

Pos	Dorsal	Nombre	Tiempo														
Mulleres 45 (11)				4,5 km	12 C	<i>(cont.)</i>											
				1(33)	2(67)	3(32)	4(56)	5(78)	6(42)	7(43)	8(45)	9(52)	10(46)	11(49)	12(100)	F	
9	517	Alviarez Milano, Soraya A PEDROSA Culleredo (A Coruña)	2:34:52	7:24	19:16	52:11	1:07:10	1:15:56	1:28:10	1:35:14	1:44:58	1:58:36	2:10:50	2:25:35	2:34:01	2:34:52	
10	681	Ferreiro Pena, María Dolores FLUVIAL LU Lugo	2:51:47	7:24	11:52	32:55	1:06:00	1:15:56	1:28:10	1:35:14	1:44:58	1:58:36	2:10:50	2:25:35	2:34:01	2:34:52	
				7:15	15:53	49:20	1:06:00	1:24:51	1:34:50	1:44:39	1:53:41	2:22:28	2:35:01	2:44:32	2:50:57	2:51:47	
				7:15	8:38	33:27	16:40	18:51	9:59	9:49	9:02	28:47	12:33	9:31	6:25	0:50	
	420	Ponte Pena, M ^a Elena ARTABROS A Coruña	r en tarj.	7:28	25:15	48:56	1:09:10	----	----	----	----	----	----	----	----	----	
				7:28	17:47	23:41	20:14										
Mulleres 55 (3)				4,5 km	12 C												
				1(33)	2(67)	3(32)	4(56)	5(78)	6(42)	7(43)	8(45)	9(52)	10(46)	11(49)	12(100)	F	
1	578	Naya López, M ^a José APA LICEO A Coruña	2:09:17	5:54	13:58	25:17	51:17	1:02:15	1:11:24	1:16:26	1:27:09	1:41:18	1:53:52	2:02:49	2:08:39	2:09:17	
				5:54	8:04	11:19	26:00	10:58	9:09	5:02	10:43	14:09	12:34	8:57	5:50	0:38	
2	211	Rey Souto, M ^a Teresa APA LICEO A Coruña	2:16:42	11:31	20:07	37:10	53:44	1:01:53	1:14:47	1:21:35	1:28:13	1:35:00	1:59:32	2:09:44	2:15:58	2:16:42	
				11:31	8:36	17:03	16:34	8:09	6:48	6:38	6:47	6:47	24:32	10:12	6:14	0:44	
3	688	Fernández Riveiro, Fermina FLUVIAL LU Lugo	3:01:56	37:48	46:13	1:19:06	1:34:29	1:44:28	1:54:18	2:02:09	2:12:01	2:25:16	2:38:07	2:52:46	3:01:03	3:01:56	
				37:48	8:25	32:53	15:23	9:59	9:50	7:51	9:52	13:15	12:51	14:39	8:17	0:53	
Mulleres Élite (12)				6,7 km	19 C												
				1(33)	2(34)	3(67)	4(35)	5(31)	6(60)	7(39)	8(38)	9(56)	10(37)	11(40)	12(43)	13(44)	14(48)
				15(47)	16(68)	17(66)	18(50)	19(100)	F								
1	236	Veiga Barbazán, Pilar USC Santiago de Compostela	1:37:43	4:01	9:56	12:02	16:20	22:27	31:17	31:51	37:15	43:03	45:38	56:41	1:06:24	1:12:03	1:20:13
				4:01	5:55	2:06	4:18	6:07	8:50	0:34	5:24	5:48	2:35	11:03	9:43	5:39	8:10
				1:27:16	1:29:32	1:30:44	1:35:26	1:37:17	1:37:43								
				7:03	2:16	1:12	4:42	1:51	0:26								
2	218	Vincze, Orsolya APA LICEO A Coruña	1:41:32	7:32	13:40	16:19	20:04	26:52	33:39	34:32	41:23	49:00	52:07	1:02:45	1:11:35	1:16:43	1:25:42
				7:32	6:08	2:39	3:45	6:48	6:47	0:53	6:51	7:37	3:07	10:38	8:50	5:08	8:59
				1:28:16	1:33:09	1:34:18	1:39:01	1:41:07	1:41:32								
				2:34	4:53	1:09	4:43	2:06	0:25								
3	225	Martínez García, Laura USC Santiago de Compostela	1:41:35	4:07	9:46	11:58	15:15	21:24	29:44	30:47	37:41	43:03	45:48	54:07	1:03:21	1:11:22	1:19:17
				4:07	5:39	2:12	3:17	6:09	8:20	1:03	6:54	5:22	2:45	8:19	9:14	8:01	7:55
				1:21:25	1:26:35	1:27:24	1:38:59	1:41:10	1:41:35								
				2:08	5:10	0:49	11:35	2:11	0:25								
4	376	Varela Yáñez, Ana BRIGANTIA A Coruña	1:45:59	5:00	13:12	18:18	22:42	27:47	36:03	36:57	45:23	50:17	52:55	1:02:33	1:10:49	1:22:13	1:30:00
				5:00	8:12	5:06	4:24	5:05	8:16	0:54	8:26	4:54	2:38	9:38	8:16	11:24	7:47
				1:32:47	1:35:28	1:36:33	1:43:37	1:45:28	1:45:59								
				2:47	2:41	1:05	7:04	1:51	0:31								
5	500	Barros Diz, Natalia FAICAMIÑO A Coruña (Oleiros)	1:46:00	4:00	13:22	15:32	18:43	30:47	37:44	38:37	45:30	52:54	56:03	1:06:31	1:14:54	1:19:53	1:28:01
				4:00	9:22	2:10	3:11	12:04	6:57	0:53	6:53	7:24	3:09	10:28	8:23	4:59	8:08
				1:30:47	1:33:54	1:39:19	1:43:30	1:45:32	1:46:00								
				2:46	3:07	5:25	4:11	2:02	0:28								
6	146	Veiga García, Carla AROMON Pontevedra	1:47:31	7:05	14:10	17:02	20:57	27:05	37:04	38:33	43:41	50:35	53:34	1:04:45	1:14:47	1:24:03	1:32:31
				7:05	7:05	2:52	3:55	6:08	9:59	1:29	5:08	6:54	2:59	11:11	10:02	9:16	8:28
				1:35:06	1:37:41	1:39:11	1:44:15	1:47:01	1:47:31								
				2:35	2:35	1:30	5:04	2:46	0:30								
7	364	Montes Villar, Veronica AABT Paderne	1:48:49	3:30	10:52	12:46	15:58	30:15	39:27	40:00	46:46	52:12	54:34	1:01:39	1:09:31	1:25:01	1:32:16
				3:30	7:22	1:54	3:12	14:17	9:12	0:33	6:46	5:26	2:22	7:05	7:52	15:30	7:15
				1:34:53	1:38:57	1:40:01	1:45:58	1:48:20	1:48:49								
				2:37	4:04	1:04	5:57	2:22	0:29								
8	19	Felpeto González, Luisa FLUVIAL LU Lugo	1:54:25	10:16	16:32	21:31	28:21	33:49	45:05	45:42	52:25	58:47	1:01:29	1:11:13	1:19:41	1:30:14	1:39:06
				10:16	6:16	4:59	6:50	5:28	11:16	0:37	6:43	6:22	2:42	9:44	8:28	10:33	8:52
				1:42:01	1:44:35	1:45:50	1:52:06	1:53:58	1:54:25								
				2:55	2:34	1:15	6:16	1:52	0:27								
9	427	Carro Mahía, Alejandra ADC ARNELA Porto do Son	1:57:55	4:13	12:48	15:25	18:56	24:35	37:25	38:30	45:09	53:26	58:00	1:09:18	1:20:43	1:31:46	1:39:34
				4:13	8:35	2:37	3:31	5:39	12:50	1:05	6:39	8:17	4:34	11:18	11:25	11:03	7:48
				1:43:51	1:47:04	1:49:14	1:54:59	1:57:29	1:57:55								
				4:17	3:13	2:10	5:45	2:30	0:26								
10	22	Follana Neira, Fernanda FLUVIAL LU Lugo	2:23:06	5:23	11:06	13:56	19:55	46:24	56:45	58:07	1:07:08	1:15:40	1:18:56	1:29:16	1:39:32	1:48:04	1:57:06
				5:23	5:43	2:50	5:59	26:29	10:21	1:22	9:01	8:32	3:16	10:20	10:16	8:32	9:02
				2:01:04	2:06:41	2:11:24	2:19:50	2:22:27	2:23:06								
				3:58	5:37	4:43	8:26	2:37	0:39								
	242	Bujía Rodríguez, Elena MONTAÑA FE Ferrol. A Coruña	r en tarj.	6:10	16:37	22:31	28:15	----	----	----	----	----	----	----	----	----	----
				6:10	10:27	5:54	5:44										
				----	----	----	----	----	1:14:05								
									45:50								
	448	Bello Rodríguez, Olalla ROBALIZA Cambre	Desc.	----	----	----	----	----	----	----	----	----	----	----	----	----	----
				----	----	----	----	----	----	----	----	----	----	----	----	----	----
Homes 12 (13)				3,6 km	9 C												
				1(69)	2(70)	3(71)	4(72)	5(73)	6(74)	7(75)	8(76)	9(100)	F				
1	483	Rodríguez Díaz, Mateo HABELAS HA Vigo	26:34	1:12	4:26	7:46	11:03	1:23:36	20:23	21:43	25:35	26:06	26:34		23:20		
				1:12	3:14	3:20	3:17	1:12:33		1:20	3:52	0:31	0:28		*100		
2	44	Núñez Ferreiro, Manuel Anxo FLUVIAL LU Lugo	29:36	2:09	7:36	10:44	14:16	1:28:36	25:48	27:14	28:29	29:07	29:36				
				2:09	5:27	3:08	3:32	1:14:20		1:26	1:15	0:38	0:29				
3	563	Morales Jiménez, Joao LIMIACTIVA Xinzo de Limia	30:51	1:34	5:38	9:13	12:29	1:26:37	27:18	28:27	29:49	30:27	30:51				
				1:34	4:04	3:35	3:16	1:14:08		1:09	1:22	0:38	0:24				
4	87	Beloso Iglesias, Xandre AROMON Pontevedra	31:16	1:30	5:54	9:13	13:10	1:28:32	26:09	27:38	29:54	30:47	31:16				
				1:30	4:24	3:19	3:57	1:15:22		1:29	2:16	0:53	0:29				
5	81	Antoñón Casal, Hugo AROMON Pontevedra	32:35	2:02	7:47	11:54	17:00	1:31:40									

Pos	Dorsal	Nombre	Tiempo															
Homes 21 (29)					6,0 km	17 C	<i>(cont.)</i>											
			1(51)	2(34)	3(36)	4(78)	5(40)	6(41)	7(59)	8(39)	9(60)	10(45)	11(52)	12(46)	13(47)	14(68)		
			15(66)	16(50)	17(100)	F												
630	Pedreira Romero, Fernando	r en tarj. ARTABROS A Coruña	12:03 12:03 2:20:58 3:24	17:18 5:15 ----- -----	28:07 10:49 ----- -----	50:27 22:20 ----- -----	1:00:06 9:39 ----- -----	1:02:19 2:13 ----- -----	1:27:03 24:44 ----- -----	1:37:03 10:00 ----- -----	1:40:30 3:27 ----- -----	1:43:25 2:55 ----- -----	1:48:21 4:56 ----- -----	2:08:58 20:37 ----- -----	2:13:09 4:11 ----- -----	2:17:34 4:25 ----- -----		
232	Sampedro Muñiz, José Manue	r en tarj. USC Santiago de Compostela	12:51 12:51 ----- -----	39:51 27:00 ----- -----	49:24 9:33 ----- -----	57:55 8:31 ----- -----	1:04:08 6:13 ----- -----	1:11:15 7:07 ----- -----	1:20:23 9:08 ----- -----	1:27:47 7:24 ----- -----	1:33:25 5:38 ----- -----	1:36:48 3:23 ----- -----	1:42:00 5:12 ----- -----	2:02:31 20:31 ----- -----	2:20:50 18:19 ----- -----	----- ----- ----- -----		
176	Museros Alegre, Alejandro	r en tarj. UNIVERSIDA Vigo	----- ----- ----- -----	----- ----- ----- -----	32:47 32:47 ----- -----	41:46 8:59 ----- -----	51:49 10:03 ----- -----	53:10 1:21 3:35 *33	----- 10:54 ----- -----	1:09:23 16:13 ----- -----	1:09:54 0:31 ----- -----	1:12:56 3:02 ----- -----	1:17:32 4:36 ----- -----	1:30:43 13:11 ----- -----	----- ----- ----- -----	----- ----- ----- -----		
522	Doce Serrano, Juan Antonio	No sale A PEDROSA Culleredo (A Coruña)	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----		
478	Gonzalez Alonso, Diego	No sale HABELAS HA Vigo	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----		
479	Mucientes Sandoval, Gonzalo	No sale HABELAS HA Vigo	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----		
Homes 21 C (30)					5,0 km	15 C												
			1(67)	2(54)	3(51)	4(35)	5(56)	6(58)	7(57)	8(59)	9(62)	10(65)	11(68)	12(66)	13(63)	14(64)		
			15(100)	F														
1	466 Penas, Alfonso	51:13 C.O.CO A Coruña	4:19 4:19 50:51 2:02	5:45 1:26 51:13 0:22	9:17 3:32 ----- -----	15:08 5:51 ----- -----	20:48 5:40 ----- -----	24:56 4:08 ----- -----	28:59 4:03 ----- -----	32:18 3:19 ----- -----	37:46 5:28 ----- -----	39:44 1:58 ----- -----	41:36 1:52 ----- -----	42:54 1:18 ----- -----	47:15 4:21 ----- -----	48:49 1:34 ----- -----		
2	68 Seijas Varela, Diego	1:10:13 FLUVIAL LU Lugo	4:39 4:39 1:09:48 1:47	6:11 1:32 1:10:13 0:25	12:20 6:09 ----- -----	17:00 4:40 ----- -----	30:29 13:29 ----- -----	34:28 3:59 ----- -----	38:38 4:10 ----- -----	51:59 13:21 ----- -----	57:20 5:21 ----- -----	59:47 2:27 ----- -----	1:01:34 1:47 ----- -----	1:03:58 2:24 ----- -----	1:05:47 1:49 ----- -----	1:08:01 2:14 ----- -----		
3	124 Marín, Alex	1:10:43 AROMON Pontevedra	4:54 4:54 1:10:21 1:35	6:34 1:40 1:10:43 0:22	15:51 9:17 ----- -----	21:22 5:31 ----- -----	32:29 11:07 ----- -----	37:25 4:56 ----- -----	42:47 5:22 ----- -----	46:21 3:34 ----- -----	52:25 6:04 ----- -----	58:06 5:41 ----- -----	1:00:17 2:11 ----- -----	1:01:42 1:25 ----- -----	1:03:46 2:04 ----- -----	1:08:46 5:00 ----- -----		
4	200 Castedo López, Julio Miguel	1:11:50 APA LICEO A Coruña	7:02 7:02 1:11:15 1:55	8:51 1:49 1:11:50 0:35	13:53 5:02 ----- -----	23:22 9:29 ----- -----	31:19 7:57 ----- -----	36:19 5:00 ----- -----	42:52 6:33 ----- -----	47:45 4:53 ----- -----	55:57 8:12 ----- -----	59:01 3:04 ----- -----	1:01:49 2:48 ----- -----	1:03:41 1:52 ----- -----	1:06:10 2:29 ----- -----	1:09:20 3:10 ----- -----		
5	265 Rodríguez Bergara, Andres	1:17:16 MONTAÑA FE Ferrol. A Coruña	4:47 4:47 1:16:42 2:10	6:25 1:38 1:17:16 0:34	21:14 14:49 ----- -----	26:48 5:34 ----- -----	32:44 5:56 ----- -----	37:38 4:54 ----- -----	42:04 4:26 ----- -----	48:25 6:21 ----- -----	55:35 7:10 ----- -----	58:19 2:44 ----- -----	1:08:57 10:38 ----- -----	1:10:08 1:11 ----- -----	1:12:07 1:59 ----- -----	1:14:32 2:25 ----- -----		
6	300 Dopico Pena, Andres	1:19:58 GALLAECIA A Coruña	5:15 5:15 1:19:16 1:35	6:48 1:33 1:19:58 0:42	13:48 7:00 ----- -----	24:06 10:18 ----- -----	37:19 13:13 ----- -----	42:02 4:43 ----- -----	48:13 6:11 ----- -----	53:51 5:38 ----- -----	1:02:16 8:25 ----- -----	1:04:54 2:38 ----- -----	1:10:34 5:40 ----- -----	1:12:08 1:34 ----- -----	1:14:36 2:28 ----- -----	1:17:41 3:05 ----- -----		
7	95 Costas Gonzalez, Javier	1:23:06 AROMON Pontevedra	6:33 6:33 1:22:32 1:55	8:55 2:22 1:23:06 0:34	18:26 9:31 ----- -----	25:31 7:05 ----- -----	35:11 9:40 ----- -----	41:46 6:35 ----- -----	49:13 7:27 ----- -----	55:11 5:58 ----- -----	1:03:47 8:36 ----- -----	1:08:21 4:34 ----- -----	1:12:00 3:39 ----- -----	1:13:47 1:47 ----- -----	1:16:49 3:02 ----- -----	1:20:37 3:48 ----- -----		
8	38 Legaspi Abelaira, Raúl	1:24:38 FLUVIAL LU Lugo	6:14 6:14 1:24:09 2:08	8:00 1:46 1:24:38 0:29	17:59 9:59 ----- -----	25:41 7:42 ----- -----	32:19 6:38 ----- -----	38:00 5:41 ----- -----	43:32 5:32 ----- -----	50:08 6:36 ----- -----	1:08:03 17:55 ----- -----	1:10:50 2:47 ----- -----	1:13:21 2:31 ----- -----	1:15:06 1:45 ----- -----	1:18:47 3:41 ----- -----	1:22:01 3:14 ----- -----		
9	145 Veiga Bugallo, Francisco Javi	1:26:27 AROMON Pontevedra	6:45 6:45 1:26:02 2:24	9:15 2:30 1:26:27 0:25	22:08 12:53 ----- -----	32:06 9:58 ----- -----	39:43 7:37 ----- -----	45:37 5:54 ----- -----	52:15 6:38 ----- -----	55:49 3:34 ----- -----	1:10:31 14:42 ----- -----	1:13:32 3:01 ----- -----	1:16:40 3:08 ----- -----	1:17:59 1:19 ----- -----	1:20:50 2:51 ----- -----	1:23:38 2:48 ----- -----		
10	686 Camba Rodríguez, Francisco	1:29:30 TREVINCA O Barco de Valde	6:25 6:25 1:29:01 1:39	8:29 2:04 1:29:30 0:29	14:19 5:50 ----- -----	23:15 8:56 ----- -----	31:00 7:45 ----- -----	36:25 5:25 ----- -----	42:13 5:48 ----- -----	48:03 5:50 ----- -----	1:05:58 17:55 ----- -----	1:15:39 9:41 ----- -----	1:18:57 3:18 ----- -----	1:21:09 2:12 ----- -----	1:24:31 3:22 ----- -----	1:27:22 2:51 ----- -----		
11	612 Rifón Añón, Francisco	1:30:53 FLUVIAL LU Lugo	8:09 8:09 1:30:17 1:43	10:42 2:33 1:30:53 0:36	17:23 6:41 ----- -----	27:17 9:54 ----- -----	35:12 7:55 ----- -----	45:38 10:26 ----- -----	51:33 5:55 ----- -----	1:00:40 9:07 ----- -----	1:10:39 9:59 ----- -----	1:14:37 3:58 ----- -----	1:18:27 3:50 ----- -----	1:20:34 2:07 ----- -----	1:24:35 4:01 ----- -----	1:28:34 3:59 ----- -----		
12	435 Oujo Castelo, Santiago Amad	1:32:04 ADC ARNELA Porto do Son	7:20 7:20 1:31:41 1:24	9:17 1:57 1:32:04 0:23	16:29 7:12 ----- -----	39:23 22:54 ----- -----	49:22 9:59 ----- -----	53:47 4:25 ----- -----	59:38 5:51 ----- -----	1:03:58 4:20 ----- -----	1:13:11 9:13 ----- -----	1:21:04 7:53 ----- -----	1:23:30 2:26 ----- -----	1:24:51 1:21 ----- -----	1:27:57 3:06 ----- -----	1:30:17 2:20 ----- -----		
13	394 Mata Núñez, Jose Luis	1:33:16 TREVINCA O Barco de Valde	5:28 5:28 1:32:51 1:27	7:17 1:49 1:33:16 0:25	16:24 9:07 ----- -----	22:50 6:26 ----- -----	32:00 9:10 ----- -----	36:35 4:35 ----- -----	41:23 4:48 ----- -----	44:23 3:00 ----- -----	56:55 12:32 ----- -----	59:18 2:23 ----- -----	1:11:50 12:32 ----- -----	1:16:37 4:47 ----- -----	1:18:14 1:37 ----- -----	1:31:24 13:10 ----- -----		
14	248 Gallego Miguez, Roberto	1:36:10 MONTAÑA FE Ferrol. A Coruña	6:36 6:36 1:35:41 1:55	8:59 2:23 1:36:10 0:29	18:09 9:10 ----- -----	30:46 12:37 ----- -----	39:54 9:08 ----- -----	46:54 7:00 ----- -----	55:34 8:40 ----- -----	1:03:40 8:06 ----- -----	1:12:48 9:08 ----- -----	1:21:38 8:50 ----- -----	1:26:02 4:24 ----- -----	1:28:21 2:19 ----- -----	1:30:40 2:19 ----- -----	1:33:46 3:06 ----- -----		
15	371 Senin Canosa, Ignacio	1:36:49 BRIGANTIA A Coruña	5:39 5:39 1:36:03 2:18	8:09 2:30 1:36:49 0:46	18:59 10:50 ----- -----	40:13 21:14 ----- -----	46:27 6:14 ----- -----	51:07 4:40 ----- -----	56:04 4:57 ----- -----	1:03:49 7:45 ----- -----	1:13:26 9:37 ----- -----	1:16:27 3:01 ----- -----	1:24:00 7:33 ----- -----	1:25:14 1:14 ----- -----	1:28:32 3:18 ----- -----	1:33:45 5:13 ----- -----		

Pos	Dorsal	Nombre	Tiempo															
Homes 21 C (30)			5,0 km		15 C		<i>(cont.)</i>											
			1(67) 15(100)	2(54) F	3(51)	4(35)	5(56)	6(58)	7(57)	8(59)	9(62)	10(65)	11(68)	12(66)	13(63)	14(64)		
16	680	Barreiro Fernández, Pablo AROMON Pontevedra	1:38:41	5:34 5:34 1:38:13 1:23 0:28	8:43 3:09 1:38:41 0:28	25:29 16:46	36:15 10:46	41:44 5:29	46:48 5:04	52:12 5:24	58:52 6:40	1:05:26 6:34	1:11:29 6:03	1:16:36 5:07	1:24:16 7:40	1:28:22 4:06	1:36:50 8:28	
17	177	Ortega Muñiz, Juan Manuel UNIVERSIDA Vigo	1:40:47	15:07 15:07 1:40:19 2:19 0:28	17:14 2:07 1:40:47 0:28	24:18 7:04	34:17 9:59	44:35 10:18	49:54 5:19	56:59 7:05	1:12:22 15:23	1:21:54 9:32	1:25:15 3:21	1:28:02 2:47	1:29:31 1:29	1:33:01 3:30	1:38:00 4:59	
18	25	Freire Fernández, Jorge FLUVIAL LU Lugo	1:42:05	9:21 9:21 1:41:36 1:21 0:29	11:21 2:00 1:42:05 0:29	30:09 18:48	41:44 11:35	52:16 10:32	58:13 5:57	1:06:06 7:53	1:10:48 4:42	1:20:02 9:14	1:25:43 5:41	1:29:07 3:24	1:30:45 1:38	1:34:09 3:24	1:40:15 6:06	
19	636	Ferreiro Barreiro, Alejandro SABON Arteixo. A Coruña	1:48:44	8:12 8:12 1:47:42 2:38 1:02	11:22 3:10 1:48:44 1:02	31:02 19:40	41:13 10:11	51:23 10:10	1:00:39 9:16	1:08:09 7:30	1:19:00 10:51	1:30:09 2:50	1:32:59 2:34	1:35:33 1:43	1:37:16 1:43	1:40:51 3:35	1:45:04 4:13	
20	397	Trejo García, Miguel Angel TREVINCA O Barco de Valde	1:50:10	8:22 8:22 1:49:14 2:28 0:56	11:22 3:00 1:50:10 0:56	17:22 6:00	28:26 11:04	39:43 11:17	47:17 7:34	56:50 9:33	1:05:08 8:18	1:24:46 19:38	1:34:57 10:11	1:38:36 3:39	1:40:52 2:16	1:43:40 2:48	1:46:46 3:06	
21	46	Ordóñez Zuleta, Oscar A FLUVIAL LU Lugo	1:50:44	9:37 9:37 1:50:19 2:11 0:25	16:48 7:11 1:50:44 0:25	24:20 7:32	34:38 10:18	54:10 19:32	1:00:08 5:58	1:06:35 6:27	1:22:33 15:58	1:31:44 9:11	1:35:05 3:21	1:38:04 2:59	1:39:22 1:18	1:43:37 4:15	1:48:08 4:31	
22	322	Noguerol, Iván GALLAECIA A Coruña	1:53:50	7:14 7:14 1:53:20 1:49 0:30	10:49 3:35 1:53:50 0:30	37:38 26:49	49:18 11:40	58:05 8:47	1:12:15 14:10	1:21:07 8:52	1:27:16 6:09	1:36:08 8:52	1:39:11 3:03	1:41:59 2:48	1:43:28 1:29	1:46:52 3:24	1:51:31 4:39	
23	116	Gutiérrez Costas, Juan Eugen AROMON Pontevedra	1:58:38	10:00 10:00 1:58:13 2:36 0:25	12:13 2:13 1:58:38 0:25	29:46 17:33	51:51 22:05	57:32 5:41	1:02:02 4:30	1:13:19 11:17	1:18:09 4:50	1:32:48 14:39	1:36:50 4:02	1:40:33 3:43	1:47:23 6:50	1:50:57 3:34	1:55:37 4:40	
24	158	Cabezudo Carrascal, Jesús UNIVERSIDA Vigo	2:04:54	5:32 5:32 2:04:22 1:34 0:32	7:50 2:18 2:04:54 0:32	36:48 28:58	51:00 14:12	1:01:52 10:52	1:07:53 6:01	1:13:29 5:36	1:18:31 5:02	1:25:52 7:21	1:34:41 8:49	1:47:00 12:19	1:52:24 5:24	1:59:15 6:51	2:02:48 3:33	
25	2	Algora Aizpurua, Angel FLUVIAL LU Lugo	2:06:30	7:58 7:58 2:06:05 2:08 0:25	9:32 1:34 2:06:30 0:25	22:05 12:33	43:09 21:04	49:25 6:16	1:00:24 10:59	1:10:12 9:48	1:26:59 16:47	1:36:46 9:47	1:39:40 2:54	1:43:56 4:16	1:45:31 1:35	1:48:36 3:05	2:03:57 15:21	
	606	Fernández Paradela, Pedro FLUVIAL LU Lugo	r en tarj.	----- 9:28 9:28 1:33:10 3:06 0:35	----- 9:28 ----- 1:33:45 0:35	----- ----- 5:43 *53	----- ----- 17:42 *55	24:24 14:56 11:20 10:47 21:11 11:39	35:44 11:20 10:47 21:11 11:39	46:31 10:47 21:11 11:39	1:07:42 11:39	1:19:21 11:39	----- ----- ----- ----- ----- -----	----- ----- ----- ----- ----- -----	----- ----- ----- ----- ----- -----	1:24:59 5:38 5:05	1:30:04 5:05	
	643	Vázquez Vázquez, Mario AROMON Pontevedra	r en tarj.	17:30 17:30 1:42:41 1:25 0:32	----- ----- 1:43:13 0:32	----- ----- 6:19 *33	22:29 4:59 15:36 *54	31:20 8:51 5:44 *36	37:04 5:44 25:44 *36	42:28 5:24 1:24:54 *63	45:20 2:52 1:27:05 *65	1:29:06 43:46	----- 4:45 1:29	1:33:51 4:45 1:29	1:35:20 1:29	----- ----- ----- ----- ----- -----	1:41:16 5:56	
	530	García Ramírez, Manuel Alejar SEO Ordes	No sale	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	
	35	Labrada Cedrón, Ramón FLUVIAL LU Lugo	No sale	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----
	613	Vázquez Fernández, Alberto FLUVIAL LU Lugo	No sale	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----	----- ----- ----- ----- -----
Homes 21 L (15)			6,7 km		19 C													
			1(33) 15(47)	2(34) 16(68)	3(67) 17(66)	4(35) 18(50)	5(31) 19(100)	6(60) F	7(39)	8(38)	9(56)	10(37)	11(40)	12(43)	13(44)	14(48)		
1	144	Vázquez Toucido, José Albert AROMON Pontevedra	1:07:50	2:52 2:52 59:05 2:25 2:06	7:13 4:21 1:01:11 1:01:11 2:06	8:51 1:38 1:02:22 1:11 3:23	11:14 2:23 1:05:45 2:23 1:47	16:41 5:27 1:07:32 1:47 0:18	22:02 5:21 1:07:50 5:21 0:38	22:40 26:23 3:43 0:38	26:23 3:43 4:50	31:13 4:50	33:24 2:11	39:07 5:43 7:21	46:28 7:21	50:48 4:20 5:52	56:40 5:52	
2	139	Ruda Orozco, Omar Eduardo AROMON Pontevedra	1:14:52	4:27 4:27 1:06:03 4:04 2:03	8:50 4:23 1:08:06 1:08:06 2:03	10:46 1:56 1:09:28 1:09:28 1:22	13:06 2:20 1:12:46 1:12:46 3:18 1:48	16:47 3:41 1:14:34 1:14:34 1:48	22:20 5:33 1:14:52 5:33 0:25	23:00 0:40	27:02 4:02	31:45 4:43	34:01 2:16	39:46 5:45	46:12 6:26 8:52	55:04 8:52	1:01:59 6:55	
3	59	Rocha Pena, Pablo FLUVIAL LU Lugo	1:17:59	3:39 3:39 1:07:16 3:01 2:10	7:08 3:29 1:09:26 1:09:26 2:10	9:43 2:35 1:10:35 1:10:35 1:09	13:06 3:23 1:15:30 1:15:30 4:55	17:43 4:37 1:17:34 1:17:34 2:04	24:09 6:26 1:17:59 2:04 0:25	24:50 0:41	29:21 4:31	34:00 4:39 3:39	37:39 3:39	44:15 6:36	52:00 7:45	57:37 5:37	1:04:15 6:38	
4	201	Castedo López, Pablo APA LICEO A Coruña	1:22:01	3:56 3:56 1:09:52 2:09 4:47	8:38 4:42 1:14:39 1:14:39 4:47	10:44 2:06 1:15:36 1:15:36 4:02	14:15 3:31 1:19:38 1:19:38 4:02	18:50 4:35 1:21:36 1:21:36 1:58	23:27 4:37 1:22:01 2:05 0:25	24:17 0:50	33:28 9:11	38:48 5:20	41:21 2:33	48:01 6:40	55:10 7:09	1:01:03 5:53	1:07:43 6:40	
5	543	Amil Fernández, Carlos BUDIÑORAID O Porriño	1:28:29	3:00 3:00 1:20:05 2:03 1:31	5:21 2:21 1:21:36 1:31 0:45 4:00	9:35 4:14 1:22:21 1:22:21 0:45 4:00	12:32 2:57 1:26:21 1:26:21 4:00	31:25 18:53 1:28:01 1:28:01 1:40 0:28	36:43 5:18 1:28:29 1:28:29 0:28	37:21 0:38	41:50 4:29	49:44 7:54	52:04 2:20	59:46 7:42	1:07:10 7:24	1:11:53 4:43	1:18:02 6:09	
6	181	Pazó Pazó, Martín UNIVERSIDA Vigo	1:28:55	3:42 3:42 1:17:48 2:38 2:01	10:26 6:44 1:19:49 2:01 1:00	12:20 1:54 1:20:49 1:20:49 1:00	15:54 3:34 1:25:56 1:25:56 5:07	25:29 9:35 1:28:22 1:28:22 2:26	33:53 8:24 1:28:55 1:28:55 0:33	34:30 0:37 4:44	39:14 4:44	46:13 6:59	48:41 2:28	55:41 7:00	1:03:32 7:51	1:08:45 5:13	1:15:10 6:25	

Pos	Dorsal	Nombre	Tiempo														
Homes 21 L (15)				6,7 km		19 C		<i>(cont.)</i>									
				1(33) 15(47)	2(34) 16(68)	3(67) 17(66)	4(35) 18(50)	5(31) 19(100)	6(60) F	7(39)	8(38)	9(56)	10(37)	11(40)	12(43)	13(44)	14(48)
7	33	Iglesias Castro, Rubén FLUVIAL LU Lugo	1:42:01	3:22 3:22	10:55 7:33	13:08 2:13	25:13 12:05	31:50 6:37	46:01 14:11	46:38 0:37	51:37 4:59	59:02 7:25	1:01:10 2:08	1:07:52 6:42	1:15:35 7:43	1:20:59 5:24	1:27:31 6:32
8	663	Rodríguez Díaz, Carlos APA LICEO A Coruña	1:42:43	3:44 3:44	10:36 6:52	12:36 2:00	15:57 3:21	22:57 7:00	33:48 10:51	34:39 0:51	44:45 10:06	49:56 5:11	52:33 2:37	59:57 7:24	1:08:59 9:02	1:15:42 6:43	1:22:31 6:49
9	156	Andres De La Cuadra, Alvaro UNIVERSIDA Vigo	1:48:50	5:40 5:40	16:33 10:53	18:45 2:12	22:19 3:34	27:45 5:26	34:22 6:37	35:27 1:05	41:40 6:13	48:35 6:55	51:22 2:47	59:58 8:36	1:11:46 11:48	1:22:47 11:01	1:30:17 7:30
10	56	Piñeiro Fraga, Brais FLUVIAL LU Lugo	1:52:12	4:00 4:00	10:23 6:23	12:58 2:35	16:47 3:49	30:55 14:08	39:53 8:58	41:33 1:40	51:13 9:40	56:39 5:26	59:19 2:40	1:09:09 9:50	1:17:37 8:28	1:28:16 10:39	1:37:03 8:47
11	161	De La Torre Díaz, Juan Antoni UNIVERSIDA Vigo	1:55:04	3:11 3:38	2:20 4:59	1:09 2:32	6:20 4:45	1:46 15:44	0:23 8:19	41:02 1:05	48:32 7:30	55:45 7:13	58:30 2:45	1:06:45 8:15	1:16:53 10:08	1:25:25 8:32	1:36:01 10:36
12	73	Viana Gonzalez, Iago FLUVIAL LU Lugo	2:19:09	13:37 13:37	21:40 8:03	27:28 5:48	31:37 4:09	43:11 11:34	52:51 9:40	54:01 1:10	1:02:29 8:28	1:11:44 9:15	1:14:46 3:02	1:25:07 10:21	1:35:18 10:11	1:42:59 7:41	1:53:21 10:22
13	334	Rodríguez Pena, Jose Maria GALLAECIA A Coruña	2:28:54	13:24 13:24	20:15 6:51	22:29 2:14	26:45 4:16	1:09:43 42:58	1:17:15 7:32	1:17:54 0:39	1:24:38 6:44	1:29:57 5:19	1:33:04 3:07	1:39:55 6:51	1:47:18 7:23	1:52:57 5:39	2:04:15 11:18
	32	Hortas Luaces, Ivan FLUVIAL LU Lugo	r en tarj.	3:39 3:39	9:44 6:05	12:29 2:45	15:56 3:27	----- -----	----- 54:44 38:48	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----
	467	Penas, Jose C.O.CO A Coruña	r en tarj.	2:51 2:51	8:18 5:27	10:18 2:00	13:31 3:13	20:11 6:40	25:21 5:10	26:12 0:51	30:33 4:21	35:20 4:47	37:32 2:12	50:21 12:49	58:30 8:09	1:03:05 4:35	----- -----
				1:12:08 9:03	1:14:30 2:22	1:17:17 2:47	1:23:49 6:32	1:25:33 1:44	1:25:54 0:21								
Homes 35 (35)				6,7 km		19 C											
				1(33) 15(47)	2(34) 16(68)	3(67) 17(66)	4(35) 18(50)	5(31) 19(100)	6(60) F	7(39)	8(38)	9(56)	10(37)	11(40)	12(43)	13(44)	14(48)
1	198	Casado Bravo, David APA LICEO A Coruña	1:08:48	2:30 2:30	6:18 3:48	8:00 1:42	10:01 2:01	13:02 3:01	18:03 5:01	18:45 0:42	22:08 3:23	30:09 8:01	32:25 2:16	40:53 8:28	47:31 6:38	53:18 5:47	59:13 5:55
2	903	Lima -, Rafael FLUVIAL LU Lugo	1:12:13	7:03 7:03	9:52 2:49	11:47 1:55	14:32 2:45	18:08 3:36	24:31 6:23	25:13 0:42	29:17 4:04	33:31 4:14	35:39 2:08	44:21 8:42	51:35 7:14	55:59 4:24	1:01:39 5:40
3	297	Diz López, Francisco GALLAECIA A Coruña	1:13:29	2:05 2:19	1:51 5:11	1:03 7:04	3:17 9:31	1:56 17:32	0:22 22:16	23:01 0:45	26:15 3:14	30:09 3:54	33:03 2:54	39:14 6:11	46:26 7:12	56:15 9:49	1:02:39 6:24
4	109	Figueroa Fernández, Ricardo AROMON Pontevedra	1:22:52	2:17 2:37	1:50 5:53	0:56 2:00	3:53 5:45	1:29 5:01	0:25 5:26	27:30 0:48	32:25 4:55	36:16 3:51	38:37 2:21	49:16 10:39	56:50 7:34	1:03:17 6:27	1:09:42 6:25
5	137	Rosado Frade, Alfonso AROMON Pontevedra	1:24:51	4:22 4:22	11:02 6:40	13:23 2:21	16:20 2:57	20:24 4:04	26:57 6:33	27:50 0:53	33:53 6:03	40:47 6:54	43:17 2:30	50:12 6:55	58:48 8:36	1:03:44 4:56	1:12:05 8:21
6	79	Alvelo Fraguela, Javier AROMON Pontevedra	1:26:59	2:03 3:56	2:16 6:30	0:58 2:04	5:05 3:09	2:04 4:23	0:20 6:50	27:33 0:41	32:06 4:33	36:23 4:17	38:37 2:14	45:24 6:47	53:03 7:39	58:17 5:14	1:13:05 14:48
7	510	Vázquez González, Miguel Aní FAICAMIÑO A Coruña (Oleiros)	1:30:17	2:56 3:09	3:14 8:44	1:08 11:09	4:04 14:26	2:09 18:18	0:23 25:21	26:21 1:00	31:19 4:58	38:14 6:55	41:08 2:54	48:36 7:28	57:24 8:48	1:01:37 4:13	1:09:49 8:12
8	157	Armada Luaces, José Luis UNIVERSIDA Vigo	1:32:00	3:28 3:28	7:23 3:55	9:42 2:19	14:54 5:12	20:41 5:47	26:59 6:18	27:55 0:56	32:41 4:46	38:20 5:39	41:21 3:01	49:45 8:24	1:00:08 10:23	1:08:55 8:47	1:16:44 7:49
9	506	Paz Guzmán, Julio FAICAMIÑO A Coruña (Oleiros)	1:33:55	4:23 3:18	2:25 11:29	1:08 13:26	4:32 16:57	2:17 22:20	0:31 27:31	28:17 0:46	33:57 5:40	37:59 4:02	40:44 2:45	50:35 9:51	1:00:25 9:50	1:08:23 7:58	1:15:54 7:31
10	545	Antón Casado, Arturo SABON Arteixo. A Coruña	1:34:10	2:42 3:37	1:22:19 8:24	1:27:22 5:03	1:31:32 4:10	1:33:34 2:02	1:33:55 0:21	29:48 1:15	36:36 6:48	43:53 7:17	46:23 2:30	53:39 7:16	1:02:09 8:30	1:09:30 7:21	1:17:01 7:31
11	443	Santos Blanco, Alberto ADC ARNELA Porto do Son	1:34:14	4:05 4:05	12:05 8:00	14:05 2:00	17:48 3:43	23:30 5:42	28:36 5:06	29:22 0:46	34:34 5:12	38:47 4:13	41:20 2:33	51:26 10:06	1:01:40 10:14	1:07:30 5:50	1:15:08 7:38
12	250	García García, Jose A. MONTAÑA FE Ferrol. A Coruña	1:35:26	4:48 7:25	2:45 11:02	4:44 2:19	4:19 3:13	2:05 4:51	0:25 6:22	35:59 0:47	40:36 4:37	45:35 4:59	48:18 2:43	56:51 8:33	1:05:17 8:26	1:12:15 6:58	1:20:13 7:58

Pos	Dorsal	Nombre	Tiempo														
Homes 35 (35)				6,7 km	19 C	<i>(cont.)</i>											
				1(33) 15(47)	2(34) 16(68)	3(67) 17(66)	4(35) 18(50)	5(31) 19(100)	6(60) F	7(39)	8(38)	9(56)	10(37)	11(40)	12(43)	13(44)	14(48)
	446	Varela Ferreiro, Jorge Manriq ADC ARNELA Porto do Son	No sale	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
Homes 45 (35)				5,7 km	17 C												
				1(51) 15(68)	2(67) 16(49)	3(35) 17(100)	4(36) F	5(37)	6(39)	7(42)	8(43)	9(44)	10(52)	11(45)	12(50)	13(62)	14(46)
1	539	Varela Lorenzo, Francisco SEO Ordes	1:05:26	4:56 4:56 59:02 5:08	10:30 5:34 1:02:41 3:39	13:10 2:40 1:04:54 2:13	15:55 2:45 1:05:26 0:32	20:30 4:35	27:52 7:22	31:32 3:40	34:23 2:51	40:52 6:29	41:21 0:29	45:19 3:58	48:59 3:40	52:13 3:14	53:54 1:41
2	399	Trigo Recarey, Xan Mariano TREVINCA O Barco de Valde	1:06:27	5:08 3:32 3:32 1:01:09	3:39 6:39 3:07 1:04:08	2:13 10:21 3:42 1:06:03	0:32 13:35 3:14 1:06:27	18:04 4:29	25:05 7:01	29:07 4:02	31:56 2:49	42:07 10:11	42:46 0:39	48:29 5:43	52:06 3:37	55:07 3:01	57:14 2:07
3	104	Fariña Martínez, Manuel AROMON Pontevedra	1:08:30	3:55 3:54 1:02:39 3:49	2:59 7:36 3:42 1:05:49	1:55 12:53 5:17 1:08:03	0:24 16:09 3:16 1:08:30	23:29 7:20	32:30 9:01	37:41 5:11	41:10 3:29	46:40 5:30	47:18 0:38	50:43 3:25	54:10 3:27	57:19 3:09	58:50 1:31
4	133	Ricoy Bugarín, José Antonio AROMON Pontevedra	1:12:49	4:07 3:35 1:06:20 4:07	4:02 7:36 4:01 1:10:22	1:59 12:26 4:50 1:12:21	0:28 15:51 3:25 1:12:49	21:50 5:59	34:07 12:17	38:33 4:26	42:06 3:33	48:37 6:31	49:22 0:45	52:48 3:26	57:15 4:27	1:00:32 3:17	1:02:13 1:41
5	58	Puente Salvado, Xoan Manoel FLUVIAL LU Lugo	1:23:14	5:59 4:33 1:17:35 5:59	2:55 8:32 3:59 1:20:30	2:15 13:24 4:52 1:22:45	0:29 22:12 8:48 1:23:14	28:21 6:09	40:23 12:02	45:17 4:54	49:17 4:00	55:29 6:12	56:57 1:28	1:01:09 4:12	1:05:22 4:13	1:09:46 4:24	1:11:36 1:50
6	412	González Ramil, Juan José ARTABROS A Coruña	1:23:52	5:41 5:41 1:19:02 4:19	8:40 2:59 1:21:37 2:35	12:01 3:21 1:23:27 1:50	18:26 6:25 1:23:52 0:25	23:54 5:28	39:18 15:24	42:11 2:53	45:41 3:30	54:44 9:03	55:22 0:38	1:04:50 9:28	1:08:23 3:33	1:12:19 3:56	1:14:43 2:24
7	99	Díaz Falcon, Gilberto AROMON Pontevedra	1:24:45	3:56 3:56 1:15:56 5:33	7:28 3:32 1:20:34 4:38	11:41 4:13 1:24:20 3:46	16:18 4:37 1:24:45 0:25	25:31 9:13	36:13 10:42	40:58 4:45	44:55 3:57	53:19 8:24	54:01 0:42	57:51 3:50	1:03:13 5:22	1:07:05 3:52	1:10:23 3:18
8	469	Sancosmed Torres, José Man C.O.CO A Coruña	1:24:52	8:46 8:46 1:15:27 5:14	11:47 3:01 1:21:51 6:24	14:56 3:09 1:24:18 2:27	21:00 6:04 1:24:52 0:34	26:44 5:44	38:55 12:11	43:56 5:01	47:00 3:04	54:12 7:12	54:57 0:45	59:35 4:38	1:03:58 4:23	1:08:14 4:16	1:10:13 1:59
9	521	Carballo Fernández, Juan Car A PEDROSA Culleredo (A Coru	1:25:33	4:12 4:12 1:19:22 4:46	9:02 4:50 1:23:01 3:39	13:30 4:28 1:25:10 2:09	17:50 4:20 1:25:33 0:23	26:25 8:35	37:40 11:15	44:35 6:55	48:41 4:06	56:27 7:46	57:19 0:52	1:03:40 6:21	1:08:17 4:37	1:12:14 3:57	1:14:36 2:22
10	416	Mancera Bello, Alfonso ARTABROS A Coruña	1:27:08	4:16 4:16 1:17:47 7:35	8:18 4:02 1:22:27 4:40	12:35 4:17 1:26:38 4:11	18:08 5:33 1:27:08 0:30	25:47 7:39	34:46 8:59	39:26 4:40	43:34 4:08	51:05 7:31	52:00 0:55	57:37 5:37	1:01:39 4:02	1:07:49 6:10	1:10:12 2:23
11	470	Sancosmed Torres, Manuel C.O.CO A Coruña	1:27:20	4:20 4:20 1:18:17 8:05	8:12 3:52 1:23:09 4:52	12:05 3:53 1:26:56 3:47	16:50 4:45 1:27:20 0:24	23:32 6:42	37:00 13:28	41:50 4:50	45:30 3:40	52:31 7:01	53:30 0:59	58:58 5:28	1:05:17 6:19	1:08:34 3:17	1:10:12 1:38
12	361	González Romano, Rodrigo BRIGANTIA A Coruña	1:28:01	5:46 5:46 1:20:29 4:13	10:17 4:31 1:24:56 4:27	16:55 6:38 1:27:33 2:37	21:08 4:13 1:28:01 0:28	28:18 7:10	39:56 11:38	45:19 5:23	49:36 4:17	57:15 7:39	58:14 0:59	1:03:16 5:02	1:08:09 4:53	1:13:35 5:26	1:16:16 2:41
13	66	Sanmartín Matalobos, Jesús FLUVIAL LU Lugo	1:28:54	4:24 4:24 1:21:26 3:57	9:30 5:06 1:25:59 4:33	17:52 8:22 1:28:31 2:32	21:31 3:39 1:28:54 0:23	28:54 7:23	43:01 14:07	47:08 4:07	50:31 3:23	58:07 7:36	59:07 1:00	1:04:14 5:07	1:09:12 4:58	1:14:34 5:22	1:17:29 2:55
14	268	Sande Rodríguez, Francisco MONTAÑA FE Ferrol. A Coruñ	1:29:41	4:36 4:36 1:22:27 5:03	13:03 8:27 1:26:09 3:42	16:42 3:39 1:28:55 2:46	20:45 4:03 1:29:41 0:46	27:26 6:41	40:45 13:19	48:25 7:40	52:24 3:59	59:37 7:13	1:00:32 0:55	1:06:45 6:13	1:11:32 4:47	1:15:01 3:29	1:17:24 2:23
15	105	Fernández Casalderrey, Javier AROMON Pontevedra	1:29:51	5:12 5:12 1:19:58 8:38	9:01 3:49 1:25:44 5:46	12:42 3:41 1:29:16 3:32	20:10 7:28 1:29:51 0:35	26:55 6:45	36:51 9:56	41:23 4:32	44:58 3:35	50:39 5:41	51:19 0:40	55:10 3:51	59:59 4:49	1:05:38 5:39	1:11:20 5:42
16	385	Aller Estévez, Pablo Adrián TREVINCA O Barco de Valde	1:31:21	4:33 4:33 1:22:52 4:44	9:02 4:29 1:28:13 5:21	12:45 3:43 1:30:55 2:42	18:21 5:36 1:31:21 0:26	26:33 8:12	37:40 11:07	43:21 5:41	50:02 6:41	58:15 8:13	58:47 0:32	1:05:00 6:13	1:10:00 5:00	1:15:37 5:37	1:18:08 2:31
17	229	Ramos Lozano, Eduardo V. USC Santiago de Compostela	1:31:38	6:15 6:15 1:24:25 5:04	11:05 4:50 1:27:57 3:32	16:12 5:07 1:30:53 2:56	20:47 4:35 1:31:38 0:45	28:18 7:31	42:49 14:31	49:08 6:19	53:38 4:30	1:01:45 8:07	1:02:28 0:43	1:06:32 4:04	1:12:49 6:17	1:16:55 4:06	1:19:21 2:26
18	254	Lopez Suarez, Andres MONTAÑA FE Ferrol. A Coruñ	1:32:00	6:33 6:33 1:22:24 7:53	9:41 3:08 1:28:32 6:08	17:43 8:02 1:31:32 3:00	22:41 4:58 1:32:00 0:28	28:32 5:51	37:04 8:32	41:38 4:34	45:50 4:12	56:33 10:43	56:55 0:22	1:01:01 4:06	1:08:11 7:10	1:12:13 4:02	1:14:31 2:18
19	164	Fuertes González, Enrique UNIVERSIDA Vigo	1:32:02	4:49 4:49 1:25:06 4:22	8:26 3:37 1:28:32 3:26	16:24 7:58 1:31:38 3:06	24:17 7:53 1:32:02 0:24	30:51 6:34	39:42 8:51	46:35 6:53	52:00 5:25	1:02:22 10:22	1:03:03 0:41	1:08:33 5:30	1:13:02 4:29	1:18:48 5:46	1:20:44 1:56
20	278	Álvarez Estévez, Enrique Luis GALLAECIA A Coruña	1:33:16	4:02 4:02 1:25:51 9:58	7:23 3:21 1:29:35 3:44	11:59 4:36 1:32:52 3:17	15:47 3:48 1:33:16 0:24	22:41 6:54	42:21 19:40	47:53 5:32	50:33 2:40	1:00:01 9:28	1:00:59 0:58	1:04:57 3:58	1:10:37 5:40	1:13:32 2:55	1:15:53 2:21

Pos	Dorsal	Nombre	Tiempo																		
Homes 45 (35)				5,7 km		17 C		<i>(cont.)</i>													
				1(51) 15(68)	2(67) 16(49)	3(35) 17(100)	4(36) F	5(37)	6(39)	7(42)	8(43)	9(44)	10(52)	11(45)	12(50)	13(62)	14(46)				
21	182	Peláez Méndez, Patricio UNIVERSIDA Vigo	1:34:55	9:40 9:40 1:25:28 7:44	12:55 3:15 1:31:19 5:51	20:47 7:52 1:34:22 3:03	24:27 3:40 1:34:55 0:33	30:25 5:58	42:01 11:36	49:44 7:43	53:25 3:41	58:40 5:15	1:00:01 1:21	1:04:25 4:24	1:11:14 6:49	1:14:26 3:12	1:17:44 3:18				
22	82	Antoñón Clemente, Francisco AROMON Pontevedra	1:36:04	4:00 4:00 1:26:51 8:10	8:13 4:13 1:33:08 6:17	12:47 4:34 1:35:37 2:29	18:49 6:02 1:36:04 0:27	28:11 9:22	40:27 12:16	45:49 5:22	52:01 6:12	59:45 7:44	1:01:05 1:20	1:05:33 4:28	1:12:09 6:36	1:15:32 3:23	1:18:41 3:09				
23	690	Armada Luaces, Alvaro APA LICEO A Coruña	1:36:34	4:48 4:48 1:28:38 7:47	9:17 4:29 1:32:53 4:15	15:23 6:06 1:35:56 3:03	20:01 4:38 1:36:34 0:38	26:37 6:36	40:39 14:02	46:31 5:52	51:13 4:42	1:01:07 9:54	1:02:01 0:54	1:09:20 7:19	1:14:17 4:57	1:18:18 4:01	1:20:51 2:33				
24	150	Abad Vives, Carles UNIVERSIDA Vigo	1:38:00	4:21 4:21 1:30:20 5:48	8:39 4:18 1:34:21 4:01	12:31 3:52 1:37:31 3:10	16:31 4:00 1:38:00 0:29	23:19 6:48	36:48 13:29	45:08 8:20	48:56 3:48	58:24 9:28	59:05 0:41	1:07:24 8:19	1:11:48 4:24	1:16:40 4:52	1:24:32 7:52				
25	325	Pazos Miser, Rafael GALLAECIA A Coruña	1:43:35	10:03 10:03 1:33:17 6:52	13:47 3:44 1:39:33 6:16	17:55 4:08 1:43:03 3:30	25:16 7:21 1:43:35 0:32	32:32 7:16	47:17 14:45	51:43 4:26	55:46 4:03	1:05:03 9:17	1:06:16 1:13	1:13:31 7:15	1:19:25 5:54	1:23:39 4:14	1:26:25 2:46				
26	233	Sampedro Muñiz, Ramón USC Santiago de Compostela	1:45:01	5:47 5:47 1:33:30 5:02	9:44 3:57 1:38:53 5:23	15:28 5:44 1:44:16 5:23	22:22 6:54 1:45:01 0:45	31:12 8:50	41:57 10:45	48:36 6:39	53:18 4:42	1:08:23 15:05	1:09:20 0:57	1:13:08 3:48	1:19:42 6:34	1:25:16 5:34	1:28:28 3:12				
27	224	Gallego Priego, Manuel USC Santiago de Compostela	1:46:39	5:03 5:03 1:36:28 5:22	10:10 5:07 1:42:38 6:10	13:55 3:45 1:46:07 3:29	20:38 6:43 1:46:39 0:32	28:58 8:20	45:27 16:29	55:24 9:57	1:01:50 6:26	1:09:56 8:06	1:10:24 0:28	1:15:20 4:56	1:22:19 6:59	1:27:26 5:07	1:31:06 3:40				
28	314	López Muinelo, Isidro GALLAECIA A Coruña	1:47:09	4:57 4:57 1:29:56 5:20	8:52 3:55 1:43:06 13:10	14:25 5:33 1:46:39 3:33	17:57 3:32 1:47:09 0:30	23:36 5:39	33:10 9:34	44:10 11:00	47:38 3:28	59:26 11:48	1:00:20 0:54	1:07:21 7:01	1:12:22 5:01	1:16:42 4:20	1:24:36 7:54				
29	355	Gil Díaz, José Antonio BRIGANTIA A Coruña	1:47:19	4:01 4:01 1:35:59 7:41	8:01 4:00 1:40:37 4:38	12:03 4:02 1:46:45 6:08	17:54 5:51 1:47:19 0:34	24:56 7:02	36:54 11:58	47:16 10:22	54:03 6:47	1:03:48 9:45	1:04:17 0:29	1:08:52 4:35	1:16:09 7:17	1:25:12 9:03	1:28:18 3:06				
30	214	Rodríguez Bueno, Jose Luis APA LICEO A Coruña	1:51:03	5:04 5:04 1:43:18 9:02	11:18 6:14 1:47:12 3:54	22:29 11:11 1:50:25 3:13	29:51 7:22 1:51:03 0:38	37:52 8:01	49:34 11:42	54:33 4:59	59:53 5:20	1:06:59 7:06	1:07:41 0:42	1:15:24 7:43	1:22:28 7:04	1:32:11 9:43	1:34:16 2:05				
31	221	Fanego Rioboo, Francisco Ja USC Santiago de Compostela	1:52:50	9:16 9:16 1:44:15 5:25	13:47 4:31 1:48:32 4:17	22:51 9:04 1:52:14 3:42	26:56 4:05 1:52:50 0:36	33:41 6:45	45:32 11:51	56:12 10:40	1:01:08 4:56	1:20:49 19:41	1:21:20 0:31	1:25:58 4:38	1:32:04 6:06	1:36:06 4:02	1:38:50 2:44				
32	684	Núñez Fariñas, José Manuel FLUVIAL LU Lugo	2:34:25	22:43 22:43 2:22:07 6:07	27:27 4:44 2:28:08 6:01	33:34 6:07 2:33:48 5:40	55:08 21:34 2:34:25 0:37	1:00:57 5:49	1:10:01 9:04	1:14:54 4:53	1:27:31 12:37	1:35:58 8:27	1:37:14 1:16	1:48:47 11:33	1:55:17 6:30	1:59:43 4:26	2:16:00 16:17				
	310	Limorte Urrutia, Juan Luis GALLAECIA A Coruña	r en tarj.	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----				
	358	Gonzalez Fernandez, Evaristo BRIGANTIA A Coruña	r en tarj.	7:38 7:38 1:32:48 9:27	11:15 3:37 ----- -----	18:57 7:42 1:40:33 7:45	24:40 5:43 1:41:09 0:36	31:04 6:24	40:28 9:24	47:46 7:18	51:31 3:45	58:43 7:12	59:11 0:28	1:10:13 11:02	1:15:19 5:06	1:20:49 5:30	1:23:21 2:32				
	393	Limeres Antonio, Miguel Ange TREVINCA O Barco de Valdeo	No sale	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----	----- ----- ----- -----				
Homes 55 (5)				4,5 km		12 C															
				1(33)	2(67)	3(32)	4(56)	5(78)	6(42)	7(43)	8(45)	9(52)	10(46)	11(49)	12(100)	F					
1	187	Pinal Otero, David Eladio UNIVERSIDA Vigo	1:15:41	7:22 7:22 13:28 13:28	13:31 6:09 18:14 4:46	22:00 8:29 24:42 6:28	30:23 8:23 34:38 9:56	36:52 6:29	44:12 7:20	49:28 5:16	53:47 4:19	59:08 5:21	1:06:20 7:12	1:11:48 5:28	1:15:13 3:25	1:15:41 0:28					
2	194	Bugallo García, José Ramón APA LICEO A Coruña	1:36:35	13:28 13:28 1:26:51 8:10	18:14 4:46 1:33:08 6:17	24:42 6:28 1:34:22 3:03	34:38 9:56 1:36:04 0:27	40:58 6:20	45:41 4:43	52:52 7:11	1:03:54 11:02	1:13:30 9:36	1:23:38 10:08	1:29:40 6:02	1:35:55 6:15	1:36:35 0:40					
3	216	Tabernero Reboredo, Alberto APA LICEO A Coruña	1:42:41	5:35 5:35 1:26:51 8:10	13:14 7:39 1:33:08 6:17	24:02 10:48 1:35:37 2:29	36:12 12:10 1:36:04 0:27	45:08 8:56	52:15 7:07	59:59 7:44	1:09:58 9:59	1:19:37 11:01	1:30:38 11:01	1:38:32 7:54	1:42:01 3:29	1:42:41 0:40					
4	235	Souto Castro, Manuel Martín USC Santiago de Compostela	2:31:55	12:55 12:55 1:26:51 8:10	26:35 13:40 1:33:08 6:17	55:57 29:22 1:35:37 5:40	1:17:45 21:48 1:36:04 0:37	1:30:01 12:16	1:36:52 6:51	1:51:30 14:38	1:57:24 5:54	2:04:50 7:26	2:20:57 16:07	2:27:17 6:20	2:31:18 4:01	2:31:55 0:37					
	50	Parga Andón, Pedro FLUVIAL LU Lugo	r en tarj.	15:05 15:05 59:03 *58	19:27 4:22 ----- -----	30:10 10:43 ----- -----	37:49 7:39 ----- -----	----- ----- ----- -----	1:03:24 25:35	1:06:55 3:31	1:10:15 3:20	1:17:43 7:28	1:24:01 6:18	1:30:22 6:21	1:32:56 2:34	1:33:29 0:33					
Élite (25)				6,0 km		22 C															
				1(31) 15(44)	2(32) 16(66)	3(33) 17(68)	4(34) 18(46)	5(35) 19(48)	6(36) 20(50)	7(37) 21(49)	8(58) 22(100)	9(38) F	10(39)	11(40)	12(41)	13(42)	14(43)				
1	561	Morales Ferreiro, Martín LIMIATIVA Xínzo de Limia	1:17:12	4:24 4:24 56:56 3:48	6:39 2:15 1:04:37 7:41	13:18 6:39 1:05:32 0:55	17:14 3:56 1:08:56 3:24	21:21 4:07	23:50 2:29	27:58 4:08	31:59 4:01	35:15 3:16	38:38 3:23	44:29 5:51	45:41 1:12	50:44 5:03	53:08 2:24				

Pos	Dorsal	Nombre	Tiempo														
<i>Élite (25)</i>				6,0 km	22 C	<i>(cont.)</i>											
				1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(58)	9(38)	10(39)	11(40)	12(41)	13(42)	14(43)
				15(44)	16(66)	17(68)	18(46)	19(48)	20(50)	21(49)	22(100)	F					
2	77	Álvarez Serto, Ángel AROMON Pontevedra	1:18:41	3:56	7:06	11:53	15:18	19:20	22:48	26:57	30:30	32:37	36:11	42:37	43:47	49:30	52:17
				3:56	3:10	4:47	3:25	4:02	3:28	4:09	3:33	2:07	3:34	6:26	1:10	5:43	2:47
				56:13	1:04:00	1:04:45	1:08:43	1:12:03	1:13:59	1:16:32	1:18:17	1:18:41					
				3:56	7:47	0:45	3:58	3:20	1:56	2:33	1:45	0:24					
3	429	Fernández Torres, Ramón ADC ARNELA Porto do Son	1:25:48	5:11	9:46	15:19	20:58	24:55	28:19	32:21	36:27	38:31	42:49	48:34	49:45	55:14	57:32
				5:11	4:35	5:33	5:39	3:57	3:24	4:02	4:06	2:04	4:18	5:45	1:11	5:29	2:18
				1:01:51	1:09:33	1:10:11	1:16:28	1:20:28	1:22:07	1:24:01	1:25:27	1:25:48					
				4:19	7:42	0:38	6:17	4:00	1:39	1:54	1:26	0:21					
4	326	Peña Pita, Felipe GALLAECIA A Coruña	1:26:35	4:11	7:53	14:58	17:34	21:58	24:38	28:34	33:21	35:51	40:22	49:07	50:16	54:57	58:53
				4:11	3:42	7:05	2:36	4:24	2:40	3:56	4:47	2:30	4:31	8:45	1:09	4:41	3:56
				1:05:19	1:13:31	1:14:12	1:17:28	1:20:09	1:22:02	1:24:16	1:26:11	1:26:35					
				6:26	8:12	0:41	3:16	2:41	1:53	2:14	1:55	0:24					
5	230	Ramos Pernas, Miguel USC Santiago de Compostela	1:33:33	4:38	8:16	13:18	18:41	22:49	26:15	30:58	36:22	39:21	42:55	50:28	53:12	1:01:14	1:04:39
				4:38	3:38	5:02	5:23	4:08	3:26	4:43	5:24	2:59	3:34	7:33	2:44	8:02	3:25
				1:10:40	1:19:32	1:20:20	1:23:26	1:26:06	1:27:59	1:31:12	1:33:08	1:33:33					
				6:01	8:52	0:48	3:06	2:40	1:53	3:13	1:56	0:25					
6	577	Mera García, Iván APA LICEO A Coruña	1:33:39	4:25	8:49	14:09	19:45	24:17	26:45	31:10	37:05	39:28	45:51	54:11	55:13	1:00:12	1:02:44
				4:25	4:24	5:20	5:36	4:32	2:28	4:25	5:55	2:23	6:23	8:20	1:02	4:59	2:32
				1:07:51	1:15:40	1:16:41	1:20:54	1:25:19	1:27:41	1:30:34	1:33:15	1:33:39					
				5:07	7:49	1:01	4:13	4:25	2:22	2:53	2:41	0:24					
7	106	Fernández Casalderrey, Gonz AROMON Pontevedra	1:33:41	15:41	18:12	23:10	27:02	30:58	33:28	37:39	41:20	45:13	48:28	58:13	59:31	1:05:47	1:08:24
				15:41	2:31	4:58	3:52	3:56	2:30	4:11	3:41	3:53	3:15	9:45	1:18	6:16	2:37
				1:12:07	1:21:51	1:22:33	1:25:03	1:27:48	1:29:48	1:31:46	1:33:20	1:33:41					
				3:43	9:44	0:42	2:30	2:45	2:00	1:58	1:34	0:21					
8	15	Corral Alonso, Alberto FLUVIAL LU Lugo	1:35:18	13:59	22:42	28:42	35:01	39:02	41:30	46:00	50:28	52:38	56:56	1:02:28	1:03:58	1:09:44	1:12:32
				13:59	8:43	6:00	6:19	4:01	2:28	4:30	4:28	2:10	4:18	5:32	1:30	5:46	2:48
				1:17:17	1:24:15	1:24:52	1:27:12	1:29:41	1:31:19	1:33:22	1:34:57	1:35:18					
				4:45	6:58	0:37	2:20	2:29	1:38	2:03	1:35	0:21					
9	169	Hortal Romera, Javier UNIVERSIDA Vigo	1:38:01	4:23	7:26	13:12	17:57	22:42	25:36	30:30	34:42	37:23	42:03	50:06	51:01	56:07	59:23
				4:23	3:03	5:46	4:45	4:45	2:54	4:54	4:12	2:41	4:40	8:03	0:55	5:06	3:16
				1:07:19	1:20:43	1:21:44	1:25:42	1:30:14	1:32:43	1:35:36	1:37:30	1:38:01					
				7:56	13:24	1:01	3:58	4:32	2:29	2:53	1:54	0:31					
10	313	López Franco, Pablo GALLAECIA A Coruña	1:42:20	9:28	12:50	18:12	21:36	26:54	30:50	35:56	42:34	45:56	50:19	58:37	1:00:13	1:05:43	1:08:42
				9:28	3:22	5:22	3:24	5:18	3:56	5:06	6:38	3:22	4:23	8:18	1:36	5:30	2:59
				1:19:39	1:26:45	1:27:35	1:30:54	1:35:12	1:37:40	1:40:00	1:41:56	1:42:20					
				10:57	7:06	0:50	3:19	4:18	2:28	2:20	1:56	0:24					
11	533	Morlán Rodríguez, Jose Angel SEO Ordes	1:45:44	12:13	15:27	22:50	27:50	34:00	37:33	42:26	47:27	49:56	55:12	1:05:46	1:07:21	1:13:25	1:16:37
				12:13	3:14	7:23	5:00	6:10	3:33	4:53	5:01	2:29	5:16	10:34	1:35	6:04	3:12
				1:22:58	1:30:48	1:31:36	1:35:17	1:38:21	1:40:27	1:43:09	1:45:17	1:45:44					
				6:21	7:50	0:48	3:41	3:04	2:06	2:42	2:08	0:27					
12	234	Sordo Touza, Ignacio USC Santiago de Compostela	1:45:47	12:26	18:09	23:40	26:24	31:10	34:57	38:54	42:56	45:30	49:39	58:37	59:51	1:05:21	1:10:56
				12:26	5:43	5:31	2:44	4:46	3:47	3:57	4:02	2:34	4:09	8:58	1:14	5:30	5:35
				1:16:30	1:24:05	1:24:50	1:27:58	1:35:46	1:39:06	1:42:39	1:45:15	1:45:47					
				5:34	7:35	0:45	3:08	7:48	3:20	3:33	2:36	0:32					
13	433	Lareo Martínez, David ADC ARNELA Porto do Son	1:45:57	17:00	20:11	25:27	28:29	33:55	37:53	42:58	47:18	50:12	54:38	1:05:02	1:06:07	1:11:12	1:15:12
				17:00	3:11	5:16	3:02	5:26	3:58	5:05	4:20	2:54	4:26	10:24	1:05	5:05	4:00
				1:20:28	1:28:39	1:29:30	1:33:10	1:37:42	1:40:11	1:43:12	1:45:27	1:45:57					
				5:16	8:11	0:51	3:40	4:32	2:29	3:01	2:15	0:30					
14	320	Muñoz García, Marcos GALLAECIA A Coruña	1:46:23	4:04	10:06	15:10	22:37	28:23	33:45	38:06	44:39	47:13	50:27	1:00:23	1:01:39	1:07:07	1:10:04
				4:04	6:02	5:04	7:27	5:46	5:22	4:21	6:33	2:34	3:14	9:56	1:16	5:28	2:57
				1:17:18	1:24:32	1:25:39	1:31:08	1:36:14	1:38:54	1:42:33	1:45:59	1:46:23					
				7:14	7:14	1:07	5:29	5:06	2:40	3:39	3:26	0:24					
15	374	Taboada Pintor, Alberto AABT Paderne	1:46:27	6:19	9:48	18:08	24:31	29:02	32:18	38:56	43:34	46:40	52:08	1:01:15	1:03:46	1:09:21	1:14:17
				6:19	3:29	8:20	6:23	4:31	3:16	6:38	4:38	3:06	5:28	9:07	2:31	5:35	4:56
				1:19:27	1:28:52	1:29:59	1:33:41	1:36:44	1:39:05	1:43:40	1:45:59	1:46:27					
				5:10	9:25	1:07	3:42	3:03	2:21	4:35	2:19	0:28					
16	565	Ramos Asensio, Luis Javier SABON Arteixo. A Coruña	1:50:26	7:08	13:38	20:16	27:03	31:29	35:10	40:05	44:29	47:35	53:21	1:03:38	1:04:52	1:11:38	1:15:07
				7:08	6:30	6:38	6:47	4:26	3:41	4:55	4:24	3:06	5:46	10:17	1:14	6:46	3:29
				1:20:16	1:31:03	1:32:06	1:36:38	1:40:32	1:43:44	1:47:23	1:49:57	1:50:26					
				5:09	10:47	1:03	4:32	3:54	3:12	3:39	2:34	0:29					
17	423	Sevilla Gómez, Francisco Javi ARTABROS A Coruña	1:53:37	4:08	7:03	20:42	27:32	32:33	35:47	40:58	45:24	49:21	52:42	1:01:54	1:03:45	1:09:04	1:12:09
				4:08	2:55	13:39	6:50	5:01	3:14	5:11	4:26	3:57	3:21	9:12	1:51	5:19	3:05
				1:28:42	1:37:37	1:38:23	1:41:16	1:45:47	1:48:22	1:51:20	1:53:12	1:53:37					
				16:33	8:55	0:46	2:53	4:31	2:35	2:58	1:52	0:25					
18	515	Vinagre Rey, Marcos FAICAMIÑO A Coruña (Oleiros)	1:54:58	4:32	8:43	14:07	20:10	26:58	35:22	39:31	43:10	45:56	52:40	1:02:50	1:03:46	1:14:46	1:18:51
				4:32	4:11	5:24	6:03	6:48	8:24	4:09	3:39	2:46	6:44	10:10	0:56	11:00	4:05
				1:24:37	1:33:51	1:34:31	1:43:35	1:48:06	1:50:08	1:52:29	1:54:33	1:54:58					
				5:46	9:14	0:40	9:04	4:31	2:02	2:21	2:04	0:25					
19	148	Verde Lareu, Roberto AROMON Pontevedra	1:57:21	5:31	10:00	18:39	24:14	30:20	35:33	42:28	47:38	51:18	56:19	1:08:57	1:10:26	1:17:29	1:22:57
				5:31	4:29	8:39	5:35	6:06	5:13	6:55	5:10	3:40	5:01	12:38	1:29	7:03	5:28
				1:28:41	1:37:50	1:38:40	1:42:03	1:46:36	1:49:07	1:53:17	1:56:51	1:57:21					
				5:44	9:09	0:50	3:23	4:33	2:31	4:10	3:34	0:30					
20	185	Pérez Juste, German UNIVERSIDA Vigo	2:07:07	12:16	20:40	29:14	35:59	41:05	44:04	49:42	54:28	58:44	1:09:22	1:19:39	1:21:28	1:27:40	1:32:49
				12:16	8:24	8:34	6:45	5:06	2:59	5:38	4:46	4:16	10:38	10:17	1:49	6:12	5:09
				1:39:54	1:49:44	1:50:35	1:54:59	1:58:19	2:00:49	2:03:55	2:06:36	2:07:07					

