

Pos	Iorsal	Nombre	Tiempo														
Trail Longo (54)				20,0 km							22 C						
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(58)	9(56)	10(38)	11(39)	12(40)	13(41)	14(42)
				15(43)	16(44)	17(45)	18(46)	19(47)	20(48)	21(49)	22(50)	Meta					
1	9	Angel Garcia Garcia Club Brigantia Aven	1:52:40	5:32 5:32	10:51 5:19	19:48 8:57	23:20 3:32	30:07 6:47	32:55 2:48	35:43 2:48	38:09 2:26	40:33 2:24	47:09 6:36	54:36 7:27	1:00:31 5:55	1:05:52 5:21	1:11:28 5:36
2	14	Borja Varela Paz COCO	1:55:42	6:07 5:29	12:12 5:23	19:50 8:58	23:21 3:31	30:04 6:21	32:59 3:17	35:45 2:46	38:11 2:26	40:33 2:22	47:11 6:38	54:38 7:27	1:00:31 5:53	1:05:57 5:26	1:11:37 5:40
3	20	Eladio Arias Alvarez Adc Montebreamo	2:02:19	6:13 1:18:39	12:24 1:22:41	19:58 1:30:39	23:42 1:35:32	30:04 1:41:01	34:14 1:44:08	38:25 1:53:13	41:41 1:58:30	43:47 2:02:19	48:26 4:39	53:58 5:32	1:00:26 6:28	1:05:52 5:26	1:12:00 6:08
4	5	Alberto Taboada Pin	2:08:48	6:39 5:33	12:33 5:38	19:58 10:52	23:42 3:44	30:04 6:07	34:14 14:17	38:25 3:51	41:41 2:05:29	43:47 2:08:48	48:26 3:55	53:58 5:24	1:00:26 7:12	1:05:52 5:21	1:12:00 5:48
5	3	Alberto Candal Viqu	2:09:02	6:07 6:20	12:33 6:15	19:58 7:39	23:42 3:47	30:04 7:01	34:14 4:16	38:25 3:43	41:41 2:37	43:47 2:07	48:17 4:32	54:04 5:47	1:00:33 6:29	1:06:45 6:12	1:13:20 6:35
6	51	Ruben Tenreiro Dia Adc Monte breamo	2:09:04	6:38 6:59	12:26 4:25	20:07 7:51	23:58 5:11	31:05 5:57	35:15 3:30	38:56 8:42	41:35 9:00	43:41 4:07	48:14 4:33	54:02 5:48	1:00:32 6:30	1:06:40 6:08	1:13:18 6:38
7	53	Yago Breijo Martiñe CDM Xesteiras	2:18:53	6:15 6:15	12:51 6:36	23:13 10:22	27:18 4:05	34:55 7:37	38:36 3:41	42:05 3:29	47:17 5:12	49:53 2:36	55:11 5:18	1:03:25 8:14	1:11:04 7:39	1:17:07 6:03	1:23:20 6:13
8	44	Pablo Sio Otero Budiñoraid	2:21:29	7:04 7:04	13:35 6:31	22:34 8:59	26:42 4:08	34:52 8:10	38:45 3:53	42:26 3:41	45:47 3:21	48:14 2:27	53:29 5:15	1:00:23 6:54	1:08:43 8:20	1:16:05 7:22	1:23:30 7:25
9	38	Manuel Arias Rodil Club Orientación Cc	2:23:07	8:08 6:27	13:36 5:50	21:58 8:41	26:18 3:59	35:09 6:57	41:11 5:19	45:25 4:41	48:29 10:46	51:12 2:39	56:20 4:31	1:07:44 6:25	1:15:45 7:43	1:22:26 7:06	1:30:22 7:00
10	4	Alberto Pérez Seijas Gallaecia Raid	2:26:18	8:05 6:47	14:30 6:18	26:09 10:56	30:35 4:41	38:22 8:50	43:50 5:29	47:32 4:07	51:02 3:23	54:18 2:37	59:52 6:44	1:08:33 8:41	1:16:46 8:13	1:23:47 7:01	1:31:09 7:22
10	50	Roberto Carro Garc	2:26:18	8:16 6:33	14:36 6:14	23:56 11:09	28:20 4:24	36:53 8:33	41:56 5:03	45:40 3:44	48:33 2:53	51:21 2:48	56:17 4:56	1:07:35 11:18	1:15:25 7:50	1:22:34 7:09	1:30:19 7:45
12	23	Francisco Abeal Nav Adc Monte breamo	2:26:21	7:07 7:07	13:21 6:14	21:58 8:37	26:18 4:20	35:09 8:51	41:11 6:02	45:25 4:14	48:29 3:04	51:12 2:43	56:20 5:08	1:07:44 11:24	1:15:45 8:01	1:22:26 6:41	1:30:22 7:56
13	43	Nacho Becerra Carr GallaeciaRaid	2:33:21	7:44 7:44	14:14 6:30	25:53 11:39	30:01 4:08	37:18 7:17	41:52 4:34	45:46 3:54	50:23 4:37	52:54 2:31	57:59 5:05	1:05:36 7:37	1:13:57 8:21	1:21:12 7:15	1:29:24 8:12
14	13	Arturo Norberto For Gallaecia Raid	2:34:51	6:39:50 6:39:50	14:30 11:39	26:09 11:39	30:35 4:26	38:22 7:47	43:50 5:28	47:32 3:42	51:02 3:30	54:18 3:16	59:56 5:38	1:10:15 10:19	1:18:36 8:21	1:26:33 7:57	1:35:08 8:35
15	12	Antonio J. López Pe Gallaecia Raid	2:38:18	6:52 1:47:54	12:53 1:52:47	23:26 2:00:49	27:22 2:07:26	37:20 2:13:53	46:17 2:17:32	50:14 2:27:58	53:25 2:34:14	56:44 2:38:18	1:01:53 2:34:16	1:15:38 2:34:16	1:23:19 2:34:16	1:32:03 2:34:16	1:39:22 2:34:16
16	54	YOLANDA GUTIÉRRE	2:42:29	8:32 7:19	14:53 14:15	28:07 13:52	32:53 4:46	41:43 8:50	49:10 7:27	54:18 5:08	1:01:33 7:15	1:05:32 3:59	1:10:50 5:18	1:20:52 10:02	1:30:24 9:32	1:38:33 8:09	1:47:14 8:41
17	42	Miguel Camblor Qui Gallaecia Raid	2:42:32	9:23 7:20	14:47 6:57	28:10 13:53	32:51 4:41	42:01 9:10	49:11 7:10	54:16 5:05	1:01:33 7:17	1:05:30 3:57	1:10:52 5:22	1:20:53 10:01	1:30:22 9:29	1:38:30 8:08	1:47:10 8:40
18	19	Diego Indalecio Fer Club Fluvial Lugo	2:43:35	8:10 8:10	17:04 8:54	27:49 10:45	32:46 4:57	40:43 7:57	48:33 7:50	53:07 4:34	1:02:40 9:33	1:05:19 2:39	1:10:58 5:39	1:21:10 10:12	1:30:00 8:50	1:37:00 7:00	1:44:25 7:25
19	33	José Manuel García traileros toxos&birri	2:43:37	8:53 8:08	17:06 8:58	27:50 10:44	32:47 4:57	40:43 7:56	48:35 7:52	53:09 4:34	1:02:44 9:35	1:05:21 2:37	1:10:59 5:38	1:21:05 10:06	1:29:58 8:53	1:37:04 7:06	1:44:28 7:24
20	17	David Castro Campe	2:45:42	7:30 1:45:45	14:11 1:50:58	22:16 2:01:21	25:57 2:08:08	36:57 2:16:53	42:48 2:22:20	47:25 2:34:28	52:43 2:40:59	55:26 2:45:42	1:05:48 10:22	1:13:34 7:46	1:21:26 7:52	1:29:39 8:13	1:37:04 7:25
21	8	Ana Varela Yañez Club Brigantia Aven	2:52:19	8:01 1:50:48	15:23 1:56:08	25:29 2:05:22	30:10 2:16:13	39:28 2:21:35	44:11 2:26:20	48:38 2:36:41	51:48 2:47:48	55:42 2:52:19	1:01:30 5:48	1:15:33 14:03	1:24:38 9:05	1:32:58 8:20	1:41:09 8:11

Pos	Iorsal	Nombre	Tiempo															
Trail Longo (54)					20,0 km		22 C		(cont.)									
			1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(58)	9(56)	10(38)	11(39)	12(40)	13(41)	14(42)		
			15(43)	16(44)	17(45)	18(46)	19(47)	20(48)	21(49)	22(50)	Meta							
22	28	Jorge Maciel Andres Gallaecia Raid	2:53:21	7:18 7:18	13:16 5:58	24:11 10:55	27:44 3:33	36:48 9:04	41:45 4:57	45:16 3:31	1:04:07 18:51	1:07:25 3:18	1:12:03 4:38	1:26:45 14:42	1:36:33 9:48	1:43:29 6:56	1:50:12 6:43	
23	25	Francisco Javier Ga	2:54:03	1:57:34 7:22	2:02:06 4:32	2:10:53 8:47	2:16:39 5:46	2:22:17 5:38	2:26:38 4:21	2:35:44 9:06	2:48:47 13:03	2:53:21 4:34						
24	10	Antonio Cadaveira F	2:59:20	6:56 8:05	12:57 5:40	23:49 8:11	28:01 5:31	39:44 6:03	44:14 3:56	48:16 13:23	1:06:14 9:06	1:13:35 4:34	1:18:45 5:10	1:26:41 7:56	1:35:01 8:20	1:42:44 7:43	1:50:08 7:24	
25	35	Juan Sebastián Rey O Xalo Oscuro	2:59:21	8:30 8:30	16:07 7:37	26:20 10:13	31:23 5:03	40:05 8:42	46:08 6:03	51:26 5:18	55:53 4:27	1:01:07 5:14	1:07:28 6:21	1:17:57 10:29	1:27:53 9:56	1:36:55 9:02	1:45:50 8:55	
25	24	Francisco Lopez Ro Raid gallaecia	2:59:21	8:40 8:46	16:22 7:31	26:32 10:10	31:36 4:59	40:17 8:41	46:15 5:58	51:32 5:17	56:04 4:32	1:01:18 5:14	1:07:45 6:27	1:17:55 10:10	1:28:02 10:07	1:37:11 9:09	1:46:08 8:57	
27	52	Susana Miguez Sam ADC arnela	3:07:29	10:07 10:07	17:59 7:52	28:26 10:27	33:35 5:09	42:42 9:07	53:58 11:16	58:32 4:34	1:03:14 4:42	1:07:19 4:05	1:13:55 6:36	1:25:04 11:09	1:34:54 9:50	1:44:40 9:46	1:54:27 9:47	
28	27	Joaquín Oujo Ageitc ADC arnela	3:07:31	10:10 10:10	17:53 7:43	28:24 10:31	33:33 5:09	42:39 9:06	53:51 11:12	58:31 4:40	1:03:13 4:42	1:06:51 3:38	1:13:51 7:00	1:25:00 11:09	1:34:51 9:51	1:44:19 9:28	1:54:22 10:03	
29	11	Antonio Vázquez De Budiñoraid	3:17:17	7:15 7:15	14:22 7:07	28:04 13:42	32:55 4:51	42:03 9:08	58:43 16:40	1:02:27 3:44	1:06:10 3:43	1:11:01 4:51	1:17:11 6:10	1:42:19 25:08	1:51:21 9:02	1:59:28 8:07	2:07:31 8:03	
30	45	Pablo Teijeiro Lope: O PASATEMPO	3:18:15	7:53 7:53	14:19 6:26	25:51 11:32	30:22 4:31	38:16 7:54	51:22 13:06	58:58 7:36	1:03:11 4:13	1:06:32 3:21	1:11:57 5:25	1:20:43 8:46	1:33:54 13:11	1:45:55 12:01	1:54:25 8:30	
31	49	Ricardo Monje Garc Budiñoraid	3:22:17	8:12 8:12	17:01 8:49	28:21 11:20	33:48 5:27	44:54 11:06	52:28 7:34	58:17 5:49	1:02:56 4:39	1:05:50 2:54	1:12:30 6:40	1:26:08 13:38	1:39:33 13:25	1:50:18 10:45	2:03:02 12:44	
32	1	Alba Oya Costa Budiñoraid	3:22:18	8:16 8:16	17:03 8:47	28:20 11:17	33:47 5:27	44:52 11:05	52:32 7:40	58:15 5:43	1:03:00 4:45	1:05:55 2:55	1:12:33 6:38	1:26:07 13:34	1:39:35 13:28	1:50:53 11:18	2:03:07 12:14	
33	40	Marcelino Villarino	3:24:13	8:49 8:49	16:44 7:55	29:06 12:22	33:31 4:25	42:17 8:46	1:04:33 22:16	1:09:56 5:23	1:19:42 9:46	1:22:56 3:14	1:28:43 5:47	1:42:33 13:50	1:51:27 8:54	1:59:33 8:06	2:07:46 8:13	
34	16	CARMEN CASAL LLC	3:27:40	9:21 9:21	17:37 8:16	29:29 11:52	35:24 5:55	46:20 10:56	57:18 10:58	1:03:14 5:56	1:14:54 11:40	1:19:01 4:07	1:26:08 7:07	1:40:15 14:07	1:51:59 11:44	2:01:37 9:38	2:12:23 10:46	
35	34	JUAN CARLOS RECA	3:27:41	9:18 9:18	17:45 8:27	29:21 11:36	35:32 6:11	46:35 11:03	57:16 10:41	1:03:09 5:53	1:14:49 11:40	1:18:58 4:09	1:26:01 7:03	1:40:10 14:09	1:51:52 11:42	2:01:33 9:41	2:12:27 10:54	
36	29	Jose Suarez Nuñez NoSporLimit	3:44:17	10:28 10:28	18:45 8:17	29:51 11:06	39:10 9:19	49:57 10:47	58:37 8:40	1:03:34 4:57	1:18:12 14:38	1:22:26 4:14	1:29:27 7:01	1:46:33 17:06	1:57:12 10:39	2:07:36 10:24	2:20:59 13:23	
37	26	Javier Touris Forno	3:44:18	10:38 10:38	18:52 8:14	29:58 11:06	39:28 9:30	49:53 10:25	58:33 8:40	1:03:38 5:05	1:18:04 14:26	1:22:25 4:21	1:29:39 7:14	1:46:30 16:51	1:57:16 10:46	2:07:02 9:46	2:20:55 13:53	
41		Marcos Varela Yáñez Club Brigantia Aven	en tarj.	6:24 6:24	12:48 6:24	23:46 10:58	27:46 4:00	35:05 7:19	----- 7:17	42:22 3:18	45:40 2:38	48:18 2:38	52:57 4:39	1:02:47 9:50	1:10:37 7:50	1:17:38 7:01	1:25:04 7:26	
21		Enrique Gomez Gon Budiñoraid	en tarj.	6:21 6:21	12:20 5:59	20:14 7:54	23:46 3:32	31:05 7:19	35:23 4:18	39:02 3:39	41:42 2:40	43:45 2:03	48:29 4:44	54:08 5:39	1:00:38 6:30	1:06:42 6:04	1:13:23 6:41	
46		Paula María Cobelo	en tarj.	8:43 8:43	16:24 7:41	26:36 10:12	31:40 5:04	40:41 9:01	----- 10:54	51:35 10:54	56:05 4:30	1:01:28 5:23	1:07:33 6:05	1:18:13 10:40	1:28:05 9:52	1:37:34 9:29	1:46:14 8:40	
2		Alberto Bolibar	en tarj.	----- -----	19:23 19:23	30:46 11:23	36:07 5:21	46:14 10:07	56:22 10:08	1:02:00 5:38	1:06:39 4:39	1:11:23 4:44	1:17:45 6:22	1:38:58 21:13	----- 6:53	----- 1:43:50	----- *52	
47		Rafael Agrafojo Pere OS RAPOSOS	Desc.	18:50 18:50	27:03 8:13	39:33 12:30	45:09 5:36	1:11:20 26:11	1:15:33 4:13	1:20:10 4:37	1:35:42 15:32	1:39:27 3:45	1:48:11 8:44	2:02:24 14:13	2:16:06 13:42	2:25:14 9:08	2:33:52 8:38	

Pos	orsal	Nombre	Tempo														
				20,0 km			22 C			(cont.)							
				1(31) 15(43)	2(32) 16(44)	3(33) 17(45)	4(34) 18(46)	5(35) 19(47)	6(36) 20(48)	7(37) 21(49)	8(58) 22(50)	9(56) Meta	10(38)	11(39)	12(40)	13(41)	14(42)
Trail Longo (54)																	
31		Jose Carlos Freire S	Desc.	13:38 13:38 2:45:38 11:52	29:28 15:50 2:51:57 6:19	44:57 15:29 3:08:35 16:38	51:05 6:08 3:26:49 18:14	1:00:27 9:22 3:34:55 8:06	1:10:09 9:42 3:39:03 4:08	1:16:37 6:28 3:52:35 13:32	1:22:24 5:47 4:02:29 9:54	1:26:28 4:04	1:33:42 7:14	1:52:16 18:34 3:58:58 *61	2:03:27 11:11	2:24:13 20:46	2:33:46 9:33
6		Alejandro Fernandez Traileros toxos e bir	Desc.	13:48 13:48 2:45:05 11:26	28:57 15:09 2:52:03 6:58	44:28 15:31 3:08:26 16:23	50:52 6:24 3:26:16 17:50	1:00:27 9:35 3:34:43 8:27	1:10:18 9:51 3:39:07 4:24	1:16:56 6:38 3:52:30 13:23	1:22:23 5:27 4:02:19 9:49	1:26:15 3:52	1:33:59 7:44	1:52:09 18:10	2:03:35 11:26	2:23:57 20:22	2:33:39 9:42
36		Julian Martínez Cori Budiñoraid	Desc.	7:44 7:44 2:21:50 9:07	15:07 7:23 2:43:40 21:50	25:46 10:39 2:54:32 10:52	30:58 5:12 3:02:27 7:55	40:32 9:34 3:14:00 11:33	1:11:02 30:30 3:19:27 5:27	1:16:58 5:56 3:39:14 19:47	1:22:16 5:18 4:07:46 28:32	1:25:10 2:54	1:31:19 6:09	1:42:14 10:55	1:51:51 9:37	2:03:51 12:00	2:12:43 8:52
15		Cándido Calviño Mo Traileros Toxos e Bi	Desc.	13:49 13:49 2:45:34 11:53	29:10 15:21 2:52:09 6:35	45:06 15:56 3:08:32 16:23	51:10 6:04 3:26:56 18:24	1:00:34 9:24 3:34:59 8:03	1:10:13 9:39 3:39:34 4:35	1:17:04 6:51 3:52:55 13:21	1:22:32 5:28 4:02:30 9:35	1:26:30 3:58	1:34:22 7:52	1:52:00 17:38	2:03:38 11:38	2:24:10 20:32	2:33:41 9:31
18		David Fernández Ló	andona	10:44 10:44 ----- -----	18:58 8:14 ----- -----	30:21 11:23 ----- -----	39:25 9:04 ----- -----	49:58 10:33 ----- -----	58:37 8:39 ----- -----	1:03:31 4:54 ----- -----	1:18:02 14:31 ----- -----	1:23:09 5:07 2:25:52 56:09	1:29:43 6:34 ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----
39		Manuel Pedre Vázqu Gallaecia Raid	andona	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----
30		Jose Voces Vega	No sale														
37		Luis Montero Alvare Aviva Sport Club	No sale														
7		Afonso Navia Alvare Liceo	No sale														
22		Felipe Corral Rey	No sale														
48		Rebeca Vázquez Do Aviva Sport Club	No sale														
32		Jose Manuel Breijo Portal Norte	No sale														
Trail Curto (83)																	
				1(54) 15(49)	2(32) 16(50)	3(33) Meta	4(34)	5(35)	6(36)	7(37)	8(58)	9(56)	10(38)	11(51)	12(39)	13(52)	14(53)
1	140	Jose Angel Morlán R SEO	1:29:13	4:50 4:50 1:20:27 4:09	13:12 8:22 1:25:15 4:48	23:23 10:11 1:29:13 3:58	27:37 4:14	35:01 7:24	38:34 3:33	42:00 3:26	48:58 6:58	51:28 2:30	56:24 4:56	1:01:05 4:41	1:06:30 5:25	1:08:57 2:27	1:16:18 7:21
2	106	Anxo Somoza Seoan Gallaecia Raid	1:30:48	4:17 4:17 1:22:50 3:29	14:10 9:53 1:27:35 4:45	23:44 9:34 1:30:48 3:13	28:11 4:27	37:23 9:12	41:49 4:26	46:08 4:19	50:19 4:11	52:49 2:30	59:39 6:50	1:03:08 3:29	1:08:46 5:38	1:11:20 2:34	1:19:21 8:01
3	150	Luis Javier Ramos / Gallaecia	1:30:49	5:37 5:37 1:23:02 3:29	14:25 8:48 1:27:44 4:42	22:56 8:31 1:30:49 3:05	27:42 4:46	36:42 9:00	41:52 5:10	45:43 3:51	48:26 2:43	51:06 2:40	56:46 5:40	1:04:50 8:04	1:10:05 5:15	1:12:33 2:28	1:19:33 7:00
4	142	José Luís García Do Gallaecia Raid	1:31:25	4:21 4:21 1:22:53 3:29	13:47 9:26 1:27:42 4:49	22:14 8:27 1:31:25 3:43	26:35 4:21	34:58 8:23	38:58 4:00	42:29 3:31	45:50 3:21	48:20 2:30	53:40 5:20	----- -----	1:07:31 13:51	1:11:09 3:38	1:19:24 8:15
5	158	Martín Casado Núñe O PASATEMPO	1:32:02	4:18 4:18 1:22:57 3:31	14:08 9:50 1:27:46 4:49	23:42 9:34 1:32:02 4:16	28:15 4:33	37:25 9:10	41:48 4:23	46:11 4:23	50:27 4:16	52:52 2:25	59:41 6:49	1:03:17 3:36	1:08:50 5:33	1:11:23 2:33	1:19:26 8:03
6	109	Belén Otero Gallaecia Raid	1:37:46	4:13 4:13 1:28:00 3:57	13:44 9:31 1:33:33 5:33	22:27 8:43 1:37:46 4:13	26:32 4:05	35:03 8:31	41:11 6:08	45:23 4:12	48:31 3:08	51:09 2:38	56:56 5:47	1:01:22 4:26	1:10:22 9:00	1:15:44 5:22	1:24:03 8:19
7	172	Roberto Cacheiro C O PASATEMPO	1:38:18	5:03 5:03 1:29:15 3:26	15:01 9:58 1:34:41 5:26	26:24 11:23 1:38:18 3:37	30:30 4:06	38:29 7:59	42:52 4:23	47:06 4:14	50:15 3:09	52:57 2:42	1:01:07 8:10	1:09:20 8:13	1:14:35 5:15	1:17:21 2:46	1:25:49 8:28
8	178	Sonia Gómez Naya Compas	1:42:51	5:22 5:22 1:32:03 4:30	16:03 10:41 1:38:06 6:03	26:14 10:11 1:42:51 4:45	31:09 4:55	39:27 8:18	44:08 4:41	48:34 4:26	52:35 4:01	55:38 3:03	1:01:12 5:34	1:09:27 8:15	1:15:14 5:47	1:18:14 3:00	1:27:33 9:19
9	107	Arturo Antón Casadc Gallaecia Raid	1:42:52	5:04 5:04 1:32:00 4:32	16:03 10:59 1:38:03 6:03	26:16 10:13 1:42:52 4:49	31:02 4:46	39:24 8:22	44:17 4:53	48:39 4:22	52:33 3:54	55:35 3:02	1:01:06 5:31	1:09:25 8:19	1:15:17 5:52	1:18:18 3:01	1:27:28 9:10
10	124	Evaristo González F	1:42:53	5:27 5:27 1:32:05 4:31	16:06 10:39 1:38:06 6:01	26:18 10:12 1:42:53 4:47	31:10 4:52	39:29 8:19	44:19 4:50	48:43 4:24	52:30 3:47	55:40 3:10	1:01:14 5:34	1:09:34 8:20	1:15:19 5:45	1:18:16 2:57	1:27:34 9:18
11	146	Juan Carlos Cagide Gallaecia Raid	1:46:28	4:53 4:53 1:34:42 4:22	14:47 9:54 1:41:29 6:47	26:50 12:03 1:46:28 4:59	31:47 4:57	41:22 9:35	46:19 4:57	50:32 4:13	53:21 2:49	56:39 3:18	1:03:39 7:00	1:10:44 7:05	1:16:21 5:37	1:20:39 4:18	1:30:20 9:41

Pos	lorsal	Nombre	Tiempo														
Trail Curto (83)				14,0 km			16 C			<i>(cont.)</i>							
				1(54) 15(49)	2(32) 16(50)	3(33) Meta	4(34)	5(35)	6(36)	7(37)	8(58)	9(56)	10(38)	11(51)	12(39)	13(52)	14(53)
12	122	Eduardo Pinedo Arn	1:48:09	5:01 5:01 1:29:41 3:50	13:18 8:17 1:43:15 13:34	21:46 8:28 1:48:09 4:54	25:36 3:50	31:51 6:15	36:43 4:52	40:16 3:33	44:37 4:21	47:38 3:01	52:45 5:07	1:06:43 13:58	1:12:52 6:09	1:17:31 4:39	1:25:51 8:20
13	135	Jacob Canedo Mona SM Artabros	1:51:50	4:49 4:49 1:40:27 4:06	13:45 8:56 1:47:22 6:55	25:43 11:58 1:51:50 4:28	30:01 4:18	37:57 7:56	42:25 4:28	47:16 4:51	50:23 3:07	53:39 3:16	1:00:58 7:19	1:15:40 14:42	1:22:42 7:02	1:27:04 4:22	1:36:21 9:17
14	179	Tania Lopez Eyo CDM Xesteiras	1:57:02	6:22 6:22 1:45:23 4:06	16:27 10:05 1:52:28 7:05	26:05 9:38 1:57:02 4:34	30:38 4:33	38:55 8:17	47:10 8:15	51:16 4:06	54:45 3:29	58:15 3:30	1:04:17 6:02	1:22:31 18:14	1:28:51 6:20	1:32:07 3:16	1:41:17 9:10
15	160	Moises Ratoeira Bas	2:05:51	7:09 7:09 1:53:52 4:49	17:32 10:23 2:01:12 7:20	29:01 11:29 2:05:51 4:39	33:59 4:58	45:56 11:57	54:54 8:58	59:29 4:35	1:03:03 3:34	1:05:58 2:55	1:12:00 6:02	1:23:37 11:37	1:29:27 5:50	1:37:47 8:20	1:49:03 11:16
16	117	David Cainzos Cagi	2:06:05	7:17 7:17 1:53:56 4:41	18:02 10:45 2:01:16 7:20	29:01 10:59 2:06:05 4:49	33:52 4:51	46:00 12:08	54:30 8:30	59:01 4:31	1:03:17 4:16	1:06:01 2:44	1:12:14 6:13	1:21:55 9:41	1:29:38 7:43	1:37:43 8:05	1:49:15 11:32
17	111	Carla Somoza Seoar Gallaecia Raid	2:06:46	5:22 5:22 1:56:08 4:20	19:13 13:51 2:02:37 6:29	30:56 11:43 2:06:46 4:09	37:19 6:23	49:44 12:25	58:26 8:42	1:03:15 4:49	1:08:14 4:59	1:11:36 3:22	1:19:46 8:10	1:30:56 11:10	1:38:26 7:30	1:41:44 3:18	1:51:48 10:04
18	177	Silvia Seoane Rodrí Gallaecia Raid	2:06:49	5:25 5:25 1:56:23 4:29	19:15 13:50 2:02:39 6:16	31:11 11:56 2:06:49 4:10	37:28 6:17	49:48 12:20 <i>0.00</i> <i>*56</i>	58:25 8:37 <i>0.00</i> <i>*56</i>	1:03:20 4:55 <i>0.00</i> <i>*56</i>	1:08:08 4:48	1:11:42 3:34	1:19:47 8:05	1:30:48 11:01	1:38:16 7:28	1:41:53 3:37	1:51:54 10:01
18	114	DANIELA ALBARRAN Gallaecia Raid	2:06:49	5:23 5:23 1:56:20 4:28	19:17 13:54 2:02:40 6:20	31:08 11:51 2:06:49 4:09	37:26 6:18	49:51 12:25	58:27 8:36	1:03:14 4:47	1:08:11 4:57	1:11:48 3:37	1:19:49 8:01	1:31:08 11:19	1:38:29 7:21	1:41:50 3:21	1:51:52 10:02
20	115	Daniel Fernández N Toxos & Birras	2:06:51	6:07 6:07 1:55:03 3:45	19:41 13:34 2:02:00 6:57	31:50 12:09 2:06:51 4:51	36:54 5:04	46:30 9:36 <i>1:22:25</i> <i>*62</i>	55:32 9:02	1:01:58 6:26	1:06:37 4:39	1:10:06 3:29	1:16:22 6:16	1:27:42 11:20	1:37:35 9:53	1:41:57 4:22	1:51:18 9:21
21	171	Roberto Álvarez Mui	2:07:05	5:11 5:11 1:53:04 5:19	16:14 11:03 2:01:25 8:21	26:59 10:45 2:07:05 5:40	31:57 4:58	40:38 8:41	46:02 5:24	50:23 4:21	56:45 6:22	1:01:36 4:51	1:07:40 6:04	1:25:01 17:21	1:32:12 7:11	1:36:20 4:08	1:47:45 11:25
22	143	Jose Manuel Noguei Fluvial Iugo	2:07:36	6:07 6:07 1:56:16 4:26	18:37 12:30 2:02:40 6:24	32:00 13:23 2:07:36 4:56	39:33 7:33	50:50 11:17	58:22 7:32	1:03:15 4:53	1:06:49 3:34	1:10:08 3:19	1:17:04 6:56	1:27:21 10:17	1:35:36 8:15	1:39:39 4:03	1:51:50 12:11
22	176	Sara Nogueiras Porti Fluvial Iugo	2:07:36	6:16 6:16 1:56:28 4:33	18:43 12:27 2:02:41 6:13	32:12 13:29 2:07:36 4:55	39:37 7:25	50:57 11:20	58:23 7:26	1:03:10 4:47	1:06:54 3:44	1:10:13 3:19	1:17:18 7:05	1:27:38 10:20	1:35:42 8:04	1:39:43 4:01	1:51:55 12:12
24	145	Jose Suárez Bravo	2:13:15	7:15 7:15 2:00:43 4:27	19:31 12:16 2:08:03 7:20	30:37 11:06 2:13:15 5:12	35:41 5:04	47:13 11:32	56:12 8:59	1:01:38 5:26	1:06:58 5:20	1:10:27 3:29	1:16:55 6:28	1:34:34 17:39	1:43:14 8:40	1:47:39 4:25	1:56:16 8:37
24	130	Iago González Ferm	2:13:15	7:12 7:12 2:00:39 4:30	19:33 12:21 2:07:57 7:18	30:33 11:00 2:13:15 5:18	35:38 5:05	47:06 11:28	56:15 9:09	1:01:41 5:26	1:06:53 5:12	1:10:25 3:32	1:16:48 6:23	1:34:37 17:49	1:43:17 8:40	1:47:34 4:17	1:56:09 8:35
26	161	Nicolás Figueroa Ca	2:17:42	6:11 6:11 2:03:00 5:36	19:53 13:42 2:11:44 8:44	32:56 13:03 2:17:42 5:58	38:44 5:48	50:29 11:45	1:01:20 10:51	1:07:31 6:11	1:12:56 5:25	1:16:09 3:13	1:24:39 8:30	1:32:40 8:01	1:42:38 9:58	1:47:27 4:49	1:57:24 9:57
27	173	Roberto Figueroa S	2:17:43	6:14 6:14 2:03:16 5:54	19:56 13:42 2:11:52 8:36	33:04 13:08 2:17:43 5:51	38:47 5:43	50:33 11:46	1:01:18 10:45	1:07:33 6:15	1:12:59 5:26	1:16:30 3:31	1:24:37 8:07	1:32:45 8:08	1:42:42 9:57	1:47:32 4:50	1:57:22 9:50
28	102	Alberto José Hermid Adc Montebreamo	2:18:27	6:45 6:45 2:07:25 5:08	19:21 12:36 2:13:51 6:26	30:16 10:55 2:18:27 4:36	35:52 5:36	45:37 9:45	54:32 8:55	1:02:54 8:22	1:06:08 3:14	1:13:56 7:48	1:20:46 6:50	1:39:39 18:53	1:47:42 8:03	1:51:17 3:35	2:02:17 11:00
29	157	Marta Agrafojo Arada Adc Montebreamo	2:18:28	6:47 6:47 2:07:29 5:03	19:24 12:37 2:13:57 6:28	30:39 11:15 2:18:28 4:31	36:04 5:25	45:41 9:37	54:38 8:57	1:02:56 8:18	1:06:11 3:15	1:14:09 7:58	1:20:55 6:46	1:39:44 18:49	1:47:46 8:02	1:51:14 3:28	2:02:26 11:12
30	104	Alvaro Rodriguez Pa	2:21:09	6:29 6:29 2:05:57 7:23	18:27 11:58 2:15:10 9:13	30:27 12:00 2:21:09 5:59	37:47 7:20	49:33 11:46	58:03 8:30	1:02:25 4:22	1:06:28 4:03	1:11:07 4:39	1:19:31 8:24	1:30:58 11:27	1:38:52 7:54	1:43:54 5:02	1:58:34 14:40
31	166	Pablo Pais Fagin	2:21:11	6:34 6:34 2:06:07 7:47	18:50 12:16 2:15:22 9:15	30:44 11:54 2:21:11 5:49	37:45 7:01	49:25 11:40	57:58 8:33	1:02:23 4:25	1:06:26 4:03	1:11:11 4:45	1:19:26 8:15	1:30:25 10:59	1:38:50 8:25	1:43:56 5:06	1:58:20 14:24
32	112	Carmen Seoane Doñ Sporting Club Casir	2:21:32	4:29 4:29 2:09:57 5:08	16:56 12:27 2:17:10 7:13	27:18 10:22 2:21:32 4:22	32:13 4:55	40:22 8:09 8:26 <i>*31</i>	45:54 5:32 8:29 <i>*31</i>	50:27 4:33 2:17:13 <i>*50</i>	56:33 6:06	1:14:50 18:17	1:20:18 5:28	1:44:26 24:08	1:51:40 7:14	1:56:00 4:20	2:04:49 8:49

Pos	Iorsal	Nombre	Tempo																
Trail Curto (83)						14,0 km	16 C		<i>(cont.)</i>										
				1(54)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(58)	9(56)	10(38)	11(51)	12(39)	13(52)	14(53)		
				15(49)	16(50)	Meta													
33	133	Isidro Lopez Muinel Gallaecia Raid	2:21:35	4:25 4:25 2:10:04 5:16	16:50 12:25 2:17:07 7:03	27:07 10:17 2:21:35 4:28	32:08 5:01	40:25 8:17 *31	45:51 5:26 *62	50:23 4:32 *38	56:29 6:06 *62	1:14:49 18:20 *59	1:20:10 5:21 *37	1:44:20 24:10 *50	1:51:36 7:16	1:55:57 4:21	2:04:48 8:51		
34	126	Francisco Varela Va Aromón	2:22:11	6:13 6:13 2:05:06 5:32	15:27 9:14 2:17:19 12:13	25:36 10:09 2:22:11 4:52	30:28 4:52	39:09 8:41	50:24 11:15	55:49 5:25	1:03:06 7:17	1:06:10 3:04	1:12:50 6:40	1:34:26 21:36	1:43:37 9:11	1:48:48 5:11	1:59:34 10:46		
35	131	Inés Valiño Gallaecia Raid	2:22:16	6:51 6:51 2:10:27 5:24	19:10 12:19 2:17:38 7:11	40:10 21:00 2:22:16 4:38	45:29 5:19	58:53 13:24	1:07:33 8:40	1:12:11 4:38	1:20:37 8:26	1:25:30 4:53	1:32:55 7:25	1:41:39 8:44	1:49:13 7:34	1:54:13 5:00	2:05:03 10:50		
36	156	María Adela Peinó Vi Gallaecia Raid	2:22:21	6:19 6:19 2:10:18 5:13	20:04 13:45 2:17:42 7:24	32:23 12:19 2:22:21 4:39	38:19 5:56	50:12 11:53	58:31 8:19	1:03:55 5:24	1:12:30 8:35	1:16:17 3:47	1:24:10 7:53	1:40:37 16:27	1:48:49 8:12	1:53:20 4:31	2:05:05 11:45		
37	169	Pedro López Noche Gallaecia	2:22:23	6:18 6:18 2:10:17 5:16	20:11 13:53 2:17:40 7:23	32:21 12:10 2:22:23 4:43	38:14 5:53	50:01 11:47	58:41 8:40	1:03:54 5:13	1:12:25 8:31	1:16:20 3:55	1:24:01 7:41	1:40:41 16:40	1:48:48 8:07	1:53:22 4:34	2:05:01 11:39		
38	155	María Carballeira Se COCO	2:22:25	6:25 6:25 2:10:09 5:11	17:49 11:24 2:17:50 7:41	28:56 11:07 2:22:25 4:35	33:50 4:54	47:10 13:20	56:20 9:10	1:01:43 5:23	1:06:49 5:06	1:10:29 3:40	1:17:51 7:22	1:40:49 22:58	1:49:54 9:05	1:54:07 4:13	2:04:58 10:51		
39	162	Nuria Oujo Míguez ADC arnela	2:22:40	6:03 6:03 2:10:23 4:47	19:29 13:26 2:17:22 6:59	33:14 13:45 2:22:40 5:18	41:22 8:08	54:44 13:22	1:05:37 10:53	1:10:36 4:59	1:16:08 5:32	1:21:24 5:16	1:29:57 8:33	1:40:21 10:24	1:49:41 9:20	1:54:16 4:35	2:05:36 11:20		
39	147	Julio Lagos Carrera ADC arnela	2:22:40	6:01 6:01 2:10:33 5:02	19:26 13:25 2:17:16 6:43	33:15 13:49 2:22:40 5:24	41:20 8:05	54:45 13:25	1:05:36 10:51	1:10:32 4:56	1:16:11 5:39	1:21:23 5:12	1:29:54 8:31	1:40:20 10:26	1:49:38 9:18	1:54:17 4:39	2:05:31 11:14		
41	170	Pepe Mansilla Barre Gallaecia Raid	2:28:49	6:57 6:57 2:13:42 6:34	20:31 13:34 2:22:52 9:10	35:39 15:08 2:28:49 5:57	41:41 6:02	54:37 12:56	1:03:58 9:21	1:10:09 6:11	1:16:06 5:57	1:23:12 7:06	1:30:38 7:26	1:40:57 10:19	1:49:59 9:02	1:55:43 5:44	2:07:08 11:25		
42	116	Daniel Pena Barro Gallaecia Raid	2:28:51	7:05 7:05 2:14:38 6:46	20:44 13:39 2:23:21 8:43	35:32 14:48 2:28:51 5:30	41:47 6:15	54:02 12:15	1:04:10 10:08	1:10:15 6:05	1:15:58 5:43	1:23:26 7:28	1:30:59 7:33	1:41:16 10:17	1:50:12 8:56	1:55:46 5:34	2:07:52 12:06		
43	128	Goretti Ramos Mora Gallaecia Raid	2:28:53	7:10 7:10 2:14:40 6:47	20:46 13:36 2:23:23 8:43	35:49 15:03 2:28:53 5:30	41:49 6:00	53:57 12:08	1:04:18 10:21	1:10:14 5:56	1:16:04 5:50	1:23:35 7:31	1:31:01 7:26	1:40:56 9:55	1:50:15 9:19	1:55:48 5:33	2:07:53 12:05		
44	132	Iria Pico Martínez Gallaecia Raid	2:28:58	7:03 7:03 2:14:07 6:49	20:42 13:39 2:23:24 9:17	35:43 15:01 2:28:58 5:34	41:45 6:02	54:32 12:47	1:04:11 9:39	1:10:10 5:59	1:15:55 5:45	1:23:15 7:20	1:30:57 7:42	1:41:10 10:13	1:50:09 8:59	1:55:40 5:31	2:07:18 11:38		
45	175	Santiago Pardo Nav	2:29:28	7:03 7:03 2:12:23 6:29	20:00 12:57 2:23:24 11:01	32:32 12:32 2:29:28 6:04	38:50 6:18	49:42 10:52	58:55 9:13	1:04:28 5:33	1:15:39 11:11	1:22:23 6:44	1:30:20 7:57	1:40:34 10:14	1:50:21 9:47	1:55:39 5:18	2:05:54 10:15		
46	123	Elena Bujía Rodrígu	2:30:14	7:07 7:07 2:13:46 7:00	20:25 13:18 2:23:04 9:18	33:30 13:05 2:30:14 7:10	41:04 7:34	54:33 13:29	1:07:18 12:45	1:13:13 5:55	1:18:26 5:13	1:23:00 4:34	1:31:02 8:02	1:41:08 10:06	1:50:42 9:34	1:55:30 4:48	2:06:46 11:16		
47	153	Manuel Parga Rilo	2:30:18	7:08 7:08 2:13:59 7:10	20:28 13:20 2:23:36 9:37	33:37 13:09 2:30:18 6:42	41:08 7:31	54:55 13:47	1:07:14 12:19	1:13:14 6:00	1:18:29 5:15	1:23:06 4:37	1:31:06 8:00	1:41:44 10:38	1:50:49 9:05	1:55:36 4:47	2:06:49 11:13		
48	139	Jorge Barreiro Gon	2:30:43	6:00 6:00 2:16:25 6:09	16:37 10:37 2:25:02 8:37	28:47 12:10 2:30:43 5:41	34:25 5:38	46:48 12:23	56:26 9:38	1:03:27 7:01	1:09:14 5:47	1:13:48 4:34	1:21:37 7:49	1:41:01 19:24	1:51:08 10:07	1:58:15 7:07	2:10:16 12:01		
49	108	Begoña Toimil Club Orientación Cc	2:31:19	7:07 7:07 2:14:55 6:56	20:47 13:40 2:24:46 9:51	35:54 15:07 2:31:19 6:33	43:00 7:06	56:04 13:04	1:07:39 11:35	1:13:52 6:13	1:18:32 4:40	1:23:07 4:35	1:31:09 8:02	1:41:39 10:30	1:51:03 9:24	1:55:51 4:48	2:07:59 12:08		
50	154	Marcos Barreiro Goi	2:33:12	5:54 5:54 2:16:42 6:22	16:40 10:46 2:25:11 8:29	28:53 12:13 2:33:12 8:01	34:53 6:00	47:03 12:10	56:31 9:28	1:03:24 6:53	1:09:20 5:56	1:13:54 4:34	1:21:34 7:40	1:41:05 19:31	1:51:23 10:18	1:58:13 6:50	2:10:20 12:07		
51	165	Pablo Olarza Costa	2:35:31	6:46 6:46 2:23:09 5:33	19:39 12:53 2:30:40 7:31	33:53 14:14 2:35:31 4:51	40:05 6:12	50:10 10:05	1:01:38 11:28	1:08:05 6:27	1:12:51 4:46	1:15:54 3:03	1:22:34 6:40	1:51:37 29:03	2:02:32 10:55	2:07:24 4:52	2:17:36 10:12		
52	118	David Castelo Nuñez	2:35:32	6:41 6:41 2:23:08 5:30	19:38 12:57 2:30:43 7:35	33:45 14:07 2:35:32 4:49	40:03 6:18	50:07 10:04	1:01:31 11:24	1:08:03 6:32	1:12:49 4:46	1:15:47 2:58	1:22:31 6:44	1:51:25 28:54	2:02:29 11:04	2:07:27 4:58	2:17:38 10:11		
53	148	Lexuri	2:43:30	7:38 7:38 2:29:25 6:52	21:11 13:33 2:36:56 7:31	45:26 24:15 2:43:30 6:34	51:19 5:53	1:01:06 9:47	1:10:00 8:54	1:17:31 7:31	1:22:51 5:20	1:29:53 7:02	1:37:14 7:21	1:46:01 8:47	1:55:08 9:07	2:01:22 6:14	2:22:33 21:11		

Pos	lorsal	Nombre	Tempo														
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54	144	José Rafael Méndez	3:07:23	7:29 7:29 2:50:32 7:21	21:14 13:45 3:01:01 10:29	39:47 18:33 3:07:23 6:22	45:37 5:50	59:33 13:56	1:10:47 11:14	1:16:51 6:04	1:24:25 7:34	1:28:32 4:07	1:36:58 8:26	2:04:03 27:05	2:16:50 12:47	2:22:22 5:32	2:43:11 20:49
55	149	LUCIA DOVAL SANC	3:07:24	7:31 7:31 2:50:37 7:23	21:17 13:46 3:01:04 10:27	39:43 18:26 3:07:24 6:20	45:34 5:51	59:31 13:57	1:10:53 11:22	1:16:50 5:57	1:24:28 7:38	1:28:43 4:15	1:37:06 8:23	2:04:07 27:01	2:17:23 13:16	2:22:27 5:04	2:43:14 20:47
56	182	Xoán Bello Sampedo	3:11:35	22:54 22:54 2:58:45 5:06	34:25 11:31 3:06:22 7:37	49:58 15:33 3:11:35 5:13	54:46 4:48	1:11:04 16:18	1:19:23 8:19	1:25:07 5:44	1:29:45 4:38	1:34:00 4:15	1:43:27 9:27	1:56:49 13:22	2:33:09 36:20	2:40:39 7:30	2:53:39 13:00
57	119	Diego Gomez Prieto	3:15:11	7:21 7:21 2:59:56 7:32	20:58 13:37 3:09:03 9:07	40:21 19:23 3:15:11 6:08	47:27 7:06	59:54 12:27	1:10:59 11:05	1:22:38 11:39	1:33:12 10:34	1:42:51 9:39	1:52:42 9:51	2:21:20 28:38	2:32:58 11:38	2:39:41 6:43	2:52:24 12:43
58	125	Fernando Mercador	3:15:14	7:05 7:05 3:00:01 6:54	21:00 13:55 3:09:23 9:22	41:25 20:25 3:15:14 5:51	47:56 6:31	1:00:11 12:15	1:10:06 9:55	1:21:52 11:46	1:33:31 11:39	1:43:54 10:23	1:52:13 8:19	2:21:35 29:22	2:32:36 11:01	2:39:15 6:39	2:53:07 13:52
59	163	Oscar Carro Garaba	3:15:18	6:56 6:56 3:00:07 7:11	20:50 13:54 3:09:29 9:22	40:55 20:05 3:15:18 5:49	47:51 6:56	1:00:05 12:14	1:10:21 10:16	1:22:09 11:48	1:33:36 11:27	1:43:37 10:01	1:52:19 8:42	2:21:14 28:55	2:32:41 11:27	2:39:25 6:44	2:52:56 13:31
60	141	Jose Luis Fernande	3:15:35	7:00 7:00 3:00:22 7:03	21:02 14:02 3:09:41 9:19	41:21 20:19 3:15:35 5:54	48:05 6:44	1:00:18 12:13	1:10:44 10:26	1:22:36 11:52	1:33:50 11:14	1:43:52 10:02	1:53:00 9:08	2:21:33 28:33	2:33:03 11:30	2:40:04 7:01	2:53:19 13:15
60	152	Manuel Gomez Tella	3:15:35	7:24 7:24 3:00:04 7:03	20:56 13:32 3:09:14 9:10	40:36 19:40 3:15:35 6:21	47:54 7:18	59:58 12:04	1:10:50 10:52	1:22:25 11:35	1:33:33 11:08	1:43:07 9:34	1:52:44 9:37	2:21:16 28:32	2:32:56 11:40	2:39:37 6:41	2:53:01 13:24
62	137	Jesus Del Pozo Los	3:15:37	7:26 7:26 3:00:09 6:49	20:53 13:27 3:09:25 9:16	41:07 20:14 3:15:37 6:12	48:00 6:53	1:00:22 12:22	1:10:58 10:36	1:22:22 11:24	1:33:38 11:16	1:43:33 9:55	1:52:36 9:03	2:21:44 29:08	2:32:52 11:08	2:39:56 7:04	2:53:20 13:24
63	168	Paulina Andrea Mosi GallaeciaRaid	3:46:34	14:53 14:53 3:28:43 8:14	30:19 15:26 3:39:55 11:12	44:47 14:28 3:46:34 6:39	51:52 7:05	1:11:41 19:49	1:23:53 12:12	1:33:02 9:09	1:42:06 9:04	2:21:18 39:12	2:31:19 10:01	2:46:40 15:21	2:59:07 12:27	3:05:19 6:12	3:20:29 15:10
136	JANA ALBARRAN OR Gallaecia Raid	en tarj.	5:22:10 5:22:10 ----- 2:18:56 *42 6:19:23 *100	----- ----- ----- 2:19:49 *100 6:19:27 *100	----- ----- 42:30 2:21:27 *40 6:24:12 *55	----- ----- ----- 2:22:11 *36 0:00 *54	----- ----- ----- 1:49:52 *150 0:00 *54	----- ----- ----- 1:51:42 *80 0:00 *54	----- ----- ----- 1:53:30 *78 0:00 *64	----- ----- ----- 1:55:23 *76 0:00 *63	----- ----- ----- 1:57:06 *77 0:00 *60	----- ----- ----- 2:00:54 *84 5:17:30 *59	----- ----- ----- 2:04:58 *50 5:35:56 *73	----- ----- ----- 2:12:11 *49 5:37:15 *74	----- ----- ----- 2:15:05 *46 5:38:46 *75	----- ----- ----- 2:16:04 *45 5:40:21 *75	
159	Miguel Gómez Espin	en tarj.	5:38 5:38 2:00:13 4:35	18:20 12:42 2:06:06 5:53	28:36 10:16 2:12:28 6:22	32:59 4:23	42:06 9:07	----- -----	1:02:50 20:44	1:06:33 3:43	1:14:19 7:46	1:20:38 6:19	1:32:11 11:33	1:39:04 6:53	1:43:49 4:45	1:55:38 11:49	
174	Sabrina Rumbo Roe	en tarj.	7:26 7:26 ----- 12:50	31:52 24:26 2:53:53 5:33	48:26 16:34 2:59:26 5:33	55:45 7:19	1:12:09 16:24	1:23:52 11:43	1:40:58 17:06	1:51:53 10:55	2:13:57 22:04	2:23:54 9:57	----- -----	----- -----	----- -----	2:41:03 17:09	
101	Alberto Ibán Fernán NOSPORTLIMIT	en tarj.	7:46 7:46 ----- 9:56	31:59 24:13 2:53:48 5:40	48:50 16:51 2:59:28 5:40	56:08 7:18	1:11:52 15:44	1:23:51 11:59	1:41:08 17:17	1:51:57 10:49	2:13:51 21:54	2:23:49 9:58	----- -----	----- -----	----- -----	2:43:52 20:03	
164	Óscar Fondo Suárez NOSPORTLIMIT	en tarj.	7:46 7:46 ----- 9:50	31:56 24:10 2:53:33 5:56	48:29 16:33 2:59:29 5:56	55:41 7:12	1:11:45 16:04	1:23:46 12:01	1:41:13 17:27	1:51:50 10:37	2:13:58 22:08	2:23:57 9:59	----- -----	----- -----	----- -----	2:43:43 19:46	
180	VANESSA VELO PIC/	en tarj.	7:56 7:56 ----- 15:31	32:18 24:22 2:59:32 5:31	49:10 16:52 3:18:35 5:10	56:32 7:22	1:12:03 15:31	1:24:01 11:58	1:41:04 17:03	1:51:48 10:44	2:14:34 22:46	2:24:10 9:36	----- -----	----- -----	----- -----	2:44:01 19:51	
127	Gloria Fernández Fe Club Fluvial Lugo	en tarj.	12:00 12:00 2:39:59 13:38	47:30 35:30 2:55:38 15:39	1:09:52 22:22 3:05:19 9:41	1:21:17 11:25	1:38:53 17:36	----- -----	1:50:53 12:00	1:59:52 8:59	2:07:48 7:56	----- -----	----- -----	----- -----	----- -----	2:26:21 18:33	
183	Xosé María Bello Po	en tarj.	22:56 22:56 2:59:44 5:10	34:21 11:25 ----- 18:51	51:38 17:17 3:18:35 18:51	58:22 6:44	1:11:17 12:55	1:19:33 8:16	1:24:57 5:24	1:29:35 4:38	1:33:56 4:21	1:43:31 9:35	2:04:59 21:28	2:33:06 28:07	2:40:42 7:36	2:54:34 13:52	
151	Manuel Figueira Pre Iandona	andona	4:08 4:08 1:27:58 3:58	13:42 9:34 1:33:37 5:39	22:41 8:59 1:38:00 4:23	27:02 4:21	35:07 8:05	----- -----	42:54 7:47	46:39 3:45	49:56 3:17	55:39 5:43	1:05:33 9:54	1:11:43 6:10	1:14:48 3:05	1:24:00 9:12	

