

os	Dorsal	Nombre	Tiempo	1,9 km 75 m 12 C												Meta
Iniciación Curta (41)				1(108)	2(87)	3(32)	4(34)	5(78)	6(73)	7(36)	8(72)	9(43)	10(37)	11(94)	12(200)	Meta
1	235	Somoza Seoane Anxo	20:35	2:33	3:44	4:58	5:59	6:47	8:29	10:31	11:35	12:47	14:24	17:03	19:54	20:35
		GALLAECIA RAID a cor		2:33	1:11	1:14	1:01	0:48	1:42	2:02	1:04	1:12	1:37	2:39	2:51	0:41
2	236	Somoza Seoane Carla	20:41	2:38	3:51	5:06	6:07	6:54	8:43	10:47	11:42	12:48	14:33	17:09	20:03	20:41
		GALLAECIA RAID a cor		2:38	1:13	1:15	1:01	0:47	1:49	2:04	0:55	1:06	1:45	2:36	2:54	0:38
3	1075	Albarran Oroza Daniel	22:16	2:38	3:51	5:04	6:05	6:52	8:35	10:45	11:41	13:01	15:27	18:09	21:34	22:16
		Independientes Sen C		2:38	1:13	1:13	1:01	0:47	1:43	2:10	0:56	1:20	2:26	2:42	3:25	0:42
4	389	Gonzalez Rocha Marc	25:18	2:27	3:33	4:56	6:15	6:51	8:46	11:01	12:14	13:37	17:09	21:14	24:44	25:18
		BRIGANTIA A Coruña		2:27	1:06	1:23	1:19	0:36	1:55	2:15	1:13	1:23	3:32	4:05	3:30	0:34
5	1076	Oujo Vazquez Erea	27:19	3:24	4:58	6:45	8:20	9:23	11:33	13:43	15:41	17:25	19:08	22:46	26:29	27:19
		ADC ARNELA Porto do		3:24	1:34	1:47	1:35	1:03	2:10	2:10	1:58	1:44	1:43	3:38	3:43	0:50
6	1039	Vázquez López Nuria	31:53	2:09	2:58	3:56	5:00	5:39	6:52	11:47	14:09	23:37	25:41	27:56	31:18	31:53
		TREVINCA O Barco de		2:09	0:49	0:58	1:04	0:39	1:13	4:55	2:22	9:28	2:04	2:15	3:22	0:35
7	1014	Carreira Bergantiños	34:29	4:36	5:58	7:36	8:58	9:49	12:05	14:02	15:57	18:16	22:27	27:33	33:19	34:29
		Independientes Sen C		4:36	1:22	1:38	1:22	0:51	2:16	1:57	1:55	2:19	4:11	5:06	5:46	1:10
8	1013	Carreira Bergantiños	34:30	4:45	6:03	7:39	9:03	10:02	12:15	14:09	15:44	18:13	22:34	27:26	33:28	34:30
		Independientes Sen C		4:45	1:18	1:36	1:24	0:59	2:13	1:54	1:35	2:29	4:21	4:52	6:02	1:02
9	1003	Muñiz Balboa Carla	38:11	3:02	4:02	5:15	6:13	6:54	10:33	12:43	13:30	27:21	29:48	34:02	37:30	38:11
		Independientes Sen C		3:02	1:00	1:13	0:58	0:41	3:39	2:10	0:47	13:51	2:27	4:14	3:28	0:41
10	318	Casado Núñez Martín	38:39	7:41	9:08	11:26	13:26	14:34	16:47	20:39	22:40	25:22	28:59	33:11	38:02	38:39
		APA LICEO A Coruña		7:41	1:27	2:18	2:00	1:08	2:13	3:52	2:01	2:42	3:37	4:12	4:51	0:37
11	329	Núñez Otero Elia	39:16	7:33	9:15	11:29	13:35	14:37	16:50	21:02	22:43	25:29	28:57	33:16	38:06	39:16
		APA LICEO A Coruña		7:33	1:42	2:14	2:06	1:02	2:13	4:12	1:41	2:46	3:28	4:19	4:50	1:10
12	1079	Prieto Salgado Iván	41:59	7:16	8:04	9:07	11:35	12:03	14:38	16:42	17:38	31:52	33:14	38:33	41:15	41:59
		TREVINCA O Barco de		7:16	0:48	1:03	2:28	0:28	2:35	2:04	0:56	14:14	1:22	5:19	2:42	0:44
13	1000	Gonzalez Iglesias Hug	43:09	5:22	7:47	10:35	12:24	14:06	16:21	19:54	22:03	23:33	27:40	35:17	41:08	43:09
		HABELAS HAINAS Vigo		5:22	2:25	2:48	1:49	1:42	2:15	3:33	2:09	1:30	4:07	7:37	5:51	2:01
14	1017	Cortés Lavandeira Uxí	43:48	5:41	7:59	11:03	13:08	14:17	16:30	19:20	21:23	24:06	28:47	36:21	42:25	43:48
		Independientes Sen C		5:41	2:18	3:04	2:05	1:09	2:13	2:50	2:03	2:43	4:41	7:34	6:04	1:23
15	652	García Sánchez Arela	43:53	5:32	7:38	10:50	13:00	14:08	16:19	18:54	21:05	24:09	28:43	36:58	42:20	43:53
		ARTABROS A Coruña		5:32	2:06	3:12	2:10	1:08	2:11	2:35	2:11	3:04	4:34	8:15	5:22	1:33
16	1072	Quintáns Barca Irene	44:17	5:23	7:38	10:46	13:01	14:15	16:25	18:57	21:00	23:58	28:47	34:43	42:16	44:17
		ADC ARNELA Porto do		5:23	2:15	3:08	2:15	1:14	2:10	2:32	2:03	2:58	4:49	5:56	7:33	2:01
17	1050	Lete Blanco Pablo	44:20	5:43	8:04	9:46	11:06	12:07	14:01	20:09	22:55	28:40	32:03	38:19	42:40	44:20
		TREVINCA O Barco de		5:43	2:21	1:42	1:20	1:01	1:54	6:08	2:46	5:45	3:23	6:16	4:21	1:40
18	1056	Ye Da	44:23	5:43	8:12	9:51	11:03	12:18	14:09	20:13	23:21	28:38	32:07	38:28	42:55	44:23
		TREVINCA O Barco de		5:43	2:29	1:39	1:12	1:15	1:51	6:04	3:08	5:17	3:29	6:21	4:27	1:28
19	1049	García Dopico Pablo	44:48	5:53	8:12	9:58	11:09	12:17	14:09	20:05	23:07	28:48	32:13	38:13	42:45	44:48
		TREVINCA O Barco de		5:53	2:19	1:46	1:11	1:08	1:52	5:56	3:02	5:41	3:25	6:00	4:32	2:03
20	1051	Rodríguez Tomé Pedr	45:21	6:10	9:35	11:40	13:29	14:46	18:11	24:37	26:16	29:13	32:59	38:39	44:08	45:21
		TREVINCA O Barco de		6:10	3:25	2:05	1:49	1:17	3:25	6:26	1:39	2:57	3:46	5:40	5:29	1:13
21	340	Chase Trueba Xacobe	47:24	5:58	8:41	11:31	15:43	16:33	20:08	25:23	27:02	29:34	32:59	42:53	46:25	47:24
		ARTABROS A Coruña		5:58	2:43	2:50	4:12	0:50	3:35	5:15	1:39	2:32	3:25	9:54	3:32	0:59
22	1018	López López Silvia	48:27	3:58	5:23	7:11	15:07	15:48	17:09	22:18	23:01	38:04	41:20	44:23	47:38	48:27
		MONTAÑA FERROL Fer		3:58	1:25	1:48	7:56	0:41	1:21	5:09	0:43	15:03	3:16	3:03	3:15	0:49
23	1073	Perez Otero Anton	50:37	5:34	8:20	10:43	12:55	15:39	19:38	24:22	27:17	32:10	37:11	45:52	49:46	50:37
		Independientes Sen C		5:34	2:46	2:23	2:12	2:44	3:59	4:44	2:55	4:53	5:01	8:41	3:54	0:51
24	1044	Alvarez Rodriguez Car	50:39	5:59	8:24	10:45	12:52	16:19	19:46	24:26	27:57	32:12	37:48	44:57	49:44	50:39
		JARNACHAS Arteixo		5:59	2:25	2:21	2:07	3:27	3:27	4:40	3:31	4:15	5:36	7:09	4:47	0:55
				43:17												
				*38												
25	343	Couceiro Fuertes Man	51:42	5:44	8:14	10:47	13:41	15:30	18:31	22:51	26:12	29:50	35:25	45:16	50:41	51:42
		ARTABROS A Coruña		5:44	2:30	2:33	2:54	1:49	3:01	4:20	3:21	3:38	5:35	9:51	5:25	1:01

os	Dorsal	Nombre	Tiempo																		
<i>Iniciación Longa (71)</i>				3,9 km 150 m		16 C		<i>(cont.)</i>													
				1(80) 15(41)	2(81) 16(200)	3(82) Meta	4(109)	5(104)	6(85)	7(86)	8(44)	9(70)	10(42)	11(79)	12(37)	13(33)	14(75)				
2	1011	Fernández Núñez Oliv Independientes Sen C	36:34	2:19 2:19 34:00 2:54	3:43 1:24 36:02 2:02	5:14 1:31 36:34 0:32	6:09 0:55	8:01 1:52	10:35 2:34	12:53 2:18	15:17 2:24	16:58 1:41	20:14 3:16	23:58 3:44	26:27 2:29	27:47 1:20	31:06 3:19				
3	1042	Varela Verdes Jose Independientes Sen C	41:23	2:47 2:47 38:37 4:22	3:54 1:07 40:48 2:11	5:22 1:28 41:23 0:35	6:02 0:40	7:51 1:49	9:51 2:00	11:56 2:05	13:59 2:03	16:31 2:32	21:30 4:59	27:28 5:58	31:15 3:47	32:35 1:20	34:15 1:40				
4	182	Ferrer Vidal Diana GALLAECIA RAID a cor	48:35	3:21 3:21 44:07 4:13	5:11 1:50 47:28 3:21	6:59 1:48 48:35 1:07	7:56 0:57	10:28 2:32	13:22 2:54	16:02 2:40	18:47 2:45	21:46 2:59	26:11 4:25	31:08 4:57	36:21 5:13	38:25 2:04	39:54 1:29				
5	1055	Pérez Rodríguez Davi Independientes Sen C	51:40	2:57 2:57 47:54 7:16	4:29 1:32 50:23 2:29	6:10 1:41 51:40 1:17	7:12 1:02	9:33 2:21	11:42 2:09	14:08 2:26	16:40 2:32	19:33 2:53	26:50 7:17	31:21 4:31	35:35 4:14	38:28 2:53	40:38 2:10				
6	1064	Rodríguez Juncal Jos Independientes Sen C	51:41	2:57 2:57 47:57 7:21	4:27 1:30 50:09 2:12	6:06 1:39 51:41 1:32	7:13 1:07	9:19 2:06	11:25 2:06	14:06 2:41	16:34 2:28	19:34 3:00	26:49 7:15	31:15 4:26	35:40 4:25	38:33 2:53	40:36 2:03				
7	1005	Requeijo Quintela Go ADC ARNELA Porto do	51:55	4:19 4:19 48:52 4:43	6:32 2:13 51:14 2:22	8:39 2:07 51:55 0:41	9:51 1:12	12:10 2:19	16:56 4:46	19:38 2:42	22:55 3:17	25:29 2:34	29:48 4:19	34:18 4:30	39:28 5:10	42:27 2:59	44:09 1:42				
8	1068	Couceiro Rebollo Dav APA LICEO A Coruña	52:06	3:52 3:52 48:09 4:12	6:01 2:09 51:27 3:18	8:41 2:40 52:06 0:39	9:40 0:59	12:16 2:36	14:43 2:27	18:13 3:30	20:59 2:46	23:51 2:52	29:50 5:59	34:04 4:14	38:59 4:55	41:56 2:57	43:57 2:01				
9	1080	Gómez Sandomingo J Independientes Sen C	52:40	2:33 2:33 49:14 4:40	8:29 5:56 52:01 2:47	10:15 1:46 52:40 0:39	10:58 0:43	13:09 2:11	15:10 2:01	18:45 3:35	25:05 6:20	27:31 2:26	31:08 3:37	35:34 4:26	40:12 4:38	42:02 1:50	44:34 2:32				
10	1082	Barcala Alberto Independientes Sen C	52:42	3:21 3:21 48:23 3:39	5:01 1:40 51:28 3:05	6:56 1:55 52:42 1:14	7:51 0:55	10:11 2:20	13:41 3:30	17:39 3:58	20:06 2:27	23:15 3:09	28:41 5:26	33:43 5:02	40:19 6:36	42:24 2:05	44:44 2:20				
11	1081	Vazquez Oscar Independientes Sen C	52:45	3:22 3:22 48:09 3:45	5:00 1:38 51:31 3:22	6:55 1:55 52:45 1:14	7:49 0:54	9:44 1:55	13:20 3:36	17:17 3:57	20:03 2:46	23:11 3:08	28:45 5:34	33:42 4:57	40:18 6:36	42:19 2:01	44:24 2:05				
12	1006	Veiga Jalda Martin Independientes Sen C	52:59	2:52 2:52 49:47 3:44	4:12 1:20 52:16 2:29	6:14 2:02 52:59 0:43	6:56 0:42	8:47 1:51	10:58 2:11	14:37 3:39	17:24 2:47	20:37 3:13	24:18 3:41	28:36 4:18	41:38 13:02	43:30 1:52	46:03 2:33				
13	1001	Vázquez Martínez Ser ROBALIZA Cambre	53:39	2:29 2:29 50:28 5:00	4:07 1:38 53:06 2:38	5:36 1:29 53:39 0:33	6:22 0:46	8:24 2:02	18:14 9:50	20:52 2:38	23:26 2:34	26:15 2:49	31:20 5:05	37:16 5:56	41:37 4:21	43:10 1:33	45:28 2:18				

os	Dorsal	Nombre	Tiempo															
<i>Iniciación Longa (71)</i>					3,9 km 150 m			16 C			<i>(cont.)</i>							
					1(80) 15(41)	2(81) 16(200)	3(82) Meta	4(109)	5(104)	6(85)	7(86)	8(44)	9(70)	10(42)	11(79)	12(37)	13(33)	14(75)
14	1004	Valiño Inés ROBALIZA Cambre	54:06	2:43 2:43 50:51 5:37	4:21 1:38 53:25 2:34	6:03 1:42 54:06 0:41	7:07 1:04	9:16 2:09	15:03 5:47	18:28 3:25	21:52 3:24	26:51 4:59	31:22 4:31	36:08 4:46	41:47 5:39	43:35 1:48	45:14 1:39	
15	489	Bello Rodríguez Olall ROBALIZA Cambre	54:39	4:03 4:03 50:38 4:39	6:20 2:17 53:38 3:00	8:44 2:24 54:39 1:01	9:49 1:05	12:06 2:17	14:17 2:11	17:12 2:55	20:49 3:37	24:15 3:26	29:42 5:27	37:19 7:37	41:29 4:10	44:13 2:44	45:59 1:46	
16	1057	Piñeiro Fraga Iago FLUVIAL LUGO Lugo	55:11	2:41 2:41 52:22 4:57	4:26 1:45 54:33 2:11	6:02 1:36 55:11 0:38	6:48 0:46	8:37 1:49	18:30 9:53	23:39 5:09	26:53 3:14	29:34 2:41	34:12 4:38	38:19 4:07	42:39 4:20	45:57 3:18	47:25 1:28	
17	1046	Álvarez Gay David A PEDROSA ORRO Cul	56:07	2:32 2:32 53:52 3:25	3:51 1:19 55:36 1:44	5:08 1:17 56:07 0:31	5:52 0:44	7:31 1:39	12:57 5:26	15:39 2:42	17:57 2:18	19:59 2:02	33:38 13:39	38:03 4:25	42:22 4:19	45:06 2:44	50:27 5:21	
18	1054	Comesaña Martínez Mi UNIVERSIDAD DE V Vi	59:18	5:17 5:17 55:50 4:44	7:37 2:20 58:32 2:42	10:28 2:51 59:18 0:46	12:06 1:38	14:52 2:46	25:53 11:01	27:29 1:36	30:32 3:03	33:03 2:31	38:00 4:57	42:58 4:58	47:37 4:39	49:23 1:46	51:06 1:43	
19	1019	Cernadas Trillo Jose Independientes Sen C	59:22	4:53 4:53 57:01 11:53	9:27 4:34 58:37 1:36	11:58 2:31 59:22 0:45	13:19 1:21	15:59 2:40	19:32 3:33	24:05 4:33	26:48 2:43	29:28 2:40	33:34 4:06	37:22 3:48	40:52 3:30	43:41 2:49	45:08 1:27	
20	1007	Martin SÁnchez Alba ROBALIZA Cambre	1:07:44	2:37 2:37 1:02:34 14:41	4:22 1:45 1:06:41 4:07	6:06 1:44 1:07:44 1:03	7:07 1:01	9:46 2:39	14:54 5:08	18:34 3:40	21:58 3:24	26:57 4:59	31:22 4:25	36:53 5:31	42:37 5:44	45:22 2:45	47:53 2:31	
21	1022	Lomba González José VIZHOJA-CORNELIO A	1:07:48	3:47 3:47 1:03:06 5:52	6:02 2:15 1:06:41 3:35	8:01 1:59 1:07:48 1:07	9:07 1:06	11:33 2:26	17:00 5:27	21:54 4:54	25:43 3:49	29:14 3:31	38:09 8:55	46:09 8:00	52:11 6:02	54:29 2:18	57:14 2:45	
22	1053	Gomez Gonzalez Beat UNIVERSIDAD DE V Vi	1:09:15	5:16 5:16 1:04:14 5:27	7:34 2:18 1:08:10 3:56	10:32 2:58 1:09:15 1:05	12:06 1:34	15:07 3:01	18:34 3:27	23:26 4:52	26:51 3:25	31:23 4:32	41:55 10:32	48:29 6:34	53:47 5:18	56:35 2:48	58:47 2:12	
23	1028	Robles Baños Adrián Independientes Sen C	1:10:26	4:34 4:34 1:05:40 6:04	7:04 2:30 1:09:21 3:41	9:45 2:41 1:10:26 1:05	11:21 1:36	13:58 2:37	18:51 4:53	23:10 4:19	26:27 3:17	30:31 4:04	37:33 7:02	43:35 6:02	51:30 7:55	54:08 2:38	59:36 5:28	
23	1030	García De La Arada Isa Independientes Sen C	1:10:26	4:30 4:30 1:05:30 6:13	7:11 2:41 1:09:10 3:40	9:31 2:20 1:10:26 1:16	11:18 1:47	13:50 2:32	18:55 5:05	23:05 4:10	26:20 3:15	30:30 4:10	37:42 7:12	43:33 5:51	51:21 7:48	54:11 2:50	59:17 5:06	
25	1027	Rodríguez Lema Dian Independientes Sen C	1:10:57	4:41 4:41 1:05:54 6:40	7:12 2:31 1:09:54 4:00	9:55 2:43 1:10:57 1:03	11:25 1:30	14:11 2:46	19:01 4:50	23:12 4:11	26:50 3:38	30:42 3:52	37:48 7:06	43:49 6:01	51:34 7:45	54:25 2:51	59:14 4:49	

os	Dorsal	Nombre	Tiempo																
Iniciación Longa (71)					3,9 km 150 m			16 C	<i>(cont.)</i>										
					1(80) 15(41)	2(81) 16(200)	3(82) Meta	4(109)	5(104)	6(85)	7(86)	8(44)	9(70)	10(42)	11(79)	12(37)	13(33)	14(75)	
26	1045	Gil Sequeiro Pablo BRIGANTIA A Coruña	1:14:36	4:19 4:19 1:11:20 18:53	6:39 2:20 1:13:45 2:25	8:40 2:01 1:14:36 0:51	9:45 1:05	12:27 2:42	15:58 3:31	19:09 3:11	23:06 3:57	26:13 3:07	32:25 6:12	39:06 6:41	48:02 8:56	50:13 2:11	52:27 2:14		
27	69	Chan Pereira Raquel AROMON Pontevedra	1:14:42	3:45 3:45 1:09:04 8:39	6:17 2:32 1:13:30 4:26	8:38 2:21 1:14:42 1:12	9:56 1:18	13:12 3:16	18:12 5:00	23:28 5:16	28:27 4:59	32:54 4:27	40:25 7:31	47:41 7:16	54:22 6:41	57:14 2:52	1:00:25 3:11		
28	1071	Barca López Maruxa ADC ARNELA Porto do	1:21:10	4:31 4:31 1:16:25 5:39	7:01 2:30 1:20:01 3:36	9:10 2:09 1:21:10 1:09	11:44 2:34	14:54 3:10	18:47 3:53	23:09 4:22	27:34 4:25	32:18 4:44	39:15 6:57	46:56 7:41	1:04:39 17:43	1:07:24 2:45	1:10:46 3:22		
29	1008	Ginarte Val Fernando Independientes Sen C	1:21:53	5:10 5:10 1:17:46 5:44	7:11 2:01 1:20:56 3:10	9:07 1:56 1:21:53 0:57	10:02 0:55	12:43 2:41	23:05 10:22	28:44 5:39	33:30 4:46	40:07 6:37	46:25 6:18	54:44 8:19	1:05:28 10:44	1:07:01 1:33	1:12:02 5:01		
30	1037	Gayoso Garcia Sonia ROBALIZA Cambre	1:23:51	4:42 4:42 1:18:16 10:13	7:10 2:28 1:22:43 4:27	9:59 2:49 1:23:51 1:08	11:22 1:23	14:30 3:08	27:14 12:44	32:18 5:04	37:59 5:41	42:22 4:23	48:30 6:08	56:06 7:36	1:03:18 7:12	1:05:44 2:26	1:08:03 2:19		
31	1035	Andrade Marco Antoni ROBALIZA Cambre	1:23:53	4:00 4:00 1:19:34 11:40	6:48 2:48 1:22:49 3:15	9:58 3:10 1:23:53 1:04	11:22 1:24	14:09 2:47	26:18 12:09	31:29 5:11	38:08 6:39	41:58 3:50	48:50 6:52	56:20 7:30	1:02:22 6:02	1:05:39 3:17	1:07:54 2:15		
32	1023	López Uría Susana La ROBALIZA Cambre	1:24:08	3:58 3:58 1:18:16 10:05	7:15 3:17 1:22:55 4:39	10:03 2:48 1:24:08 1:13	11:22 1:19	14:21 2:59	26:53 12:32	32:08 5:15	38:01 5:53	42:17 4:16	48:31 6:14	56:12 7:41	1:03:19 7:07	1:06:26 3:07	1:08:11 1:45		
33	1024	Cal Crespo Ana María ROBALIZA Cambre	1:24:09	4:43 4:43 1:17:57 9:58	7:11 2:28 1:22:50 4:53	10:03 2:52 1:24:09 1:19	11:22 1:19	14:11 2:49	27:07 12:56	32:07 5:00	37:47 5:40	42:17 4:30	48:22 6:05	56:01 7:39	1:03:13 7:12	1:06:11 2:58	1:07:59 1:48		
33	1058	Rodríguez Vila José R Independientes Sen C	1:24:09	3:00 3:00 1:20:59 4:36	4:29 1:29 1:23:33 2:34	6:24 1:55 1:24:09 0:36	7:12 0:48	9:16 2:04	32:49 23:33	36:08 3:19	39:54 3:46	42:41 2:47	52:22 9:41	58:52 6:30	1:11:43 12:51	1:14:25 2:42	1:16:23 1:58		
35	1088	Montes Cavielles José Independientes Sen C	1:28:47	4:59 4:59 1:22:51 8:21	8:30 3:31 1:27:39 4:48	12:00 3:30 1:28:47 1:08	13:25 1:25	17:25 4:00	21:36 4:11	26:29 4:53	31:52 5:23	37:08 5:16	45:55 8:47	56:04 10:09	1:03:47 7:43	1:07:20 3:33	1:14:30 7:10		
36	374	Casal Montero Antoni BRIGANTIA A Coruña	1:30:16	4:27 4:27 1:22:01 9:11	6:50 2:23 1:28:48 6:47	9:31 2:41 1:30:16 1:28	10:52 1:21	13:39 2:47	17:10 3:31	21:14 4:04	28:40 7:26	31:59 3:19	44:08 12:09	54:32 10:24	1:03:24 8:52	1:07:39 4:15	1:12:50 5:11		
36	375	Casal Montero Robert BRIGANTIA A Coruña	1:30:16	4:27 4:27 1:21:57 9:05	6:50 2:23 1:28:24 6:27	9:37 2:47 1:30:16 1:52	10:52 1:15	13:41 2:49	17:04 3:23	21:10 4:06	28:44 7:34	32:02 3:18	43:54 11:52	53:28 9:34	1:03:19 9:51	1:07:32 4:13	1:12:52 5:20		

os	Dorsal	Nombre	Tiempo															
<i>Iniciación Longa (71)</i>				3,9 km 150 m			16 C	<i>(cont.)</i>										
				1(80) 15(41)	2(81) 16(200)	3(82) Meta	4(109)	5(104)	6(85)	7(86)	8(44)	9(70)	10(42)	11(79)	12(37)	13(33)	14(75)	
38	1043	García Pardavila Sara Independientes Sen C	1:33:21	3:32 3:32 1:26:48 5:42	6:03 2:31 1:32:18 5:30	8:22 2:19 1:33:21 1:03	9:58 1:36	13:03 3:05	16:53 3:50	24:41 7:48	30:38 5:57	34:32 3:54	41:13 6:41	48:50 7:37	1:05:13 16:23	1:16:59 11:46	1:21:06 4:07	
39	1009	Seoane Vázquez Javie Independientes Sen C	1:34:29	6:11 6:11 1:28:00 12:17	9:32 3:21 1:32:40 4:40	13:12 3:40 1:34:29 1:49	14:59 1:47	18:45 3:46	22:28 3:43	27:15 4:47	32:15 5:00	37:08 4:53	47:09 10:01	56:54 9:45	1:07:11 10:17	1:11:13 4:02	1:15:43 4:30	
40	1010	Velasco Serna InÉS Ma Independientes Sen C	1:34:35	6:15 6:15 1:28:05 12:10	9:36 3:21 1:32:46 4:41	13:15 3:39 1:34:35 1:49	15:03 1:48	18:48 3:45	22:28 3:40	27:17 4:49	32:16 4:59	37:19 5:03	47:24 10:05	56:56 9:32	1:07:19 10:23	1:11:22 4:03	1:15:55 4:33	
41	575	Carnero Cardoso Este VIZHOJA-CORNELIO A	1:35:11	3:02 3:02 1:30:32 11:17	6:01 2:59 1:34:28 3:56	7:51 1:50 1:35:11 0:43	9:02 1:11	11:59 2:57	17:34 5:35	21:52 4:18	27:02 5:10	30:04 3:02	36:31 6:27	42:39 6:08	50:58 8:19	1:16:07 25:09	1:19:15 3:08	
42	1041	Rodríguez Lema Iria Independientes Sen C	1:35:17	3:09 3:09 1:30:39 11:15	6:05 2:56 1:34:28 3:49	8:04 1:59 1:35:17 0:49	9:05 1:01	12:01 2:56	17:41 5:40	22:09 4:28	27:04 4:55	30:12 3:08	36:33 6:21	42:46 6:13	51:00 8:14	1:16:18 25:18	1:19:24 3:06	
43	1025	Pernas Marín Marina Independientes Sen C	1:35:22	3:13 3:13 1:30:34 11:09	6:00 2:47 1:34:31 3:57	7:57 1:57 1:35:22 0:51	9:01 1:04	11:58 2:57	17:31 5:33	22:03 4:32	26:59 4:56	30:09 3:10	36:33 6:24	42:47 6:14	50:59 8:12	1:16:13 25:14	1:19:25 3:12	
44	1026	Pernas Loureiro Jose Independientes Sen C	1:35:26	3:07 3:07 1:30:30 11:18	5:57 2:50 1:34:32 4:02	8:06 2:09 1:35:26 0:54	9:06 1:00	12:05 2:59	17:31 5:26	21:59 4:28	27:07 5:08	30:11 3:04	36:23 6:12	42:46 6:23	50:54 8:08	1:16:13 25:19	1:19:12 2:59	
45	189	García Santos Rocio GALLAECIA RAID a cor	1:36:58	4:03 4:03 1:31:21 7:41	8:19 4:16 1:35:51 4:30	11:15 2:56 1:36:58 1:07	12:51 1:36	16:13 3:22	24:36 8:23	31:30 6:54	39:24 7:54	46:25 7:01	57:04 10:39	1:05:24 8:20	1:14:29 9:05	1:20:40 6:11	1:23:40 3:00	
46	691	Hermida Villanustre D GALLAECIA RAID a cor	1:37:00	4:02 4:02 1:31:20 7:35	8:24 4:22 1:35:52 4:32	11:21 2:57 1:37:00 1:08	12:50 1:29	16:01 3:11	24:43 8:42	31:34 6:51	39:31 7:57	46:21 6:50	57:08 10:47	1:05:22 8:14	1:14:29 9:07	1:20:39 6:10	1:23:45 3:06	
47	204	Miguez Lopez Natalia GALLAECIA RAID a cor	1:37:05	3:55 3:55 1:31:22 6:21	7:22 3:27 1:35:59 4:37	10:09 2:47 1:37:05 1:06	11:39 1:30	14:46 3:07	23:38 8:52	28:13 4:35	33:47 5:34	37:17 3:30	46:54 9:37	56:21 9:27	1:17:19 20:58	1:21:36 4:17	1:25:01 3:25	
48	1033	Niemira Mirela Independientes Sen C	1:44:12	6:23 6:23 1:39:37 6:40	10:31 4:08 1:43:28 3:51	14:11 3:40 1:44:12 0:44	15:47 1:36	19:13 3:26	30:24 11:11	36:42 6:18	44:39 7:57	49:58 5:19	59:09 9:11	1:10:35 11:26	1:22:51 12:16	1:27:29 4:38	1:32:57 5:28	
49	1059	Calviño Campelo Beni Independientes Sen C	1:44:58	3:13 3:13 1:40:11 7:57	5:47 2:34 1:43:49 3:38	8:20 2:33 1:44:58 1:09	9:48 1:28	11:53 2:05	44:22 32:29	48:21 3:59	53:24 5:03	56:50 3:26	1:06:36 9:46	1:13:19 6:43	1:24:45 11:26	1:28:58 4:13	1:32:14 3:16	

os	Dorsal	Nombre	Tiempo															
Iniciación Longa (71)				3,9 km 150 m			16 C	<i>(cont.)</i>										
				1(80) 15(41)	2(81) 16(200)	3(82) Meta	4(109)	5(104)	6(85)	7(86)	8(44)	9(70)	10(42)	11(79)	12(37)	13(33)	14(75)	
50	1031	Iglesias López Ayrtón Independientes Sen C	1:45:19	6:35 6:35 1:39:51 6:58	10:42 4:07 1:44:08 4:17	13:57 3:15 1:45:19 1:11	15:30 1:33	19:12 3:42	30:36 11:24	36:34 5:58	44:33 7:59	49:43 5:10	58:45 9:02	1:10:22 11:37	1:23:12 12:50	1:27:21 4:09	1:32:53 5:32	
51	1032	Iglesias López Saray Independientes Sen C	1:45:22	6:27 6:27 1:39:43 6:47	10:36 4:09 1:44:14 4:31	14:05 3:29 1:45:22 1:08	15:46 1:41	19:23 3:37	31:03 11:40	36:44 5:41	44:49 8:05	50:04 5:15	59:07 9:03	1:10:34 11:27	1:23:04 12:30	1:27:27 4:23	1:32:56 5:29	
52	1036	García Montecelo Jose Independientes Sen C	1:45:23	4:46 4:46 1:39:15 18:28	8:22 3:36 1:44:13 4:58	10:42 2:20 1:45:23 1:10	12:17 1:35	15:41 3:24	23:16 7:35	28:58 5:42	35:07 6:09	39:09 4:02	48:06 8:57	58:00 9:54	1:09:58 11:58	1:14:12 4:14	1:20:47 6:35	
52	353	Parga Ures Carlos Eze ARTABROS A Coruña	1:45:23	4:50 4:50 1:39:18 18:29	8:24 3:34 1:44:14 4:56	10:44 2:20 1:45:23 1:09	12:20 1:36	15:43 3:23	23:18 7:35	29:00 5:42	35:11 6:11	39:18 4:07	48:05 8:47	58:04 9:59	1:09:58 11:54	1:14:14 4:16	1:20:49 6:35	
54	1034	López Eyo Romina Independientes Sen C	1:45:24	6:27 6:27 1:39:03 6:05	10:39 4:12 1:44:18 5:15	14:01 3:22 1:45:24 1:06	15:42 1:41	19:10 3:28	30:22 11:12	36:46 6:24	44:30 7:44	49:33 5:03	58:31 8:58	1:10:34 12:03	1:23:00 12:26	1:27:30 4:30	1:32:58 5:28	
55	1040	Fernández Santiago M BRIGANTIA A Coruña	1:45:27	6:02 6:02 1:39:47 14:27	9:09 3:07 1:44:03 4:16	12:29 3:20 1:45:27 1:24	13:54 1:25	17:05 3:11	20:28 3:23	26:45 6:17	32:10 5:25	38:23 6:13	57:27 19:04	1:05:53 8:26	1:14:33 8:40	1:21:37 7:04	1:25:20 3:43	
56	1052	Vázquez Núñez María MONTAÑA FERROL Fer	1:47:04	8:00 8:00 1:37:37 8:09	11:36 3:36 1:45:42 8:05	15:12 3:36 1:47:04 1:22	17:29 2:17	21:09 3:40	28:18 7:09	34:07 5:49	41:26 7:19	46:22 4:56	58:29 12:07	1:09:01 10:32	1:20:41 11:40	1:25:08 4:27	1:29:28 4:20	
57	1012	Blanco Barreiro Jose Independientes Sen C	1:47:16	5:18 5:18 1:44:11 7:24	7:19 2:01 1:46:24 2:13	9:15 1:56 1:47:16 0:52	10:10 0:55	59:17 49:07	1:02:14 2:57	1:04:19 2:05	1:08:17 3:58	1:15:10 6:53	1:19:07 3:57	1:25:38 6:31	1:31:18 5:40	1:34:00 2:42	1:36:47 2:47	
58	1077	Grela Mirones David APA LICEO A Coruña	1:53:22	5:32 5:32 1:48:25 8:03	9:33 4:01 1:52:23 3:58	15:53 6:20 1:53:22 0:59	18:17 2:24	23:35 5:18	34:12 10:37	39:02 4:50	45:56 6:54	51:01 5:05	1:06:05 15:04	1:16:05 10:00	1:34:35 18:30	1:38:11 3:36	1:40:22 2:11	
59	1069	Couceiro Cuns Enriq APA LICEO A Coruña	1:53:24	5:43 5:43 1:48:31 7:34	9:59 4:16 1:52:31 4:00	16:16 6:17 1:53:24 0:53	18:22 2:06	23:00 4:38	34:20 11:20	39:06 4:46	46:04 6:58	52:10 6:06	1:04:06 11:56	1:15:47 11:41	1:34:40 18:53	1:38:25 3:45	1:40:57 2:32	
60	1070	Rebollo Mellado Mary APA LICEO A Coruña	1:54:49	5:40 5:40 1:48:22 7:23	9:59 4:19 1:53:14 4:52	16:26 6:27 1:54:49 1:35	18:28 2:02	24:44 6:16	34:38 9:54	39:23 4:45	46:23 7:00	51:58 5:35	1:04:44 12:46	1:15:59 11:15	1:34:45 18:46	1:38:26 3:41	1:40:59 2:33	
61	1038	Carames Rios Jose An Independientes Sen C	2:08:14	6:35 6:35 2:01:04 7:17	11:32 4:57 2:07:02 5:58	17:04 5:32 2:08:14 1:12	22:04 5:00	29:04 7:00	36:56 7:52	45:01 8:05	55:38 10:37	1:05:57 10:19	1:15:36 9:39	1:27:00 11:24	1:44:15 17:15	1:47:56 3:41	1:53:47 5:51	

