	2:19	3:50	8:28	5:54	7:14	7:21	1:13	
				1:01:05	1:01:51												
				1:35	0:46												
5	6382	Aroa Andollo LÓpe	1:20:50	3:35	9:58	16:06	27:33	29:52	34:53	38:06	40:18	48:49	50:46	57:03	1:08:17	1:11:14	1
		Culleredo GALLAE		3:35	6:23	6:08	11:27	2:19	5:01	3:13	2:12	8:31	1:57	6:17	11:14	2:57	
				1:19:06	1:20:50												
				3:40	1:44												
6	4253	Noa Varela Pérez	1:23:47	6:06	12:54	19:33	30:26	32:48	37:52	41:00	43:13	51:50	53:39	59:56	1:11:35	1:14:08	1
		Nigrán RAZA PALL		6:06	6:48	6:39	10:53	2:22	5:04	3:08	2:13	8:37	1:49	6:17	11:39	2:33	
				1:21:59	1:23:47												
				3:27	1:48												

Feminino 14 (7) — 3,2 km 50 m 15 C

Pos	Dorsal	Nombre	Tiempo	1(32)	2(37)	3(39)	4(41)	5(45)	6(36)	7(48)	8(62)	9(64)	10(69)	11(79)	12(76)	13(77)	
				15(100)	Meta												
1	4353	Jana Albarran Oroz	31:53	2:08	4:25	6:15	8:23	10:34	12:46	13:53	18:15	20:17	21:43	23:51	27:27	29:04	
		Culleredo GALLAE		2:08	2:17	1:50	2:08	2:11	2:12	1:07	4:22	2:02	1:26	2:08	3:36	1:37	
				31:05	31:53		19:33										
				0:44	0:48		*63										
2	4349	Sabela Perez Past	35:12	2:32	5:40	7:17	8:22	10:34	13:11	16:00	20:47	22:42	24:07	26:37	29:28	30:47	
		Vigo U-VIGO		2:32	3:08	1:37	1:05	2:12	2:37	2:49	4:47	1:55	1:25	2:30	2:51	1:19	
				34:09	35:12												
				1:05	1:03												
3	4341	Maria Pastoriza Co	40:29	3:51	7:06	9:42	11:20	14:12	17:38	19:21	25:07	27:07	28:34	30:17	34:56	36:19	
		Vigo U-VIGO		3:51	3:15	2:36	1:38	2:52	3:26	1:43	5:46	2:00	1:27	1:43	4:39	1:23	
				39:34	40:29												
				1:06	0:55												
4	4241	Sira Rodríguez Díaz	52:20	1:55	5:06	6:47	13:20	19:40	22:32	23:52	31:01	33:12	34:11	35:50	44:02	45:44	
		Pontevedra AROM		1:55	3:11	1:41	6:33	6:20	2:52	1:20	7:09	2:11	0:59	1:39	8:12	1:42	
				50:08	52:20												
				1:44	2:12												
5	4380	Sira Cubeiro Suáre	1:06:21	21:36	24:42	27:34	32:21	35:11	38:55	40:10	49:21	52:28	54:07	56:15	59:56	1:01:05	1
		Culleredo GALLAE		21:36	3:06	2:52	4:47	2:50	3:44	1:15	9:11	3:07	1:39	2:08	3:41	1:09	
				1:05:20	1:06:21		31:07										
				1:00	1:01		*40										
6	4518	Martina Aller Pfirte	1:10:08	3:57	12:06	14:47	18:26	23:58	29:46	32:07	43:26	46:43	50:07	52:50	58:05	1:00:14	1
		O Barco de Valde T		3:57	8:09	2:41	3:39	5:32	5:48	2:21	11:19	3:17	3:24	2:43	5:15	2:09	
				1:08:33	1:10:08												
				1:46	1:35												
7	4396	Sara Garcia Castro	1:24:10	7:53	13:39	17:53	20:14	23:31	28:11	29:19	37:39	40:47	1:07:17	1:09:45	1:15:22	1:17:24	1
		Culleredo GALLAE		7:53	5:46	4:14	2:21	3:17	4:40	1:08	8:20	3:08	26:30	2:28	5:37	2:02	
				1:23:24	1:24:10		0.00	0.00	5:35	13:09	18:09	26:39	31:57	44:12	55:11	58:53	1
				1:04	0:46		*68	*72	*78	*46	*49	*77	*71	*64	*62	*61	
				1:02:36													
				*100													

Feminino 16 (5) — 3,2 km 95 m 15 C

Pos	Dorsal	Nombre	Tiempo	1(34)	2(36)	3(47)	4(40)	5(42)	6(45)	7(54)	8(58)	9(50)	10(61)	11(64)	12(70)	13(79)
				15(100)	Meta											
1	4479	Carla Somoza Seoa	36:44	3:11	4:26	6:18	10:26	12:00	13:56	17:14	20:48	22:30	27:46	30:02	31:37	32:46
		Culleredo GALLAE		3:11	1:15	1:52	4:08	1:34	1:56	3:18	3:34	1:42	5:16	2:16	1:35	1:09
				36:07	36:44											
				0:59	0:37											
2	4794	Marta Diaz Pardo	48:44	3:18	4:23	6:12	9:04	10:31	13:45	17:19	22:19	25:13	29:40	32:02	34:18	43:19
		LUGO COMPÁS		3:18	1:05	1:49	2:52	1:27	3:14	3:34	5:00	2:54	4:27	2:22	2:16	9:01
				47:55	48:44		24:01									
				0:54	0:49		*49									
3	4816	Lia Rodríguez Sobr	52:04	3:49	5:43	11:37	14:12	15:36	17:45	21:38	25:54	28:08	34:29	42:06	44:52	46:30
		LUGO COMPÁS		3:49	1:54	5:54	2:35	1:24	2:09	3:53	4:16	2:14	6:21	7:37	2:46	1:38
				51:32	52:04											
				1:01	0:32											
4	4356	Daniela Albarran O	1:00:45	4:34	5:41	7:16	9:50	11:16	13:19	29:29	34:14	37:13	41:31	44:02	46:10	55:11
		Culleredo GALLAE		4:34	1:07	1:35	2:34	1:26	2:03	16:10	4:45	2:59	4:18	2:31	2:08	9:01
				59:57	1:00:45		35:57									

Pos	Dorsal	Nombre	Tiempo													
Feminino 16 (5)						***3,2 km 95 m***		***15 C***	*(cont.)*							
				1(34)	2(36)	3(47)	4(40)	5(42)	6(45)	7(54)	8(58)	9(50)	10(61)	11(64)	12(70)	13(79)
				15(100)	Meta											
				1:01	0:48		**49*									
	4805	**Estrella Lamela Be**	**No sale**													
		LUGO COMPÁS														
Feminino 18 (3)						**3,9 km 125 m**		**16 C**								
				1(49)	2(47)	3(38)	4(41)	5(43)	6(53)	7(51)	8(57)	9(60)	10(66)	11(67)	12(64)	13(72)
				15(80)	16(100)	Meta										
1	**4416**	**Silvia López López**	**1:01:10**	6:31	**9:44**	**11:44**	**12:57**	**14:55**	24:50	26:54	31:54	35:09	**37:40**	**39:58**	**44:55**	**52:06**
		Culleredo GALLAE		6:31	***3:13***	2:00	***1:13***	***1:58***	9:55	***2:04***	5:00	***3:15***	***2:31***	***2:18***	4:57	7:11
				58:02	**1:00:36**	**1:01:10**										
				3:16	***2:34***	***0:34***										
2	**4817**	**Noa Rodríguez Sob**	**1:03:34**	**6:01**	10:17	12:02	14:15	16:21	**22:06**	**25:12**	**28:11**	**33:18**	37:41	46:11	49:26	53:16
		LUGO COMPÁS		***6:01***	4:16	***1:45***	2:13	2:06	***5:45***	3:06	***2:59***	5:07	4:23	8:30	***3:15***	***3:50***
				59:39	1:02:57	1:03:34										
				3:13	3:18	0:37										
	4346	**Julia Pérez Álvarez**	**No sale**													
		Vigo U-VIGO														
Feminino 21 A (5)						**4,2 km 170 m**		**18 C**								
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)
				15(74)	16(77)	17(84)	18(100)	Meta								
1	**4575**	**Indira Fernández R**	**49:43**	4:33	**13:06**	**14:16**	**16:12**	**18:50**	**20:15**	**25:56**	**29:10**	**31:22**	**32:56**	**36:15**	**37:35**	**39:07**
		Porto do Son ADC_		4:33	8:33	***1:10***	***1:56***	***2:38***	***1:25***	5:41	***3:14***	2:12	***1:34***	3:19	1:20	1:32
				45:02	**46:35**	**48:23**	**49:03**	**49:43**		*9:15*						
				3:12	***1:33***	***1:48***	***0:40***	***0:40***		**59*						
2	**4589**	**Nuria Oujo Míguez**	**1:00:41**	**4:13**	16:03	17:35	19:48	23:14	25:14	29:21	33:31	35:37	37:53	40:46	47:49	49:17
		Porto do Son ADC_		***4:13***	11:50	1:32	2:13	3:26	2:00	***4:07***	4:10	2:06	2:16	***2:53***	7:03	1:28
				55:04	56:42	59:08	59:55	1:00:41								
				2:47	1:38	2:26	0:47	0:46								
3	**4268**	**Carlota Garcia Lop**	**1:27:36**	13:57	21:01	28:38	31:10	35:34	37:52	43:33	49:01	51:32	53:48	1:06:42	1:07:57	1:09:30 1
		A Coruña ARTABRO		13:57	***7:04***	7:37	2:32	4:24	2:18	5:41	5:28	2:31	2:16	12:54	***1:15***	1:33
				1:17:39	1:20:11	1:25:35	1:26:40	1:27:36								
				3:49	2:32	5:24	1:05	0:56								
4	**4400**	**Alicia Gómez Suár**	**1:34:27**	6:18	19:55	27:54	33:11	37:19	39:16	45:25	54:07	56:10	1:03:03	1:09:16	1:10:39	1:11:51 1
		Culleredo GALLAE		6:18	13:37	7:59	5:17	4:08	1:57	6:09	8:42	***2:03***	6:53	6:13	1:23	***1:12***
				1:27:28	1:29:58	1:32:30	1:33:25	1:34:27		*49:47*						
				5:53	2:30	2:32	0:55	1:02		**58*						
	6394	**Lucía Fernández S**	**No sale**													
		RIBADESELLA NOR														
Feminino 21 B (13)						**3,2 km 95 m**		**15 C**								
				1(34)	2(36)	3(47)	4(40)	5(42)	6(45)	7(54)	8(58)	9(50)	10(61)	11(64)	12(70)	13(79)
				15(100)	Meta											
1	**4338**	**Julia Fuertes Saco**	**38:53**	8:19	9:07	10:59	13:17	14:20	**16:02**	**19:18**	**22:47**	**24:21**	**27:26**	**29:23**	**31:21**	**32:44**
		Vigo U-VIGO		8:19	***0:48***	1:52	***2:18***	***1:03***	***1:42***	***3:16***	3:29	***1:34***	3:05	***1:57***	1:58	***1:23***
				37:52	**38:53**											
				1:02	1:01											
2	**6344**	**Laura Sande Castr**	**1:12:11**	7:02	9:50	13:09	17:05	21:15	24:20	32:36	37:48	41:07	46:06	49:19	59:33	1:03:01 1
		Ferrol MONTAÑA_F		7:02	2:48	3:19	3:56	4:10	3:05	8:16	5:12	3:19	4:59	3:13	10:14	3:28
				1:10:24	1:12:11											
				1:39	1:47											
3	**6308**	**Myryan Busto Domi**	**1:14:19**	5:24	7:00	10:00	**12:48**	**14:10**	17:04	38:47	41:06	49:50	52:13	54:55	57:13	1:08:21 1
		A Coruña LICEO		5:24	1:36	3:00	2:48	1:22	2:54	21:43	***2:19***	8:44	***2:23***	2:42	2:18	11:08
				1:13:42	1:14:19											
				1:08	***0:37***											
4	**2005**	**Araceli Díaz Algarr**	**1:14:48**	5:17	**6:12**	**8:30**	12:51	14:21	17:43	22:11	43:30	45:22	48:49	58:03	59:58	1:01:49 1
		VIGO FEGADO		5:17	0:55	2:18	4:21	1:30	3:22	4:28	21:19	1:52	3:27	9:14	***1:55***	1:51
				1:13:57	1:14:48											
				0:49	0:51											
5	**4593**	**Uxía Pérez García**	**1:21:09**	6:04	7:28	9:18	15:13	23:51	26:50	42:42	49:17	52:02	59:37	1:04:39	1:08:07	1:11:08 1
		Porto do Son ADC_		6:04	1:24	***1:50***	5:55	8:38	2:59	15:52	6:35	2:45	7:35	5:02	3:28	3:01
				1:19:52	1:21:09											
				1:37	1:17											
6	**4292**	**Irene Traveso Pedr**	**1:24:32**	20:54	23:21	25:17	35:37	38:06	40:03	44:17	48:07	50:38	54:52	57:34	1:03:58	1:06:04 1
		A Coruña ARTABRO		20:54	2:27	1:56	10:20	2:29	1:57	4:14	3:50	2:31	4:14	2:42	6:24	2:06
				1:23:23	1:24:32											
				1:54	1:09											
7	**4654**	**Begoña Toimil**	**1:34:35**	7:01	9:35	11:31	19:52	21:48	27:58	32:18	1:07:13	1:09:05	1:17:37	1:20:40	1:23:37	1:26:04 1
		A Coruña COCO		7:01	2:34	1:56	8:21	1:56	6:10	4:20	34:55	1:52	8:32	3:03	2:57	2:27
				1:33:46	1:34:35											
				1:51	0:49											

Pos	Dorsal	Nombre	Tiempo													
Feminino 21 B (13)						***3,2 km 95 m***		***15 C***	*(cont.)*							
				1(34)	2(36)	3(47)	4(40)	5(42)	6(45)	7(54)	8(58)	9(50)	10(61)	11(64)	12(70)	13(79)
				15(100)	Meta											
8	4766	**Saray Iglesias Lóp**	**1:42:27**	11:43	14:04	18:35	23:49	27:26	31:08	43:44	50:40	1:00:17	1:05:53	1:10:06	1:15:20	1:19:51 1
		Cuntis XESTEIRAS		11:43	2:21	4:31	5:14	3:37	3:42	12:36	6:56	9:37	5:36	4:13	5:14	4:31
				1:40:18	1:42:27											
				4:39	2:09											
9	4293	**Sara Traveso Pedr**	**1:43:03**	**4:58**	9:01	26:45	34:23	37:07	39:44	45:23	52:22	57:17	1:14:18	1:17:41	1:23:05	1:27:33 1
		A Coruña ARTABRO		***4:58***	4:03	17:44	7:38	2:44	2:37	5:39	6:59	4:55	17:01	3:23	5:24	4:28
				1:42:09	1:43:03											
				2:53	0:54											
	4480	**Mamen Souto Gonz**	**en tarj.**	20:24	23:39	29:44	33:39	36:20	39:12	43:48	1:13:27	1:16:14	1:21:12	1:23:41	-----	-----
		Culleredo GALLAE		20:24	3:15	6:05	3:55	2:41	2:52	4:36	29:39	2:47	4:58	2:29		
				1:56:41	1:59:08											
				33:00	2:27											
	4581	**Margarita García P**	**Desc.**	21:46	25:03	38:22	46:36	51:04	54:56	1:03:08	1:13:43	1:19:39	1:27:37	1:32:56	1:38:54	1:53:29 2
		Porto do Son ADC_		21:46	3:17	13:19	8:14	4:28	3:52	8:12	10:35	5:56	7:58	5:19	5:58	14:35
				2:09:19	2:11:33											
				5:44	2:14											
	6366	**Lidia Sieira Rodrígu**	**Desc.**	13:07	15:09	49:22	57:36	1:00:38	1:05:13	1:11:41	1:31:37	1:34:07	1:41:53	1:45:21	1:48:36	1:57:47 2
		Culleredo GALLAE		13:07	2:02	34:13	8:14	3:02	4:35	6:28	19:56	2:30	7:46	3:28	3:15	9:11
				2:16:09	2:18:19											
				4:21	2:10											
	4489	**Barbara Del Puerto**	**No sale**													
		Ordes SEO														
Feminino 35 (8)						**4,3 km 170 m**		**19 C**								
				1(60)	2(63)	3(65)	4(51)	5(54)	6(46)	7(42)	8(39)	9(46)	10(48)	11(59)	12(56)	13(68)
				15(71)	16(75)	17(80)	18(82)	19(100)	Meta							
1	4236	**Alicia Pérez Alonso**	**45:43**	**2:57**	**4:41**	**6:03**	**8:19**	11:52	14:37	**16:55**	**18:44**	**20:37**	**22:52**	**25:08**	**28:09**	**31:57**
		Nigrán RAZA PALL		***2:57***	***1:44***	***1:22***	***2:16***	3:33	2:45	***2:18***	***1:49***	1:53	***2:15***	***2:16***	***3:01***	***3:48***
				35:13	**37:59**	**41:15**	**44:09**	**45:02**	**45:43**							
				1:51	2:46	***3:16***	2:54	***0:53***	0:41							
2	4257	**Carla Veiga García**	**58:22**	3:09	5:08	6:46	9:19	**11:11**	**13:54**	19:04	20:55	22:45	25:32	28:01	33:31	37:47
		Pontevedra AROM		3:09	1:59	1:38	2:33	1:52	2:43	5:10	1:51	1:50	2:47	2:29	5:30	4:16
				45:11	47:56	53:18	56:27	57:28	58:22							
				1:33	2:45	5:22	3:09	1:01	0:54							
3	4342	**Isabel Pastoriza Sa**	**59:09**	4:33	6:32	8:10	14:49	19:34	22:09	24:36	26:27	28:30	31:42	34:54	39:01	43:56
		Vigo U-VIGO		4:33	1:59	1:38	6:39	4:45	***2:35***	2:27	1:51	2:03	3:12	3:12	4:07	4:55
				47:32	49:44	54:42	57:22	58:26	59:09							
				1:46	2:12	4:58	***2:40***	1:04	0:43							
4	4776	**Iria Garea García**	**1:02:15**	3:43	6:43	8:40	13:33	16:01	18:57	24:28	26:46	28:57	34:04	36:28	40:05	45:48
		A Coruña LICEO		3:43	3:00	1:57	4:53	2:28	2:56	5:31	2:18	2:11	5:07	2:24	3:37	5:43
				49:11	51:02	56:53	59:35	1:01:26	1:02:15							
				1:50	***1:51***	5:51	2:42	1:51	0:49							
5	4453	**Iria Pico Martínez**	**1:12:03**	4:28	8:12	11:44	14:13	15:54	18:36	21:08	23:32	25:37	42:30	45:36	49:36	55:15
		Culleredo GALLAE		4:28	3:44	3:32	2:29	***1:41***	2:42	2:32	2:24	2:05	16:53	3:06	4:00	5:39
				58:45	1:00:36	1:06:32	1:09:16	1:11:14	1:12:03							
				1:49	***1:51***	5:56	2:44	1:58	0:49							
6	4585	**Susana Míguez Sa**	**1:17:45**	4:07	7:17	9:55	13:03	15:21	18:46	21:26	23:25	25:39	28:53	43:27	49:39	56:39
		Porto do Son ADC_		4:07	3:10	2:38	3:08	2:18	3:25	2:40	1:59	2:14	3:14	14:34	6:12	7:00
				1:00:56	1:04:02	1:11:58	1:15:25	1:17:06	1:17:45							
				2:42	3:06	7:56	3:27	1:41	***0:39***							
7	4584	**Elena Lourido Gaci**	**1:58:02**	5:42	10:08	13:34	24:04	33:48	38:16	43:16	47:20	50:47	1:01:52	1:06:01	1:15:37	1:22:59 1
		Porto do Son ADC_		5:42	4:26	3:26	10:30	9:44	4:28	5:00	4:04	3:27	11:05	4:09	9:36	7:22
				1:32:52	1:39:07	1:48:24	1:54:08	1:56:41	1:58:02							
				5:17	6:15	9:17	5:44	2:33	1:21							
	6120	**Ana Fernández Váz**	**Desc.**	6:17	14:17	16:40	38:40	46:50	51:22	54:30	56:42	58:27	1:01:26	1:15:39	1:21:51	1:28:29 1
		O Porriño BUDIÑOF		6:17	8:00	2:23	22:00	8:10	4:32	3:08	2:12	***1:45***	2:59	14:13	6:12	6:38
				1:32:44	1:51:37	1:55:55	1:59:48	2:01:38	2:03:08		*2:01:42*					
				2:09	18:53	4:18	3:53	1:50	1:30		**100*					
Feminino 40 (8)						**4,2 km 170 m**		**18 C**								
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)
				15(74)	16(77)	17(84)	18(100)	Meta								
1	4203	**Sonia Mª Arias Lim**	**44:42**	5:02	**9:16**	**10:29**	**13:01**	**16:21**	**18:02**	**22:02**	**25:30**	**26:55**	**28:37**	**31:15**	**32:44**	**33:48**
		Pontevedra AROM		5:02	***4:14***	1:13	2:32	3:20	1:41	4:00	3:28	1:25	1:42	***2:38***	1:29	1:04
				39:12	**40:53**	**43:03**	**43:56**	**44:42**								
				2:34	1:41	***2:10***	0:53	0:46								
2	4310	**Fernanda Follana F**	**54:47**	5:12	13:57	15:39	18:18	22:30	24:29	28:18	31:31	33:44	35:51	38:57	40:22	41:42
		LUGO FLUVIAL_LU		5:12	8:45	1:42	2:39	4:12	1:59	3:49	3:13	2:13	2:07	3:06	1:25	1:20
				48:15	51:09	53:19	54:11	54:47								
				3:54	2:54	***2:10***	0:52	0:36								
3	4472	**Silvia Seoane Rodr**	**1:02:45**	8:21	21:00	22:11	24:11	27:14	28:39	37:58	42:40	45:08	46:42	49:43	51:05	52:01
		Culleredo GALLAE		8:21	12:39	1:11	***2:00***	***3:03***	***1:25***	9:19	4:42	2:28	***1:34***	3:01	1:22	***0:56***
				57:41	59:12	1:01:26	1:02:02	1:02:45								
				2:44	***1:31***	2:14	***0:36***	0:43								

Pos	Dorsal	Nombre	Tiempo													
Feminino 40 (8)						***4,2 km 170 m***		***18 C***	*(cont.)*							
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)
				15(74)	16(77)	17(84)	18(100)	Meta								
4	4767	**Tania López Eyo**	**1:04:24**	**4:02**	16:35	17:43	22:29	25:39	30:14	33:36	36:42	39:27	41:05	44:01	45:16	46:18
		Cuntis XESTEIRAS		***4:02***	12:33	***1:08***	4:46	3:10	4:35	***3:22***	***3:06***	2:45	1:38	2:56	***1:15***	1:02
				52:59	54:36	1:03:10	1:03:54	1:04:24								
				3:40	1:37	8:34	0:44	***0:30***								
5	4452	**Lucia Peteiro Couc**	**1:24:04**	6:20	21:03	22:43	31:43	37:07	39:15	45:28	49:26	51:33	53:55	1:06:30	1:08:19	1:09:35 1
		Culleredo GALLAE		6:20	14:43	1:40	9:00	5:24	2:08	6:13	3:58	2:07	2:22	12:35	1:49	1:16
				1:18:22	1:20:06	1:22:23	1:23:20	1:24:04								
				5:12	1:44	2:17	0:57	0:44								
6	4300	**Eva Corral Prado**	**1:29:43**	11:47	23:32	25:35	32:48	37:27	39:41	45:14	50:14	53:31	1:01:54	1:05:28	1:07:04	1:08:28 1
		LUGO FLUVIAL_LU		11:47	11:45	2:03	7:13	4:39	2:14	5:33	5:00	3:17	8:23	3:34	1:36	1:24
				1:22:47	1:25:04	1:27:38	1:28:50	1:29:43								
				3:26	2:17	2:34	1:12	0:53								
7	4362	**Irene Baspino Fern**	**1:31:31**	9:19	18:31	20:48	27:18	33:30	36:22	41:51	48:25	52:19	54:50	58:33	1:01:31	1:03:26 1
		Culleredo GALLAE		9:19	9:12	2:17	6:30	6:12	2:52	5:29	6:34	3:54	2:31	3:43	2:58	1:55
				1:24:10	1:26:22	1:29:18	1:30:23	1:31:31		*15:42*						
				5:29	2:12	2:56	1:05	1:08		**58*						
8	4436	**Paula Naya Mancel**	**1:40:25**	15:31	30:46	33:24	41:30	46:14	50:32	55:34	1:04:49	1:06:07	1:10:49	1:14:19	1:19:17	1:22:18 1
		Culleredo GALLAE		15:31	15:15	2:38	8:06	4:44	4:18	5:02	9:15	***1:18***	4:42	3:30	4:58	3:01
				1:33:34	1:36:11	1:38:48	1:39:33	1:40:25								
				5:25	2:37	2:37	0:45	0:52								
Feminino 45 (12)						**4,1 km 175 m**		**18 C**								
				1(66)	2(67)	3(55)	4(53)	5(40)	6(43)	7(47)	8(49)	9(33)	10(62)	11(68)	12(72)	13(71)
				15(77)	16(84)	17(81)	18(100)	Meta								
1	4335	**Begoña Crespo Qu**	**52:58**	8:26	10:02	11:58	13:34	**17:05**	**19:38**	**23:04**	**28:41**	30:32	**32:25**	**35:20**	**37:52**	41:44
		Vigo U-VIGO		8:26	1:36	***1:56***	***1:36***	***3:31***	2:33	3:26	5:37	1:51	***1:53***	2:55	***2:32***	3:52
				47:16	**49:40**	**50:51**	**52:12**	**52:58**		*44:21*						
				1:59	2:24	***1:11***	1:21	0:46		**76*						
2	4340	**Ana Iglesias Junza**	**54:05**	**5:57**	**7:37**	**11:00**	**13:08**	17:52	20:40	24:33	29:12	**30:27**	32:56	35:52	38:44	**40:31**
		Vigo U-VIGO		***5:57***	1:40	3:23	2:08	4:44	2:48	3:53	4:39	***1:15***	2:29	2:56	2:52	1:47
				45:58	50:29	51:57	53:28	54:05								
				1:53	4:31	1:28	1:31	0:37								
3	4732	**Dori Seijo Souto**	**1:05:24**	18:23	21:45	24:21	26:37	31:05	33:44	37:35	41:55	43:22	45:37	48:51	51:50	53:38
		As Neves VIZHOJA		18:23	3:22	2:36	2:16	4:28	2:39	3:51	***4:20***	1:27	2:15	3:14	2:59	1:48
				59:18	1:01:24	1:02:48	1:04:20	1:05:24								
				2:09	***2:06***	1:24	1:32	1:04								
4	4365	**Elena Bujía Rodríg**	**1:08:03**	11:11	12:40	14:41	18:02	23:57	26:10	29:25	35:36	37:03	47:11	49:45	54:39	55:33
		Culleredo GALLAE		11:11	***1:29***	2:01	3:21	5:55	***2:13***	***3:15***	6:11	1:27	10:08	***2:34***	4:54	***0:54***
				1:00:52	1:04:54	1:06:05	1:07:25	1:08:03								
				2:10	4:02	***1:11***	***1:20***	0:38								
5	4230	**Yolanda Navia Veg**	**1:12:56**	16:24	18:30	21:50	24:27	30:02	33:47	37:57	42:33	44:29	46:58	50:46	57:07	58:29 1
		Pontevedra AROM		16:24	2:06	3:20	2:37	5:35	3:45	4:10	4:36	1:56	2:29	3:48	6:21	1:22
				1:04:33	1:07:27	1:09:30	1:11:34	1:12:56								
				2:35	2:54	2:03	2:04	1:22								
6	4295	**Carmen Trueba Ga**	**1:15:17**	8:02	10:41	14:33	17:35	26:29	30:25	34:43	41:33	44:12	46:47	51:05	55:37	1:00:19 1
		A Coruña ARTABRC		8:02	2:39	3:52	3:02	8:54	3:56	4:18	6:50	2:39	2:35	4:18	4:32	4:42
				1:07:17	1:10:40	1:12:18	1:14:29	1:15:17								
				2:52	3:23	1:38	2:11	0:48								
7	4234	**Susana Consuelo F**	**1:22:26**	13:10	15:30	18:09	27:12	37:06	39:29	43:09	52:22	53:56	55:52	1:02:57	1:09:16	1:11:07 1
		Pontevedra AROM		13:10	2:20	2:39	9:03	9:54	2:23	3:40	9:13	1:34	1:56	7:05	6:19	1:51
				1:16:33	1:19:05	1:20:22	1:21:53	1:22:26		*48:53*						
				2:20	2:32	1:17	1:31	***0:33***		**48*						
8	4440	**Lara Oroza Alonso**	**1:24:51**	7:42	9:49	13:22	15:45	20:24	23:48	35:31	43:56	45:28	57:14	1:01:15	1:04:20	1:06:26 1
		Culleredo GALLAE		7:42	2:07	3:33	2:23	4:39	3:24	11:43	8:25	1:32	11:46	4:01	3:05	2:06
				1:13:00	1:20:11	1:22:05	1:24:10	1:24:51								
				3:05	7:11	1:54	2:05	0:41								
9	4446	**María Adela Peinó**	**1:34:17**	17:04	18:43	21:43	23:43	28:46	32:25	38:08	56:08	58:07	1:10:33	1:13:50	1:16:57	1:19:51 1
		Culleredo GALLAE		17:04	1:39	3:00	2:00	5:03	3:39	5:43	18:00	1:59	12:26	3:17	3:07	2:54
				1:27:15	1:30:56	1:32:12	1:33:38	1:34:17								
				2:13	3:41	1:16	1:26	0:39								
10	4460	**Paloma Rayón Ferr**	**1:53:01**	14:07	17:06	22:00	25:52	32:18	35:46	40:12	46:09	48:45	1:10:23	1:26:26	1:32:03	1:35:25 1
		Culleredo GALLAE		14:07	2:59	4:54	3:52	6:26	3:28	4:26	5:57	2:36	21:38	16:03	5:37	3:22
				1:44:31	1:48:54	1:50:33	1:52:13	1:53:01								
				4:18	4:23	1:39	1:40	0:48								
11	4267	**Rocío Fuertes Fern**	**1:59:57**	23:41	26:32	31:17	45:55	53:52	57:15	1:01:44	1:07:25	1:10:25	1:15:47	1:21:00	1:28:20	1:33:03 1
		A Coruña ARTABRC		23:41	2:51	4:45	14:38	7:57	3:23	4:29	5:41	3:00	5:22	5:13	7:20	4:43
				1:50:04	1:54:02	1:56:39	1:59:05	1:59:57								
				7:06	3:58	2:37	2:26	0:52								
	4304	**Gloria Fernández F**	**Desc.**	14:47	21:40	29:23	33:33	46:21	52:16	59:30	1:07:57	1:11:18	1:15:07	1:25:56	1:32:43	1:40:05 1
		LUGO FLUVIAL_LU		14:47	6:53	7:43	4:10	12:48	5:55	7:14	8:27	3:21	3:49	10:49	6:47	7:22
				1:52:32	1:56:10	1:58:31	2:01:26	2:02:56		*1:06:30*						
				3:33	3:38	2:21	2:55	1:30		**50*						

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Pos	Dorsal	Nombre	Tiempo													
Feminino 50 (8)				**4,0 km 120 m 17 C**												
				1(61)	2(52)	3(45)	4(40)	5(42)	6(37)	7(54)	8(58)	9(50)	10(32)	11(63)	12(79)	13(74)
				15(84)	16(81)	17(100)	Meta									
1	**4612**	**Maria Esther Barre**	**54:08**	**3:14**	15:46	18:06	21:37	23:02	**26:56**	**30:53**	**33:36**	**35:35**	**38:03**	**40:50**	**42:05**	**47:17**
		Betanzos OP BETA		***3:14***	12:32	***2:20***	***3:31***	***1:25***	3:54	***3:57***	***2:43***	***1:59***	***2:28***	***2:47***	***1:15***	5:12
				51:18	**52:26**	**53:35**	**54:08**									
				2:29	***1:08***	***1:09***	***0:33***									
2	**4433**	**Paulina Andrea Mo**	**1:07:24**	4:54	17:46	21:15	24:53	26:35	29:53	34:24	38:27	42:14	44:58	48:57	51:01	58:08 1
		Culleredo GALLAE		4:54	12:52	3:29	3:38	1:42	***3:18***	4:31	4:03	3:47	2:44	3:59	2:04	7:07
				1:03:44	1:05:09	1:06:46	1:07:24		*14:03*							
				3:25	1:25	1:37	0:38		**47*							
3	**4332**	**Olimpia Alvarez Ca**	**1:07:35**	4:38	**10:00**	**14:28**	**20:33**	**22:28**	26:59	31:49	35:54	44:15	46:59	51:05	53:15	57:57 1
		Vigo U-VIGO		4:38	***5:22***	4:28	6:05	1:55	4:31	4:50	4:05	8:21	2:44	4:06	2:10	***4:42***
				1:03:07	1:04:59	1:06:48	1:07:35									
				2:46	1:52	1:49	0:47									
4	**4627**	**Elia Núñez Otero**	**1:20:39**	5:25	21:54	26:08	30:50	34:04	37:51	42:56	47:19	50:37	54:14	59:54	1:02:24	1:07:18 1
		Betanzos OP BETA		5:25	16:29	4:14	4:42	3:14	3:47	5:05	4:23	3:18	3:37	5:40	2:30	4:54
				1:15:39	1:17:12	1:19:52	1:20:39									
				5:17	1:33	2:40	0:47									
5	**4351**	**Mª Isabel Saco Fer**	**1:29:46**	5:21	26:22	29:37	35:12	37:37	41:51	48:17	59:55	1:02:51	1:06:24	1:11:43	1:14:03	1:19:09 1
		Vigo U-VIGO		5:21	21:01	3:15	5:35	2:25	4:14	6:26	11:38	2:56	3:33	5:19	2:20	5:06
				1:25:51	1:27:09	1:29:00	1:29:46									
				3:48	1:18	1:51	0:46									
	4461	**Angela De La Paz F**	**en tarj.**	4:34	11:59	-----	16:40	18:13	21:31	38:32	42:18	44:57	48:00	52:55	54:30	58:54 1
		Culleredo GALLAE		4:34	7:25		4:41	1:33	***3:18***	17:01	3:46	2:39	3:03	4:55	1:35	4:24
				1:04:47	1:05:59	1:07:21	1:07:59		*14:03*							
				3:48	1:12	1:22	0:38		**46*							
	4279	**Beatriz Pedrares F**	**en tarj.**	5:41	20:55	23:57	28:57	31:31	35:02	40:33	44:34	47:42	51:55	57:02	59:43	1:05:27
		A Coruña ARTABRC		5:41	15:14	3:02	5:00	2:34	3:31	5:31	4:01	3:08	4:13	5:07	2:41	5:44
				1:16:50	1:18:33	1:21:11	1:22:36									
				11:23	1:43	2:38	1:25									
	4693	**María Inmaculada**	**andona**	9:24	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		As Neves VIZHOJA		9:24												
				-----	-----	-----	11:20		*3:30:15*	*3:31:27*	*3:31:39*	*3:32:37*	*3:33:16*	*3:34:32*	*3:35:56*	*3:37:46* 3
							1:56		**103*	**113*	**114*	**115*	**118*	**120*	**118*	**123*
				3:41:02	*3:43:35*	*3:44:17*	*3:45:04*	*3:47:43*	*3:49:26*	*3:50:54*	*3:51:27*	*3:52:30*	*3:53:41*	*3:55:31*	*3:56:14*	*3:56:52* 3
				**120*	**126*	**127*	**124*	**135*	**169*	**167*	**165*	**163*	**161*	**133*	**137*	**124*
				1:18	*3:06*	*3:58*	*5:14*	*6:11*	*7:21*	*8:02*	*8:41*	*9:00*	*9:54*	*10:40*		
				**153*	**158*	**160*	**138*	**124*	**142*	**147*	**150*	**149*	**144*	**200*		

Feminino Élite (6)				**4,8 km 180 m 19 C**												
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	**4364**	**Olalla Bello Rodríg**	**39:36**	**3:17**	**5:29**	**6:59**	**9:16**	**11:52**	**14:16**	**15:54**	**17:29**	**19:34**	**22:28**	**24:52**	**26:26**	**28:41**
		Culleredo GALLAE		***3:17***	***2:12***	***1:30***	2:17	***2:36***	2:24	1:38	1:35	2:05	***2:54***	***2:24***	***1:34***	***2:15***
				33:15	**34:54**	**36:22**	**38:08**	**38:56**	**39:36**							
				2:54	1:39	1:28	1:46	0:48	0:40							
2	**4205**	**Teresa Bellón Sant**	**44:43**	4:42	7:26	9:13	10:55	16:11	18:58	20:35	22:04	24:08	27:14	30:14	32:12	34:39
		Pontevedra AROM		4:42	2:44	1:47	***1:42***	5:16	2:47	1:37	***1:29***	***2:04***	3:06	3:00	1:58	2:27
				38:35	40:05	41:44	43:17	44:03	44:43							
				2:32	***1:30***	1:39	***1:33***	***0:46***	0:40							
3	**4281**	**María Piñeiro Vare**	**47:36**	4:00	6:24	8:02	10:22	13:17	15:27	17:01	19:15	21:50	26:04	29:10	31:05	33:34
		A Coruña ARTABRC		4:00	2:24	1:38	2:20	2:55	2:10	***1:34***	2:14	2:35	4:14	3:06	1:55	2:29
				37:33	39:27	40:44	46:14	47:03	47:36		*9:49*					
				2:27	1:54	***1:17***	5:30	0:49	***0:33***		**66*					
4	**4689**	**Irene Morales Jimé**	**1:08:46**	4:16	7:27	9:43	12:51	16:28	18:37	20:40	23:09	25:31	29:19	33:00	40:38	55:51
		Xinzo de Limia LIM		4:16	3:11	2:16	3:08	3:37	***2:09***	2:03	2:29	2:22	3:48	3:41	7:38	15:13
				1:00:10	1:02:06	1:03:39	1:07:13	1:08:06	1:08:46		*35:08*					
				2:38	1:56	1:33	3:34	0:53	0:40		**60*					
5	**4384**	**Alba Dopico Golpe**	**1:12:30**	16:09	20:03	22:21	24:48	30:31	33:28	36:11	38:15	41:24	46:26	50:02	54:05	56:47
		Culleredo GALLAE		16:09	3:54	2:18	2:27	5:43	2:57	2:43	2:04	3:09	5:02	3:36	4:03	2:42
				1:02:11	1:04:53	1:06:51	1:10:34	1:11:50	1:12:30							
				3:11	2:42	1:58	3:43	1:16	0:40							
	6396	**Verónica Montes V**	**No sale**													
		Betanzos OP BETA														

Masculino 12 (3)				**2,8 km 30 m 15 C**												
				1(31)	2(35)	3(39)	4(44)	5(45)	6(36)	7(34)	8(32)	9(62)	10(63)	11(70)	12(73)	13(76)
				15(100)	Meta											
1	**4530**	**Brais Rodriguez Cr**	**39:58**	**1:21**	**3:43**	**6:58**	**9:24**	**12:31**	**15:06**	**16:56**	**18:35**	**22:58**	27:25	**29:13**	**33:21**	**34:19**
		O Barco de Valde T		***1:21***	***2:22***	***3:15***	***2:26***	3:07	***2:35***	***1:50***	***1:39***	4:23	4:27	***1:48***	4:08	***0:58***
				39:11	**39:58**											
				0:41	0:47											
2	**4264**	**David Couceiro Fu**	**45:52**	1:51	6:40	10:28	12:55	13:52	17:45	19:44	21:36	25:20	**26:50**	36:43	40:24	42:07
		A Coruña ARTABRC		1:51	4:49	3:48	2:27	***0:57***	3:53	1:59	1:52	***3:44***	***1:30***	9:53	***3:41***	1:43
				45:06	45:52											
				1:24	***0:46***											

Pos	Dorsal	Nombre	Tiempo													
Masculino 12 (3)						***2,8 km 30 m***		***15 C***	*(cont.)*							
				1(31)	2(35)	3(39)	4(44)	5(45)	6(36)	7(34)	8(32)	9(62)	10(63)	11(70)	12(73)	13(76)
				15(100)	Meta											
	4813	**Lucas Rocha Cuiña**	**No sale**	-----	1:41:25	1:53:04	2:11:47	2:16:36	-----	-----	-----	-----	-----	-----	-----	-----
		LUGO COMPÁS			1:41:25	11:39	18:43	4:49								
				-----			*1:44:23*	*1:48:33*	*1:51:02*	*1:56:30*	*1:57:23*	*1:59:49*	*2:02:20*	*2:02:46*	*2:06:04*	*2:19:57* 2
							**36*	**37*	**38*	**40*	**40*	**41*	**42*	**42*	**43*	**46*
Masculino 14 (6)						**3,2 km 50 m**		**15 C**								
				1(32)	2(37)	3(39)	4(41)	5(45)	6(36)	7(48)	8(62)	9(64)	10(69)	11(79)	12(76)	13(77)
				15(100)	Meta											
1	**4730**	**Iago Rodríguez Sei**	**38:36**	3:56	8:26	10:12	10:56	13:29	16:15	19:39	23:15	25:10	27:48	30:40	33:58	35:07
		As Neves VIZHOJA		3:56	4:30	***1:46***	***0:44***	2:33	2:46	3:24	***3:36***	1:55	2:38	2:52	3:18	***1:09***
				37:55	**38:36**											
				0:48	***0:41***											
2	**4729**	**Antón Rodríguez Se**	**39:28**	2:36	5:36	**7:25**	**8:22**	**10:21**	**12:53**	**14:26**	**19:00**	**20:54**	**23:51**	**29:35**	**32:43**	**34:25**
		As Neves VIZHOJA		2:36	3:00	1:49	0:57	***1:59***	***2:32***	***1:33***	4:34	***1:54***	2:57	5:44	3:08	1:42
				38:41	39:28											
				0:44	0:47											
3	**4684**	**Lucas Barja Pérez**	**41:54**	**2:35**	**5:26**	7:44	8:57	11:37	15:26	17:22	22:50	25:38	29:36	31:37	34:55	36:41
		Xinzo de Limia LIM		***2:35***	***2:51***	2:18	1:13	2:40	3:49	1:56	5:28	2:48	3:58	***2:01***	3:18	1:46
				41:12	41:54		*24:14*									
				0:51	0:42		**63*									
4	**4263**	**Xacobe Chase True**	**43:30**	2:48	5:49	7:59	11:08	13:43	16:38	20:31	27:40	30:01	31:35	33:57	37:01	38:52
		A Coruña ARTABRO		2:48	3:01	2:10	3:09	2:35	2:55	3:53	7:09	2:21	***1:34***	2:22	***3:04***	1:51
				42:12	43:30											
				1:14	1:18											
	4307	**Carlos Fernández F**	**No sale**													
		LUGO FLUVIAL_LU														
	4312	**Rodrigo Fouz Sanc**	**No sale**													
		LUGO FLUVIAL_LU														
Masculino 16 (3)						**3,9 km 125 m**		**16 C**								
				1(49)	2(47)	3(38)	4(41)	5(43)	6(53)	7(51)	8(57)	9(60)	10(66)	11(67)	12(64)	13(72)
				15(80)	16(100)	Meta										
1	**4473**	**Diego Silvarrey Or**	**57:10**	**3:26**	**5:26**	**6:41**	**7:52**	**8:56**	**12:44**	**22:03**	27:31	**31:22**	**42:10**	**44:12**	**46:33**	**48:40**
		Culleredo GALLAE		***3:26***	***2:00***	1:15	***1:11***	***1:04***	***3:48***	9:19	5:28	***3:51***	10:48	***2:02***	***2:21***	***2:07***
				53:49	**56:31**	**57:10**		*17:28*	*18:34*							
				3:17	2:42	***0:39***		**48*	**34*							
2	**4571**	**Esteban Cruces Fe**	**1:30:31**	6:19	12:44	13:44	14:59	16:20	20:11	22:20	**24:29**	33:10	1:06:15	1:09:44	1:13:47	1:22:25 1
		Porto do Son ADC_		6:19	6:25	***1:00***	1:15	1:21	3:51	***2:09***	***2:09***	8:41	33:05	3:29	4:03	8:38
				1:27:14	1:29:33	1:30:31										
				1:56	2:19	0:58										
3	**4395**	**Marcos Garcia Cas**	**1:36:16**	10:43	17:43	19:17	30:02	31:54	38:37	42:13	55:18	1:13:13	1:15:14	1:17:43	1:21:44	1:26:38 1
		Culleredo GALLAE		10:43	7:00	1:34	10:45	1:52	6:43	3:36	13:05	17:55	***2:01***	2:29	4:01	4:54
				1:33:31	1:35:21	1:36:16										
				2:50	***1:50***	0:55										
Masculino 18 (4)						**4,8 km 180 m**		**19 C**								
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	**4628**	**Aaron Rodriguez Al**	**55:52**	**3:52**	9:09	**10:43**	13:00	**18:11**	22:01	25:14	27:33	**29:58**	**32:46**	**35:54**	**37:48**	**39:56**
		Betanzos OP BETA		***3:52***	5:17	***1:34***	2:17	5:11	3:50	3:13	***2:19***	***2:25***	***2:48***	***3:08***	***1:54***	***2:08***
				47:31	**48:56**	**50:33**	**54:09**	**55:10**	**55:52**		*20:47*	*29:30*				
				3:16	***1:25***	***1:37***	***3:36***	***1:01***	***0:42***		**39*	**45*				
2	**4631**	**Marcos Suarez Riv**	**1:08:32**	6:11	**9:08**	11:17	**12:57**	19:00	**21:57**	**24:11**	**26:48**	32:13	37:41	41:09	43:59	47:42
		Betanzos OP BETA		6:11	2:57	2:09	***1:40***	6:03	2:57	***2:14***	2:37	5:25	5:28	3:28	2:50	3:43
				57:23	1:00:22	1:02:40	1:06:26	1:07:32	1:08:32							
				6:49	2:59	2:18	3:46	1:06	1:00							
	4617	**Martín Casado Núñ**	**en tarj.**	14:08	16:46	18:22	20:02	22:13	23:57	-----	25:16	27:15	30:17	32:39	34:31	36:23
		Betanzos OP BETA		14:08	***2:38***	1:36	***1:40***	***2:11***	***1:44***		1:19	1:59	3:02	2:22	1:52	1:52
				46:16	47:43	50:17	51:41	52:19	52:48							
				5:13	1:27	2:34	1:24	0:38	0:29							
	4625	**Mario López Gonzá**	**en tarj.**	6:22	10:40	12:38	-----	20:49	22:58	24:34	27:35	30:20	35:14	39:48	42:07	45:00
		Betanzos OP BETA		6:22	4:18	1:58		8:11	2:09	1:36	3:01	2:45	4:54	4:34	2:19	2:53
				49:07	51:07	52:49	54:59	56:02	56:35		*14:28*					
				2:20	2:00	1:42	2:10	1:03	0:33		**66*					
Masculino 21 A (15)						**4,8 km 180 m**		**19 C**								
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	**4345**	**Diego Pérez Álvare**	**44:33**	**3:35**	**5:49**	**7:12**	**9:02**	14:57	16:42	18:38	19:50	21:45	24:56	**27:44**	**30:32**	**32:36**
		Vigo U-VIGO		***3:35***	***2:14***	***1:23***	1:50	5:55	***1:45***	1:56	***1:12***	***1:55***	3:11	2:48	2:48	***2:04***
				39:40	41:02	42:05	**43:21**	**44:03**	**44:33**							
				5:42	1:22	1:03	***1:16***	0:42	***0:30***							

Pos	Dorsal	Nombre	Tiempo													
Masculino 21 A (15)				***4,8 km 180 m 19 C***					*(cont.)*							
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
2	4245	**Carlos Romero Arn**	**44:59**	6:40	9:07	10:40	12:43	15:16	17:13	18:49	20:42	23:04	26:09	29:05	31:50	34:11
		Pontevedra AROM		6:40	2:27	1:33	2:03	***2:33***	1:57	1:36	1:53	2:22	***3:05***	2:56	2:45	2:21
				39:32	40:45	**41:46**	43:36	44:24	44:59		*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*
				3:25	***1:13***	***1:01***	1:50	0:48	0:35		**107*	**112*	**114*	**117*	**121*	**124*
				0.00	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*
				**154*	**158*	**157*	**155*	**160*	**140*	**124*	**128*	**126*	**120*	**124*	**134*	**170*
				0.00	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*		
				**164*	**162*	**133*	**137*	**124*	**142*	**150*	**148*	**146*	**143*	**200*		
3	6395	**Iago Feal García**	**47:53**	3:53	6:43	8:08	9:42	**13:01**	**15:06**	**17:12**	**18:55**	**21:01**	**24:13**	28:33	31:41	34:13
		ZARAGOZA IBÓN		3:53	2:50	1:25	1:34	3:19	2:05	2:06	1:43	2:06	3:12	4:20	3:08	2:32
				38:55	**40:36**	42:34	46:02	47:22	47:53							
				2:39	1:41	1:58	3:28	1:20	0:31							
4	6324	**Angel Soto Boullos**	**48:17**	4:38	9:11	10:48	13:18	16:49	18:48	20:20	22:16	24:21	27:50	30:53	34:28	36:56
		Xinzo de Limia LIM		4:38	4:33	1:37	2:30	3:31	1:59	***1:32***	1:56	2:05	3:29	3:03	3:35	2:28
				41:10	43:06	44:47	46:32	47:32	48:17							
				2:39	1:56	1:41	1:45	1:00	0:45							
5	4274	**Alejandro Mancera**	**48:50**	4:49	8:48	11:03	13:13	17:01	19:12	21:16	23:34	25:42	29:38	32:21	34:27	36:55
		A Coruña ARTABRC		4:49	3:59	2:15	2:10	3:48	2:11	2:04	2:18	2:08	3:56	***2:43***	2:06	2:28
				41:51	43:36	45:15	47:10	48:09	48:50							
				3:15	1:45	1:39	1:55	0:59	0:41							
6	9999	**Azariel Alberto Mer**	**49:32**	6:06	8:20	10:15	12:27	16:13	18:12	23:08	24:32	27:09	31:02	33:54	35:46	38:16
		CANGAS DE ONÍS		6:06	***2:14***	1:55	2:12	3:46	1:59	4:56	1:24	2:37	3:53	2:52	1:52	2:30
				42:13	43:49	45:33	48:25	48:57	49:32							
				2:11	1:36	1:44	2:52	***0:32***	0:35							
7	4749	**Marcos Martínez S**	**51:37**	4:10	7:28	9:11	10:43	14:44	16:50	18:22	20:04	22:05	26:25	29:57	36:14	38:54
		Pontedeume MONT		4:10	3:18	1:43	***1:32***	4:01	2:06	***1:32***	1:42	2:01	4:20	3:32	6:17	2:40
				43:19	44:48	46:47	50:15	51:02	51:37							
				2:50	1:29	1:59	3:28	0:47	0:35							
8	4686	**Juan Garrido Blanc**	**56:20**	3:49	9:36	11:19	13:49	20:51	23:26	25:10	27:29	29:56	35:13	38:00	40:12	42:53
		Xinzo de Limia LIM		3:49	5:47	1:43	2:30	7:02	2:35	1:44	2:19	2:27	5:17	2:47	2:12	2:41
				48:55	50:29	52:49	54:56	55:46	56:20							
				4:13	1:34	2:20	2:07	0:50	0:34							
9	4582	**Julio Lagos Carrera**	**57:17**	6:37	10:47	12:59	14:57	20:50	23:15	25:14	27:12	29:36	36:19	39:49	42:05	44:53
		Porto do Son ADC_		6:37	4:10	2:12	1:58	5:53	2:25	1:59	1:58	2:24	6:43	3:30	2:16	2:48
				49:44	51:39	53:20	55:16	56:29	57:17							
				2:58	1:55	1:41	1:56	1:13	0:48							
10	4608	**Alejandro Victorero**	**1:04:17**	4:32	7:46	9:16	11:56	16:58	20:30	22:38	24:07	27:15	30:53	34:37	36:17	39:28
		Porto do Son ADC_		4:32	3:14	1:30	2:40	5:02	3:32	2:08	1:29	3:08	3:38	3:44	***1:40***	3:11
				50:54	57:51	58:59	1:02:37	1:03:41	1:04:17							
				9:02	6:57	1:08	3:38	1:04	0:36							
11	4218	**Manuel Garcia Mol**	**1:11:06**	7:51	10:58	12:44	14:38	29:03	31:35	33:26	36:10	38:19	42:17	45:15	48:58	51:36
		Pontevedra AROM		7:51	3:07	1:46	1:54	14:25	2:32	1:51	2:44	2:09	3:58	2:58	3:43	2:38
				1:01:05	1:03:20	1:05:22	1:08:23	1:09:34	1:11:06							
				6:56	2:15	2:02	3:01	1:11	1:32							
12	4217	**Daniel Garcia Caro**	**1:13:00**	7:47	10:26	12:19	14:06	36:04	38:32	40:35	42:38	44:52	48:33	53:17	56:53	59:20 1
		Pontevedra AROM		7:47	2:39	1:53	1:47	21:58	2:28	2:03	2:03	2:14	3:41	4:44	3:36	2:27
				1:05:48	1:07:27	1:09:29	1:11:28	1:12:16	1:13:00							
				4:01	1:39	2:02	1:59	0:48	0:44							
13	4741	**Alejandro Barros F**	**1:20:29**	31:41	34:38	36:46	38:28	43:20	45:44	47:36	49:43	51:50	56:17	59:45	1:01:39	1:03:53 1
		Pontedeume MONT		31:41	2:57	2:08	1:42	4:52	2:24	1:52	2:07	2:07	4:27	3:28	1:54	2:14
				1:10:19	1:12:40	1:15:51	1:18:29	1:19:36	1:20:29		*9:05*					
				4:20	2:21	3:11	2:38	1:07	0:53		**50*					
	4427	**Jose Mansilla Barr**	**en tarj.**	17:21	20:10	21:40	26:38	37:08	39:41	42:34	44:42	46:42	51:03	54:33	1:04:06	1:06:58
		Culleredo GALLAE		17:21	2:49	1:30	4:58	10:30	2:33	2:53	2:08	2:00	4:21	3:30	9:33	2:52
				1:22:08	1:23:48	1:25:22	1:36:27	1:37:12	1:37:58		*1:13:33*					
				15:10	1:40	1:34	11:05	0:45	0:46		**81*					
	4225	**Gerardo Jose Lope**	**No sale**													
		Pontevedra AROM														
Masculino 21 B (10)				**3,9 km 125 m 16 C**												
				1(49)	2(47)	3(38)	4(41)	5(43)	6(53)	7(51)	8(57)	9(60)	10(66)	11(67)	12(64)	13(72)
				15(80)	16(100)	Meta										
1	6355	**Abel Chamorro Gar**	**1:07:19**	7:51	12:32	14:05	15:35	17:35	22:42	25:48	28:22	33:50	44:47	46:26	51:37	**57:17 1**
		Nigrán RAZA PALL		7:51	4:41	***1:33***	***1:30***	2:00	5:07	3:06	***2:34***	5:28	10:57	1:39	5:11	5:40
				1:04:01	**1:06:45**	**1:07:19**										
				3:52	2:44	***0:34***										
2	4439	**Oscar Orizales Lop**	**1:09:46**	7:14	10:49	13:08	19:12	21:38	25:33	29:19	32:12	35:50	**38:09**	41:13	52:57	1:01:07 1
		Culleredo GALLAE		7:14	3:35	2:19	6:04	2:26	3:55	3:46	2:53	3:38	***2:19***	3:04	11:44	8:10
				1:06:54	1:09:08	1:09:46										
				2:17	2:14	0:38										
3	4495	**José Antonio Rodrí**	**1:12:28**	10:13	13:43	15:37	17:10	18:57	36:51	40:39	43:20	48:18	51:21	53:37	57:28	1:02:30 1
		Ordes SEO		10:13	3:30	1:54	1:33	1:47	17:54	3:48	2:41	4:58	3:03	2:16	3:51	5:02
				1:09:22	1:11:29	1:12:28										
				2:49	2:07	0:59										

Pos	Dorsal	Nombre	Tiempo													
Masculino 21 B (10)						***3,9 km 125 m***		***16 C***	*(cont.)*							
				1(49)	2(47)	3(38)	4(41)	5(43)	6(53)	7(51)	8(57)	9(60)	10(66)	11(67)	12(64)	13(72)
				15(80)	16(100)	Meta										
4	4325	**Manuel Rodríguez**	**1:12:54**	16:04	19:00	20:36	22:14	24:08	28:33	30:46	33:58	36:58	39:23	**41:00**	**44:17**	1:02:06 1
		LUGO FLUVIAL_LU		16:04	***2:56***	1:36	1:38	1:54	4:25	***2:13***	3:12	***3:00***	2:25	***1:37***	***3:17***	17:49
				1:09:49	1:12:03	1:12:54										
				2:57	2:14	0:51										
5	6307	**Antonio Pazos Port**	**1:13:59**	**5:24**	**8:48**	**10:45**	**15:13**	**16:55**	**20:20**	**22:53**	**25:46**	**32:45**	44:07	52:38	1:02:49	1:06:40 1
		A Coruña LICEO		***5:24***	3:24	1:57	4:28	1:42	***3:25***	2:33	2:53	6:59	11:22	8:31	10:11	3:51
				1:11:37	1:13:24	1:13:59										
				2:32	***1:47***	0:35										
6	6343	**Francisco Javier C**	**1:18:41**	5:57	12:35	15:22	21:17	22:47	33:52	38:36	45:20	51:47	55:27	57:22	1:01:45	1:06:46 1
		Ferrol MONTAÑA_F		5:57	6:38	2:47	5:55	***1:30***	11:05	4:44	6:44	6:27	3:40	1:55	4:23	5:01
				1:15:03	1:17:50	1:18:41										
				3:57	2:47	0:51										
7	6402	**Juan Carlos Ferrei**	**1:18:57**	6:47	11:22	14:15	16:05	18:34	24:23	32:33	36:53	40:32	44:08	47:39	51:11	1:05:52 1
		Culleredo GALLAE		6:47	4:35	2:53	1:50	2:29	5:49	8:10	4:20	3:39	3:36	3:31	3:32	14:41
				1:15:30	1:17:50	1:18:57										
				7:33	2:20	1:07										
8	4415	**Adrián López Lópe**	**1:42:41**	8:58	14:35	16:47	20:05	25:32	42:18	44:54	58:56	1:02:31	1:05:50	1:08:42	1:16:01	1:19:46 1
		Culleredo GALLAE		8:58	5:37	2:12	3:18	5:27	16:46	2:36	14:02	3:35	3:19	2:52	7:19	3:45
				1:38:41	1:41:04	1:42:41										
				9:31	2:23	1:37										
9	6365	**Carlos Alberto Alor**	**1:48:35**	14:05	25:02	27:21	30:55	33:41	41:11	52:22	56:23	1:01:42	1:11:06	1:14:20	1:28:15	1:31:03 1
		Culleredo GALLAE		14:05	10:57	2:19	3:34	2:46	7:30	11:11	4:01	5:19	9:24	3:14	13:55	***2:48***
				1:44:39	1:47:45	1:48:35										
				9:27	3:06	0:50										
	6276	**Óscar Victorero Do**	**andona**	-----	-----	1:58:18	2:06:00	-----	-----	-----	-----	-----	-----	-----	-----	-----
		Porto do Son ADC_				1:58:18	7:42									
				-----	-----			*5:43*	*12:11*	*15:20*	*54:28*	*1:54:20*	*2:00:45*	*2:09:28*	*2:15:17*	*2:22:43 2*
								**59*	**56*	**67*	**65*	**52*	**43*	**46*	**55*	**50*
Masculino 35 (15)						**4,8 km 180 m**		**19 C**								
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	4366	**Juan Carlos Cagide**	**44:23**	3:24	5:35	7:15	8:59	**12:26**	**14:27**	**16:01**	**18:02**	**21:15**	**24:18**	**27:10**	**29:09**	**31:05**
		Culleredo GALLAE		3:24	***2:11***	1:40	1:44	3:27	2:01	1:34	2:01	3:13	3:03	2:52	1:59	1:56
				38:33	**40:07**	**41:24**	**42:51**	**43:42**	**44:23**							
				2:33	1:34	***1:17***	1:27	0:51	0:41							
2	4259	**Carlos David Alons**	**45:02**	3:51	6:13	7:57	10:11	13:28	15:46	17:55	19:57	22:16	25:41	29:13	31:26	33:42
		A Coruña ARTABRC		3:51	2:22	1:44	2:14	***3:17***	2:18	2:09	2:02	2:19	3:25	3:32	2:13	2:16
				38:27	40:24	41:48	43:27	44:22	45:02							
				2:58	1:57	1:24	1:39	0:55	0:40							
3		**Ignacio Sordo Touz**	**46:16**	**3:04**	**5:28**	**6:48**	**8:13**	21:09	22:51	24:11	25:25	27:10	30:38	32:56	35:08	36:57
		Santiago de Comp		***3:04***	2:24	***1:20***	***1:25***	12:56	***1:42***	***1:20***	***1:14***	***1:45***	3:28	***2:18***	2:12	1:49
				40:21	41:45	43:45	45:06	45:47	46:16		*37:52*					
				1:52	***1:24***	2:00	***1:21***	0:41	***0:29***		**79*					
4	4493	**Jose Angel Morlán**	**46:30**	3:50	7:13	9:08	11:47	15:20	17:19	18:56	20:35	23:07	26:36	29:14	32:20	35:12
		Ordes SEO		3:50	3:23	1:55	2:39	3:33	1:59	1:37	1:39	2:32	3:29	2:38	3:06	2:52
				40:15	41:45	43:11	44:47	45:57	46:30							
				2:54	1:30	1:26	1:36	1:10	0:33							
5	4679	**Marcos Varela Yáñ**	**46:39**	3:12	5:52	7:40	10:11	16:15	18:11	19:48	23:04	25:20	28:39	31:27	33:44	35:46
		A Coruña BRIGANT		3:12	2:40	1:48	2:31	6:04	1:56	1:37	3:16	2:16	3:19	2:48	2:17	2:02
				39:16	40:45	43:01	45:25	46:09	46:39							
				1:57	1:29	2:16	2:24	0:44	0:30							
6	4290	**Francisco Javier S**	**50:11**	3:35	6:13	7:46	9:50	13:46	15:44	17:05	18:49	21:18	24:25	35:02	39:14	40:56
		A Coruña ARTABRC		3:35	2:38	1:33	2:04	3:56	1:58	1:21	1:44	2:29	3:07	10:37	4:12	***1:42***
				44:40	46:05	47:35	49:03	49:41	50:11		*37:02*					
				2:00	1:25	1:30	1:28	0:38	0:30		**61*					
7	4215	**Ricardo Figueroa F**	**52:33**	5:55	14:30	16:32	18:50	24:02	26:18	27:49	29:29	31:43	34:56	38:16	40:09	42:42
		Pontevedra AROM		5:55	8:35	2:02	2:18	5:12	2:16	1:31	1:40	2:14	3:13	3:20	1:53	2:33
				46:37	48:09	49:58	51:19	51:56	52:33							
				2:29	1:32	1:49	***1:21***	***0:37***	0:37							
8	4394	**Arturo Norberto For**	**54:55**	4:45	8:45	10:28	17:38	21:48	24:21	26:03	27:35	29:51	33:34	36:49	38:50	41:19
		Culleredo GALLAE		4:45	4:00	1:43	7:10	4:10	2:33	1:42	1:32	2:16	3:43	3:15	2:01	2:29
				47:21	49:48	51:20	53:01	54:13	54:55							
				3:32	2:27	1:32	1:41	1:12	0:42							
9	4592	**Gelasio Oujo Pous**	**55:44**	3:46	7:57	9:44	12:08	17:55	20:10	21:46	23:21	25:14	28:12	30:47	32:25	36:29
		Porto do Son ADC_		3:46	4:11	1:47	2:24	5:47	2:15	1:36	1:35	1:53	2:58	2:35	***1:38***	4:04
				49:29	51:03	52:22	53:57	55:15	55:44							
				5:22	1:34	1:19	1:35	1:18	***0:29***							
10	4736	**Martin Veiga Jalda**	**56:53**	5:44	14:56	16:34	19:04	22:34	24:55	26:35	28:30	31:00	34:33	38:20	40:54	43:33
		As Neves VIZHOJA		5:44	9:12	1:38	2:30	3:30	2:21	1:40	1:55	2:30	3:33	3:47	2:34	2:39
				49:27	51:04	52:45	55:19	56:05	56:53							
				3:33	1:37	1:41	2:34	0:46	0:48							
11	4740	**José Eladio Arias**	**1:07:39**	3:44	7:44	11:10	13:08	22:48	26:17	27:56	29:16	31:08	34:29	37:29	44:20	47:35
		Pontedeume MONT		3:44	4:00	3:26	1:58	9:40	3:29	1:39	1:20	1:52	3:21	3:00	6:51	3:15
				58:21	1:01:57	1:04:24	1:06:12	1:07:09	1:07:39		*18:36*					
				8:47	3:36	2:27	1:48	0:57	0:30		**47*					

Pos	Dorsal	Nombre	Tiempo													
Masculino 35 (15)				***4,8 km 180 m 19 C***					*(cont.)*							
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
12	4548	**Lucas Garcia Vazq**	**1:18:40**	4:37	9:49	12:07	14:09	27:47	31:54	33:38	35:54	38:44	43:49	49:59	56:48	1:00:31 1
		O Porriño BUDIÑOF		4:37	5:12	2:18	2:02	13:38	4:07	1:44	2:16	2:50	5:05	6:10	6:49	3:43
				1:05:56	1:07:59	1:09:55	1:16:42	1:17:59	1:18:40		*1:18:02*					
				3:16	2:03	1:56	6:47	1:17	0:41		**100*					
13	4657	**Ignacio Vazquez Gi**	**1:24:57**	13:00	29:34	31:06	34:19	40:29	42:27	45:27	48:30	50:48	53:28	1:02:09	1:05:53	1:08:33 1
		A Coruña COCO		13:00	16:34	1:32	3:13	6:10	1:58	3:00	3:03	2:18	***2:40***	8:41	3:44	2:40
				1:13:53	1:19:28	1:20:48	1:22:36	1:24:21	1:24:57		*1:24:23*					
				3:10	5:35	1:20	1:48	1:45	0:36		**100*					
	4280	**Jorge Piñeiro Porte**	**en tarj.**	3:36	6:01	7:37	-----	12:49	14:38	16:21	17:39	19:41	22:51	25:34	27:25	29:40
		A Coruña ARTABRC		3:36	2:25	1:36		5:12	1:49	1:43	1:18	2:02	3:10	2:43	1:51	2:15
				33:21	34:49	36:06	38:40	39:19	39:45		*9:39*					
				2:17	1:28	***1:17***	2:34	0:39	0:26		**68*					
	4347	**German Pérez Just**	**en tarj.**	3:59	7:03	8:52	11:45	-----	17:24	18:52	20:28	23:32	26:25	28:58	30:34	32:31
		Vigo U-VIGO		3:59	3:04	1:49	2:53		5:39	1:28	1:36	3:04	2:53	2:33	1:36	1:57
				37:08	38:50	40:27	42:19	43:15	43:59							
				2:57	1:42	1:37	1:52	0:56	0:44							
Masculino 40 (14)				**4,3 km 170 m 19 C**												
				1(60)	2(63)	3(65)	4(51)	5(54)	6(46)	7(42)	8(39)	9(46)	10(48)	11(59)	12(56)	13(68)
				15(71)	16(75)	17(80)	18(82)	19(100)	Meta							
1	4355	**Angel Albarran Roc**	**39:27**	2:06	**3:36**	**5:42**	**7:28**	**8:41**	**10:46**	**12:33**	**13:43**	**15:04**	**17:10**	**18:50**	25:16	28:33
		Culleredo GALLAE		2:06	***1:30***	2:06	1:46	***1:13***	2:05	***1:47***	***1:10***	***1:21***	2:06	***1:40***	6:26	***3:17***
				32:36	**33:49**	**35:46**	**38:05**	**38:50**	**39:27**		*10:27*					
				1:24	1:13	***1:57***	2:19	0:45	0:37		**47*					
2	4343	**Vicente Pastoriza S**	**41:57**	2:48	5:13	6:17	9:44	12:51	15:09	17:23	19:08	20:48	23:34	25:54	28:53	32:23
		Vigo U-VIGO		2:48	2:25	1:04	3:27	3:07	2:18	2:14	1:45	1:40	2:46	2:20	2:59	3:30
				35:00	36:12	38:11	40:17	41:21	41:57							
				1:15	***1:12***	1:59	2:06	1:04	0:36							
3	4442	**Juan Patiño Varela**	**41:59**	2:56	4:34	6:04	8:02	9:34	12:41	14:44	16:22	17:56	20:01	21:58	**24:37**	**28:31**
		Culleredo GALLAE		2:56	1:38	1:30	1:58	1:32	3:07	2:03	1:38	1:34	2:05	1:57	2:39	3:54
				31:55	33:57	37:56	40:23	41:19	41:59							
				1:47	2:02	3:59	2:27	0:56	0:40							
4	4283	**Santiago Riestra G**	**42:46**	2:51	4:56	6:29	8:36	10:35	13:04	15:30	16:54	18:23	21:17	25:08	28:20	32:19
		A Coruña ARTABRC		2:51	2:05	1:33	2:07	1:59	2:29	2:26	1:24	1:29	2:54	3:51	3:12	3:59
				35:29	36:45	39:18	41:23	42:10	42:46							
				1:19	1:16	2:33	***2:05***	0:47	0:36							
5	4645	**Alfonso Penas**	**46:28**	2:06	**3:36**	7:31	9:15	11:46	13:42	18:01	19:34	21:09	23:12	29:05	31:26	35:05
		A Coruña COCO		2:06	***1:30***	3:55	***1:44***	2:31	***1:56***	4:19	1:33	1:35	2:03	5:53	***2:21***	3:39
				37:21	39:58	43:13	45:24	45:59	46:28		*27:53*					
				1:15	2:37	3:15	2:11	***0:35***	***0:29***		**49*					
6	4573	**Esteban Cruces Mo**	**47:33**	3:11	5:12	9:28	16:06	17:46	19:47	21:39	23:22	24:56	27:05	29:31	32:27	36:19
		Porto do Son ADC_		3:11	2:01	4:16	6:38	1:40	2:01	1:52	1:43	1:34	2:09	2:26	2:56	3:52
				39:14	40:46	43:05	46:12	46:59	47:33							
				1:29	1:32	2:19	3:07	0:47	0:34							
7	4329	**Iago Viana Gonzale**	**52:35**	3:36	6:58	8:47	11:28	13:23	15:29	17:40	19:23	21:22	24:45	28:16	31:11	36:52
		LUGO FLUVIAL_LU		3:36	3:22	1:49	2:41	1:55	2:06	2:11	1:43	1:59	3:23	3:31	2:55	5:41
				41:15	43:00	48:09	51:17	52:00	52:35							
				2:12	1:45	5:09	3:08	0:43	0:35							
8	4255	**Francisco Varela V**	**56:55**	3:56	6:42	8:19	13:28	15:32	19:08	21:35	24:15	26:49	30:20	32:57	36:40	40:55
		Pontevedra AROM		3:56	2:46	1:37	5:09	2:04	3:36	2:27	2:40	2:34	3:31	2:37	3:43	4:15
				44:22	47:02	50:55	55:02	56:07	56:55		*18:31*					
				2:09	2:40	3:53	4:07	1:05	0:48		**45*					
9	4568	**Pablo Baamonde A**	**58:50**	2:38	4:21	7:46	18:28	20:56	26:38	28:49	30:34	32:00	33:58	36:38	40:40	44:18
		Porto do Son ADC_		2:38	1:43	3:25	10:42	2:28	5:42	2:11	1:45	1:26	***1:58***	2:40	4:02	3:38
				47:37	49:18	52:30	57:14	58:13	58:50							
				2:01	1:41	3:12	4:44	0:59	0:37							
10	4720	**Alberto Otero Ríos**	**1:01:36**	**1:57**	10:16	11:14	20:18	22:03	24:13	26:17	28:25	30:46	33:22	36:08	39:05	42:52
		As Neves VIZHOJA		***1:57***	8:19	***0:58***	9:04	1:45	2:10	2:04	2:08	2:21	2:36	2:46	2:57	3:47
				50:21	52:21	57:38	1:00:20	1:01:06	1:01:36		*14:24*					
				6:00	2:00	5:17	2:42	0:46	0:30		**58*					
11	4359	**Julen Andollo De C**	**1:36:34**	20:04	23:14	24:59	28:09	31:28	39:59	44:46	47:27	49:30	53:13	56:24	1:02:37	1:07:25 1
		Culleredo GALLAE		20:04	3:10	1:45	3:10	3:19	8:31	4:47	2:41	2:03	3:43	3:11	6:13	4:48
				1:16:31	1:20:45	1:31:01	1:34:29	1:35:46	1:36:34							
				1:34	4:14	10:16	3:28	1:17	0:48							
	4587	**Joaquín Oujo Ageit**	**en tarj.**	3:18	7:46	-----	12:10	13:54	16:03	17:57	19:38	21:09	23:22	28:14	31:09	34:42
		Porto do Son ADC_		3:18	4:28		4:24	1:44	2:09	1:54	1:41	1:31	2:13	4:52	2:55	3:33
				37:23	38:44	43:20	45:19	46:33	47:27							
				1:33	1:21	4:36	1:59	1:14	0:54							
	4534	**Andres Rodríguez I**	**No sale**													
		Ferrol MONTAÑA_F														
	6403	**Pablo López Frand**	**No sale**													
		Culleredo GALLAE														

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Masculino 45 (23) — **4,2 km 170 m 18 C**

Pos	Dorsal	Nombre	Tiempo	1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)	
				15(74)	16(77)	17(84)	18(100)	Meta									
1	4202	Javier Alvelo Frag	39:18	6:01	9:15	10:11	12:51	15:29	16:31	**19:07**	**21:46**	**23:42**	**25:14**	**27:17**	**28:27**	**29:25**	
		Pontevedra AROM(		6:01	***3:14***	0:56	2:40	2:38	***1:02***	***2:36***	2:39	1:56	1:32	***2:03***	1:10	0:58	
				34:56	**36:34**	**38:08**	**38:41**	**39:18**									
				3:24	1:38	1:34	0:33	0:37									
2	4294	Santiago Traveso F	43:42	3:40	**7:23**	**8:38**	**10:52**	**14:01**	**15:58**	20:19	23:21	25:33	27:19	29:53	31:13	32:33	
		A Coruña ARTABRC		3:40	3:43	1:15	2:14	3:09	1:57	4:21	3:02	2:12	1:46	2:34	1:20	1:20	
				38:58	40:26	42:15	42:58	43:42									
				3:47	1:28	1:49	0:43	0:44									
3	4326	Eugenio A. Rodrígu	45:35	5:50	10:43	11:42	13:38	16:56	18:51	22:49	26:10	28:47	30:33	33:02	34:27	35:31	
		LUGO FLUVIAL_LU		5:50	4:53	0:59	1:56	3:18	1:55	3:58	3:21	2:37	1:46	2:29	1:25	1:04	
				40:40	42:08	44:07	44:52	45:35									
				2:27	1:28	1:59	0:45	0:43									
4	4270	Antonio Gómez Rar	46:58	4:32	9:10	10:27	12:30	16:43	18:51	22:52	26:32	28:39	30:13	32:52	34:20	35:24	
		A Coruña ARTABRC		4:32	4:38	1:17	2:03	4:13	2:08	4:01	3:40	2:07	1:34	2:39	1:28	1:04	
				41:46	43:34	45:46	46:28	46:58									
				3:26	1:48	2:12	0:42	0:30									
4	4369	Miguel Camblor Qu	46:58	**2:55**	8:34	9:18	16:30	18:45	21:08	23:44	26:02	27:51	29:10	36:48	37:47	38:33	
		Culleredo GALLAE(		***2:55***	5:39	***0:44***	7:12	***2:15***	2:23	***2:36***	***2:18***	1:49	***1:19***	7:38	***0:59***	***0:46***	
				43:19	44:31	45:54	46:26	46:58		*42:26*							
				2:42	***1:12***	***1:23***	***0:32***	0:32		**73*							
6	4424	Bruno Lorenzo Riv(	48:59	7:22	11:35	13:25	16:12	18:54	20:52	24:19	26:48	30:56	32:29	34:35	35:55	37:07	
		Culleredo GALLAE(		7:22	4:13	1:50	2:47	2:42	1:58	3:27	2:29	4:08	1:33	2:06	1:20	1:12	
				45:13	46:30	47:56	48:30	48:59									
				4:17	1:17	1:26	0:34	***0:29***									
7	4266	Luis Adolfo Coucei	49:45	4:13	10:02	11:25	13:54	16:48	18:54	22:37	26:56	28:41	30:15	33:54	35:34	36:49	
		A Coruña ARTABRC		4:13	5:49	1:23	2:29	2:54	2:06	3:43	4:19	1:45	1:34	3:39	1:40	1:15	
				43:48	46:15	48:14	48:57	49:45									
				3:46	2:27	1:59	0:43	0:48									
8	4772	Julio Cañás Lara	50:08	5:47	10:55	12:08	14:21	18:33	20:03	23:45	27:12	28:59	31:14	33:48	35:17	37:06	
		A Coruña LICEO		5:47	5:08	1:13	2:13	4:12	1:30	3:42	3:27	1:47	2:15	2:34	1:29	1:49	
				44:35	46:12	48:21	49:13	50:08									
				3:25	1:37	2:09	0:52	0:55									
9	4231	Antonio Omil Belos	53:51	4:26	11:26	12:26	20:17	23:11	24:39	27:43	30:54	32:14	34:04	36:42	38:13	39:17	
		Pontevedra AROM(		4:26	7:00	1:00	7:51	2:54	1:28	3:04	3:11	1:20	1:50	2:38	1:31	1:04	
				48:52	50:30	52:27	53:06	53:51									
				3:05	1:38	1:57	0:39	0:45									
10	4728	Alberto Rodríguez S	56:27	3:04	12:21	13:26	18:48	24:02	25:13	30:03	32:57	34:15	36:08	39:55	41:17	42:26	
		As Neves VIZHOJA		3:04	9:17	1:05	5:22	5:14	1:11	4:50	2:54	1:18	1:53	3:47	1:22	1:09	
				49:25	50:53	55:12	55:53	56:27									
				2:50	1:28	4:19	0:41	0:34									
11	4444	Manuel Pedre Vazc	58:48	4:33	17:00	17:55	20:06	24:02	25:51	29:25	39:36	40:57	42:16	44:37	45:59	47:08	
		Culleredo GALLAE(		4:33	12:27	0:55	2:11	3:56	1:49	3:34	10:11	1:21	***1:19***	2:21	1:22	1:09	
				53:56	55:18	57:26	58:06	58:48									
				4:03	1:22	2:08	0:40	0:42									
12	4348	Jorge Pérez Juste	1:00:14	5:12	24:59	26:11	27:55	31:04	32:52	37:05	40:20	42:51	44:41	47:21	48:37	49:47	
		Vigo U-VIGO		5:12	19:47	1:12	1:44	3:09	1:48	4:13	3:15	2:31	1:50	2:40	1:16	1:10	
				55:03	56:40	58:36	59:24	1:00:14		*30:26*							
				2:30	1:37	1:56	0:48	0:50		**38*							
13	4337	Enrique Fuertes Go	1:04:32	4:31	16:36	19:16	22:25	29:05	32:56	37:05	41:26	43:06	46:12	49:29	51:27	52:46	
		Vigo U-VIGO		4:31	12:05	2:40	3:09	6:40	3:51	4:09	4:21	1:40	3:06	3:17	1:58	1:19	
				58:59	1:00:52	1:02:57	1:03:49	1:04:32									
				3:15	1:53	2:05	0:52	0:43									
14	4334	José Luis Armada	1:09:42	9:52	16:58	18:01	19:37	25:43	27:03	34:11	37:32	42:20	44:06	51:46	53:27	54:41	
		Vigo U-VIGO		9:52	7:06	1:03	***1:36***	6:06	1:20	7:08	3:21	4:48	1:46	7:40	1:41	1:14	
				1:02:09	1:05:11	1:08:10	1:08:59	1:09:42		*22:57*							
				3:47	3:02	2:59	0:49	0:43		**40*							
15	4783	Alfonso Navia Álva	1:13:11	4:55	13:52	16:45	19:40	24:12	25:53	31:34	38:44	40:20	41:59	46:18	47:27	48:46	
		A Coruña LICEO		4:55	8:57	2:53	2:55	4:32	1:41	5:41	7:10	1:36	1:39	4:19	1:09	1:19	
				58:45	1:01:35	1:11:56	1:12:38	1:13:11									
				3:36	2:50	10:21	0:42	0:33									
16	4419	Pedro Lopez Noche	1:13:22	7:34	22:49	24:09	26:13	28:55	37:14	41:08	44:38	47:25	50:03	54:46	58:01	59:26	1
		Culleredo GALLAE(		7:34	15:15	1:20	2:04	2:42	8:19	3:54	3:30	2:47	2:38	4:43	3:15	1:25	
				1:06:39	1:08:36	1:11:51	1:12:48	1:13:22									
				2:46	1:57	3:15	0:57	0:34									
17	4331	Carles Abad Vives	1:13:25	5:47	12:06	14:35	21:29	27:22	29:45	38:15	43:11	44:59	48:00	52:41	55:33	57:16	1
		Vigo U-VIGO		5:47	6:19	2:29	6:54	5:53	2:23	8:30	4:56	1:48	3:01	4:41	2:52	1:43	
				1:07:12	1:09:12	1:11:33	1:12:34	1:13:25									
				4:48	2:00	2:21	1:01	0:51									
18	4435	Ivan Naveira Gonz	1:13:38	8:23	14:15	16:31	19:50	24:06	30:48	41:01	46:18	48:16	50:20	53:52	56:47	58:00	1
		Culleredo GALLAE(		8:23	5:52	2:16	3:19	4:16	6:42	10:13	5:17	1:58	2:04	3:32	2:55	1:13	
				1:07:40	1:09:11	1:11:41	1:12:24	1:13:38									
				4:30	1:31	2:30	0:43	1:14									
19	4297	Angel Algora Aizpu	1:29:16	14:02	23:01	23:54	25:56	29:28	35:40	39:55	47:10	47:58	51:19	1:03:21	1:05:29	1:06:39	1
		LUGO FLUVIAL_LU		14:02	8:59	0:53	2:02	3:32	6:12	4:15	7:15	***0:48***	3:21	12:02	2:08	1:10	
				1:15:59	1:17:55	1:27:28	1:28:14	1:29:16									
				4:36	1:56	9:33	0:46	1:02									
20	4289	Jesus Santos Igles	1:33:26	10:33	23:05	24:47	29:30	33:34	35:49	41:08	1:00:50	1:03:46	1:06:05	1:13:28	1:15:47	1:17:32	1
		A Coruña ARTABRC		10:33	12:32	1:42	4:43	4:04	2:15	5:19	19:42	2:56	2:19	7:23	2:19	1:45	
				1:26:54	1:29:08	1:31:50	1:32:32	1:33:26									

Pos	Dorsal	Nombre	Tiempo													
Masculino 45 (23)				***4,2 km 170 m 18 C***					*(cont.)*							
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)
				15(74)	16(77)	17(84)	18(100)	Meta								
				4:08	2:14	2:42	0:42	0:54								
	4455	**Luis Javier Ramos**	**Desc.**	10:03	1:23:43	1:24:55	1:28:06	1:31:37	1:38:33	1:42:40	1:46:36	1:48:13	1:50:36	1:54:19	1:55:46	1:56:53 2
		Culleredo GALLAE		10:03	1:13:40	1:12	3:11	3:31	6:56	4:07	3:56	1:37	2:23	3:43	1:27	1:07
				2:05:52	2:07:24	2:09:12	2:10:03	2:10:48								
				2:39	1:32	1:48	0:51	0:45								
	4402	**Eduardo Santiago**	**andona**	3:37	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
		Culleredo GALLAE		3:37												
				-----	-----	-----	-----	1:16:04								
								1:12:27								
	4306	**Carlos Fernández**	**No sale**													
		LUGO FLUVIAL_LU														
Masculino 50 (19)				**4,1 km 175 m 18 C**												
				1(66)	2(67)	3(55)	4(53)	5(40)	6(43)	7(47)	8(49)	9(33)	10(62)	11(68)	12(72)	13(71)
				15(77)	16(84)	17(81)	18(100)	Meta								
1	**4445**	**Henrique Xosé Pei**	**43:35**	5:00	6:33	9:38	11:23	15:02	17:00	19:51	23:30	24:42	**26:51**	**29:37**	**32:41**	**34:59**
		Culleredo GALLAE		5:00	1:33	3:05	1:45	3:39	1:58	2:51	3:39	1:12	2:09	2:46	3:04	2:18
				39:08	**40:48**	**41:41**	**43:03**	**43:35**								
				1:36	1:40	0:53	1:22	0:32								
2	**4378**	**Santiago Criado Ca**	**46:31**	5:31	7:05	9:00	10:53	15:45	17:40	20:50	23:56	25:45	27:27	30:29	33:25	35:06
		Culleredo GALLAE		5:31	1:34	1:55	1:53	4:52	1:55	3:10	3:06	1:49	1:42	3:02	2:56	1:41
				41:22	43:18	44:19	45:37	46:31								
				1:42	1:56	1:01	1:18	0:54								
3	**4397**	**Jose Luis Garcia D**	**47:42**	5:14	6:41	8:34	10:03	**12:44**	**14:15**	**16:48**	22:42	23:43	29:14	35:11	38:31	39:36
		Culleredo GALLAE		5:14	1:27	1:53	1:29	***2:41***	***1:31***	2:33	5:54	***1:01***	5:31	5:57	3:20	1:05
				43:35	45:09	46:07	47:13	47:42								
				1:25	***1:34***	0:58	1:06	0:29								
4	**4588**	**Santiago Amador C**	**48:01**	12:31	13:46	15:29	17:29	20:35	22:39	25:42	29:41	30:58	32:53	35:46	38:39	39:59
		Porto do Son ADC_		12:31	1:15	1:43	2:00	3:06	2:04	3:03	3:59	1:17	1:55	2:53	2:53	1:20
				42:58	45:16	46:11	47:23	48:01								
				1:14	2:18	0:55	1:12	0:38								
5	**4420**	**Antonio Javier Lóp**	**48:06**	8:18	9:30	14:58	18:19	22:00	23:48	26:10	29:03	30:07	31:46	33:58	36:11	38:47
		Culleredo GALLAE		8:18	***1:12***	5:28	3:21	3:41	1:48	***2:22***	2:53	1:04	***1:39***	***2:12***	***2:13***	2:36
				43:17	45:05	46:24	47:36	48:06								
				1:29	1:48	1:19	1:12	0:30								
6	**4404**	**Rodrigo González F**	**54:33**	6:56	8:42	10:22	11:31	15:33	17:13	23:23	28:38	29:45	38:25	41:21	43:54	46:42
		Culleredo GALLAE		6:56	1:46	1:40	***1:09***	4:02	1:40	6:10	5:15	1:07	8:40	2:56	2:33	2:48
				50:06	51:53	53:02	54:06	54:33								
				1:13	1:47	1:09	***1:04***	***0:27***								
7	**4567**	**Javier Antoñón Cle**	**58:29**	10:40	12:42	15:14	16:55	22:00	24:35	28:28	33:46	35:03	36:54	41:03	44:24	45:47
		Porto do Son ADC_		10:40	2:02	2:32	1:41	5:05	2:35	3:53	5:18	1:17	1:51	4:09	3:21	1:23
				51:29	54:28	56:00	57:41	58:29								
				2:17	2:59	1:32	1:41	0:48								
8	**4475**	**Fernando Silvarrey**	**59:54**	6:58	8:20	10:03	11:18	14:53	16:37	28:48	31:41	33:32	40:26	47:33	50:44	51:41
		Culleredo GALLAE		6:58	1:22	1:43	1:15	3:35	1:44	12:11	2:53	1:51	6:54	7:07	3:11	***0:57***
				55:43	57:20	58:10	59:17	59:54								
				1:25	1:37	***0:50***	1:07	0:37								
9	**4516**	**Pablo Adrián Aller**	**59:59**	6:47	9:04	11:04	13:18	18:58	21:36	25:59	32:01	35:02	37:09	41:15	44:42	46:33
		O Barco de Valde T		6:47	2:17	2:00	2:14	5:40	2:38	4:23	6:02	3:01	2:07	4:06	3:27	1:51
				51:38	55:29	57:05	59:08	59:59								
				2:19	3:51	1:36	2:03	0:51								
10	**4410**	**Andres Lopez Suar**	**1:02:03**	10:11	12:13	14:18	16:13	21:48	25:04	29:17	33:48	37:01	39:12	43:24	46:39	50:04
		Culleredo GALLAE		10:11	2:02	2:05	1:55	5:35	3:16	4:13	4:31	3:13	2:11	4:12	3:15	3:25
				54:26	57:42	59:31	1:01:22	1:02:03								
				1:50	3:16	1:49	1:51	0:41								
11	**4671**	**Gabriel Rodríguez**	**1:02:48**	19:46	21:17	23:28	25:23	30:09	32:24	35:35	39:25	41:01	42:55	46:34	49:23	50:49
		A Coruña BRIGANT		19:46	1:31	2:11	1:55	4:46	2:15	3:11	3:50	1:36	1:54	3:39	2:49	1:26
				56:29	58:53	1:00:12	1:01:52	1:02:48								
				2:02	2:24	1:19	1:40	0:56								
12	**4385**	**Andres Dopico Pen**	**1:03:37**	6:37	8:56	11:23	13:11	18:02	28:49	32:26	36:51	40:09	42:22	47:45	51:47	52:55
		Culleredo GALLAE		6:37	2:19	2:27	1:48	4:51	10:47	3:37	4:25	3:18	2:13	5:23	4:02	1:08
				57:30	59:42	1:00:58	1:02:23	1:03:37								
				1:44	2:12	1:16	1:25	1:14								
13	**4618**	**Roberto Chas Góm**	**1:06:07**	5:01	**6:29**	**7:58**	**9:28**	13:01	14:59	18:03	24:51	28:28	32:35	35:58	47:00	49:25
		Betanzos OP BETA		5:01	1:28	***1:29***	1:30	3:33	1:58	3:04	6:48	3:37	4:07	3:23	11:02	2:25
				53:09	1:02:38	1:03:47	1:05:21	1:06:07								
				2:03	9:29	1:09	1:34	0:46								
14	**4315**	**Jose Carlos Monto**	**1:30:28**	7:47	32:30	35:39	37:09	43:55	51:08	55:07	1:00:36	1:02:57	1:05:41	1:08:54	1:18:44	1:19:49 1
		LUGO FLUVIAL_LU		7:47	24:43	3:09	1:30	6:46	7:13	3:59	5:29	2:21	2:44	3:13	9:50	1:05
				1:24:18	1:26:39	1:28:04	1:29:37	1:30:28								
				2:01	2:21	1:25	1:33	0:51								
	4727	**Isaac Rodriguez Si**	**en tarj.**	**4:38**	6:40	8:14	9:53	13:19	14:56	17:52	**20:25**	**21:35**	-----	-----	27:21	28:26
		As Neves VIZHOJA		***4:38***	2:02	1:34	1:39	3:26	1:37	2:56	***2:33***	1:10			5:46	1:05
				34:01	35:35	36:30	39:17	39:51		*23:38*						
				1:35	***1:34***	0:55	2:47	0:34		**66*						

Masculino 50 (19) — 4,1 km 175 m 18 C (cont.)

Pos	Dorsal	Nombre	Tiempo	1(66)	2(67)	3(55)	4(53)	5(40)	6(43)	7(47)	8(49)	9(33)	10(62)	11(68)	12(72)	13(71)
				15(77)	16(84)	17(81)	18(100)	Meta								
	6367	Manuel Rodriguez	en tarj.	10:12	13:26	17:55	21:09	26:51	30:00	36:18	-----	44:24	57:13	1:01:17	1:17:46	1:20:54 1
		Culleredo GALLAE		10:12	3:14	4:29	3:14	5:42	3:09	6:18		8:06	12:49	4:04	16:29	3:08
				1:28:31	1:31:33	1:33:46	1:35:55									
				2:26	3:02	2:13	2:09									
	4311	Marcos Fouz Rodri	No sale													
		LUGO FLUVIAL_LU														
	4510	José Manuel Samp	No sale													
		Santiago de Comp														
	4363	Nacho Becerra Car	No sale													
		Culleredo GALLAE														

Élite (25) — 5,1 km 180 m 20 C

Pos	Dorsal	Nombre	Tiempo	1(51)	2(55)	3(66)	4(49)	5(47)	6(40)	7(43)	8(54)	9(34)	10(60)	11(58)	12(67)	13(65)
				15(71)	16(75)	17(84)	18(82)	19(81)	20(100)	Meta						
1	4688	Martín Morales Fer	35:19	3:26	4:44	7:18	**8:32**	**10:04**	**11:46**	**13:01**	**16:25**	**19:12**	**20:41**	**22:27**	24:17	25:50
		Xinzo de Limia LIM		3:26	1:18	2:34	1:14	1:32	1:42	1:15	3:24	2:47	1:29	1:46	1:50	1:33
				28:23	**29:42**	**31:19**	**32:41**	**33:54**	**34:48**	**35:19**						
				1:01	1:19	1:37	1:22	1:13	0:54	0:31						
2	4450	Felipe Peña Pita	35:49	3:29	4:49	7:20	9:15	10:47	12:27	13:41	16:45	19:25	20:46	22:34	**24:08**	**25:34**
		Culleredo GALLAE		3:29	1:20	***2:31***	1:55	1:32	1:40	1:14	3:04	2:40	***1:21***	1:48	1:34	***1:26***
				28:50	29:55	31:41	33:11	34:32	35:22	35:49		*26:41*				
				1:09	1:05	1:46	1:30	1:21	0:50	0:27		**64*				
3	4477	Iván Somoza Argib	37:28	3:14	**4:30**	**7:04**	8:46	10:16	11:51	13:07	16:42	19:43	21:05	24:22	26:07	27:39
		Culleredo GALLAE		3:14	***1:16***	2:34	1:42	1:30	1:35	1:16	3:35	3:01	1:22	3:17	1:45	1:32
				30:53	31:57	33:25	34:43	36:07	36:59	37:28		*22:44*				
				1:30	1:04	1:28	***1:18***	1:24	0:52	0:29		**50*				
4	4652	Juan J. Sancosme	37:57	3:33	5:07	7:49	9:00	10:30	12:13	13:33	17:11	20:04	21:28	23:45	25:35	27:23
		A Coruña COCO		3:33	1:34	2:42	1:11	1:30	1:43	1:20	3:38	2:53	1:24	2:17	1:50	1:48
				31:14	32:17	33:51	35:11	36:22	37:23	37:57		*26:51*				
				1:15	1:03	1:34	1:20	1:11	1:01	0:34		**66*				
5	4299	Alberto Corral Alon	38:46	3:11	4:54	9:51	11:00	12:25	13:52	15:09	18:05	20:39	22:15	24:06	25:34	27:33
		LUGO FLUVIAL_LU		3:11	1:43	4:57	1:09	***1:25***	1:27	1:17	***2:56***	***2:34***	1:36	1:51	***1:28***	1:59
				30:04	31:20	32:50	34:20	37:39	38:22	38:46						
				1:11	1:16	1:30	1:30	3:19	***0:43***	***0:24***						
6	4474	Marcos Silvarrey C	39:30	**3:08**	7:13	9:57	11:04	12:29	14:35	15:49	19:14	21:51	23:23	27:18	29:17	31:32
		Culleredo GALLAE		***3:08***	4:05	2:44	***1:07***	***1:25***	2:06	1:14	3:25	2:37	1:32	3:55	1:59	2:15
				33:45	34:41	35:48	37:08	38:14	39:06	39:30						
				1:00	***0:56***	***1:07***	1:20	1:06	0:52	***0:24***						
7	4615	David Casado Brav	39:39	3:59	5:29	8:19	9:36	11:17	13:55	15:22	19:11	22:15	24:37	26:32	28:18	29:52
		Betanzos OP BETA		3:59	1:30	2:50	1:17	1:41	2:38	1:27	3:49	3:04	2:22	1:55	1:46	1:34
				32:31	33:43	35:01	36:43	38:06	39:04	39:39						
				1:22	1:12	1:18	1:42	1:23	0:58	0:35						
8	4828	Gonzalo Fernández	42:29	3:43	5:51	13:02	14:13	15:45	17:29	18:40	22:09	24:56	27:54	29:37	31:28	33:21
		Nigrán RAZA PALL		3:43	2:08	7:11	1:11	1:32	1:44	***1:11***	3:29	2:47	2:58	***1:43***	1:51	1:53
				35:55	37:08	38:18	39:54	41:05	41:58	42:29						
				1:17	1:13	1:10	1:36	1:11	0:53	0:31						
9	4254	Manuel Varela Riv	42:33	3:46	5:18	8:25	9:52	11:46	13:30	15:43	20:00	23:43	25:17	27:20	29:34	31:18
		Pontevedra AROM		3:46	1:32	3:07	1:27	1:54	1:44	2:13	4:17	3:43	1:34	2:03	2:14	1:44
				33:58	35:46	37:52	39:58	41:05	42:03	42:33						
				1:16	1:48	2:06	2:06	1:07	0:58	0:30						
10	4825	Antonio Dominguez	42:56	4:16	6:28	9:36	11:14	13:07	15:07	16:41	20:16	23:38	25:14	27:47	29:33	32:34
		Nigrán RAZA PALL		4:16	2:12	3:08	1:38	1:53	2:00	1:34	3:35	3:22	1:36	2:33	1:46	3:01
				35:38	36:56	38:25	40:16	41:22	42:26	42:56						
				1:28	1:18	1:29	1:51	1:06	1:04	0:30						
11	6397	Alberto Taboada Pi	44:29	4:32	6:15	9:08	11:54	13:26	15:40	16:58	20:28	23:17	24:43	26:40	28:19	30:49
		Betanzos OP BETA		4:32	1:43	2:53	2:46	1:32	2:14	1:18	3:30	2:49	1:26	1:57	1:39	2:30
				34:52	38:03	39:37	41:23	43:09	44:01	44:29		*30:00*				
				1:11	3:11	1:34	1:46	1:46	0:52	0:28		**68*				
12	4636	Manuel Arias Rodil	45:09	3:39	6:12	9:07	10:37	12:45	16:29	17:59	21:09	25:47	27:12	29:05	31:01	32:48
		A Coruña COCO		3:39	2:33	2:55	1:30	2:08	3:44	1:30	3:10	4:38	1:25	1:53	1:56	1:47
				36:05	39:25	40:58	42:33	43:48	44:38	45:09						
				1:40	3:20	1:33	1:35	1:15	0:50	0:31						
13	4383	Juan Antonio Doce	49:41	4:30	6:44	9:55	11:27	13:40	15:32	17:31	21:52	26:59	28:46	31:26	33:54	35:59
		Culleredo GALLAE		4:30	2:14	3:11	1:32	2:13	1:52	1:59	4:21	5:07	1:47	2:40	2:28	2:05
				39:59	41:55	44:16	46:16	47:40	49:08	49:41						
				1:34	1:56	2:21	2:00	1:24	1:28	0:33						
14	4434	Marcos Muíño Gar	50:10	10:59	13:05	18:43	20:41	22:39	24:11	25:41	29:19	33:00	34:36	36:41	38:25	39:52
		Culleredo GALLAE		10:59	2:06	5:38	1:58	1:58	1:32	1:30	3:38	3:41	1:36	2:05	1:44	1:27
				43:11	44:19	45:35	46:57	48:27	49:27	50:10						
				1:39	1:08	1:16	1:22	1:30	1:00	0:43						
15	4768	Alberto Arufe Varel	51:54	4:55	6:59	13:55	15:28	17:26	19:19	21:03	28:20	31:38	33:24	35:56	37:51	39:53
		A Coruña LICEO		4:55	2:04	6:56	1:33	1:58	1:53	1:44	7:17	3:18	1:46	2:32	1:55	2:02
				43:34	44:57	46:39	48:19	49:53	51:06	51:54		*39:19*				
				1:29	1:23	1:42	1:40	1:34	1:13	0:48		**66*				
16	4507	Pelayo Garcia Ace	53:47	7:47	11:18	14:26	16:26	18:26	20:57	22:28	26:21	31:21	33:04	35:20	37:11	38:40
		Pontevedra AROM		7:47	3:31	3:08	2:00	2:00	2:31	1:31	3:53	5:00	1:43	2:16	1:51	1:29
				42:00	46:52	49:03	50:38	52:04	53:07	53:47						
				1:43	4:52	2:11	1:35	1:26	1:03	0:40						

Élite (25)

5,1 km 180 m 20 C (cont.)

Pos	Dorsal	Nombre	Tiempo	1(51)	2(55)	3(66)	4(49)	5(47)	6(40)	7(43)	8(54)	9(34)	10(60)	11(58)	12(67)	13(65)	
				15(71)	16(75)	17(84)	18(82)	19(81)	20(100)	Meta							
17	4478	Anxo Somoza Seoa	54:19	4:08	6:15	18:34	20:37	22:10	25:10	26:33	30:58	34:21	37:01	38:58	41:01	42:44	
		Culleredo GALLAE		4:08	2:07	12:19	2:03	1:33	3:00	1:23	4:25	3:23	2:40	1:57	2:03	1:43	
				45:31	46:45	50:00	51:41	52:55	53:46	54:19		*23:57*	*51:13*				
				1:21	1:14	3:15	1:41	1:14	0:51	0:33		**41*	**83*				
18	4604	Eloi Serantes Abal	54:58	8:42	10:39	16:44	18:27	20:38	22:50	25:06	30:24	35:49	37:31	40:09	42:01	43:42	
		Porto do Son ADC_		8:42	1:57	6:05	1:43	2:11	2:12	2:16	5:18	5:25	1:42	2:38	1:52	1:41	
				46:40	47:56	49:37	51:06	53:15	54:12	54:58		*20:13*					
				1:12	1:16	1:41	1:29	2:09	0:57	0:46		**37*					
19	4624	Javier Lopez Gonz	1:00:41	11:40	13:10	15:56	22:37	24:29	26:36	27:51	31:27	35:06	37:31	39:27	41:20	42:54	
		Betanzos OP BETA		11:40	1:30	2:46	6:41	1:52	2:07	1:15	3:36	3:39	2:25	1:56	1:53	1:34	
				52:47	54:19	56:01	58:13	59:14	1:00:06	1:00:41							
				1:47	1:32	1:42	2:12	***1:01***	0:52	0:35							
20	4471	David Senra Eiroa	1:02:05	6:04	7:45	10:38	16:57	19:21	21:07	22:55	25:59	29:12	30:45	33:46	35:18	39:19	
		Culleredo GALLAE		6:04	1:41	2:53	6:19	2:24	1:46	1:48	3:04	3:13	1:33	3:01	1:32	4:01	
				50:21	55:30	56:59	58:44	1:00:44	1:01:34	1:02:05							
				9:25	5:09	1:29	1:45	2:00	0:50	0:31							
21	4302	Diego Fernandez A	1:02:26	7:25	11:06	14:14	16:51	20:01	22:57	24:47	33:32	40:02	41:47	44:10	46:10	47:44	
		LUGO FLUVIAL_LU		7:25	3:41	3:08	2:37	3:10	2:56	1:50	8:45	6:30	1:45	2:23	2:00	1:34	
				50:54	54:34	56:26	59:02	1:00:33	1:01:48	1:02:26							
				1:32	3:40	1:52	2:36	1:31	1:15	0:38							
22	4648	Ruben Rodriguez F	1:11:35	7:29	17:44	22:51	25:18	27:38	30:03	31:42	35:46	42:50	44:38	47:17	49:00	51:10	1
		A Coruña COCO		7:29	10:15	5:07	2:27	2:20	2:25	1:39	4:04	7:04	1:48	2:39	1:43	2:10	
				1:02:01	1:03:18	1:05:02	1:08:29	1:10:17	1:11:04	1:11:35							
				1:58	1:17	1:44	3:27	1:48	0:47	0:31							
	4835	Adrián Pérez Alons	en tarj.	3:53	5:35	8:29	-----	11:56	13:44	15:09	18:47	22:08	23:50	25:40	27:22	28:45	
		Nigrán RAZA PALL		3:53	1:42	2:54		3:27	1:48	1:25	3:38	3:21	1:42	1:50	1:42	1:23	
				31:18	32:28	33:57	35:55	37:07	37:58	38:29		*9:33*					
				1:18	1:10	1:29	1:58	1:12	0:51	0:31		**59*					
	4623	Francisco Javier L	en tarj.	3:23	4:53	7:39	9:32	11:36	14:23	15:53	19:33	22:49	24:42	26:40	28:27	30:24	
		Betanzos OP BETA		3:23	1:30	2:46	1:53	2:04	2:47	1:30	3:40	3:16	1:53	1:58	1:47	1:57	
				33:19	34:34	35:59	-----	38:03	39:02	39:28		*13:34*	*37:11*				
				1:16	1:15	1:25		2:04	0:59	0:26		**41*	**83*				
	4765	Yago Breijo Martin	abandona	5:42	7:26	10:28	11:55	13:36	15:01	16:18	20:01	23:16	24:58	34:54	36:38	39:58	
		Cuntis XESTEIRAS		5:42	1:44	3:02	1:27	1:41	***1:25***	1:17	3:43	3:15	1:42	9:56	1:44	3:20	
				-----	-----	-----	-----	-----	-----	50:37		*37:58*					
										10:39		**66*					

Iniciación Curta (27)

2,7 km 20 m 11 C

Pos	Dorsal	Nombre	Tiempo	1(35)	2(38)	3(44)	4(37)	5(36)	6(31)	7(62)	8(70)	9(73)	10(76)	11(100)	Meta	
1	4810	Antón Martinez Fer	27:43	**2:33**	**5:10**	**5:47**	**7:01**	**8:17**	**11:36**	**17:46**	22:39	**23:58**	**25:03**	**26:50**	**27:43**	
		LUGO COMPÁS		***2:33***	***2:37***	***0:37***	***1:14***	***1:16***	***3:19***	6:10	4:53	***1:19***	***1:05***	***1:47***	0:53	
2	5151	Mario Corredoira C	29:50	3:54	8:10	9:09	11:00	12:48	16:13	19:08	**21:45**	25:04	26:58	28:53	29:50	
		LUGO COMPÁS		3:54	4:16	0:59	1:51	1:48	3:25	***2:55***	***2:37***	3:19	1:54	1:55	0:57	
3	4731	Noa Rodríguez Seij	38:33	4:46	8:49	10:05	13:05	15:22	24:08	27:49	31:10	34:08	35:26	37:35	38:33	
		As Neves VIZHOJA		4:46	4:03	1:16	3:00	2:17	8:46	3:41	3:21	2:58	1:18	2:09	0:58	
4	4677	Roque Varela Fern	40:22	4:42	9:11	10:51	12:17	14:55	18:54	26:52	30:56	35:25	37:16	39:38	40:22	
		A Coruña BRIGANT		4:42	4:29	1:40	1:26	2:38	3:59	7:58	4:04	4:29	1:51	2:22	***0:44***	
5	4379	Délia Cubeiro Suár	44:05	5:49	10:32	12:12	13:38	16:38	21:47	27:26	31:25	38:21	40:10	43:11	44:05	
		Culleredo GALLAE		5:49	4:43	1:40	1:26	3:00	5:09	5:39	3:59	6:56	1:49	3:01	0:54	
6	6057	Adrián Baamonde A	49:04	6:49	12:48	14:48	17:46	20:29	27:15	32:13	37:40	42:45	45:30	48:06	49:04	
		Porto do Son ADC_		6:49	5:59	2:00	2:58	2:43	6:46	4:58	5:27	5:05	2:45	2:36	0:58	
7	6384	Ana Laura Gonzále	49:18	6:49	11:53	12:43	15:23	17:48	23:27	28:28	35:46	43:18	45:28	48:06	49:18	
		CASTROPOL CAST		6:49	5:04	0:50	2:40	2:25	5:39	5:01	7:18	7:32	2:10	2:38	1:12	
8	6386	Noel Rodríguez Ga	51:04	7:05	12:02	12:51	15:18	18:09	24:09	28:40	35:41	43:38	45:27	49:12	51:04	
		CASTROPOL CAST		7:05	4:57	0:49	2:27	2:51	6:00	4:31	7:01	7:57	1:49	3:45	1:52	
9	6019	Adrian Corredoira C	1:00:11	9:51	15:02	16:41	19:28	25:12	34:05	40:57	47:10	52:22	55:25	58:37	1:00:11	
		LUGO COMPÁS		9:51	5:11	1:39	2:47	5:44	8:53	6:52	6:13	5:12	3:03	3:12	1:34	
10	4358	Diana Ameal Rodrí	1:04:15	6:54	12:00	13:11	14:56	18:06	29:09	47:55	52:09	57:38	59:50	1:02:52	1:04:15	
		Culleredo GALLAE		6:54	5:06	1:11	1:45	3:10	11:03	18:46	4:14	5:29	2:12	3:02	1:23	
11	4391	Xairo Ferreiro Fanc	1:04:19	7:10	12:00	13:09	14:53	18:18	29:08	47:56	52:11	57:38	59:39	1:02:51	1:04:19	
		Culleredo GALLAE		7:10	4:50	1:09	1:44	3:25	10:50	18:48	4:15	5:27	2:01	3:12	1:28	
12	4449	Simón Peña Álvare	1:09:27	9:36	18:23	21:21	24:36	27:43	40:00	46:31	52:56	1:01:42	1:04:45	1:08:28	1:09:27	
		Culleredo GALLAE		9:36	8:47	2:58	3:15	3:07	12:17	6:31	6:25	8:46	3:03	3:43	0:59	
13	4448	Inés Peña Álvarez	1:11:14	10:11	18:58	21:46	24:53	28:27	40:20	46:48	53:27	1:02:14	1:05:46	1:09:45	1:11:14	
		Culleredo GALLAE		10:11	8:47	2:48	3:07	3:34	11:53	6:28	6:39	8:47	3:32	3:59	1:29	
14	4382	Marco Diz Vazquez	1:11:16	10:44	21:27	22:54	27:41	32:11	41:07	47:10	54:12	1:01:06	1:03:52	1:08:53	1:11:16	
		Culleredo GALLAE		10:44	10:43	1:27	4:47	4:30	8:56	6:03	7:02	6:54	2:46	5:01	2:23	
14	4381	Francisco Diz Lópe	1:11:16	10:22	21:37	23:12	27:50	32:27	41:08	47:22	54:06	1:01:05	1:03:50	1:08:33	1:11:16	*1*
		Culleredo GALLAE		10:22	11:15	1:35	4:38	4:37	8:41	6:14	6:44	6:59	2:45	4:43	2:43	
16	6309	Juan Gonzalez Par	1:15:25	7:16	14:28	16:44	21:08	25:31	35:14	41:49	46:59	53:32	57:46	1:13:34	1:15:25	
		A Coruña LICEO		7:16	7:12	2:16	4:24	4:23	9:43	6:35	5:10	6:33	4:14	15:48	1:51	
	4786	Maria Pardo Villav	en tarj.	7:34	14:35	16:53	21:16	25:39	35:21	42:02	47:10	-----	57:56	1:01:59	1:06:46	
		A Coruña LICEO		7:34	7:01	2:18	4:23	4:23	9:42	6:41	5:08		10:46	4:03	4:47	
	6389	Salomé Iglesias Pe	en tarj.	9:55	14:12	15:25	19:59	22:15	26:39	51:19	1:02:53	1:12:41	1:14:56	-----	1:17:33	
		CASTROPOL CAST		9:55	4:17	1:13	4:34	2:16	4:24	24:40	11:34	9:48	2:15		2:37	

Iniciación Curta (27) — *2,7 km 20 m 11 C* — *(cont.)*

Pos	Dorsal	Nombre	Tiempo	1(35)	2(38)	3(44)	4(37)	5(36)	6(31)	7(62)	8(70)	9(73)	10(76)	11(100)	Meta
	4368	**Enol Camblor Bello**	**andona**	7:17	18:50	20:03	26:45	30:05	-----	-----	-----	-----	-----	-----	
		Culleredo GALLAE		7:17	11:33	1:13	6:42	3:20							
				17:03											
				**37*											
	4726	**Saul Rodriguez Are**	**andona**	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	
		As Neves VIZHOJA													
	6398	**Izan Taboada Mont**	**andona**	7:49	19:16	20:23	27:11	29:59	-----	-----	-----	-----	-----	-----	
		Betanzos OP BETA		7:49	11:27	1:07	6:48	2:48							
				17:30	*17:39*	*39:15*									
				**37*	**37*	**35*									
	4438	**Icia Orizales Granc**	**No sale**												
		Culleredo GALLAE													
		Paula Sines García	**No sale**												
		A Coruña LICEO													
	6306	**Agueda Castrillon I**	**No sale**												
		A Coruña LICEO													
	4496	**Marta Rodriguez Dc**	**No sale**												
		Ordes SEO													
		Neus Alexandra Rc	**No sale**												
		Ordes SEO													
		Ione Agras Pérez	**No sale**												
		Pontevedra AROM													

Iniciación Longa (17) — **3,4 km 75 m 14 C**

Pos	Dorsal	Nombre	Tiempo	1(36)	2(39)	3(44)	4(43)	5(46)	6(34)	7(31)	8(65)	9(64)	10(71)	11(76)	12(77)	13(78)	1
				Meta													
1	2002	**Xoel Vazquez Dios**	**38:26**	4:09	6:26	8:21	10:04	13:19	16:48	19:26	**23:45**	**25:36**	**29:51**	**31:31**	**32:39**	**36:29**	
		VIGO FEGADO		4:09	2:17	1:55	1:43	3:15	3:29	2:38	4:19	1:51	4:15	***1:40***	1:08	3:50	
				38:26													
				1:02													
2	1000	**Marcelino Villarino**	**38:49**	**4:07**	**5:59**	**8:09**	**9:16**	**11:45**	**14:16**	**16:33**	26:57	28:36	31:27	34:22	35:14	37:06	
		VIGO FEGADO		***4:07***	***1:52***	2:10	***1:07***	***2:29***	***2:31***	***2:17***	10:24	1:39	***2:51***	2:55	***0:52***	***1:52***	
				38:49													
				0:46													
3	2004	**Mauro Mosquera M**	**48:34**	5:35	7:51	9:49	11:39	14:17	18:21	20:59	25:02	28:19	36:33	42:16	43:55	45:52	
		VIGO FEGADO		5:35	2:16	1:58	1:50	2:38	4:04	2:38	***4:03***	3:17	8:14	5:43	1:39	1:57	
				48:34		*13:40*											
				1:27		**45*											
4	2003	**Clara Cea Aguiar**	**48:40**	5:35	8:26	9:32	11:31	14:30	18:16	20:55	25:59	28:24	36:43	42:15	43:56	46:01	
		VIGO FEGADO		5:35	2:51	***1:06***	1:59	2:59	3:46	2:39	5:04	2:25	8:19	5:32	1:41	2:05	
				48:40													
				1:27													
5	2000	**Silvia Loureiro Gar**	**1:09:30**	5:57	9:59	11:50	14:32	19:09	25:14	30:45	40:39	42:01	47:09	52:52	54:56	1:06:44	1
		VIGO FEGADO		5:57	4:02	1:51	2:42	4:37	6:05	5:31	9:54	1:22	5:08	5:43	2:04	11:48	
				1:09:30													
				1:04													
6	2001	**Claudia Loureiro G**	**1:09:31**	5:51	10:06	11:45	14:36	19:04	25:05	30:48	40:42	42:02	47:11	52:53	54:52	1:06:55	1
		VIGO FEGADO		5:51	4:15	1:39	2:51	4:28	6:01	5:43	9:54	***1:20***	5:09	5:42	1:59	12:03	
				1:09:31													
				1:04													
7	3333	**José Raúl Rodrígue**	**1:13:27**	5:54	9:20	13:56	16:30	24:12	29:22	33:09	53:01	55:09	1:01:26	1:05:11	1:07:30	1:10:18	1
		VIGO FEGADO		5:54	3:26	4:36	2:34	7:42	5:10	3:47	19:52	2:08	6:17	3:45	2:19	2:48	
				1:13:27													
				1:16													
8	4466	**Mara Rioboo Núñez**	**1:20:52**	7:35	14:17	16:53	20:13	25:34	33:13	41:04	49:00	52:39	1:00:59	1:08:53	1:12:21	1:17:53	1
		Culleredo GALLAE		7:35	6:42	2:36	3:20	5:21	7:39	7:51	7:56	3:39	8:20	7:54	3:28	5:32	
				1:20:52													
				0:55													
9	4465	**Daniel Rioboo Igles**	**1:21:06**	7:42	12:29	16:49	20:16	25:33	33:11	40:53	48:52	52:43	1:00:43	1:08:59	1:12:28	1:17:45	1
		Culleredo GALLAE		7:42	4:47	4:20	3:27	5:17	7:38	7:42	7:59	3:51	8:00	8:16	3:29	5:17	
				1:21:06													
				0:51													
10	4598	**Félix Rodal Fraga**	**1:27:48**	5:14	8:16	15:00	17:12	22:30	28:27	36:13	54:20	58:02	1:04:38	1:08:50	1:10:30	1:25:50	1
		Porto do Son ADC_		5:14	3:02	6:44	2:12	5:18	5:57	7:46	18:07	3:42	6:36	4:12	1:40	15:20	
				1:27:48													
				1:07													
11	6374	**Javier González Rc**	**1:29:25**	8:27	14:49	17:17	22:17	29:29	36:54	41:10	1:00:45	1:03:14	1:10:13	1:16:56	1:19:52	1:24:18	1
		Culleredo GALLAE		8:27	6:22	2:28	5:00	7:12	7:25	4:16	19:35	2:29	6:59	6:43	2:56	4:26	
				1:29:25		*1:27:25*											
				2:09		**100*											
12	4505	**Manuel Calviño Ra**	**1:41:36**	7:52	12:21	16:52	19:30	24:37	38:30	46:40	1:09:17	1:11:19	1:18:40	1:26:53	1:29:07	1:38:04	1
		Santiago de Comp		7:52	4:29	4:31	2:38	5:07	13:53	8:10	22:37	2:02	7:21	8:13	2:14	8:57	
				1:41:36													
				1:45													
13	4512	**Maria Ventura Sam**	**1:43:50**	7:49	12:18	16:53	19:27	24:38	38:30	46:37	1:09:13	1:11:19	1:18:42	1:26:53	1:29:08	1:39:01	1
		Santiago de Comp		7:49	4:29	4:35	2:34	5:11	13:52	8:07	22:36	2:06	7:23	8:11	2:15	9:53	
				1:43:50													
				2:08													

Pos	Dorsal	Nombre	Tiempo													
Iniciación Longa (17)				***3,4 km 75 m***			***14 C***		*(cont.)*							
				1(36)	2(39)	3(44)	4(43)	5(46)	6(34)	7(31)	8(65)	9(64)	10(71)	11(76)	12(77)	13(78) 1
				Meta												
14		**Manuel Parga Rilo**	**1:57:46**	4:52	19:58	27:45	43:10	51:35	58:01	1:01:54	1:06:56	1:25:12	1:46:22	1:50:32	1:52:34	1:55:26 1
		Culleredo GALLAE		4:52	15:06	7:47	15:25	8:25	6:26	3:53	5:02	18:16	21:10	4:10	2:02	2:52
				1:57:46												
				0:43												
	6400	**Xan Rodríguez Igle**	**andona**	17:31	-----	-----	-----	-----	-----	30:05	-----	-----	-----	49:50	-----	-----
		VIGO FEGADO		17:31						12:34				19:45		
				55:23		*5:38*	*12:37*	*13:33*	*15:12*	*35:27*	*40:23*	*46:32*	*52:59*			
				2:30		**35*	**38*	**44*	**37*	**62*	**70*	**73*	**100*			
	6399	**Carmela Iglesias R**	**andona**	20:33	-----	-----	-----	-----	-----	30:07	-----	-----	-----	51:35	-----	-----
		VIGO FEGADO		20:33						9:34				21:28		
				55:48		*7:02*	*11:51*	*13:43*	*17:03*	*34:54*	*40:40*	*48:24*	*54:13*			
				1:45		**35*	**38*	**44*	**37*	**62*	**70*	**73*	**100*			
	6401	**Juan Carlos Rodríg**	**No sale**													
		VIGO FEGADO														
Feminino 12 NC (4)					**2,8 km 30 m**		**15 C**									
				1(31)	2(35)	3(39)	4(44)	5(45)	6(36)	7(34)	8(32)	9(62)	10(63)	11(70)	12(73)	13(76)
				15(100)	Meta											
1	**6390**	**Estrella Maya Dos**	**48:11**	**2:10**	**4:20**	**7:18**	**14:07**	**18:28**	**21:14**	**22:37**	**25:04**	**29:48**	**33:11**	**35:18**	**39:09**	**40:41**
		CASTROPOL CAST		***2:10***	***2:10***	***2:58***	6:49	4:21	2:46	1:23	2:27	4:44	3:23	2:07	3:51	1:32
				47:12	**48:11**											
				0:42	***0:59***											
2	**6393**	**Carola Arango Gay**	**51:14**	3:21	6:15	10:14	17:17	21:35	24:18	25:35	28:06	32:45	36:07	38:20	42:01	43:40
		CASTROPOL CAST		3:21	2:54	3:59	7:03	4:18	***2:43***	***1:17***	2:31	4:39	3:22	2:13	***3:41***	1:39
				50:10	51:14											
				0:54	1:04											
3	**6388**	**Gara Serrano Igles**	**54:24**	2:42	9:10	13:12	20:21	24:34	28:36	30:03	31:48	35:46	39:28	41:27	45:17	46:59
		CASTROPOL CAST		2:42	6:28	4:02	7:09	4:13	4:02	1:27	***1:45***	***3:58***	3:42	***1:59***	3:50	1:42
				53:09	54:24		*32:16*	*33:09*								
				0:49	1:15		**33*	**60*								
4	**4320**	**Sira Parga Valcarc**	**1:12:19**	19:41	23:58	28:33	31:24	33:23	37:28	41:50	44:26	53:45	55:36	58:43	1:04:10	1:05:25 1
		LUGO FLUVIAL_LU		19:41	4:17	4:35	***2:51***	***1:59***	4:05	4:22	2:36	9:19	***1:51***	3:07	5:27	***1:15***
				1:11:13	1:12:19											
				2:49	1:06											
Masculino 12 NC (2)					**2,8 km 30 m**		**15 C**									
				1(31)	2(35)	3(39)	4(44)	5(45)	6(36)	7(34)	8(32)	9(62)	10(63)	11(70)	12(73)	13(76)
				15(100)	Meta											
1	**6385**	**Elías Rodríguez Ga**	**57:57**	**2:16**	13:34	16:57	**19:05**	**23:28**	**27:37**	**29:16**	**31:07**	**34:43**	**38:07**	**43:22**	**47:16**	**48:34**
		CASTROPOL CAST		***2:16***	11:18	***3:23***	***2:08***	***4:23***	4:09	1:39	***1:51***	***3:36***	***3:24***	5:15	***3:54***	***1:18***
				56:58	**57:57**											
				1:01	***0:59***											
2	**6383**	**Mario Fernández G**	**1:05:16**	4:11	**12:03**	**15:46**	22:51	27:26	30:57	32:22	34:42	38:37	49:33	51:55	56:56	58:45 1
		CASTROPOL CAST		4:11	***7:52***	3:43	7:05	4:35	***3:31***	***1:25***	2:20	3:55	10:56	***2:22***	5:01	1:49
				1:03:13	1:05:16											
				2:02	2:03											
Masculino 18 NC (1)					**4,8 km 180 m**		**19 C**									
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	**6666**	**Eneas De La Rosa**	**1:54:08**	**19:39**	**24:55**	**28:05**	**41:49**	**57:19**	**1:01:38**	**1:04:05**	**1:08:45**	**1:13:10**	**1:18:33**	**1:24:20**	**1:28:09**	**1:32:14 1**
		CANGAS DE ONÍS		***19:39***	***5:16***	***3:10***	***13:44***	***15:30***	***4:19***	***2:27***	***4:40***	***4:25***	***5:23***	***5:47***	***3:49***	***4:05***
				1:45:52	**1:48:06**	**1:50:21**	**1:52:21**	**1:53:22**	**1:54:08**							
				10:29	***2:14***	***2:15***	***2:00***	***1:01***	***0:46***							
Masculino 35 NC (1)					**4,8 km 180 m**		**19 C**									
				1(59)	2(56)	3(67)	4(65)	5(52)	6(38)	7(43)	8(41)	9(46)	10(55)	11(50)	12(33)	13(63)
				15(75)	16(77)	17(78)	18(83)	19(100)	Meta							
1	**222**	**Javier Barja Alvar**	**1:03:56**	**3:56**	**6:48**	**8:28**	**17:14**	**25:35**	**28:55**	**30:46**	**32:22**	**35:21**	**39:20**	**44:44**	**48:46**	**51:13**
		VIGO FEGADO		***3:56***	***2:52***	***1:40***	***8:46***	***8:21***	***3:20***	***1:51***	***1:36***	***2:59***	***3:59***	***5:24***	***4:02***	***2:27***
				57:18	**59:02**	**1:00:36**	**1:02:26**	**1:03:21**	**1:03:56**							
				4:21	***1:44***	***1:34***	***1:50***	***0:55***	***0:35***							
Masculino 55 (14)					**4,0 km 120 m**		**17 C**									
				1(61)	2(52)	3(45)	4(40)	5(42)	6(37)	7(54)	8(58)	9(50)	10(32)	11(63)	12(79)	13(74)
				15(84)	16(81)	17(100)	Meta									
1	**4210**	**Gilberto Diaz Falco**	**44:56**	3:34	7:37	11:01	13:24	14:44	17:12	**20:32**	**24:02**	**26:07**	**29:33**	**32:51**	34:19	37:17
		Pontevedra AROM		3:34	4:03	3:24	***2:23***	1:20	2:28	***3:20***	3:30	2:05	3:26	3:18	1:28	2:58
				41:20	**42:35**	**44:08**	**44:56**									
				2:19	1:15	1:33	0:48									

Pos	Dorsal	Nombre	Tiempo													
Masculino 55 (14)						***4,0 km 120 m***		***17 C***	*(cont.)*							
				1(61)	2(52)	3(45)	4(40)	5(42)	6(37)	7(54)	8(58)	9(50)	10(32)	11(63)	12(79)	13(74)
				15(84)	16(81)	17(100)	Meta									
2	4357	**Enrique Luis Álvar**	**47:03**	**2:44**	**7:20**	**9:04**	**12:19**	**13:29**	**15:34**	20:55	26:14	27:18	30:26	33:04	**34:15**	**37:00**
		Culleredo GALLAE		***2:44***	4:36	***1:44***	3:15	***1:10***	***2:05***	5:21	5:19	***1:04***	3:08	***2:38***	***1:11***	***2:45***
				44:25	45:23	46:32	47:03									
				5:50	***0:58***	***1:09***	***0:31***									
3	4399	**José Antonio Gil Di**	**47:50**	3:44	7:37	10:10	12:55	14:50	18:14	22:35	25:44	27:45	30:33	34:15	36:14	39:26
		Culleredo GALLAE		3:44	***3:53***	2:33	2:45	1:55	3:24	4:21	3:09	2:01	2:48	3:42	1:59	3:12
				43:51	45:24	47:02	47:50									
				2:16	1:33	1:38	0:48									
4	4273	**Alfonso Mancera B**	**50:36**	3:34	9:59	14:01	16:30	17:58	20:30	23:52	26:44	28:48	32:08	35:56	37:25	40:25
		A Coruña ARTABRC		3:34	6:25	4:02	2:29	1:28	2:32	3:22	***2:52***	2:04	3:20	3:48	1:29	3:00
				47:16	48:17	49:42	50:36		*13:29*							
				5:01	1:01	1:25	0:54		**46*							
5	4605	**Camilo Serantes M**	**56:58**	3:14	15:04	17:39	21:05	22:15	24:30	29:37	37:04	38:54	42:04	44:49	46:10	49:52
		Porto do Son ADC_		3:14	11:50	2:35	3:26	***1:10***	2:15	5:07	7:27	1:50	3:10	2:45	1:21	3:42
				53:33	55:09	56:20	56:58		*20:01*							
				1:52	1:36	1:11	0:38		**41*							
6	4535	**Francisco Sande R**	**1:00:38**	4:08	9:37	12:50	15:27	17:15	20:28	24:34	34:26	35:50	39:32	44:18	46:08	50:45
		Ferrol MONTAÑA_F		4:08	5:29	3:13	2:37	1:48	3:13	4:06	9:52	1:24	3:42	4:46	1:50	4:37
				55:45	57:27	59:27	1:00:38									
				2:35	1:42	2:00	1:11									
7	4511	**Ramón Sampedro I**	**1:01:22**	4:15	9:34	12:20	15:35	17:20	21:35	26:18	31:03	33:35	38:37	43:23	45:15	49:52
		Santiago de Comp		4:15	5:19	2:46	3:15	1:45	4:15	4:43	4:45	2:32	5:02	4:46	1:52	4:37
				56:16	57:59	1:00:26	1:01:22									
				3:41	1:43	2:27	0:56									
8	4288	**Juan Jose Roibas**	**1:05:14**	3:42	18:41	22:57	25:44	27:36	30:38	35:13	38:31	41:02	43:50	47:59	50:11	55:33
		A Coruña ARTABRC		3:42	14:59	4:16	2:47	1:52	3:02	4:35	3:18	2:31	2:48	4:09	2:12	5:22
				1:00:46	1:02:17	1:04:09	1:05:14									
				2:36	1:31	1:52	1:05									
9	4373	**Juan Carlos Carbal**	**1:07:54**	5:08	19:20	22:15	26:27	29:53	33:25	37:45	42:15	44:10	47:17	51:48	53:28	58:19 1
		Culleredo GALLAE		5:08	14:12	2:55	4:12	3:26	3:32	4:20	4:30	1:55	3:07	4:31	1:40	4:51
				1:03:31	1:05:07	1:06:51	1:07:54									
				2:49	1:36	1:44	1:03									
10	4609	**Jorge Victorero Re**	**1:10:22**	4:15	16:59	19:56	25:07	31:37	35:10	39:51	46:50	49:18	51:42	55:45	57:59	1:01:47 1
		Porto do Son ADC_		4:15	12:44	2:57	5:11	6:30	3:33	4:41	6:59	2:28	***2:24***	4:03	2:14	3:48
				1:06:25	1:07:58	1:09:36	1:10:22									
				2:29	1:33	1:38	0:46									
11	4443	**Rafael Pazos Mise**	**1:16:14**	4:21	12:09	15:36	21:32	24:03	27:25	32:26	36:22	52:01	55:27	59:58	1:01:53	1:06:42 1
		Culleredo GALLAE		4:21	7:48	3:27	5:56	2:31	3:22	5:01	3:56	15:39	3:26	4:31	1:55	4:49
				1:11:58	1:13:49	1:15:23	1:16:14									
				2:24	1:51	1:34	0:51									
12	4271	**Jose Miguel López**	**1:50:37**	12:31	21:46	27:00	33:42	37:18	43:11	51:31	58:22	1:02:24	1:07:17	1:14:42	1:18:40	1:27:17 1
		A Coruña ARTABRC		12:31	9:15	5:14	6:42	3:36	5:53	8:20	6:51	4:02	4:53	7:25	3:58	8:37
				1:37:55	1:40:53	1:48:35	1:50:37									
				5:07	2:58	7:42	2:02									
	4529	**Javier Rodriguez S**	**en tarj.**	3:36	-----	42:54	48:01	49:49	52:12	57:17	1:01:13	1:04:03	1:07:16	1:11:17	1:13:39	1:19:16 1
		O Barco de Valde T		3:36		39:18	5:07	1:48	2:23	5:05	3:56	2:50	3:13	4:01	2:22	5:37
				1:24:13	1:25:33	1:27:25	1:27:59									
				2:17	1:20	1:52	0:34									
	4403	**José Manuel Gonz**	**en tarj.**	-----	27:10	31:53	39:19	42:10	47:30	54:42	1:00:58	1:06:31	1:11:03	1:19:20	1:22:46	1:29:18 1
		Culleredo GALLAE			27:10	4:43	7:26	2:51	5:20	7:12	6:16	5:33	4:32	8:17	3:26	6:32
				1:43:44	1:45:38	1:48:27	1:50:09		*5:08*							
				10:50	1:54	2:49	1:42		**60*							
Feminino 55 (3)						**3,9 km 125 m**		**16 C**								
				1(49)	2(47)	3(38)	4(41)	5(43)	6(53)	7(51)	8(57)	9(60)	10(66)	11(67)	12(64)	13(72)
				15(80)	16(100)	Meta										
1	4503	**Margarita Balboa B**	**1:05:15**	**5:34**	**9:34**	**11:11**	**13:36**	**15:57**	**21:04**	**24:02**	**28:14**	**32:05**	**35:32**	**38:20**	**42:40**	**51:05**
		Santiago de Comp		***5:34***	***4:00***	***1:37***	2:25	***2:21***	***5:07***	2:58	***4:12***	***3:51***	***3:27***	2:48	***4:20***	8:25
				1:01:40	**1:04:20**	**1:05:15**										
				7:38	***2:40***	***0:55***										
	4388	**María Fernández S**	**Desc.**	11:33	17:53	20:30	22:57	27:30	34:03	37:30	42:11	1:06:31	1:10:22	1:15:57	1:21:50	1:30:59 1
		Culleredo GALLAE		11:33	6:20	2:37	2:27	4:33	6:33	3:27	4:41	24:20	3:51	5:35	5:53	9:09
				1:56:32	2:00:43	2:02:11										
				5:29	4:11	1:28										
	4476	**Teresa Silvarrey R**	**Desc.**	15:23	20:14	22:16	24:15	31:27	38:04	40:47	1:06:10	1:12:10	1:15:58	1:18:36	2:07:37	2:12:17 2
		Culleredo GALLAE		15:23	4:51	2:02	***1:59***	7:12	6:37	***2:43***	25:23	6:00	3:48	***2:38***	49:01	***4:40***
				2:20:59	2:24:24	2:25:46										
				4:38	3:25	1:22										
Masculino 45 NC (2)						**4,2 km 170 m**		**18 C**								
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)
				15(74)	16(77)	17(84)	18(100)	Meta								
1	6392	**Francisco Javier G**	**54:05**	7:36	12:31	14:02	18:03	22:10	24:21	28:34	32:52	34:24	**36:51**	**39:33**	**41:05**	**42:17**
		CASTROPOL CASTI		7:36	4:55	1:31	4:01	4:07	***2:11***	***4:13***	***4:18***	***1:32***	***2:27***	***2:42***	1:32	***1:12***
				49:06	50:53	52:44	**53:25**	**54:05**								
				3:50	1:47	***1:51***	***0:41***	***0:40***								

Pos	Dorsal	Nombre	Tiempo														
Masculino 45 NC (2)						***4,2 km 170 m 18 C***			*(cont.)*								
				1(48)	2(57)	3(55)	4(52)	5(39)	6(42)	7(53)	8(59)	9(33)	10(62)	11(66)	12(68)	13(63)	
				15(74)	16(77)	17(84)	18(100)	Meta									
2		**Pablo Cesar Menéı**	**54:20**	**5:46**	**10:27**	**11:45**	**13:45**	**17:14**	**23:10**	**27:27**	**31:48**	**34:21**	**36:51**	39:52	41:16	42:44	
		CANGAS DE ONÍS I		***5:46***	***4:41***	***1:18***	***2:00***	***3:29***	5:56	4:17	4:21	2:33	2:30	3:01	***1:24***	1:28	
				49:08	**50:40**	**52:42**	53:35	54:20									
				3:28	***1:32***	2:02	0:53	0:45									
Masculino 50 NC (1)						**4,1 km 175 m 18 C**											
				1(66)	2(67)	3(55)	4(53)	5(40)	6(43)	7(47)	8(49)	9(33)	10(62)	11(68)	12(72)	13(71)	
				15(77)	16(84)	17(81)	18(100)	Meta									
1	**6391**	**Pedro Conde Berm**	**1:24:01**	**6:33**	**23:59**	**25:42**	**27:18**	**32:00**	**35:25**	**40:21**	**50:03**	**52:32**	**54:43**	**57:02**	**59:26**	**1:06:44**	**1**
		CASTROPOL CASTI		***6:33***	***17:26***	***1:43***	***1:36***	***4:42***	***3:25***	***4:56***	***9:42***	***2:29***	***2:11***	***2:19***	***2:24***	***7:18***	
				1:12:03	**1:14:21**	**1:15:43**	**1:23:11**	**1:24:01**									
				2:05	***2:18***	***1:22***	***7:28***	***0:50***									
Femenino 60 (4)						**3,2 km 95 m 15 C**											
				1(34)	2(36)	3(47)	4(40)	5(42)	6(45)	7(54)	8(58)	9(50)	10(61)	11(64)	12(70)	13(79)	
				15(100)	Meta												
1	**4211**	**Yolanda Díaz Rodrí**	**1:14:10**	7:40	11:16	14:30	19:15	22:14	25:16	30:48	**36:25**	**41:56**	**48:06**	**50:54**	**55:09**	**58:01**	**1**
		Pontevedra AROM		7:40	3:36	3:14	4:45	2:59	3:02	5:32	***5:37***	5:31	6:10	2:48	4:15	***2:52***	
				1:12:40	**1:14:10**												
				1:40	1:30												
2	**4785**	**Mª José Naya Lópe**	**1:24:52**	9:11	10:56	13:46	18:21	21:59	27:13	32:07	49:17	54:12	58:37	1:01:29	1:04:29	1:11:47	1
		A Coruña LICEO		9:11	***1:45***	2:50	4:35	3:38	5:14	4:54	17:10	4:55	***4:25***	2:52	***3:00***	7:18	
				1:23:46	1:24:52												
				2:41	***1:06***												
	4405	**Adriana Luisa Gon**	**en tarj.**	**6:51**	**8:52**	**11:40**	**15:52**	**18:17**	**21:08**	**25:14**	55:13	58:07	1:03:06	1:05:44	-----	-----	
		Culleredo GALLAE		***6:51***	2:01	***2:48***	***4:12***	***2:25***	***2:51***	***4:06***	29:59	***2:54***	4:59	***2:38***			
				-----	1:37:01												
					31:17												
	4282	**Mª Elena Ponte Pe**	**en tarj.**	19:20	25:07	42:52	51:25	55:12	1:08:51	1:17:30	1:23:38	1:31:18	1:37:32	1:46:26	-----	-----	
		A Coruña ARTABRC		19:20	5:47	17:45	8:33	3:47	13:39	8:39	6:08	7:40	6:14	8:54			
				2:06:21	2:08:22												
				19:55	2:01												
Masculino 60 (4)						**4,0 km 120 m 17 C**											
				1(61)	2(52)	3(45)	4(40)	5(42)	6(37)	7(54)	8(58)	9(50)	10(32)	11(63)	12(79)	13(74)	
				15(84)	16(81)	17(100)	Meta										
1	**4650**	**José Manuel Sanc**	**55:41**	**3:11**	13:21	**15:50**	**19:46**	**21:18**	**23:50**	**27:28**	**30:52**	**36:45**	**38:44**	**42:34**	**44:12**	**47:49**	
		A Coruña COCO		***3:11***	10:10	***2:29***	3:56	***1:32***	***2:32***	***3:38***	***3:24***	5:53	***1:59***	***3:50***	***1:38***	***3:37***	
				52:23	**53:39**	**55:04**	**55:41**										
				2:18	***1:16***	***1:25***	***0:37***										
2	**4771**	**José Ramón Bugal**	**1:16:39**	4:57	12:44	16:39	19:47	21:51	25:48	31:48	35:45	46:35	49:42	58:33	1:01:13	1:05:33	1
		A Coruña LICEO		4:57	7:47	3:55	***3:08***	2:04	3:57	6:00	3:57	10:50	3:07	8:51	2:40	4:20	
				1:11:53	1:13:27	1:15:43	1:16:39										
				3:28	1:34	2:16	0:56										
3	**4533**	**Antonio Garcia Cou**	**1:19:25**	5:45	**12:36**	19:47	24:01	26:46	30:25	37:34	44:52	48:33	52:05	1:01:02	1:03:32	1:08:02	1
		Ferrol MONTAÑA_F		5:45	***6:51***	7:11	4:14	2:45	3:39	7:09	7:18	***3:41***	3:32	8:57	2:30	4:30	
				1:14:04	1:15:44	1:18:11	1:19:25										
				3:10	1:40	2:27	1:14										
	4247	**Carlos Mario Rome**	**en tarj.**	0.00	0.00	0.00	0.00	0.00	0.00	0.00	-----	-----	-----	0.00	0.00	-----	
		Pontevedra AROM															
				0.00	-----	0.00	0.00		*6:26*	*6:29*	*9:57*	*13:16*	*0.00*	*0.00*	*0.00*	*0.00*	
									**32*	**32*	**39*	**51*	**38*	**32*	**34*	**33*	
				0.00	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	*0.00*	
				**32*	**52*	**37*	**35*	**40*	**41*	**52*	**52*	**31*	**36*	**54*	**50*	**52*	