

os	rsal	Nombre	Tiempo															
UNI FEM (32)				4,4 km 145 m				23 C				(cont.)						
				1(33)	2(43)	3(58)	4(32)	5(85)	6(69)	7(37)	8(74)	9(51)	10(59)	11(54)	12(46)	13(47)	14(45)	
				15(81)	16(55)	17(48)	18(79)	19(39)	20(34)	21(68)	22(72)	23(100)	Meta					
21	128	Ana Castro Pazos A Coruña USC	2:31:56	7:44	13:48	21:20	25:42	48:34	51:27	56:22	1:00:05	1:09:15	1:12:38	1:23:08	1:34:28	1:40:04	1:42:52	
				7:44	6:04	7:32	4:22	22:52	2:53	4:55	3:43	9:10	3:23	10:30	11:20	5:36	2:48	
				1:45:24	1:52:29	2:02:16	2:06:34	2:12:19	2:21:11	2:24:06	2:28:05	2:31:13	2:31:56					
22	127	Carla Iglesias Iglés A Coruña USC	2:47:51	2:32	7:05	9:47	4:18	5:45	8:52	2:55	3:59	3:08	0:43					
				23:37	29:38	37:21	41:40	1:04:24	1:07:21	1:12:07	1:15:01	1:25:12	1:28:29	1:38:58	1:50:15	1:56:06	1:58:43	
				23:37	6:01	7:43	4:19	22:44	2:57	4:46	2:54	10:11	3:17	10:29	11:17	5:51	2:37	
				2:01:11	2:08:25	2:18:01	2:22:35	2:27:57	2:37:10	2:39:56	2:44:03	2:47:11	2:47:51					
				2:28	7:14	9:36	4:34	5:22	9:13	2:46	4:07	3:08	0:40					
146	Concepción Gonzál A Coruña USC	en tarj.	2:51	11:26	14:00	16:08	17:30	19:30	20:54	21:48	24:38	25:54	30:05	34:00	36:38	37:18		
				2:51	8:35	2:34	2:08	1:22	2:00	1:24	0:54	2:50	1:16	4:11	3:55	2:38	0:40	
				-----	40:36	43:06	45:20	48:17	51:00	54:08	55:56	57:07	57:21					
				-----	3:18	2:30	2:14	2:57	2:43	3:08	1:48	1:11	0:14					
171	Vanessa Juncal San A Coruña UDC	en tarj.	4:06	-----	9:08	10:54	12:26	14:33	16:18	20:45	23:49	25:05	30:15	38:30	41:31	42:32		
				4:06	-----	5:02	1:46	1:32	2:07	1:45	4:27	3:04	1:16	5:10	8:15	3:01	1:01	
				43:51	47:41	50:26	52:38	56:02	58:43	1:00:04	1:02:13	1:03:42	1:03:56					
				1:19	3:50	2:45	2:12	3:24	2:41	1:21	2:09	1:29	0:14					
167	Gadea Gutierrez Pa A Coruña UDC	andona	5:26	8:59	13:53	15:46	18:54	21:50	30:42	48:02	52:18	55:21	1:02:15	-----	-----	-----		
				5:26	3:33	4:54	1:53	3:08	2:56	8:52	17:20	4:16	3:03	6:54	-----	-----	-----	
				-----	-----	-----	-----	-----	-----	-----	-----	-----	1:19:23	17:08	8:15	*44	-----	
175	Tatiana Pardo Martí A Coruña UDC	No sale																
179	Iratí Tolosa Zubeldi A Coruña UDC	No sale																
177	Alba Rouco Prieto A Coruña UDC	No sale																
174	Daniela Nieto Paraj A Coruña UDC	No sale																
151	Fátima Fathallah Ez A Coruña USC	No sale																
115	Carolina Alba Garcí A Coruña USC	No sale																
103	Isabel Pastoriza Sa Pontevedra UVigo	No sale																
UNI MASC (41)				5,4 km 175 m				24 C										
				1(58)	2(70)	3(74)	4(32)	5(31)	6(39)	7(54)	8(55)	9(81)	10(45)	11(47)	12(46)	13(79)	14(48)	
				15(56)	16(33)	17(51)	18(59)	19(53)	20(37)	21(34)	22(68)	23(72)	24(100)	Meta				
1	101	Xoel Chamorro Gar Pontevedra UVigo	38:28	2:14	3:03	3:53	5:05	6:21	9:38	10:36	13:07	15:32	16:17	17:03	18:46	21:39	22:32	
				2:14	0:49	0:50	1:12	1:16	3:17	0:58	2:31	2:25	0:45	0:46	1:43	2:53	0:53	
				23:53	26:33	28:11	29:07	31:06	32:55	34:58	35:53	37:18	38:16	38:28				
				1:21	2:40	1:38	0:56	1:59	1:49	2:03	0:55	1:25	0:58	0:12				
2	142	Pablo Fernández S A Coruña USC	45:52	2:41	3:37	4:51	6:20	7:36	11:48	13:10	15:54	17:27	18:13	19:03	21:03	24:57	26:11	
				2:41	0:56	1:14	1:29	1:16	4:12	1:22	2:44	1:33	0:46	0:50	2:00	3:54	1:14	
				27:43	31:03	32:55	33:54	36:07	38:11	41:17	43:09	44:48	45:42	45:52				
				1:32	3:20	1:52	0:59	2:13	2:04	3:06	1:52	1:39	0:54	0:10				
3	110	Alan Sardinero Gon Pontevedra UVigo	47:11	2:52	4:14	5:53	7:26	8:40	12:57	14:03	16:05	18:27	19:21	20:12	22:13	27:08	28:09	
				2:52	1:22	1:39	1:33	1:14	4:17	1:06	2:02	2:22	0:54	0:51	2:01	4:55	1:01	
				29:47	32:51	34:36	35:44	38:09	40:30	42:54	44:40	46:07	47:00	47:11				
				1:38	3:04	1:45	1:08	2:25	2:21	2:24	1:46	1:27	0:53	0:11				
4	176	Juan Patiño Varela A Coruña UDC	48:27	2:44	3:46	4:59	6:27	7:53	12:14	13:38	15:56	17:50	18:46	19:45	21:49	25:33	26:53	
				2:44	1:02	1:13	1:28	1:26	4:21	1:24	2:18	1:54	0:56	0:59	2:04	3:44	1:20	
				28:37	32:08	34:14	35:18	37:49	40:02	42:50	45:15	46:59	48:14	48:27				
				1:44	3:31	2:06	1:04	2:31	2:13	2:48	2:25	1:44	1:15	0:13				
5	154	Arturo Antón Casad A Coruña UDC	49:58	3:31	4:49	6:05	7:37	9:10	13:24	14:47	18:01	19:38	20:36	21:15	23:25	27:11	28:23	
				3:31	1:18	1:16	1:32	1:33	4:14	1:23	3:14	1:37	0:58	0:39	2:10	3:46	1:12	
				30:37	33:52	36:16	37:30	39:56	42:00	45:15	47:03	48:38	49:45	49:58				
				2:14	3:15	2:24	1:14	2:26	2:04	3:15	1:48	1:35	1:07	0:13				
6	106	Germán Pérez Yuste Pontevedra UVigo	52:43	3:36	4:42	5:43	7:18	9:10	13:06	14:28	18:39	20:39	22:09	22:49	25:03	29:16	30:38	
				3:36	1:06	1:01	1:35	1:52	3:56	1:22	4:11	2:00	1:30	0:40	2:14	4:13	1:22	
				32:27	35:38	37:57	39:21	41:52	44:07	47:55	49:32	51:15	52:28	52:43				
				1:49	3:11	2:19	1:24	2:31	2:15	3:48	1:37	1:43	1:13	0:15				
7	181	Arturo Norberto Fo A Coruña UDC	55:25	3:45	4:48	6:02	7:43	9:29	13:42	17:57	21:06	23:03	24:11	24:58	27:18	31:16	32:47	
				3:45	1:03	1:14	1:41	1:46	4:13	4:15	3:09	1:57	1:08	0:47	2:20	3:58	1:31	
				35:01	38:26	40:42	42:24	44:59	47:23	50:21	51:43	53:28	55:14	55:25				
				2:14	3:25	2:16	1:42	2:35	2:24	2:58	1:22	1:45	1:46	0:11				
8	147	Pelayo García Aceve A Coruña USC	55:45	3:03	4:14	5:38	7:17	8:59	14:02	15:09	18:16	20:58	22:04	22:54	25:17	29:44	30:54	
				3:03	1:11	1:24	1:39	1:42	5:03	1:07	3:07	2:42	1:06	0:50	2:23	4:27	1:10	
				32:52	36:39	39:14	41:05	44:02	46:41	49:51	52:16	54:23	55:32	55:45				
				1:58	3:47	2:35	1:51	2:57	2:39	3:10	2:25	2:07	1:09	0:13				
9	141	Eugenio Anselmo R A Coruña USC	57:22	3:48	5:04	6:23	8:35	10:17	15:09	16:41	19:20	21:42	22:52	23:47	26:29	30:39	32:04	
				3:48	1:16	1:19	2:12	1:42	4:52	1:32	2:39	2:22	1:10	0:55	2:42	4:10	1:25	
				34:01	38:20	41:13	43:00	46:07	48:59	52:14	53:38	55:44	57:05	57:22				
				1:57	4:19	2:53	1:47	3:07	2:52	3:15	1:24	2:06	1:21	0:17				

os	rsal	Nombre	Tiempo															
UNI MASC (41)				5,4 km 175 m				24 C				<i>(cont.)</i>						
				1(58) 15(56)	2(70) 16(33)	3(74) 17(51)	4(32) 18(59)	5(31) 19(53)	6(39) 20(37)	7(54) 21(34)	8(55) 22(68)	9(81) 23(72)	10(45) 24(100)	11(47) Meta	12(46)	13(79)	14(48)	
10	145	Alejandro Victorero A Coruña USC	57:27	4:13 4:13 35:19	5:36 1:23 39:31	6:32 0:56 41:48	8:38 2:06 43:20	10:12 1:34 45:59	14:34 4:22 49:42	16:23 1:49 52:39	19:33 3:10 54:04	22:37 3:04 55:56	23:46 1:09 57:15	24:36 0:50 57:27	26:37 2:01	31:47 5:10	32:53 1:06	
11	166	Joaquín Fernando A Coruña UDC	1:03:45	2:26 3:08 3:08	4:12 4:37 1:29	2:17 6:04 1:27	1:32 8:01 1:57	2:39 10:34 2:33	3:43 15:53 5:19	2:57 17:41 1:48	1:25 21:53 4:12	1:52 23:45 1:52	1:19 24:50 1:05	0:12 25:57 1:07	28:52 2:55	34:16 5:24	35:51 1:35	
12	139	Daniel Sampedro G A Coruña USC	1:05:08	3:22 41:39 2:14	4:25 45:23 3:44	2:40 48:00 2:37	1:45 49:20 1:20	1:12 52:15 2:55	13:12 54:38 2:23	17:55 58:07 3:29	19:12 1:01:39 3:32	22:59 1:03:54 2:15	27:24 1:04:56 1:02	29:06 1:05:08 0:12	29:57 1:05:08	33:19 3:22	37:30 4:11	39:25 1:55
13	178	Miguel Sánchez Sed A Coruña UDC	1:07:13	6:58 6:58 43:27	8:05 1:07 47:37	9:23 1:18 50:13	11:21 1:58 51:39	12:58 1:37 55:01	19:02 6:04 58:11	21:29 2:27 1:01:54	25:29 4:00 1:03:13	27:58 2:29 1:05:39	29:08 1:10 1:06:57	30:44 1:36 1:07:13	33:12 2:28	38:40 5:28	40:36 1:56	
14	173	Erik Leuermann A Coruña UDC	1:08:39	2:51 4:11 4:11	4:10 6:24 2:13	2:36 7:37 1:13	1:26 9:42 2:05	3:22 11:09 1:27	3:10 16:53 5:44	3:43 20:08 3:15	4:01 24:09 4:01	3:07 27:16 3:07	1:20 28:36 1:20	1:02 29:38 1:02	34:02 4:24	41:02 7:00	42:36 1:34	
15	119	Víctor Prol da Cost A Coruña USC	1:09:09	6:31 6:31 46:59	9:03 2:32 50:17	10:25 1:22 52:42	12:22 1:57 53:55	13:57 1:35 56:39	18:33 4:36 59:32	20:37 4:24 1:03:23	23:02 2:25 1:05:45	28:45 5:43 1:07:51	29:43 0:58 1:08:57	30:38 0:55 1:09:09	32:44 2:06	37:59 5:15	40:59 3:00	
16	149	Juan José Rodríguez A Coruña USC	1:13:33	6:00 3:24 44:13	3:18 4:23 50:25	2:25 5:40 53:28	1:13 7:39 55:13	2:44 9:29 59:35	2:53 16:08 1:03:45	3:51 17:51 1:07:42	2:22 21:46 1:09:21	2:06 24:16 1:12:02	1:06 25:48 1:13:20	0:12 26:53 1:13:33	29:51 2:58	36:23 6:32	38:10 1:47	
17	168	Miguel Hinojosa Va A Coruña UDC	1:15:34	6:22 6:22 46:55	7:35 1:13 55:56	8:43 1:08 58:45	11:10 2:27 1:00:13	13:03 1:53 1:03:32	18:56 5:53 1:07:26	20:35 1:39 1:10:14	24:29 3:54 1:11:38	28:42 4:13 1:13:44	29:37 0:55 1:15:09	30:29 0:52 1:15:34	33:41 3:12	42:02 8:21	44:24 2:22	
18	165	Brais Gómez Liñare A Coruña UDC	1:18:17	2:31 5:04 5:04	9:01 7:03 1:59	2:49 9:46 2:43	1:28 11:40 1:54	3:19 13:44 2:04	3:54 19:37 5:53	2:48 22:58 3:21	1:24 27:12 4:14	2:06 32:25 5:13	1:25 34:41 2:16	0:25 35:53 1:12	39:54 4:01	47:17 7:23	49:55 2:38	
19	125	Pablo Serrano Riva A Coruña USC	1:18:18	17:09 17:09 53:19	20:01 2:52 57:14	22:19 2:18 1:00:09	25:01 2:42 1:02:04	26:26 1:25 1:05:10	32:25 5:59 1:09:55	34:34 2:09 1:14:02	37:13 2:39 1:15:11	40:21 3:08 1:16:58	41:14 0:53 1:18:05	42:09 0:55 1:18:18	44:04 1:55	48:54 4:50	51:10 2:16	
20	117	Óscar Victorero Do A Coruña USC	1:21:49	2:09 6:25 6:25	3:55 7:48 1:23	2:55 9:30 1:42	1:55 12:04 2:34	3:06 13:51 1:47	4:45 22:40 8:49	4:07 25:03 2:23	1:09 28:06 3:03	1:47 30:52 2:46	1:07 32:11 1:19	0:13 33:34 1:23	36:36 3:02	41:36 5:00	43:36 2:00	
21	163	Alberto García Lema A Coruña UDC	1:22:17	7:55 9:38 9:38	4:27 11:06 1:28	3:27 13:42 2:36	2:19 15:47 2:05	3:33 17:32 1:45	6:05 23:36 6:04	3:23 26:55 3:19	3:22 31:13 4:18	2:06 36:23 5:10	1:25 38:38 2:15	0:11 39:49 1:11	43:49 4:00	51:08 7:19	53:53 2:45	
22	155	Antón Ares Barral A Coruña UDC	1:22:18	2:58 7:56 7:56	5:07 10:26 2:30	2:57 11:44 1:18	1:33 13:47 2:03	3:20 15:25 1:38	3:31 21:36 6:11	3:35 25:27 3:51	1:32 29:06 3:39	2:16 34:22 5:16	1:01 36:06 1:44	0:34 37:36 1:30	40:35 2:59	45:44 5:09	47:45 2:01	
23	140	Michael Cebral Lóp A Coruña USC	1:22:54	6:52 6:52 58:05	8:09 1:17 1:01:59	10:22 2:13 1:04:39	11:55 1:33 1:05:47	13:30 1:35 1:08:33	22:45 9:15 1:11:17	28:46 6:01 1:14:38	31:18 2:32 1:18:48	42:08 10:50 1:21:28	42:55 0:47 1:22:36	43:50 0:55 1:22:54	46:18 2:28	51:34 5:16	53:41 2:07	
24	152	Miguel Alonso Giró A Coruña UDC	1:23:01	5:01 5:01 4:24	6:17 1:16 3:54	17:30 11:13 2:40	19:32 2:02 1:08	20:57 1:25 2:46	27:33 6:36 2:44	30:27 2:54 3:21	33:40 3:13 4:10	36:09 2:29 2:40	37:37 1:28 1:08	38:40 1:03 0:18	41:37 2:57	48:31 6:54	50:11 1:40	
25	137	Javier Brañas Mole A Coruña USC	1:27:59	15:23 57:45 4:04	1:06 1:07:20 4:51	1:04 1:09:01 4:44	2:12 1:13:06 1:41	1:33 1:17:23 4:05	6:05 1:22:20 4:17	4:09 1:23:48 4:57	3:28 1:26:30 1:28	5:19 1:27:45 2:42	1:50 1:27:59 1:15	1:24 1:29:09 0:14	46:26 2:53	51:41 5:15	53:41 2:00	
26	158	Roi Campos Rivero A Coruña UDC	1:29:09	8:32 8:32 52:20	9:57 1:25 6:40	11:59 2:02 5:25	14:56 2:57 2:37	17:17 2:21 4:54	24:53 7:36 5:03	26:53 2:00 4:48	31:01 4:08 2:30	34:36 3:35 2:49	35:57 1:21 1:30	36:59 1:02 0:33	40:15 3:16	46:37 6:22	49:30 2:53	
27	153	Juan José Álvarez B A Coruña UDC	1:30:19	15:54 15:54 59:41	18:32 2:38 1:04:46	19:50 1:18 1:09:29	21:50 2:00 1:11:17	23:27 1:37 1:15:11	29:40 6:13 1:19:26	33:30 3:50 1:24:32	37:12 3:42 1:25:55	42:24 5:12 1:28:39	44:08 1:44 1:30:00	45:40 1:32 1:30:19	48:40 3:00	53:47 5:07	55:48 2:01	
28	113	Pedro Areal Antolín A Coruña USC	1:30:54	6:32 6:32 58:32	9:29 2:57 1:04:28	11:39 2:10 1:08:37	14:41 3:02 1:10:39	17:09 2:28 1:14:31	23:14 6:05 1:18:50	26:48 3:34 1:23:16	31:42 4:54 1:26:29	35:29 3:47 1:28:57	36:59 1:30 1:30:30	38:25 1:26 1:30:54	44:00 5:35	51:44 7:44	54:27 2:43	

